



BADEN OUTLOOK

CASTLE KILBRIDE LECTURE SERIES



Have you ever been curious about the early funeral businesses and the traditions associated with it? When did undertakers start embalming? Did the early undertakers *really* need only a black hat and black horses to be an undertaker? Why *did* undertakers have a second occupation?



These questions and many more will be answered by historian Marion Roes as she presents:
All About Undertakers: Funeral Businesses & Practices in Waterloo County.
 Presented by the Castle Kilbride Advisory Committee.

March 31 — 7:00 p.m. at Castle Kilbride

Tickets are \$10 each and can be purchased through Castle Kilbride.

Pre-registration is required. Limited Seating. Castle.kilbride@wilmot.ca or 519-634-8444

You might be surprised to know how many funeral businesses there were in Wilmot Township!



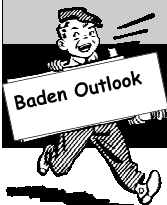
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This paper is priceless - Please have one!

Talking with Ed

~ The Value of Kids Having Part Time Work



I believe it is very important for our youth to experience part-time work before they enter the full-time workforce. It is an opportunity to meet new friends, learn new skills, and develop a good work ethic. Jobs give them purpose, build confidence and keep them busy and out of trouble. It's healthy for kids to work under an authority figure that is not a parent or a teacher. Ultimately, it becomes an opportunity to learn some financial skills.

I was fortunate to have an abundance of part-time jobs in my youth. I grew up in a small Muskoka town (MacTier – population 700) where the jobs available were of an odd variety, but my father had many connections. In those days kids were eager and ready to work, and people were open-minded in giving kids a chance without past experience or academic certification.

My first job, like many young people's, was a paper route. I basically had the whole town on my route. I learned two things with the paper route. I had a tendency to procrastinate, especially when it came to collecting; I hated it when I let bills slip for a month or two and I had ask my subscribers to pay a bill. Secondly, I remember walking to the edge of town on a snowy cold night only to find that I'd packed one less paper than I should have. I hustled home to ask my father to give me a ride to the last house which was about a kilometre out of town. He said, "No way! You are walking that one back yourself." Obviously, I never forgot that one again....lesson: double check!

My next job was at Johnny Green's General Store when I was 12 to 13 years old. This was your traditional general store that carried everything, including canned goods, rubber boots, meats, produce, and some clothing. I even recall buying a 16 gauge shotgun there. My duties included stocking the shelves, delivering groceries, scraping the meat block each night, and unloading trucks off a roller from York Distributors. There was a fair amount of lifting with the job and I learned to interact with customers.

Next experience, at age 14, was a summer job at the CNIB camp on Lake Joseph. This job included mowing lawns, helping the maintenance people, and working with the activity group. One strange memory is that of a blind camper who dropped her false teeth in the toilet. The maintenance guy and I took the toilet apart and found the teeth at the bottom of the trap. After retrieving them, she ran water over them and put them back in her mouth.

Over the next two summers I had jobs at Wally Gehrke's Supertest and Hans Haring's Shell station. Here I learned about pressure in a work place! The gas stations were both on Highway 69, which was crazy on weekends. Cars would line up sometimes five or six deep (especially on Friday nights) and I would be filling several cars at once – many of them wanting to use Chargex with the imprint machine. I was even asked to tow a car out of the ditch with Wally's tow truck. I don't think that would happen now.

While I was 15 to 17, I worked at my parents' variety store which was a Sears order office and also sold clothing, jewelry, cards, books, and general merchandise. Each summer, once I was licensed to

drive, I was asked to deliver refrigerators, stoves, and many other large items to some amazing cottages throughout Muskoka. It always required help from my friends, as we drove around in my father's Datsun pickup. That was by far my favourite job and made that summer lots of fun!

Yes, I had numerous jobs as a teenager, and I feel that without the training I experienced I would have had a tough time in adapting to my full-time career. That was at Zehrs when, at age 18, I was put in charge of the night crew at their Fairview store. My first group of staff included many kids and a 35 and a 50 year old clerk. That was tough—still feeling like a kid while having seniority over this staff. I grew up in a hurry.

If you would like to do one thing that would help your children or grandchildren I recommend encouraging them to experience part-time work and teaching them how to manage time and how to handle their new found income.

Until next month...Ed



EXTRA EXTRA!!

You'll find us around the 15th of each month, while quantities last. Available in Baden at Mars Variety, Mac's, Baden Feed, One Way Water, Baden Dental, Wilmot Rec. Complex, Tim Hortons, Baden Library, EJ's, and several outdoor magazine boxes located conveniently throughout town for Baden readers.



Also in St. Agatha at Fishers Esso, Angies Kitchen, Stop 2 Shop. In Petersburg at Blue Moon, Old Fashioned Variety and Foxboro.

There are over 30 places in New Hamburg to pick it up—including: No Frills, Sobey's, Short Stop, NH Legion, McDonalds, Kasemann's, Morningside, Stonecroft, Office Pro, NH Thrift Centre, Absolute Fitness, NH Dry Cleaners, NH Wellness, NH Library and various offices and retail locations throughout Wilmot Township.

*And as always, it's priceless ~
Please Have One!*



Greetings from ~ Outlook Headquarters

In like a lion and out like a lamb—that's March all right! As I write this with the cold wind blowing and snowfall accumulating, I am well aware that by the next time I write I will be going on about the rain showers and spring flowers. Crazy to know that we actually broke warm seasonal records again in February! And so the seasons go on.



You will find some evidence of spring here, since the Outlook Baseball Pool registration form is on the back page. We had 300 entries last year (over 500 in the hockey pool) and hope to gain more action this time. It's due by the first of April; if you need extra forms please photocopy or print it off our website. We'd rather you didn't pick up 10 copies just to rip off the back page.

We are still getting inquiries about where to get the Baden Outlook Calendars. I feel sad now that we let so many people down. I'm glad you liked it, and apparently people also depended on it for keeping up with local events, and even the big garbage pick-up dates—which happen during the first week of April. The Interfaith Silent Auction and the Great Ride'n'Stride for Cancer are also coming up in April—check out the dates and details.

I enjoy the paper and begin each month with enthusiasm. I have my own ideas flowing plus the community input keeps me busy, so I happily play with it all. But this month I am little grumpy so I hope it doesn't reflect on the end result. And what makes me grumpy you ask? It took three attempts to get this issue together. Here's my sad story: One night "Windows" did some routine computer update and shut the system down to reboot and start up again. Shame on me for not closing the multiple programs I left open that I had been working on, and double shame on me that I forgot to save all the work I had done that day. Yup—you guessed it, gone! When I opened up the so-called recovery program all my hours of work were gone, ...blankness. Gulp. To remember what I had done required looking back into old emails, stored files and worse, my aging memory bank that was totally stressed out. I had to walk away to settle down and then try to retrace my thought processes of the previous day. I began again re-creating the Travel Section, processing all those photos, setting up the layout with typed details of each trip. Oh yes, the word search, no problem I can do that in another hour... okay, so the day was spent doing double duty just trying to catch up before I could continue. A few days passed, and I was happily working on the paper and realized it was time to stop as I was having the kids in for dinner and I have to prepare. To be sure I stay focused on my dinner I tell myself to close the programs and walk away (I tend to try to do too many things at once) and oops! I closed it and forgot to save my work yet again! Oh why does one little slip of the finger make it all go away!!? I had saved my work throughout the day so it wasn't a complete disaster, but enough of one that it made me fret about remembering what I'd done since the last time I saved it. There is bound to be an error of some kind in this issue, some ad that has the wrong dates or some article I've lost and forgotten about.

Barry reminded me that everyone has bad days on the job and I realize now that I rarely have them...I'm lucky because I do love my job!

Till next month...May the luck of the Irish be with you!!



Don't Put Your Pup in the Hot Seat!

We love our pets, so don't make them the bad guys—pick up after them! It's spring and we are all eager to be out and about but it seems wherever you step... oh oh...ouuu yuck!



Don't forget...it is the law! You are responsible for your pet, so please remember to scoop the poop and dispose of the soiled bag in an appropriate place!

It's about courtesy... be kind to one another! It's petiquette!

I'm sorry you stepped in that—but it's not my fault!



Baden ~ Our Town

There was an amazing turn-out at the Wilmot Recreation Complex on Family Day. Many Wilmot citizens enjoyed the free swim and skate supplied by the Township of Wilmot, with the Baden Community Association (BCA) purchasing an extra hour of the swim time. The pool (which has a capacity of 300 people) was full with a line-up all day. The two ice pads have a capacity of 140 people each, and people were lined up there through the afternoon as well. Good thing there were snacks and other activities to do!

Upstairs, in the Community Room, the BCA held their annual Family Day event, which had the largest turn-out in the four years of running the event. The group went through 540 Timbits and close to 100 cups of coffee and hot chocolate, 12 dozen cookies, 15 pizzas courtesy of Levetto of Baden, 17 batches of popcorn, 170 drinking boxes, 4 cases of water, and 2 large cakes. It was an




amazing turnout, with over 300 in attendance. Special thanks go to Joanne and her neighbour for the face painting.

Mark your calendars: The BCA has set the date April 23rd for the annual Baden Clean-up Drive. Last year over 100 people showed up to make our town sparkle! Let's do that again!

The BCA meets the last Wednesday of each month in the basement of the township hall at 7 p.m. New members are always welcome!



Irish Sayings ~

 As you slide down the banister of life,
May the splinters never point your way!

When Irish eyes are smiling,
They're usually up to something.

An Irishman is never drunk as
long as he can hold on to one
blade of grass and not fall off
the face of the Earth.



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Baden Birding

~ The Horned Lark

By Wayne Buck

In February and March, as I run along the country roads out here where we live, I frequently see small brown birds running along the sides of the gravel roads, their little legs almost a blur as they scuttle to stay ahead of me. When they do take flight, one can see dark (black?) tail feathers which they seem to pump as they fly in an undulating roller coaster flight pattern. If you are close enough, you may notice their yellow face with a black mask and, in the case of mature males, two small black “horns” that extend above their head, giving the bird its name: Horned Lark. These “horns,” like the Great-horned Owl’s, are of course comprised of feathers, not actual horn material such as that found on rams or cattle. This gives these small brown birds a rather distinctive appearance should you be fortunate enough to get close enough to see them. The underparts of the bird are white.



of the breeding season. They creep along bare ground searching for small seeds and insects. They often mix with other open-country species in winter flocks, including longspurs and Snow Buntings.

The Horned Lark’s nest is a basket woven of fine grass or other plant materials and lined with finer material. They nest on bare ground in open fields, avoiding areas where the grass is more than a few centimeters tall. The female selects a nest site, apparently with no help from her mate. She either chooses a natural depression in which to build the nest or excavates the site herself, a process that can take a couple of days. To dig a cavity, she uses her bill to loosen soil and flip it aside, sometimes also kicking dirt out with her feet. Two to four days after preparing the site, she begins weaving her nest from grass, small roots, shredded cornstalks, and other plant material, then lines it with down, fur, feathers, fine rootlets, even lint and string. The nest cavity diameter is about 3–4 inches.

The Horned Lark is the bird featured in the familiar camp song, “Alouette,” a French Canadian children’s song about plucking the feathers off various parts of the bird: “Je te plumerai le tete” in retribution for the bird having awakened the singer so early in the morning (from Wikipedia). It is also the name of Montreal’s football team in the CFL.

Horned Larks are widespread songbirds of fields, deserts, and tundra, where they forage for seeds and insects, and sing a high, tinkling song. Though they are still common, they have undergone a sharp decline in the last half-century. Horned Larks are social birds, sometimes found in huge flocks outside

Horned Larks eat seeds and insects. They feed their nestlings mostly insects, which provide the protein the young birds need to grow. Insect prey are mainly grasshoppers, beetles, and caterpillars. Chicks may also be fed invertebrates such as sowbugs and earthworms. Horned Larks glean most of their food from the ground, but they sometimes perch on plants to harvest seeds from seed heads.

Some of this material came from the Cornell Lab of Ornithology; All About Birds. Photo taken from Wikipedia

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DON'T LET TICKS BUG YOUR PET

By Dr. Rebecca Ricker

As spring approaches, our thoughts turn to the warm days to come, tulips blooming, and the buds starting to open on the trees. Another thing we need to think about is the bugs that are starting to wake up and look for food.



The one that is getting a lot of attention, and rightfully so, is the TICK, especially the DEER TICK. Ticks are becoming more common and are no longer isolated to the southern points of the province. We are seeing them in places they never were before, and with them come the blood-borne diseases that they can carry. These diseases include Lyme disease, Ehrlichiosis, Anaplasmosis and others that are less common. The common species in our area are: the American Dog Tick, the Groundhog Tick, the Black Legged Tick or Deer Tick. The Lone Star Tick and the Brown Dog Tick are in Ontario but are much more rare. The best way to defend against these external parasites is to educate yourself about them.

The ticks that are mentioned above are called Hard Ticks. These ticks have a soft body with a small hard shell on top called a scutum, and eight legs. Ticks do not live in the middle of your lawn, they live where lawns border wooded areas, or anywhere it is shaded and there are leaves with high humidity. They especially like the edges of grassy fields and low-lying underbrush.

Most ticks go through four life stages: egg, larva, nymph, and adult. The ticks that we most commonly encounter require 3 different hosts and can take 2-3 years to complete their life cycle! Interestingly, there are two "blooms" in the tick population each year, one occurring in the early spring and the other happening in the late fall. These "blooms" are when tick bites are more common.

To help protect your pet (and yourselves), make sure to always do a "tick check" after being out in a tick-risk area. There are also products available to help kill ticks that feed on your dog and help prevent the possible transmission of disease. Make sure to speak to your veterinarian to discuss the risks to your pet and make an informed decision on prevention.

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New Clients Welcome!



You Must Be Joking!!

What do you call a rabbit that has fleas?

~ Bugs Bunny



What does a bunny use to keep its ears perky?

~ Hare spray!

How can you tell a rabbit's age?

~ Look for the grey hares!

What's a rabbit's favourite dance?

~ The Bunny-Hop

What do you call rabbits marching backwards?

~ A receding hareline



You Must Be Joking!!

A man wanted to give a pet to his daughter for Easter. He looked at a baby chick and a baby duck. They were both very cute, but he eventually decide to buy the baby chick because it was a little cheeper!



Why did the Easter egg hide?

~ He was a little chicken.



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Colouring Easter Eggs ~ Did you know...?

How to cool your Easter Eggs

Don't let your Easter preparations turn into a bad eggs-perience. Researchers at the National Food Processors Associations say that if you cool hard-boiled eggs in tap water they lose their natural protective layer and may draw in bacteria and dangerous toxins.

Cooling eggs in water and then storing them in airtight containers produces toxins even faster. To play it safe, cool boiled eggs in the open air.

Dye eggs with natural materials from your kitchen

No need to rush out and buy egg dye for your coloured Easter eggs. You probably have some basic colours in your kitchen. Another plus: you can cook eggs and colour them at the same time.

Use beets for bright pink eggs; coarsely chopped red cabbage for pale to royal blue; blueberries for lavender shades; brewed coffee for deep mocha colour; cranberries for pale pink; turmeric for bright orange; or yellow onion skins with black peppercorns for beige to mauve tones.

Here's how to do it: Place eggs in a deep saucepan. Add your colouring ingredient. Cover with a quart of cold water and add 2 tablespoons of white vinegar to fix the dye. Gently simmer the eggs from 20 minutes to two hours until you like the colour. Eggs will be good for up to three weeks if stored in the refrigerator.



Happy Easter
Every Bunny!

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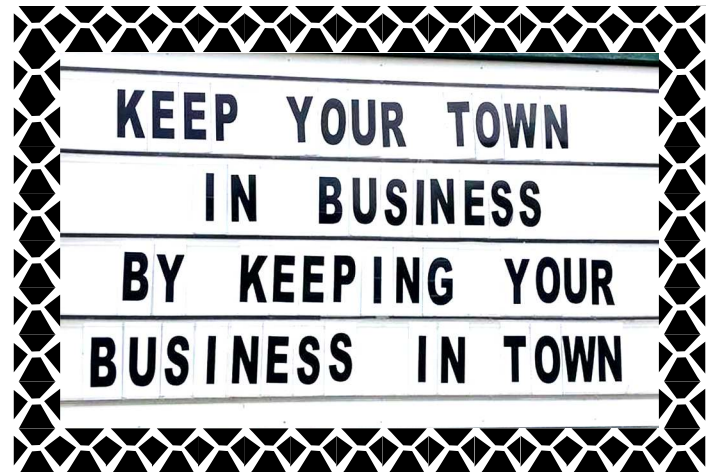


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Ask Armand ~



Jake from Baden wonders: I am new in town and know there are currently two schools in Baden, but heard there were once many other schools in Baden area over the years?

Armand says: Yes Jake, there were several other schools over time. Let me recall... The first one was built in 1858 (SS#13) to the east of the Baden Cemetery on Snyder's Road. In 1864 the school had an average of 60 pupils and the town population was 400.

In 1877, a two-roomed brick structure replaced the first log school. It was built on Snyder's Road at the current location of the Baden Auto Centre.

The third school, a four-room brick structure, was built in 1886 at a cost of \$12,000, to the north west of Mars Variety (currently a housing complex on Old Schoolhouse Road). The front yard was a swamp and was filled in with sand. The classrooms had 12-foot ceilings and chalkboards covered two of the walls.



In 1956 another new school was built on Snyder's Road, across from Sir Adam Beck Park, at a cost of \$140,000. An auditorium was added in 1966. This school was demolished in the early 2000s to make way for Baden Public School on Livingston Boulevard.



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Syrian Refugee Resettlement in Waterloo Region

Approximately 25,000 refugees have arrived in Canada since late 2015. They are made up of a combination of privately sponsored and government assisted refugees. They received permanent resident status in Canada upon arrival. Waterloo Region is one of six Ontario reception centres for resettlement of government assisted refugees. Many privately sponsored Syrian refugees are also anticipated. We expect to receive more than 1,000 government assisted and privately sponsored refugees. The majority of these refugees will likely settle permanently into our communities.

Current situation

According to information available from federal and provincial sources as of March 3, 2016:

- 25,000+ Syrians have arrived in Canada (approximate)
- 12,025 Syrians have arrived in Ontario (approximate)
- 1,112 (government assisted and privately sponsored) have settled in Waterloo Region as follows:
 - * Kitchener: 964
 - * Waterloo: 62
 - * Cambridge: 43
 - * Elmira: 16
 - * New Hamburg: 22
 - * Conestogo: 5

Adult Syrian refugees continue to undergo local language assessment; of the 185 individuals who have been assessed, 116 have CLB level 1 English competency, the average length of education is six to eight years, and more self-identify as literate in Arabic.

Few major health concerns have been noted among those treated thus far, but more than half of all children screened require significant dental care.

This information has been provided by Waterloo Region.



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St. Patrick's Day Word Search ~ Find the words in the grid—hidden horizontally, vertically, backwards and diagonally. You may need the luck of the Irish with this one...Have fun! Answers are on page 34

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V	N	I	L	B	U	D	Y	H	P	A	D	D	Y	E
D	L	O	G	A	S	S	E	N	I	U	G	N	O	F
T	W	E	T	S	H	S	I	R	I	S	Y	A	H	C
N	O	O	Z	S	H	A	M	R	O	C	K	L	Y	P
L	B	P	J	S	Y	D	E	N	N	E	K	E	E	U
Q	N	L	E	P	R	E	C	H	A	U	N	R	Y	R
B	I	L	G	R	E	E	N	N	K	T	H	I	E	E
L	A	C	I	G	A	M	O	R	N	A	U	V	V	E
S	R	E	E	H	C	Y	O	T	A	T	O	P	R	B
W	I	B	P	O	N	Y	K	C	U	L	S	I	F	H
M	H	Y	T	Y	K	V	O	X	C	M	B	S	E	T

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- BLARNEYSTONE
- CHEERS
- CLOVER
- DUBLIN
- GOLD
- GREEN
- IRELAND
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Check Out the Baden Library



Thank You to our Volunteers!

National Volunteer Week takes place April 10-16, giving us the opportunity to recognize and thank the volunteers who give their time and talents here at the Baden Branch Library all year round.

Meet our current volunteers:

Thanks to Jenna Beck for leading the Baden Book Worms Kids Book Club, for ages 7 to 9, which meets monthly from October to May. There are 11 children in this club, who have been reading many different book genres and formats. They keep Jenna busy and enjoy participating in activities, crafts, and games related to each month's book read.

Thanks to Kaitlyn Bilton who helps with the Baden Book Worms, as well as other special children's events during March Break, Christmas Break, and Summer Reading Club. Kaitlyn keeps our movie days running smoothly!

Thank you to Robert Hanson for leading the Awesome Book Club (aka ABC), for ages 10 to 12, which meets once a month from October to May. There are 13 kids in this club, and we are not sure who has more fun - the kids or Robert!

Thanks to Ally Schuller who helps with the Awesome Book Club, and helps with shelving whenever her busy schedule allows!

Thanks to Angela Collins who not only helps to shelve books once a month, but loves doing it!

If you are interested in helping with a kids' book club, have a special talent to share, or wish to volunteer in any capacity, please speak with Chris Baechler. More information and the volunteer application form are available on our website, rwlibrary.ca under the heading "About Us."

Spring Storytime Programs

Baby & Me – for parents and babies 0 to 11 months

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Wonderful Ones – for parents and 1 year olds

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Toddler Tales – for parents and 2 year olds

Tuesdays: 10:15-10:45 a.m. or 11-11:30 a.m.
Stories, songs, rhymes, and activities!

Storytime - for children ages 3 to 5

Tuesday or Thursday mornings: 9:15-10 a.m.
Stories, songs, games, and crafts!

Technology Training on Tuesdays

Need help with your computer, tablet, or ereader? Book a free hour-long session with our computer coach for one-on-one assistance. The following Tuesday dates are available this spring: April 5 & 19, May 3 & 17, and June 7 & 21.

Forest of Reading for Adults

The **2016 Evergreen Award** nominees have been announced. Read at least five of the 10 books to be eligible to vote for your favourite. See the complete Forest of Reading Books list on our website.

Cards and Fobs

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Registration & General Information

Registration for library programs begins Tuesday, March 8 at branch opening. Programs, unless stated otherwise, begin the week of April 5 and run for eight weeks.

Library programs are free and require advanced registration, unless otherwise indicated. Register online, by phone or in person. Space is limited. Please note that the library no longer accepts email registrations. For more information regarding programs or registration, visit rwlibrary.ca.

Questions? Contact the Baden library branch at:

519-634-8933, badenlib@regionofwaterloo.ca or visit rwlibrary.ca.

*Chris Baechler, Assistant Supervisor
Baden Branch--Region of Waterloo Library*

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Local University Students Help Baden Girl Guides Earn Their Engineering Badge

The University of Waterloo Alternative Fuels Team (UWAF) is a team of Engineering students from University of Waterloo and Business students from Wilfrid Laurier University participating in the EcoCAR3 competition. Sponsored by General Motors and the U.S. Department of Energy, the EcoCAR3 competition challenges student teams to redesign a 2016 GM Camaro into a hybrid vehicle. In addition to UWAF's technical goals, the team also strives to promote broadened participation and diversity in science, technology, engineering, and math (STEM) fields by engaging and educating local youth who are currently developing interests academically.

On Wednesday March 2nd, 2016, UWAF hosted 16 Baden Girl Guides aged 11-12 at their team workspace at the University of Waterloo Student Design Centre (SDC). Following the Girl Guides curriculum, UWAF mentored the girls through six required activities that included learning about Engineering, careers in STEM, basic knowledge of engine components including a circle check of the Camaro, creating a chemical reaction by making homemade slime, and using craft and construction kits to build simple machines. These activities were specifically designed to educate and inspire the girls, encouraging them to consider STEM areas of study as they enter post-secondary school within the next few years.

The event was so much fun, and the girls' excitement and smiles were contagious. At the end of the evening, UWAF had the privilege of granting the Girl Guides with their Girl Guides Engineering badge!



The girls are very proud to be showing the certificates they made and their new Engineering badge.



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Waterloo-Oxford Recipients of the Wilmot Youth Optimist Achievement Award

These awards bring recognition to youth that have demonstrated exemplary behaviour, made positive contributions, and as a result, could be considered role models for others. These are individuals who display a positive attitude, strong work ethic, respect and compassion for others, and generally set a good example for their peers.



Award Winners: Sarah Ehgoetz and Mitchell Weber



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Baden Outlook Hockey Pool Stats

ADULTS			KIDS		
Place	Name	PTS	Place	Name	PTS
1	Breanna Hopiavuori	688	1	Meghan Hopkins	671
2	Hannah Litwiller	685	2	Ayden Ziegler	649
3	Amy Papa	672	3	Sheanne McGrath	634
4	Arlene Naumann	659	4	Laceylee Egli	625
5	Doreen Dean	657	5	Adam Hoerle	624
6	Chris Woods	648	6	Jordan Hopkins	622
T7	Jon Snook	646	7	Evan Hopkins	618
T7	George Gilbey	646	8	Justin Nelson	615
9	Jessica Kumornik	645	9	Rhett Calder	613
10	Jessie Gingerich	640	10	Finlay Johnson	610
T11	Michelle Ruston	639	11	Colton Porchak	609
T11	Jeff Miller	639	T12	Dallas Egli	608
T13	Brooke Bechthold	637	T12	Jamie Hoerle	608
T13	Emily Danard	637	T14	Vance Hallman	607
T15	Brenda Carney	633	T14	Aiden Kropf	607
T15	Julia Litwiller	633	16	NH Girl Guide Unit	604
17	Justin Reiber	631	17	Tyson Ruston	603
18	Chazen Snyder	629	18	Nash Ferguson	600
19	Ken J. Schmidt	628	T19	Lashaedyn Faulkner	599
20	Beth Gilbey	627	T19	Kohen Patten	599
21	Brett Gardner	626	T19	Nathan Huck	599
T22	Rob Leu	625	22	Blake Aubree Schwartz	595
T22	Patt Miller	625	23	Erin Rooney	591
24	Michelyn Routhier	624	24	Joey Durrer	590
T25	Tyler Naumann	621	25	Hudson Waechter	589
T25	Brad Habel	621	T26	Ben Ziegler	585
27	Scott Butchart	619	T26	Ciera Hilborn	585
28	Wayne Stewart	618	28	Nate Gardner	583
29	Jeff Arthur	617	29	Calob Heinbuch	581
T30	Angie Hallman	616	T30	Aiden Heinbuch	580

Congratulations to
Doreen Dean for taking the
Adult Leader Prize for this



month's Hockey Pool, winning a
gift certificate from EJ's Baden Hotel
(Sorry Breanna, Hannah, Amy, Arlene, Meghan & Ayden
but you can only win the leader prize once)

The leader of the Kids' Hockey Pool is
Sheanne McGrath, winning a gift
certificate from Riverside Lanes.

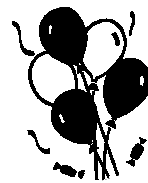
The lucky random draw winner is
Brett Fraser winning a
Baden Outlook jacket.



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To follow the stats, log on to our website at www.badenoutlook.com click on sports pool and select "hockey." Once in the site select login your pool (adult pool is outlookhockey and kids pool is outlookkids); both pools have a password of guest. Have Fun and Good Luck!



Wilmot Wolverine Atom LL's Are Silver Medal Winners in Three Tournaments

The Wilmot Wolverine Atom LL girls hockey team has had a very successful season so far, earning silver medal finishes in three separate tournaments. The team participated in the North Halton Twisters Fall Classic in November and came home with the silver after a close overtime loss to the SCFHA Brock Jr. Badgers team in the Championship game.

In January, the Atom LL Wolverines collected another silver medal in the 9th annual Kyla Kowalik memorial tournament, hosted by the Wilmot Wolverines Girls Hockey Association. Again, the Wolverines made it to the Championship game, where they lost by just one goal, again in overtime. The third silver medal finish for the Wolverines came in the Cambridge Roadrunners Tournament held January 22-24th. The Wolverines fought a hard battle against a strong South Huron Sabres team in the final game but came away with the silver.

Great team effort by all team members!



Wolverine Atom LL team members include: Rowyn Burns, Allison Allan, Olivia Burns, Lauryn Porchak, Selyna Burns, Kirsten Segeren, Emmie Fronchak, Kasey Livingstone, Faith Appleton, Sykora Waechter, Oceana Nelson, Ada Bender, Maeve Campbell, Jadyn Dolbeck, Kya Gallian, and Natasha Honderich.

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Question of the day—brought to by Devon Grainger:

- ⇒ When people from France swear.. Do they still say "Pardon my French"?
- ⇒ How do you know when you're out of invisible ink?
- ⇒ When sign makers go on strike.. Do they write anything on their picket signs?
- ⇒ If a fork is made of gold.. Is it still considered silverware?
- ⇒ if a kid refuses to sleep during nap time.. Can they be charged with resisting a rest?

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Waterloo Oxford D.S.S. Has Much to be Proud of!

Congratulations to the W-O Alpine Ski Team on their medals at WCSSAA. The team competed at Beaver Valley in WCSSAA on Friday, February 12, 2016.

The Girls' Team earned Gold in Level One. Our Boys' Team won Bronze in Level One. Waterloo-Oxford brought home silver in the Combined Level One WCSSAA Alpine Skiing! A special congratulations goes to Megan Walls on her bronze medal finish in Level One. Well Done by All!



Bronze Medal Winner Level One - Megan Walls



Girls' Photo - L- R: Mallory Silverthorn, Alex Hallman, Laik Sweeney, Megan Walls, Brianna Mayo, Madison Biggin, Emelia Rudnick and Dana Hallman
Missing from photo: Natalie Mechalko



Boys' Photo - L-R: Jon Pavey, Evan Rolleman, Bernhard Wurzbacher, Will Eddy. Missing from photo: Zack Kryz

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TRIVIA QUIZ ~ Answers on page 36



There are only nine questions.
These are not trick questions. They are straight questions with straight answers.

1. Name the one sport in which neither the spectators nor the participants know the score or the leader until the contest ends.
2. What famous North American landmark is constantly moving backward?
3. Of all vegetables, only two can live to produce on their own for several growing seasons. All other vegetables must be replanted every year. What are the only two perennial vegetables?
4. What fruit has its seeds on the outside?
5. In many liquor stores, you can buy pear brandy, with a real pear inside the bottle. The pear is whole and ripe, and the bottle is genuine; it hasn't been cut in any way. How did the pear get inside the bottle?
6. Only three words in standard English begin with the letters "dw" and they are all common words. Name two of them.
7. There are 14 punctuation marks in English grammar. Can you name at least half of them?
8. Name the only vegetable or fruit that is never sold frozen, canned, processed, cooked, or in any other form except fresh.
9. Name 6 or more things that you can wear on your feet beginning with the letter "S."

Submitted by Bruce Bousher

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The High Cost of Marijuana Use for Teens ~ By Melodie O'Connell MSW RSW



One of the trends that has become apparent over the past two decades is the increase in marijuana use among our teen population. It is the most widely used illegal substance, with 10% of the North American population using it, the majority of the users being between ages 16 - 35. There are a number of reasons why this trend is occurring. Marijuana is a recreational and social drug that allows people to experiment if they choose, while not necessarily feeling as pressured to try it. Many teens will use this drug because they feel it has a positive impact on their interpersonal relationships, and it eases their nerves in social situations, making them feel more comfortable. For those with low self-esteem, depression or anxiety, it can be quite appealing as it may temporarily relieve their afflictions and have a positive impact on mood, helping them to feel more accepted by others.

Two main components make up marijuana: THC is the main psycho-active ingredient within marijuana. It triggers an increase in dopamine in the brain. Dopamine is responsible for controlling our mood, cognition, attention, and learning. An increase in dopamine can make us more aware, but it also can lead to hallucinations. The levels of THC found in marijuana today are much more potent than in years past. Marijuana also contains another substance called Cannabidiol (CBD). CBD has been found to have an anti-psychotic effect, meaning it can offset some of the negative effects of the THC. However, in recent years THC has increased in marijuana, and CBD has decreased, resulting in an increase in harmful properties and a decrease in protective properties of marijuana.

A number of risks are associated with regular marijuana use. Many teens who struggle with depression and anxiety will use marijuana to cope with their mental health symptoms. Although teens will say that it helps them to calm down or ease symptoms of anxiety, for some teens it may actually increase their anxiety symptoms. Those who struggle with depression and use marijuana may find it interferes with their ability to stay focused and motivated, leading to further levels of depression.

A lot of discussion abounds around the relationship between marijuana use and psychosis, and the possible link between marijuana and schizophrenia. If someone ingests a large amount, he or she may experience symptoms of psychosis including hallucinations, delusions, or bizarre thoughts and behaviours. It is believed that individuals who have a higher risk of developing a mental health issue due to family history, trauma, abuse, or ongoing stress are

at an increased risk of developing psychosis or schizophrenia with regular marijuana use. Documentation supports the fact that, for 25% of individuals with schizophrenia, smoking marijuana as a teen is the cause. The risk of experiencing psychosis as a result of marijuana use increases 4x for a person under the age of 16.

Youths between the ages of 11-16 are particularly vulnerable, because marijuana can interfere with normal brain development. Interrupting this process can increase the risk of psychotic symptoms and therefore increase the risk of developing schizophrenia in adulthood. The risk of developing schizophrenia increases based on the frequency of use and the age that an individual started using this substance.

When choosing to use marijuana, it is important to know the risks associated with it. If you notice that you are using marijuana as a way to cope, this is a sign that something needs to be addressed. Be aware that there is help available to you. You can contact your local counselling or addictions agency or Here 24/7 @ 1-844-437-3247 to access help right away.

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BADEN PROUD: I recently moved back to the area after many years away, and just wanted to say how very thankful I am that I moved to Baden! I am so enjoying the small community and the many good people I have met in my short time here. Baden may be small, but is made up of many warm hearts!

I would like to give a special "shout out" to the good people at Baden Feed and Supply. In full disclosure, I have to say that my daughter works there but want to say that the Scheerer brothers, Tim and Roger are just super great guys. They have been wonderful to me in so many ways as I get settled but just, very plainly, good and kind to all.

I have some beautiful flowers and a "BADEN PROUD" [true] story to share with you.

Recently, a man from the Hamilton area driving on Hwy 7&8 towards Lake Huron area exited here in Baden to get gas. He realized in short order that he had forgotten his wallet and phone at home, many miles behind him. He stopped at a local business and, briefly explaining his situation, asked to use the phone to call his wife. The counter attendant gave him the phone to use, but as it was ringing she asked if \$10 would help him. She had \$10 in her car. On her way to retrieve it, she stopped at her boss's office to let him know she was briefly leaving the counter unattended. Because the Scheerer brothers are such good people, Tim said to give him \$20 from

the till. The gentleman was just astounded at their generosity to a complete stranger, and with eyes watering, repeatedly said he would return the money. Later that day, he did return with the \$20 as well as a beautiful bouquet of flowers for the kindness and generosity shown!



I was in the store a little later, admiring the flowers, identifying each in the beautiful bouquet by name. The young lady tried to encourage her boss to take the flowers to his wife; after all it was his \$20. He refused, saying they were hers. Knowing my love of flowers, she in turn gave me the bouquet to take home and enjoy. How beautiful and generous! This is the bouquet that is warming my heart, but even more so, my heart is bursting with pride and love for my beautiful and very giving daughter, Megan Dell, the counter attendant that day. Her generosity and good nature has travelled and spread far with her small act of kindness, and I am so proud of her. We all have heard that it is so much better to give than receive, and doesn't this just prove it! She made a better day for the stranger and his family, her boss and coworkers, her mom And, I am sure, herself.

We can all make a difference, by simply showing kindness to one another.

Submitted by Betty-Anne Field



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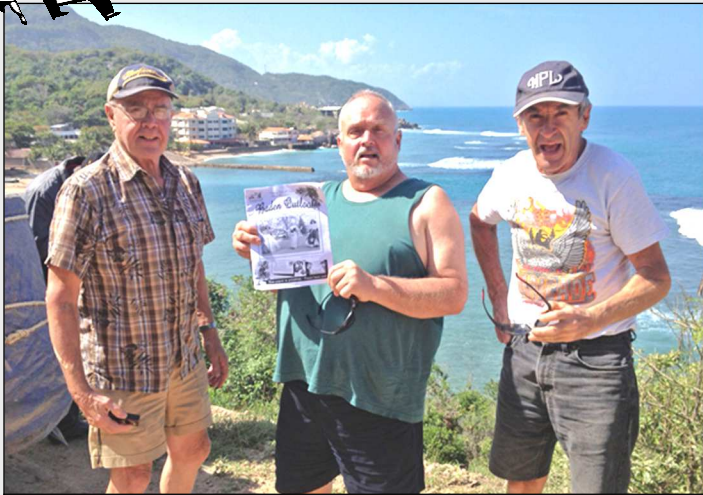


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Wow! More exciting destinations as *The Baden Outlook* continues to travel ...



Mahlon Gingerich with the Baden Outlook on a mission trip through MCC & World Partners to Haiti with Larry Wagler and Irvin Reist, sends his thanks to his friends and sponsors!



Jim and JoAnne Brodie from Foxboro Green, with the Baden Outlook and elephants in Thailand.



The Baden Outlook went along with sisters Mary Lou Murray and Maureen Kelly, *aka Thelma and Louise*, on a trip to Sunnybreeze Harbor in Florida to visit their parents Keith and Rita Kelly.



Linda Found (right) from Stonecroft travelled with her sister Janet to Punta Cana, Dominican, and took their Outlook along to the Beach Restaurant.

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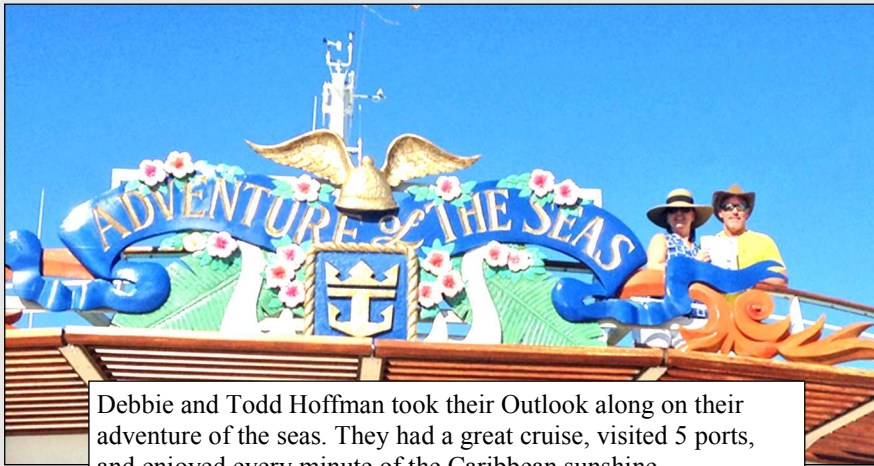
...To Florida, Haiti, Thailand, Punta Cana, India, Mexico, and a Caribbean Cruise!



Marlene and Tom Knezevich took their Outlook along on a trip to India, in Kerala Backwaters, south India, on a Houseboat (converted rice boat) tour.



Sean, Deanna, Braedyn, and Ryland Carney at Crown Paradise resort, Puerto Vallarta, Mexico.



Debbie and Todd Hoffman took their Outlook along on their adventure of the seas. They had a great cruise, visited 5 ports, and enjoyed every minute of the Caribbean sunshine.



Three generations of the Hannon-Ruttan family of New Hamburg gathered for a vacation in the Florida Keys along with their Outlook. Back: Jen Velagic (friend), Gina, Garry and Craig Ruttan Front: Kyle Ruttan, Elsie Hannon of Morningside, and Sheila Hannon.



Don't forget to pack your Baden Outlook when going on vacation!

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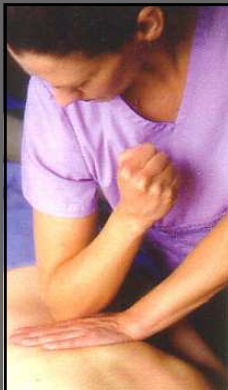
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Cook's Corner

Grunt and slump are two words used to describe....

- A. Your husband
- B. A cooking disappointment
- C. A baked fruit dessert
- D. A pig with bad posture

The answer is C—a baked fruit dessert.

They have been and are still called by various names such as cobbler, tart, pie, torte, pandowdy, grunt, slump, buckles, crisp, croustade, bird's nest pudding, or crow's nest pudding. They are all simple variations of cobblers, and they are all based on seasonal fruits and berries; in other words, whatever fresh ingredients are readily at hand. They are all homemade and simple to make, and rely more on taste than fancy pastry preparation.

Grunts, pandowdy, and slumps are Canadian Maritimes and New England varieties of cobbler, typically cooked on the stovetop or cooked in an iron skillet or pan, with the dough on top in the shape of dumplings—they reportedly take their name from the grunting sound they make while cooking. Baking these fruit dishes has become more common.

Check out this **Blackberry Apple Grunt** (cobbler) ...warm, tasty comfort food!

Sourced from Wikipedia and the Food Network

INGREDIENTS:

- 1/4 cup butter, softened
- 1/3 cup sugar
- 1 cup sifted all-purpose flour
- 2 teaspoons baking powder
- 1/4 teaspoon salt
- 1/2 cup milk
- 2 cups blackberries
- 1 cup diced apples
- 1/2 cup sugar
sugar for sprinkling

PREPARATION:

Cream butter and 1/3 cup sugar until light and fluffy. Sift together the flour, baking powder, and salt. Add dry ingredients to creamed mixture alternately with the milk; beat until smooth. In a separate bowl, combine blackberries, apples, and 1/2 cup sugar. Put fruit mixture in a buttered 9-inch round cake pan. Pour batter over the fruit. Sprinkle with a little sugar. Bake at 375° F for 45 to 50 minutes. Serve with cream or ice cream



The Grunt is delicious no matter fruit you may choose!



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Keeping the Community Connected



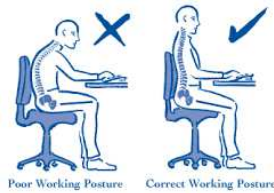
An ideal posture allows an individual to maintain an efficient, strong, and balanced position while interacting and adapting to their physical environment. Good postural habits can help decrease abnormal and excessive physical strain on the body, thereby minimizing the chance of injury.

Unfortunately, modern technology has significantly influenced our daily postural habits, which has resulted in having people **sit more often** and **for longer periods of time**. Individuals exposed to these sitting positions may adopt a poor posture that includes losing the natural hollow of the low back, rounding or slouching of the upper back and shoulders, and a forward head poking position.

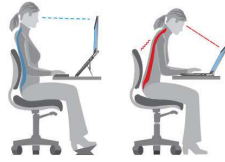
Less than ideal posture puts **cumulative compression, stretch, and shear forces** on the body. The cumulative effects of sitting are often offset by the body's ability to **compensate**. However, even in the absence of pain, these **compensatory** changes may begin a vicious cycle of unbalanced motion, muscle and joint stress, and secondary areas of discomfort. As a result, the physical consequences of chronic poor posture can lead to symptoms such as **muscle and joint stiffness, nerve pain, headaches, shoulder pain, neck pain, upper and lower back pain**.

Listed below are some potential solutions that can minimize the chance of postural injury, specifically as it pertains to the sitting position:

- Pay attention to how you sit** by making sure weight is evenly distributed in your seat, your shoulders are not rounding forward, and you are not slouching. Your head should be resting on your torso and not poking forward.
- Take a break from sitting** with 10 to 30 second stretch or posture breaks every 20 to 40 minutes. Some activities such as computer work, talking on the phone, and business meetings can also be done while standing.
- The use of a **properly designed workstation** (i.e. adjustable chair and desk), along with **ergonomic tools and assistive devices** (i.e. speakerphones, foot stools, lumbar supports) can help maintain mechanically advantageous positions while working in a seated position.



- Avoid unnatural positions** such as looking down, awkward twisting, or slouching for long periods of time as this can cause unnecessary strain. A simple solution may be to bring your smartphone, tablet, or book closer to eye level, or adjusting your seat position to help you maintain a more natural/neutral position.



- Engaging in regular physical activity and exercise can keep your body strong** and help overcome the effects of cumulative strain associated with poor posture. Exercise activities can include general cardiovascular conditioning, along with postural, stretching and strengthening exercises for the neck, shoulders, upper and lower back regions.

Prolonged sitting and poor posture can undeniably cause real physical change and breakdown in the body. If you have ongoing pain as a result of postural strain, you should contact a licensed health professional who deals in the diagnosis and treatment of these conditions. For more information visit www.nhwc.ca.

This article is a basic summary for educational purposes only. It is not intended, and should not be considered, as a replacement for consultation, diagnosis or treatment by a duly licensed health practitioner.



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You Must Be Joking!!



A 65 year old woman had a heart attack and was taken to the hospital. While on the operating table she had a near death experience. Seeing God, she asked "Is my time up?"

God said, "No, you have another 33 years, 2 months and 8 days to live."

Upon recovery, the woman decided to stay in the hospital and have a face-lift, liposuction, breast implants and a tummy tuck. She even had someone come in and change her hair color and brighten her teeth! Since she had so much more time to live, she figured she might as well make the most of it.



After her last operation, she was released from the hospital. While crossing the street on her way home, she was killed by an ambulance.

Arriving in front of God, she demanded, "I thought you said I had another 33 years? Why didn't you pull me from out of the path of the Ambulance?"

God replied: "Oh my, I'm so sorry, I didn't recognize you!!"

Submitted by Robert Price



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* Check in for updates*

Appointments on Monday, Thursday Friday

You Must Be Joking!!



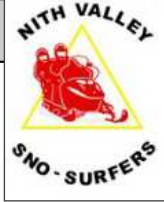
Airline Announcements:

- The stewardess announced, "People, people, we're not picking out furniture here, find a seat and get in it!"
- On landing, the stewardess said, "Please be sure to take all of your belongings. If you're going to leave anything, please make sure it's something we'd like to have."
- During the pre-flight instructions the stewardess explained "There are 4 exits, if you don't like your seat you may leave now."
- "Your seat cushions can be used for flotation; and, in the event of an emergency water landing, please paddle to shore and take them with our compliments."

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Are you convinced that snowmobiling season is over? Or that it never started? We did get very close to opening several times this year, but continuing mild spells melted the trail base. While this season has not been favourable to our local clubs in the Golden Triangle, there were active areas for snowmobiling within a relatively short driving distance. London got hit big time with snow, while Ottawa and area had open trails most of the season.

I got in a few days of snowmobiling around the Mitchell trails, and I was also invited to go north to the town of Haliburton for a week of sledding. Haliburton was beautiful, with great sledding. I also had many opportunities to trailer my sleds to Owen Sound and areas around the Muskokas; again, all within a relatively short driving distance.

As of today, the interactive trail guide shows over a third of our 30,000 km of trails are still open, so the sport of snowmobiling is still alive and well in Ontario, just not here.

Several years ago, the OFSC made a risky decision to reduce trail permit fees from around \$250 a season down to \$180 for people who purchased permits online before the end of November. By lowering fees, the OFSC was successful in increasing the number of trail permits sold over the following years. It seemed that, at \$180, sled owners were willing to take a chance and purchase the permit without knowing how good the season would be. Lower fees also helped reduce the

amount of sleds that tried to sneak around the trails for free.

If we didn't get to use our local trails this year, I'm guessing we will have a shot at it next year. Good years alternate with bad, in our area; in past years we were open for two days one year and not at all for another.

As a Club volunteer for Nith Valley Snosurfers, I found building our trails wasn't a loss or waste of time, even in a poor season. Doing so gave us the opportunity to tune up our trails for a better snowmobiling experience when it does come. Members had days out in the fresh air and in the bush, and also got to hang out at the clubhouse for fellowship and family time—all good.

Permit money still gets put to good use: groomers have to run in order to prepare the trails even if they don't open. The groomers are used for a process called land levelling, which is done after the crops come off, and before the frost and snow arrive. Groomers run their machines over the trails to smooth out harsh-plowed fields and roll down corn stock stubble. Groomer costs remain, even in a season like this year's. Excess funds end up coming back in future years as upgrades to the trail system.

To get involved or become a member go to our website: nithvalleysnosurfers.com



Baden Real Estate Corner

"Jon always worked for my benefit. Honest Real Estate agent that truly understands your needs." - Gail G.

Residential Sales off to a Great Start for 2016! According to the KW Association of Realtors (KWAR) residential sales through the Multiple Listing System (MLS®) are **up by 29.5%** compared to January of last year. Home sales haven't slowed down this winter compared to the sluggish sales from the past few winter seasons. Likely because of there being less ice and snow this year keeping people from going out to look at homes. With interest rates holding steady it is expected to be a strong spring market!

2016 vs. 2015 January Residential Sales Comparison (KW & Area) -KWAR

	January 2016 Sales	2016 Average Sale Price In January	January 2015 Sales	2015 Average Sale Price in January
Total Residential	309	\$353,514	238	\$326,734
Single Detached	205	\$409,101	154	\$370,393
Condominium	67	\$215,464	51	\$233,301
Freehold Town-home	21	\$311,509	16	\$277,162
Semi-Detached	14	\$283,966	17	\$258,184

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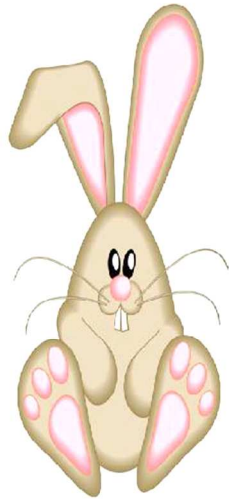


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You Must Be Joking!



Out of the mouths of babes ~

Teacher: How old is your father?

Kid: He is 6 years.

Teacher: What? How is this possible?

Kid: He became a father only when I was born.

TEACHER: Maria, go to the map and find North America.

MARIA: Here it is.

TEACHER: Correct. Now class, who discovered America?

CLASS: Maria.

TEACHER: Donald, what is the chemical formula for water?

DONALD: H I J K L M N O.

TEACHER: What are you talking about?

DONALD: Yesterday you said it's H to O.

TEACHER: Clyde, your composition on "My Dog" is exactly the same as your brother's. Did you copy his?

CLYDE: No sir, It's the same dog.

TEACHER: Harold, what do you call a person who keeps on talking when people are no longer interested?

HAROLD: A teacher



Submitted by Robert Price

"Get It Together" ...with Donna & Rhonda

Time to evaluate your closet space. Look at it with a fresh eye! Ask yourself some questions:



Could I add/remove shelves to make everything more accessible?

Should I raise or lower any bars? Add another bar?

Is there any room to add hooks?

Do I have effective lighting?

Do I have TOO many empty hangers taking up space?

Shoes, belts, scarves with no proper place?

Could I store my out of season elsewhere?

Are you a list maker? Is it your intention to get to those things you don't have time to do? Once you have completed your list, decide how important it is to accomplish it. Is it on your list because someone asked you to do it? Is the reason you don't accomplish it because it is not deadline driven? What are you doing instead? Is there a "time waster" or an "energy drainer" in your normal routine? Make a commitment to get to some of these special things that you never have time to do! Plot out some regular time of your schedule to "just do it"!

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"Additional Location in Stratford"



The New Dundee Board of Trade is hosting a workshop for small businesses to learn about internet marketing.

The workshop, intended to be a local community event, is a half day workshop at the New Dundee Community Center on April 29th, 8:30-Noon costing \$49.



Online registration and payment can be made at www.newdundeem.ca.

If you have any questions please call Glenn at 519-696-2327

A Women's Day
(for women of all ages)
SATURDAY April 2, 2016

TOPICS

**Mental Health - Open Minds
Improve & Maintain Emotional Health of Women**

**Signs of Spring - Floral Design
Showcasing Artifacts
Past to Present**

From Country Heritage Park

Presented by

Waterloo District Women's Institute

**At Bethel Evangelical Missionary Church
1531 Bridge Street W., New Dundee**

For more information call 519-578-9876

Another Cool Move

This space is generously donated by Erb Transport to support community events

**Keep the *Miracles* Flowing
Blood Donor Clinic**

New Hamburg
Royal Canadian Legion Branch 532
65 Boulee Street, New Hamburg
Monday, March 14, 5 p.m. to 8 p.m.
Sponsored by: Morningside Village



Canadian Blood Services
it's in you to give

Steinmann Mennonite Church
1316 Snyder's Rd. W., Baden
Monday, April 25
2 p.m. - 8 p.m.

T.O.P.S. ~ (Take Off Pounds Sensibly)

We are a support group for weight loss
Meetings are held on Tuesday evenings
St. James Lutheran Church, 66 Mill Street, Baden
Weigh-ins at 6:30 pm followed by a short meeting
For more information call 519-634-5226
Everyone Welcome

New in the Neighbourhood?

If you are new in the neighbourhood, call us to receive your gifts and learn about your community.

Local Representative: Marlene Brenneman
Welcome Wagon Representative
519-591-5963 marlene.brenneman@gmail.com



Hey! Kids, ages 4-10
You are invited to...

F.R.O.G



Tuesdays, 6:30-8:00 pm
Baden Public School

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Everyone is welcome!

contact Sean at
pastor.westhills@gmail.com or
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BADEN OUTLOOK

Keeping the Community Connected

Baseball Pool



*Ok sports fans—Let's play ball!
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Upcoming Groups & Events

ICC strengthens the fabric of our community by equipping individuals, couples, and families to realize emotional wellness and triumph over life's challenges.



Adult Bereavement Support Group:
Starting Monday March 21st, 7-8:30 pm
Weekly for 8 weeks

Support for Parents & Families

Support Group for Caregivers Dealing with Teens & Substance Abuse: Tuesday March 1st & April 5th, 7-8:30 pm

Mental Health Workshop Series:
Supporting those who Self-Harm, Tuesday March 22nd, 7-8:30 pm
Supporting Children & Youth Impacted by Separation/Divorce, Tuesday April 19th, 7-8:30 pm

These programs are offered in partnership with Wilmot Family Resource Centre.

Side by Side Peer led support group for families bereaved by suicide:
4th Wednesday of every month

Workshops

Mindfulness: Strategies to cope with stress and anxiety.
Thursday March 31st, April 7th & 21st, 6:30-8:30 pm
Cost: Free to join, \$25 for take home workbook

Beyond I Do! : Preparation course for those entering into marriage or committed relationship
April 1st 6-9pm – April 2nd 9am-4pm
Cost: \$175 per couple – lunch and workbook incl.
Some costs of this course may be covered through your Employee Assistance Plan (EAP).

Events

Annual General Meeting/Open House: Tuesday March 8th
Annual Silent Auction: Saturday April 30th
Ladies Night Out: Thursday June 9th

Contact the office for additional program information and registration 519.662.3092 or interfaith@golden.net



“For it is giving that we receive” - St. Francis of Assisi

Volunteers are special to our community regardless of where they volunteer or what they do. Communities are always stronger when we all work together, interacting with our neighbours, with a common goal.

Volunteer Appreciation Week (April 10-16) is certainly a special week for us at the New Hamburg Thrift Centre, one of the largest volunteer-run operations in our area. Over 385 volunteers regularly come to the Thrift Centre to tackle a variety of tasks such as sorting, pricing, and displaying the numerous donations we see every day. We also have volunteers clerking, weaving recycled mats, working in our woodshop, assisting customers on the retail floor, metal recycling, and much more. We also appreciate our valued donors who volunteer their time to bring us excellent quality donations. It would be impossible to accomplish all of this without them. We are often astounded by the commitment of time, energy, and generosity these people bring when they show up week after week, expecting nothing in return.

To all of our hard working volunteers, we sincerely thank you!

This hard work pays off in the lives of many around the world. Mennonite Central Committee works alongside local churches and communities in more than 50 countries (including Canada and the United States) to carry out disaster relief, sustainable community development and justice, and peace-building work.

Tom Brokaw, an American television journalist, sums it up so simply: ***It's easy to make a buck. It's a lot tougher to make a difference.*** Together we are making 'bucks' and a difference!

For more information about volunteering visit www.newhamburgthrift.com.

New Hamburg Thrift Centre
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www.newhamburgthrift.com



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IRISH BLESSING ~

*May the road rise to meet you.
May the wind be always at your back.
May the sun shine warm upon your face.
And rains fall soft upon your fields.
And until we meet again,
May God hold you in the palm of His hand.*



You Must Be Joking!!



Church Ladies with Typewriters!

- ◆ At the evening service tonight, the sermon topic will be "What is hell?" Come early and listen to our choir practice.
- ◆ Eight new choir robes are currently needed due to the addition of several new members and to the deterioration of some older ones.
- ◆ Please place your donation in the envelope along with the deceased person you want remembered.
- ◆ Potluck supper is Sunday at 5 p.m. with prayer and medication to follow.
- ◆ The ladies of the church have cast off clothing of every kind. They may be seen in the church basement on Friday afternoon.
- ◆ This evening at 7 p.m. there will be a hymn singing in the park across from the church. Bring a blanket and come prepared to sin.

Submitted by Marion Cook

Saturday Night at the Movies
Wilmot Mennonite Church, 2995 Bleams Road

March 19th at 7:00 p. m. Featuring~
“The Way Home” Based on a true story.

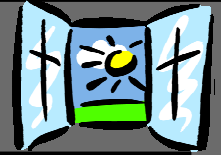
A missing child. A family in crisis. A faith tested.

As Randy and Chris prepare for their vacation, their young son Joe comes up missing. After a search of their house and area, they call authorities to help along with friends and family. As a viewer you will feel the panic as it sets into this couple and those involved in the search. This is a heart-wrenching story about a family and their community. The DVD takes the viewer into the thoughts and feelings of the parents, family members and friends of the community who help scour the area for this lost little boy. This is an excellent story of faith, family, and community portrayed during an emergency and a time of need.

Free admission. Nursery available but not staffed.
Bring a snack for yourself - Drinks provided.
For further information call (519) 584-7089

Local Churches Invite You to Join Them

Please visit www.badenoutlook.com for a directory of local churches.



WILMOT MENNONITE CHURCH

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Worship Service 9:30 a.m. ~ Christian Formation: 11:00 a.m.

Pastor Dave Roglasky

519-634-5030 www.wilmotmennonite.ca

ST. JAMES LUTHERAN CHURCH

66 Mill Street, Baden ON

519-634-5191 joanna.e.miller@gmail.com

Pastor Joanna Miller

Sunday Worship 9 am / Sunday School

Wilmot Centre Missionary Church

2463 Bleams Road—corner of Bleams & Sandhills Road

Services at 9 & 11 am, Children's Worship 11:15 am

Rev. Wayne Domm, Dr. Rob Gulliver, Youth Director Jason Erb

519-634-8687 www.wilmotcentremc.ca

West Hills Fellowship

Sharing space at St. James Church, 66 Mill Street, Baden ON

Pastor Sean East / pastor.westhills@gmail.com

519-634-4993 office.westhills@gmail.com

Sunday School 9 am, Fellowship 10 am, Worship 10:40

SHANTZ MENNONITE CHURCH

2473 Erb's Road, Baden, Ont N3A 3M3

Phone: 519-634-8712 / Email: office@shantzmc.ca

Pastor: Don Penner

Worship Service - 9:30 am Christian Education - 11:00 am

Livingston Presbyterian Church

44 Beck Street, Baden / 519-662-4949

Hymn Sing 9:45 am ~ Worship to follow at 10 am

Rev. John Deyarmond—519-747-9902

Steinman Mennonite Church

1316 Snyder's Rd. W. (at Nafziger Rd), Baden

Sunday Worship 9:45, Sunday School 11:00 am

Phone: 519-634-8311 / www.smchurch.ca

Emmanuel Lutheran Church

1716 Snyder's Road East, Petersburg, ON

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* Wheel Chair Accessible *

Worship Service 9:30 am / Sunday School

Easter isn't Just One Day

Easter Sunday is the great feast day, but it comes as the climax of the preceding Holy Week. This week in the Church calendar commemorates the events that led up to Jesus' death and resurrection. Alongside Easter Sunday there are three other significant days in the week: Palm Sunday, Maundy Thursday, and Good Friday. Holy Week begins with **Palm Sunday**, March 20 this year, remembering Jesus' entry into Jerusalem on a donkey.



Maundy Thursday, March 24, commemorates the Last Supper of Jesus with his 12 disciples. It was during this passover meal that Jesus washed his disciples' feet, predicted Judas' betrayal and his own death, and instituted the tradition of breaking bread and drinking wine in his memory – the Eucharist.

Good Friday, March 25, then marks the beginning of the three days of Easter, commemorating specifically the crucifixion of Jesus. It is a day of mourning in the Church – focussing on Christ's sacrificial life and death.

How is the date for Easter chosen?

Jesus' death occurred just after Passover—a Jewish feast celebrating the liberation of the Israelites from Egypt—and so the Easter date has always been set in relation to the Passover date.

Unlike Christmas, which can reliably be found on December 25, Easter is a moveable feast. Its date is set by the Paschal (Passover) Full Moon – Easter can always be found on the first Sunday after this moon. This will always leave Easter falling on a Sunday between March 21 and April 25.

Source: *Christian Today*



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A black and white portrait of a woman with glasses, smiling, wearing a dark jacket over a light-colored top.



You Must Be Joking!!



SHE HAD FOUR HUSBANDS

The local news station was interviewing an 85-year-old lady because she had just gotten married for the fourth time. The interviewer asked her questions about her life, about what it felt like to be marrying again at 85, and then about her new husband's occupation.

"He's a funeral director," she answered. "Interesting," the newsman thought. He then asked her if she wouldn't mind telling him a little about her first three husbands and what they did for a living.

She paused for a few moments, needing time to reflect on all those years. After a short time, a smile came to her face and she answered proudly, explaining that she had first married a banker when she was in her 20s, then a circus ringmaster when in her 40s, and a preacher when in her 60s, and now - in her 80s - a funeral director.

The interviewer looked at her, quite astonished, and asked why she had married four men with such diverse careers.

She smiled and explained, "I married one for the money, two for the show, three to get ready, and four to go."

Submitted by Robert Price



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Revealing the Treasures from the Wilmot Heritage Fire Brigades

The Wilmot Heritage Fire Brigades have many historical and local items on display at their museum. One notable artifact is a fire extinguisher made by Active Manufacturing (Box W) of Baden Ontario.

Noah Steinmann was Baden's first Fire Chief and was a driving force in establishing the local fire department. He also owned a funeral parlour, furniture store, feed and seed store, Maxwell automobile dealership, and was a licensed embalmer at the location of the Baden Emporium / Farmer's Market location. You can add inventor of a fire extinguisher to that list.



The extinguisher was developed in the late 1920s and had a pricetag of \$2.50. It was a shaker can that contained baking soda and the instructions told the owners to sprinkle the contents on a gas or oil fire. The price tag was hefty for the late 1920s; he was truly an entrepreneur.

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Word search answers from page 10

E	O	E	H	L	N	O	W	U	D	S	A	P	Z	O
V	N	I	L	B	U	D	Y	H	P	A	D	D	Y	E
D	L	O	G	A	S	S	E	N	I	U	G	N	O	F
T	W	E	T	S	H	S	I	R	I	S	Y	A	H	C
N	O	O	Z	S	H	A	M	R	O	C	K	L	Y	P
L	B	P	J	S	Y	D	F	N	N	F	K	F	E	U
Q	N	L	F	P	R	E	C	H	A	U	N	R	Y	R
B	I	L	G	R	E	E	N	N	K	T	H	I	E	E
L	A	C	I	G	A	M	O	R	N	A	U	Y	V	E
S	R	F	F	H	C	Y	O	T	A	T	O	P	R	B
W	I	B	P	O	N	Y	K	C	U	I	S	I	F	H
M	H	Y	T	Y	K	V	O	X	C	M	B	S	E	T

You Must Be Joking!!



Definitions Not Found in the Dictionary:

- ◆ Beauty Parlor: A place where women curl up and dye.
- ◆ Chickens: The only creatures you eat before they are born and after they are dead.
- ◆ Egotist: Someone who is usually me-deep in conversation.
- ◆ Secret: Something you tell to one person at a time.
- ◆ Handkerchief: Cold Storage
- ◆ Cannibal: Someone who is fed up with people.

Submitted by Marion Cook



*Happy St. Patrick's Day
 May you find your pot of gold!*



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"The first day of spring is one thing, and the first spring day is another. The difference between them is sometimes as great as a month." ~ Henry Van Dyke, *Fisherman's Luck*

What I learned from all the workshops!!!

Last spring, I attended a number of the free Naturescaping Workshops offered by the Region of Waterloo. (See 2016 offerings: <http://www.regionofwaterloo.ca/en/aboutTheEnvironment/Naturescaping-Seminars-2014.asp>)

The key ingredients for a low maintenance garden are healthy soil and the right plants. Dan Cooper, who co-wrote *Gardening from a Hammock*, outlined thirteen features:

1. Little or no deadheading: Select flowers that need little or no deadheading, such as rudbeckia.
2. Heat tolerant and drought tolerant, does not fade nor is prone to wilting and mildew. These features allow you to practise benign neglect. Do water until the plants are established and then leave them. Also ensure good air circulation and water early morning, never at night. The best is to use a drip system.
3. Does not need fertilizer or very little, which is a feature of natives or cultivars of natives such as Little bluestem grass. Use compost rather than fertilizer.
4. Requires infrequent or no dividing. Use slow growing perennials and shrubs.
5. Disease and insect tolerant, so check labels (look at deer/rabbit unfriendly plants too).
6. Is non-invasive: Beware of some ground covers. Consider how fast it grows and the area you are putting it in. Lily of the Valley and goutweed will go everywhere! Beside natural areas, avoid all groundcovers that are not native.
7. Long blooming or has nice texture or colour: Look at various colours of ninebark shrub, Japanese fern, sedges, and many others.
8. Perfection is not for lazy gardening.
9. Group plants of like needs.
10. Be realistic about how much time you have to garden!!
11. Plan your purchase: 70% of plants are sold when in bloom and are impulse buys. Arrive knowing your "place," the height, colour and type of plants you want. Use off-peak hours to speak to nursery experts. Read the labels and research plants online.
12. Naturalizers: Try planting daffodils instead of tulips since daffodils will slowly spread (naturalize) while many tulips will need to be replaced after a few years. Some species of tulips such as *Tulipa turkestanica* and *tarda* naturalize well.
13. Little or no pruning: Golden foliage shrubs tend to grow more slowly; seek dwarf varieties.



Recommendations from the City of Guelph: <http://guelph.ca/living/house-and-home/yard-and-garden/healthy-landscapes/landscape-planning/plant/native-drought-tolerant-plants/>

Get your kids involved in gardening with WHS programs: <http://www.gardenontario.org/site.php/wilmot/about/programs/?ID=779>



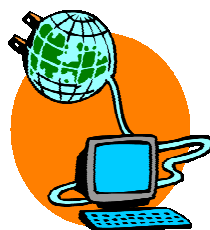
Wilmot Horticultural Society's upcoming meeting on April 11th at 7:30 pm features Anita Buehner from Bonnie Heath Estate Lavender Farm and Winery, an eco-, agri-tourism destination, providing a small farm experience through culture and education from field to final product. **Mark your calendar: Wilmot Recreation Centre, upstairs in Meeting Room A.** The free meeting concludes with a 50/50 draw (bring your loonie or toonie), door prizes, and a social with tea/coffee with snacks. Membership is \$12 per person, and only one of the many benefits is a 10% discount at the local nurseries and some other vendors.

Get your fingernails and knees dirty!

www.gardenontario.org/site.php/wilmot email: wilmothortsociety@gmail.com

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You Must Be Joking!!



I'm passing this on because it worked for me! A doctor on TV said that in order to have inner peace in our lives, we should always finish things that we start. Since we all could use more calm in our lives, I looked around my place to find things I'd started and hadn't finished. So, I finished a bottle of Merlot, a bottle of Chardonnay, a bottle of Baileys, a bottle of wum, the remainder of my Valiuminun scriptins, an a box a choclutz. Wuz grate adviz—yu has no idr how fablus I feel rite now. Be sur to share thiz wit yur frenz and telum u luvum.



Submitted by Bruce Bousher

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Answers To Quiz from page 17



1. Boxing.
2. Niagara Falls—The rim is worn down about two and a half feet each year because of the millions of gallons of water that rush over it every minute.
3. Asparagus and rhubarb.
4. Strawberry.
5. It grew inside the bottle. The bottles are placed over pear buds when they are small, and are wired in place on the tree. The bottle is left in place for the entire growing season. When the pears are ripe, they are snipped off at the stems.
6. Dwarf, dwell and dwindle.
7. Period, comma, colon, semicolon, dash, hyphen, apostrophe, question mark, exclamation point, quotation mark, brackets, parenthesis, braces, and ellipses.
8. Lettuce.
9. Shoes, socks, sandals, sneakers, slippers, skis, skates, snowshoes, stockings, stilts.



Drink is the curse of the land.
It makes you fight with your neighbour.
It makes you shoot at your landlord;
And it makes you miss him.

~ Irish saying



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A GRAND EDWARDIAN LADY REBORN - THE IMPERIAL HOTEL

By Dave Dunford

In 1872, a two-storey hotel was constructed on the main street of the town of New Hamburg, Ontario to accommodate the workers and travelling salesmen who needed temporary housing for this quickly growing industrial town. The hotel's restaurant, lodgings, and livery were said to be amongst the finest in the area. The hotel was constructed of brick which gave it the air of being a grand building in the country. Things were booming for The Imperial Hotel.



And from here on, the story is best left to Marie:

"Several years ago, I began to research the history of the historical buildings in the village of New Hamburg. One of the buildings on my list was Eddy's, the old Imperial Hotel. The owner of Eddy's took me on a tour of the building in May 2013 and I left in awe.

This was the most exciting building I had ever seen. But something else hit me after that tour: if reborn, it would be perfect for seniors.

By 1902, a third storey was added. In 1908, the Imperial needed a much deserved face-lift: the building was painted, interior décor updated and refined, new larger windows were placed, fashionable tin ceilings were added and new staircases built. The Grand Old Lady came back to life once more.

That particular thought had been with me for a few years. My friends and I had often spoken about the need for upscale housing for seniors in the downtown core of New Hamburg – a place where they could live and be close to all the things they needed for their lifestyle. And the old Imperial Hotel was the perfect place. I purchased the building and took possession on March 30, 2014.

As with many small towns in Canada, the end of the Golden Era of prosperity came to New Hamburg after WWI as local industry declined, people moved to the cities for work, and the Provincial Prohibition Act plugged the barrels of pubs. The Imperial stopped being a hotel with accommodation, and the third floor was boarded up.

Almost two years later, the project is still in the works. The old livery and garage were torn down. In their place, an addition was built. There are twelve one-bedroom apartments altogether on the second and third floors.

After multiple owners over the years, The Imperial ceased to be a hotel in all but name in the 1960s, as did most of the small-town inns in Ontario. Travellers were now staying in the new roadside motels, and the small towns being bypassed by the new highways altogether. By the 1980s there were no residents, not even the owner living in the building; the entire main floor had become one big bar. When it was purchased once again in 1982, The Imperial became known as Eddy's.

On the main floor, in keeping with New Hamburg of years gone by, a bakery, a brewery and a restaurant/bar are slated to open in the coming months. These amenities are perfect not only for the residents, but also for the community.

But in 2013, as the old Imperial Hotel seemed destined to be forgotten, a woman with a vision, endless energy, a sense of historical stewardship, and a mission decided to give the fading old hotel a new start. Marie Voisin is determined to breathe new life into The Imperial Hotel as an upscale living residence for seniors.

I have a great love of history, old buildings and seniors. My aims were to restore an important local building, make it useful once again and provide luxury accommodation for people who wanted to downsize yet have everything within a few steps of their residence."

So once again, The Imperial Hotel will become what it was always intended to be – a place of comfort, elegance and living in a beautiful country small town. All thanks to Marie Voisin.

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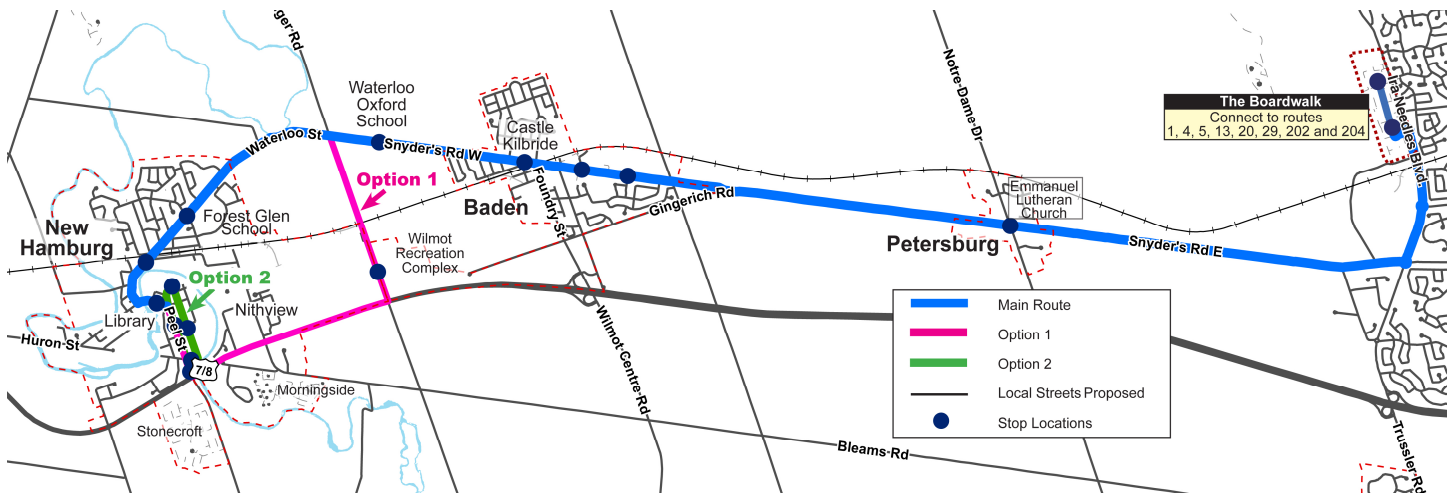


Wilmot Community Transit Pilot

The Region of Waterloo has been awarded funding by the Ministry of Transportation to conduct a one-year Community Transportation Pilot Project in Wilmot Township. The pilot will see Grand River Transit operate transit service between New Hamburg and The Boardwalk in Waterloo. The pilot would run from April 2016 - March 2017.

The pilot will see transit service operate between New Hamburg and The Boardwalk in Waterloo, with stops in Baden and Petersburg. Service will run Monday to Friday for up to 7 hours a day using a busPLUS vehicle. This 19 seat vehicle is fully accessible with a ramp and wheelchair spaces.

One-way travel time will take approximately 30 minutes and passengers will be able to transfer to other Grand River Transit (GRT) routes at The Boardwalk.



Kiwanis Transit and Community Care Concepts will identify opportunities to connect to the new Wilmot Route to allow passengers to continue their trip to The Boardwalk. Flex routing could be introduced in designated areas, allowing the bus to deviate from the fixed route to pick up passengers who call ahead to request service.

Two service options with flex routing have been developed for the route once it reaches New Hamburg, along with the three Transit Pilot Schedule Options.

[Route Option 1 with Flex Routing:](#)

The route will travel as a one-way loop through New Hamburg along Waterloo Street, Huron Street, Peel Street, Highway 7/8 and Nafziger Road back to Snyder's Road. This option would provide service to the Wilmot Recreation Complex in one direction only.

[Route Option 2 with Flex Routing:](#)

The route will travel as two-way service through New Hamburg along Waterloo Street, Huron Street with a smaller loop within New Hamburg along Peel Street and Jacob Street. Another option being considered would be to stay on Peel Street in two directions with a turn-around near Highway 7/8.

The Region of Waterloo held Public Consultation Centres (PCCs) on November 17 and 18, 2015 to gather input on the service options outlined above.

Next Steps

- Review feedback from the public and finalize route design and schedule.
- Recommend service plan to Regional Council.
- Implement bus stops along the route.
- Advertise and promote the route in the Township.
- Begin pilot service in April 2016.
- Service will continue until March 2017 and will be continually monitored and evaluated.
- Depending on results of the trial, a request to fund the service beyond March 2017 will be considered.

Information courtesy of Grand River Transit

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The Baden Outlook Baseball Pool

The Baden Outlook is eager for spring and excited to play baseball—*with you*, that is. Get your strategy caps on, grab a pencil, and check out the list of players below. It's easy to play. Simply check one player from each box and we'll enter the data on the internet to create the stats. One point will be given for each home run for the players. This year we have two boxes for pitchers - each win by a pitcher gives them two points. We have listed players with their home team and the home-run stats, and pitchers with their wins from last season. Each month (starting in May) we will show you the top leaders and announce the winners and their prizes. Last season there were over 300 entries and we're waiting for your entry forms to roll in.

Drop off your entry form at The Baden Outlook yard mailbox at 178 Snyder's Road E., Baden N3A 2V6 or put it in the mail by April 1st.

Rules:

- ⇒ Only one ballot per person.
- ⇒ Updates will be calculated on the 7th of each month, (starting in May).
- ⇒ Prizes are given for most accumulated points, and we pull a random draw from the entry ballots each month. (You are able to win the leader prize only once, then it defaults to the 2nd, or 3rd place.)
- ⇒ No entry fee is required!
- ⇒ No trades or substitutions through the season.
- ⇒ Ties will be broken by the player whose points increased the most that month.



PRIZES TO BE WON EVERY MONTH!

To follow along during the season, log on to the pool website at www.badenoutlook.com - the pool I.D. is outlookhomerun and the password is quest.

- C. Davis / BAL = 47
- N. Cruz / SEA = 44
- B. Harper / WAS = 42
- J. Donaldson / TOR = 41
- G. Stanton / MIA = 27

- N. Arenado / COL = 42
- M. Trout / LAA = 41
- E. Encarnacion / TOR = 39
- P. Goldschmidt / ARI = 33
- K. Bryant / CHC = 27

- J. Bautista / TOR = 40
- A. Pujols / LAA = 40
- J.D. Martinez / DET = 38
- D. Ortiz / BOS = 37
- M. Cabrera / DET = 18

- C. Gonzalez / COL = 40
- T. Frazier / CHW = 35
- M. Machado / BAL = 35
- Y. Cespedes / NYM = 35
- J. Abreu / CHW = 30

- A. Rizzo / CHC = 31
- J. Votto / CIN = 29
- A. Jones / BAL = 27
- M. Sano / MIN = 18
- T. Tulowitzki / TOR = 17

- A. Gonzalez / LAD = 28
- E. Gattis / HOU = 27
- K. Seager / SEA = 26
- A. McCutchen / PIT = 23
- P. Fielder / TEX = 23

- B. Dozier / MIN = 28
- L. Duda / NYM = 27
- B. McCann / NYY = 26
- J. Upton / DET = 26
- C. Carter / MIL = 24

- P. Alvarez / PIT = 27
- J. Bruce / CIN = 26
- C. Correa / HOU = 22
- R. Cano / SEA = 21
- K. Schwarber / CHC = 16

- C. Rasmus / HOU = 25
- R. Braun / MIL = 25
- E. Longoria / TB = 21
- A. Beltre / TEX = 18
- C. Gomez / HOU = 12

- R. Martin / TOR = 23
- C. Santana / CLE = 19
- H. Ramirez / BOS = 19
- F. Freeman / ATL = 18
- Y. Puig / LAD = 11

- J. Arrieta / CHC = 22
- D. Keuchel / HOU = 20
- D. Price / BOS = 18
- M. Bumgarner / SF = 18
- C. Kershaw / LAD = 16

- Z. Greinke / ARI = 19
- G. Cole / PIT = 19
- F. Hernandez / SEA = 18
- M. Scherzer / WAS = 14
- M. Harvey / NYM = 13

Name:

Address:

Phone Number:

Kids (under 12) Age:

LET'S PLAY BALL! TO GET IN THE GAME YOUR ENTRY FORM MUST BE IN BY APRIL 1ST. Good luck to you all!

If you need extra forms please print them from our website at www.badenoutlook.com from the current issue.