

OCTOBER 2020

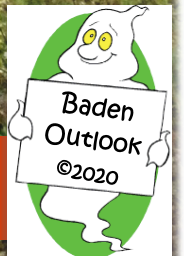
VOLUME 21, ISSUE 3

# Baden Outlook

*~ Keeping the Community Connected ~*



**This paper is priceless - Please have one!**



Thanks to the BCA for keeping the parkette beautiful through the summer months.



Be sure to check out the BCA Facebook page featuring an amazing video of a walk through the parkette by Don Drews.

From my family to yours  
**Happy Thanksgiving**

Have a happy and safe celebration.



 **Mike HARRIS**  
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# Talking with Ed

## ~ Throw Away Society



“Would you like to purchase an extended warranty with your apartment sized refrigerator?” the clerk asked. “No, thanks,” I said, “the refrigerator is brand new and after spending \$350 for our secondary garage fridge, I see no need to spend extra money on a warranty.” Fast forward two years... “Yes, it looks like you are going to need a new motherboard which is quite costly to fix,” stated Dan Anderson from *Snow’s Appliance Repair* (who I highly recommend if you need an appliance repair guy). Really? A motherboard is now in your fridge, car and washing machine?



“Would you like to purchase an extended warranty with your Sanyo TV?” the store clerk asked. No, I think a \$250, 32-inch TV should last quite a while. Fast forward three months. “No, being you didn’t purchase the extended warranty, then you have to go through the manufacturer,” explained the clerk. After a month or so, I did indeed receive a reimbursement and the TV went to the recycling depot. I remember the old days when you simply replaced a bulb in the television and it continued to work for many more years.

The oddness of this scenario is that some of our other aged appliances are still working fine. We have a 30-year-old Kenmore freezer that keeps on running and we are using my parents’ 40-year-old Sunbeam Toaster (with the fabric cord), which does a better job at toasting than our brand new \$120 toaster oven. We inherited my parents’ washer and dryer which we handed down to the new folks in our old home and since have received a handed down washer and dryer from Pat’s mom. During our 42 years of marriage we have never purchased our own laundry machines. But I cannot count how many electric kettles we’ve had to buy.

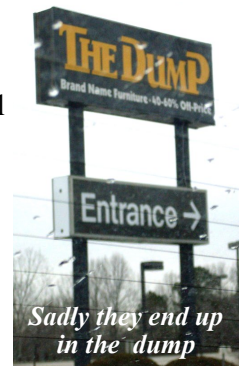


So, why do new products lack the longevity of some of these older dependable products? Do these brand name companies no longer care about their reputation? After some research, I have discovered several reasons why. Companies really want to stay competitive, so they tend to use cheaper parts to keep their costs and prices down. Those cheaper parts include plastics, which are lighter for shipping across the ocean, but don’t have the durability. Also, if an appliance lasts only 10 years, then there will be a very good chance for a repeat sale.

The more features a product has, the more things there are to break down. All computers and mother boards work with sensors which means more parts to fail. We once saw a refrigerator at an appliance store that had a computer screen located on the front door. That screen can be programmed into your cell phone to tell you the expiry dates of the food products, the quantity of the products inside, and whether you need to pick up a certain item at your local store. It also tells the date, time, and allows you to put a favourite photo on the screen. Certainly, lots of things to go wrong.

So, do you buy an extended warranty with each purchase? We replaced the kitchen appliances in our new house and cross our fingers, we’ve never purchased the extended warranties. We haven’t had an incident! The salesman told us it was important to buy the warranty, as the motherboard on individual appliances can be upwards of \$700. When we replaced our TV, we went to an appliance store on Fairview Road. The 32-inch TV was more money (\$450) than our last, and we purchased that warranty. It was a seven-year warranty (\$70), and if anything goes wrong they replace the set. Coupled with that was the fact that if we don’t use the warranty, we get a \$70 store credit. Sounded good to me; however, how much is \$70 worth in seven years?

The older appliances were built with pride and meant to last, and comparatively speaking would cost the purchaser a large amount of money. It truly seems ironic that our society is so concerned with protecting the environment, but at the same time we are such a disposable society. Evidence of that is the popularity of the Dollar Stores—who knows, they may start selling appliances one day! *Until next month...Ed*



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## EXTRA EXTRA!!

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# Greetings from Headquarters ~



Hello October! I hope you will be as kind as September was. The sun shone and the temps were lovely and well-appreciated by all gardeners or campers who got in a bit more outdoor adventure. Thanks to Katie for taking my chair and giving us the encouragement to do that as well. We took our new mini trailer out for the maiden voyage and had a grand time. It felt odd for us to bust loose at the pivotal timing of the paper, but I do believe I'm going to get used to this. The leaves were starting to show off their brilliance, with just a hint of what October may bring us. Katie has been playing around with her camera and got an awesome photo of Simon walking on the Wilmot Trail capturing the beauty of the autumn colours, as seen on the front page.

October issues are fun, allowing us to be more playful and creative while featuring Halloween. Although Thanksgiving will have passed before the paper is published we hope you were able to celebrate within your family safely. COVID is putting a new spin on Halloween this year, but I sure hope the kids still get to celebrate, although in a different way. I'm curious to see how creative parents will be this year. It's been hard on service groups over the past months, as the restrictions have kept everything low key. So, it's really nice to see that the local Optimist Clubs are still offering some Halloween fun. It's also nice to see how the BCA has kept up with the gardens this summer (as seen in the photo on page 2) and are now preparing for spring flowers.

The gardeners are in clean up mode and harvesting their produce –check out Marlene's gardening tips on page 30. If you have an abundance of carrots, be sure to check out my favourite carrot cake recipe in Cook's Corner on page 31, along with some fun carrot facts. As the grandkids are back at school, it wasn't wise to gather as a family for Thanksgiving this year, but I'm happy to share my cake with them.

Katie connected with some Baden gals whose passion is to save, heal, and re-home cats. These girls started a cat rescue service in KW with a Baden connection. There are many feral cats and if you need Tammy's help, or want to help, be sure to see the article on page 10.



There is a special message from the New Hamburg Legion to inform everyone of the changes to this year's Remembrance Day ceremonies on page 28. It was quite timely for us to connect with Diane Bonfonte, with roots in Baden, who shared a family story of both loss and connection—be sure to follow along on pages 24-25.

Get adventurous and try out the Street Scavenger Hunt on page 12. In this issue, you'll have fun with our usual quizzes, jokes, and trivia. We have lots of ghoulish trivia and spooky content, so don't read this paper while alone or in the dark!



## Halloween.... Creating New Traditions (by Katie)

Traditions feel so comforting. Something exciting to look forward to... something familiar. Like at Christmas, it is comforting having that lit tree in its familiar place in your home. Halloween has been tradition for such a long time it would feel wrong without it, especially to kids. So, it is entirely understandable to try to maintain Halloween traditions for them. Heck, it means a lot to me too.

It is not safe out in the world right now for groups of kids to step on dozens of front porches with many hands in many bowls. We, as parents, have to try to carry on with our typical Halloween to be sure kids feel like their holiday is still important despite the virus. Perhaps arrange a front door candy pick up with costumes a day earlier at grandparents' or cousins' houses. Perhaps do a backyard scavenger hunt, like an Easter egg hunt but with candy galore. Let the kids dress up and walk around your neighbourhood to see and feel the mystique of the event. We have to carry on with the traditions of costumes, candy, and decorating the house and your yard with a fun new twist this year. Halloween is not cancelled; it's just different this time. Be safe and keep the Halloween tradition alive. And grandparents, make your grandkids a goody bag, they will love it...and keep those Jack-o-lanterns lit on your porch or front window! Boo!



*Mike & Katie loved the mess of gutting the pumpkin. Photo 1987*

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## Halloween Trivia Questions

Try your luck at these multiple choice Halloween Questions. Answers on page 29

1. Samhainophobia: is the fear of what?  
A-Eating Halloween Candy  
B-Halloween  
C-Dressing in a costume  
D-Paying your Wilmot tax bill
2. Wiccaphobia: is the fear of what?  
A-Biting someone's neck  
B-Handing out candy to kids  
C-Witches and witchcraft  
D-The colour of orange
3. In the movie "The Wizard of Oz" what two characters do not fall asleep when the wicked witch casts a spell on them?  
A -Dorothy  
B-The Tin Man  
C-The Wizard  
D-The Cowardly Lion  
E-The Scarecrow
4. What is the most filmed movie of all time?  
A-Dracula  
B-Frankenstein  
C- Mickey Mouse  
D-Superman
5. What is the weight (in pounds) of the biggest pumpkin ever recorded?  
A-855  
B-1,092  
C-1,206  
D-1,466



Taken from the vault..... October 2004 issue



Watch how many creative ways people will be wearing their Halloween masks this year!



*Please support the advertisers in this paper and keep our community alive and thriving!*

# Baden ~ Our Town

It's been a challenge for most service groups to meet through these past few months, but the BCA planted over 250 spring bulbs at Livingston Boulevard, as seen here with members Barry Fisher and Maureen Edwards getting their hands dirty! Maureen has been a garden fairy this summer, tending to the boulevard boxes along with the Foundry Street Parkette.

*Thanks to Joanne McCallum and her girls for painting the park benches and making this sign.*



## PUT YOUR LEAVES TO WORK!

When added to your garden, leaves feed earthworms and beneficial microbes. They lighten heavy soils and help sandy soils retain moisture. They make an attractive mulch in the flower garden. They're a fabulous source of carbon to balance the nitrogen in your compost pile.



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# Checking out the Baden Library



## Food for Fines - October 5 to 17

A fall favourite, Food for Fines is here for an entire two weeks. You can pay off your outstanding overdue fines with a non-perishable food donation. One food item is worth \$2 in fines. The library donates all food collected to the Wilmot Family Resource Centre Food Bank. Erase your overdue fines and help your community!

## Seed Library

It's seed collecting season! Help fill our **Seed Library** so we have seeds to share again in the spring. Please note – all seed donations will be quarantined for a minimum of 72 hours.

Need a little help on how to save those seeds? We have a book (or two) on that! Place a hold on one of these great reads:

- Saving Seeds: A Home Gardener's Guide to Preserving Plant Biodiversity by Dan Jason
- Starting & Saving Seeds: Grow the Perfect Vegetables, Fruits, Herbs, and Flowers for Your Garden by Julie Thompson-Adolf
- Heirloom Vegetable Gardening: A Master Gardener's Guide to Planting, Seed Saving, and Cultural History by William Woys Weaver

## Book Bundles for Kids (and Adults too!)

Whether your kids are back to school or learning online, they may need some extra books to keep up their reading skills. Let library staff put together a **Book Bundle** for the young readers in your life. When it's ready to go, we'll reach out to schedule a pickup. These **Book Bundles** aren't just for the kids. We're happy to curate a collection of great reads for grownups too! Just let us know what you like to read, and in no time flat, we'll provide a stack of books you'll want to dive into.



## Upcoming Events:

### Family Trivia: Halloween

Test your knowledge of all things Halloween! Join us online on Thursday, October 29 at 6:30 p.m. Register in advance at [rwlibrary.ca](http://rwlibrary.ca) to receive your Zoom link. You'll need a second device to answer the questions.

### Programs

The library is excited to offer new online fall programs. Kids, join the **Fall into Reading** program for daily challenges, missions, and reading logs. Adults, join the **Read Outside the Box** program and explore new reads! It's free to join and you decide when, where, and how to participate. Details are available at [rwlibrary.ca](http://rwlibrary.ca).

### Library Takeout Service

For patrons who prefer a scheduled pickup of their library items, we continue to offer our Library Takeout service. To book an appointment, visit [rwlibrary.ca/librarytakeout](http://rwlibrary.ca/librarytakeout) or call the **Ask a Librarian** line at 226-748-8030.

### Friendly Reminders

To prepare for your library visit, you are invited to review the in-branch service changes at [rwlibrary.ca/browseborrowgo](http://rwlibrary.ca/browseborrowgo).

**Please be aware, non-medical grade face masks are required while visiting the library as per Region of Waterloo Bylaw 20-035.**

**You will be asked to provide information for the purposes of contact tracing, each time you visit the library.**

Questions? For more information, please contact the Baden Branch at 519-634-8933, [badenlib@regionofwaterloo.ca](mailto:badenlib@regionofwaterloo.ca) or visit [rwlibrary.ca](http://rwlibrary.ca).

**K.R. ABBOTT**  
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## Interesting Trivia Quiz ~ Answers on page 29

1. Name the one sport in which neither the spectators nor the participants know the score or the leader until the contest ends.
2. What famous North American landmark is constantly moving backward?
3. Of all vegetables, only two can live to produce on their own for several or more growing seasons. All other vegetables must be replanted every year. What are the only two perennial vegetables?
4. In many liquor stores, you can buy pear brandy, with a real pear inside the bottle. The pear is whole and ripe, and the bottle is genuine; it hasn't been cut in any way. How did the pear get inside the bottle?
5. Only three words in standard English begin with the letters 'dw' and they are all common words. Name two of them.
6. There are 14 punctuation marks in English grammar. Can you name at least half of them?
7. Name the only vegetable or fruit that is never sold frozen, canned, processed, cooked, or in any other form except fresh.
8. Name 6 or more things that you can wear on your feet beginning with the letter 'S.'

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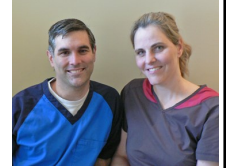
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## Wilmot Horticultural Society Junior Gardeners



Wilmot Horticultural Society saw an increase in Junior Gardeners wanting to grow gardens and harvest their own produce as they were quarantined at home during this COVID-19 year. There were thirty three Junior Gardeners in 2020 and twelve of those were first timers!

Zinderella Zinnias, Indian Blanket Sunflowers, beets or carrot seeds were provided by Wilmot Horticultural Society. The youth were encouraged to grow other things of interest in their gardens. These gardens were judged at the end of August and beginning of September.

Katelynn Cressman has grown a Junior Garden for the past five years. Sandra Cressman and Janice Wagler, WHS Youth Leaders, presented Katelynn Cressman with a five year trophy on Thursday, September 24,



Besides planting the required seeds, Katelynn is shown here in her Junior Garden where she had eagerly planted tomatoes, beets, canna lily, mammoth sunflowers, cilantro, snow peas, and burgundy beans.

2020 at Kirkpatrick Garden in New Hamburg, because the regular WHS Awards meeting had been cancelled. She also received a certificate from Mayor Les Armstrong, who was unable to attend.



Photo courtesy of Kelly Baird, Wilmot Township

It's here! The long awaited dog park has finally arrived in Wilmot. The grand opening took place on September 9th at noon with Councilor Jenn Pfenning, Mayor Les Armstrong, dog Whiskey Pfenning, Phyllis Wood, and Councilor Barry Fisher officiating the event.



We've missed you! The patio is open, weather permitting, and we are waiting to see you! Please check our website for hours and also to see our temporary menu online. Call ahead for reservations. For take-out please call 519-634-5710.



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## Kitchener Stray Cat Rescue - Locals to the Rescue... of Cats!

The Baden Outlook likes to focus on businesses and organizations within Wilmot Township. Although we are featuring the Kitchener Stray Cat Rescue, it has its own Baden twist throughout its history. Not only does the owner, Tammy, live in Baden, but her right hand Stacey, grew up here in Baden! Three years ago, Tammy started Kitchener Stray Cat Rescue to help with the overpopulation of wild felines. There are approximately 30,000 stray/feral cats within Waterloo Region. There is a real cat overpopulation problem and Tammy and her crew are trying to save as many as they can!

They are hidden heroes, often trapping cats even in the middle of the night. There's a team of volunteers who help out as needed. Most of the team have full-time jobs, plus they help local cats when they can, so their time is quite the investment to the community. Once they have trapped a wild cat, they take it to be neutered so the overpopulation can be better managed. From there, Tammy will assess if the feline friend is sociable and adoptable. If a cat is too feral, it needs to be placed back where it was found, at its colony, within 24 hours. If the cat is personable or able to be rehabilitated, the cat will be sent to a local foster home until adoption day. Meanwhile, Tammy is connecting with potential adoptees and still trapping more wild cats in need of homes or to be neutered. Kitten season (March-October) is their busiest time of year. Since April until now, they have rescued 50-60 cats alone.

Being a not-for-profit organization, Stray Cat Rescue requires funding to run. They accept not only monetary donations, but also pet supplies which can be dropped off to the local Pet Valu store in New Hamburg. Tammy, crew, and new cat friends would love any type of cat food and litter. Even open food bags will be accepted!

Also, check Kitchener Stray Cat's monthly auctions on their Facebook page to help fund the costs of helping the cats in the area. The next auction is October 23; please contact them on Facebook to see how you can donate towards the auctions to save even more cats.

Needed the most however, are loving foster homes to help home the cats before the adopting out process. If you love cats but can't commit to a long term furry friend, maybe fostering is for you.

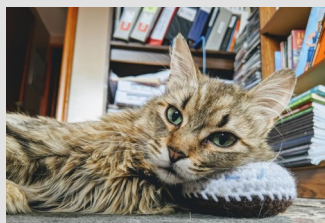
The biggest message to be heard from all this is please spay or neuter your cats. Call Tammy if you see a cat in need. We, as a community, can help them so they can help the cats who are struggling in our neighbourhood.

Thank you Tammy and crew, for all the work you do.

[www.kitchenerstraycatrescue.org](http://www.kitchenerstraycatrescue.org)  
[kitchenerstraycatrescue@gmail.com](mailto:kitchenerstraycatrescue@gmail.com) (226) 989-6753

### Meet Bailey - A Baden Success Story

The team found Bailey in the spring with a broken jaw. After extensive jaw surgery, he is loving life now at his new found home with Stacey from Kitchener Stray Cat Rescue.



#### How Can The Community Help

- ◆ Be a cat foster parent
- ◆ Donate cat food (even open bags would be okay) and/or kitty litter to Pet Valu New Hamburg
- ◆ Monetary donations
- ◆ Donate items to be sold at their monthly auctions email [fundraising.kscr@gmail.com](mailto:fundraising.kscr@gmail.com)
- ◆ Volunteer

## Baden Veterinary Hospital



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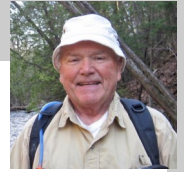
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*New Clients Welcome!*





Lynda and I have belonged to the Ontario Eastern Bluebird Society (OEBS) for about 30 years. Like most members, we maintain a trail of about 35 nest boxes (many people call them bird HOUSES) scattered around our country property and along the concession roads west of here in Perth County. Most bluebird trails are not walking trails like the trails in Schmidt's Woods but, are a series of wooden boxes mounted on steel T-bars (aka fence posts) placed 300 - 500 m apart along roadsides and on the edges of open fields (bluebirds don't nest in wooded areas like forests). We drive our truck when checking the birds in the boxes; an important part of maintaining a trail. I stop in front of a box, get out and open the front to check on what's happening inside while Lynda records what species is occupying the box, how many eggs were laid, how many eggs hatched, and how many fledged (i.e. grew feathers and left the box). People are strongly discouraged from simply putting up bird houses and then just leaving them, never checking on what's happening in the box or cleaning the old nests out until the box eventually rots and falls down.



This year, things got off to a slow start. We didn't see a bluebird until March 21 out on Rd. 102 which is where we have seen many of our bluebirds on earlier dates over the years. The males return first and set about selecting a territory that they hope will be to the liking of a female that will arrive a couple of weeks later. Then, the male proceeds to sit on hydro wires or the ends of tree branches and sings to attract a female into his territory and to inform other males that this territory is occupied. Just like in humans, the best singers attract the most females! Ask any rock star!

Every week, we drove the trail looking for bluebirds, but even the one we saw earlier seemed to disappear. Sometime in May, a male bluebird showed up in our field and proceeded to perch on various branches and fence posts in the area of one of our nest boxes, singing his beautiful song and hopeful of attracting a mate. As I worked at various tasks outside, I enjoyed hearing his cheery voice. It's been several years since we last had a

pair of bluebirds nest on our property. This went on for weeks and although I admired his tenacity and optimism, I felt sorry that no females seemed to happen by. I was getting discouraged. Finally, later in May, we saw a female, identified by her grayer colour. After a week I checked the box but there was no sign of a nest. We hadn't seen the female for some time and the male was singing as if he were still trying to attract a mate. We were worried and wondered if something had happened to the female or if she had heard a singer with a better song. Then, we saw another female; we weren't positive it was the same one. But once again, we didn't see any sign of a nest. What was happening?

About the same time, we started seeing bluebirds beside the barn, closer to Wilmot Easthope Road and we weren't sure whether or not this was the same ones as in the back field. They were busy chasing a pair of Tree Swallows who clearly had designs on that same box. An inspection of the nest box revealed that this, indeed was a second pair that had taken up residence. The bluebirds convinced them to choose another box located nearby where they successfully raised a brood.

Both pairs of bluebirds succeeded in raising broods that fledged sometime in June. Then, to our great delight, the pair in the box in the back field started a second nest (I cleaned the first one out; that's what OEBS recommends) while the pair beside the barn moved to a different nest box located nearby and proceeded to raise a second brood there.

Two pairs of bluebirds each raising two broods on our property. We could hardly believe our good fortune! Meanwhile on our bluebird trail out in the country, the bluebirds had also been busy. We found 8 boxes with either eggs or young in them: a record number of nestings in all of our 30 years of maintaining a trail. So what started out to be a slow year turned into one of the best we've had. You just never know.

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## Wilmot Township Street Scavenger Hunt

Yup, it's getting chilly out and we are heading indoors again. Here's some fun to get you out and about. Go for a drive and see if you can find these small streets in Wilmot Township.

1. Albert Street
2. Blossom Place
3. Brock Court
4. Deerfield Extension
5. Foell Street
6. George Street
7. Hillview Crescent
8. Kaster Court
9. Lakefield Court
10. Marty Lane
11. Orchard Way
12. Strauss Court



Answers on page 29.

## TEAM WORK... WE'VE GOT IT!



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## You Must Be Joking!!



There is nothing funny about COVID but it sure feels good to poke at it and laugh now and then!

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## You Must Be Joking ~ Let's Have a Little Pun!



- ♦ I've always wondered if chickens communicated using fowl language ... Maybe only when they're egg cited.
- ♦ An invisible man married an invisible woman. The kids were nothing to look at either.
- ♦ I didn't think the chiropractor would improve my posture. ... But I stand corrected.
- ♦ I took my new girlfriend out on our first date to the ice rink, and entry was half price....She called me a cheap skate.
- ♦ Studies show cows produce more milk when the farmer talks to them. ...It's a case of in one ear and out the udder.
- ♦ My cross-eyed wife and I just got a divorce... I just found out she was seeing someone on the side.
- ♦ My wife claims I'm the cheapest person she's ever met....I'm not buying it.
- ♦ Did you know that a raven has 17 rigid feathers called pinions, while a crow has only 16... The difference between a raven and a crow is just a matter of a pinion.
- ♦ I told my carpenter I didn't want carpeted steps. ...He gave me a blank stair.
- ♦ What did the surgeon say to the patient who insisted on closing up his own incision? ...Suture self.

Submitted by Jean Shantz

## HAPPY HALLOWEEN!



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ALL THINGS SCRAMBLED

Within each category the words are jumbled up. Can you unscramble them? Answers on page 29

Creepy Characters

- STOGH
LOHUG
YUMMM
CHITW
LOGBIN
MIBOEZ
RESTNOM
RAMPVIE
TEELONKS
FLOWEREW

All Things Halloween

- TAB
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Baden Outlook



## EcoNugget

### Can we be civic-minded in the age of COVID?

You can still be engaged in making Wilmot a better place to live:

- Water and fertilize your boulevard trees. Did you know it takes over 3 years for newly planted trees to be established?
- Bring a bag and collect waste while out for walks. Sadly, there are litterbugs.
- Sign up for community news and participate in surveys. Check out Wilmot's new project at [www.wilmot.ca/brand](http://www.wilmot.ca/brand). Both Wilmot Twp and [wellesley.ca](http://wellesley.ca) list groups, clubs, events, libraries.
- Greet strangers on the street; we all want to feel that we belong. Listen with an open ear.
- Visit the great new dog park at Scott Park.
- Plant trees! Let's Tree Wilmot will be planting trees throughout the Township. Contact [letstreewilmot@gmail.com](mailto:letstreewilmot@gmail.com) for dates this fall.

Are you interested in climate change and other global environmental issues? **Help us make a difference in our community by getting involved and taking action on one or more local environmental concerns.** Our next monthly meeting will be held at 7:00PM on Wednesday, October 28<sup>th</sup>. Please contact us via e-mail ([nvecoboosters@gmail.com](mailto:nvecoboosters@gmail.com)) or call 519-662-9372 if you would like to participate in this "Zoom" meeting and we will provide you with more details. For more details and to register, go to our website at: [nvecoboosters.com](http://nvecoboosters.com)

### You Must Be Joking!!



What did the pumpkin say to the pumpkin carver?



Cut it out!

How do you fix a broken Jack-o -lantern?

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## 'Pearls of Wisdom'



We would love for our readers to send their favourite uplifting quotes for possible submission. We may not be able to print all thoughts sent, but printing positivity is our goal.

"It is not the strongest of the species that survives, nor the most intelligent, but rather the ones most responsive to change." *Charles Darwin— submitted by Lee Fitzpatrick*

The only function of economic forecasting is to make astrology look respectable.

*John Kenneth Galbraith, Canadian born American economist—submitted by Ian McKay*

"Having a daily gratitude practice settles our physiological stress response, builds community and connection, and helps us to feel empathy."

*Laura Elliot —submitted by Paul Wegford*

Ageing seems to be the only way to live a longer life.

*Submitted by Anonymous Senior*

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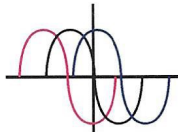
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## Black Cats Superstitions Around the World



- \* In Western society, black cats are viewed as bad luck.
- \* In Asia and the U.K., you will be lucky in life if you own a black cat.
- \* In Japan, you'll have luck finding a love if you spot a black cat.
- \* In parts of England, a bride will have a more successful marriage if she receives a black cat as a gift.
- \* In Europe, sailors will have a safe journey if they bring along a black cat on the ship.
- \* In Scotland, you'll have future prosperity if a black cat appears at your doorstep.
- \* In France, something magical is about to happen if you see a black cat.



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*Submissions are due on the 1st of each month.*



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I have often felt as though September/October are more like a New Year than January, as the return of school and the first day of Autumn and Fall Equinox have arrived. We are reminded of the impermanence of all things as we witness the leaves turning a beautiful crimson red and yellow and falling from the trees. Fall equinox brings with it the promise of new birth, new beginnings, endings and the lessons learned in letting go, to the many changes both unknown and known which await us now.

I invite you to explore these Five Ways of Grounding in your own daily life this season. As we head into a potential COVID second wave with many unknowns, these tools and strategies are so important for all of us, now more than ever.

## 1. Connect with Other People

You may be mostly confined to your home at this time, but thankfully, we can keep in touch with family and friends virtually. Try an online video chat through your computer or smartphone. If you feel comfortable sharing your stress with your loved ones, do so. It is likely that someone else is feeling the same way and talking about it may help you both. Also, you can have a nature walk

with someone in your social bubble or enjoy a drink on your back patio or front porch from the safe distance of six feet away.

## 2. Exercise Regularly

Taking care of your body helps you feel better mentally, too. Most gyms are closed, but that does not mean your exercise routine needs to end. It may just need to be different. Take a family walk after dinner. Do some stretches at your desk or take an online yoga or dance class while you are working from home. Wherever you can fit it in, aerobic exercise releases endorphins, which are the natural substances that help you maintain a positive attitude.

## 3. Make Time to Unwind with Relaxing Activities

Read a book, listen to some music, or maybe now is the time to learn how to play an instrument or pick up a new language. Or, how about gardening, crafting, puzzles or quiet reflection? Days filled with work and taking care of the kids and pets can take a toll both physically and mentally, so it is extra important to set time aside to unwind with something you enjoy.

## 4. Take Breaks from the News

This includes watching, reading or listening to news stories — even on social media. Hearing about the pandemic repeatedly can be upsetting, and understandably so. Balance taking breaks with keeping yourself informed, from sources you can trust.

## 5. Understand What You Can and Cannot Control

In moments like these, much is out of our hands, and while that can be unsettling for some, we will get through it. Try to focus on acknowledging what you are feeling and making the most of what you can control.

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## New to Wilmot- The Dundee Arts Collective!

We have some exciting news for Waterloo Region and Wilmot Township! During CoVid times, how essential have you found your time away from screens, investing in hobbies and being creative? Have you maybe felt like you could do with a little break away from the Groundhog Day routine? Kids Camps are bursting with choices for our frustrated future leaders, but what about folks that really need a break, those parents and adults dealing with the logistics of 'The New Norm'?

A new, multipurpose arts space is opening in the quaint town of New Dundee. The Dundee Art Collective will be opening its doors in the historic Feiderleine Building at 181 Front Street this September, offering a wide range of fun, relaxing workshops and take-home projects, alongside a gallery and maker's market. Programming at TDAC is geared towards folks who don't have a lot of time to commit, but like the idea of trying something new or developing their creative skills.

For those staying closer to home, TDAC offers to-go projects. Each project is designed by a different local artist and comes neatly packed with everything you need to make it a success - something to proudly display at home or ready to gift for a special occasion.

In our gallery you'll discover a carefully curated group of the region's visual artists. Housing painters, printmakers, fine art photography, sculpture, and ceramics, this century building has had many pivotal roles supporting the town and surrounding rural community since the 19th Century. Touring the open-plan space you will find Dundee Pottery - a ceramic school, offering classes on the wheel or handbuilding, glazes mixed in-house, and professional ceramicists ready to give you a tour or a demo. Check out the Dundee Arts Maker Market (think Etsy but in real life),

a delightful treasure trove celebrating the rich tradition of making, but with a contemporary twist. Local tea blends, our own signature coffee roast, and of course delicious locally crafted chocolates! Everything is handmade, high quality, locally sourced, and completely ethical. There's everything you need for intentional living, celebrating special occasions, and the holiday season without supporting imported and mass-made items.

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We run workshops and events 7 days a week - check our website or social media to see what's happening today, or shoot us an email at [kate@dundee-arts.ca](mailto:kate@dundee-arts.ca) Jenny and Kate look forward to welcoming you soon.



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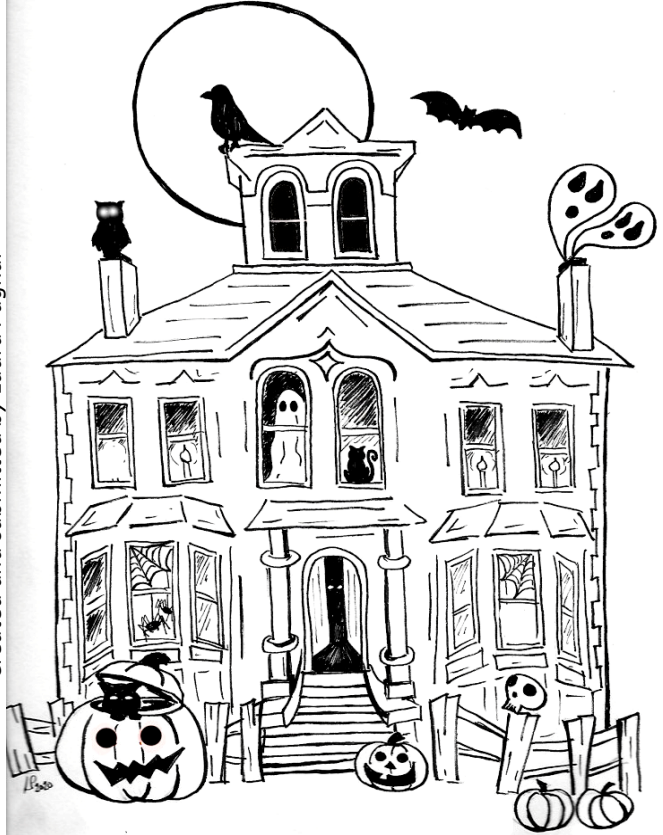
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Created and submitted by Laura Paghal

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# Community Corner ~ Check Out What's Going On!



## COFFEE HOUSE TALKS COME AND CREATE!

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The session is a \$30 value but ALL costs will be covered for this first creative event hosted by Coffee House Talks.

Bring your favorite mug to enjoy free coffee, water and a treat.  
And leave with a lovely holiday decoration and new friends!  
This is a FREE session but you must register!

**REGISTER:** Email [coffeehousetalks2020@gmail.com](mailto:coffeehousetalks2020@gmail.com)  
**WHERE:** New Hamburg Community Centre  
**WHEN:** October 21, 2020 at 10:00am  
**SAFETY:** Wear your mask,  
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Supported by programming through Wilmot Family Resource Center. Please call at 519-662-2731 with any questions. Currently funded by the Government of Canada, New Horizons for Seniors program.



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Answers to Spooky Kilbride Picture Quiz from page 21

- |                             |                                   |
|-----------------------------|-----------------------------------|
| 1. Flying bat missing       | 5. Jack-o-lantern has circle eyes |
| 2. Owl has eyes             | 6. Missing pumpkin near fence     |
| 3. Top windows blacked out  | 7. Spider missing from window     |
| 4. Candle missing in window |                                   |

**We're on the Web!**

Read the paper in colour at [www.badenoutlook.com](http://www.badenoutlook.com)

*You Must Be Joking!!*

Wife: "I have blisters on my hands from the broom."

Husband: "Next time take the car, silly."



**NOTICE :**

In the 2019 book *The Painted Ceiling Mystery and Other Secrets Revealed: The Baden Hotel* by Nancy Silcox. An error was made identifying one-time Baden Hotel proprietor Carmen Bannon as deceased. Mr. Bannon is, in fact, living.

Did you know that Jake and Humphreys' named their restaurant after their cats?



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## LEST WE FORGET—Memories of a Baden Family History

*Remembrance Day brings out stories of the past that should not be forgotten, and is a time we pay tribute to those who served our country with the highest honour and those who made the ultimate sacrifice. Here is a story of two men with a Baden connection that was shared with us by Rose Blake and Diane Bonfonte (the spelling of the family name has changed over time). Meet this family:*

**Paolo Bonfonti** lived in the Como area of Italy. In 1866, at age 22, he decided to get on a ship and sail to the new world. While sailing across the ocean he met a woman who later became Mrs. Peter Wagner. She told Paolo that she was going to a small town called Bamburg and that he should travel with her to seek his fortune. The ship docked in New York and Paolo, who was broke, was loaned money by this generous woman.

The pair travelled to Bamburg together and after a short while she introduced him to Ferdinand Walter. Mr. Walter in turn introduced him to Father Eugene Funcken, who was instrumental in getting him a job in Baden with the Grand Trunk Railroad. Paolo was true to his word and walked several times between Baden and Bamburg to pay her back in full.

Paolo married Catherine Hofele of Baden in 1882 and they had five children – John, Alexander, Rosa, Andrew, and George. Paolo died in 1901 at age 61 years old and Catherine took on a job as a domestic at the Livingston household to be able to raise her family. Eventually the family moved to Joseph Street in Kitchener. The Bonfontis attended the Roman Catholic Church in St. Agatha.

**Andrew Bonfonti**—As the first world war dragged on, the Canadian Government started recruiting soldiers through conscription. Andrew received his notice in March 1918. If he hadn't reported to London immediately, he would have been jailed. After a brief training session, he was shipped to



Seen in photo are Andrew, Jack, George Bonfonti, and their brother-in-law Joseph Freiburger

the front lines in France. Just ten days before Germany surrendered, Andrew was hit with shrapnel in his left arm and was sent to England for surgery. He was well on his way to recovery, but he contracted Tuberculosis and was transferred to the Canadian Special Military Hospital. The treatment at that hospital was bed rest, good nursing, and fresh air. Unfortunately, he passed away on March 20, 1919 at age 26, and was buried at the Lehnem Cemetery along with 32 other Canadian soldiers.



**George Bonfonti** was also conscripted, in January 1918, and went through the same training exercises as Andrew did. He was shipped to the front lines as well and made it back to Canada; however he died at age 32 on August 1, 1927 at Freeport Hospital due to

lung complications caused by trench gas. George had his name placed on a tombstone at the Saint Agatha Catholic Church Cemetery in his honour. Both Andrew and George fought at the Battle of Amiens and were true heroes.

*The story continues on next page*



### New Hamburg Legion

Branch #532—Boullee Street, New Hamburg

We are working towards possibly opening  
Saturday afternoons indoors as the weather  
turns cold. No food will be offered  
until further notice .  
Hall bookings are on hold until further notice



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If there can be a silver lining in this story it is that the death of the two brothers brought this family together. It was an amazing journey that Diane shared with us and putting the pieces together has been rewarding. It is no secret that back in the early years Catholics and Protestants did not get along, causing some families to distance themselves. The passing of these two gallant men has recently brought family members together.

Diane Bonfante stated, "I have met so many new cousins that I had no idea existed during my research of these two men – it is wonderful to build long lost relationships".

Diane researched the two men's stories and wanted to honour them in some way. March 20, 2019, was the anniversary of Andrew's death and Diane decided to pay a visit to the to the Peace Tower in Ottawa. At the tower, seven books are laid out starting with the war of 1812. Every day a page is turned on each of the books, and on November 11<sup>th</sup> each year, Andrew Bonfonti's name is shown on the book.



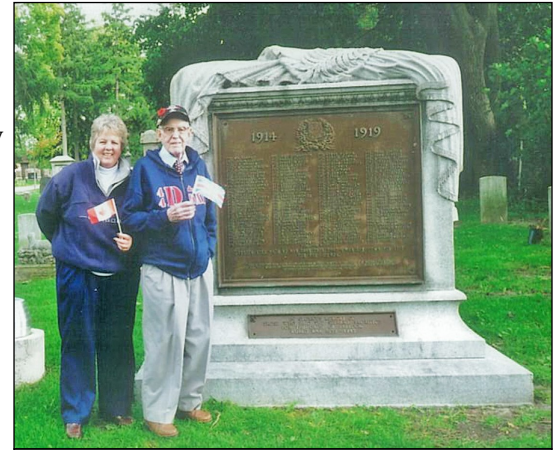
Diane at the newly engraved tombstone in St. Agatha Cemetery.

The Kitchener Record did a front-page story on Diane's trip to Ottawa, which caught the eye of her second cousin Rose Blake. The two met and Rose informed Diane that she was going to Lenham to pay her respects to Andrew in February 2020. Diane emailed the Legion in Lenham and they set up a wonderful day for Rose and her husband.

Upon arriving at the train station in Lenham, Rose was picked up and taken to a pub where she and her husband met local veterans wearing their war time medals.

Rose pinned a Canadian pin on each of the veteran's lapels. There was a procession up the hill to the cemetery, and the local vicar, Ann Price, held a service. Three wreaths were laid, one from the local legion, one from the Canadian High Commission which Diane initiated, and one that Rose brought with her. After that there was a luncheon at the local pub and then a tour of the small town led by a local historian, Amy Myers. "It was overwhelming to see how much generosity and kindness the local people displayed, and the respect and honour paid to the dead of World War One," stated Rose.

Diane had not finished her dedication to the two brothers. On September 26<sup>th</sup> she had the one blank side of the Bonfonti tombstone engraved with Andrew's name. It's another way to honour a fallen soldier. It is important to keep the memory of fallen soldiers alive and Diane and Rose are doing just that.



Diane with her father at Mount Hope Cemetery.



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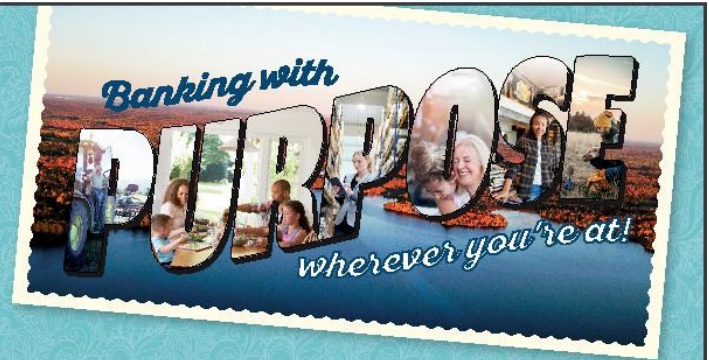
## Saying Good Bye to Glen Lichti

Baden has lost a friend. Glenden "Glen" Lichti was a person who gave his time freely to Baden for many, many years. We will always remember him sitting at a local coffee shop, quite often between 9 and 10 o'clock, sipping coffee and chatting with the locals. He was a long-time member of the Baden Chamber of Commerce and played a part in the development of Vespers' Springs Manor. He was also in charge of hanging the Christmas lights in Baden until they fell into disrepair, and he helped out with the annual Chamber of Commerce Barbecues and Christmas parades.



Glen was a member of the Baden Volunteer Fire Department for over 40 years and also a long-serving member of the Wilmot Heritage Fire Brigades. He was a long-time member of the Baden Optimist Club and later he spent his energy with the Petersburg Optimist Club. He helped out with the Optimist Breakfasts in Petersburg and spent time cooking food for the Baden Cruise night shows. He was tireless and always good natured.

He was a caring family man who loved to play games and enjoyed his children and grandchildren. He passed away September 25, 2020 at the age of 87 and he will be sadly missed.



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## Local Churches Invite You to Join Them

Visit [www.badenoutlook.com](http://www.badenoutlook.com) for a directory of local churches



### ST. JAMES LUTHERAN CHURCH

66 Mill Street, Baden, ON



519-634-5191 [www.st.jamesinbaden.org](http://www.st.jamesinbaden.org)  
Sunday Worship 9 am / Sunday School

Pastors: Bonnie Schelter-Brown & Pastor Barry Boeckner

### Wilmot Mennonite Church

2995 Bleams Road, New Hamburg, ON

Worship Service 10:00 a.m. ~ Christian Formation 11:00 a.m.

Pastor Susan Allison-Jones  
519-634-5030 [www.wilmotmennonite.ca](http://www.wilmotmennonite.ca)

### Livingston Presbyterian Church

44 Beck Street, Baden / 519-662-4949

Hymn Sing 9:45 am ~ Worship to follow at 10 am  
Moderator: Linda Ashfield, 519-886-4150

### SHANTZ MENNONITE CHURCH

2473 Erb's Road, Baden, Ont N3A 3M3

Phone: 519-634-8712 / [www.shantzmc.ca](http://www.shantzmc.ca)

Pastor: Don Penner

Worship Service - 9:30 am Christian Education - 11:00 am

### Emmanuel Lutheran Church

1716 Snyder's Road East, Petersburg, ON

519-634-5511 [www.persburgchurch.org](http://www.persburgchurch.org)

\* Wheel Chair Accessible \*

Worship Service 9:30 am / Sunday School

### ZION PHILIPSBURG LUTHERAN CHURCH

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519-214-0055, [www.philipsburglutheranchurch.ca](http://www.philipsburglutheranchurch.ca)

### Steinmann Mennonite Church

1316 Snyder's Rd. W. (at Nafziger Rd), Baden

Sunday Worship 9:45, Sunday School 11:00 am

Phone: 519-634-8311 / [www.smchurch.ca](http://www.smchurch.ca)

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HOURS

MON-FRIDAY	11:00 am - 5:00 pm
SATURDAY	10:00 am - 4:00 pm
SUNDAY	CLOSED

## Greetings from NH Thrift Centre

As you have likely heard by now, big changes are coming!

MCC is leasing space from the new owner of the former Ten Thousand Villages building. We thought it would be helpful to give you the answers to some Frequently Asked Questions surrounding this exciting move.

### What is moving?

NHTC will be moving most of our production space to the new space, which will allow us to greatly expand our retail space. This change will lead to greater sales and more revenue for MCC's programs on which so many people depend. Receiving and retail will remain in the existing building.

### How will this change the way NHTC operates?

There will obviously be more handling of goods involved. However, we expect that by designing our processing area efficiently, we will be able to overcome this. It will mean changes in the way we do things and how we operate. The reality is that this move is the best way for us to have more processing space in order to make things safer, less cluttered, and more productive for all of us—staff, volunteers, and donors.

### What is happening at the existing store?

The plan is to remove the wall that currently divides the retail and processing space and build several smaller dividers placed in the processing space to divide retail (public) from processing (private store space). We are looking to expand the checkout areas as well to increase capacity to four cash registers.

### When is this happening?

We are currently looking at moving in the fall or early winter. With so many moving pieces, it is difficult to give a definitive date at this time. We are committed to letting you know timelines as soon as they are finalized. Check our website and social media for updates.

More space means we will be able to process more donations and have more openings for volunteer opportunities. We appreciate your donations any time during our business hours and as we change seasons. We are now accepting winter clothes, winter boots, and Christmas items with the exception of Christmas trees. We will start accepting Christmas trees in November. Thank you again for your support and we appreciate your patience and understanding as we go through this process.

## ONLY LOVE....

- Makes a hug better than a shake of the hand
- Makes every meeting after a joy
- Makes a broken heart mend
- Dries our tears and makes you smile again
- Makes you smile when someone opens the door and says "Honey I'm home"
- Feels warm and cozy snuggled on the couch for a rest
- Makes you want to care for someone in any way you can
- Fills you with peace with just the touch of a hand
- Listens to the cries of the heart and secret fears it may have
- Gives you strength to carry on when people don't understand
- Makes everything more beautiful when looking through the eyes of love
- Makes life worth living

I Corinthians 13 says

*Without love we become as sounding brass or a tinkling symbol*

"So choose love" - author unknown

*Submission was mailed in anonymously*





## Remembrance Day Message from New Hamburg Legion

**R**emembrance Day is approaching and it is important for all of us to take this time of year to remember current and past military and emergency service members and their sacrifices that have secured the safety and freedoms we all enjoy today. The New Hamburg Legion will honour these service members with the annual Remembrance Day parade on November 7th in New Dundee and November 11th in New Hamburg. Due to COVID-19, we want to inform everyone of changes to this year's ceremonies.

For the New Dundee ceremony, we will parade as usual, but with double spacing between participants. Some groups that have historically marched in the parade, such as the Scouts, Cubs, and Brownies, will be asked not to march this year. While we understand the desire of these groups to honour the sacrifices of our veterans and fallen, we are making this change in the interests of safety and logistics.

Laying of wreaths during the ceremony will be limited to the Gov't of Canada, the Province of Ontario, the Town of New Dundee, the local MP, and Branch 532. Any others wishing to lay wreaths (private families, friends, associations etc.) can do so after the ceremony and once the crowd and parade have dispersed. The Sgt at Arms will be available to assist any private wreath layers.

We will forego the normal post-ceremony gathering back at the community centre and will dismiss directly from the Cenotaph.

The New Hamburg ceremony on the 11th will follow a similar approach. The parade will march double-spaced to the Cenotaph and lay 5 wreaths (Feds, Province, Town, local MP, and the Branch). All other wreaths are to be laid after the Ceremony at the Cenotaph. There will be no ceremony at the old arena as has been done in years past, nor will the Legion be open to provide post-ceremony lunch, drinks, etc.

Attendees for both ceremonies are requested to respect social distancing and wear a mask.

Please note that these changes are made in the interests of everyone's well being. COVID-19 has required many changes within our community, and we appreciate everyone's understanding. We look forward to seeing the same level of community support for the Remembrance Day ceremonies as we have seen in years past, and also to getting back to our traditional services next year.

*Bob Neubauer, Sgt at Arms  
New Hamburg Branch --Royal Canadian Legion*



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"Unity is strength. When there is teamwork and collaboration, wonderful things can be achieved."  
- Mattie Stepanek

## Answers from Trivia Quiz from page 8

1. Boxing
2. Niagara Falls-The rim is worn down about two and a half feet each year because of the millions of gallons of water that rush over it every minute.
3. Asparagus and rhubarb
4. It grew inside the bottle. The bottles are placed over pear buds when they are small, and are wired in place on the tree. The bottle is left in place for the entire growing season. When the pears are ripe, they are snipped off at the stems.
5. Dwarf, dwell and dwindle
6. Period, comma, colon, semicolon, dash, hyphen, apostrophe, question mark, exclamation point, quotation mark, brackets, parenthesis, braces, and ellipses.
7. Lettuce
8. Shoes, socks, sandals, sneakers, slippers, skis, skates, snowshoes, stockings, stilts.

Quiz submitted by Bruce Bousher

## Answers to Scavenger Street Name Hunt

1. New Hamburg - Off Arnold Street
2. Morningside New Hamburg
3. New Dundee
4. Petersburg
5. Baden - Off Snyder's near Brewery
6. Baden - Off Queen behind the Mill
7. New Hamburg - Off Huron Street
8. Rural - Off Nafziger by Alpine Plant Food
9. Foxboro Green
10. New Hamburg - Off Theodore Schuler
11. Stonecroft New Hamburg
12. St. Agatha

## All Things Scrambled Answers (pg 15)

### Creepy Characters

Ghost  
Ghoul  
Mummy  
Witch  
Goblin  
Zombie  
Monster  
Vampire  
Skeleton  
Werewolf

### All Things Halloween

Bat  
Mask  
Cape  
Candy  
Skull  
Treat  
Trick  
Spider  
Costume  
Pumpkin

## Halloween Trivia (pg 5)

1. Halloween
2. Witches & witchcraft
3. The tin man & the scarecrow
4. Dracula
5. 1092 lbs



The blazing summer finished with a real chill! The windows of our home seemed to be shut forever during the summer. I welcomed the cooler days and nights, and then, "Close the windows! It's freezing." Thankfully it warmed up for a bit again.

I and many gardeners experienced real challenges with pests this year. Cucumber beetles, Japanese beetles, tomato hornworms, moles, 2 rabbits and more. My squash and cucumber plants, but one, succumbed to cucumber beetles. The Japanese beetles were into the canna lilies, perennial hibiscus, and raspberries. I destroyed as many beetles as I could find. For the first time in decades of growing tomatoes, the big, juicy green tomato hornworms appeared. The first inclination was to become the terminator but I paused for a moment. There must be another way. One that still honoured nature. I removed the offenders and left a couple on the path for the birds to feast on. The rest I moved to tomato plants that had sprung up on their own from seed. I wanted them to mature into the five-spotted hawkmoth. My halo glowed after that!

At the time of writing this article, the drought continues. Please water your young trees and shrubs. Boulevard trees are your babies to give love and care to. If you have a tree that has been planted within the last 4 years, it needs a big drink. During any dry spell, water weekly. The street trees take 3 to 4 years to establish and with the inferior soil, they have a really tough time. Feed with a couple of inches (5 cm) of compost plus the same thickness of mulch; with all of this staying 4-5 in. (10-13cm) away from the trunk. The volcanos of mulch around trees may look pretty but are very unhealthy for the tree. [www.myminnesotawoods.umn.edu/wp-content/uploads/2009/11/wateringtrees.pdf](http://www.myminnesotawoods.umn.edu/wp-content/uploads/2009/11/wateringtrees.pdf)

Fall is a beautiful time. Wild asters of white and purple with yellow centres are often flanked by goldenrod. The

forests are a mosaic of yellow, orange, red, and greens. Our gardens have colour too and those who have grape hyacinths, the grass-like foliage is up.

Spring flowering bulbs can be still planted until the ground freezes. Skip the bone meal, unless you are in an newly built house/yard, as soil in this area has plenty of phosphorus.

**LEAVE the LEAVES!** Clear the lawns of leaves and put them on your gardens and mulch for trees. I know, for the neat freaks, this will freak you out but you will be saving lives. When the leaf bags go out to curb, so do the hibernating moths, butterflies, snails, spiders, and dozens of arthropods that birds and other creatures depend on for food. Please read: <https://xerces.org/blog/leave-the-leaves>



Checkout our Facebook page for updates and great gardening information, news and to share all things gardening. [www.facebook.com/groups/3133495739996313](https://www.facebook.com/groups/3133495739996313)

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# Cook's Corner

The gardeners have been pulling their carrots and there are many ways to enjoy them. Of course we all love the fresh crunch of a raw carrot, but I like to boil mine together with chopped beets. Once they are soft, I drain the excess water and toss in some butter, brown sugar or maple syrup (not that they need sweetening) and a small shake of salt and cumin. You can serve them up like that or sauté them a bit to caramelize them.



May I also suggest you try my favourite delicious carrot cake which is a hit at our house!

## Carrot Cake:

### Ingredients:

- 1 cup margarine
- 1 cup granulated sugar
- 1 cup packed brown sugar
- 4 eggs
- 2 cups all purpose flour
- 2 tsp baking powder
- 1 tsp salt
- 1/2 tsp baking soda
- 2 tsp cinnamon
- 1 tsp nutmeg
- 3 cups peeled grated carrots
- 1/2 cup chopped pecans

### Frosting:

- 1 package (250 gm) cream cheese softened
- 1/4 cup margarine
- 2 tsp lemon juice
- 3 cups icing sugar

Directions: Cream margarine, white and brown sugars, and eggs in large bowl at medium speed of electric mixer until light and creamy. Combine flour, baking powder, salt, baking soda, and spices. Add to creamed mixture on low speed, mixing just until blended. Stir in remaining ingredients. Mix well. Spread in greased 13" x 9" cake pan. Bake at 350 F for 50 to 60 minutes, or until comes out clean. Cool completely.

Frosting: Beat cream cheese, margarine, and lemon juice until smooth. Gradually beat in icing sugar. Spread evenly on cake.

The carrot (*Daucus carota*) is a root vegetable often claimed to be the perfect health food. Eating carrots is linked to a reduced risk of cancer and heart disease, as well as improved eye health. Additionally, this vegetable may be a valuable component of an effective weight loss diet.

Carrots are about 10% carbs, consisting of starch, fiber, and simple sugars. They are extremely low in fat and protein, crunchy, tasty, and highly nutritious. Orange carrots get their bright color from beta carotene, an antioxidant that your body converts into vitamin A. They are a great source of fiber, vitamins B and K, and potassium.

They're a weight-loss-friendly food and have been linked to lower cholesterol levels and improved eye health. What's more, their carotene antioxidants have been linked to a reduced risk of cancer.

Carrots have many medicinal properties – they can repair damaged cells, maintain health of the skin, serve as good antiseptic for skin wounds, cure eye diseases, very effectively clean your mouth from bacteria, regulate alkaline ratio of your body, treat worms in children, improve vision, improve breast milk in women, restore regular function of liver, regulate blood pressure, and much more.

## Carrot Tidbits from Pfenning's Family Farm:

Right in the heart of Wilmot between Baden and New Hamburg, you will find our family farm: Pfenning's Organic Vegetables. We've been farming here for almost 40 years, and we are very proud to be part of this wonderful community we call home. While we grow and pack a wide selection of organic veggies on just over 700 acres, we are best known for our sweet, delicious carrots. Around 130 to 140 acres are usually devoted to these orange beauties, and each year we harvest close to 2 million pounds of carrots alone! That's a lot of beta-carotene. (Did you know that ancient Romans believed carrots to be an aphrodisiac? Hmm. But be careful – eating too many can give your skin an orange-yellow hue, a condition known as carotenemia.) We grow the Maverick variety – it is well suited for the growing conditions here and gives us that classic tapered carrot shape. From nourishing the soil in the spring, to seeding & weeding, to fall harvest and packing - it takes many hands to get these carrots to your plates. *Our team here is pretty amazing – our Pfamily.*



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*"Building trust one home at a time"*

We are excited to let you know that we are hosting our second **Online Charity Poker Tournament!** It is FREE to play, and for every participant that joins a donation will be made to Food 4 Kids!

We hope you can join us **Friday October 23<sup>rd</sup> at 8:00pm**

Keep on eye on our website for more details and to register for the tournament [www.lambertgroup.ca](http://www.lambertgroup.ca)

Our team volunteered for a day with Food4kids Waterloo Region and had such a great experience and learned so much about all they do. If you would like more information about food4kids or if you are interested in volunteering, please visit their website at <https://www.food4kidswr.ca/>



"We are very impressed with the professionalism shown by Jon and his team during the sale of our home. Very well organized and honest from our initial consultation throughout the whole process. They generated a lot of interest with unique marketing and excellent coordinating. We have no regrets in our choice of realtors and highly recommend the Lambert Group. Well done and thanks guys." Bonch and Lyn



**KEEP YOUR EYE ON THE SKY THIS HALLOWEEN! WATCH FOR THE BLUE MOON.**



A Blue Moon is a fairly infrequent occurrence which generally happens every 2.5 years. We usually have one full moon per month, but occasionally we have two full moons in one month, which is happening this October the 1<sup>st</sup> and 31<sup>st</sup>. There is a full moon roughly every 29.5 days, so when you get two in a calendar month, then that is a Blue Moon– February will never have a Blue Moon.

So, how did it get the name "Blue Moon"? The term has been around for over 400 years. Obviously, the moon doesn't change its properties. It is believed that in 1883 the volcano Krakatoa erupted, spewing ash which acted as a filter giving the full moon a blueish/greenish look about it. The term stuck. Now you know!



**THANK YOU**



For donating *scrap metal, beer cans/bottles, wine & liquor bottles.*



*Wilmot Heritage Fire Brigades is a charity, operated by volunteers, preserving the history of firefighting in Wilmot Township.*



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Did you enjoy the New Hamburg Mennonite Relief Sale (NHMRS) Spring in Auction held on May 30? Well, NHMRS is back for a second round on October 17, starting at 9 AM.

For 54 years, the New Hamburg Mennonite Relief Sale has been an annual tradition for thousands of people in the Waterloo region and beyond. Since 1967, over \$14,000,000 has been raised, with all proceeds going directly to Mennonite Central Committee (MCC) for relief, development and peace initiatives in Canada and worldwide.

The relief sale auctions are one of the biggest draws to the Relief Sale. "The NHMRS auctions reflect the generosity of our community. Businesses and individuals donate goods and services to the auction and quilters spend thousands of hours creating hand-crafted masterpieces, to make the sale a success," says John Reimer, chair of the New Hamburg Mennonite Relief Sale.

The global pandemic resulted in the cancellation of this

much loved and anticipated event this spring. The NHMRS organizing committee pivoted to present an online spring auction on May 30, during which participants helped raise over \$85,000. Encouraged by the spring auction's success, the NHMRS organizing committee is holding another online auction on October 17 starting at 9 AM featuring stunning quilts, vintage tractors, handmade crokinole boards, limited edition MCC Centennial memorabilia and more. The auction offerings can be viewed at [nhmrs.hid.com](http://nhmrs.hid.com).

NHMRS is partnering with Mike Fisher of Fisher Media to facilitate live streaming the online auction on social media.

"I am inspired by the commitment of everyone involved in NHMRS," said John Head, Executive Director of MCC Ontario. "The NHMRS community works tirelessly and joyfully to make this a successful event and at a time when the most vulnerable among us need our support event more, we are very grateful for this support."

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## Good to Know— Brilliant!



- Take your bananas apart when you get home from the store. If you leave them connected at the stem, they ripen faster.
- Peppers with 3 bumps on the bottom are sweeter and better for eating. Peppers with 4 bumps on the bottom are firmer and better for cooking.
- To make scrambled eggs or omelets rich, add a couple spoonfuls of sour cream, cream cheese, or heavy cream in, then beat them up.
- When you buy a container of cake frosting from the store, whip it with your mixer for a few minutes. You can double it in size. You get to frost more cake/ cupcakes with the same amount.
- Heat up leftover pizza in a nonstick skillet on top of the stove; set heat to med-low and heat till warm. This keeps the crust crispy. No soggy microwave pizza.
- Before you pour sticky substances into a measuring cup, fill with hot water. Dump out the hot water, but don't dry the cup. Next, add your ingredient, such as peanut butter, and watch how easily it comes right out (or spray the measuring cup or spoon with Pam before using).
- Store your opened chunks of cheese in aluminum foil. It will stay fresh much longer and not mold!
- If you seal an envelope and then realize you forgot to include something inside, just place your sealed envelope in the freezer for an hour or two. Voila! It unseals easily.
- To keep squirrels from eating your plants, sprinkle your plants with cayenne pepper. The cayenne pepper doesn't hurt the plant and the squirrels won't come near it.
- Use a wet cotton ball or Q-tip to pick up the small shards of glass you can't see easily.
- To get something out of a heat register or under the fridge, add an empty paper towel roll or empty gift wrap roll to your vacuum. It can be bent or flattened to get in narrow openings.



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## You Must Be Joking!!



Three vampires walk into a bar. The waitress says, "What'll you have?"

First one says, "I'll have a blood."

Second one says, "I'll have a blood."

Third one says, "I'll have a plasma."

"Ok," says the waitress, "let me see if I got this—that'll be two blood and a blood light."



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Wow...thanks for the fun! The Baden Outlook had a great time with these folks !



Mark, John, Bob, Ron, Mike and Jeff of Wellesley Home Hardware took their Baden Outlook on a fishing trip to Kaby Lodge in White River, Ontario!



Darryl and Gail Eby, Elaine and Dave Brodercht, Brian and Sue Dinsdale, Doug and Judy Fox, and the neighbourhood dog Nikki took their copy of the Baden Outlook to Grand Oaks Resort in Cayuga. The group of friends celebrated Brian and Sue's anniversary!



Interested in having your adventure with the Baden Outlook in the paper? Simply email your picture with the Outlook and where you have been, to [badenoutlook@hotmail.com](mailto:badenoutlook@hotmail.com)



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