



Barry and Pat Fisher 178 Snyder's Road E. Baden, ON N3A 2V6 Phone: 519-634-8916

Email: badenoutlook@hotmail.com

The Baden Outlook is a completely independent publication, not affiliated with any other organization, individual or commercial enterprise.

The views expressed in this newsletter are not necessarily those of The Baden Outlook.





©2018 The Baden Outlook



This paper is priceless - Please have one!

~ Oh What a Month!

king with ed We have made a conscious effort over the years to not be a forum or messenger of local politics in our publication in general. More so, during the election I did not want to appear to be using our paper to advocate myself in any way. However, considering the recent election I cannot help myself...

I felt it was important to keep politics out of the Baden Outlook throughout the election as to not sway anyone in the voting process, but I would like to start this article off by saying thank you to all the registered candidates that put their names in for the 2018 municipal election. It is great to see so many quality people that truly care about their community take an interest in running for council. These candidates put tireless hours and expenses into their campaign and they should be applauded for their efforts.

I feel honoured to represent Baden in Ward 3 once again and will continue to work as hard as I can for the betterment of the community. I am proud of my accomplishments over the past two terms and excited for the upcoming term. Thank you Kris, Elliot, and Sharon for keeping the democratic process alive. I was happy to see the respect and goodwill displayed through the election in Ward 3 (Baden) – no mud-slinging here! The day before the election, Elliot Fung sent out an email to all candidates wishing good luck and well wishes. Even after the election he posted on his Twitter account congratulating me on my election win. To me, that is a class act – thank you, Elliot! I personally welcomed the new councillors and offered my support if they need it while they adapt to their role. Welcome to council, Angie, Cheryl, and Jennifer!

Overall the township is in fine shape, and although one may never find a perfect council (because there isn't one), between 2010 and 2018 a lot of great things happened and projects continued to move along. I want to send a big thank you to Al Junker, Mark Murray, and Peter Roe who have been part of that team that kept the township in great financial shape. Over the last few years, there have many achievements as seen in the chart on the right. I feel we are in good hands under Mayor Les Armstrong's leadership. He is at as many events as he possibly can be (I have seen his overloaded calendar many times) and is a good and well-respected representative of our township at Waterloo Region.

As it is best to be mindful and keep my editor's cap on, I am pleased to share some pertinent information on the misconception of the township finances from Patrick Kelly, Director of Finance, as seen on page 5.

I am now resuming my position as editor...Until next month...Ed

EXTRA EXTRA!!



You'll find us around the 15th of each month, available at over 80 places within Wilmot Township, while quantities last.

You'll find us in Baden at Mars Variety, CircleK, Baden Feed, Baden Dental, Wilmot Rec. Centre, Tim Hortons, Baden Library, EJ's, and several outdoor magazine boxes located conveniently throughout town for Baden readers.



You can pick it up in New Hamburg at No Frills, Sobey's, Short Stop, NH Legion, McDonalds, Morningside, Stonecroft, Office Pro, NH Thrift Centre, Personally Fit Gym, Pharmasave, NH Dry Cleaners, NH Wellness, all libraries and various offices and retail locations throughout Wilmot Township.

Also at Foxboro, in St. Agatha at Fishers Esso, Angie's Kitchen, and Pfennings Organics Store.

Plans

- Strategic Plan
- Asset Management Plan
- Rec Master Plan
- Fire Master Plan
- Arts/Culture Master Plan
- Trails Master Plan
- Official Plan

Facilities/Buildings

- WRC Phase II / Swim Plex
- **New Dundee Library**
- Baden Fire Station Renovations
- NH Arena Lobby Renovations

Roads/Infrastructure

- Main Street
- **Grant Street**
- Williams Street
- King Street
- Milton Street
- Byron Street
- Inflow and Infiltration Repair Program
- Holland Mills Bridge

Recreation/Culture Amenities

- Wilmot Splash Pad
- Playground Equipment
- Tennis Courts (Baden, New Dundee)
- Murals at Grandstand
- New Dundee Ball Diamonds/Park
- **Ball Diamond Lighting Replacements**
- Trail Development

Health/Safety/Accessibility

- **Diesel Exhaust Extraction Systems** (3 Fire Stations)
- Backup Generators (Station 1 and 3; Works Yard, St Agatha CC, New Dundee CC)
- **Barrier Free Entrances**

Green Initiatives

- **LED Street Lights**
- Electric Ice Resurfacer
- **HVAC Upgrades**

Active Transportation and Transit

- Gingerich Road bike lanes
- Wilmot Bus Service

Page 2 Volume 18, Issue 4



Greetings from Headquarters ~

I've never been on a real zip-line before but I wonder if it feels like I do here at Outlook Headquarters. I'm on the great ride that takes me from month to month in a whirlwind blink! It's great fun getting psyched up, cleaning my workstation, settling into my office chair like buckling in for the exciting ride, staying focused and hanging on, and in a blink it's over - and now here I am again, back in and zipping on to the next month. It's been said that time flies

when you're having fun; it has indeed been both busy and fun. I enjoy the cycle the paper gives me, with a 2 week period to work steady and then some room to live life and catch my breath. My age is often called the

sandwich generation - a generation of people nurturing both their aging parents and their children and grandchildren. I appreciate that I can be there for the ones that really matter, so I must indulge myself this month and share a bit about my kids. Bear with me:)



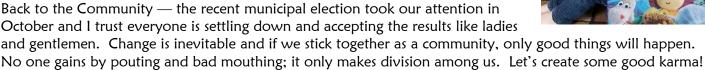
When I'm not knee deep in the paper, I am a busy Grandma spending great times with my awesome grandkids. They all had fun planning their costumes for Halloween (as seen in the photos) and are now sorting their stash of treats. Our son Mike's girls, Lily and Gwen, have been gifted with a hand-me-down cell phone and tablet and have learned how to text. We connect now each day and I enjoy hearing about their thoughts and feelings and of course sharing lots of silly emojis, which is so much fun. So often the parents are too busy to just chat, so now I'm back in the loop with the family news. At this time I must brag that we now have a doctor in the house! Yes, we had the privilege of going to convocation to see our daughter-in-law (Mike's wife) receive her PhD. Bravo Laura, you worked very hard and we are so proud of you!



In our daughter's house, three-year-old Simon is developing quite a vocabulary, creating some fun conversations—it's so cute to hear what's in the mind of a toddler. Barry and I babysit Simon every

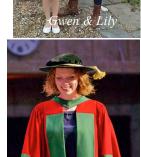
Thursday and can't believe he's gone from diapers to raking the leaves in yet another blink. Simon has even more stars in eyes these days with such big love, and not just for big brother Kaidan

or me...he has a new kitty and he is absolutely smitten. Whatever he does must include "Emmy" and she is very patient with the mauling, tossing, squishing and relentless kisses.



We also had an enjoyable night out at EJ's with a great group of friends at the sold-out featured 'Comedy Night' where I could hardly contain myself laughing so hard. I forgot how good such laughter feels for the soul! I can't say I'm one to enjoy stand-up comedy, as quite often I don't get half the humour, nor do I appreciate constant vulgar language. The comic Jeff Leeson did a great job of sharing his vision of our lives here in Baden... and yes, it was brought to his attention that Barry was councillor and he was put in the 'hot seat'. As some of us withdraw for the winter it reminds me to stay active and get involved in the community, which offers much to do. I hope some of you took the opportunity with our recent coupon to see the Firebirds play hockey; they did great and won 3-2!

You will see again in this issue how very active the community is, and with Christmas upon us there are lots of bazaars to attend—so check them out! Support these local groups and also get going with your Christmas shopping.... you never know what treasures you'll find!





Checking out the Baden Library



Firebirds at the Library - Wednesday, Nov. 28, 6:30 - 7:30 p.m.

Join players from the New Hamburg Firebirds Junior C hockey team in fun activities and challenges at the Baden Library. All ages welcome. Come out



and meet the Firebirds! Enter your name to win a prize! Register online, by phone or in person.

1:1 Computer Coaching

Need help with your computer, tablet, or smartphone? We can help! Free, one-on-one computer training sessions are available at the Baden Branch on Tuesday, Nov. 20 from 10 a.m. to 3 p.m. Register online, by phone or in person.

Baden Book Club at EJ's

Adults are invited to join Jen Cyr, Coordinator of Library Collections, the third Tuesday of each month from 6:30 to 7:30 p.m. at EJ's Tavern and Restaurant in the Baden Hotel. The next meeting is Nov. 20 and we will be discussing **Bury Your Dead** by Louise Penny. Treat yourself to a beverage or food item and contribute to the conversation regarding the selected book. Registration is on-going throughout the year and copies of the book are available at the Baden branch.

Holiday Storytime Programs

Ready Set Go! Kindergarten: Holiday Edition (3-4 year olds entering Kindergarten in fall 2019 with caregiver) Join us for a fun and interactive holiday program! Registration required.

Tuesday, Dec. 11: 10:30 – 11:30 a.m.

Jingle Babies (Birth – 12 months with caregiver) Bring your baby for holiday songs, rhymes, and activities. Registration required.

Thursday, Dec. 13: 10:15 – 10:45 a.m.



Holly Jolly Storytime (Birth to 5 years with caregiver) Join us for stories, songs, and activities to celebrate the holiday season. Drop-in. No registration required. Thursday, Dec. 13: 11 - 11:45 a.m.

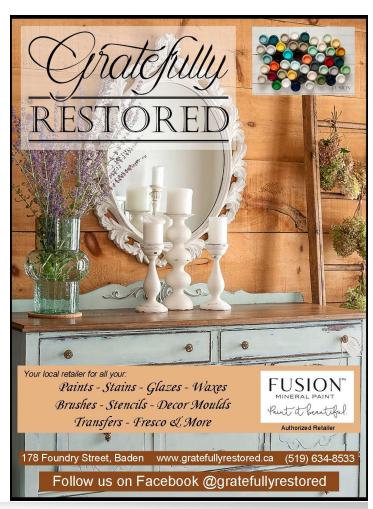
Winter Programs for Youth, Registration for winter programs begins on Tuesday, Dec. 11.

Programs include Baby Connections, Li'l STEAM, Family Storytime, Ready Set Go! Kindergarten, Maker Club, and Youth Book Clubs. Library programs are free and some require advanced registration unless otherwise indicated. Space is limited. Programs begin the week of January 15 and run for eight weeks. Register online, by phone or in person. Check rwlibrary.ca for more information on each program.

Contact us at 519-634-8933 or

<u>badenlib@regionofwaterloo.ca</u> for assistance or get more information at **www.rwlibrary.ca**.

Chris Baechler, Assistant Supervisor—Baden Branch



Page 4 Volume 18, Issue 4



SANTA CLAUS WANTS YOUR FLOAT TO JOIN HIM IN THE PARADE!

Register your float and get busy decorating for the upcoming Santa Claus Parade!



HEY KIDS! Saturday, December 1st at 1:30 pm, bring your "Letters to Santa" to the parade where Canada Post employees will be collecting your wish list. SANTA will be at the Seniors' Woodworking Shop on Beck Street after the parade. Judges will be along the parade route to evaluate the floats and cash prizes will be awarded to the winning entries.

The parade will start at Snyder's Road East (at Sandhills Road) and finish along Charlotta Street (at Mill Street)

FOOD DONATIONS will be collected along the parade route for the Wilmot Family Resource Centre Food Bank.

The Baden and District Chamber of Commerce and the Optimist Club of Baden invite you to participate during the

Annual Christmas parade. To reserve your spot or for more information call Sue at 519-214-2202 or Penny 519-634-9292

Or email: baden_santaparade@outlook.com

KEEP YOUR TOWN IN BUSINESS BY KEEPING YOUR BUSINESS IN TOWN



Dr. Sonya Frank, Optometrist

DID YOU KNOW?

Contact lenses not only can let you see better or change your eye colour, but they can be used as a 'bandage' to help with pain from a scratch on your eye

21 Snyder's East (519) 214-2020

badeneyecare@gmail.com



New patients welcome After hours eye emergency services

Tues, Wed, Fri 9 – 5 | Thurs 12 – 8 | Sat 9 – 1 Closed Sundays & Mondays

Eye exams – Glasses – Contact Lenses – Lasik Co-Management

Understanding Township Financial Reserves

Subsequent to the municipal election, and in preparation for the new term of Council, we asked Wilmot's Director of Finance, Patrick Kelly, to provide an update on the status of municipal finances. Below is a summary of his commentary on the subject:

Alongside the Township's significant accomplishments from a capital perspective, Wilmot has continued to build financial resources for the future. The balance of funds held in cash or cash equivalents, as per 2017 Financial Report, showed approximately \$12.5M. Though this may appear to some as significant surplus of funds, only a very small proportion, approximately \$500K, is held in what are deemed working funds. Working funds are what some refer to as "rainy day funds" that would only ever be accessed for extremely critical short term cash obligations. The practice of fiscal responsibility at the Township ensures these funds remain in place, while generating small interest returns to support operations.

The remaining \$12M is split into three (3) distinct categories:

- \$5.2M is allocated for current capital works, including Wilmot Employment Lands, Holland Mills Bridge, Fire Services Radio Infrastructure, and the Replacement of Station 3 Tanker Truck:
- \$3.8M is held in *obligatory reserve funds*, as per legislative requirements for parkland, water and sanitary infrastructure, and growth related needs;
- \$3M has been set aside for future replacement of *critical infrastructure* (Roads, Bridges, Facilities, and Equipment).

Given the Township currently identifies ownership of over \$230M in tangible capital assets, it is fiscally prudent that capital planning allow for continued growth of infrastructures reserve investments to ensure the funds are in place to replace infrastructure, while continuing to limit the reliance on debt financing.

"Keeping the Community Connected"



Baden ~ Our Town

Watch for The Baden Community Association once again in this year's Baden Santa Claus Parade, which will be held on Saturday, December 1st. The group, which provides Baden with the Baden Corn Festival, will be handing out bags of popcorn to those who line the streets during the parade.

Plans are also underway for the Annual New Year's Eve Kids' Party which will be held again at the Baden Brewery (EJ's). Last year was a great success with a complete sell-out of tickets, so watch Facebook for times that tickets go on sale. Erick Traplin will be back again this year to entertain the wee ones and adults alike. A meal will be included, plus a large door prize table which was a big hit last year.

The BCA is also planning for the Family Day event at the Wilmot Rec Complex in February. There will be free skating and a swim plus plenty of snacks and refreshments provided by the BCA upstairs in the community room.

The Baden Community Association meets on the last Wednesday of each month in the basement of the township hall at 7 p.m. Please join us and contribute to your community.



"Keeping the Community Connected"



90 Peel St., New Hamburg

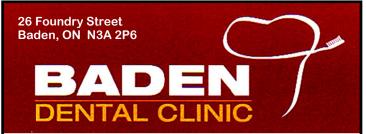
Alina Telescu Sales Representative, Peak Realty Ltd. 519-504-2588 www.alinatelescu.ca





Go Team Wilmot! Let's work together and keep our community connected!





For an appointment call 519-634-1112

- ❖ Complete family dental care
- ❖ Evening appointments available
- Emergency patients always welcome



Dr. Rick and Nancy Pereira

We welcome new patients. Conveniently located close to home.



Visit our website at www.badendentalclinic.com

Page 6 Volume 18, Issue 4

Now you can Celebrate Every Day with National Anything Everyday Day

It seems our readers do enjoy all things silly, so when we came across the website featuring the *National Day Calendar* we couldn't resist sharing the absurdity of it all! Did you know that November the 20th is "National Absurd Day"?! How absurd!

We've listed just few of the upcoming days and if any of these appeal to you, go ahead and celebrate! Yippee!

November 15th celebrates National Rural Health Day, National Clean Out Your Refrigerator Day and National Raisin Bran Day.

November 16th celebrates National Fast Food Day along with National Button Day (other than our belly buttons —why?).

The 17th is National Take a Hike Day followed by National Princess and Mickey Mouse Birthday Days. My favourite day to celebrate is on November 30th, which is Stay Home Because You're Well Day, which to me seems important to rest up and prepare for the craziness in December, with Christmas which tends to consume our time and energy.

November 21st

National Red Mitten Day National Stuffing Day National Gingerbread Cookie Day

November 23rd

National Cashew Day National Eat a Cranberry Day National Espresso Day

November 27th

National Craft Jerky Day National Bavarian Cream Pie Day

November 30th

National Mason Jar Day Computer Security Day Stay Home Because You're Well Day

December 1st

National Pie Day National Eat a Red Apple Day

December 4th

National Sock Day National Dice Day National Cookie Day



December 9th

National Pastry Day

December 10th

Dewey Decimal System Day Human Rights Day

December 12th

National Ding-a-Ling Day Gingerbread House Day Poinsettia Day

December 15th

National Wear Your Pearls Day National Cupcake Day

Check it out and see what you'd like to celebrate at www.nationaldaycalendar.com

Baden Veterinary Hospital



Dr. Rebecca Ricker & Associates

50 Foundry Street Baden ON N3A 2P6

519-634-8880

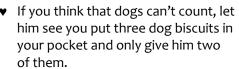
- In House Laboratory
- Surgery
- Preventive Medicine
- Prescription Diets
- X-rays
- Dentistry
- Grooming



New Clients Welcome!



For the Love of Dogs





- You can truly say any foolish thing to your dog and it will listen intently then give you that look that says "Wow, you are right", or... "you are amazing!"
- ▼ A dog is the only thing on earth that loves you more than he loves himself.
- Money can buy you a fine dog, but only love can make him wag his tail.
- ▼ Such short little lives our pets have to spend with us, and they spend most of it waiting for us to come home each day.
- ♥ When you look into the eyes of a dog you see more than an animal. You see a living being. You see a friend. You feel a soul.
- ▼ A dog can snap you out of any kind of bad mood that you're in faster than you can think of.
- ▼ The first dog is the dog who gives you so much that the first dog is often the reason for the second dog.



THE VETERAN'S POEM

It is the VETERAN, not the preacher, who has given us freedom of religion.



It is the VETERAN, not the reporter, who has given us freedom of the press.

It is the VETERAN, not the poet, who has given us freedom of speech.

It is the VETERAN, not the campus organizer, who has given us freedom to assemble.

It is the VETERAN, not the lawyer, who has given us the right to a fair trial.

It is the VETERAN, not the politician, Who has given us the right to vote.

It is the VETERAN, who salutes the Flag, It is the VETERAN, who serves under the Flag, whose coffin is draped by the Flag.

ETERNAL REST GRANT UNTO THEM, O LORD, AND LET PERPETUAL LIGHT SHINE UPON THEM.

Submitted by Robert Price

Outlook Word Match Game

Listed below are groups of four unrelated words. Find a word that either proceeds or follows the words in each group.

Example - depot stop ticket school (Answer: 'bus' is the matching word.) Answers on page 27

rattle	oil	skin	eyes
mouth	board	hog	room
fitting	free	application	land
log	out	woods	pain

FREE ESTIMATES
Shingles
Steel
Cedar Shakes
Flat Roofing
Soffit and Fascia



QUALITY WORKMANSHIP YOU CAN TRUST

qualityfirstroofing@rogers.com www.qualityfirstroofing.info DONNA CAMPBELL 519-574-7617

please Take My Card!



PAVESTONE & RETAINING WALLS INSTALLATIONS & REPAIRS

Sidewalks, Patios, Driveways, Steps, Retaining Walls, Planters
CALL FOR A FREE ESTIMATE / DESIGN

Mark Soehner

47 Schneller Drive Baden, Ontario N3A 2L5 Phone/Fax: 519-634-9792 Cell: 897-7587 Email: msinterlock@rogers.com



Decks & Fences Concrete Driveways, Sidewalks & Patios General Contracting

Tyler Hoffman

Tel: 519-465-5211

Email: thoffman@silverspringscontracting.ca www.silverspringscontracting.ca

J.R. Auto Service

SERVICE & REPAIR TO ALL MAKES & MODELS HIGH PERFORMANCE MODIFICATIONS

JIM ROTH

1439 Gingerich Rd., Unit B-1, Baden, ON N3A 3J7 PH (519) 634-5986 FAX (519) 634-8667



FULL SERVICE MAINTENANCE AND REPAIRS
TO ALL MAKES AND MODELS

Manager
Matt Musselman
matt@badenauto.ca

Service Manager
Danny Shantz
dannyshantz@badenauto.ca

Page 8 Volume 18, Issue 4

MESSAGE FROM THE MAYOR:

I WISH TO EXPRESS MY SINCERE GRATITUDE TO THE CITIZENS OF WILMOT WHO PUT THEIR TRUST IN MY LEADERSHIP FOR ANOTHER 4 YEAR TENURE OF OFFICE.

MY MANDATE REMAINS THE SAME AS IN PREVIOUS YEARS AND THAT IS TO WORK HARD TO CULTIVATE CHANGES THAT WILL BE FOR THE BETTERMENT OF THE RESIDENTS OF WILMOT, AND TO ENCOURAGE, FOSTER, AND SUPPORT RELATIONSHIPS BETWEEN COUNCIL, STAFF, AND CONSTITUENTS OF OUR FINE COMMUNITY.

OUR FOCUS WILL BE ON PROJECTS SUCH AS:

- ♦ EMPLOYMENT LANDS
- **♦** TRAILS SYSTEM
- ♦ INFRASTRUCTURE
- ♦ IMPLEMENTATION OF THE STRATEGIC PLANS

BE ASSURED OF MY AVAILABILITY TO ASSIST ANYONE AT ANYTIME IF THE NEED SHOULD ARISE. A PHONE CALL OR DROP IN TO OUR OFFICE IS ALWAYS WELCOMED.

THROUGH COLLABORATIVE EFFORTS ON MY PART AND YOURS, WE WILL MAKE WILMOT TOWNSHIP A VIBRANT, INVITING COMMUNITY WHICH WE WILL BE PROUD TO CALL HOME.

SINCERELY, MAYOR LES ARMSTRONG



Baden Outlook

Baden Birding Sponsored by:



Hours: Monday-Friday 8-5:30, Saturday 8-noon



76 Mill Street, Baden

Don't forget when you stop by to pick up your bird seed that we also sell Bright's Cheese.

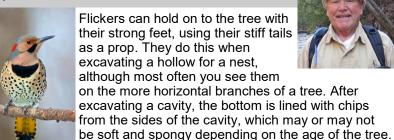
Baden Birding ~ The Yellow-shafted Flicker

By Wayne Buck

One afternoon in late September of this year, our neighbour across the road brought over some feathers he found under his bird feeder. We frequently share sightings with each other and he wondered if I knew what bird the feathers he found were from. I did - they were the golden-yellow primary flight feathers of a Yellow-shafted Flicker. We frequently see Yellow-shafted Flickers (a.k.a. Northern Flicker) on our property. It could be because they are attracted to the plethora of ants we have

inhabiting our soil because it's so sandy. Or it could be that they are attracted to the snags (dead standing trees) that dot our property. Usually when we have to remove a large tree, if at all possible, we ask Tom the Tree Feller to just remove the uppermost branches, leaving the trunk and a scaffold of branches standing. We have had a number of Flickers nesting or excavating insects in these snags.

Flickers are woodpeckers but they differ from the rest of the family in a number of ways. Other woodpeckers that inhabit Wilmot include Downy, Hairy, Red-bellied, the Yellow-bellied Sapsucker and Pileated, to name only some. The aforementioned species are all permanent residents with the exception of the Yellow-bellied Sapsucker and the Flicker. They are frequent visitors to our feeders, looking for peanuts or suet, but sometimes sunflower seeds. Flickers are migratory, spending their winters in the Southern and Central U.S. The other species are almost always found on trees, searching for insects whereas Flickers are ground feeders. That's because their main food is ants or other small grounddwelling insects that can't be found in winter when the ground is frozen and covered with snow. You are not likely to see them on your feeder.



This requires a lot of energy, so Flickers may use a cavity for several years, either one they have made or one made by another species. They lay 5-8 white eggs and have only one clutch per year.

Flickers are one of our larger woodpecker species although they are similar in size to the Red-bellied. They are larger than an American Robin and smaller than a Crow. Only the Pileated is larger. From a distance they appear brownish. Often you will see the white patch on their rump when they fly away from you in their characteristic undulating flight pattern. You might also catch a glimpse of the golden yellow colour on their underwings as they fly away from you. If you get an opportunity to see one up close, look to see if it has a black 'mustache'. If it does, it is a male. Females lack this characteristic. Males also have a red patch on the nape of their necks. You might also notice that the overall brown plumage is dotted with black spots. Their call is a loud, distinctive "flicker, flicker, flicker" rapidly repeated many times in a row.

In other news, the Ospreys at the bridge on Christner Rd. successfully fledged 3 offspring this year, in sharp contrast to last year when they abandoned their nest presumably after being harassed by photographers. Let's hope that all of them are successful in returning next year.



ELECTRICAL CONTRACTING/DESIGN BUILD

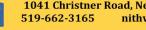
Theodore W. (Ted) Couch Phone: 519-634-9634 Cell: 519-465-6791 Fax: 519-634-8055 Email: couchco@sympatico.ca

RESIDENTIAL . COMMERCIAL . INDUSTRIAL



Wednesday - Friday: 9am - 5:30pm Saturday: 9am - noon

Honey • Beeswax Candles • Gift Items



1041 Christner Road, New Hamburg, ON N3A 3K7 nithvalleyapiaries@gmail.com



Ask Armand ~

Bruce from New Hamburg says: I have seen pictures of the early days in Baden showing many horses and buggies. Did Baden ever have a blacksmith?





Armand says: Interesting question, Bruce. Yes indeed, Mr. Theodore Valentine Decher started working with his blacksmith father, Henry Decher, in 1900 at the age of 14. Prior to working with his dad, Theodore walked to school to New Hamburg; after graduating, his father made him take a course on bookkeeping. Henry passed away in 1922, and Theodore and his brother John continued to operate the business, which was at the current location of Vesper Springs Manor on Snyder's Road East. John passed away in 1956, and Theodore

stopped shoeing horses in 1960 but continued to run the blacksmith shop for a short while. Theodore lived with his sister Catherine who passed away in 1961 at age 84.

John Hahn Carriage Shop was located at 115 Snyder's Road East. John worked in carriage shops in New Dundee and Floradale before opening his own business in Baden in 1896. John Hahn's Carriage Shop was also a blacksmith shop, which ran until 1950 when John passed away. It was the district's oldest carriage maker at the time. After that, it was used as the Public Utilities building (Baden Hydro) until there was an amalgamation with Kitchener Hydro in 1972. Half of the space was used as a garage for storing the ladder truck and the other half was used as an office. It is the current home of the Baden Public Library, which was built in 1985.

New Hamburg Royal Canadian Legion



65 Boullee Street New Hamburg

Hall Rentals

Call Terri Taylor 662-3834



How to Make Friends

You can make more friends in two months by becoming interested in other people than you can in two years by trying to get other people interested in you



BEAUTY COMES IN ALL SHAPES
AND SIZES. SMALL, LARGE, CIRCLE,
SQUARE, THIN CRUST, THICK CRUST,
STUFFED CRUST, EXTRA TOPPINGS.



BANKING WITH PURPOSE

RATE SPECIAL ON NOW!

2.50 /*

14 MONTH GIC
AVAILABLE UNTIL
NOVEMBER 30, 2018.

100 Mill Street Unit M. New I

100 Mill Street, Unit M, New Hamburg 519.662.3550 | www.kindredcu.com

*Rate subject to change without notice at any time.

The Snow Pros

Snow Clearing / Ice Control



NOW HIRING: Full-time or part -time positions now available for snow removal crew.

Call 519-580-6255 Or 519-662-6198



They had exotic tastes. He loved snakes and she had a fascination with death. They remodelled their bedroom on Hallowe'en night, designing one closet to look like a reptilian serpent and the other to

resemble a vehicle that moves the deceased. To make sure they didn't get mixed up, they labeled the closets: 'Hiss' and 'Hearse'

Ned was putting away his Octoberfest gear: "Hey Babe, next year we should pack some fresh socks for after the parade... we need nice fresh tootsies for our oom-pah-pah dancing!!!

Mary-Lou: "Brilliant..... Later-Hosen"

Reading the paper ,Ned shared: "Hey, a supplier is suing WallyMart... claiming they haven't paid for their Q-Tips in ages."

Mary-Lou smirked: "Imagine the irony! Q-tips in arrEARS!!!"

Karma ~ The Concept of "Action" or "Deed"

Karma is a central concept in Eastern religions like Hinduism, Buddhism, Sikhism and Jainism. The word "karma" has its roots in the Sanskrit word "karman," which means "act" and understood as that which causes the entire cycle of cause and effect.

Good deeds create good karma and evil deeds create negative karma. Karma's effect can manifest immediately, later in life or after multiple lifetimes. Some religions view karma as the law that governs reincarnation. In general, it is believed that actions affect the quality of life and the quality of future lives and that each individual is responsible for his own destiny based on his or her actions.

In the West, the relatively modern idea of karma is not so much a spiritual reality as type of luck influenced by deeds. Most people would agree that it's reasonable enough to believe that good behavior merits a reward and bad behavior warrants punishment.

Are you creating good karma is your life?

We're on the Web! See the paper in colour at Visit www.badenoutlook.com

PROVIDING SERVICE YOU DESERVE FROM THE PEOPLE YOU TRUST!











- Store your mower.
- Store hoses and turn off outdoor water.
- Drain and turn off sprinkler system.
- Seal cracks around doors and windows.
- Clean your gutters.
- Inspect your roof.
- Direct drainage away from your house.
- Get your furnace serviced.
- Prune your plants.
- Look up chimney for blockages; check damper is working.

Troy
Hoerle
Sales Representative

519-591-7191

trovhoerle@rogers.com

Michale Sales Representative

519-500-3316 realestate@blankamichale.com

Blanka

Steve
Murray
Sales Representative

519-502-1962 srmurray@megawire.ca

519-275-4900 willseyalison@gmail.com

Serving Wilmot Township and Surrounding Communities

FREE MARKET EVALUATIONS

Let us put our EXPERIENCE and KNOWLEDGE to work for YOU!
We are here to help make Real Estate Decisions that are right for YOU!

We always appreciate and make time for your referrals!!

REALTY LTD., BROKERAGE

900 Péel St. New Hamburg, ON. N3A 1E3

www.peakrealestate.com

Page 12 Volume 18, Issue 4

~ SENIORS COFFEE GROUP ~

Where There's a Wheel, There's a Way

A group of seniors was sitting around talking about all their ailments at the local coffee shop.

"My arms have got so weak I can hardly lift this cup of coffee," said one.

"Yes, I know," said another. "My cataracts are so bad; can't even see my coffee."

"I couldn't even mark an "X" at election time because my hands are so crippled," said a third.

"What? Speak up! What? I can't hear you," said one elderly gentleman!

"I can't turn my head because of the arthritis in my neck," said one, to which several nodded weakly in

"My blood pressure pills make me so dizzy!" exclaimed another.

"I forget where I am and where I'm going," said another.

"I guess that's the price we pay for getting old," Winced an old man as he slowly shook his head. The others all nodded in agreement.

"Well, count your blessings," said cheerful Norm.

"Thankfully we can all still drive!!!"





- **ANNIVERSARIES**
- **FAMILY REUNIONS**
- **CORPORATE PARTIES**

FAMILY BOWLING SPECIAL

519-662-1938

EMAIL:

info@newhamburglanes.ca



Full Mechanical Services

Alignments Suspension Oil Changes Brakes

Licensed Vehicle Inspection Station

Tires for all Vehicles

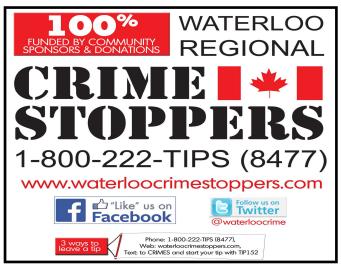
Passenger & Light Truck Farm Tires

Heavy Truck Lawn & Garden

Campers, RV's, ATV's & more

1413 Gingerich Road, Baden

519-662-4990 **OKTIRE.COM**





Baden Outlook Hockey Stats								
	Adults Pool		Kids Pool					
Place	Name	PTS	Place	Name	PTS			
T1	Jesse Heibein	195	1	Aiden Kooy	189			
T1	Charlie Baumbach	195	2	Cooper Hill	183			
3	Gavin Koenig	194	3	Ryan Boronka	180			
4	Papa Bob	191	4	Tessa Whitelaw	179			
5	Rick Hazelwood	190	T5	Keaton Herlick	175			
6	C J Eagleson	189	T5	Tyson Ruston	175			
7	Brian Williams	188	7	Isaac Roth	174			
8	Shane Rooney	187	T8	Joel Miller	173			
9	Joyce Leis	186	T8	Waylon Herlick	173			
T10	Tanner Money	185	10	Ronan Bastias	172			
T10	Chan Labelle	185	11	Evan Bizony				
	Sue Struth	185	12	Sofia Salese	171			
	Steve Ryan	185	13		170			
T10	Janet Knechtel	185	T14	Allie Fortin	169			
T15	Mike Pajot	184		Sabrina Hallman	168			
T15	Mitchell Dietrich	184	T14	Alexa Smith	168			
17	Frank Cleary	183	T16	Zak Kasper	167			
T18	Pamela Hadley	182	T16	Dana Kropf	167			
T18	Derek Leis	182	T18	Ryan Cutting	166			
T18	Kirk Hagen	182	T18	Aidan Miles	166			
T18	Paul Koenig	182	T18	Hailey Jokic	166			
T18	Sheldon Marty	182	T18	Lauryn Porchak	166			
T23	R.J.W.	181	T22	Trent Deckert	165			
T23	Scott Butchart	181	T22	Benjamin Linthorne	165			
T23	Bob Abboti	181	24	Brooklin Hill	163			
T23	Liam Boronka	181	T25	Dez Kaspar	162			
T23	Tim Gowland Amanda Travers	181	T25	Lucas Fortin	162			
T28		180	T25	Dallas Egli	162			
T28	Wm. Albrecht	180	T25	Gabby Hallman	162			
T28	Derek Heimpel Matt Bowen	180 180	T25	Malcolm Duggan	162			
T28 T28			T25	Keira				
120	Addit Notil	180	L = -	NCII a	162			

Ladies and gentleman... we have a tie!!

Congratulations to

Jesse Heibein and Charlie Baumbach for taking the Adult Leader Prize for this month's Hockey Pool winning gift certificates from Baden Hotel.

Congratulations to Aiden Kooy who took the leader prize for the Kids Hockey Pool winning a gift certificate to New Hamburg Lanes



Hello sports fans! Thanks for playing hockey with us! There are 358 adults and 72 kids ready to compete!

The stats are pulled on the 7th of each month. To view your stats simply visit our website at

www.badenoutlook.com and select "sports pools". For the adult pool type in pool ID: <u>outlookhockey</u> and for the kids pool type in <u>outlookkids</u>. The passwords are : <u>quest</u>.

Have Fun and Good Luck!



Please support the advertisers in this paper and keep our community alive and thriving!



CELEBRATE AMERICAN THANKSGIVING WITH EJS

NOVEMBER 22.2018 11 AM- 12AM

FOOD SPECIALS * ARCADES * FOOTBALL * GIVEAWAY'S



HOURS MON TO SAT 11 AM TO 12PM SUN 11AM TO 8PM 519 634 5711

Page 14 Volume 18, Issue 4

You Must Be Joking!!

After a tiring day, a commuter settled down in his seat and closed his eyes. As the train rolled out of the station, the young woman sitting next to him pulled out her cell phone and started talking in a loud voice:

"Hi sweetheart. It's Sue, I'm on the train."

"Yes, I know it's the six thirty and not the four thirty, but I had a long meeting."

"No, honey, not with that Kevin from the accounting office. It was with the boss."

"No sweetheart, you're the only one in my life."

"Yes, I'm sure, cross my heart!"

Fifteen minutes later, she was still talking loudly.

When the man sitting next to her had enough, he leaned over and said into the phone, "Sue darling, hang up the phone and come back to bed."

Sue doesn't use her cell phone in public any longer.

Submitted by Bruce Bousher

Go Firebirds Go! For those who missed the Outlook complimentary game on Friday, November 2 against Paris, they had another great game, winning 3-2.



Here are the latest stats as of November 3. Keep an eye on these guys, they're going for the trophy!

Team	<u>GP</u>	<u>w</u>	<u>L</u>	<u>T</u>	<u>PTS</u>	<u>GF</u>	<u>GA</u>
New Hamburg	16	13	2	0	27	68	30
Tavistock	14	12	2	0	24	63	25
Norwich	15	10	5	0	20	73	49
Wellesley	14	8	2	1	20	85	37
Paris	14	8	5	1	17	56	37
Woodstock	15	8	6	0	17	54	52
Ayr	17	6	11	0	12	49	60
Delhi	15	1	14	0	2	17	99
Burford	14	0	14	0	0	15	91



50 PLUS SOCIAL DANCE,

* SUNDAY AFTERNOON *

WHERE:

NEW HAMBURG COMMUNITY CENTRE 251 JACOB STREET AT THE CORNER OF BOULLEE ST NEW HAMBURG, ON

WHEN:

Sunday, November 25th Sunday, December 16th 1:30 pm - 4:30 pm

COST:

\$10.00 for info: 226-868-9295



COME and SOCIALIZE WITH US, WE HAVE TEA AND COFFEE



EcoNugget

"Green" Christmas Ideas

- * Buy a living Christmas tree that you can plant in the spring.
- * Give consumables such as homemade cookies, preserves or local food products.
- * Buy gently used books or toys as gifts or non-material items like park passes or event tickets.
- * Give "Battery-Free" gifts.
- * Avoid buying plastic items and those with lots of packaging.
- * Plan a family nature walk on Christmas Day.

For further information contact: nvecoboosters@gmail.com

I got called 'pretty' today!

Well actually the full statement was "You're pretty annoying."

But I try to only focus on positive things.

"Keeping the Community Connected"



Increasing financial security, saving money and eliminating debt through personal financial forecasting

Financial forecasting for small business startups

Elaine Bechthold Financial Coach

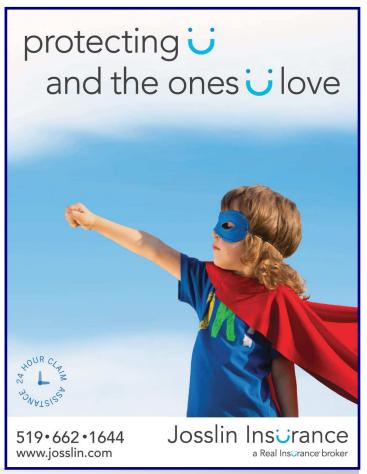
1826 Snyder's Rd. E. Petersburg, ON N0B 2H0

Toll Free: 877-788-0480 Phone & Fax: 519-634-8021 info@moneymeasuresinc.com

www.moneymeasuresinc.com

How Long Does it Take Trash to Decompose?

Paper towel, 2-4 weeks Paper bag, 1 month Apple core, 1 month Newspaper, 1.5 months Cardboard, 2 months Waxed milk carton - 3 months Orange peel, 6 months Cigarette butt, 10-12 years Leather shoes, 25-40 years Plastic cups, 50 years Plastic containers, 50-80 years Plastic bottle, 450 years Aluminum cans - 200-250 years Disposable diaper, 550 years Monofilament fishing line, 800 years Batteries - 100 years Styrofoam, It does not biodegrade Tinfoil - It does not biodegrade



Page 16 Volume 18, Issue 4

New Hamburg ~ Is Happy to Serve YOU!



F&I

CSN - F&L 111 Arnold St.

New Hamburg, Ont. N3A 2C6

www.likenew.ca

Murray Erb Manager

T: 519-662-1892 F: 519-662-1895 Toll Free: 1-877-894-9773 E: merb@likenew.ca

24-Hour Towing Assistance 1-877-700-4CSN (4276)



SYLVAN SKI-DOO ARGO EVINRUDE EZ-GO TRAILERS GO KARTS LAWN & GARDEN

PARTS SALES SERVICE

114 Arnold St. New Hamburg On N3A 2C7

E-mail info@blueskymarine.ca

Ph. 519 662-1461 1-877-740-2628 Fax 519 662-1101

Web www.blueskymarine.ca



519-662-2821 147 Arnold Street New Hamburg, Ontario

Car & Truck Accessories

Tires and Wheels **Car Care Products**

Tonnesu Cover Hood Shieds





www.rudyheld.com





• Custom Window Treatments • Benjamin Moore Paint • Wall Coverings

Reynold & Kathy Skowron

85A Huron Street, New Hamburg, Ontario N3A 1K1 Phone: (519) 662-1142 • Fax: (519) 662-9067

Hello again from Wilmot's Youth Action Council.

On October 6, we volunteered at Wilmot's Oktoberfest held at the New Hamburg Legion. We had a great turnout with many smiling faces. We had various games, face painting, and crafts. We look forward to helping at this event again next year!

We just came off our Grand Re-Opening of the Youth Centre on October 26 & 27 and had a good crowd to kick off the new term. We were joined by the Wilmot Family Resource Centre Youth Workers, Laura and Brandon, and it was so much fun! The Optimist Youth Centre is now open on Tuesdays, Fridays, and Saturdays. Please visit www.wilmot.ca for more information or drop in to the Youth Centre to get the registration form to use the Centre! Up next, we will be hosting a coffee house on Saturday, November 24 held at the Wilmot Recreation Complex from 12:00 noon until 4:00 pm. Registration for the event will be made available by DMing the YAC Instagram Account. We look forward to having many kids at this community event; we will have free food and refreshments.

Looking forward even further into the future, the Wilmot Youth Action Council is volunteering at the Baden Santa Claus Parade on Saturday, December 1. We will also be at the New Hamburg Santa Claus Parade on the following day, Sunday, December 2.

If you have any questions or would like more information, please email us at wilmotsyouthactioncouncil@gmail.com. Make sure to follow us on Facebook and Instagram for updates on our upcoming events. We hope you have a fabulous week and we will see you next month for more Youth Action Council Updates. ~ Love from the YAC pack.

DC Home Services



DC Home Services Fully Insured And licensed

- Services include:
- Residential/Small office cleaning
- ♦ Yard/Garden Maintenance
- ♦ Laundry

- Meal preparation
- Pet walking and clean up
- Groceries
- ♦ Errands
- ♦ Organization

~ Serving Wilmot Township ~ Call Dawn at 226-749-4972

Or email dchomeservices76@gmail.com or Find us on Facebook

https://www.facebook.com/dchomeservices76/

Wow! More exciting destinations as The Baden Outlook continues to travel ...



Mark and Karen Pfaff and Doug and Donna Lindner took their Baden Outlook along with them to a Jimmy Buffett concert at La Cigale in Paris, France.



Patrick and Tracey Delay took their Outlook to the top of the Stratosphere Hotel Tower in Las Vegas, Nevada.



Brad and Kristina Ziegler went on vacation to Israel and Kristina can be seen reading her Baden Outlook in the Dead Sea.



Make memories, live through experiences.



Deanna Carney Travel Specialist 226-338-3628



Packed2Go packedtogotravel@gmail.com

Based in Baden - Serving Wilmot Township and beyond.



www.jakeandhumphreys.com Open lunch & dinner Tue-Sat

Licensed under AGCO

196 Peel Street New Hamburg, ON N3A 1E3 519 662 1143

Page 18 Volume 18, Issue 4

...To Las Vegas, Banff, Israel, Moosonee, Sudbury, Paris and Spain!



Jeff and Kelly Freeman took the Outlook with them to Europe in October and are pictured here in Paris. The tour included WWl and WWII Canadian battlefields from Vimy Ridge to Juno Beach. In remembrance of our Canadian troops' sacrifice. Lest we forget.



Seen is Sarah Scott wearing her youngest child Bennet. She is with her friend Simone Al and the Baden Outlook at the entrance to Johnston Canyon in Banff, Alberta.



Daxton and Blair Bohnert were in Thunder Bay for the Thanksgiving weekend visiting their cousins. They took their Outlook to visit the Terry Fox Monument to give thanks for all he did for cancer research.

In Life, It's Not Where You Go, It's Who You Travel With" ~ Charles Schulz



On their recent cruise, Mary and Bryan Pfaff visited a spectacular/surreal church located in Barcelona, Spain called *Sagrada Familia*. Construction began over 135 years ago in the mid 1800s and continues today as they are still adding to it each year and it now covers a whole city block. It seats over 7,000 people and the choir loft seats an additional 600 people. It has been called an 'engineering miracle'.

Let US Help Take Care of YOU!



Offering an array of healthcare solutions to accommodate your needs

osteopathy chiropractic physiotherapy custom orthotics pediatric massage therapy registered massage therapy pelvic health physiotherapy

519.634.9819 18 Snyder's Rd W Baden, ON N3A 4G8

Online Booking: livewellhealthandwellness.com



Check out our Specials!

Tuesday Seniors' Day (65 years old +up) 10% off

Dipping Powder 10% off November 15-Dec 14

Gift Certificates Available Special lucky prize for holiday!

Mariko Ogasawara RRPr. Registered Reflexologist 519-634-8935



Reflexology: Relieves tension Improves circulation Promotes natural healing

Reflexology Registration Council of Ontario Grand River Reflexology Associate



Baden Integrative Health

- CHIROPRACTIC
- ACUPUNCTURE •
- CUSTOM ORTHOTICS •
- ◆ ACTIVE RELEASE ◆
- MASSAGE THERAPY

SATURDAY & SUNDAY **MASSAGE THERAPY AVAILABLE**

Visit us todav at 36 Snyder's Rd E (Unit 1) Baden, ON, N3A2V5

ONLINE BOOKING AVAILABLE & WALK-INS WELCOME

5192791083

badenhealth@gmail.com www.BadenIntegrativeHealth.com



Stephanie Matthews

Registered Massage Therapist

Deep Tissue Therapy Manual Lymph Drainage

1806 Erb's Road St. Agatha ON N0B 2L0

519-635-9240 stephaniermt@gmail.com



Poshin Jobanputra, RPh. CDE

75 HURON STREET NEW HAMBURG, ON N3A 1K1

PHONE: (519) 662-2640

1201 QUEENS BUSH RD. WELLESLEY, ON NOB 2TO

PHONE: (519) 656-2240



1760 Erb St Unit A St. Agatha, Ontario 519-725-4282

> Tues - Thurs 9 - 6 Friday - 8 Saturday 8 - 5

Organic Food Box

Organic Produce & Food Delivered to Your Door Order Online, Call Us or Shop In Store

- Local / Imported Certified Organic Fruits & Vegetables
- Organic & Natural Food
- Bodycare
- **Organic Meat & Dairy**

Vitamins

ERB OUTLET

www.pfenningsorganic.ca

Page 20 Volume 18, Issue 4

Yin and Yang in Yoga and Life

By Kate Stevely, E-RYT200/RYT500

Yin and Yang. Like most words, until you really know something about them they are just words. They are not from any of the usual English Language sources, primarily Latin and Greek. The words Yin and Yang are of Chinese origin and come out of Taoism.



Two universal forces exist according to a Chinese theory: yin is the passive, negative force, and yang the active, positive force. According to this theory, wise people will detect these forces in the seasons, in their food, and so on, and will regulate their lives accordingly. If you look at the Yin Yang Symbol, properly called the Taijitu, it calls to mind the fact that nothing is totally black or white. Yin and Yang are relative terms.

Things or aspects that are more Yin: FEMALE, NEGATIVE, NIGHT, PASSIVE, MOON, INTUITIVE, COLD, SOFT, WINTER

Things or aspects that are more Yang are: MALE, POSITIVE, DAY, ACTIVE, SUN, LOGICAL, HOT, HARD, SUMMER

What do they have to do with Yoga? Yoga made its appearance in China considerably later than in India, but over time in North America the Indian and Chinese roots have become very entangled. In the Yoga that came out of India, there is no reference to Yin and Yang. But the Yin/ Yang concept has made its way into common parlance in North American Yoga studios. In fact, in the usual way of the Tao, a specific Yoga practice has come into popularity in North America, called Yin Yoga. This has come about to balance out what I commonly refer to as Gymnasium Yoga, which is very yang.

But not just in Yoga. Yin and Yang are everywhere in North American life.

If you have ever dabbled in Feng Shui to bring Peace, Harmony and Abundance into your life, you have employed the energies of yin and yang.

Tai Chi and all the martial arts are accomplished by balancing the forces of yin and yang. Tai Chi brings yin and yang to complement each other as "the energy of understanding something".

Another place where you may have encountered yin and yang is in Traditional Chinese Medicine and its derivatives here in North America. Many illnesses are there defined as being excess or deficient yin, or excess or deficient yang. In Acupressure/Acupuncture the superficial (yang) and deep (yin) pulses of all the Meridians (Energy Lines of the body) are observed to see where potential health issues lie.

I have been practicing Yoga for more than fifty years, and the longer I practise the more I see the influence of yin and yang. In the Yoga that I grew up in, we commonly referred to looking for a balance between effort (Sthira) and ease (Sukham), the yang and the yin. Every practice should be first easeful Effort leading into effortless Ease.

Yin and Yang appear to be simplistic concepts, until you focus in on the small part of Yin that is Yang and the small part of Yang that is Yin. One is the trough of the wave, one is the crest, but they are both the wave; where does one begin and the other end ... or do they? Yin and Yang are the dividing of the Tao (The Way), the beginning of Duality, perhaps the end of innocence as in Eve and Adam. Once we see things as Yin (the shady side) and Yang (the sunny side), we can never un-see them in that way.

From the Tao Te Ching:

When people see things as beautiful, ugliness is created.
When people see things as good, evil is created.
Being and non-being produce each other.
Difficult and easy complement each other.
Long and short define each other.
High and low oppose each other.
Fore and aft follow each other.
Namaste' ~Kate





Will Your Insurance Company Help You When It Counts?



As you may have noticed, values of our homes in Wilmot have appreciated considerably over the last several years. I decided to give my insurance provider a call to ensure that I had adequate coverage if I ever had a fire or any damage happen to my home.

I learned that my policy has what's called a "Guaranteed Replacement Cost" clause. This clause will cover some of the inflation of the labour and material costs needed to replace your current dwelling. I also learned that if I had done any sort of renovations in my home, it would be in my best interest to contact my insurance provider and alert them to any and all renovations in my home and the dollar amount of said renovations. This is very important, as the "Guaranteed Replacement Cost" clause may not cover the added value that I've put into my home. After paying into your insurance, it would be horrible if you couldn't replace the very home you are living in today.

So, it's a good idea to check in with your insurance company and inform them that your home has appreciated. If you need help assessing what your home may be worth, I'd be happy to assist you with that.

If you happen to own an investment property, I learned you might need a special policy, as the "Guaranteed Replacement Cost" clause may not be applied to that kind of policy because of possible damage that tenants could do to the property. It's just as important to inform your insurance company of any increase in value and renovations that you might have done to your investment property as well as your own home so that you're properly covered.

Jon Lambert and Kerilynn Mathers – Sales Representatives RE/MAX Twin City Realty Inc.

Jon 519-897-1507 jonlambert@lambertgroup.ca

Kerilynn 519-897-1786 kerilynn@lambertgroup.ca



Our offices utilize current dental technology and techniques to provide the care and treatment you need in the comfort you deserve.

- 3D Imaging for enhanced surgical diagnosis
- Invisalign ™ and traditional teeth alignment
- Relaxing sedation options
- Treatment done in office/limited referrals

Family friendly care for you and your loved ones.

Your beautiful, healthy smile is our priority!

NEWhamburg
DENTALGROUP

519-662-2632



visit us @ communitydentalgroups.com

Page 22 Volume 18, Issue 4

PREVENTION AND MANAGEMENT OF NECK PAIN By Dr. John A. Papa, DC, FCCPOR(C)

Most adults can expect to experience some neck pain in their lifetime. The *cause* of neck pain is often multi-factorial, meaning that there is usually no single cause. Once an episode of neck pain happens, some individuals will find it is a persistent or recurrent condition. However, there are management strategies that can be employed to minimize the negative impact of neck pain.

Below are some tips on prevention and management of neck pain.

- Protect your neck while you sleep by choosing a pillow that will help support the head, neck, and shoulders. This will keep them in alignment and minimize stress and strain.
- Be smart when working at a workstation/desk. The workstation/desk should be at elbow height. Use of an adjustable chair can help meet this need. Computer monitors should be at eye level for easy viewing. Do not cradle the phone between your head and shoulder. Use of a headset or the speakerphone feature will keep your hands free and allow you to multi-task in a safe manner. Be sure to take regular breaks every 20 to 40 minutes that allow you to stand, walk around, and stretch your neck and upper back.
- Avoiding cigarette smoke can be helpful. The reduced blood circulation found in smokers deprives spinal discs of vital nutrients which can lead to premature degeneration.



- Chiropractic Care & Physical Therapy
 - Registered Massage Therapy
 - Laser Therapy & Shockwave
 - Medical Acupuncture
 - Custom Orthotics
 - Naturopathic Medicine
 - Nursing Foot Care **NEW**
 - Social Work & Counselling NEW

New Patients Welcome!





Proudly serving Baden, New Hamburg and surrounding communities.

338 Waterloo Street, New Hamburg 519.662.4441 <u>www.nhwc.ca</u>

Smoking may also provoke disc herniation with coughing, and cause general damage to the musculoskeletal system through direct chemical irritation and chronic inflammation. Exposure to



secondhand smoke during childhood may also increase the risk of developing neck problems later in life.

- Drinking water brings vital nutrients to neck muscles and decreases the risk of cramps and strains. Water also helps to protect neck joints by providing lubrication and cushioning.
- Eliminate poor posture which can strain the muscles and joints in the neck. While sitting, make sure that your weight is evenly distributed on your seat, your shoulders are not rounding forward, and you are not slouching. Your head should be resting on your torso and not poking forward.
- Engaging in regular physical activity and exercise will help keep your neck strong. This can include general cardiovascular conditioning, along with postural, stretching and strengthening exercises for the neck, shoulders and upper back.
- Get professional help for your neck pain. The following treatments have been identified as being helpful for most cases of neck pain: education, exercise, mobilization, manipulation, laser therapy, acupuncture, and soft tissue therapy. The scientific literature does not identify any "best" treatment that is effective for everyone. Trying a variety of therapies or combination of therapies may be required to find relief and help manage neck pain.

If you are having difficulty managing neck pain symptoms, contact a qualified health professional who can prescribe appropriate therapy, rehabilitation and selfmanagement strategies specifically for your circumstance.

This article is a basic summary for educational purposes only. It is not intended, and should not be considered, as a replacement for consultation, diagnosis or treatment by a duly licensed health practitioner.



www.newhamburgofficepro.ca

- ✓ Office Supplies
- ✓ Fax Service
- ✓ Ink & Toner Supplies
- ✓ Custom Made Stamps
- ✓ Colour & B/W Photocopying
- ✓ Furniture

519-662-3710

Community Corner ~ Check Out What's Going On!

Annual Christmas Bazaar

St. James Lutheran Church, 66 Mill Street, Baden ON

Saturday, November 24, 10 a.m. - 1 p.m.

Christmas Cookies, Baked Goods, and Tea Balls. Crafts, Vendors and Nearly New Tables. Something for everyone! Enjoy chili and a bun for lunch. Take out available.

Contact information: Chris Baechler cybaechler@hotmail.com

St. George's Anglican Christmas Bazaar

Sat. Nov 24, 11:00am - 2:00pm St. George's Church on Waterloo St., New Hamburg Sponsored by the ACW (of St. George's Church in New Hamburg)

We feature Baking, Puzzles, Knitting, Christmas decorations, Gift baskets assorted sizes for that special occasion, and a delicious lunch with homemade pie. For more information: Contact Carol Massel- 519 662-1803





Blood Donor Clinic

Monday, November 19th, 5 pm - 8 pm Steinmann Mennonite Church 1316 Snyder's Road W., Baden

Come out to the St. Agatha Santa Claus Parade on Saturday Dec. 8th at 1 p.m. (food drive collection during the parade)

Route is Notre Dame Drive to Erb St., and finishes with Santa arriving at the

> community centre offering a free bag of candy for the children, a visit with Santa and families are able to purchase pizza etc.

NITH VALLEY ECOBOOSTERS

Are you interested in climate change and other global environmental issues? Help us make a difference in our community by getting involved and taking action on one or more local environmental concerns. Our next monthly meeting will be held at 7:00PM on Wednesday, November 28th. For meeting location or more information, contact nvecoboosters@gmail.com or call 519-662-9372.

Wilmot Family Resource Centre

FAMILY VIOLENCE PREVENTION PROGRAM

There are many ways a person can abuse. Abuse is about intimidation and control and comes in many forms.

- PHYSICAL ABUSE
- **SEXUAL ABUSE**
- **VERBAL ABUSE**
- **EMOTIONAL ABUSE**
- FINANCIAL ABUSE



If you are experiencing any form of abuse and would like help, contact Kelly at Wilmot Family Resource Centre Family Violence Prevention Program

kelly@wilmotfamilyresourcecentre.ca / 519 662-2731

T.O.P.S.

(Take Off Pounds Sensibly) We are a support group for weight loss. Meetings are held on Tuesday evenings at St. James Lutheran Church, 66 Mill Street, Baden

Weigh-ins at 6:30 pm followed by a short meeting. For more information call 519-634-9690. Everyone Welcome.

October 2, 16, 30, November 13, 27, December 11, January 8, 22, February 5, 19, March 5, 19, April 2 & 16 6:30pm - 8:00pm

Baden Public School

Come enjoy floor hockey, free play, craft table & a bible story



Tuesday, Nov 20th, 7pm New Dundee Community Centre

Join us for this free event: The Path to Understanding and Reconciliation with 2 speakers from Six Nations - - Barry Hill (retired engineer, professor and Indigenous historian) and Roberta Hill (former nurse and Residential School Survivor). For seating and refreshment purposes, please contact Karen at 519-696-2366 or kdoehn@live.ca to reserve a spot for this enlightening educational evening.

Sponsored by New Dundee Women's Institute, Board of Trade and New Dundee Optimists.

This space is generously donated by Expressway Ford supporting non-profit community events





Page 24 Volume 18, Issue 4



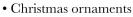
Craft Sale

10am to 3pm Sat. Dec. 1st, 2018

Wilmot Seniors' Woodworking and Craft Centre 27 Beck St., Baden, ON ...and our

featuring:

- cutting boards
- potato boxes
- wooden bowls
- bird feeders
- carved birds
- clothes dryers • bat houses
- children's furniture







www.wilmotseniorsworkshop.ca

COME ONE AND ALL!



To the New Hamburg Lions and Lioness 35th Annual Tree of Light Ceremony



Friday, November 30th - 6:30 P.M.

Centennial Fountain by the Post Office Complimentary Hot Dogs & Apple Cider

Annual Christmas Craft and Gift Sale Presented by the Optimist Club of Wilmot

Saturday Dec 1, 10 am - 3pm Wilmot Rec. Complex - 1291 Nafziger Rd.

Silent Auction and Lunch Counter Come out and find that perfect gift for the



people on your Christmas list. Jewelry, decorations, woodworking, knitting, crocheting and baking.



MENTAL HEALTH

AWARENESS BREAKFAST

WEDNESDAY NOVEMBER 21, 2018



Our work is not just about saving lives, it's about helping people feel that their lives are worth living.



"As a professional Firefighter and previously a Paramedic, I have seen first hand and experienced the direct effects of mental health."

Scott Chisholm, Founder, The Collateral Damage Project

Purchase tickets through Eventbrite

http://mentalhealthbreakfast.eventbrite.ca?s=87839139 Or call ICC @ 519 662-3092

Location: Steinmann Mennonite Church, 1316 Snyder's Rd. W. Baden DoorsOpen:8:30am,Speaker:9am-11am Tickets: \$30

Brought to you by:





Ad sponsored by The Baden Outlook

New Hamburg Legion

Branch #532—Boullee Street, New Hamburg

Invites you to join us for ...

Turkey Dinner, Friday Nov 30th, 5&7pm sittings / \$15

Entertainment:

Sat Dec 1st, 3-6 with ANNETTE GROTENTRAAST Sat Dec15th 4-8 with STEVE TODD & MICHELLE MERCER TRIO

Christmas silent auction & hamper draw

Express Lunch—Fri. Dec7th Turkey pot pie, salad dessert \$6

PART TIME BARTENDER REQUIRED Contact Bob or Brad at 519-662-3770



Church Choir Director Needed 10 hr/week

Zion United Church is wanting to hire a Music Director who will be responsible for the direction of vocal and bell choirs. The successful candidate will conduct regular weekly rehearsals (Thursday evenings) and Sunday morning anthems.

The full job description is available at http://www.zionnewhamburg.ca/.

Applications may be submitted by email to The church administrator by No. 30 for Consideration zionunitedchurch@bellnet.ca

Why Complicate Life?

Are you missing somebody?

Wanna meet up, connect?

Want to be understood?

Do you have some questions?

Is something wrong?

Do you like something?

Do you want something?

Do you love someone?

CALL

INVITE EXPLAIN

ASK

SAYIT

STATE IT

ASK FOR IT

TELL THEM

Keep your life SIMPLE ~ talk.

THE KITCHEN TABLE

Join in the Conversation for Seniors

November 27 at 12:00 -2:00

Wilmot Resource Centre will be our topic Wilmot Mennonite Church , 2995 Bleams Rd, New Hamburg / 519-634-5030

Mindful Movement

Nov 12, Nov 26, Dec 3, Dec 17, Jan 7, Jan 21, Feb 4, Feb 25 6:30-7:00 pm Tea and conversation 7:00-8:00 pm Mindful Movement (Yoga)

At Wilmot Mennonite Church, 2995 Bleams Road, New Hamburg

Cost: \$5-\$10 Pay what you can.

Please wear comfortable clothing Bring a yoga mat if you have one.

Local Churches Invite You to Join Them

Please visit www.badenoutlook.com for a directory of local churches.



Livingston Presbyterian Church

44 Beck Street, Baden / 519-662-4949

Hymn Sing 9:45 am ~ Worship to follow at 10 am Moderator: Linda Ashfield, 519-886-4150

Steinman Mennonite Church

1316 Snyder's Rd. W. (at Nafziger Rd), Baden

Sunday Worship 9:45, Sunday School 11:00 am

Phone: 519-634-8311 / www.smchurch.ca

SHANTZ MENNONITE CHURCH

2473 Erb's Road, Baden, Ont N3A 3M3

Phone: 519-634-8712 / Email: office@shantzmc.ca

Pastor: Don Penner

Worship Service - 9:30 am Christian Education - 11:00 am

ST. JAMES LUTHERAN CHURCH

66 Mill Street, Baden, ON



519-634-5191 www.st.jamesinbaden.org Interim Pastor: Bonnie Schelter-Brown

Sunday Worship 9 am / Sunday School

Wilmot Centre Missionary Church

2463 Bleams Road—corner of Bleams & Sandhills Road

Church Service and Children's Worship 10:00 am Rev. Wayne Domm, Dr. Rob Gulliver, Rev. Don Boyd

519-634-8687 www.wilmotcentremc.ca

Emmanuel Lutheran Church

1716 Snyder's Road East, Petersburg, ON

519-634-5511 www.persburgchurch.org * Wheel Chair Accessible *

Worship Service 9:30 am / Sunday School

Wilmot Mennonite Church

2995 Bleams Road, New Hamburg, ON

Worship Service 9:45a.m. ~ Christian Formation 11:00 a.m.

Pastor Susan Allison-Jones

519-634-5030 www.wilmotmennonite.ca

Page 26 Volume 18, Issue 4

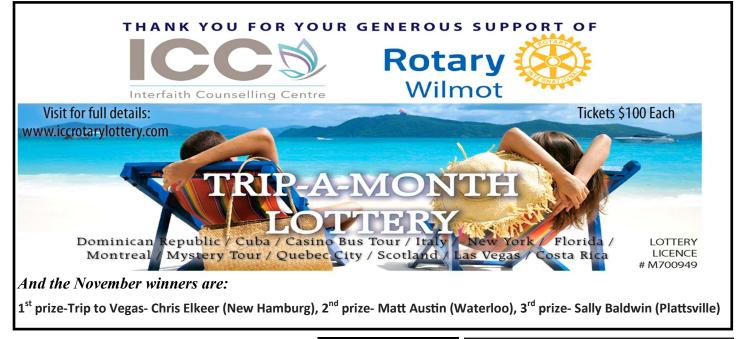
It's the holiday season; a time for family, food, gifts, gratitude, and celebration. But amidst the holidays we look forward to and stress over all year long, there lies a day of remembrance. A day where we mindfully take time and honour our fallen soldiers who have fought for a better world, and to reflect on how the traumas of war have impacted many lives.



It seems each generation has had a battle to pick up and fight in order to bring to life a better world for tomorrow. The world wars brought to light the many devastating effects of combat on our soldiers, whether they died in battle leaving behind loved ones to mourn their loss, or returned home fighting a different kind of battle with trauma, mental illness, or an inability to adapt back to civilian life. There were also those who fought homegrown battles, bringing with them movements for change and rights for women, people of colour, First Nations, and the LGBTQ community. Through their efforts, we have gained so much ground in employment standards, awareness and value for mental health, and more inclusion for diversity. Let this be our inspiration as we face new conflicts and battles to be won.

It is important to remember the sacrifices made by those who have had the power to dream of better ways and the courage to pursue change. The soldiers of every kind whether they be on the frontlines of war, journalists risking their lives to report news that matters, whistleblowers exposing unethical practices in our governing bodies, or our neighbours, friends and families who are fighting to end oppression and injustice. These people who have dreamed of a day when there would be equality, dignity, justice and peace for all of us. We remember not only to honour their sacrifices but also to find hope in the things we have overcome; a hope which may be especially needed in today's political climate.

It can be easy for Remembrance Day to be lost in the sea of giving thanks, trick or treating, and decorating Christmas trees. It is for this reason it can be especially meaningful to wear a poppy with pride, take a moment of silence to honour those we've lost to war, and be mindful to reflect on times of conflict and the amazing resiliency we've shown as a human race. We have many privileges and opportunities that would not exist without the sacrifices of those before us; let us remember them and everything they have given for us. And let us carry their spirits forward by continuing to fight for a better tomorrow.





We're on the Web!
Read the paper on-line,
in colour at
www.badenoutlook.com

Answers to WORD MATCH GAME - page 8

snake wash form back

- No one learns to make right decisions without the freedom to make wrong ones too.
- It is often easier to say "yes" when you have the freedom to say "no".

You Must Be Joking!! Some things are not meant to be understood.



Car Trouble: A new car owner drives into a gas station moaning to the mechanic that the car died.

After he works on it for a few minutes, it is idling smoothly.

"Well, What's the story? "she asked.

The mechanic replies, "Just crap in the carburetor." She asks, "How often do I have to do that?"

Speeding Ticket: A police officer stops a young lady for speeding and asks her very nicely if he could see her driver's license.

She replied in a huff, "I wish you guys would get your act together! Just yesterday they took my license away and now today you expect me to show it to you?"

Knitting: A Highway patrolman pulled alongside a speeding car on the freeway. Glancing at the car, he was astounded to see that the elderly woman behind the wheel was knitting!

Realizing that she was oblivious to his flashing lights and siren, the trooper cranked down his window, turned on his bullhorn and yelled, "PULL OVER!" "NO!" she yelled back, "IT'S A SCARF!"

Just in Time: A girl was visiting her brother, who had acquired two new dogs, and asked what their names were. The brother responded by saying that one was named "Rolex" and one was named "Timex".

Her friend said, "Whoever heard of someone naming dogs like that?"

"Helllooooo...!" he answered "They're watchdogs."

Submitted by Bruce Bousher

computers inc.

73 Peel St, New Hamburg, 519-662-6720

ONSITE AND IN-STORE SERVICE

- COMPETITIVE PRICING ON NEW & USED COMPUTERS
- AFTER SALE SERVICE THAT CAN'T BE BEAT!
- VIRUS REMOVAL, UPGRADES & MORE!

Sadly fraud and theft is among us—are you being mindful to this reality? Here are a few things to ponder:

CELL PHONES: This lady has now changed her habit of how she lists her names on her cell phone after her handbag was stolen which contained her cell phone, credit card, wallet, etc. Twenty minutes later when she called her hubby from a pay phone telling him what had happened, hubby says, "I received your text asking about our Pin number and I've replied a little while ago." When they rushed down to the bank, the bank staff told them all the money was already withdrawn. The thief had actually used the stolen cell phone to text "hubby" in the contact list and got hold of the pin number.

Within 20 minutes he had withdrawn all the

TIPS: Do not disclose the relationship between you and the people in your contact list. Avoid using names like Home, Honey, Hubby, Sweetheart, Dad, Mom, etc.. And very importantly, when sensitive info is being asked through texts, CONFIRM by calling back. Also, when you're being texted by friends or family to meet them somewhere, be sure to call back to confirm that the message came from them. If you don't reach them, be very careful about going places to meet "family and friends" who text you. Be aware!

money from their bank account.



154-B Arnold Street, New Hamburg, ON

Phone 519-662-3333

The season is changing and it will soon be time to deal with messy roads.

Plan ahead and call now for your Low- Drip Oil Spraying and protect and preserve your investment

Cars, Vans, Trucks, Boats & RV's

We also specialize in Exterior & Interior Auto Cleaning & Detailing

We can clean up that mess you made this summer!

Page 28 Volume 18, Issue 4

Christmas Giving Made Easy

If you are like many of us when we flip the calendar to November and the cooler weather rolls in, we start to think of the pending Christmas season. Do you start making your list and flag those that are difficult to buy for? They appear to have everything or seem to be able to purchase things as they want. New Hamburg Thrift Centre can help take the stress away and leave you more time to spend with your loved ones.

Mennonite Central Committee (MCC) is offering an alternative with the **25 Ways To Give catalogue.** Choose a gift for family and friends that helps one more child receive nutritious meals and snacks at school, one more family receive warmth and comfort after a devastating disaster, or provides new skills such as carpentry, sewing and culinary classes. A gift card is available to give, which outlines the project you have chosen. Catalogues can be picked up at the New Hamburg Thrift Centre or viewed online at www.mcccanada.ca/christmas.

If that special person loves to find a good bargain, perhaps you might give a MCC Thrift Shop Gift Card (any amount available) which can be used at any MCC Thrift Shop across Ontario. Or come in and check out our in-store made quilts, comforters, mats, placemats, slippers, hats, and mitts made by our talented volunteers.

If a more personal touch is your style, we have a large variety of crafts supplies and yarn. Just get those creative juices flowing for that perfect gift.

With a little creativity and the desire to help others, there is something to please everyone on your list. May the true meaning of Christmas be present in your celebrations this holiday season!





REGULAR HOURS

Mon-Thurs 9:00 am - 5:00 pm Fri 9:00 am - 8:00 pm Sat 9:00 am - 4:00 pm

You Must Be Joking ... At Church!!

Two boys were walking home from Sunday school after hearing a strong preaching on the devil.

One said to the other, "What do you think about all this Satan stuff?"

The other boy replied, "Well, you know how Santa Claus turned out. It's probably just your Dad."

Three boys are in Sunday school bragging about their fathers. The first boy says, "My Dad scribbles a few words on a piece of paper, he calls it a poem, they give him \$50."

The second boy says, "That's nothing. My Dad scribbles a few words on a piece of paper, he calls it a song, they give him \$100."

The Pastor's son says, "I got you both beat. My Dad scribbles a few words on a piece of paper, he calls it a sermon, and it takes eight people to collect all the money!"

Submitted by Bruce Bousher

The Baden Outlook



Baden's Monthly Newsletter
"Keeping the Community Connected"



TAX & ACCOUNTING

SOLUTIONS

MOVED (To Serve you Better)

205 Peel Street, New Hamburg. N3A1E7 Phone: 519-662-1857

Fax: 519-662-2166

E: Mail: lydiastax@bellnet.ca

We do Personal, Business, Farm & Corporation Taxes
We also offer Complete Bookkeeping services
Including Payroll, HST & WSIB Reports

Hours: 9am-4pm Monday to Friday or by Appointment



Christmas at Castle Kilbride has special meaning for everyone.

We love the Christmas season here at Castle Kilbride ... what better place to immerse yourself in a traditional Victorian Christmas! And since we also love history, we strive to make things as authentic as possible. That means delicious smells, magical sights, sparkle, colour -- all the wondrous things with which the Victorians would have welcomed their visitors with.

Decorating the museum is a tradition at the Castle: many of us who have worked in the museum, and in various Township departments, have come together for years to create a truly special experience for our visitors. As we prepare to decorate the museum this November, we thought it would be interesting to ask our coworkers what part of Christmas at Castle Kilbride is their favourite ... take a look at their answers:

- * Tracy (Curator/Director) For me, it is our guests. I love to see the expressions on their faces when they enter the museum. I find age doesn't matter, as many visitors have a similar reaction: a huge smile, wide eyes and a look that I can tell brings them back to a special childhood memory or excitement for the upcoming season.
- * Sherri (Assistant Curator) I love the warmth and feel of the Castle at Christmas. I picture all the three generations

- and imagine the joy they shared with each other during the holidays. I look forward every year to recreating that magic for visitors.
- Erin (Senior Bylaw Officer) I really enjoy learning about the meaning behind all the Christmas ornaments, especially the *glass* pickle.
- * Anna (Weekend Supervisor) I love to wear a Victorian costume to interpret the Castle. I look forward to welcoming all of you to our annual Merry Victorian Christmas evening tour.
- Barb (Revenue Clerk) I love looking at all the decorated trees!
- * Donna (Administration Assistant, Fire Dept) I love everything! Especially anything that sparkles and has glitter!
- * Mayor Armstrong (Mayor) The idea of an oldfashioned Christmas in a historic home brings back fond memories of Christmas for me.
- * Alastair (Engineering Technician) I'm always impressed with the Christmas feast and dessert trays on display.

 They are so real that I want to try that gingerbread house!



Page 30 Volume 18, Issue 4

- * Terry (Chief Building Official) It definitely is seeing the exterior porches decorated with garland. Twenty-five years ago, I helped machine and sand the trim on them, as well as some of the original trim inside Castle Kilbride when I worked for Herner's Wood Products. I also love the Belvedere where the Dickens Village is set up which is very special to me. My favourite piece without question is the barn. Seeing this display is a must-do this season!
- * Sheri (Plans Examiner) Walking inside the museum and hearing the vintage music and smells of Christmas in the dining room reminds me of when I was little.
- * Amanda (Weekend Supervisor)— I have been part of the decorating crew for six years now, which started when I was a student at WO. My favourite part? I just love setting the dining room table!
- * Dawn (Director of Clerks Services) I love how real the artificial food looks on the dining room table, especially the little chocolates and all the desserts. When the house is fully decorated you can't help but feel in the holiday spirit.
- * Elisia (Museum Assistant) The 14 ft parlour tree that is full of Victorian marvel with glass ornaments, strings of ribbon and popcorn and the toy display below. I can just picture the Livingstons enjoying each other's company gathered around the tree.

- * Lorena (Manager of Human Resources) The Livingstons' dinner table. When I look at it, I want to pull up a chair and join in. To me, it feels like home inside.
- * Brandon (Senior Facilities Tech) Mid-November when I receive an email from the Castle Curators that it is time to pull out the HUGE Christmas tree from storage, I carry it down the stairs and set it up in the parlour for them to decorate. When I stop in later on in the season to see it completely decorated from top to bottom, I have to say it is quite something.
- * Taylor (Weekend Supervisor) I have to say, Dickens Village. It is an absolute must see! With over 200 village buildings and figurines, it captures the hustle and bustle of Christmas time in the Victorian era; something the Livingstons were surely a part of. Dickens Villages have always been a part of my Christmas traditions, so it is a real treat to see it at the Castle!

We invite you to tour Wilmot's National Historic Site this holiday season to see what you like best. The museum will be fully decorated from November 21 to January 6th and open 11:30am to 4:00pm. We also invite you to our annual Merry Victorian Christmas event on Thursday December 6th from 6:00PM to 8:30PM. Visit www.castlekilbride for more information.

Submitted by Tracy Loch and Sherri Gropp

W & W Liquidators

Handles / Hinges / Knobs / Spindles / Cabinet Hardware

808 Courtland Ave. E., Unit 1, Kitchener, ON N2C 1K3
(Next to the on/off ramp of expressway to Courtland)

Phone or Fax: (519) 744-1080

Jean Wood & Family

** Residing in Baden for 60 years **
In business over 25 years.

"We have more knobs than you can handle!!"

Over 5000 handles and knobs!



We've

moved!

Although Bob passed away, his presence is there with his girls ~ and they do him proud!



Monday to Friday 9 am - 5:30 pm Saturday 9-4:30 / Sunday - Closed

ZEHR^ZINSURANCE BROKERS LTD.

Proud member and supporter of Wilmot Township

Specializing in car, property, farm, business, life insurance & more



59 Huron St, New Hamburg, ON <u>www.zehrinsurance.com</u> -519-662-1710

"Protecting What Matters to You"



Autumn is the hush before winter ~ French Proverb

"What a fall! A number of days, we were considering air conditioning and then within 24 hours, thoughts turned to heat. Some garden plants were confused with the cold snaps followed by the heat. Some spring flowers were blooming

including some blooms on forsythia." I wrote that last year, and much the same happened this year. Is this the new normal? Sitting in Schmidt forest by the Wilmot Rec Complex, I spotted a jack-in-

the-pulpit blooming this fall!

Still have spring bulbs sitting around to be planted? It is not too late. You can plant until the ground freezes. Trees/shrubs can be planted too.

When planning for next year's garden, consider planting as many native or native cultivars as possible. In North America, our songbird population is dropping and one of the reasons beside habitat loss is that our gardens are full of non-natives which do not provide fruit and habitat for insects that the birds feed on. Read the following article for more info: https://nationalzoo.si.edu/news/new-smithsonian-study-links-declines-suburban-backyard-birds-presence-nonnative-plants

Plant breeders are looking for wild relatives of our commercial crops. The *Crop Science Society of America* wants the wild relatives' genes to be crossed to develop more diversity and resilience in our crops. Learn more about how our food crops and plants are bred: www.crops.org/about-crop-science/crop-breeding



Christmas time is fast approaching with the challenges of gift giving. Your garden may provide materials for arrangements. I often gift friends with outdoor arrangements using my dogwood's red branches, evergreens, hydrangea and other cuttings. I fill the pot with compost. In the spring the compost can be added to the garden. Also, I have several mature herbal sages which I can use to make a small wreath or posy. Both are dried and can be used in cooking or just decor. Also, you could consider giving a donation on behalf of a friend or relative to environmental groups or to our local rare *Charitable Research Reserve* in Cambridge. http://raresites.org

In the garden, ensure evergreens are well watered for winter and protect young trees from rodents. Keep an eye out for pesky insects on your house plants and especially on plants you brought in. Garden tools could use some attention too. Watch Ont. Hort. A. video on how to maintain your tools. www.facebook.com/joanne.rachfalowski/videos/2254353187931164

This is a good time to reflect on and make note of what worked and did not work in the yard this past growing season! Order seed catalogs if you want a paper copy to plan and dream of the spring and summer to come!

The **Wilmot Horticultural Society's** meetings resume in 2019, at 7:30 pm, on Mon., January 14^h. After a short AGM, **Thelma Beaubien** will present '**Gardening for butterflies**: a visual journey'. Thelma's yard is an official Monarch Waystation, certified and registered by Monarch Watch and boasting a permit from the Ministry of Natural Resources. Seeing her amazing photography is a great anecdote to the cold! **Mark your calendar and join us at Wilmot Recreation Complex, upstairs in Meeting Room A (free).** The meeting concludes with a 50/50 draw, door prizes and a social with tea/coffee/snacks. **Lug-a-mug.**

Keep your fingernails and knees dirty!

<u>www.gardenontario.org/site.php/wilmot</u> email: wilmothortsociety@gmail.com





Page 32 Volume 18, Issue 4

THEATRE WELLESLEY DOES IT AGAIN

Theatre Wellesley enters its 21st season with another story full of laughs, heart-warming moments, and a surprising twist. November 22-25, Theatre Wellesley presents "In-laws, Out laws and Other People (that should be shot)" by Steve Franco at the Wellesley Community Centre.



In this year's show, the Douglas

family (Al Strong, Karen Reger and Mary Crawford) is busily preparing to be invaded by their quirky relatives for their annual Christmas Eve dinner. Things get interesting when two strangers, Tony and Vinnie (Dave McNorgan and Nathan Martin), arrive to hide out from the police. They suddenly find themselves in charge of an ever-growing list of family members and neighbours they are forced to hold hostage. The relatable chaos of the Christmas season is stuffed into one household filled with the crazy characters every family seems to have!

Al Cook, as director, brings this play to life. There are lots of familiar faces on stage and Theatre Wellesley welcomes four new actors (Ingrid Fast, Edward Her, Dorisa Martinello and Olivia Stiles).

The Theatre Wellesley cast is excited to present this fun filled story. For more information go to www.theatrewellesley.com. Tickets also available from Pym's in Wellesley or by calling 519-897-1737.

Dental Care that Will Make You Smile!

ZOOM!



Whiter, Brighter, Faster!

The **Zoom!™ Whitening System** gives you one more reason to smile! It's safe, effective and fast. No overnight trays or strips – after one hour in our office, your teeth will be noticeably whiter. Touch up products are available for ongoing maintenance.

Zimmer Dentistry provides total dental care with friendly, small town service. Your dental health is important to us.



Zimmerdentistry

Unit 3 – 10 Waterloo Street, New Hamburg, ON N3A 1V5
FOR AN APPOINTMENT: **(519) 662-3510** | VISIT US ONLINE: **zimmerdentistry.ca**

Simple Formula for Living

Live beneath your means.

Return everything you borrow.

Stop blaming other people.

Admit it when you make a mistake.

Give clothes not worn to charity.

Do something nice and not get caught.

Listen more; talk less.

Walk for 30 minutes every day.

Strive for excellence, not perfection.

Be on time. Get organized.

Don't' argue. Don't make excuses.

Be kind to unkind people.

Let someone cut ahead of you in line.

Take time to be alone.

Cultivate good manners.

Be humble.

Realize and accept that life isn't fair.

Know when to keep your mouth shut.

Go an entire day without criticizing.

Learn from the past.

Plan for the future.

Live in the present.

Don't sweat the small stuff...

It's all small stuff.



Please support the advertisers of this paper. We couldn't do it without them!!

Submissions are due on the 1st of each month.





251 B (Back) Huron Street, New Hamburg

Evening appointments—New Patients Welcome 519-662-3340

Contact Lenses & Laser Consultations www.dolmaneyecare.com

Progressive care that can enhance your quality of life.

Wilmot Does Remember ~ Wilmot Street Names in Honour of Fallen Soldiers

In respect to Remembrance Day, the Baden Outlook reached out to Harold O'krafka, who is Director of Development Services for Wilmot Township. Harold shared the following information of one soldier's story and a list of the fallen soldiers from Wilmot Township. We thank Harold for contributing this information for our readers.

In 1989 the Township began a street naming project to remember those who lost their lives in the service of our country. Beginning with Jantzi Place and Bier Crescent in New Hamburg, the project culminated with the 2012 renaming of Square Street to Saltzberry Path in New Dundee. Additionally, in 2006, with the information gleaned

from research, the Township was able to reface the Cenotaph in New Hamburg to correct spelling errors and add the names of those who had been unintentionally omitted.

The Wilmot street naming project honours all those 'Wilmot Boys' who lost their lives in the service of our country in World War 1, World War 2 and the Korean War. Many of them were born and raised in Wilmot; others were not but were part of the local community fabric through their employment. We choose to remember them all and honour their sacrifice in these very public ways – lest we forget.

One of those honoured is Henry Lorne McFadyen who was not born in Wilmot Township but at the time of his enlistment was the local Baden schoolteacher. McFadyen enlisted as a Private with the 111th Battalion. He went overseas at the rank of Lance Corporal and in England voluntarily reverted to the rank of Private in order to be able to go to France with his 'men'.

McFadyen earned the Distinguished Conduct Medal (DCM) for devotion to duty while acting as a stretcher bearer. After a raid on enemy lines, when the raiders withdrew, several wounded men had to be left in a shell hole close to the enemy line. He remained with them for two days and a night using his own clothing to bind their wounds and keep them comfortable and eventually brought them all back to safety. A few weeks later he was killed on November 10, 1917 at the age of 23 and is buried at Tyne-Cot Cemetery in Belgium.



WORLD WAR 1

LT. RUSSELL WILLIAMS
CPL. LESLIE E. SHEPPARD M.M.

L.C. ELGIN E. EBY

PT.E CHARLES T. DANIELLS

PTE. HERBERT E. ERBACH GNR. ALVIN J. FORLER

PTE. GLENNIE R. GOEBEL

PTE. WILFRID C. LASCHINGER

PTE. ELMER KASTER

PTE. ALBERT E. MERNER

PTE. IVAN B. MARTY

PTE. HENRY L. McFADYEN DCM

PTE. WALTER W. PERRY M.M.

PTE. JOHN E. SPAHR

PTE. JOHN STRAUCH

PTE. NATHANIEL STIER

PTE. GEORGE H. SCHMITT

PTE. THEODORE SCHULER

PTE. CLINTON T. WALKER

PTE. CHARLES D.H. YOUNG

WORLD WAR II

CAPT. NILE H. BIER

F/O ROBERT W. HONDERICH

F/O CHARLES W. HOSTETLER

F/O RUSSEL A. SALTZBERRY

SGT. HUBERT L. DITNER

WOII JOHN K. ROSS

CPL. DONALD J. MILNE M.M.

L.C. SAMUEL W. FOSTER

L.C. KENNETH L. FRIED

SIG. EARL JANTZI

L.A.C. ERHARDT G. WAGNER

SPR. IRVIN INGOLD

PTE. WALTER C. KURT

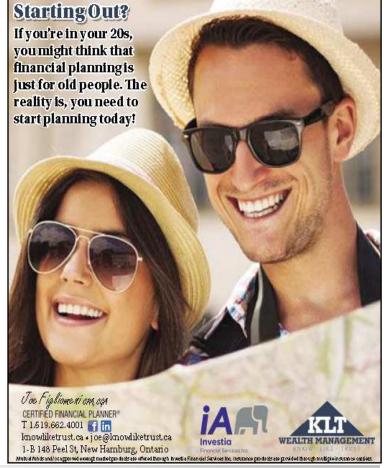
PTE. ALBERT G. REINHART

PTE. JOHN HENRY STIEFELMEYER

PTE. BURKLE TOMAN

KOREAN WAR

SGT. GERALD W. KOCH



Page 34 Volume 18, Issue 4

EXPERIENCETHE SOUNDS OF HAPPINESS THIS HOLIDAY SEASON.



90-DAY RISK FREE TRIAL PERIOD FOR GUARANTEED SATISFACTION
CALL TODAY FOR A FREE HEARING TEST!





128 ERB STREET WEST, WATERLOO **519.745.5888**

10 WATERLOO ST., NEW HAMBURG 519.662.6884

Save the Date for the



New Year's Family Party!





The Baden Hotel

Ticket includes:

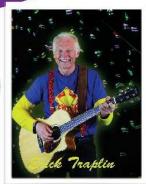
Pinner + Cupcake Poor Prizes
Early "New Year's Eve" Countdown
20% off Coupon - January at The Baden Hotel
and a performance by

Monday December 31st

4:30 - 7 pm Dinner served 5 - 6 pm

Erick Traplin!

Children \$12 Adults \$15 2 and under free!



For more information see the Baden Community Association Facebook Page or contact Amanda at asalisbury2009@gmail.com

Watch the BCA Facebook Page for news and info about where to get tickets!