



NOVEMBER 2020
VOLUME 21, ISSUE 4

Baden Outlook



~ Your Monthly Newsletter ~
Keeping the Community Connected



This paper is priceless.. Please have one!

Baden ~ Our Town ... Where Good Things Happen !



Baden...You did it again!

Halloween for Hunger in the southwest of Baden continues to grow each year and this year was another great success.

The van is loaded and ready to head to the Wilmot Family Resource Centre.

Thank you to those who contributed, we appreciate your generosity and support.

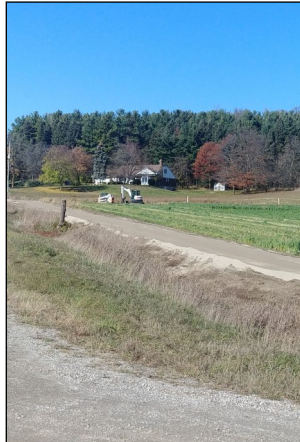
Courtesy of Heather Steckle Gallian



What's New in Baden?

Light standards are being installed on the Foundry Street ramp coming off highway 7&8. The standards are being installed on all the off ramps from Baden to Trussler Road and will be very much appreciated.

A new curb has been laid on Mill Street between Snyder's Road and Charlotta Street, which will tidy up that intersection.



The newest trail system will be opening soon on Sandhills Road at the Baden Hill. The township has gained permission from the Region of Waterloo to create the trail system and is working with Mike Schout, who contributed monies and labour to the project. A parking lot has been installed near the township yard and a pea stone section laid down on the open section of the trail. The bush area will be a natural walking trail which will connect to the Gingerich Road sidewalk system. Great to see the continued growth of our trail system.

Now that's progress!

LEST WE FORGET

Honouring those who gave so much for our freedom



Mike
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MPP KITCHENER-CONESTOGA

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Hello November

Alder Lake, New Dundee

Courtesy of Al Junker



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Barry, Pat, & Katie Fisher

Check out what's happening in the paper this month:

- Barry shares letters from his dad from when he was away at war
- See what's happening at Castle Kilbride
- Check out the many activities offered at the Baden Library
- Enjoy the fun bird trivia with Ken Quanz
- Pinched nerve making you cranky? Learn more with Dr. John Papa.
- *Taking the good with the bad* during the pandemic with Chip from ICC
- Interesting History and Cheesy facts from Baden
- No matter the time of year, tips for your garden
- Be in-the-know with Gary and travelling during these times of COVID

The Baden Outlook is a grassroots family business serving the community of Baden and Wilmot Township.

The views expressed in this newsletter are not necessarily those of The Baden Outlook.

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Greetings from Headquarters ~

Hello November— Yup, cold, rain, snow and so windy on the first day! What a set up for what's ahead!! But we're glad you held off with winter weather for Halloween as it was nice to see how much fun people had, as seen on the inside front and back pages.



Typically I'm ok with the gradual ease into the hibernation month, busying myself with indoor things. But it feels different this year with the dreaded virus hanging around and knowing that you must stay isolated and avoid socializing. It seems more difficult this year, but I sure am glad that Katie and her family are now in our safety bubble. We will still see Mike and his family in safe settings.

Katie has been doing a fine job sharing my chair and has met many new faces since she began in August. It's nice to spin the monthly duties between the three of us, always sharing new ideas. She is so excited each month to take on more duties. After 20 years, it's nice to add her fresh energy to the paper.

With the colder weather and the rising Covid numbers, we will be heading back indoors and perhaps back into the kitchen to cook up some comfort food. I've heard how many folks enjoyed cooking while in the early stages of the lockdown this past spring, but perhaps you need a new twist to your usual cuisine abilities—I sure do. I realize that I am not that savvy with the use of spices and know that they totally add a new flare to any dish. In my pantry I found a nutmeg nut that I use in my carrot cake recipe, but wondered what else to do with it. I researched nutmeg and dug around looking for a different recipe to try out and shared it with you in Cook's Corner (on page 28) for you to experiment with too. I ponder what other spices I'd like to learn about. If you feel knowledgeable in the wonderful world of spices, I invite you to share your wisdom with me and our readers, or even enlighten me about your favourite spice, the one you will never be without in your pantry. (Just send us an email and mark it 'spice info').



I have been secretly behind the scenes of the paper for a while but officially joined the Outlook team in August. My mind is fascinated with local history, just like dad. He has newspaper clippings galore waiting for my reading. I just want to dive right in and learn all things from the past of my hometown, things I took for granted when I was a child living there. I wrote an article on my findings of Baden Cheese factory, and what fascinating information it turned out to be! It was featured in the paper many years ago, so it is a briefing for those who may have missed it or are new to town. To learn more about Baden Cheese, flip to page 24.

At Baden Outlook headquarters, we are gradually slipping into a routine that works for everyone. I work from my home for the initial part of designing the paper. Conversing with the writers and inserting all their articles, entering all the silly jokes mom sends me, and editing the first draft from the editors (thanks Kendra and Lil!) are just some of my new tasks. Then I take what I've created to mom and dad's for the big reveal of all my new found skills. Every month, I am able to accomplish more than the last, but still leaving the final touches for mom. When it comes to paper delivery time, dad delivers in and around New Hamburg and I deliver Baden. I love being in my hometown again. Sometimes I bump into friends I know! Sometimes I meet new friends and avid readers. I enjoy being out and about and being another face to the Outlook. I look forward to meeting you soon... on the streets of Baden.

Talking with Ed

~ Letters Home



“Here’s a story you should write about!” exclaimed Katie. Yes, it sure

is nice to have her on our team. “Do you realize how important radio, newspaper reporting, and letters from soldiers were for families in the first and second world wars?” she asked. I knew what she was getting at – there was not much in the way of television or phone calls, and internet was several decades away. It must have been very difficult for not only the soldiers who had the stress of war, but also their loved ones who weren’t there to comfort them or know of their situation.

The weird thing about this conversation is that many months ago (pre-Covid), we were visiting my sister Jill and she told me that she found several boxes of letters that our father mailed to my mother while he was serving in the army. She encouraged me to read them, so I brought them home and stashed them away for a ‘rainy day’. Katie’s comments were enough for me to start reading through those very personal letters, which kept me entranced. He was in the army for almost four years (Apr. ‘43 to June ‘46) and wrote home to my mother, his girlfriend at that time, every day – that is over 1,000 letters written just to her. I’ve been excited to read them, but thus far I’ve only gone through about 100 letters. I’d like to share a small sample of some of the things that I learned.

My father enlisted in the army on April 7, 1943 at age 19. Apparently, his father, a first world war vet, was quite angry that my dad had gone ahead and enrolled. Dad reported to the Government House in Toronto on April 5, where they took his name, gave him a coupon for blankets, towel, toothbrush, razor, brush, pillow, and pillowcase. He was given the choice twice over two days, *the show or leave* – he chose the show (which meant the commitment to go forward to war).

On May 2, 1943, he left for boot camp in Brantford. Here he talked about some of the training that he endured, including daily route marches of four to eight miles, jumping over board fences, swinging on ropes over ponds, crawling under barbed-wire fences, and running through gas chambers wearing a gas mask (he did this twice and

vomited both times). He also talked about bayonet practice; he told my mother (in jest) he was learning how to kill.

On June 29, 1943, he left Brantford for Sydney, Nova Scotia. He arrived there on July 2nd and left in November of 1944. In one letter he stated that he was very limited on what he could say, and some envelopes had a label pasted on it “Opened by Censor”, so from this point on I had to look for small details suggesting where he was. An example of this was his February 6, 1945 letter; he stated that he had a 36-hour furlough and London was off limits – he was going to Brighton instead.

I looked up how much a Canadian soldier made during the time he was in Europe, and it was \$1.30 per day or approximately \$50 a month. Entertainment was mentioned quite a bit in the letters; both live shows and theatre movies, and there was a cost to see most of them. My father was quite athletic and mentioned several times that he played baseball in Sydney, Nova Scotia and Brantford, Ontario and also hockey in the Netherlands.

He never talked much about the war, which I’ve heard from others is normal. When he came home, he gave away all his gear, including uniform, medallions etc. He did tell me a couple of snippets, including sitting around the tanks in the Black Forest, Germany under mortar fire and a tank very near to him getting hit (killing some of his friends), spending time in the Netherlands and playing hockey there, and being consigned to protect a farm house in France.

When my father left for the war, my parents were just beginning their relationship, so there was certainly a lot of shared loneliness and romancing in

the letters. I would imagine that the postal service was not only a way to communicate with loved ones, but also a way to keep up the morale of our military service. We have no idea what kind of trauma our soldiers experienced overseas. Each soldier has their thoughts and memories (many, I believe, they would like to erase).

Until next month...Ed



My father, John Fisher, seen on the right in 1944 in Sydney, Nova Scotia.



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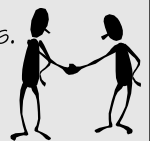


BABY BOOMER TRIVIA

For those born in the 50s, 60s, & 70s—have fun!
Answers on page 29

1. To what singer/song writer/guitarist was married to Carly Simon from 1972-1983?
2. What was the name of the youngest brother on television's 'Bonanza'?
3. What are the names of Fred and Barney's wives from the cartoon show "Flintstones"?
4. Who sang the hit song "Folsom Prison Blues" in 1968?
5. Who was the actress that played the Flying Nun?
6. In what town was the series "Little House on the Prairie" set?
7. Who was Yogi Bear smarter than, and who did he tell this to?
8. Who hosted the Sunday night variety show that claimed it to be "A Really Big Shew"?
9. In what 1964 movie can you hear the song "Chim Chim Cheree"?
10. With what family did Julie Andrews' character stay in the movie "The Sound of Music"?

- ☺ No one learns to make right decisions without the freedom to make wrong ones.
- ☺ It is often easier to say "yes" when you have the freedom to say "no".



LET ME GUIDE YOU HOME

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“Let’s Tree Wilmot”

“Let’s Tree Wilmot” tree planting was held Saturday, October 24th in William Scott Park in New Hamburg. Volunteers planted over 100 new trees. The project was spearheaded by the group *Let’s Tree Wilmot*. Funds were collected by Rotary Wilmot and the Wilmot Horticultural Society (\$3300); the land and 50 trees were provided by the Township of Wilmot. Nith River Ecoboosters also played a role in the group’s formation.

The trees were planted by the boat launch in William Scott Park, a portion of the park that is part of the Nith River floodplain. That site will no longer be mowed and will become naturalized.

The group’s first meeting took place in mid-March where 40 people showed up to get involved with the initiative. Next year the group will continue to plant further into the park.

Photo courtesy of Al Junker



Outlook Word Match Game

Listed below are groups of four unrelated words. Find a word that either proceeds or follows the words in each group. Example: depot stop ticket school (Answer: 'bus' is the matching word.)

Answers on page 29

rattle	oil	skin	eyes	_____
mouth	board	hog	room	_____
fitting	free	application	land	_____
log	out	woods	pain	_____

You Must Be Joking!!



Two little boys were at a wedding when one leaned over to the other and asked, “How many wives can a man have?” His friend answered, “Sixteen... four better, four worse, four richer, four poorer.”

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From Doors to Floors, Come See What's New at Castle Kilbride

Outdoor concerts, tea parties, children's group activities ... like you, we at Castle Kilbride have dearly missed our usually exciting summer schedule! But while our beautiful front lawn has been quiet of late, there's still plenty going on inside: from our stately doors to our breathtaking floors, Castle Kilbride has been busy with some historic undertakings.

Castle Kilbride's iconic front doors have welcomed generations of the Livingston family's friends, family, and neighbours since the house was built in 1877; naturally, thanks to our Canadian winters, the doors have needed regular care. This year, Nith Valley Construction in New Hamburg was happy to help, and they undertook the task of completing minor repairs and re-sealing the doors. Next time you're out for an autumn walk, be sure to have a look -- the original wood of the decorative panels and delicate rope mouldings are all as good as new, and ready to welcome visitors once again.

Such restoration tasks are always happening at the Castle, but this year's definite highlight was another project that returns part of Castle Kilbride to its original appearance and pays homage to the flax and linseed oil on which James Livingston built his fortune. Remember "linoleum," that versatile floor covering popular in the 20th century? Linoleum was a more modern version of "oil cloth," which in the 18th and 19th centuries was used on floors because of its durability, owing to the boiled linseed oil coating that made it waterproof.

It was only fitting that the Castle's original flooring would have been oil cloth, as "the house that flax built" could have nothing else. In James Livingston's time, the oil cloth was hand-painted using a stencil; of course, only the wealthiest of families could afford to cover spacious floors in this way. It was yet another exquisite feature of Livingston's mansion, along with the trompe l'oeil paintings, luxurious furnishings, and so many other lavish details. As changes occurred over the years, that original flooring was replaced, most recently with carpet over wood. Castle Kilbride's curators dreamed of restoring the floors to

their original oil cloth, and this was the year it finally happened.

Like the manufacture of oil cloth back in Livingston's time, today's undertaking would be a very labour-intensive project -- but present-day restoration artist Lori Le Mare was up to the task. Lori, who also created oil cloth for Dundurn Castle, began the process by ordering a 12 foot by 75-foot cloth (she worked in a Hamilton event space to accommodate the massive canvas) and cutting out the large pieces required. From there, the painstaking process involved stretching the canvas, applying three coats of primer on one side and two on the other, then layers of tinted paint and glaze. Finally, the dark burgundy design was stenciled on, followed by a gold design, an antiquing glaze, and five coats of protective coating.



Lori created the design herself, using motifs and designs found on the Castle's first floor murals. The result is a gorgeous pattern that complements the interior and is historically appropriate for the 1877 Italianate mansion. The oil cloth covers the Castle's main hallway from wall to wall and runs up the elegant staircase to the second floor. A behind the scenes video showing this can be seen on the museum's website.

The new floor covering is a breathtaking addition to an already stunning entryway, making Wilmot's National Historic Site even more worth a visit.

Speaking of visits, don't forget that Castle Kilbride is open again! The museum welcomes visitors on weekends from 11am to 4pm; tickets must be purchased online in advance at www.castlekilbride.ca (be sure to review all requirements for a safe visit). Guests are treated to a personal guided tour; included in your admission is our newest exhibit, *My Dearly Departed*. We're also thrilled to announce that starting November 21st, visitors will enjoy the Castle in full Christmas decor, truly a sight to behold.

As we head into the holiday season, we're excited to welcome you once again ... see you at the Castle!

*Written by: Teresa Brown,
Member of the Castle Kilbride Advisory Committee*



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Checking out the Baden Library



The tail end of fall brings more opportunity to cozy up with a good read. If you'd like to use the services of your local library, an RWL card is Free and gives you access to top notch digital and in-branch resources. Need yours, or want to renew your membership? It's easy! Visit rwlibrary.ca/librarymembership.

Adult Book Club Returns (on Zoom)

Join us virtually for our upcoming book club on November 26 at 6:30 p.m. We'll be chatting about "Becoming" by Michelle Obama. Register online to receive your link to attend. If you're interested in borrowing a print, digital or audio copy, please visit our catalogue at rwlibrary.ca, or contact Librarian Jen Cyr at jcyr@regionofwaterloo.ca and the book will be delivered to your inbox or home branch for pick up!

Home School or In School?

Either way, we can help you! For those parents with distance learners who are missing the school library, the Baden Library is open and here for you! We are happy to put together a selection of books on topics of your choice to help supplement at-home learning. We can also pick out some fun books based on age to give little learners a break from screen time! If you prefer grabbing your books to go, our Library Takeout service is available at rwlibrary.ca/librarytakeout.

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Upcoming Events:

Virtual Programs: As fall begins to drift into snowy days, we've got you covered with remarkable ways to keep families and little ones engaged. Be sure to follow us online [@rwlibrary](#). Here are some this month's online programs:

Baby and Me

Register at <https://bit.ly/34filBx>
Thursdays in November at 10 a.m.

Designed for birth to 12 months and adults
Join in songs and activities with your little one and chat with other families.

Discovery Time

On Facebook [@RWLibrary.ca](#), Wednesdays at 10:30 a.m.
Designed for preschoolers—Come explore as we dive into an epic story, complete with sing-along and a fun activity.

Maker Space

Register at <https://bit.ly/37q05r2>
Tuesdays in November at 4 p.m.

Designed for 6 to 12 years
Each week we use our hands and minds to build creations based in STEAM: Science, Tech, Engineering, Arts, and Math.

Adult programs

Adult Fall Craft

Register at <https://bit.ly/2ISjmaF>
Thursday, Nov 12 at 8 p.m.

Register in advance and pick up your kit of free supplies from your local library. Take a moment for yourself and make a fun fall craft while chatting with a small group on Zoom.



Holiday Book Recommendations

On Facebook [@RWLibrary.ca](#),
Thursday, Nov 19 at 8 p.m.

Get insider tips from your library on new holiday books to read or give as gifts. Share your own recommendations, and check out what others plan to read!

Family Trivia: Weird and Wonderful Animals

Register at <https://bit.ly/35fKfMk>,
Monday, Nov 23 at 7 p.m.

Designed for school age children with adults
Bring what your family knows to this trivia game about animals!



Adult Book Club: "Becoming" by Michelle Obama

Register at <https://bit.ly/2ISjVRP>
Thursday, Nov 26 at 6:30 p.m.

Join Jen, the library's collection coordinator, to discuss the book that has many people talking! Available to borrow from the library in print, ebook, and audiobook.

Friendly Reminders

To prepare for your library visit, you're invited to review the in-branch service changes at rwlibrary.ca/browseborrowgo. Please be aware non-medical grade face masks are required while visiting the library as per [Region of Waterloo Bylaw 20-035](#).

You will be asked to provide information for the purposes of contact tracing, each time you visit the library.

Questions? For more information, please contact the Baden Branch at 519-634-8933, badenlib@regionofwaterloo.ca or visit rwlibrary.ca.

Baden Folks ~ Take a walk down memory lane from 1952



Miss McGillivray's
Grade 8 Class

Front Row

Floris Bast, Velma Zehr,
Patricia Gingerich, Donna
Anger, Delores Iutzi,
Nelda Gingerich, Anna
Nowak

Second Row

Frederick Braniff, Larry
Schmidt, O'Derald
Gingerich, Grant
Bechthold, Wayne Roth,
Larry Livingston, Richard
Bender

Third Row

Jack Bontaine, Harry
Bast, Jack Wright,
Kenneth Miller, Thomas
Sommerville, Edward
McLaughlin, Ronald
Lebold, and Miss
McGillivray

*Thanks to Robert Miller who dropped by with a little Baden gem...
the 1952 Baden Bugle School Year Book!*

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ATTENTION KIDS (...OR SENIORS)

Try this memory game. Get a pen and paper handy. Study the items in the box below. OK, now close the paper and see how many of the items you can remember. There are 18 items, have fun — good luck!



How did you do? Try it again later and see if you can do better, or maybe even get them all! You can do this fun game for each other at home with simple things lying in the bottom of your junk drawer.

HOW IS YOUR MEMORY?

Schools have generally abandoned requiring students to memorize poems, famous speeches, multiplication tables, and all sorts of academic material that used to be ingrained in the curriculum.



Memorization is discipline for the mind—much needed in an age when so many minds are lazy, distracted, have little to think about, or think sloppily. Memorization helps train the mind to focus and be industrious.

No, you can't always "Google it." Sometimes you don't have access to the Internet. Not everything of importance is on the web (and a great deal of irrelevant trash will accompany any search). Nor is looking up material helpful under many situations.

A great memory can help you succeed in school, in your job, and in life. It can help you learn faster, and fast learners are always in demand.

The more you remember, the more you can learn.

If a dog were a teacher, you would learn things like:

- When loved ones come home, always run to greet them
- Never pass up the opportunity to go for a joyride
- Allow the experience of fresh air and the wind in your face to be pure ecstasy
- Take naps
- Stretch before rising
- Run, romp, and play daily
- Thrive on attention and let people touch you
- Avoid biting when a simple growl will do
- On warm days, stop to lie on your back on the grass
- On hot days, drink lots of water and lie under a shady tree
- When you're happy, dance around and wag your entire body
- Delight in the simple joy of a long walk
- Be loyal
- If what you want lies buried, dig until you find it
- When someone is having a bad day, be silent, sit close by, and nuzzle them gently



There comes a time in life when you walk away from all the drama and people who create it. You surround yourself with people who make you laugh, forget the bad, and focus on the good, so love the people who treat you right.

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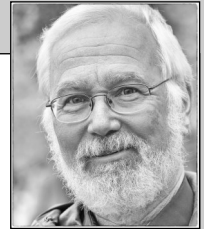


New Clients Welcome!



Baden Birding ~ A School of Fish

By Ken Quanz



Everyone knows that a group of fish that swims in a tight or loose formation is called a “school” of fish. Likewise, a group of birds hanging out together, feeding in a field or at a feeder, or traveling in the same direction is called a “flock”. But surely there is a more descriptive word to name a collective of individuals of the same species. For example, in non-Covid-19 times, a group of baseball fans are known as a “crowd” while theatre-goers are an “audience”.



In the same way, a flock of geese may also be called a “gaggle” and a group of ducks floating on the Nith River may be called a “raft”. The Highway 7&8 bridge at Baden hosts a “loft” of

pigeons, and our gardens are often visited by a “charm” of goldfinches because we leave seedheads standing after the blooms have withered.

A group of owls, a bird which we often think of as wise, is known as a “parliament”, although that term may be lost on many people. If they are so wise, why do they keep asking “who”? I always look forward to the first “blush” of Robins appearing in the spring but have never understood why a group of Ravens is an “unkindness”, because I enjoy listening to their vocalizations. Perhaps a “conspiracy” better fits Ravens as they are masters

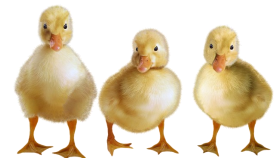
of language. Crows, on the other hand, often looks like they’re ready to live up to their collective name “murder” as they gather together to roost for the night. An owl which is being harassed by crows might also think the collective name is apt!

A group of vultures circling in the air while trying to pick up the scent of mercaptan emanating from a not so recent roadkill is known as a “kettle”, but once perched in a tree they are called “a committee”.



Have you ever thought of raising a “pandemonium” or a “prattle” of parakeets or a “clatter” of budgies?

The next time you see a “skein of geese” heading south for the winter, hear “an exultation” of larks or a “screech” of gulls, or watch a “murmuration” of starlings, think about the non-Covid-19 days when you could go to Florida to see a “flamboyance” of flamingos. But don’t “brood”, that is a nest of chicks.



Since we are mainly stuck at home, now is a good time to entertain yourself by looking up collective nouns for your favourite species. There are so many that you will find that time flies, almost like the birds.

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You Must Be Joking!!



LESSON IN GRAMMAR

IS IT "COMPLETE", "FINISHED" OR "COMPLETELY FINISHED"?

No English dictionary has been able to adequately explain the difference between these two words - "Complete" or "Finished".

In a recent linguistic competition held and attended by, supposedly, the best in the world, Samdar Balgobin, a Guyanese man, was the clear winner with a standing ovation which lasted over 5 minutes.

The final question was: 'How do you explain the difference between COMPLETE and FINISHED in a way that is easy to understand? Some people say there is no difference between COMPLETE and FINISHED.'

Here is his astute answer:

"When you marry the right woman, you are COMPLETE. When you marry the wrong woman, you are FINISHED. And when the right one catches you with the wrong one, you are: COMPLETELY FINISHED!"

He won a trip around the world and a case of 25 year old Scotch.

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S. S. #10 Wilmot Cemetery – 2020 Beautification Project

A lot of heartwarming community activity took place on Saturday, October 3rd at the Sandhills/ Bleams Road crossroads, as students from Our Lady of Mount Carmel Academy and volunteers from the Wilmot S. S. #10 Cemetery did their part to make a lasting environmental impact on our little corner of the world that will be enjoyed for generations to come.

With similar goals to contribute to the greater community and longevity of the local ecosystem, cemetery volunteers and the school's students and staff worked with product purchased by Grand River Conservation Authority to plant over 100 trees and bushes on our adjoining properties. Bur oak, sugar maple, white cedar, white pine, tamarack, serviceberry, nannyberry, ninebark, and chokecherry were planted, staked, and watered.

The students planted 100 of the trees on their own property while the cemetery volunteers added 14 new trees to ours. Home baked treats were provided as our thank you to the school for joining us in this community partnership.



Randy Kress of New Hamburg, plants one of several new white cedars among the cemetery's ancient cedars.

On the cemetery property, this planting is one of several steps in our Beautification Project, which is being made possible by the generous donations of family and friends who hold the S.S. #10 Wilmot Cemetery near and dear to their hearts.

Material costs have been kept to a minimum through kind donations. In September, a heart shaped Memorial Garden bed was created on the cemetery property; the base of the heart will be planted in the spring with pollinator-friendly plants. Wilmot and Wellesley Horticultural Societies provided garden creation coaching.

Family donations have covered the cost of the installation of seven love seats to be enjoyed by our visitors. The new trees and shrubs that were planted on Oct. 3rd will be an addition to our already beautiful border of ancient maples and cedars.

It's not too late to donate to the cemetery's ongoing Beautification Project. More information can be provided by Linda Kress (linda@cwisp.ca or 519-504-6506), the cemetery's secretary treasurer, or Janet (Cressman) Jamison (janejami20@hotmail.com or 519-276-9368), who is working on our project committee.



Brett Kress and his son Gabriel (also of New Hamburg) are shown planting one of the new white pines that now grace the perimeter of the cemetery. Seven generations of their family (Schmidt/Meisel/Hoffman/Kress) rest in this pretty little country cemetery.

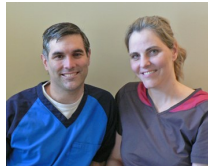
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You Must Be Joking!!



To Be Eight Again!

A man was sitting on the edge of the bed, watching his wife, who was looking at herself in the mirror. Since her birthday was not far off, he asked what she'd like to have for her birthday.



"I'd like to be eight again," she replied, still looking in the mirror.

On the morning of her Birthday, he arose early, made her a nice big bowl of Coco Pops, and then took her to Adventure World theme park. What a day! He put her on every ride in the park; the Death Slide, the Wall of Fear, the Screaming Roller Coaster, everything there was.

Five hours later they staggered out of the theme park. Her head was reeling and her stomach felt upside down. He then took her to a McDonald's where he ordered her a Happy Meal with extra fries and a chocolate shake.

Then it was off to a movie, popcorn, a soda pop, and her favourite candy, M&M's. What a fabulous adventure!

Finally she wobbled home with her husband and collapsed into bed exhausted.

He leaned over his wife with a big smile and lovingly asked, "Well Dear, what was it like being eight again?"

Her eyes slowly opened and her expression suddenly changed.

"I meant my dress size, you knuckle-head!"



The moral of the story: even when a man is listening, he is gonna get it wrong.

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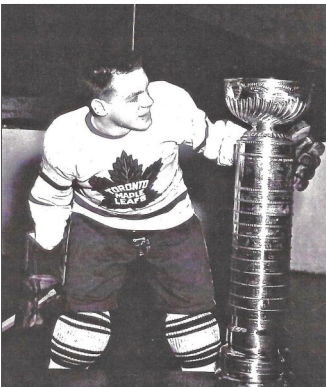
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HOCKEY LEGEND DIES



It is with great sadness to hear that hockey legend Howie Meeker, a New Hamburg native, four-time Stanley Cup Champ, and television commentator has passed away at the fine age of 97 on November 8th.

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ALL THINGS SCRAMBLED

Within each category the words are jumbled up.
Can you unscramble them? Answers on page 27

Cheeses of the World

LUBE _ _ _ _ _
RIBE _ _ _ _ _
FEAT _ _ _ _ _
DAGOU _ _ _ _ _
WISSS _ _ _ _ _
RADCHED _ _ _ _ _
GOTTACE _ _ _ _ _
TRAVAH I _ _ _ _ _
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- Make gift wrap with brown paper or newsprint. Decorate with evergreen sprigs and tie with string or twine.
- Re-gift – An item you can't use or don't want may be a treasure for someone else.
- Buy 100% beeswax candles. They are biodegradable and burn clean.
- Make birdseed balls to give away.
- Create a family history book with old photos for younger family members.
- Share homemade Christmas treats with those who are isolated because of COVID.

Are you interested in climate change and other global environmental issues? **Help us make a difference in our community by getting involved and taking action on one or more local environmental concerns.** Our last monthly meeting of the year will be held at **7:00PM on Wednesday, November 25th.** Please contact us via e-mail (nvecoboosters@gmail.com) or call **519-662-9372** if you would like to participate in this "Zoom" meeting and we will provide you with more details. Want to know more about the Nith Valley EcoBoosters? Check out our website at: nvecoboosters.com

You Must Be Joking!!



Twelve Commandments for Seniors

1. It's okay to talk to yourself. There are times you need expert advice.
2. "In Style" are clothes that still fit.
3. You don't need anger management. You need people to stop ticking you off.
4. Your people skills are just fine. It's your tolerance for idiots that needs work.
5. The biggest lie you tell yourself is, "I don't need to write that down. I'll remember it."
6. "On time" is when you get there.
7. Even duct tape can't fix stupid – but it sure does muffle the sound.
8. It would be wonderful if we could put ourselves in the dryer for minutes, then come out wrinkle free and three sizes smaller.
9. Lately, you've noticed people your age are so much older than you.
10. Growing old should have taken longer.
11. Aging has slowed you down, but it hasn't shut you up.
12. You still haven't learned to act your age and hope you never will.

"One for the road" means peeing before you leave the house.



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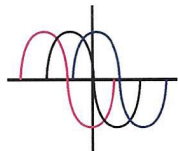
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The Laws of Probability



- 1. Law of Mechanical Repair:** After your hands become coated with grease, your nose will begin to itch and you'll have to pee.
- 2. Law of Gravity:** Any tool, nut, bolt, or screw, when dropped, will roll to the least accessible place in the universe.
- 3. Law of Probability:** The probability of being watched is directly proportional to the stupidity of your act.
- 4. Variation Law:** If you change lines (or traffic lanes), the one you were in will always move faster than the one you are in now.
- 5. Law of the Bath:** When the body is fully relaxed and immersed in water, the phone will ring.
- 6. Law of Close Encounters:** The probability of meeting someone you know INCREASES dramatically when you are with someone you don't want to be seen with.
- 7. Law of the Result:** When you try to prove to someone that a machine won't work, IT WILL!!!
- 8. Law of Biomechanics:** The severity of the itch is directly proportional to the reach.
- 9. Law of the Theatre & Hockey Arena:** At any event, the people whose seats are furthest from the aisle, always arrive last. They are the ones who will leave their seats several times to go for food, beer, or the toilet and who leave early before the end of the performance or the game is over. The folks in the aisle seats come early, never move once, have long gangly legs or big bellies and stay to the bitter end of the performance. The aisle people also are very surly folk.
- 10. The Coffee Law:** As soon as you sit down to a cup of hot coffee, you will get distracted just long enough for the coffee to get cold.
- 11. Law of Physical Surfaces:** The chances of an open-faced jelly sandwich landing face down on a floor are directly correlated to the newness and cost of the carpet or rug.
- 12. Law of Logical Argument:** Anything is possible IF you don't know what you are talking about.
- 13. Law of Public Speaking:** A CLOSED MOUTH GATHERS NO FEET!
- 14. Law of Commercial Marketing Strategy:** As soon as you find a product that you really like, they will stop making it OR the store will stop selling it!
- 15. Doctors' Law:** If you don't feel well, make an appointment to go to the doctor; by the time you get there, you'll feel better. But don't make an appointment and you'll stay sick.

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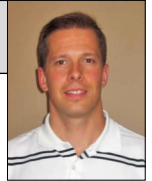
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About two-thirds of people will experience neck pain at some point in their lives. Occasionally, neck pain can spread to involve other structures such as the upper back, shoulder, and arm regions. Pain in these regions is often dismissed simply as muscle pain. However, a “*pinched nerve*” originating from the neck can radiate pain into these nearby anatomical sites and be a significant source of discomfort.

The “*cervical spine*” is the medical name given to the region of the neck. Nerve roots originate from the cervical spine on each side. These nerves send off various branches that travel to distinct regions in the upper back and arms to supply strength to muscles and provide sensation/feeling. The term “*pinched nerve*” is often used to describe a mechanical and/or inflammatory irritation directly affecting any component of the nerve root(s) in the neck/cervical spine.

A “*pinched nerve*” in the neck can cause symptoms almost anywhere along the nerve pathway. This may result in neck symptoms only, and/or symptoms that radiate into the chest, upper back, shoulder, arm, hand and finger regions. The symptoms can vary widely and may include: a cramping or achy feeling, tightness, burning or a sharp electric shock sensation, numbness, tingling, and arm muscle weakness.



The symptoms may start gradually and intensify over time. Activities such as movement of the neck or shoulder, prolonged sitting or lying down, lifting, and even coughing or sneezing may aggravate the symptoms.

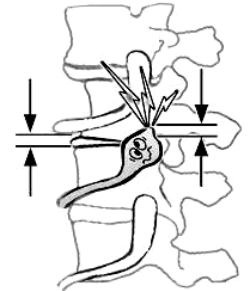
Below is a brief summary of three common causes of a “*pinched nerve*” in the neck:

1. **Spinal disc herniation/bulge** – Spinal discs separate and cushion cervical vertebrae. Repetitive and cumulative loads or a heavy single load has the potential to cause a disc bulge or herniation, thereby causing a mechanical and/or inflammatory irritation of the nerve root(s). This most commonly occurs in adults aged 20-50.
2. **Degeneration and Osteoarthritis** – The normal aging process causes cervical disc degeneration and osteoarthritis of the cervical joints. The consequence of these processes is that mechanical irritation from bony spurs on the vertebrae along with inflammation can cause irritation of the nerve root(s). This most commonly occurs in adults over 50.
3. **Cervical spinal stenosis** – This condition may cause “*pinched nerve*” symptoms due to narrowing of the spinal canal and/or nerve pathways, which puts pressure on the nerve root(s) or spinal cord. This most commonly occurs in adults over 60. It is usually secondary to degeneration and osteoarthritis.

Other causes of a “*pinched nerve*” in the neck include: direct irritation of nerve tissue by overlying muscles; direct trauma or injury to the nerve root(s); and mechanical changes in the neck associated with poor postural habits (i.e. head poking forward in the sitting position). Some common causes of symptoms that act like a “*pinched nerve*” in the neck include muscular trigger points, ligament sprains, and arthritic joints from the neck, upper back, and shoulder regions.

Treatment for a “*pinched nerve*” in the neck will often be different depending on the underlying cause of the symptoms. Therefore, it is important to obtain an accurate diagnosis.

Conservative treatment options may include: gentle manual therapy, traction, soft tissue techniques, acupuncture, laser therapy, ice/heat application, electrotherapy, activity modification, postural education, and rehabilitative exercise. A qualified health professional can determine the cause of your symptoms and prescribe appropriate therapy and rehabilitation strategies specifically for your circumstance.



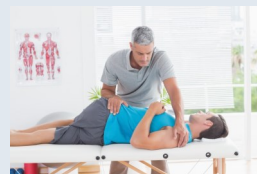
This article is a basic summary for educational purposes only. It is not intended, and should not be considered, as a replacement for consultation, diagnosis or treatment by a duly licensed health practitioner.



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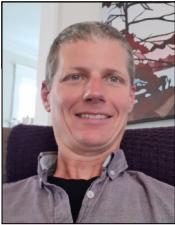
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Taking the Bad with the Good

By Chip Bender, RP(q) Counsellor



The other week, I met virtually with a group of youth connected to the Youth Action Council, which is organized and led by a staff person employed by the Township of Wilmot. In our time together, I was responsible for leading a discussion on wellness issues and I decided to engage the group in a conversation about their individual experiences of the positive as well as the negative aspects of the pandemic. Like me, many of them named the extra time in one's schedule due to the loss of all the extracurricular events as a positive aspect of the pandemic. Unlike me, the youth were able to name many more creative ways of why this extra time was positive.

The myriad of ways the youth named seemed to fall under one of three categories. The first category was spending more time together with family; it heartened me to know that teenagers enjoy spending time with their families, even if it is only because there is no one else for them to hang out with during a pandemic. The second category was having more time to do other activities they enjoy, like reading, creating art, and playing video games. The third category, which had crossed my mind earlier in the pandemic, but I had not yet taken any initiative to do, was learning a new skill.

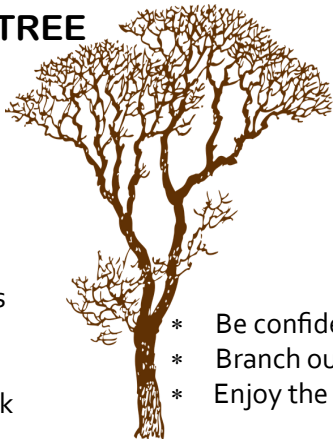
It impressed me that not only were the youth able to create a positive reframe for the pandemic, they were able to discover activities that aided their well-being by nourishing their souls and enhancing their resiliency. However, lest one think these idealistic youth were viewing the pandemic solely through rose-coloured glasses, it is important to note they were still able to name the negative aspects of this experience. Most, if not all, reported the loss of social connections as the most significant negative aspect of the pandemic.

The experience of these young people likely mirrors the pandemic experience of many of us, in that we have gained a gift of simplified schedules and more time (except those who were attempting to balance employment and children at home), and at the same time, we have lost many social connections. I recognize that more time may not be viewed as a gift by people who already had too much time on their hands, and that the loss of social connections may not be viewed negatively by extreme introverts or those struggling with social anxiety.

As we continue to journey through this pandemic, I wonder if we can better endure it if we are able to balance the positive and the negative. On the one hand, we need to acknowledge the things we have lost due to this disruption in our lives and on the other hand, we need to be mindful of the things we have gained and maybe even identify some of the things we'd like to do, but thought we did not have enough time to do them. I think I will go and learn how to play my mom's old mandolin.

ADVICE FROM A TREE

- * Stand tall, be proud
- * Go out on a limb
- * Reach for the sky
- * Adapt to change
- * Stay grounded
- * Turn over a new leaf
- * Remember your roots
- * Drink plenty of water
- * Never stop growing
- * Bend before you break



- * Be confident
- * Branch out
- * Enjoy the view



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Through unprecedented times, twenty-one Westmount members and three Westmount pros came together to raise upwards of \$70,000 for Waterloo Region's Suicide Prevention Council. A small, socially-distanced Ryder Cup style golf match between two teams (six foursomes) of Westmount members came together to give back to our region. With a generous entry fee along with a live online member auction, a few kind sponsors, and very short notice, these impeccable playing members, including six current professional hockey players, raised just shy of seventy thousand dollars. Mental health affects many individuals on a variety of levels and it is beyond important to create and continue to build awareness for suicide prevention. A small COVID-friendly golf game has brought back some light into the community. All involved in this process deserve a very special thank you. We need more uplifting and happier stories like this one.

Congratulations to all of the individuals and sponsors who made this a safe success.

Merrin Manser on Behalf of Gus Maue
Baden, Ontario



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You Must Be Joking!!

We know Covid isn't funny but gosh can't we giggle a little?! Laughing is good for your health!



- ◆ The dumbest thing I ever bought was a 2020 planner.
- ◆ 2019: Stay away from negative people. 2020: Stay away from positive people.
- ◆ The world has turned upside down. Old folks are sneaking out of the house & their kids are yelling at them to stay indoors!
- ◆ This morning I saw a neighbour talking to her dog. It was obvious she thought her dog understood her. I came into my house and told my cat. We laughed a lot. 
- ◆ Every few days, try your jeans on just to make sure they fit. Pajamas will have you believe all is well in the kingdom.
- ◆ Does anyone know if we can take showers yet or should we just keep washing our hands?
- ◆ This virus has done what no woman has been able to do. Cancel sports, shut down all bars, and keep men at home!
- ◆ I never thought the comment, "I wouldn't touch him/her with a 6-foot pole," would become a national policy, but here we are!
- ◆ I need to practise social-distancing from the refrigerator.
- ◆ I hope the weather is good tomorrow for my trip to the Backyard. I'm getting tired of the Living Room.
- ◆ Appropriate analogy: "The curve is flattening so we can start lifting restrictions now," is like saying, "The parachute has slowed our rate of descent, so we can take it off now." 
- ◆ Never in a million years could I have imagined I would go up to a bank teller wearing a mask and ask for money.
- ◆ The spread of COVID-19 is based on 2 things:
 1. How dense the population is.
 2. How dense the population is

Submitted by Bob Smith

Community Corner ~ Check Out What's Going On!

FREE!

COFFEE HOUSE TALKS

Hear about and see samples from:



Coffee and chat about well being, hobbies and such:

Good Times

Canada's magazine for successful retirement

Please REGISTER: Email coffeehousetalks2020@gmail.com
 WHERE: New Hamburg Community Centre
 WHEN: November 18, 2020 at 10:00am
 All safety protocols will be followed.

Questions? Email coffeehousetalks2020@gmail.com or call 519-662-2731.
 Supported by Wilmot Family Resource Centre.
 Currently funded by the Government of Canada, New Horizons for Seniors program.



Blood Donor Clinic

Monday, November 16 and
 December 14, 2 pm - 8 pm
 Steinmann Mennonite Church
 1316 Snyder's Road W., Baden

T.O.P.S (Take Off Pounds Sensibly)

We are a support group for weight loss.
 Weekly meetings are held on Wednesday's
 in Baden. For more information call
 519-634-9690. Everyone is Welcome.

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Wilmot Family Resource Centre

FAMILY VIOLENCE PREVENTION PROGRAM

There are many ways a person can abuse. Abuse is about intimidation and control and comes in many forms.

- ◆ PHYSICAL ABUSE
- ◆ SEXUAL ABUSE
- ◆ VERBAL ABUSE
- ◆ EMOTIONAL ABUSE
- ◆ FINANCIAL ABUSE



If you are experiencing any form of abuse and would like help, contact Kelly at Wilmot Family Resource Centre Family Violence Prevention Program

kelly@wilmotfamilyresourcecentre.ca / 519 662-2731



I will miss you all at the annual Santa Claus parade this year... but fear not, I will still sneak into your house wearing my mask on Christmas Eve. We plan to resume our usual festivities next year.

This space is generously donated by Expressway Ford supporting non-profit community events



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New Hamburg Lioness and Lions Tree of Light



This year will be the **37th** annual Tree of Light sponsored by the New Hamburg Lioness & Lions. The **Tree of Light** ceremony is a Christmas tradition where our community gathers to welcome in the Christmas season. This year due to Covid-19 we will be unable to have the usual public gathering at the fountain for the lighting of the tree.

However, on December 1st we still plan to turn on the lights in celebration of the season. We are very proud of our accomplishment in the community and invite you to support us so that we may continue to make a difference.

The proceeds of the TREE OF LIGHT will help fund the Wilmot Resource Centre, Interfaith Counselling Centre, Community Care Concepts, Aldaview, as well as other community projects.

Please consider a donation to support our campaign. Donations may be mailed to: **New Hamburg Tree of Light, Box 6194, New Hamburg, On. N3A 2K6.**

Thank you in advance for your generosity. For further information contact: Lioness Marjorie Heimpel at 519 634-8527.



THANK YOU !!

Baden and area residents for your assistance in our recent can and bottle drive. With your help we made \$350.00

10 Bell Dr. Baden
Behind the fire station



It's going to be hard to connect at Christmas this year



Will you be alone or lonely this Christmas?
Could you use some Christmas cheer?

WFRC & local churches are providing a

FREE Christmas Day Dinner
(Friday, December 25th)



WILMOT SENIORS' WORKSHOP

CHRISTMAS Craft Sale

10am to 3pm
Sat. Dec. 5, 2020

Wilmot Seniors' Woodworking and Craft Centre
27 Beck St., Baden, ON

featuring:

- cutting boards
- potato boxes
- wooden bowls
- carved birds
- bird feeders
- clothes dryers
- bat houses
- children's furniture
- Christmas ornaments
- and much more!

Entry to the sale will be limited to 10 patrons.
Normal Covid restrictions in place for your safety
www.wilmotseniorsworkshop.ca

Yes! I/we would like a Christmas dinner

Name(s): _____

Contact #: _____ # of dinners: _____

OPTIONS . . .

PICKUP (preferred)

Pick up your Christmas dinner at a scheduled time at Steinmann Church
(1316 Snyder's Rd. W., Baden)

DELIVERY (if necessary)

Your Christmas dinner delivered at an arranged time

Please fill out and return this form to WFRC
by December 15th

You will be contacted for pick/delivery details



Baden's Cheesy History

A big part of growing up in my neighbourhood was meat and cheese. Having Egli's Meat Market right beside my childhood home and Baden Cheese Factory across the street certainly created the massive meat and cheese consumer I am today...not to mention the variety of aromas that wafted through our opened windows from those two places.

Dad recently gave me some old Baden news articles that he has been storing in their garage. Over time, many locals shared their archives with him and he photocopied and documented everything. It's so much fun exploring the history of my hometown -- things I've either forgotten or never knew. The first few articles I read were about the Baden Cheese Factory and I was blown away with its history! Here are my findings; most of the information comes from an assortment of newspaper clippings dated within 1965-1971. For those newer to town, this is key history of our village.

Baden Cheese Factory was originally located on the corner of Tannery and Louisa Street. A fire burned down the Queen Arms Hotel in 1908 (149 Snyder's Road East) and Baden Cheese relocated there, building up on its foundation.

Baden was put on the map not only for Castle Kilbride and Sir Adam Beck, but also for limburger cheese! Baden was the first cheese factory in Canada to make limburger and for many years, the only one. It attracted publicity in national newspapers, magazines, and farm papers.



The smell of limburger cheese is definitely not the most pleasant. It is the strongest smelling and tasting cheese out of hundreds of varieties of cheese. The ripe odour is a result of a combination of cultures, curing temperatures, and moisture content. It also ripens super fast. The cheese needs to be washed every other day during its 10 days of curing. In 1970, Baden Cheese was producing 70% of the limburger made in Canada.

In the early 1900s, the cheese factory only created limburger but later expanded to include other cheeses like brick, colby, and cheddar, which eventually outweighed the limburger production. The quantity they were producing was amazing. In 1970, they would use 9 million pounds of milk to create one million pounds of cheese. That's a whole lot of cheese!

It must have been an incredible boost for Baden. The farmers had crazy demand for their milk. Most interesting is that all the dairy used in the factory was sourced from within 10 km of Baden. The truckers who transported the milk must have been busy too! Each weekday, 200-500 pounds of milk were delivered to create cheese. What a busy little operation: keeping locals employed and having visitors come to Baden just to buy this famous cheese!

Baden Cheese went through many different owners as it was established so long ago. Noah Liebler created the space, which was then sold to Peter Gingerich in 1920. Peter handed down the business to his son Raymond Gingerich in 1957. A Grocery Planning Manager from J.M. Schneider named Greg David bought the factory in 1975. Greg sold to Gay Lea in the late 80s and continued to use the building until the late 90s. In the early 2000s, Schout Communities built Coachman Lanes and created beautiful townhouses as they stand today.

Funny to think of it now, my childhood smell was that of a charcuterie board.

Written by Katie Fisher



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Blast From the Past - Baden's Twin Towers



The construction of our current water tower began in 2007. The two towers proudly stood side by side for two years. The previous tower was torn down in 2009. The current water tower has a capacity of 5,400,000 litres and a height of 42.75 meters.



Canadian Food Inventions



- Butter Tarts - Barrie 1900
- Nanaimo Bars - Nanaimo 1952
- Poutine - Montreal late 1950s
- Hawkins Cheezies - Belleville 1949
- Gingerale - Toronto 1907
- Canola Oil - Saskatchewan/Manitoba 1960s
- Pablum - Toronto 1930
- Instant Mashed Potatoes - Ottawa 1962
- Yukon Gold Potatoes - Guelph 1960s
- Peanut Butter - Montreal 1884
- California Rolls - Vancouver 1971
- Cuban Lunch - Winnipeg 1948
- The Caesar Drink - Calgary 1969
- Beaver Tails - Ottawa 1978
- Maple Syrup - Quebec Pre 17-1800s
- Hawaiian Pizza - Chatham 1962
- Ginger Beef - Calgary 1975
- Chewing Gum - Toronto 1860s

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"In everyone's life, at some time, our inner fire goes out. It is then burst into flame by an encounter with another human being. We should all be thankful for those people who rekindle the inner spirit." -Albert Schweitzer

Submitted by Ruth McCance

"It is one of the blessings of old friends that you can afford to be stupid with them." -Ralph Waldo Emerson

Submitted by Ruth McCance

"If you think you can, or, if you think can't, you're right"
- Henry Ford

Submitted by Doug Wagner

"Like wildflowers, you must allow yourself to grow in all the places people thought you never would" - Lorde

Submitted by Lesley Holman

"A smile is a curve that sets everything straight" - Phyllis Diller

Submitted by Kate Stevely

"Never underestimate what a committed group of citizens can do to change the world. It is in fact the only thing which ever has." - Margaret Mead

Submitted by Lee Fitzpatrick



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66 Mill Street, Baden, ON



519-634-5191 www.st.jamesinbaden.org
Sunday Worship 9 am / Sunday School

Pastors: Bonnie Schelter-Brown & Pastor Barry Boeckner

Wilmot Mennonite Church

2995 Bleams Road, New Hamburg, ON

Worship Service 10:00 a.m. ~ Christian Formation 11:00 a.m.

Pastor Susan Allison-Jones
519-634-5030 www.wilmotmennonite.ca

Livingston Presbyterian Church

44 Beck Street, Baden / 519-662-4949

Hymn Sing 9:45 am ~ Worship to follow at 10 am
Moderator: Linda Ashfield, 519-886-4150

SHANTZ MENNONITE CHURCH

2473 Erb's Road, Baden, Ont N3A 3M3

Phone: 519-634-8712 / www.shantzmc.ca

Pastor: Don Penner

Worship Service - 9:30 am Christian Education - 11:00 am

Emmanuel Lutheran Church

1716 Snyder's Road East, Petersburg, ON

519-634-5511 www.persburgchurch.org
* Wheel Chair Accessible *

Worship Service 9:30 am / Sunday School

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519-214-0055, www.philipsburglutheranchurch.ca

Steinmann Mennonite Church

1316 Snyder's Rd. W. (at Nafziger Rd), Baden

Sunday Worship 9:45, Sunday School 11:00 am

Phone: 519-634-8311 / www.smchurch.ca

Greetings From NH Thrift Centre

Have you run out of Halloween candy yet? Well, have you started to get out all your Christmas decorations and prepare for all the events that come with the month of December?

If you're feeling bogged down by the chaos of this season, then you're not alone! There's a lot going on between the months of October and November, and the chaos hardly seems to have a chance to let up. You might be looking for a distraction from everyday life by now, or you might even just be looking for an escape from the day to day commercialism that this season is sure to bring with it. Whatever's got you down, you can look to New Hamburg Thrift Centre and its parent organization Mennonite Central Committee (MCC) to raise your spirits again.

See, no matter what time of year it is, MCC is focused on giving back. Here are two ways you can see that play out (and do it for yourself):

One: Mennonite Central Committee programs. MCC supports many local and global efforts to do some good in the world, where they support things like education, access to clean water and good food, healthcare, and

many other things. If you'd like to read more about what MCC does and how you can get involved, check out their website, <https://mcccanada.ca/>.

Two: Repurposing, reusing, and recycling things at the MCC thrift shops. Donating stuff is an incredible way to give items you don't want anymore a new life and a second chance to do something for someone else. All the things that New Hamburg Thrift Centre receives that can be used are used to fund programs at MCC. However, not everything that we receive can be used. What do we do about that, then? In order to make sure that as few things wind up in the dump as possible, New Hamburg Thrift Centre, with the help of our sister store the RePurpose Centre, is committed to recycling and repurposing items as much as possible.

So, that's what New Hamburg Thrift Centre does to focus on giving back to the community in this hectic season, but what can you do? Well, there are two more options for that:

One: Donate your old items for a good cause. Any proceeds will go to funding MCC programs, and your items will have a much better life than if they were simply thrown out. You can feel good about where the stuff that you don't want ends up.

Two: Volunteer with New Hamburg Thrift Centre. If donating your items isn't enough for you, then there's something more you can do! Coming in to lend a hand at the store will help you to make a tangible difference and see results firsthand.

For more information about any of these items, come check out the New Hamburg Thrift Centre, find us on Facebook, Instagram, and at our website (<http://newhamburgthrift.com/>), or call us at (519) 662-2867.



MCC NEW HAMBURG THRIFT CENTRE
 41 Heritage Drive, New Hamburg
 Tel: 519-662-2867 | Web: www.newhamburgthrift.com
 Find us on Facebook and Instagram (@nhthriftcentre)



**VOLUNTEERS AND DONATIONS
 WELCOME FOR THE HOLIDAY
 SEASON!**

Be sure to check out our selection of fall wear and holiday essentials!



All proceeds benefit the work of Mennonite Central Committee	HOURS	MON-FRIDAY	11:00 - 5 pm
		SATURDAY	11:00 am - 4:00 pm
		SUNDAY	CLOSED



Remember where to shop for your kids outdoor winter clothes... You can't have too many mitts, hats, or coats and snow pants!

Simon had fun and was dressed warm for making his first snow man of the season!

Cook's Corner

I found a nutmeg nut in my pantry that apparently I use exclusively for my favourite carrot cake recipe. I wondered what else can I do with this aromatic nut that requires so little but adds up to big flavour. It's an obvious ingredient in pumpkin pie and other baked goods, and of course it's good in Egg Nogs too. After digging around I found that it would go well in squash soup too, and when I found this Oatmeal Scone recipe I thought I'd give it a try and get baking. *Please feel free to share your favourite spice with us.*



Source: delish.com

Simple, Warm Squash Soup

Ingredients:

1 1/2 c. butternut squash
2 c. fat-free vegetable broth
1 medium onion
salt and pepper
1/4 tsp ground nutmeg

Directions:

Put butternut squash, broth, and onion into a large soup pot. Cover and bring to a boil over high heat. Remove lid and reduce heat; simmer until squash is tender. Purée with a blender and season with salt, black pepper, and nutmeg to taste. Serves 4.

Oatmeal Scones

Ingredients:

2 c. old-fashioned oats
2 c. all-purpose flour
1/2 c. brown sugar
2 1/2 tsp. baking powder
1/2 tsp. baking soda
1/2 tsp. salt
1/4 tsp. ground nutmeg
1/2 c. butter
3/4 c. buttermilk
1 large egg
cinnamon-sugar

Directions:

Heat oven to 425 degrees F. In food processor, combine oats, flour, sugar, baking powder, baking soda, salt, and nutmeg; pulse to blend. Add butter; pulse until coarse crumbs form.

In cup, beat buttermilk and egg. With processor running, add egg mixture and pulse until a dough forms.

Scoop dough by 1/4 cups onto cookie sheet. Flatten each mound into a 2 1/2-inch round. Sprinkle with cinnamon-sugar. Bake 15 to 17 minutes or until golden on bottoms.



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"Unity is strength. When there is teamwork and collaboration, wonderful things can be achieved."

- Mattie Stepanek

We hope you had fun with your Baden Outlook!
Here are the answers ...



Word Match Game
from page 6

1. snake
2. wash
3. form
4. back

Baby-Boom Trivia
from page 5

1. James Taylor
2. Little Joe
3. Wilma & Betty
4. Johnny Cash
5. Sally Field
6. Walnut Grove
7. Smarter than the Average Bear, and told to his buddy Boo-Boo
8. Ed Sullivan
9. Mary Poppins
10. The Von Trapp Family

All Things Scrambled
from page 15

<u>Cheese of the World</u>	<u>African Safari</u>
Blue	Hippo
Brie	Hyena
Feta	Rhino
Gouda	Zebra
Swiss	Baboon
Cheddar	Buffalo
Cottage	Gazelle
Havarti	Gorilla
Muenster	Vulture
Parmesan	Elephant

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On Oct. 24th, Let's Tree Wilmot's 50 volunteers planted 100 trees (of 16 different species) at Scott Park near and around the boat launch. It was a great day. The lawn there will eventually convert into a naturalized area. Come and have a look and imagine the future vision of large trees and more wildlife.



- Throughout winter, use caution when applying ice melt products near trees and shrubs since you may harm your garden and the environment.

Christmas time is fast approaching, and along with it, the challenge of gift giving. Use your garden to provide materials for arrangements. Gift friends an outdoor arrangement using dogwood's red branches, evergreens, hydrangea, and other cuttings.



Fill the pot with compost which can be added to the garden in the spring. Also, mature herbs such as sage or thyme can be used to make a small wreath or posy. Both can be dried and used in cooking or for decor. Consider giving a donation on behalf of a friend or relative to *Let's Tree Wilmot*, environmental groups such as *Nith Valley EcoBoosters*, or to **rare Charitable Research Reserve** in Cambridge. <http://raresites.org>

Shoulda, Coulda or Might-Get-To List for Nov/Dec

- Give your evergreens and young trees a good soak before the ground freezes, as the trees still breathe in the winter and can lose more moisture.
- To prevent rabbit damage, use burlap, white plastic, chicken wire or crepe wrap for trees' trunks.
- To prevent vertical splits in the trunk of young trees created by sun scald, use white plastic or crepe wrap on the trunks. Use white to reflect heat and keep the trunks cool. Sun scald occurs when you have really sunny days in late winter and early spring. The sun warms up the tree and the tree thinks it is springtime; the sap starts and then it freezes at night with a cold snap and the trunk splits vertically. It can take a tree up to five years to recover from the split or it may even die. (www.gov.mb.ca/agriculture/crops/plant-diseases/print,winter-sunscald-frost-cracking.html)
- Wrap burlap around smaller, high-value (landscape) conifers or set up a burlap sun/wind shield to help minimize the chances of winter burn. When wrapping your evergreens, keep the burlap off the shrub.

This is a good time to reflect on what worked and did not work in the yard this year and make a note of it! Order seed catalogs if you want a paper copy to plan and dream of the spring and summer to come!

Checkout our Facebook page for updates and great gardening information, news and to share all things gardening. www.facebook.com/groups/3133495739996313

Website: gardenontario.org/view/society-layout/entry/852 (info for donations to Let's Tree Wilmot) **email:** wilmothortsociety@gmail.com

Let's Tree Wilmot email: letstreewilmot@gmail.com
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There is a continuity about the garden and an order of succession in the garden year which is deeply pleasing, and in one sense there are no breaks or divisions—seed time flows on to flowering time and harvest time; no sooner is one thing dying than another is coming to life. --Susan Hill and Rory Stuart

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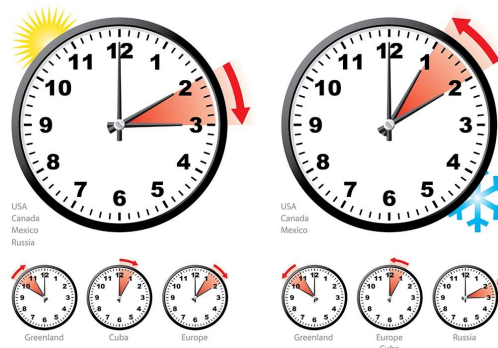
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The Logic Behind Daylight Savings Time

Although first instituted in 1915, the idea of daylight time had been batted around for a more than a century. Benjamin Franklin suggested the idea more than once in the 1770s while he was an emissary to France. But it wasn't until more than a century later that the idea of daylight time was taken seriously.

It was reasoned that light could be better used during the day because the sun shone for a time while most people were still asleep in the morning. The solution was to push the clocks ahead one hour in springtime, encouraging people to wake an hour earlier. They would therefore expend less energy trying to light their homes, for instance, if time were adjusted to suit their daily patterns. When the days started getting shorter in the fall and people awoke to increasing darkness, the clocks were turned back an hour to get more light in the morning.

The Uniform Time Act, enacted by the U.S. Congress in 1966, established a system of uniform (within each time zone) daylight time throughout most of



the U.S. and its possessions, exempting only those states in which the legislatures voted to keep the entire state on standard time. In Canada, it's up to each province to decide whether to use daylight time, and not all do. Most—but not all—jurisdictions in Canada and the U.S. have been moving their clocks ahead by one hour on the second Sunday in March and back by one hour on the first Sunday in November.

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"Building trust one home at a time"

We are so excited to let you know that our **Online Charity Poker Tournament for Food4Kids Waterloo Region** was a huge success and we came just shy of reaching our goal of donating **10,000 meals to feed 111 kids for 1 month!**

We wanted to give a shout out to our amazing sponsors:

Harvir of Twice the Deal New Hamburg for donating a large pizza to each of the 9 finalists that made it to the final table!



Colin of CVE Mortgage for donating the prize for the winner of the tournament!



We truly love being able to give back and are so thankful for all the support we get from our clients and community. Congratulations to our winner, Andrew!

"Working with the Lambert Group to sell our home was a great experience! Our home sold in just a few days with minimal disruption to our household, which was essential to us as we have a young family. The process couldn't have been easier!" - Rachel H. of Baden



Let's Buy Canadian!



Joe Smith started the day early having set his alarm clock (MADE IN JAPAN) for 6 am. While his coffeepot (MADE IN CHINA) was perking, he shaved with his electric razor (MADE IN HONG KONG).

He put on a dress shirt (MADE IN SRI LANKA), designer jeans (MADE IN SINGAPORE) and tennis shoes (MADE IN KOREA).

After cooking his breakfast in his new electric skillet (MADE IN INDIA) he sat down with his calculator (MADE IN MEXICO) to see how much he could spend today. After setting his watch (MADE IN TAIWAN) to the radio (MADE IN INDIA) he got in his car (MADE IN GERMANY) filled it with gas (FROM SAUDI ARABIA) and continued his search for a good paying CANADIAN JOB.

At the end of yet another discouraging day checking his Computer (MADE IN MALAYSIA), Joe decided to relax for a while. He put on his sandals (MADE IN BRAZIL) poured himself a glass of wine (MADE IN FRANCE) and turned on his TV (MADE IN INDONESIA), and then wondered why he couldn't find a good paying job in CANADA .



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Here we are in November, which is usually the time of the year when snowbirds and winter vacationers make up their mind as to when and where they are planning to go this coming winter.

The deal-breaker this year, of course, is COVID-19 and our border closure. I include the latter because a number of our clients have told us if they could drive to South Carolina or Florida, they were okay with practising physical distancing and wearing a mask just as they do here in Ontario. I would like to think there is more to their thinking than just that. For example, one should take a close look at the stats of COVID-19, including hospital availability in the area you will be staying.

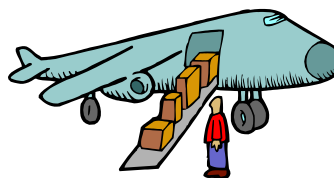
Having said that, then how does travel insurance fit into all of this? Well, that will depend on the insurance company you choose to go with. Some companies will provide you with full coverage for any medical emergencies as a result of COVID-19 and do not charge any additional premium for it. Other companies have chosen to either charge an extra premium or to put a cap on the coverage for this virus, or in some cases, they will do both. These caps are often at \$200,000 CDN; I have

seen one cap of \$500,000 CDN. If you think this is adequate, keep in mind this translates into about \$150,000 and \$374,000 USD respectively. We know the average daily cost for hospitalization in the sunshine states is between \$5,000 and \$10,000 a day. But if you are hospitalized in an Intensive Care Unit (ICU), that can cost up to \$25,000 a day. Putting a limit on coverage for COVID-19 carries a certain amount of risk.

You also need to know, given the scale of the crisis, the limited availability of medical resources and the measures that various countries are taking to limit the spread of COVID-19. Many insurer's travel assistance services are limited in ways to assist people in emergency situations abroad.

If you are purchasing "top-up" insurance, you need to ask if a claim, particularly a hospitalization claim, were to occur under the primary policy, what would happen if there was a reoccurrence of that same medical condition under the "top-up" policy? Will you be covered or will that second occurrence be considered a pre-existing medical condition and therefore not covered? This sort of thing happens more than you may think.

In the past, the majority of people purchased their travel insurance based on the lowest possible price. With COVID-19 now in the picture, you will want to rethink your decision making. As a consumer, you need to get more involved in the details of your coverage, particularly as it pertains to COVID-19. I am not suggesting you have to read the entire policy, but at least know what you are covered for and what you are NOT covered for.



Whatever you do this winter, play safe and play by the rules... and remember it won't always be this way.





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Not many are packing their bags to travel these days but these folks from Morningside know that the Baden Outlook needs some action and so... They do!



These folks had fun planning an afternoon of Halloween amusement for the residents at Morningside Village. A number of spunky residents got in costume to parade around the scary streets of Morningside, distributing treat bags. Thanks to all of the participants that dressed up: the Ghosts, the Goblins, the Witches, the Bears, the Hobos, the Easter Bunny, a Gorilla, Big Bad Wolf, the Three Little Pigs, Sylvester and Tweety, a Snowman, and Supreme Justice Ruth Bader Ginsburg. A little treat and a day of laughs and chuckles is good for everyone.

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