

Baden Outlook



Saying Farewell to a Pivotal Property in the History of Baden

We took this aerial photo in 2008 which shows the complete complex at 43 Snyder's Road East as it was in its day. Since then much has happened and we have reviewed its history on pages 34-35. Demolition began the last week of February.



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This paper is priceless - Please have one!



Wow! More exciting destinations as *The Baden Outlook* continues to travel to Costa Rica, St. Maarten, and Italy... check out more pics on pages 20-22



The Baden Outlook had a wonderful time when these long-time friends met up for dinner at a great little Italian restaurant in Jaco Beach, Costa Rica. Seen at the head of the table holding the Outlook is Pat Kelly and to the right around the table is: John Jokic, Brad Flood, Bonne Jokic, Ginette Kelly, Wendy Trottier, Kelly Flood, Gwen and Ron Cook, and Marc Trottier.



Charlie Schiedel recently took her Baden Outlook to St. Maarten while sailing on her daughter Cindy's Catamaran. Don't worry she is not really lunch, but has a silly photographer.



Betty-Anne Field has been travelling around Europe since late September with her Baden Outlook in her purse. After Ireland, Wales, Paris, London, south of France and Italy, here she is in yet another country with her Baden Outlook in Vatican City!



Karen Weber
Owner/Consultant



Traci Jutzi
Consultant



Kristina Ziegler
Consultant



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Greetings from Headquarters ~



Yay! The days are getting longer and I'm enjoying more daylight already. I've even heard of robin sightings over the past few weeks, so bring on spring! February left like a lion...a big ugly one at that. I will admit that I did surrender and enjoy the coziness that a snow storm brings—wearing cozy clothes and having the fire place on, making comfort food and watching movies. It's taken me a while to appreciate all that the four seasons offer, not just the warm temps and sunshine.

There are a lot of exciting things happening and we hope we were able to capture it in this issue, starting with the demolition on Snyder's Road that gives a new view and lay of the land. The property was key to the business core for over 100 years, so the recent demolition had us digging in the archives to share a look at the life and times of what was once at 43 Snyder's Road East. You will have to refer to the buildings from the front page photo to get a clear vision of the story on pages 33-34. The property really could have a book made of the many things that went on there with the many families and businesses that were part of that space.



Also, personally, what I find very exciting and long overdue is the recent meeting of the minds and joining of natural medicine and pharmaceuticals under one roof. Our bodies are individual and, over time, required many ways of nurturing and healing. We deserve whole-health care giving. If you don't know what I am referring to, please see page 39 where the announcement is made to put the beloved Town Pantry under the same roof as Pharmasave Town Square in New Hamburg, offering health care to you in many forms. I hope this continues to be the up and coming way of managing our health care. Congratulations to Abhay and Farah as they join forces; they will no doubt find great success. With that in mind, you may enjoy the article written by Amanda Andreatte, an intern at Interfaith, who teaches us about Self-Care, on page 13.

The Baden Outlook sure had a grand time travelling recently, as you will find the travel photos in many places this issue. It was fun to see some local pals who connected in Costa Rica. Also on page 22, the girls from the Wilmot Wolverines Senior B hockey team took us along to New Brunswick to the annual World Pond Hockey Championships. Who knew there was World Pond Hockey!?! Thanks for taking us along and for sharing your experiences with us.

- * Check out the four-week lecture series about travel on page 29 that is offered by St. Georges Anglican Church; it will transport you to extraordinary destinations!
- * The Waterloo District Women's Institute is holding its annual Women's Day on April 4th, featuring our ever-changing world. It requires pre-registration, so check it out on page 26 so you don't miss out.
- * Mark your calendars for April 22; the Eco-Boosters are holding an all-ages event about our world and living with plastic with guest speakers enlightening us on the problem. Check it out on page 18.
- * On page 23, see the line up of bronze statues of the 4 prime ministers that will join Wilmot Township's Prime Ministers Path, located beside Castle Kilbride, coming in June.

Don't forget Earth Hour on March 28, which is now one of the world's largest grassroots movements for the environment. Held every year on the last Saturday of March, Earth Hour engages millions of people in more than 180 countries and territories, switching off their lights to show support for our planet.

Barry and Pat Fisher
P.O. Box 5154
Baden, ON N3A 4J3
Phone: 519-634-8916
Email: badenoutlook@hotmail.com
Web: www.badenoutlook.com

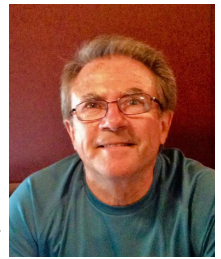
Once again you will find more silly jokes, puzzles, and trivia to entertain you.

Till next month...



Talking with Ed

~ What's the Deal?



I am amazed that a deck of cards is a household item -- I'd be surprised to find someone who doesn't own playing cards. When I was a kid, every Saturday night my parents would have the same couple over to our house to watch the Maple Leafs and then play several hands of Euchre. When we would play as a family, my father was impatient and would get upset if I made a bad play, so I learned quite quickly. We kids would play card games including Cribbage, Rummy, and Chase the Ace.

I married into more cards, since Pat's family too was a household of games and card players. Starting with Fish, Crazy Eights, War, Cheat, we moved on to Crib, Solo, Black Ball (we called it Bugger Your Neighbour), Double Solitaire, Hearts, and Euchre. Recently, our good friends Tim and Kim taught us two new games, *Sevens* and *Golf*, which we are currently playing a lot of with our friends. Cards is a great way to bring friends together and pass the time while stuck indoors over the cold winter months... or while on vacation in Mexico!!

Doing what I do, researching everything, I found that the earliest mention of playing cards in the world was in 868; a Chinese writer, Su E, describes Princess Tong Cheng playing the "leaf game" with her husband's family, the Wei Clan. The 1300s brought playing cards to Europe. An official ordinance in Bern, Switzerland mentions them being banned. In 1377, a Paris ordinance on playing cards was created to make rules to keep players in check.

In the 1400s, familiar suits started appearing on cards across the world: hearts, bells, leaves, acorns, swords, batons, cups, and coins made up the card design options (see chart to the right of assorted cards and their countries). In the 1480s, France brought out the plan of the deck that is closest to today's design. The deck consisted of spades, hearts, diamonds, and clubs. The clubs are probably a modified acorn design. The late 1400s European court cards changed from current royalty to historical or classical design.








The 1790s brought about the "Ace" which replaced the King as the highest card in the deck. In 1867, Russel Morgan and Company of Cincinnati, Ohio began printing playing cards. In the 1870s, the Joker made its first appearance as the third and highest trump (the best bower) in the game of Euchre. Some believe that the name "Joker" is derived from "Juker", which is another name for Euchre. In 1885, the first Bicycle brand cards were produced by Russel Morgan and Company.

I will be the first person to say I am not much of a casino gambler. I remember going to Las Vegas with my in-laws. The girls went to bed early, so my brother-in-law and I hit the poker tables. I decided that \$50 was my limit and when it was gone, I was done (looking back, that was not a lot of money). Ten minutes later I was out of cash but remained as a spectator. "What are those four multicoloured chips that a player just put on the table?" I asked the dealer. "They are the \$500 chips," the dealer responded. I was certainly out of my league, so I went back to the nickel slot machines. My brother-in-law lasted about another half hour and then we cashed in our chips (what was left of them).

That experience got me wondering how much money casinos make. The University of Las Vegas found that the 23 Las Vegas casinos bringing in over 72 million each in the 2013 fiscal year ended up with over 5 billion of their visitor's money altogether. That's an average of over \$630,000 a day per casino. Ontario Lottery and Gaming says its net profit for the province was 2.49 billion in the 2017 - 2018 fiscal year (all gambling operations). Big money.

So, what is the most widely played card game in the world today? According to best choice reviews Bridge followed by Poker (see the chart to the right). Whose deal?

Until next month...Ed

French	Hearts 	Tiles 	Clovers 	Pikes 
German	Hearts 	Bells 	Acorns 	Leaves 
Italian	Cups 	Coins 	Clubs 	Swords 
Spanish	Cups 	Coins 	Clubs 	Swords 
Swiss-German	Roses 	Bells 	Acorns 	Shields 

Greatest Card Games and Board Games of all Time according to bestchoicereviews.org

- | | |
|----------------|------------------------|
| 1. Bridge | 1. Go |
| 2. Poker | 2. Chess |
| 3. Canasta | 3. Monopoly |
| 4. Hearts | 4. Bridge |
| 5. Dutch Blitz | 5. Checkers |
| 6. Spades | 6. Risk |
| 7. Cribbage | 7. Poker |
| 8. Black Jack | 8. Magic the Gathering |
| 9. Whist | 9. Backgammon |
| 10. Uno | 10. Settlers of Catan |

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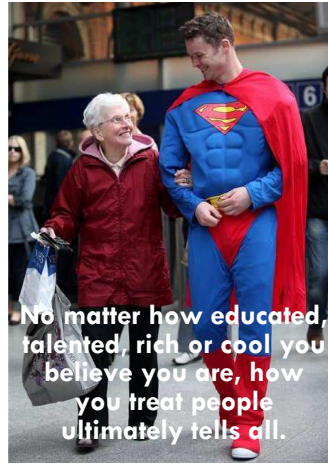
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Mindbenders

— Things that make you go hmmm...?

Often talked of, never seen,
Ever coming, never been,
Daily looked for, never here,
Still approaching, coming near.
Thousands for its visits wait,
But, alas for their fate,
Tho' they expect me to appear,
They will never find me here.



Answer on
page 28

What is this poem about?

K.R. ABBOTT

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Baden ~ Our Town

The Baden Community Association held their Family Day event at the Wilmot Recreation Complex. It was nice to see so many people enjoying the free swim, skate, and refreshments provided by the BCA.

Next up for the BCA is the annual Baden Community Cleanup to be held on Saturday, April 25th from 11 to 1:00. This has become a very popular event; some years, over 100 Baden residents came out to clean up the streets and parks. Let's beat that number this year! There is no cost and you will be treated with hot coffee and snacks courtesy of Tim Hortons in Baden. Come on out and clean up your town!



If you are interested in getting involved with the Baden Community Association please come out to our monthly meeting which is held in the basement of the township hall on the last Wednesday of the month at 7 o'clock.



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Checking out the Baden Library



Interlibrary Loan (ILL) Returns to RWL

We're pleased to announce ILL service is back and ready for patrons! Due to provincial funding cuts, the following changes are in effect:

- RWL patrons can have a maximum of seven requests for items not in our catalogue active at one time
- RWL patrons who do not pick up their requested ILL items may lose ILL privileges
- Certain collection types will not be considered for ILL. We will neither send out, nor request, these items. A full list of these items and more information about all the changes can be found on our website.

Requests may still be placed online, or by visiting, calling, or emailing any RWL branch. Please let us know if you have any questions.

NEW! Spring Craft Circle for Adults - Tuesdays, April 14, 21, and 28 from 1:30 to 2:30 p.m.

Drop in to our social, craft program for adults. Make art and some new friends along the way! Supplies are provided. It's free!

Spring Youth Programs

Spring registration is now open! Programs are free and begin the week of March 31.

Children's registered programs include Ready, Set, Go! Kindergarten, Li' STEAM, Baby Connections and Maker Club. Family Storytime is a drop-in program. Additional details are available at rwlibrary.ca. Space is limited. Register online, in person or by phone.



Third Tuesday Adult Book Club at EJ's: Tuesday, March 17, 6:30 to 7:30 p.m.

This month the adult book club is reading "An American Marriage" by Tayari Jones. Led by Jen Cyr, Co-ordinator of Library Collections, the novel is an Oprah book club pick. Get your copy at the Baden branch and join us for in-depth discussions. Everyone is welcome!

FREE Computer Help

The Region of Waterloo Library offers free, one-on-one computer training sessions. Spring appointments are available on Tuesdays: March 31, April 14, 28, May 5, 26 and June 9. Reserve your session online or by calling the Baden branch.

Did You Know?

Each RWL branch has a complimentary charging station to charge your mobile device while you browse for materials!

Need a Region of Waterloo Library card? Visit any branch to get yours for free with ID. Your membership card will give you a world of information and entertainment - all for FREE! Ask us!

Up-to-date program and event information is available from the calendar at rwlibrary.ca or contact the branch at 519-634-8933 or badenlib@regionofwaterloo.ca.

Chris Baechler, Assistant Supervisor — Baden Branch
Region of Waterloo Library



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SECOND ANNUAL WILMOT KEY QUEST

- Set to Start on April 27th -

By William Timlow

Entry #3 - Thank You, Sponsors!

The word is spreading, the township's buzzing... With talk of a Key Quest that's quickly coming. Five Grand on the line, tricky clues to unwind... This test is aced best with both body and mind.

We are very happy to report that sponsors have been pouring in again this year! We are so grateful, because their support makes the Wilmot Key Quest possible. We want to thank the Baden Outlook for supporting the Key Quest with these monthly articles, as well as with a financial contribution! As was the case last year, daily clues which lead to the location of the hidden key will be released each weekday from April 27 - May 15. You will be able to see a list of all the clues at any of the following sponsors' locations:



- Josslin Insurance (New Hamburg, Kitchener, and Wellesley offices)
- Baden Feed and Supply
- Baden Village Pharmacy
- Big Leaf Print and Graphics
- EJ's at the Baden Hotel
- Meadow Acres Garden Centre
- TLC Pet Food
- Town Square Pharmacy
- Wilmot Centre Church



This year's event will function very similarly to last year; however, **clues will NOT be available in the Waterloo Region Record this time around.** Organizers are hopeful to add more sponsors before the hunt begins, so stay tuned to the Wilmot Key Quest Facebook page, and grab next month's Baden Outlook for up to date information.

Here is a summary of the most important 2020 WKQ info available so far:

1. The **2020 Wilmot Key Quest** is slated to run from **April 27 - May 15**
2. The winner(s) will receive a **\$5,000 cash prize**
3. You, your friends, and your family can participate, whether you live in Wilmot Township or not, and there is **no cost to participate**
4. **facebook.com/WilmotKeyQuest** is a great place to go for up to date information related to the Key Quest, so **check out the FAQ** and like and follow the page.

5. Daily clues will be released **each weekday** during the hunt and will be available **at our sponsors' locations**, NOT in the Waterloo Region Record. At any of these locations, you will be able to see a full list of all the available clues. If you're a fan of the Wilmot Key Quest, remember to show our sponsors some love this spring! Pop into their locations. Spread the love around. Thank a staff member for supporting the Quest. You can even send some business their way!

Next month we plan to bring you detailed and comprehensive information on how the Key Quest works, in the form of a full FAQ. It will include a finalized list of our sponsors, and everything you'll need to know to give yourself the best possible chance to find this year's key. **So make sure to pick up a copy of next month's Baden Outlook, and check our Facebook Page!** Past Outlook entries are available on facebook.com/WilmotKeyQuest or badenoutlook.com. Tell a neighbour! Tell a friend! Who will be the one to win the \$5,000 this year? With some luck, skill, and determination, it could be you! Good luck, stay tuned, and happy hunting!

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St. Patrick's Day Word Search

Find the words in the puzzle - they are hidden horizontally, vertically, backwards and diagonally. You may need the luck of the Irish! Have fun!

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V	N	I	L	B	U	D	Y	H	P	A	D	D	Y	E
D	L	O	G	A	S	S	E	N	I	U	G	N	O	F
T	W	E	T	S	H	S	I	R	I	S	Y	A	H	C
N	O	O	Z	S	H	A	M	R	O	C	K	L	Y	P
L	B	P	J	S	Y	D	E	N	N	E	K	E	E	U
Q	N	L	E	P	R	E	C	H	A	U	N	R	Y	R
B	I	L	G	R	E	E	N	N	K	T	H	I	E	E
L	A	C	I	G	A	M	O	R	N	A	U	V	V	E
S	R	E	E	H	C	Y	O	T	A	T	O	P	R	B
W	I	B	P	O	N	Y	K	C	U	L	S	I	F	H
M	H	Y	T	Y	K	V	O	X	C	M	B	S	E	T

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As the weather warms up, everyone is ready to get outside and explore – even the ticks. Here is a refresher on these little parasites to help get into the prevention and protection mood.



WHAT ARE TICKS?

- Ticks are arachnids, relatives of spiders, mites and scorpions.
- They survive by feeding on the blood of animals and humans.
- Ticks crawl—they don't jump, fly, or drop from trees.

WHICH SPECIES ARE ESTABLISHED IN CANADA?

- There are over 40 species of ticks in Canada.
- The most common established ticks in Canada that dogs and cats may encounter are the American dog tick (*Dermacentor variabilis*) and the Blacklegged or Deer tick (*Ixodes scapularis*).

WHERE CAN THEY BE FOUND?

- Ticks can be found in many areas across Canada but they prefer to live in wooded areas, in tall grasses and under leaf litter. They can also be found in urban areas, like city parks and green spaces.
- Avoiding tick habitats helps reduce the risk of exposure.
- Ixodes species (such as the Deer tick) prefer moist environments like leaf litter.
- Dermacentor species (such as the American dog or wood tick), a hardier tick, can live in drier environments like tall grasses.

Did you ever notice that when you blow in a dog's face, he gets mad at you, but when you take him for a car ride, he sticks his head out the window? (Hmmm...maybe it's your breath.)



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WHEN ARE TICKS ACTIVE?

- At 4°C, ticks start looking for an animal or a person to feed on for a blood meal and will continue until the temperature consistently remains below 4°C. Deer ticks can be active any time temperatures are 4°C and above, including mild days during the winter months.
- Ticks can survive the winter hiding under snow, leaf litter and brush.
- **WHAT DISEASES CAN THEY TRANSMIT?**
- The main tick-borne disease of concern in Canada is Lyme disease.
- Ticks are expanding their range in parts of Canada at a rate of 46 km per year. The risk of pets and people being exposed to ticks and the diseases they can carry—like Lyme disease—is growing.



If you have any concerns regarding tick prevention and your pet, please contact your veterinarian for information on tick prevention and awareness. They can also help set up a tick control program specifically for your pet.

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You Must Be Joking!!



"Mr. Murphy, I have reviewed this case very
carefully," the divorce court judge said, "and I
have decided to give your wife \$775 a week."

"That's very fair, your honour," the husband said.
"And every now and then I will try to send her a few
quid myself."



Paddy and Murphy are working on a
building site. Suddenly a slate falls off the
roof, slicing Paddy's ear off.
Murphy finds it and says, "Is this yours Paddy?"
"No," says Paddy, "Mine had a pencil behind it."



On St. Paddy's day we have live music from
2-10pm. There are lots of musicians joining in
that day at random. Some artists are teaming up for the day to
create on the spot. Should be a fun day! Green beer is a must!

39 Snyder's Road W, Baden
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Please join us as we begin the Concert Series that
will take place the last Saturday of every month 7-11 pm.
The first band we have featured is "Off Kilter."

ALL THINGS SCRAMBLED

Within each category the words are jumbled up... can you unscramble them?

Answers on page 28

Things Used for Cutting

RESAL _ _ _ _ _

TAWER _ _ _ _ _

GEWDE _ _ _ _ _

LECHIS _ _ _ _ _

SHARES _ _ _ _ _

SKELIC _ _ _ _ _

SANWHAD _ _ _ _ _

CHAMETE _ _ _ _ _

PLACELS _ _ _ _ _

SHANAWCI _ _ _ _ _

Things that are Hard / Difficult

THAM _ _ _ _ _

CROK _ _ _ _ _

ODOW _ _ _ _ _

CEAND _ _ _ _ _

LAMET _ _ _ _ _

LESTE _ _ _ _ _

NOTES _ _ _ _ _

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Self-care is a buzz word that can be seen everywhere recently. It's great that people are seeing the value in taking time for themselves as self-care builds off of important ideas such as self-compassion and investing in your mental health. However, self-care can seem abstract and vague. How do you know if you are doing it right? When can you tell that it's working? With so many people using the word loosely, the meaning of the practice is starting to get lost.

I have found it helpful to view self-care as taking care of your whole self. When talking about health, there is a tendency to separate different aspects of the self or the body and talk about taking care of them individually. We have physical health, mental health, emotional health. We talk about gut health, heart health, and on and on. Perhaps this is an attempt to make a healthy lifestyle sound more feasible. Separating a big goal into smaller, more attainable goals does have value. However, this has led to the insinuation that mental health is separate from the other aspects of our well-being. I believe it is incredibly important to remember all parts of the self are interconnected.

The Indigenous peoples have a way of looking at a person that emphasizes the wholistic self. The way it's been explained to me is that there are four parts of a person: physical, emotional, mental, and spiritual. The physical aspect

refers to our bodies and our environment around us. This includes the weather, our housing situation, and the food we eat. The emotional part would be what is commonly referred to as mental health. This means looking at our stress levels and our ability to cope with emotions. The mental aspect refers to the way we are learning and the cognitive engagement we have with the world around us. Lastly, the spiritual part of self doesn't necessarily have to be connected to a formal religion, but more so recognizes our connection to all people and nature. Looking at the wholistic self may seem different at first but when you think about it, you can see it's a natural way of approaching self-care.

How many times do we end up fixating on only one part of ourselves, desperately trying to improve it and wondering why nothing is changing? Mental health is an important part of our well-being, but it does not exist in isolation to the rest of our self. If you are finding self-care ineffective in your life, I would encourage you to look at the different aspects of the self. Are you investing time in all four parts? Or are you only focusing on the physical, or the emotional? Take time to reflect on how you are taking care of yourself and make it a challenge to spend time nurturing parts of yourself that may have been forgotten.

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LET'S HAVE A LITTLE PUN!

ANSWERS ON PAGE 28

WHERE YOU GOING?!

1. Where a bunch of 'gym dandies' 'hang out'.
Where 'fat profits' are made by cutting down on 'waist'.
A 'fit' investment that often leads to 'heavy losses'.
2. It's a perfect 'setting' with access to all major 'roots'.
Where women are sent to the chair to 'curl' up or 'dye'.
You can go there to get 'permanently' 'locked' up.
3. Where the 'pillow slipped' and the 'bed spread' and you
fell in the 'springs'.
People are always 'lying' about this place.
Many 'dream' of spending the 'rest' of their lives there.
4. When people get 'fired up' after letting their work 'slide'.
A place where 'hosers' hang out.
Where 'alarming' conditions 'drive' people to 'smoke'.
5. Where they fit hundreds of people into a 'taxi'.
Where 'plane' looking people are told to 'take off'.
Where people who 'put on the airs' are brought 'back
down to earth'.



You Must Be Joking!!

An elderly Irishman bought a sports car to recapture his youth and drove at 120 mph. Then he saw a police car behind him with blue lights flashing. "I'm too old for this nonsense," he thought and decided to pull over.

The police officer said, "Sir, my shift ends in 10 minutes. If you can give me a good reason why you were speeding I'll let you go."

The old man said, "Years ago my wife ran off with a policeman and I thought you were bringing her back."

"That'll do," said the policeman.

As you slide down the
bannister of life, may
the splinters never
point your way!



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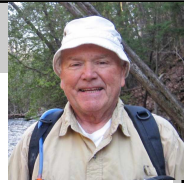



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Baden Birding ~ Birds and Bees

By Wayne Buck



I usually write about birds, but most of us are also interested in “the birds AND the bees”, so I thought I’d write about the bees. The information in this column came from an article (used with permission) by Jennifer Marshman, a PhD candidate at Wilfred Laurier who also sits on the Bee City Kitchener working group that appeared in The Waterloo Record in September 2019.

Of the flowering plants on Earth 90% depend on insect pollination. Bees are an important part of our environment. Think of how many of the foods we eat that come from plants or from animals that eat plants.

When we hear the word bees, most people think of the European honeybee that was brought to North America over 400 years ago and is the most widely managed pollinator species in the world, with an estimated 7,000 beekeepers in Canada alone. There are 20,000 species of bees worldwide, 4,000 of which are found in Canada. Southern Ontario is estimated to be home to 400 species of native bees.

Scientists think that our native or wild bees are more efficient pollinators than our non-native domestic honeybees because of the relationships wild bees have evolved with the flowers they pollinate over thousands of years.

Many wild bees are solitary; that is, they do not live in large groups like the honey and bumble bees, and they rear their offspring by themselves.

A honeybee hive can contain 80,000 individuals. Wild bees frequently have their hives in the ground, making them more susceptible to loss of habitat and contamination from chemicals and pesticides.



Honeybees have also been adversely affected by some of the chemicals that are used on plants such as neonics, but their hives can be moved. Tests for these chemicals often test only the effect on honeybees and do not test the effects on native bee populations, which creates gaps in our understanding of how wild bees are affected by human activity. The effect climate change is having on wild bee populations is not fully understood at this time.

Urban areas such as those found in Wilmot can provide refuge for these wild bees due to the large number of flower gardens found in built up areas. Typically, these garden areas have fewer pesticides than the surrounding rural agricultural areas. Homeowners can plant a variety of untreated flowering plants including native species that will provide a succession of blooms throughout the summer and fall. Be sure to check when you purchase plants to see if they contain neonics. Some greenhouses use neonics in their soil mixes so that any insects, including bees, are killed if they ingest any part of the plant.

Our native asters and goldenrods bloom in late summer and fall and provide not only brilliant colour, but a rich source of nectar and pollen for foraging bees. And don’t believe that fable about goldenrod causing hay fever! The pollen on goldenrods is too heavy to blow away in the wind but is designed to stick to the bodies of bees to be transported from flower to flower, thus ensuring pollination. Bee City Kitchener has a website with a list of native plants along with blooming time, colour, height, and light requirements.

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Kids won't say I have anxiety... they say "I have a tummy ache."

You Must Be Joking!!



TOP ZEN TEACHINGS

- ◆ Do not walk behind me, for I may not lead. Do not walk ahead of me, for I may not follow. Do not walk beside me, for the path is narrow. In fact, just bugger off, I would rather walk alone.
- ◆ No one is listening until you pass wind.
- ◆ Always remember you're unique. Just like everyone else.
- ◆ Never test the depth of the water with both feet.
- ◆ If you think nobody cares whether you're alive or dead, try missing a couple of mortgage payments.
- ◆ Before you criticize someone, you should walk a mile in their shoes. That way, when you criticize them, you're a mile away and you have their shoes.
- ◆ If at first you don't succeed, skydiving is not for you.
- ◆ If you lend someone \$20 and never see that person again, it was probably well worth it.
- ◆ If you always tell the truth, you don't have to remember anything.
- ◆ Some days you are the dog, some days you are the tree.
- ◆ Good judgment comes from bad experience ... And most of that comes from bad judgment.
- ◆ A closed mouth gathers no foot.
- ◆ Experience is something you don't get until just after you need it.
- ◆ Never under any circumstances take a sleeping pill and a laxative on the same night.



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You Must Be Joking!!



"GAS PROBLEM"

This little old lady goes to the doctor and says, "Doctor, I have this problem with passing gas, but it really doesn't bother me too much. It never smells and it's always silent. As a matter of fact I've passed gas at many times since I've been here in your office. You didn't know I was passing gas because it doesn't smell and it's silent."

The doctor says, "I see. Take these pills and come back to see me next week."

The next week the lady goes back. "Doctor," she says, "I don't know what you gave me, but now my passing gas... although still silent, it stinks terribly."

"Good", the doctor said, "now that we've cleared up your sinuses, we'll start to work on your hearing!"



A car's weakest part is the nut behind the steering wheel!



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We encourage ALL AGES to attend

Wednesday, April 22, 2020 6:00-8:00PM

Steinmann Mennonite Church, 1316 Snyder's Road West, Baden

Event Details:

6:00 pm: Enjoy pizza, browse display booths

6:30 pm: Introduction and short documentary film

7:00 pm: Panelists' presentations followed by audience participation.



Panelists:

D. Ali - Student

Deanna Dakin - Region of Waterloo

Lauren Smith - Entrepreneur

Donnique Williams - Reep Green Solutions



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IN MY NEXT LIFE...



In this life, I'm a woman. In my next life, I'd rather be a bear. When you're a bear, you get to hibernate. You do nothing but sleep for six months... I could do that.

Before you hibernate, you're supposed to eat yourself stupid, yup... I could do that.

When you're a girl bear, you birth your children (who are the size of walnuts) while you're sleeping and wake to partially grown, cute, cuddly cubs. I could definitely deal with that.

If you're a mama bear, everyone knows you mean business. You swat anyone who bothers your cubs, and if they get out of line, you swat them too. Sure, sounds good to me.

If you're a bear, your mate EXPECTS you to wake up growling. He EXPECTS that you will have hairy legs and excess body fat.

Yup, I'm gonna be a bear!



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Bravo Erin!!



Congratulations to Dr. Erin Ziegler on obtaining a PhD in Nursing from McMaster University. Her research focused on improving access to healthcare for transgender individuals in Ontario. Pictured with her parents, Murray and Donna Ziegler, at convocation ceremony Nov 21st. It's exactly 20 years from the 1st year nursing student at Ryerson University to Erin accepting a position as Assistant Professor at the Daphne Cockwell School of Nursing at Ryerson University. Bravo!

*For the love of the Irish —
May you all find a pot of gold at
the end of your rainbow!*



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The Baden Outlook had a wonderful time with these fun folks in Mexico...



Julie and a group from Baden recently took their Baden Outlook to Mexico and brought it along as they celebrated a 30th birthday from a yacht!



Fred Elwood and Dorothy Pikor took their Baden Outlook to Ixtapa, Mexico and met up with some new friends from Lethbridge and Winnipeg.

Clarence and Lucille Jackson surrounded by family, friends and the Baden Outlook, spent their 60th wedding anniversary in Cozumel, Mexico.



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2nd Prize- \$200-Peter Bruder (New Hamburg)

3rd Prize- \$100-Brenda Wettlaufer (Tavistock)



....More fun in Bucerias and Puerto Vallarta, Mexico and Dallas, Texas



Gary & Shirley Collins arriving at the Royal Decameron in Bucerias (near Puerto Vallarta), Mexico with their Outlook!



Gary and Maureen Pasichnyk, from Foxboro Green, spent a couple of great weeks in Puerto Vallarta.



Jeff Freeman and friend Mark Nieman travelled to Nashville and Dallas in January to see the Toronto Maple Leafs play the Predators and the Stars. While in Dallas, they toured the home of the Dallas Cowboys and are pictured here on the field at AT&T stadium with their Baden Outlook.



The Baden Outlook was excited to join these gals at the World Pond Hockey Championships in Plaster Rock, New Brunswick. Seen in the photo: Michele Brenneman - Trainer, Players - Leslie Moore, Rebecca Ropp, Abby Mossey and Tali Calder. These ladies also play for the Wilmot Wolverines Senior B hockey team. They were there from February 13 - February 16.

History of the World Pond Hockey Championships

The World Pond Hockey Championship event began as, and continues to this day to be, a fundraising activity for a new arena facility for the people of the Tobique River Valley. From humble beginnings in 2002, the first annual event featured forty participating teams from New Brunswick, Nova Scotia, Prince Edward Island, and Maine, USA.

Since that time the event has caught the imagination and triggered the emotions of hockey enthusiasts worldwide. Annual growth has seen the number of teams grow to 64, then 80, 96, and now 120 teams from all over the world. We now have teams representing every province in Canada, 35 U.S. states, and a total of 15 countries from around the globe that have skated in Plaster Rock. Media personnel from television, radio and print have traveled from afar to experience the same enthusiasm.

The early days of plowing the lake and river with a couple of pick-up trucks and establishing rinks with a measuring tape have evolved as well - many more trucks, skid steer loaders, snow blowers and a host of other equipment help prepare Roulston Lake. A G.P.S. system now locates the rinks in their exact location year after year. Sponsors go out of their way to make every possibility become reality.

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What does this mean for you? You will get the same dedicated, honest, reliable and effective service I've provided for 13 years now, all backed by a reputable company. So really, nothing much changes except for my office location. My mobile number and email address remain the same. I'm really looking forward to working for you, your friends and family in 2020.



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Four More PMs Coming To Baden

Submitted by James Rodger



Believe it or not, some people think Baden is “small town”. In at least one category however, it will surpass the city of Ottawa. Baden will soon become home to more sculptures of Canada’s Prime Ministers than even our nation’s capital.

Wilmot Township’s Prime Ministers Path, located beside Castle Kilbride, already has five life-sized sculptures of Canada’s PMs created by artists from across the country. Bronze likenesses of Sir John A Macdonald, Sir Robert Borden, William Lyon Mackenzie King, Lester Pearson, and Kim Campbell have found a comfortable and welcoming home on Baden’s PM Path.

On Saturday, June 20, 2020, four additional Prime Ministers’ sculptures will be unveiled. This event will bring the number of likenesses in the Baden collection to nine. There are only eight statues of Canada’s Prime Ministers on Parliament Hill in Ottawa.



Sir John Abbott

British Columbia artist, Nathan Scott, who created the collection’s bronze statue of Sir Robert Borden, is currently casting a sculptural grouping of Sir John Abbott, Sir John Thompson, Sir Mackenzie Bowell and Sir Charles Tupper. Between 1891 and 1896, these four oft-forgotten men each had a term of office as our Prime Minister. They are Canada’s leadership link between two more iconic personalities, Sir John A Macdonald and Sir Wilfrid Laurier.

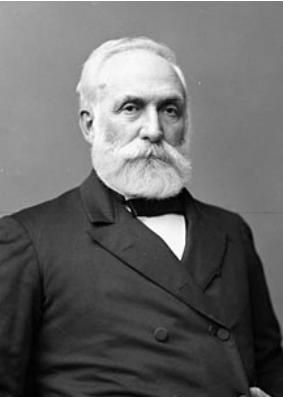
This new sculptural grouping will also incorporate “Easter eggs” that are characteristic of all the works already on the PM Path. Easter eggs are subtle, small pictographs or symbols modelled onto the surface of each sculpture. They each represent a significant event in that Prime Minister’s life, career or in the contemporary history of Canada. Viewers will be able to explore and discover...

What Abbott’s connection is to the Canadian Pacific Railway.
Why a tiny model of a Windsor Castle tower sits beside Thompson.
Why Bowell is holding an orange in his hand.
Why Tupper has a stethoscope in his pocket.

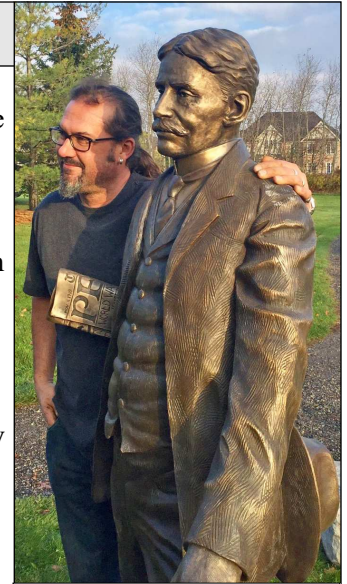
On June 20th, join the Wilmot community beside Castle Kilbride at 3:30 pm for the unveiling of this dynamic grouping of four Prime Ministers. Come and meet Waterloo Region’s new and rather interesting neighbours!

For more information, contact: Jim Rodger, Co-Coordinator, The Prime Ministers Path, 519-503-3073, jrodger3070@rogers.com

Tracy Loch, Director/Curator, Castle Kilbride, 519-634-8444 Ext. 256, tracy.loch@wilmot.ca



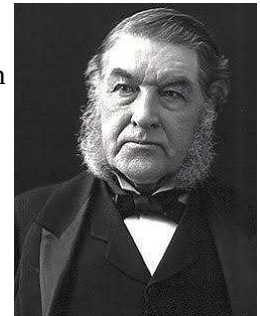
Sir Mackenzie Bowell



Sculptor Nathan Scott after installing Sir Robert Borden on the Prime Ministers Path



Sir John Thompson



Sir Charles Tupper

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What is Tech/Text Neck?

Some signs that you may be experiencing Tech Neck include:

- Instant or delayed-onset upper back or neck pain when using a handheld device
- Nagging or sharp **pain** in the **neck** or shoulders at the end of the day or postural fatigue
- General shoulder **pain** and tightness, head forward **neck** posture

Who May be Affected?

Researchers at Harvard Medical Health (2016 harvard.health.edu) predict that [7 out of 10 people](#) will experience neck aches at some point in their lives.

What to Do? Visit a registered Massage Therapist!

Massage Therapists assess and treat physical dysfunction and pain of the soft tissue and joints of the body, mostly by hands--on manipulation.

Assessment and treatment can include orthopaedic and neurological testing, soft tissue manipulation (Swedish massage is the most commonly used technique), hydrotherapy, remedial exercise programs and client education programs.

We may direct you on a treatment plan that includes Massage Therapy and possibly other health care providers where appropriate.

BUT FIRST.... Step away from the computer...put down the phone... yes, put it down...it will be ok. Then... MOVE in the most fun way that you can find that doesn't include a screen! Repeat whenever possible.



Some gentle exercises that may help manage tech neck are:

Please note: always check with your primary health care provider to make sure these exercises fit in with your current fitness level.

Exaggerated Nod

Sitting at your desk or standing comfortably with your shoulders relaxed. Mouth closed — teeth touching but not clenching — look up to the ceiling. Pause here and let your jaw relax and open your mouth. Keep your head still here and bring your lower jaw to your upper jaw, closing your mouth. You should feel a stretch in the front of your neck. Hold for a few moments then return to neutral neck.



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Cat Cow

Start on all fours with your shoulders stacked over your wrists, your hips stacked over your knees, and the tops of your feet pressed into the ground. Look down a few inches in front of your fingers and lengthen from your head down to your tailbone.



1. To begin the 'cat' phase, use your abs to curl your spine toward the ceiling while tucking in your tailbone (making the shape of a Halloween cat) as you exhale. Lengthen your neck and allow your chin to reach down and in, toward your chest, so your ears come down by your biceps.
2. To begin the 'cow' phase, swoop and scoop your pelvis so your belly drops down to the floor as you inhale. Broaden across your shoulder blades, drawing your shoulders away from your ears, and lift your chin and chest to gaze up toward the ceiling. Move through steps 1 and two a few times, building up to 8 or so.

Along with getting away from your desk or device, being mindful of your breathing through the day will help oxygenate your upper body therefore helping your muscles relax and almost automatically improving your posture.

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Community Corner ~ Check Out What's Going On!



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Canadian Blood Services

Blood Donor Clinic

Monday, March 16th, April 13th 5 pm - 8 pm
 Steinmann Mennonite Church
 1316 Snyder's Road W., Baden

Join in the Conversation for Seniors / 519-634-5030



The Kitchen Table
 Tea, coffee and conversation for seniors

**At Wilmot Mennonite Church,
 2995 Bleams Road, New Hamburg**

Topic: Staying Safe from Scammers
 with Tim Campbell

Tues. March 31 12:00-2:00
 A light lunch will be served at noon.
 Suggested donation of \$10 accepted.

A WOMEN'S DAY

(For women of all ages)

SATURDAY, APRIL 4

All Day Event - Registration 8.45 am

Theme: **MANAGING IN A CHANGING WORLD**
 Speakers, Music, and Lunch

Bethel Evangelical Missionary Church
 1531 Bridge St.W. New Dundee

Presented by Waterloo District
 Women's Institute

For information call Ruth Jones
 519-578-9876

EASTER EGG HUNT

SATURDAY APRIL 4, 11am

BECK PARK in BADEN

(rain or snow)



FREE EVENT

*Sponsored by the Wilmot
 Optimist Club*



T.O.P.S (Take Off Pounds Sensibly)

We are a support group for weight loss. Weekly meetings are held on Wednesday mornings at St. James Lutheran Church, 66 Mill Street, Baden.

Weigh-ins at 10:30 am followed by a short meeting.

For more information call
 519-634-9690.

Everyone is Welcome.



Peace and Justice Breakfast

Saturday, April 4 9:00 AM
 Steinmann Mennonite Church
 1316 Snyder's Rd. W Baden
 519 634-8311 / office@smchuech.ca

Speaker - Willard Metzger, Executive Director of Citizens for Public Justice

Topic - "Climate Action and the Generation of Change: A Look at How Student Movements are Reshaping Society"

Admission by Donation

Please RSVP to the church office by March 28

New in the Neighbourhood?

If you are new in the neighbourhood, call us to receive your gifts and learn about your community.

Local Representative: Marlene Brenneman
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 519-591-5963 marlene.brenneman@gmail.com



Wilmot's Monthly
 Newsletter ...

Keeping the Community
 Connected since 2000

JOIN US FOR F.R.O.G.
 ON THE FOLLOWING DATES:
 March 31, April 14 & 28
6:30-7:30 pm
 📍 **BADEN PUBLIC SCHOOL**
 Come enjoy floor hockey, free play, craft table & a bible story
No cost to attend | Supported by volunteers from West Hills Fellowship | For kids JK-Grade 5

Mindful Movement



Mondays on March 23rd, April 6th and 20th
 6:30-7:00 pm Tea and conversation

7:00-8:00 pm Mindful Movement (Yoga)

**At Wilmot Mennonite Church, 2995 Bleams Road,
 New Hamburg (Marcia 519-634-5960)**

Cost: \$5-\$10 Pay what you can. Please wear comfortable clothing. Bring a yoga mat if you have one.

*This space is generously donated by Expressway Ford
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Wilmot Family Resource Centre participates in the Canada Revenue Agency Community Volunteer Income Tax Program. A volunteer will complete and e-file your return at no cost to you.

Wilmot Family Resource Centre
1-175 Waterloo St.
New Hamburg, ON
N3A 1S3

Suggested income thresholds:

Family Size	Total Family Income
1 person	\$35,000
2 persons	\$45,000
3 persons	\$47,500
4 persons	\$50,000
5 persons	\$52,500
More than 5 persons	\$52,500 plus \$2,500 for each additional person

We are not able to prepare complex returns for:

- Self-employment income
- Business or rental income and expenses
- Capital gains or losses
- Employment expenses
- File for bankruptcy
- Deceased in the year

Bring all your information slips to the office; there are a few forms for you to fill out; you will receive a phone call when the return has been completed.

Any questions about eligibility or how it works please call 519-662-2731 or email info@wilmotfamilyresourcecentre.ca.

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For registration contact: Mary Hartman
519-662-5172 mhartman@tcmhomes.com
Respond by JUNE 5, 2020

ICC Support Groups-Spring 2020

Mindfulness & Compassion
Dates: April 7th-May 26th, 2020
Weekly: Tuesdays 6:30pm-7:45pm
COST: \$160
(may be covered through benefits)
This group offers skills, practices and tools to support you in accepting and loving yourself, building inner strength, resilience and thriving in your own life.

Connecting Caregivers
Dates: April 20th-May 11th, 2020
Weekly: Mondays 6:00pm-7:30pm
COST: \$80
(may be covered through benefits)
Are you overwhelmed with caring for your children, parents, or partner? Topics covered are self care, personal boundaries, coping strategies and relationship skills.

Beyond I do!
Dates: Friday Mar 27th 6pm-9pm
Saturday Mar 28th 9am-4pm
Cost: \$175/couple*
(may be covered through benefits)
Growth through marriage, a preparation course for those entering into a marriage or committed relationship.

Understanding Grief
Date: Monday April 6, 2020 @ 7pm
Cost: FREE (registration is required)
This session will provide you with a high-level understanding of what you or someone you know might experience when grieving.
*Offered through Bereaved families of Ontario

Registration is required for all groups:

Please call Interfaith Counselling Centre at (519)662-3092
All Groups located at ICC- 23B Church St. New Hamburg, ON N3A 1J1



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Branch #532—Boullee Street, New Hamburg

Invites you to join us for ...

Saturday March 21st, Provincial Darts, 9 am
Express Lunch , Shepherds Pie
Friday April 3rd at Noon \$7
Entertainment ~ No Discernible
Saturday April 4th, 2-5
Entertainment ~ Dianne & Cavaliers
Main hall \$10, Sat April 18th, 2-6



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"Keeping the Community Connected"

*Answers from Scrambled Up
From page 12*

- | | |
|----------|----------|
| LASER | MATH |
| WATER | ROCK |
| WEDGE | WOOD |
| CHISEL | DANCE |
| SHEARS | METAL |
| SICKLE | STEEL |
| HANDSAW | STONE |
| MACHETE | CEMENT |
| SCALPEL | CALCULUS |
| CHAINSAW | EXERCISE |

*Mindbender answer
from page 5*

...Tomorrow

*Answers from Having
Pun from page 14*

1. Health Club
2. Hair Salon
3. Bedroom
4. Fire Station
5. Airport

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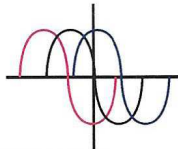
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April 14. Jack and Irene Suderman. *Bolivia: A Living Study in Cultural Diversity*

Long-time mission workers Jack and Irene Suderman lived in Bolivia from 1981 to 1985. More recently they toured several of the conservative Old Colony communities there on behalf of the Mennonite Central Committee. They will share insights into their own Bolivian experiences and into the lives and culture of the Old Colony groups they visited.

April 21. Darrol Bryant. *The Magic of Meeting: India's Living Religious Traditions*

Darrol Bryant is a Distinguished Professor Emeritus of Religious Studies and Director of the Centre for Dialogue and Spirituality in the World's Religions at Renison University College, University of Waterloo. His many tours of India over the past four decades make him one of the most respected Canadian authorities on India's rich religious traditions.

April 28. Roberta Beecroft. *Cruising the Canadian Arctic*

Family Life Counsellor Roberta Beecroft found her Adventure Canada tour of the Eastern Arctic to be a total immersion in learning about the challenges and absolute delights of this seldom-experienced part of our country. This is a rare opportunity to find out more about the beauty of this unique landscape, the Inuit people and their culture.

May 5. Verna Cuthbert Normandeau. *Timeless Lands: Tristan da Cuhna and Namibia*

Set sail on a cruise with Verna Cuthbert Normandeau, member of the Law Society of Ontario and recently retired lawyer from the Barreau du Québec, to explore the verdant fields and volcanic mountains of the most remote island in the world – **Tristan Da Cuhna**. The second port of call includes a safari to the Namib desert, one of the oldest deserts in the world, to observe its ancient secrets and resilient wildlife.

Held at St. George's Anglican Church,
3 Byron Street, New Hamburg / 10 a.m. – Noon
\$20 for lecture series; \$6 per individual lecture

Contact Info: sgac@stgeorgesnewhamburg.com;
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More information at
wilmotforestchurch@gmail.com

Emmanuel Lutheran Church

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519-634-5511 www.petersburgchurch.org
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Worship Service 9:30 am / Sunday School

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 Sunday Worship 9 am / Sunday School

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Livingston Presbyterian Church

44 Beck Street, Baden / 519-662-4949

Hymn Sing 9:45 am ~ Worship to follow at 10 am
 Moderator: Linda Ashfield, 519-886-4150

SHANTZ MENNONITE CHURCH

2473 Erb's Road, Baden, Ont N3A 3M3

Phone: 519-634-8712 / www.shantzmc.ca

Pastor: Don Penner

Worship Service - 9:30 am Christian Education - 11:00 am

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Wilmot Mennonite Church

2995 Bleams Road, New Hamburg, ON

Worship Service 9:45a.m. ~ Christian Formation 11:00 a.m.

Pastor Susan Allison-Jones

519-634-5030 www.wilmotmennonite.ca

Steinmann Mennonite Church

1316 Snyder's Rd. W. (at Nafziger Rd), Baden

Sunday Worship 9:45, Sunday School 11:00 am

Phone: 519-634-8311 / www.smchurch.ca

Greetings from NH Thrift Centre

It's almost here: the horizon, the end of winter. Can you feel the cold starting to go and the snow starting to melt? Sure, we're probably due for another snowstorm or two, and it'll still be a little bit before winter is officially over, but it's probably safe to say that we can start dreaming of spring, no?

Well, with spring comes spring cleaning. That time of year where you go through all the items in your house and decide what's keeping you from the feeling of cleanliness that spring usually brings along.

As you decide what it is that you need to get rid of this spring, be sure to bring your items down to New Hamburg Thrift, where we can put them to good use. Whatever we can take to resell for funding for the Mennonite Central Committee we will ensure gets the best pricing around, and whatever we can't use, we will recycle in one of our various recycling programs or repurpose in various ways. At New Hamburg Thrift, we throw out as little as possible, so you know that we'll be using the items that were clogging up your home in the best ways imaginable.

Once you've gotten rid of the things that you no longer want, come shop at the front of the store, where you can find all sorts of items that other people have decided to pass on. You never know the luck that you'll have when you stop by, because our selection is always changing!



NEW HAMBURG THRIFT CENTRE

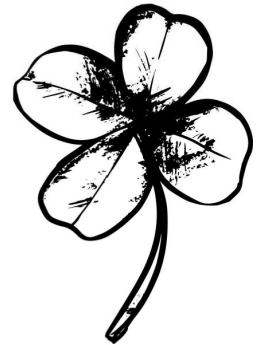
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 FRIDAY
 SATURDAY
 SUNDAY

9:00 am - 5:00 pm
 9:00 am - Open Late 8 pm
 9:00 am - 4:00 pm
 CLOSED



Happy Easter



Wednesdays during Lent

You are invited to a
 worship service at noon
 followed by a soup and
 sandwich lunch



A good will offering will be accepted for the Family Resource Centre and to cover the costs of the lunch

Locations for 2020:

- March 18** - Zion United Church,
215 Peel St, New Hamburg
- March 25** - Trinity Lutheran Church,
23 Church St, New Hamburg
- April 1** - Wilmot Centre Church (Missionary)
2463 Bleams Rd, Petersburg

For more information contact
 Wilmot Mennonite Church
 519-634-5030 or
wilmotmennonitechurch@gmail.com

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Did you know that spring is a popular time to sell a home?

- Weather gets warmer, buyers are more willing to go out and explore
- Families eager to move during the summer will need to find and make offers on their homes several months prior
- Houses show well as everything is starting to green up and flowers and trees start to bloom

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Sat: 9:00 am-5:00 pm
Closed Sunday & Holidays

You Must Be Joking!!

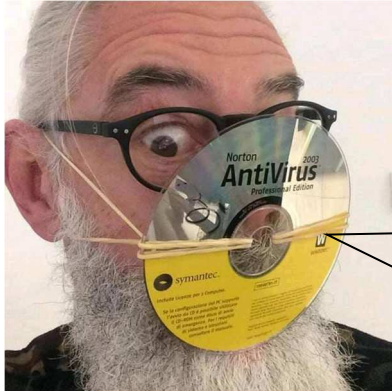


Paddy is doing some roofing for Murphy. As he nears the top of the ladder he starts shaking and feeling dizzy.

He calls down to Murphy and says, "I tink I will ave to get on home, I've gone all giddy and I feel sick."

Murphy asks, "Aye Paddy, ave yer got vertigo?" Paddy replies, "No, I only live around the corner."

New Virus Masks



Ask a senior how they are protecting themselves and you may be surprised at their resourcefulness.

I've got this!! Those flimsy masks were costing me a fortune!



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NOTES FROM THE ATTIC - LIFE AND TIMES OF BADEN BUSINESS CORE

With reference to the front page photo we give a brief history of each building by the colour of them in the picture. We will begin with the main westerly building.



N.M. Steinman Grocery Store – Noah Steinman purchased the store located at 43 Snyder’s Road East in 1904 from Christian Honderich. The general store sold groceries, Purina stock feed, lime, cement and even Maxwell cars, and sewing machines.



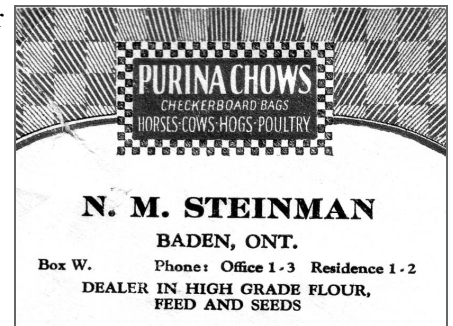
Shortly after the purchase, Steinman saw a need for an undertaker and opened a funeral parlour in the same building. In 1956 he sold the *good will* of the funeral business to the K-W firm *Ratz-Bechtel* (owned in part by Gideon Bechtel, another Baden Resident). Around the same time, Steinman closed the grocery store and opened Steinman Furniture. The store was known for high quality furniture, including *Roxton*

maple furnishings. This business was sold to Noah’s son Delton, then sold to his son Carl, and eventually closed in 1994.



It was then that Greg and Adrienne Shinnie and PAB Holdings purchased the property (including all of the out-buildings) and opened the *Baden Emporium* on November 17, 1995. This became a popular spot, creating some great energy in the core of town with a gift store and 183 vendors, a

bakery and café where Teddy’s Bakery was born, and where Rose Coloured Glasses housed their business. Rose and Larry Stevenson held several fundraising events in the courtyard entitled *Memories of Mom* in honour of his mom who died from cancer. The Baden Emporium closed in February of 2006. It sat empty for some time until Musien Musa purchased all five buildings in December 2008 and soon opened the Baden Market, which had a small amount of vendors. Over several years, Musien demolished three of the out-buildings. He then sold the property to West Hills Church who had a vision of housing a community space and church, but found the project not feasible and it sat empty for many years. The building was demolished the last week of February 2020.



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Walter Bechthold Motors (Light Blue Front) – Walter Bechthold started working at Conrad Berg’s Chevrolet dealership on the east side of the Steinman building in 1929. Berg, in 1931, wanted to open a car dealership in New Hamburg so he sold the business to Bechthold, who was 26 years old. It was a simple service centre capable of holding two vehicles. In the late 30s, he changed from a Chevrolet to a Pontiac Dealership and continued to sell White Rose gasoline. In 1964, it became an American Motors dealership and (since Shell purchased White Rose) they changed to Shell gasoline. At that time, Bechthold Motors could squeeze up to 12 vehicles into the building. The business closed in 1977, then became part of Steinman’s Furniture, and on November 17, 1995 it became the Baden Emporium.



There were three out buildings surrounding the back of the property. The red building was the property of Walter Bechthold and was used for storage for his automotive repair business.

The large two-story light blue steel building was built in 1967 by Harley Herner and was used as storage for the Steinman Furniture Company. The darker blue building was owned by Fred Sehl and was used for storage of supplies and a delivery truck for many years. That building was home to Northern Barn Furniture, which made furniture for Harvest Home, from September 1997 to 2001. In the spring of 2002 Baden Creek Pottery opened their business in that location. They closed in November 2005. Baden Firefighters were called out to a fire at that building on March 17, 2009 at 3:30 am and the building sustained \$8,000 damage. It was slated to be demolished and was torn down a week later.



Fred Sehl Tin Shop (Green Building) – Located at 57 Snyder’s Road E. Fred Sehl (Senior), who died in 1936, opened the original tin shop in 1883. Fred Junior began working in the store in 1909 and continued the business until 1971. The business began as a tinsmith shop with hardware as a secondary line. They created such items as milk cans, wash boilers, sap



containers and wash tubs. Fred lived in a home beside the Tin Shop until selling the business and house to Steinman Furniture in 1971. The building was sold to the Baden Emporium in November 1995. During the ownership of the Emporium it had been rented to Pfenning Organic Store (now in St. Agatha), Pfeiffer Gallery (now in Wellesley), and finally to The Olde Tin Shoppe, antique collectible store. The upstairs was also home to the Baden Model Railway Club; the photo shows their group and railway layout.

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"Building trust one home at a time"

The Lambert Group took some time in February to spend a morning at Food 4 Kids - an incredible organization right here in Waterloo Region. Food 4 Kids provides healthy food for children from at-risk, low-income or disadvantaged homes with limited or no food on the weekend or during summer months.

The experience that we had opened our eyes to what an incredible organization this is, as well as how many children within our community are in need of their services.

Food 4 Kids relies solely on donations and volunteers and we were so happy to be able to contribute and give some of our time for such a great cause!

<https://www.food4kidswr.ca/>



"We worked with Jon Lambert and his team for both the sale of our home and the purchase of our new home. We couldn't recommend him and his team more!! They go above and beyond with EVERY sale! Their strong ethics, organization and passion they bring makes buying and selling so easy and fulfilling. Truly. You will be so well taken care of!!"



Help these Local Boys take Baseball to Cuba



Local boys Carson Habel and Quinn Klasnic will travel to Holguin, Cuba on April 18th with their AAA baseball team to compete throughout the week and tour some local schools. The boys would like to take school supplies and new and used baseball equipment with them to donate to the Cuban teams. The airline has donated a considerable amount of space for donations. Donation boxes will be set up at the Wilmot Recreation Complex, New Hamburg Arena, and Tiffany and Co. Hair Salon throughout the month of March. Perfect time to clean out your closets for a great cause!



A FRESH APPROACH TO FINANCIAL PLANNING

Thinking about retiring?
Recently retired?
Enjoying life in Wilmot?

What's next?

- ▲ FAMILY ESTATE PLANNING
- ▲ CASH FLOW PLANNING
- ▲ TAX STRATEGIES
- ▲ INVESTMENT MANAGEMENT



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"No winter lasts forever, no spring skips its turn" ~ Hal Borland, author

Spring is slowly making its appearance and I'm looking out for the pussy willows. I also can't wait to get the fingernails dirty in the garden. Many of us have already started seeds indoors. Have you? Concerned about GMOs? Do not be! To buy seeds that are GMO, you need to go to a farm supply source. It's impossible to buy GMO seeds at your local seed store, so you can relax! In Canada, GMO crops are canola, sugar beet, soybeans, and corn. You may not be able to buy the seeds, but these foods are certainly in our food chains.



Do you love **orchids**? Did you buy an orchid with the instructions to water it using an ice cube? Who started this crazy idea? What tropical plant wants an ice cube on its roots that can give it frost bite? It is like someone putting a snowball down your back! Stop torturing the orchid and read the scoop from experts at https://osrbg.ca/wp/?page_id=35

Because native plants are an important part of the garden, remember all the guidelines for planting apply to them. Robert Pavlis wrote this article:



Native plants are more drought-tolerant

The use of native plants has received a lot of press, and lots of information makes it sound as if they are a better choice for your garden. Much of this publicity is creating myths. One of the common beliefs is that native plants are easier to take care of and require less watering.

Let's think about this. Almost any location on Earth has a variety of growing conditions. Some areas are wetter and others are drier. Even in the desert, you will find some areas along a river that grow lush plants that need substantial water to do their best.



Check out the native plants in your local woods. The ones growing at the top of the hill can be drier than the ones at the bottom of the hill. Plants growing at the edge of the woods need more light than ones growing in the middle. All of this happens in a very small area, and all of the plants are native.

Pick the right native plant, and it will be drought-tolerant. Pick the wrong one, and it won't be.

The red cardinal flower (*Lobelia cardinalis*) is a local native perennial, but for some reason I just can't get it to overwinter in my garden. It is certainly not drought-tolerant, but even in a boggy spot it just will not grow for me.

The same goes for non-natives. If you pick drought-tolerant plants, they will be drought-tolerant. The country in which they grow naturally has nothing to do with it. ~ by Robert Pavlis, author of three books, Garden Myths Book 1 and 2 and Building Natural Ponds.

WHS's upcoming meeting is at 7:30 pm, March 9th, **Wilmot Recreation Complex, upstairs in Meeting Room A. Kevin Thomason, a local environmentalist, will share the locations and the unique features of the Region's four Environmentality Sensitive Landscapes.**

Free meeting, 50/50 draw (bring a loonie or toonie), door prizes and social with tea/coffee with snacks. Lug-a-Mug

Website: gardenontario.org/view/society-layout/entry/852 email: wilmothortsociety@gmail.com Graphics: Pixabay

Get your fingernails and knees dirtier this spring!



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You Must Be Joking!!



FOR THOSE WHO LOVE THE PHILOSOPHY OF AMBIGUITY, AS WELL AS THE IDIOSYNCRASIES OF ENGLISH:

- ONE TEQUILA, TWO TEQUILA, THREE TEQUILA, FLOOR.
- ATHEISM IS A NON-PROPHET ORGANIZATION.
- IF HUMANS EVOLVED FROM MONKEYS AND APES, WHY DO WE STILL HAVE MONKEYS AND APES?
- IS THERE ANOTHER WORD FOR SYNONYM?
- IF A PARSLEY FARMER IS SUED, CAN THEY GARNISH HIS WAGES?
- WOULD A FLY WITHOUT WINGS BE CALLED A WALK?
- IF A TURTLE DOESN'T HAVE A SHELL, IS HE HOMELESS OR NAKED?
- CAN VEGETARIANS EAT ANIMAL CRACKERS?
- HOW DO THEY GET DEER TO CROSS THE ROAD ONLY AT THOSE YELLOW ROAD SIGNS?
- WHAT WAS THE BEST THING BEFORE SLICED BREAD?
- ONE NICE THING ABOUT EGOTISTS: THEY DON'T TALK ABOUT OTHER PEOPLE.
- HOW IS IT POSSIBLE TO HAVE A CIVIL WAR?
- IF YOU ATE BOTH PASTA AND ANTIPASTO, WOULD YOU STILL BE HUNGRY?
- IF YOU TRY TO FAIL, AND SUCCEED, WHICH HAVE YOU DONE?

GOING AWAY?

Before you go away on vacation, take the time to prep your home for the week you will be away. Don't just lock the door and drive off; you might be sorry. First and most important,

turn off the main water to your home. Anything could break and the water will run until it's turned off. Nothing worse than a great holiday wrecked by coming home to a disaster. Main valves are located usually in the basement before the water meter. If it leaks or won't turn, call a plumber to have it replaced. It's the most important valve in your home and has to work. Turn it off and drain the water at a laundry faucet or kitchen. Next, the water heater— if you have a gas heater there is a control on most that controls temperature. It also has a vacation setting; just turn it to vacation, or you can turn the gas valve to "pilot". Again, it will just sit and rest until you get back. If you have a "power venter type," just unplug it. If you have an electric tank, you can flip the breaker at your electric panel if you choose to, or just let it be. It will not use much energy while you're gone as you are not using the water. Set your furnace back to a safe temperature so the house won't get too cold; 60-65f is what I have done in the past with no problems. Set up a couple of timers on lights and arrange for the neighbour to park a car in your driveway and maybe clear the snow for you. It is also important that you have someone enter your home and do a walk about to be sure things are as they should be.

Now relax, go and enjoy your vacation.

Submitted by Mike Trotter



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New Owner for Town Pantry Health Food Store!

It is with great excitement that we announce the sale and relocation of Town Pantry Health Food Store to PharmaSave Town Square in New Hamburg this spring!

We would like to thank each and every one of you who have come through the doors at Town Pantry over the span of the last 40+ years and supported us for so long and in so many ways. The community and beyond have all made such an impact on the store's success and longevity and we appreciate you all immensely.

We would like to take this chance to acknowledge Eileen Bender, the founder of Town Pantry, who passed away earlier this year. Without following her passion and heart, none of this would have been possible. Also, to the second owner Mina Mamdani, who passed away in 2012. They both absolutely loved their store and helping people and their community.

For each of us, our families, friends, and loyal clients have helped to support an institution that aimed to serve the community's natural health needs with care and compassion.

We would also like to sincerely thank the Junker family for their ongoing accommodation and building management. Your support was a big reason why the store remained so well established all these years at Town Pantry's original location on Union Street.

Last but certainly not least, we cannot forget to give a huge thank you to the parents Moe and Roze and Brother AL for being there every step of this challenging but extremely rewarding and life altering journey. It's been an amazing experience and not a single day could have happened without your help and support!

Huge shout out to Jamie for coming on board in the last year and helping us out. This, paired with her 7 year naturopathic clinic experience, will be a great resource as she and Farah will both be helping with the transition and new management team.

We hope that you will all continue to support the next chapter of the store with Town Pantry's 4th owner Abhay Patel at his new location inside Pharmasave Town Square Pharmacy.

A message From Abhay-

The Town Square Pharmacy team is very excited to welcome Town Pantry into the fold. We hope to continue the tradition of great service and education that they have provided over the last 12 years.

As with our other offerings, we are committed to providing ongoing training to our staff and working with our wholesale partners to ensure our community is provided with services and product selection as good (or better) than one would expect in much larger towns.

The relocation of Town Pantry into our new space will allow us to concentrate our resources and expand the current offering; more details on this to follow.

The timing of the relocation has still not been finalized; the teams will work together to try and make it as soon as possible with minimal disruption to our customers.



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