

MARCH 2021

VOLUME 21, ISSUE 8

# Baden Outlook

*~ Your Favourite Good-News-Letter ~  
Keeping the Community Connected*



*Thanks to Ashley Gillies for sharing this photo as she captured the beautiful sunshine on a winter's day in Baden.*

**This paper is priceless - Please have one!**



## Scheerer Brothers Continue to Grow at Baden Feed & Supply

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Ltd of Manitoba. Turtle Mountain seed is a bird seed sourcing business with a sunflower processing facility. Peavey, a company from Red Deer, Alberta, has acquired both businesses as well as a quite a few other successful businesses such as TSC and Ace Hardware.

Baden Feed owners, Tim and Roger Scheerer, say the two businesses already have a good working relationship as Turtle Mountain Seed has been a supplier to them for years. Both businesses are very excited to be joining together with hopes of even more future growth.



Customers will continue to receive the same quality products and customer service. Staffing increases are expected in the coming months as the companies continue to meet growing demand for their unique quality products.

# Happy Spring!



## TIM LOUIS

Member of Parliament, Kitchener-Conestoga

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[Tim.Louis@parl.gc.ca](mailto:Tim.Louis@parl.gc.ca)



# Greetings from Headquarters ~



Hello March... You deserve a drum roll as you bring anticipated change, and I believe any kind of change will do. You bring the change of season which opens the door to even more change. It may take us outside as the temps get milder and may entice visiting, which is still a precarious thing to do. I know I will be excited to greet more faces who are out walking or perhaps I may even encourage a safe-distance, and brief porch or garage visit for dear ones we have not seen in awhile. We will welcome spring and the extra hours of light as we re-set our clocks on March 14th. We will miss the camaraderie of the second St. Patrick's Day that did not allow for celebration, as well as Easter, where our family gatherings will continue to be small to best avoid yet another COVID wave and more lockdowns. Through this issue you will see transition of the seasons.

We have been giving the front-line workers due accolades for their work in possibly the most stressful time in their careers. We must not forget our local heroes who are here but not always acknowledged. In the upcoming issues, we are proud to feature our Wilmot Fire Department and introduce you to the firefighters. When you need them they are there!

We are happy to be the voice for the community and excited to share some history of Philipsburg, a charming little village that has a story too! Thanks to Chris Ehrat and Brenda Hoerle for sharing with us. If you have any stories or photos to share with them you will find their contact information in their article on page 20.

As Katie has become part of our team, she has marvelled at the continuity and loyalty of our advertisers, some of whom have struggled to survive the challenges over the past year. She says it best below...and I salute her words.



“What a time to be alive!” is a quote I hear often lately. But really, what a time it is to be a business owner.

Previous to joining the Outlook, I worked in retail jobs; some in upper-management, some just sales associate work. I have always worked in small independent stores alongside the owners. Even before the pandemic I witnessed the struggles that owners have to endure. Things like staffing issues, erratic customer complaints, finances, WSIB safety, profit margins, company appearance... all these were tricky to keep stable. It was hard before; I cannot imagine right now being in the situation we are facing.

I applaud all business owners trying so hard to stay up to date with health protocols not only with staff, but also with clients. They continually think outside the box with new options such as curbside pick up, online ordering, or maybe even in town delivery. Many businesses are struggling to stay afloat financially. Lockdown hit some businesses really hard while other companies are booming depending on the industry.

It is indeed time to buy Canadian. Not only Canadian, but local. If you are having plumbing problems, consider Einwechter Plumbing and Heating. If you are exhausted and depleted at the end of the day, call EJ's for takeout. These types of independent businesses keep Baden and area quaint; they maintain that hometown feel. To our advertisers, thank you for your continued support. Thank you for being creative and adaptable. We see you and we want to see you succeed. Readers, we urge you to buy local, whatever your needs may be.



**Keep your town in business by keeping your business in town!**

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Barry, Pat, & Katie Fisher

*Check out what's happening in the paper this month:*

- Barry writes about challenging yourself
- Al Junker writes about the history of Hartman Bridge in New Hamburg
- All Things Scrambled is deluxe this month
- Tracy from the Castle dives into archives of 111th Battalion
- Creative kitchen hacks from Chris Ehrat
- Tips on preparing your yard this spring from Wilmot Horticultural Society
- Try your hand at our popular *Drop One For Fun*
- Learn from ICC how to promote personal growth during a pandemic

The Baden Outlook is a grassroots family business serving the community of Baden and Wilmot Township.

The views expressed in this newsletter are not necessarily those of The Baden Outlook.

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# Talking with Ed

~ How do you Challenge Yourself?



Growing up in the small northern town of MacTier was a true blessing. It is located halfway between Parry Sound and Bracebridge, and when I lived there it had a population of 800. Everyone knew everyone, everyone made the hockey and baseball teams, and everything was within walking distance. Through the winter months the snowmobiling was amazing with minimal rules and lots of trails and through the summer fishing and swimming were favourite activities. Lake Stewart was right in town and that beach is where we spent most of our time swimming, although there are many lakes in the area.

One year our swimming instructor was none other than Alan Eagleson. That particular summer Bobby Orr played baseball for the MacTier Flyers baseball team and that is how the two personalities met – the rest is history. The one thing that I do not recall is having any issues with getting into the sometimes - cold water. I guess most kids are like that, impervious to the cold. I would have to say that has certainly changed for me now. If the water is even slightly cold, then I am not interested.

A few weeks ago, I watched several people on TV cutting a hole in the ice of a lake, and jumping into the frigid water. I instantly got a chill as I watched the demonstration. If this kind of silliness interests you, it can also be done at home which involves filling a tub with cold water and adding ice until the temperature is between 10 to 15 degrees Celsius, or 50 to 59 degrees Fahrenheit.



Marathon runner Paula Radcliffe began the tradition of ice bathing after winning the 2002 10,000 metre marathon event and attributed her winning to the use of ice baths. Apparently, there are many benefits to ice bathing, as it speeds up muscle rebuilding, helps your central nervous system, limits inflammatory response, and trains your vagus nerve. Many athletes believe in ice bathing such as Michael Phelps, and A.J. Soares. There are even rumours that Madonna ice bathes after concerts.

Many months ago, I watched a Facebook posting by local musician Erick Traplin as he stepped into a frigid water-filled tub. I found this intriguing and decided to phone Erick and find out about his experience with these ice baths. Here is what he had to say:

*Every morning I would take a two-or three-minute shower, and the water coming out of my tap is 58 degrees. One day I decided to challenge myself and try an ice bath. There are therapeutic benefits to ice baths and as we get older our brown fat turns to white fat. Cold baths rejuvenate the brown fats in our body. It is good for the vascular system and I have found that my varicose*

*veins on my left leg were shrinking.*

*Having an ice bath is mainly a mental thing and breathing is incredibly important. Proper breathing relaxes you and you hardly notice the cold. The coldest bath I have ever had was 34 degrees, but generally they are 50 to 60 degrees. I have had 7 to 8 baths last year and I will probably continue this spring.*

Kudos to Erick ... At 71 years old it is amazing that he would challenge himself to that degree. I guess the older we get the more we prefer to stay in a comfortable place. I like the thought of personally challenging myself, but I can tell you that I won't be having an ice bath any time soon. Brrrr ... Until next month...Ed

Cold water therapy is a major component in the Wim Hof Method. Wim Hof Method is the combination of three pillars. A committed, consistent practice including the breathing technique and cold exposure can help you unlock a host of benefits including:

- Increased energy
- Better sleep
- Reduced stress levels
- Heightened focus and determination
- Increased willpower
- Stronger immune system



## EXTRA EXTRA!!

You'll find us around the 15th of each month, available throughout Wilmot Township, while quantities last.

*The best things in life are free - like the arrival of the first robin in the spring...and this paper*



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## Winter in Canada - You Must be Joking..



As a trucker stops for a red light, a lady catches up. She jumps out of her car, runs up to his truck, and knocks on the door. The trucker lowers the window, and she says, "Hi, my name is Heather. You're losing some of your load."

The trucker ignores her and proceeds down the street. When the truck stops for another red light, the woman catches up again. She jumps out of her car, runs up and knocks on the door. Again, the trucker lowers the window.

As if they've never spoken, the nice girl says brightly, "Hi my name is Heather. You are losing some of your load!"

Shaking his head the trucker ignores her again and continues down the street. At the third red light, the same thing happens. All out of breath, the woman gets out of her car, runs up, knocks on the truck door. The trucker lowers the window. Again she says, "Hi, my name is Heather. You are losing some of your load!"

When the light turns green the trucker revs up and races to the next light. When he stops this time, he hurriedly gets out of the truck and runs back to the woman in the car. He knocks on her window and as she lowers it, he says, "Hi, my name is Kevin. It's winter in Canada. I'm driving the SALT TRUCK!!!"

# K.R. ABBOTT

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## Gone but not Forgotten

**In Memory of Don Wagler:  
December 7, 1941 - March 21, 2020**

To lose someone we loved so much brings pain beyond belief

There are no words to ease our pain our sadness and our grief

We have lost someone so close so wonderful and dear

We think about your special ways and wish that you were near

But although you have left this world, you'll stay within our hearts guiding like an angel even though we are apart

For love is everlasting so are our memories- your legacy that's always there to light the way for us.

Your Loving Family ~ Rose, Scott, Wendy, Brianna, Tyson, Steve, Michelle and Samantha



The Baden Community Association is cancelling two of their upcoming annual events due to the pandemic. The popular fishing derby which has been traditionally held on the first Saturday in June will be cancelled again this year. The BCA hopes to have it return next year.



Earth Day will be coming up on April 21<sup>st</sup> and the BCA usually holds the annual town clean up around that time. This year, to avoid the gathering of people, we are encouraging people to go out on their own and clean up their own neighbourhood. Take pride in Baden and get out there to do your part. We hope to have these two events up and running again in 2022. In the meantime, stay safe.

***Please support the advertisers of this paper. We couldn't do it without them!!***

*Submissions are due on the 1st of each month.*



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Over 55? Questions? Email [coffeehousetalks2020@gmail.com](mailto:coffeehousetalks2020@gmail.com) or call 519-662-2731.  
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# Checking out the Baden Library



Good news! The Baden branch is now open for limited indoor visits to pick up your holds. We continue to offer our Library Takeout service, which allows contactless pick up of your requested items by appointment.

Limited computer access and photocopying is now available by appointment or walk-in. If you need assistance, please feel free to reach out to us using our [Ask a Librarian](#) service (the online form can be found on our website), or call us at 226-748-8030.

For the safety of staff and other patrons, please plan to limit your indoor visiting time. Wear a face covering, as per the Region of Waterloo Bylaw 20-035 and use the provided hand sanitizer. You may be asked to provide contact information, for the purpose of contact tracing. As COVID-19 status restrictions continue to change, please check our website at [rwlibrary.ca](http://rwlibrary.ca) for the most up-to-date information on how to access library services.

## What did the librarian tell the person who checked out 100 books? *Don't overdue it.*



As the pandemic carries on around us, we can all use a smile or laugh. Here's a sampling of resources you can borrow from your library to keep on the positive side of things.

### For kids of all ages:

Jokes, riddles, limericks, puns, and knock knock books – we have lots to choose from!

### For Younger Children:

A trilogy of funny picture books by Jon Klassen – We Found a Hat, I Want My Hat Back, and This is Not My Hat.

### For Older Children:

Gangsta Granny by David Walliams – Ben's grandma is boring...or is she?

### For Tweens:

Chomp by Carl Hiasson – a crazy adventure that spoofs a reality TV program.

### For Teens:

The Improbable Theory of Ana and Zak by Brian Katcher – lots of laughs for geeks and gamers.

### For Adults:

I Must Say: My Life as a Humble Comedy Legend by Martin Short. Laugh-out-loud reading (or listening if you borrow the audio version).

## Programs and Online Events

If you haven't checked out our online library programs yet, now is a great time to do that! We offer programs for all ages, including adult craft programs in the evenings and more than 70 videos on the Region of Waterloo Library's YouTube channel.

This spring, we're working with libraries across Ontario to offer the online Forest of Reading program for youth ages four to 18. There are many great reads to choose from, and all are new Canadian books. You can borrow paper copies from the library or read them online. Participate in related activities or challenges and vote for your favourite by April 30th!

Up-to-date program and event information is available at [rwlibrary.ca/virtualprograms](http://rwlibrary.ca/virtualprograms) or contact the branch at 519-634-8933 or [badenlib@regionofwaterloo.ca](mailto:badenlib@regionofwaterloo.ca).



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# Diving Into The Archives - 111<sup>th</sup> Battalion (South Waterloo) Marches Through Baden

By Tracy Loch and Sherry Gropp



An original 111<sup>th</sup> Battalion Cap Badge; From the Castle Kilbride Collection

Canada officially went to war on August 4<sup>th</sup>, 1914, when the British declared war on Germany. Despite its Germanic roots, Wilmot Township was quite involved in the war effort. Many local residents organized social events with wartime themes to encourage fundraising for the war effort. On December 5<sup>th</sup>, 1915 a public meeting was held in New Hamburg to assist with the formation of the 111<sup>th</sup>

South Waterloo Battalion. The 111<sup>th</sup> Battalion was also known as the South Waterloo Battalion, with enlistment offices in Berlin (now Kitchener). The battalion was comprised of men raised in Waterloo County and had its mobilization headquarters at Galt.

To muster more support, in March of 1916 the Recruiting League brought soldiers from the 111<sup>th</sup> South Waterloo Battalion to march from Galt to New Hamburg in the dead of winter. The group was comprised of 490 men, 20 officers, 10 horses and 2 regimental bands. After New Hamburg, the battalion strategically marched through New Dundee and into Baden. As a result, many of the men in Wilmot Township enlisted as part of this recruitment.

This was noted as a memorable occasion as it was documented in an article in the New Hamburg Independent from Friday March 17<sup>th</sup>, 1916 which read:

*“March 11<sup>th</sup>, 1916 will never be forgotten by the citizens of Baden. After 3 days’ march from Galt to New Dundee and New Hamburg, the 111<sup>th</sup> (South Waterloo) Battalion marched into Baden about 11:30 o’clock a.m. They were headed by Messrs. A. Bechtel, Dr. Gillespie and A. Hunsberger. Bells rang and whistles blew as they entered our town, and after a march through that main streets they gathered in front of the town hall, where Mr.*

*A Bechtel read an address of welcome, which was replied to by Major L.W. Johnson. The boys were escorted to the Opera House and Forester’s Hall, where dinner was served by the ladies of our village, who met them with a smile and cheers. Each lady was presented with a badge (111<sup>th</sup> Battalion, S. Waterloo), a souvenir which was appreciated by all. A more respectful lot of young soldiers could not have visited our town and everybody agreed they are a credit to South Waterloo and Canada. The battalion left about 3 o’clock the same day, in the best spirit and with a smile for everybody, being well satisfied with their treatment and promised to call again. A hearty welcome awaits.”*

Castle Kilbride is honoured to have a 111<sup>th</sup> cap badge in the collection which is original to the home and family. Staff believe it was likely presented to Laura Livingston (wife of J.P. Livingston) as a token of appreciation for assisting that day when the soldiers of the 111<sup>th</sup> Battalion marched into Baden and were provided a lovely meal by the ladies of Baden.



The 111<sup>th</sup> Battalion travelling through Baden in March of 1916 on Snyder’s Road in front of Castle Kilbride. Looking closely, you can see Hunsberger’s General store (now Melina’s Grill) with the Baden Hotel in the background. Photo Credit: “With permission from Brad Schneller”



Happy St. Patrick’s Day—we will look forward to our celebrations again next year!



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We are featuring Fish & Chips for Good Friday on April 2





# Drop One For Fun



Write the five-letter answer to clue #1 in the first box. Drop one letter and rearrange the remaining letters to answer clue #2. Put the dropped letter into column A. Drop another letter and rearrange the remaining letters to answer clue three. Put the dropped letter into column B. Follow the pattern for each row into the diagram. When completed, the letters in column A and column B, reading down, will spell words or a phrase. Have fun!

1. Loose
2. Keg
3. Request of someone
4. A home
5. Foot covering
6. Garden implement
7. Desert animal
8. Walk with difficulty
9. Shade tree
10. Consumed fluids
11. Mend with yarn
12. Used to connect words
13. Perhaps
14. A ray of light
15. Mr. Lincoln

Answers on page 32

A

B

1		2		3
4		5		6
7		8		9
10		11		12
13		14		15

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## You Must Be Joking!



Q: Why can't you borrow money from a leprechaun?

A: Because they're always a little short.

Q: How can you tell if an Irishman is having a good time?

A: He's Dublin over with laughter!

Q: What's Irish and stays out all night?

A: Patty O'furniture!



Q: How did the Irish Jig get started?

A: Too much to drink and not enough restrooms!

Q: What do you call an Irishman who knows how to control his wife?

A: A bachelor.

Q: Are people jealous of the Irish?

A: Sure, they're green with envy!

Q: Why are leprechauns so hard to get along with?

A: Because they're very short-tempered!

"I married an Irishman on St. Patrick's Day."

"Oh, really?"

"No, O'Reilly!"

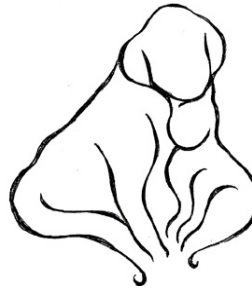


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When I say "the other day,"  
I could be referring to any  
time between yesterday and  
20 years ago!

Sixty might be the new forty  
but 9 pm is the new midnight.

### Three Letter Words Quiz

For this quiz, we simply extracted  
the top 25 three-letter words.  
See if you can name them in five  
minutes... go! Good luck!

Answers on page 32

### ALL THINGS SCRAMBLED ~ DELUXE!

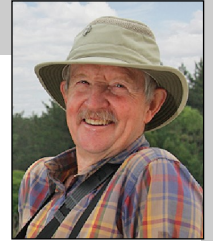
An oxymoron is a figure of speech usually one or two words, in  
which seemingly contradictory terms appear side by side.  
Try your hand at these "Awfully Good" word scrambles.

Answers on page 32

LAWUF	_____	_____	OGOD
LUDL	_____	_____	OARR
BOMJU	_____	_____	PRISHM
SUETG	_____	_____	SHOT
GRAREL	_____	_____	LAFH
DOL	_____	_____	SEWN
PERTYT	_____	_____	GUYL
LEETS	_____	_____	OWLO
BRITELYR	_____	_____	DOGO
KINGLAW	_____	_____	DEDA

# Baden Birding - Alone With Nature

By Fraser Gibson



On a beautiful sunny morning in early January of this year, I walked into a forest where the trees were laden with fresh snow. I enjoy walking alone in natural areas anytime of the year. Every season brings a change and one never knows what might be spotted over the next rise.

I left the main trail for a less travelled narrow path surrounded by a mix of cedars and hardwoods. I had just nicely started on this path when a lone chickadee fluttered in and landed on an eye-level branch. It was less than 4 feet away and just looking at me.

I always carry a mix of black sunflower seeds and shelled peanuts in my winter coat. I removed my glove and pulled out the bag. The chickadee was still there waiting. I took a handful of seed from the bag and held out my hand. In an instant the chickadee landed on my fingertips, nabbed a seed and quickly departed. By this time several more chickadees had glided in and jockeyed for a spot on my hand. By now there was a flurry of chickadees scrambling for a turn at the food trough. The whole area was aflutter around me. I had my camera but was too occupied and unable to capture this amazing moment. Then a bird with a bluish grey back, a black eye stripe and cinnamon breast was on my hand. I can only recall having a Red-breasted Nuthatch feed from my hand on one previous occasion. By now my hand was empty so I grabbed another handful of seeds and the birds continued to swarm around me. A second, lighter-coloured Red-breasted Nuthatch was now also coming to my hand. The birds arrived continuously with no time between visits and often with two on my hand at once. The male Red-breasted Nuthatch began to show his aggressive

nature and often made a raspy scolding call if a chickadee dared visit my hand when he wanted the space.

The first time I ever fed chickadees from my hand was as an adult, about 1974, when I visited Dickson Wilderness with my school class. Having a cute, wild bird build enough trust to land on a hand is a very memorable experience. It became something I did every year with my class when I visited a Waterloo Region District School Board Outdoor Education Centre. In the mid 1980s I began teaching at a WRDSB Outdoor Centre and helped visiting students experience that amazing “Chickadee Feeling”. I have tried to ensure that my own children and grandchildren experience this valued feeling every year. Partaking in this adventure remains a guaranteed recipe for connecting children with nature.

Over many years I have observed hundreds of children feeding chickadees but I do not recall an occasion like I experienced this day. The birds were so eager and the visits were relentless. I watched the level of seed on my hand diminish again and again, refilling each time as the featherweights continued their frenzy. Possibly because I was all alone, with only one hand instead of the many hands of a school class, the flurry seemed so unusual, so amazing, so satisfying.



I was once again reminded of the impact nature can have on one's life. Regardless of how much time you spend outdoors, there can always be a new experience that renews an awe in nature. We must all do our very best to influence the protection of natural spaces if we value such experiences.

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Spring is here! Now watch us grow!



Hello...  
I'm back!!



With spring around the corner; new sights, sounds, and smells start to appear. Make a list of what you can imagine.

Perhaps birds chirping or the smell of a barbeque. Maybe it's buds on a tree or rain pitter pattering on your roof. Once the warmer weather appears, you can check off your list. Practising mindfulness is a way to slow your world and appreciate all that is wonderful around you!




## You Must Be Joking!!



### My Job Search

1. My first job was working in an Orange Juice factory, but I got canned. Couldn't concentrate.
2. Then I worked in the woods as a Lumberjack, but just couldn't hack it, so, they gave me the axe.
3. After that, I tried being a Tailor, but wasn't suited for it, mainly because it was a sew-sew job.
4. Next, I tried working in a Muffler Factory, but that was too exhausting.
5. Then, I tried being a Chef - figured it would add a little spice to my life, but just didn't have the thyme.
6. Next, I attempted being a Deli Worker, but any way I sliced it.... I couldn't cut the mustard.
7. My best job was as a Musician, but I eventually found I wasn't noteworthy.
8. I studied a long time to become a Doctor, but didn't have any patience.
9. Next, was a job in a Shoe Factory. Tried hard but just didn't fit in.
10. I became a Professional Fisherman, but discovered I couldn't live on my net income.
11. Managed to get a good job working for a Pool Maintenance Company, but the work was just too draining.
12. So then I got a job in a Workout Centre, but they said I wasn't fit for the job.
13. After many years of trying to find steady work, I finally got a job as a Historian - until I realized there was no future in it.
14. My last job was working at Starbucks, but I had to quit because it was always the same old grind.
15. SO, I TRIED RETIREMENT AND I FOUND I'M PERFECT FOR THE JOB!




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## The Promise of Post-Traumatic Growth and How We Arrive There

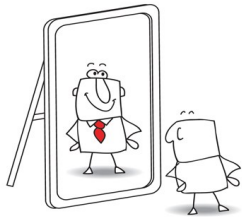
By Amy Krug, Counsellor



There are four factors which lead to post-traumatic growth:

- Brutally Honest Optimism
- Perception of Control Over Events
- Coping Style
- A Strong Sense of Self

As we have witnessed from this past year alone, the effects of COVID-19 and the pandemic have been overwhelming and all-encompassing. No one has been untouched by this global pandemic, and we can see from the research that those that have a high degree of resilience often fare better in the face of such adversity than those who do not have these skills. The good news is there are ways to move forward with hope, to learn resilience, and to heal together from collective trauma.



Post-traumatic growth is not a given. It is important to know that the road may seem long and arduous and that it may not feel successful even initially. However, survivors have

found that they can begin to define themselves and their communities by their strengths and that in no small way these strengths have been forged by adversity.

The Five Domains of Post-Traumatic Growth Are:

- Personal Strength
- Closer Relationships
- Greater Appreciation for Life
- New Possibilities
- Spiritual Development

If we can move through trauma and this pandemic with our own innate strength and emotional resilience as well as appreciating the ones we love and our family and friends, we may find these relationships evolve and become stronger. This is based on our shared experience of living through this pandemic together and witnessing how strong and interconnected our community ties are.

There is so much goodness and support from our neighbours and our communities that have been given and received.

We have all tasted the fragility of life and how fleeting and precious it is in the face of this virus and how it overtook the world. We can move forward knowing what we value and live each day and moment fully and mindfully as we cherish our health, our families and friends and our freedom.

We can create new possibilities out of this turmoil and chaos which may not have come to us before. We may now go after that dream and adventure that we kept putting off until the time was right. There is no time like the present to travel, go back to school, move to a new location or start the dream job.

We may also find meaning in a power greater than ourselves, or the universe feeling the inherent oneness of us all or may simply re-evaluate our own beliefs feeling a deeper connection to nature, the earth, and all beings.

How we move forward to heal from this collective trauma of the pandemic will be important and essential to the world we want to create and the values we wish to live now.

There is great possibility for hopeful growth and real transformation.

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**Wellington Water Watchers** – a non-profit organization dedicated to the protection, restoration and conservation of drinking water in Ontario. [www.wellingtonwaterwatchers.ca](http://www.wellingtonwaterwatchers.ca)

**Environmental Defence** – defending clean water, a safe climate, and healthy communities. [environmentaldefence.ca](http://environmentaldefence.ca)

Our next monthly meeting will be held at 7:00PM on **Wednesday, March 24th**. Please contact us via e-mail ([nvecoboosters@gmail.com](mailto:nvecoboosters@gmail.com)) or call 519-662-9372 if you would like to participate. Our next educational webinar: **Let's Talk Plastics**, is a family-focused event that will take place on **Earth Day (April 22<sup>nd</sup>)**. We are looking for grade 12 and younger students to create a short video (2 minutes or less) about how they feel about the plastic problem. Your video could be included in the webinar!

For more information, go to: [nvecoboosters.com](http://nvecoboosters.com)



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One of the most delightful things about a garden is the anticipation it provides.  
~W.E. Johns, 'The Passing Show'



Spring is in the air! As I write this article, the first day of Spring is three weeks away but the signs are here. The days are longer and the sun's warmth has intensified. I hear more birds. February has been lovely for winter sports and activities. Our trails have been busy with hikers, strollers, snowshoers, cross-country skiers, and cyclists (Hydro-cut Trail). Even snowmobilers are enjoying more days on the trail this year with the snow and cold temperatures. I do look forward to the day of electric snowmobiles to experience more quiet and avoid the stench of fumes while walking.

Many gardeners have already ordered seeds and received them. Let's see if there will be a shortage of tomatoes, lettuce, beans, peas and spinach this year. The racks at local suppliers are full now. I have seeded many native plants. Repotting your houseplants is a good winter task. Prune tropical plants such as golden pothos for good shape and to encourage dense growth. Often the trimmings can be put in water to root new plants.

This is a great time to prune your trees and shrubs especially those that were damaged during the snow storms. Look for branches that are crisscrossing and prune accordingly. The exception to winter pruning is spring flowering shrubs. Trimming lilacs, forsythia, snowball, weigela, and magnolia now means losing your spring flowers! Wait until after they bloom.

Avoid pruning sugar maples now and speaking of that, maple syrup days are here! Our native sugar maple, **Acer Saccharum**, is an amazing tree that lives up to 200 years. We love it in the spring for maple syrup, for shade in the

summer-time, and colour in the fall. It is on the Canadian flag (our penny had the invasive Norway Maple leaf on it!). The word "Acer" means hard and maples grow all around the world and are loved by carpenters and cabinetmakers. There are ten native to Canada. The second Latin name tells us the variety of maple and to determine its home range. "Saccharum" means sweet. Did you know that it is critical for our wildlife? Shelter, nesting sites, nectar, year-round food for birds and small mammals, and sequestering carbon are just a few of its roles. Sugar maples support nearly 300 species of caterpillars, the babes of our moths and butterflies. These caterpillars (larvae) are a major food source for baby birds. Generally, birds need more larvae than seed to eat so they are a critical food source. A clutch of chickadee hatchlings is fed 400 to 500 larvae per day. Busy parents! We often see robins and other birds with earthworms (non-native), but they have low nutritional value compared to larvae so are the junk food of the bird world!

Ready to get your fingernails and knees dirty? Are your tools clean and sharpened and ready to go? I still need to finish tidying the garden shed!

You can also start looking for pussy willows emerging. They are one of the earliest food sources for our pollinators.



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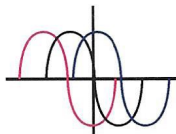
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Hip pain often limits physical activities such as walking, running, squatting, and going up and down stairs. It can also create problems with sleeping and sitting positions.



Depending on what the source of the hip pain is, symptoms can be felt in a number of different regions which may include: the low back, deep in the hip joint, on the outer aspect of the hip, in the groin, at the front of the thigh, and in the buttocks. Listed below are some of the conditions that commonly cause hip pain:

- **Osteoarthritis** results from the protective layers of cartilage in the hip becoming worn over a period of time, leading to change in the composition of the bone underneath the cartilage.
- **Osteoporosis** is a disease of bones that decreases bone mass and strength, making them more fragile and susceptible to fracture. Hip fractures usually occur in older individuals after a fall injury.
- **Ligaments** are tough bands of fibrous tissue that connect one bone to another. They help stabilize joints, preventing excessive movement. **Ligament injuries (sprains)** can occur when these structures become over-stretched or torn, often during activities

where there is a direct blow to the hip or there is an awkward fall or twisting motion involving the hip.

- **Tendons** are strong tissues that anchor **muscles** to bones, and these structures can become over-stretched or inflamed around the hip joint leading to **tendonitis** and **muscular strains**.
- **Bursitis** can involve several fluid-filled structures in your hip that help provide more cushioning in the joint. Repetitive hip strain and blunt trauma to the hip bursa are two common causes of **bursitis**.
- **Injuries and conditions in the low back can radiate symptoms into the hip region.** This includes things such as osteoarthritis, sprains and strains, disc herniations, sciatica, and spinal stenosis.

Below are some useful tips that can help individuals avoid or minimize the chance of hip pain and injury:

1. **Maintain a healthy bodyweight** to decrease the overall stress on your hips.
2. **Wear appropriate footwear** that supports your activities and helps maintain proper leg alignment and balance.
3. **Prepare your hips for physical activity** by stimulating the joints and muscles, and increasing circulation. This can be accomplished with a quick cardiovascular warm-up and gentle stretching of the muscles in the hips, thighs, and lower legs.
4. **Choose activities that are "hip friendly" for you.** This may include low impact activities such as swimming, walking or cycling. Remember to start slowly and build up the intensity gradually.
5. **Strength, balance, flexibility, and core exercises** can train your body to better support your hips and avoid injuries.



If you have hip pain that limits your daily functioning, you should contact a licensed health professional who deals in the diagnosis and treatment of hip pain. For additional information on hip pain and treatment of muscle and joint injuries, visit [www.nhwc.ca](http://www.nhwc.ca).

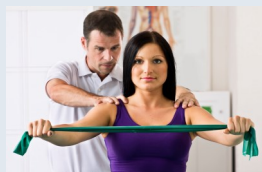
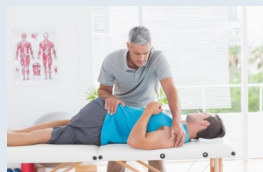
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## Philipsburg History Centre

During their church's 175th anniversary celebrations, Chris Ehrat and Brenda Hoerle stumbled upon an idea.

In researching the milestone event in 2018 for Zion Evangelical Lutheran Church in Philipsburg, the cousins and members of the church realized that the hamlet of Philipsburg and its history were intertwined. Therefore, the church's story could not be told without sharing the hamlet's origins.

Among the settlers from Germany who arrived in Philipsburg eager to stake their land claims, eight families - Glasser, Schmidt, Hoerle, Guenther, Doering, Wettlaufer, Berg, Lienhardt - decided to start a church in 1834. Philipsburg was already in existence 33 years before Canada became a country during its 1867 Confederation.

Fast forward to 2018.

A history day at the church brought an outpouring of interest. And that's how the Philipsburg History Centre got its start.

The two women created a Facebook page dedicated to sharing anything they could trace about Philipsburg - its interesting persons, businesses which once dominated its Nafziger Road and Erb's Road North corners and its ties to other places.



They soon realized that many people with connections to the Philipsburg area were eager to learn more about their past.

Readers are encouraged to like and follow Philipsburg History Centre on Facebook.

If you would like to contribute photos and stories of Philipsburg, contact Chris Ehrat at [cehrat@gmail.com](mailto:cehrat@gmail.com) or call 519-634-8826 or Brenda Hoerle at [hoerledale@rogers.com](mailto:hoerledale@rogers.com) or 519-746-4273.



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# CREATIVE KITCHEN HACKS

By Chris Ehrat

We are going to discuss some helpful hints for food. Here are a few ideas for you.

**Tomatoes** – when you have removed your tomatoes from the vine, it is best to store them stem-down to keep them from rotting. This prevents air and moisture from leaving the inside of them. You can control your tomatoes in the refrigerator as it does not affect the juiciness or taste.

**Bananas** – these yellow fellows release ethylene gases out of the stem, which will ripen the fruit quickly. So, you can keep bananas fresh longer by separating them and wrapping each end with plastic wrap. I have tried this, and it is beneficial.

Oh, you want the bananas to ripen more quickly? You can quickly change a green banana to yellow with a paper bag. When the fruit is in the bag, the ethylene gasses will work faster.

**Eggshells** – sometimes, when cracking eggs, we get the shell in the dish and try and catch it. Not an easy feat, but there is a solution. With half of your eggshell, you can scoop up that broken piece. Just try it! It works!

**Cheese** – tough to grate sometimes if you don't put the cheese in the freezer for 30 minutes. This hack will provide an easier time when grating mozzarella for pizza.

**Softer cheeses** – brie is so easy to squish! Ah, we have some unflavoured dental floss that we could use to cut it evenly. Very neat!

**Jars** – some are so difficult to open. A rubber band to the rescue! Those larger elastics that you find on broccoli work amazingly well. Take the band, make sure it is snug around the lid, and now it will grip.

**Honey** – it crystallized! Now what? Get a bowl and fill it with hot water, and sit the honey container inside. In approximately 5 to ten minutes, it will be back to normal consistency.

**Herbs** – if you bought too much mint, basil, or rosemary, take an ice cube tray or muffin tins, add water and the herbs. Freeze them, and you can later use them for your soup stock or even seasoning other dishes.

**Ice cream** – for freezer burn, next time before you slap the lid on the container, place a piece of wax paper over it. This barrier will help prevent freezer burn.

**Nuts** – did you know you can keep these in the freezer to retain freshness? Doing this will prevent the shelled nuts from going rancid as they do if you leave them at room temperature for a time.

**Fruits and Vegetables** – remove dirt (seen and unseen), pesticides, and grit; take some baking soda and add a bit of water; now scrub.



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# Community Corner ~ Check Out What's Going On!



## Summer Camp 2021

Day Camp  
Overnight Camp  
Supported Young Adults Camp  
Single Moms Camp  
Basketball Camp



www.hiddenacres.ca



### Blood Donor Clinic

Monday, April 5, 2 pm - 8 pm  
Steinmann Mennonite Church  
1316 Snyder's Road W., Baden

Wilmot's Monthly Newsletter ...  
Keeping the Community Connected since 2000



## Calendar Fundraiser February Winners

### February 1, 2021

Winner: Ticket # 265 Mark Langenegger (New Hamburg)  
Prize: \$50 Gift Certificate to Imperial Market and Eatery

### February 8, 2021

Winner: Ticket # 281- Randy Leis (Milverton)  
Prize: \$50 Gift Certificate to Belk's Jewellers

### February 15, 2021

Winner: Ticket # 141- Jess/Tyler Yantzi (New Hamburg)  
Prize: \$50 Gift Certificate to New Hamburg Lanes

### February 22, 2021

Winner: Ticket # 203- Ron Norman (New Hamburg)  
Prize: \$50 Gift Certificate- Focus Computers

## Free Income Tax Preparation for Individuals & Families with Low Income

Wilmot Family Resource Centre participates in the Canada Revenue Agency Community Volunteer Income Tax Program.

A volunteer will complete and e-file your return at no cost to you.

Suggested income levels:

Family Size	Total Family Income
1 person	\$35,000
2 persons	\$45,000
3 persons	\$47,500
4 persons	\$50,000
5 persons	\$52,500
More than 5 persons	\$52,500 plus \$2,500 for each additional person

### We are not able to prepare complex returns for:

- \* Self-employment income or employment expenses
- \* Business or rental income and expenses
- \* Interest income over \$1,000
- \* Capital gains or losses
- \* Foreign property (T1135)
- \* File for bankruptcy (or the year prior, if that return has not been filed)
- \* Deceased individuals

Bring all your information slips to the office; there are a few forms for you to fill out; you will receive a phone call when the return has been completed.

Any questions about eligibility or how it works please call 519-662-2731 or email [info@wilmotfamilyresourcecentre.ca](mailto:info@wilmotfamilyresourcecentre.ca).



Wilmot Family Resource Centre

Wilmot Family Resource Centre  
1-175 Waterloo St.  
New Hamburg, ON N3A 1S3

*This space is generously donated by Expressway Ford supporting non-profit community events*



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[info@communitycareconcepts.ca](mailto:info@communitycareconcepts.ca)  
[www.communitycareconcepts.ca](http://www.communitycareconcepts.ca)

23 Church St.  
New Hamburg  
519-662-9526



## Our Fireman's Deck of Cards

In our little town of New Hamburg there is a small group of men who

are often forgotten but really invaluable in the services they render to our community. The following is their story as seen through a deck of cards. Think of us when you are enjoying your recreation.

The *Ace* or one reminds me that we all work as one at the scene of a fire.

The *Deuce* reminds me the two fire trucks that we have – the Bickle and the Ford.

The *Three* reminds me of the three components of every fire; fuel, plus heat, plus oxygen equals fire.

The *Four* reminds me of the recreation committee consisting of four men and the chairman.

The *Five* reminds me of our five officers. They are Wes, Harold, 'Pop', Art, and Eddie.

The *Six* reminds me of our six engineers who were recently strengthened by two.

The *Seven* reminds me that we are on duty seven days a week.

When I see *Eight* it reminds me of the eight men who have joined our department since my initiation in 1963.

When I see the *Nine* it reminds me that a cat may have nine lives, but that we cannot stretch our lives in a fire.

When I see the *Ten* it reminds me of the ten very important things on every fire truck. They are the hoses, nozzles, ladders, fire extinguishers, Scott Air Packs, hats, coats, boots, axes, and a stretcher.

When I see the *King*, it reminds me of our Fire Chief Wes Huehn.

When I see the *Queen*, it reminds me of every fireman's Queen, his wife at home, who always stands by with her

moral support.

The *Jack of Knaves* is the Fire - always a disaster.

When I count the number of spots on a deck of cards, I get 365, the number of days in a year we are in danger fighting a fire.

There are twelve picture cards, the number of months in a year we are in danger fighting a fire.

There are four suits in a deck of cards, the number of pieces of clothing every fireman has: his boots, coat, hat, and gloves.

So, you see friends, the next time you play a hand of cards, think of us on the Fire Department, but above all be fire safe.

And friends the facts here are true, I know, I am a fire fighter.

*This article was written in 1969 by former New Hamburg Fire Chief, Bill Dehaan.*



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## Meet Your Local Firefighters!

We are excited to feature our newest column to the paper - Meet our local firefighters. Often overlooked as front-line workers, they deserve some recognition of all their hard work. You will be meeting them in the upcoming issues. Here's the first set of heroes:



### Andrew Mechalko

- Captain at Station 3 (New Hamburg)
- 15 years as a volunteer firefighter and two years as Wilmot's Fire Prevention Officer.

My journey with the Wilmot Fire Department started shortly after my family and I moved to New Hamburg from

Waterloo in 2005. Knowing little about the workings of a volunteer fire department, I asked some questions while attending the annual firefighters' breakfast in June. Following this, I made the decision to apply to the Wilmot Fire Department because it seemed like a great opportunity to serve my community. Years later, I found myself helping to organize that same event.

While in the volunteer firefighter role, I became interested in the field of Fire Prevention and started to focus on additional schooling in that area. When the Wilmot Fire Prevention Officer position opened up in 2018, the opportunity presented itself to move into that role. After 20 years working for a large telecommunications company, I took a leap of faith and made the difficult decision to change jobs. My decision to become a volunteer firefighter all those years ago eventually led me to a rewarding new career.



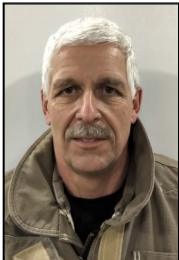
### Jeff Kocher

- Acting Captain at Station 3 (New Hamburg)
- 8 years of service in Wilmot Fire Dept
- Full time job as owner/operator of Kocher Concrete.



At a young age I was interested in firefighting -- it seemed to be exciting and helpful to others. I can say now after 8 years of service, I enjoy it for various reasons but mainly because it's challenging and I like being part of a diverse team setting that makes a difference within the community.

I'm the proud father of two amazing children. We enjoy the outdoors and an active lifestyle, including hockey, soccer, fishing, and hiking. I can also be found completing concrete projects within the Township. I've had a lot of positive experiences and support from local customers.



### Brad Otterbein

- District Chief at New Dundee station—41 years of service in Wilmot Fire Dept.
- Full time job as a partner at Coleman Equipment - Service Manager/Mechanic

Wasn't it every boy's dream to be a firefighter, especially if your Dad was one?

My Dad was and I joined as soon as I was old enough. New Dundee was an aging department looking for new recruits. I lived and worked in our community and wanted to be able to serve in this way. I was mentored by many different leaders, given areas of responsibility, leading up to moving to District Chief in 1999. I have had the privilege/responsibility of leading the Wilmot Station Two Department in New Dundee since then, through good and also challenging days. I appreciate this team that supports each other, as well as our community in times of need.

I enjoy running with my daughter to keep fit. We attempt to run 3 times a week, early in the morning, aiming for 20 kilometres weekly. In 2020, we accepted "The Great Canadian Running Challenge", which was to run 1,000 km within the year. I ran closer to 1,200 kilometres by the end of the year.

### Todd Webb

- Volunteer at Baden Station since 2019
- Full time job of senior heavy equipment operator and site manager for Lodder Brothers Ltd in Guelph.



I applied to the department soon after moving to Baden, looking to get involved in the community. A close friend on the Breslau department was able to share with me the ins and outs of being on a volunteer department and it piqued my interest. Upon noticing that Baden was recruiting, I investigated the role and it seemed like the right fit. Growing up in a township south of Guelph (Puslinch), I saw the importance of volunteer firefighters in the community and jumped at the opportunity to be involved in such an important organization upon moving back to a more rural community.

As a father of two young girls, I take pride in being a role model for my children and being involved in different public events with the fire department. My wife, Elyse, supports me in this role and understands the unpredictability of being on the department, as a call can come at any time.

I am happy to support this community as a first responder and look forward to furthering my experiences with the department for years to come.

## 'Pearls of Wisdom'



We would love for you to send us your favourite uplifting quotes. We may not be able to print all thoughts sent, but printing positivity is our goal. If you have a favourite quote, email us at [badenoutlook@hotmail.com](mailto:badenoutlook@hotmail.com).

"Just when the caterpillar thought the world was over, it became a butterfly." Proverb.

Submitted by : Suzanne Kavanaugh, St. Catharines

"The soul is healed by being with children."

Submitted by: Lee Fitzpatrick

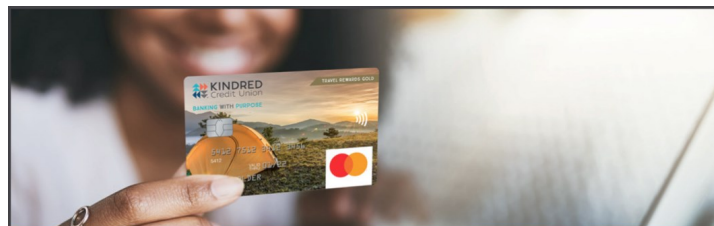
"Humans, like most animals, are born with an abundance of compassion and respect for one another, unless taught otherwise."

Quote by and submitted by Fred Veenhof

### ADVICE FROM A HORSE

- \* Take life's hurdles in stride
- \* Loosen the reins
- \* Be free spirited
- \* Keep the burrs from under your saddle
- \* Carry your friends when they need it
- \* Keep stable
- \* Gallop to greatness! - Ilan Shamir

Submitted by Mac (Crittenden) Gutpell



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## Local Churches Invite You to Join Them



For more details visit [www.badenoutlook.com](http://www.badenoutlook.com) for a directory of local churches

### ST. JAMES LUTHERAN CHURCH

66 Mill Street, Baden, ON



519-634-5191 [www.st.jamesinbaden.org](http://www.st.jamesinbaden.org)  
Sunday Worship 9 am

Pastors: Bonnie Schelter-Brown

### Wilmot Mennonite Church

2995 Bleams Road, New Hamburg, ON

Worship Service 10:00 a.m. ~ Christian Formation 11:00 a.m.

Pastor Susan Allison-Jones  
519-634-5030 [www.wilmotmennonite.ca](http://www.wilmotmennonite.ca)

### SHANTZ MENNONITE CHURCH

2473 Erb's Road, Baden, Ont N3A 3M3

Phone: 519-634-8712 / [www.shantzmc.ca](http://www.shantzmc.ca)  
Pastor: Don Penner

Worship Service - 9:30 am Christian Education - 11:00 am

### Worship in the Beauty of God's Creation



WILMOT  
FOREST  
CHURCH

Sunday, March 28, 1:30 - Wilmot Forest Church  
worship gathering

Hidden Acres Mennonite Camp

Registration required. Please register

at [www.burningbushforestchurch.weebly.com](http://www.burningbushforestchurch.weebly.com)

Pandemic protocols will be followed.

### Emmanuel Lutheran Church

1716 Snyder's Road East, Petersburg, ON

519-634-5511 [www.persburgchurch.org](http://www.persburgchurch.org)

\* Wheel Chair Accessible \*

Worship Service 9:30 am / Sunday School

### ZION PHILIPSBURG LUTHERAN CHURCH

3357 Erbs Road, just west of Philipsburg

Pastor Leanne Darlington, Sunday worship: 10:30 a.m.

Home of Project R.E.D., a blanket-making outreach effort

519-214-0055, [www.philipsburglutheranchurch.ca](http://www.philipsburglutheranchurch.ca)

### Steinmann Mennonite Church

1316 Snyder's Rd. W. (at Nafziger Rd), Baden  
Phone: 519-634-8311

Sunday Worship 9:45, Sunday School 11:00 am

Worship livestreamed at [www.smchurch.ca](http://www.smchurch.ca)

## Greetings From NH Thrift Shop

*Clean with purpose this spring!*

Spring is almost here: on the horizon, the end of winter! Can you feel the cold starting to go and the snow starting to melt?

Open up your windows to let the fresh, warm air in. This year, why not also open up your pantry, closets, and drawers—and donate. It's easy to turn a spring-cleaning ritual into a donating tradition.

If you're not sure where to start with your cleaning here is a handy checklist that can help you to stay on track.

As you decide what it is that you need to get rid of this spring, be sure to put similar items together in a bag or box and bring your items down to New Hamburg Thrift Centre, where we can put them to good use.

Once you've gotten rid of the things that you no longer want, come shop at the front of the store, where you can find all sorts of items that other people have decided to pass on. You never know the luck that you'll have when you stop by because our selection is always changing!

Thank you for supporting the New Hamburg Thrift Centre where every purchase is a gift to the world.



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**tel: 519-662-2867**  
**www.newhamburgthrift.com**

# SPRING CLEANING

Get an early start on your  
**spring cleaning**  
Now accepting spring  
clothing and all  
your other donations.



All proceeds benefit  
the work of  
Mennonite Central

### REGULAR HOURS

Mon-Friday 11:00 am - 5:00 pm  
Sat 10:00 am - 4:00 pm



### SUPPLIES

- Vacuum
- Steam Cleaner or Mop
- Dusting Materials
- Paper Towels
- Broom
- Boxes
- New Furnace Filter

### CLOSETS

- Donate or toss old clothes and shoes
- Pack up winter clothes
- Wash/hang up spring clothes
- Dust/wipe down shelves
- Clean or replace laundry basket



## Spring Cleaning CHECKLIST

### ALL ROOMS

- Wipe down baseboards
- Clean air vents
- Dust blinds and windows
- De-clutter any drawers/messy areas
- Clean windows
- Vacuum/Mop Floors
- Replace HVAC/Furnace Filter

### BEDROOM

- Dust ceiling fan
- Clean or replace sheets
- Vacuum mattress
- Clean and vacuum under bed
- Wash pillows

### LIVING ROOM

- Dust around and behind TV
- Clean fireplace
- Clean window treatments/furniture
- Wash, vacuum, or replace dog beds
- Polish hard wood floors

### KITCHEN

- Get rid of outdated spices and food
- Defrost and clean fridge and freezer
- Steam clean grout and appliances
- Polish silverware
- Clean inside of cabinets and drawers
- Dust top of cabinets and above fridge
- Steam clean microwave
- De-clutter junk drawer
- Clean oven
- Clean pantry shelves and around trash

### LAUNDRY ROOM

- Move washer/dryer and clean behind
- Check dryer vent
- Clean out cabinets and drawers

### OUTSIDE

- Clean light fixtures
- Wash outdoor furniture
- Clean sliding glass door tracks
- Steam clean cement/cracks
- Plant flowers
- Clean/repair gutters
- Clean and organize garage

### BATHROOMS

- Throw away expired cosmetics
- Steam clean mirrors, countertops, sink
- Change shower curtain
- Steam clean floors, bath tub, and toys
- Clean in, around, and behind toilet
- Unclog drains



Check out this blast from the past!  
Baden Public School S.S.#13  
October 1936!!

Back row - Russel Lederman, Kenneth Knoll, Claude Snyder, Calvin Roth, Marjorie Biesel, Clarence Hofstetter, Armand (Mike) Weiler, Clarence (Brad) Schneller  
Front row - Delford Zehr, Jean Schmidt, Rose Dusky, Shirley Nauman, Irma Jutzi, Audrey Schiedel, Patsy Koehler, Mary Gingerich and teacher Miriam Cressman - Photo courtesy of Brad Schneller

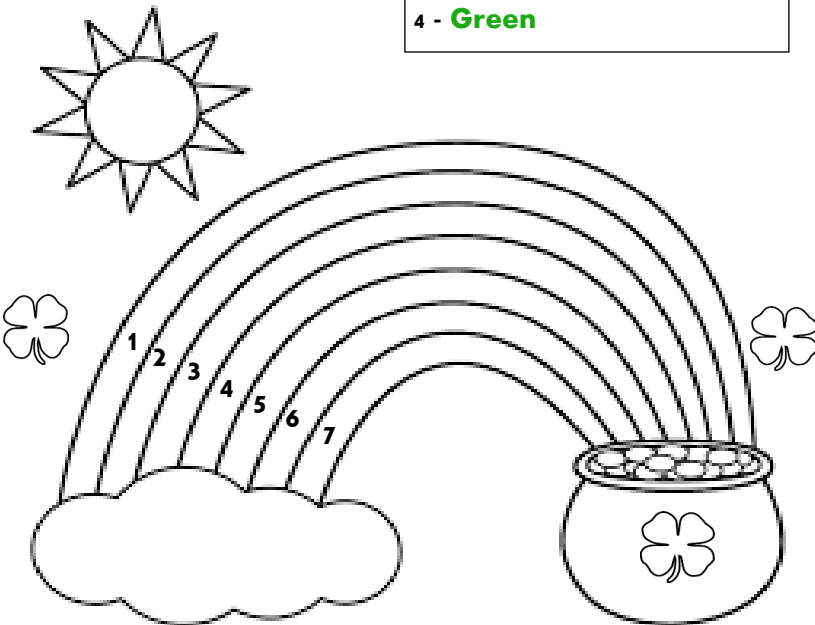


# Kids Corner

By Karrienne Berberich

Colour the rainbow to get  
your pot of gold!

- |            |            |
|------------|------------|
| 1 - Red    | 5 - Blue   |
| 2 - Orange | 6 - Indigo |
| 3 - Yellow | 7 - Violet |
| 4 - Green  |            |



**Colour and count all of the lucky four-leaf clovers. How many did you find?**


**Did you know the leaves stand for faith, hope, love, and luck?**

Fun facts about Leprechauns...

- They are considered fairies
- Leprechaun means "small body"
- They are only boys
- They are tricksters
- Sometimes they are red
- They are shoemakers
- They have troublemaking cousins called Clurichauns



\*\*\*\*\*  
\* Let the countdown begin. Spring \*  
\* arrives on March 20th... HOORAY! \*  
\*\*\*\*\*

protecting   
and the ones  love



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Have fun with this St. Patrick's Word Search Puzzle.  
You can find the listed words hidden in the grid ...  
either across, down or diagonally

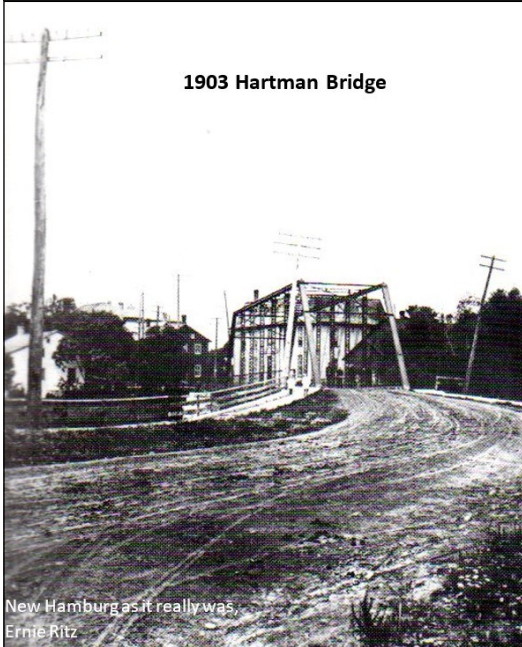
Y	F	O	P	G	O	L	D	X	Q
M	P	G	S	C	V	G	Y	C	C
S	A	E	O	D	G	R	R	O	L
A	T	G	L	U	C	K	Y	G	O
I	R	L	Y	A	H	O	Z	Z	V
N	I	M	A	G	I	C	M	Y	E
T	C	R	A	I	N	B	O	W	R
M	K	X	S	L	H	O	R	B	E
M	A	R	C	H	I	R	I	S	H
Z	F	Z	A	Z	G	R	E	E	N

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1903 Hartman Bridge

New Hamburg as it really was.  
Ernie Ritz

## The Hartman Bridge A Vital Link in New Hamburg

After last month's article on Wilmot's bridges, I thought it might be appropriate to look in detail at the story of the Hartman Bridge in New Hamburg. It is named after the Hartman family who settled the farm at this river crossing. This bridge forms a crucial link as it has joined the two sections of New Hamburg for over 175 years. The arrival of the Grand Trunk Railway in 1856 made the bridge even more vital as it provided access to the railway station.

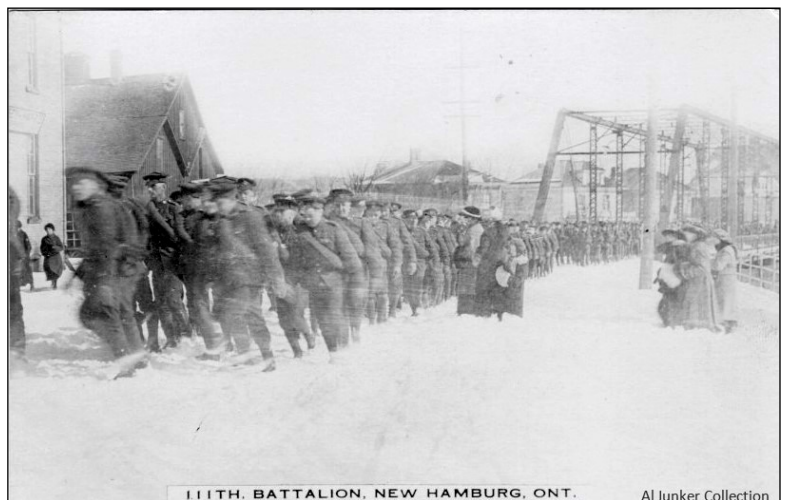
It is difficult to determine exactly when the first bridge at this location was erected. An early map of New Hamburg drawn by Robert Kerr in 1845 appears to show a bridge. The Wellington District Council Minutes from 1845-1847 refer to the repair and ultimate replacement of "the bridge at the east side of Hamburg" and that the residents of the community had to raise the money to cover the cost.



The early bridges were wooden structures. The first iron bridge at this location was constructed in 1882 at a cost of \$2,500 and opened in December. In August 1883, New Hamburg experienced the most severe flood in its history. A livery stable located near the present firehall was swept away and the debris lodged beside the iron bridge. The resulting buildup of force knocked the bridge off its abutments and it landed in the river bed. The iron bridge was disassembled and stored until it could be rebuilt. A temporary float bridge was installed, later replaced by a wooden bridge and eventually the iron bridge was reinstalled. The village was in a difficult position as it had taken out a sizeable debenture to pay for a bridge which was no longer in service. The village requested that Waterloo County take over jurisdiction of the bridge and cover the costs to maintain it. The county turned down the request and a lengthy legal dispute emerged between the two levels of government which lasted until 1893 when the court sided with New Hamburg and Waterloo County was ordered to take over the maintenance and ownership of the bridge.

In 1903, a new single lane, iron bridge was constructed by Waterloo County. The existing bridge was purchased by the Village and installed at the Shade St. river crossing where it remained until 1953 when it was torn down and replaced by the current bridge. A famous photo of the 1903 Hartman Bridge shows the 111<sup>th</sup> battalion crossing the bridge in March 1916. The soldiers had marched from Galt to New Hamburg on March 10<sup>th</sup> and onto Baden and Berlin the following day. This version of the Hartman Bridge was used until 1936.

Discussions for the replacement of Hartman Bridge began in 1935. It is interesting to note that on June 7<sup>th</sup>, the County's Road and Bridge committee voted to "build a 3 span Cement Bridge," providing that the Village clean up the riverbed. This bridge would have had the same appearance as the current Freeport Bridge in Kitchener. In July, it was decided to delay the bridge until the following year. On March 6, 1936, the committee decided to erect "a Steel Bridge across the River Nith in the Village of New Hamburg known as the Beger Bridge," abandoning the plan to build a cement bridge. This structure was to be a two-lane bridge with cantilevered sidewalks on either side. The bridge was designed by D.J. Emery, the county engineer. In May, contracts were awarded to construct the bridge: Bowman and Martini for \$8340.10 for abutments, wingwalls and concrete flooring; the Hamilton Bridge Co. for \$12,000 for the steel work; and, the Burlington Steel Co. for \$1116.46 for the reinforcing steel. The total cost for the bridge was \$21,500. The name Hartman Bridge was retained and remains in use today.



111TH. BATTALION, NEW HAMBURG, ONT.

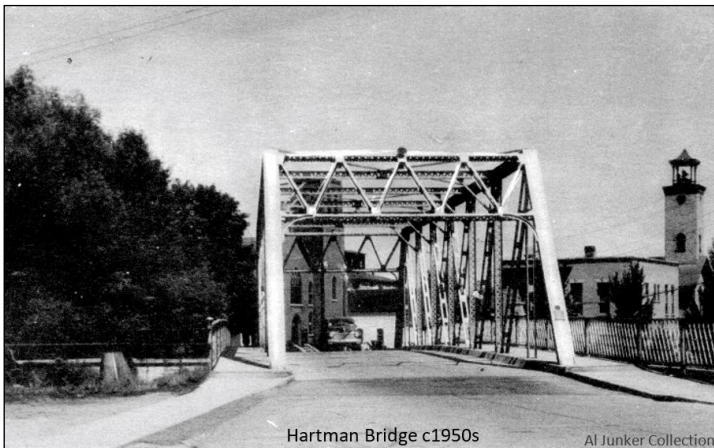
Al Junker Collection

The construction of the bridge posed some unique challenges. The work began in June and the heat was so oppressive that work had to be carried out at night. The night shift began at 7p.m. and concluded at 6a.m. A temporary one lane bridge detour was put in place between the dam and the bridge. Explosives were used to loosen the hard clay. A large steam shovel from E+E Seegmiller was brought in to help with the excavation. Work on the abutments began on July 24<sup>th</sup>. The steel arrived in late August and the Hamilton Bridge Co. began assembly in September. By mid-month erection was completed and the process of riveting began. The cribbing for the concrete decking and sidewalks was completed in early October and the steel reinforcing was put in place. The pouring of the concrete was delayed due to cold weather but was completed in mid-October. The cement had to cure for three or four weeks before the bridge could be opened. The steel was painted during this time. The new Hartman Bridge opened without an official ceremony at 6:45a.m. on November 9<sup>th</sup> when the snow fence barricade was taken down by New Hamburg Reeve, Walter Hostetler.

The Hartman Bridge is included as part of the New Hamburg Heritage Conservation District and as a result is a designated heritage structure under the Ontario Heritage Act. The Heritage Conservation District Study notes that the bridge is a landmark structure and serves as a gateway into the core area. In 2005, the Region of Waterloo produced a report called “Spanning the Generations” which studied the bridges across the region. The report noted that the Hartman

Bridge is the fourth most significant heritage bridge within the Region. It is described as a single span eight panel Pratt Through-Truss bridge built with riveted connections. The deck is unusual as it is slightly curved rather than flat. The V-laced portal design of the bridge enables 40 metres of steel to cross the river in a single span. It is the last steel truss bridge owned by the Region of Waterloo.

The Hartman Bridge was restored by the Region in 2006. Historicbridges.org notes that “the restoration of this bridge represents an excellent job that sets an example for future preservation projects due to the attention paid to historic integrity.” The Hartman Bridge will continue to serve as a vital link uniting New Hamburg for years to come.



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**Shannon M, Baden ON**

## Answers to Outlook Puzzles

### Drop One For Fun (page 9)

Slack	Cask	Ask
House	Shoe	Hoe
Camel	Lame	Elm
Drank	Darn	And
Maybe	Beam	Abe



Special word - Lucky Charm!

### All Things Scrambled (page 10)

Awful Good  
Dull Roar  
Jumbo Shrimp  
Guest Host  
Larger Half  
Old News  
Pretty Ugly  
Steel Wool  
Terribly Good  
Walking Dead

### Three Letter Word Quiz (page 10)

the, and, who, him, her, its, but, see, for, you, say, his, not, she, can, get, all, one, out, now, how, our, two, way, new

*"Keeping the Community Connected"*

What ever prank you pull off, just don't get caught! Be safe!!



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## YOUR COMMUNITY AT WORK



The Morningside Walkers, Donna Eckert, Bob and Barb Knechtel, Karen Hutcheson, Rob and Judy Brown, Shirley Ranck, and Dean Peachey, raised over \$3300 in the Coldest Night of the Year walk for the Wilmot Family Resource Centre! Way to go Morningside!

The New Hamburg Lions Club held a spaghetti dinner fundraiser at the New Hamburg Legion. Over 200 takeout meals were served at the sold-out drive thru event where patrons picked up their meals in recyclable containers at the side door. Lion members with the help of several Legion members, including Chef Gail McMullen, helped prepare the meals which included pasta, sauce, salad and a roll. Much of the product was donated through the incredible generosity of Sobey's and Oak Grove Cheese, both of New Hamburg. In the end the Lions raised \$1450, which they donated to the New Hamburg Legion.



Pictured above are Gail McMullen, Bill Roth, Bob Miller and Jim Miller.





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The folks at Morningside had lots of fun creating snow sculptures featuring an outside living room with a fireplace and a bar. There was a clock to let everyone know the day of the week and many teddy bears appeared in unusual places.



It's been fun to see how folks have been outside playing with their families in the snow. How creative... Bravo!!



What an outstanding igloo! It looks cozy inside with the Kroetsch family of Baden.  
Photo courtesy of Baden Optimist Penny Collins.



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