



Volume 10, Issue 3

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#### Points of Interest::

- Harry Potter Wordsearch
- Mystery at the Castle
- Baden Minor Baseball Photos

Boo! Baden Outlook This

### **Baden Hosts Open House: Fire Prevention Week**

There was a great turn-out at the annual Fire Prevention Week Open House at the Baden Fire Station! There was lots to learn for the whole family on how to prepare for fire. Watching and partaking in the "hands-on" demonstrations kept the crowd fascinated. A Junior Firefighter Combat Challenge for the kids and a free BBQ rounded out a very successful day.

Photos by Teresa Brown





You never know what treasures lie behind the walls of an older home. Marlene and Jim Miller share their discovery of an old newspaper dated June 26, 1914. We tried to research this Baden newspaper but failed to find much detail. What we did learn is in "Notes from the Attic" on page 14.



This paper is priceless! Please have one!

## Randomly Speaking ...



Talking with Ed Ra Web Update – No, We are not talking about Spiderman or any other ghoulish thing, but about our Baden Outlook website. We are pleased to announce that our website has been refreshed and revived . Visit us at www.badenoutlook.com and see what's new. We have posted photos of the Baden Minor Softball teams from the annual banguet.

- Write or Wrong The computer age has brought about countless benefits to mankind but one area that's a in sad decline is my handwriting skill. I didn't realize until recently that I am a CAPITAL letter writer! Pat asked me to write the alphabet (write not print) and I struggled badly. I guess it's true -if you don't use it, you lose it. I suppose I could select a scriptstyle font and seek and peck on my computer.
- **Bike Gang Visits Baden** Lance Armstong, Jim Basille and more than 70 other participants drove their bikes down Sandhills Road as part of a charitable bike ride on September 12. The group managed to make over \$1.5 million toward cancer research. Fantastic!



 Things that make you go Hmm... When we started our paper in August of 2000, the population of Baden was 1,700; and currently it is over 4,000. The township, at that time, was being challenged by many Baden citizens to grow Baden at a responsible pace.... Several years ago "Castle Kilbride" was posted on a sign near the Highway 7&8 turnoff, but was removed due to a lack of traffic generated by the castle. The sign has been empty ever since... In the newspaper business there is always issues.  Free Firebirds Night – Last season we sponsored a Firebirds Hockey game and there was a great turnout. Once again we are sponsoring the New Hamburg Firebirds for another free hockey game this October 23 at 7:30 against the

Simcoe Storm. The Baden Public School Choir will be singing the national anthem. Last year it was close to a capacity crowd, so be sure to cut out your family pass on page 27 (you'll need this to get in) and watch our Firebirds turn the Storm into a wee drizzle.



• Wilmot Township Grandstanding – Opening

ceremonies were held at the new grandstand in New Hamburg. Pictured to the right are councillors Les Armstrong and Terry Broda uncovering a memorial plaque which will be placed on the side of the building.



- New Businesses It's friendly Baden-style courtesy to visit and welcome new businesses to town. Stop by and say hello to Gloria at *Simply Scrumptious* on Snyder's Road; her neighbour, Janet at *The Little Things*; Wendy at *My Pet My Home* on Foundry Street; and all the vendors at the *Baden Farmers Market*.
- Getting Chilly Out There Tis the season to start



**y Out There** — Tis the season to start closing our windows, but we will surely miss the daily music chimed throughout town from St. James Lutheran Church... Thank You!

Till Next Month ... Ed

## EXTRA !! EXTRA !!



There are extra copies of The Baden Outlook available at Teddy's Bakery, Stop 2 Shop (Baden & St. Agatha), Old Fashioned Variety (Petersburg), N.H. No Frills & Sobey's, Short Stop, the New Hamburg and Baden Libraries and various businesses throughout Wilmot Township. The Baden Outlook is a completely independent publication, not affiliated with any other printer, organization, individual or commercial enterprise.

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Ah Yes ... More exciting destinations as The Baden Outlook continues to travel. Thanks for sharing your holidays with us!!



Marg Seyler travelled with *Bradley Walters Journeys* to Colorado via five trains through the scenic canyon. CKCO's weather man Dave MacDonald (a train buff), and his wife Catherine were the guest hosts for the trip.



Nicolas Egli went to Disney World, Florida, with his grandparents, Murray and Donna Ziegler. Snow White is delighted by the Outlook.





Larry and Lorna Roth visited their son, Kyle, in British Colombia, as he was the air-tram operator at Hell's Gate overlooking the canyon at the Fraser River.



Badenites Paul and Debbie Manning went to Memphis, Tennessee to see their daughter and took The Baden Outlook along to visit Elvis, "And thenk ya very much".





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Word Search - Harry Potter ... Seven books; eight movies; hundreds of characters! In the grid below, 47 surnames of

characters are hidden- som	ne well known, others	less well known. The	ey will appear horizontally, v	vertically, forwards,
backwards, and diagonally.	How many do you kr	now? No magic skills r	required to have fun here!!	- Submitted by John Westlake.

		,			j.		/	.,	<b>J C C</b>								
G	G	R	1	Ρ	Н	0	0	к	С	I	W	Т	1	L	F	Ν	BAGSHOT
G	R	-	N	D	Е	v	Α	L	D	Y	D	0	0	Μ	-	S	CHANG FINNIGAN
Ν	Υ	Е	к	Α	R	к	Α	R	0	F	F	М	0	Α	Ν	к	GRINDEVA
Α	F	I	G	G	В	0	0	Т	0	Ν	к	S	В	D	Ν	Е	HUFFLEPU LOCKHART
н	F	L	0	0	Ν	к	I	Ν	G	S	L	Е	Y	Ι	I	Е	MALKIN
С	I	Е	Y	v	R	I	S	R	Е	v	Α	R	Т	R	G	Т	PATIL SLYTHERIN
L	Ν	S	L	S	Е	0	Ρ	W	v	к	н	0	0	G	Α	Е	WEASLEY
L	D	Т	Е	0	Ν	R	V	U	0	G	0	D	н	Α	Ν	R	BINNS DOGE
Α	0	R	Е	D	Z	Α	>	-	L	L	0	Е	s	H	Y	Α	FLITWICK GRIPHOOK
G	R	Α	z	G	E	R	Ρ	0	Т	G	С	L	G	С	Е	>	KARKAROF
Α	L	Z	-	S	Е	к	С	Е	Е	С	Ξ	В	Α	L	L	Е	LONGBOTT
Ν	-	G	Ξ	Т	R	к	С	Α	L	В	Ξ	М	В	-	S	Z	POTTER
0	Т	Е	Т	J	Ι	J	F	F	L	Е	Ρ	U	F	F	A	С	SKEETER WOOD
G	Α	0	×	A	L	F	0	Y	Q	R	-	D	D	L	Е	L	BLACK
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LOVEGOOD MOODY QUIRREL **SNAPE** NDEVALD FLEPUFF BONES KHART FIGG GRANGER HAGRID THERIN KRUM LUPIN **OLLIVANDER** RAVENCLAW TONKS PHOOK BOOT KAROFF FILCH GBOTTOM GREGOROVITCH GOANAGALL HOOCH LESTRANGE MALFOY PARKINSON RIDDLE **IBLEDORE** TRAVERS FFINDOR

## SAY WHAT? Now THAT'S PUNNY!

- The stoutest knight at King Arthur's round table was Sir Cumference. They say he got his girth from too much pi.
- The butcher who inadvertently backed into the meat slicer got a little behind in his work.
- A hole was dug through the nudist colony wall. Police are looking into it.
- When a man's dog gave birth to puppies on the street he was charged with littering.
- She was the Distillery owner's daughter, but he loved her still.
- A chicken crossing the road is poultry in motion.
- When a little boy swallowed some nickels and dimes and was taken to hospital, his grandmother rang for a progress report. She was told "No change yet".
- I wanted to buy some camouflage slacks, but couldn't find any.
- Atheism is a non-prophet organization
- Push the envelope as you will, it remains stationery.

Submitted by George Carter

# *Please support the advertisers of this paper. We couldn't do it without them!!*

Submissions are due on the 1st of each month.



## Welcome - Baby Caleb!



Robert and Maude Walsh, and big brothers Nicolas and Etienne, are very proud to announce the birth of Caleb Alexander, on Tuesday August 11 at 5:15 p.m., weighing 9lb. 15.5 oz. Also welcoming Caleb are grandparents Frank and Mary Tuerk of New Hamburg, and Jacques and Hélène Fortin of Mont-St-Hilaire, Quebec. *Welcome to our family, Baby Caleb!* 

## STOP2SHOP 118 SNYDER'S ROAD EAST, BADEN / 519-634-5269 *Plan your movie night here—with our great deals!* Parlour Ice Cream 2 L 2 L. Coke / Pepsi \$3.99 2/\$? STOP2SHOP stop2Shop With coupon until November 15 / Limit 2 per coupon | With coupon until November 15 - Limit 2 per coupon Chips Hostess/ Humpty Dumpty Movie Rental 2/\$5 stop2Shop stop2Shop With coupon until November 15 / Limit 2 per coupon With coupon until November 15



Imagine a place where art, science and technology come together to inspire the young and the old. Imagine a place where children can come and marvel at the living wall. Imagine a place where adults can come and enjoy The Museum After Dark.

The Children's Museum in Downtown Kitchener, since it opened its doors six years ago, has been the Region's imagination and creation destination. Featuring culturally and academically diverse exhibits, The Museum invites visitors to let their imaginations guide them around every new corner.

Over the past two years, The Museum has been able to feature international exhibits such as *Discovering Chimpanzees: The Remarkable World of Jane Goodall* and *Andy Warhol's Factory 2009* which demonstrate the amazing growth and potential The Museum has to offer Waterloo Region and surrounding areas. This summer, The Museum announced that it will bring *Our Body: The Universe Within* – a major transformative exhibition – to downtown Kitchener in January 2010.

"Much of The Museum's recent success can be attributed to CEO David Marskell, who joined The Museum three years ago. "I am very fortunate to have the opportunity to lead what has become more than a children's museum and a gem for South-Western Ontario," Marskell said. "Our success is directly related to the numerous collaborations within the community and the hard working team here who have created so many exciting events and exhibits."

To fully engage the visitors in the experience, The Museum has many programs that educate and entertain based on the current exhibitions. Everyday is something new at The Museum and the public programs offer an adventure to discover in many different ways. From Tot Time to crafts for visitors of every age, The Museum's programming is a great way to get hands-on with the exhibits. The Museum also hosts over 25 curriculum based educational programs with something for everyone from kindergarten to grade twelve. With programming in subjects like math, science, art and language, teachers and students alike are sure to find this day away from the classroom inspiring.



Among the exciting things to see and do, The Museum also holds special events that range from fashion shows to teen dances to weddings. In 2010 The Museum will host special events complementing *Our Body: The Universe Within.* Each of these events is a part of The Museum's efforts to engage the community. With all the exciting events and exhibits now taking place at The Museum, it truly is the place to find art, science and technology at play.

The Children's Museum is located at 10 King Street West in Downtown Kitchener. Visit their website at www.TheChildrensMuseum.ca or call (519) 749-9387 extension 239 for information about current exhibits, hours, pricing and much more.



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Baden Outlook

## "Get It Together" ..with Donna & Rhonda

We are going to continue our "trip around the house" and this month we are going to travel to the living room/family room ...



First of all, make sure you have a garbage pail and recycling bin in this room. This is a room that commonly has a lot of garbage and paper clutter as it is the room that people congregate! It doesn't have to be a "standard" garbage can or blue bin . . . be creative . . a copper planter or a beautiful basket would look nice. Include some "dual purpose" furniture, for example, use a trunk for the coffee table or an ottoman that opens up for storage.

Everything needs a home ... including your remote control! Designate a specific spot for all the remotes. Think about the "tasks" that you want to accomplish in this room and set up "zones". Everything you need to complete the task should be within arm's reach of putting it away. Some example zones for the living room are: reading, games, and entertainment.

To learn more about "Getting It Together", visit us at www.heartofthematter.ca

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- Jack o lanterns originated in Ireland where people placed candles in hollowed-out turnips to keep away spirits and ghosts on the Samhain holiday.
- # Samhainophobia is an intense fear of Halloween.
- Orange and black are Halloween colours because orange is associated with the Fall harvest and black is associated with darkness.



## Baden Famíly says "Thank You"

We had a new fireplace installed and the first time it was to be used it was to run for four hours. So we turned it on and went out. The fireplace filled our home with some pretty thick smoke. The children of Schneller Court heard the smoke alarm, told their parents and a 911 call was placed.

The Baden Fire Fighters were terrific! We just have some smoke damage but it could have been worse. They had to take out the front door to get in. Our neighbours sent us to get a new door while they prepared the opening for a new one. One neighbour even made us dinner and brought it over.

We are new in town and are so thankful already for being part of this community. We wanted to thank our neighbours on Schneller Court and not forgetting the children, who were quick to respond. This is an awesome community we have in Baden. Sincere thanks to you all... Paul and Debbie Manning.



### IF YOU DO NOT RECEIVE YOUR PAPER...

We continue to get calls asking to have the paper delivered to your door. The paper is put into all Baden residential mailboxes, <u>UNLESS YOU HAVE A JUNK MAIL BLOCK.</u>

*Please call your postal station to have it removed or simply pick it up at the many drop off locations.* 







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**Baden Outlook** 



If you want to do your parents', you may need a calculator. 😳

computers inc.

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# Keeps on smiling more and more. Till they dressed for Halloween.

SPOOKS

Rules for Traveling in a Car Sitting in a back seat of a grown-up's car can get awful boring at times, so we have come up with some "Lookout Rules" to make the journey a little more interesting.

Cow Alarm - If you are the first person to see a cow you should yell out "Cow Alarm" followed by a Peeee Euuuu! Crossing a Bridge - Whenever you cross a bridge you must lift your feet off the floor so that your feet don't get wet. Graveyards and Tunnels - Whenever you drive by a graveyard or through a tunnel you must hold your breath until you are past the graveyard or through the tunnel. Punch Buggy - Ask your parents about this one.

Truck Fist Pump - While travelling past a transport truck, give him a fist pump as if you want him to pull his air horn. The fun ones might give you a honk. Pay attention drivers at Erb, Grant and Pestell Transport- be sure to toot at the kids! School Bus - Whenever you see a school bus everyone in the car must sing "Oh Canada".

### How to Make Your Dog Yawn



Stand in front of your dog and open your mouth really wide. (Don't let on to the dog that you are going to make it yawn.)

Leave your mouth open for a while and make groaning noises. Repeat as necessary until your dog yawns back.

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A witch whose face is green.

They used to be my family,

There's a ghost who haunts my bedroom,

## What's New at the NH Thrift Centre?

### H1N1 Response Kits

With the heightened awareness around "flu season" and new information about the H1N1 virus, many homes, businesses and churches are taking steps to put in place preventive measures in case of infection. In southwestern Ontario most of us have easy access to clean living and working environments, soap and sanitizers, and a doctor nearby, just in case. Vaccination clinics are also available if so desired.

But what if your community was 'fly in/fly out' only? What if you lived in over-crowded conditions with limited access to potable water? What if your access to a doctor was sketchy at best? Northern Ontario doctors, health units and Aboriginal communities have requested MCC's help as they prepare for this year's flu season. MCC Ontario will begin collecting for a new kit called *H1N1 Response Kits*.

Mennonite Central Committee Ontario (MCCO) has been asked to partner with Nishnawbe Aski Nation (NAN) in a response that will limit, through prevention, a highly-contractible virus. We will work with the 45,000 community members who live in 49 Cree, Oji-Cree and Ojibway remote and isolated First Nations in Ontario's Far North. Our goal is to collect 5,000 kits by the beginning of the flu season.

You can respond by collecting the H1N1 Kit contents listed below and bringing them to the New Hamburg Thrift Centre; or, if you prefer, you may choose to donate \$10 towards the cost of purchasing the contents of a kit.

#### H1N1 Kit contents

- One hand sanitizer between 60-75 mls (minimum 62% alcohol)
- One hand pump mild soap, between 225-250 mls
- One new individual packet of tissue
- One new hand towel
- One new wash cloth

For more information about this project, please visit www.mcc.org/ontario.



New Clients Welcome!

New Hamburg Thrift Centre 41 Heritage Drive New Hamburg 519-662-2867





# Get Ready for Winter!

Large selection of winter coats & boots now available! Skis coming out soon!





Mon-Thurs 9:00 am - 5:00 pm Fri 9:00 am - 8:00 pm Sat 9:00 am - 4:00 pm

**REGULAR HOURS** 

## You Must be Joking!!



Hospital regulations require a wheel chair for patients being discharged. However, while working as a student nurse, I found one elderly gentleman already dressed and sitting on the bed with a suitcase at his feet, who insisted he didn't need my help to leave the hospital.

After a chat about rules being rules, he reluctantly let me wheel him to the elevator. On the way down I asked him if his wife was meeting him.

'I don't know,' he said. 'She's still upstairs in the bathroom changing out of her hospital gown.'





## **BADEN MINOR SOFTBALL AWARDS**



**Coach of the Year** - "Tom Mussleman Award": Sean Montgomery, Scott Simpson, Absent - Jeff Mason



**Most Improved Players**: Curtis Dietrich, Rob MacLean, Olivia Hunt, Robbie Mason, Luke Aikman, Ashley Sheppard, Taylor Steeb, Absent - Nash McConnell



**Most Valuable Players**: Eric Woolley, Taylor Pfaff, Logan Baker, Ben Reinhart, Braydon MacLean, Ryan Jantzi, Madelyn Todd, Samantha Hild



**Most Sportsmanlike Players**: Chris Young, Nathan Romahn, Alyssa Hild, Tori Gibbons, Sydney Helmke, Absent -Torin Borton, Mallory Hancock, Braedon Hancock



Most Sportsmanlike "Penny Roth Award" -Erich Woolley



Most Improved Player "Murray Wagler Award" -Alex Reibeling





Best Volunteer "Rose Palla Award" - Dan Finn.

> The Baden Minor Softball Annual General Meeting is at the Wilmot Recreation Complex, Meeting Room 2, on Wednesday October 21 from 7 - 9:30. Please feel free to attend as the organization is looking for anyone who would like to get involved.

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Baden Outlook Baseball Pool Stats						
Place Name	PTS	Place Name	PTS			
1 Darren Pearson	362	31 Colton Holba	318			
2 Tyler Naumann	361	32 Jake Livingston	317			
3 Christine Loree	359	33 Bruce Littwiller	316			
4 Craig Bell	357	34 Finlay Johnson	314			
5 Bob Leppington	356	35 Bob Forde	314			
6 Maureen Westlake	355	36 George Jones	313			
7 Greg Snyder	348	37 Lily Johnson	313			
8 John Westlake	347	38 Roy Blake	312			
9 Tara Lazzari	345	39 Cheryl Erb	311			
10 John Nahrgang	343	40 Keith Wagler	311			
11 Russia Witzel	339	41 Zack Bender	310			
12 Alex Reibeling	338	42 Jean Cook	310			
13 Shane Grebinski	332	43 Pat Henderson	310			
14 Paul Jacklin	331	44 Sheila Martin	310			
15 Kris Dewit	329	45 Pat Miller	310			
16 Wally Morrison	329	46 Doug Kaminska	309			
17 Chris Murray	329	47 Ryan Grebinski	308			
18 Sydney McConnell	326	48 Tarvis Gowlang	308			
19 Jody McConnell	325	49 Brad Ziegler	306			
20 Laura Grahlman	324	50 Sir Dave Murray	306			
21 Kylie Martin	324	51 Isabelle Coxon	305			
22 Randy Martin	323	52 Chris Leu	305			
23 Sheldon Martin	323	53 Kyle Kaminska	303			
24 Lisa Holba	321	54 Wendy Held	303			
25 Sheryl Crabbe	320	55 Nate Roth	303			
26 Jessie Gingerich	320	56 Shaelyn Heise	302			
27 Jeremy Witzel	319	57 Bill Witt	302			
28 Robert Sisko	319	58 Doug Baier	302			
29 David Schmidt	318	59 Ed Tschirhart	301			
30 Jeff Miller	318	60 Loni Powell	301			

Kids Prizes supported by...



Yes! We had 102 children enter their picks for this season's Outlook Hockey Pool! We are giving away two random draw prizes to kick off the season! Congrats to Lucas McKee and Ryan Boronka! Congratulations to Darren Pearson for winning the year-end prize in this Season's Baseball Poolwinning a gift certificate from EJ's of Baden and the year-end prize package!

The second last day of the season three contestants were tied for first place (Darren, Tyler and Christine).

The lucky random draw winners are **Tony Soikie** winning a gift certificate from Egli's Meat Market, and **Earl Nickolas** winning a breakfast from Teddy's Bakery, & a Baden Outlook shirt.



Taking orders for Christmas Baking





WOW! Sports fans...Thanks for playing hockey with us! There are 434 entrants in this year's Outlook adult hockey pool and 102 youngsters in the kids pool. Be sure to follow your stats which are updated daily on the site. The Outlook draws the stats on the 7th of the month. To follow the stats,log on to our website at <u>www.badenoutlook.com</u> - Click on sports pool—choose "hockey" the pool I.D. is <u>outlookhockey or outlookkids</u> and the password is <u>guest</u> for both pools. The top 50 entries will be listed with more pages at the bottom of the screen. Have Fun and Good Luck!

### Gardening with Verda - The Aristocratic Chrysanthemum

A-h-h the glory of autumn with nature's display of colour in the leaves and man's imaginative use of the Chrysanthemum!

Chrysanthemums provide an outstanding climax to the season before the cold of winter arrives. This flower was grown in Chinese gardens as early as the 15<sup>th</sup> century B.C. At that time it was considered to be a herb and was believed to have the power of life. Legend states that boiled roots relieved a headache; young sprouts and petals were eaten in salads; and the leaves were brewed to create a festive drink. There is a Japanese tradition of putting a single chrysanthemum petal on the bottom of a wine glass to sustain a long and healthy life.

When China exported the Chrysanthemum to Japan, people were so captivated with this flower they wrote legends about it. Philosophers stated that the systematic opening of the petals symbolized both the sun and the perfection of orderly life. By 800 A.D. the Chrysanthemum had become so respected that only nobility was permitted to grow them.

In 1753 A.D. the Swedish botanist Karl Linnaeus described this flower by combining the Greek words Chrysos (meaning gold) with Anthemon (meaning flower). This probably was an accurate description of the ancient species, since the earliest illustration of Chrysanthemums shows them as small yellow daisy-like flowers. Ancient growers, however, would not recognize our modern mums in their wide range of colours, shapes and sizes.

Since its introduction into the United States in the colonial era, its popularity has increased so much that mums now reign as the undisputed "Queen of the Fall Flowers." The most widely grown potted plant sold from summer to fall is the Chrysanthemum. They are often used as housewarming gifts and can provide positive feelings as get well gifts. In Italy, however, the Chrysanthemum is associated with death, so don't give a bouquet of mums to your Italian friends!



Chrysanthemums are used in mass displays at concerts and other staged productions. With skill and patience some cultivars can be trained to look like an animal or some human form.



Cascading cultivars can be trained to resemble fans, pillars or trees. Next time you watch the Rose Bowl Parade, staged in California, take note of the numerous uses of mums.

Mums are easy to cultivate. They can be controlled to bloom on schedule. As a landscape plant, Chrysanthemums excel. Their wide variety of colours and shapes make them an excellent choice to make an entranceway focal point or to provide an extended season of colour to a flower bed. In general, Chrysanthemums don't require a great deal of care. They will tolerate light to medium frosts. However, they dislike "cold wet feet," so do not water the plants excessively before the garden goes into winter freeze-up. They prefer to grow in a slightly acidic soil. The addition of peat moss to the soil will be appreciated by the plant.

In the cultivation of mums, as with all gardening efforts, it's not luck nor a green thumb that achieves results, but rather hard work and dirty fingernails!



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## Notes from the Attic: The Baden Star

Several months ago Jim and Marlene Miller were renovating their home and discovered, inside a wall, an old copy of a newspaper called "*The Baden Star*". They invited us to look at the tattered and very fragile paper that was dated Friday June 26, 1914, Volume #1 Issue #36. Afraid to disturb the delicate pages we took pictures. We were eager to research this old paper as another piece of history to share.

After several hours of Internet research we only found a mention on the Region of Waterloo site. A trip to the Wilmot Archives showed that there was a mention in the Waterloo Historical Society – Issue # 9. Upon a trip to the Waterloo Library we found only a line referring to the paper. However a book entitled "The Inventory of Ontario Newspapers 1793 to 1986" by J. Brian Gilchrist provided more information.

*The Baden Star's* first publication was on October 23, 1913 and it ended its run sometime in 1914. The book also states that there might have been another publication by the same name in Baden previously. But another weekly publication "*The Baden Standard*" had publication dates from 1897 to 1900. Mike and Norma Weiler of Baden showed us yet another weekly paper, *The Village Item*, which was published every Thursday and its first issue was dated Thursday January 25, 1925. It is unknown how long this paper was printed.

*The Baden Star* was also published every Thursday and subscriptions were one dollar a year in advance. The advertisements consistently had no



phone numbers or addresses. John Honderich, father of Beland, who became publisher of the *Toronto Star*, was the publisher and editor of both the *Baden Star* and *The Village Item*.





newspaper but the Publisher will in no way, hold himself responsible for opinions expressed or assertions made in correspondence or advertisements etc.



The condition of the paper as found.

#### <u>A Note about</u> "Notes from the Attic"

We came up with the name for this feature because of Mike and Norma Weiler who have always been willing to share their Baden History treasures which are stored in their attic. Thanks to you both!

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First Weekend of November November 7 & 8, 2009 10 am to 5 pm Saturday & Sunday www.ruralroutes.org

To find descriptions of each artist, a tour map, email contact, visit www.ruralroutes.org

#### Discover Local Talent in our Rural Routes Tour !

On the first weekend of November 2009, local artists will open their doors inviting the public into their creative environments. The self guided Rural Routes Studio Tour takes you to the quaint communities of Baden, New Dundee, and New Hamburg. Participants will be welcomed at the studio stops November 7 & 8, between 10 am and 5 pm. Artists and students will be available for questions and conversation while you explore their works.

"Encouraging the Creative Mind." This year we've chosen to focus on EDUCATION as our theme. Some artists will offer hands-on experiences. We've also invited local students to be part of our tour. Five percent of our tour sales will be donated to the Waterloo-Oxford Secondary School Art Department.



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O: When does a skeleton laugh? A: When something tickles his funny bone.





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Scouting needs YOU!   Scouting for Youth and Adults to get involved in our Group and have fun!   (Youths are both Girls and Boys)   Beavers - 5 to 7 ½ years of age   Cubs - 8 to 10 ½ years of age   Scouts 11 to 14 years of age   Leaders 18 years of age and over	Advisory Council E	MINISTRY TEAM" on! IC PRESENTATION BY ND STUDENTS,SHARING STIMONIES OF UG ADDICTION! nvited! Bleams Rd. New Hamburg. unday October 25th, 9:30 a.m. ort of Team Ministry
Call Sheila Bayne 519-662-3430 <b>SUPPORT GROUP FOR PARENTS</b> Parents linked with our Community to assist in the need for Support, Awareness an Empowerment against narcotics. Monday evenings at 8 p.m. Trinity Lutheran Church 23 Church Street, New Hamburg Martin Luther Room (upstairs)	Grades 6-12 to join us on Oo "Technology and Your Child: This informative workshop will no but discuss ways to enhance and through technology. If your kids at texting or spending time blogging networking site, you cannot October 21, Waterloo Oxford District S Donation	mmunity with children in ctober 21st for a workshop on Parenting the Net Generation." ot only give you internet safety tips, d strengthen your parenting skills re communicating with a cell phone, g, on Face book or any other social afford to miss this workshop. 2009, 7-9 pm Secondary School – Cafeteria at the door
Page 16		uusly donated by Erb Transport rt community events Baden Outloo

Aquariums by Design: Stace Bleich Brings You to Underwater Worlds

#### By Teresa Brown

If you were to ask your friends whether they've ever had a pet goldfish, no doubt most would raise their hands. A tiny goldfish, swimming prettily in a small bowl, is a common feature in many homes. But if you were to ask whether this pet -- a pet that also functions as a decorative feature -was easy to care for, you would no doubt hear about the delicate work involved. Who knew that fish require so much effort?



Stace Bleich, owner of the Baden-based company *Aquariums by Design Inc.*, certainly knows. His company designs, installs and maintains aquariums (both fresh and salt water) for clients ranging from private homeowners to dentists' offices and retirement homes throughout Southern Ontario. Stace and his team also provide the aquatic life and decorative features in the aquariums, which means their expertise lies not only in making the tanks a beautiful part of a home or business, but also a healthy, sustainable system.

Stace's interest in aquariums stems from his childhood. He had aquariums all his life, and at age fourteen Stace took his first job at an aquarium store. As an adult, his years of work at Aquarium Services in Kitchener resulted in having many clients inquiring about servicing their tanks. "The company didn't do servicing, so I began taking it on myself," Stace says. "I slowly began taking on clients, and our company is now in its twelfth year. We have several fulltime employees who travel throughout the province to service the aquariums, and my wife, Jaime, does the bookkeeping."

And what aquariums they are! They range from a small tank that could fit on a table, to a 500 gallon or more aquarium that might reach 10 - 12 feet in length. His aquariums can have a sleek black-and-steel look or a classic wood cabinet surrounding the tank itself; some are circular in shape; and some are encased in the walls of a room. A quick look through Stace's web page (www.aquariumsbydesign.ca) gives potential clients an idea of the wide variety of gorgeous designs available.

The aquariums themselves are remarkable, but Stace also provides the life that swims inside. His basement is almost entirely devoted to his business, and includes a "fish room" with humidity containment, extra hydro and water access, and more to allow him to raise and keep his livestock, including corals. "I want to grow corals in a 'frag tank' I'm building," he says, "to avoid using wild corals." About 70 per cent of his clients have freshwater tanks.

but he's seeing an increasing interest in saltwater aquariums which allow "more diversity in life -- corals, starfish -- but also more colourful fish."

The health of the aquatic life is one of the vital things Stace's team checks when they arrive to maintain their aquariums. Their work also includes cleaning algae off the glass, cleaning the gravel and plants, redecorating the tanks to create a fresh look, checking the water quality and refilling the automatic feeders. All of this can take anywhere from a half-hour for a small freshwater tank to one and a half hours for a saltwater aquarium.

With Stace and his people taking care of the aquarium's every need, it's certainly an easy way to beautify your home or business. And there are many who agree: *Aquariums by Design* is the largest company of its type in Canada, based on numbers of clients, and the business is growing. "Movies like *Finding Nemo* have had their impact," he says. "Two of the most-requested fish we provide are the 'Nemo' fish, or clown fish, and the 'Dory' fish, or Blue Tang."

Stunning in their aquarium design and diversity of creatures, the possibilities are almost endless. Stace's aquariums are the centrepiece of any room, sure to fascinate adults and children alike with their colourful life. But that's not the only way in which his aquariums are a far cry from a goldfish bowl. With the expert care of Stace and his team, your little piece of the sea can be the easiest pet experience you've ever had.





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#### Message From the Director – Gord Davis:

I was very excited when I was asked to come back to TCP and direct CATS. I have always felt that this great musical should be, and could be, accessible to all performers, not just dancers. The poetry is classic and the music is absolutely gorgeous, and yet, in traditional productions, the music and poetry tend to be overpowered by dance. Not so in TCP's production of CATS for 2010!

My vision, along with the vision of the brilliant TCP design team, is one which will include strong choral singing, solo work that involves a deep understanding of the poetry, costumes that will compliment any body type, makeup that will transform human to feline, and a spectacular setting that will be unique to TCP. Dramatic movement and dance will compliment the incredible music and the story line.

TCP has been, and always will be, about community, and everyone in that community will feel comfortable and valuable in our exciting TCP community of CATS.

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#### THIS IS HAPPENING RIGHT HERE IN OUR OWN COUNTRY! - We Must Stop This Immediately!

Have you noticed that stairs are getting steeper . Groceries are heavier. And, everything is farther away. Yesterday I walked to the corner and I was dumbfounded to discover how long our street had become!

And, you know, people are less considerate now, especially the young ones. They speak in whispers all the time! If you ask them to speak up they just keep repeating themselves, endlessly mouthing the same silent message until they're red in the face! What do they think I am, a lip reader?

I also think they are much younger than I was at their age. On the other hand, people my own age are so much older than I am. I ran into an old friend the other day and she has aged so much that she didn't even recognize me. I got to thinking about the poor dear while I was combing my hair this morning, and in doing so, I glanced at my own reflection...well, REALLY NOW - even mirrors are not made the way they used to be!

Another thing, everyone drives so fast these days! You're risking life and limb if you happen to pull onto the freeway in front of them. All I can say is, their brakes must wear out awfully fast, the way I see them screech and swerve in my rear view mirror.

Clothing manufacturers are less civilized these days. Why else would they suddenly start labeling a size 10 or 12 as 18 or 20? Do they think no one notices? The people who make bathroom scales are pulling the same prank. Do they think I actually 'believe' the number I see on that dial? HA! I would never let myself weigh that much! Just who do these people think they're fooling?



All I can do is pass along this warning:

WE ARE UNDER ATTACK!

Unless something drastic happens, pretty soon everyone will have to suffer these awful indignities.

STOP THE CONSPIRACY!

Submitted by Robert Price





Volume 10, Issue 3

## **Checking Out the Baden Branch Library**

**NEW HOURS at the Baden Branch Library:** In addition to our regular hours, we are now open on Wednesday evenings from 6:30 to 8:30 p.m.

When you visit the library, you may see a variety of staff working. Because of this, <u>it is very important that you bring</u> your library card with you every time for proof of identity. Library cards are valuable items and you are responsible for everything borrowed on your card.

#### Get to know the library staff:

**Carolyn O'Krafka** started working for the Region of Waterloo library just over three years ago. Most of her hours are in New Hamburg but one to two times a week she makes the commute to the Baden Branch. She has always loved reading and likes curling up with a good book and a bowl of popcorn. Mystery novels are her favourite. Some of her favourite authors are Lee Child, Lisa Lutz, Stephen White and Jeff Lindsay.

**Kathleen Rempel** is excited to be working at the Baden Branch on Wednesday evenings. Some of you may recognize her from the New Hamburg Branch, where she also works. Kathleen says the best thing about her job is the opportunity to interact with and assist library patrons. She is looking forward to meeting the people of Baden.

FOOD FOR FINES – <u>Use food to erase</u> overdue fines during Ontario Public Library Week, October 20 to 24. One



non-perishable food item is worth \$2 in fines. All food collected will be donated to the Wilmot Family Resource Centre Food Bank. Help yourself and your community by paying your fines with food!

The **Kids Book Club** first meeting will be on Thursday, October 22 from 6:45 to 7:30 p.m. Check out the new day and time! The books we read are aimed at children ages 8 to 11. Fun activities, great stories and more. No registration is required for this program. Drop in!

October is Canadian Library Month. Celebrate the theme "YOUR LIBRARY YOUR WORLD – Now More Than Ever" with libraries all across Canada! The theme of Ontario Public Library Week is **FIND IT** and takes place from October 18 to 24. Come in and celebrate all that your library has to offer you!

You can contact the library at 519-634-8933 or by email at badenlib@region.waterloo.on.ca for more information. Check out the library website - www.rwl.library.on.ca

Chris Baechler, Assistant Supervisor - Baden Branch



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Baden Outlook

#### Wilmot Heritage Fire Brigades: What's Happening for October and November

It's been a very busy summer and early fall for the Wilmot Heritage Fire Brigades ... our trucks have been "Wowing" the crowds at New Hamburg Cruise Night, Moparfest, Expressway Cruise night, and the Tavistock and Wellesley Fall Fair parades and shows. Some of these events have welcomed two of our oldest trucks, from 1935 and 1939, while our 1940 Fargo has appeared at others. Many thanks to Bert Currie, Ray Cook, Blain Bechthold, Kenton Frey and the many members who helped out at Moparfest for your time and effort!

The WHFB was also in attendance at the Shakespeare Fire Department's 50th Anniversary celebration on September 12, where the crowds had a "blast" trying out our c.1850s horsedrawn hand pumper. This unique antique was also a hit at the Wilmot Fire Department's Open House on October 3, where people had the opportunity to "put out the fire" in a house facade. Many thanks to Chevy Kastner for his hard work on this terrific new feature!

And if you missed those chances to see part of the history of your township's fire department, don't worry; our museum is open on Wednesday evenings from 6:30 p.m. - 8:30 p.m. It's behind the Baden fire station, and admission is free. In addition, we are happy to give private or group tours by prior arrangement at almost any time: just call Blain at 519 - 634 - 8153 or Teresa at 519 - 634 - 8580 to schedule. School and community groups are welcome, too!

The WHFB is holding its annual Theatre Night fundraiser on Friday October 23 at 8:00 p.m. at the Schoolhouse Theatre in St. Jacobs. This year's play is "2 Pianos 4 Hands," a hilarious story of "two Canadian boys who share the same unorthodox goal: concert pianist stardom." It's a great show, and a wonderful way to support a very worthy cause. Tickets are only \$35 each, and are available by calling Blain at 519 - 634 - 8153, or through any WHFB member.

Finally, believe it or not, winter is coming ... and with that snowy season comes a busy time for Santa Claus Parades. The WHFB will be appearing in parades throughout the Township; be sure to come on out and see these special vehicles motoring along your town's streets. But until then, be sure to check out our new web page, at the same address: www.whfb.ca. See you at the parades!

Submitted by Teresa Brown

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Wilmot Jujitsu is pleased to offer Ninpo Bugei (Traditional Ninjutsu) to the program. Classes will be held from 7:15 - 8:15 pm on Tuesdays and Thursdays and open to the ages 14 and up. *Please see the following website for more* information. www.genbukan.ca



Volume 10, Issue 3



## The 1920s — and a Murder Mystery -- Come to Castle Kilbride!

Jazz music echoes through the dimly lit halls of the mansion ... as a gangster's cigar smoke lingers in the chill night air. Whispers float from a distant room -- the library, perhaps -- and a dark, mysterious woman laughs as she passes you a glass of wine. An artist wanders, lost and babbling. through the parlour; a brilliant genius smiles innocently in the smoking room. Suddenly a scream rises through the belvedere: what is happening, you wonder, gasping in fear as the lights go out with a crash of thunder and lightning. If such a scene appeals to your sense of



mystery and excitement, then you won't want to miss Castle Kilbride's first murder mystery theatre event: "Where There Is Smoke, There Is Murder." It's an original play set in 1922, which invites its audience to watch as a flapper, a gangster, an assassin, an artist, and others move through the Castle's historic rooms. They -- and you, if you wish to -- try to figure out who committed the murder that opens the play.

The event is the result of a team effort. Castle curators Tracy Loch and Sherri Gropp, along with weekend supervisor Alysha Hunsberger, are working with Baden playwright Teresa Brown to create a fun-filled evening of mystery and luxury. The evening includes hors d'oeuvres, dessert, and a complimentary glass of wine. The Castle, already featuring many artefacts from the opulent Art Deco era, will be decorated even further for the 1920s. Everything from the maids to the music will make guests feel as if they're in the Jazz Age.

And of course, there is the mystery. The play was

written specifically to take place in Castle Kilbride, and includes

references to local places as well as historic names. But don't be fooled, it's not a history piece but an exciting -- and hilarious -- comedy/ mystery, in which the characters are as colourful as they are mysterious. There's the flapper Tallulah Rosebank, ruthless bootlegger Bugsy Brubacher, intrepid reporter Charles Foster Ritz, and more.

It's a mystery that the audience may simply sit and enjoy, or, if they choose, take part

in solving. While no audience member will be asked to "take to the stage," there will be a chance for guests to figure out who committed the murder -- and a chance to win the prize. The evening gives the audience the opportunity to move through the Castle's rooms, asking questions of the play's characters in their attempt to solve the mystery -- and of course to enjoy the splendour of J.P. and Laura Livingston's home.

The event takes place on Friday October 23 (sold out) and Saturday October 24th at 7:00 pm at Castle Kilbride in Baden; it is a licensed event. Tickets are \$45 and are available by calling the Castle at 519 - 634 - 8444. Reservations must be made in advance, as seating is limited. So don't delay - get your tickets soon, and join Tallulah and the others as they "Charleston" through Kilbride's halls ... and help solve the murder of the century! http://www.castlekilbride.ca/ http://www.teresamariebrown.com/



## You Must be Joking!

Morris, an 82 year-old man, went to the doctor to get a physical. A few days later, the doctor saw Morris walking down the street with a dordeous yound woman on his arm. The doctor said, You're really doing great, aren't you?'

Morris replied, Just doing what you said, Doc: 'Get a hot mamma and be cheerful."

The doctor said, 'I didn't say that.. I



said, 'You've got a heart murmur; be careful.'

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Baden School: A GREAT START FOR THE BULLDOGS

By: Hannah Verbiski



It's hard to believe that September is already behind us. The Bulldogs had quite the busy month. We kicked off the first day with an assembly that definitely got everyone pumped for the upcoming school year! The first week zoomed by and ended with Andy Thibodeau talking to us about showing up, listening, and participating in all aspects of our lives. It was a great presentation! We've really had a jump start on the year!

Many extra-curricular activities have taken place in the past month here at Baden. These include boys football, girls soccer, and many other clubs and groups. The girls' soccer team have had a victorious month winning three games, leaving them undefeated. The boys' football team hasn't had quite as much success, however they've definitely been working hard to bring in the wins! The Baden Leadership Team also welcomes 10 new members this year. On September 17th the Eco-Team lead the Bulldogs in an after school cleanup to help keep our schoolyard green! The bus and safety patrols also got right into their training on the 24th so they can help keep our students safe.

Friday, September 25th was quite an eventful day here at Baden. The BLT was hard at work organizing Hat Day. Everyone showed their school spirit by arriving at school with some pretty crazy hats! Congratulations to 1A, 4/5 FI, and 8A for having the most creative hats! Our Athletic Council was busy all week promoting Baden's Terry Fox run. All of our students came out to run or walk for the cause resulting in a triumphant day for our Bulldogs, raising over \$1000 dollars for cancer research. Other fundraising initiatives going on at our school right now are QSP

fundraising; the Bulldogs are out selling magazine subscriptions to their family and friends. We're also selling pizza and participating in the Waterloo Region Food Drive to help feed our community.

There were many other exciting things going on here at Baden this month. Life Touch Canada came to the school for Baden's picture day, the Bulldogs came prepared and ready to get their photographs taken. On September 16th we held the Baden Open house. Students and their parents could come to school, meet the teachers, and get a better understanding of what to expect from the school year.

Some classes have even already enjoyed many eventful field trips. Class 8E went away to camp on the 21st and on the 25th, they went on an exciting trip to the Orchard Home Farm. On the 25th the grade 6's also went away to Camp Heidelberg where they had an amazing time! Finally the grade 5's went on a fun-filled trip to Woodside Park on September 30th.

To end off the month, we welcomed motivational speaker Mike Neuts to share with us his story of how bullying affected his life immensely and how we can make our school a better place for all of us. It was a very inspirational presentation that none of us will soon forget! With the recap of September, we look forward to the rest of the school year, knowing that it too will be fun and fast paced. We, Bulldogs, have had a great start to the year, and are extremely excited for what the rest of the year will bring us!

# the Health & Wellness Page

## Are YOU Stuck?

## Are You Stuck, Stagnant, Energy-less, Impatient... and Dramatic?!

Nobody likes the feeling of being stuck - whether feeling like you have heavy feet, or stuck in old ways, or stiffness, the feeling of stagnancy holds a lot of people back. The morning is a particularly vulnerable time for being stuck, when it really should be a time of movement and vitality.

**Coffee as a stimulant -** No wonder coffee is the beverage choice for the morning. Its incredible abilities to move the blood and get us going is a perfect example of removing feelings of stagnancy. Not only does coffee help, but so does chocolate, alcohol, and a little more healthily - raw vinegar, ferments, sour foods like lemon, pungent spices like garlic, ginger, cardamom etc, and the very hot spices such as cayenne. These foods all help to 'get us going' and give our energy a stir. When we feel drained and stuck, or emotions also clog up and tend to manifest as anger, resent or impatience. To remedy this stiffness and sometimes impatience that is a result of stagnancy, we need to be gently stimulated- either with foods, something exciting, exercise or stretching, as examples.

**Stimulation is good; Too much is drama! -** While stimulants help stagnancy, over stimulating does not! The remedy for stagnancy is NOT to have stimulating foods and coffee every day, but INSTEAD, stop whatever is stagnating you!! Over stimulating the body every day to get energy

## At the Spark Centre:

**Enhancing Your Energy with Food** October 30; 7:30 - 9 pm

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Intro to Healthy Eating class Nov. 10, 17, 24, Dec. 1; 7-9 pm \$175 + GST for 4-week program

Improve you and your family's health from this simple and easy to understand class covering the basics of a healthy diet, eating habits and cooking techniques with Registered Nutritionist Michael Fisher.

For more details, visit www.michaelfisher.ca Please register for either of these events with the Spark Centre at 519-662-6600 Submitted By Michael Fisher, R.N.



makes us more tired in the long run, it's like kicking a horse to get it going, but how much can you kick it

before it just gets tired and lays down and doesn't move at all? Also, excessive stimulants, especially the strong ones, create emotional drama! The negative side to stimulation is drama, and so often the heavy coffee/ alcohol drinkers and chocolate eaters are dramatic folks who swing from stagnant, stuck thinking to wild, erratic and dramatic thinking and health problems. Living in these two extremes is so popular in modern society, but there is a solution!

#### Preventing stagnancy, and use of stimulants!

Foods that stagnate:

- rich foods; meat, dairy, eggs
- fatty foods; nuts, deep fried, margarine, etc
- refined foods; white flours, sugar, bread, etc
- excessive consumption
- over stimulating with caffeine, spices, exercise

Ways to help create a smooth energy flow:

- vegetables and some fruits
- whole grains, when not overeaten
- eating slowly and moderately
- gentle exercise, walking, stretching, etc
- sour foods, such as lemon, ferments
- gentle spices in cooking, such as mustard, etc

• simplicity, patience and relaxation.. and sleep!

Breathe deeply and enjoy energy everyday!

The above information is not intended to replace the efforts of the medical system.

Michael Fisher is a Registered Nutritionist focusing on healing through whole foods. Michael teaches, consults and writes in Canada and the US. Visit Michael's website for more information. www.michaelfisher.ca



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Volume 10, Issue 3

## WILMOT FAMILY **RESOURCE CENTRE**



### FALL PROGRAMS

#### Preschool:

For children ages 3-4 : Tuesday and Thursday mornings from 9:30 -11:45. The mornings are play-based with a fun new theme each week. A structured circle time includes days of the week, songs, stories and fingerplays. Preschool is packed with dramatic play, crafts, sensory, fine and gross motor fun. Spaces are available; program began Sept. 22. Call or email for more info or to register your child.

#### **Kids In Motion:**

Tuesday after school from 4-5 pm, for children ages 5-10 at New Hamburg Arena (Jacob St.). We are happy to have Centre Stage Dance Studio as well as Absolute Fitness working with us to provide the children with an active fun filled hour! Pre registration is required. Program began September 22.

#### Teen Fun Zone:

A supervised youth drop in /skateboard park available Thursdays from 4:30 to 8:30 at the New Hamburg Arena (Jacob St.). Youth from grades 5 to 12 welcome! The cost is minimal... just \$2 per visit. Skateboarding, inline skating, foosball, playstation, tuckshop, and more!

Teen Fun Zone reopened for the season on Thursday, October 1, 2009.

#### Parent & Child Drop In:

A time to get together in an informal setting to socialize, make new friends and create a craft. Come and join us! For children from birth - 6 years and their parents/caregivers. Mon. and Wed. in Wellesley; Tues. in Baden; Wed., Thurs., and Fri. in New Hamburg. Please call for more information.

#### Infant & Toddler Drop In:

This **new** drop in is just for children from birth -3 years and their parents. Come to play, sing songs and meet other parents in your community.

Started Monday, September 28<sup>th</sup>, 10 am – 11:30 am

For more information Call 519-662-2731 or visit our website www.wilmotfamilyresourcecentre.ca



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**Baden Outlook** 



**The FireDirtls Are Back** on the ice with new management and coaching staff. Joe Scheerer has taken the helm as General Manager and Shane Gerber is the new Head Coach. We met with Shane to get some insight as to how the newly managed team will look this year.

The first to be addressed was to increase scoring. After 34 games last year the Firebirds scored 114 goals, while this year the Birds have played four games and already scored 19 goals. They have three players on the top scorers' list and their power play is ranked in the top two in the league at 27%. Shane also claims they are a faster team which means an exciting brand of hockey for this season.

The Firebirds have six locals playing this year, with one

complete line from the Stratford midgets and three imports who are Laurier students from Picton, Kingston and Peterborough. Players from Waterloo Region round out the squad. Players this year have specific roles they must follow. In the first few games they are learning their roles and the team is coming together quite well.

Their schedule is not kind to them as they play the top two teams in their division (Simcoe and Norwich) three times each before November 1<sup>st</sup>. Shane believes that the team will be very competitive and will be playoff bound this year.

Come to the Wilmot Recreation Complex and watch the Firebirds take on the Simcoe Storm on October 23 - on the Baden Outlook - simply cut out the coupon below.

This coupon entitles you and your family to entry to a hockey game at the Wilmot Recreation Complex – Friday, October 23 – 7:30 pm.

# NEW HAMBURG FIREBIRDS VS SIMCOE STORM

This game is sponsored by The Baden Outlook - please present this coupon at the door.

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## OUR RSARY

# with a **Free Family Skate** at the

## **Wilmot Recreation Complex** Saturday November 21, 2009 from 7:00 to 7:50pm





Your local Registered Massage Therapy Professionals



<sup>1</sup> Bring Ballot for Free Family Admission & Door Prize Draw Wilmot Recreation Complex

Saturday, November 21, 2009 from 7:00 to 7:50pm

**Door Prize Ballet** 

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