

# Baden Outlook

Your Community Newsletter - With 2600 copies in circulation.





#### Inside this issue: Talking with Ed Interesting People 6 Meet Vernon Erb Gardening with Verda 9 **Black Walnut Tree** LookOut Kids Korner 17 Notes from the Attic: 18 Snyder Transport Ltd Health & Wellness 25 By Michael Fisher Outlook Baseball Pool 26 "Who's on first?"

"Keeping the Community Connected" © 2009 The Baden Outlook

Barry & Pat Fisher 178 Snyder's Road East Baden, ON N3A 2V6 Phone: 519-634-8916

Email: badenoutlook@hotmail.com

www.badenoutlook.com

## Annual Baden Chamber BBQ Serves Up Another Fine Feast



Another great turnout at the BBQ, with the Baden Chamber feeding over 200 people. As always, there was good food and great entertainment by Eric Traplin.



The BBQ was supported by Egli's Meat, Angies Kitchen, Stop2Shop, Teddy's Bakery, Baden Coffee Company, One Way Water, Herrle's Farm Market and The Baden Outlook.

Door prizes were provided by the Baden & District Chamber of Commerce, The Sales Wizard, LiveWell Massage Clinic and One Way Water Solutions.



This paper is priceless! Please have one!

Talking With Ed

# Nothing but Blue Skies at this Bluegrass

Over the past few years, Baden residents, Dan and Joan, have asked us to join them at one of the many Ontario Blue Grass Festivals they attend throughout the summer. My thoughts always drift off to the movie

"Deliverance"; but we decided this was the year. So on August 15 we took our trailer to Princeton (30 minutes south of Baden) for the second annual *Conestoga Trail Bluegrass & Gospel Festival*. We had no idea what to expect.

The admission for a three-day weekend pass fee is \$60 per person and includes RV parking and all the Bluegrass music you can absorb (day passes are available). Trailers were close to the main stage, which was convenient for this particularly hot summer weekend. There were eight bands, each playing for roughly 45 minutes per set throughout Friday, Saturday and Sunday morning and afternoon. If you missed a favourite band or just wanted to relax at your site there were plenty of other times to catch a set.

The assortment of bands were from across the country and – hailing from Kentucky, North Carolina, Virginia and Ohio. Each band had a booth set up where you could interact with them and purchase CD's and memorabilia. We managed to visit with the two-headliner bands – **the Wells Family** and **Junior Sisk and Ramblers Choice**. Junior's band came directly from Virginia for the weekend while the Wells Family had several gigs on the way up and back from North Carolina spanning over three weeks. Both groups have made music their full time vocation and are very talented and fan-friendly.

My wife Pat was toying around with a mandolin. Mandolin player Rob Tebworth, and his six-year-old son, from the group **White Pine**, took the time to visit our campsite and give her a fun lesson – which was very appreciated. Free workshops were available on Saturday mornings for most instruments.

After the last set on Friday night, many patrons invited friends to their trailers for jam sessions which we joined in. Sixteen of us were under two large tarps jamming the night away. I was the only non-musician or singer, but in hindsight I should have picked up the spoons or at least whistled. Several wandering musicians joined in to play and the session didn't end until after two a.m. It was an amazing evening.

The festival is the brainchild of Gerry and Fran Morgan. They purchased the 50-acre tobacco farm twelve years ago and held two small festivals each year for friends. They were so popular that Morgans decided to create a larger format event. The pair travel to Nashville each November to the Blue Grass Awards show and seek out the next year's talented guests. They already have many bands booked for next year's show. Their objective



These three boys (two four year-olds and a six year old) stole the hearts of the crowd (and their parents) as they gave it all, singing and playing "You are my Sunshine".

is to provide a high quality Bluegrass and Gospel Festival in a clean, safe and strictly family-oriented environment as well as to generate funds for the Brantford General Hospital and the Willett Hospital Foundation. They were very successful with this year's event, with top-notch talent, sunny days and balmy nights on their side.

Gerry and Fran have created a first class music venue that is supported by many volunteers. Attendance was up 60 per cent over last year! They raised over \$6,000 for the Willett Hospital Urgent Care Renovation Project at this year's festival. Hats off to the Morgans for providing a quality event so close to home. Next year's event is scheduled for August 13, 14 and 15. Plan on attending - it is more than worth the drive to Princeton. For more information on the Conestoga Bluegrass Festival visit www.conestogatrailbluegrass.ca. Until next month...Ed

#### **EXTRA!! EXTRA!!**



There are extra copies of The Baden Outlook available at Teddy's Bakery, Stop 2 Shop (Baden & St. Agatha),
Old Fashioned Variety (Petersburg), N.H. No Frills & Sobey's,
Short Stop, the New Hamburg and Baden Libraries and various businesses throughout Wilmot Township.

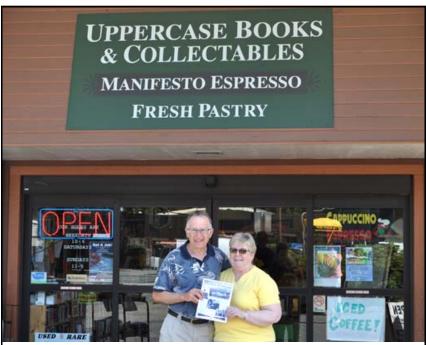
The Baden Outlook is a completely independent publication, not affiliated with or funded by any other printer, organization, individual or commercial enterprise.

Page 2 Baden Outlook

Ah Yes - More sun, rest and even more exciting destinations as The Baden Outlook continues to travel. Thanks for sharing your holidays with us!! More pics on page 4.



The Baden Outlook found its way to Cayo Coco, Cuba, with Jimmy Jams and the Dream Team for some fun in the sun!



While on holidays John and Linda Wagner got into the spirit of the photo travel feature. As you can see it was taken in front of another 'Uppercase Bookstore'. Rather than being in New Hamburg, this one is located in Snohomish, Washington (near Seattle). They will send a copy of The Baden Outlook to them.



Karolyn Fournier and Denise Huck (of Colour Paradise Greenhouse) took The Outlook along while in Chicago at a Garden Centre Trade show. Karolyn is in front of "Cloud Gate", a sculpture in Millenium Park.



Harold Albrecht with his grandchildren, Kanah and Talya Sanfilippo, at Victoria Falls in Zambia, while visiting his daughter and her husband.



# Please support the advertisers of this paper. We couldn't do it without them!!

Submissions are due on the 1st of each month.



More travelling with The Outlook photos



Jessica Van Vlymen and her mom, Sandy, in front of the Trevi Fountain in Rome. They were in Italy for three weeks for some motherdaughter time. Jessica had been living in the Netherlands as an au pair (nanny) for the past



Samantha and Sierra Simpson sharing their "Outlook" in "The Villages, Florida" this summer. They were on vacation with their mother Su Simpson and Grandma, Marg Leppington, also from Baden.



Carol Hoffard (Harold Albrecht's assistant) standing at the foot of the Wallace Monument in Stirling, Scotland.



Don't forget to take us with you!

## STOP2SHOP

118 SNYDER'S ROAD EAST, BADEN / 519-634-5269

It's Back to School & We have more great deals for you!

STOP2SHOP

Wonder Bread White / Whole Wheat

\$1.49

With coupon until Oct.15

Vachon Cakes
2 / \$4



With coupon until Oct. 15

Lunch Mate Snackers
\$1.50

STOP2SHOP

With coupon until Oct. 15

Milk 4L Bag
\$1 off

STOP2SHOP

With coupon until Oct. 15

Page 4 Baden Outlook

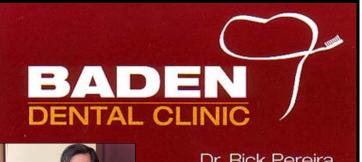
## Ed's Syllable Sillies

Fill in the answers to the clues by using all the syllables in the sylla-box. The number of syllables used in each answer is in brackets. The number of dashes indicates the number of letters used for each answer. Each syllable may only be used once.

Here is an example: Spring flower (3) \_\_\_\_\_\_ (answer: daff/o/dil)

an ba brace cau dal draw em er faw flow for gage gle gle guf hag i jour ka la lev li li lil lug ma mu ney nup put tate tial tian tri with zoo

1. A weapon or bubble gum (3)
2. To hug; accept willingly (2)
3. Suitcases (2)
4. Travel from one place to another
(2)
5. A prescription or recipe (3)
6. A vegetable (4)
7. To rise in the air (3)
8. Pertaining to marriage (2)
9. A loud outburst of laughter (2)
10. A shorthaired dog (3)
11. Three-sided (3)
12. Take away; remove (2)
13. To argue or barter (2)
14. A land of tiny people (3)
answers page 20





Dr. Rick Pereira BSc, BA, DMD

For an appointment, please call 519-634-1112
26 Foundry Street, Baden

Nancy & Dr. Rick Pereira

- Emergency patients always welcome
- Evening appointments available
- Complete family dental care

Conveniently located close to home

We welcome new patients



WILMOT HERITAGE FIRE BRIGADES

The WHFB is now accepting bookings for school group tours of the Fire Museum.

**Cost: By Donation** 

Call Blain at 519-634-8153 for information.

Watch for us during Fire Prevention Week in October!



73 PEEL ST, NEW HAMBURG, ON N3A 1E7

Phone: 519-662-6720 Fax: 519-662-6719

E-mail: sales@focuscomputers.ca



Having computer troubles? Call Focus Computers. Our computer technicians will come out to your house or bring it to the shop for service or repairs.

We sell new and used systems, accessories, laptops, monitors, printers. Come check us out!

Focus has been serving the Community for over 13 years!



Hours of operation:

Monday to Wednesday 10 am -5 pm Thursday 10 am -6 pm Fríday 10 am—7 pm Saturday 9:30 am—3 pm

#### Interesting People ... Meet Vernon Erb - Travelling a Road that Never Leaves Home

"Welcome Home!" the simple sign warmly proclaims. And while its message greets visitors and staff who arrive at the massive Erb Transport facility on Gingerich Road in Baden, it's really meant to welcome home the drivers who work for Erb, after they return from travelling. And like the drivers he employs, Vernon Erb -- the man who started the company -- knows the value of home, of family and friends and of a welcoming smile.

Vernon Erb was born and raised on a farm in Wellesley, and as every farmer knows, trucks are a big part of farm work. "For some reason," Vernon explains, "I was always attracted to trucks, from a very young

age." Despite his father's hope that Vernon would choose a different career, this love pushed the young man toward trucking. "I told my father I'd drive truck for two years to get it success: "The dedication of our people, quite a few of whom out of my system," he recalls. "I found it hard -- I put in some long hours -- but I enjoyed it."

"Enjoyed it" might be an understatement: Vernon had decided to make trucking his life's work. By 1958, Vernon had married Viola, and had stopped driving long-haul transports in favour of local feed runs which allowed him to stay close to home with his young family. Even with his growing interest in trucking, Vernon found ways to balance the demands of his career with the importance of family in his life.

Indeed, it was his wife. Viola, who in 1959 had perhaps the most significant impact on the future of Erb Transport. Soon after Vernon and Viola were married, Route 19 from Stratford to Milverton was being rebuilt, and the job required drivers to deliver gravel. "I discussed it with Viola, then bought a worn-out 1956 International dump truck." The work was incredibly difficult, though, and after one week Vernon had had enough. He drove the truck back to where he had purchased it and left it there to be sold.

"Well,

at supper that night, I told Viola what I had done," he laughs. "And it was the first time she'd been really stern with 



me." The young Mrs. Erb gave her husband this serious message: "Your father told me that when the Erbs start something, they are determined to complete it". Chagrined, Vernon agreed (with Viola's help on the bookkeeping end) to try again, and the rest is history. "It was Viola's encouragement ... I wanted to prove to her that I was the person she thought she'd married."

The strength of family and friends has always been the foundation for the company. As the years passed Erb Transport grew, thanks to the hard work of Vernon and Viola as well as the encouragement of the Baechlers (who sold Erb Transport their egg route) and Milo and Ross Shantz, who furthered the

young company's refrigeration business. Indeed, Vernon credits a strong family and friendship base for Erb's became shareholders, meant we had faith we would survive."

When Vernon talks about the company he began 50 years ago, it's always the people he credits with his success. "Customers value our service provided by excellent drivers who have the respect of our clients and who work hard to please." He continues to explain that "we are blessed with excellent people, and our employees and family have been very supportive -- some have been here over 40 years."

Today, Vernon's son, Wendell, is the General Manager, having replaced his father at the helm in 1999. And Vernon? Well, the long road of growing a hugely successful business and a strong network of family and friends has kept him grounded at home. Today, he owns a 95-acre farm and cash crops it, operating the types of trucks and machinery he loved as a child. "Fifty years from where we started passed very rapidly," he smiles. "I've been blessed with excellent employees and family." Yes, fifty years is a long time to truck ... but it's a joyful journey when your family and friends are there -- when you never really leave the "welcome home."

By Teresa Brown



Dr. Rebecca Ricker & Associates 50 Foundry Street Baden ON N3A 2P6 519-634-8880

- In house laboratory
- Surgery
- Preventive Medicine Grooming
- Prescription Diets
- X-rays
- Dentistry
- Puppy Classes



New Clients Welcome!





DOUG WAGNER. CFP FINANCIAL ADVISOR 662-4001

GIC Rates as of September 11, 2009							
1 YR	3 YR	5 YR	TERMS AVAILABLE				
1 75%	2 45%	3 25%	30 DAYS A				

TERMS LABLE FROM AYS AND UP

All companies are C.D.I.C. members.

The best choice is here®



Page 6 Baden Outlook

#### **Get Over It Performance Horses**

#### RIDING LESSONS

- Beginner to Advanced
- Professional atmosphere with well trained horses and ponies
- Small groups
- Opportunity to compete
- Indoor arena and two sand-rings
- Adult Beginners Welcome
- Horses and ponies for part board

Trussler Rd. between Bleams and Huron



Krystal Johnstone

519-577-5867



Ryan & Stacy Waters 55 Snyder's Road W., Baden, ON 519-634-5225



POSTAL OUTLET \* LOTTERY \* GROCERY RESTAURANT \* PHOTOCOPY \* FAX MOVIES \* ICE CREAM \* DRY CLEANING FRESH BAKING DAILY!!

#### Order your Thanksgiving Treats today!

- Pumpkin and Pecan Pie
- Carrot Cake
- Rolls, Breads
- Sugar Cookies





Let us cater your Thanksgiving dinner -Order your turkey now!

Restaurant open Seven Days A Week Dinner Served Wednesday-Saturday 5 pm

#### "Get It Together"

...with Donna & Rhonda

We continue our "trip around the house" and this month bring you organizing tips for your craft area.



Are you a creative person who has a variety of projects on the go at one time? Do you have a collection of unfinished projects? Let's consider each of these scenarios. If you have lots of active projects on the go at one time, consider setting up "project boxes". It allows you to keep everything contained and it gives visual appeal for storage. When you are going to work on a project you have everything together and you can take your "project box" to your work area. Tidy up is quick; as well, everything has a "home" and is quickly contained. Often times crafters have a collection of unfinished projects. Sound familiar? If you are feeling guilty and overwhelmed in this area, then bring all those projects together and make a list of them on paper. Then take some time to reflect on that list. IF you had 30 minutes to spend doing something that you enjoy, which of those projects might you choose? Any one that leaves you feeling less than enthusiastic should be crossed off the list!! Llfe is TOO short to spend your precious leisure time doing things you don't enjoy. The New Hamburg Thrift Shop is a great place to donate partially completed projects. Eager volunteers take them home to be completed and return them for sale. It is within your power to free yourself from the quilt of looking at half finished baby quilts and overly zealous knitting and crocheting projects!

To learn more about "Getting It Together", visit us at www.heartofthematter.ca

*In order* . . . . to live a life of purpose

We're on the Web! Visit www.badenoutlook.com

## Elwood Painting | Artisan

Is now a Sears Painting Service Licensee 519-897-5838

- \* Interior / Exterior
- Call for free estimate
- Fully Insured
- \* All major credit cards accepted
- Inquire about our finance program



#### More Fun with the English Language

- 1) The bandage was wound around the wound.
- 2) The farm was used to produce produce.
- 3) The dump was so full that it had to refuse more refuse.
- 4) We must polish the Polish furniture.
- 5) He could lead if he would get the lead out.
- 6) The soldier decided to desert his dessert in the desert.
- 7) Since there is no time like the present, he thought it was time to present the present.
- 8) A bass was painted on the head of the bass drum.
- 9) When shot at, the dove dove into the bushes.
- 10) I did not object to the object.
- 11) The insurance was invalid for the invalid.
- 12) There was a row among the oarsmen about how to row.
- 13) They were too close to the door to close it.
- 14) The buck does funny things when the does are present.
- 15) A seamstress and a sewer fell down into a sewer line.
- 16) To help with planting, the farmer taught his sow to sow.
- 17) The wind was too strong to wind the sail.
- 18) Upon seeing the tear in the painting I shed a tear.
- 19) I had to subject the subject to a series of tests.
- 20) How can I intimate this to my most intimate friend?

Let's face it - English is a crazy language. There is no egg in egaplant, nor ham in hamburger; neither apple nor pine in pineapple. English muffins weren't invented in England or French fries in France . What are we talking about?!.



## RIVERSIDE LANES



182 Union Street, New Hamburg

#### REASON #5 TO GO BOWLING

There are hundreds of reasons to go bowling - like parties - it's easy on your wallet, and fun for everyone! So throw a party you'll all love!

Just another reason to GO BOWLING!

Public bowling available on weekends -Cosmic or Regular - call for times.

Call now to book your lane at 519-662-1938

# please Take Card



**PAVESTONE & RETAINING WALLS INSTALLATIONS & REPAIRS** 

Sidewalks, Patios, Driveways, Steps, Retaining Walls, Planters CALL FOR A FREE ESTIMATE / DESIGN

#### Mark Soehner

47 Schneller Drive Baden, Ontario N3A 2L5

Phone/Fax: 519-634-9792 Cell: 897-7587 Email: msinterlock@rogers.com



PAINTING AND DECORATING

INTERIOR/EXTERIOR \* FAUX FINISH Call for Free Estimate Quality Work - 20 Years Experience

Call Debbie (519) 662-6210



Custom Window Treatments •

Benjamin Moore Paint •

Wall Coverings •

Benjamin Moore &

Reynold & Kathy Skowron

85A Huron Street, New Hamburg, Ontario N3A 1K1 Phone: (519) 662-1142 • Fax: (519) 662-9067







Corner of Nafziger Road & Highway 7 & 8 **FARM - PASSENGER - TRUCK** 

(519) 662-4990 • Fax (519) 634-5576 **New Hamburg, Ontario** 

Baden Outlook Page 8

On our country property we had a small woodlot, about 10 percent being Black Walnut trees, one of the most valuable hardwood species in North America. At the edge of the woodlot we planted a shelter belt of Silver Maples and Eastern White Pines. As these trees were about to reach maturity, they began to die. We could not understand the cause of these premature deaths.

A gentleman contacted me who had a large mature Black Walnut tree removed from his yard; and I was asked to design an attractive landscape for the area where the Walnut tree had grown. While I was aware that Black Walnut trees release a toxicity called Juglone, into the surrounding soil, I did not have a comprehensive understanding of the problems this toxicity can cause.

I embarked on a period of extensive research. To my surprise I discovered that most of the research regarding toxic effects on surrounding plants had been conducted on edible garden plants. Much less had been done on ornamental plants, trees and shrubs. Adding to my surprise, I learned that the premature death of our trees was likely caused by the toxicity of the Black Walnut trees close by.

There were a number of questions to which I needed answers.

**First** - To what extent around the tree does Juglone ooze?

—I learned that the toxic zone from a mature tree extends to

LIVE Well

26 Foundry Street, Unit 1 Baden ON, N3A 2P6 519 634 9819 (By Appointment Only)

Accepting new clients
Children are welcome
Deep tissue and relaxation
Pre natal massage
Rehabilitative and preventive care
Gift Certificates available
Covered under most health plans

MASSAGE THERAPY, ION DETOX, CUSTOM ORTHOTICS

the drip line of the branches but may extend some distance beyond. The largest concentration of Juglone, however, will occur within the drip line

**Second** - Is the Juglone Toxicity confined to the roots of the Black Walnut?

—Some sources indicate that the leaves, hulls, nuts and bark from the



tree contribute to the soil toxicity. Other sources indicate this is debatable but may depend on the natural resistance of some plants to the Juglone. Three sources indicate that leaves should not be added to the compost, but should be sent to the landfill. Another source states that leaves can be composted because toxins, when exposed to air, break down rapidly. Still another source suggests composting them separately then testing for toxicity by planting tomato seedlings in this compost. The seedlings will quickly die if the Juglone ratio is high. All sources tend to agree that the husks, nuts and bark should not be allowed to decompose in the soil and the sawdust or bark chips should not be applied to flowerbeds or the garden.

Following is a brief list of plants known to be tolerant to Juglone toxicity:

Hollyhock; Campanula; Cranesbill; Bee Balm (Monarda); Primrose; Common Daylily; Coral Bells; Siberian Iris; Calendula; Salvia; Marigold; Zinnia; Clematis 'Red Cardinal' and 'Montana'; Crocus; Snowdrops; Japanese Maple; Black Locust; Crabapple; Corkscrew Hazel; Euonymus 'alata' (Burning Bush); Forsythia; Rose of Sharon; Common Lilac.

For a comprehensive list of Plants, Shrubs, Trees and Vegetables go to

http://www.gardenserenity.com\juglonetolerant.htm

Here are some interesting facts about the Black Walnut:

- 1. Because the tree requires rich well-drained loam, which is slightly alkaline for good growth, early pioneers in search of land for a homestead would look for Black Walnut trees. This was considered fertile land.
- 2. In the 1930's the walnut husks were ground into a type of "meal" which was then used as an insecticide.
- 3. The husks of the Black Walnut were once in great demand. They were made into high quality coal for use in the filters of gas masks during World War I.

A Black Walnut seedling is difficult to transplant successfully, because of it's extremely long tap root. When planted as an ornamental or shade tree, it requires considerable space to reach its full size. Squirrels love this tree and will soon create a forest in the neighbourhood.

#### **Baden Branch Library News**

Good news! There are NEW WEDNESDAY EVENING HOURS at the Baden Library, beginning Wednesday Sept. 23 from 6:30 – 8:30 p.m.



Check out the fall programs offered at the library - **Baby** Storytime, Storytime for 3-5 year olds, Kids Book Club and Adult Beginner and Intermediate Computer Classes. Please call the library for more information and availability. **Due to** space limitations, registration is limited for ALL library programs.

The One Book, One Community Author Reading will be held on Wednesday Sept. 16 from 1:30 – 2:45 p.m. at Waterloo Oxford District Secondary School, Baden. Meet the author of The Book of Negroes, Lawrence Hill. Admission is free and everyone is welcome! For the complete author readings' schedule or for more information about the book, visit the website at www.oboc.ca or call RWL headquarters at 519-575-4590.

If you liked **The Book of Negroes**, check out these other titles:

- Black Berry, Sweet Juice By Lawrence Hill
- Underground to Canada by Barbara Smucker
- In Another Place, Not Here by Dionne Brand
- The Hanging of Angelique by Afua Cooper
- I've Got A Home in the Glory Land by Karolyn Smardz

**Did you know?** The library has a room available for quiet study, tutoring or meeting space. Please talk to library staff to reserve the room or for more information.

**Lost and Found Items:** There are a few items that have been left behind at the library over the busy summer. Please check with library staff if you are missing something.

Contact the library at 519-634-8933 or by email at badenlib@region.waterloo.on.ca Check the website for up-to-date information at all ten library branches - www.rwl.library.on.ca

Chris Baechler, Assistant Supervisor - Baden Branch

#### **BADEN BAGATELLE**

- This year's Ambassador of the Fair contestants and sponsors are as follows: Teela Airdrie - New Hamburg Optimist Club; Kelsey Gardner - New Dundee Board of Trade: Kavla Cressman - Baden Chamber of Commerce: Stephanie Keller – New Dundee Women's Institute; Tara Otto – New Hamburg Lioness Club; Megan Moore - Kathryn Ritz and the New Hamburg Board of Trade; and Danica Spencer – Wilmot Optimist Club. Good Luck to all!
- This year's Wilmot Citizens of the Year awards have been announced and the winners and categories are as follows are as follows: Peter Postrozny – Athletics: Steve McDonald – Community Service; Wayne Buck – Environment; Allen Peck – Senior Category; Nancy Knowles – Culture; Caitlyn Rogers – Youth; and a special award to swimmers Jamie Doucet and Sarah Sine. Congratulations to all winners!
- TCP has announced their production for 2010 which is the musical *Cats*. This should be a purrfect production for the ensemble to take on.
- Two more businesses have opened their doors in Baden! Simply Scrumptious and The Little Things are ready to look after your sweet tooth and wardrobe and are both located on Snyder's Road East near the tracks. Drop by and greet these new businesses!
- On September 1, there was a sod turning at the new Sir Adam Beck School in Baden. The school will hold 450 children and will open in September of 2010.

Helping you is what we do. ROYAL LEPAGE



"Free market www.royallepage.ca analysis and free cruise for every buyer or seller." - Call for details.



Alina Telescu - Sales Representative RoyalLePage, Wolle Realty Brokerage 842 Victoria St. N , N2B 3C1 office: 519-578-7300, cell: 519-504-2588 BUY/SELL/LIST and cruise for FREE (airfare, taxes, not included)

#### J.R. Auto Service

SERVICE & REPAIR TO ALL MAKES & MODELS HIGH PERFORMANCE MODIFICATIONS

#### JIM ROTH

1439 Gingerich Rd., Unit B-1, Baden, ON N3A 3J7

PH (519) 634-5986

FAX (519) 634-8667



Kristen Hahn

81 Peel St. New Hamburg, ON N3A 1E7 Ph. 519-662-3535 Fax. 519-662-1110 info@uppercasebooks.ca www.uppercasebooks.ca

Page 10 Baden Outlook

# Simply OPENING SEPTEMBER 22 Crumptious

21B Snyder's Road East, Baden 519-634-9797



Gift Boutique specializing in ... Handmade Chocolates Gourmet Food, Gift Baskets

> Hours: Tuesday—Friday 10 am—5 pm Saturday 10 am—4 pm, Closed Sunday & Monday

#### **RUN FOR THE CURE**

The "Baden Believers" team will be walking/jogging/running on October 4th in the Run for the Cure in Kitchener.

We would love to have more people join our team! We have a goal of \$1,000 we would like to reach, and we are already 85% of the way there!



Please help us reach our goal by donating, or by joining our team, and getting more donations from your friends and family.

There is a Facebook page you can join for more information —type in 'Baden Believers' in the search box.

You can also join our team at www.cibcrunforthecure.com - when you register, join team, and then search Baden Believers.

We would love to have more members of the community join us, so THINK PINK!!

Contact Angela Designations if you have any questions at sparky 1@primus.ca





# MRS 2000 Pulsating Magnetic Resonance Stimulation System

- · Muscle Relaxation
- Stress Relief
- Pain Management
- Improves sleep and energy levels

Call Debbie Norenberg today for your

**FREE** consultation 519-662-6210

#### Why Marriage is Not 50/50

By Mavis Kerr, M.D.

As a Marriage and Family Therapist, I frequently work with couples in conflict. Often, each partner believes that he or she is giving more to the relationship than the other half of the couple. One often complains that the relationship does not "feel" like it is 50/50. I am usually met with surprise when I declare that, actually, most stable relationships are more like 70/70.

What do I mean by that? Imagine my husband is working to a stressful deadline. He enters the house with dirt on his feet and tracks across a newly washed floor. My first inclination is to remind him of his error (in no uncertain terms), but instead, I might decide just to clean up quietly and let it go this time, since he is under fire. When I am in a relationship, I am acutely aware of every time I give that little extra effort, or when I hold back from the hurtful comment on the tip of my tongue. My other half is totally unaware of these quiet gifts of kindness or restraint .

He, on the other hand, also knows each time he bit his tongue, saved the last of my favourite cookies for me, or cleaned up after the cat, unbeknownst to me.

Thus the perception of each of us is that "I am giving more than 50%". When you realize this inevitable distortion, it somehow makes it easier to let in the possibility that your spouse is more giving than you thought.

Some couples, upon learning this, will begin a playful routine of checking in at the end of the day to get a hug for each of their "silent saintlies". No cheating!

Mavis Kerr is a Registered Marriage and Family Therapist in private practice at Southern Ontario Counselling Centre. She can be reached at 519-746-2323 Ext. 302. More information is available at www.socounselling.com

## Nith Valley Animal Hospital



FULL VETERINARY SERVICES FOR YOUR PET

78 Huron Street, New Hamburg Phone: 519-662-2749

24 Hour Answering for our clients.

"Keeping the Community Connected"



Don's Upholstery

148 PEEL STREET, UNIT 1, NEW HAMBURG 519-662-6998

RESIDENTIAL \* COMMERCIAL
REUPHOLSTERING \* REBUILDING \* RESTYLING
CUSTOM BUILT FURNITURE

**OVER 20 YEARS EXPERIENCE** 

OFFERING FOR LIMITED TIME 15% OFF ALL FABRICS 20% OFF FOR SENIORS

We custom make patio furniture cushions, weather proof covers for any furniture. FREE ESTIMATES



We are also at the Baden Market—please come by and say hello

Page 12 Baden Outlook

#### **Dreaming of School**

Heading back to school and getting back to regular routines is such a big part of the North American culture in which we live. September brings with it feelings of a new beginning.

Many of our world's children will never experience this feeling. For more than 70 million children, going to school remains a dream just out of reach. Their days are filled with demands of survival or with domestic chores. Children who experience education gain confidence and skills that enable them to improve their lives and their communities. Mennonite Central Committee (MCC) is working hard to provide educational opportunities for children in need.

Through **Global Family**, MCC's education sponsorship program, sponsors help make creative, community-based education available to children and young adults. Examples include: schools; pre-schools; libraries; schools for the disabled; programs for street children and orphanages; art workshops; university education; vocational training programs; and HIV/AIDS education. To keep administration costs low, but keep sponsors informed, Global Family participants will receive two updates annually, including stories and photos of the program they are supporting. **Sponsoring a child costs only \$25 per month**.

MCC School Kits are another way we can assist eager students needing support. They are the most requested item and are given primarily to refugee and displaced children; this helps students and teachers add some normalcy to disrupted lives. Also, areas that have experienced natural disasters receive them with joy. MCC sends school kits to children in places such as Bosnia, Haiti, Honduras, Iraq, Liberia, Nicaragua, North Korea, Russia, Serbia, and Ukraine and to poorly funded schools in Canada and the United States. In 2008 MCC shipped over 120,000 school kits. School Kit contents include: 4 spiral or perforated notebooks (about 8.5"x10.5"/140 sheets), 4 unsharpened pencils, 1 ruler (flat, flexible plastic; indicating both 30cm and 12"), 12 coloured pencils (in packaging), 1 large pencil eraser.

New Hamburg Thrift Centre 41 Heritage Drive New Hamburg 519-662-2867



#### Students!

Interested in giving back to your community?

We have volunteer positions available Friday nights and Saturdays.

(Hours qualify towards high school diploma requirement.)



All proceeds benefit the work of Mennonite Central Committee

#### **REGULAR HOURS**

Mon-Thurs 9:00 am - 5:00 pm Fri 9:00 am - 8:00 pm Sat 9:00 am - 4:00 pm

While conducting your own back to school shopping, could you pick up some extra items for a needy child? Items can be brought in to the New Hamburg Thrift Centre. Or, will you join Global Family in making the dream of education come true?

For more information, please visit www.mcc.org or pick up a pamphlet at the store.

# New Parents, Busy Home and Family?

# Parents Together

Structured Activities for your Preschool Children Support, Discussion Groups and Guest Speakers for You Facing Challenges Together

> Starting again September 23, 2009 Wednesdays 9:30-11:00 am

> > St. James Lutheran Church Mill Street, Baden

Information and To Register:

Chris: 519.634.5929 Arlene: 519.634<u>.8904</u>

A Free and Joint Program of Safe Pasture and St. James

Volume 10, Issue 2

Page 13

WORD SEARCH - KEEPING IT LOCAL ... The names of 27 places within easy driving distance are hidden in the grid. A variation this month: there are NO remaining letters and included are some words used in daily conversation. You will find them horizontal, vertical, backwards, and diagonal. Have fun!! - Submitted by John Westlake.

М	Н	S	E	В	A	S	Т	0	P	0	L	S	D
I	0	Т	A	<b>&gt;</b>	I	S	Т	0	C	K	A	E	A
E	P	D	A	Н	Т	A	G	A	T	S	w	Y	Е
Н	E	Н	0	М	E	A	М	U	L	R	E	E	R
N	Т	N	I	Н	A	Y	s	V	I	L	L	E	A
N	E	E	P	L	A	Т	Т	S	٧	I	L	L	E
A	R	w	T	W	I	L	М	0	T	Н	E	R	P
М	S	D	Н	0	N	P	w	0	D	S	S	A	S
D	В	U	G	A	R	0	S	E	٧	I	L	L	E
N	U	N	I	Н	М	0	Т	В	E	S	E	I	K
A	R	D	R	Т	Н	В	N	w	ט	L	Y	S	A
R	G	E	В	A	S	Т	U	Т	E	R	0	В	Н
G	R	E	В	М	A	В	I	R	0	N	G	0	S
D	R	0	w	A	s	н	I	N	G	Т	0	N	P

AMULREE
GRAND
<b>NEW HAMBUR</b>
PLATTSVILLE
ST AGATHA
WILMOT
AYR
HAYSVILLE
NEWTON
POOLE
TAVISTOCK
WODSS
BADEN
LISBON
NITH
ROSEVILLE
TORONTO
BAMBERG
MANNHEIM
<b>PETERSBURG</b>
<b>SEBASTOPOL</b>
WASHINGTON

**NEW DUNDEE PHILIPSBURG SHAKESPEARE** WELLESLEY **EXTRA WORDS INCLUDED ARE:** HOME **PALS YES HOPE WORD MATH** READ **ASTUTE MOTHER** 

**BRIGHT** 

Answers are on page 23



25 Byron Street

New Hamburg, ON N3A 1P1



519-656-3355

1215 Queen's Bush Rd., Unit 2 Wellesley, ON NOB 2T0

#### **We Welcome New Patients and Emergencies**

- Dr. Miyen Kwek
- Dr. Manning Chiang
- Dr. Ruth MacCara
- Dr. Prabhdeep Sandhu.

Proudly serving Wilmot Township for over 30 years.

#### WE OFFER THE FOLLOWING SERVICES:

- General and cosmetic dentistry
- Preventive dental care
- Emergency dental care (seen the same day)
- Braces and orthodontics for children and adults
- Oral surgery (including wisdom teeth)
- Crowns and bridges
- Implants and dentures (to replace missing teeth)
- Root canal treatment
- Bleaching/whitening
- Headache/migraine control (related to TMJ)

Page 14 Baden Outlook

# my pet. my home. 15 foundry street, baden, ontario, n3a 2p8 519.634.8392



Spoil your pet Spoil your baby Spoil yourself

Pet Boutique & Home Décor

tues-wed 9:30-5:30

thurs-fri 9:30-8:00

sat 9:30-4:00

sun 12:00-4:00

#### SAVE

20% off any purchase over \$25

- not valid with other specials
- coupon must be presented at time of purchase
- limit one coupon per customer

#### my pet. my home.

for design conscious pets and their humans



15 Foundry St. Baden 519.634.8392 Expires Sept. 30/09

#### WILMOT FAMILY RESOURCE CENTRE

#### *FALL PROGRAMS*

#### **Preschool:**

For children ages 3-4 years of age: Tuesday and Thursday mornings from 9:30 -11:45. The mornings are play-based with a fun new theme each week. A structured circle time includes days of the week, songs, stories and fingerplays. Preschool is packed with dramatic play, crafts, sensory, fine and gross motor fun. Spaces available, program begins Sept. 22. Call or email for more info or to register your child.

#### **Kids In Motion:**

Tuesday after school from 4-5 pm, for children age 5-10 years old at New Hamburg Arena (Jacob St.). We are happy to have Centre Stage Dance Studio as well as Absolute Fitness working with us to provide the children with an active fun filled hour! Pre registration is required. Program begins September 22.

#### **Teen Fun Zone:**

A supervised youth drop in /skateboard park available Thursdays from 4:30 to 8:30 at the New Hamburg Arena (Jacob St.). Youth from grades 5 to 12 welcome! The cost is minimal...just \$2 per visit. Skateboarding, inline skating, foosball, playstation, tuckshop, and more!

Teen Fun Zone will reopen for the season on Thursday, October 1, 2009.

#### Parent & Child Drop In:

A time to get together in an informal setting to socialize, meet new friends and create a craft. Come and join us! For children from birth – 6 yrs and their parents/caregivers. Mon. and Wed. in Wellesley; Tues. in Baden; Wed., Thurs., and Fri. in New Hamburg. Please call for more information.

#### **Infant & Toddler Drop In:**

This **new** drop in is just for children from birth -3 yrs and their parents. Come to play, sing songs and meet other parents in your community. Starts Monday, September 28<sup>th</sup>, 10 am – 11:30 am

For more information about our programs and services Call 519-662-2731 or visit our website www.wilmotfamilyresourcecentre.ca

#### **ATTENTION READERS:**

IF YOU DO NOT RECEIVE YOUR PAPER...

#### REMEMBER:

The paper is put into all Baden residential mailboxes, UNLESS YOU HAVE A JUNK MAIL BLOCK.

Please call your postal station to have it removed or simply pick it up at the many drop off locations.



Krista Carere AFC/PTS/ZNC/CPR

519.591.6637 target@rogers.blackberry.net

> 194 Brenneman Drive Baden, ON N3A 4N3





#### **Livingston Presbyterian Church**

Mill & Beck St., Baden will be hosting a

Homemade Apple Dumpling Fest
Tuesday, September 29th
6:00 to 8:00 p.m.
\$6.00 per person
Beverage included.
Take out available upon request.

#### Scouting needs YOU!

Registration Night is September 15th at Beck Hall from 7:00 P.M. – 8:00 P.M.

We are looking for Youths and Adults to get involved in our Group and have fun!

(Youths are both Girls and Boys)

Beavers – 5 to 7 ½ years of age

Cubs – 8 to 10½ years of age

Scouts 10½ to 14 years of age

Leaders 18 years of age and over

Call Sheila Bayne 519-662-3430

This space is generously donated by Erb Transport to support community events

#### **SUPPORT GROUP FOR PARENTS**

Parents linked with our Community to assist in the need for Support, Awareness and Empowerment against narcotics.

Monday evenings at 8 p.m. Trinity Lutheran Church 23 Church Street, New Hamburg Martin Luther Room (upstairs)



## Girls Club

Join us at Baden Girls Club where we meet new and old friends, do crafts and have fun. We meet every 3rd Tuesday night of the month, starting September 15th with a 'getting to know you' bonfire and ending May 18th with our annual Mystery Banquet. Cost is \$20 per year.

> 7:00 - 8:30 p.m. at Wilmot Mennonite Church, 2995 Bleams Rd, NewHamburg. All girls (grades 3 to 8) are welcome! Non-Denominational. For more information please contact Marcia at 634-5960.

Murder Mystery-October 23, 2009 at 7 p.m.

Welcome to Castle Kilbride c.1922 a time when decadence and wealth reached a whole new level. Join us now, as champagne flows, jazz echoes through the halls and lipstick flappers flirt with gangsters. Oh yes, and be sure to watch and listen carefully...because like the 1920s, the good times at Castle Kilbride might come to a halt with a crash. (Script written by playwright and author Teresa Brown)



#### **Vinyl Graphics**

Custom wall art, nursery / children's theme rooms, phrases, decor etc. Signs and Store Fronts Auto and Fleet Decaling Banners

#### **Glass Etching**

Wine glasses, mugs, candles, etc.

#### **Clothing and Apparel**

Vinyl and silkscreen Shirts, hats, bags, etc. 519-570-6219 Baden, Ont scott@gandmcreativedesign.com www.gandmcreativedesign.com

#### **Allegro Music**

Providing in-home lessons in

\* Violin \* Voice \* Piano

\* Guitar \* Viola \* Cello

and \*Accordion

Fun, Professional, Affordable



Call 519-221-2798 or Email: allegromusic@rogers.com

Baden Outlook

# LookOut Kids' Korner

You Must be Joking!

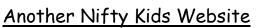
Pupil: Will you punish me for something I didn't do?

Teacher: No, of course not!

Pupil: Oh good - because I didn't do my homework.

#### Everyone in the Pool!

In this year's hockey pool we have made a separate category for kids 12 and under. We will be keeping the kids stats on a separate pool listing and we will have prizes each month (and bragging rights). So don't delay! Fill out the pool entry form and drop it off at the Baden Outlook World Headquarters at 178 Snyder's Road East right here in Baden.



Here is another cool website that kids of all ages will enjoy. Go to www.yahookids.com to find a wide variety of games – arcade, board and tile, cards. Also on the site are jokes, Ask Earl, E-Cards, Horoscope, Sports and the latest news on all your favourite celebrities. Check it out!



#### This Guy has Flipped his Coin

In November 2006 Canadian Alex Lamoureux set a new record for coin flipping. He flipped a *Loonie* 12 consecutive times with it landing tails each time. This broke the old record of eight. He flipped for an hour before the streak happened and video taped the entire event. The chance of flipping 12 heads or tails in a row is 1 / 2048. So if you are bored - try to beat his record.

#### How Old Are You in Fly Years

Flies live about a month. The average human lives approximately 70 years. So one fly-year equals about 800 human years, if we round down.

So how old are you in fly-years? Your age in years \_\_\_\_\_ x 800 = your age in fly years\_\_\_\_.

So how old are you in shark years? Your age in years\_\_\_\_ x 2 = your age in shark years\_\_\_\_.





## affordable in-home computer service

PC and Mac repairs, virus cleanup, networks, consulting and more!

Office: 519-342-3480 eMail: service@micrologics.ca Web: www.micrologics.ca

Petersburg, Ontario

# Now Open! The Little Things

Alterations & Apparel (519) 556-0042

23 Snyder's Rd E. (just steps from Foundry Street)

#### NOTES FROM THE ATTIC - Snyder Transport Limited

Delton Snyder was born on March 6,1903 in Wilmot Township. In 1927 he married Beatrice Miller of Baden and they began farming.

Hauling cattle to the railhead for his neighbours in 1931 using a Model T Ford was Delt's introduction to transporting livestock by truck. This would indeed be a stepping-stone to a second occupation – agricultural trucking in Ontario. On the farm with larger trucks coming in and out of the yard he built a 100 x 40 foot garage – partially to store implements and to work on the trucks.

By 1957 Delton owned four farms, as well as being a truck operator. Delton and Beatrice decided to split the farms between their two daughters, Betty (and Sylvester Yantzi) and Myrtle (and Vernice Snyder).

In 1959 the trucking business officially became registered as Snyder Transport Limited. The company kept growing and the decision was made to build a new house, located at 382 Snyder's Road East in Baden where they had the business office as well.

After living in the new residence for two and a half years, one of the trailers needed parts, so Delton drove to Stratford with his new car (under 100 miles on it). On the way home he was involved in a head on collision at the bend at Little Lakes – just outside of Stratford on highway 7&8. Delton was taken to Stratford General Hospital with a fractured hip and in serious condition. He passed away two days later at the age of 56. Reverend George Lamont of Knox Presbyterian Church in Mitchell and his wife Kathleen were killed instantly.

Delton had been active in the pioneering spirit in the livestock transportation field. He was the first President of the Waterloo County and District Livestock Transportation Association when it began in 1950. He was President of the Ontario Livestock

Transporters Division of the ATA for 11 years and President of the Kitchener-Waterloo Milk Transporters' Association.

Beatrice Miller Snyder kept the office running out of the house while Betty, Sylvester, Vernice and Myrtle continued to get behind the wheel of the big rigs to help keep the company running. Business increased so much that in 1963 they found it necessary to purchase a lot at 3025 Sandhills Road (the current

home of Raydan) to build a garage.

The main customers of Snyder's Transport were Master Feeds, Ontario Hog Producers Marketing Board, Bulk Milk Marketing Board, Waterloo County Co-OP and the Ontario Livestock Association.

On April 20, 1963 Snyder Trucking faced another serious incident. Daniel Ropp, of Wellesley, who was a milk truck driver for Snyder Transport was killed when his milk truck collided with a C.N.R. freight train. Allan Brown of Stratford, a C.N. fireman was also killed in the collision while two other train employees suffered major burns. The collision happened at the crossing between the Baden Hotel (now EJ's) and Livingston Church.

Snyder Trucking was operating with about twenty units when the decision was made in 1977 to sell the trucking business. The milk units were sold to *Allan Johnson* of Listowel; the freight part of the business was sold to *Drumbo Transport Limited*, Ayr and *Listowel Transport*, Listowel; and the Livestock division was sold *Thur Transport*, Elmira. *Thur Transport* also purchased the garage and the triple-decker hog trucks

It would be hard to say whether the Snyder family was known more as successful farmers or trucking company owners, but they will be definitely remembered as hard-working Baden entrepreneurs.







Page 18 Baden Outlook

#### ENABLING AND DETACHMENT - A FAMILY RESPONSE TO ADDICTION

In support by CLEAN - "Community to assist in the need for Support, Awareness and Empowerment against narcotics"

When one member of a family has an addiction, everyone in the family is affected. One common response is to enable. The healthy alternative is *detachment*.

#### What is an Enabler?

An enabler is a person who reacts to the behaviours in such a way as to shield the addicted person from experiencing the full impact of negative consequences that result from their behaviours.

This is done by protecting, covering up, making excuses for, taking responsibility for, nagging, preaching, avoiding, lying, denying and bailing out.

Enabling is done out of a sincere desire to help, usually out of love. It reflects a lack of knowledge about addictions. Enabling helps keep up the family's denial about the problem, which means that the issues are never faced directly.

To stop enabling is difficult in the short term, as it forces the problems out in the open. But as the family confronts the situation honestly, changes can start to happen.

To stop enabling doesn't guarantee the addictive behaviour will change, but self esteem and integrity, love and support can return to the life of the family.

#### What is Detachment?

Detachment is the ability to live one's own life, not a life centered around someone or something else.

Detachment with love means being able to separate oneself from the problem while still being able to love the person.

Detachment isn't a gift. It takes hard work and practice—but is well worth working for.

It is easier to detach when you realize that:

- You didn't cause the problem.
- You can't control anyone else's behaviour.
- You can't cure the problem.

Each person in the family ultimately is responsible for their own recovery and each person in the family will have to recover. You'll know you've learned detachment when you find yourself able to laugh at what is funny and cry at what is sad. You'll find yourself lacking in guilt feelings, and feelings of failure. You'll know in your heart that everyone must make their own mistakes to be able to grow and learn, just as you've made mistakes. As more members of the family become healthy, life gets easier. But remember that each recovery starts with one person.

#### What's a Family to Do?

Get more information—learn facts about addiction and recovery. Talk, listen, communicate. Find a support group (Al-Anon or CLEAN welcomes everyone). Accept the reality that your life is being affected by an addiction problem. Stay calm—panic doesn't help anything. Stop enabling, one step at a time. Detach with love, not anger. Look after yourself, no matter what.



Tuesday & Thursday: 8 to 6, Saturday: 10 to 3 Closed Sundays, Holidays, & Long Weekends

**Come Celebrate Our 20th Anniversary** 

Other Days By Appointment Serving The Community Since 1989

375A Power Unit with Beam Q With These And Other Fantastic Specials! Electric Power Package



MSRP \$1389.00 Regular Sale Price \$1059.00

Anniversary Sale Price \$899.00



Clearance Toilets, Sinks, Faucets, Shower Systems,

and more - Up to 80% off!

**Showroom Hours** 



SOFTENERS • FILTERS • ROs • UVs • RENTALS • SOFTENER SALT **BOTTLED WATER • PLUMBING & CENTRAL VAC SHOWROOM** 

Visit the Area's Largest Plumbing, Water Treatment and Central Vac Showroom Today!

Call today for your FREE on-site NO OBLIGATION water analysis and recommendation

178 Foundry St., Baden





75 Snyder's Rd. W., Baden

Call Kathy for an appointment at 634-5772

Shop-Hours

Mon., Tues. 9:00-6:00 Wednesday Closed Thursday 9:30-8:00

Friday 9:00-6:00

Saturday By Appt.

#### Answers to puzzle from page 5

- 1. bazooka
- 8. nuptial
- 2. embrace
- 9. guffaw
- 3. luggage
- 10. Dalmatian
- 4.
- 11. triangle
- journey 5. formula
- 12. withdraw
- 6. cauliflower
- 13. haggle
- 7. levitate
- 14. Lilliput

What two animals always go with you?

...Your Calves!!



#### Unsolved Mysteries of Anatomy

Where can a man buy a cap for his knee, or the key to a lock of his hair? Can his eyes be called an academy because there are pupils there?

Is the crown of your head where jewels are found?

Who travels the bridge of your nose?

If you wanted to shingle the roof of your mouth, would you use the nails on your toes?

Can you sit in she shade of the palm of your hand, or beat on the drum of your ear?

Can the calf in your leg eat the corn off your toe?

Then why not grow corn on the ear?

Can the crook in your elbow be sent to jail? If so, just what did he do? How can you sharpen your shoulder blades?

I sure don't know - do you?

# W & W Liquidators

Handles / Hinges / Knobs / Spindles / Cabinet Hardware



118 Victoria Street S., Kitchener, ON N2G 2B4

Phone or Fax: (519) 744-1080

#### **Bob & Jean Wood**

\*\* Residing in Baden for 45 years \*\* In business for over 20 years.



" We have more knobs than you can handle!!"

Over 5000 handles and knobs!



Monday to Friday 9 am - 6 pm, Saturday 9-4:30 Sunday - Closed

Page 20 Baden Outlook

#### LETTER SCRAMBLERS

DORMITORY:

When you rearrange the letters: DIRTY ROOM

PRESBYTERIAN:

When you rearrange the letters: BEST IN PRAYER

**ASTRONOMER:** 

When you rearrange the letters: MOON STARER

THE EYES:

When you rearrange the letters: THEY SEE

THE MORSE CODE:

When you rearrange the letters: HERE COME DOTS

**SLOT MACHINES:** 

When you rearrange the letters: CASH LOST IN ME

ANIMOSITY:

When you rearrange the letters: IS NO AMITY

**SNOOZE ALARMS:** 

When you rearrange the letters: ALAS! NO MORE Z 'S

A DECIMAL POINT:

When you rearrange the letters: IM A DOT IN PLACE

THE EARTHOUAKES:

When you rearrange the letters: THAT QUEER SHAKE

**ELEVEN PLUS TWO:** 

When you rearrange the letters: TWELVE PLUS ONE

# LYDIA'S BOOKKEEPING & INCOME TAX SERVICE

20 Years + Experience (Open Year Round) Monday to Friday 9-4 or by appointment

Affordable & Professional Services with Reasonable Prices Free Pick - Up and Delivery

(519) 662-1857 Fax (519) 662-2166 90 Wilmot Street, (attached to the Waterlot) New Hamburg

#### Dr. William Slinger Dental Office 519-662-3510

Family & Cosmetic Dentistry "So much begins with a smile"

New Patients Welcome

Serving your community since 1977

## Let US Help Take Care of 40U!

## HAIRWORKS

Did you know that we carry

AG Products? ...

100% Canadian Haircare Products

36 Snyder's Road E, Baden 634~5140

#### Mariko Ogasawara

Registered Reflexologist 519-634-8935



Reflexology: Relieves tension
Improves circulation
Promotes natural healing

Reflexology Association of Canada Reflexology Registration Council of Ontario



## 1<u>Dolinnain</u>

Eyecaire Ceintire

251 B (Back) Huron Street, New Hamburg

Evening appointments—New Patients Welcome 519-662-3340

Contact Lenses & Laser Consultations www.eycareforlife.optometry.net

Progressive care that can enhance your quality of life.

# New Hamburg Wellness Centre

DR. JOHN A. PAPA, DC SHEILA REINHART, RMT MICHELLE CULBERT, RMT

148 Peel St., Unit 10, New Hamburg 519-662-4441 VISIT US ON THE WEB AT:

#### www.nhwc.ca

- CHIROPRACTIC CARE • ACUPUNCTURE
- MASSAGE THERAPYORTHOTICS
- NUTRITION & EXERCISE PRESCRIPTION

# Local Churches Welcome You



#### **Wilmot Centre Missionary Church** www.wilmotcentremc.org

2463 Bleams Road R.R.#2 Petersburg, Ont.

Phone: 519-634-8687 Fax: 519-634-5090

Email: office@wilmotcentremc.ca

SERVICE TIMES - 9 & 11 am SUNDAY SCHOOL 9:30 am CHILDREN'S WORSHIP 11:30 am

Come &

Worship

Rev. Don Mills Rev. Wayne Domm



Where there is hope for the future







#### **EMMANUEL** LUTHERAN CHURCH

(Member of Lutheran Church-Canada) 1716 Snyder's Road East Petersburg, Ontario 519-634-5511 www.petersburgchurch.org

Worship Service: 9:30 AM

Sunday School, Bible Study, Youth Group, Women's Group, Stained Glass, Quilting, Choir

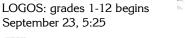
"Spreading the Word of our Lord, Jesus Christ since 1851"



#### Steinmann Mennonite Church

1316 Snyder's Rd. W. (at Nafziger Rd.), Baden

Worship: Sunday, 9:45 a.m. Sunday School: 11:00 a.m. LOGOS: grades 1-12 begins







634.8311

www.steinmann.on.ca.mennonite.net

#### ST. JAMES LUTHERAN CHURCH

66 Mill Street, Baden ON 519-634-5191 Email: arly2518@rogers.com

#### MINISTER - Pastor Karen Kuhnert

Sunday Worship 10 am - Sunday School 9:55 Nursery care provided.



"We are a family of Christians committed to the Gospel of Christ."

#### WHY TRAMPOLINES ARE NOT SAFE IN MUSKOKA



#### **BADEN FARMERS** MARKET

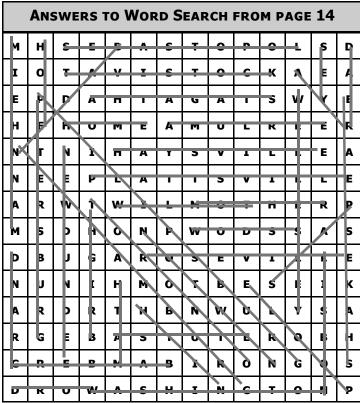


Drop by and visit the market and experience a terrific variety of vendors offering fresh produce, meats, breads, crafts and more!

Hours: Saturday 8 am - 3 pm Sunday 11 am - 3 pm

Come Check it out! Shop Locally!

Page 22 Baden Outlook



"Keeping the Community Connected"





100 Mill St., New Hamburg Phone 519-662-3710

Good People, Who Know

#### 2010 Calendars and Planners

**Shop Early to Avoid Disappointment** 





OP BRAND 2010 WEEKLY DIARIES
27811-40005 8\*×5" 5.99 EA

BLUELINE® ESSENTIAL DAILY PLANNERS

Soft cover, spiral bound; 8"×5". Appointment schedule 7 am - 7:30 pm, half-hour intervals. Note box on each page, telephone and address section; section for monthly expenses at the end of each month. Colours: 81 Black, 82 Navy, 83 Burgundy

C1504.\_\_T
ENGLISH, SPECIFY COLOUR
C1504.\_\_BT
BILINGUAL, SPECIFY COLOUR



# AFFORDABLE

Residential Sales, Service & Installation

David Falconer ... Call 519-634-9509

#### **INSULATED PANELS & ENCLOSURES**

Great for... shelves, exterior siding, sheds, compounds, interior walls, awnings, under heated floors.

REDUCE, REUSE, RECYCLE

250 DOORS IN STOCK
VARIOUS SIZES, COLOURS
AND STYLES WITH
SPECIAL DISCOUNTS FOR
VOLUME PURCHASES

Ask about the 1/2 & 3/4 hp openers in stock

#### Golf Quotes... How was your season?

- $\Rightarrow$  Give me golf clubs, fresh air and a beautiful partner, and you can keep the clubs and the fresh air.  $\sim$  Jack Benny
- ⇒ After all these years, it's still embarrassing for me to play on the American golf tour. Like the time I asked my caddie for a sand wedge and he came back ten minutes later with a ham on rye. ~ Chi Chi Rodriguez
- ⇒ I was three over. One over a house, one over a patio, and one over a swimming pool. ~ George Brett
- ⇒ The ball retriever is not long enough to get my putter out of the tree. ~ Brian Weis
- ⇒ If you think it's hard to meet new people, try picking up the wrong golf ball. ~ Jack Lemmon



# 30 Years Helping People Move in Baden, New Hamburg, Wellesley & K-W

# RE/MAX Twin City Realty Inc., Brokerage Peter Gingerich

sales person

peter.gingerich@rogers.com

519-662-4955

106 Huron St., New Hamburg each office independently owned and operated



#### **BADEN BANTAM PIRATES TAKE ORSA AND SOSL 2009 CHAMPIONSHIPS**

#### **ORSA Championship News**

The Baden Pirate Bantam Boy's team was victorious at recent Ontario Rural Softball Association Championship 2009 "A" division. The final of a series of games, held with several teams vying for the championship, culminated with an exciting battle. Playing far-away Ridgetown, Baden's pirates tromped the competition and took the 2009 title.

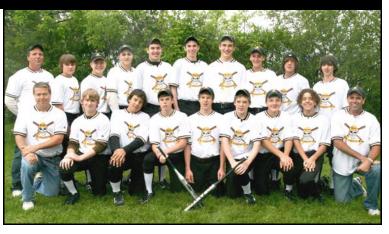
#### **SOSL Championship News**

After an exciting series play-down, the Baden Pirates Bantam Boy's won the South Oxford Softball League final championship against Burgessville. After a near perfect season with only one loss, the boys were in great shape and at the top of the league stats as they headed into the final game on August 6 taking the championship.

Pitchers Tanner Nelson and Greg Hammell made quick work of the batters with a total of 160 K's throughout the season and championship series.

Infielders Matt Mason, Mike Simpson, Craig Weber, Brett Horst, and Zach Choonoo and Rob McLean, Gabe Biddiscombe, Karl Schroeder continually made quick work of the batters. With some phenomenal plays, the boys were successful in keeping their competition off the bases.

Outfielders Jason Montgomery, Alex Reibling, Chris Young, Ryan Bean, Ryan Mathews keen tracking of long balls kept the ball in their gloves robbing their opponents of base hits.



As always, catcher Erich Woolley played strong games at the plate and kept the team focused and on track. With some quick thinking, he prevented several 2<sup>nd</sup> base steals.

Coaches and Parents would like to congratulate the Bantam Baden Pirates on their successful season taking SOSL and ORSA championships. Everyone is incredibly proud of all their hard work. Great job, team!

Congratulations from Coaches Sean Montgomery, Scott Simpson, and Jeff Mason. We have enjoyed coaching all of you this season and had lots of fun to boot!

A Special thanks from the team to Musselmen Excavating for their sponsorship.

Page 24 Baden Outlook

# the Health & Wellness Page

#### How to Eat Like You're Not Supposed To

Submitted By Michael Fisher

So many people are either trying to watch their health and waist, (a very silly thing to make synonymous with health) OR they're on holidays and they just don't care what they eat with a "you only live once" attitude. We don't eat as we should, and then we eat like we shouldn't. We play this game all year round, but we especially play it in the summer when we are on holidays! We end up feeling guilty in both cases! Why can't we just eat?

I also notice people who just don't care about what they eat. "Damned if I do, damned if I don't" they might say. Maybe they don't eat as well as people who try to eat well, but somehow they're a lot happier. They don't have to fuss over counting calories, low-fat, choosing gluten-free or dairy-free, missing their daily salad, smoothie, or heaven forbid - vitamins and supplements! Which of these people are you, and who is really the winner here?

We can all be winners when it comes to the game of eating healthily. In my practice - I see so many people trying very hard, but consistently swimming upstream and getting nowhere. Here are some suggestions to help you relax about what you eat, and still eat healthily.

#### 1. Stop using the 'S word'... SHOULD!

Using the 'should' word only implies that we aren't doing something correctly - we are already failures, because we SHOULD be eating more vegetables (as an example), and aren't, right? If we were already doing it, we wouldn't need that word!

Instead, say, "I'm planning on eating more vegetables, but I'm not right now." Big deal. So you don't eat enough vegetables. Accept it!! Accepting the way things are is the best way to change the thing you want to change! Come to grips with reality and suddenly you successfully step into new habits, because you are aware of new intentions.

In September Book White Orchid **Your Appointment** Skin Care & Nails For A **Set of Gel Nails** Over 14 Years of Experience Receive Call Carrie 25% Off 519-634-8436

2. Let yourself eat the way you do, and you will be in control - not the food.



Accept yourself, and stop stressing, worrying, feeling guilty, or shameful, it is NOT a healthy thing. Feeling that way is worse than junk food - it poisons us! When we give ourselves permission to be as we are, then WE are in control! And when we are in control, the food isn't. Do we ever let ourselves feel terrible from eating bad food? Nope. The food is in control when we overeat junk food and it makes us feel yucky.

Instead **you** pick the food. **You** decide how you want to feel. Remember this, your decisions may change when you don't let the food choose you. Even if that bag of chips says "Hey! Eat me right now or else!..." be the one to say back to it, "Hey! I'll eat you when I'm good and ready so you just sit tight!"

#### Wilmot Jujitsu

Professional Self Defense 13 Foundry Street, Baden (519) 590-4946 - www.wilmotjujitsu.com

JUJITSU - Gentle, Effective, Balanced

Offering: - Escapes, Joint Locks, Controls, Pressure points and weapons.

A practical Self Defense Art

Instructor: Neil Calhoun

Training for Children and Adults! Friendly, Disciplined Atmosphere, Serious Training, Physical, Mental and Social Development.

Wilmot Jujitsu is pleased to offer Ninpo Bugei (Traditional Ninjutsu) to the program. Classes will be held from 7:15 - 8:15 pm on Tuesdays and Thursdays and open to the ages 14 and up.

Please see the following website for more information. www.genbukan.ca

	Baden Outl	ook B	ase	Dan Foot Sta	.15
Pla	ce Name	PTS	Pla	ce Name	PT5
1	Craig Bell	318	31	Laura Grahlman	278
2	Christine Loree	317	32	Bruce Littwiller	278
3	Tyler Naumann	316	33	Randy Martin	277
4	Darren Pearson	316	   34	David Schmidt	276
5	John Westlake	313	35	Brad Ziegler	276
6	Maureen Westlake	313	36	Finlay Johnson	276
7	Bob Leppington	311	   37	Tarvis Gowlang	276
8	Greg Snyder	311	38	Bob Forde	275
9	Russia Witzel	301	39	Zack Bender	274
10	Tara Lazzari	300	   40	Ryan Grebinski	274
11	John Nahrgang	300	41	Doug Kaminska	274
12	Shane Grebinski	300	42	Roy Blake	273
13	Alex Reibeling	295	   43	Sheila Martin	272
14	Jody McConnell	292	44 	George Jones	271
15	Paul Jacklin	292	45	Keith Wagler	271
16	Chris Murray	292	   46	Jake Livingston	270
17	Sheldon Martin	290	   47	Sir Dave Murray	270
18	Sydney McConnell	287	48	Peter Westlake	268
19	Jessie Gingerich	287	   49	Lily Johnson	268
20	Robert Sisko	286	50	Kyle Kaminska	267
21	Wally Morrison	286	51	Colton Holba	267
22	Sheryl Crabbe	284	   52	R. Westfall	267
23	Kris Dewit	283	53	Pat Henderson	266
24	Kylie Martin	283	54	Shaelyn Heise	266
25	Cheryl Erb	282	   55	Jeff Miller	266
26	Pat Miller	280	56	Chris Leu	265
27	Jean Cook	279	57	Joel Heise	265
28	Isabelle Coxon	279	   58	Loni Powell	263
29	Jeremy Witzel	279	59	Brian Nutter	263
			I		

Raden Outlook Raseball Pool Stat

Congratulations to Tyler Naumann for taking the leader prize in this month's Baseball Pool - winning a gift certificate from EJ's of Baden.

Darren also tied, but Tyler gained more points this month.

(Remember Christine & Craig, you can only win the leader prize once!)

The lucky random draw winners are **Kelly** 

Campbell winning a gift certificate from Egli's Meat Market, and Emily Morrison winning a breakfast from Teddy's Bakery, & a Baden Outlook vest.



Matt & Jackie Rolleman 39 Snyder's Road W, Baden 519-634-5711

'Who's

on first?

TAVERN

Come join us at EJ's to celebrate Alexander Keith's Birthday— Monday, October 5th!!



#### **EGLI'S MEAT MARKET**

162 Snyder's Rd E., Baden 634-5320

It's Back to School -Choose Egli's Quality Lunch Meats!

Bus. Hours: Tues. & Wed. 8-5, Thurs. 8-5:30, Fri. 8-6, Sat. 8-2 Closed Sunday & Monday



Thanks for playing ball with us! Be sure to follow your stats which are updated daily on the site. The Outlook draws the stats on the 7th of the month. To follow the stats,log on to our website at <a href="https://www.badenoutlook.com">www.badenoutlook.com</a> - Click on Homerun sports pool. Once in PoolExpert website click "Baseball Pool Manager" located above hockey player. Next click "Quick Access (left side of page) type in "outlookhomerun" under pool ID and the password is "guest" then click "sign in". Next page click "ranking" on left side for player list

#### Attention—Kids 12 and Under!!!

This hockey season we are having a separate pool just for you with special kids' prizes!

Simply fill out the form just like your mom and dad do. Be sure to include your age. Good Luck!

Page 26 Baden Outlook

# The Outlook Hockey Pool

Yes! It's hockey season! And we're ready to play - are you?

Mail your entry form to The Baden Outlook, 178 Snyder's Rd. E., Baden, N3A 2V6 or drop it in our yard "Outlook Mailbox" by Oct. 1st.

☐ Malkin * PIT * 113	□ Datsyuk * DET * 97	☐ Iginla * CAL * 89	☐ Parise * NJ * 94			
Ovechkin * WAS * 110	☐ Getzlaf * ANA * 91	□ Nash * CMB * 79	☐ Backstrom * WAS * 88			
☐ Crosby * PIT * 103	☐ Kovalchuk * ATL * 91	☐ Alfredsson * OTT * 74	☐ Carter * PHI * 84			
Choose between the	☐ Savard * BOS * 88	☐ LeCavalier * TB * 67	☐ Zetterberg* DET * 73			
super threesome!	☐ Thornton * SJ * 86	☐ Gaborik * NYR * 23	☐ Heatley * OTT * 72			
☐ Richards * PHI * 80	☐ Cammalleri * MON * 82	☐ Gagne * PHi * 74	□ Roy * BUF * 70			
☐ Staal * CAR * 75	☐ D. Sedin * VAN * 82	□ Doan * PHX * 73	☐ Kovalev * OTT * 65			
☐ Spezza * OTT * 73	☐ St. Louis * TB * 80	☐ Boyes * STL * 72	☐ Gomez * MON * 58			
☐ Perry * ANA * 72	☐ Semin * WAS * 79	□ Vanek * BUF * 64	☐ Stamkos * TB * 46			
☐ Kane * CHI * 70	☐ Toews *CHI * 69	☐ Jokinen * CAL * 57	☐ Briere * PHI * 25			
☐ Markov * MON * 64	☐ S. Niedermayer *ANA*59	RULES: (there are now 2 po	ols : adult and kids-12 & under)			
☐ Lidstrom * DET * 59	🗆 Rafalski * DET * 59	Only one ballot per person.  Updates will be calculated on the 7th of each month.				
□ Boyle * SJ * 57	□ Streit * NYI * 56	3. Ties will be broken by the e	entry that has gained the most			
□ Souray * EDM * 53	☐ Phaneuf * CAL * 47	points that month.  4. Prizes are given for most a	ccumulated points. One point			
☐ Gonchar * PIT * 19	☐ Kaberle * TOR * 31	each is given for goals and	assists made by forwards and			
☐ Kiprusoff * CAL * 90	☐ Lundqvist * NYR * 76	points will be given for ev				
□ Nabokov * SJ * 82	☐ Thomas * BOS * 72	There will be two random draws each month. You are able to win the leader prize once!				
☐ Fleury * PIT * 70	☐ Miller * BUF * 68	6. Pick one player from each b	oox. (This years' team and			
☐ Luongo * VAN * 66	☐ Price * MON * 46	<ul><li>2008-2009 points included</li><li>7. No entry fee required jus</li></ul>				
☐ Brodeur * NJ * 38	□ Varlamov * WAS * 8	No trades or substitut	tions through the year.			

#### ALL ENTRIES MUST BE IN BY OCTOBER 1ST

Name:	
Address:	
Phone Number:	
Adult $\square$ or Child (12 and under) $\square$ age $\_$	

To Follow the Stats simply visit www.badenoutlook.com—select "sports pools". For adult pool, type in pool ID: outlookhockey and for kids type in outlookkids and the passwords are: guest. The NHL season doesn't start until October 1st, so prizes will not start until November.

Be a sport and pla hockey with us!

Thanks for playing and GOOD LUCK!

## **Fire Prevention Week**

# Open House

# Baden Fire Station Saturday, October 3<sup>rd</sup>, 2009

From 11:00 a.m. to 3:00 p.m.



- Kitchen Fire Simulator
- Fire Safety House
- Waterloo Regional Ambulance Display
- Fire Trucks and Equipment on Display
- Junior Firefighter Combat Challenge (For kids)

WHOLE FAMILY!

Extinguisher Demonstrations Watch and learn, Or participate hands on!



#### PROTECT YOUR CHILD - BE PREPARED!



On average 55 children are reported missing every day in Ontario! The most effective tool in locating a missing child is a quality current photo. Parents are encouraged to assemble their child's photo and vital information in order to be prepared.

We can help: the members of Wilmot Masonic Lodge will be offering a FREE Child Identification Program – MasoniCHhIP Ontario

The MasoniChIP program consists of five major components – digital photographs; digital video; digital finger prints; vital child information; and a dental bite impression DNA. The digital information is burned onto a C.D. that is compatible with Amber Alert. After each child is processed, the data is deleted and erased from the computer using state-of-the–art software. The only item retained by MasoniChIP Ontario is the signed permission slip.

The members of Wilmot Masonic Lodge and the Wilmot Township Fire Department are pleased to offer you this dramatic, time-sensitive recovery tool when you attend the Fire Department Open House in Baden.

Wilmot Heritage Fire Brigades Museum - Open Face Painting

**Charity BBQ - Proceeds to Muscular Dystrophy Association** 

Page 28 Baden Outlook