

Zion Lutheran Church Philipsburg Celebrates 175 years

As you cruise through the village of Philipsburg, perhaps you have noticed Zion Lutheran Church, often referred to as "the Church on the hill". This Church was founded in 1843 when Rev. Franz A. Peifer was called as the first Pastor. A white frame church costing \$1,200 was built in 1850, and later replaced in 1929 with the present brick building. Several items from the original Church were saved and are still in use today, such as the Church bell and the beautiful pipe organ (1886) with the original painting on the 417 pipes.



In commemoration of the 175th Anniversary of Zion Lutheran Church, special events have been planned throughout the year. The first event is a **History Day** being held on Saturday, March 24th from 10am to 2pm. Drop in to the Church for this Open House featuring Church tours, historical displays, and memorabilia of the Church and the village of Philipsburg. Did you know, in 1867, Philipsburg was a bustling community with 2 stores, 2 hotels, a tannery employing 12 men, a brick yard employing 10 men, a blacksmith, a wagon shop, a carpenter, a tailor, and a shoemaker? At one time, over 15 cobblers worked on the second floor of the E.D. Eidt General Store.

Learn more about upcoming events in the article continued on page 31

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Baden



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This paper is priceless - Please have one!

~ Over the Moon, Over the Moon!

with Ed Ahh...the moon – our Moon. It is held with great reverence in many ways. Romantically, historically, mysteriously, powerfully, and through lunacy are among the ways that the moon controls us. Galileo's observation of the moon prior to

telescopes was: "A most beautiful and rapturous sight to behold ... It does not possess a smooth and polished surface but is rough and uneven and, similar to the earth itself, is everywhere full of vast protuberances, deep chasms, and sinuosities."



Our moon, which is the fifth largest in our solar system, is considered a large moon compared to the size of the Earth, and is only a mere 384,403 kilometres away from us - how do they actually measure that?

It is amazing to have a moon, but how was it formed? The best theory for the formation of the Moon is that a smaller "proto-Earth" collided with a larger object about the size of Mars to form the Earth-Moon system. In the ensuing massive collision, material was spilled out into space and our moon then condensed out of that material over a period of hundreds of years. At the same time, the Earth acquired its spin. Amazingly, this model seems to predict the geological make-up of the Earth-Moon system very accurately.

The moon does affect us in many ways. Months are obviously determined on the moon cycle. The Egyptians had a calendar based on four cycles based on the moon. A full cycle of the moon is 29.5 days and if you multiply that by 12 months and you get 354.4 days. Make it 30 days and you have 360 days - close. The moon impacts the spin of the Earth, slowing it down, and that drag allows us to see the same face of the moon each day. Estimates suggest that without the moon, the Earth would spin fully in 8 hours.



The moon has an effect on the tides. The sun does as well, but roughly half as much as the moon. A full moon also influences animal and human behaviour. The word "Lunatic" derives directly from luna – the moon. The idea of werewolves goes all the way back to Greece and has been a staple of mythology for thousands of years. The idea of humans showing periodic insanity depending on the moon began in the 13th century.

I remember hearing on January 6th that John Young, who was the first astronaut to fly the space shuttle

mission and only one of twelve men to walk on the moon, died at age 87. That got me thinking: "Whatever happened to the space race?" The Russians landed an unmanned spacecraft on the surface of the moon in 1966. However, I still remember like yesterday that Apollo 11 blasted off on July 16, 1969 with Neil Armstrong, Edwin "Buzz" Aldrin and Michael Collins the astronauts on Apollo 11. Four days later, Armstrong and Aldrin landed on the moon in the Lunar Module which was called the Eagle. Collins stayed in orbit around the moon. He did experiments and took pictures. The phrase, "The Eagle has landed. That's one small step for man, one giant leap for mankind," is now a piece of history.

On the moon itself there are many impact craters from comets and asteroids. Because the moon doesn't have an atmosphere, these craters remain well preserved. The moon is 107 degrees Celsius during the day and -153 degrees Celsius at night, and rotates at 10 miles per hour compared to the Earth's rotation of 1000 miles per hour.

As a young adult I always had visions of what we would see in the next 40 years. The moon, it seemed to me, was a place that would have been somewhat colonized by now. Once the space race was awarded a winner, then the race seemed to be over.

Until next month...Ed



You'll find us around the 15th of each month, available at over 80 places within Wilmot Township, while quantities last.



You'll find us In Baden at Mars Variety, Circle K, Baden Feed, Baden Dental, Wilmot Rec. Centre, Tim Hortons, Baden Library, EJ's, and several outdoor magazine boxes located conveniently throughout town for Baden readers.

You can pick it up in New Hamburg at No Frills, Sobey's, Short Stop, NH Legion, McDonalds, Morningside, Stonecroft, Office Pro, NH Thrift Centre, Personally Fit Gym, Pharmasave, NH Dry Cleaners, NH Wellness,

all libraries and various offices and retail locations throughout Wilmot Township.



It can also be found at Foxboro, in St. Agatha at Fishers Esso, Angie's Kitchen, and Pfennings.

The best things in life are free like chirp of the spring robins and this paper ~ Please Have One!

Gelebrat The a lion, out like a lamb—March began like a lion, but what happens throughout the month is still a mystery. We can only hope the recent storm is a winter with the store is month is still a mystery. We can only hope this celebrate the budding daffodils that I see popping up in my flower bed. As I write my article, it was reported that we broke a record of spring-like 15 degrees on February 28



(we saw our first robin in the yard that day), and then a blizzard blew in on March 1st dumping more of the white stuff. The forecast looks a bit dodgy for the upcoming weeks ... as expected for March.

This is a month with much to celebrate: starting with the time change bringing us more daylight on March 11th, followed by St. Patrick's Day, and the first day of spring and Easter around the corner. Be mindful of Earth Hour which is March 24th from 8:30-9:30 pm; enjoy some quiet time in the dark for one hour doing your part to save energy.

Watch out for Donut Roulette... Which one has the hot sauce !?

The month will end on the eve of April Fool's Day when some go to bed scheming and plotting their next day's giggle. It's unclear exactly where or when the April Fool tradition originated, but some people are more than happy to have the opportunity to play personal pranks on their friends, family members, or coworkers. Everyone seems to know a wise guy that lurks around entertaining himself at someone else's expense and I hope this year someone pulls a good one on the popular prankster! If





that is you then watch your back; it's bound to catch up with you!

It is also National Craft Month so be sure to check out page 15 and learn of a new crafty business in town. Crafts and hobbies are a healthy thing to do, especially during the colder indoor months. I've recently picked up my knitting needles, which I haven't done for many years, and it's been fun trying to create a poncho, not to mention it helps to keep my hands out of the cookie jar! Speaking of crafts and hobbies, in this issue you'll learn of an amazing local artist whom we met this month; meet Ida Tong on page 10. Also in this issue we celebrate the 175th anniversary of the Zion United Church in Phillipsburg, we learn of the Snow Bunting bird, and we meet Baden's Nanny. You'll find some silly St. Patrick's jokes and some Irish food recipes too. Be sure to check out the plentiful travel pictures this month; it's good to see that so many got away for vacation and took their Baden Outlook along for the trip. Thank you, it is such a privilege to travel with you. It is also the time for the Baden Baseball Pool registration, on page 39; be sure to fill that in and get it back to us by April 1st. If you need more forms, please photo copy the form or download it from our website (but please don't grab 10 papers just to rip out the forms).

> My smile this month comes from an elderly gentleman Ron, who we recently bumped into while picking up a paper from one or our boxes. Ron said that he comes from K-W to pick up our paper each month. Then he and his wife take our paper with them to visit several nursing homes

throughout the week to share the jokes and stories with the seniors. He claims it makes their day and he and his wife enjoy the experience as well. I would like to take this opportunity to thank him for this kind gesture and for this experience.

Who knew that March is National Craft Month?

In 1994, the Craft & Hobby Association created the wonderful month we know as craft month. It was designed to help people rediscover and learn about the wonderful world of crafting and ALL its many benefits.

Since its humble beginnings, craft month has grown tremendously, from just a handful of retailers and manufacturers to now an astounding international celebration of millions of craft enthusiasts, all of them "getting their craft on".

It's never too late to pick up a craft or hobby, so roll up your sleeves and find your own personal creativity!

May The Road Rise Up To Meet You

May the road rise up to meet you. May the wind be always at your back. May the sun shine warm upon your face; The rains fall soft upon your fields and until we meet again, May God hold you in the palm of His hand.

Baden Birding ~ Snow Buntings

On a cold wintry day while driving through the countryside, you may witness a sizeable flock of Snow Buntings as they take flight from an open field.

When we see these birds in the winter, both sexes have brownish tones on their backs, heads and rumps with white patches on their wings and breasts.

These living "snowflakes" are very

gregarious in the winter, sometimes forming flocks in the thousands. When taking flight, the birds at the back often fly above and ahead of the rest creating the appearance of a rolling wave, swirling over the field like a mini snow flurry.

In early April, the males return to their summer home in the snow-covered high Arctic and set up territories in areas of rocky outcrops, where the temperatures may dip as low as -30° C. Females return a month or more later than the males. These small birds are well adapted for life in this harsh environment.

Their nests are often tucked into narrow rock crevices, out of sight of predators, though the rocks create a frigid microclimate for developing eggs. Insulating material is essential, so nests are thick walled, constructed of moss, lichen, and grass and lined with feathers and fur. Four to six eggs are laid when the surrounding temperature is near 0° C. The female remains on the nest almost constantly to prevent the embryos from being destroyed by the cold. Incubation takes approximately 10 days, during which time the male feeds his nest-bound mate. Once hatched, both parents feed the young which remain in the nest for at least 10 more days. Raising young in such a harsh climate is an outstanding accomplishment. The Common Raven is the only other land bird known to nest as far north as the Snow Bunting.

Unlike most birds, Snow Buntings have feathers on their ankles. They also benefit from unusually short legs, having very little surface area. These characteristics complement each other in helping to reduce heat loss. Snow Buntings have learned to huddle together to help warm each other in the arctic cold and may bury themselves in a snowbank to maintain heat.



By Fraser Gibson

Many bird species moult twice a year, moulting in the fall from breeding to nonbreeding plumage and back to breeding plumage again every spring. In the autump



every spring. In the autumn, Snow Buntings moult into their buff and white winter plumage. Although the male Snow Bunting looks much different in its spring breeding plumage than in its more drab, brownish tinged winter coat, this change is

not achieved by growing new feathers! Instead the brownish tips of the fall feathers are worn off through regular wear and by deliberate abrasion on the snow in the late winter. The sharp white and black breeding plumage is thus revealed without requiring an energy consuming moult.

As winter approaches and food supplies diminish, the females are the first to migrate south. Over the last decade, Oliver Love of the University of Windsor, Ontario along with his research partners, found a correlation between local winter temperatures and gender: the colder a given location, the more likely the flocks would be made up of males. Winnipeg rarely gets females and Windsor gets mostly females. They concluded that the somewhat larger-bodied males were slightly better able to withstand cold winter weather and therefore did not need to travel as far south as their female counterparts.

Modern technology also allowed them to track the winter nomadic foraging missions of these birds. They discovered that flocks may travel 200 km in one direction one day and the next day be found 100 km in the opposite direction. Snow Buntings travel, when weather permits, to find new food sources but evidence suggests they consistently return to areas known to have abundant food.

An additional revelation of their research was that Snow Buntings migrate nonstop, for hundreds of kilometres, over the boreal forest, bypassing it completely.

Keep an eye for these living "snowflakes" because if they are foraging here today they will likely be somewhere else tomorrow. Breeding season and the return trip to the Arctic is not far off.

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You Must Be Joking!!

What do you get when you cross poison ivy with a four-leaf clover? — A rash of good luck.



Why don't you iron 4-Leaf clovers? — Because you don't want to press your luck.

What do you call a Cubic Zirconia in Ireland? — A sham rock.

How can you tell if an Irishman is having a good time? —He's Dublin over with laughter!

How did the Irish Jig get started? — Too much to drink and not enough restrooms!

May your troubles be less and your blessings be more, And nothing but happiness come through your door.





Dr. Sonya Frank, Optometrist

HAPPY EASTER!

- Some animals like bunnies, birds and lizards have clear eyelids called 'nictitating membranes'
- The pink bump at corner of your eye by your nose is thought to be the remaining part of the nictitating membrane from our ancestors

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We're on the Web!

Read the paper in colour at www.badenoutlook.com

How is a best friend like a 4-leaf clover? —Because they are hard to find and lucky to have.

Knock Knock Who's there? — Irish! ... Irish Who? ... Irish you a happy St. Patrick's Day!



Baden ~ Our Town

The Baden Community Association had a great turn out for its Family Day event at the Wilmot Recreation Complex. About 600 people showed up for the free swim and over 500 for the free skate which was put on by the Township of Wilmot and supported by Michael Harris MPP.



Upstairs at the community hall, the BCA had over 300 people wander up for free Timbits, cake, muffins, snickeroos, popcorn, drinking boxes, water, coffee, and hot chocolate. The water and drinking boxes were compliments of Zehrs Beechwood, while the popcorn machine was courtesy of New Hamburg Home Hardware.



Doris the Clown was on hand this year to provide face painting and balloon art for the kids. There was also a selfie booth and several tables where kids could play with assorted forms of entertainment. The great thing about the afternoon was that people took time out of their busy schedules to sit and mingle with their friends and family!

Mark your calendars! The BCA has set the date for the annual Baden Cleanup Day which will be on Saturday, April 28th from 11-1 o'clock. Last year about 100 Baden citizens joined to help beautify our town. This will be the fifth year hosting this event and we've been happy with the great response...way to go Baden for taking pride in your community!

Start Dreaming... of that new backyard!

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Checking out the Baden Library

New Hours

As of February 1, the Baden and Wellesley branches will remain open continuously throughout the day on Tuesdays and Thursdays from 10 a.m. to 8 p.m.

Spring Programs

Registration for spring programs starts Tuesday, March 20. Programs are free and begin the week of April 3, 2018. Storytime programs include Ready, Set, Go! Kindergarten, Family Storytime, Toddler Tales, Wonderful Ones, and Baby Connections.

Further details about each program are available at rwlibrary.ca. Space is limited. Register online, in person or by phone.

Tails for Tales

What's better than reading? Reading with a dog! Each week you will be able to read to a furry friend. Four 15 minute time slots are available each week; register for a 4-week period. Recommended for children ages 4 - 8.

Baden Book Club at EJ's: Tuesday, March 20, 6:30-7:30 p.m. **No Relation** by Terry Fallis

No Relation takes you on a comedic journey alongside main character, Ernest Hemmingway who, not surprisingly, suffers from writer's block which keeps him from writing his great American tale. Follow along as Ernest handles life's

bumps and side steps and cheer him on as he overcomes challenges and fears with the help of a not so traditional support group of famous namesake friends. Come and share at EJ's how Fallis' quirky characters made you chuckle or laugh out loud.

Region of Waterloo

_IBRAR)

Coffee with a Constable continues...

Drop in to enjoy a coffee and chat with Waterloo Region Police Service's Officer Paul at the Baden branch on Thursday, April 5 from 10 a.m.-noon. He will be available to answer questions regarding police service, community engagement, and more.

1:1 Computer Coaching

The Region of Waterloo Library offers free, one-on-one computer training sessions. Spring appointments are available on Tuesdays: March 20, April 10 and 24, May 8 and 29, and on Thursday, June 14. Reserve your half hour session online or by calling the Baden branch.

Need a Region of Waterloo Library card? Visit any branch and get one for free with proper identification.

Up-to-date program and event information is available from the calendar at <u>rwlibrary.ca</u> or contact the branch at 519-634-8933 or <u>badenlib@regionofwaterloo.ca</u>.

Chris Baechler, Assistant Supervisor Baden Branch-Region of Waterloo Library



EARTH HOUR 2018 ONE PLANET LIFE



Around the globe, millions of people, businesses and landmarks set aside an hour to switch off their lights. As Canadians, we choose a future where climate change is no longer a threat. Participating in WWF's Earth Hour is a simple way to show that you want to be a part of the solution and it sends a powerful message that together we can make a difference. So... join up and shut down!

WWF

March 24, 2018 8:30 - 9:30pm Local Time

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It's Not Just Courteous...It's the Law!



It's that time of year again when the snow melts and things get a bit mucky. Don't add to this mess by neglecting to pick up after your pooch. When he poops, it is your responsibility!



PROTECT YOUR PET FROM TICKS

As spring approaches, our thoughts turn to the warm days to come, tulips blooming, and the buds starting to open on the trees. Another thing we need to think about is the bugs that are starting to wake up and look for food.



The one that is getting a lot of attention, and rightfully so, is the TICK, especially the DEER tick. Ticks are becoming more common and are no longer isolated to the southern points of the province. We are seeing them in places they never were before and with them come the blood-bourne diseases that they can carry. These diseases include Lyme disease, Ehrlichiosis, Anaplasmosis and others that are less common. The common species in our area are: the American Dog Tick, the Groundhog Tick, The Black Legged Tick, or Deer Tick. The best way to defend against these external parasites is to educate yourself about them.

The ticks that are mentioned above are called Hard Ticks. These ticks have a soft body with a small hard shell on top (called a scutum) and eight legs. Ticks do not live in the middle of your lawn, they live where lawns border wooded areas or anywhere it is shaded and there are leaves with high humidity. They especially like the edges of grassy fields and low-lying underbrush.

Most ticks go through four life stages: egg, larva, nymph, and adult. The ticks that we most commonly encounter require 3 different hosts and can take 2-3 years to complete their life cycle! Interestingly, there are two "blooms" in the tick population each year, one occurring in the early spring and the other occurring in the late fall. These "blooms" are when tick bites are more common.

To help protect your pet (and yourselves), make sure to always do a "tick check" after being out in a tick risk area. There are also products available to help kill ticks that feed on your dog and help prevent the possible transmission of disease. Make sure to speak to your veterinarian to discuss the risks to your pet and make an informed decision on prevention.

By Dr. Rebecca Ricker

Please support the advertisers in this paper and keep our community alive and thriving!



Local Artist Featured in Hamilton Art Gallery—Meet Ida Tong

It only took a few minutes to see what amazing talent Ida Tong has! We were welcomed into her home to meet Ida and learn of her journey as an artist, and were fascinated by what we saw hanging on the walls of her home. We saw an amazing painting of a chimpanzee with Jane Goodall. This painting was called "A Portrait of Equality." On the adjacent wall was a picture with Darwin depicting his vision of evolution with colourful assorted birds and animals. Her profile picture is a sketched drawing of herself. Ida's art is a sight to behold!

was not the program that she preferred; however, it did allow her to work in the art field. In 1980, she graduated with honours and started a career as a professional graphic designer. During this time she



went back to school and in 1991 she graduated with honours in a Fine Arts Program from the Ontario College of Art (OCA). Ida was now engaged in being an artist and wanted to continue to learn. She decided to go to Florence, Italy for one year to further her art studies

Ida Tong was born and raised in Hong Kong, where her parents operated a small restaurant. At age eight, her right arm was scalded with hot water. While recuperating, she spent time with her Grandfather. Ida is right handed, but her grandfather managed to teach her how to draw



through an OCA program. After that year, all her fellow students returned to Canada, but Ida was captivated and stayed on for another three years taking more courses, including Restoration of Painting.

In 1995, she returned to Canada where she continued her education and held various jobs, including as an art instructor at the Canadian Academy for the Arts and Music,

with her left hand. Ida loved to draw and over the next few years she spent time studying customer's faces, trying to capture things such as eyes and facial expressions. Many customers were impressed that she would take such an interest in them, which was true, but it was part of her own learning about facial features that had her intrigued. Her parents didn't realize she was drawing until she was age 12.

When Ida was 17, the family moved to Canada. Upon arriving, Ida had to go back to school to complete her high school diploma and improve her English. After completing high school, she wanted to enrol in a fine art program at the Ontario College of Art in Toronto, which her parents were strongly against. Then she decided to take Graphic Design at Sheridan College instead. But, it





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and operating her own venture, Ida's Art Studio, in Toronto. She is also a Tai Chi instructor, from 1989 to present, and a facilitator for "Soul Painting" in her own studio, from 2008 to 2013.

Ida has continued to work on projects throughout her life, and has had eight solo exhibitions and 14 group exhibitions since 1994. Her latest group exhibition, which is probably her most notable, is being displayed at the Art Gallery of Hamilton from February 17 to April 21st. On Sunday March 4th from 2-4 pm, there was a reception honouring the 30 to 40 artists who have displayed their work there.

Ida's current interest is creating thought-provoking art that reflects our social and political environment. Most injustice and misunderstandings, she believes, stem from the root of ignorance. In her paintings, she consciously expresses the seriousness of these issues and deliberately magnifies certain symbolic images to encourage conversations amongst spectators, including herself, so that different points of view can be heard. Her focus over the last two years has been evolution. She is now shifting the theme of her work to artificial intelligence, which she believes will be the future of humankind. A sneak peek to

the art piece that is being displayed in Hamilton is shown here.

Ida starts with a sketch book and begins drawing ideas for a piece of work. Once she has the concept down, she sketches the idea onto canvas. From there the work of art has more detail added. constantly. Ida normally works on



several pieces at a time which allows her to step back, leave the work alone for a bit and let the creativity flow, so she returns with a fresh vision and open mind. One theme that is constant for all her work is a mixed cultural theme - the multi-cultural aspect is important to her.

Ida is a member of the Kitchener Waterloo Society of Artists, the Central Ontario Art Association, and the Homer Watson House and Gallery. She has received a few artistic awards such as Allan Fleming Design Award and Heather's Choice Award from (COAA). Currently, Ida is applying to several galleries to represent her work in the Kitchener and Waterloo area.

Ida met her husband Peter 12 years ago in Toronto and three years ago they moved to Morningside. Ida loves and is proud to be a Canadian and she is also happy to be living in Morningside!





APHORISM: A SHORT, POINTED SENTENCE THAT EXPRESSES A WISE OR CLEVER OBSERVATION OR A GENERAL TRUTH.

1. The nicest thing about the future is . . . that it always starts tomorrow.

2. Money will buy a fine dog, but only kindness will make him wag his tail.

3. If you don't have a sense of humor, you probably don't have any sense at all.

4. Seat belts are not as confining as wheelchairs.

5. A good time to keep your mouth shut is when you're in deep water.

6. How come it takes so little time for a child who is afraid of the dark to become a teenager who wants to stay out all night?

7. Business conventions are important. . because they demonstrate how many people a company can operate without.

8. Why is it that at class reunions you feel younger than everyone else looks?

9. Scratch a cat . . . and you will have a permanent job.

10. No one has more driving ambition than the teenage boy who wants to buy a car.

11. There are no new sins; the old ones just get more publicity.

12. There are worse things than getting a call for a wrong number at 4 a.m. like, it could be the right number.

13. No one ever says "It's only a game" when their team is winning.

14. It's wonderful when you reach the age where 'happy hour' is a nap.

15. Be careful about reading the fine print--there's no way you're going to like it.

16. The trouble with bucket seats is that not everybody has the same size bucket.

19. After 60, if you don't wake up aching in every joint, you're probably dead.

20. Always be yourself because the people that matter don't mind and the ones that mind don't matter.

21. Life isn't tied with a bow ... but it's still a gift.

Submitted by Bob Smith

Ask Armand ~



Rebecca from Baden asks – We often hear about the Livingston family in Baden, but you

don't hear much about their extended family. Could you tell me if the Livingstons had many children?

Armand says – Good question Rebecca! James Livingston, who was a prominent businessman and politician, was also a family man. He married Louisa Liersch in 1861 and their first child Louise was born in 1862. By 1885 James and Louisa had eight daughters and four sons. The children's



names were, as seen in photo, back L-R: J.P.(John Peter), Barbara, Rebecca, Caroline (Carrie), Agnes, Henry. Middle row L-R: Elizabeth (Lizzie), James (father), Louisa (mother), Louise. Front row L-R: Alice and Edna. *Photo dated 1895, courtesy of Castle Kilbride Collection*

J.P., who was James and Louisa's son, married Laura Holwell, and they had one child – Laura Louise.

Laura married Harris (Hap) Veitch and they had three children—as seen in photo from 1961 is James, Barbara, and Sherry, who are all alive and well today.



CAN YOU FIGURE IT OUT ? 1 3 5 2 4 ?

THE ANSWER IS ON PAGE 38

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Attention Grade 5 Students ~ COUNCIL FOR A DAY CONTEST

The Council for a Day contest is open to all Grade 5 students attending school in Wilmot. Six (6) winners will be chosen based on their ideas for making Wilmot an even better place to live. The winners will be named Mayor and Councillors of Wilmot for the day.

Contest guidelines:

- The contest is open to all Grade 5 students attending a school in Wilmot.
- Entries must answer the question: What are your ideas to make 'YOUR Wilmot' an even better place to live?
- Entries must include a complete contest entry form. It is available in <u>Word</u> or <u>PDF</u>.
- The format is open. Students can submit a video, letter, song, etc.
- Participants must submit entries to the Township of Wilmot by 4 p.m. on Friday, March 23, 2018.

Judging details

Prize details

Entries will be judged on the following criteria:

- Creativity
- Originality
- Overall appeal

The winners will be notified by the Township by Monday, April 9, 2018. Contest entries will not be returned and will become the property of the Township of Wilmot.

- The winners will spend time with Mayor Armstrong and Council on April 23. All six (6) winners will:
- Tour the Township Office with Mayor Armstrong.
- Enjoy lunch with Mayor Armstrong and Councillors.
- Participate in a mock council meeting.
- Get famous with a television interview with Rogers In Studio on Tuesday, May 1st at 2:00 pm and an interview with the New Hamburg Independent.
- Win family passes to Wilmot Recreation Facilities.



CONNECT 3WORD QUIZ

Seen below are groups of 3 words. Each group has something in common, do you know what it is? (Eg. picnic/card/pool—the answer is: types of tables) Answers are on page 38

- 1. eggs / safe / whip
- 2. days / continents / seas
- 3. eyes / eggs / laundry
- 4. car / French / unicorn
- 5. school / skate / dart
- 6. back / barn / grave
- 7. cream / baking / club
- 8. radio / car engine / piano
- 9. pumpkins / turkeys / initials
- 10. surprise / search / slumber
- 11. florist / obstetrician / Erbs
- 12. Picture / card / bath
- 13. Baseball glove / pool table / jeans
- 14. lemon / canary / mustard
- 15. map / wallet / laundry

Keeping the Community Connected,

with 3000 copies in circulation.

WATERLOO- OXFORD D.S.S. HAS MUCH TO BE PROUD OF!

Congratulations to our WODSS Girls' Hockey team as WCSSAA Finalists! The team had an excellent season, with only one loss, which earned them a place in the WCSSAA finals. The team faced off against Bluevale on Wednesday, February 28 at Rim Park, but despite a great effort, came up short of the championship. The team's excellent standing has garnered them another shot at a championship as they moved on to CWOSSA in Brantford.



WCSSAA Results – February 15



Congratulations to the Waterloo-Oxford Wrestling teams on great results at WCSSAA and CWOSSA. Gold: Rachel Hall, Silver: Olivia Lichti, Bronze: Dayne Gohl, Alyssa Ramseyer From left to right CWOSSA photo: Dayne Gohl Bronze, Olivia Lichti Silver, Rachel Hall Gold, Alyssa Ramseyer Bronze.

CWOSSA Results – February 21

WODSS DECA RESULTS (Distributive Education Clubs of America is a business club that develops student abilities in leadership, communication, presenting and business skills.)

In February, W-O's DECA Provincials qualifiers, as well as our leadership participants, travelled to Toronto for the DECA Ontario Provincial competition. Over 6,500 students from across the province attended and competed in case competitions, multiple choice testing and participated in leadership development workshops. The 28 competitors from W-O qualified to compete based on their performance in November's



Regional Competition at Sir John A MacDonald Secondary School . All attendees were wonderful examples of W-O Excellence, and gained invaluable business and networking experience. Congratulations goes to Kara Fleiszig, a grade 11 student, who placed in the top 12 for her role play event at this Provincial Competition!



photo: Dayne ilver, Rachel Hall nze. Gold: Carson Binkle, Olivia Lichti and Dayne Gohl Silver: Rachel Hall and Alyssa Ramseyer, Bronze: Clayton Roth Antique Bronze: Alex Elkeer, Bettina Boronka and Morgan Bellifuelle. As a team both the girls and the boys placed

fourth in their respective divisions at WCSSAA. Coaches: Stephen Szimanski and Karen Smart



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Gratefully Restored ~ Bringing Old Things to Life

Gratefully Restored is a new business which came to life last fall, a new endeavour started by James and Alma Yahn. The business is located within the front section of the Yahn Custom Plumbing Showplace, located at 178 Foundry Street in Baden. Venture on in and see what's going on... it's much more than what you see from the street.

James and Alma have had an interest in refinishing and

restoring furniture for some time and felt that there was a need for this type of business in Baden.

"Repurposing, which is one aspect of refinishing furniture, is very in right now," claimed James. "Many people use older pieces of furniture in many different ways". Gratefully Restored's mission is to educate and support customers on the many facets of their projects, which might include furniture, décor, accent walls, or other undertakings. When you feel creative the ideas are endless, and this is a great place to start.

Gratefully Restored sells, among other things, Fusion Mineral Paint and related products. Fusion Mineral Paint is a Canadian company, a division of Homestead





House Paint Company, located in Etobicoke. Homestead House has been around for about 28 years; just over 3 years ago, they developed Fusion Mineral Paint. Fusion Mineral Paint is different than the big box store paints. It has no Volatile Organic Compounds (VOCs) and is a mineral based acrylic paint. It has no chemicals, and once cured it is hard as

acrylic – no top coat is needed! A person can use this paint on almost every material including fabric, glass, wood, and metal – it is very versatile and flexible. It can easily be used indoors as it has no odour. Just a small amount can cover a huge area. Quite often, a pint of Fusion Mineral Paint will cover an entire hutch. Gratefully Restored carries the full line of colours offered by Fusion Mineral Paint.

Gratefully Restored is a one stop shop for all your projects, including brushes imported from Holland, rollers, and cleaning supplies to get you started. They also sell assorted finishing products such as waxes, glazes, and Fresco texturing products to make your project stand out or give it that perfect look. They even sell a wide range of stencils which are popular for all sorts of projects!

James believes that proper preparation is important and is part of the education services that they provide. In the near future, Gratefully Restored will be offering workshops to help people learn more about the products and their applications. These can also be a wonderful social time for you and your friends. They also hope to offer custom refinishing services and are planning to sell some of their own refinished pieces. More information can be found at their Facebook page (@gratefullyrestored), where they regularly post techniques and tips to help people with their projects. Their services and products are open to not only retail customers, but also to larger commercial accounts as well. Pop by and check it out! Gratefully Restored encourages you to "Paint It Beautiful!"



	Baden Outle	ook I	loc	key	Pool Sta	ats	
	<u>Adults</u>		<u>Kids</u>				
Plac	e Name	PTS	Pla	ce	Name	PTS	
1	Maggie Litwiller	752	1	Taylo	r Naumann	730	
2	Kristen Struth	751	2	Vance	e Hallman	729	
3	Devon Grozn	743	3	Ryan	Boronka	728	
4	Josh Durrer	740	4	Sabrir	na Hallman	722	
5	Lynn Moore	738	5	Came	ron Langer	716	
6	Adam Roth	735	6	Sofia		706	
7	Bradley Sousa	733	T7	Ayder	n Ziegler	703	
8	Cooper Honderich	732	T7	Kate F	Рара	703	
Т9	Bonnie Jokic	725	Т9	Evan l	Bizony	700	
Т9	Papa Bud Miller	725	Т9	Braed	lyn	700	
T11	Jody Pfaff	722	T11	Kailey	Patten	689	
T11	Sadie Acton	722	T11	Scott	Snook	689	
13	Ruth Davidson	719	T11	Mitch	ell Young	689	
14	Jacob Ertel	715	14	Hailey	/ Jokic	686	
T15	Ty Brenner	713	15	Joey [Durrer	685	
T15	Mike Taves	713	16	Joel N	1iller	683	
T17	Murray Deckert	711	17	Koher	n Patten	682	
T17	Nick Snape	711	18	Logan	Moore	679	
T17	Ryan Heinbuch	711	T19	Jorda	n Snyder	678	
T17	Brayden Gingerich	711	T19	Ben Li	inthorne	678	
21	Chris Murray	710	21	Chloe	Duggan	674	
T22	Denise Acton	707	22	Jake 🛛	Durrer	672	
T22	Lindsay Soctemans	707	23	Jack P	ара	670	
T22	Nathan Boronka	707	24	Katie	MacLaurin	669	
25	Todd Girodat	704	25	Eric		668	
T26	Wayne Erb	701	T26	Zach S	Schwartzen	667	
T26	Bob Miller	701	T26	Dana	Kropf	667	
T26	Norm Poirier	701	T28	Lucas	Witteveen	663	
T26	Kevin Durrer	701	T28	Carys	Girodat	663	
Т30	Christian Goudreau	700	T28	Maso	n Beaver	663	

Congratulations to Maggie Litwiller for taking the Adult Leader Prize for this month's Hockey Pool, winning a gift certificate from EJ's of Baden

Congratulations to Ryan Boronka who took the leader prize for the Kids Pool winning a gift certificate to New Hamburg Lanes (Sorry Taylor and Vance-Remember you can only win the leader prize once.)

*N*ew*H*amburgLanes

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BIRTHDAY BOWLING PARTIES ONE HOUR COSMIC BOWLING ONE HOUR IN THE PARTY-ROOM PIZZA AND BEVERAGES CALL FOR MORE DETAILS





Hello sports fans! Thanks for playing hockey with us! The entry forms are in with 436 eager players —357 adults and 79 kids to duke it out. You can follow your stats which are updated daily on the site. Simply visit www.badenoutlook.com — select "sports pools". For adult pool, type in pool ID: <u>outlookhockey</u> and for kids type in outlookkids . The passwords are: guest. Have Fun and Good Luck!





You Must Be Joking!!

- What do leprechauns love to barbecue?
 Short ribs!
- Why did the leprechaun stand on the potato?
 To keep from falling in the stew!
- Do leprechauns make good secretaries?
 Sure, they're great at shorthand!
- Why are leprechauns so hard to get along with? — Because they're very short-tempered!
- Why can't you borrow money from a leprechaun? —Because they're always a little short.

First robin sighting at our house was February 28th... they're coming back early

this year. Welcome back!





39 Snyder's Road W, Baden 519-634-5711



Join us on Good Friday, March 30th for Beer Battered Haddock Fish & Chips 1 pc \$15 / 2 pc \$20 ~ while supplies last.

Call ahead to reserve your table. * OPEN AT 4 PM *

Baden Outlook

Interesting People – Meet Miriam Yutzi, Baden's Nanny

Miriam Yutzi (nee Bender) was born and raised in Tavistock. Miriam married Erlis Yutzi and the couple moved to Baden in 1946. They first lived in the house to the east of Baden Integrated Health and then moved to the residence located at the current Baden Auto Spa. In the early 70s they moved to 28 Christian Street, where they raised their family and where she continues to live.

Miriam stated, "It was a nice quiet town, close to work, church, friends, and family". They attended the Baden Mission Church which was located on Snyder's Road until the late 80s when it burned down. The church was rebuilt on Bleams Road and became Wilmot Mennonite Church; she continues to be a member. Erlis and Miriam had two children, Gail and John. John recalls having the wide open spaces in town to explore with his friends and enjoyed his childhood in this small town.

Erlis was employed with Steed Evans – a construction job installing curbs and asphalt on roads until his retirement in 1985. Miriam was a stay at home mom until the kids were in school and then she took on some house cleaning jobs, mainly in Baden and Kitchener. She also began helping with childcare in town.

Helping with childcare began when Miriam was contacted to care for a special needs baby and soon became the nanny for several years. Sometime later, Marlene and Jim

Miller asked her if she would be interested in coming to their home to take care of their 3 boys, as Marlene was a shift nurse. Miriam agreed, which led to an astonishing career of tending to local children. Miriam claimed, "I have babysat at over 50 homes in my time in Baden many as a nanny by day, some for the night and some overnight". Included on that list are the rooted Badians such as the Millers, Herners, Ouanzs, Lichtis, Bechtals, Hoffstetters, Hoffmans and many more. She cared for many of the children in Baden in the early days and was soon known to be Baden's Nanny. When asked about memories of those times, she smiles as she recalls once having to chase a bat out of the house. What would you do through those times when you were in people's homes when the kids didn't keep you hopping, we asked? "Mainly quilting and needlework helped pass the time," she replied.

Erlis passed away on January 11, 1986 and her daughter Gail passed away six years ago. John is a loyal son who drives out from Waterloo every day or second day to visit. She still lives in the same home and enjoys her time with her 5 grandchildren. She passes the time with colouring, word search puzzles, movies, Wheel of Fortune and Jeopardy, and her regular visits with her son.

Miriam has solid roots in town and has left an impact on the lives of many Baden children and families.

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March 22 is World Water Day

Our oceans, lakes, rivers and streams are all being polluted by plastic waste.

We can help by reducing our use of plastic items.

- Buy in bulk using your own containers.
- Decline plastic straws in restaurants.
- Use reusable food wrap and bowl covers.
- Avoid using products packaged for single use (e.g. plastic water bottles, drink boxes, candy).
- Use reusable water bottles, coffee cups/ thermoses and grocery bags.
- Avoid using disposable cutlery. (Note that neither straws nor disposable cutlery are recyclable.)

For further information contact: nvecoboosters@gmail.com

Please join us for a free screening of the film to get YOU talking about climate!

WEDNESDAY, MARCH 21, 7:00PM Wilmot Recreation Complex, 2nd floor, Room A 1291 Nafziger Road, Baden

A story of hope for a rapidly changing world. The film's director, Kai Reimer-Watts, will lead a discussion of the film & opportunities to take more ambitious climate action in the region.

Register at rwlibrary.ca (Space is limited)

Hosted by the **Nith Valley Ecoboosters** in partnership with the **Region of Waterloo Library** Supported by a grant from the **Township of Wilmot**.



Baden Outlook

Wow! More exciting destinations as The Baden Outlook continues to travel ...



Jalyssa and Ryan Brink continue on their world tour to Bali, Indonesia on top of Mt. Batur for sunrise! It was a long trek up the volcano through the early morning but it was 100% worth it! Their guide Rapli was so excited to hold the Baden Outlook for the picture! In the picture, the mountain you see in the background is Mountain Abang Kintamani, and if it wasn't a cloudy day, you would see Mt Agung (the live volcano and one talked about in the media so much)!



Mike and Laura Fisher took their girls Lily and Gwen to Florida. They enjoyed the Everglades as seen with the Baden Outlook and a very large alligator (circled in the back ground) between the girls.





Marsha, Evan and Cohen vanZuilen (in the middle) enjoyed a 5 week trip to Australia and New Zealand. They took the Outlook along to spend Christmas with the vanZuilen cousins who live in a country-type suburb called Riverhead.



The security team at Los Delfines in Varadero, Cuba has the Outlook in safe hands with Deb Vinski, Estrada, Pibut, Denis and Yasbel.



New Hamburg Legion

Branch #532—Boullee Street, New Hamburg

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Entertainment with Country Versatiles on Saturday, March 24th from 2-6 and... Dianne & the Cavaliers on Saturday, April 14, 2-6 *donation at the door*



...To New Zealand, Florida, Indonesia, Argentina, Arizona, San Diego and....



Eleanore and Barry Hayward took their Outlook cruising, with a stop at the "end of the world" in Ushuaia Argentina.



Dianne & Jim Snider brought the Outlook along to visit Glenda & Ross Roth in Apache Junction Arizona



Bonnie and Rick Long took the Baden Outlook along for wine tasting in Punta Cana, Dominican Republic.



Alf and Sheryl Crabbe along with Sherry and Ron Wallace took their Outlook along on their recent visit to San Diego.







Karen Weber Owner/ Consultant

Traci lutzi

Consultant



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See more travel pics on next

page—Glad to see so many on

Baden Outlook

.. also to Dominican Republic, Jamaica and Austria! What a fun month!



Josh and Lisa Egli took their kids Nic and Payton to Punta Cana. Payton is seen holding the Baden Outlook.



Doreen Brydon from Morningside travelled with her Baden Outlook to Jamaica with her son Larry and his family.



Councillor Peter Roe took his copy of the Baden Outlook to Vienna, Austria for an international conference on mathematical modelling. Here he is in front of the State Opera house.



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By Helen Steinmann, Holistic Nutritionist

After the heart, the liver is the most important organ of the body. It is a silent performer of over 500 different functions, a few of which are:

Stores and regulates the blood to nourish every cell in the body. If the liver is not able to do this * well, symptoms can show up as dizziness, headaches, ringing in the ears, deafness, fainting or convulsions. In severe cases, night blindness or blurred vision could result.



- Produces and secretes bile necessary for digestion and cleansing of the blood. *
- * Filters the blood of all toxic substances that enter the body and then it excretes them. If the liver is overloaded, it cannot perform this function well, leaving you feeling sick and tired often because the toxins are recirculating.
- * Metabolizes carbohydrates, proteins, fats, minerals, and vitamins. As a result, the body produces glucose which the liver stores until it is needed, to keep the blood glucose balanced. Anyone with any blood glucose issue will benefit from a liver cleanse.
- Regulates hormones. If the liver is under-functioning, it may not be able to effectively remove estrogen and androgen (male hormone) from the body, causing them to accumulate in the tissues. As a result, this can lead to abnormal growths such as uterine fibroids, ovarian cysts, endometriosis, breast cysts and breast cancer, enlarged prostate and prostate cancer.
- Heart health. The heart needs the liver to give it enough blood flow so it can pump the amount of blood it needs to * function well. If not, there could be heart palpitations or even a heart attack.

In our day and age with so much pollution, chemically sprayed food, fast food, processed foods, and stress, resentment, anger, and toxic thoughts and feelings, we need to consider taking care of our liver. In many instances, major diseases are a result of our overburdened livers. This weakening of the liver and eventual toxicity happens over years of living in a toxic world.

No matter your age, your liver will respond to any liver cleansing you choose to do. The following steps will not only help your liver and therefore help you feel better and be better, but also to help you keep your bile-storing gallbladder.

- 1. Remove toxic foods from your diet.
- 2. Drink raw vegetable juices two times a year while resting from animal protein for a week or two. The freshest way is to make your own juice with a juicer. Almost as effective is to purchase green vegetable powder to add to smoothies or water. This habit can also be added to your daily diet.
- 3. Consume high potassium foods. Some of the top potassium-containing foods are sweet potatoes, tomato sauce (low/ no sugar), beet greens and spinach, beans such as white, kidney and lima beans, black strap molasses, and bananas.
- 4. Milk Thistle, or Silymarin, which is the active ingredient, helps to strengthen the cell walls of the liver while supporting healthy regeneration. Other great herbs are Turmeric, Dandelion leaves, and root tea.
- 5. Eat animal liver from grass-fed cows, free-range chickens/ducks/turkeys. Liver is a good source of iron, A and B vitamins, especially B12, all of which are necessary in the maintenance of good health. It is a food to eat in moderation, and not more than twice a month.



Please let me know if you have any questions! Helen@pureandsimpleholistichealth.com



Baden Outlook

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REPETITIVE STRAIN INJURY

By Dr. John A. Papa, DC, FCCPOR(C)

Repetitive strain injury (RSI) is a type of disorder that primarily affects muscles, tendons, nerves, and joints. This includes conditions such as rotator cuff and achilles tendinopathy, carpal tunnel syndrome, neck tension syndrome, bursitis, golfer's elbow, tennis elbow, and plantar fasciitis.



RSI can affect anyone involved in activities that require rapid and/or repetitive motion of muscles and joints in work,



sport, or leisure activities. It is more likely to happen if these movements are combined with awkward posture(s), excessive or prolonged force, poor technique, and using the wrong equipment or tool. Physical deconditioning can also make individuals susceptible to **RSI**. As a result, **RSI** can affect a broad variety of people including: trade workers such as electricians, painters, and carpenters; recreational athletes such as tennis players and golfers; and labourers such as cleaners and assembly line workers. Video gaming, computer use, holding one's phone between the neck and shoulder, and even hobbies like knitting and playing a musical instrument are associated with **RSI**.

While most cases of RSI are treatable, it can recur and may become chronic without appropriate management. Pain in one area of the body may also spread to other areas as the body tries to compensate. For example, pain in the wrist can move to the forearm, shoulder joint and neck muscles as an individual attempts to avoid pain and symptoms while continuing to perform the offending activities. Therefore, prevention is key to managing **RSI**. This is accomplished through identifying and then altering or eliminating the situations that contribute to the cause of **RSI**. This may include making changes to a work station, using the correct tools/equipment, taking breaks to relax overworked muscles and joints, and performing exercises to relieve stress and strengthen the affected parts of your body.

Chiropractors are healthcare professionals skilled in evaluating, maintaining, and restoring physical function. They can provide education to help prevent **RSI** and offer effective therapy to help relieve symptoms that have already developed. This may include treatment options such as joint mobilizations, specialized soft tissue therapy, therapeutic laser, acupuncture, and electrotherapy. In addition, a chiropractor can advise you on modifications to your work environment as well as assist you in improving work habits and postures. Specific rehabilitative exercise prescription that includes



strengthening and stretching exercises, combined with aerobic conditioning, may also be part of your treatment plan to help with recovery and prevent recurrence of **RSI**.

If **RSI** is affecting your ability to get through the day and keeping you away from your favourite activities, consider chiropractic care. A chiropractor will assess your symptoms, diagnose your condition, and recommend a treatment plan to put you on the road to recovery.



This article is a basic summary for educational purposes only. It is not intended, and should not be considered, as a replacement for consultation, diagnosis or treatment by a duly licensed health practitioner.



Community Corner ~ Check Out What's Going On!



YOU HAVE THE POWER TO GIVE LIFE Canadian Blood Services it's in you to give

Blood Donor Clinic

Monday, March 19th, 5 pm - 8 pm Steinmann Mennonite Church 1316 Snyder's Road W., Baden

NITH VALLEY ECOBOOSTERS

Are you concerned about the **environment** and the potential effects of **climate change**? Are you interested in learning more and working with others to make a difference? **Join us at 7:00PM on Wednesday, March 28th** at Zion United Church, 215 Peel Street, New Hamburg. For more information, contact <u>nvecoboosters@gmail.com</u> or call **519-662-9372**.

T.O.P.S.

(Take Off Pounds Sensibly) We are a support group for weight loss. Meetings are held on Tuesday evenings St. James Lutheran Church, 66 Mill Street, Baden Weigh-ins at 6:30 pm followed by a short meeting For more information call 519-634-5542 Everyone Welcome.

Come Join in the Fun with the Annual Easter Egg Hunt



Topic: Graceful and Gracefilled Aging

March 27 (last Tues of the month) 1:30 -3:00

At Wilmot Mennonite Church 2995 Bleams Rd. / 519-634-5030

March 24th at the Baden Park at 11a.m. All are welcome.

Sponsored by Optimist Club of Wilmot



A place for Seniors to find support & encouragement with afternoon tea & coffee

New in the Neighbourhood? If you are new in the neighbourhood, call us to receive your gifts and learn about your community.

Local Representative: Marlene Brenneman Welcome Wagon Representative 519-591-5963 marlene.brenneman@gmail.com



This space is generously donated by Expressway Ford supporting non-profit community events

Ladies—Mark your calendar for the annual Women's Day event on April 7. The topic is Cardiac Disease — Register soon, deadline is March 30.

You will learn about Cardiac Disease, enjoy a fashion show and lunch catered by Village Caterer. There will be draws and live music with Zamira Barbershop Harmony.

Presented by Women's Institute, New Dundee. For more information call Ruth at 519-578-9876.

Optimist Club of Wilmot



Spring Craft and Gift Sale Saturday, March 17, 10 am to 3 pm Wilmot Rec Complex, Baden ON Come on out to find the perfect gifts for Easter, Mother's Day, and Father's Day There will be a Silent and Bake Table (proceeds to support youth activities in the township)



Come enjoy floor hockey, free play, craft table & a bible story

No cost to attend Supported by volunteers from West Hills Fellowship For kids JK-Grade 5



Expressway



NEW HAMBURG LIONS CLUB CELEBRATE 50TH ANNIVERSARY

On April 12, 2018, the New Hamburg Lions Club will celebrate an anniversary. It's not only a milestone in the club's existence, but also an exciting opportunity for club members, old and new, along with the community, to reminisce about fifty years of community service, exciting events, opportunities, goals, and relationships that have developed. This event will be held at the New Hamburg Legion with dinner at 7:00 pm, followed by fellowship and a short program. Tickets are available from any Lions member or by phone at 519-498-9302. The ticket price, which includes dinner, is \$30.00.

In 1967, several service-minded men began to organize themselves into a group that would shortly after – in February 1968 – become chartered. From then on they were known as the New Hamburg Lions Club. Sponsored and supported by the Kitchener Lions Club, this group of men began a project that has continued uninterrupted for over 50 years! Quite an achievement for a small community and quite an honor for those that have served, to know that 50 years of serving has left New Hamburg with a huge list of annual events, key facilities, ongoing sponsorships, along with physical and financial support that has made our community a wonderful place to live.

In 1980, a number of New Hamburg women joined our Lions community by forming the New Hamburg Lioness Club. A very strong and giving group of women have and continue 38 years later to serve their community of New Hamburg and the greater worldwide community.

The archives of 50 years provide an interesting view of the incredible capability and willingness of the hundreds of local men that have served in the New Hamburg Lions Club to serve the community of New Hamburg and the greater community that is served by Lions internationally.

Do you remember Monsterfest? What about Lions Winter Carnival? Did you or your children take swimming lessons offered by the Lions Club at the Concordia Pool back in the late 60s? How about the Men's Fashion Shows? They were pretty exciting! Did you buy tickets for the snowmobile draws? Did you join us at the Corporate Christmas Parties? How about the Canada Day Fireworks? The Tree of Light ceremonies in early

December provide a true start to the Christmas season. Have you watched the parade of Chrysler cars that enter our community every August for Moparfest?



What about the fantastic fries, burgers and bacon on a bun at the Woodstock Farm Show? Don't forget the cash

calendars, and the "Pride of Lions" train rolling down Peel and Huron Streets, and the summer excitement at the Wilmot Splash Pad. Keep an eye on the highway for Lions members cleaning the shoulders and ditches annually through the Adopt-a-Highway program.

All of these events and projects have entertained



us, raised hundreds of thousands of dollars, served our needs, and nourished our community. These events have been, and some continue to be, presented to New Hamburg and area by the many active members of the New Hamburg Lions Club and, in many cases, by their Lioness partners.

Founded in 1917 as an International organization (in fact, the largest service organization in the world), Lions International has grown to include more than 1.3 million members in 202 countries, in 45,000 individual clubs, most just like the New Hamburg Lions Club.

With 50 years of service to celebrate this year, we look to our honoured charter members – only one of whom we are blessed to still have with us. Lion Bob Starr, along with the other young men in 1967, had the vision and the desire to create something bigger than themselves that would enable them to provide and to serve their New Hamburg community.

Please join us to help celebrate this incredible milestone. Discover what has been done and what can still be done by dedicated, hard-working volunteers, and be part of the next 50 years with the New Hamburg Lions Club.





You Must Be Joking!!



An elderly priest, speaking to a younger priest, said: "It was a good idea to replace the first four pews with plush bucket theatre seats. It worked like a charm. The front of the church always fills first now."

The young priest nodded, and the old priest continued: "And you told me that adding a little more beat to the music would bring young people back to church, so I supported you when you brought in that rock 'n' roll gospel choir. Now our services are consistently packed to the balcony."

"Thank you, father," answered the young priest. "I am pleased that you are open to the new ideas of youth."

"All of these ideas have been well and good," said the elderly priest. "But I'm afraid you've gone too far with the drivethru confessional."

"But, father," protested the young priest, "my confessions and the donations have nearly doubled since I began that!"

"Yes," replied the elderly priest, "and I appreciate that. But that flashing neon sign, 'Toot 'n' Tell or Go to Hell' cannot stay on the church roof."

Submitted by Bob Smith

You Must Be Joking!!



SENIOR CITIZEN JOKE

A little silver-haired lady calls her neighbour and says, "Please come over here and help me. I have a killer jigsaw puzzle, and I can't figure out how to get started."

Her neighbor asks, "What is it supposed to be when it's finished?"

The little silver haired lady says, "According to the picture on the box, it's a rooster."

Her neighbor decides to go over and help with the puzzle. She lets him in and shows him where she has the puzzle spread all over the table. He studies the pieces for a moment, then looks at the box, then turns to her and says, "First of all, no matter what we do, we're not going to be able to assemble these pieces into anything resembling a rooster."

He takes her hand and says, "Secondly, I want you to relax. Let's have a nice cup of tea", and then he said with a deep sigh "Let's put all the Corn Flakes back in the box."



Submitted by Bob Smith



March Is National Craft Month

Many of our shoppers at the New Hamburg Thrift Centre are crafters and makers. If you have children in your lives, share the love of learning and crafting, and make new memories this March break with help from us.

Browse our books section for creative ideas and while you are here check out the thousands of items that can be used for crafting....magazines, mason jars, fabric, yarn, zippers, buttons, stuffing, tins, vases, beads, and the list goes on and on. Your imagination is the limit!

We have many talented volunteers that donate their time and talents to benefit the work of the Mennonite Central Committee:

Weavers who make floor mats with recycled clothes. •

• Sewers who prepare materials for weaving, sewing comforter tops and creating beautiful quilt tops for quilting.

Quilters who quilt the beautiful quilt tops.

Knitters who are busy knitting warm socks, slippers, hats and mittens.

All these items are for sale in the store along with many other items.

As you tackle your next crafting project, stop by the New Hamburg Thrift Centre to get inspired or to gather supplies. You never know what you will find when looking in our craft department at the New Hamburg Thrift Centre.

Local Churches Invite You to Join Them



Please visit www.badenoutlook.com for a directory of local churches.

ST. JAMES LUTHERAN CHURCH

66 Mill Street, Baden, ON



519-634-5191 www.st.jamesinbaden.org Pastor Joanna Miller

Sunday Worship 9 am / Sunday School

SHANTZ MENNONITE CHURCH 2473 Erb's Road, Baden, Ont N3A 3M3

Phone: 519-634-8712 / Email: office@shantzmc.ca Pastor: Don Penner Worship Service - 9:30 am Christian Education - 11:00 am

Emmanuel Lutheran Church

1716 Snyder's Road East, Petersburg, ON 519-634-5511 www.persburgchurch.org * Wheel Chair Accessible * Worship Service 9:30 am / Sunday School



www.newhamburgthrift.com





All proceeds benefit the work of Mennonite Central Committee

REGULAR HOURS

Mon-Thurs 9:00 am - 5:00 pm Fri 9:00 am - 8:00 pm Sat 9:00 am - 4:00 pm

Wilmot Mennonite Church

2995 Bleams Road, New Hamburg, ON

Worship Service 9:45a.m.~ Christian Formation 11:00 a.m.

Pastor Susan Allison-Jones

519-634-5030 www.wilmotmennonite.ca

Wilmot Centre Missionary Church

2463 Bleams Road—corner of Bleams & Sandhills Road

Church Service and Children's Worship 10:00 am Rev. Wayne Domm, Dr. Rob Gulliver, Rev. Don Boyd 519-634-8687 www.wilmotcentremc.ca

Livingston Presbyterian Church 44 Beck Street, Baden / 519-662-4949

Hymn Sing 9:45 am ~ Worship to follow at 10 am Moderator: Linda Ashfield, 519-886-4150

Steinman Mennonite Church

1316 Snyder's Rd. W. (at Nafziger Rd), Baden

Sunday Worship 9:45, Sunday School 11:00 am Phone: 519-634-8311 / www.smchurch.ca

Zion Lutheran Church Philipsburg Celebrates 175 years

Many of the present members of Zion can say that they were baptized, confirmed and married at the Church. They can also say that their parents, grandparents, greatgrandparents, etc. were baptized, confirmed, married, and buried there. Some can trace membership back 9 generations! The eight founding families were: Berg, Döring, Forler, Glasser, Günther, Hörle, Schmidt, and Wettlaufer. Through the years, many other families have joined our congregation.

Zion would love to have you join us for a Sunday morning Worship service, which begins at 10:30am. A Sunday School program runs during the Worship service, welcoming children of all ages.

Pastor Joanna Miller has been the Pastor since 2011. She also serves as the Pastor of St. James Lutheran Church in Baden.

Zion is well known for their <u>Project R.E.D.</u> This endeavour was named after long-time member Ruth E. Doering, whose initials are R.E.D. Members and friends of Zion meet every Thursday morning to knot comforters which are given out to anyone in need within our Church, our

Church Outgrows its Space ~ Looking for New Building

The Grace Mennonite congregation has reached capacity at their current location south of New Hamburg and are looking to start a second congregation in either Stratford or Kitchener or the area between.

They are open to purchasing an existing church building or renting a suitable facility.

If you have any leads or would like further information please contact James Byler <u>(519-584-4229</u>) or Richard Bean (<u>rhbean@gmail.com</u>) community, and beyond our Canadian borders as well. Each year over 500 comforters are made. These are distributed to agencies such as Monica House, Marillac Place, YWCA, to children requiring an overnight hospital stay at Grand River Hospital, St. Mary's Hospital end of life care program, refugees at Reception House, and to members and community friends experiencing illness, trauma, or grief. How wonderful to receive a blanket made with love! Donations of fabric and crochet cotton are always welcome as are volunteers to knot, piece and hem comforters. Drop in any Thursday morning from 9-11am.

Other Anniversary events include:

Sun. April 29th, 10:30am: Worship service and Confirmation Class Reunion followed by refreshments and reminiscing with your confirmation class members.
Sat. May 6th, 2-4pm: An afternoon of music by singer/ songwriter and jazz musician Katie Ditschun (sister of Pastor Joanna Miller). Tickets are \$15 at the door with proceeds to Juvenile Rheumatoid Arthritis.
Sun. June 10th, 10:30am: Special Anniversary Worship Service, with invited guests to include Bishop Michael Pryse, former Pastors, members, neighbours and friends of Zion.

Sun. Sept 23rd, 10:30am: Cemetery Decoration Service.
 Sun. Oct. 20th, 2-4pm: Toe-tapping entertainment by Chris Ehrat and Dianne Ditner.

Sun. Dec 9th, 2-4pm: Christmas concert by renowned musicians Charlene Nafziger and Trevor Wagler.

For more information on the church or any of the anniversary events, please feel free to contact Susan Mills at 519-662-4327 or email <u>susan.zion@rogers.com</u>. You can also check the church website <u>http://www.philipsburglutheranchurch.ca/</u> or follow on Facebook <u>https://www.facebook.com/</u> Zionphilipsburglutheranchurch.ca/

Zion Lutheran Church , 3357 Erbs Road, Baden, ON N3A 3M6 / Phone # 519-214-0055



Optimist Club of Wilmot Youth Appreciation

The Annual Youth Appreciation Awards Dinner for the Wilmot Optimist Club was held on Thursday, February 22 at the Haysville Community Centre. A delicious ham and scalloped potato meal prepared by Optimist members was served by the youth of St James Lutheran Church New Dundee. After the meal, Optimist Lynn Perrin thanked the youth for all of their help and gave them a donation to their upcoming youth event in Thunder Bay. A special thank you as well to Kelly and Mark Hammer for working with and organizing the youth in the kitchen.

Every year letters are sent to all of the schools in the township asking faculty to nominate one boy and one girl who go above and beyond volunteering in their school and community. Four local schools participated. Staff from each



school read letters explaining why these students were nominated and when chosen they were presented with a medallion and certificate acknowledging their achievement.

Recipients are as follows:

Waterloo Oxford District Secondary School – Aaron Lantz and Cecilia (CC) Weber; presenter – Principal Beth Bodkin Baden Public School – Ben Baptie and Hailey Futher; presenters – Margo King and Jennifer Williams Forest Glen Public School – William Austin and Aleah Proll; presenters – Sandy Carter-Hynd and Bill Walkey Sir Adam Beck Public School – Mason Beaver and Paige Naumann; presenters – Emily Pryse and Daphne Weaver-Cole



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Tips to Keep Your Home WARM this Winter!!

- Open your curtains during the day to allow the sunlight to heat your home. At night close the curtains to keep the heat in.
- Roll out a decorative rug-this keeps your feet warm!
- Close doors and vents in unused rooms.
- When you finish baking, leave the oven door open slightly (while being safe of course) to allow the heat to enter the home.
- Designate a "Warm Room". Keep that room warmer through more heat, extra blankets, a fireplace, etc. Then you will always have a designated room to keep you toasty.

Jon Lambert and Kerilynn Mathers

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You Must Be Joking!!

<u>Death</u>—"Do you believe in life after death?" the boss asked one of his employees. "Yes, sir," the new employee replied.

"Well, then, that makes everything just fine," the boss went on. "After you left early yesterday to go to your grandmother's funeral, she stopped in to see you!"

<u>Palm Sunday</u> — It was Palm Sunday and, because of a sore throat, five-year-old Johnny stayed home from church with a sitter. When the family returned home, they were carrying several palm branches. The boy asked what they were for. "People held them over Jesus' head as he walked by."

"Wouldn't you know it," the boy fumed, "the one Sunday i don't go, he shows up!"

<u>Support a family</u> — The prospective father-in-law asked, "Young man, can you support a family?" The surprised groom-to-be replied, "Well, no. I was just planning to support your daughter. The rest of you will have to fend for yourselves."

Submitted by Bruce Bousher



Baden Outlook



Ned's dramatic neighbour was so proud that she shed tears describing her daughter's scholastic endeavors: "...and the teacher asked for someone to write on the board 'what a cow makes'... and Emma did it!!!" Ned thought... 'so now we're crying over spelled milk'.

J. J. J.

Clint Eastwood is making a new flick in which he uses gun fighting skills to ensure that people maintain their right to view large mammals in the ocean. The movie is called: 'The Legend of Go See Whales'

Ned entered the kitchen flabbergasted. "You know that groove I put across the lawn trying to teach those 'Easter Bunnies' to stay out of the yard? Well they ate the grass on both sides of it and I have to plant it all over again!" MaryLou tried not to celebrate the set-up... "well, I guess your primary concern for today is your re-seeding hare line."

You Must Be Joking!!



Donald is walking out of the White House and heading toward his limo, when a possible assassin steps forward and aims a gun.

A secret service agent, new on the job, shouts, "Mickey Mouse!" This startles the would be assassin and he is captured.

Later, the secret service agent's supervisor takes him aside and a asks, "What in the world made you shout Mickey Mouse?"





Blushing, the agent replies, "I got nervous. I meant to shout, "Donald duck!"

Submitted by Robert Price



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You Must Be Joking!!



• I was thinking about how a status symbol of today is those cell phones that everyone has clipped onto their belt or purse. I can't afford one. So I'm wearing my garage door opener.

- I also made a cover for my hearing aid and now I have what they call blue teeth, I think.
- You know, I spent a fortune on deodorant before I realized that people didn't like me anyway.
- I was thinking that women should put pictures of missing husbands on beer cans!
- I was thinking about old age and decided that old age is when you still have something on the ball but you are just too tired to bounce it.
- When people see a cat's litter box they always say, 'Oh, have you got a cat?' Just once I want to say, 'No, it's for company!'
- Employment application blanks always ask who is to be called in case of an emergency. I think you should write, 'An ambulance'.

Submitted by Robert Price

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Baden Outlook

Bringing People and Gardening Together Since 1968 By Marlene Knezevich, Director, WHS



"No matter how long the winter, spring is sure to follow."

~ Proverb from Guinea

This winter has been a rollercoaster with temperatures, from the January deep freeze to the February thaw, and so much rain that people were canoeing to Sobeys in New Hamburg! Wiarton Willie said it would be a long winter, but the snow drops were blooming in February heralding spring. Which is giving us fake news? Winter is waning and spring always comes with its list of things to do!



Tips and tricks for Spring Clean-up ~ by Sean James www.seanjames-consulting.ca

• Instead of trimming bits and pieces down with pruners, lay out a tarp beside the garden. Cut last year's perennial growth down with hedge shears (not 'head' shears), taking care not to cut woody plants, new bulb foliage or evergreen perennials. Rake everything out onto the tarp until it's full, then drag it all to the composter! Faster and easier.

- Alternatively, cut down as above and rake onto the lawn. Chop up with the lawnmower and return to the garden as mulch. This adds nutrition to the top level of the garden and saves effort. It also avoids using diesel fuel for the municipality to pick up the waste and compost it.
- Now's a good time to look for hardscaping (paths, walls etc.) that need repair. Get that scheduled while the garden is still dormant.
- Some of the leftover brush from pruning can be cut into 3' lengths and piled behind some shrubs at the back of the garden. It's great habitat for birds and pollinators and even toads all of which help control pests in the garden.
- If you have a water garden, don't try too hard to clean it out perfectly. If you have adequate water flow, that organic matter will break down fast enough. DO, however, clean out around the pump and listen for a tell-tale hum which might be an indicator of a failing bearing, which warns of possible upcoming pump failure.
- Now is an easy time to weed out perennial weeds like Dandelions and Couch Grass since their roots aren't fully
 established yet.
- Most importantly, to keep turf grass from invading the garden and to keep rainfall in the garden, use a half moon to
 put a good deep edge on the bed. The soil that is excavated can be used to hill up a bit around perennials that tend
 to grow themselves out of the ground (i.e. Heuchera, Bergenia, Hosta).
- When the entire cleanup is done, mulch the garden with 2" of a good rich composted Pine Mulch or composted Hardwood Mulch - NOT just plain wood chips or shredded mulch. This is the most important thing we can do for garden health.

WHS's upcoming meeting is at 7:30 pm, Monday, April 9th: Gardens of Cuba (unique!). Speaker: Jim Fitzgerald. Wilmot Recreation Centre upstairs in Meeting Room A. Free meeting, 50/50 draw (bring a loonie or toonie), door prizes and social with tea/coffee with snacks.

Free Naturescaping Seminar Series by Region of Waterloo: five topics from being a water-wise gardener, loving your lawn, easy annuals for container gardening, landscaping small yard: <u>www.eventbrite.ca/o/region-of-waterloo-3319170686</u>

Keep your fingernails and knees dirty! <u>www.gardenontario.org/site.php/wilmot</u> email: wilmothortsociety@gmail.com





Castle Kilbride—Batteries Not Included this March Break!



Looking for something fun and different to do this March Break? Take a journey into the lavish Victorian era and bring the family to discover historic Castle Kilbride. Tour four floors of the grand home. View the amazing painted wall and ceiling murals known as Trompe l'oeil that create an illusion of depth and beautiful three-dimensional images. Try out some of our toys from yesteryear and learn the history of Castle Kilbride.

Colourful glass marbles like tiny jewels; stereoscopes displaying lions, tigers, and scenes from far away lands; magic lanterns creating worlds to make children gasp with excitement. Gone were the days of simple wooden blocks and rag dolls as Victorian children were captivated by this wide variety of new toys, suddenly available to families like never before.

During March Break, stop in at Castle Kilbride and see what kind of toys children played with over 140 years ago. Staff will have various toys on display, showcasing the evolution of Victorian toys and available for visitors to try. And imagine, no batteries were necessary!

A special attraction: staff will be demonstrating our most talked about Victorian game called Skittles & Top during this week. As a special feature this March Break, kids will have a chance to



Retiree?

try out their own version of this beloved game. Compared to games and toys today, our Skittles & Top is no PS3 or Xbox ... but this fastpaced game with spinning tops and ringing bells most certainly brings out lots of smiles and cheering!

LEARN

MORF

UTURE AS RETIREE **Touring Hours:**

March Break Special Hours: March 13 – 17, from 1pm to 4pm. (*Closed Sunday March 18th)

Admission:

Special March Break rate: \$5 per child (with a paying adult) or \$20 for families. The museum is wheelchair accessible.

BRAVO TO THESE COMMUNITY PLAYERS!



On Saturday March 24th, Mercato Restaurant of Baden donated all of their profits from food sales to the Wilmot Terry Fox Run. A huge thank you goes out to Tessa and her staff for supporting this worthwhile cause. This is the second year that Mercato has participated in this fundraising event.

On February 26th Cheryl and Nigel Gordijk received \$600 from the Township of Wilmot grant program. Last year Cheryl and Nigel's committee raised \$25,000. They hope to beat that goal in 2018!

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Happy St. Patrick's Day! I hope you enjoy some Irish inspired food this month. Here's something delicious yet simple too, just how the Irish like it. Start your day off right with hearty breakfast like corned beef hash. Don't forget to match it up with Irish Soda Bread. *Sourced from RecipeLion.*



Corned Beef Hash

Ingredients:

- 1 pound russet potatoes, peeled and medium diced
- 2 tablespoons unsalted butter
- 1 medium onion, medium diced
- 1/4 teaspoon kosher salt
- 12 ounces cooked corned beef, medium diced
- 2 tablespoons finely chopped parsley
- 4 fried eggs

Directions:

- * In a medium saucepan place the potatoes, cover with cold water and add a few pinches of salt. Bring to a boil then reduce the heat to a low simmer and cook until tender about 3 minutes.
- * While the potatoes are cooking melt the butter in a large skillet over medium heat. Add the onion and cook until tender about 7 minutes. Season with salt and pepper.
- * When the potatoes are cooked, drain well. Add the potatoes and the corned beef to the skillet and combine with the onion.
- Cook over medium heat until the mixture is golden brown while pressing the mixture into the pan with a spatula to compact the mixture. Continue cooking for 15-20 minutes.
- * In another skillet fry the eggs.
- * Top the hash with the fried eggs and sprinkle with the chopped parsley.

Irish Soda Bread

With only 5 ingredients needed, this Irish soda bread recipe is very easy to make. It turns out extremely moist, subtlety sweet, and tastes amazing fresh out of the oven with a little spread of butter.

- 3 1/2 cups flour
- 3/4 teaspoon baking soda
- 1 teaspoon kosher salt
- 1 1/2 cup buttermilk plus ¼ cup additional if needed
- 1 cup raisins or currants

Directions :

- * Heat oven to 450. Line a baking sheet lined with parchment paper.
- * In a large mixing bowl whisk together the flour, baking soda and salt
- * Make a well in the center of the flour mixture and gently pour in the buttermilk. Using a wooden spoon start to mix the ingredients to combine. Using floured hands gently continue to mix until the dough comes together Add the additional buttermilk if needed to hold the dough together, the dough should be soft. Mix in the raisins.
- * Gather the dough onto a floured work surface and gently knead the dough a few times. Shape into a 6 inch ball about 2 inches tall.
- * Place on the baking sheet. Using a very sharp knife cut an X on the top of the dough ball but not too deep.
- * Bake for 15 minutes. Reduce the oven temp to 400 and continue to bake for another 20-30 minutes or until the crust is golden. The internal temperature should register 180 degrees.
- * Let the bread cool slightly before cutting.
- * Serve with butter and jam.



Answers to connect 3 Quiz From page 13

- 1. All are cracked.
- 2. There are seven of each.
- 3. All have whites.
- 4. All have horns
- 5. All are types of boards.
- All are types of boards.
 All are types of yards.
- All are types of sodas.
- 8. All get tuned.
- All get turied.
 All are carved.
- 10. All are types of parties.
- 11. All make deliveries
- 12. All are drawn.
- 13. All have pockets
- 14. All are vellow.
- 15. All get folded.

Answer from QUIZ ON PAGE 12

Barry and Pat Fisher 178 Snyder's Road E. Baden, ON N3A 2V6 Phone: 519-634-8916 Email: badenoutlook@hotmail.com Web: www.badenoutlook.com

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The Baden Outlook Bas	seball Pool	Rules:		
The Baden Outlook is eager for sprin play baseball— <i>with you</i> , that is. Get on, grab a pencil, and check out the below. It's easy to play. Simply check each box and we'll enter the data on create the stats. One point will be gi run for the players. This year we hav pitchers - each win by a pitcher gives We have listed players with their hom home-run stats, and pitchers with the season. Each month (starting in May the top leaders and announce the wi prizes. Last season there were over We're waiting for your entry forms to Drop off your entry form at The Bade mailbox at 178 Snyder's Road E., Bar it in the mail by April 1st.	your strategy caps list of players ck one player from the internet to ven for each home ve two boxes for s them two points. ne team and the eir wins from last v) we will show you nners and their 300 entries. o roll in.	 ⇒ Only one ballot per person. ⇒ If you missed checking a box on your entry form we will fill it for you. ⇒ Updates will be calculated on the 7th of each month (starting in May). ⇒ Prizes are given for most accumulated points. You are only able to win the monthly leader prize once, then it defaults to the 2nd, or 3rd place—but you are still able to take the year end prize. ⇒ No entry fee is required! ⇒ No trades or substitutions through the season. ⇒ Ties will be broken by the player whose points increased the most that month. PRIZES TO BE WON EVERY MONTH! To follow along during the season, log on to the pool website at www.badenoutlook.com - the pool I.D. is outlookhomerun18 and the password is guest. 		
 G. Stanton / NYY = 59 A. Judge / NYY = 52 J.D. Martinez / BOS = 45 N. Cruz / SEA = 39 E. Encarnacion / CLE = 38 	 K. Davis / OAK = 43 J. Gallo / TEX = 41 N. Arenado / COL = 37 M. Trout / LAA = 33 J. Donaldson / TOR = 33 		 C. Bellinger / LAD = 39 J. Smoak / TOR = 38 M. Machado / BAL = 37 J. Bruce / NYM = 36 K. Bryant / CHC = 29 	
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 M. Ozuna / STL = 37 G. Springer / HOU = 34 K. Schwarber / CHC = 30 M. Trumbo / BAL = 23 C. Santana / PHI = 23 	 W. Myers / SD = 3 K. Morales / TOF Y. Puig / LAD = 2 C. Correa / HOU M. Cabrera / DE⁻ 	R = 28 28 = 24	 F. Lindor / CLE = 33 K. Seager / SEA = 27 R. Cano / SEA= 23 R. Grichuk / TOR = 22 E. Gattis / HOU = 12 	
 T. Frazier / NYM = 27 D. Gregorius / NYY = 25 J. Altuve / HOU = 24 J. Turner / LAD = 21 G. Bird / NYY = 9 	 C. Kershaw / LA C. Kluber / CLE = C. Sale / BOS = 3 M. Scherzer / W/ J. Verlander / HO 	= 36 34 AS = 32	 C. Carrasco / CLE = 36 S. Strasburg / WAS = 30 D. Keuchel / HOU = 28 M.Bumgarner / SF = 8 A. Sanchez / TOR = 2 	
Name: Address: Phone Number: Kids (under 12) Age:		LET'S PLAY BALL! TO GET IN THE GAME YOUR ENTRY FORM MUST BE IN BY APRIL 1ST. Good luck to you all! If you need extra forms please print them from our website at www.badenoutlook.com from the current issue.		

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