

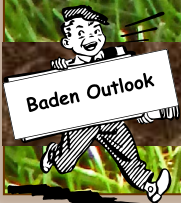
SEPTEMBER 2022

VOLUME 23, ISSUE 2

Baden Outlook

~ Your Favourite Feel-Good Newsletter ~

Keeping the Community Connected



This paper is priceless - Please have one!

ELECT !!!

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- Fueling GROWTH in our LOCAL ECONOMY
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ON MONDAY, OCTOBER 24TH ELECT

GEORGE SCHMIDT

**WATERLOO REGION
DISTRICT SCHOOL
BOARD TRUSTEE FOR
WATERLOO – WILMOT**

MY GOALS

- Parental Rights in Education
- Increased Focus on Students
- Back to Basics Education
- 'Education' NOT 'indoctrination'
- Ensure Safe & Secure Facilities

519.574.9903
george@georgeschmidt.ca
georgeschmidt.ca



LET'S GET 'BACK TO BASICS' READING, WRITING & ARITHMETIC

We want our children to learn how to read, write and do math. Provincial math scores have been declining for years. With remote learning during lockdowns, we hear that reading & writing competency has plummeted. The single biggest equalizer in history is literacy. Teach any child from any socio-economic background how to read and comprehend what they read, and we equip them for a successful future.



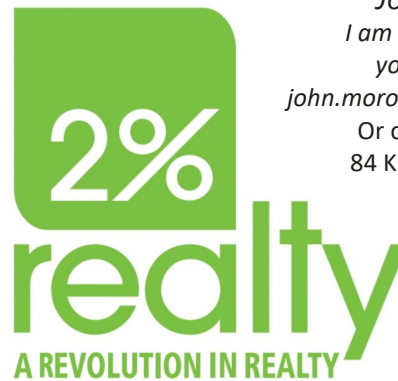
ELECTION DAY IS MONDAY, OCTOBER 24TH.

One of the most overlooked issues our government has failed on is parental rights in education. Never have I heard of so many school board meetings in the news. This is because parents are starting to lead the charge for their children's education and to question the motives of the public education system. Rarely do we hear anything about literacy remediation or literacy in general. Instead, we're hearing about gender fluidity and a curriculum built around ideologies & indoctrination. I am running as your school trustee to represent the children first and the rights of parents.

ELECT GEORGE SCHMIDT FOR WRDSB TRUSTEE WATERLOO – WILMOT

519.574.9903 | george@georgeschmidt.ca | georgeschmidt.ca

GEORGE SCHMIDT



John Morosan
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Baden Outlook

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Barry, Pat, & Katie Fisher

Check out what's happening in the paper this month:

- Working through terrors to see beauty in life again with Chip from ICC
- Castle Kilbride goes back in time with local happenings 25, 50, and 75 years ago
- Check out the many activities offered at the Baden Library
- Learn about the shoulder joint with Dr. Papa
- Plan on traveling this fall? Check out tips before you book from Gary White
- Learn about bank swallows from local birder Wayne Buck
- Local, Judy Ziegler, recalls her school days back when Baden Public School was a four room school house
- Try your hand at our Pairs of Letters game
- Environmentally friendly house cleaning tips from Nith Valley EcoBoosters

The Baden Outlook is a grassroots family business serving the community of Baden and Wilmet Township.

The views expressed in this newsletter are not necessarily those of The Baden Outlook.

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Greetings from Headquarters ~



Happy September! As much as I love the summer, September has such a comforting feeling to it. Kids are happy back with their friends at school, the temperatures are slightly fluctuating so wardrobes get a full wear, and routine is more existent in our lives. Even if you don't have school aged children in your daily lives, there is still more structure in September than in the summer months.

Routines are incredibly helpful to keep stress at bay. They provide comfort and ground us, adding structure and familiarity. Waking up to a consistent routine can give us direction without overthinking and the day begins with purpose and consistency. It is easier to maintain a healthy diet and exercise as well as create time for passions, hobbies, and self-care once they are instilled in your daily life. Routines even promote positive hygiene habits. Brushing our teeth and washing our face is much easier to remember when you leave the house every morning. It is also good to look at your daily routine at the end September and look at ways to adjust so you don't create bad habits like setting the alarm too late and not leaving time to sit down and eat breakfast. If you consistently repeat the same action at the same time for a few weeks, the chances of it being instilled in your daily life without thought increases. Now is a great time to add some positives to your routine.

We had a wonderful time this summer but I can't wait for my kids to be back on their school year routine. It is worth the pain of packing lunches everyday to see them skip off to school. Here's to hoping kids are able to have a fairly normal school year full of routine and consistency.



Through the pandemic we've learned to stay in smaller social bubbles, keeping safe from large groups of people. Some have said they've lost their social skills, and I, too, went through an awkward stage with people as we merged back into a life filled with family and friends.

This summer has been a great social time for us as we connected with folks we haven't seen for years, and we also made many new friends too. But the highlight for me was the privilege to meet up with four Cook cousins on my dad's side of the family that we hadn't seen in many decades! It was an odd occurrence as we bumped into one another at the Thrift Store and we cheered and hugged and quickly made a plan to have a real visit and include mom in this fun reunion. Strangely, it didn't feel awkward despite the fact we didn't have tight relationships during our lifetime. It was a delight to learn about one another and hear such interesting stories about our Grandparents and other relatives of whom we'd lost track of. I was happy to hear that these 4 senior siblings make a point of getting together every month... I love their commitment and devotion for one another. I too have a great love for my sibs and I'm happy that despite the great distance between us that we see each other frequently. I've spent wonderful times with both brothers and my sister this summer. I will always treasure my time with them.



As the fall comes it's so easy to retreat back indoors to our cozy places, but try to stay in touch with one another...people need people. There are many lonely people in this world, reach out and make a difference. It's good for everyone!
— And don't forget to hug your sibs!

Talking with Ed

Hot Fun in the Summertime ...



Sly and the Family Stone made this song famous in 1969, which reminds me of the weather we have been having. It would be very hard to have a bad week of holidays this summer unless you are not a fan of the heat. Even with these high temperatures we have seen limited warnings about watering bans, campfire bans, or high bacteria levels in local swimming spots.



Pat and I were privileged to join our friends Wayne and Carol, on a scenic pontoon boat ride on the mighty Nith River this summer. It is amazing to view a totally different landscape from the water, and to see how beautiful our local waterway is. We travelled from the dam located downtown New Hamburg around the river to the new Mike Schout Wetlands. It was so nice to see many outdoor enthusiasts on kayaks and canoes and fishing along the banks. The same goes for my weekly E-bike rides (my hog) out in the countryside. I never take the time to enjoy the landscape when driving a car, but travelling on the bike I see so much more that I wouldn't notice normally. It's fun when a small bird flies along beside me for a short period, or I stop to watch a hawk sitting on a wire eyeing up potential prey.

Of course, we got lots of camping in again this year. It is always good to visit new areas of our amazing province. Last year we visited Manitoulin Island, and this year we headed south to Rondeau Park near Blenheim. We also went to Kincardine and Bayfield, but one of my favourite parks is Rockwood Conservation area, in, you guessed it, Rockwood. There are plenty of hiking trails, a sandy beach, large sites, a reasonably priced mini golf area, and it is situated on the edge of town. Katie and seven-year-old Simon joined us for a couple of days, which reminded me of the days when we camped with our kids. This trip we experienced an afternoon of active weather with Severe Weather Warning, a Tornado Warning, and a torrential downpour. It would be hard to head for the basement of a trailer.



While staying there we decided to visit the African Lion Safari which was started in 1969. The first time I went there was in 1974 with two of my best friends, Cliff and Peter from MacTier. I recall driving through the park in a 1969 Javelin with monkeys bending our antenna and exposing themselves in not so pleasant ways, and a giraffe sticking its head right inside our car. The decision was made for this recent trip to take a bus ride with a tour guide giving us amazing facts about the animals. Included in these facts were speed of the animals, where they come from, normal behaviour, which ones are on the endangered list, and the work they are doing to study and look after the animals. As an example, the 3000-pound Giraffe sleeps for about 30 minutes a day, while the African Lion sleeps or rests about 15 to 20 hours a day.

I always thought that it was a little pricey, but after visiting the park I thought it was well worth the money. We had the bus tour, followed by three nature shows (parrot paradise, birds of prey, and a reptile presentation) there was a huge water park and playground for the kids, and train and boat rides through other parts of the park. Simon sure enjoyed the day!

In closing, it has been a great summer and I hope that you had all kinds of great adventures. We are fortunate to be able to fully experience the four seasons in Canada. It is soon time to move onto fall activities, starting with the garden. We will be doing the final harvesting of potatoes and squash. We are already thinking about a trip to Pelee Island this fall to observe the migratory bird route.

Until next month...Ed

It was a privilege for me to spend time with Fred Fox as he came by the township office on September 1st. He shared openly of the time he spent with his brother Terry over the course of his journey. Fred showed much gratitude to those who have taken part in the Terry Fox Run.



Do You Need Help?

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ALL THINGS SCRAMBLED

Within each category the words are jumbled up. Can you unscramble them? Answers on page 31

Types of Beans

- VAFA _ _ _ _ _
- MAIL _ _ _ _ _
- VANY _ _ _ _ _
- TONIP _ _ _ _ _
- CLABK _ _ _ _ _
- KINDEY _ _ _ _ _
- LIENTL _ _ _ _ _
- FECOFE _ _ _ _ _
- LEACKBYE _ _ _ _ _
- PICKEACH _ _ _ _ _

Local Towns

- DENAB _ _ _ _ _
- THRIGB _ _ _ _ _
- BROUDM _ _ _ _ _
- BONLIS _ _ _ _ _
- WINLOOD _ _ _ _ _
- MEERAUL _ _ _ _ _
- GRUBMAB _ _ _ _ _
- SICKHON _ _ _ _ _
- NAMEHIMN _ _ _ _ _
- BILLKMAN _ _ _ _ _

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Survival Pool, Anyone?



The Baden Community Association is launching a **free** NHL Survival Pool. A "Survivor Pool" is where participants predict the loser of one game on that week's schedule. The objective is to be the last participant with at least one life remaining.

After registering your team on the link on the Baden Community Association webpage www.baden.ca or on their Facebook page you will be sent a list of games that are held on the Saturday of each week - you select the team that you think will lose. Every week a new list will be sent to you for that week's Saturday games, the team that you selected on a previous week will not be allowed to be picked. If you make two wrong picks, then you are eliminated from the pool.

There will be great prizes at the end of the pool. What a great way to challenge your friends and test your hockey knowledge! The first Saturday game will be held on Saturday October 8th. Good luck!



EVERY SECOND COUNTS! PLAN 2 WAYS OUT!

If a fire occurred in your home tonight would your family get out safely?

A fast, pre-planned escape is critical to survival. There are **no second chances** in a fire.

Follow these simple steps:



Test your smoke alarms—**every month!**



Discuss with everyone in your home how each person will get out in a fire.

Practice your plan!



Know **two ways** out of each room, if possible.



Determine who's going to help **young children, older adults, people with disabilities** or anyone else who needs help escaping.



Have a **meeting place** outside your home.



Call **9-1-1** or your **emergency number** from outside the home.



GET OUT, STAY OUT! *Never* re-enter a burning building!



EVERY SECOND COUNTS! Fire and smoke can travel so quickly that despite their best efforts, firefighters may not be able to rescue you or your family if a fire occurs in your home. You **need** to be *out of your home* when the firefighters arrive!

For more information, contact your local fire department.



Wilmot Fire Department
60 Snyder's Rd WBaden ON N3A1A1
519-634-8444/fire@wilmot.ca

Office of the Fire Marshal
and Emergency Management
ontario.ca/firemarshal

You Must Be Joking!!



- To Do List -

1. Make vanilla pudding. Put in mayo jar. Eat in public.
2. Hire two private investigators. Get them to follow each other.
3. Wear shirt that says "Life." Hand out lemons on the street corner.
4. Get into a crowded elevator and say, "I bet you're all wondering why I gathered you here today."
5. Major in philosophy. Ask people WHY they would like fries with that.
6. Run into a store, ask what year it is. When someone answers, yell "It worked!" and run out cheering.
7. Become a doctor. Change last name to Acula.
8. Change name to Simon. Speak in third person.
9. Buy a parrot. Teach the parrot to say, "Help! I've been turned into a parrot!"
10. Follow joggers around in your car blasting "Eye of the Tiger" for encouragement.

Please don't try these sillies in real life...

Checking out the Baden Library



The Baden Library has been temporarily closed to the public due to unforeseen maintenance and repairs. We hope by the time you are reading this article we have reopened with a fresh new look! Summer Reading Club prizes can still be picked up once we are open again.

If we are not quite ready yet, holds are still available for pick up at the New Hamburg Library 519-662-1112. If you have questions or need assistance, please call Ask-A-Librarian at 226-748-8030. We apologize for the inconvenience and look forward to seeing you back in Baden soon.

Fall Programs

Enjoy FREE, fall programming through the Region of Waterloo Libraries, including in-person AND virtual offerings!

For babies:

- Baby & Me – Wednesdays, 11-11:30 a.m. – Wellesley Branch

For kids:

- Discovery Time – Tuesdays, starting September 27, 9:30-10 a.m. – Wellesley Branch
- Ready, Set, Go, Kindergarten! - Tuesdays, starting October 4, 10:30-11:30 a.m. – Baden Branch
- Code. Like a Kid – Tuesdays, starting September 27, 4-4:45 p.m. – via Zoom
- Discovery Time – Wednesdays, starting October 5, 9:30-10:15 a.m. – New Dundee Branch

For teens/tweens:

- Escape the Haunted Library – Monday, October 3, 6:30-7:30 p.m. – New Hamburg Branch
- Crafternoons: Autumnal Bookmarks – Wednesday, October 12, 4:30-5:30 p.m. – New Hamburg Branch
- Escape the Haunted Library – Monday, October 17, 6:30-7:30 p.m. – Wellesley Branch

- Parent/Tween CrafterEVE: Spooky String Art – Wednesday, October 19, 7-7:45 p.m. – new Hamburg Branch

For adults:

- Building Community with Divonify – Wednesday, September 28, 7-8 p.m. – New Dundee Branch
- Drop-in Crochet Club – Wednesdays, starting September 28, 6:30-8 p.m. – New Hamburg Branch (beginners welcome!)
- Paint Night with A. Decker: Pumpkins – Thursday, October 6, 7-8 p.m. – via Zoom
- Thrills & Chills: A Spooky Evening with Local Author Cyndi MacMillan – Tuesday, October 11, 7-8 p.m. – New Hamburg Branch
- Adult Craft Night: Paper Pumpkins – Thursday, September 29, 7-8 p.m. – via Zoom
- Ugly Craft Night – Thursday, October 13, 7-8 p.m. – via Zoom
- The Mad Hantsport: Growing Up Weird and Autistic in Rural Nova Scotia in the 90s – Tuesday, October 18, 7-8 p.m. – via Zoom
- From Picture Books to Full-Length Novels: Behind the Scenes with Author Carolyn Huizinga Mills – Thursday, October 20, 7-8 p.m. – via Zoom

Family events

- Fresh Air Flicks: *Ghostbusters: Afterlife* – Friday, October 14, 7-9pm – St. Clements Branch



Scan to see our full Events Calendar, and to register for our programs

Visit us online at rwlibrary.ca for the most up-to-date information.



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Wilmot Heritage Fire Brigades Celebrate 25 + 2 Year Anniversary

The Wilmot Heritage Fire Brigades celebrated their 25th anniversary two years after the fact due to Covid on August 13th from 10 to 3 o'clock. The weather co-operated fully as they had most of their fire trucks and hand pumpers lined up on

their laneway for public viewing. They also had their museum open for visitors and demonstrations – the kids loved the hand pumper demonstrations. The Baden Fire Department also showcased some of their vehicles.

The brigades were started by a group of seven ex-volunteer Baden firefighters who heard that Wilmot Township wanted to dispose of some of their old fire trucks. Blain Bechthold, Orland Gerber, Elmer Koenig, Stan Miller, Murray Gingerich, Dave Herner, and Larry Nauman all contributed \$200 each to purchase the soon to be sold equipment. Blain explained that in the 50s the volunteer fire fighters got paid \$1 per hour for each call and the fire practices were not paid, so \$200 was a considerable amount of money!

The township ended up donating four used trucks to the newly formed heritage group. The four vehicles that were donated by the township included a 1936 Bickle from the New Hamburg station, a 1939 GMC from New Dundee, a 1940 Fargo, and a 1956 International both from Baden. Later the brigades also purchased a 1969 Ford.

Next the group of seven needed a place to store their new equipment. The Wilmot Municipal Telephone Company had just finished selling their assets to the Bell Telephone Company and they in turn sold their building, which was built in 1957, to the township. The township used the building for a short while mainly for salt and vehicle storage. They allowed the Heritage Brigades to use the building. Being the vehicles were donated they were able to spend the leftover monies on pouring a concrete floor. The building had several bays and a workshop, which came in handy as the members did quite a portion of their own maintenance on the equipment.

The organization is particularly proud of the fact that every pumper that the Baden Fire Department has ever had, is still located here in Baden. They also own a steam pumper which is on display at the Doon Pioneer Village.



It was Blain Bechthold who came up with the idea of a museum which is quite unique. There are only five such museums in Ontario, which are located in Fort Erie, Port Hope, Cambridge, Ottawa, and Baden. Mayor Les Armstrong, MP Tim Louis, and Councillor Barry Fisher were there to celebrate the day. The Petersburg Optimists were on hand to cook free hamburgers, hot dogs, and drinks. It was a great day which was enjoyed by both young and old! It is tremendous that this group of seven had the foresight to save these vehicles which would otherwise be long gone.

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Castle Kilbride Staff Looking Back on Baden 100, 75, and 50 Years Ago

Written By: Tracy Loch and Sherri Gropp

September 1922

"The Oscar Rumpel Slipper Factory that has been closed for some time reopened. Machinery from the Baden plant was moved to New Hamburg in order for the factory to resume production."

Apple cider update- "The Farmers of this neighbourhood have a good harvest of apples. Mr. William Huehn has been cooking applebutter, pressing cider and is deemed the "best in Baden."



Photo: Interior of the Oscar Rumpel slipper factory in Baden, from the Roth Collection, Courtesy of the Township of Wilmot Collection.

TOWNSHIP OF WILMOT

INCLUDING THE TOWN OF NEW HAMBURG
AND THE POLICE VILLAGE OF BADEN

Notice of Advance Polls and Regular Poll

FOR THE OFFICES OF: -

1 Mayor
1 Councillor At Large
1 Councillor for each of the following Wards: -
Ward 1. Ward 2. Ward 3. Ward 4. Ward 5. Ward 6.
Ward 7.

Advance Polling Places
Wilmot Township Hall, Baden
New Hamburg Fire Hall

Date: - October 10th, 1972 and October 14th, 1972
Hours: 11 a.m. to 8:00 p.m.

Advance Poll Qualifications

Section 64 (1) States that only persons who expect to be unable to vote on Polling Day in Polling Subdivisions for which their names appear on the Polling List are entitled to vote.

REGULAR POLLING PLACES OCTOBER 16TH, 1972

Ward 1 - Haysville General Store
Ward 2 - New Dundee Fire Hall
Ward 3 - Petersburg Lutheran Church
Ward 4 - Baden Township Hall
Ward 5 - Cook's Tire & Battery, New Hamburg
Ward 6 - New Hamburg Fire Hall
Ward 7 - St. George's Anglican Church Hall - New Hamburg.
Ward 8 - Clarence Ditner Residence - St. Agatha
Ward 9 - Fred Leu's Shop - Phillipsburg
Nithview Home Residents - Nithview Home, New Hamburg.

POLLS OPEN AT 11:00 a.m. and CLOSE at 8:00 p.m.

Grant Swartzentruber
Election Assistant

C.W. Heipel
Returning Officer



Photo: Baden Public School S.S. #13 c.1940s, Courtesy of the Township of Wilmot Collection.

September 1947

"Congratulations are extended to Florence Ferguson and Edgar Honderich, who represented the Baden Public School at the spelling match held in connection with opening night ceremonies of the Wilmot Agricultural Fair at New Hamburg. Florence took first prize and Edgar was second. Baden had often come out on top in the annual spelling contest and is surely a tribute to the individual pupil's ability and also to the capable teaching of the instructors at the school."

September 1972

The election was just gearing up for the Township of Wilmot as one whole entity. Interesting to note that the polling locations included places such as: the Haysville General Store, Cook's Tire & Battery in New Hamburg, Fred Leu's Shop in Phillipsburg, and Clarence Ditner's residence in St. Agatha.



You Must Be Joking!!



- Why do melons have weddings? Because they cantaloupe.
- What did the juicer say to the orange during self-quarantine? Can't wait to squeeze you!
- What does a nosey pepper do? It gets jalapeño business.
- What did one Dorito farmer say to the other? "Cool Ranch!"
- The wedding was so beautiful, even the cake was in tiers. (boo-hoo)
- What did the dad say when his golden retriever was caught eating a hot dog? "It's a dog eat dog world out there."
- Why was the gossip disliked at the coffee shop? She always spilled the tea.
- Why do pancakes always win at baseball? They have the best batter.
- What was said about the messy, angry man who was eating a can of Pringles? "He's got a chip on his shoulder."



New Hamburg Fall Fair is Back!

The Wilmot Ag Society is looking forward to gathering again on Sept 15-18 for the annual fall fair, back after 2 years of being shut down due to COVID. Many of the fair favourites will be back - homecraft, demolition derby, animals, vendors, and so much more. However, for 2022 the fair will not have a full midway. Upon feedback from the community following the 2019 fall fair the Ag Society had secured a new midway provider, Magical Midways, to start in 2020. Due to COVID impacts to the midway industry in general and specifically Magical's operations they had to downsize and are unable to attend in 2022. However, we are very excited to announce that they will be coming in 2023!!

In the meantime, the fair board is working hard to come up with other attractions for the 2022 fall fair for all to enjoy. Please stay tuned for updates on what will be happening this year once plans are finalized. You can find updates on our Facebook page or website.

We know this is so disappointing but we also know that we can rally as a community and still have an amazing fall fair this year, and look forward to having a full midway back in action for 2023!

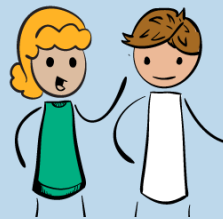
For more information please contact the Wilmot Ag Society at info@newhamburgfallfair.ca or visit the website www.newhamburgfallfair.ca



My wife sent me a text, "Your great."

So, naturally, I wrote back, "No, you're great."

She's been walking around all happy and smiling. Should I tell her I was just correcting her grammar or leave it?



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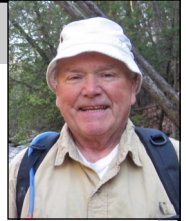


Direct: 519.500.3316

SELLING THE SENIORS' WAY

Baden Birding ~ Bank Swallows

By Wayne Buck



One afternoon in July, Lynda and I went to a spot on the Nith River near Ayr to see if we could spot a bald eagle that someone told us had been spotted nearby. When we came to the river, there was a VERY large cliff face, almost straight up, at least 30 metres tall, looming in front of us. It was composed almost entirely of sand that had been deposited by the river, probably over a period of thousands of years. As we looked across the river, we could see small, dark-coloured birds flying back and forth along the river in front of the cliff.

And then they disappeared into small holes in the face of the cliff. Our binoculars revealed they were bank swallows, a small bird with a chunky body, large head, relatively short pointed wings, and a slightly forked tail. It has a mid-brown back with white underneath and a thick brown band across the chest. The head is brown with a white chin. Underwings are dark.



Bank swallows are often confused with cliff swallows because not only are their names similar (cliff vs. bank), they sometimes nest in similar terrain, i.e. near water. However, they are very different in appearance and the nest construction of both species is colonial; often nesting with large numbers of other birds of the same species.

Bank swallows, as their name suggests, burrow into the vertical sides of cliffs or banks, often along river or a lake, or in an aggregate quarry. They will also use cuts along the side of the road or mounds at construction sites, anywhere there is a vertical face AND loose soil in which they can dig. Their burrows may be 0.5 to 1.0 metre long, (deep?) with a feather-lined nest at the end. They use their feet, beaks, and wings to excavate the sand, pushing it out the opening behind them. They lay an average of 5

small white eggs, rather like tree swallows, and the young are fed by both parents for about 3 weeks before attempting their first flight. It has been thought that the young return to the nest each evening for the first month or so. Like other swallows, they are aerial insectivores, catching flying insects (like mosquitoes) and jumping insects (like grasshoppers) in their mouths on the fly. They rarely catch insects on the ground, making it more difficult for predators such as cats to catch them.

I remember there was a small colony of bank swallows on Wilmot Easthope Rd. 30+ years ago. It was across from what is now the Nith River Campground. The colony was in a sandy bank beside the road. At some point the bank was removed and I never saw them again which illustrates why bird populations are falling due in large part to habitat loss caused by human activity.

To make matters more confusing, you may find both cliff and rough-winged swallows flying along the river just above the water, catching insects at the same location; but we'll leave them for another time.

Osprey Report: The pair of ospreys on Christner Rd. at the bridge raised offspring this year but I don't know how many. 1-3? My friend Jim, keeps a close eye on the pair and he reported that as usual, the adults left the offspring on their own around the end of July. Every day, as I walk along Christner Rd., I see one or two ospreys at the nest but I can't tell if they are adults or offspring. I think the pair on Erb Rd. at the bridge just east of Phillipsburg also successfully raised at least one offspring.

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Recipe for Preserving Children

Ingredients:

- 1 large grassy field
- 6 children
- 3 small dogs
- Flowers
- Narrow strip of brook with pebbles
- Hot sun
- Deep blue sky



Directions:

Mix the children with dogs and empty into field, stirring continuously.
Sprinkle the field with flowers, pour the brook gently over the pebbles.
Cover all with deep blue sky and bake in hot sun. When children are well browned, they may be removed.
To set, let cool in bathtub.

Grand River Transit is adding a second vehicle on Route 77 Wilmot! Starting Sept. 5, Route 77 will operate more frequently and have expanded service hours. Route 77 Wilmot operates between New Hamburg and The Boardwalk



Station in Waterloo, serving 16 scheduled stops on the way. Service to an additional 13 flex stops is available upon request. Route 77 connects to other GRT routes at The Boardwalk.



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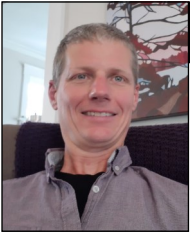
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Beauty and Terror By: Chip Bender, RP (q) Counsellor



Recently, during a conversation with a retired man, I was reminded of the mix of beauty and terror present in life and how it is possible to embrace both aspects. He shared his enjoyment of sitting on his patio admiring the beauty of the flowers growing in his yard and the delight of seeing other blooms poking through his fence. The joy and appreciation in his voice were evident until the conversation turned to supporting his wife who is living with stage four cancer. I marveled at how he was still able to notice the beauty in the world, despite the terror of his wife's diagnosis and the inevitable decline he will also need to witness.

and sorrow are so overwhelming there is no capacity to notice anything else within one's environment. In other cases, the opposite can be true as people try to avoid paying any attention to the terror, preferring to push it aside and to focus on something more pleasant. As a therapist, I encounter people everyday who are dealing with their own unique terrors, though they sometimes attempt to ignore those terrors. Trying to focus on anything but the terror is understandable given the brain's propensity to seek pleasure and avoid pain. However, emotions cannot be eliminated by ignoring them; they can only be avoided for so long before they return screaming to get noticed.


In some cases, when people are going through painful experiences, it is difficult to notice any beauty around them. Their perception of life can be easily coloured by whatever dark cloud is hovering over them, making their landscape look gray and bleak. The presence of whatever terror has befallen them blinds them to any sign of beauty trying to peek through the thick clouds enveloping them. These feelings of pain



Finding the ability to allow ourselves to experience both the wonderful and the horrible parts of life can feel difficult because our minds tend to have an easier time of focusing on either one side or the other. The Austrian poet, Rainer Maria Rilke offers this wisdom of neither being overwhelmed by the terror, nor trying to ignore it. He encourages his reader to: "Let everything happen to you: beauty and terror. Just keep going. No feeling is final."

It is important to note, Rilke is not suggesting submissiveness in the face of abuse and oppression, or to stand by in situations when we have the option to stand up against injustice. Rather, his encouragement is for acceptance of circumstances beyond our control and to allow ourselves to experience the full gamut of emotions life has to offer while continuing to move forward no matter what happens because other feelings will inevitably follow. It was a gift to witness Rilke's philosophy in action via the retired man who was able to admire his beautiful blooms while still being painfully aware of cancer's terror. May we all find the courage to do the same.

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Reduce to Produce *Answers on page 31*

Eliminate words from the clues below. The remaining words will create the answer to this riddle. (Read remaining clues left to right, top to bottom)

Spaces between ladder rungs have increased because Canadians are getting taller. Manufacturers say.....

A	B	C	D
THEY	ARM	FOX	IT
IS	RAIL	METRE	YOU
BLACK	TIGER	DUE	RAMP
DAMP	TO	BEAR	MILE
INCH	STEP	CLIMB	ORANGE
IT	HIM	LEG	CHANGE

1. Remove all body parts
2. Remove all pronouns
3. Remove all measurements of distance
4. Remove all 4-lettered words in column B
5. Remove all animals
6. Remove all colours
7. Remove all words that rhyme with lamp

Write leftover words here:



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CLUSTER QUIZ ~ Find a word for each category using the letters in the word WILMOT

	CELEBRITIES	STREETS IN WILMOT	BOYS NAMES	VERBS
W				
I				
L				
M				
O				
T				

Fred Fox Visits Wilmot

Terry Fox's brother Fred, came to visit Wilmot Township on September 1st, to thank those who have taken part in the Terry Fox Run. He shared stories of his brother and the journey he went through. He met with the Wilmot council and staff as seen in the photo, then went on to Morningside Village and other places within Waterloo Region.



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You Must Be Joking!!



An old lady offers the bus driver some peanuts.... So the driver happily munches them. Every five minutes, she gives him a handful of more peanuts.

Driver: Why don't you eat them yourself?
Old lady: I can't chew. Look, I have no teeth...

Driver: Then why do you buy them?
Old lady: Oh, I just love the chocolates around them.



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- Clean the dishwasher by setting a Pyrex bowl with ½ -1cup of vinegar on the top rack and running a normal cycle without dishes.
- Clean your showerhead by attaching a baggie filled with vinegar and leaving it for a few hours.
- Create your own scouring powder using baking soda and a container with holes in the lid.
- Create a natural air freshener by simmering water on the stove with cut up lemon or orange.

Everyone's voice matters when it comes to influencing the future of their community!!

Why should people become engaged and how do they go about it? The Nith Valley EcoBoosters (NVEB) are hosting a free webinar entitled **Shaping Engaged, Resilient and Liveable Communities** featuring four knowledgeable speakers who will answer those questions on Tuesday, **October 4th**, 2022 from 7:00 to 9:00 p.m. Register at: nvecoboosters.com.

Our next NVEB general monthly meeting will be held at **7:00PM on Wednesday, September 28th**. Please contact us via e-mail (nvecoboosters@gmail.com) or call **519-662-9372** if you would like to participate in this "Zoom" meeting.

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Ten Painful Truths



1. The average human life is relatively short.
2. You will only ever live the life you created for yourself.
3. Being busy does NOT mean being productive.
4. Some kind of failure always occurs before success.
5. Thinking and doing are two very different things.
6. You don't have to wait for an apology to forgive.
7. Some people are simply the wrong match for you.
8. It's not other people's job to love you; it's yours.
9. What you own is not who YOU are.
10. Everything changes, every second.

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38th Kitchener-Wilmot Scouts

Earlier this spring, Hydro One created a Grizzly Den challenge for Scouts Canada donating \$200,000 towards a trip of a lifetime. Scouts across the nation pitched their dream adventure virtually hoping to make it a reality. Our local Scout troop, 38th Kitchener-Wilmot, participated and though they didn't get the trip they dreamed of, they did end up getting \$2500 towards a camping excursion. They scaled back the adventure hoped for, but still had a blast on their week long camp/canoe trip. The Scouts were in charge of all meals; planning, preparing, and clean up. The kids had opportunities to earn badges and skills such as camping badge, trail skills, emergency aid skills, paddling skills, stargazing, and they all earned their level one ORCKA badge for tandem canoeing. Many helped make this trip a reality; the Grizzly Den challenge, canoes borrowed from Scouts Canada Niagara group, and the donations came in from locals. 38th Kitchener-Wilmot Scouts continue to collect empties and donations to save up for next year's trip!



We are looking for leaders for all three sections, Beavers (ages 5-7) Cubs (8-10) and Scouts (11-14) Ventures (15-17). All groups run Thursday nights in Haysville. Being a volunteer can include weekly meetings and four to five weekends a year for camps.

Please help us keep this amazing program open. We want to continue getting youth back to nature and exploring the world around us.

For more information or if you want to volunteer please contact Gerald Knight knightowlsrock@gmail.com

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The Township of Wilmot to receive funding to enhance Nith River Pathway in New Hamburg

On AUGUST 26, 2022, on behalf of the Honourable Helena Jaczek, Minister responsible for the Federal Economic Development Agency for Southern Ontario (FedDev Ontario), Tim Louis, Member of Parliament for Kitchener-Conestoga, announced an investment of \$300,000 to enhance the Nith River Pathway in the Township of Wilmot under the Canada Community Revitalization Fund (CCRF).

This support will allow the town of New Hamburg to upgrade the Nith River Pathway, located in the downtown core, between the historic Hartman Bridge and Kirkpatrick Park, which will reinvent outdoor spaces and increase the accessibility of the community space for all. \$200,000 of funding will come from the federal government, \$52,000 from the Township of Wilmot, and the Government of Ontario's Rural Economic Development Fund will contribute \$48,000 towards the project costs.

Vote Jenn Pfenning
Community Driven
for Mayor



Ask me about ...

- Environment
- Community
- Infrastructure



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Election Day - October 24, 2022

This year there will be no in person voting on election day; however, there will be four advance poll dates which will be October 15, 16, 22, and 23rd (Saturdays and Sundays). There will also be computer and phone voting available. For more information visit www.wilmot.ca/election



Wilmot Township Mayor, Les Armstrong, and Sandy Jackson, Director of Parks, Facilities and Recreation, were both in attendance at the announcement.

Fifth Annual Art Tour

Saturday, September 24th and
Sunday, September 25th
10 a.m. to 4 p.m.



New Hamburg Community Centre - Jacob Street

Don't forget to visit the "SNEAK PEEK SHOW", hosted by Riverside Flowers and Heritage Pet and Garden (Peel Street, New Hamburg) during their business hours, in September.

VOTE NATASHA SALONEN FOR MAYOR

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F	U	B	T	R	U	S	T	E	E	Z	M	W	H
E	N	L	P	V	M	I	D	N	B	P	J	I	S
N	C	A	E	T	U	K	P	E	A	Y	N	L	A
E	I	C	G	C	N	O	L	I	L	K	Y	X	T
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O	L	L	U	I	C	N	M	V	O	T	E	T	N
L	O	T	E	T	I	R	O	N	T	D	R	A	W
A	R	D	I	N	P	H	W	S	R	F	Y	N	T
S	E	O	C	H	A	I	R	M	A	E	F	I	U
O	N	R	P	O	L	I	T	I	C	S	V	M	Q
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2022 ELECTION

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- Protect our greenspace, food, water, and communities
- Strengthen local businesses and economies
- Celebrate and preserve our rural character

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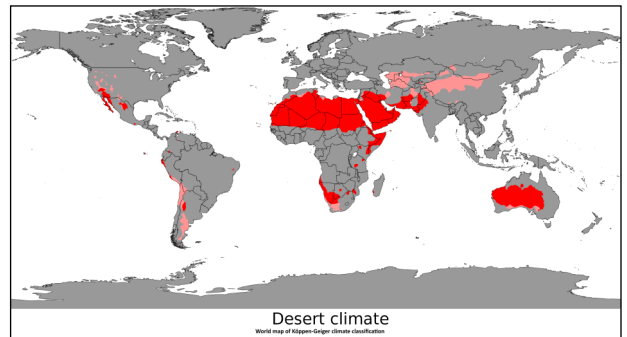


When we think of the largest deserts in the world, the picture of endless sand dunes comes to mind. But, in actual fact the definition of a desert is a landscape or region that receives less than 250 mm precipitation (about ten inches) per year. There are four types of deserts in the world being polar, subtropical, cold winter, and cool tropical deserts.

Approximately one-third of the Earth's land mass is deserts. The two largest deserts in the world are both polar deserts which are the Antarctic comprising 5.5 million square miles and the Arctic Polar desert which covers parts of Alaska, Canada, Greenland, Iceland, Norway, Sweden, Finland, and Russia and covers an area of 5.4 million square miles.

The largest subtropical desert is the Sahara, which is located in Northern Africa and has a land mass of 3.5 million square miles. The size of the next largest deserts drops dramatically. The Arabian which is also a subtropical desert is one million square miles followed by the Gobi, located in China; Mongolia is a cold winter desert 500 million square miles in size. All the rest of the deserts are 260,000 square miles or less. Canada doesn't have any other deserts and the United States is home to four more, being the Great Basin, Colorado Plateau, Sonoran, and Mojave.

The Sahara gets its name from the Arabic word Sahra, which means desert. Sand dunes and sheets cover only around 25% of the Sahara's actual surface. This desert also has numerous other land features including salt flats, gravel plains, plateaus, and even mountains where snow has been recorded. Many of the Sahara's sand dunes reach over 180 metres in height. This desert's highest point is an extinct volcano called Mount Koussi in Chad, which has an elevation of 3,415 metres. Around 2.5 million people call the Sahara home and it is also a home for a variety of wildlife including cheetahs, gazelles, ostriches, fennec fox, monitor lizard, scorpion, and the extremely venomous sand viper. During the summer months, temperatures in the Sahara average between a sizzling 38-46°C.



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Kitchen Tips and Hacks



- For a healthy alternative to whole milk that saves calories, fat grams, and money, use a non-fat skim milk powder. Use it in sauces, puddings, cream soups, and hot chocolate. 1 cup non-fat milk = 1/3 dry plus 3/4 cup water.
- Glasses stuck hopelessly together? Separate safely and quickly by filling the top one with cold water and dipping the bottom one in hot water.
- To defat sauce or soup, add a lettuce leaf or paper towels to the top; remove after they attract the fat. Or, toss in a few ice cubes, allow the fat to congeal on them and remove. Or if there's time, chill and then remove fat.
- When you need a cold compress in a hurry, wrap a bag of frozen peas in a towel. And when a hot compress is necessary, wring a towel out of water and put it in the microwave for a few seconds.
- Remember to put a frosted cake or cupcakes into the freezer uncovered until the icing is hard, then wrap well. When thawing, unwrap while frozen and you'll not have clinging icing.
- When doubling a recipe, do not double the salt, herbs, or spices. Use sparingly; you can always add more later, if necessary.
- Herb butter is wonderful on veggies, meats, fish, barbecued foods, and bread. Simply add about 1/4 cup finely chopped fresh herbs or 1-1/2 tbsp dried herbs) to 1/2 cup of softened butter and beat. Cover and refrigerate for at least 3 hours before serving. Make a big batch of herb butter and freeze part of it up to 6 months.
- The dried herbs available at supermarkets have a stronger, more concentrated flavour than fresh herbs, but quickly lose their pungency. The biggest enemies of dried herbs are air, light, and heat. It's a good idea to keep them in the refrigerator in airtight storage containers.
- Before adding dried herbs to a mixture, intensify their flavour by crushing between your fingers.

Sourced from Ruth Sharon

Community Corner ~ Check Out What's Going On!

CRAFT SALE

The Crafty Ladies Group of Morningside Village are opening their craft room door to sell their crafts to the public on Wednesday, Oct 5th from 1 p.m. - 4 p.m. Please use the outside door on the bottom level of the Village Center. They will be donating their profits.

Call Claire Gourlie 519-390-1685 for further information



Blood Donor Clinic

Monday, October 10th, 2 pm - 8 pm
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Calendar Fundraiser August Winners

August 4, 2022

Winner: Jayden Burgetz (Baden)
Prize: \$50 Gift Certificate to The Garden Stand

August 18, 2022

Winner: Mark and Karen Jutzi (New Hamburg)
Prize: \$50 Gift Certificate to My Place Restaurant

August 11, 2022

Winner: Ruth Millard (Tavistock)
Prize: \$50 Gift Certificate to Schweitzers Plumbing

August 25, 2022

Winner: Kim Lichti (New Hamburg)
Prize: \$50 Gift Certificate to Town Square Pharmasave

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Baden Girls Club – Free Event

Every 3rd Tuesday from September 20th to May 16th
7:00 pm to 8:30 pm

Wilmot Mennonite Church
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For More information contact:
Marcia Kastner (519-634-5960)



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<p>Food</p> <p>LAEPLLE ORGANIC'S POTATO SALAD DESSERT BY CHEF ADAM BRENNER</p> <p><small>*Please contact us if you require a vegetarian option</small></p>	<p>Fun</p> <p>BOUNCY CASTLE (WEATHER DEPENDENT) SILENT AUCTION 50/50 DRAW</p>	<p>Updates</p> <p>PRESENTED BY: CSGW'S LAWYER - ROD NORTHEY FROM GOWLING LAW WATER WATCHERS</p>
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PROCEEDS FROM THIS EVENT WILL GO TOWARDS FUTURE LEGAL EXPENSES TO COMBAT THE DEVELOPMENT OF THE HALLMAN PIT AND ITS IMPACT ON HUMAN HEALTH AND OUR NATURAL ENVIRONMENT.

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Friday, October 7th - 5pm & 7pm ~ \$20

Entertainment with CRACKER JACK PALACE
Saturday October 22nd, 2-5
\$5 Donation at the door

The Wilmot Ecumenical Working Group on Indigenous/Settler Relationships is hosting a series of free film screenings to promote understanding of the history of Indigenous communities and to facilitate relationship building between Indigenous and Settler people.



The first one, Martha of the North, the story of displacement of Inuit families by the Canadian government in the mid 1950's, will be shown on Thursday, September 29th at 7 p.m. The location is Zion United Church, 215 Peel St., New Hamburg. Contact ecumenicalworkinggroup@gmail.com

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PAIRS OF LETTERS

Find multiple pairs of letters to fill in the blanks to create a common word. The pairs of letters will be different for each answer. Have fun!

Example- I _ _ K _ _ PER would be INNKEEPER

- 1. BI _ _ ERNE _ _
2. MA _ _ RE _ _
3. A _ _ ITIONA _ _ Y
4. A _ _ RE _ _ ION
5. SLO _ _ INE _ _
6. CO _ _ I _ _ ION
7. F _ _ LISHNE _ _
8. MI _ _ E _ _ IUM
9. HI _ _ BI _ _ Y
10. F _ _ TBA _ _

TWISTED SIGN OF THE TIMES



In a veterinarian's waiting room: "Be back in 5 minutes. Sit! Stay!"



The Optometrist's Office: "If you don't see what you're looking for, you've come to the right place."



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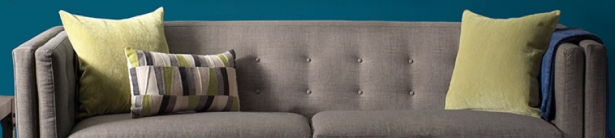


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MORNINGSIDE SUPPORTS COMMUNITY

Irene and Patty collected beer and pop cans from around Morningside. Doug has a can crusher in his garage and did each and every one and Mim bagged them up. Anne was acting as the treasurer of the MVHA (Morningside Village Homeowners Association). She distributes the funds to those that shop for the Christmas Hampers at the WFRC. The rest is donated at Easter for the food bank there. Over \$3,000 was raised.



Left to right: Irene Yutzi, Patty Braniff Rempel, Mim Miller, Doug Miller, Anne Van Niekerk

Happy Thanksgiving



You Must Be Joking!!



"OLD" is when... your friends compliment you on your new alligator shoes and you're barefoot.

"OLD" is when... someone catches your fancy and your pacemaker opens the garage door.

"OLD" is when... you are cautioned to slow down by your doctor instead of the police.

"OLD" is when... "getting a little action" means I don't have to take any fibre today.

"OLD" is when... "getting lucky" means you find your car in the parking lot.

"OLD" is when... an "all-nighter" means not getting up to go to the bathroom all night.

"OLD" is when... you don't care where your spouse goes, as long as you don't have to go along.



Supporting The Food Bank of Waterloo Region.

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Thanksgiving edition

Saturday, October 1

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Kids' Corner

By: Karrienne Berberich
www.beereadyresources.com

Name 5 items that would make a healthy lunch.

1. _____
2. _____
3. _____
4. _____
5. _____

Why did the cookie go to the nurse?

Because he felt crummy!



What season begins on September 22, 2022?

- winter spring
summer fall



WELCOME BACK TO SCHOOL

Add these numbers.

What do you notice about the answers?

1+9= _____	6+4= _____
2+8= _____	7+3= _____
3+7= _____	8+2= _____
4+6= _____	9+1= _____
5+5= _____	

Match the number word to its number.

ten	1
three	8
seven	5
one	10
five	6
eight	3
four	2
two	7
nine	4
six	9

Local Churches Invite You to Join Them

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www.smchurch.ca

Zion Philipsburg Lutheran Church

Sunday Worship 10:30 a.m.
www.philipsburglutheranchurch.ca

Emmanuel Lutheran Church

Sunday Worship 9:30 a.m.
www.petersburgchurch.org

Shantz Mennonite Church

Sunday Worship 9:30 a.m.
www.shantzmcc.ca

St. James Lutheran Church

Sunday Worship 9:00 a.m.
www.stjamesinbaden.org

Wilmot Mennonite Church

Sunday Worship 10 a.m.

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Happy Fall Season! Are you noticing any leaves changing colour while you are out and about? Here at the New Hamburg Thrift Center, we are starting to see the transition from Summer to Fall. Kids have returned to school; the nights are getting cooler and most people's vacation time has come to an end.

As you travel back and forth to work or school have you ever noticed the large bins in parking lots accepting your used clothes and perhaps household items? They look like a convenient option for passing on quality goods that can still be used, and they are always open. But do you know how your valued donations are being used? Have you ever read the fine print to know which charity the bins support? Will your quality goods make it to a real person and benefit a respectful charity? At New Hamburg Thrift Centre every item donated at our receiving dock is inspected and considered for sale. Donations are accepted six days a week by volunteers who will greet you with a smile and answer any questions you might have. They believe in the work of the Mennonite Central Committee and are happy to donate their time to volunteer.

Donations are the foundation of our business. We rely on the generosity of our community to bring us clean, saleable items to help generate funds that go to support MCC programs. If you are thinking about donating, here are some helpful tips and guidelines to follow.

- Boxing or packing like items together is helpful to our receivers. For example: pack all clothing together, all kitchen and small housewares together, make a bag of just shoes, etc.
- Please do not leave donations outside the thrift store after hours. This creates a safety hazard and if there is bad weather it will damage your otherwise saleable items.
- We can not accept items that have Garage sale stickers on them. Please sort through your unsold items and remove all stickers. Keep in mind if the item did not sell at your garage sale it may not sell here either.
- Unfortunately, there are some items we are not able to take. Things like baby furniture, car seats and helmets will sadly be refused. We are unable to accept renovation materials or household chemicals.

If you are donating furniture, note that we do offer a free pick-up service. Our volunteers are not able to enter a property but will be happy to assist with curbside or garage pickups. We are grateful for your donations of clean, sellable items!

During our busy times we do usually have a bit of a waiting list so if you're planning on getting rid of some lightly used furniture, please make sure you call at least two weeks in advance to schedule a pick-up time.

Donations are the foundation of our business, however our volunteers are the heart and soul. The New Hamburg thrift store is one of the largest volunteer-based businesses in the area, with just over 250 volunteers. Managing the day-to-day operations of New Hamburg thrift would not be possible without the passion and commitment of our volunteers. If you are looking for a way to fill your time and are maybe a little curious about volunteering with us, please reach out! I would be more than happy to talk to you about our current volunteer needs and set you up for a visit. You can call or email me at 519-662-2867 or jenniferwoolner@mcco.ca I am looking forward to hearing from you soon!



VOLUNTEER OPPORTUNITIES

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COMMON CONDITIONS OF THE SHOULDER JOINT

By Dr. John A. Papa, DC, FCCP(OR)(C)



The **shoulder** is one of the largest and most complex joints in the body. It is anatomically designed to allow for an individual to perform a wide range of movements and activities. This versatility, along with the high physical demands placed on a shoulder can also make it vulnerable to breakdown and injury.

Listed below are some of the conditions that commonly cause shoulder problems:

- **Osteoarthritis:** This results from the protective layers of cartilage in the shoulder becoming worn over a period of time, leading to change in the composition of the bone underneath the cartilage. This process may also be related to previous injury/trauma to the shoulder joint.
- **Frozen Shoulder:** Also known as *adhesive capsulitis*, this condition is a painful and persistent stiffness in the shoulder. It is believed to be caused by thickening, swelling, and tightening of the flexible tissue that surrounds the joint. Symptoms can vary greatly and can last anywhere from several months to several years.
- **Rotator Cuff and Soft Tissue Injuries:** The *rotator cuff* is a group of muscles and tendons that provide stability and rotational movements of the shoulder joint in a



balanced fashion. Other shoulder muscles are responsible for different ranges of motion of the upper arm (*humerus*) and proper positioning and movement of the shoulder blade (*scapula*) along the ribcage. An injury can occur to any of these muscles which can lead to shoulder problems.

- **Mechanical Conditions:** *Scapular dyskinesia* is a mechanical term used to describe irregular movement of the shoulder blade. It can be an early sign that a shoulder problem may develop, or it may already be accompanied by pain or dysfunction in the shoulder. A mechanical change in shoulder blade movement can be associated with a variety of problems including an internal pinching of soft-tissue structures (*impingement*), irritation of the cushioning bursa (*bursitis*), or a feeling of the shoulder dislocating with certain movements (*instability*).
- **Traumatic Injuries:** Vigorous lifting, pushing, and pulling activities, or a fall onto or blow to the shoulder can result in *ligament sprains* or *muscle strains*. More significant injuries can result in shoulder *dislocations* and *separations*, *rotator cuff* and *soft tissue tears*, *cartilage labral tears*, and *fracture*.

Balanced and stable movements are key to a healthy shoulder. If this does not occur, there is potential for many shoulder problems to exist simultaneously at any given time. For example, an individual may *strain* their shoulder from heavy lifting. The shoulder *strain* may be causing pain, but it can also be accompanied by pain and weakness from *impingement* and *bursitis* that may arise from the irregular movement pattern of the shoulder. Therefore, it is important that a proper evaluation is performed to best guide the treatment of shoulder conditions.

If you suffer from a shoulder problem that is limiting your daily functioning, contact a qualified health professional who can prescribe appropriate therapy, rehabilitation, and self-management strategies specifically for your circumstance.



This article is a basic summary for educational purposes only. It is not intended, and should not be considered, as a replacement for consultation, diagnosis or treatment by a duly licensed health practitioner.



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STORE HOURS

TUES - THURS: 9AM - 6PM | FRI: 9AM - 8PM | SAT: 8AM - 5PM

At the time of writing, our area had received some rain but it was scattered so watering of new planted plants, shrubs, and trees continued for those who got missed! Hopefully the beginning of autumn will bring much needed rain. It is amazing that even if you water your gardens, nothing hydrates the garden as well as a good rain. Everything seems to rebound, especially the weeds! Take note of what can tolerate the drought. With climate change, we will have increased number of days of heat and drought in future summers so learning strategies to lessen the use of water and growing more resilient gardens will gain importance.



With the shortening days and the sun sitting lower in the sky, the light for photos or just for observing the natural world is soft and golden. Your yard can be an of amazing source of wonder. Observe wildlife in your garden from ants, bees, wasps, spiders to birds, and more. All have a role to play in the ecosystem. Yes, some may make you go YHEWW! See how many species of bees, butterflies, flies, and spiders you can find. Did you know that hummingbirds use spider webs as a source of spider's silk in nest construction? The webs bind the nest to the tree branch and hold the nest together. Ants aerate the soil, eat aphids, and also are important for moving of seeds for some plants. Parasitic wasps deposit their eggs on or in the body of another insect providing an important biological control of pest insects such as the cabbage worm.

Autumn is a great time for planting new or splitting existing plants with the cooler nights and the soil still warm. More focus is on avoiding planting invasives which many of past garden favourites are such as periwinkle, goutweed, burning bush, and Norway Maples. A good resource is the brochure Grow-me-Instead by the Ontario Invasive Plant Council www.ontarioinvasiveplants.ca/resources/grow-me-instead or go to Credit Valley Conservation Authority's webpage *Learn and Discover* section under Key Documents. An excellent resource on invasive species alternatives is <https://cvc.ca/wp-content/uploads/2021/07/11-185-invasivesalternatives-2011-list.pdf>. Planting spring bulbs can be done anytime until the ground freezes. Avoid planting the invasive Scilla or squill. Want to collect seeds of your favourites or drying herbs? This is a great time. Not sure how to collect and save seeds of various species? Search online resources, or check out the many seed saving books available at our local libraries.



Enjoy your yard or green space and take a break from the To-Do List. We call them quiet places but they are not. Perhaps quiet of human traffic noises but filled with the buzzing, twittering, whistling, chattering, and singing of non-human inhabitants.

Keep your fingernails
and knees dirty!



In-person - Thursday, Oct, 13th, 7:00 - 9:00 p.m., Wilmot Rec Complex Room A. Free Meeting, Succulent Gardening for Beginners with Molly Shannon of Canadian Succulents.

For events, garden stories and info go to:

Email: wilmothortsociety@gmail.com

FB: www.facebook.com/groups/3133495739996313

Website: wilmothortsociety.ca

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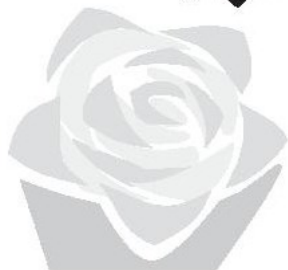
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September is an amazing time to get outside and enjoy the last few weeks of warm weather. There really is no better time to EXPLORE LOCAL!

Here are a few of our absolute FAVOURITE things to do in Wilmot Township and area to really enjoy the best of the fall season:

- Visiting the iconic **St. Jacobs Farmers Market** is an absolute must. The market is best enjoyed on Tuesdays during the summer season (it's much less busy)! It is the perfect place to stock up on local produce, meat, and snacks to make sure your family is well fed!
- Take a picnic to the **Wilmot Township Arboretum**. If you picked up fresh produce and snacks, head to the Arboretum to enjoy seventy species of native and exotic trees (and some quiet time away from the city)!
- Take a hike, literally! Getting outside has never been more fun than during the fall season - cooler weather and changing leaves makes for beautiful days out! Our favourite trails include the **Beckdale Trails, Baden Hills, and Schmidt Woods**.

Share your favourite things to do in Wilmot Township and area by tagging us @thelambertgroup on Facebook or Instagram!



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-Brian D.



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Pairs of Letters

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3. additionally
4. aggression
5. sloppiness
6. commission
7. foolishness
8. millennium
9. hillbilly
10. football

All Things Scrambled

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Black	Linwood
Kidney	Amulree
Lentil	Bamburg
Coffee	Hickson
Blackeye	Mannheim
Chickpea	Millbank



We're on the Web!

**Read the paper in colour at
www.badenoutlook.com**

The TCMH Corner: Resident Perspectives

As we usher in September at Tri-County Mennonite Homes (TCMH), our residents and supported individuals are still enjoying the pleasant weather and getting out on sunny days as often as they can to appreciate the slowly turning leaves that announce Autumn's arrival. And with the arrival of Fall, there is much to enjoy!

We sat down with Judy Ziegler (nee Swartzentruber), long-time Wilmot resident who has lived at Nithview Home since March 2021, to ask her what she enjoys about September. Judy was born and raised in Baden, but moved to New Hamburg after getting married. She recalls working at Masterfeeds for a few years before having kids, and then when her kids were grown, working at Nith Valley Family Practice for 21 years.



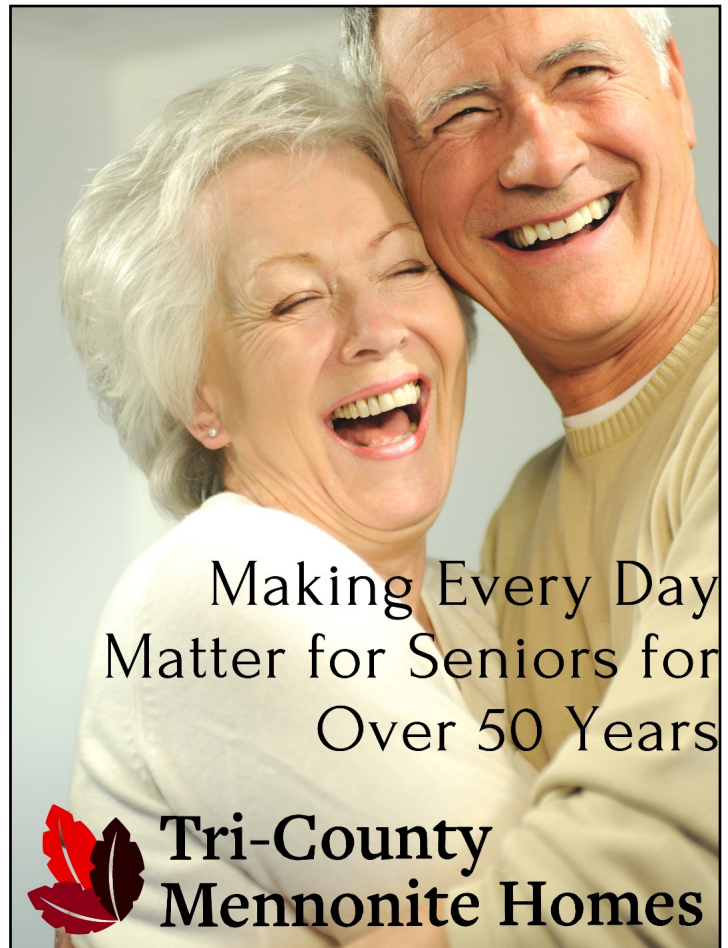
Because September is back-to-school month for many kids in the area, we wondered what Judy thought about school. Judy attended Baden Public School SS13. This school had four rooms and went up to grade 8. After graduating grade 8, Judy went to Waterloo Oxford School until grade 12. She always liked going back to school in the Fall, no matter which grade she was in. We wondered if she had any favourite teachers and it turned out she had a few! There was the Gym and Home Economics Teacher, Doris Langford; her French Teacher, Mr. Mathies; her Driving Teacher, Bill Weichel; and the director of the Glee Club, Mr. Ed Fergusson. While in school, Judy delighted in being part of the Glee Club, mentioning that this was a highlight of her schooling.

Harvesting on farms and apple season are also a big part of September. For Judy, she appreciates farmers and has a sister who lives on a farm, but harvesting and apple picking was not something she did herself. Judy remembers her mom used to enjoy picking apples in the Fall, but Judy picked plenty of fruit and flowers in her parent's large garden instead.

In this area, September is also the New Hamburg Fall Fair – something Judy remembers very fondly. For her, the Fall Fair was the best part of the month. She enjoyed seeing all the crafts people entered and all the canning people did. Judy herself entered some of her work in the Fair, winning first place for her cross stitch of a beautiful basket filled with flowers and adorned with a ribbon.

Here at TCMH, we try to always remember that the first Sunday after Labour Day is Grandparents Day! Judy didn't get to meet her grandparents, but she remembers her mother telling her that her grandparents owned the creamery in Baden for many years. Judy herself is a grandparent to 4 wonderful grandkids – Mackenzie, Megan, Julia, and Jacob. Some of Judy's favourite memories of being a grandparent include all the family time she got to spend with her grandchildren during holidays. They made a ruckus of noise with 4 kids running around, but Judy loved it.

Of course, September is a season of change and shorter days. For Judy, Fall means she gets to watch the leaves turn colours, something she enjoys very much. The palette of colours painted by the turning trees is something Judy looks forward to every year when September turns from Summer to Autumn. From us at TCMH, we hope you all enjoy the beautiful fall colours as much as Judy does.



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One thing that seems to be at the top of most travelers minds this past summer is to make sure they have baggage insurance. But before we look at insurance, let's take a look at the airlines and where they fit into all of this.

Why are there so many baggage issues?

One reason for all of the baggage issues is that there are more people travelling post-pandemic and thus, more bags. For example, Air Canada now often carries 120,000 or more people per day, versus 23,000 a year ago. Additionally, the operating environment globally has changed from what it was before the pandemic, notably with security and customs lines, aircraft being held at gates unable to unload passengers at airports, and limitations on the number of flights by air traffic control that force airlines to make last minute cancellations.

Baggage handling, including removal from the aircraft, induction into the baggage system, and the rate at which bags are loaded onto a baggage carousel is the responsibility of the airline and their contracted ground handling company. The baggage infrastructure and maintenance of the system is the responsibility of the Greater Toronto Airports Authority (GTAA).

How much can I claim in reimbursements?

You need to know that Airlines are the first payor, not the insurance company. Airlines are legally required to compensate you in the event that your baggage is lost or delayed. Here's how airline passengers can go about claiming their reimbursement.

Under the Montreal Convention, airlines around the world are legally required to compensate travelers for any "reasonable" expenses incurred, such as the interim purchases to replace missing clothing and other essentials. Without getting into too much detail the maximum claim is around \$2,300.

Something to take note of is the reimbursement must be made in cash, cheque or credit to the passenger's credit card, not travel vouchers. Airlines are also not allowed to impose daily limits on how much a passenger can spend on interim expenses.

How to file a claim?

If you can't find your luggage at the baggage carousel, immediately inform airline staff at the airport to complete a missing baggage report.

It's recommended taking audio or video recordings of any interactions with airline staff. If there are no airline staff, or if baggage agents refuse to take your report, the group also recommends recording this interaction or taking a photo of the abandoned baggage agent desk.

Be sure to keep all of your receipts of any interim purchases you've made. Once you've been reunited with your luggage, you need to submit your claim within 21 days of getting it back. If a claim isn't made within 21 days, the airline could deny your claim, according to the Air Passenger Protection Regulations.

If your baggage hasn't arrived after 21 days, or if the airline admits your baggage is lost for the purposes of receiving compensation, in this case, airlines are required to refund the checked baggage fee in addition to your interim expenses.

Some airlines may have a web portal where you can submit your claim, but otherwise, your claim must be made in writing, either through email, fax or registered mail.

Be sure to include your name, address, contact information, travel date, flight number and baggage tag number, and the date and time when your baggage was delivered to you. You should also send over copies or scans of any supporting documents, such as your receipts. Even if you have travel insurance that covers the cost of lost or delayed baggage, it's still recommended getting a reimbursement with the airline first. You aren't allowed to double-dip and claim reimbursement from both, as that would be considered insurance fraud.

After all, the insurance company will also most likely go to the airline. What is important, though, is that just because you have insurance, it does not relieve the airline of liability.

Next month we will take a look at what is involved in actually filing a lost, stolen or damaged baggage claim with an insurance company.



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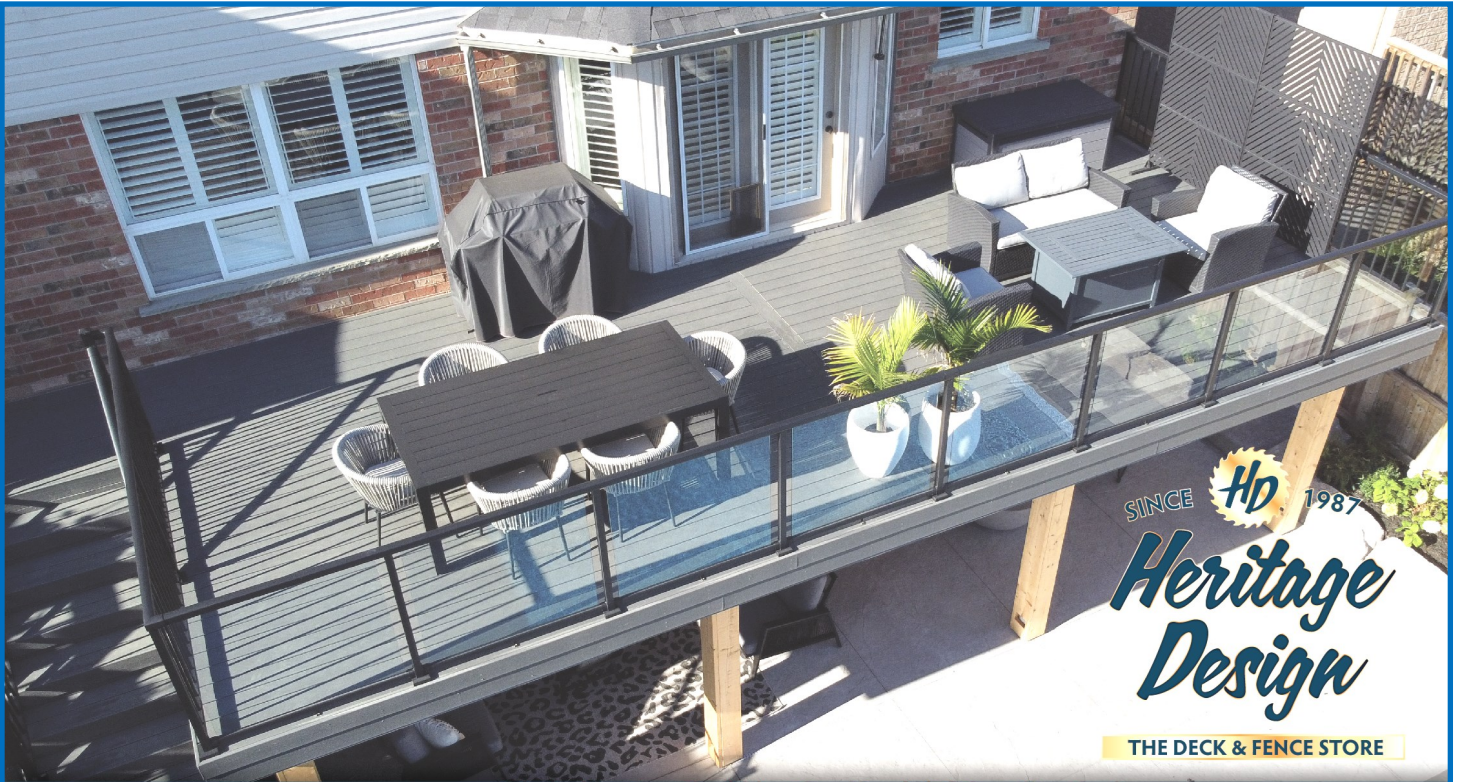
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Baden Outlook Summer Adventures

Janet Daub and Dorothy Pikor took their Baden Outlook on a Fiesta shopping trip to Newell, West Virginia!

The Johnson family took the Baden Outlook on holidays to Lake Manitouwabing, near Parry Sound, where they enjoyed a fun-filled time swimming, kayaking, and tubing! The wildlife was plentiful including a bear (on our walk), otters (under our dock), and also a resident snapping turtle!!



Don't forget to take your Outlook with you! Email us at badenoutlook@hotmail.com

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