

November 2009

Baden Outlook

Serving the GBA Since August 2000,
with 2600 copies in circulation.

Volume 10, Issue 4

Baden's Monthly Newsletter - "Keeping the Community Connected"

BADEN SALUTES OUR VOLUNTEER FIRE FIGHTERS



Every day is good day to say "thank you" to our fire fighters!
When "under fire" they are here for us! Hats off to you all!!

Let's We Forget



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Santa wants YOU for the 2009 Santa Claus Parade

Saturday, December 5, 1:30 starting from Snyder's Road East at Sandhills Road, travelling to Charlotta Street.

Three ways to get involved:

1. Enter a float - Entries open to individuals, families, groups or businesses. Cash prizes awarded.
2. Volunteer - Santa and his elves need your help with parade preparation. No skill required, just plenty of Christmas spirit.
3. Spectate - Santa loves to see lots of smiling faces. Bring your family, friends and neighbours out to welcome Santa to town. Let's make this the BIGGEST and BEST parade ever!!

This year the parade ends at Snyder's Road West at Charlotta Street. Bring the kids to Beck Hall to visit Santa after the parade.

To register or volunteer, call Chief Elf Eva at 519-634-8736.



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This paper is priceless!
Please have one!

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Baden, ON N3A 2V6
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Email: badenoutlook@hotmail.com
www.badenoutlook.com

Talking With Ed

- GENOGRAPHICALLY SPEAKING

We met Gregg and Joanne Murtagg, from New Hamburg, in Playa Del Carmen, Mexico, of all places. We had dinner together and found the fun-loving pair very interesting, with their sense of adventure and passion for travel. The conversation shifted from one subject to another until Gregg mentioned the "Genographic Project" sponsored by the National Geographic, and that he had sent his DNA sample in to be studied. "You sent a DNA sample to whom for what?" I queried. This caught my interest.

The *Genographic Project* makes use of the knowledge that different populations carry distinct markers. Following them through the generations reveals a genetic tree on which today's many diverse branches may be found coming from a common African root.

DNA studies suggest that all humans today descend from a group of African ancestors who, about 150,000 years ago, began a remarkable journey. The fact that 60,000 year-old DNA can be analysed and that it is possible to track such information totally amazes me. DNA has come to the forefront of police investigations and is considered evidence in many court cases.

Hundreds of thousands of people from around the world have given DNA samples, which are analyzed through a computer to find DNA markers that enable the project to follow a person's family tree.

The five year old program charges \$100 plus postage for each analysis. All completed

information is accessed through the Internet and your information can be donated to the project if you choose. Gregg had 240 people around the globe with the same markers as he had a woman from Paris email him with a "hello cousin" message attached to it.

It sounded intriguing and I encouraged Pat to try it and trace her family tree on her maternal side.

The kit arrived in the mail about a week after signing up, consisting of two small swab sticks, two vials, a return envelope and information including a DVD. Thirty seconds scraping on the inside of each cheek and placing the swab in the vial was as simple as it was - then back off in the mail.

When the Genographic Project received the samples they emailed us and provided a status report as it went through the three processes - arrival and batch creation, DNA isolation and finally analysis and quality control. We anxiously waited for the results to come back, which we find are complex and most interesting. Pat's DNA does originate in Africa and her ancestors travelled north to Europe, then west. There is much more to learn - read more about the project from the article on page 4, and maybe you too can learn about your family's journey through time.

Until next monthEd



We're on the Web!
www.badenoutlook.com

Please support the advertisers of this paper. We couldn't do it without them!!

Submissions are due on the 1st of each month.



EXTRA!! EXTRA!!

There are extra copies of The Baden Outlook available at Teddy's Bakery, Stop 2 Shop (Baden & St. Agatha), Old Fashioned Variety (Petersburg), N.H. No Frills & Sobey's, Short Stop, the New Hamburg and Baden Libraries and various businesses throughout Wilmot Township.



The Baden Outlook is a completely independent publication, not affiliated with any other printer, organization, individual or commercial enterprise.



Wow! More exciting destinations as *The Baden Outlook* continues to travel - from Sudbury to Virginia, to France, Greece and China! Thanks for sharing your holidays with us!!



Darren Pearson, soccer enthusiast, took his Outlook to France. The photo is taken at the Stade de France after the France v. Romania World Cup Qualifier in Paris.



Rev. Sara Faulhafer went to Crete, Greece, where she participated in the World Council of Churches Faith and Order Plenary.



In August Richard and Delia Macpherson took their Outlook with them to Sudbury to see the Big Nickle.



Rebecca Errey, of Baden, took along her Baden Outlook while visiting China for two weeks. She is seen here at the Great Wall of China.



Sophie Lawrence, took the Outlook to Massanutten, Virginia while on holidays with her grandparents and mother. This picture was taken in beautiful Shenandoah National Park overlooking the Blue Ridge Mountains.

Pick up/drop off at Teddy's Bakery - Tues & Fri.

Double & triple-load washers!

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 *New Clients Welcome!* 

The Genographic Project - What is it all about?

According to the project, we receive half of our genes from our mother and half from our father. Each half is a shuffled combination of DNA passed down from our ancestors. There are parts that are passed down unshuffled, which is what scientists use to follow lineage, except for the occasional mutation. When mutations are passed down they are considered markers of descent.

The project - Males have an option to follow their father's or mother's lineage while females can only follow the maternal line. In this case we obviously followed Pat's mother's. The first ancestor, who is nicknamed "Mitochondrial Eve", dates back somewhere between 150,000 to 170,000 years ago. She was not the first human, as according to scientists. Homo sapiens have been around for at least 200,000 years. The significance of Eve is that the DNA of modern day people can be traced back to her. Reasons for other humans not to have traceable DNA (the lineage broken) include floods,

earthquakes, disease, or only having male children or no children at all.


Analysis - All humans have a string of 569 letters to make up a DNA sequence (Eve would have the original sequence). Every once in a while a random mutation in the sequence occurs. This is a harmless change and may take hundreds or thousands of years to happen. Think of it as a spelling mistake: one of the "letters" in the sequence may change from a C to a T or from an A to a G. Mothers pass on their mitochondrial DNA to their sons, but the sons in turn do not pass it on to their daughters. Geneticists use these markers from people all over the world to construct one giant mitochondrial family tree but scientists can now determine both the age and geographic spread of each branch to reconstruct the prehistoric movements of ancestors.



Pat's Lineage - Pat's DNA showed that she was part of the "Haplogroup K" cluster. To


get to this cluster she went through several other groups. The first group (Eve - L1/L0) was the "L Halogroup". This group eventually split into two groups (L1/L2) and these two groups co-existed for a few thousand years. Eve was L1 and through her, L2 was formed. As you can see in the map above Pat's ancestral line was L1, L2, L3, N, R and finally K which was about 50,000 years ago. After that time lineages become murky due to the sheer numbers and variety of people.

There was an incredible amount of information that was sent to us regarding Pat's lineage - too much to list here. For more information on the project visit www.genographic.com



Dr. Rick Pereira

BSc, BA, DMD



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Just Five Minutes from Home

Wilmot has numerous Heritage Towns throughout the township. Pinehill is located just south of Baden on Huron Road between Wilmot Centre Road and Sandhills Road.

Pinehill's name derived from a ridge of pine forest in the locality, once called The Pinery. Beginning in the 1830s, these pine forests were cleared and a saw mill, owned by Joseph Y. Shantz, produced lumber for home building and other uses. Built on the crest of the hill, from which Pinehill took it's name, stood Pinehill Wesleyan Methodist Church. Across the road was the school - Wilmot Township S. S. No. 7. The Methodist chapel was disbanded around the turn of the twentieth century; the Pinehill School closed in 1964.

The trustees of the Wilmot Wesleyan Methodist Burial Ground and Chapel purchased one-half acre of Lot 14 Concession 1 Block A of Wilmot Township from Thomas Johnson (Thomas Johnston) on May 7, 1842. Twenty-two years later a half-acre of Lot 15 was purchased from his nephew Samuel Johnson.

There are three family plots enclosed in the cemetery - **LAIRD** with a chain fence, **ANDERSON** with rails (now mostly gone or buried) and **CALLANAN** with a flourishing cedar hedge. The oldest stone dates to 1841.

This legacy of an early settlement period saw the English-speaking community surrounded on all sides by settlers of German descent. Young people of all faiths attended a flourishing Sunday school in the chapel that once adjoined the cemetery. A beautiful view of Wilmot Township can be seen from the crest of the cemetery.



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Welcome to Baden,
Baby Brooke



We would like to announce the birth of our daughter, Brooke Catharina Marilyn Ernewein, born on September 10, 2009 and weighing in at 9lbs 4oz. We are so proud of her. We would also like to thank our family and friends for all the love and support we have received.

- Dave and Leona Ernewein

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Christmas Giving

As you face the pending Christmas season do you already think about those on your list who are difficult to buy for? They appear to have everything or seem to be able to purchase things as they want. Or, do you want to simply forgo the mass spending Christmas that our society has adopted?

Mennonite Central Committee (MCC) has developed "*Joy to the world, Give a gift that matters*" a **Christmas giving catalogue**. This donation program allows you to select a gift for a needy person or community in lieu of or to complement a gift. Gifts of hope, shelter, care, peace, food, water, friendship, education, and more are available to choose from in varying amounts. You can give online (www.mcc.org/christmas) and download printable gift cards or give by mail and gift cards will be sent out to you. Christmas giving catalogues are available at the New Hamburg Thrift Centre.

If that special person loves to find a good bargain, perhaps a **gift certificate from the New Hamburg Thrift Centre** is the answer! We have new **Thrift Bucks** available in \$10 amounts - perfect to slip into a card. Another great way to support the global work of Mennonite Central Committee! Our in-store handmade slippers, mitten, hats, etc. also make great gifts.

May the true meaning of Christmas be present in your celebrations this holiday season!

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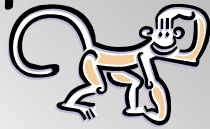


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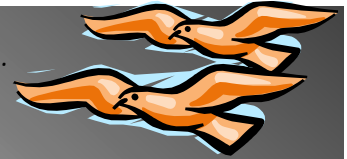
REGULAR HOURS

Mon-Thurs 9:00 am - 5:00 pm
Fri 9:00 am - 8:00 pm
Sat 9:00 am - 4:00 pm

LookOut Kids' Korner



Why do birds fly south for the winter?...
...because it's too far to walk!



What keys are too big to carry in your pocket?
...Donkeys, turkeys and monkeys!!



SUDOKO FOR KIDS... It's the latest trend in word puzzles—it's fun and we'll teach you how to play! Each row and column must have numbers 1,2,3&4 in it and each of the four corner blocks do too (it doesn't matter which order they are). See below for hint...

The two missing numbers in the upper left square must be a 3 and 4 since there is already a 1 and 2 in that square. Now check the rows to see which square can be a 3 or a 4. For example there is already a 3 in the top row, so the missing number at the top left can't be a 3. After the first block of squares is filled in, continue on with the other squares.

	2	3	
1			4
2			3
	1	4	

Answer-What am I?

1. hole
2. the letter 'm'
3. cloud
4. river

Answers to Word Jumbles

1. OCTOBER
2. AUTUMN
3. LEAVES
4. RAINING
5. PUMPKIN

Fall Word Jumbles

Unscramble the fall related words.

1. BCEOORT _____
2. AMNTVU _____
3. AEELSV _____
4. AGIKNR _____
5. KPUNPIM _____

What am I?

1. The more you take away from me, the bigger I become. I am a _____.
2. I happen once in every minute, but twice in every moment. But I never happen at all in a hundred years. I am _____
3. I fly high in the sky, but I'm not a kite. I hold lots of water, but I'm not a pond. I am a _____
4. I have a mouth but I never talk. I have a bed but I never sleep. I am a _____

What's smarter than a talking horse?
... A spelling bee!



Answer to Sudoku

2	4	1	3
3	1	4	2
4	2	3	1
1	3	2	4

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We welcome you to visit our B&Bs on
Saturday November 21st &
Sunday November 22nd

Hilldrop House

189 Snyder's Road East, Baden
(hilldrophouse@rogers.com)
Sat. 11 am-7 pm, Sunday 11 am-5 pm

Les Diplomates B&B

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Contact: Marianne Guistini, 519-634-1170
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Grand River Cancer Centre

What's New at Baden Public School?



Baden Public School has a committee called "Me to We", initiated by the "Free the Children" organization. We are dedicated to working this year on raising money and building awareness of a social injustice that is occurring in our world. We have chosen to raise money for a clean water project in Sri Lanka.

In support of this cause we are asking local businesses if they are able to give a small donation of an item or service for a silent auction that will be held in early December. We will be holding the silent auction during parent/teacher interviews and all money collected will go towards the clean water project in Sri Lanka.

We would be grateful for your support. If you are able to donate or have any questions, please contact Miss J. Carpenter or Mrs. R. Fay at the school at 519-634-9320

How do you keep the "leaves" out of your yard?



...Put a net in!!



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Checking Out the Baden Library!

Thank you Baden Library Patrons! With your generosity, during our annual Food For Fines Week, 329 non-perishable food items were brought in which were donated to the Food Bank at the Wilmot Family Resource Centre. Thank you for helping your community. Well done!

Celebrate children and the importance of reading, with sports-related books written by Canadian authors during **Canadian Children's Book Week, November 14 – 21**. The theme is "Gold Medal Reading" as we count down to the 2010 Olympic Winter Games in Vancouver BC. There will be special displays and book draws!

The name of the **Kids Book Club** this year is **ABC - Awesome Book Club**, and it is recommended for children ages 8 to 11. We are currently reading "Lawn Boy" by Gary Paulsen. Fun activities, great stories and more! This club meets one Thursday evening a month (next meeting is November 19) and is led by our wonderful volunteer, Vanda Wagner. Vanda is a mother of four, and lives with her husband, Darcy, on a dairy farm outside of New Hamburg. She enjoys reading, children, having fun (& snacks), so volunteering at Baden Library's Kids Book Club is a perfect fit for her. Come out to meet Vanda and have lots of fun! New members are always welcome – please call the library for more information.

Celebrate the holidays with a special **Holiday Family Storytime** on Thursday December 10 from 6:45 – 7:30 p.m. Recommended for children 3 to 7 years old and their parents and/or caregivers. Drop in!

Registration for the winter session **Storytime** will begin December 1. This literacy-based program is for children ages 3 -5 years old and is offered on Tuesday afternoons or Wednesday mornings and begins the week of January 4, 2010. Registration is limited.

If you are interested in the **Just For You Baby Storytime** (for babies ages 0 -12 months, and their caregivers) OR **Computers For Adults**, you are encouraged to put your name on a waiting list at any time.

Contact the library at 519-634-8933 or by email at badenlib@region.waterloo.on.ca to register, or for more information. Website – www.rwl.library.on.ca

Chris Baechler, Assistant Supervisor
Baden Branch



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CHARITY WREATH SILENT AUCTION: HOLIDAY DECORATING THAT HELPS THOSE IN NEED

Are you amongst the Wilmot residents who celebrate the season by decorating their homes? Every year, many of us create beautiful outdoor displays with fresh greens, lights, colourful ribbons, bells, and more -- all to project that wonderful picture of holiday cheer. And now, there's another way to both beautify your home or business, and help others: by taking part in Colour Paradise Greenhouse and Garden Centre's first annual Charity Wreath Silent Auction.

Here's how it works: local businesses (and a few local celebrities) have already picked up their fresh green wreath from Colour Paradise, and have decorated the wreaths, some in themes that relate to their businesses, and others simply in beautiful seasonal flourishes. (Are you a business that wishes to participate? Act quickly -- contact Denise or Karolyn at Colour Paradise right away, as wreaths must be decorated and returned by Wednesday November 18th).

Then, starting Friday November 20th, the decorated wreaths will be on display for a silent auction at Colour Paradise Greenhouse in Mannheim, where the public may view and bid on the many gorgeous -- and ready to hang -- wreaths. Bidding closes Thursday December 3rd, when winning bidders may pick up their wreaths. Anyone can drop in and place a bid; proceeds will be given to the House of Friendship in Kitchener, a charity that helps low-income adults, youth and children.

Even if you don't choose to bid on a wreath, you may make a donation.

And when you drop by to bid on a decorated wreath, you can also enjoy Colour Paradise's Christmas Open House, taking place during the first two days of the auction, from November 20 - 21.

The popular garden centre offers poinsettias, fresh winter green arrangements and gift cards, all for the natural-minded shopper.

For more information about this worthwhile, and fun event, contact Denise Huck by phone at 519-745-1437, or e-mail denise@colourparadise.com or karolyn@colourparadise.com. The folks at Colour Paradise look forward to having you join our area's businesses in helping others, all in the giving -- and growing -- spirit of the season..

By Teresa Brown



Owner, Denise Huck and employee, Rose Stevenson with decorated wreath.

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*We are also at the Baden Market—
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*Getting ready for Christmas?
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your furniture before your
company arrives!*

Baden Outlook Hockey Pool Stats

ADULT POOL			KIDS POOL		
Place	Name	PTS	Place	Name	PTS
1	Shane Snyder	187	1	James Osburn	175
2	Thomas Pestell	186	2	Shae-Lynn Campbell	174
3	Nathan Roth	185	3	Adam Roth	171
4	Bonnie Dietrich	181	4	Patrick Glofcheskie	169
5	Rachel Jutzi	179	5	Liam Boronka	167
6	Emily Miller	179	6	Bradley Vitello	167
7	Bill Witt	178	7	Jared Shantz	166
8	Craig Pestell	178	8	Tanner Schwartzentruber	165
9	Jack Snyder	177	9	Daniel Jutzi	165
10	Tony Papa	177	10	Lucas McKee	164
11	Deb (Vinnie) Vinski	177	11	Caleb Hunter	163
12	Lou Sicoli	176	12	Olivia Salese	163
13	Rob Litwiller	174	13	Calob Heinbuch	161
14	Tony Soikie	173	14	Colton Holba	161
15	Brandon Gingerich	173	15	James Hoerle	161
16	Earl Nickolas	172	16	Spencer Weber	160
17	Brad Honderich	172	17	Aidan Voison	159
18	Brad Ziegler	171	18	Nate Roth	159
19	Jane Fewkes	171	19	Jake Miller	159
20	Grant Gunn	171	20	Noah Heinbuch	158
21	Jim Thorpe	168	21	Shaelyn Heise	158
22	Pete Usher	168	22	Sierra Simpson	158
23	Michael Vitello	168	23	Maggie Litwiller	158
24	Jessie Gingerich	168	24	Zack Bender	157
25	Paul Holba	168	25	Mitchell Mueller	157
26	Brian Struth	167	26	Liam Schweitser	156
27	Jim Gilbey	167	27	Sarah Miller	154
28	Sir David Murray	167	28	Evelyn Cobean	153
29	Quentin Martin	166	29	Emma Gowland	153
30	Sheldon Martin	166	30	Paige Naumann	153
31	Brian Nutter	166	31	Daniel Kreller	152
32	Loni Powell	166	32	Samantha Simpson	151
33	Joe Vitello	166	33	Taylor Randerson	151
34	Nic Murra	166	34	Jacquiline Bender	150
35	Kathy Loree	166	35	Carter Schwartzentruber	150
36	Jean Cook	165	36	Tanner Snyder	150
37	Lee Fitzpatrick	165	37	Tanner Heinbuch	150
38	Greg Stoyko	165	38	Brady Finn	150
39	Christine Loree	165	39	Hannah Litwiller	150
40	Sue Honderich	165	40	Calvin Wilson	150
41	Tara Lazzari	164	41	Sarah Martin	150
42	Scott Gibbons	164	42	Jamie Roth	149
43	Sara Roth	164	43	Dallas Diebold	149
44	Michael Steinmann	164	44	Olivia Stiles	149
45	Darla Hopiavuori	163	45	Cameron Fletcher	148

Congratulations to Shane Snyder for taking the leader prize in this month's Adults Hockey Pool - winning a gift certificate from EJ's of Baden.

The lucky random draw winners are Jean Cook winning a gift certificate from Egli's Meat Market, and Jesse Buchenauer winning a breakfast from Teddy's Bakery & a Baden Outlook shirt.

Congratulations to James Osburn for taking the leader prize in this month's Kids Hockey Pool, winning 2 gift certificates from the Children's Museum. The lucky random draw winner is Rebecca Vitello winning a 'Baden Outlook' jacket.

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Closed Sunday & Monday*



*Kids Prizes
supported by...*



WOW! Sports fans...Thanks for playing hockey with us! There are 434 entrants in this year's Outlook adult hockey pool and 102 youngsters in the kids pool. Be sure to follow your stats which are updated daily on the site. The Outlook draws the stats on the 7th of the month. To follow the stats, log on to our website at www.badenoutlook.com - Click on sports pool—choose "hockey" the pool I.D. is outlookhockey or outlookkids and the password is quest for both pools. The top 50 entries will be listed with more pages at the bottom of the screen. Have Fun and Good Luck!



You Must Be Joking - Something's Fishy

A man calls home to his wife and says, "Honey, I have been asked to join my boss and several of his friends for fishing.. We'll be gone for a long weekend. This is a good opportunity for me to get that promotion I've been wanting so could you please pack enough clothes for a three day weekend".....And also would you get out my rod and tackle box from the attic ?



We're leaving at 4:30 pm from the office and I will swing by the house to pick my things up..

'Oh! And please pack my new navy blue silk pajamas..'

The wife thinks this sounds a bit odd, but, being the good wife, she does exactly what her husband asked.

Following the long weekend he came home a little tired, but, otherwise, looking good. The wife welcomes him home and asks if he caught many fish?

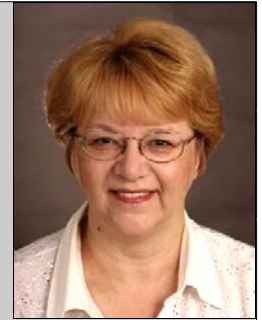
He says, 'Yes! Lots of Walleyes, some Bass, and a few Pike.



He said but why didn't you pack my new blue silk pajamas like I asked you to do?

...The wife replies, "I did, they're in your tackle box".

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THE POTTY

A LITTLE THREE YEAR OLD BOY IS SITTING ON THE TOILET. HIS MOTHER THINKS HE HAS BEEN IN THERE TOO LONG, SO SHE GOES IN TO SEE WHAT'S UP. THE LITTLE BOY IS SITTING ON THE TOILET READING A BOOK. BUT ABOUT EVERY 10 SECONDS OR SO HE PUTS THE BOOK DOWN, GRIPS ONTO TO THE TOILET SEAT WITH HIS LEFT HAND AND HITS HIMSELF ON TOP OF THE HEAD WITH HIS RIGHT HAND.



HIS MOTHER SAYS: "BILLY, ARE YOU ALL RIGHT? YOU'VE BEEN IN HERE FOR A WHILE.

BILLY SAYS: "I'M FINE, MOMMY.. I JUST HAVEN'T GONE 'DOODY' YET."

MOTHER SAYS: "OK, YOU CAN STAY HERE A FEW MORE MINUTES. BUT, BILLY, WHY ARE YOU HITTING YOURSELF ON THE HEAD?"

BILLY SAYS: " IT WORKS FOR KETCHUP."

Baden, We've Got Your Number— Castle Kilbride Counts

- 1 p.m. – 4 p.m. Tuesday – Sunday are our hours of operation
- 3 Generations that owned the Castle from 1877 to 1988.
- 4 Number of marble fireplaces
- 10 Christmas trees that are decorated and displayed each year
- 12 The number of children that James and Louise Livingston had
- 14 Men & 4 boys—the number of employees the J&J Livingston Linseed Oil Company had in 1871
- 15th Anniversary of Castle Kilbride Museum and National Historic Site
- 18 years, 4 months and 3 days the time James Livingston served in the House of Commons
- 24K Gold leaf detailing on the ceiling murals in the main hallway
- 25 Skittles to knock over with a spin top on the games table.
- 38 Number of different colours that make up the ceiling murals in the Library
- 81 The age to which James lived
- 94 Pieces of original Limoges china in dining room
- 182 individual pieces of crystal make up the chandelier in the parlour
- 300 Acres of land that was once part of the Kilbride estate
- 1877 The year Castle Kilbride was built
- 5,000 Artifacts in the collection
- 10,000 Square feet of living space in Castle Kilbride
- 150,000 the number of visitors we have welcomed since 1994.
- 1,073,197 Pounds of flax produced in 1880



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THE SEVEN WONDERS OF THE WORLD

A group of students were asked to list what they thought were the present "Seven Wonders of the World." Though there were some disagreements, the following received the most votes:

1. Egypt's Great Pyramids
2. Taj Mahal
3. Grand Canyon
4. Panama Canal
5. Empire State Building
6. St. Peter's Basilica
7. China's Great Wall

While gathering the votes, the teacher noted that one student had not finished her paper yet. So she asked the girl if she was having trouble with her list. The girl replied, "Yes, a little. I couldn't quite make up my mind because there were so many."

The teacher said, "Well, tell us what you have, and maybe we can help.

"The girl hesitated, then read, "I think the 'Seven Wonders of the World' are:

1. To See
2. To Hear
3. To Touch
4. To Taste
5. To Feel
6. To Laugh
7. And to Love.



The room was so quiet you could have heard a pin drop. The things we overlook that we take for granted are truly wondrous!



Submitted by
Gerald Swartzentruber

Wilmot District Soccer Annual General Meeting

Thursday, November 26, 7:30 p.m.

At the Ernie Ritz room in New Hamburg
(near the NH Library)

Your attendance for input for next year is necessary. We are in dire need of volunteers for the following positions:

- Head Coach
- Secretary
- President
- Registrar
- Chief Referee
- Promotions



New ideas will also be discussed.

Wilmot District Soccer needs volunteers desperately to join the Executive in order to continue running our programs smoothly for 2010.

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information. www.genbukan.ca

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Saturday, November 21, 11 - 2
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Lunch: homemade soup, sandwich and drink—\$6
Fellowship / Friendly Conversation—No Charge
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ANNUAL CHRISTMAS BAZAAR

St. James Lutheran Church, 66 Mill St., Baden



Saturday November 28, 10 a.m. – 1:30 p.m.

*Christmas Cookies, Bake Table, Santa's Table
Christmas Craft Tables, Face Painting for the Kids!
Weather Permitting –There will be Horse & Wagon
rides by Riverside Acres / Janice & Peter Gingerich.*

Hotdogs - Chili for lunch!

Half of the proceeds go to The Wilmot Resource Centre's
"Christmas Hamper Program" - Contact 519-634-8904

DRUG AWARENESS PRESENTATION

Wednesday, November 18, 7-9 pm
Waterloo Oxford DSS Cafeteria
Please join us—all are welcome
Panel of Guest Speakers, followed by
question and answer period.



SUPPORT GROUP FOR PARENTS
Parents linked with our Community
to assist in the need for Support, Awareness
and Empowerment against narcotics.

November is Family Violence Prevention Month

Neighbours, friends, families, co-workers, employers,
churches and community members play an
important role in helping to end abuse.
To find out what you can do, please visit
www.neighboursfriendsandfamilies.on.ca
Everyone can learn the warning signs and how to
respond. For more information, or for support, call Karen
at Wilmot Family Resource Centre at 519-662-2731

*This space is generously donated by Erb
Transport to support community events*



Holy Family Parish CWL Bazaar

Saturday, November 21, 11:00 a.m. to 2:00 p.m.
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The Tea Room is a great place to enjoy lunch. We also
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Heart & Stroke Foundation is looking for help in
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Notes from the Attic: Baden Tannery / Cider Mill

Brewery Street was named after the Silverspring Brewery, located at the southern end of the street. Foundry was named after the foundry that Jacob Beck operated – you can see the foundation today to the north of the Mill Pond. But what about Tannery Street? All three streets were in the official town plan that Jacob Beck had designed in 1854.

We had an anonymous undated photo (above) brought to us (*thank you*) so we decided to research this mystery business. Our first thought was to check in with our neighbour Mike Weiler to see if he had any recollection. He gave us a some great information about a cider mill at the end of Tannery Street but was unsure of a tannery being there. Next we Googled “Baden Tannery” and Jim Heldmann’s name with his Waterloo address appeared. A quick phone call and an invitation to meet led us to an interesting visit and more information, putting the pieces together.

Jim, and his wife Barbara, had attended family reunions since the early 70’s and through a family member, Marci, he started to take more interest in his family history. Assembling family trees and gathering information since



Picture taken from Louisa Street looking down Tannery Street

1990 led him to publish, in 2001, the book *Our Heldmann Heritage -Descendants of Conrad and Elisabeth Heldmann*. Through his research he gained information about the Baden Tannery / Cider Mill. Here is what we learned!

Jim’s grandfather was Henry Heldmann. Henry and his brother John, who both lived on Brewery Street,

started a business journal for the tannery and the first entry was in 1882. It is unclear if it operated before that or it was purchased as a tannery. The journal listed purchases, sales transactions, expenses etc.

Other journal entries included 1890 and early 1900s cider entries as well as the last entry for the tannery, July 30, 1903. He assumed that the tannery business ended then. Only cider entries were listed after that.

Jim’s research also led him to some advertisements. The earliest one he found was in the *Waterloo County Gazetteer and Directory* (1884-1885), which listed Heldmann Brothers Baden Tannery. The second was in the same publication but the 1886-89 edition, which listed Conrad, another brother, as part owner. The *Union Directory* (1906) listed only John as an owner of the Cider Mill as did *Vernon Farmers’ and Business Directory* (1915).

In 1927 the mill was sold to Theodore Huehn who operated it for 10 years. About 1937 Sim Steinman took over operation of the cider mill until 1947. In 1948 it was sold to Harley Herner. Harley dismantled the building, salvaged some of the wood, subdivided the property into three lots and built three homes, which are still standing today.

In the early days this area of town was known as “PopTown” where barrels of fermenting cider, belonging to area farmers were popping their bungs. We would like to thank Mike, Jim and Barbara for sharing their memories and notes to create this article. It is always an exciting web of folks who make these articles happen, as the “Notes from the Attic” continue to grow!

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More Words of Wisdom

- * 'Be kinder than necessary because everyone you meet is fighting some kind of battle.'
- * A sharp tongue can cut your own throat.
- * The best vitamin for making friends.....B1
- * The happiness of your life depends on the quality of your thoughts.
- * The heaviest thing you can carry is a grudge.
- * One thing you can give and still keep....is your word.
- * You lie the loudest when you lie to yourself
- * If you lack the courage to start, you have already finished.
- * One thing you can't recycle is wasted time.
- * Ideas won't work unless ' You' do.
- * Your mind is like a parachute...it functions only when it's open.
- * The pursuit of happiness is the chase of a lifetime! It is never too late to become what you might have been.

Vehicle Wordsearch: Hidden in the grid below are the names of the world's 24 largest motor vehicle manufacturing groups as ranked by the latest production figures from OICA and found in Wikipedia. The names may be horizontal, vertical, forward or backward. Good luck! Submitted by John Westlake

C	H	Y	U	N	D	A	I	K	U	Z	U	S
N	O	D	I	H	S	I	B	U	S	T	I	M
A	N	R	R	F	A	W	O	C	K	I	A	D
S	D	O	E	Z	T	C	H	A	N	A	V	O
S	A	F	N	P	O	R	S	C	H	E	T	N
I	I	W	A	R	Y	I	A	A	A	T	O	G
N	M	V	U	S	O	R	J	D	G	A	V	F
B	L	I	L	T	T	U	Z	U	S	I	A	E
F	E	E	T	A	T	A	S	P	F	F	Z	N
S	R	O	T	O	M	L	A	R	E	N	E	G

- | | |
|----------|------------|
| TOYOTA | FORD |
| PSA | FIAT |
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| TATA | ISUZU |
| GENERAL | HONDA |
| MOTORS | RENAULT |
| HYUNDAI | MITSUBISHI |
| BMW | CHANA |
| FAW | NISSAN |
| PORSCHE | DAIMLER |
| SUZUKI | AVTO VAZ |
| KIA | DONGFENG |
| FUJI | |

Answers on page 25

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\$1000 was raised last year - Let's do it again! Working together, we can all support the community.

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Baden Welcomes AC Tire

On October 20th *AC Tire* officially opened their doors at their new Baden location located at 1413 Gingerich Road. Five years ago, owner Clayt Knarr, purchased the eight-acre property and has taken the time to design the right facility for their bustling business. In 1995 Marty Miller came on board and in 1999 Paul Knarr joined the company.



The move from the old site on Nafziger Road, across from the Wilmot Recreation Complex, provides many added features: six 'service bays' rather than two, an upcoming large showroom and 11,000 square feet of space as compared to the former 5,000 square feet of leased space. Two of the service bays are drive-through which makes working on tractor trailers easier. The move consolidated two warehouse facilities into one common area.

Clayt Knarr started in the tire business at *Sherway Tire* in New Hamburg in 1976, where he continued to work until 1989 when he moved to Firestone in Kitchener.

In 1994, he saw a need for a tire dealership in New Hamburg, and he opened *AC Tire*. Today, *AC Tire* has nine employees, six service trucks and maintains a radius of approximately 60 km from Baden. A certified tire technician is on call 24 hours a day/ seven days a week for the trucking and farming industry.

AC Tire repairs, wholesales and services all makes of tires for all vehicles including lawn mowers, farm vehicles, passenger cars, light and industrial trucks, ATVs, forklifts, skid steers and small earthmovers. They service vehicles for several local trucking firms and wholesale tires to many repair shops.

OK Tire Baden is a franchise of *OK TIRE INC*, which has been operating since 1953. Each of the 271 franchise owners across Canada is an owner of *OK TIRE INC*, which has ten warehouses across the country. *AC Tire Baden* draws from three warehouses including London, Mississauga, and Baie d' Urfe, Quebec. Any tire that you need *AC Tire* can find and they guarantee customer satisfaction with their workmanship.

Thrilled to be in Baden, Clayt, Marty, Paul and staff are ready to help citizens of Wilmot and beyond with their tire needs. Winter is arriving soon and winter tires are a must. *AC Tire's* phone number is 519-662-4990 / Fax – 519-634-5576. Hours of operation are Monday to Friday – 7:30 a.m. to 5 p.m. and Saturday 8 a.m. to 12 p.m. A grand opening is planned for spring, but meantime Clayt invites everyone to drop by and say hello.

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New Hamburg Tree of Light: *Shining Hope for Over a Quarter-Century*

.... By Teresa Brown

The Tree of Light ceremony is celebrating its 26th year, and the New Hamburg Lions and Lionesses continue to make the evening a very special one, with the addition of new features as well as the inclusion of many old favourites. On Friday December 4, people from Wilmot Township will once again gather at the fountain near New Hamburg's Peel and Huron Streets, to enjoy fellowship, sing carols, and watch the main event: the annual lighting of the New Hamburg Lionesses' Tree of Light!

The Tree of Light has become a tradition in our community, with families looking forward to the event as a signal for the start of the holiday season. The lighting ceremony, taking place on Friday, December 4, is of course the highlight, but the Tree represents much more: it's a symbol of giving to a variety of local charities, with donations for "lighting a light" going to such organizations as CLEAN, Interfaith Counselling Centre, the Wilmot Family Resource Centre, Aldaview, and more. This year's goal is \$12,000, an impressive addition to the \$216,570 collected by this event in its first 25 years!

Wondering how to take part? Before the lighting ceremony, the Lionesses will take donations at Sobey's on November 26 - 28, and again on December 2 - 4, from around 10:00 a. m. to 7:00 p.m. This year, donations of \$5.00 light a white light, \$100 light a gold light, and \$500 lights the red lighted star at the top. One of the new features this year is a draw: any donation of \$5.00 or more will have the donor's name entered to win a beautifully decorated full-size artificial tree.

Of course, you can also join in the fun by coming to the lighting ceremony. There will be hot dogs served starting at 6:30 p.m., and the tree lighting will take place after. The New Hamburg Citizens' Band will once again entertain the crowds and get them singing along, while this year's audience will be delighted by a performance from the KW Sweet Adelines. It promises to be a wonderful evening for the whole family, and a great way to start off the season -- by helping others, joining in song, and watching in wonder as the Tree of Light comes to life.

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Keeping New Hamburg Blooming

Baden Believers Run for the Cure

On October 4th, the Baden Believers walked and jogged in support of raising awareness and money for the CIBC Run for the Cure. The team, in support of the Run for the Cure, raised \$2,550 towards finding a cure for breast cancer. It was an incredible feeling to have so many people gathered in one location, all with the same goal in mind! The team is making plans for next year, and the size of the team has almost doubled already.

If you would like to join our team, please contact Angela Desjardins at sparky1@primus.ca or visit Facebook, and type in 'Baden believers' in the search area. We would love to have more members of the community join us next year!

Until next October, - THINK PINK!!



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Sunday School: Preschool - Adult, 11:00 a.m.



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SERVICE TIMES - 9 & 11 am
SUNDAY SCHOOL 9:30 am
CHILDREN'S WORSHIP 11:30 am

Rev. Don Mills
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Where there is hope for the future

“Get It Together” ...with Donna & Rhonda

Can you believe that Christmas is upon us? For the next couple of months we are going to share some tips to help you have a “stress-free” Christmas!



How does Santa stay organized at this time of year? Why does he always seem so jolly and relaxed?

Santa makes LISTS!! He makes lists for everything! Naughty and nice list, his Christmas eve destination itinerary . . .

The key to success is to create a master list that you can use year after year instead of relying on your memory!

Create your own “Christmas organizer” binder or file. Here are some of the master lists to include:

- * Christmas card list – You don’t want to accidentally miss someone!
- * Gift list – List who you need to buy for and some gift ideas. If you don’t buy those items this year, you are a step ahead for next year!
- * Christmas baking – List your family favourites and include copies of all the recipes you use year after year. Take it one step farther and come up with a grocery list of all the ingredients needed for these recipes. Don’t forget to include the store names if you have some “hard to find” items on your list.
- * Christmas menu – Pick a “standard menu” that you can use several times over the holidays when guests arrive. You can make sure you have the ingredients on hand and you don’t have to create an extensive menu . . . the goal is to keep it simple!
- * Christmas traditions – If you can’t remember your traditions, ask the children and grandchildren – they will remember! Pick some special ones that you can do every year!

“Santa, can you tell me what list am I on this year?”

To learn more about “Getting It Together”, visit us at www.heartofthematter.ca

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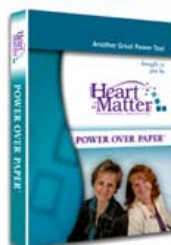
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You Go Girl! Baden Runner Represents Canada

Laurie McGrath recently came back from Keswick, England where she participated as a member of the Canadian 100km Ultramarathon Team at the Commonwealth Championship. The Canadian Team which placed third, consisted of Laurie, Lise Gagne from Barrie and Lisa Leskien from Cambridge. They were thrilled to represent Canada on the podium!! Laurie also just finished her last race of the Ontario Ultra Series which consisted of 12 races 50km and longer including 6, 12 and 24 hour races as well as 50 and 100 mile races. She placed first in the Ontario Ultra Series and also won the 50km Challenge cup, which goes to the runner with the most points over five 50 km races. Points are awarded for place and distance in the race.



Laurie finishing the 100km race in Keswick, England.



The team on the podium at the awards ceremony, wearing their bronze medal. Left to right are - Lise Gagne, Laurie McGrath and Lisa Leskien.

The Commonwealth Ultramarathon and Mountain Running Championships were held Sept 17-21, 2009 in Keswick, England.

*Of all the things you wear,
your expression is the most important.*



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Answer to Word Search Puzzle from page 19

C	H	Y	U	N	D	A	T	K	U	Z	U	S
N	O	D	I	H	S	T	B	U	S	T	I	M
A	N	R	R	F	A	W	O	C	K	I	A	D
S	D	O	E	Z	T	G	H	A	N	A	V	C
S	A	F	N	P	J	F	S	C	H	E	T	N
I	I	W	A	R	V	I	A	A	A	T	O	G
N	M	V	U	S	O	R	J	D	G	A	V	F
B	L	I	L	T	T	U	Z	U	S	T	A	E
F	E	E	T	A	T	A	S	P	F	F	Z	N
S	R	O	T	O	M	L	A	R	E	N	E	G

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Sunday 11 am - 3 pm

Come Check it out! Shop Locally!



St. Agatha Santa Clause Parade

Saturday December 12 - 1 pm.

Spectators are encouraged to bring a non-perishable food item as volunteers for the Foodbank will be on route to collect. Santa will be joining us for the parade as always and is available at the St. Agatha Community Centre after the parade to meet with the children. There is also free face painting, clowns and candy bags for all the little ones.



WILMOT HERITAGE FIRE BRIGADES

Watch for WHFB antique fire trucks in area Santa Claus parades:

Baden: December 5
New Hamburg: December 6
Wellesley: December 11
St. Agatha: December 12

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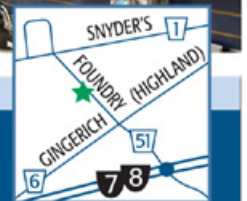


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WELL DESERVED NATURALS

A new business opened in Mannheim on October 23. *Well Deserved Naturals* owned by Debbie Beker, Irene Grozelle and Geta Srbuis is located at 1111 Bleams Road. Each owner has her own passion and area of expertise: Debbie, a Certified Reflexologist; Irene, a Reiki and Therapeutic Touch Practitioner; and Geta, a Skin Care Specialist. Together they saw a need for a health studio with many resources to enhance well-being, all in a tranquil setting, just minutes from the city.

Well Deserved Naturals offers products that are at least 95 per cent natural and many of their own custom scented and unscented lines that are packaged in house. Examples of this are lotions, body wash, and body butter. Coming soon to the line are shampoos, conditioners, and lip balms. They also feature organic sprouting kits, Mill Valley Music CDs, Himalayan salt lamps, healing crystals, bath accessories and of course gift baskets just in time for Christmas giving.

Other professionals on the premises include: Massage Therapists, Gail Imperatore and Travis Bunyon; Professional Personal Trainer, Michelle Key; Certified Yoga instructor, Jean Armstrong; Pilates Instructor, Jenny Sousa; Therapeutic Hypnotist, Andy Key and Registered Nutritionist, Michael Fisher.

They will hold regular information workshops. Scheduled workshops for this month are, "How to Read Product Labels" on Nov. 17th and "Enhancing Your Energy through Food" on Nov. 21st.

The trio took over the building on August 1, and worked hard to create a unique wellness studio that will stimulate the mind and the body.

For more information feel free to call 519-208-3814, visit www.welldeserved.ca or better still, drop by and see their new shop and say hello to the girls!



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the Health & Wellness Page

Plant Your Protein

Submitted By Michael Fisher



A study was done on rural Asian diets compared to a standard North American diet, and the differences they had on health. The main difference between the two diets was the inclusion of whole, plant-based foods (whole grains, beans, seeds, etc) in the Asian diet, and the heavy animal-based food (meat, dairy, eggs, etc) which is 50% of the Western diet. Briefly the differences between these two very different food types are:

Plant	Animal
Balanced carb, fat & protein	Mostly protein
No cholesterol	Contains cholesterol
Ample fiber	No fiber
Quality, beneficial fats	Potentially unhealthy fats

This isn't to suggest that animal products should be avoided simply because they contain cholesterol and plants do not, but it is undisputed that Western society greatly overeats animal-based foods. When regularly eaten, small amounts of animal-based foods can be beneficial to health, and in fact improve it. In comparison, very few protein-rich, whole plant-based foods are eaten in North America (unrefined grains, beans, etc) relative to many other countries, where these foods are part of the traditional diet and usually eaten daily.

The difference in the diets greatly influenced the overall health of the people from the United States and China. The findings in the study are staggering!:

- Rural China: 70% of calories come from carbohydrates; 15% from fats
- American: 50% of calories come from carbohydrates; 34% from fats
- Rural Chinese consume 300% more fiber and 1/3 less protein than Americans.
- 89% of Chinese protein is from plant sources; 70% of ours is from animal products.
- For every 5 American women who die of heart trouble, only 1 Chinese woman suffers the same fate.
- Heart disease kills 1700% more middle-aged men in the USA, and roughly 900% more men in Italy or Greece, than in China.
- China has the lowest rate of breast cancer in the world.
- Comparison among regions in China indicated that the more fruits, vegetables and grains at the table, and less meat and animal protein, the lower the rates of breast cancer and heart disease.

- The Chinese eat, on average, beef or pork just 1-2 times a month; eggs and poultry a few times a week and fish, if available, is always welcome.
- Chinese women get half the calcium of American women, yet have a much lower rate of osteoporosis.
- As economic reforms in China allow an invasion of fast-food joints, cities are starting to see a rise in heart disease, obesity, and diabetes—the diseases of nutritional extravagance.

Based on the Cornell-Oxford-China Nutrition Surveys

Michael Fisher is a Registered Nutritionist focusing on healing through whole foods. Michael teaches, consults and writes in Canada and the US.

*Visit Michael's website for more information.
www.michaelfisher.ca*

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