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Baden

Baden Outlook
P.O. Box 5154
Baden, ON N3A 4J3
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www.badenoutlook.com

Barry, Pat, & Katie Fisher

Check out what's happening in the paper this month:

- Barry writes about the connection of games and left/right brain thinking
- Fun facts about Rutabaga and some simple yet flavourful recipes from Mercedes Kay Gold
- Interested in seeing some local plays? Wellesley Theatre, as well as W.O.D.S.S are presenting shows in April
- Meet Badenite Georgina Davis from Aldaview!
- EcoBoosters gives tips on how to avoid pests in your garden without the use of pesticides
- New this spring MCC
 Thrift offers pick up service
- See where the Outlook has travelled
- Legion Branch 532 shares a heartwarming story...and a shout for the community's help in honouring veterans

The Baden Outlook is a grassroots family business serving the community of Baden and Wilmot Township.

The views expressed in this newsletter are not necessarily those of The Baden Outlook.

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Greetings from Headquarters ~

While pondering what to write this month, I realized just how many events are happening in the next six weeks. There is St. Patrick's Day, the beginning of spring, Easter, and the looming solar eclipse!

I love spring! There's a certain energy about spring that feels so much



lighter than winter. I remember as a kid digging out some outdoor items that made me feel anew. Sidewalk chalk and bikes were unburied from the shed. My neighbourhood friends and I would congregate in the driveways of each other's homes. Spring feels fresh and full of possibility.

But Easter was right up there for excitement. I LOVE searching for and finding eggs. It brings back great memories. My Easter basket wasn't over the top but always included something springlike in it like a *Skip-It* or some new chalk. Definitely reconfirmed my joy for spring.

When I think of a solar eclipse, my mind automatically goes back to grade six. I was in Mr. Cormier's class in the old junior kindergarten room at Forest Glen School. There was a solar eclipse that year and he covered the windows with black paper except for a few empty circles. We made special pin hole viewing instruments and quickly took turns safely viewing the eclipse. I was in awe and yet very confused on just how the moon and sun lined up like this. Outer space and galactic things were never my forte but it was a cool experience that I obviously have not forgotten. See page 13 for more facts on solar eclipses! Enjoy March and keep your eyes safe!



Yes—Indeed March has arrived and so has spring! Although we already have had some spring-like temperatures for weeks now, it's still exciting to know the darkest days are behind us.

Barry and I just returned from a trip to Mexico—our first 2 week winter vacation since we've published the Outlook. Thanks to Katie who encouraged us, we packed our bags and went off to relax in the

sun. I get so excited to pack our bags and imagine what our resort will be like...the blue sky, palm trees and the sunshine! The first 3 days were grey and pouring rain. But once we settled in we casually met 'our people' which suddenly made everything seem better. People you can relate to and enjoy a meal together. We

play cards and share stories of our families and life at home. Seen here are Barb and Dennis Ross of Idaho who played cribbage with us, and the lovely housekeeper Anya. They were eager to learn of our paper and Dennis said he'd follow us on-line...so I say "Hello..it was very nice to meet you and Barb!"



The rain passed and the remaining 10 days were wonderful. But then on returning I'm quick to realize how great it feels to be home again. The comfort of our bed, our diets return to normal and our friends and family are quick to welcome us home and to hear of our vacation. I'm not sure which in nicer... the going away or the coming home!

Meanwhile back at home I see in this issue that the community is busy and ready to dive into all things spring! I'm happy to open the windows and hear the chirping robins do their own busy spring thing!



~ Left or Right Brained?

I have been reading a book by Jordan B. Peterson, a professor from University of Toronto, entitled 12 Rules for Life. In the first chapter he made the following statement, "90% of all verbal communication is done with 500 words." A posting on X (formerly Twitter) broke it down even further, stating the English language has 171,476

words in the dictionary, so 90% of all communication uses only 0.003% of words available. (Websters Dictionary, incidentally claims they have 470,000 English language entries). I found that very interesting, and decided to see if a website posted the 500 words, and turns out there were many that did. I scanned the entire list to see if there were any words that I don't personally use - to no avail. The list excluded words from the X and Z category which makes total sense. Weak representation was also prevalent with the obscure letters including J with one entry, Q with two, V with three, and Y with four – also expected. Here is a group of three letters (I,J,K) as an example of the 500 word list-I, Idea, If, Important, In, Inch, Include, Into, Is, Island, It, Just, Keep, Kind, King, Knew, Know, and Known.

Another website that I visited said there was a rule of thumb that if a person has a 3000-word vocabulary, they can participate in conversations about general topics freely. That rule is different for each language. Making a commitment to learn a new word everyday, and use it, would also probably help. We will get you started with the attached list of unused words according to vocabulary.com. Reading books and doing crosswords can help build a vocabulary. Vocabulary isn't everything, but it is

important.



Speaking of crosswords, Katie and I had a conversation regarding what type of individual games we enjoy. I said I like crosswords and jigsaw puzzles, and she likes logic problems and sudoku. I do not enjoy her games and while she likes all games, her favourites are games of deduction. Katie stated, "I prefer to challenge the left side of my brain."

I wasn't aware of a right brain/left brain difference, so I did some research to see what class I fit into. There are many functions of the brain, but generally, the right-brained person tends to be creative, emotional, and intuitive, while the left side people are into logic and more language-orientated. We all have a blend of both, but certain aspects tend to stand out for certain people. A German creative company Sommer/Sommer conducted a right brain/left brain survey and found out that 41% of humans were left-brained while 21% were right-brained.

So, what games are left-brain stimulating? Sudoku, mathematical puzzles, crosswords, and logic puzzles are listed. Drawing, painting, sculpting, dance, feelings, and other visual arts stimulate are traits of the right-sided brain (hello Pat). Basically, anything that has to do with the arts, which is not me. At this point, I am starting to get a little nervous that I am not a left or right brain person – a vacant person if you will.

The last website I visited gave me hope. The website Healthline suggests that anyone who likes thinking in words, sequencing, linear thinking, mathematics, facts, and logic, are all traits of the left-brain person. Facts and sequencing are me so perhaps I am a lefty.

In closing, here is another Jordan B. Peterson quotation: "The better ambitions have to do with the development of character and ability, rather than status and power. Status you can lose. You carry character with you wherever you go, and it allows you to prevail against adversity."

Until next month...Ed

List of 12 least used words according to vocabulary.com

Quazi - Having some resemblance

Arid – Lacking sufficient water or rainfall

Ossify - Become bony

Draconian - Imposing a harsh code of laws

Florid – Elaborately or excessively ornamented

Penurious - Excessively unwilling to spend

Sibilant – Speech sounds forcing air through a constricted space

Asylum – A shelter from danger or hardship

Paroxysm – A sudden uncontrollable attack

Evanescent – Short-lived; tending to vanish or disappear

Connotation – An idea that is implied or suggested

Canny - Showing self-interest and shrewdness in dealing with others

Baden Outlook

Your Monthly Newsletter "Keeping the Community Connected"

> You'll find us around the 15th of each month in over 75 places within Wilmot Township.

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ALL THINGS SCRAMBLED

Within each category the words are jumbled up. Can you unscramble them? Answers on page 32

St. Patrick's Day

EREB
LOGD
RENEG
CHARM
CULKY
ROVELC
DANLIRE
BRAINOW
LABNERY

Relating to Spring

RACKMOSH

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ASP	 			, ,
NAIR	 			
PLAIR	 		, 0	
RIBSD	 	 		
LUBBS	 	 		
SPANY	 	 		
REWOLF	 	 		
STEEAR	 	 		
INSHENUS	 	 		
FADFIDOL				

"Keeping the Community Connected"



Baden ~ Our Town

Thank you to all who attended the popular BCA Family Day event.

These are the faces of the volunteers who made the day possible. Please feel free to join this happy group.



The next event will take place in April for the spring clean up to help beautify our town. Stay tuned to Facebook page for more information or visit us at our website www.baden.ca



WILMOT HERITAGE FIRE BRIGADES

Congratulations to Arlene McBride, our recent 50/50 winner!



Also, congratulations to the winners of our kids' colouring contest!

Age 1-5

1st place - Eden O. of Baden 2nd place - Ivy M. of New Hamburg

Age 6-8

1st place - Ira G. of Baden 2nd place - Luka L. of Baden

Age 9-11

1st place - Evelyn U. of New Hamburg





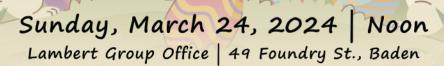
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Join us for an... Easter Egg Hunt!

Coffee and hot chocolate will be provided... and a special guest may just be hopping around in the backyard!



Please dress for the weather, the Easter Bunny will be visiting rain or shine!

I had a very supportive and positive experience working with Darlene Amor for the purchase of my home.

She would promptly come and show me properties I was interested in. I trusted her opinion... I will be

working with her in the future and recommend her.

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Checking out the Baden Library



Call 226-748-8030 or email rwlprograms@regionofwaterloo.ca if you have questions about upcoming programs.

ANCESTRY and HERITAGE QUEST

Interested in researching your family history? RWL offers members access to Ancestry - the world's largest online family history resource to help you build a family tree, find new ancestors, and share discoveries with family. This service is available while on site in the library. For those who want to research from home, we now offer Heritage Quest Online, accessible to patrons from anywhere - all that is needed is an RWL membership!

RWL LIBRARY BAGS FOR SALE

Need a new look for carrying your library books and other materials this spring? Get your zippered RWL Library Bag for only \$3.40 each! Available at all Region of Waterloo Library branches.



FOR TWEENS/TEENS

Crafting with Wilmot Family Resource Centre –
 Tuesdays starting April 2, 2:45-4:15 p.m. – Baden
 Branch

FOR ADULTS

- Adult Reading Challenge continues until March 31
 pickup your BINGO card at your local RWL Branch
- Book Talk March 13 at 3:00 p.m. New Hamburg Branch
- Adult Book Club last Tuesday of the month, March
 26 at 6:30 p.m. Wellesley Branch
- Mobile Legal Clinic 3rd Tuesday of the month starting April 16 from 9:00 a.m. – 12:00 p.m. – Wellesley Branch
- Drop-in Yarn Craft Club Wednesdays from 6:30-8:00 p.m. – New Hamburg Branch
- Settlement Workers at the Library Thursdays, drop in from 10:00 a.m. – 2:00 p.m. – New Hamburg Branch

Register for Spring programs starting Friday, March 22.

Scan to see our full Events Calendar,



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New Clients Welcome!



Play is not just a way to pass the time; it's a way to fill our souls with joy, our hearts with laughter, and our minds with wonder. So let's embrace the playful spirit within us and dance through life with the joy of a child. For in play, we discover the true essence of who we are and what it means to be truly alive.



Looking Back at Baden 100, 75, 50 Years Ago

By Castle Kilbride Staff Sherri Gropp, Curator and Elizabeth Lukashal Museum Attendant

100 Years Ago

Friday March 14, 1924

Mr. A. Wagler, our milkman has installed an automatic milk cooler, which was purchased from the R.A. Lister Co. Hamilton, so as to give his many customers the best and sweetest milk that can be obtained.

Friday March 28, 1924

A very enjoyable sleighing party took place last Friday evening, when a very sociable gang from Petersburg, Wilmot Centre and surrounding district surprised Mr.

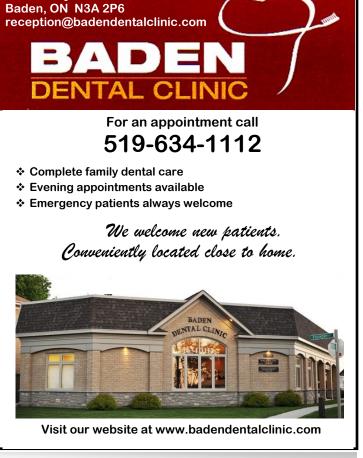


A. Wagler milk delivery wagon c.1920. Township of Wilmot Archives.

26 Foundry Street

and Mrs. Wagler and family to show them they were not as yet forgotten by their friends. The visitors were surely welcome and highly appreciated, as the old saying is "actions talk louder than words." Those present were Mr. and Mrs. Wm. Huehn, Mr. Clifford Huehn, Miss Leila Hilner, Mrs. Gardner, Mr. Victor Gardner, Miss Mabel Gardner, Miss Edith Gardner, Priscilla Roth, Mr. and Mrs. Noah Boshart and family, and the jolly teamster, Mr. Allen Gingerich, who had to be responsible for the whole gang. Come again.





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75 Years Ago

Friday March 4, 1949

The Cubs and Boy Scouts of Baden attended the meeting on Sunday in the Lyric Theatre, Kitchener, at which Syl Apps was the speaker.

Boy Scouts and Cubs Put on Demonstrations at School.

Demonstration of first aid by the Boy Scouts and knot-tying and signaling by the Cubs were given at "Parents Night" in Baden Public School on Friday evening. Group committee leader Carl Ritchie greeted the parents and Leslie T. Wheeler, executive commissioner, conducted some games and told the gathering of Scout-Guide Week. The Scout and Cub display was under the direction of Cubmaster Clifford Brewer.

Friday March 25, 1949

New Bridge to Be Built This Year

The Waterloo County Roads Department is to construct the new bridge at the southern limits of New Hamburg, contemplated by the Ontario Highway Department. Work thereon will likely commence shortly.

The bridge will form part of the new provincial highway the Provincial Highways Department plans to construct. The county is to build 1.110 feet of roadway and the 190-foot bridge connecting Haysville to Bleams Road.

The new highway will skirt the southern limits of New Hamburg from somewhere near Bender's hill and connect with Highway No. 7 & 8 near the eastern limits of Baden. County Engineer J.D. Emrey said the new routing of the provincial road will eliminate railway crossings at New Hamburg and Baden as well as several bad turns in the present highway between New Hamburg and Baden.





Example of Scout knots by Garry Gibbons-Township of Wilmot Archives

50 Years Ago

Wednesday March 6, 1974

Waterloo Oxford's junior girls' basketball team coached by Elaine Hume captured the Central Ontario Secondary Schools Athletic Association "AA" championship recently. The girls defeated a Brantford team 33-28 to take the title. Team members were Pam Miller, Lynn Eby, Cheryl Schwartzentruber, Chris Cressman, Pam Yantzi, Anita Gross, Kelly Hunsberger, Angie Patommel, Helen Row, Brenda Baechler, Ruth Huber, Chris Radke, and Sandy Moser.

Wednesday March 6, 1974 Snowmobilers raise \$1050

Baden Sno Surfers Snowmobile Club raised \$1050.00 on a run on Saturday Feb 23. Eighteen snowmobiles took part in the 50-mile run. All safely completed the run to Heidelberg and back. The proceeds are to go to the Baden Minor Softball Assoc. to help in their operations this year. Robert Miller had the most pledged with \$139.50.



Join us for some St. Patrick's Day fun!

On March 17th - Live band playing from 2-5 p.m. and
Unleashed from 7 p.m. to 10 p.m.
\$10 cover for the evening.

Good Friday we will have tasty Fish and Chips!

Closed Easter Sunday and Monday.

39 Snyder's Road W, Baden 519-634-5711 badenhotel.com



St. Paddy's Puzzle

Draw a line to match 'Irish' words in 'broguen' English with their definitions.



Answers on page 32

3

7

Submitted by Franklin Morgan

1 C	Toolcannon	Comedy	Clubs
	20104111011	CC117C9,	CIGIPS

- 2 Cup Poteen Cream Source for Baileys
 - Derry Farm Crumbled Castle
- 4 Dublintz Disquised Thug
- 5 Guinness This Day Ditty of 5 Short Lines
- 6 Patio Grady Driving Out Snakes
 - Patrickery Our Daily Bread
- 8 Sharm Rock Potato Crepe
- Shillelaughs Potato/Cabbage Salad
- 10 Slimmerick Simulant Emerald
- 11 Smitheruins Stronger Drink
- 12 Whooligan Terrace-Levelling Co.

You Must Be Joking!!

 Milk is the fastest liquid on earth. It's pasteurized before we can even see it.



- * Why did the man fall down the well. Because he couldn't see that well.
- I told my doctor I could only hear buzzing. He said, "it's just a bug going round".
- Boy -"Dad, can you explain to me what a solar eclipse is?"
 Father -"No sun"
- * I can't remember how to write 1, 1000, 51, 6, and 500 in Roman numerals.

IM LIVID

 Bad spellers of the world, UNTIE!



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Baden Birding ~ EARLY MIGRANT

By Jim Burrell

It's the last week of February. Sap is flowing, snow is melting, sun is shining, and daylight is lengthening. This all spells Spring!

After one of the wackiest winters of my life, I am really looking forward to the next three months as Spring advances from the south. With this advance comes the arrival of the birds from the south.

Now, some bird signs are already happening. Last week my wife saw a male house finch courting a female by offering her a seed from our feeder. The earliest migrants are beginning to show in our area. They are a little late

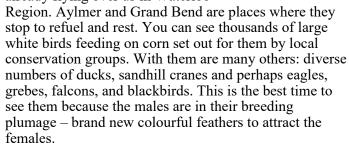
Horned Lark

but Horned Larks and Lapland Longspurs (usually appear in January) are now in and moving north. These two ground-dwelling birds often form mixed flocks as they move northward and are easily seen as they flush off the gravel shoulders of our roads. The Longspurs will continue north to the Arctic and Larks will set up local territories.

Another early sign is that the local Bald Eagles are on nests. In the area where I live there are now four Bald Eagle nests that I have been monitoring: three are along the Conestoga River and one in Waterloo. It wasn't long ago that birders were betting on where and when the first eagle nests would appear!

So, my point is that even though it is still winter, the northern movement of birds has begun. The movement, like the southern movement in the fall, is quite regular. If you keep notes you will see that the same species arrive within days of earlier times. Indeed, the same bird will arrive on schedule if it has survived. This is one of the facts shown by bird banding.

One of the largest and most diverse group of migrants is waterfowl. One of the best places to see waterfowl is the Long Point area. We always head down in mid-March to see tens of thousands of ducks, geese, swans, and cranes. Tundra swans are already flying over us in Waterloo



The next wave will be terrestrial species that can survive on seeds and fruit. These are mainly robins, red-winged blackbirds, brown-headed cowbirds, and common grackles. They fly in vast flocks during the day. These flocks consist of males eager to get here to set up territories to attract females who will come about three weeks later.

By April, the first insectivores will begin to arrive. Eastern Phoebes, tree swallows, and some sparrows (Savannah, White-throated, White-crowned, Song) will arrive in April. It is quite a parade! Be sure to keep your feeders stocked because these birds

need food to refuel. Many will continue north for breeding.

Now, I will stop here because May is the most special month for birding and deserves its own space. Get out and observe this parade of sound, colour, and behaviour. It is a great time to be a birder.



Lapland Longspur



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You Must Be Joking!!

While on a road trip, an elderly couple stopped at a roadside restaurant for lunch. After finishing their meal, they left the restaurant and resumed their trip.

When leaving, the elderly woman unknowingly left her glasses on the table, and she didn't miss them until they had been driving for about forty minutes.

By then, to add to the aggravation, they had to travel quite a distance before they could find a place to turnaround, in order to return to the restaurant to retrieve her glasses. All the way back, the elderly husband became the classic grumpy old man. He fussed and complained, and scolded his wife relentlessly during the entire return drive. The more he chided her, the more agitated he became. He just wouldn't let up for a

To her relief, they finally arrived at the restaurant. As the woman got out of the car, and hurried inside to retrieve her glasses, her grumpy husband yelled to her, "While you're in there, you might as well get my hat and the credit card!"

PERSPECTIVE MATTERS

single minute.

"Sad" has 3 letters but so does "Joy"

"Fall" has 4 letters but so does "Rise"

"Curse" has 5 letters but so does "Bless"

"Ignore" has 6 letters but so does "Listen"

"Enemies" has 7 letters but so does "Friends"

"Immature" has 8 letters but so does "Maturity"

"Ignorance" has 9 letters but so does "Knowledge"

"Negativity" has 10 letters but so does "Positivity"

We all have two realities to choose from. It's up to you to decide which one you want to live.







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Ode to Our Bodies



By Chip Bender, Registered Psychotherapist (qualifying)



Last month, I experienced some excruciating pain that felt like a 2-inchthick rod was inserted just under my breastbone and out between my shoulder blades. An emergency room doctor diagnosed a gall bladder attack,

which a subsequent ultrasound confirmed. It felt like a betrayal by my body, which has generally served me quite well except for the odd illness due to an assortment of viruses. This experience occurred a few weeks after my 85 -year-old father had hip replacement surgery and was not recovering as quickly as initially anticipated. In the past week, I also had two friends, one my age and one 30 years older, diagnosed with cancer.

Sometimes it can feel like our bodies will let us down with unexpected breakdowns. If we had purchased our bodies from a reputable dealer, we may have wanted to return them for a full refund, though you would be hard-pressed to find anything in this life that has a 20 or 30-year guarantee, let alone a 50 or 60-year one. The fact that our bodies even last that long is a miracle, not to mention that the average life expectancy for Canadians is over 80 years.

After experiencing my gall bladder attack it was easy for me to begrudge this fragile vessel of flesh and bones that

carries me around. However, when my mind shifted to all the functions my body undertakes without my conscious awareness, I was moved to a sense of awe. My heart beats a steady 60 to 80 beats per minute to circulate my blood through my arteries carrying the oxygen my lungs have inhaled during their 12 to 18 breaths per minute. My body can take the food and drink I ingest, then metabolize the nutrients and expel the waste all without any effort on my part. My body carries me from place to place and helps me perform all my daily tasks with relative ease.

Our bodies do not always work like we want them to work, which can be attributed to chance or genetics or maybe to how we may have neglected them over the years. Additionally, our society has created other body issues connected to the shape, size, or colour of our bodies. Whatever the case may be, the fact is our bodies have generally served us well over the course of our lifetimes. Take some time to notice the next breath you take. Consciously move your arms and/or your legs. Give yourself a hug to offer some appreciation to your body for the good work it has done up to this point. Think about one small-step action you could undertake to help your body serve you even better and then make it happen.

Total Solar Eclipse Set to Darken Skies on April 8th

Solar Eclipse Facts

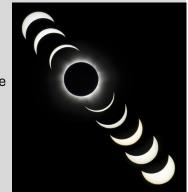
- The last total solar eclipse in Ontario was witnessed 45 years ago in 1979.
- Solar eclipses only happen at a new moon.
- There are four different types of solar eclipse - total, partial, annular, and hybrid.
- Unlike a lunar eclipse, total solar eclipses are only viewed in a specific path.
- Length of darkness varies depending on circumstances, but no total solar eclipse has lasted longer than seven minutes.
- From beginning to end, a typical total solar eclipse will last just over two and a half hours going through four stages as it progresses... first, second, third, and fourth contact.

A solar eclipse is when the moon is situated between the sun and earth blocking out the some or all of our light. Total solar eclipse, that blocks out all of our light, happens rarely and only within a certain path.

On Monday, April 8th, we will experience a total solar eclipse as it crosses over North America. Passing first through Mexico, then the United States, it is estimated to affect Southern Ontario with totality occurring at approximately 3:12 p.m. The path appears to be approximately 181 kilometres wide when it starts in Canada and will end at roughly 162 kilometres wide. In Canada, the totality of complete darkness will only

last between three to three and a half minutes. One of best places to view the total solar eclipse in Canada is actually nearby in Hamilton, Ontario.

It's a known fact that looking at a solar eclipse is a not safe for our eyes. Even wearing sunglasses does not protect enough of the rays. During an eclipse, the sun shines way more sunlight than safe to view. Please take caution with your eyes during the eclipse!



Oscar's Winning Best Dicture Films

Submitted by Theresa Billo

N	О	О	Т	Α	L	Р	Н	Υ	Α	С	Α	K	Υ
Т	0	Υ	Т	R	Α	М	G	D	L	U	N	Q	K
Α	Н	Т	Z	٧	I	U	N	Α	L	S	N	Υ	С
R	С	Е	Т	U	U	G	ı	L	Α	N	ı	G	0
Т	Н	С	Α	Α	S	Т	Т	R	В	Ε	Ε	0	R
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Α	С	Υ	ı	В	Α	Е	Е	Α	U	ı	Α	Ν	Т
Е	Α	Т	J	N	Ε	R	Н	F	Т	G	L	G	Α
Н	G	ı	G	ı	R	R	Т	Υ	Ε	R	L	М	I
Е	0	Т	С	U	Е	0	Α	М	٧	0	Z	Υ	D
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Α	W	N	С	Α	S	Α	В	L	Α	N	С	Α	L
R	Е	ı	N	Α	М	N	ı	Α	R	U	Т	Υ	G
В	Х	С	w	R	Е	٧	ı	N	ı	М	S	R	М

These titles have all won Best Picture at the Oscars in years past. Can you find the movies below in the grid to the left? Words can be found left, right, up, down, and diagonal. Good luck!

ALL ABOUT EVE

ANNIE HALL

BEN HUR

BRAVEHEART

CASABLANCA

CHICAGO

FORREST GUMP

GIGI

GLADIATOR

GOING MY WAY

MARTY

MRS MINIVER

MY FAIR LADY

PATTON

PLATOON

RAIN MAN

REBECCA

ROCKY

THE APARTMENT

THE STING

TITANIC

UNFORGIVEN



Wilmot's Pioneer Cemeteries - Part Three -Wilhelm

There are seven pioneer cemeteries in Wilmot Township. In our January edition we focussed on Fairmount Cemetery, which is an active cemetery, and the Old Baden Cemetery on Snyder's Road East in Baden. This issue we will explore the Wilhelm Cemetery which is located at the southwest corner of the Erb's Road and Sandhills intersection.

Once again, we used the help of the Find-a- Grave website which indicated there are 57 people buried there. Sixteen of the 57 graves are associated with the Wilhelm family – which is one of the reasons for the naming of the location. Other families buried there include Schmitt with 8, Geiger 5, Bechtel 4, and Graff, Schneider, and Stutz with 3. Cressman, Dahmer, Diebel, and Krupp all had two interments and seven other families with one.



The first person to be buried at Wilhelm Cemetery was Jacob Cressman (1774-1833). He was born in Limerick County, Pennsylvania and died at age 59. Over the next seven years there were six more burials including Johannes Grody age 7 (1826-1834), Benjamin Krupp age 41 (1794-1835), Johannes Schmitt age 11 months (1834-1835), John Schmitt age 6 months (1837-1838) and Lovina Krupp, age 14, who was born in Wilmot (1827-1841).

The last people to buried there included Veronica Diebel age 67 (1873-1941), Simon Spreeman age 72 (1869-1942), Louisa Wilhelm age 94 (1850-1945), Annie Dahmer age 85 (1863-1948), and Sara Wilhelm age 65 (1886-1952).

One thing that was very noticeable while exploring that gravesite website was the amount of people that died



young. Children dying under the age of one totalled eleven and children between the age of one to ten also totalled eleven. Fifteen people were buried between 1850 and 1860. Amazingly enough, when looking at the births of all the people, most were born between the years of 1850-1860 (12).

There were many that were born in Pennsylvania, Hessen Germany, or Alsace, France. The size of the families was also very large. John Peter and Anna Wilhelm had thirteen children, John and Louisa Wilhelm had nine children, Christian and Maria Wilhelm had a farm near Philipsburg and they had nine children – Maria died at age 37 in 1893.

Some of the grave markers had listed the cause of death including dropsy (swelling of the heart), the disease diphtheria, and a one-year-old child scalded with hot water. There were a couple of interesting stories posted on the website including two brothers Jacob and George Graff married two sisters Rachel and Barbara Metzger. John William Geiger was an orphan at age six. His father, mother, brother, and sister all died within six months of each other from Diphtheria and Typhoid Fever. He got a job at a barbershop in New Hamburg working for D&H Becker and eventually took over the business.

There were many intriguing first names of the people buried there including Elmina, Salome, Valentine, Susanna, Estella, Sangster, Dillman, Bertha, Veronica, Catharina, Reuban, Lovina, Leah, Wiegand, Wellington, Solomon, and Lucinda. Life was certainly hard for the early settlers of Wilmot Township.



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Missing Numbers

Each quadrant has missing numbers to complete the equations. Look for an obvious starting point and go from there. Dust off that big brain of yours and see how well you can do!

Answers on page 32

11	+		=	32				
		+		-				+
	1		II	7				6
+		II		=		1		=
		24			+	8	II	
=						=		
16		26	-		=	7		24
		-		+				+
6	+		=					5
		=		=				=
				33	-		=	





EcoNugget

Pesky bugs in the garden! Oh my!

- **Know** your pest so you know how to manage it. Only 1% of insects are problematic.
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- Attract beneficial insects such parasitic wasps and ladybugs that control insects such as aphids, leaf miners, and hornworms by growing diverse plants in your yard.
- **Handpicking** and destroying many pests are better than using pesticide.
- **Use** insecticides as a **last resort** as they kill the good guys too.
- **Avoid** use of home remedies unless recommended from a reputable source.

To learn more go to:

https://omafra.gov.on.ca/english/crops/index.php#pest

The Nith Valley EcoBoosters (NVEB) is a not-for-profit, politically non-partisan group of volunteers that has been active in the community for 10 years. We are not environmental experts – just residents of Wilmot and Wellesley Townships who are concerned about the climate crisis. There is no fee to join. We are funded by donations, fundraising efforts, and grants. Our mandate is to achieve and support a long-term healthy environment and we accomplish this through education, action, and collaboration.

Take a look at our website to see what we do (nvecoboosters.com) and we hope you will consider joining us as we currently need volunteers to help in a number of different areas. Please contact us via e-mail: nvecoboosters@gmail.com or call 519-662-9372 if you would like more information about NVEB or would like to attend one of our upcoming meetings.

Don't wait. Help our communities. Help our environment.



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Global Outlook - Worldly Tree Facts

There is a lot of talk lately about climate change, specifically regarding trees and their benefits to the cause. We thought we would share some interesting information regarding the largest and oldest trees in the world.



The world's oldest tree is located in the Methuselah Grove, in the White Mountains of Eastern California. The tree itself is named Methuselah, named after the grove and it is a Great Basin Bristlecone Pine. It is estimated to be 4,854 years old! The tree is very dense, full of resin, and can lose up to 90% of its bark and still survive. It grows in soils and conditions that other trees cannot.

Thimmamma Marrimanu is a huge Banyon tree located in India. It has the world's largest canopy which covers 4,721 acres! It was added to the Guinness Book of World Records in 1989, and is said to be 880 years old. Its tree roots span five acres and it is revered by local peoples.

The widest tree trunk in the world is located on the grounds of a church in the small town of Santa Maria Del Tule, Mexico. That town is located 9 kilometres east of the city of Oaxaca. The tree's name is Arbol Del Tule after the town. Its trunk's circumference is 42 metres (137.8 feet) and its diameter is 14 metres (46.1 feet). It was originally thought to be multiple trees, but DNA proved it to be one. The best estimate on age is thought to be 1433 to 1600 years old.

General Sherman is the world's largest single stem tree by volume measuring 83 metres (275 feet) high, and 11 metres (36 feet) in diameter at the base. It is a Giant Sequoia located in Tulare County, California. In 2006 a tree branch fell off having a diameter measuring two metres and a length of 30 metres (98 feet). It is estimated to be 2,300 to 2,700 years old.

The world's tallest tree is a Coastal Redwood located in Redwood National Park in California. This tree is called Hyperion and it has a height of 115.9 metres (380.3 feet). Redwoods' existence dates back 200 million years and this tree is estimated to be within 600 to 800 years old.

According to website monumentaltrees.com the tree with the largest girth in Ontario is a Hybrid Black Poplar which is located in Kinburn near Ottawa. It measures 8.41 metres. The tallest is an Eastern White Pine located in Arnprior standing 44.14 metres high. The oldest is a Sugar Maple located in Pelham with an age of 543 years.

"Keeping the Community Connected"



WILMOT HERITAGE FIRE BRIGADES

What is this? Did you know?

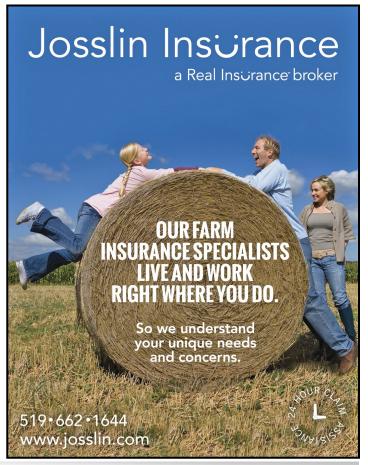
This photograph is the second fire hall located in Baden. It was located at what would be today, a parking lot next to the library, across the street from MARS Variety Store right in front of the mailboxes. At one time in history, this fire hall had a 1926 Model T Ford as its main piece of equipment. This was the first motorized pumper in

Wilmot Township. The bell from the bell tower is in our museum as well as the original finial on top of the tower.

We are always looking for people interested in history to become a member.

We are also happy to give you a personal or group tour. We are open Wednesday evenings from 6:30-8 p.m. at 10 Bell Drive, Baden or by appointment.





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Ready for Rutabaga!

By Mercedes Kay Gold



utabagas are not exactly the most eye-catching vegetable in the garden patch, but they are packed with plant power. Rutabaga is a root vegetable and part of the cruciferous crew. This brownish-white waxy looking bowling ball is a staple in Northern Europe, and commonplace on menu plans for this holistic nutritionist's clients.



Rutabagas are top-notch, nutritionally. They contain a myriad of minerals, vitamins, and antioxidants but some stand out, deserving a special shout out. Rutabagas are lower in calories and carbohydrates than potatoes, but fuel a fit body fabulously. The potassium percentage is impressive, and a great way to support heart health and blood pressure. The most impressive vitamin content is C. I love the immune boosting benefits, iron absorption aid, and the fact rutabaga fights free radicals throughout the body.

Rutabaga is full of insoluble fiber, feeding the gut heaps of healthy bacteria. The body has seven channels to remove toxins, and bathroom regularity is key to detox.

Rutabaga supports weight-loss and management by promoting fullness. They are an exceptional option for those bored with potatoes. Rutabagas are the total package. Their flavor is versatile, and magnificent whether mashed, boiled, steamed, roasted or raw in salads. Take a break from turnips, and swap squash and carrots for some new root veggies! Let's eat foods in-season to save a bundle and support local!

Reap the benefits of rutabaga roasted with rosemary and thyme. Mashed rutabaga is super simple side or use as a Shepherd's Pie topper. Rutabaga pairs with parsnips for palate pleasing perfection whether you prefer herbal heaven or a bit of Canadian maple syrup magic.

Rutabaga Fries

Ingredients:

2-pound rutabaga
Fresh rosemary sprigs or ½ tsp dried
Fresh thyme sprigs or ½ tsp dried
½ tsp garlic powder

½ tsp onion powder

2-3 Tbsp avocado oil (ideal for roasting at higher temperatures)

Himalayan Sea salt and pepper to taste

Directions:

Preheat the oven to 375 degrees Fahrenheit.

- 1. Peel the rutabaga using a peeler, removing the waxy outer layer.
- Use a food processor, mandolin, or cut into "French fries".
- 3. Drizzle with avocado oil.
- 4. Sprinkle with dry or fresh herbs, salt, and pepper.
- 5. Mix well and spread on a baking sheet.
- 6. Roast in the oven until crispy. Turn half way, maintaining a single layer.

*Want heat? Sprinkle ½ tsp cayenne pepper over the cut fries before roasting.

Marvelous Mash: Savory or Sweet Side

Ingredients:

2-pound rutabaga

1-pound parsnips

2 Tbsp avocado oil or butter

½ tsp onion powder

- *2-3 cloves fresh garlic
- *Fresh thyme or rosemary sprigs
- *1 tsp ground cinnamon

Himalayan Pink salt

Pepper to taste

Directions:

- Remove the waxy outer layer. A peeler works best. Dice into small chunks.
- 2. Peel the parsnips if desired. Slice into pieces.
- 3. Peel the garlic.
- 4. Add rutabaga, parsnips and garlic to a large pot with salt and bring to a boil.
- 5. Reduce heat and simmer until the rutabaga is very soft.
- 6. Drain.
- 7. Add the butter or oil and mash. Season with salt and pepper. Spoon into your favourite oven-friendly tarte pan or baking dish.
- 8. Lightly brown under the broiler.
- 9. Top with fresh sprigs of your favorite herb.

*For a sweet side, complementing turkey, ham, and chicken, use 3-Tbsps maple syrup and 1-tsp of cinnamon instead of garlic when mashing with butter, oil or plant-based alternative.

The power of plants is proven, and eating an array of vegetables is linked to longevity. Nourishing the body consistently is key, but boredom is no fun. Try something new!

Waterloo-Oxford D.S.S. Presents....

A five, six, seven, eight! Waterloo-Oxford District Secondary School's production of *Emma! A Pop Musical* hits the stage this April and is a heartwarming story for the whole family.

Based on Jane Austen's classic novel, *Emma! A Pop Musical* is a living, dancing, and soul-warming jukebox musical that features hit songs of legendary girl groups and iconic female singers, from *The Supremes* and *Whitney Houston* to *Shania Twain* and *Katy Perry*.

The story of *Emma! A Pop Musical* focuses on Emma, a senior at Highbury Prep. This matchmaking master strives to find love for her classmates (as well as the private school's teachers!) Her next pet project is to find the perfect boyfriend for the young and bashful Harriet by the end of the school year. However, Emma's pursuit often goes sideways in hilariously unexpected ways, not to mention her relentless efforts just might be getting in the way of finding her own happiness.

This charming, full-length musical comedy is a delightful evening out for the whole family. With dynamic performances from W-O's talented students, *Emma! A Pop Musical* addresses how misguided romantic relationships can be when both personal vanity and stereotypes complicate matters.

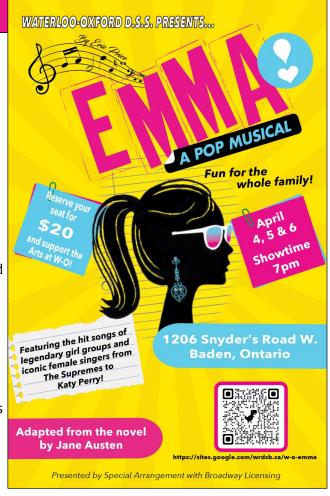
Come and immerse yourself in the foot tapping, heartwarming, giggle-inducing world of **Emma! A Pop Musical.**

All proceeds from the show will be put forward to specifically support the

arts at Waterloo-Oxford District Secondary School.

Scan the QR Code for more information!





Performance Details: **Emma!** A **Pop Musical**

Dates: April 4th, 5th, and 6th (Thursday - Saturday) at 7 p.m.

Tickets/Website: \$20 (Reserved Seating) as of March 1st https://sites.google.wrdsb.ca/w-o-emma

https://sites.google.com/wrdsb.ca/w-o-emma

Running Time: Approximately 90 minutes (+15 minute intermission)

Age Suitability: The content of this production is suitable for the young and young at heart (a.k.a. all ages)



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Three Thousand

Free Screening of three short films

Tuesday, March 19, 2024, 7:00 p.m. Zion United Church 215 Peel Street New Hamburg





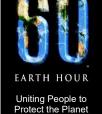
Sponsored by the Wilmot Ecumenical Working Group on Indigenous/Settler Relationships

Join us for stories of Indigenous individuals & communities from different parts of Canada with themes of land uniting people; language contributing to international security; and endurance leading to a celebration of the past and anticipation of the future.

Questions? Contact ecumenicalworkinggroup@gmail.com

Saturday March 23rd Make Earth Hour an event to share with your friends and family!

Millions of people around the world switch off their lights for Earth Hour at 8.30 pm (20:30) in their local times on the last Saturday of March each year.

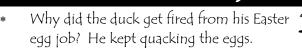


Some people enjoy Earth Hour with a candle-lit dinner or a candle-lit bath, while others host large events or parties, either in darkness or with candles, to celebrate Earth Hour.

It's about giving people a voice on the planet's future and working together to create a sustainable low carbon future for planet earth.



You Must Be Joking!!





- * What did the one raindrop say to the other little raindrop? Two is company and three's a cloud.
- * Why is the florist so happy in the spring? Because business is blooming!
- How excited was the gardener about spring? So excited, he wet his plants.
- What's the difference between summer rolls and spring rolls? Seasoning.
- * When is it impossible to plant flowers? When you haven't botany.



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You need to be out of your home when the firefighters arrive!



For more information, contact your local fire department.



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Community Corner ~ Check Out What's Going On!





Calendar Fundraiser February Winners

Janet Dawson Brock \$50 Gift Certificate to Imperial Market Steve Kieswetter \$50 Gift Certificate to New Hamburg Lanes Laurie and Brian Miller \$50 Gift Certificate to Focus Computers Devon Otterbein \$50 Gift Certificate to Turmeric Indian Bistro Kathy Zador \$50 Gift Certificate to New Dundee Emporium



Blood Donor Clinic

Monday, April 8, 2 pm - 8 pm Steinmann Mennonite Church 1316 Snyder's Road W., Baden





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July 22-26: Inventor's Workshop |

July 29-August 2: Mindfulness week

*Aug 12-16: Around The World ||

Aug 19-23: Inventor's Workshop ||

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Garden Wilmot

(new working name of Wilmot Horticultural Society) Speakers for April

Monday, April 8th - Garden Wilmot has a meeting at 7:00 pm at Wilmot Rec Complex upstairs in Meeting Room A. No fee and all are welcome to come and enjoy. Our speaker will be Master Gardener Julie Dorssers from London. She will be speaking to us on Growing Cannabis. Come out to listen, learn, and ask questions.

Light refreshments will be served after the meeting.



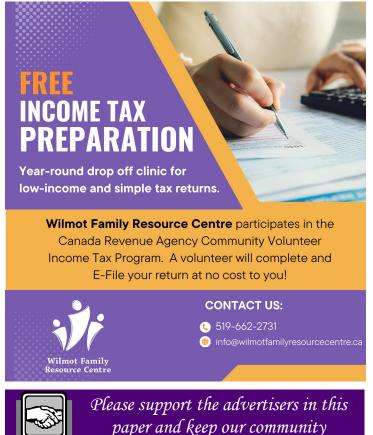




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alive and thriving!



Theatre Wellesley Presents Sean Grennan's Making God Laugh

Ruth and Bill have three children: their oldest, Rick, is a flashy ex-football player living the party life and always looking for the next get-rich-quick scheme; middle-child Maddie is an aspiring actress who constantly deals with her mother's scorn; and their pride and joy – the youngest, Thomas - has decided to become a priest. The plans they make for their lives may amuse the almighty, but the way those plans unfold over the years will reveal the faith an ordinary family discovers they have in each other.

Theatre Wellesley is pleased to invite you to their production of Making God Laugh, where the hopes, fears, imperfections, and love shared by one family are told through a series of four snapshots of their lives together across the decades. It's a funny, poignant and honest look at the bonds of love and family that hold us together and the unspoken secrets that can sometimes try to tear us apart.

Making God Laugh has attracted some of the finest talent in amateur theatre in the region, and for a show that spans four decades the production team made the bold decision to cast on the basis of character instead of age: at some point across the four scenes each actor will be playing their character both younger, older, and at the performer's actual age; and one character, the pivotal role of family matriarch Ruth, will be played at different stages of her life by two different actresses.

Eight shows are booked in Theatre Wellesley's Studio Theatre space above the Wellesley Public Library at 1137 Henry Street, where the intimate environment invites the audience inside Ruth and Bill's home for a close-up look into their lives. Space is limited for each show, so buy your tickets today online at www.theatrewellesley.com or purchase them by cash from Pym's Village Market in Wellesley.

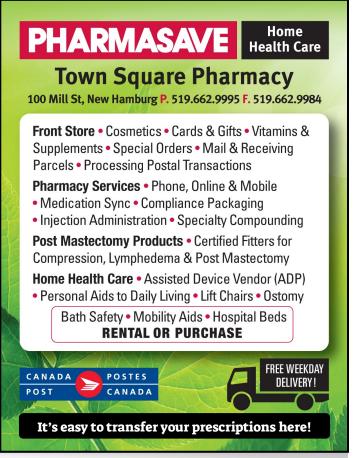


Evening shows are at 8:00 PM on Thursdays & Fridays, April 18 & 19 and 25 & 26. Matinees are at 2:00 PM on Saturdays and Sundays, April 20 & 21 and 27 & 28.

Making God Laugh by Sean Grennan; starring Anton Wąsowicz, Jamie Russell, John Settle and Al Cook, with Lori Hoelscher & Mary Beth Jantzi as Ruth; directed by Rhonda Caldwell and Aidan Tessier; Ciara Crozier, Stage Manager; produced in special arrangement with Playscripts Inc.







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Number Code

To let air out								
	19	4	11	14	15	9	4	
Dust in the								
	16	10	2	19				
Conceal or Blanket								
	23	21	22	4	18			
Predator Bird								
	24	15	16	20				
Leaping								
	3	26	12	25	10	2	7	
Ask a								
	6	26	4	13	9	10	21	2

You Must Be Joking!!

A woman finds a Genie and this was her wish:



"I want my husband to only have eyes for me I want him to laugh at my mindless jokes with utter disregard to the people around him. I want to be the only one in his life. I want to have him to always sleep by my side. I want to have his undivided attention. I want that when he gets up in the morning, I'm the first thing he reaches for and for him to take me where he goes."

The Genie turned her into a mobile phone.

From the clues provided to the above, see if you can find out the secret message to the right by figuring out which number represents which letter of the alphabet.

For example, the letter C is number 23.



Answers on page 32

		Se	Secret Code							
9	24 4	12	4	15	2	1	2	7		
	21 11	21	25	15	6	26	4			
10	13	26 2	23	14	4	15	18			

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- **Ron Schlegel**, founder of Schlegel Villages

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Steinmann Mennonite Church Sunday Worship 9:45 a.m. www.smchurch.ca

Zion Philipsburg Lutheran Church Sunday Worship 10:30 a.m. www.philipsburglutheranchurch.ca

Shantz Mennonite Church Sunday Worship 9:30 a.m. www.shantzmc.ca

St. James Lutheran Church Sunday Worship 9:00 a.m. www.stjamesinbaden.org

Wilmot Mennonite Church Sunday Worship 10 a.m.

St Agatha Mennonite Church Sunday Worship 10 a.m. All are welcome. 519-634-8212

Emmanuel Lutheran Church Sunday Worship 9:30 a.m. www.petersburgchurch.org

Memorable April Fools' Jokes of the Past

THE SWISS SPAGHETTI HARVEST:

In 1957 the respected BBC news show *Panorama* announced that thanks to a very mild winter and the virtual elimination of the dreaded spaghetti weevil, Swiss farmers were enjoying a bumper spaghetti crop. It accompanied this announcement with footage of Swiss peasants pulling strands of spaghetti down from trees. Huge numbers of viewers were taken in. Many called the BBC wanting to know how they could grow their own spaghetti tree.

INSTANT COLOUR TV:

In 1962 there was only one TV channel in Sweden, and it was broadcast in black and white. But on 1 April 1962, the station's technical expert, Kjell Stensson, appeared on the news to announce that, thanks to a new technology, viewers could convert their existing sets to display color reception. All they had to do was pull a nylon stocking over their TV screen.

THE TACO LIBERTY BELL:

The Taco Bell Corporation took out a full-page ad that appeared in six major newspapers on 1 April 1996, announcing it had bought the Liberty Bell and was renaming it the Taco Liberty Bell.



THE LEFT HANDED WHOPPER:

Burger King published a full page advertisement in the April 1, 1998 edition of *USA Today* announcing the introduction of a new item to their menu: a "Left-Handed Whopper" specially designed for the 32 million left-handed Americans. According to the advertisement, the new whopper included the same ingredients as the original Whopper (lettuce, tomato, hamburger patty, etc.), but all the condiments were rotated 180 degrees for the benefit of their left-handed customers.

Taken from website...museumofhoaxes.com





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Greetings from New Hamburg Thrift Centre

March is the month when spring arrives, well at least in the calendar, but also in our minds.

We know spring is coming, and with the nice weather, also comes the desire to spring clean. The concept of spring cleaning dates back centuries. We emerge from winter wanting to clean and freshen up. But if you get the urge sooner, go for it!

MCC New Hamburg Thrift Centre appreciates the efforts that our supportive community makes to bring us donations, especially in this cold weather, particularly during February and March, which are slower donation times.

Here at MCC New Hamburg Thrift Centre, we are happy to help you with the process of receiving your donations, and we are very excited to introduce our new service, MCC Picks Up!

A donation pickup service in Waterloo Region and surrounding communities.

In five easy steps, you can arrange for your soft and hard goods donations (not furniture)* to be picked up at your doorstep.



By Emma Norris

MAKE YOUR DONATION IN 5 EASY STEPS:

- Schedule a Pickup: Visit www.mccpickups.com or call 226-22-0088.
- You'll get a confirmation email with the scheduled pick-up window.
- 3. Pack your donations in a box or bag.
- 4. Make donations visible for pickup so our pickup crew can easily find them.
- We pick it up, and you will receive a confirmation once it's complete.

Donations picked up through the project will be dropped off at the local MCC Thrift Shops in Kitchener, New Hamburg, and Elmira.

*Please note that this is separate from furniture pick-up, which will continue at the store level. You can call us at 519-662-2867 and speak with David, our furniture manager.

Thank you for shopping and donating to MCC New Hamburg Thrift Centre where everyone wins.





John Morosan

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Our Local Legion Needs Help Honouring Veterans in Military Service Recognition Book

The Royal Canadian Legion has a project; they publish a small story of all the local veterans so that their service is not forgotten. Each year they create a book. They are currently collecting submissions for book eleven. The stories, pictures, and permission slips are gathered by volunteers /members of the legion. This year, Bob Berg is spearheading the project with other Legion members lending a hand. They are trying to find locals that have a history of someone in their family with a military background. There is no cost to anyone as the Legion has obtained a marketing company who sells advertising.

They wish to start with WW1 and they have over 100 names from our area from the little towns Branch 532 services. It matters not what they did while in the service, nor how long they were there. A VETERAN is a VETERAN. For WW1, in the Canadian Force you must have been born prior to 1900, so you can see the problem, tracing a family that far back is very problematic.

Bob and other Legion volunteers are happy to have submissions about veterans from all



eras. Things the Legion would love to see submitted would include; stories, pictures, permission slips, etc.

If you have a veteran you would love to see honoured, please contact Bob Berg at icebev@hotmail.com or call 519-745-0212.

New Hamburg Legion

Branch #532—Boullee Street, New Hamburg

Invites you to join us for ...

March 15th Ham & Scalloped Potatoes \$25 Drive Thru 4:30-5 p.m./eat in 6:30 p.m.

March 20th UNLEASHED 2-6 p.m. \$5 hall

March 30th with MISSING LINK 2-6 p.m. \$5 hall April 6th KARAOKE 1-4 p.m.

Holy Family Students Show Veterans Some Love

Just before Valentine's this year, students attending Holy Family Catholic school in New Hamburg designed and created their own personal Valentines to be given to Service Veterans who are members of the Royal Canadian Legion Branch 532, New Hamburg. Teacher Kyle Sutter offered his guidance and support when he tasked his students to use their own creativity and messages for each card. Kyle himself is a member of the Waterloo Legion branch and his grandfather is a veteran.

All of the cards were picked up by Branch Comrade and Youth Education Chair Jane Eichler on February 12 and hand-delivered to veterans' homes around the community. She said the reaction was priceless and

heart-warming bringing smiles and a few tears of gratitude.

Pictured here are Comrade Jane Eichler and four of the students who participated.





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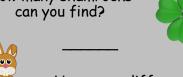
"Protecting What Matters to You"

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Decorate this egg!

Go through this month's Outlook and see how many you can find...

How many shamrocks can you find?



How many different Easter Bunnies can you find in the paper?









 $E=\mathbb{Z}$ $R=\mathbb{Z}$

F = Q S = (i)

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J= W= W=

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 $M = \mathbb{Q}$ $Z = \mathbb{P}$

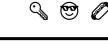
SPRING EMOJI CODE

Using the chart to the left, fill-in the clues below to find the answers to these two spring time jokes!

Does February like March?







What flower does everyone have on their face?



No But April May, Two Lips

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Travel Insurance News And Views

By Gary White

From time to time, I will get a phone call from a client who is taking either a river cruise or a land tour from a large internationally recognized company and they will tell me that travel insurance is included. Usually, the client is not sure how comprehensive the insurance is and asks for help in deciphering the details, which we are more than happy to do.

Most often the larger and more recognizable river cruise and land tour companies offer a very good travel insurance package which includes medical emergency, trip cancellation / interruption and baggage loss, damage or delay.

But here is what I never know of from the start. How well has the tour salesperson explained some of the more important details of their own insurance.

As good as their travel insurance might be their policies will almost always have an **Eligibility** criteria starting with the words "you must". For example, one large Canadian tour company will ask something like this as part of their criteria.

If you are 75 or older, in the past five (5) years, you must not have not been diagnosed and/or been medically treated and/or been hospitalized and/or been prescribed or taken medication for three (3) or more of the following conditions: Heart Condition; Lung Condition; High Blood Pressure and/or Diabetes.



I have many clients 75 and older who would not qualify for this particular tour company's insurance; however, they would qualify with another insurance company and still be able to take their dream tour vacation.



I always recommend that people read the **Exclusions** and **Limitations** found in every travel policy. It will read slightly different under the medical emergency and trip cancellation benefit. There may be as many as 15 to 20 exclusions and limitations under <u>each</u> benefit, all of them being important to know. One of the more important limitations has to do with the stability of health definition.

Let's say the reference to stable health has to do with medical conditions being stable within 6 months from your effective date (trip departure). If you are affected by this restriction there are other insurance companies who have either a 90 days or 7 days stability of health definition which will allow you to take that tour.

By the way, if you don't qualify for the tour company's insurance, those that automatically include travel insurance in their tour price, they will usually give you a credit for the cost of that insurance.

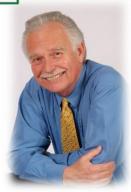
The bottom line here is if you're not sure about the tour company's insurance package ask the travel insurance broker you've been dealing with for many years to walk you through it.



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While packing for vacation, don't forget to bring your Baden Outlook with you!



Eloise and Jillian (grand daughters of Murray and Donna Ziegler of Petersburg) took their *Baden Outlook* with them on a cruise to the Caribbean.

The Cressman family, Ben, Cooper, Murray, Sherry, and Daniel took their *Baden Outlook* to the Dominican Republic.

Email us with your name, where your *Outlook* has been, and a picture! Send your travel experience to badenoutlook@hotmail.com.

Pat Gillies and Dorothy Pikor took the Baden Outlook to Ecuador, Galapagos, and Peru (Machu Picchu) with Exoticca tours for 19 days.







Nancy Coghill and her pup, Penny, took their *Baden Outlook* for a visit to see Dorothy & Larry Peterson in Dunedin, Florida.



Barry and Pat
Fisher met up
with other
Canadians who
enjoyed reading
the Outlook while
in Mexico.
Seen I-r: are
Kerry from
Kamloops, B.C.,



Dave and Eileen from Calgary, Alta, Marie-Anne from Duncan, B.C. and Virgilio, the owner of Casa Virgilios, in Nuevo Vallarta.

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OUTLOOK PUZZLE ANSWERS

All Things Scrambled

St. Patrick's Day	Relating t Spring
Beer	Sap
Gold	Rain
Green	April
March	Birds
Lucky	Bulbs
Clover	Pansy
Ireland	Flower
Rainbow	Easter
Blarney	Sunshine
Shamrock	Daffodil

St. Paddy's Puzzle

- 1. Shillelaughs
- 2. Derry farm
- 3. Smitheruins
- 4. Whooligan
- 5. Slimmerick
- 6. Patrickery
- 7. Guinness this day
- 8. Dublintz
- 9. Coolcannon
- 10. Sham rock
- 11. Cup poteen
- 12. Patio Grady

Number Code

DEFLATE
WIND
COVER
HAWK
JUMPING
QUESTION

Secret message:

The meaning of opaque is unclear.

Missing Numbers

11	+	21	=	32				39
		+		-				-
10	ı	3	Ш	7		15		6
+		=		=		1		=
6		24		25	+	8	Ш	33
=						Ш		
16		26	1	19	Ш	7		24
		-		+				+
6	+	8	Ш	14				5
		=		=				=
		18		33	-	4	=	29



Happy St. Patrick's Day Wilmot!

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Kyla Kowalik Memorial Tournament

This year marked the 15th anniversary of Wilmot Girls Hockey Association hosting the Kyla Kowalik Memorial Tournament. Kyla was a great ambassador for not only girls' hockey but other local sports like soccer and volleyball. She was an A student and volunteer at the library. If you needed help, she was there.

Kyla passed away at the age of 17 due to complications from knee surgery. Still, she was there to help others by becoming a donor. This generous spirit is what drives the many volunteers to continue to run one of the strongest girls' hockey tournaments in Southern Ontario. This year 22 teams descended on the Wilmot Recreation Centre to participate in one of Kyla's favourite sports, hockey.

WALDA, Wilmot Area Life Donation Awareness is celebrating their 10-year partnership with this amazing group. WALDA is a small grass roots organization with the intent of raising registration rates for organ and tissue transplants. By sharing Kyla's story and others like it, WALDA has helped raise our local registration rate at Be A Donor from 35% to 56%, consistently in the top 20 communities in Ontario.



If you have registered your consent at <u>beadonor.ca</u>, thank you! Perhaps you are thinking about registering; it's easy. Just go to <u>beadonor.ca</u>, you'll need your health card. Please consider registering your consent and become a hero just like Kyla.

Thank you to Lisa Clifford, Holly Bast, Darlene Vorstenbosch, Val Sanderson, Krista Boertien, Brett

Clifford, and Brittany Vorstenbosch for all of the dedicated hours to this year's tournament and many past.



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TRI-COUNTY MENNONITE HOMES— Resident's Perspectives



Meet Georgina Davis!

Georgina is very pleased to be our Tri-County Mennonite Homes (TCMH) Resident Feature for March. She's been living with Aldaview Services since 2009 – and she lives in Baden – which makes this feature a bit more special for her. Georgina reads the *Outlook* regularly. She likes

reading the articles, but she likes the games and puzzles the most. This month, she's excited for all of you to get to know her a bit better by reading this article.

Georgina tells us this coming August will be 15 years of living with Aldaview Services. During that time, she worked at the New Hamburg McDonalds for 6 years, and at the MCC Thrift Shop for 2 years. She likes working because she gets to meet people she hasn't met before. It helps her to feel like part of the community.

Because Georgina is our March featured resident, we designed questions to get to know her and what she thinks of this month. March has many fun and important dates like International Women's Day, St. Patrick's Day, Easter, International Day of Happiness, World Water Day, Earth Hour, and of course – the first official day of Spring. Lucky for us, Georgina had something to say on all the topics.

International Day of Happiness seems like a good place to start. Georgina is a happy person naturally. She likes spending time with her friends, Mim, Bonnie, Doris, Wendy, and Faye. They go out shopping together, but spending time with them is what makes her happiest. To help her friends feel happy, Georgina makes them cards and crafts because she wants them to feel special. And they are very special to her! Happiness is about more than friends though. Georgina thinks it's an important part of life. You have to try to be happy as often as you can. For her, she tries all the time, but will give a little extra happy effort on International Happiness Day later this month.

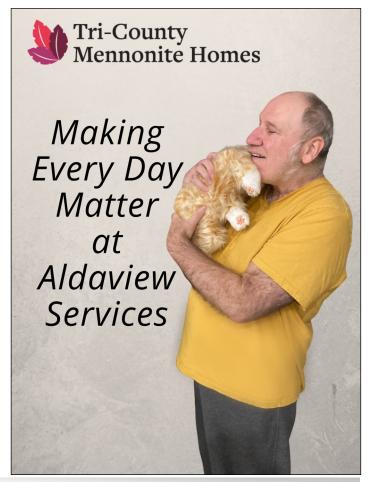


For St. Patrick's Day, Georgina will be wearing her favourite green pants and her white and green shirt. Thankfully, she doesn't pinch people who don't wear green on St. Patty's Day. The staff at her home are safe! Instead, she likes to enjoy a green milkshake and have a party with her friends and roommates. Georgina has some Irish in her heritage, on her father's side, and

she knows the limerick *There was an Old Man with a Beard*. With quite a bit of delight, she recites "two Owls and a Hen, four Larks and a Wren, Have all built their nests in my beard!" Sounds like it's going to be a fun St. Patty's for Georgina!

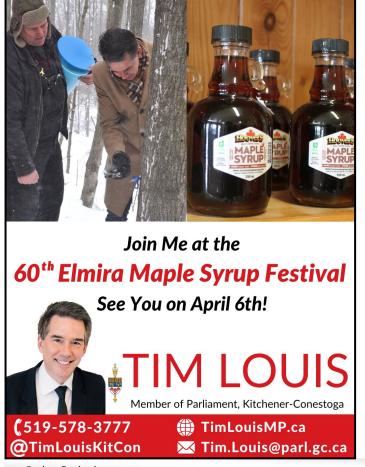
Thankfully for all of us, winter is winding down and spring starts this month. Georgina hopes March will roar in like a lion but leave like a lamb. She loves spring. She is looking forward to seeing all the trees and flowers blooming. And for warmer weather too. Maybe the best part of spring for Georgina is the end of shoveling. It's time to put away the snow shovels and to start thinking about picnics in the park once the grass is dryer.

Before we ended our interview with Georgina, we asked her if she wanted to include any final thoughts. Her final thoughts are for you, dear reader! Georgina wants to extend a friendly hello to all the *Baden Outlook* supporters, especially those of you who took time to read her story. She had a great time answering our questions and she hopes you enjoyed getting to know her a little. Lastly, but certainly not least, Georgina wishes all of you a good and enjoyable spring!



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