

Baden Outlook

*Serving the GBA since August 2000, with 2525 copies in circulation.
"Keeping the Community Connected"*

May 2009

Volume 9, Issue 10

Baden Outlook 101

Inside this issue:

Talking with Ed Baden Outlook 101	2
The Hockey Card Show – Live from Baden	5
Get It Together – With Donna and Rhonda	7
Reflecting Back in the Outlook's 1st 50 issues	10
Gardening with Verda What a Rotten Deal!	12
Baden Street Names Quiz Yes, We're Growing!!	13
Baden Farmer's Market Opening June 6th	15
W-O Making Waves for MS May 23–Family Fun Day	17
Outlook Baseball Pool Stats Are you in the lead?	19
Baden School Community Backyard BBQ–May 28	22
Health & Wellness Page The Calcium Connection	27

THE NEW HAMBURG CLASSIC RACE - MAY 9

To mark the 30th anniversary of the New Hamburg Classic Races, their featured event, the 8K Classic, has evolved into The Hamburger Hill - 7 Mile Road Race. Also included was a challenging 3K for all ages, a free 1K run for kids under 10, and a free 200M dash for kids. There were 250 participants who ran on that drizzly spring morning.



There were 84 runners who finished in the Hamburger Hill Seven Mile Race. The fastest runner was Brian Sharratt from Waterloo. The top runner of Wilmot Township was Joseph Harker from Baden who placed 4th overall .

©2009 The Baden Outlook



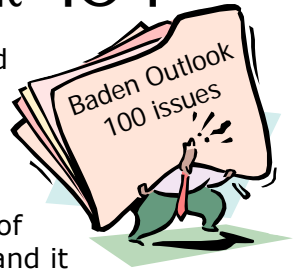
**This paper is priceless!
Please have one!**

Barry & Pat Fisher
178 Snyder's Road East
Baden, ON N3A 2V6
Phone: 519-634-8916
Email: badenoutlook@hotmail.com
www.badenoutlook.com

Talking With Ed

- BADEN OUTLOOK 101

It was a rainy day... The wipers clicked back and forth as the rain bombarded the windshield. Pat and I were listening to "The River" by Bruce Springsteen. We were grooving - makin' it happen, if you are old enough to know what I mean.



The date was Saturday April 18 and we were heading home from an afternoon of errands in Kitchener. I said to Pat, "You know, I think our 100th issue is approaching and it would be fun to celebrate that." We applied a quick calculation and figured that it was **very** soon. "I hope it isn't May - I am not prepared," I mused. Back at home we burrowed into the old papers and realized that our 100th issue was the one which we had just completed - April 2009. Wow - how did we miss this milestone!

Anyway, it seems unreal that we've come this far. Initially our goal was to give it a year or two to see if Baden residents would accept our homemade monthly circular. Advertisers and readers of both Baden and Wilmot Township have embraced it in ever increasing numbers and we thank you all. We continue to be encouraged and motivated.

The interesting (and scary) thing about this project is that Pat couldn't do it without me and I couldn't do it without her. When we started the paper we read that there are three key roles in a business - the administrator (P and B), the dreamer - (B) and the technician (P). Looking back it seems fitting that we have fallen into such specific roles without consciously applying the theory.

Our mission statement from day one has been to "*Keep the Community Connected*" and to create a paper that is light, informative and full of good news. Many publications focus on bad news and we didn't want to add to that - there is already too much media hype out there. Although this puts us in a bit of a bind from time to time when readers call on us to address contentious issues, we hope everyone understands as we shy away from divisive subjects. Whether it be the proposed Go Train Station, the Skate Park, or public school issues, which we agree are important in the community, however we remain focused on accentuating the positive. I think we have been true to our cause.

We have tried to be innovative with the support of some new and some of the old faithful contributors. We also couldn't do it without our editors and writers: Phil and Liz, Teresa, Verda, John, Chris, Mike, most recently Donna and Rhonda - and to the many others - we salute you!!!

The creation of the paper has been one of the most challenging things that we have done (child rearing would be up there). We had barely used the computer and had to make friends with the many publishing programs. Not to mention: Setting up interviews and capturing their story. Writing and planning content with a balance of advertising; printing, billing, website designing, graphic design, managing the advertisers and finally distributing the finished product. And then there are the ethics, printing errors (very humbling), layouts, pricing, computer and printer breakdowns. Time management will always be a challenge, but we're still having fun.

The 101st issue begins a new era for The Baden Outlook. We have recently upgraded with two new printers, which will alleviate breakdown frustrations and hopefully improve our print quality. It has been taking 25-26 hours to print the Outlook, so we'll see how this month goes. We are currently working on a new website which should be up and running shortly. On pages 10 and 11 you will find a condensed version of our first 50 issues with highlights from each year. Next month we will feature the remaining 50.



Until next month...Centennial ED

EXTRA!! EXTRA!!



There are extra copies of The Baden Outlook available at Teddy's Bakery, Stop 2 Shop (Baden & St. Agatha), Old Fashioned Variety (Petersburg), N.H Sobey's, No Frills Short Stop, the New Hamburg and Baden Libraries and various businesses throughout Wilmot Township.

The Baden Outlook is a completely independent publication, not affiliated with or funded by any other printer, organization, individual or commercial enterprise.

Ah Yes - More sun, rest and even some culture as the Baden Outlook continues to travel. Can't wait to see where your summer vacation takes you. Thanks for sharing your holidays with us!!



The Outlook has now been to Playa Costa Verde, in Huguin Cuba twice. Cindy Flannery of Baden was there April 4-11th, for her good friend's daughter, who was married on the beach.



Cheryl and Alf Crabbe took their Outlook with them on their family holiday to the Grand Canyon and Las Vegas, seen at the famous Las Vegas sign as you enter the strip.



*Wesley Van Vlymen visited his sister Jessica this past March Break, and decided to take a little piece of Baden with him. Jessica is currently living in the Netherlands, and Wes looks forward to her coming home in August.
"My first flight too - one of my dream vacation destinations, it was so much fun!!" says Wesley.*

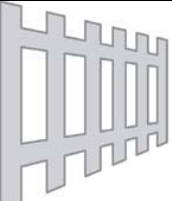


Ken Alischer, Cindy Dickinson and Cathy and Doug Baier took The Outlook to vacation at Hotel Tryp Cayo Coco, Cuba.

HELPFUL TRAVEL HINTS

- ⇒ Pack dryer sheets in your suitcase. Your clothes will smell great when you unpack and have dryer sheets already with you for doing laundry. Dryer sheets can also be rubbed on your body as a good bug repellent!!
- ⇒ Instead of folding your clothes, roll them. Rolled clothes take up less space and practically iron themselves while you travel. Less wrinkles and more space!

Welcome To Baden ...



Heritage Design



Heritage Design moved into its new home at 2951 Sandhills Road as of April 29.

Heritage Design builds and designs decks and fences or will sell all the supplies for a customer to build their own project. Decks and fences are 75 per cent of their business and custom design is a specialty. They have a retail location where all the necessary supplies are available including ornamental railings, chain link fences and a full line of vinyl and aluminium rails. Their long-range goal is to provide a hardware section for any type of renovation.

Heritage Design began their business in 1987 in Kitchener. In December of 2003 they moved to 2222 Snyder's Road, just east of the Sikh Temple where they stayed until this April. Ken Smith, owner of *Heritage Design* was delighted to find a new Baden location in which they have doubled their square footage.

Heritage Design employs seven people year round and adds seasonal help as needed. Many of their staff are long-term employees and provide plenty of experience to each job. Their phone number is 519-634-9529 and their web site is www.heritagedesign.ca.

Let US Help Take Care of YOU!

Mariko Ogasawara

Registered Reflexologist **519-634-8935**



Reflexology: Relieves tension
Improves circulation
Promotes natural healing

Reflexology Association of Canada
Reflexology Registration Council of Ontario



New Hamburg Wellness Centre

DR. JOHN A. PAPA, DC
SHEILA REINHART, RMT
MICHELLE CULBERT, RMT

148 Peel St., Unit 10,
New Hamburg
519-662-4441

VISIT US ON THE
WEB AT:

www.nhwc.ca

- CHIROPRACTIC CARE
- ACUPUNCTURE
- MASSAGE THERAPY
- ORTHOTICS
- NUTRITION & EXERCISE PRESCRIPTION

LIVE WELL

MASSAGE THERAPY, ION DETOX, CUSTOM ORTHOTICS

Sarah M Scott, R.M.T.

BY APPOINTMENT ONLY
519.634.9819

26 FOUNDRY STREET, UNIT 1
BADEN, ONTARIO, N3A 2P6



Call Kathy for an
appointment at
634-5772



Shop Hours

Mon., Tues. 9:00-5:00
Wednesday Closed
Thursday 9:30-8:00
Friday 9:00-6:00
Saturday 8:30-2:00

75 Snyder's Rd. W., Baden

With
Over 12 Years Experience
Specializing In..

- * Gel Nails
- * Facials
- * Manicures & Pedicures
- * Waxing
- * Eyelash & Eyebrow Tinting

Call Carrie
for an appointment
519-634-8436

White Orchid
Skin Care &
Nails



The Hockey Card Show - Live From Baden

Baden resident Justin Kendrick, originally from Burlington, was following American social media - Internet celebrity, Gary Vaynerchuk, last fall. During his show he challenged viewers to create their own sports card show on the World Wide Web telling followers that it was a fun and easy way to start a business. Justin thought it was a pretty neat idea so he launched his own show in November of last year focusing on hockey.

The idea of the program is to open sealed decks of hockey cards from as early as 1991 with about ten to fifteen cards for each person while having a few of their favourite beverages. The program is unrehearsed and comments are made about each card including stats and stories about the players. It is uploaded each Thursday and at this point they are on number 33. Each show lasts approximately 30 minutes.

Gary Vaynerchuk saw Justin's second show and was pleased that someone actually listened to him. Gary also ran a link to Justin's show from his Twitter site. The result was that his viewers jumped from 20 to 800 overnight. Justin did the first three shows on his own but with the numbers running high he thought it was time to recruit a co-host. "His friend Ron, a Milton resident, sat in for a few shows but left due to other commitments. Enter Darrin Reynolds, a Kitchener resident, originally from Belleville who has some deep emotions about his hometown as he often tries to mention players who are from there and/or played there at one time. "Today the viewers range from a minimum of 250 to a maximum of 1,300 but it's usually around 600 to 800.

There are many great tandems in the entertainment world: Johnny Carson and Ed McMahon, Ron Maclean and Don Cherry and Bob and Doug Mackenzie. Like them, The Hockey Card Show's two hosts Justin and Darrin work together well. Darrin is the stats man with his knowledge of trades, points, and history while Justin always manages to come up with a relevant story. There are some formats that they adhere to such as: if two player cards are pulled on the same session - then that calls for a shot of liquor.

The pair has been fortunate to have corporate



Justin & Darrin

sponsors. Upper Deck contacted the guys to run a single show for them on Hockey Card Day in Canada. Upper Deck and Ice Hot Hockey has supplied the pair with cards and Molson's has supplied a composite hockey stick as a prize for the "Molson Canadian Beard Off". Another contest was "Make a Spoof of Our Show" sponsored by McDonalds with someone from Atlanta winning the prize.

All and all, it is two guys having fun. "If anything comes out of it, then that is a bonus" they said. To watch the show visit www.thehockeycardshow.com or see them on twitter at twitter.com/hockeycardshow or twitter.com/dink9966 and enjoy.

Kristen Hahn

81 Peel St. New Hamburg, ON N3A 1E7
Ph. 519-662-3535 Fax. 519-662-1110
info@uppercasebooks.ca www.uppercasebooks.ca

BADEN
DENTAL CLINIC

Dr. Rick Pereira
BSc, BA, DMD

For an appointment, please call
519-634-1112
26 Foundry Street, Baden

Nancy & Dr. Rick Pereira

- ❖ Emergency patients always welcome
- ❖ Evening appointments available
- ❖ Complete family dental care

Conveniently located close to home

We welcome new patients

Baden Branch Library News



The 2009 One Book, One Community selection is *The Book of Negroes*, by Lawrence Hill. The powerful story of a young African woman's struggle through slavery into a life of dignity and hope is the book to read in Waterloo Region. Participate in events throughout the summer and hear the author read in September. Check our website at <http://oboc.ca> for more information and complete event listings. Our region reads! Place a hold on the book today! For more details, contact Katherine Seredynska or Lisa Gayhart at 519-575-4590, or email libhq@region.waterloo.on.ca.

The Book Hoggers' (aka Kids Book Club) final meeting of the year will be held on Thursday May 21 from 4:00 – 4:45 p.m. Come out and celebrate a great year of reading and fun times at the library!

It is very important to bring your library card with you EVERY time you visit the library.

With a variety of library staff working at the Baden Branch, presenting your card makes our job of helping you much quicker and easier.

A library card is a very valuable item. Not only does it allow you to use all the resources of our library system, and other libraries as well, but library cards are being used for proof of identity by many government and other agencies and services. It is important for library users to show their library cards when using library services, renewing memberships, using the Internet, etc.

A library card should be treated like a credit card - protected, not shared, and shown when required. **You are responsible for everything borrowed on your card, which can be several hundreds of dollars worth of materials.**

Coming soon.....exciting news about the 2009 Summer Reading Club!

Contact the library at 519-634-8933 or by email at badenlib@region.waterloo.on.ca for more information. Up-to-date information is also available on our website: www.rwl.library.on.ca

Submitted by Chris Baechler, Assistant Supervisor, Baden Branch Library

 *All Flowers & Charm*
Flower Shop

Melissa Rabbets
(519) 662-2062 1-888-291-2221
www.allflowersandcharm.ca
129B Peel Street, New Hamburg, ON N3A 1E7
Keeping New Hamburg Blooming

HIGH FINANCE

Submitted by Robert Price

Young Chuck in Alberta bought a horse from a farmer for \$100. The farmer agreed to deliver the horse the next day. The next day the farmer drove up and said, "Sorry son, but I have some bad news... the horse died."

Chuck replied, "Well, then just give me my money back."

The farmer said, "Can't do that. I went and spent it already."

Chuck said, "Ok, then, just bring me the dead horse."

The farmer asked, "What ya gonna do with him?"

Chuck said, "I'm going to raffle him off."

The farmer said, "You can't raffle off a dead horse!"

Chuck said, "Sure I can, Watch me.. I just won't tell anybody he's dead."

A month later, the farmer met up with Chuck and asked, "What happened with that dead horse?"

Chuck said, "I raffled him off. I sold 500 tickets at two dollars a piece and made a profit of \$998."

The farmer said, "Didn't anyone complain?"

Chuck said, "Just the guy who won. So I gave him his two dollars back."

Chuck grew up and now works for the government.

He is the one who figured out how this "bail-out" is going to work.



RIVERSIDE LANES



182 Union Street, New Hamburg

REASON #9 TO GO BOWLING

4 tickets to the movies cost what - Over \$40
4 bags of popcorn and drinks also cost around \$40, right? Then there's always the chance that your family has to sit through a movie they won't like.

Well, why not bring the family bowling? There are hundreds of reasons to **GO BOWLING!** Like affordable entertainment that's fun for everyone! It's something active that everyone will enjoy!

Just another reason to GO BOWLING!

Public bowling available Friday, Saturday and Sunday - cosmic or regular!

Call now to book your lane at 519-662-1938

"Get It Together" ..with Donna & Rhonda

We continue our "trip around the house" and this month bring you organizing tips for the bathroom!



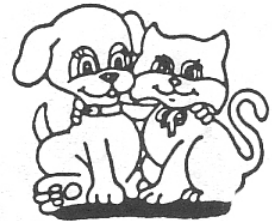
This is usually a fairly small room, so be selective about what you store in this area. If you have a medicine cabinet, consider attaching a magnetic strip to the inside of the door. This is a handy place to store tweezers, nail clippers, nail file etc.

Are the family's wet towels overtaking you? Why not have each person carry their own towel back and forth from the bathroom with them. Its "home" can be on a hook or bar on the back of their bedroom door. A single towel dries much more quickly and each person is responsible to see that it is taken from the bathroom after a shower or bath and responsible too for getting it in the hamper on wash day.

Ladies....take a few minutes and sort through all of your make-up and skin care items. Toss out those that you no longer use. Put your "every day" items into a container in the drawer or cupboard. This will allow you to quickly access what you need rather than searching through lots of items that you rarely use. Those "special occasion" items can be stored in a separate container so they are still handy when you need them.

To learn more about "Getting It Together", visit us at www.heartofthematter.ca
In order to live a life of purpose

Nith Valley Animal Hospital



**FULL VETERINARY SERVICES
FOR YOUR PET**

**78 Huron Street, New Hamburg
Phone: 519-662-2749**

24 Hour Answering for our clients.

*Please support the
advertisers of this paper.*

***We couldn't do it
without them!!***

*Submissions are due on the
1st of each month.*



TEDDY'S **BAKERY** Restaurant • Variety

Ryan & Stacy Waters
55 Snyder's Road W., Baden
519-634-5225



POSTAL OUTLET * LOTTERY * GROCERY
RESTAURANT * PHOTOCOPY * FAX
MOVIES * ICE CREAM * DRY CLEANING
FRESH BAKING DAILY!!

Coming Soon!!



Fresh Strawberry Pies, Tarts & Short Cake



*Take a stroll to Teddy's for
Scooped Ice Cream and
Ice Cream Cookies*

*Book your Wedding &
Party Catering with us!*



.....
**Restaurant open Seven Days A Week
Offering Dinner Wednesday-Saturday**

LYDIA'S BOOKKEEPING & INCOME TAX SERVICE

*20 Years + Experience (Open Year Round)
Monday to Friday 9-4 or by appointment*

*Affordable & Professional Services with Reasonable Prices
Free Pick - Up and Delivery*

**(519) 662-1857 Fax (519) 662-2166
90 Wilmot Street, (attached to the Waterlot) New Hamburg**

Sisters

PAINTING AND DECORATING

**INTERIOR/EXTERIOR * FAUX FINISH
Call for Free Estimate
Quality Work - 20 Years Experience**

Call Debbie (519) 662-6210



Schweitzer's PLUMBING CENTRE

1768 Erb's Road W., St. Agatha, ON N0B 2L0

ANNUAL SIDEWALK SALE

UP TO 80% OFF!

SATURDAY MAY 30, 9 am - 3 pm

Faucets, Vanities, Tubs, Shower, Shower Doors,
Kitchen & Bathroom Sinks, Toilets, and
Bathroom Accessories.

Across from Angie's Kitchen

747-1819 / 746-3750

...Or visit us at www.schweitzers.ca

Whoever said that the hardest of part of being a mother is labour and delivery - has not yet watched her "baby" get on the school bus for the first day of kindergarten.

Baden Welcomes Baby Holden Brown



Leanne & Ken Brown of Erbach Crescent are delighted to welcome Holden James Benjamin Brown, born March 14, 2009 - 8 lbs, 14 ounces. As first-time parents, they extend warm thanks to Baden friends and neighbours for all the support and encouragement!

DESIDERATA

Go placidly amid the noise and haste,
and remember what peace there may be in silence.
As far as possible, without surrender, be on good terms
with all persons.
Speak your truth quietly and clearly; and listen to others,
even to the dull and ignorant; they too have their story.

Avoid loud and aggressive persons, they are vexations
to the spirit.

If you compare yourself with others, you may become
vain and bitter, for always there will be greater and
lesser persons than yourself.

Enjoy your achievements as well as your plans.

Keep interested in your own career, however humble;
it is a real possession in the changing fortunes of time.
Exercise caution in your business affairs, for the world is
full of trickery.

But let this not blind you to what virtue there is;
many persons strive for high ideals,
and everywhere life is full of heroism.

Be yourself. Especially do not feign affection.

Neither be cynical about love;
for in the face of all aridity and disenchantment
it is as perennial as the grass.

Take kindly the counsel of the years,
gracefully surrendering the things of youth.
Nurture strength of spirit to shield you in sudden
misfortune.

But do not distress yourself with dark imaginings.
Many fears are born of fatigue and loneliness.

Beyond a wholesome discipline, be gentle with yourself.
You are a child of the universe no less than the trees and
the stars; you have a right to be here.

And whether or not it is clear to you,
no doubt the universe is unfolding as it should.

Therefore be at peace with God, whatever you conceive
Him to be.

And whatever your labours and aspirations,
in the noisy confusion of life, keep peace with your soul.
With all its sham, drudgery and broken dreams,
it is still a beautiful world.

Be cheerful. Strive to be happy.

Submitted by Jane Leis

Whoever said it takes up to six weeks to get back to normal after delivery, didn't know that once you're a mother "normal" is history!

STOP2SHOP

118 SNYDER'S ROAD EAST, BADEN / 519-634-5269

Enjoy these coupons - Our way of saying "Thanks" to you!!

Parlour Ice Cream

2L \$2.99



Coupon Expires June 30

BBQ Propane

\$4 off



Coupon Expires June 30

Milk

4L \$1 off



Coupon Expires June 30

Deli

20% off



Coupon Expires June 30

Humpty Dumpty
Any Size—With Movie

\$1.99



Coupon Expires June 30

Movie Rental
Monday, Tuesday, Wednesday

99¢



Coupon Expires June 30

Bag of Ice

\$1.49



Coupon Expires June 30

Slush Puppie

Buy 2 get 1 free!



Coupon Expires June 30

A Glance Back at the First 50 Issues



April 2009 marked the 100th issue of the Baden Outlook. Here are some interesting subjects and incidents that happened during our first 50 issues. We will feature the next fifty in our June issue.

2000 – Our first issue (August) was 625 copies -12 pages and by the time the year was out we were printing 775 copies and 16 pages. The first five issues were delivered by foot to all Baden residents, but with the onslaught of winter we felt it wise to use Canada Post and have everyone in Baden receive a copy in their mailbox (providing you don't have a "junk-mail" block). Phil and Liz offered to proof-read / editing for us and have devoted their time ever since (*100 Thank You's to you*). Our first issue featured the 150th anniversary of Wilmot Township and the parade. Wolfgang Wurzbacher was our first writer with his fun, informative column "The Other Side". Staples printed our paper until April 2005 when we purchased our own printer.

We were featured in the September 2 issue of the Kitchener-Waterloo Record. In September Erb Transport started sponsoring our "Community Events" page. Noteworthy articles of our first year included: Is the Castle Haunted, the History of the Baden Cheese Factory and the Baden Library, and how Baden was named.

2001 – In January we printed 800 copies - 14 pages and by December we were printing 1,150 copies and 16 pages. February we began our first Wilmot drop-off to the

New Hamburg Library; July we hosted the Music in the Park with four great local bands; June our computer crashed one week before printing (*yo - wake-up call to actually back-up*). We hosted our first hockey pool with 26 entries (2009 we had 521). These are the memorable articles in 2001: Recollection of the Snowstorm of 47', Ed's interview with Ted Leonosis (owner of AOL and Washington Capitals), Doctor Robert Barton long-time Baden doctor and Ken Gingerich – Baden inventor. We started a series introducing Baden Firefighters and featured the history of Harts General Store (now Teddy's).

2002 – January we printed 1,150 copies - 16 pages and in December we printed 1,300 copies with 18 pages. Kyle Young from Waterloo Regional Library started contributing articles in January, Councillor Jeff Gerber in February, Mike Lorentz began writing articles about the Castle in March and Verda Cook began writing her gardening articles in May - and continues contributing to the paper (*Thank you Verda*). We hosted our second Music in the Park in September and were honoured with a "Citizen of the Year Award" in the culture class. We stopped delivering the rural route around Baden in March, and by April the paper was available online on the Wilmot Township website.

Noteworthy articles for this year were: Interesting People - Harley Herner, Mayor Wayne Roth, and Chris Martin, "*Notes from the Attic*" featured the history of Baden

*30 Years Helping People Move in
Baden, New Hamburg, Wellesley & K-W*

RE/MAX Twin City Realty Inc., Brokerage

Peter Gingerich

sales person

peter.gingerich@rogers.com

519-662-4955

106 Huron St., New Hamburg

each office independently owned and operated



**Anything less
is second best!**

Telephone, the Spring Creek, the Honderich family, Shirk and Snyder Mills and introduced the Wilmot Heritage Fire Brigades.



2003 – January’s issue had 1,325 copies - 18 pages and by December we had 1,500 copies with 18 pages. We created a fun game board of the town “Badenopoly” and in October we reproduced a map by Noah Steinman of all homes, stores, barns etc in Baden in 1929 including residents’ last names.

Noteworthy articles included: the History of Baden Scouting, Baden Pessimists, Bontaine’s Lunch, EJ’s Tavern, Baden Softball 1930 to 1950, Baden Electric Chick Hatchery, and Aaron Steinman – ventriloquist. Our interesting people included: Ralph Shantz, Baden’s own Baron Von Brokau (pro wrestler), Noah G. Steinman, Dave (Elvis) Starr, Erick Traplin and “Schwartzzy” Baden’s foul mouthed crow.

2004 – January we printed 1,500 copies-16 pages and November our 50th issue we printed 1,600 copies with 20 pages. For the first time in 45 issues we took July off to relax and enjoy the summer – and have continued since. John Papa contributed his first article in February and is still with us (*Thanks John*)! Noteworthy articles for this year included: the History of the Weiler Cigar Box Factory, Baden Public School SS#13, North Wilmot School, Spongy Lake, Kuntz General Store and the Wilmot Roads Department. Interesting people featured were Peter Quantz – choreographer, Sir Adam Beck, Ruth Leis, Theodore Deitrich and Mary-Eileen McClear – Baden storyteller.

**FOXBORO GREEN COMMUNITY
BI-ANNUAL GARAGE SALE**

**SATURDAY MAY 30
8:30 TO 3:00**

1 MILE EAST OF PHILIPSBURG NEXT DOOR TO
FOXWOOD GOLF COARSE ON ERB’S ROAD

70 PARTICIPATES REGISTERED

**COME ON OUT, VISIT
AND FIND YOURSELF
A TREASURE - THERE IS
SOMETHING FOR EVERYONE**




JEFF / BRAD KNIPFEL

Property Maintenance Specialists
519.634.8752 • 519.662.4598

- * **Resists Ultraviolet Rays** - These rays from the sun cause the pavement to deteriorate. They break down the links between carbon bonds in the asphalt, causing the pavement to crumble. Regularly applied sealcoats prevent ultraviolet rays from penetrating pavement.
- * **Resists Oil and Gas Spills** - This is especially important on driveways where cars are often parked or worked on. Gasoline or oil will soften asphalt concrete. By filling surface voids, sealcoating also reduces the depth to which oil and gas can penetrate the pavement.
- * **Prevents Oxidation** - Asphalt pavement begins to deteriorate almost as soon as it is placed. As the pavement is exposed to oxygen, the asphalt binder (tar) hardens. This hardening in time results in a brittle surface that will eventually crack. The cracks enable oxygen and rainwater to penetrate the pavement, often into the subbase, weakening it and reducing pavement strength. Sealcoating protects the surface and fills surface voids, reducing the pavement’s exposure to oxygen and water, and extending pavement life.

HAIRWORKS

*Did you know that we carry
AG Products? ...
100% Canadian Haircare Products*

36 Snyder’s Road E, Baden 634-5140



**Baden
Veterinary
Hospital**

Dr. Rebecca Ricker & Associates
50 Foundry Street
Baden ON N3A 2P6
519-634-8880

- In house laboratory
- Surgery
- Preventive Medicine
- Prescription Diets
- X-rays
- Dentistry
- Grooming
- Puppy Classes

New Clients Welcome!




Gardening with Verda... WHAT A ROTTEN DEAL!

Growing up in a small village, I recall everyone had a compost heap at the edge of the garden. It wasn't housed in an elegant box or bin. No one tried to hide it. Composting was a natural part of the lifestyle. There were no elaborate landfill sites and no recycling depots for villagers' use. Then again, there was no need for these since almost everything was recycled at home. Coffee grounds, dust from vacuum cleaner bags, ashes from coal / wood-burning furnaces, tea leaves, newspapers - all found their way to the compost heap. My grandfather had a motto which he frequently quoted, "What comes out of the earth must go back into the earth."

Composting is an ancient practice. It is a simple concept. The ingredients of a compost heap have remained very similar over the centuries. The basic principles of compost making are few. The compost heap/bin should be located in a semi-shaded area to prevent rapid evaporation. The material to be composted is placed in layers, the thickness of each layer depending on the coarseness or thinness of the material. Spread each layer on the pile, making sure the top layer is concave in the center to catch rain water. Dampen the pile for a few minutes with a hose, then top it off with a two-inch layer of garden soil.

These alternate layers should consist of vegetable pieces and parings, fruit cores and peelings, grass clippings, garden plants that are no longer productive, soft vine clippings, leaves (shredded), pine needles, coffee grounds and tea bags. Shredded paper, nut shells and paper towels can also be added. If weeds are to be used, be sure no seed heads are included. All leaves and vines to be composted should first be shredded to hasten the decomposition process.

Egg shells can be added to the compost but should have the thin white membrane inside removed. This membrane emits an odour which attracts raccoons, skunks and rodents - unwelcome visitors to your compost site.

Some brown leaves and other soft brown/dry plant material should also be included in the compost mixture. This "brown" material adds essential carbon to the compost.

Shredded leaves should be applied in layers about six inches

deep. Grass clippings applied three to four inches deep. There is no need to purchase a special shredder. The lawn mower is quite capable of shredding these materials.

Compost should be moist but not wet. Turn the pile over, using a pitch fork, after four to six weeks bringing the outside material into the center. A second turning in another four to six weeks will help speed the process but is not mandatory.

If using a small backyard/kitchen composter supplied by the Region, stir the contents at least once a month. Be sure to add water occasionally. These materials require moisture to aid in the decomposition process.

There are a number of items that should never be included in the compost. These items are: meat products of any kind; bones; grease/fat/oil; dairy products; fertilizers; pesticides; chemical cleansers; plastic; metal; feminine hygiene products; tin foil and diseased plants.

Here is a trouble-shooting guide to assist you in avoiding problems.

1. If the compost has an unpleasant odour, too much nitrogen is present. Add more high carbon material such as straw, pine needles, grass clippings then aerate the compost.
2. If the compost becomes compacted, loosen the material with a pitch fork to aerate.
3. If compost heap has become water logged due to excessive rain or over watering with a hose, add dry leaves or saw dust to soak up the water. Then aerate.
4. If the heap is dry, try poking deep holes in the pile before watering. The center requires water for decomposition.

When we had a compost heap on our country property, we avoided adding corn stalks, corncobs pine cones and oak leaves to the pile. These materials decompose very slowly and will still be "green chunks" when the rest of the compost is ready for use.

As compost cannot burn or otherwise injure plants, it is one of the best forms in which to supply plant food.

SOLD

cell 519 591-7191
bus. 519 662-4900
fax 519 662-4911
troyhoerle@rogers.com

Troy Hoerle
Sales Representative

www.peakrealestate.com

PEAK
REALTY LTD., BROKERAGE

90 Peel St. Unit C, New Hamburg, ON, N3A 1E3

micrologics

affordable in-home computer service

PC and Mac repairs, virus cleanup, networks, consulting and more!

Office: 519-342-3480
eMail: service@micrologics.ca
Web: www.micrologics.ca

Petersburg, Ontario

Test your knowledge of Baden by Street Names... Yes, we've grown, some are obvious—some are new - Good Luck!

Answers on page 18

B _____	H _____
B _____	H _____
B _____	H _____
B _____	L _____
B _____	L _____
C _____	M _____
C _____	M _____
C _____	O _____
C _____	Q _____
D _____	S _____
E _____	S _____
E _____	S _____
F _____	S _____
F _____	S _____
F _____	T _____
G _____	V _____
H _____	W _____

Attention ALL Badenites!!

This is an advance notice that the Baden Community BBQ, which is held on the last Thursday (the 27th) of August, each year, will be strictly advanced ticket sales this year.

THERE WILL BE NO TICKET SALES AT THE GATE.

PRICES ARE AS FOLLOWS:

Adults - \$10, Children 5-12 - \$5 and children under 5 are FREE!!!

Tickets will be available at participating local merchants for your purchase from July 20 until August 20.

Mark your calendars and be sure to get your tickets to avoid disappointment.

Prizes, entertainment, music and lots of FUN for everyone!
See you there.



Whoever said being a mother was boring, hasn't sat next to their teenager in the car with their drivers permit.



ATTN: "FARMERS"



FOR ALL YOUR GRAVEL AND GRADING NEEDS



KEITH LEIS - Home: 519-662-2368
- Cell: 519-501-4826



**NEW HAMBURG
SNOW REMOVAL - PLOWING**



DON BARRON - Home: 519-343-2930
- Cell: 519-502-1445



**FOR ALL YOUR
EXCAVATING NEEDS**

FREE ESTIMATES

Call Anytime Monday - Saturday

In Touch with the NH Thrift Centre

A Growing Idea!

What started as a simple discussion between two managers about gardening and local food has grown into the idea of a garden project. What started as a small plot of mowed grass is growing into a fruitful garden with rich soil. Nurturing ideas, souls, and bodies is the foundation of this endeavour.

The New Hamburg Thrift Centre has started on a new local project to raise funds for Mennonite Central Committee*. Since Mennonite Central Committee has a long history of addressing issues relating to food security and food injustices, it seemed to be a natural fit. The hope is to use the garden as an example to our community of how easy it is to grow nutritious vegetables with little cost. It also provides a more productive purpose than simply mowing grass.

This project builds on the success of the Annual Perennial Sale, a project that has capitalized on naturally multiplying plants, and one that has grown into a perennial garden centre generating over \$15,000 a season. The idea is similar in that a produce stand will be available outside the store throughout the growing season. Donors are welcome to bring in their own home garden excess to share, just as they bring in furniture, clothing and household goods. The Garden Committee is also looking for donations of baskets, quart containers, chicken wire or woven wire, metal fence posts and gardening tools.

With the enthusiasm from local volunteers as well as shop supporters, the New Hamburg Thrift Centre is excited about the prospects for this season. After that, who knows where the project will "grow" from here?

(For more information about the project, donations, or volunteering, please contact Joanie Willms or Karla Richards at 519-662-2867 or drop by the store!)

* Revenue generated from the Thrift Centre supports the work of Mennonite Central Committee (www.mcc.org/food)

**New Hamburg
Thrift Centre**
41 Heritage Drive
New Hamburg
519-662-2867



Annual Perennial Sale! On now until May 30

Large selection of perennials,
fertilizer, garden tools,
planter pots and more also
available.

Or share your perennials by
donating plants (in 6" – 8"
pots) and identify with the
plant name and colour if
possible.



All proceeds benefit
the work of
Mennonite Central
Committee

REGULAR HOURS

Mon-Thurs 9:00 am - 5:00 pm
Fri 9:00 am - 8:00 pm
Sat 9:00 am - 4:00 pm

Riverside Flowers
& gift studio
519-662-1411
www.riversideflowers.ca
55 Huron St.
New Hamburg, Ontario
N3A 1K1

Melodie Mensch
Sales Representative
519-747-0231
f: 519-747-2958
e: Melodie@AtHomeInKW.com
w: www.AtHomeInKW.com

Stickney & Melodie Mensch
Sales Representative
Your At Home Partners

PEAK
REALTY LTD. BROKERAGE
410 Conestogo Road, Waterloo, ON N2L 4E2

DOUG WAGNER, CFP
FINANCIAL ADVISOR
662-4001

GIC Rates as of May 12, 2009

1 YR	3 YR	5 YR	TERMS AVAILABLE FROM 30 DAYS AND UP
1.95%	2.9%	3.25%	

All companies are C.D.I.C. members.

The best choice is here®

DUNDEE
PRIVATE INVESTORS INC.

Baden Farmer's Market To Open Soon

Baden Farmer's Market is gearing up for a June 6th opening. They are planning for 50 vendors – seven outside and 43 inside - and the spaces are filling up fast. But there are still some vendor spaces left and applications are available at their new website www.badenmarket.com.

Vendors include vegetable growers, meat producers, crafts and jewellery makers. Baden Market owner Musien Musa says that his vendor spaces are the least expensive in the region and that this is an opportunity for vendors to get in early. Booths, which are 8' x10' and include hydro, are available on a first come first served basis.

The market will be open on Saturday and Sunday from 8 am to 3 pm and will eventually be open Thursday through Sunday. It will be open year round.



WILMOT HERITAGE FIRE BRIGADES

SPRING BOTTLE DRIVE SATURDAY MAY 23

LCBO or Beer Store bottles
Collected from your front door

Take your photo with an antique
Wilmot Township Fire Truck!

Call Kenton at 519-634-8580 for information.



519-662-2632

25 Byron Street
New Hamburg, ON N3A 1P1



519-656-3355

1215 Queen's Bush Rd., Unit 2
Wellesley, ON N0B 2T0

We Welcome New Patients and Emergencies

Dr. Miyen Kwek
Dr. Manning Chiang
Dr. Ruth MacCara
Dr. Heather Tulloch

*Proudly serving Wilmot Township
for over 30 years.*

WE OFFER THE FOLLOWING SERVICES:

- * General and cosmetic dentistry
- * Preventive dental care
- * Emergency dental care (seen the same day)
- * Braces and orthodontics for children and adults
- * Oral surgery (including wisdom teeth)
- * Crowns and bridges
- * Implants and dentures (to replace missing teeth)
- * Root canal treatment
- * Bleaching/whitening
- * Headache/migraine control (related to TMJ)

The Green, Green Grass of Home

This Canadian soldier stationed in Afghanistan tends his tiny plot of grass in front of his tent.

He asked his wife to send him some Canadian soil, fertilizer, and some grass seed so that he can have the sweet aroma, and feel the grass growing beneath his feet. When the men of his squadron have an upcoming mission, they take turns walking through the grass on Canadian soil - to bring them good luck.

Email Submission



TARGET
personal training

Krista Carere
AFC/PTS/ZNC/CPR

519.591.6637

target@rogers.blackberry.net

194 Brenneman Drive
Baden, ON N3A 4N3



your *hometown* INSURANCE BROKER

MUTUAL AID INSURANCE BROKERS COMPANY



AUTO
CLASSIC CARS
HOMES
COTTAGES
COMMERCIAL
TRAVEL MEDICAL

Friendly local service
for ALL your insurance
needs.

Stop in for a cup of coffee
or call us for a quote.

519-634-9507

You can find us at:
140 Foundry Street in
Baden. We're just off the
beaten path behind the
beautiful Baden pond.

W-O MAKING WAVES FOR MS

Submitted by Jeremy Reddekopp

On Saturday May 23rd, Waterloo-Oxford District Secondary School will be hosting Making Waves For MS Family Fun Day. This is a charity event organized and operated by the Grade 11 – 12 Entrepreneurship classes. The purpose of this event is to assist Jaime Doucet, a local 17-year old student from W-O and Sarah Sine who are swimming across Lake Ontario relay-style on August 1st to raise funds and awareness for the benefit of the Multiple Sclerosis Society.

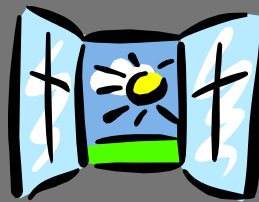
Making Waves For MS Family Fun Day will include multiple events aimed at the local community, specifically youth. These events include a Road Hockey Tournament with two separate divisions (senior/junior), an indoor basketball clinic, a morning and afternoon workshop for females on empowerment and beauty, a car wash, BBQ, carnival activities and entertainment for participants and younger children, and live music sponsored by 91.5 The Beat. In addition to the students operating the events, local clubs from the school and businesses from the community will be invited to be on site to participate during the day. We hope to attract many students along with their families and other members of the community.

For registration or more information, please contact:

- **For Wavebreakers Road Hockey Tournament** (Grades 6-8): reinm24@gmail.com
- **For the Crusader Classic Road Hockey Tournament** (Grades 9-12): gavin_koenig@hotmail.com
- **For DIVA Day:** nicolejantzi@hotmail.com
- **For Bounce for a Cure Basketball Clinic** (Grades 6-8): scott_siragusa@hotmail.com
- **For Vendor opportunities:** steph_is_sweet@msn.com
- **To donate prizes to our raffle:** vanessa_roth_19@hotmail.com

For all other inquiries, please contact Michelle Wein at michelle_wein@wrdsb.on.ca or Call (519) 634-5441.

*Local Churches
Welcome
You*



2995 Bleams Road, New Hamburg, ON
519- 634-5030

*Come Worship
with us 9:30 a.m.*

Sunday School 10:45

Pastor Dave Rogalsky



WILMOT MENNONITE CHURCH

www.wilmotmennonite.ca



**EMMANUEL
LUTHERAN CHURCH**

(Member of Lutheran Church-Canada)

1716 Snyder's Road East
Petersburg, Ontario
519-634-5511
www.petersburgchurch.org

Worship Service: 9:30 AM

Sunday School, Bible Study, Youth Group, Women's Group,
Stained Glass, Quilting, Choir

"Spreading the Word of our Lord, Jesus Christ since 1851"



Steinmann Mennonite Church

1316 Snyder's Rd. W. (at Nafziger Rd.), Baden

Children's Club
Youth Group - Friday
Young Adult and Adult groups
Worship: Sunday, 9:45 a.m.
Sunday School: Preschool – Adult, 11:00 a.m.



634.8311 www.steinmann.on.ca.mennonite.net

ST. JAMES LUTHERAN CHURCH

66 Mill Street, Baden ON

519-634-5191 Email: arly2518@rogers.com

MINISTER - Pastor Karen Kuhnert

Sunday Worship 10 am - Sunday School 9:55
Nursery care provided.



*"We are a family of Christians
committed to the Gospel of Christ."*



Wilmot Centre Missionary Church

www.wilmotcentremc.org

2463 Bleams Road
R.R.#2 Petersburg, Ont.

Rev. Don Mills
Rev. Wayne Domm

Phone: 519-634-8687
Fax: 519-634-5090
Email: office@wilmotcentremc.ca

**SERVICE TIMES - 9 & 11 am
SUNDAY SCHOOL 9:30 am
CHILDREN'S WORSHIP 11:30 am**



Where there is hope for the future

COLOUR PARADISE

GREENHOUSES & GARDEN CENTRE



1209 Bleams Rd.
Mannheim, ON N0B 2H0
T: 519.745.0200
E: info@colourparadise.com
Web: www.colourparadise.com

For quality flowers, shrubs and vegetable plants grown by your neighborhood greenhouse



Come visit for...

- * Thousands of annuals, perennials and vegetables available.
- * Greatest selection of hangers and planters.
- * Gift cards available
- * Custom Planters

Plan to Attend! June 6—10 am

“Creative Containers”

Garden writer, David Hobson, will enlighten us with the most creative containers. Learn how to add pizzazz to your planters and have them last all summer.

Monday - Friday 8 - 8, Saturday 8 - 5
Closed every Sunday



You can't stay young forever - but you can be immature for the rest of your life!

Answers to Baden Street Names Challenge - from page 13

Beck	Foell	Oesch
Bell	Forler	Queen
Brenneman	Foundry	Sandhills
Brewery	Gingerich	Schneller
Brubacher	Hastings	Snyders
Charles	Hillview	Stiefelmeyer
Charlotta	Honderich	Stuckey
Christian	Hunsberger	Tannery
County Creek	Livingston	Village Greenway
Ditner	Louisa	Wagler
Elizabeth	Mill	
Erbach	Miller	

Tailoring & Alterations



- * Wedding Dress
- * Party Frock
- * Skirt & Blouse
- * Size Alterations
- * Jacket/Jeans Zippers
- * Hemming
- * Children's Clothing

Call for Appointment -
519-662-9802

9 Glen Goebel Crt., New Hamburg
Email: Tharshine_vaz@hotmail.com

Quick, Quality Alterations



Dolman

Eyecare Centre

251 B (Back) Huron Street, New Hamburg

Evening appointments—New Patients Welcome
519-662-3340

Contact Lenses & Laser Consultations

www.eyecareforlife.optometry.net

Progressive care that can enhance your quality of life.

Baden Outlook Baseball Pool Stats

Place	Name	PTS	Place	Name	PTS
1	Craig Bell	80	31	Mike Horlings	67
2	Bob Leppington	78	32	Greg Snyder	67
3	Randy Martin	77	33	Christine Loree	67
4	Russia Witzel	77	34	Renate Taylor	66
5	Maureen Westlake	77	35	Sheldon Martin	66
6	Sydney McConnell	75	36	Kris Dewit	66
7	Tyler Naumann	75	37	Jeremy Witzel	66
8	Sheryl Crabbe	74	38	Larry Gascho	66
9	Keith Wagler	74	39	Dick Dean	66
10	R. Westfall	74	40	Rick Livingston	66
11	John Westlake	73	41	Tony Soikie	66
12	Jody McConnell	73	42	Roy Blake	65
13	John Nahrgang	73	43	Zack Bender	65
14	George Jones	73	44	Paul Jacklin	65
15	Peter Westlake	72	45	Laura Grahlman	65
16	Isabelle Coxon	71	46	Robert Sisko	65
17	Darren Pearson	71	47	Bob Forde	65
18	Evan Grebinski	70	48	David Schmidt	64
19	Brett Bartlett	70	49	Kyle Kaminska	64
20	Chris Murray	70	50	Jake Livingston	64
21	Shane Grebinski	70	51	Tony Papa	64
22	Tarvis Gowlang	70	52	Wally Morrison	64
23	Jean Cook	68	53	Doug Kaminska	64
24	Tara Lazzari	68	54	Ruth Schnarr	64
25	Cheryl Erb	68	55	Travis Miles	63
26	Jessie Gingerich	68	56	Pat Henderson	63
27	Pat Miller	68	57	Sheila Martin	63
28	Brandon Gingerich	68	58	Wendell Erb	63
29	Lindsay Snyder	67	59	Beth Martin	63
30	Brad Ziegler	67	60	Jeff Miller	63

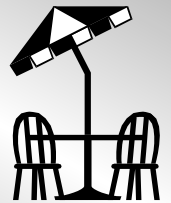
Congratulations to Craig Bell
for taking the leader prize in this
month's Baseball Pool - winning
a gift certificate from EJ's of Baden.

The lucky random draw winners
are **Brian Serapiglia** winning a
gift certificate from Eglis Meat
Market, and **Christina Flood**
winning a breakfast from Teddy's
Bakery, a Baden Outlook shirt &
Stories From The Porch by Teresa Brown



Matt & Jackie Rolleman
39 Snyder's Road W, Baden
519-634-5711

The Patio is Open!
Good food—good times.
Where friends meet!



A man walks into a bar with a slab of
asphalt under his arm, and says:
'A beer please, and one for
the road.'

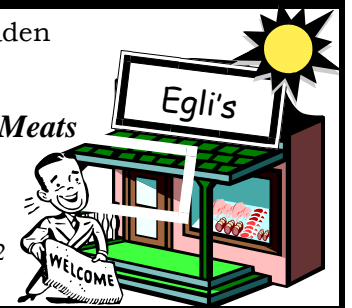


EGLI'S MEAT MARKET

162 Snyder's Rd E., Baden
634-5320

Choose Egli's Quality Meats

Bus. Hours:
Tues. & Wed. 8-5,
Thurs. 8-5:30, Fri. 8-6, Sat. 8-2
Closed Sunday & Monday



WOW! Sports fans...Thanks for playing baseball with us! Be sure to follow your stats which are updated daily on the site. The *Outlook* draws the stats on the 7th of the month. To follow the stats, log on to our website at www.badenoutlook.com - Click on Homerun sports pool. Once in PoolExpert website click 'Baseball Pool Manager' located above hockey player. Next click "Quick Access (left side of page) type in "outlookhomerun" under pool id and the password is "guest" then click "sign in". Next page click "ranking" on left side for player list. Have Fun!



RIBS & TAILS DINNER

*Friday May 22nd
New Hamburg Legion
65 Bouleee Street*

*Two Sittings 5:00 or 7:00 p.m.
Advance Tickets -
\$12 available at Bar
\$14 at the Door*

WODSS Students Take Top Prize at Charlie Awards



For the first time ever, Waterloo Oxford has won the top spot in the Charlie Awards Competition. We've won Directing, Acting, Editing and Cinematography awards before, but this is the first time W-O has ever taken the number one overall spot! The competition took place at the Princess Cinema in Waterloo Thursday April 23.

This year's competition was extra hard as there was one more hour than usual of films for judges to view and the Catholic board joined the competition for the first time this year.

Communications Technology students Dan Aitken, Jordan Mackenzie, Jordan Schmidt and their friend David Richard won for their comedy, "Merry Christmas Baby", a story about three friends enjoying their last Christmas together as kids before having to move away from home and go to college. They also received special recognition for Directing and Cinematography.

The win is especially sweet as two of the students just found out they were accepted into Niagara College for Broadcasting and another were accepted into OIART for Audio/Sound Engineering.

W & W Liquidators

Handles / Hinges / Knobs / Spindles / Cabinet Hardware

118 Victoria Street S., Kitchener, ON N2G 2B4 Phone or Fax: (519) 744-1080

Bob & Jean Wood

**** Residing in Baden for 45 years ** In business for over 20 years.**

*" We have more knobs than
you can handle!!"*

Over 5000 handles and knobs!



Monday to Friday 9 am - 6 pm, Saturday 9-4:30 Sunday - Closed



Petersburg Breakfast in the Park - May 24, 9-12

Petersburg Garage Sale- June 6

Band Concert at Kirkpatrick Park

Sunday, June 14, 2 pm

New Hamburg Concert Band

Bring your lawn chair



Band Concert at Castle Kilbride

Tuesday, June 23, 7 pm

New Hamburg Concert Band / bring lawn chair

JUNE 20, 2009

With the accent on strawberries (locally grown-weather permitting) the committee offers a wide variety of treats appealing to all ages: pancake breakfast, barbeque burgers/hot-dogs and strawberry booth serving strawberry pies, milkshakes, jam, and strawberries of course.



Contact 519-699-6063 or email us, Strawberryfeststagatha@hotmail.com



Wilmot Horticultural Society

Monday, June 8 - 7:30 p.m.

Wilmot Rec Complex

1291 Nafziger Rd., Baden

Meeting Room #1

Speaker - Betty Fretz, Moorefield

Topic - Heuchera & Pulmonaria

Free - Everyone welcome



BADEN COMMUNITY YARD SALE

When: Saturday May 30 Time: When you're ready.

Where: Your house and your neighbours'.

It's the time of year again to dig around in the attic or garage and decide what you need to repair, clean, or pass along.

What may look like garbage to you could be useful or a treasure to someone else. So get busy now and plan to be outdoors visiting with your fellow Badenites.



How productive - you've cleaned your house and even made a few bucks!

SUPPORT GROUP FOR PARENTS

Parents linked with our Community to assist in the need for Support, Awareness and Empowerment against narcotics.

Monday evenings at 8 p.m.

Trinity Lutheran Church

23 Church Street,

New Hamburg

Martin Luther Room (upstairs)



This space is generously donated by Erb Transport to support community events

Another Cool Move

REPAIRS

UPGRADES

NEW & USED



SALES

SERVICE

NETWORKS

73 PEEL ST, NEW HAMBURG, ON N3A 1E7

Phone: 519-662-6720

Fax: 519-662-6719

E-mail: sales@focuscomputers.ca



Having computer troubles?

Call Focus Computers. Our computer technicians will come out to your house or bring it to the shop for service or repairs.



We sell new and used systems, accessories, laptops, monitors, printers. Come check us out!

Focus has been serving the Community for over 13 years!

Hours of operation:

Monday to Wednesday

10 am -5 pm

Thursday 10 am -6 pm

Friday 10 am-7 pm

Saturday 9:30 am-3 pm



Baden Bulldog Community Backyard BBQ

At Baden Public School

Thursday May 28th 5 - 8 pm

Come one Come all To the Best BBQ of All!

A fun filled evening for students, teachers, families, friends, and neighbours to enjoy;

- | | |
|-------------------------------------------|---------------------------|
| BBQ | Canadian Tire Raffle |
| Pizza Express | Baden's Cheerleaders |
| Lunch Lady | Baden Fire Firefighters |
| TCBY Frozen Yogurt | Cotton Candy |
| HUGE Silent Auction | Crazy Carnival Games |
| Raffle Item Table - including a Bike | Bouncy Castles |
| Teacher's Bake Table | Mad Science Demonstration |
| Teddy's Bakery with Strawberry Shortcakes | New Hamburg Concert Band |
| Baden School Band and Kodaly Choir | Clowns |
| Baden School Rock Stars will open for; | Popcorn |
| Mr. Becker's Highway Band | Face Painting |
| Guitar Hero | Balloon Animals |
| Candy Guess | |

NEW More Food Choices - Guaranteed Shorter Line Ups
 Don't forget to mark your calendar
 This will be an event that you will NOT want to miss!!



Baden Public School is gearing up for another exciting and successful Baden Bulldog Backyard BBQ on May 28th, 2009!

Last year's event hosted in excess of 2,000 participants, including students, teachers, friends, family and members of the community, together for a fun filled evening of games, entertainment, food, contests, raffles and a HUGE Silent Auction! The success of

last year's event is credited largely to our many supporters and volunteers.

This event allows us to raise funds for various school initiatives in support of our music program, educational class trips, guest presenters, school teams, athletics and playground equipment that give our students a broad range of experiences.

Some of our raffle prizes this year will include a GPS, BBQ, Pressure

Washer and a Bike. These raffle prizes were bought with the student collection of Canadian Tire Dollars. Silent Auction items are too numerous to mention.

Support from the community and surrounding area has been fabulous!

Hope to see everyone out for a great evening!

Elwood-Pikor Painting

634-8129

- * FREE Colour Consultations
- * Faux Finishes - Interior / Exterior
- * Call for free estimate
- * Fully Insured



Let Fred & Greg put new colour on your walls and give your home a fresh look!

Pick up/drop off at Teddy's Bakery - Tues & Fri.



Coin Laundry -
7 days a week,
7 am -10 pm

157 Peel Street, New Hamburg (519) 662-1221
 Dry Cleaning - Laundry Services - Alterations

Formal Wear - Casual Wear - Outer Wear - Shirts - Linens - Bedding - Drapery - Suede and Leather

Time's Flying On By! *Baden Public School— by Kirby Silverthorn*



The countdown has officially begun. There are less than two months of school left! As expected, April brought many new and exciting activities. In celebration of Earth Day, the Bulldogs did their part on April 22nd. During the day and after school, students picked up garbage, mulched trees, and raked. Not only did it help the environment, but it also improved our schoolyard.

There were many fun excursions during April such as the Kindergartens' field trip to the "Feathered Friends" presentation at Joesph Schneider House on the 7th and 8th of April. The grade 4/5, 5, and 5/6 classes had the opportunity to go to Toronto for an exciting trip on the 15th. They went to Ontario Place and the R.O.M! The grade 8 classes visited Empire Theatres on the 16th for an informational guidance presentation. The grade 3's learned about dairy farming from Anne Honderich on the 16th. The Honderich family has been breeding cows for many decades and has won the Master Breeder Award. The Life Skills class went bowling on the 24th and had a great time.

Numerous extra-curricular activities took place outside of school hours such as The Scrapbook Club. The club meets every Tuesday after school. There were Cheerleading tryouts on the 9th. The Cheerleaders now meet every Tuesday morning before school and every Thursday afternoon after school. Every Tuesday and Thursday after school, grade 7's and 8's have the opportunity to try track and field hurdles. Baden formed a running club and they run before school and during various nutrition breaks. As usual, the Doghouse is a busy and active place, and students love it that way!

On April 17th, the grade 4's had a medieval feast during the last few periods of the day. This was to celebrate their unit on Medieval Times. Grade 7's and 8's had the exciting chance to write the Gauss Math Qualifier. The people that scored in the top 15 from each grade will be able to write the actual Gauss Math Test and compete against other students from the province. On April 22nd, the grade 7 and 8 band members participated in the Kiwanis Festival and were awarded first place! Congratulations Bulldogs!

During April, the voting parties for Red Maple, Silver Birch, and Blue Spruce books took place. (Red Maple books are suitable for grades 7/8, Silver Birch books are ideal for

grades 3-6 and Blue Spruce books are great for JK — grade 2). After a few months of reading, students have the opportunity to vote for their favourite book. A very special visitor came to Baden during Earth week. Frank Glew, a famous children's author and environmentalist, spoke to us about how we can help the environment. An endless number of cool learning opportunities continue happening at Baden P.S.

The BLT successfully hosted a community dance for grades 7-10 at Baden Public School on the evening of April 17th. The money earned from the dance will go towards the grade 8's year end trip to Montreal. Popcorn is still being sold in the foyer every Friday and all the proceeds go toward Baden's foster child. On Monday, May 18th, the BLT will host a garage sale in New Dundee to fundraise for school initiatives. Come by Poth Drive and check it out!

April was busier and better than we anticipated. Maybe May will bring even more unexpected surprises. As the weather gets warmer, we look forward to the last weeks of school.

We're on the Web!!
www.badenoutlook@hotmail.com

SOUTHERN ONTARIO COUNSELLING CENTRE

A Country Setting for your Counselling Needs

We provide service to children, teens, and adults.
Individual, relationship, family and group counselling are offered to address a full range of issues.

All of our therapists are experienced and accredited professionals with graduate level training.

We provide prompt and confidential responses to all inquiries.

Personal growth involves finding new ways to understand and cope with past and present pain.

1760 Erb's Rd., St. Agatha, N0B 2L0 (519)746-2323
Visit our website at www.socounselling.com

AFFORDABLE

GARAGE DOORS & ELECTRIC OPENERS

Residential Sales, Service & Installation

(519) 634-9509 David Falconer

INSULATED PANELS & ENCLOSURES

Great for ... Shelves, exterior siding, sheds, Compounds, Interior Walls, Awnings, Under heated floors

Reduce, Reuse, Recycle

Baden Minor Softball Ready to Play!!



It's time to dust off the plate and dig out that ball glove as Baden Minor Softball starts a new season. This year there are 11 teams registered including three T-Ball teams. The T-Ball teams consist of 38 kids, up from 30 last year.

Other teams registered are Tyke mixed (age 7 to 8) 14 players; Atom Boys (age 9 to 10) 9 players; Squirt Boys (age 11 to 12) 11 players; Squirt Girls 14 players; Peewee Girls (age 13 to 14) 14 players; Peewee Boys 15 players; Bantam Boys (age 15 to 16) 15 players; and new this year Bantam Girls with 11 players.

Baden Minor Softball President Bob Bontaine points out that registration all over Waterloo Region is down but he is pleased with Baden's attendance for this year. All teams will play in Baden this year; there are already 42 teams using the diamonds when you include church league, slow pitch and mixed leagues.

There are three to four coaches per team so they are in great shape in that respect. One of this year's Squirt Girls' coach is Jessa Cobean, who was an Ontario Fastball Championship Team pitcher. The league has asked parents of the T-Ball players to help out on the field, which has been well received by the parents and kids alike. "Go Pirates Go" and have a great season.

Baden Minor Softball would like to ask residents to keep their pets and children off the diamonds as ruts and droppings can cause serious injuries to players. Thank you for your consideration.

On Sunday, June 28th The Bantam Girls of Baden Minor Softball are planning a fund raising trip to see the Toronto Blue Jays play against the World Champion Philadelphia Phillies.

Game time is 1 pm at The Rogers Centre. This will be a bus trip for only \$32 per person. This includes the bus and a 200 outfield level ticket; plus, the first 10,000 fans get a free Toronto Blue Jays baseball cap.

Call Scott at 519-634-8730 or email at swgibbo@yahoo.ca for more details or buy your tickets from a bantam BMSA girl ...
GO PIRATES!

Q: What's the difference between Yankee fans and dentists?



A: One roots for the yanks, the other yanks for the roots!!

Come Discover Us Today!

Serving The Community Since 1989

We are the area's **LARGEST** plumbing, water treatment, and central vac showroom!



Sales, Service, Installations

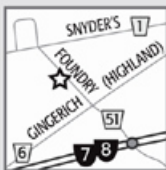


AUTHORIZED
WATTS
DEALER

www.owws.ca



**SOFTENERS • FILTERS • ROs • UVs • RENTALS • SOFTENER SALT
BOTTLED WATER • PLUMBING & CENTRAL VAC SHOWROOM
RENTALS/RENT-TO-OWN • SALT/BOTTLED WATER DELIVERY**



FOR YOUR HOME OR OFFICE

519.634.8538
178 Foundry St., Baden



Spring • R.O. • Distilled

Locally owned and operated

NOVATEK
authorized dealer

EVERPURE
authorized dealer

Call today
for your
**FREE on-site
NO OBLIGATION
water analysis and
recommendation**

Come Discover Our **Salt-Free** Water Softeners!

CATALYTIC 1000™
OneFlow
SOFT-TEC™



Come in and inquire about the government's new renovation tax credit
- get 15% back* on your 2009 tax return!

* some conditions apply

Spring Blow-Out On Now!

Save 50% on ALL clearance merchandise!

With This Ad

Save 10% off ANY one item in the store / showroom!
(Limited time only - from Tues May 19 to Sat May 30, 2009.
May not be combined with any other offer.)

Please Take My Card!



Mark Soehner's
INTERLOCK PLUS
PAVESTONE & RETAINING WALLS
INSTALLATIONS & REPAIRS

Sidewalks, Patios, Driveways, Steps, Retaining Walls, Planters
CALL FOR A FREE ESTIMATE / DESIGN

Mark Soehner

47 Schneller Drive
Baden, Ontario
N3A 2L5

Phone/Fax: 519-634-9792
Cell: 897-7587
Email: msinterlock@rogers.com



OK TIRE STORES

AC Tire Sales & Service
24 Hour Mobile Service

Corner of Nafziger Road & Highway 7 & 8
FARM - PASSENGER - TRUCK

(519) 662-4990 • Fax (519) 634-5576
New Hamburg, Ontario



Custom Window Treatments •
Benjamin Moore Paint •
Wall Coverings •

SKOWRON
Decorating Centre

Benjamin Moore

Reynold & Kathy Skowron

85A Huron Street, New Hamburg, Ontario N3A 1K1
Phone: (519) 662-1142 • Fax: (519) 662-9067



SILVER SPRINGS
contracting

Decks & Fences
Concrete Driveways, Sidewalks & Patios
General Contracting

Tyler Hoffman
Email: thoffman@silverspringscontracting.ca
www.silverspringscontracting.ca

Tel: 519-465-5211

Wilmot Heritage Fire Brigades: What's Happening May and June

At last, the three ladies of the calendar year are back. Welcome, April, May, and June -- we missed you! And with these lovely months come thoughts of spring cleaning, sunshine, and strawberries.

Spring Cleaning: On Saturday May 23, the WHFB is holding our Spring Bottle Drive, the perfect way to clean out your garage, shed, and basement of all those LCBO and beer store bottles. Residents of Baden can simply set bottles out at the curb or on your front porch (please wait until the morning of the bottle drive to set them out) and our volunteers will pick them up. Of course, you can also drop off those empties at the WHFB museum any time. What easier way to get rid of all those winter (and playoff!) empties, and support our museum's fundraising efforts?

As an added attraction this spring, our Bottle Drive will also include the opportunity for photos with our antique fire trucks. Just ask our volunteers for details -- our trucks will be placed throughout Baden, and our driver-historians will be happy to answer any questions while you snap photos of your family and friends with these beautiful pieces of Wilmot's firefighting history. For more information about the Bottle Drive and getting photos of the trucks, call Kenton at 519-634-8580.

(The WHFB is also looking for volunteers for this event: contact Kenton at the number above. Students who need Community Hours are welcome!)

Ah, sunshine -- another favourite part of spring, and part of a healthy outdoor lifestyle. Checking out what's happening in your community is a great way to get outside and enjoy that springtime weather, so don't hesitate to visit us during our summer hours. Starting in June, the WHFB museum (located behind the Baden Fire Station) is open on Saturdays from 9:00 a.m. - 1:00 p.m., as well as on our usual Wednesday nights from 6:30 p.m. - 9:00 p.m. If these hours don't suit you, feel free to call Kenton at 519-634-8580 or Blain at 519-634-8153 to arrange a FREE visit.

Finally, strawberries ... who doesn't look forward to enjoying these? The WHFB will be appearing at St. Agatha's annual Strawberry Fest, taking place the third Saturday of June. Watch for news about Victoria Day events in New Dundee, another traditional appearance for our antique trucks, and other summer appearances. Of course, the WHFB also does private functions, and we're already booking drivers and trucks for reunions, parties, and weddings -- don't hesitate to call Kenton at 519-634-8580 to discuss how the WHFB can make your event truly memorable!

Until next month -- enjoy the spring, sunshine, and strawberries, and see you at the WHFB museum!

Submitted by Teresa Brown

New Version Medical Dictionary
(Something we can all understand)

- Artery - The study of paintings
- Bacteria - Back door to cafeteria
- Barium - What doctors do when patients die
- Benign - What you be, after you be eight
- Caesarean Section - A neighborhood in Rome
- Cat scan - Searching for Kitty
- Cauterize - Made eye contact with her
- Coma - A punctuation mark
- Dilate -To live long
- Enema - Not a friend
- Fester - Quicker than someone else
- Fibula - A small lie
- Impotent - Distinguished, well known
- Labour Pain - Getting hurt at work
- Medical Staff - A Doctor's cane
- Morbid - A higher offer
- Nitrates - Cheaper than day rates
- Node - Opposite of dunno
- Outpatient - A person who has fainted
- Pelvis - Second cousin to Elvis
- Post Operative - A letter carrier
- Recovery Room - Place to do upholstery
- Rectum - Nearly killed him
- Secretion- Hiding something
- Seizure - Roman emperor
- Tablet - A small table
- Terminal Illness - Getting sick at the airport
- Tumor - One plus one more
- Urine - Opposite of you're out

Email Submission by Aimee Gutzeit



It's the 11th Annual
Mad SCIENCE

SUMMER CAMP

Another full season of fun, friendships, crazy games and wild science!

INDOOR AND OUTDOOR FUN!
 Low Camper to Mad Scientist Ratio

LOCATION: HILLCREST MENNONITE CHURCH
 July 6-10 "Rocket Camp"
 July 27-31 "Beasts, Bridges & Brews"
 August 24-28 "Claws, Codes & Constellations"

BIRTHDAY PARTIES TOO!
 TOLL FREE **1-888-208-4172**

www.madscience.org/kitchner mark@madscience.on.ca

Two cannibals are eating a clown. One says to the other:
'Does this taste funny to you?'

Ha ha ha!!

What do you call a fish with no eyes?
 A fsh.



Wilmot Jujitsu

Professional Self Defense

13 Foundry Street, Baden

(519) 590-4946 - www.wilmotjujitsu.com



JUJITSU - Gentle, Effective, Balanced

Offering: - Escapes, Joint Locks, Controls,
 Pressure points and weapons.

A practical Self Defense Art

Instructor: Neil Calhoun



Training for Children and Adults!

*Friendly, Disciplined Atmosphere, Serious Training,
 Physical, Mental and Social Development.*

Wilmot Jujitsu is pleased to offer **Ninpo Bugei**
 (Traditional Ninjutsu) to the program.

Classes will be held from 7:15 - 8:15 pm
 on Tuesdays and Thursdays and
 open to the ages 14 and up.

Please see the following website for more
 information. www.genbukan.ca



Dr. William Slinger
 Dental Office 519-662-3510

Family & Cosmetic Dentistry
"So much begins with a smile"

New Patients Welcome

Serving your community since 1977

the Health & Wellness Page

The Calcium Connection: Building Better Bones

Submitted By Michael Fisher, R.N.C.P



Bones, calcium and milk. Three words which are nearly synonymous. Milk does have calcium, and calcium does build bones, but how does it get there? Is it really that simple?

Dairy has calcium, but it doesn't guarantee bone growth. In fact, bones are often stronger in non-dairy consuming groups and cultures. How do they meet their calcium needs? What should really be understood is: HOW does calcium get into our bones, and how can we increase this very critical factor? The North American diet is already overly abundant in dietary calcium - the problem is we're not absorbing it!

Magnesium, along with vitamins A, C and D are essential cofactors in aiding calcium to be directed to the bones. Without them, little calcium is directed to the bones, and the bones deteriorate. Instead, the dietary calcium we do eat remains floating around in our muscles and tissues, and since calcium is the mineral which aids in muscle contraction, those who poorly utilize dietary calcium will have weak bones, but also very tight, sore or crampy muscles. Fibromyalgia and arthritis are common syndromes with this condition as well. When the vitamin cofactors, and especially magnesium are introduced into the diet, then calcium is directed into the bones, the muscles become soft, relaxed and pain-free, and the bones become strong.

So back to dairy - which is a very concentrated source of calcium but contains very little magnesium, and in the case of fat-free milk, very few of the fat-based vitamins such as A and D. The milk industry knows this, and so is fortifying dairy with vitamin D. But magnesium is still a critical cofactor for getting calcium into the bones, and the fat contained in whole fat milk is required to properly utilize the calcium (as milk fat naturally contains pure sources of vitamins A and D).

Magnesium is ESSENTIAL for calcium to be directed into the bones. Otherwise stiff muscles, cramps, arthritis, pain and even nervous system disorders result.

Thankfully, most magnesium rich foods are ALSO rich in calcium, and their essential vitamin cofactors! This means these foods alone contain all the important elements for calcium to be deposited into our bones, with the required levels of calcium for a healthy body.

Examples of magnesium/calcium rich foods from highest to lowest:

- 1 seaweeds (containing 10 times more calcium than milk!)
- 2 beans and legumes
- 3 whole grains (such as brown rice, millet, rye, etc)
- 4 nuts and seeds (especially sesame which contain as much calcium as milk)
- 5 green foods (including kale, collards and any other dark green coloured vegetable)

With these foods in the diet, dietary calcium levels are very high, but so is magnesium. Green foods are especially effective for those who get little sunlight in their day, as they are like "stored sunshine" containing high levels of vitamin D, essential for calcium utilization. Those who have access to sunshine every day should enjoy time outdoors to ensure adequate vitamin D levels.

Of course, exercise is essential, as well, which puts demands on the bones so that the body sends signals to strengthen their mass. Interestingly, astronauts' bones begin to weaken, soften and deteriorate the longer they are in space! This means regular weight bearing keeps them strong.

So try greens, beans, grains and seeds when thinking of calcium, and give seaweeds a whirl too - which contain the highest levels of calcium AND magnesium of them all.

The above information is not intended to replace the efforts of the medical system.

Michael Fisher is a Registered Nutritionist focusing on healing through whole foods. Michael teaches, consults and writes in Canada and US. Visit Michael's website for more information. www.michaelfisher.ca

J.R. Auto Service
SERVICE & REPAIR TO ALL MAKES & MODELS
HIGH PERFORMANCE MODIFICATIONS

JIM ROTH

1439 Gingerich Rd., Unit B-1,
Baden, ON N3A 3J7

PH (519) 634-5986

FAX (519) 634-8667

Baden

**4th
Annual**

Family Fun

Day

**Dunk Tank •
Games • Draws
Clowns • Magic •
Puppet Shows •
High Striker •
Ponies •
Prizes • More!**

Food !

Fun !

Family !

Free !

Fantastic !

June 13

1:00-3:00

Beck Park

Sponsored by:
Westhills Fellowship
Wilmot Mennonite Church
Safe Pasture
Steinmann Mennonite

Supported by The Baden Outlook