

SEPTEMBER 2020

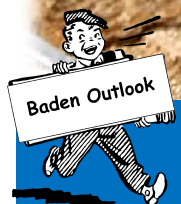
VOLUME 21, ISSUE 2

# Baden Outlook

~ Your Monthly Community Newsletter ~



*Photo Submitted by Amber Grant*



This paper is priceless - Please have one!





# BADEN SCHOOLS WELCOME KIDS BACK!

Be safe!  
Have fun!



Even the sky looks like it is reaching out to the children!



WE ARE A  
COMMUNITY

## Happy 90th Birthday Mike Weiler!

HAPPY BIRTHDAY Dad, Grandpa, Pappa, Little Grandpa, Great Grandpa, Uncle Mike, Mike of Armand. It is with great pleasure that we announce the 90th birthday of our father, Mike Weiler, on September 19, 2020. Having been born, raised and lived his entire life in Baden, Dad is one of the oldest "Badenites". Many may know Dad from a column in the Baden Outlook called "Ask Armand" where he was a regular contributor answering Baden's historical questions. You will surely remember him with his lovely wife Norma by his side.



Due to Covid19 and respecting all safety protocols, our family has decided not to have an official open house or drop by porch visits. Instead we would encourage those who wish to extend a Happy Birthday to Dad to call him on his phone at 519-634-5351. You can also honk your horn as you drive by his home on Snyder's Road, as he will probably be on his favourite perch on the front porch, weather permitting. **HAPPY BIRTHDAY DAD!!!**



## BACK TO SCHOOL

The kids are back on the streets—please be mindful of them!



## Good bye Summer!



# Talking with Ed

## ~ Moving On



I would have to say that some of the best family times that our Fisher family has had were during camping trips...and the family agrees unanimously. Neither Pat nor I had any camping experiences with our own families, so it was a gradual experience and a cheap way to have family vacations. We weren't much for tent camping - we might have done it once or twice before we elevated to the soft top trailer which kept us off the ground at least. It was not a lot of fun to put that trailer down if it was a rainy weekend or even if there was a heavy dew. We quickly advanced to a hard-top trailer. The hard top was nice, but we still had to deal with the canvas ends which had to be folded in to put the trailer top down. We all disliked the smell of wet or damp canvas, and quite often there would be a leak somewhere.

In the early years, our family loved to explore below the border, feeling like we were so far from home even in Michigan or New York. At that time there weren't any Walmarts, Home Depots, Targets, or many other brand name stores in Canada, so even visiting those stores was a new adventure. The kids usually got new shoes for school, Pat got a new sundress, and for me, a cheap box of beer. On several of those trips our Canadian dollar was worth more than the U.S. dollar; does anyone else remember those days?

We also loved exploring new territory and went to such places as Letchworth Park, the Finger Lakes, and even across New York State to Lake Placid. In the late 80s, while camping at Lake Placid, it rained for three days straight. That didn't matter to us; the games would come out and the kids would get excited to play cards or board games. We'd eat snacks, then the kids would lie in their sleeping bags, reading with flashlights. To get out of the rain one day, we decided to spend several hours visiting local restaurants where we would order two items (soup and grilled cheese, then hot dogs and fries) and then move on to the next (pizza and pop); this used up most of the day, we enjoyed the sport of it all, and it spared us cooking in the rain. We also spent a fair amount of time in the Port Huron area and also crossed over to Muskegon.



After the kids moved out, it was time for us to get an enclosed trailer and get even more comfortable. It was hard to imagine camping without them; what would we do? Our first enclosed trailer was an 18-foot beauty that we affectionately called the Taj Masmall. It was a great little trailer that towed quite easily, and we thought we were moving up in the world. Of course, now we were really enjoying ourselves! A few years later we caught sight of an awesome 21-footer we thought we deserved. We continued to explore a lot of Ontario, visiting many provincial parks such as Bon Echo, Emily, Point Farms, MacGregor, Port Burwell, Pinery, and other local conservation areas such as Rockwood, BenMiller, and Pinehurst.

Of course, we upgraded yet again to a 24-foot trailer. Pat's dream was to camp on the ocean, so that one towed us to Virginia Beach where we had a great time. Finally, officially campers and growing older, we graduated to a 27-foot trailer which needed a place to park, so we parked at the amazing Nith River Campground just north of New Hamburg, allowing me to come and go to work and Pat to work at the paper. We took it on road trips a few times - out east was the biggest trip but towing that size of a trailer can be hair-raising. Since then we've stayed put and have enjoyed seven years camping at Nith River, where we've made many wonderful friends and had such great times. It has been an incredible experience!



However, it is time to move on again and hit the road, with so much more to see and do. With much debate, we've sold our 27-footer and just bought yet another 21-footer - yup, we are downsizing again (the circle of life, I guess), making it easier to tow and store. We have officially packed up and left the park, but we have not left the friendships, as we are still close by. We do miss exploring; we are going to focus on this fantastic province of ours and get back to discovering new places, especially with COVID cramping our vacation trips. We will surely miss Nith River, but are looking forward to new travels. Until next month...Ed

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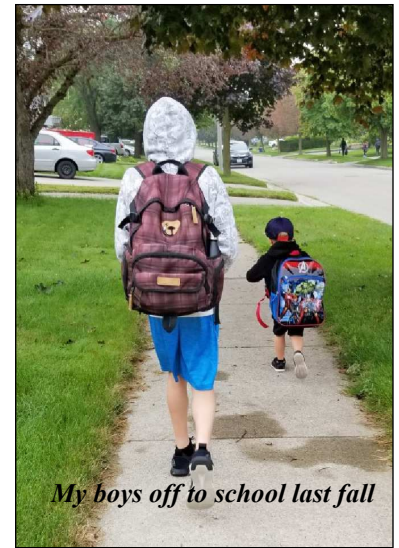
## EXTRA EXTRA!!

You'll find us around the 15th of each month, available at over 80 places within Wilmot Township, while quantities last.

# Greetings from Headquarters ~

Happy September, from Katie!! It feels like the summer months have flown by. I hope you all were safe and had fun adventures. It was definitely neat to explore more of Ontario, keeping all the safety measures in mind. We camped for a few days at Lake Simcoe, hiked and biked many local trails, and did some water play in our own backyard. All in all, we stayed fairly close to home.

Now for the heavy topic that has been on many parents' minds as of late - school. As a parent of two elementary school boys, I felt the struggle first hand. The anxiety of what to do about school, there is no right answer. Many do not have options to keep their kids home. The anxiety doesn't come from them going or not, but just simply for the health of the kids themselves and what the future holds. If we send our kids to school, we worry about their physical health. If we don't send our kids, we worry about their mental health, lack of routine, and socialization. Every family situation is different. Heck, even every child is different. After fighting hard with my heart and my head, we made the decision to send one child and not the other. It was such a hard call to make with such little information from the school boards and government. We decided that Kaidan (grade 8) is going to school. He hasn't had much socializing these last few months; he respects COVID, and grade 8 is a big year for him. He also can't wait to return to his routine and friends. We decided Simon (SK) is staying home. He has best friends next door that he has been playing with for the last few months, still loves sticking everything in his mouth, and the understanding of COVID is not quite there. He is very happy to stay home with me and is not thrilled about wearing a mask all day. I am honestly blessed to be in a situation where I can decide. Thank you, mom and dad, for the Baden Outlook opportunity and for letting me take care of my family. Happy 2020-2021 school year to all those going back to school, however that looks for you! Let's make smart decisions as a community and see how long we can keep the students in in-class learning!



*My boys off to school last fall*



Pat here - yes, I love sharing my chair with my girl — but I'm mom and still get the last word!! I am doing well and having fun watching Katie embrace the paper. I'm happy with Katie's decision to leave Simon home from school for now, re-evaluating in a few months time. If you too have felt stress about your decision, be sure to check out the article on page 13 from Fiona Roth. I'm back on my feet and busy with the tomatoes from the garden; you will find a delicious salsa recipe in the Cook's Corner on page 31.

We were proud to receive this 20-year award from the township given by Mayor Armstrong.

Thanks to Chris Ehrat for sharing a few of her postcards from her collection on pages 28-29, featuring some interesting sights from New Hamburg many years ago.



Also in the paper you will find more painted stones sharing hope and inspiration, sent in by Amber Grant, including the amazing stone on the front page. Gardening has been a popular hobby for many this summer as COVID had us looking for things to do at home. It's been great to be out there in the nice weather but now it's time to harvest...and oh yes, deal with the hardy weeds too. Check out the gardening article on page 30 with Marlene's to-do list, and also how to store your harvest over the winter on page 31.

I hope you enjoy this issue... till next month...stay healthy and wear your mask!

# Do You Need Help?



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## ALL THINGS SCRAMBLED

Within each category the words are jumbled up.  
Can you unscramble them? Answers on page 34

### Positive Words

- YOJ \_ \_ \_ \_  
VOLE \_ \_ \_ \_ \_  
FASE \_ \_ \_ \_ \_  
ERGEA \_ \_ \_ \_ \_  
ZANIMAG \_ \_ \_ \_ \_  
THACEIL \_ \_ \_ \_ \_  
LASPECI \_ \_ \_ \_ \_  
SAFESIRN \_ \_ \_ \_ \_  
SORERPGS \_ \_ \_ \_ \_  
LEXTCELEN \_ \_ \_ \_ \_

### Professions

- FECH \_ \_ \_ \_ \_  
TRACO \_ \_ \_ \_ \_  
LIPO T \_ \_ \_ \_ \_  
DOORCT \_ \_ \_ \_ \_  
REALWY \_ \_ \_ \_ \_  
EWATIR \_ \_ \_ \_ \_  
TRAINOJ \_ \_ \_ \_ \_  
TRAINEP \_ \_ \_ \_ \_  
CHEATER \_ \_ \_ \_ \_  
CANSIMUI \_ \_ \_ \_ \_



**We're on the Web!**

Read the paper in colour at  
[www.badenoutlook.com](http://www.badenoutlook.com)

# Baden ~ Our Town

The Township of Wilmot and the Waterloo Region District School Board (WRDSB) are excited to announce the kickoff of a long sought-after project at Waterloo-Oxford District Secondary School. During the summer months, construction of Wilmot Township's first artificial turf field will be undertaken.

This project has been financially supported by both the WRDSB and the Township through capital planning. It will serve the students of Waterloo-Oxford, as well as the residents of the Township, for football, soccer, field hockey, and rugby. The project was designed by BJC Architects and is being constructed by 39 Seven Ltd., who have significant experience constructing artificial turf fields.

The shared value of the project is \$1.577m and will result in a fully lit, top-class facility that will serve the community for many years. The benefits of an artificial turf field include a safe, professional facility, reduced maintenance costs, longer sport seasons in spring and fall, and the ability to attract higher level sporting activity.

Township Councillor and WODSS teacher Jeff Gerber was present at the construction kick off meeting and



stated, "This project will provide tons of opportunities to build a healthy community. With walking trails from the WRC to W-O and Adam Beck, it further builds our central recreation hub. This project would not have been possible without community support. Otherwise, this project would still be a dream!"

WODSS Principal Carolyn Salonen said, "Staff and students are very excited to be getting a new home field. As our community continues to grow, this project will help ensure our continued reputation of athletic excellence. The WRDSB is very proud to partner with the Township of Wilmot and appreciates the support from the Township and the community".

The project is scheduled to be completed this fall in 2020.

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# Checking out the Baden Library



**Welcome back!** We've missed you and are thrilled our doors are open to the public again. Under the province's Stage 3 guidelines, visitors will notice a few changes to their branch experience.

- **Please be aware that non-medical grade face masks are required while visiting the Library as per [Region of Waterloo Bylaw 20-035](#).**
- **You will be asked to provide information for the purposes of contact tracing, each time you visit the Library.**

To prepare for your visit, we invite you to review the in-branch service changes at [rwlibrary.ca/browseborrowgo](http://rwlibrary.ca/browseborrowgo).

**Please take note of our Browse, Borrow & Go! hours:**

Monday	10 a.m. to 5 p.m.
Tuesday	1 p.m. to 8 p.m.
Wednesday	1 p.m. to 8 p.m.
Thursday	10 a.m. to 5 p.m.
Friday	Closed
Saturday	10 a.m. to 2 p.m.
Sunday	Closed

For patrons who prefer a scheduled pickup of their library items, we will continue to offer our Library Takeout service. To book an appointment, visit [rwlibrary.ca/librarytakeout](http://rwlibrary.ca/librarytakeout) or call the Ask a Librarian line at 226-748-8030. Staff can also assist with choosing titles for you, just ask!

## One Book One Community (OBOC)

There's still time to read the 2020 selected novel, **Moon of the Crusted Snow by Waubgeshig Rice**. Winter is looming when a small northern Anishinaabe community suddenly goes dark. With communication and power cut off, panic soon begins to build, especially as food supplies dwindle. The band council and a small number of community members struggle to maintain order when an unexpected visitor arrives, escaping the crumbling society to the south.

Tensions rise and so does the death toll. Frustrated by the building chaos, a group of young friends and their families turn to the land and Anishinaabe tradition in hopes of helping their community thrive again.

Borrow this title in book, ebook or audiobook format. Live streaming events with the author are happening **Wednesday, September 23 at 2 p.m. and Thursday, September 24 at 7 p.m.**

For more information, visit [oboc.ca](http://oboc.ca).

## Programs and Events

As autumn makes its debut, we've got you covered with remarkable ways to keep families and little ones engaged. Be sure to follow us online [@rwlibrary](https://www.instagram.com/rwlibrary).

## Upcoming Events:

- Take a stroll and read your way through delightful sign-posted tales with our pop up in-person **StoryWalks**. Come for the story and take home a bag of activities to continue the adventure! Details [@rwlibrary.ca](https://www.instagram.com/rwlibrary)
- RWL's **Fall into Reading** program helps young ones track their reading, earn incentives, and participate in at-home missions
- Stop by our Facebook page [@rwlibrary.ca](https://www.facebook.com/rwlibrary) for **Maker Club** every Tuesday at 2 p.m. Each week we use our hands and minds to build phenomenal creations with a scientific spin
- Drop in online for **Discovery Time**, every Wednesday at 10:30 a.m. [@rwlibrary.ca](https://www.instagram.com/rwlibrary). Come explore as we dive into an epic story, complete with sing-along and topped off with a dazzling craft.
- Ready to put your knowledge to the test? Sign up for our **Land of Stories Family Trivia Night** on Wednesday, September 18 at 7 p.m. Register your spot at [rwlibrary.ca](http://rwlibrary.ca).

Questions? For more information, contact the Baden branch at 519-634-8933, [badenlib@regionofwaterloo.ca](mailto:badenlib@regionofwaterloo.ca) or visit [rwlibrary.ca](http://rwlibrary.ca).



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### You Must Be Joking!!



#### THINGS FOR PARENTS TO THINK ABOUT !

1. You spend the first two years of their life teaching them to walk and talk. Then you spend the next sixteen telling them to sit down and be quiet.
2. Mothers of teens now know why some animals eat their young.
3. Children seldom misquote you. In fact, they usually repeat word for word what you shouldn't have said in the first place.
4. The main purpose of holding children's parties is to remind yourself that there are children more mischievous than yours.
5. We childproofed our homes, but they are still getting in.



#### ADVICE FOR THE DAY:

Be nice to your kids. They will choose your nursing home one day.



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**Bravo to the U14 Wilmot Thunder Boys ... Taking the Title of OASA Division Championship!**



With a shortened season, the U14 Wilmot Thunder Boys Tier 1 team headed to play in the OASA Division A Championship in Tara, ON. With a tough first game loss Saturday morning, the boys came back hard and won the last 2 games of round robin, which then put them in the finals game Sunday afternoon against the hometown team. All the boys worked together and came out with a 7-1 win to take the title, U14 OASA A Division Champions!!!

Top left: Head coach-Scott Agnello, Manager-Mike Van De Wynckel, Keaton Bartlett, Reed Rickets, Ryan Watters, Seth Wallace, Trent Agnello, Connor Farhood, Asst Coach-Dave Farhood, Asst Coach-Jason Wallace  
 Front row left-Jack Cook, Matthew Van De Wynckel, Moir Forde, Mason Beaver

**I can't believe it's September...  
 Literally feels like it was  
 March only 16 years ago!**



Pupil: Will you punish me for something I didn't do?  
 Teacher: No, of course not!  
 Pupil: Oh good - because I didn't do my homework.



**Start Dreaming...  
 of that new backyard!**



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## What Your Cat Might Be Trying to Tell You

Cats behave quite differently than dogs. Our canine friends are often straightforward and easy to read. Cats, on the other hand, can be downright mysterious. Here are many cat emotions expressed by their secret communication cues.

### Eyes

Slowly blinking– adoring  
Dilated pupils– fear or pain, extreme excitement  
Slit pupils– annoyed

### Tail

Wagging– frustrated  
Tip twitching– annoyed/irritated  
Puffed up/fluffy– terrified  
Tucked away– anxiety or submission  
Curved like question mark– explore and playful  
Curved around their body– happy

### Body Language

Lying on back, belly exposed– trust and/or playful  
Arched back– ready for predators  
Rubbing against you– territorial  
Kneading– content, remnant of kittenhood  
Butt wiggling– ready to pounce  
Licking you– affectionate, loving

### Ears

Slightly forward– curious, playful  
Straight and upright– on alert  
Pinned and straight back– angry or scared

### Cat Sounds

Trilling (between a meow and a purr)- wants attention  
Chirping– wanting to hunt  
Yowling– mating call  
Hissing and growling– frightened or furious  
Really quiet meowing– exhaustion or hunger/ dehydration or being extremely cute  
Purring– most often happiness  
Abnormal purring– in pain



Thanks for the information Alicia Bellamy, Vet Tech friend!

## You Must Be Joking!!

### Wacky Names for Canines

- Jimmy Chew
- Sarah Jessica Barker
- Ozzy Pawsborne
- Orville Redenbarker
- Droolius Caesar
- Prince of Barkness
- The Notorious D.O.G.
- Fur-dinand
- Bark Twain
- Chew Barka
- Spark Pug



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We all know of the tragic demise of the Passenger Pigeon. It had called this part of Ontario home for centuries, but by the late 1890s it was a rarity. It had been both celebrated and harassed.

An article in the Guelph Mercury Tribune by Cameron Shelley on Mar 26, 2016 stated, "With the coming of April, Guelphites of long ago looked forward to one of the most awe-inspiring signs of spring: the return of the passenger pigeon. Immense flocks numbering millions of birds would sweep through the skies in search of places to feed and nest. Their approach was often compared to the coming of a storm and the sound of their flight to the passage of a locomotive. The biggest flocks could take hours to pass by a given spot." Their presence was widespread, and unlike other local forest birds, Passenger Pigeons nested together in large clusters. Margaret Mitchell in her 1935 book "The Passenger Pigeon in Ontario" gives several examples: "About 1870, a nesting colony near Goderich, covered an area eleven by thirteen miles, and about the same time in Elgin county pigeons nested about a great huckleberry marsh for a radius of ten miles. At an earlier date, 1846, there was a great nesting in Oxford county which was ten miles square."



The Passenger Pigeon's migratory destination was unpredictable, appearing in extremely large numbers one year and being completely absent the next. This erratic behaviour was driven by their search for food, needed to support the massive flocks. Passenger Pigeons depended on chestnuts, beechnuts, acorns, and elm seeds as their main food source. Pigeons chose areas that had experienced a good seed crop the year previous.

Unfortunately, a number of factors spelled doom for this species. Their preferred habitat happened to be in areas prized by humans. They also had a low reproductive rate with only one egg per year, and their meat was tasty, especially that of squabs. Their habit of clinging together in large flocks during migration, nesting, and roosting made them easy targets.

The most common method of taking pigeons was by shooting, and in those days that meant muzzle loaders. Tales abound of one shot bringing down 20 to 40 pigeons. Others speak of seeing two pigeons in a tree, shooting, and having six fall to the ground. Netting with 2" mesh was also a common practice. A variety of techniques were used to deliver the net over the birds, but most involved baiting a small section of field with grain and placing a live tethered pigeon (stoolpigeon) at the centre. The netter hid nearby, releasing the net when needed. Mitchell states in her book: "The approved method of killing the catch was by biting the head just back of the eyes. It was not necessary to break the skin ... killing the birds instantly."



Market hunters arrived as railroad expansion provided easy access to large city markets. Dead pigeons, worth about 5 cents each, were packed in barrels containing 100-120 birds. Small operators shipped from 4 to 16 barrels a day for two to three weeks.

By 1880 there were too few Passenger Pigeons for market hunters, and even though their numbers were still in the thousands, the species had reached a minimum population below which it could not carry on. The Guelph Mercury Tribune article went on to say, "When a flock appeared near Guelph in 1876, the Mercury reported that it was the first 'in a very long time' and urged sportsmen to go and 'make hay while the sun shines.' The appearance of a large flock in 1887 was greeted as a rarity. The final appearance of the bird in Guelph was noted on April 8, 1897."

Attempts to save the Passenger Pigeon came far too late and the last surviving member of the species, Martha, died on September 1, 1914 in a Cincinnati zoo. This sad story has lessons for us today. Attempts to save species showing declining numbers must be initiated early. Without continued help, grassland birds such as the Bobolink and Eastern Meadowlark are on a dangerous trajectory.

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## You Must Be Joking!!



### From the Mouths of Children

It's been a long few months with our babes underfoot and it seems we've heard it all... here are some cuties...

"Don't wipe my tears away. I want to feel them on my face."  
Henry, 2 years old

"Sometimes when my feelings are big, I like to sing them."  
Gideon, 7 years old

"I'll just take a nap, that's how you solve that"  
Keira, 7 years old

"I'm too sad for pants."  
Jameson, 2 years old

"I made a card for myself because I'm the best."  
Anonymous, 6 years old

"I have a lot to say. Maybe you should get some popcorn."  
Anonymous, 6 years old

"But how am I supposed to know if I'm bored or hungry?  
They feel the same!"  
Lex, 5 years old

"My brain doesn't feel like thinking today."  
Finn, 4 years old

"I did not mean to do that face out loud."  
Anonymous, 9 years old

"I don't care and I'm not getting any more cares today."  
Anonymous, 7 years old

Credit to @livefromsnacktime

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## Back to School 2020

By Fiona Roth, Child and Family Therapist



This is definitely a very different September than other back to school beginnings.

Feeling anxious about back to school is normal, but living with Covid-19 has increased anxiety in both children and parents. Here are some tips that will hopefully help lessen the anxiety for both parents and children as they settle into their school routines:

1 – As parents, it’s really important to **model calm behavior** and use positive language. Be aware that you may be projecting your own anxiety onto your child. Children are very perceptive and are keenly aware of how parents are dealing with their stress. It’s important to reflect on how parents can model calm behavior and create a calm home environment.

2 – Encourage your child to **talk about their feelings**. Identifying and labeling feelings helps children learn emotional vocabulary. Validating feelings creates empathy and trust. It’s important for children to know

it’s ok to have emotions, and to sit and talk to them as they work through their big feelings. Listening to your child validates for them that their feelings are important and they aren’t dealing with these big emotions alone.

3 – Teach children **problem-solving skills**. The goal is not to eliminate the anxiety but to help your child manage the emotion. If your child has identified that they are worried, it’s important to validate them: “I understand that you are worried about school. We can find ways to help you feel better about school.” Then spend time problem-solving with your child ways to handle their feelings of anxiety; they can take deep breaths, go for a walk, practise muscle relaxation, think positive thoughts, and ask for a hug.

4 – Encourage **positive thoughts**. I recommend talking daily about something positive that happened during the day and something you are grateful for. Create a positive atmosphere about school. Encourage your child to talk about the positive aspects of school. Help them re-frame unhelpful thoughts such as, “I don’t like school,” or, “It is scary,” to more positive thoughts like, “I can handle it one step at a time,” or, “I can see my friends at recess.” Below is a link to positive calendars that you can incorporate into your nightly dinners that focus on positive thoughts.

<https://www.actionforhappiness.org/calendars>

5 – **Routine** is really important for all children but especially children with anxiety. Make sure children are getting enough sleep. Set regular bedtimes with no screen time for one hour before bedtime. Try to eat healthy food as much as possible. Lack of sleep and hunger are often triggers for emotional outbursts in children, so routine is really important to help maintain their physical and emotional needs.

6 – Incorporating **relaxation strategies** into your daily routine is an important way to decrease stress and also bond as a family. Below are some websites that have ideas about mindfulness and relaxation. Encouraging daily relaxation into your family’s routine is a positive preventative strategy to managing stress.

Helpful websites:


[www.anxietycanada.com](http://www.anxietycanada.com)

[www.worrywisekids.org](http://www.worrywisekids.org)

<https://www.stopbreathethink.com/kids/>

<https://www.calm.com/>


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## You Must Be Joking!!



- ◆ She was only a whisky-maker, but he loved her still.
- ◆ A rubber-band pistol was confiscated from an algebra class, because it was a weapon of math disruption.
- ◆ No matter how much you push the envelope, it'll still be stationery.
- ◆ A dog gave birth to puppies near the road and was cited for littering.
- ◆ A hole has been found in the nudist-camp wall. The police are looking into it.
- ◆ Atheism is a non-prophet organization.
- ◆ Two hats were hanging on a hat rack in the hallway. One hat said to the other: 'You stay here; I'll go on a head.'
- ◆ I wondered why the baseball kept getting bigger. Then it hit me.
- ◆ A vulture carrying two dead raccoons boards an airplane. The stewardess looks at him and says, 'I'm sorry, sir, only one carrion allowed per passenger.'
- ◆ Two fish swim into a concrete wall. One turns to the other and says, 'Dam!'
- ◆ Two hydrogen atoms meet. One says, 'I've lost my electron.' The other says, 'Are you sure?' The first replies, 'Yes, I'm positive.'
- ◆ Did you hear about the Buddhist who refused Novocain during a root-canal? His goal: transcendental medication.
- ◆ There was the person who shared 10 puns with his friends, with the hope that at least one of the puns would make them laugh. No pun in ten did.

~ Submitted by Bob Smith

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## EcoNugget

### Green up your Heroes, Monsters, Ghouls, and Treats

Halloween can be so much family fun. With some planning, here are some ideas to decrease the waste:

- Buy treats that are in foil or boxed to avoid plastic non-recyclable waste
- Non-sugar ideas without plastic wrap are fun drinks, eyeball erasers, crayons, pencils, tattoos, puzzles, and balls.
- Have the kids carry reusable bags.
- Make your own costumes, rent, or visit Thrift Stores. Ditto for Décor.

With busy lives, it is a challenge. All things Halloween tend to be all plastic and destined for landfill. With COVID, our traditions will be modified but keep our environment in mind.

Are you interested in climate change and other global environmental issues? Help us make a difference in our community by getting involved and taking action on one or more local environmental concerns. Our next monthly meeting will be held at 7:00PM on Wednesday, September 23<sup>rd</sup>. Please contact us via e-mail ([nvecoboosters@gmail.com](mailto:nvecoboosters@gmail.com)) or call 519-662-9372 if you would like to participate in this "Zoom" meeting and we will provide you with more details. Want to know more about the Nith Valley EcoBoosters? Check out our website at: [nvecoboosters.com](http://nvecoboosters.com)

### You Must Be Joking!!

The other day I saw two dogs walk over to a parking meter. One of them says to the other, "How do you like that? Pay toilets!"



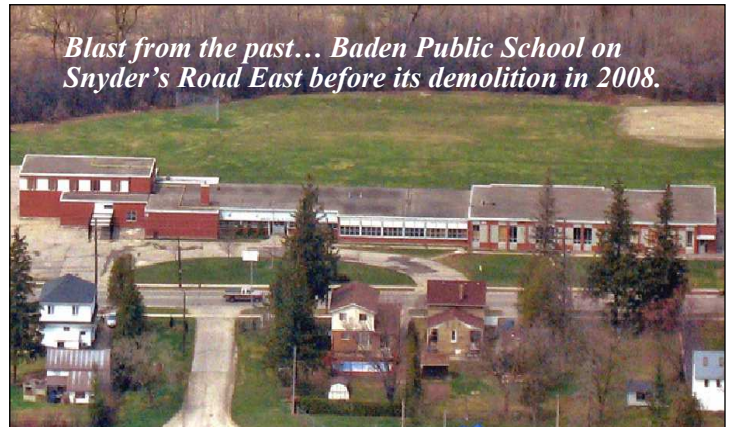
Q: What is more amazing than a talking dog?

A: A spelling bee.

Q: What do you say to a dog before he eats?

A: Bone appetite!

*Blast from the past... Baden Public School on Snyder's Road East before its demolition in 2008.*



### You Must Be Joking!!

I guess I really am a crazy driver.  
Siri just said to me, "In 400 metres, stop the car and let me out!"



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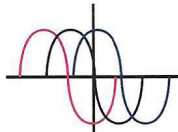


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## Is it a Bird or a Moth?



Photo taken from *Farmers' Almanac*

My sister Cathy sent me a photo of this bug from her garden and said she couldn't figure out what it was. Upon further investigation, she realized it was a hummingbird

moth.... Who knew? Is it a bird or a bug? It buzzes, hovers, and flies like a hummingbird from flower to flower. There's something about this rapid wing-beating creature that may just cause you to do a double-take. It's one of the most fascinating insects (yes, it's an insect!) to roam the garden, and we've got facts from *Farmers' Almanac* about the hummingbird moth that are sure to amaze!

Just like the hummingbird, the hummingbird moth's buzzing and humming sound is created by its rapid wing movement.

Loathed by gardeners, the tomato or tobacco hornworm caterpillar that you see munching on your tomato plants will eventually morph into a Hawk moth, or Sphinx moth, each a type of hummingbird moth.

The fast-moving hummingbird moth has a rapid wingbeat up to 70 beats per second (depending on the species), enabling it to fly up to 12 mph.

Instead of a beak like a hummingbird, it has a long tongue-like proboscis that rolls out of its coiled tube to reach the nectar deep inside flowers. Its tongue is about double the length of the moth's body.

It has large, menacing eyes that appear to warn predators to keep their distance. Their bodies range in length from 2—2.5 inches long and are covered in gray hair that resembles feathers, with white, rust or brown markings or variations. Their wingspan ranges from 2 to 6 inches depending on the species.

After mating, the female moth lays eggs on plant leaves such as honeysuckle, cherries, hawthorns, and viburnums. The hatched caterpillar feeds on its host bush or vine.

These moths actively feed on flower nectar in the daytime, but you may also get a glimpse of one feeding at dusk on night-blooming flowers such as the evening primrose or night blooming jasmine.



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Have you had a joint problem and been told that you have "degeneration" or "degenerative changes"? What exactly does this mean? Is this something that can be fixed? Let's take a closer look at two common types of **degenerative changes** and some potential management strategies that can be employed.

1. **Degenerative Joint Disease (DJD)** is also known as osteoarthritis, and is the most common form of arthritis. Weight-bearing joints such as the hips and knees are most commonly affected, but **DJD** can affect any area of the body, including the hands, neck, and low back.

Most joints in our body have smooth cartilage surfaces that glide against each other, which allow two or more opposing bones to move freely and perform a specific set of movements. A joint becomes "degenerated" or arthritic when there is wearing down of these cartilage surfaces, and a change in the composition of the bone underneath the cartilage occurs. An arthritic joint does not mechanically function like it is supposed to. This may result in a number of symptoms including: muscle tightness and weakness, joint pain and stiffness, decreased ranges of motion, creaking in the joints, swelling, inflammation, and joint thickening (i.e. finger nodules, bunions).

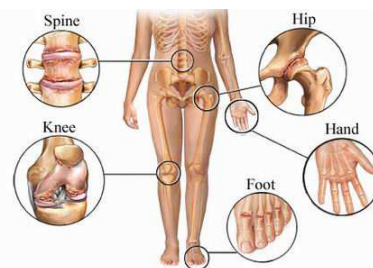
2. **Degenerative Disc Disease (DDD)** specifically affects the spinal discs between each vertebra and is also considered an arthritic disorder. Spinal discs allow for some movement between vertebrae, and they also absorb compressive, tensile, and shearing loads with everyday activities.

The centre of the disc, called the *nucleus pulposus*, is jelly-like and mostly made up of water. The outside of the disc, called the *annulus fibrosus*, is tough and thick and contains the *nucleus pulposus*. Over time, the water content of the spinal disc diminishes, causing it to dry out and become fibrotic (tough and brittle). As the disc becomes fibrotic it can develop tears. This breakdown can result in disc herniations, the development of bony spurs, and sciatica.



Risk factors/causes for **DJD** and **DDD** are typically multi-factorial, meaning that there is usually no single cause, but rather a combination of several different factors. These risk factors/causes may include but are not limited to: advancing age, genetic predisposition, mechanical overload from occupational and recreational activities, direct injury to the affected region, cigarette smoking, lack of exercise, and being overweight or obese.

**Degenerative changes** can result in debilitating symptoms for some individuals and can be managed a number of ways. Maintaining an ideal body weight through a healthy diet and regular exercise consisting of *strength*, *flexibility*, and *endurance* training can reduce the risk of pain and subsequent disability. Treatment from licensed health professionals who utilize soft tissue therapy, manual mobilization techniques, acupuncture, laser therapy, electrotherapeutic modalities, exercise and rehabilitation strategies can also significantly help to decrease pain, normalize muscle and joint motion, and decrease secondary compensatory sources of pain and dysfunction.



In the event that you suffer from **degenerative** joint changes, you should contact a licensed health professional who deals in the diagnosis and treatment of these conditions.

*This article is a basic summary for educational purposes only. It is not intended, and should not be considered, as a replacement for consultation, diagnosis or treatment by a duly licensed health practitioner.*



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## Welcome Back! Castle Kilbride Now Open for Visitors



What wonderful news! Castle Kilbride, the Jewel of Wilmot Township, is once again shining bright ... welcome back, because we're open! After a five-month closure and weeks of detailed planning to keep everyone safe, tours of Wilmot's National Historic Site are now on everyone's list of "must-do!" for this fall.

"We are thrilled to finally be able to open our doors once again," says Tracy Loch, Curator/Director. But even with all the excitement around re-opening, museum staff have the challenges of COVID-19 top of mind and have gone above and beyond to ensure the safety of everyone, visitors and guides alike.

Here's how to book your private tour and what to expect when you arrive:

- Castle Kilbride will be open Saturdays and Sundays from 11:00 am to 4:00 pm.
- No drop-in visits: tours are timed, and tickets MUST be purchased in advance online (more information below).
- Tour groups are limited to 5 persons or fewer; all must be from the same household or bubble.
- Personal tours will be provided by Castle Kilbride staff.
- Please wear a mask or face covering if you are able; museum staff will be wearing face coverings to ensure your protection.

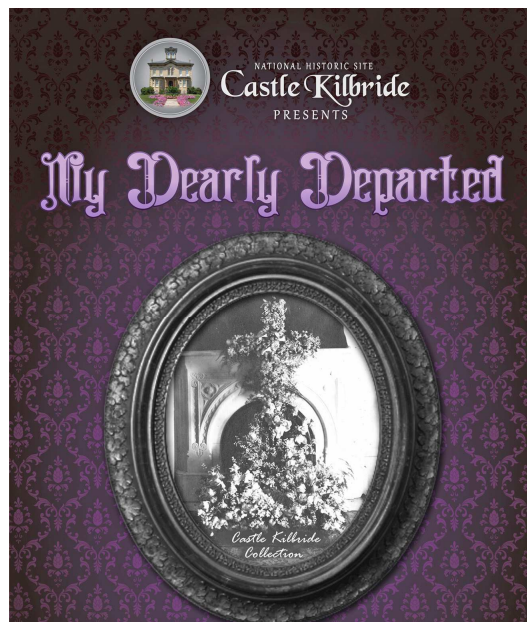
Please arrive 5 minutes before your scheduled tour time, as late arrivals cannot be accommodated. Physical distancing will be in effect, hand sanitizer will be available

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and its use required, and of course Castle Kilbride staff ask that you please do not visit if you are sick. Assistant Curator Sherri Gropp summarizes the protocols: "Our goal is to make your visit at Wilmot's National Historic Site comfortable and safe."

Visiting now has an extra attraction: the "My Dearly Departed" exhibit, delayed for so long, is now open. Commemorating the 100th anniversary of the death of James Livingston, the exhibit explains many of the fascinating funeral customs of the Victorian era. A shadow

box displays a few delicate flowers, waxed and preserved, that were lovingly placed around the casket of Louisa Livingston in 1904, right here in the Castle parlour. This and many more examples of Victorian mourning traditions are on display until November 15th.

Let's not forget that summer hasn't completely ended; before or after your indoors tour, be sure to wander the Castle's grounds, because here you'll see the breathtaking, lush gardens planted by the Wilmot Horticultural Society. Although Castle staff have dearly missed our summer events such as the outdoor concerts and Tea and Tours, the colourful flowers have been a bright spot in a challenging year, and we're delighted to see the public enjoy them as well.

We're excited to welcome everyone back to the Castle ... it's been far too long! Stay safe and hope to see you soon!

### Ticket Information:

- Tickets must be purchased in advance using Eventbrite (<https://www.eventbrite.ca/e/castle-kilbride-tours-tickets-117034905553>)
- Tickets are non-refundable
- Please no photography or video during your tour
- Belvedere Gallery is not available at this time

For more information follow Castle Kilbride on [Facebook](#) or visit [www.castlekilbride.ca](http://www.castlekilbride.ca).

*Article written by: Teresa Brown. Undeniably passionate about Castle Kilbride; has served as Past Chair of the Castle Kilbride Advisory Committee and remains an active member.*



## Baden Boys Make Ontario National Baseball Team!

### AYDEN ZIEGLER

Thirteen year-old Ayden Ziegler' from Baden, has always loved baseball. He started off playing locally for a year in Baden; for the last six years' he has played for Waterloo Tigers Tier 1

teams. This July, he went to tryouts for the Ontario National team which plays out of St. Mary's, and that night he was notified that he made the team.

Ayden has played two positions on the Major Peewee Waterloo team, shortstop and pitcher. He is unsure as to what position he will be playing on the new team.

Ayden has won several awards in the Waterloo association, including Junior Player of the Year in 2018 and Runner-up Junior Player of the Year in 2019. Ayden says, "I feel pretty proud and this is a good opportunity for myself. Many people have been given scholarships through sports to further their education," Ayden explained. Good luck Ayden on your next journey!

### LUCAS FORTIN

Thirteen year-old Lucas Fortin of Baden has also joined the Ontario National team. Lucas played two years in New

Hamburg, Coach Pitch and Tyke, then left for Waterloo where he played the last five years. Lucas and Ayden have played on the same Waterloo team for five years.

Lucas has played mainly infield positions and pitcher. He has won many awards in the Waterloo association. He won pitcher of the year twice (2017 and 2018) and was runner up finalist for player of the year in 2018. Also that year, Lucas played for the ICBA All Star team against all other Ontario All Star teams and his team won the tournament.

When asked about how he feels about the move to the Ontario National team, Lucas said, "I feel really good and I am excited to be playing at a higher level." Well done, Lucas – you are making Baden and Wilmot Township proud!



The Ontario Nationals are widely regarded as one of the best high school aged leagues in Canada. They train most of the year even indoors throughout the winter. Players come from many elite baseball teams and will travel throughout Canada and the USA.



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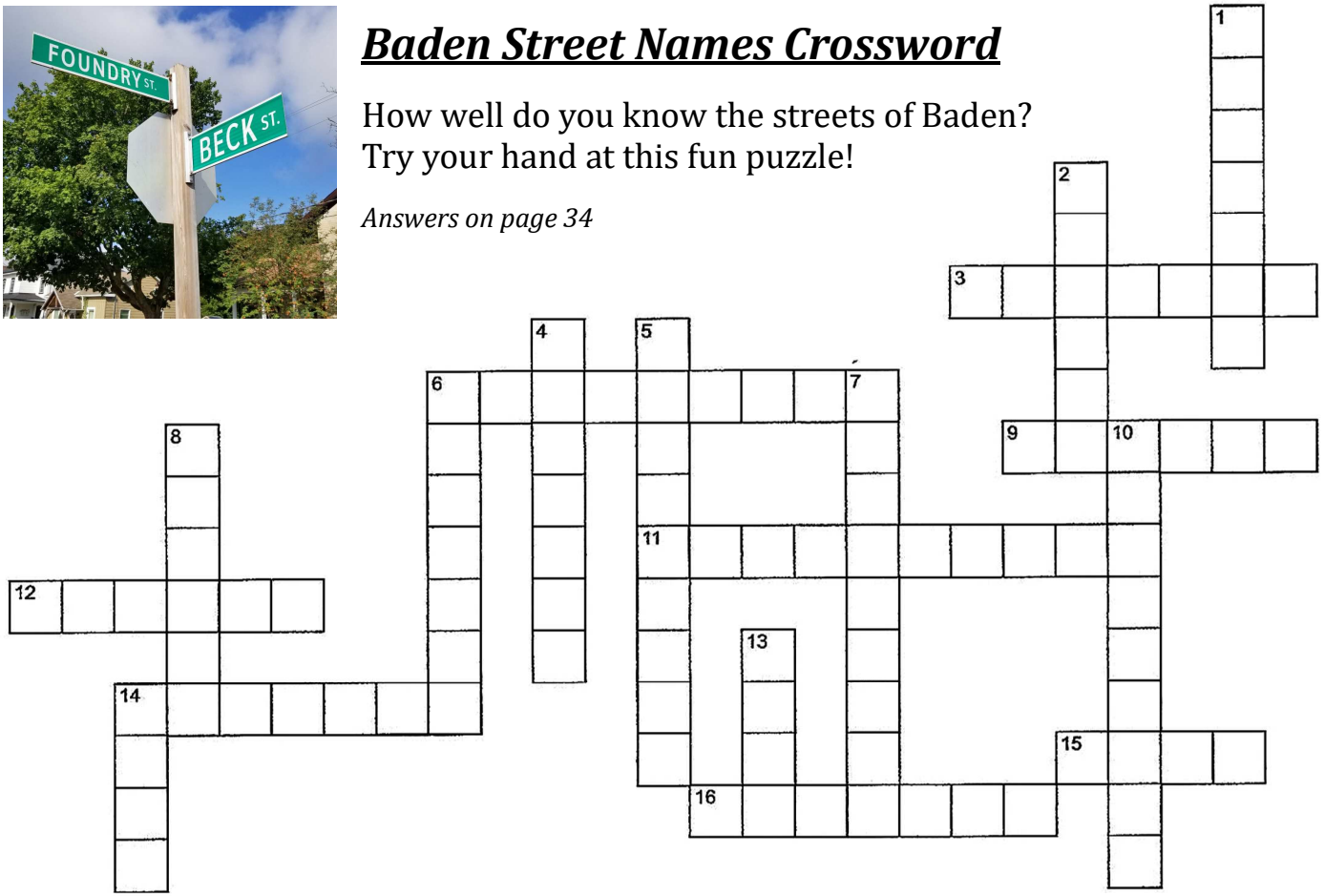
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New Hamburg  
519-662-9526



## Baden Street Names Crossword

How well do you know the streets of Baden?  
Try your hand at this fun puzzle!

Answers on page 34



### Across

- 3. Pizza Express
- 6. K-DAC
- 9. Behind the Castle
- 11. Street with a school
- 12. Between Queen and Christian
- 14. Entrance of Baden Auto Spa
- 15. EJ's to St. James Church
- 16. Baden Vet/Baden Feed



### Down

- 1. Behind firehall
- 2. Intersects with Tannery
- 4. Street with a castle
- 5. Street with a water tower
- 6. Rhymes with lucky
- 7. Behind the park
- 8. Intersects with Erbach
- 10. AC Tire
- 13. Intersects with Wagler
- 14. Baden Dental



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# It's Happening!

## Wilmot Summer Market 2020

We are very pleased to announce that the Wilmot Summer Market will begin June 3rd, on our regular Wednesday nights in Baden from 5pm-8pm. So pack up your shopping bags and prepare to wait a little longer than normal as we adhere to our new social distancing requirements. We love that our Community will still have the opportunity to support local farms and businesses while also enjoying the fabulous goods that they have to offer!

Come see us on Wednesday September 16, 23, and 30 from 5 - 7pm. Located at 75 Charles Street in Baden by the pond.  
We have great local vendors !!

### Unsolved Mysteries of Anatomy

- \* Where can a man buy a cap for his knee or the key to a lock of his hair?
- \* Can his eyes be called an academy because there are pupils there?
- \* Is the crown of your head where jewels are found?
- \* Who travels the bridge of your nose?
- \* If you wanted to shingle the roof of your mouth, would you use the nails on your toes?
- \* Can you sit in the shade of the palm of your hand, or beat on the drum of your ear?
- \* Can the calf in your leg eat the corn off your toe?
- \* Why not grow corn on the ear?
- \* Can the crook in your elbow be sent to jail? If so, just what did he do?
- \* How can you sharpen your shoulder blades?



I sure don't know - do you?



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## 'Pearls of Wisdom'

We would love for our readers to send their favourite uplifting quotes for possible submission. We may not be able to print all thoughts sent, but printing positivity is our goal.

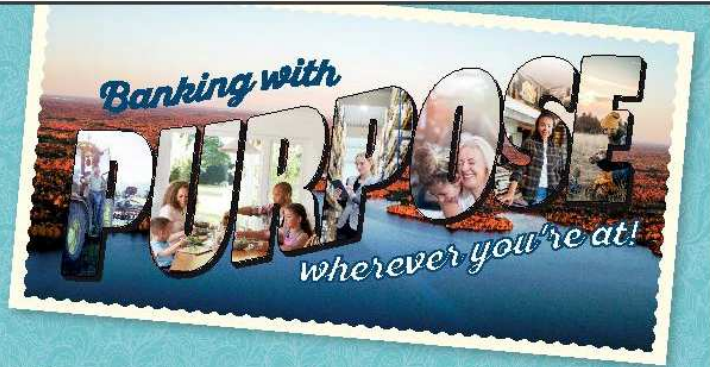


**All of our dreams can come true, if we have the courage to pursue them.** -- Walt Disney submitted by Victoria Best

**Learn to sit back and observe, not everything needs a reaction.** Anonymous

**Be kinder to yourself. And let your kindness flood the world.** -- Pemo Chodron, submitted by Cheri Good.

To submit a quote, email [badenoutlook@hotmail.com](mailto:badenoutlook@hotmail.com). Please write "Pearls of Wisdom" in the subject line!



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Visit [www.badenoutlook.com](http://www.badenoutlook.com) for a directory of local churches



### ST. JAMES LUTHERAN CHURCH

66 Mill Street, Baden, ON



519-634-5191 [www.st.jamesinbaden.org](http://www.st.jamesinbaden.org)  
Sunday Worship 9 am / Sunday School

Pastors: Bonnie Schelter-Brown & Pastor Barry Boeckner

### Wilmot Mennonite Church

2995 Bleams Road, New Hamburg, ON

Worship Service 9:45 a.m. ~ Christian Formation 11:00 a.m.

Pastor Susan Allison-Jones  
519-634-5030 [www.wilmotmennonite.ca](http://www.wilmotmennonite.ca)

### Livingston Presbyterian Church

44 Beck Street, Baden / 519-662-4949

Hymn Sing 9:45 am ~ Worship to follow at 10 am  
Moderator: Linda Ashfield, 519-886-4150

### SHANTZ MENNONITE CHURCH

2473 Erb's Road, Baden, Ont N3A 3M3

Phone: 519-634-8712 / [www.shantzmc.ca](http://www.shantzmc.ca)

Pastor: Don Penner

Worship Service - 9:30 am Christian Education - 11:00 am

### Emmanuel Lutheran Church

1716 Snyder's Road East, Petersburg, ON

519-634-5511 [www.persburgchurch.org](http://www.persburgchurch.org)

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Worship Service 9:30 am / Sunday School

### ZION PHILIPSBURG LUTHERAN CHURCH

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519-214-0055, [www.philipsburglutheranchurch.ca](http://www.philipsburglutheranchurch.ca)

### Steinmann Mennonite Church

1316 Snyder's Rd. W. (at Nafziger Rd), Baden

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## We've got fall figured out!



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SATURDAY	9:00 am - 4:00 pm
SUNDAY	CLOSED

## Greetings from New Hamburg Thrift Centre

Now that September has come around again, life has taken on a regular rhythm that tends to be lacking in summer. For many people, this is a time of year that they look forward to so they can return to regular life, but for some, sending off vacation season can be a difficult transition. It can be difficult to say goodbye to long nights outside and time spent enjoying the nice weather.

But that's not to say that the fall doesn't come with its own benefits. In fact, September can be extremely exciting in its own right. There's plenty to do and plenty to look forward to in the coming months. There are lots of ways to make the most of your fall season, like outfitting your wardrobe for the changing weather and investing some time into decorating your home in the colours of the changing leaves.

Or if you have a lot of time on your hands, there's always the option to stop by New Hamburg Thrift Centre to inquire about volunteer opportunities. It is through the help of our incredible volunteers that we're able to keep things running smoothly and use our proceeds to give back to the Mennonite Central Committee. If you're interested in finding new ways to give back to your community, both local and global, then stop by the store and we'll find a place for you to be able to use your talents.

However you plan to say goodbye to your summer and welcome the new season, make sure to keep your eyes on the great deals that come through New Hamburg Thrift Store. No matter your age or stage, there will be something great waiting for you!

## You Must Be Joking!!

~ Darn those Bran Muffins



The couple was 85 years old, and had been married for sixty years. Though not young, they were both in very good health, largely due to the wife's insistence on healthy foods and exercise for the last decade.

One day, their good health didn't help when they went on a rare vacation and their plane crashed, sending them off to Heaven. They reached the pearly gates, and St. Peter escorted them inside. He took them to a beautiful mansion, furnished in gold and fine silks, with a fully stocked kitchen and a waterfall in the master bath.

They gasped in astonishment when he said, "Welcome to Heaven. This will be your home now."

The old man asked Peter how much all this was going to cost. "Why, nothing," Peter replied, "remember, this is your reward in Heaven." The old man looked out the window and right there he saw a championship golf course, finer and more beautiful than any ever built on Earth. "What are the greens fees?" grumbled the old man.

"This is heaven," St. Peter replied. "You can play for free, every day."

Next they went to the clubhouse and saw the lavish buffet lunch, with every imaginable cuisine laid out before them, from seafood to steaks to exotic desserts, free flowing beverages.

"Don't even ask," said St. Peter to the man, "this is Heaven. It is all free for you to enjoy."

The old man looked around and glanced nervously at his wife. "Well, where are the low fat and low cholesterol foods, and the decaffeinated tea?" he asked.

"That's the best part," St. Peter replied, "you can eat and drink as much as you like of whatever you like, and you will never get fat or sick. This is Heaven!"

The old man pushed, "No gym to work out at?" "Not unless you want to," was the answer.

"No testing my sugar or blood pressure or..."  
 "Never again. All you do here is enjoy yourself."

The old man glared at his wife and said, "You and your bran muffins. We could have been here ten years ago!"

# POST CARDS FROM DAYS GONE BY

By Christine Ehrat

I began collecting postcards a few short years ago. It is great to travel back in time and see buildings and structures that are still in our township, but it is also interesting to see what structures are not there anymore.

Lion Park was located where the current Centennial Fountain is at the intersection of Huron and Peel streets. To the left, you see the former Queen's Hotel and on the right, the Commercial Hotel. This card is known as RPPC (Real Photograph Post Card) and would have colour added to add flair. Notice the flag on the gazebo. Is it just me, or does that look like the Stars and Stripes?

## New Hamburg Felt Works and Foundry

Edward Merner established Hamburg Felt Boot Company, which is located at 166 Peel Street and backs on to Wilmot Street. Edward's brother, Frederick, operated a carriage works there before Edward's business. Merner's building was 280' x 40' and was two stories high. It was constructed in 1848; later construction in 1889 added an extension. The company made an extensive line of felt boots and shoes and created their own felt.



This photo to the left was possibly taken from the roof of the William Tell Block (Cook's Pharmacy). The large smokestack on the right was Hahn Brass. The smaller smokestack on the left was the stamping plant and currently is the location of Nith Terrace on Waterloo Street.

If you have any local history, photos, or trivia you'd like to share please let us know at [badenoutlook@hotmail.com](mailto:badenoutlook@hotmail.com)



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Pictured here is the William Tell Block, constructed in approximately 1885 by Samuel Merner. Today you can find Cook's Pharmacy located here on Huron Street. The small building on the right was Merner's blacksmith shop. Subway is now in the building where the blacksmith shop was.

**GREETINGS FROM  
NEW HAMBURG**



This card offers another view of Peel Street, again from Lion Park. If you look closely, you will see Murray's Clothing, Old Country Restaurant, Heart and Home, and Phidellia's. Notice the horses and buggies on the street. In the far distance to the left, you will see Zion United Church.



I found out about this train bridge only about a month ago. This postcard shows the elusive Grand Trunk Railway bridge on the River Nith. The bridge runs parallel with the Shade Street bridge. Many a child dove off that bridge, hoping the train did not come along. Some local gentlemen told me that they would go fishing in that location.



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Autumn is a second spring where every leaf is a flower. ~ Albert Camus

What a dry scorcher the summer was! I don't know about you, but I was so tired of watering. My water barrels stayed empty for a long time! I only water my food crops, planters, and new plantings until established. For the rest, it is tough love, resulting in droopy, sad plants. Will this become our normal summer? With climate change, be mindful of what works in your yard. Learn strategies to use to make your yard more drought hardy and use water wisely.

Gardening gained favour with COVID. With more time at home, more people gardened for pleasure and growing food. This was my year to give the garden a rest, as my family had big travel plans for the spring and late summer. As those plans evaporated, I had more time than ever and I enjoyed getting to long planned projects and trying more things. How about you? This year, the challenge was getting some of the plants you wanted, since things disappeared quickly from garden centers.

So for now, there is lots to do! Fruit and veggies are available in our gardens or local markets to freeze, can, or dry. For colour gaps in the garden, you can plant winter-hardy pansies and fall annuals (calendula, dianthus, ornamental cabbage and kale and plant spring bulbs. Bring in tender houseplants after rinsing (to remove bugs) and repot.

Here is a **Shoulda/Coulda List** for you for Sept/Oct.:

- Trim and divide perennials, renovate perennial border
- Plant shrubs & evergreens and mulch (you can use leaves)
- Take cuttings from geraniums & coleus
- Fertilize and overseed lawns as required
- In the veggie garden, sow a cover crop of winter rye or wheat to prevent erosion and add nutrients; till it under in the spring. An alternative is to cover with straw, hay, or leaves.

- Water all evergreens if dry, until the ground freezes
- Remove dead or diseased plants from the garden (diseased plants do NOT go in compost)
- Empty, wash, and store terra-cotta and clay containers in shed or garage. No room inside? Turn pots upside down and cover with a waterproof tarp.
- Harvest and store cabbage and root vegetables
- Sow seeds for frost-tolerant perennials
- If you want to extend your harvest, consider making a cold-frame or a makeshift greenhouse using row cover or plastic.
- Leaves will soon fall; they provide free fodder for your hungry composter along with grass clippings and spent vegetables.
- After the first frost, dig, dry, and store summer-flowering bulbs
- Divide and replant crowded fall-blooming bulbs after leaves yellow
- Rake leaves from lawn but leave them on the beds for mulch or compost.
- Cut off dead, fleshy foliage from plants such as peonies and hostas. For winter interest and to keep the birds happy, leave all the grasses and flowering plants standing. Yes, I know, neat freaks, try to let go!



**Checkout our Facebook page for updates and great gardening information, news and to share all things gardening.** [www.facebook.com/groups/3133495739996313](https://www.facebook.com/groups/3133495739996313)

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# Cook's Corner

What a wonderful tomato season. We've made chili sauce, pasta sauce, and salsa sauce. I don't always use a recipe when doing tomatoes but I do use this one each year. Whether you have Roma or Beefsteak tomatoes and you are looking for something different to make, give this a go — it's always a hit at our house.

## Salsa

- 5–8 cups chopped seeded peeled tomatoes
- let drain while preparing rest of ingredients
- 3/4 cup Spanish onion chopped
- 1/2 cup sweet red pepper chopped
- 3/4 cup sweet green pepper
- 1 hot banana pepper seeded and chopped
- 3 hot chili pepper or substitute 1 tbsp cayenne pepper flakes
- 1 large clove garlic
- 1 can tomato paste
- 1/2 cup white vinegar
- 2 tbsp white sugar
- 2 tbsp lime or lemon juice
- 1 1/2 tsp pickling salt
- 1 tsp paprika
- 2 tbsp chopped parsley
- 1 tsp oregano

*(If you want to change it up, it's very good when you toss in a can of corn niblets and black beans)*



## Tomato Facts ~ did you know?

- Tomatoes keep longer if you store them with their stems down.
- Refrigeration loses flavour and loses quality of tomatoes.
- One medium tomato has approximately 290 mg of potassium.
- Tomato seeds are not digested by the human body. They are often found growing in sewage works.
- When cooked, tomato's cancer-fighting properties are increased substantially.
- Eating tomatoes before bed can cause sleepless nights and digestion issues.
- Tomatoes are helpful in maintaining prostate, circulation, eyes, cancer, and wards off both constipation and diarrhea.

Mix altogether except for parsley and oregano  
Bring to boil stirring constantly  
Cook uncovered for 15 minutes stirring occasionally  
Add parsley and oregano  
Cook 10 minutes longer or until mixture thickens  
Pour into hot jars and seal



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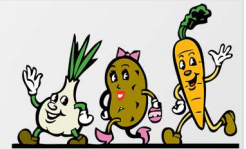
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## Storing Your Garden Harvests



Once you've dug your potatoes, lay them out on newspaper in a cool dark place to cure for a few weeks', do not wash them until use. Store potatoes in a cool, dry, dark place, not near the stove, heating vents, or near the sink. A ventilated and dry basement is a good option. Onions can be treated the same, but just don't put them side by side as gases from the onions can hasten sprouting in potatoes.

When pulling squash, be sure to leave a 1 inch stem which helps prevent rot, then rinse off dirt and lay them in a single layer. This will prevent damage from occurring to the rind. Properly storing winter squash requires you to cure the rinds to create an impervious barrier against moisture, insects, mold, and bacteria, which would break down the fruit more quickly. High temperatures and humidity are the conditions to create a hard rind. Cure the squash for 10 days in temperatures of at least 80 F. (27 C.) and 80 percent humidity. Then store winter squash in a temperature of 50 to 55 F. Good ventilation is necessary.

Small amounts of carrots and beets can be kept in ziploc bags in the refrigerator. For larger crops, take unwashed carrots/beets (make sure none of them are damaged in any way—those ones will spoil quickly) and cut off the leaves as close to the base of the edible part. Brush off any loose dirt and then place the carrots/beets in boxes full of SLIGHTLY damp sand, alternating rows of carrots/beets with rows of sand.



Kerilynn Mathers Jon Lambert Amy Williams

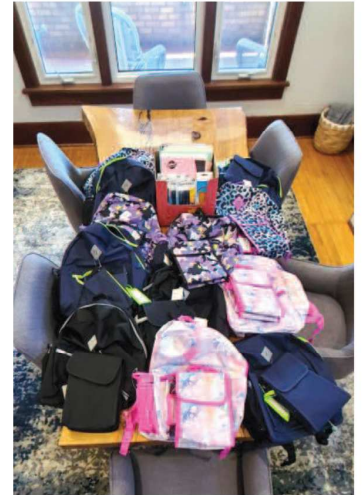
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*"Building trust one home at a time"*

We wanted to give a big THANK YOU to everyone that donated back to school supplies to help support The Wilmot Family Resource Centre with their backpack program.

We are so lucky to work in such a great community with so many wonderful people.

We hope everyone is having a great start to the school year!



"As first time home buyers, we were looking for someone we could trust to help walk us through the process and teach us along the way. We worked mainly with Kerilynn who went beyond all of our expectations. Through the entire duration of our search, she helped us to understand what to look for, how the market works, and drove us not to settle beyond our expectations of a home. We couldn't be happier with the end result of this and will definitely be back in the future." Connor and Julie



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## Golf Quotes... How was your season?

- ⇒ Give me golf clubs, fresh air and a beautiful partner, and you can keep the clubs and the fresh air. ~ Jack Benny
- ⇒ After all these years, it's still embarrassing for me to play on the American golf tour. Like the time I asked my caddie for a sand wedge and he came back ten minutes later with a ham on rye. ~ Chi Chi Rodriguez
- ⇒ I was three over. One over a house, one over a patio, and one over a swimming pool. ~ George Brett
- ⇒ The ball retriever is not long enough to get my putter out of the tree. ~ Brian Weis
- ⇒ If you think it's hard to meet new people, try picking up the wrong golf ball. ~ Jack Lemmon



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Submissions are due on the 1st of each month.



## Puzzle Answers

Answers to Baden Streets  
Crossword (page 24)

Across	Down
3. Foundry	1. Tannery
6. Sandhills	2. Louisa
9. Wagler	4. Snyders
11. Livingston	5. Charlotta
12. Miller	6. Stuckey
14. Brewery	7. Schneller
15. Mill	8. Forler
16. Charles	10. Gingerich
	13. Roth
	14. Beck

Answers to All Things  
Scrambled (page 5)

Positive Words	Professions
Joy	Chef
Love	Actor
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Agree	Doctor
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Ethical	Waiter
Special	Janitor
Fairness	Painter
Progress	Teacher
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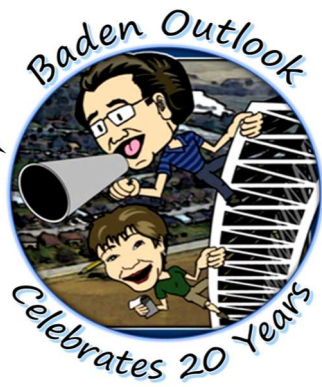
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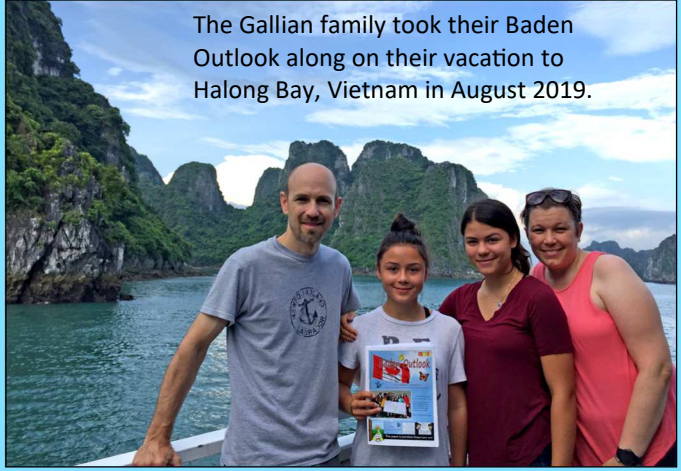
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The views expressed in this newsletter are not necessarily those of The Baden Outlook.



*Don't forget to pack your Baden Outlook when going on vacation!*



The Gallian family took their Baden Outlook along on their vacation to Halong Bay, Vietnam in August 2019.

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