

Baden Outlook



On Thursday, April 30 the Wilmot Fire Department, Waterloo Regional Police, Waterloo Region Paramedics, along with the Baden Fire Brigades, held a drive by tribute to the staff and residents of Nithview Home. People lined the streets, banging pots to show their appreciation. And that's what kind of community we have!





Your Monthly Newsletter ~ Keeping the Community Connected for 20 Years

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Happy Belated Easter from Morningside Retirement Community!

The Baden Outlook continues to travel ~ See pages 20-21 and 39 for more fun travel photos.



Thank you to our frontline heroes!



TIM LOUIS

MP for Kitchener-Conestoga 519-578-3777 • Tim.Louis@parl.gc.ca



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Talking with Ed ~ A Little Corny

Lettuce begin... My father loved gardening. The size of his garden was probably about 40 x 40 feet with a 6x8 foot hothouse. The hothouse was used exclusively for tomatoes and peppers. Dad would be out there for the entire Muskoka summer seasons (black fly, deer fly, and horse

fly) and I think it was his way of getting some peas and quiet. I never took much interest in his hobby during my teenage years - that was the last of my thoughts. It is not that I didn't carrot all, it is just as a teenager I was more interested in hanging out with my friends and driving around in my dad's Datsun pickup truck.

I do know that whatever he grew, it was my mother's job to preserve it. I remember the root cellar had years' worth of pickles backed up, but every year she would preserve some more - I am not sure why my father wouldn't have stopped growing cucumbers. They also made "Chilla Sauce" (MacTier version of saying Chili Sauce), crab apple jelly, relishes, beets, and occasionally sauerkraut, which left the house smelling pretty bad for a while.

Fast forward 50 years and now I'm ready to put on the rubber boots and get into gardening. Being retired certainly helps, as it gives me more time to try new ventures – it is not about the loss of my celery. Our garden plot is 20 x 40 feet and it's exciting to plan the lay of the land and vegetable spacing required. Pat is busy painting fancy vegetable markers.



There are many internet sites, such as Wiki-Leeks and others, that can offer information on this project. My original thought was to shop and pick out the seeds and plant them – pretty simple - but considering the situation, I ordered them locally. I am finding it is quite a lot more involved than I thought. Take carrots as an example; there are 13 varieties listed on just one seed website that I looked at, varying in size, sweetness, and the core. The differences are explained quite well, so I guess it comes down to your personal taste. But if you know me by now, research is all part of the plan!

Tomatoes can take up an enormous amount of room, and also have numerous varieties. Last year we planted one beef steak tomato plant and one cherry tomato plant in our small flower bed area. They were hardy and massive; if we would have had tall enough stakes, they would have touched the eavestrough. We had a crop we could hardly keep up with and we actually had enough to make salsa. With retirement I should have more time to handle the preserving. I just have to romaine calm when the harvesting begins.

The choices of vegetables are quite extensive, but one specific item that caught my eye was peanuts – yes, you can grow them in southern Ontario. Apparently you leave them in the ground until first frost, dig them up and hang them in the garage for a certain amount of time and then roast them in the oven at 190 degrees. I am quite excited to see how they turn out. I am not sure how mushroom they will take up in the garden but I'll keep you posted on how they turn out... if not edible for humans, the squirrels will be treated with them.

We also made an attempt at starting seedlings in the house. Pat is a fan of the Zinnia flower and wanted to mass plant them, so we started the seeds indoors and they responded nicely to the front window light. In eagerness to get planting, we even planted several pepper seeds directly from a red pepper purchased from the store... and after 2 weeks they are just beginning to sprout! We will be planting more outdoors soon – but you can't *beet* the price, that's for sure.

This will be our first attempt at large gardening and I hope that I don't end up looking like a laughing stalk. We plan on planting some items that will store well, such as potatoes, onions, garlic, and squash. On the downside when certain products are in season, they are



very cheap to buy. However, there is something to be said about growing your own produce, especially during these coronavirus times...and our kids are going to reap the benefits of our excess!

We will let you know how this project works out. I just have to remember that *I yam what I yam*. Until next month...Ed



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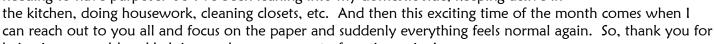


Greetings from Headquarters ~ Yay-It's May!

"Is this the real life? Is this just fantasy? Caught in a landslide, No escape from reality."

These are the lyrics sung by Freddy Mercury of the band Queen and it seems to define these last few months—yes, it has been over 2 months since our lives were dramatically altered. We cannot escape this and yes, it is for real. I wonder how you are all doing. I have good days, weird days, lazy days, freaked out days, happy and creative days, but the days are blurring together as the new normal of recent times continues to evolve. My new definition of 'the weekend' is when we have 2 days of sunshine in a row—how else can the weekend feel exciting when all the days feel the same?!

I know this lockdown is not a holiday, and our busy lives with our hectic schedules with not enough hours in the day will return. I'm trying to hang on to this logic as I enjoy my books, movies, puzzles, and lots of time cooking and, of course, over-eating. Although I do find it tough not having a routine, Barry loves that part (his retirement dream). I miss needing to have purpose. So I've been leaning into my domestic side, keeping active in



being in my world and helping me keep some sort of routine going!



On our walks along the river we've been watching as a very busy beaver has been tackling this big tree.

For our long time readers, you will know that I always begin the May issue with "Yay, It's May", signifying the beginning of the end of our seasonal chilly house-bound time; a time to get excited to see the flowers bloom and see people out and about enjoying the sunshine and fresh air. Let's try to continue to celebrate this time, as the flowers do indeed still bloom and the sun will shine—although we will just walk more cautiously as we venture outside and embrace this time of year. Keep your head up and smile!

With that said, let's check out what you'll find in this issue. You will see some wonderful travel photos this month from those who got away before the global lockdown set in. Many are from destinations but some are from close to home. It's nice to see folks embrace the Outlook in their travels, regardless where or how far they are going.

This stone was found in one of our outdoor paper boxes. Thank you to whoever painted it and gifted us with it. We left it in the box so the message is shared when the next person picks up a paper.

Baden

Rocks!

As we face tough times, we may have to be a little more creative with things. It's been said in the news that we are in a recession; as our elders may recall those days, they may have some great advice to share on saving a dollar here and there and making the most of what we have. Check out the many ways we can use a potato on page 35, along with other clever ideas shared by Christine Ehrat.

It is amazing how many seamstresses have risen to these times and have been busy sewing masks and gowns. It not only helps protect front line workers, but also for personal use to help keep us safe. Meet Cheryl on page 18 who needed to keep busy and find purpose during this time. She is just one of many who have dusted off their sewing machines and offered their services. It's another example of living and giving in this community.

You may think that there is excess pandemic related content, but I'm trying to keep it light while keeping it real. You will surely enjoy the many feel good moments that the community is putting out there to put joy and love into our days, balancing out the heaviness of it all. It's been said that this time is history in the making and perhaps this issue could go in someone's time capsule. Can you imagine reliving this time through the memories in this particular issue, when the virus was raging, taking control of our lives and keeping us apart from our loved ones? We will look back, we will remember, we will share stories. Be safe, stay well. Till next month...keeping smiling — it looks good on you!

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Do You Need Help?



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You Must Be Joking!!

It is sad so many companies are folding up under this environment. It is with great sadness to mention the loss of a few local businesses:

- The bra manufacturer has gone bust
- The specialist in submersibles has gone under
- The manufacturer of food blenders has gone into liquidation
- A dog kennel has had to call in the retrievers
- The suppliers of paper for origami enthusiasts has folded
- The Heinz factory has been canned as they couldn't ketchup with orders
- The tarmac laying company has reached the end of the road
- The bread company has run out of dough, the clock manufacturer has had to wind down
- The shoe shop has had to put his foot down and given his staff the boot
- And finally the launderette has been taken to the cleaners!

Indeed, a very sad state of affairs!

Submitted by Bob Smith



We're on the Web!

Read the paper in colour at www.badenoutlook.com

Sweets Challenge ~ Can you guess these sweet treats from the clues provided?

- 1. Night time explosion
- 2. Definitely not chewy
- 3. Outer space
- 4. Clever chocolate
- 5. Where refined people live
- 6. 9. 10. 11
- 7. Fumbling hands
- 8. Brittle morning brew
- 9. Desert hallucination
- 10. Going back for seconds

Answers on page 38



Submitted by Katie Fisher

Baden ~ Our Town

Baden is making noise at night to recognize the efforts of frontline workers. People are doing their best on Snyder's Road West; every Monday, Wednesday, and Friday, neighbours come out at 7:30 to make 2 minutes of noise. Participants live in houses from 51 to 142 Snyder's West and some too from Livingston Boulevard. Not all houses within that stretch take part, and not everyone makes it out every day, but there is a core of about 18 regulars (from 9 homes). They make noise

with drums of various sorts, pots and pans, handbells, shakers, a steam engine bell, and even, on occasion, a trumpet. They line the street on both sides, so cars driving by, who must feel as if they're part of a parade, join in with thumbs up and beeping horns.



It's a small thing to do to acknowledge our local frontline workers and we benefit, too: fresh air, seeing friends and calling out news and greetings, and, directly around us, meeting new neighbours who recently moved in and were not greeted with the usual "welcome to the neighbourhood" platter of cookies.

Submitted by Mary-Eileen McClear and Ted Derry

Till we meet again....

It is with great disappointment that the Cruzin at the Pond Car Shows will be cancelled this year, as well as the Father's Day Breakfast in Petersburg. It is the responsible thing to do to avoid large crowds gathering, keeping people safe. We will look forward to sunnier days next summer when we will return.

Sincerely from Ron and Marlene Weber.



While out walking the streets of Baden, you are bound to find little nuggets of creativity and joy. They are painted stones and they've been seen showing messages of hope and love. Here are a

few, and you will find more spread throughout the paper.

Thank you Lil Quanz for sending these treasures to the Outlook to share, and thanks to those who painted them!



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Come in and see our newly expanded Baden store.

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Checking out the Baden Library





Please be aware that our library branches remain closed until further notice. All in-person library programs and events for May are cancelled. To continue to assist patrons with this closure, all library material due dates and hold expiration dates have been extended until June 30, with no additional fees or fines and this date will be extended as needed.

Even though our branches are temporarily closed, there are lots of FREE digital services available for you to use at rwlibrary.ca including:

- Ebooks and audiobooks
- Video streaming
- Newspapers and magazines
- Music
- Language courses and online learning
- Now available online at home Ancestry!

Online education materials for children

Our new mobile app allows you to access all our library offerings in one convenient place. Download the RWL app through the App Store or Google Play (search Region of Waterloo Library).

Great things are still happening at the library online! Connect with us through social media to participate in online programs as well as stay up-to-date on the latest happenings @rwlibrary.

Access to all of our digital resources is available using your library card. If you need a membership you can apply online. Signing up is easy and provides instant access to our online services.

Ready to get the garden in tip top form? RWL is now offering Free mail delivery of our Seed Library! It's true. We have a wide range of Free seeds available, with a five packet limit per household. To access this offering simply visit our website and complete the online seed form using

your RWL membership card. If you need a card, you can register for one for Free on the RWL site at rwlibrary.ca. During these times, life as we know it has been disrupted. Sharing your experience is essential to telling the story for years to come. We are looking for the experiences of Waterloo Region residents from a variety of age groups during the length of the pandemic. Some of the experiences we are hoping to document include:

- Shopping conditions
- · Feelings caused by the outbreak
- Keeping children occupied during self-isolation
- · Thoughts about physical distancing
- Struggles of family members infected with the virus
- Stories of everyday heroes, i.e. people helping neighbours during self-isolation, people accepting inconveniences for the greater good

Share your written accounts, artwork, or video recordings by emailing them

to helpusmakehistory@regionofwaterloo.ca with the subject line "Writing COVID-19 History". Staff may be in touch for more information after you post or email. So, for all of you looking for something to do while in self-isolation, get writing. Future generations are depending on you to explain what social distancing was and why toilet paper was being hoarded in 2020! For more

information on this project visit rwlibrary.ca/helpusmakehistory.

We miss you and will see you soon!

Chris Baechler, Assistant Supervisor Baden Branch Library







TREASURES FROM THE ATTIC

By Al Junker

Senator Valentine Henry Ratz

After submitting my last article on Senator Samuel Merner, Pat asked me if I had heard of a Senator Ratz. I had heard the name but knew nothing about him, so my curiosity was piqued and I began my search. This has proved challenging since the closing of all libraries due to Covid-19. I have had to rely totally on internet search, so I have not been able to consult my usual historical sources. Internet historical searches are not as reliable as going to the original source material like directories, newspapers, census returns, assessment records, etc. and you can't go to the library to sign out books or consult reference material.

It makes one wonder how historians did their research before we had access to all this material. Anyway, here is what I have found about Valentine Henry Ratz so far.

Valentine Ratz was born in St. Jacobs on 12 November 1848 to John "Jacob" Ratz and Maria (Opfer) Ratz. At some point the family moved to Wilmot Township. According to the 1861 Tremaine Map, Jacob Ratz was operating a steam powered sawmill on Lot 12, Concession 1, Block A in Wilmot Township, located on Sandhills Road in a hollow near Huron

Road on a branch of Plum Creek. This sawmill was one of around seven that were located on the various branches of

Plum Creek. Apparently, there was not enough water flow at the Ratz sawmill so it was converted to a steam powered sawmill which utilized the water from the creek to generate steam. This location has been referred to as "Possum Hollow" by some individuals.

Valentine attended SS No. 7, Pinehill School located at the corner of Huron and Pinehill roads. The school he attended is not the building located today at that intersection. In 1873, he married Mary Yager of New Hamburg. Valentine left Wilmot and moved to Stephen Township where he continued in the

lumber business. In the 1870s, Valentine and his brother, John, opened a sawmill at the small crossroads community known as Khiva, which was located between Dashwood and Mount Carmel at the junction of Concession 13 and the Crediton Road. The community grew, a

post office opened in 1878, and Valentine was appointed the first postmaster. In 1879, he was elected to Stephen Township Municipal Council. He went on to serve as deputy reeve and reeve for 21 years. In 1886, he was

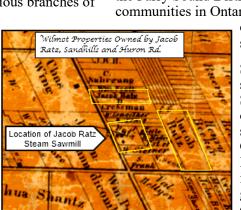
elected Warden of Huron County. Valentine moved on to federal politics and was elected as the Liberal Member of Parliament for the riding of Middlesex North in 1896. He served until 1900 when he was defeated, but he was re-elected in 1904. Valentine was summoned to the Senate on July 18, 1909 by Prime Minister Wilfrid Laurier for the senatorial division of Parkhill. Ratz continued his career in the lumber business. He became the President of the South River Lumber Company of

the Parry Sound District. Like many crossroad communities in Ontario, Khiva began to decline. The hotel

closed in the early 1900s and the sawmill closed around 1924.

Senator Ratz returned to Wilmot shortly after being summoned to Senate in 1909 and purchased a home on Jacob Street in New Hamburg. He served in the Senate until his death in Guelph in 1924. Senator Valentine Ratz is buried in Riverside Cemetery in New Hamburg. Two of the stone gate entrances into the cemetery were erected in 1953 by the Ratz family in memory of Valentine and Mary.





1861 Tremaine Map, Waterloo County Ontario Historical Map Project, arcgis.com



39 Snyder's Road W, Baden 519-634-5711

We miss our friends and hope you are all well and staying safe.

We continue doing take out orders from 4-8pm daily. We have our menu available on our website. We are currently installing more phone lines as we know the answering machine is always full with calls coming throughout the day. We are only there through the hours to accommodate the take-out orders.

Thank you to the community for all the support we've been receiving.

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THERE ARE SILVER LININGS—JUST LOOK AND YOU WILL SEE THEM!

There are so many different angles of this experience and despite the obvious horrible stories you're sure to find many silver linings. We just have to look. I am impressed by parents who are home with their kids 24-7 and doing what they do each day to make their days go smoothly. At first I heard concern in those who worried the children who are no longer going to school would lose or fall behind academically.

"If they cancel the rest of the school year, students would miss approximately 6 months of education. Many people are concerned about students falling behind because of this. Yes, they may fall behind when it comes to classroom education...

BUT WHAT IF

What if instead of falling "behind", this group of kids are ADVANCED because of this?

What if they have more empathy, they enjoy family connection, they can be more creative and entertain themselves, they love to read, they love to express themselves in writing.

What if they enjoy the simple things, like their own backyard and sitting near a window in the quiet?

What if they notice the birds and the dates the different flowers emerge, and the calming renewal of a gentle rain shower?

What if this generation are the ones to learn to cook, organize their space, do their laundry, and keep a well-run home?

What if they learn to stretch a dollar and to live with less?

What if they learn to plan shopping trips and meals at home?

What if they learn the value of eating together as a family and finding the good to share in the small delights of the everyday?

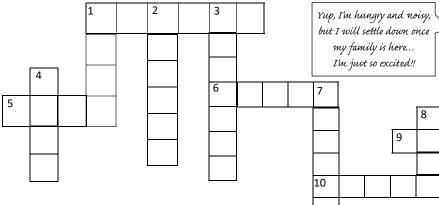
What if they are the ones to place great value on our teachers and educational professionals, librarians, public servants and the previously invisible essential support workers like truck drivers, grocers, cashiers, custodians, logistics, and health care workers and their supporting staff, just to name a few of the millions taking care of us right now while we are sheltered in place?

What if among these children, a great leader emerges who had the benefit of a slower pace and a simpler life to truly learn what really matters in this life?

What if they are AHEAD?" ~ Via Megan Wood



The first signs of springs is that chirpy voice of the robin. They are excited and have much work to do as they prepare for their new family. OK kids, see how much you know about them in this Robin crossword trivia puzzle. Answers on page 25





This is an easy puzzle with a one word answer!

THE FIRST
WORD YOU
SEE IN THIS
PUZZLE
IS WHERE
YOU ARE
GOING IN MAY

ACROSS

- 1. The part of the robin that's red in colour
- 5. One of the first signs of spring comes from this robin.
- 6. The least number of eggs females will lay
- 9. Robins use their _____ to find food
- 10. Robins often build their nest near ______.

DOWN

- 1. The colour of robin's eggs
- 2. The average length in inches of a robin
- 3. The breast of young robins are _____.
- 4. The time of day when robins start to sing.
- 7. Robins' main food are _____
- 8. Typically robins' nest are at least this many feet off the ground

Honestly Officer... It was just a furrball, I didn't cough!

On day 30 at home the dog looks at me like "See? This is why I chew the furniture!"





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Baden Birding ~ Flying Jewels

The Ruby-throated Hummingbird (RTHU) is Ontario's smallest bird and the only hummingbird species to breed in Ontario. From the tip of the beak to the end of the tail it averages only about 9 cm in length; its body mass is less than that of a Canadian nickel!

Yet it is remarkable for more than just its miniature size.

With wing beats of 55/second it is capable of hovering, flying both vertically and horizontally in both forward and reverse directions, and it can stop instantaneously. This rapid wing beat produces a noticeable hum that varies with the wing speed, thus the name "hummingbird." It is an amazing flyer but its very short legs prevent it from even walking or hopping!

The Male RTHU, as the name implies, has a gorgeous ruby throat patch which lights up brilliantly in sunlight. Both male and female have emerald green backs and whitish underparts.

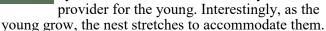
Male RTHUs return to our area in May, a little ahead of the females, and establish territories where they pugnaciously defend food sources.

When a female enters this territory the attentive male begins an elaborate U-shaped flight display. From a height above the female he dives rapidly downward in front of her. After sweeping past her, he instantaneously begins a steep upward climb of 2-3 metres before repeating the same path in reverse. He repeats this course several times in rapid succession, all the while emitting squeaky chirps. At the bottom of the U the wing beats and hum become most extreme. The male sometimes buzzes horizontally side to side directly in front of his temptress, eyeing her attentively. As suddenly as the display began, the pair dash off. RTHU pairs remain together long enough only for courtship and mating, at which time she becomes a single parent!

The female, alone, builds the cup-shaped nest, saddling it directly on top of a slender branch. Made from thistle or cattail down, it is held together and secured to the branch with silk strands from spider webs. The outside is covered with moss and lichen, camouflaging it so well it looks like a swollen nub on the branch. Two white pea-

By Fraser Gibson

sized eggs are the normal lay, but three are sometimes laid. Three eggs weigh less than a Canadian dime! Eggs are incubated solely by the female who is also the only



Male RTHU depart in late August for their wintering grounds in Mexico and Central America while females leave a few weeks later. How can such tiny creatures travel so far? An early belief, since disproven, was that they hitched rides on the backs of migrating Canada Geese. It is now known that many RTHU make an amazing non-stop 800 km flight across the Gulf of Mexico, an astounding feat!

When hummingbirds return in May, nectar sources are very limited, so they often depend on the sap oozing from Yellow-bellied Sapsucker holes and any small insects that may have congregated there. Later in the season hummingbirds prefer nectar from red or orange tubular flowers. Jewelweed (Spotted Touch-me-not) is a favourite in natural areas, and scarlet-coloured bee balm (Monarda didyma) is a must for your garden. The high metabolism of the RTHU requires a continuous food supply, demanding up to twice its body weight in food a day.

Hummingbirds have remarkable brains. They have a larger hippocampus, the centre of memory in the brain, relative to total brain size than any other bird! Hummers may be able to remember the location of thousands of flowers in a particular area while tracking the nectar content of each as well as the location of recently visited blossoms.

RTHU are less numerous in our area than in cottage country but a hummingbird feeder is a great addition to your garden. Keep the food in it clean and fresh and

place it where you can easily see it. Admire your visitors for their acrobatic flight, diminutive size, memory capacity, and amazing migration abilities.



Baden Birding Sponsored by:



Hours: Monday—Friday 8-5:30, Saturday 8-noon



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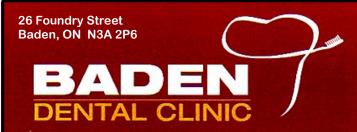
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LET'S HAVE A LITTLE PUN! ANSWERS ON PAGE 38

STAY HEALTHY ~ AND FEEL GOOD!

- Used by 'Caesar' when 'dressing' for dinner.
 It 'reeks' havoc with vampires.
 Could cause a 'stink' over dinner.
- A 'bar' where people really get into the 'suds'.
 These are bathroom 'slippers'.
 They get into a 'lather' around naked bodies.
- One of 'D' reasons milk is good for you.
 The 'A.B.C.'s' of good health
 These could 'B complex'.
- 4. The good 'thyme' you can have with a 'saucy dish'. This 'spicy' type 'leaves' much to be desired. Often a sign of a 'chef's sage'.
- 'Leaves' many people a 'fortune'.
 Is 'steeped' in English tradition.
 Has people 'straining' in the 'pot'.

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Recently crews from all three Wilmot stations responded to a corn field fire in the township. Several acres were accidently set ablaze after a resident who did not have a valid permit started a small fire to burn items not permitted. High winds and dry conditions contributed to a fire that spread quickly, consuming several acres of corn stalks. Luckily, the wind directed flames away from nearby structures and crews were able to contain the fire. Charges are pending and cost recovery is being determined.

That same day, crews responded to other calls and found people burning without permits. The fire department reminds all Wilmot township residents that they are required to have a valid permit for outdoor burning, including:

- A Contained Site permit for wood-burning backyard fires, including fire pits and store bought chimineas
- An Open Burn permit for larger fires on rural/ agricultural properties

These permits outline required practices and safety measures, such as:

- No burning on windy days (no more than 15 km/hr)
- No material shall be burned that can be recycled (e.g. cardboard)
- No burning of rubber, plastics, or any other material that could produce noxious fumes, including pressuretreated/painted wood or wood containing glue
- Fire must always be supervised
- A means of extinguishing the fire must be **readily** available (e.g. fire extinguisher, garden hose, machinery, tools, etc.)
- Fire must not create a nuisance for neighbours
- For Contained Sites, burn only clean, dry firewood; no vegetation or yard debris (e.g. leaves) may be burned
- Burn location for a Contained Site must be a minimum distance of 25 feet from any building, structure, property line, tree, hedge, fence, deck or other combustible item
- Burn location for an Open Burn must be a minimum distance of 100 feet from any structure

Under the current pandemic & Emergency Declaration, nuisance calls such as the ones on Saturday must be avoided.

Please refer to www.wilmot.ca for current restrictions and burn by-law information.







New Hamburg Legion Branch #532—Boullee Street, New Hamburg

With the continuing threat of COVID -19, the branch will be closed for the month of May.

Please check our website for further updates.

"Wishing All Comrades to Stay Safe & Healthy"

Would your family hang out in the garage with the car running?

Fuel-burning appliances such as barbecues, fire pits/bowls/ tables, heaters and generators can produce dangerous carbon monoxide (CO) gas that may cause sickness or death.

These appliances are intended for outdoor use only.



Always follow manufacturer's warnings to avoid injury

Fuel-burning appliances should never be used in an enclosed space such as a garage, tent, camper or home

For more information: COSafety.ca fire@wilmot.ca



Wilmot Fire Department 60 Snyder's Rd W Baden ON N3A 1A1









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ALL THINGS SCRAMBLED

Within each category the words are jumbled up. Can you unscramble them? Answers on page 33

Wild Animals
FLOW
MAPU
REDE
ARBEZ
LACKAJ
LOFFAUB
CACNOOR
LOGARIL
GUENINP
ORAKONGA

Regarding Measurement

REAA	 	 		
TINP	 	 		
CHIN	 	 		
BICUC	 	 		
RELRAB	 	 	 	
SHELUB	 	 	 	
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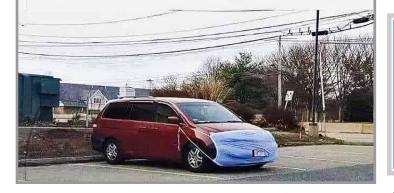
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question is - is this mask needed because of an AUTO-immune disease or the CARona virus?



In 1918, Philadelphia prematurely ended its quarantine from the Spanish Flu to throw a parade in order to boost morale for the war effort. Some 200,000 people lined the streets on that late-September day. Within 72 hours, every bed in Philadelphia's 31 hospitals was filled and the city ended up with 4,500 people dying from the flu or its complications within a matter of days. What is that proverb? "Those who cannot learn from the past are condemned to repeat it..."





Check Out Baden Rocks on Facebook and watch for the rocks in Baden



IS ANYONE ELSE'S CAR

GETTING 3 WEEKS TO THE

GALLON AT THE MOMENT?





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- Water the tree for 2 3 years during dry spells while it gets established.
- Mulch the tree without creating a volcano. Ensure the flare of the tree is exposed.
- Remove stakes after one year if using.
- Remove wrap each spring if using.
- Avoid tying rope/wire to tree, as it can girdle the branches.
- Prune broken branches.
- Use tree friendly herbicides when treating lawns.

Info: www.pubs.ext.vt.edu/430/430-210/430-210.html

Are you interested in climate change and other global environmental issues? Help us make a difference in our community by getting involved and taking action on one or more local environmental concerns. Our next monthly meeting will be held at 7:00PM on Wednesday, May 27th. For meeting location or more information, contact nvecoboosters@gmail.com or call 519-662-9372. Want to know more about the Nith Valley EcoBoosters? Check out our website at: nvecoboosters.com



How am I doing, you ask? Well, I just wiped down the container of Lysol wipes with a Lysol wipe... So, yup I'm just fine ... everything is fine, and you?



Reynold & Kathy Skowron

85A Huron Street, New Hamburg, Ontario N3A 1K1 Phone: (519) 662-1142 • Fax: (519) 662-9067



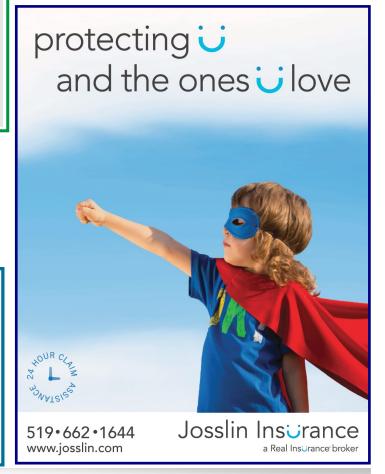


Notice is hereby given that, in order to pre-vent the spread of Spanish Influenza, all Schools, public and private Churches, Theatres, Moving Picture Halls, Pool Rooms and other places of amusement, and Lodge meetings, are to be closed until further notice.

All public gatherings consisting of ten or more are prohibited.

D. W. SUTHERLAND, Kelowns, B.C., 19th October, 1918.

This is a news clip sent in from 102 years ago from a Kelowna, B.C. newspaper. It reflects the Spanish Flu, the masks they wore, and the many public closures. Yes.. We too will get through this!



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${f \ge}$ Feeling Unplugged?







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How Grandpa Remembers the Pandemic

Child - "How old are you, Grandpa?"

Grandpa - "I'm 81, dear."

Child - "So does that mean you were alive during the Coronavirus?"

Grandpa - "Yes, I was."

Child - "Wow. That must have been horrible, Grandpa. We were learning about that at school this week.

They told us about how all the schools had closed. And moms and dads couldn't go to work so didn't have as much money to do nice things. They said that you weren't allowed to go and visit your friends and family and couldn't go out anywhere.

They told us that the shops and stores ran out of lots of things so you didn't have much bread, and flour, and toilet rolls. They said that summer holidays were cancelled. And they told us about all those thousands of people that got very sick and who died.

They explained how hard all the doctors and nurses and all essential workers worked, and that lots of them died, too. That must have been so horrible, grandpa!"

Grandpa - "Well, that is all correct.

And I know that because I read about it when I was older. But to tell you the truth I remember it differently...

I remember playing in the garden for hours with mom and dad and having picnics outside and lots of bbqs. I remember making things and fishing with my Dad and baking with my Mom.

I remember making forts and learning how to do hand stands and back flips. I remember having quality time with my family. I remember Mom's favourite words becoming 'Hey, I've got an idea...'rather than 'Maybe later or tomorrow, I'm a bit busy'.

I remember making our own bread and pastry. I remember having movie night three or four times a week instead of just one.

It was a horrible time for lots of people, you are right. But I remember it differently."

Remember how our children will remember these times. Be in control of the memories they are creating right now, so that through all the awful headlines and emotional stories for so many that they will come to read in future years, they can remember the happy times.

- Author unknown



Please support the advertisers in this paper and keep our community alive and thriving!

In late March, as a response to an urgent plea for people who could sew hospital gowns, I joined an impressively large crowd of sewists (sewers) with a respectful 7 feet between each other, waiting in the rain to pick up fabric partly donated by Len's Mill Store. I hid behind my homemade mask, frightened to be out of self-isolation for the first time.

With all the people who came, they were running out of fabric kits; I asked if I could have a pattern instead of the whole kit to start a project in New Hamburg. They gave me their last pattern.

The New Hamburg Thrift
Store manager opened the doors
and generously said I was to find
anything that could be usable and
take it for this project. In the back
of the eerily quiet store, I sorted
through huge bins of fabric for
what I thought could be made into
gowns and masks. The manager
offered the cheerful spring fabrics
already on display, but untouched.

That hit me. This won't be over in a few weeks, will it? I took them and continued filling boxes until I was overwhelmed.

The manager said he would come back to open for me anytime if I needed more.

"After all," he said, "this whole store is about helping people in need, it's just that usually, it's somewhere else on the globe."

That hit me too. I brought home the boxes and began sorting. As a lover of creativity, I began like a kid in a candy store, until I got deeper into the project; a sense of burden settled over me as I envisioned a hospital worker walking the halls wearing what was in front of me.

Thrift store finds came in any size; one piece of fabric may not be enough for one gown. Then I would hunt down a somewhat co-ordinating piece to complete the pattern. These fabrics didn't come neatly off a bolt like a store. Some were cared for while others had been roughly folded and forgotten for years, resulting in deep wrinkles that remained even after ironing the fabric. Some looked like curtains from the 80s. Are we at the point that we

must dress our professionals in this? I almost cried at the thought. I remembered Maria from *Sound of Music*, making play clothes from drapes. But this is not play. Would a hospital worker feel belittled?

The pattern seemed easy enough; however, I was dumbfounded at the stupid mistakes I kept making; putting wrong sides together, getting turned around, taking out seams to begin again... and again! Losing my way while doing something that should have been straightforward, I was trying to help, to do *something*, but it felt insignificant.

Immersed too deeply in my task, my hands reflected the global confusion. It took days to complete what should have been done in one. I wondered if I was losing my mind. Eventually, I took a step back. When my mother sewed our clothes as children years ago, she told us she sewed love into them. I can do that. With that thought, I stepped

away from the chaos of too many unknowns and just sewed.

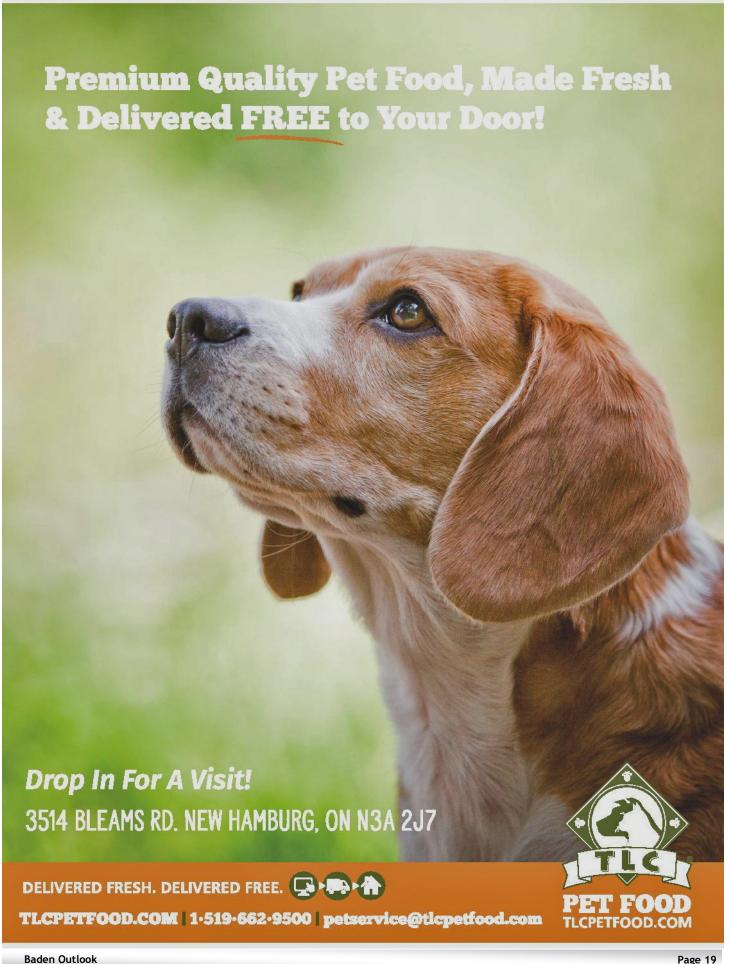
Some retired doctors later told me it would have warmed their hearts to wear handmade gowns. And I found a sense of camaraderie with our grandmothers who made socks or bandages in the war. I was relieved to discover other sewists were also finding the project going slower and more troublesome than expected. Though working alone in my sewing studio was producing a drop in the bucket, there are many of us doing this alone. As all of our products flow in, those buckets may fill. Together.

Maybe it's not just those muddling away at a sewing machine, trying to hand-produce hospital items. It's people working from home for the first time, and those who are balancing childcare with work in a new way, those attempting homeschooling for the first time. Those getting through an unstructured day, separated from family, friends and any semblance of normal life; trudging through, not as productive as expected, feeling insignificant, awkward. This is uncharted territory. Together.





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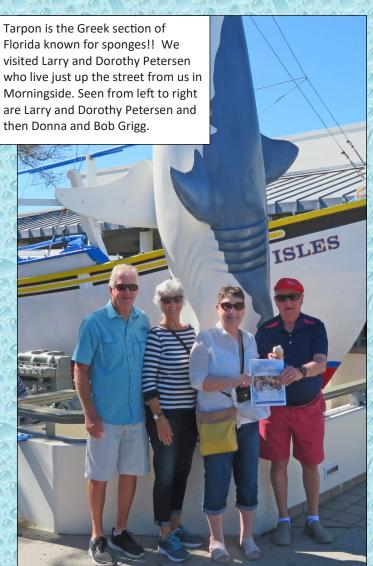


Baden Outlook

The Baden Outlook continues to travel to Cuba, California and....



Josh and Lisa Egli took their daughter Payton and her friends, Hanna and Boogie Nucci, to Cuba and had fun with their Baden Outlook.





Rudy and Yvonne Sawatzky from New Hamburg took their granddaughter, Angela, who is holding the Baden Outlook on a holiday to Cuba. They went to visit their Cuban friends, the Verona family, who live in the small town of Moron.

Yes, we know that travel will be different for awhile, so show us how creative you can be with your Baden Outlook along for the fun!



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....to Costa Rica, Nevada, and Walking the Streets of Baden



The Baden Outlook had a great time with this gang in Mistico Bridges in Arenal, Costa Rica. So crazy for all of these locals to be in one place at once. Seen are ladies up front Carol Gorenc, MaryAnn Weiler, Deb Bender, Gwen Cook, Bonnie Jokic, Kelly Flood. The boys in the back are Franc Gorenc, Bruce Bender, Mike Weiler, Ron Cook, John Jokic and Brad Flood, all hometown folk of New Hamburg.

Even a dog needs her space during the pandemic. Blair Bohnert and her dog Daisy walk the neighbourhood in Baden while they both read their Baden Outlook!



Dennis and Elizabeth Huss enjoyed Mesa, Arizona until Covid-19 struck and sent them back home!

New 2020 Airport Codes

Popular Spring /Summer Destinations

LVG - Living room

KIT - Kitchen

BAL - Balcony

BTH - Bathroom

MBR - Master Bath

BDM - Bedroom

OFC - Office

PAT - Patio

BAL - Balcony

BKY - Backyard

BMY - Basement

GAR - Garage

DH - Dog House

Enjoy your trip! Be sure to send in your travel pics!

Simply email your travel photos to badenoutlook@hotmail.com

TRUCK CONVOY IN HONOUR OF VERNON ERB



One could not help but hold back a tear of pride when this amazing parade of Erb Transport and other vehicles toured from Baden, down Foundry to Bleams Road and up Sandhills Road to pass by the home of this man the community knows well and loves so much.

Friday, May 1st, the love and well wishes of this community were sent to a local man who is ill, with hope that he will not feel alone through his journey.

WILMOT! WHAT A GREAT PLACE TO LIVE!

COMMUNITY MAKING A DIFFERENCE - DONATING TO LOCAL FOOD BANK

Several weeks ago, Wilmot Township residents Joanna Baechler and Krista Pollard, came up with an idea to host a bottle drive, with the proceeds going to the Wilmot Family Resource Centre and Food Bank. Over the next two weeks they planned and advertised the event over Twitter and Facebook. Wilmot residents came through in a big way with donations and help to make the event a success.

From Thursday April 23 to Saturday April 25 the group of 40 volunteers collected and sorted the 31,200 cans, 700 cases of beer bottles, and 9,300 liquor and wine bottles, which totaled \$6,800.00. A drop off was set up at the Waterloo Street plaza on the Saturday, and there were close to 400 pickups by Wilmot

volunteers. There were also many online monetary donations which brought the

donations to the resource centre of just over \$10,000.00.

Krista and Joanna were very thankful for the volunteers and also BOS containers which transported the empties to the Tavistock Bottle Depot which accepted the massive amount of empties.

This is just another example of what local and caring Wilmot citizens can do at this difficult time. This is an amazing community that we live in and acts such as this make it incredible. Way to go Joanna and Krista, along with the thoughtful team that made this happen!





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Gardening is a lively art, a gentle science. The rhythmic physical work refreshes and strengthens the body and often calms the mind. ~ William Shakespeare

It is spring, with singing and nesting birds, colourful spring bulbs, and trees starting to bud. Some of the cool weather veggies have emerged, such as peas, garlic, spinach, and lettuce. With COVID-19, gardeners and retailers have adjusted to taking phone or online orders and using deliveries or curbside pickups. The seed companies experienced an increased demand with more people at home having time to garden and also being concerned about food security. We are resilient with our community pulling together. If you have a gardening friend who does not have internet, help them with getting their supplies or providing knowledge. Local garden centres will be open, with measures in place depending on Public Health's directives at the time.



Shoulda, Coulda or Might-Get-To- List

- Note where you want to add spring flowering bulbs in the fall for spring colour next year.
- Seed cold-weather crops. Give perennials and fruit trees a generous feeding of compost and, if it has been dry, water them deeply to boost their growth, especially when newly planted.
- Toward the end of the month, plant potatoes and warm-season crops such as squash, tomatoes, peppers, and eggplant when the soil is over 60 F(16C). A real gardener sits on the ground with a bare bottom; if comfortable, then the soil is 16-20 C.!!!
- Check all lilies and fritillary for the Scarlet Lily Leaf Beetles and squish them. https://blog.longfield-gardens.com/ how-to-control-red-lily-leaf-beetles
- Divide overgrown perennials and establish new beds with the divisions, or give to friends, the thrift store (if they have opened), or compost (when passing on plants to others, ensure plants are disease and pest free).
- Prune lilacs, azaleas, spirea, and other spring-flowering shrubs after they bloom.
- Add some last runs of cool-season crops into the garden.
- Protect cucumbers, melons, and squash from pests by using row covers* (be sure to remove them when plants blossom so bees can do their job).
- Transplant evergreen shrubs and trees and water them during dry periods for up to 3 years, giving them time to be established. Mulch away from the trunks.



Pop annual flowers into beds when all chance of frost is gone and harden off. Before you plant them, begin hardening off annual flowers by exposing them to cooler temperatures and sun for longer periods each day for 4-7 days before planting (this includes your own and greenhouse grown). Just like you, if not used to

the sun, they will get sunburn!

READ PLANT LABELS SO YOU KNOW WHEN AND WHERE TO PLANT!! WE ARE ZONE 5.

* Row cover or floating row cover is a white garden fabric. It protects plants from cold and wind, blocks insects and prevents spread of disease. Keeps soil and plants from overheating. I find it very useful.

Checkout our Facebook page for updates when programs will resume and to get tips, news, and to share all things gardening. www.facebook.com/groups/3133495739996313

Website: gardenontario.org/view/society-layout/entry/852 email: wilmothortsociety@gmail.com Graphics: Pixabay

Continue to pull together as a community and share. Facebook pages of Wilmot Community Connections, Wilmot Pandemic Support Group, and Wilmot Stronger Together keep the pulse of our community and offer tools to share information and resources.





SECOND ANNUAL WILMOT KEY QUEST

~ POSTPONED ~

By William Timlow

Entry #5 - Monitoring The Situation

Hey Wilmot! We hope and trust you are keeping safe and healthy during these challenging days.

On April 15th the Township of Wilmot announced that all spring indoor and outdoor municipal recreation programs will be cancelled, up to June 30, 2020. This includes the cancellation of all large events on municipal property up to June 30, 2020.

We recognize that these cancellations apply to the Wilmot Key Quest, as our \$5,000 treasure hunt tends to attract large groups of treasure hunters to municipal property. We will be continuing to monitor the situation and work with Township representatives to determine the best path forward for 2020. We want to get the event going, of course, but only when it is safe and responsible to do so, and when it complies with the guidelines of our local government. We are still cautiously optimistic that the hunt can take place this year - but right now, late summer seems to be the earliest possible start time.

Keep an eye on our Facebook page: <u>fb.com/</u> <u>wilmotKeyQuest</u> for announcements and up to date information.

In the meantime, check out our sponsors! They all generously contributed to our 2020 campaign, and continue to operate in a modified capacity during this time. Show them some love and support if you can!

- Josslin Insurance (New Hamburg, Kitchener, and Wellesley offices)
- Baden Feed and Supply
- Baden Village Pharmacy
- Big Leaf Print and Graphics
- EJ's at the Baden Hotel
- Meadow Acres Garden Centre
- The Baden Outlook
- TLC Pet Food
- Town Square Pharmacy
- Wilmot Centre Church

Until next time... Hang in there Wilmot! Stay safe, responsible, and grateful! We hope that the worst of this challenging situation will be behind us soon... and when it is, we look forward to bringing you another fun and exciting hunt for \$5,000 with the Wilmot Key Quest!



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Time...We all wanted more of it. Now we have it and we are still trying to figure it out!

What day is it anyway?



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THE ANNUAL MOPARFEST IS CANCELLED DUE TO COVID 19



COVID-19 IS HAVING A NEGATIVE IMPACT ON THIS YEAR'S TRUCK SALES

Please HELP by purchasing tickets at www.newhamburgoptimist.ca www.moparfest.com or phone 519-662-2623. \$5.00 each or 5 / \$20.00

You Must Be Joking!!



Cletus was passing by Billy Bob's hay barn one day when, through a gap in the door, he saw Billy Bob doing a slow and sensual striptease in front of an old John Deere tractor.

Buttocks clenched, he performed a slow pirouette, then gently slid off first the right strap of his overalls, followed by the left. He then hunched his shoulders forward and in a classic striptease move, let his overalls fall down to his hips, revealing a torn and frayed plaid shirt.

Then, grabbing both sides of his shirt, he ripped it apart to reveal his stained T-shirt underneath. With a final flourish, he tore the T-shirt from his body, and hurled his baseball cap on a pile of hay.

Having seen enough, Cletus rushed in and asked, "What in the world are ya doing, Billy Bob?"

"Good grief, Cletus, ya scared the bejeebers out of me," said an obviously embarrassed Billy Bob. "Me and the wife been havin' trouble lately in the bedroom department, and the therapist suggested I do something sexy to a tractor."

Submitted by Bruce Bousher

ANSWERS TO ROBIN CROSSWORD PUZZLE FROM PAGE 10

	ACROSS		DOWN
1.	breast	1.	blue
5.	male	2.	eleven
6.	three	3.	spotted
9.	sight	4.	dawn
10.	houses	7.	earthworms
		8.	five



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www.wilmotfamilyresourcecentre.ca

Wilmot Family Resource Centre

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- ♦ SEXUAL ABUSE
- ♦ VERBAL ABUSE
- ♦ EMOTIONAL ABUSE
- **♦ FINANCIAL ABUSE**

If you are experiencing any form of abuse and would like help, contact Kelly at Wilmot Family Resource Centre Family Violence Prevention Program

kelly@wilmotfamilyresourcecentre.ca / 519 662-2731

This space is generously donated by Expressway Ford supporting non-profit community events





Blood Donor Clinic

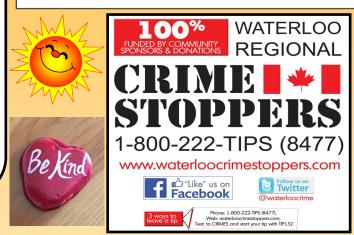
Monday, May 18th & June 8th, 5 pm - 8 pm Steinmann Mennonite Church 1316 Snyder's Road W., Baden

New in the Neighbourhood?

If you are new in the neighbourhood, call us to receive your gifts and learn about your community.

Local Representative: Marlene Brenneman Welcome Wagon Representative 519-591-5963 marlene.brenneman@gmail.com



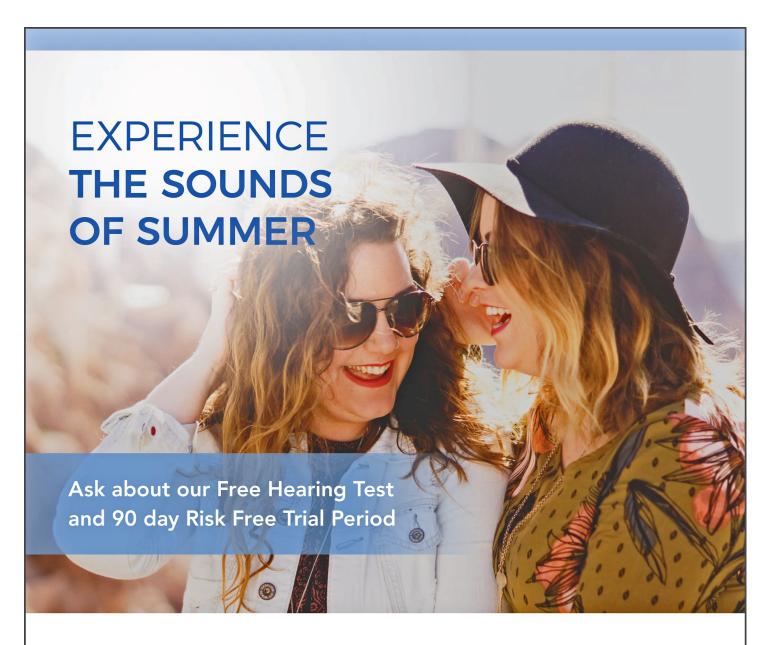






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My Daily Checklist to Staying Well at Home
Keep in touch
□ Talk to family and friends on the phone, online or over the fence.□ Talk to others about how you feel or help you may need.
Move more
 Try to move more throughout your day, getting out in the fresh air either on a walk, in the garden, on your doorstep or an open window. Try building seated and standing exercises into your daily routine around your home.
Eat and drink regularly
 Drink plenty of liquids including water. Stick to regular mealtimes. Make sure to have healthy snacks in addition to your meals. Eat a balanced diet including high protein, dairy, starch and plenty of fruit and vegetables. Keep track of your weight or check if your clothes, jewellery or belts are looser than usual.
Keep active
 Keep to your regular routine as much as possible. Plan your day – try to get up and go to bed at a similar time each day. Do activities you enjoy, such as watch a film, read a book or do some puzzles. Try to do new things each day or start that project you've been meaning to.
Feel joy
 □ Find a window with a view to take in the 'outside world'. Appreciate the nature around you. □ Set limits on how much news coverage you watch. □ Listen to more music. □ Try something different, or something you have done in the past and enjoyed. □ Begin and end your day with hopeful and positive thoughts.
Be prepared
 □ Find out how your family doctor is currently seeing patients. □ Seek care if you are experiencing a sudden health problem that you believe needs to be examined by a doctor. □ Reach out to someone you trust if you feel you cannot manage.
Need information or support to help you to stay well at home?
Contact Community Care Concepts 519-662-9526/1-855-664-1900 Waterloo Wellington Older Adult Strategy Community Care Concepts 519-662-9526/1-855-664-1900
 ☐ Hot & frozen Meals on Wheels ☐ Transportation to medical & other essential appointments ☐ Essential home help ☐ Help with groceries & prescriptions ☐ Wellbeing checks ☐ Support with hospital discharge ☐ Information, referral and support



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Technology does great things for us, and its progression has been exponential. We enjoy being more connected than ever, not only with telephone, email, and social media, but also planes, trains, and automobiles. Although technology and sciences have come so far that we can develop testing, vaccines, and cures, the substantial increase in travel in the last hundred years has ironically played a significant part in why COVID-19 has spread from a localized incident to a worldwide pandemic.

Bill Gates actually predicted an event like this about 15 years ago, and said that if we didn't start investing money and effort in technology to combat viruses and biological outbreaks that we would not be prepared for an epidemic (much less a pandemic). Bill further warned that something such as the Spanish Flu would have much more disastrous effects in today's day and age where modern travel would exponentially spread the virus.

But there is hope! Technology is now helping solve the problem by a project called Folding@Home. Folding@Home, out of Washington University, is using computers to run and test simulations on protein dynamics, as well as protein movements implicated in various diseases such as various cancers, infectious and

neurological diseases – including COVID-19. Because these simulations and calculations require a ridiculous amount of compute power, Folding@Home has built a network and software where anyone can contribute their unused compute power of their own personal computer to help crunch these calculations and formulas. Essentially, the Folding@Home application runs continually on your computer, and rather than allow the computer to sleep when idle, it will download, crunch, then return calculations contributed to the Folding@Home team.

It's amazing to see so many Canadians as well as people around the globe contributing so intently to combat COVID-19. And while technology has perhaps contributed to the spread of the virus, it has certainly helped keep us isolated with entertainment, communication, and online shopping, and will help us understand these diseases better, finding cures as we go forward.

If you're interested in learning more about Folding@Home, check out this video on Youtube of a fellow Canadian from Alberta: https://youtu.be/KU4qOebhkfs (that's a capital "O", not a zero)

Micrologics 519-342-3480



Our deepest thanks from Schlegel Villages to all front-line workers.

To our teams at The Village at University Gates and The Village of Winston Park, your outstanding commitment to our residents and family members is heroic.



schlegelvillages.com

The Village at UNIVERSITY GATES

250 Laurelwood Drive, Waterloo 519-904-0650 The Village of WINSTON PARK

695 Block Line Road, Kitchener

What's next for the New Hamburg Mennonite Relief Sale?

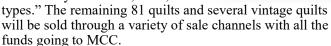
Every year, since 1967, tens of thousands of people eager for delicious food, beautiful textile art, auctions, and fun activities for families have flocked to the New Hamburg Fairgrounds for the New Hamburg Mennonite Relief Sale (NHMRS) all in support of Mennonite Central Committee (MCC). Earlier this month, in response to the current public health crisis, the NHMRS organizing committee decided to cancel the much-loved and much-anticipated 2020 NHMRS in its regular format.

"The safety and well-being of our attendees, volunteers, and community are of the utmost importance to us, but we also know that at a time when we all feel vulnerable, the most vulnerable among us need our help more than ever," said NHMRS organizing committee chair, John Reimer. "MCC is well-positioned to provide this help and the NHMRS community wants to continue to support MCC," continued John.

The New Hamburg Mennonite Relief Sale organizing committee is excited to announce that on **May 30 starting at 10 AM** the annual quilt auction is going virtual!

Spring into Auction: 100 Quilts for 100 Years of MCC, is an online event where the public can bid on a special collection of 100 quilts curated by the NHMRS quilt committee. "It was really difficult to choose only 100 quilts," said quilt committee chair, Louise Miller. "The quilts are so beautiful and each one tells a story, but after several hours, the members of the NHMRS quilt committee were able to

narrow down the original 181 quilts to 100 for the online sale. We looked for a variety of colours, sizes, and



New Hamburg Mennonite

Relief Sale

Photos of the 100 quilts can be viewed at nhmrs.com/quilt-catalogue.

NHMRS is partnering with Mike Fisher of Fisher Media who will facilitate live streaming the online auction on social media. When available, information on how to bid and/or watch will be posted at nhmrs.com.

"We haven't forgotten about the physical sale," said John Reimer. "We still want everyone to get their tea balls and spring rolls, so are planning to hold a one day sale on October 17. At our meeting last week, the NHMRS organizing committee was heartened by the willingness of the many volunteers and sponsors to continue to support the work of MCC."

John Head, Executive Director of MCC Ontario, is both inspired and humbled by the commitment of the volunteers and sponsors. "For over 50 years, the community has worked tirelessly to make this a joyful and successful event—not to mention highly productive in terms of dollars raised for MCC's work," he enthused. "We are grateful the NHMRS community continues to support MCC during these uncertain times."

Local Churches Invite You to Join Them

Visit www.badenoutlook.com for a directory of local churches



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<u>.</u>

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Wilmot Mennonite Church 2995 Bleams Road, New Hamburg, ON

Worship Service 9:45a.m.~ Christian Formation 11:00 a.m.

Pastor Susan Allison-Jones 519-634-5030 www.wilmotmennonite.ca

Livingston Presbyterian Church

44 Beck Street, Baden / 519-662-4949

Hymn Sing 9:45 am ~ Worship to follow at 10 am Moderator: Linda Ashfield, 519-886-4150

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519-634-5511 www.persburgchurch.org * Wheel Chair Accessible *

Worship Service 9:30 am / Sunday School

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Steinmann Mennonite Church

1316 Snyder's Rd. W. (at Nafziger Rd), Baden

Sunday Worship 9:45, Sunday School 11:00 am

Phone: 519-634-8311 / www.smchurch.ca

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Greetings from N.H. Thrift Centre

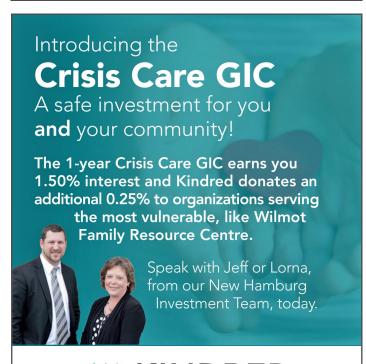
"Spring will come and so will happiness. Hold on. Life will get warmer" Anita Krizzan

We are all waiting for that warmer weather and for life to get back to "normal" and as we wait we are learning how to adapt to the changes we are facing. The New Hamburg Thrift Centre is not the exception. We have had to shift to an online sales model in response to the limitations we have. We are selling products on both Instagram @nhthriftcentre and New Hamburg Thrift Centre Facebook page and doing deliveries within a 20 km radius of the store (no curbside pickups are allowed by the Covid regulations).

Also, our annual perennial sale has been cancelled, but we continue to offer garden tools and décor in our online sales. So make sure to follow us on our social media and share with your friends and family.

Another way to support New Hamburg Thrift Centre and MCC is by purchasing a shop gift card. If you buy a \$20 gift card - we will add on **\$5 dollars more!** Call the shop (519.662.2867) to purchase and for details.

We are very thankful for the support from the community as we continue to adapt and find new ways to raise money for the Mennonite Central Committee.





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"It is not the strongest of the species that survives, nor the most intelligent that survives. It is the one that is most adaptable to change".

Charles Darwin



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WILMOT ~ WE ARE IN THIS TOGETHER

Residents are strongly encouraged to continue taking precautions to protect themselves and others. Stay home, stay safe, and only venture out to buy essential supplies. As we navigate through the uncertainty of COVID-19, it is important that we also look after our mental health. We are encouraged to stay connected with friends, family and community – but from a distance. Let's ensure we stay healthy inside and out!

Below are links of resources for residents of all ages to explore right in our own community! If you would like to add to our growing list, email us and we would be happy to include it!

Visit www.wilmot.ca to link to #RecFromHome to stay active with fun activities posted daily. This keeps your mind and body moving!

Follow Castle Kilbride on Facebook or visit Castle Kilbride Museum (#MuseumFromHome) for daily posts that highlight all things heritage and culture in Wilmot Township.

Join the fun of a digital scavenger hunt with the Wilmot Treasure Hunt created by the Teskey family of New Hamburg.

Follow Hidden Acres Mennonite Camp on Facebook for craft tutorials, stories, cooking... and even a campfire singalong!



Teachers, parents and kids, visit Wilmot's Prime Ministers Path for online educational resources and activities.

For high school students (current, future or alumni), follow Waterloo Oxford on Instagram @wocarpediem for guaranteed smiles.

Centre Stage Dance Studio and Innovative Dance have online dance challenges and techniques to explore.

Girl Guides and Scouts Canada have great resources too for kids, focusing on each age group.

For our mental health, the following organizations provide support to residents of Wilmot, and offer assistance during the Covid-19 pandemic:

- ⇒ Interfaith Community Counselling
- ⇒ Community Care Concepts
- ⇒ Wilmot Family Resource Centre

Courtesy of the Township of Wilmot



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There's no doubt that the COVID-19 pandemic has had a significant impact on our way of life.

A HOME is for many of us, the most significant purchase we will make, and it is never taken lightly. Real estate services were deemed essential so we could continue to serve our clients who were closing transactions or who urgently needed to sell or buy property. **BUT IT'S NOT BUSINESS AS USUAL.**

We are adapting to everything happening and making sure all sellers and buyers are safe and protected during this challenging time.

Here are some tips I recommend to all buyers and sellers to help us stay safe and healthy. Of course, the Virtual Tours, 3D tours, FaceTime showings and Video showings are preferred.

HOUSE SHOWINGS and COVID19

Tips if you are a Seller:

- Open all doors before all showings and sanitize door knobs after each showing
- Turn on any needed lights and lamps before the showing
- Leave cabinet doors and any other space open for buyer to see
- Keep windows and doors open for fresh air

<u>Tips if you are a Buyer:</u>

- Use your own car for showings and do not carpool with others
- Always bring your own hand sanitizer
- Wear shoe covers inside the property
- REFRAIN FROM TOUCHING ANY SURFACE WHILE VIEWING THE PROPERTY

I care for my clients and for my community. From finding the perfect home, to selling the one you have or simply answering your questions, you can always expect a prompt and efficient response from me.

Please rest assured that at this difficult time, I can still look after your Real Estate needs efficiently and safely. Stay well! Blanka Michale

LET YOURSELF REST

If you're exhausted, rest.

If you don't feel like starting a new project, don't.

If you don't feel the urge to make something new, just rest in the beauty of the old, the familiar, the known.

If you don't feel like talking, stay silent.

If you're fed up with the news, turn it off.

If you want to postpone something until tomorrow, do it.

If you want to do nothing, let yourself do nothing today.

Feel the fullness of the emptiness, the vastness of the silence, the sheer life in your unproductive moments.

Time does not always need to be filled.

You are enough, simply in your being.



Answers from All Things Scramble from page : Regarding Measurement Wild Animals Area Wolf Pint Puma Inch Deer Cubic Zebra Barrel Jackal Bushel Buffalo Fathom Raccoon Gorilla Length **Furlong** Penguin Hectare Kangaroo



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The Potato...

Who doesn't love potatoes??? I know our family does, and there are many ways to prepare them.



The potato travelled with Spanish explorers to Europe. Did you know that there are almost 5,000 varieties of potato? Today the potato is the fifth most important crop in our world, after wheat, corn, rice, and sugar cane.

Back in the day, people kept their potato water for various reasons. The first is creating a "potato yeast." The ingredients that you need: potato, water, flour, and sugar. Simply boil your potatoes as you would for mashed potatoes, but save the water instead of pouring it down the drain.

Then, take 1 ½ cups of water, stir in one tablespoon of sugar, and one cup of flour. Cover and leave overnight in a warm place. The mixture should be bubbly and have the odour of yeast the next morning.

With this mixture you can bake pizza dough, bagels, and more!

Store in the fridge and use as needed. Once weekly, feed the yeast with 1 ½ cup water, 1 ½ cup flour, and 2 tablespoons sugar. Note: Before you feed the yeast once a week, make certain that you have used half of the original mixture.

Maple Syrup... Oh no! We haven't any maple syrup! Now what? I love this one!

To remedy this unfortunate situation, you simply peel 6 medium sized potatoes and boil them in 2 cups of water until one cup of fluid remains. Remove your boiled potatoes and continue stirring the liquid until it reaches boiling point again. Slowly add one cup of white sugar and one cup of brown sugar. Boil until the sugar is entirely dissolved, take the pan off the heat to cool down slowly.

After this process, bottle the syrup and tuck it away in a cabinet for several days to mature. Taste it again at the end of this period, you will be pleasantly surprised. It tastes exactly like syrup; I don't think anyone would know the difference.

Note: if the potatoes are especially starchy, let any starch settle to the bottom before pouring the potato water off from the top. This keeps the syrup clear!

Mayonnaise... Have you ever run out of mayonnaise? What is potato salad without mayo?

What you will need: 2 eggs, ½ cup of white sugar, 2 tablespoons of flour, 1 cup of vinegar, 1 teaspoon of dry mustard powder, ½ cup of water, 1 teaspoon margarine, 1 teaspoon salt.

Simply combine ingredients in a saucepan. Cook over medium heat until thickened (must stir constantly). Let cool before refrigerating.

If you ever want to make one lowly jar of pickles, we have a hack for that too. Maybe next time!



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- Mattie Stepanek

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A FRESH APPROACH TO FINANCIAL PLANNING

Thinking about retiring? Recently retired? Enjoying life in Wilmot?

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- ▲ TAX STRATEGIES
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FINDING A NEW HOBBY OR REDISCOVERING ONE YOU LOVED WHEN YOU WERE YOUNG.



We are living through a surreal, strange, and challenging time with the existence of the global pandemic. It has created much more spaciousness and time on our hands to reflect, pause, and possibly deal with some extra restlessness and boredom. This is what I myself have been feeling these past several weeks now. The world we live in has changed dramatically, and while many speak of us returning to normal, I am not sure what that could even look like at this point. Whatever the new normal looks like, we will need to re-define it since the parameters are changing on a daily and sometimes hourly basis. I think more than ever we need to find solace in slowing down, living a simpler existence perhaps, and having a meaningful hobby we enjoy. This can help our wellness in so many important ways by keeping our minds active and our hearts full.

Something I have discovered is that the ability to find a meaningful activity or hobby can be so important and can be an excellent way of creating meaning and doing something useful with our time - especially now. Now is a great time to resurrect a hobby you loved to do as a teenager or young adult that perhaps you have long since buried and could be re-birthed, such as painting,

colouring, collecting antiques, or playing a musical instrument. For me it is re-discovering my love of board games which I have not done for quite some time, but is now an activity I can enjoy with my loved ones.



Perhaps you could also find a new interest, such as learning German or Spanish, playing guitar or learning the ukulele (this is one I would love to do, but I happen to have a guitar already and would like to focus on that first). Maybe it is learning to paint or knit and creating something beautiful for yourself or a loved one. Perhaps it is woodworking and building a new piece of furniture or repairing an old one; gardening and enjoying planting seeds and the possibilities of growing your own food. The options are endless and are yours to discover. This can have such a positive impact on your mental wellness, as well as stimulating your mind and creativity through learning something new or old once again.

I wish you happiness in creating and exploring that old or new hobby which breathes life into your daily lives.

Amy Krug, MSW RSW, Therapeutic Counsellor Interfaith Community Counselling Centre





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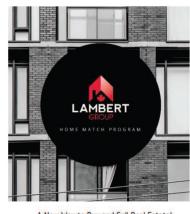
jonlambert@remax.net

We understand that life is anything but normal right now, but adapting to change is in our commitment to you. We understand that you may still be looking for a new home or have to sell your existing home during these uncertain times.

That's why we've created the Lambert Group Home Match Program. A new virtual home buying and selling process where you work hand in hand with our team of local experts for your housing needs. We introduce buyers to off the market and on market properties through virtual tours, sold with modified conditions, and introduce sellers to under contract, prequalified buyers with minimal preparation of your home - all without having to have in person showings!

Real estate is changing and so are we. Let us help you navigate through this uncertain time

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THOUGHTS AND BEST WISHES GOING OUT TO ALL THE MARRIED MEN WHO HAVE SPENT MONTHS TELLING THEIR WIVES ... I'LL DO THAT WHEN I HAVE TIME!

You Must Be Joking!!

A man calls home to his wife and says, "Honey, I've been invited to join with my boss and several of his friends to go fishing for the long weekend. This is a good opportunity for me to get that promotion I've been wanting, so could you please pack enough clothes for a three-day weekend. And also, would you get out my rod and tackle box from the attic? We're leaving at 4:30 pm from the office and I'll swing by the house to pick up my things. Oh! And please pack my new navy blue silk pajamas."

The wife thinks this sounds a bit odd, but, being the good wife, she does exactly what her husband asked.

Following the long weekend he returns home a little tired, looking good. The wife welcomes him home and asks if he caught many fish!

He says, "Yes! Lots of walleyes, some bass, and a few pike. But", he said, "why didn't you pack my new blue silk pajamas, like I asked you to do?"

The wife replies, "I did honey, they're in your tackle box".

~ Never, Never, Never try to outsmart a woman!

Submitted by Bruce Bousher

Answers from **Sweet Treats Quiz** From page 5

- 1. Starburst
- 2. Crunchie
- 3. Milky Way
- 4. Smarties
- 5. Quality Street
- 6. After Eights
- 7. Butterfingers
- 8. Coffee Crisp
- 9. Mirage
- 10. Eat More

Answers from Have a Little Pun from page 12

- 1. Garlic
- 2. Soap
- 3. Vitamins
- 4. Herbs
- 5. Tea

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..To Cuba, New Zealand, Dominican Republic, and California



The Baden Outlook had the fun as the Elwood, Norenberg families and friends celebrated Fred's 80th birthday in Playa Pesquero, Cuba in February.





Friends from Morningside Village took the Baden Outlook with them when they vacationed in Samaná, Dominican Republic. Pictured are Nick & Carol Rintche, Beryl Baker, Sharon Wilson, Bob & Sharon Dietrich and Wally & Jean Grygaski.



Gary and Maureen Pasichnyk, from Foxboro Green (Baden), took the "Outlook" while they hiked on the PCT (Pacific Coast Trail) at Whitewater Preserve, in Palm Springs, California.



Jack and Marian Billing and Earla and Jim Boyd of New Hamburg in Auckland, New Zealand showing off the Baden Outlook.



While out for a walk, be sure to keep your eyes open for painted stones... Baden Rocks!

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