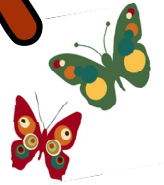




# Baden Outlook



## Teamwork to "Buy-a-Plank" for Baden Parkette

On Earth Day, the K4 class from Baden Public School proudly walked down to visit Baden Community Association Treasurer, Sonya at Baden Eyecare, to deliver their earned "plank" money to help support the restoration of the bridge at the developing parkette on Foundry Street.

Over March Break, the kids did jobs around their homes at 25¢ a task to earn \$1 each to put towards buying a plank for the bridge. The 28 students from the kindergarten class figured out that if each one earned \$1, and Mrs. Stirling and Mrs. Green did jobs too, they would have \$30. They had a lot of fun doing their jobs and sharing what they did with Sonya.



They are very excited about helping the Baden Community and are looking forward to walking down to see the new parkette.



*K4 class picture of the kids holding their job sheets that they used to earn their \$1.*

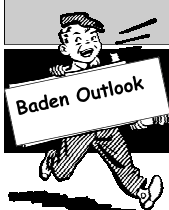
Barry and Pat Fisher  
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**This paper is priceless - Please have one!**

# Talking with Ed

## ~ Are we Sustainable?



The first time I heard about Sustainable Waterloo was at a presentation at our council meeting several years ago. They talked about encouraging companies and municipalities to join their group to try and control their energy and waste, with a focus on the environment. I recently joined my peers, Councillors Peter Roe and Al Junker, Mayor Armstrong, and Patrick Kelly at a recognition event at Bingeman Park to learn more. So who is Sustainable Waterloo Region? Here is a description from their website:

*We are a dedicated team, motivated by a shared passion for progress towards sustainability across Waterloo Region. Together we are working to realize our vision for an environmentally and economically resilient community that prioritizes the well-being of current and future generations. Our mission is to foster collaborations that enable local organizations to convert their sustainability interest into action. These organizations participate in our programs to achieve environmental and economic benefits. By building networks, setting a common direction for results, and publicly reporting on progress, we are working to maximize both the individual and collective successes of organizations in Waterloo Region.*

Sustainable Waterloo Region is in its sixth year, with many local big companies and municipalities already on board, cutting their emissions and waste. The list includes the cities of Kitchener and Waterloo, Waterloo North Hydro, Mutual Life, Conestoga and Fairview Malls, and many others.

Patrick Kelly, a Chartered Professional Accountant (CPA) and Manager of Accounting for Wilmot Township, is passionate about all of Sustainable Waterloo Region's beliefs. He approached council in January about joining Sustainable Waterloo, and council voted unanimously to join the organization.

Throughout the month of April, as part of Carbon Cleanse Waterloo Region, Patrick encouraged all departments of Wilmot Township to take part. Weeks one and two, Patrick had the township offices looking for ways to save energy on electricity and heating. He challenged all departments to come up with energy conservation techniques including lowering the heat (*except, apparently, the council chambers where there is always a lot of hot air*) and considering the use of lighting.

Week three focussed on a reduction of waste. This reduction can be achieved in several ways, including reduced printing or double-sided printing, email communications, and recycling of eligible products into blue bins. For this week as a pilot, each work area was also asked to deploy a green bin/container for organics. One day was designated as a litter-less lunch day.

Week four, the emphasis was on commuting and the environment. Ride sharing was promoted and staff were asked to come out to the Baden Community Clean-up day.

Over the course of May, a "Green Team" will be established at the Township to keep the focus on savings throughout the year. Energy and waste numbers will be tracked (compared to last year) and the Baden Outlook will post the savings at the end of the year. The township owns



many vehicles and buildings and has a large amount of employees, so the energy and waste savings could be huge.

I commend Patrick for his initiative and for making a difference in our environment and our costs at the township level; his passion and enthusiasm is much appreciated! If your

organization is interested in joining the movement, visit <http://www.sustainablewaterlooregion.ca>

Until next month...Ed

## EXTRA EXTRA!!

You'll find us around the 15th of each month at over 60 pick-up locations in Wilmot— while quantities last. Available in Baden at EJ's, Mars Variety, Mac's, Baden Feed, Levetto, Baden Dental, Wilmot Rec. Complex, Tim Hortons, Baden Library, and several outdoor magazine boxes located conveniently throughout town for Baden readers.



Also in St. Agatha at Fishers Esso, Angies Kitchen, Stop 2 Shop. In Petersburg at Blue Moon, Old Fashioned Variety and Foxboro.

There are over 30 places in New Hamburg to pick it up—including: No Frills, Sobey's, Short Stop, NH Legion, McDonalds, Kasemann's, Morningside, Stonecroft, Office Pro, NH Thrift Centre, Absolute Fitness, NH Dry Cleaners, NH Wellness, NH Library and various offices and retail locations throughout Wilmot Township.

*And as always, it's priceless ~  
Please Have One!*





# Greetings from ~ Outlook Headquarters

Yay, it's May!! And Hooray, there really is a May issue! I've been totally distracted as we anxiously waited the birth of our grandchild. Our daughter was 10 days past her due date, followed by long labour that dragged into what seemed forever! I do know that patience is not my best virtue, but that sure was a challenge... I've never been so



busy tapping my toe and staring into space before. I couldn't focus to work or think or make conversation that made much sense (and thanks to those who kept me grounded—you know who you are!!) It started out with great excitement, but after much time it slid into fear and those nasty “what-ifs” that just wouldn't leave me alone. I clutched the phone as if it had all the power, just waiting for a tid-bit



of update or for the grand announcement! Despite the drama, I am happy to say we adore our new grandson, Simon Michael, and he and his mama are healthy and thriving—making Mother's Day an extra special event this year!

This situation did make me ponder... “What if I didn't do a paper this month?” There is no back up team, no plan B, no time extensions and no one to call to say, ‘sorry, no paper this month’! As we know, all good things come with hard labour...and so the May issue was born!

This issue will show the Cornfest and the BCA parkette in motion, along with many more spring-like events! That includes the upcoming garage sales - - don't forget to start poking around in those dusty corners to prepare for the Community Garage Sale the last Saturday in May...or get out and visit and find some new Treasures to take home with you.

In April's issue, ‘Talking with Ed’ spoke of the history of local town names and we were excited to get feedback from our local historian, Ernie Ritz. A wise man who has done much research in this area, Ernie has shed some interesting light to add to that story—see his e-mail quoted below:

*It is my belief that New Hamburg was not called Cassel. That name seems to have been picked up and repeated in various histories since about 1870 or so. My research, and as best I can, goes back to the earliest sources. I have found an ad in the Canada Museum (German language) periodical printed in the 1830s. Although the newspaper used German, it also printed English ads for the people who only spoke the latter language.*

*The ad was placed by William Davidson August 27, 1837. He says he has "opened a large new store in the Village of Hamburg [late Cushman's Mills]" then describes his wares. For me that would place much doubt about the name of Cassel. (The ad is reproduced in my history of New Hamburg, on page eight). A copy of my book is in the archives at Kilbride. Cushman who built and ran the mill, died here in August 1834; his estate and ownership of the mill and surrounding land then was resolved in 1837.*

*Punkeydoodle's Corner was honoured in 1982 when a plaque marking the Huron Road was dedicated there at that time, and a post office was opened there for one day only with resident Cecil Wagler named as Postmaster. While Perth and Oxford are within a stone's throw of the "Corner" and likely to be part owners, I would claim it is entirely within Wilmot. Many people erroneously keep referring to it in the plural form, but as I recall, the official designation for the post office used the singular form.*

*The stories about "Yankey Doodle" and also the irate woman I believe are not quite accurate and might mask the true origin of the name.*

*I am still researching that, but as you know time moves on and first- hand accounts might no longer be available, as most of the originals in the area have passed on.*

*History for me is a puzzle, and it seems each answer produces several more questions, but a wonderful challenge it is.*

**NEW STORE.**  
The Subscriber respectfully informs the inhabitants of Wilnot, Huron Tract, Blenheim and adjoining country, that he has opened a large New Store in the Village of Hamburg [late-Cushman's Mills] with an extensive assortment of Goods suited for the country trade; consisting of Dry Goods, Groceries, Hardware, crockery Liquors, &c. which he intends selling on as reasonable terms as any other Store in the country.  
WILLIAM DAVIDSON:  
Hamburg, August 24th. 1837—36—3M  
N. B All kinds of country produce taken in trade.

*Congratulations are sent from across the pond to Carolyn Coakley who has been elected as the new Chair Person of the Castle Kilbride Advisory Committee.*  
*Hugs & Best Wishes from Mom & Family in England*

**The Baden Outlook**  
  
*Baden's Monthly Newsletter "Keeping the Community Connected"*

# Baden ~ Our Town

The Baden Community Association held its community clean-up day on Sunday, April 26th and 112 awesome Badenites showed up to help make our town clean and proud! Special thanks go to the Baden Optimist, West Hills Church, the township of Wilmot staff, and the many other caring and helpful people of Baden! There were 38 bags of trash collected in the event.

The response for the "Buy a Plank" program has been overwhelming. The latest group to contribute has been the K4 class at Baden Public School who each did four chores at home over the March break, where the parents donated a quarter for each chore. See the front page for a photo of these caring students!

The BCA is thrilled that Ken Young Construction has donated a day's help from Ken and his two employees toward the reconstruction of the bridge! Another example of the community coming forward to help with a local project! Thank you, Ken!

The trees are in and ready to be planted at the Foundry Street Parkette! The Wilmot Horticultural Society have been helping with the planning and placement of the trees, plants, rocks, and gardens. They have been an invaluable resource assisting with the formation of the parkette.

As you will see in the upcoming issues, the Cornfest is in full swing with an amazing line-up of great things to offer this year... and watch for mascot Cornelius Cobb to be making his appearance around town!

The BCA is excited to have some newcomers join in the group; we continue to welcome new faces to visit, join in and take part in any way they choose. Meetings are held on the last Wednesday of the month at the township hall basement. Call 519-634-8916 for more information.



**We're getting there!! Thank You!!**  
**Here's the latest list of donors.**

- ◆ BCA - \$4000
- ◆ Region of Waterloo - \$3000
- ◆ Mike Schout - \$2,500
- ◆ Baden Outlook - \$500
- ◆ PW Concrete - \$2000
- ◆ Baden & District Chamber of Commerce—\$5000

### Buy A Plank Donors

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the **Baden Eyecare Centre** in the  
Village Plaza next to Tim Hortons.





Games, Contests, and Prizes -- See what's New at The Baden Corn Festival!

Baden loves its Corn Festival! This August 8th will bring another day filled with fantastic activities, free live music, and of course, amazing food. But this year, there are also loads of new things to do ... and awesome prizes to be won! Just check out our list of games and contests:

It wouldn't be a Corn Festival without everyone showing off their corn recipes ... so we're introducing **Corn in the Kitchen**, sponsored by **Pfennings Organic Farm**. Corn in the Kitchen is a cooking contest, welcoming entries in three categories: Baking, Preserves, and Popcorn Seasonings (the last one is just for kids). Our "celebrity judges" are Mayor Les Armstrong, Councillor Barry Fisher, and Jackie Rolleman, co-owner of EJ's the Baden Hotel and the new Pita Pit in New Hamburg. Watch for contest details in the June Outlook and in our program, and get ready to Get Corny in the Kitchen!

Speaking of "Corny," our new **Corny Colouring Contest** sponsored by **Sight and Sound Studios** in New Hamburg invites kids in three age categories to colour a picture provided by us (you'll be able to download it from our website, or pick it up at the Baden Eyecare Centre in the Baden Village Plaza). There are prizes for the best artistic work!

Ready, set, go -- to the **Ultimate Baden Scavenger Hunt**, sponsored by the **Baden Veterinary Clinic**. Teams will race to collect the most items for points -- and the highest scores win awesome prizes! Teams of 3-4 people must register for the Teen and Adult Hunts; forms will be available on our website and at

the Baden Eyecare Centre in June. Some of the items to collect are a real challenge, but the prizes will be worth it!

There's even a **Family Scavenger Hunt**, suitable for young ones with help from their parents, just for fun! Pick up your copy at the Information Booth the morning of Corn Fest and start hunting!

Last year, we introduced our **Silent Auction**, and it was such a hit that we've brought it back again ... with more items and more "wow!" It starts around 4:30 pm (just before the Corn Roast supper) and continues until 8:30 pm, so you can enjoy an awesome dinner and free live music while you bid. Don't miss your chance to bid on things like Marineland passes, Golf North play passes, Blue Jays tickets, and tonnes more! We're still accepting donations, too; just contact Deanna at 519-634-9251.

Finally, start getting your team together for the **Human Foosball Tournament**, sponsored by **Jon Lambert, Sales Representative with Re/Max Twin City Realty Inc. and Sunny Houmphavong, Mortgage Agent with Mortgage Intelligence**. Teams of 6-8 people must pre-register and be ready to play by 9:00 am. Each team is guaranteed three games throughout the day, and your registration fee includes tickets to the Corn Roast supper. Cash prizes for the winning and second-place teams!

More details will be online in June for all contests and the tournament, or check out our Corn Festival program when it hits the stands in July. Until then, start gathering your recipes, crayons, family and friends ... because this will be the best Corn Fest yet!

Get ready ... it's the 3rd annual



**Baden Corn Festival**

Saturday August 8

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## Checking Out the Baden Library

The **One Book, One Community** selection for 2015 is *Station Eleven* by Emily St. John Mandel.

About the Book: One snowy night a famous Hollywood actor slumps over and dies onstage during a production of *King Lear*. Hours later, the world as we know it begins to dissolve. Moving back and forth in time, from the actor's early days as a film star to fifteen years in the future, when a theater troupe known as the Traveling Symphony roams the wasteland of what remains; this suspenseful, elegiac, spellbinding novel charts the strange twists of fate that connect five people: the actor, the man who tried to save him, the actor's first wife, his oldest friend, and a young actress with the Traveling Symphony, caught in the crosshairs of a dangerous self-proclaimed prophet.

OBOC celebrates books written by Canadian authors and creates a sense of community in Waterloo Region through our shared love of reading. People connect by reading and discussing the same book. *Station Eleven* is available at your local library. Free author events will be held from Sept. 22 to 24. Visit [www.oboc.ca](http://www.oboc.ca) for more information about the book, author and updates on special events.

### Retro TV Classics

Have you checked out our Retro TV Show display yet? Take a walk down memory lane with shows such as *I Dream of Jeannie*, *Love Boat*, *Fantasy Island*, *Mork & Mindy*, *Happy Days*, and many, many more. If you don't see your favourite on the shelf, just ask and we will try and get it for you!

### COMING SOON...

#### Book Sale

The Baden Library will be having a book sale from June 2 to 13 at the branch. Drop by and have a look! It's a great time to pick up some books to take on summer holidays.

#### 2015 Summer Reading Club

Summer is on its way! In June, get the information you will need to participate in the 2015 TD Summer Reading Club! Fun for kids ages 3 year and up! We have lots of great programs and activities planned for this summer to help keep your kids reading.

Questions? Contact the library at: 519-634-8933, [badenlib@regionofwaterloo.ca](mailto:badenlib@regionofwaterloo.ca)

You can also visit [www.rwlibrary.ca](http://www.rwlibrary.ca) for more information about library materials, services and programs.

Chris Baechler, Assistant Supervisor  
Baden Branch  
Region of Waterloo Library



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## You Must Be Joking!!



Very shortly it will become compulsory for senior citizens to carry not only their ID, but also their insurance documents, their prescription list, a compact version of their medical file, the statement declaring if they want to be resuscitated after a heart attack, stroke, etc. Consequently, a lot of paperwork will have to be carried when a senior citizen goes out the front door OR when they travel! Specifically for this purpose, a special "Senior USB Stick" has been developed.



Submitted by Robert Price

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## 3<sup>rd</sup> ANNUAL NEW HAMBURG FULL THROTTLE MOTORCYCLE CHARITY RIDE IS IN HIGH GEAR

If you ride a motorcycle, or are just looking for a great event to attend on June 13<sup>th</sup>, then be sure to circle the date on your calendars! New Hamburg Full Throttle (Motorcycle Charity Ride) is in high gear, with hopes that this year's event will be the biggest and best yet. The 3<sup>rd</sup> Annual Charity Ride will be taking place on June 13<sup>th</sup> and will start/end at the Waterloo Arms British Pub in New Hamburg. Riders will take part in a 100km Poker Run Route that will take them to stops throughout Kitchener/Waterloo and Wilmot Township. The \$500 Grand Prize for the best poker hand brings in riders from all over Ontario and even the USA. The \$40 entry fee into the poker run includes a commemorative New Hamburg Full Throttle t-shirt, lunch ticket, and entry into the "best bike on the grounds" competition. Riders are encouraged to take their time while on the poker run, as the event is not a race but rather a day to enjoy being out on the open road. The proceeds from this event will be donated to the local Wilmot Township Volunteer Fire Departments, which will use the funds to purchase an emergency command post tent. For further information or to register for this great community event please visit [www.newhamburgfullthrottle.com](http://www.newhamburgfullthrottle.com)

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## You Must Be Joking!!



### NEVER UPSET A NURSE!

A big shot attorney had to spend a couple of days in the hospital. He was a royal pain to the nurses because he bossed them around just like he did his staff. None of the hospital staff wanted to have anything to do with him. The head nurse was the only one who could stand up to him.

She came into his room and announced, "I have to take your temperature."

After complaining for several minutes, he finally settled down, crossed his arms and opened his mouth.

"No, I'm sorry," the nurse stated, "but for this reading, I can't use an oral thermometer." This started another round of complaining but eventually he rolled over and bared his behind.

After feeling the nurse insert the thermometer, he heard her announce, "I have to get something. Now you stay JUST LIKE THAT until I get back!" She left the door to his room open on her way out. He cursed under his breath as he heard people walking past his door, laughing.....

After about 20 minutes, the man's doctor came into the room.

"What's going on here?" asked the doctor.

Angrily, the man answered, "What's the matter, Doc? Haven't you ever seen someone having their temperature taken?"

After a pause, the doctor confessed..... "Not with a Daffodil."

*Submitted by Robert Price*

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## Be Sensitive to Your Sensitive Pets

By Dr. Rebecca Richer



April showers bring May flowers...and thunderstorms and fireworks! While thunderstorms are sometimes an awesome light display, not everyone in your home may enjoy all the banging. Being a Canada Day baby, I love fireworks, but often our furry friends find these things unbearably scary and this fear can sometimes cause extreme behaviour.

Fear of thunderstorms and fireworks occurs in both cats and dogs, but it is more common in dogs. These fears more commonly arise in dogs that don't experience these things when they are puppies. The fear can be made worse by their family unintentionally reinforcing the fear during the "scary" event. Sometimes the severity of these fears worsen with age or can appear to start later in life.

The signs displayed by pets with this fear can range from panting to hiding to destructiveness and everything in between.

Attempting to prevent these behaviours is well worth the effort. One way to help your puppy deal better with these things in the future is to play recordings of storm sounds for periods of time. Always start at a very low volume and gradually increase. You always want the puppy to appear relaxed while you are doing this.

For our pets that are already displaying these behaviours, there are many things that can be done to help. Most of the treatments are based around behaviour modification. Storm recordings can help, if implemented properly. Pheromone diffusers and collars are also excellent tools for assisting more mild cases. Speaking with your veterinarian is always a good idea; he or she may be able to provide you with suggestions tailored to your specific pet and its fear-induced behaviour.

I hope everyone enjoys their long weekend. If you are planning some at home fireworks, be a good neighbour - let people know ahead of time. That way our furry friends can be a little better prepared.



*Please be responsible when out walking your dog and take your bag and scoop the poop, and dispose in an appropriate place.*

*And remember — it is the law!*



It's summer! Time for camping, hiking and getting outside to play. Don't let those pesky annoying ticks stop you—they can be venomous! Last month we learned how to protect our pets, but don't forget about you! Here's how with a simple homemade solution! *There are many other choices available on Pinterest.*

For you and your family: In a spray bottle, mix 2 cups of distilled white vinegar and 1 cup of water. To make a scented solution so you do not smell like bitter vinegar all day, add 20 drops of your favorite essential oil. Eucalyptus oil is a calm, soothing scent that also works as a tick repellent, while peppermint and citrus oils give off a strong crisp scent that also repel ticks. After mixing the solution, spray onto clothing, skin, and hair before going outdoors. Reapply every four hours to keep ticks at bay, and examine your skin and hair when back inside to make sure no ticks are on the body. *WE must learn about the dangers of ticks and how to avoid them!*

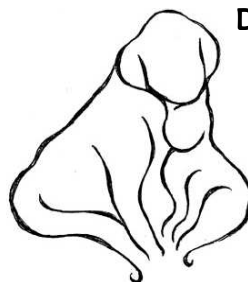


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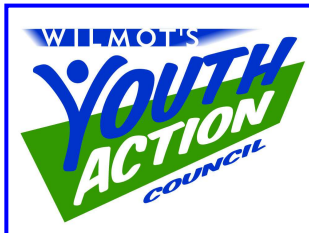
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Well, it's that time of year again: spring is in the air and YAC is wrapping up after a very successful second year! I would like to take a moment to thank each of the dedicated members on this year's Youth and Jr. Youth Action Councils. We have all had such an incredible year and we

have learned so much from each other. I hope to see the familiar faces back next year, and I want to wish our graduating students the best of luck with whatever the next year brings them! General Membership and Executive Applications are available for the 2015-2016 councils on our facebook page or by emailing us directly at [wilmotsyouthactioncouncil@gmail.com](mailto:wilmotsyouthactioncouncil@gmail.com).

Although this year is coming to a close, we still have one more BIG event up our sleeves... THE OUTDOOR MOVIE NIGHT! Come and join us for the free community event at the New Hamburg Grandstands on **Saturday, May 23<sup>rd</sup> 2015** for some family fun with outdoor games starting at 6:30pm. The featured film **Big Hero 6** will air starting at dusk (approximately 8:30pm). This is an admission by donation event, with proceeds going to support the Youth Action Council with their events for the 2015-2016 year. Concessions will be available for purchase at the event, including pop, water, juice, chips, chocolate bars, and of course, popcorn (because you can't have a movie without popcorn)! We hope to see you all there!

We are also looking for volunteers for the Outdoor Movie night from 6:30-10:30pm. Please contact us via email if you are interested.

We will see everyone in September! For now, Happy Spring, Enjoy the Sunshine, and Have a Fantastic Summer!

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*Waterloo Oxford D.S. School has much to be Proud of!*

WODSS participated in the Waterloo Region Powerlifting competition held at Glenview Park Secondary School on Saturday, April 18, 2015. Isabeau Glebe and Payton Hoffstetter won gold in their divisions. Justin Ehgotez, CJ Jovanovic, Thomas Lade and Zac Wagler earned silver, and Chris Williamson won bronze.

Congratulations to all competitors on winning the Overall Best Team title!



From left to right: Isabeau Glebe, Payton Hoffstetter, Justin Ehgotez, C.J. Jovanovic, Jake Milne, Coach Mr. Horn, Zac Wagler, Chris Williamson, Thomas Lade.

**WODSS student, Denisa Suteu, won 3rd place at the Junior Edition of "The Brush Off" at The Museum.**

This art competition consists of 20 local students anywhere from ages 14-19 who compete to complete a painting on any subject matter in 30 minutes. The audience watches as the students create their acrylic paintings and vote for the ones they like the best. The top 10 go to the next round and are given a specific topic to paint in another 30 minutes. Then the audience votes again and the final 6 go through to the 3rd and final round where the students get to paint a topic of their choice. The audience can also bid on the artwork produced by each student and the proceeds go to The Museum. There is a DJ blasting music in the background as the artists compete, and it is a really energetic and fun atmosphere. It was inspiring watching all these artists create their artworks under such time constraints and Denisa did W-O proud, both in her talent and poise.



*Written by: Carol Folino, Visual Art Teacher, WODSS.*

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## Are You OVER IMPROVING your home?

**Question:** Should I build an addition on my current home instead of moving?

Here's a common scenario: you've lived in your home for a few years and over that time your family has grown. You now have three children and are discovering you've outgrown your current space. So you contemplate building an addition, such as a garage for more storage, an extended living area, or perhaps even adding a second story. After all, you want to stay in this neighbourhood because you love the area. Your house is close to schools and you have great neighbours that you have been friends with for years.

**Answer:** This is one possible option, but here are some things you should take time to carefully consider.

It is possible to over improve your home. In this situation, if life circumstances change and you need to relocate due a job change or move closer to your extended family, you will be selling your home unexpectedly. If you have invested in building an addition, you might need to take a loss on the sale. Keep in mind that the sale price of your home needs to stay in line with the price of other homes in your neighborhood. For example, if homes in your area sell for around \$300,000, it would be tough to find a buyer willing to pay \$450,000 for your home, even if this was how much you needed to make to recoup the money invested in renovations.

### Here's an alternative option:

Look at buying a home in a nearby neighbourhood that better suits your family's needs. This would give you the same convenient access to your current school districts and stay close to your friendly neighbours. Newer homes are often built in an open-concept style vs the homes built in the past and they often feature master bedrooms that have en-suites and walk-in closets. These features will be hard to come by in some older homes without making significant renovations. Getting a good price on a newer home can be a great investment for the future.

If you have weighed the options, you may decide that renovation is the best solution for your family. Renovations can be excellent investments. Some types of renovations can be very cost effective and may even make you money if you sell your home.

To find out more about the impact of home improvements, watch for my next article: **Renovating...Best bang for your buck!**



~ Jon Lambert

Check back next month for more *Baden Real Estate News*.

Have any real estate related questions? Contact me at [jonlambert@remax.net](mailto:jonlambert@remax.net)



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## You Must Be Joking!! Shingles are no laughing matter but...



Kevin had shingles. Those of us who spend much time in a doctor's office should appreciate this! Doesn't it seem more and more that physicians are running their practices like an assembly line? Here's what happened to Kevin:

Kevin walked into a doctor's office and the receptionist asked him what he had. Kevin said, "Shingles."

So she wrote down his name, address, medical insurance number, and told him to have a seat. Fifteen minutes later a nurse's aide came out and asked Kevin what he had. Kevin said, "Shingles."



So she wrote down his height, weight, a complete medical history and told Kevin to wait in the examining room. A half hour later a nurse came in and asked Kevin what he had. Kevin said, "Shingles."

So the nurse gave Kevin a blood test, a blood pressure test, an electrocardiogram, and told Kevin to take off all his clothes and wait. An hour later the doctor came in and found Kevin sitting patiently in the nude and asked Kevin what he had. Kevin said, 'Shingles.'

The doctor asked, 'Where?' Kevin said, "Outside on the truck. Where do you want me to unload 'em?"

Submitted by Robert Price

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## Baden Outlook Baseball Pool Stats

Place	Name	PTS	Place	Name	PTS
1	Michelle Roth	72	28	Tyler Naumann	62
2	Peter Woolfrey	71	28	Mike Pajot	62
3	Bob Brydon	68	28	Taylor Randerson	62
4	Amy Papa	68	28	Dave Riddoch	62
4	Al Junker	68	28	Phylis Sisco	62
4	Madiysn Wilde	68	28	Ashley Ferguson	62
4	Brenda Grebinski	68	28	Payton Egli	62
8	Tom Bennett	67	38	Donald Knechtel	61
8	Dallas Diebold	67	38	Kim Same	61
8	Denise Routhier	67	38	Tim Wenn	61
8	Sam Gingerich	67	38	Doreen Dean	61
12	Carson Hammer	66	38	Aiden Kooy	61
12	Rebekah East	66	38	Jessie Gingerich	61
12	Elaine Bechthold	66	38	Xaviar Kasper	61
15	Niki Cook	65	38	Zachary Buck	61
15	Jake Livingston	65	38	Paul Koenig	61
15	Dick Dean	65	38	Paul Morrison	61
15	Steve Roth	65	48	Yule Brenner	60
19	Wendy Held	65	48	Tim Brenner	60
20	Zeke's Hero's	64	48	Chips Vee	60
20	Greg Stoyko	64	48	Alf Crabbe	60
20	Calub Heinbuch	64	48	Nate Roth	60
23	Scott Miller	63	48	Bruce Litwiller	60
23	Michelle Naumann	63	48	Ellie Schmitt	60
23	Heather Dubrick	63	48	Harry Wilde	60
23	Susan Nickolas	63	48	Logan Kleine	60
23	Jack Papa	63	48	Conor Burke	60
28	Greg Zehr	62	48	Ernie Faulhafer	60
28	Isaiah Ruby	62	48	Ryan Boronka	60
28	Adam Schmitt	62	48	Echoe Lambertz	60

**Congratulations to  
Michelle Roth for taking  
the Leader Prize for this  
month's Baseball Pool,  
winning a gift certificate from  
EJ's Baden Hotel**



**The lucky random draw winner is  
Aislynn Gibbons winning a  
Baden Outlook sweater.**

Seen below are the final top ten for this years hockey pool:

Adults		Kids	
1. Phylis Sisco	852	1. Jared Vandervelde	823
2. Wayne Weicker	832	2. Jakob Gingerich	811
T3 Nick Pokorny2	824	3. Evan Bizony	805
T3 Duane Gingerich	824	T4. Aiden Kropf	801
T5 Leanne Kropf	823	T4. Elias Bizony	801
T5 Brad Chard	823	6. Spencer Boshart	798
7 Tim Wenn	822	7. Sarah Miller	797
8 Earl Nickolas	814	8. Rowan Dibben	796
9 Rich Roth	808	9. Noah Lichti	793
T10 Armand Weiler	807	10. Josh Durrer	792



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### Baseball Pool



Hello sports fans—thanks for playing baseball with us! We had 289 pool entries and you can start following your stats which are updated daily on the site. The Outlook draws the stats on the 7th of each month to determine the winners.

To follow the stats, log on to our website at [www.badenoutlook.com](http://www.badenoutlook.com) click on sports pool and select "baseball". Once in the site select login your pool—Quick Access. The pool ID is outlookhomerun with a password of guest. Have Fun and Good Luck!





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Semi-finals: Wellesley Fall Fair, **Tuesday September 15, 2015**, Wellesley Arena

Finals: **Saturday, September 26, 2015** at the Wellesley Apple Butter and Cheese Festival  
(<http://wellesleyabcfestival.ca>)

### WHO CAN ENTER?

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Respond quickly – limited to 20 contestants.

For a registration form containing a complete set of rules please contact:

Wendy at 519-656-2961 or [wrichardson@cwisp.ca](mailto:wrichardson@cwisp.ca)

Kathy at 226-241-9070 or [k.glasser@hotmail.com](mailto:k.glasser@hotmail.com)

Chris Bender, 519-656-2034 or [fbender@sympatico.ca](mailto:fbender@sympatico.ca)



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### You Must Be Joking!!



Earl and Bubba are quietly sitting in a boat fishing, chewing tobacco and drinking beer when suddenly Bubba says, "Think I'm gonna divorce the wife – she ain't spoke to me in over 2 months."

Earl spits overboard, takes a long, slow sip of beer and says, "Better think it over ...women like that are hard to find."



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## Baden Birding ~ "Those Hawks are Killing Our Birds"

By Ken Quanz

We are now well into spring and it is exciting to see the southern migrants back in our neighbourhood. Robins are busily searching the lawns for worms and grubs while Bluebirds and Tree Swallows are gorging on the newly emerged insects. The air is full of birdsongs which delight our ears, with the possible exception of the 4:00 a.m. Robin's cheery call.

I have, however, spoken with a number of people who are not entirely enamoured with the return of some of our migrants, or some of the extremely early hatchlings which are about ready to take flight: I am speaking of the migrant hawks, falcons and their February nesting cousins, resident hawks and owls, all of which tend to feed on other birds and small mammals which are starting to raise their own young.

In some ways there seem to be more predators each year! This is true in the cases of Bald Eagles and Osprey. For many years these magnificent birds of prey were decimated by DDT which caused the shells of the eggs to be abnormally thin and brittle. Eggs broke in the nest before the young could develop. Now, over forty years since DDT was banned in Canada in 1972, Osprey and Eagles are making nests in Waterloo Region. Similarly, Merlins, which belong to the falcon family, are becoming more widespread.

DDT was not the only culprit. Many small and medium sized hawks were shot to protect farmyard fowl. This practice, while illegal, is still happening today, but to a lesser extent. Perhaps this is an extension of the idea that we must control

nature. In fact, the predator-prey relationship is very effective at controlling disease and over-population of many species. In the past several years, the Ontario government has introduced a hunting season for Mourning Doves because their numbers were starting to rise very quickly. As the number of Merlins increase, I believe that they will be more effective at controlling Mourning Doves than a hunting season. I welcome back the Merlins which nested on Louisa Street last year. They seem to be strong and ready to raise another family.

Generally, predators have the added benefit of keeping their prey species healthy and strong. Studies have shown that the predators tend to catch the weak and diseased which are not as quick as their healthy relatives; this helps to keep disease at a minimum.

We know that diseases spread much faster when the population of a species is dense; for example, in a broiler or turkey barn. Farmers make every effort to keep disease at bay by severely restricting access to the property near the barns. However, it is difficult to restrict access to pigeons and sparrows which love to feed on any spilled feed, then nest in any available nook close by. Perhaps a greater presence of hawks and falcons would be helpful in eliminating the majority of diseased wild birds which take advantage of these barns.

So, I welcome back the predators and the prey and enjoy them all. Perhaps we will lose a few of "our" birds over the summer in order to keep the Merlins well fed, but that is how nature works.

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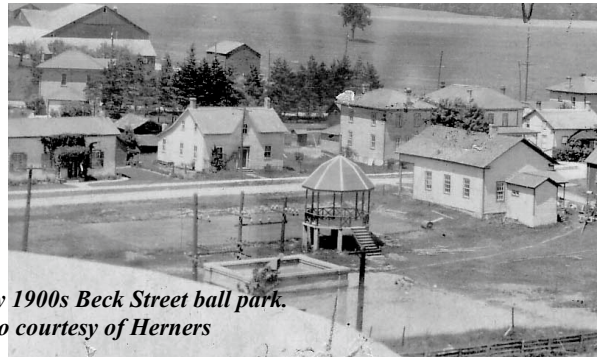
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*Ask Armand ~*



*Cory from Baden wonders:* I've learned that Baden has always been active in baseball—was there ever a ballpark before the one at Sir Adam Beck Park?

*Armand says:* Good question Cory. Yes, Baden had three previous ball diamonds. The first one was at the corner lot at the corner of Beck and Mill Streets in a park that had a gazebo. It was then moved to a location behind Jack Bontaine's Shell station, which was at the corner of Christian Street and Snyder's Road. The Livingstons donated land to the west of Castle Kilbride for a newer, more open ball diamond. The backstop was located at the westerly entrance facing Castle Kilbride and the outfield fences were close to Castle Kilbride. The parking lot was located to the east of the backstop. The park was later relocated to its present location at Sir Adam Beck Park.



*Early 1900s Beck Street ball park.  
Photo courtesy of Hernalers*



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## Improving the Health of our Community ~ Keep Your Kids Close

By Melodie O'Connell MSW RSW



One of the biggest shifts in recent times is the shift from parental influence to peer influence. In essence, for many teens today, their peers have become their primary influence. Teens will turn to their friends for advice, guidance, and support.

Prior to WWII, parents and grandparents provided the most influence to the youth and children of the generation. They would teach culture, family traditions, and values. They would share stories from the past, giving their children a glimpse of the challenges and difficulties that the previous generation had to endure. Children would benefit by having a deeper understanding and appreciation for what they had in their lives, and they would also learn more about their own family history and values. They would go to their parents as a first step when needing assistance.

The shift from parental influence to peer influence began to emerge during WWII, when mothers were required to leave the home and begin to work in order to make ends meet. After the war ended, it became socially acceptable for women to work outside of the home, and in some cases it became a necessity. As it evolved, there became a greater need for others to care for children, and eventually community daycares began to emerge. As a result of this shift, children were spending more time in the presence of their peers, and their peers began to have a stronger influence and guided some of their behaviour. For the first time, youth would more often turn to their peers for approval and acceptance.

Between 1980 and 1992, there was a 120% increase in attempted suicides among 10-14 year olds. Many people have questioned why teen depression is on the rise, and why bullying has become so much more problematic in today's generation. For children and teens who have attempted suicide, the most common trigger was how they were being treated by their peers. Our youth are looking for validation from their peers as opposed to their parents. For many parents, we look at the friends that our children have chosen, and are quite happy when they come from families with good values. However, friends are not able to provide what our teens need. Our youth and teens require unconditional love and acceptance. One of the greatest lessons that we can learn from parents is the concept of self sacrifice. These values and ideologies are nurtured within the parent and child relationship, not within peer relationships.

As parents, how do we compete with this environmental shift? Here are a few suggestions to help re-establish a strong parent-child bond.

- ◆ Create some time to connect with your teen. This can be through a hobby or common interest. Be sure that you are emotionally and physically present. It is important to develop open communication, so they feel that they can be honest with you.
- ◆ Avoid judgement. Our teens need a safe place to share some of their struggles. For many teens, they are afraid to share with their parents for fear of judgement or disapproval. They want someone who can listen.
- ◆ Identify a set of family values. This can be a great activity as a family event. Each person can identify what values they

hold, and what values they would like the family to represent.

- ◆ Sit down as a family once a week, and list some goals. Ask each person how others in the family can support that goal. For example, if one of your children hopes to make a school team, how can other family members help support that goal.
- ◆ Create time each evening to check in with your kids. Ask how their day was, and offer to support them in any way you can. By providing this reassurance, they may choose to come to you, instead of seeking advice from their friends.
- ◆ Encourage self-regulation on social media sites. As parents, it can be difficult not knowing who our kids may be connecting with. We may become angry or upset. We could ask them if their device is helping them achieve their goals, or if it is distracting them from their goals. It is important for parents to also set boundaries in order to model this behaviour as well.

Raising and supporting our teens in today's generation is very difficult. Developing a deep intimate relationship with our teen helps them to grow and develop into healthy human beings. If we are able to meet some of these emotional needs, they may not have to depend on their peers to meet this need.

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## MYTHS VS. REALITY: GET YOUR LAWN OFF TO THE RIGHT START WITH TIPS FROM THE PROS

National Association of Landscape Professionals Issues Tips to Help Homeowners Care for Their Lawns

### Myth #1: You can water your lawn and landscape any time of day.

**Reality:** Water is a valuable resource; make every drop of irrigation count. Watering the lawn in the early mornings or evenings after sunset minimizes evaporation; it's the best time for water to penetrate deep into the soil.

### Myth #2: It's ok to cut the grass very short.

**Reality:** Most landscape professionals advise to never cut more than one-third of the grass leaf at a time. Mowing at a finished cut height of 3 to 3.5 inches tall throughout the summer is generally recommended. The lawn will need less water, will be more resistant to weeds, and will have a deeper, greener color. Use a sharp mower blade to prevent tearing grass blades. A crisp and clean cut will help prevent a "brown tip" appearance.

### Myth #3: It's best to water your lawn every day.

**Reality:** Watering your lawn every three days is better than daily watering. Deep, rather than shallow lawn watering, is recommended to nurture roots. One inch of water to 12 inches of soil is the preferred ratio for watering actively growing grass

### Myth #4: If you want to replace your lawn, you should do it in the spring, when plants get ready to bloom.

**Reality:** The best time to sow seed is in the late summer and early [fall](#) when the temperatures are more consistent and highly competitive weeds, like crabgrass, are at

the end of their life cycle.

### Myth #5: Early spring is the best time to fertilize the lawn.

**Reality:** Since different species of grass prefer nutrients at different times of the year, be sure to use the **correct fertilizer**, at the **right rate**, at the **right time**, and in the **right place**. A slow release fertilizer allows for more even and consistent feeding over a longer period of time than a quick release fertilizer. And remember to use fertilizers responsibly by cleaning up any that lands on streets, sidewalks or driveways where they can be washed away into lakes, ponds, rivers and streams.

### Myth #6: A garden hose is more cost-efficient than installing an irrigation system.

**Reality:** Many landscape professionals recommend installing an irrigation system with smart controllers which have sensors that water when needed. Smart irrigation can offer a cost savings of 15 to 20 percent on water bills. Converting irrigation spray nozzles from sprinklers to rotating nozzles will spread heavy droplets of water at a slower pace, which makes them more targeted and effective.

### Myth #7: You have to irrigate to have a healthy and beautiful lawn.

**Reality:** Grasses are built to endure long periods of drought by entering a state of dormancy. When temperatures and moisture levels are at their extreme, the growing point of the grass plant, the crown, will shut off the grass blades, turning them brown. In almost all instances, once the heat and drought stresses have gone, the crowns will begin to send up new shoots. There's nothing wrong with irrigating to avoid dormancy, but "embracing the brown" for a couple of weeks in the summer is just fine too.

For more helpful tips on taking care of your lawn and landscape, or to get advice on how to hire a landscape professional, visit [www.loveyourlandscape.com](http://www.loveyourlandscape.com).

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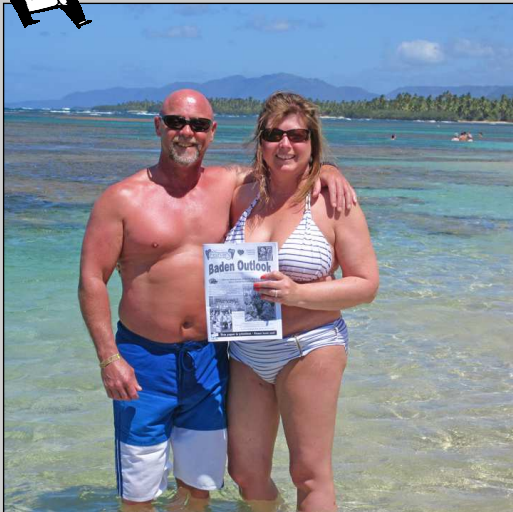
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*Wow! More exciting destinations as The Baden Outlook continues to travel ...*



Craig Gibson and Helene Mayer of Baden took the Outlook with them as they vacationed at the Grand Bahia Principe El Portillo in Samana, Dominican Republic. The highlight of the vacation was when Craig got down on one knee and proposed to Helene at sunrise on the beach. Of course, Helene said, Yes!



Michele LaPointe, Calvin, Madison, Alli and Emma McGrogan, Matthew Hammimg, Robb Johnston and Shawn McGrogan shown with The Baden Outlook at Aquatica in Puerto Rico.



Brian and Irene Allison took the Baden Outlook with them on a river cruise from where they stayed in Australia on the border of Queensland and New South Wales. The boat stopped at the historic Tumbulgum Pub on the edge of the Tweed River, which offered a great view of Mount Warning, symbolic in our area.



Emma and Alli McGrogan showed their rescue dogs in Puerto Rico the Baden Outlook and told them all about life in their new home town!

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Vice President of the Ontario Hockey Federation, Joyce Junker took a few days away from hockey to relax and catch up on the Baden news while travelling with her husband Carl and friends Pat and Paul Diebel to Cay Coco, Cuba.



Agnes Sebastian of Baden took her Outlook to the cherry blossom festival in Japan this spring.



Jim and Nancy Arbuckle, Jim and JoAnne Brodie, and Stewart and Ellen Bowring took their Baden Outlook with them on a vacation to Hawaii.

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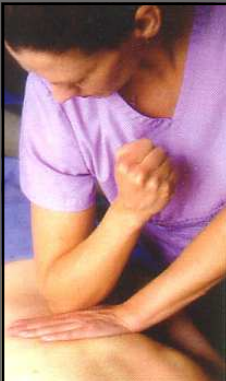
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## “Get It Together” ...with Donna & Rhonda

How do I get the family “on board”??



Having trouble getting your family on board with household chores? We would suggest that you conduct a family meeting and give everyone a chance to talk. Have the whole family work together to brainstorm a plan of action to accomplish household chores.

First of all, list all the chores that need to be accomplished on a daily basis, weekly basis and/or monthly basis. Once the list has been completed, then ask family members to choose which tasks they would like to do. You may need to assign some of the chores that are not chosen. Make a checklist for each family member and put the list in a page protector. This way a dry erase marker can be used to check each chore as it is accomplished. Discuss your expectations until everyone is clear on their responsibilities. At the meeting, be sure to brainstorm some consequences of not following through on the commitment. Some families may need to go the next step and come up with contracts for each family member. The key is to then be consistent in following up on your expectations. It is the responsibility of the parents to make sure there is accountability. It can be difficult sometimes, but well worth the effort!

If you need a “neutral third party” to conduct the family meeting, we would be more than happy to facilitate it. Contact us at [www.heartofthematter.ca](http://www.heartofthematter.ca)

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Spring is upon us and so is the arrival of the gardening season. Raking, lifting, digging, and planting can be strenuous activities. Below are some simple tips that can help you avoid and prevent injury during the gardening season.



1. **Prepare your body for physical activity with a warm-up.** Climbing stairs, marching on the spot, or going for a quick walk around the block are examples of excellent warm-up activities that can be completed in as little as five to ten minutes. Follow this with some gentle stretch exercises such as knee to chest, shoulder, forearm and wrist stretches. Your muscles and joints will appreciate this prior to being asked to do work.
2. **Use the right tools for the tasks to be performed.** Always make sure that tools are a comfortable weight and size for you. There are many ergonomically designed tools which are lightweight, with long padded handles and spring action mechanisms that can reduce strain and effort. Carts and wheelbarrows minimize the need for lifting and carrying, reducing your risk of physical injury.
3. **Proper lifting means bend the knees, keep the back straight and brace!** Use your leg and arm muscles to do the lifting while keeping your back straight. Maintaining the natural and neutral curves of your back is important, as this is its strongest and most secure position. Contracting and bracing your abdominal muscles during lifting improves spinal stability and decreases the chance of injury. Avoid twisting and turning by positioning yourself accordingly. Be sure to lift slowly and smoothly with the load close to your body and do not jerk with your lifts.
4. **Alternate activities and change positions.** Once you begin, take turns alternating between heavy chores such as digging, and lighter less physically demanding tasks such as planting, every 10 to 15 minutes. Avoid prolonged working postures. Changing hands frequently when you rake, hoe or dig prevents muscle strain and joint stress on one side of the body.
5. **Drink plenty of water before, during and after gardening activity.** Dehydration affects your energy level and physical

functioning. Staying hydrated decreases the risks of cramps and strains, and helps to protect joints by providing lubrication and cushioning.

6. **Preparing for the elements and pacing.** Select comfortable, thick-soled, protective shoes that support your arches to reduce joint pain and aching muscles. To protect from sun exposure, apply sunscreen, and wear a wide-brim hat. Wear loose and comfortable clothing. Work at a safe pace and know your physical limits. Stop gardening immediately if you feel chest pain or persistent muscle or joint pain.

In the event that you suffer a muscle or joint injury while gardening that does not subside, you should contact a licensed health professional who deals in the diagnosis and treatment of these injuries. For more information, visit [www.nhwc.ca](http://www.nhwc.ca).

*This article is a basic summary for educational purposes only. It is not intended, and should not be considered, as a replacement for consultation, diagnosis or treatment by a duly licensed health practitioner.*

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It's my desire to start a whole-food revolution. I once lived with the horrible consequences of poor dietary choices. I suffered terribly and I struggled with food addictions that lead to obesity. But when my fuel changed, I healed. I'm convinced that your fuel can powerfully influence your healing too!

Our once highly agricultural culture has lost touch with real food: where it comes from, how it's grown, and the beautiful part it contributes to the cycle of healthy living. The physical, emotional, environmental, and societal implications of these changes are enormous. As more and more beautiful farm land is turned into asphalt and concrete, we lose an intrinsic connection to whole food and how it heals.

I have been inspired by Pam Warhurst, a dynamic, highly engaging (and funny!) presenter from Todmorden, England who created a team of volunteers dedicated to helping make a change in her community. (see [http://www.ted.com/talks/pam\\_warhurst\\_how\\_we\\_can\\_eat\\_our\\_landscapes.html](http://www.ted.com/talks/pam_warhurst_how_we_can_eat_our_landscapes.html))

Warhurst cofounded *Incredible Edible*, an enterprise committed to growing local food planted on unused land throughout her community. With humour and practical insight, she shares how a small dream has become a living and healing reality. This 13 minute video is powerful. You can't watch it and not be inspired to do *something* to help be a part of change. I love her challenge: "If you eat, you're in!" Her message resonates deep within me. *We've got*

*to do something to reconnect people with whole food in our community too!*

Spring is the perfect time to get started. I wonder how many of you have a small plot of land, a spot of backyard, or a few small flowerbeds? It's time to grow some fuel. Anywhere there's soil, there's possibility.

Are there teachers out there that can inspire a school to grow some food? What about a community group that can plant throughout their town or city? (Baden, New Hamburg?) What about parks, rivers' edges, playgrounds lying in wait? Are there sports arenas that have land to help nourish their active families? Let's be creative – the possibilities are limited only by our lack of imagination. We must get the next generation *back to the garden* to see where our food comes from to be inspired to consume more *real whole food...food that heals!* Remember: *Whole foods are foods that heal your body, your brain, and your planet!*

This is not only an opportunity to grow fresh nourishing food, but a way to:

- \*beautify a community with living colour
- \*promote sustainability
- \*motivate a sense of community
- \*inspire and educate the next generation
- \*create healthier soil: more plants = more compost = healthier soil
- \*provide for honey-making bees

The list goes on... Please take the time to watch this short video. Show it to your children; teachers, expose it to your students; provide it to your colleagues, your town councils and community groups. Start to think *wholistically!*

We can easily admit that this idea won't solve all of the world's problems. It is, however, one incredibly powerful step to doing *something positive for our health and for the health of the planet!* If you don't believe me, be sure to ask me to take a look at the five year-old cheeseburger, French fries and "healthy" fast-food bagel sitting in my office. The alternative isn't very appealing.

Be Well! Christine Gingerich [www.optimalYOU.ca](http://www.optimalYOU.ca)

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LYNNE



# Sole Searching ~ Women's Crossword Puzzle ~

(good luck with this guys...but go ahead— give it a try and see if the shoe fits!!)

This crossword describes different shoe styles—some current, some from days past.

## ACROSS

2. thick soled, once worn to gain height
6. classic high heels with closed back, low-cut front
7. shoe or boot with tall thin high heel
8. slip on casual shoe known to store a penny
10. mostly comprised of many straps and buckles
12. flat, soft leather bound; commonly worn as house shoe
13. general term for open style summer footwear
14. open back with strap encircling the heel
16. designed to correct a specific foot ailment
17. athletic shoe related to specific sport
18. solid triangular block heel forms the sole
19. trendy, lightweight, waterproof, molded clog style
20. low shoe with vamp held by strap; often buckled

## DOWN

1. typically canvas or leather with non-marking soles designed for use on a boat
2. has a small hole in front of shoe
3. flat, light-weight thongs
4. flat, close-toed slipper style derived from particular dance
5. low, simple-cut leather casual tie up
9. basic round-toed, with strap across middle top of foot
11. low, white leather tie-up with black side panels
15. outdoor solid lace-up ankle boot
19. slip on heavy shoe; once made of wood

Answers on page 37

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Saturday 9-4:30 / Sunday - Closed

## Grow our Garden of Support for Nepal

Sunshine, warm air, and rain are some of the signs that we look forward to at this time of the year. Many of us can't wait to start working outside and in our gardens. It was the love of flowers, plants, and spring weather that inspired our first Perennial Sale fundraiser 27 years ago.

The fundraiser runs from May 1 to May 30 at the New Hamburg Thrift Centre. We offer a large selection of perennial plants, garden accessories, tools, decorative pots, and more. We welcome your perennial plant donations Monday through Saturday during our regular hours. (Please identify with the plant name and colour if possible.)

Just as we were gearing up to provide our community with a fabulous thrifty garden centre, a devastating earthquake struck in Nepal. MCC has had an active presence in Nepal since the 1950s, with two aid workers from the Kitchener area serving there for the past two years. To help bring awareness to MCC's response in Nepal, the New Hamburg Thrift Centre has created a **Garden of Support** on the front lawn of the store. For every \$25 collected in financial support, another flower will be added to the "garden." Stop by and check it out, pledge any amount of support you can and help us create the wildest flower garden Wilmot has ever seen!

MCC is working with a local organization in a remote area of eastern Nepal, providing food and other essential items to affected families. The support for about 200 families in Okhaldhunga District will assist people whose homes are no longer safe for use and who have less than one week of food available. Priority will be given to female-led households, and households with disabled, injured, or deceased family members. We currently work with eight local partners in Nepal, in 12 districts, on a range of projects – from agriculture and nutrition to education, health, and peacebuilding. Most of MCC's work focuses on vulnerable families in rural areas. Many of these households include migrant labourers and families headed by women.

If you are able to support relief efforts or support the work of MCC by purchasing plants and other items at the store, we look forward to seeing you at the New Hamburg Thrift Centre!

**We're on the Web!**  
Visit [www.badenoutlook.com](http://www.badenoutlook.com)

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## **Help grow a garden in support of Nepal!**

Each time you donate to Nepal Relief, add a flower with your name on it to our growing garden.

**Let's create the largest flower garden Wilmot has ever seen!**

Also support MCC through our **Perennial Sale** on now until May 31



All proceeds benefit  
the work of  
Mennonite Central  
Committee

### **REGULAR HOURS**

Mon-Thurs 9:00 am - 5:00 pm  
Fri 9:00 am - 8:00 pm  
Sat 9:00 am - 4:00 pm

## *You Must Be Joking!!*



A father was approached by his small son who told him proudly, "I know what the Bible means!"

His father smiled and replied, "What do you mean, you 'know' what the Bible means?"

The son replied, "I do know!"

"Okay," said his father. "What does the Bible mean?"

"That's easy, Daddy..." the young boy replied excitedly, "It stands for 'Basic Information Before Leaving Earth.'"

There was a very gracious lady who was mailing an old family Bible to her brother in another part of the country.

"Is there anything breakable in here?" asked the postal clerk.

"Only the Ten Commandments" answered the lady.

While driving in Pennsylvania, a family caught up to an Amish carriage. The owner of the carriage obviously had a sense of humour because attached to the back of the carriage was a hand printed sign... "Energy efficient vehicle: Runs on oats and grass. Caution: Do not step in exhaust."



Submitted by Karin Demmerling



## Local Churches Invite You to Join Them



Please visit [www.badenoutlook.com](http://www.badenoutlook.com) for a directory of local churches.

### WILMOT MENNONITE CHURCH

2995 Bleams Road, New Hamburg, ON

Worship Service 9:30 a.m. ~ Christian Formation: 11:00 a.m

Pastor Dave Roglasky

519-634-5030 [www.wilmotmennonite.ca](http://www.wilmotmennonite.ca)

### ST. JAMES LUTHERAN CHURCH

66 Mill Street, Baden ON

Sunday Worship 9 am / Sunday School

Pastor Joanna Miller

519-634-5191 [joanna.e.miller@gmail.com](mailto:joanna.e.miller@gmail.com)

### Wilmot Centre Missionary Church

2463 Bleams Road—corner of Bleams & Sandhills Road

Services at 9 & 11 am, Children's Worship 11:15 am

Rev. Wayne Domm, Dr. Rob Gulliver, Youth Director Jason Erb

519-634-8687 [www.wilmotcentremc.ca](http://www.wilmotcentremc.ca)

### West Hills Fellowship

Sharing space at St. James Church, 66 Mill Street, Baden ON

Pastor Sean East / [pastor.westhills@gmail.com](mailto:pastor.westhills@gmail.com)

519-634-4993 [office.westhills@gmail.com](mailto:office.westhills@gmail.com)

Sunday School 9 am, Fellowship 10 am, Worship 10:40

### SHANTZ MENNONITE CHURCH

2473 Erb's Road, Baden, Ont N3A 3M3

Pastor: Don Penner/ 519-634-8712

Worship Service - 9:30 am Christian Education - 11:00 am

[office@shantzmc.ca](mailto:office@shantzmc.ca) [www.shantzmc.ca](http://www.shantzmc.ca)

### Livingston Presbyterian Church

44 Beck Street, Baden / 519-662-4949

Hymn Sing 9:45 am ~ Worship to follow at 10 am

Rev. John Deyarmond—519-747-9902

### Steinman Mennonite Church

1316 Snyder's Rd. W. (at Nafziger Rd), Baden

Sunday Worship 9:45, Sunday School 11:00 am

Phone: 519-634-8311 / [www.smchurch.ca](http://www.smchurch.ca)

### Emmanuel Lutheran Church

1716 Snyder's Road East, Petersburg, ON

519-634-5511 [www.petersburgchurch.org](http://www.petersburgchurch.org)

Worship Service 9:30 am / Sunday School

### THE WATER PISTOL



WHEN MY THREE-YEAR-OLD SON OPENED THE BIRTHDAY GIFT FROM HIS GRANDMOTHER, HE DISCOVERED A WATER PISTOL... HE SQUEALED WITH DELIGHT AND HEADED FOR THE NEAREST SINK. I WAS NOT SO PLEASED. I TURNED TO MOM AND SAID, "I'M SURPRISED AT YOU. DON'T YOU REMEMBER HOW WE USED TO DRIVE YOU CRAZY WITH WATER GUNS?" MOM SMILED AND THEN REPLIED.... "I REMEMBER!!"

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or **Elora at 58 Wellington Rd. #7** Phone: **519.846.0090**

**Nomination deadline is June 15, 2015.**

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## Life from the Seat of a Tractor..

An old farmer's words of wisdom  
we can all live and learn by ~



- ◆ Your fences need to be horse-high, pig-tight and bull-strong.
- ◆ Keep skunks and bankers at a distance.
- ◆ Life is simpler when you plow around the stump.
- ◆ A bumble bee is considerably faster than a John Deere tractor.
- ◆ Words that soak into your ears are whispered—not yelled.
- ◆ Meanness don't just happen overnight.
- ◆ Forgive your enemies; it messes up their heads.
- ◆ Do not corner something that you know is meaner than you.
- ◆ It don't take a very big person to carry a grudge.
- ◆ You cannot unsay a cruel word.
- ◆ Every path has a few puddles.
- ◆ When you wallow with pigs, expect to get dirty.
- ◆ The best sermons are lived, not preached.
- ◆ Most of the stuff people worry about, ain't never gonna happen anyway.
- ◆ Don't judge folks by their relatives.
- ◆ Remember that silence is sometimes the best answer.
- ◆ Live a good and honorable life, then when you get older and think back, you'll enjoy it a second time.
- ◆ Don't interfere with somethin' that ain't bothering you none.
- ◆ Timing has a lot to do with the outcome of a rain dance.
- ◆ If you find yourself in a hole, the first thing to do is stop diggin'.
- ◆ The biggest troublemaker you'll probably ever have to deal with, watches you from the mirror every mornin'.
- ◆ Always drink upstream from the herd.
- ◆ Good judgment comes from experience, and a lotta that comes from bad judgment.
- ◆ Lettin' the cat outta the bag is a whole lot easier than puttin' it back in.
- ◆ If you get to thinkin' you're a person of some influence, try orderin' somebody else's dog around.



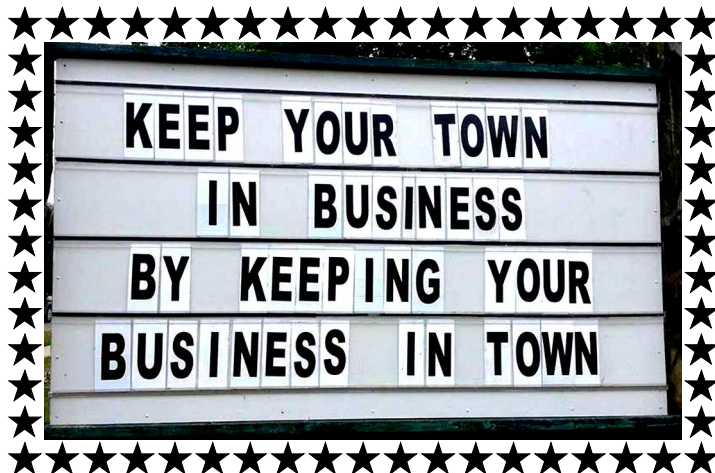
Submitted by Robert Price



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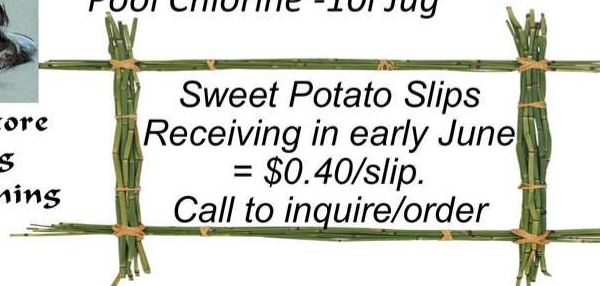
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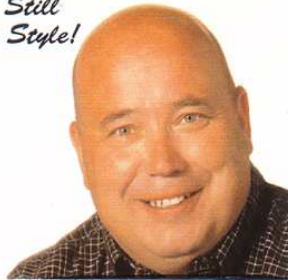


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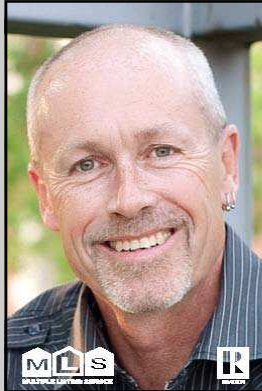
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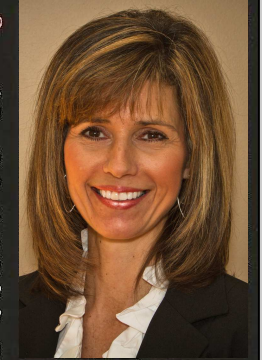


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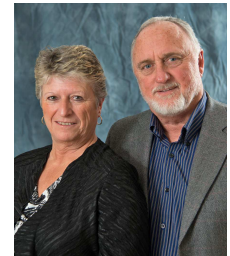
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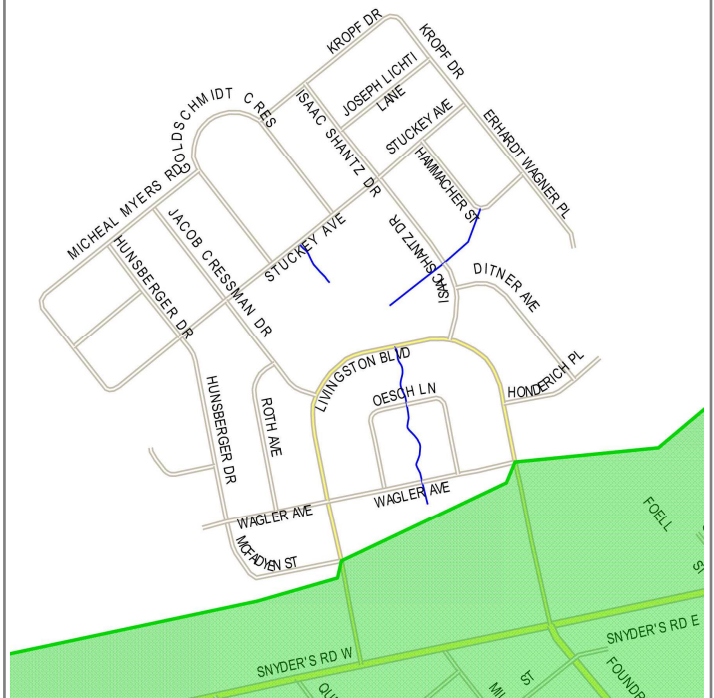
June 30 2015  
Welcome Beer @  
630pm  
Dinner @ 7pm



17 HURON ST  
NEW HAMBURG

## St Agatha Catholic Elementary School is adding Baden to their bus route!!!

Baden parents living in the Castle Kilbride subdivision or Baden North will now have access to free busing for their children who attend St Agatha Catholic Elementary School. This new service is starting in September 2015. The school is noted for its quality faith based education. It is steps away from St Agatha Catholic Church and is ideally situated for commuting parents. The school has an extensive offering of co-curricular activities, has an expansive playground with a full soccer/ football field, baseball diamond, and basketball court. To inquire about the boundary and busing information check ([www.stswr.ca](http://www.stswr.ca)). Drop by the school today.



Don't forget to get out and visit with your neighbours and find some treasures during the Community Garage Sale on Saturday, May 30th!

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## A Celebration of a Lifetime of Music ~ Meet Alfred Kunz

***“To create and direct music was a special gift given to me by the creator and it has been a privilege and my duty to share it with singers, musicians, and the audience”***

There are many talented people that live in Wilmot Township that should be recognized for their abilities. Whether it be sports, literature, music, or other standards - Alfred Kunz is one of those people who are leaders in their crowd!

Alfred Kunz was born in Saskatchewan in 1929, one year after his parents immigrated to Canada from Germany. At age 12 the family moved to Waterloo. Alfred enrolled in the Waterloo Musical Society where he was offered the opportunity to learn an instrument – the clarinet. Several years later the family moved to Kitchener, and with no means of transportation he enrolled at the Kitchener Conservatory to continue his musical journey.

The family never had a piano, so Alfred had to pay 50¢ an hour for lessons and the use of the Conservatory’s piano. Back then, at age 16, the eldest son was taken out of school to work and help with the family income, and the father distributed an allowance to the child. Alfred’s allowance went to the lessons which he hid for some time from his parents. Upon discovering where the allowance was going, his parents bought a \$250 piano for him.

In the late 40s Alfred thought it was time to take his interest in music to another level, so he moved to Toronto. There he took more private lessons, and worked as a life guard and with the harbour police for a number of years. He married, had two children, decided that he would like to enhance his career in music, and moved back to Kitchener where he set up a music studio on Francis Street. There he taught piano and allied theoretical musical subjects. Composing was part of his daily activity.

A friend, who was a member of Zion Lutheran Church, asked if Alfred would be interested in helping the church out musically. Zion Church was ready to move from a gym to their new facility at Westmount and Columbia Street, and they were looking for an organist. In the course of his organist duties and for the dedication of the new church Alfred formed three choirs – adult, youth and children as well as composing new music for the even “I enjoyed creating and recreating the score to give to the singers,” recalled Alfred.

There were many opportunities to utilize his talents from these humble beginnings. In the late 40s Alfred joined the Concordia Club Choirs. Eventually Alfred was appointed director of the Concordia Choirs, a position which he held for 48 years,

retiring two years ago. The Concordia Club were so impressed with his work that they, plus other groups including the government of Germany, subsidized a one year trip to Germany, so that he could develop his skills. From 1964 to 1965 he studied at the City of Mainz Music School and worked with some of the greatest composers and conductors at that time. Alfred was allowed a free run at the opera house where he crafted his directing and conducting skills - it was an experience of a lifetime.

Upon returning to Kitchener, the University of Waterloo was just forming and an opportunity became available as the Director of Music. The one year position became fifteen and he brought into existence an adult choir, chamber choir, a little symphony choir, and a concert band - he directed them all. “At that time at the university I met the greatest treasure of my life – my wife Dana,” exclaimed Alfred – and the two are still together today.

In 1979 the university considered the music program a low priority, so it was discontinued and Alfred became a freelance musician. His career in music never stopped, and he soon founded the Waterloo Regional Police Male Chorus amount other choirs. In 1985 he formed the Nith Valley Singers in New Hamburg and 1989 the Music Alive choir in Kitchener. He conducted four choirs each week for many years.

There are many accomplishments that Alfred has achieved over his career. Here are a few of them: he organized, arranged all music for orchestra, and conducted a 600 voice choir for the very first performance ever in The Centre In The Square on September 20, 1980. Over 30 years, he has taken 12 different groups on two week tours through Europe – he recalls one show in Stuttgart, Germany having four curtain calls. He has taken many groups on tours to the east and west coast of Canada. He was appointed Association Choir Master for the German Canadian Choir Association – a position which he held for 30 years. He was given an Honorary Doctorate from the University of Waterloo on June 14, 2001. A large portion of his musical archives has been donated to Wilfred Laurier University and possibly to Conrad Grebel University College

At age 86, he is still composing and teaching music to many students. On Saturday, May 23<sup>rd</sup> there is a farewell concert, “A Gift of Music - The Journey,” which will be held at Bingeman’s Ballroom. This is an opportunity to see Alfred’s work as he conducts Music Alive and the Nith Valley Singers. He is an incredible talent that Wilmot Township should be very proud of!

Music Alive and The Nith Valley Singer Present

### A Gift of Music



Tickets available at Kathie Jordan Design, Peel St. New Hamburg, Opus II Music Store and Bingemans Convention Centre Reception in Kitchener, Wordsworth Books on King St. in Waterloo and Next Time Around located in Southworks Mall in Cambridge

### The Journey

#### Farewell Concert

Artistic Director/Conductor, **Dr. Alfred Kunz**  
Master of Ceremonies, **Dr. Michael W. Higgins**  
Rinceoiri Celtica Irish Dancers  
Millennium Instrumental Ensemble

**Saturday, May 23, 2015, 7:30pm**

Bingemans Ballroom  
425 Bingemans Centre Drive  
Kitchener ON

### Concert Tickets:

Adults/Seniors \$25  
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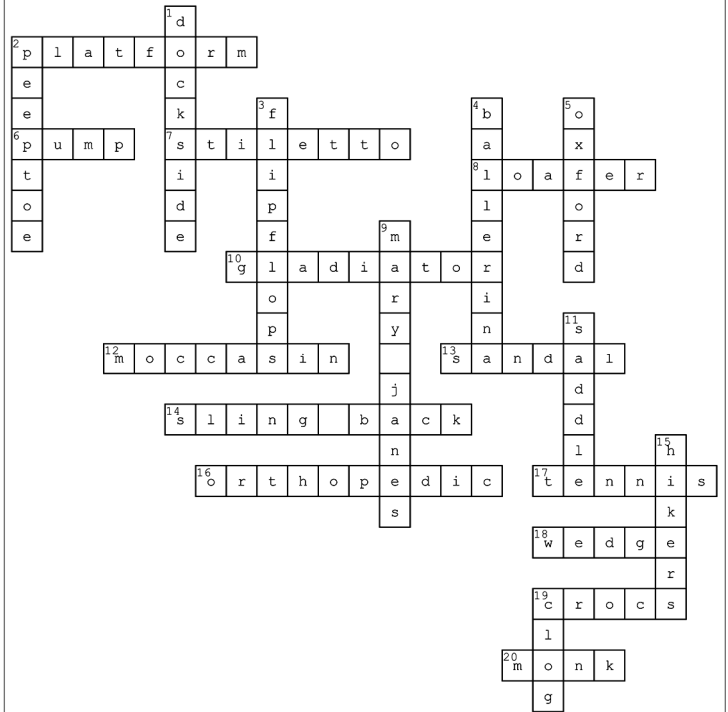


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## SOLE-SEARCHING ANSWERS FROM PAGE 27



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## Thanks to all that supported a successful 28th Annual Silent Auction

On behalf of the Staff, Board of Directors, and clients who benefit from subsidized counselling programs at Interfaith Counselling Centre (ICC), we would like to express a huge thank you to our generous community for the overwhelming support at our 28th Annual Silent Auction held on April 25th. Fundraisers such as the Silent Auction make it possible to provide subsidized counselling so that no one goes without support. Each year, approximately 88% of the counselling services provided at Interfaith are subsidized. Additionally, ICC aims to raise \$45,000

through fundraisers and donations in order to match the dollar value of community grants such as: Region of Waterloo and United Way. Without our communities continued support these programs would not be available. The Silent Auction Committee is thrilled to report that they achieved their target of raising approximately \$20,000, after expenses during the 2015 event. It was important to reach this target, as all other fundraising efforts have been focused on our Expanding Hope Campaign, which is raising funds to renovate our New Hamburg office in order to better serve our community's needs.

The day started out with a fantastic pancake breakfast hosted by our dedicated ICC, and New Hamburg Lion's Club volunteers. The New Hamburg Lionesses hosted a bake sale throughout the day that generated \$1200, and the Ford Test Drive had 95 participants test out Expressway Ford's new line of 2015 vehicles, which helped generate revenue for our subsidized counselling programs. The afternoon consisted of delightful entertainment by Erick Traplin, the New Hamburg Concert Band and Waterloo-Oxford District School Music who graciously donated their time to the event. Avid readers enjoyed the opportunity to purchase used books, which resulted in our sales doubling from last year! Thank you to all of those who donated books to the book sale.

As the Silent Auction came to a close, our dedicated New Hamburg Lions Club assisted with marshalling final bids, and ensuring successful bidders went home happy. Thank you to the New Hamburg Lions Club and Jim Arkell of Cook's Pharmacy for their financial contributions to cover the costs of the facility, and table rentals for the event.

Prior to the day of the event, our Silent Auction Committee led by Chair Vivian Ferguson, along with the dedicated support of Bill Roth, Ann Clarke, Sue Foster, Delmer Bender and Hans Lass, Paul Weber, Roy Bowman and Phil LePage who donated countless hours to organizing the event, eliciting canvassers, hosting item depots and executing the event. Without the support of the committee and their many, many canvassers and volunteers, an event of this magnitude would not have been possible. In addition, thank you to our depot sites for opening your doors to our donations: Baden Optical, South Easthope Mutual Insurance, Massel's Marine, New Hamburg Home Hardware, Wellesley Home Hardware, Dundee Pottery and all the other depot helpers.

Thank you to all who donated, attended, volunteered, bid on items, and expressed their appreciation for having Interfaith in the community. Together we can have a positive impact on improving the emotional wellness of our community, and supporting each other through life's challenges.

**Please join us for Ladies Night Out on June 11th, 2015**

*Lisa Akey, Executive Director - Interfaith Community Counselling Centre*

Interfaith presents.....



# Ladies Night Out

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**JUDY SUKE**



**Thursday June 11, 2015**

**6:30pm-9:30pm**

### Tickets available at

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**WE ARE PROBABLY THE LAST GENERATION THAT WILL REMEMBER WHAT A CLOTHESLINE WAS.**

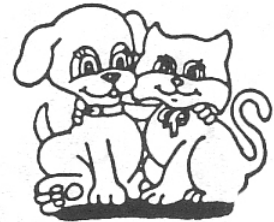
In lots of places they are illegal. And don't forget that long wooden pole (clothes pole) that was used to push the clotheslines up so that longer items (sheets/pants/etc.) didn't brush the ground and get dirty.



THE BASIC RULES FOR CLOTHESLINES: (If you don't even know what clotheslines are, better skip this.)

1. You had to hang the socks by the toes... NOT the top.
2. You hung pants by the BOTTOM/cuffs... NOT the waistbands.
3. You had to WASH the clothesline(s) before hanging any clothes -walk the entire length of each line with a damp cloth around the lines.
4. You had to hang the clothes in a certain order, and always hang "whites" with "whites," and hang them first.
5. You NEVER hung a shirt by the shoulders - always by the tail! What would the neighbours think?
6. Wash day is a Monday! NEVER hang clothes on the weekend, or on Sunday, for Heaven's sake!
7. Hang the sheets and towels on the OUTSIDE lines so you could hide your "unmentionables" in the middle (perverts & busybodies, y'know!)
8. It didn't matter if it was sub-zero weather... clothes would "freeze-dry."
9. ALWAYS gather the clothes pins when taking down dry clothes! Pins left on the lines were "tacky"!
10. If you were efficient, you would line the clothes up so that each item did not need two clothes pins, but shared one of the clothes pins with the next washed item.
11. Clothes off of the line before dinner time, neatly folded in the clothes basket, and ready to be ironed. IRONED??!! Well, that's a whole OTHER subject!

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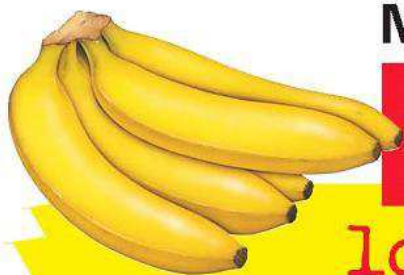
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