

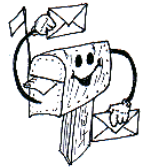
Baden Outlook



Happy Easter!

"Keeping the community connected"

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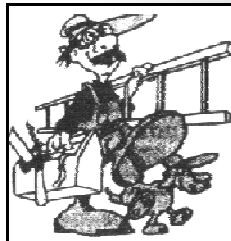


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Farewell to Our Friends at Herner Wood Products

On February 14, 2008, after fifty years in business, Herner Wood Products closed its doors. Generations of customers shopped there, well served by generations of the Herner family and their staff who not only knew their lumber and hardware but knew the people they served. Herner Wood Products, you see, was not simply a store, it was a cherished part of Baden, a unique part of its history, an integral part of a family ... and a place where you could always have fun. *(story continues on page 4)*

Everything was to be auctioned...



Special points of interest:

- Meet Goran at Stop2Shop
- CC is Scrabbulous!
- What's New with Baden Ball, it's not too late to register!
- News from the Baden Library
- News from Baden Public School
- Recycle with NH Thrift Centre
- A true Irish Love Story

Celebrating 10 Years with Teddy's Bakery



**This paper is priceless -
Please have one!**

Talking With Ed –Wet, Wet, Wet!

Typical Water Use in Waterloo Region

Toilets	29%
Washing Machine	20%
Faucets	16%
Shower	13%
Leaks	10%
Water Softener	9%
Bath	2%
Dishwasher	1%

The Baden Outlook called the folks at the Waterloo Region Water Conservation Department, and asked them some specific questions about water consumption in Wilmot Township. One of the answers completely caught us off guard! The question was: What was the number of litres per person, per day used in New Hamburg and Baden in 2006. We will give you the answer at the end of this article.

I think most have seen the fun, yet informative “Think Water” commercials on TV. I decided to visit their website www.thinkwater.ca and find out what it’s all about. I was surprised to find that the University of Lethbridge, the Canadian Water Network, Global Television and also the United Nations support it. The United Nations has declared the years 2005 to 2015 the International Decade for Action and initiated the “Water For Life” program. They have also declared March 22 as World Water Day.

In their website they state the following; “Most still believe the centuries-old myth of complete water abundance, and are struggling with the change in our Canadian water situation which has happened quite quickly. In only one lifetime, a single generation, we have gone from being a country that was internationally proud of the fact that we could drink out of virtually any sparkling stream, river or lake to a country genuinely concerned about water quality and quantity now and in the future. Despite this, many Canadians have been slow to acknowledge these issues for fear of what they say about the sustainability of current levels of prosperity and the potential for growth in the future”.

I wondered how would I be classified in that group as a person, who as a kid, had a bath once a week on Saturday night (shared with his brother, embarrassingly enough, until I was eight years old). Although I shower daily now, we have purchased a six-litre toilet and always abide by the annual summer watering bans. I think I am water-aware/sensitive.

The next Internet site researched was www.region.waterloo.on.ca where I found a wealth of facts and tips on conserving water. Here is a sample of some of the facts that they presented: a single lawn sprinkler spraying 19 litres per minute uses more water in half an hour than ten toilet flushes, two five minute showers, two dishwasher loads and a full load of laundry put together; across Canada, water consumption more than doubles during the summer months; water-efficient washing machines use 50-120 litres per load, in comparison to

traditional tap loading machines which use 132-240 litres per load – nearly 40 percent less water; just 1000 six-litre toilets save, in less than three weeks, the amount of water that goes over Niagara Falls in one second.

Here in Wilmot Township our water is drawn mostly from aquifers, which are hundreds of feet in the ground and are mainly in the New Hamburg area. The water is shipped from the water treatment plant in New Hamburg to our new water tower in Baden, which has the capacity to hold 5,400 cubic metres of water (5.4 million litres) but is only at 40% capacity now.

When our water is used and sent down the drain, it runs through the sewer system to our waste treatment plant at the end of Foundry Street. The waste is treated to a required point (that of being cleaner than most river water) and emptied into a stream.

In Baden there have been two ponds that have disappeared since the 50’s. The Mill Pond was once as big on the east side of Foundry, as it is on the west, covering the fire hall location to the south to the Emporium on the north. The second pond was behind the old Baden School on Snyder’s Road (an outline of the pond can be seen at our website www.badenoutlook.com . Select ‘aerial photos’ then ‘Baden east’). I believe that our water tables are slowly running down and the rainwater isn’t enough to replenish what we are using.

So Waterloo Region has come up with many conservation tips at their website listed above. Here are a few that stand out in my mind. Replace your water guzzling toilet with a 6 litre or a 3 litre/6 litre water efficient toilet. The region is offering rebates if you do this. Take shorter showers – every minute saves litres of water. Keep a container of drinking water in the fridge, instead of running water from the tap until it gets cold. Consider switching to a water-efficient front load washing machine. Use a rain barrel.

With regards to the opening question - the answer is 262.4 litres per person per day. The Baden/New Hamburg population in 2006 was 9,077 and the estimated population per home was 2.63-person per residence. That would be 690 litres per household per day. Maybe it is time to take this water thing even more seriously. Until next month ...Ed

60 Earth Hour

March 28 - 8 pm

Turn your lights off for an hour and join million across the planet who are fighting climate change.

We’re in. Are you?

Sign up at wwf.ca/EarthHour

On March 29, 2008, cities across Canada, and around the world will turn off their lights for Earth Hour, a WWF event to raise awareness of climate change and symbolize that working together, the people of the world can make a difference in the fight against climate change.



Earth Hour has grown from a single event in Sydney, Australia in 2007 to a global phenomenon that will occur across six continents and in as many as 20 cities in 2008.

For more information visit website wwf.ca/EarthHour

Ten Years at Teddy's: 2008 Anniversary Invites Community to Celebrate! *By Teresa Brown*

Teddy's Bakery - Restaurant and Variety: these days, it's hard to imagine Baden without it. Owned by Ryan and Stacy Waters, the business is a restaurant, corner store, caterer, favourite choice for celebrating special events, and the heartbeat of Baden. For ten years, Teddy's old-fashioned wooden counter, antique decorations, and delicious home-cooked food and scratch baking have been an essential and much-loved part of the community's daily life. And in order to commemorate this special year (and to thank their many valued customers!) the staff of Teddy's invite everyone in the community to help them celebrate their 10th Anniversary!

The first event celebrating Ten Years of Teddy's, on April 19th, is a true community effort: some staff members and friends of Teddy's (or anyone who wishes to participate) will shave their heads to promote cancer awareness and encourage donations to the Canadian Cancer Society. If the cut hair is at least 6 - 8 inches long and undyed, it can be donated to be made into wigs for cancer patients who suffer hair loss from chemotherapy or other treatments. Zoey, Ryan and Stacy's 6-year-old daughter, is growing her hair to be cut and donated, and several of Teddy's staff also plan to participate.

It's a great way to join in our town's fight against cancer and, of course, a terrific way to come out and have fun. For information about the hair requirements, click on "hair for donation" on the Canadian Cancer Society's website (www.cancer.ca). You can also get your hair stylist to cut your hair, and just bring it to Teddy's on April 19th (be sure to get information about the hair requirements before you donate). Studio Belle's owner, Stacey, and her sidekick Andrea, will do the cutting or

shaving, but there's yet another way to help raise money at this event: anyone wishing to shave the head of a participant may bid for the privilege!

This special event also honours Ryan and Shane Waters' mother Janet Waters, who passed away in 2004 due to cancer, as all donations will be made to the Canadian Cancer Society in remembrance of her. During the festivities, Teddy's will serve hamburgers and hot dogs, with a portion of the proceeds also going to the Canadian Cancer Society. Stacy Waters and the Teddy's staff, along with Stacey from Studio Belle, are also asking the community for gift donations for a silent auction. "Teddy's began because of the support of our families, and the support of the wonderful community we live in. So we look forward to seeing the community, especially anyone who has been affected by cancer, come out on April 19th," says Stacy.

There will be more special events this year; for example, Teddy's will continue its 10th-year celebration with a barbecue this September (*watch for flyers or The Baden Outlook for date and location*). In the meantime (while you're growing your hair in preparation for April 19), you can donate to the cause: there are large water jugs, provided by One Way Water Solutions at Teddy's Bakery counter. Customers may drop in change, like those pesky pennies, or any amount they can spare, and the money will be donated to the Canadian Cancer Society. So be sure to drop in to Teddy's, drop in your coins, and join in the fun events of this important year. You'll be sharing in the warmth and community spirit -- not to mention the fun -- that has made Teddy's Bakery famous!

10th Anniversary



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Saturday 8 am - 10 pm
Easter Sunday 9 am - 9 pm
Easter Monday 7 am - 10 pm

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one free!

(Continued from page 1)

Herner Wood Products first opened at its location on Snyder's Road East in or around 1958; however, like many small-town family businesses, the roots of this story stretch back much further. Seventy-two years ago, 14-year-old Harley Herner began his first wood-based business: making colourful spinning lawn "whirlygigs" in his mother's chicken coop. Harley would cut out the shapes, and then hire other kids to do the sanding, a job he despised.

He would then load the whirlygigs into a child's wagon -- with "Herner Wood Products" painted on the side -- and walk down the sidewalk, selling his crafts to the people of Baden. The enterprise was so successful that Harley later rented part of Reta Schagena's barn (still standing on Snyder's Road West) as his business expanded. It was the beginning of a lifetime of working with wood -- and with friends -- to make high quality items for sale.

Over the next decades, Harley worked at a dizzying variety of occupations. At Eastman and Herner Fuels (partly owned by Harley's father and later purchased by Bricker Fuels), Harley drove a snowplow, a tricky challenge that required two men to drive and operate the plow's levers. Harley also drove truck for J.P. Livingston, and eventually assumed the duties of chauffeur for the Livingston family. As Dave Herner recalls, "He did more than one job at once. It was the Depression, and he needed to support his mom and sisters." But even back then, family was a source of joy for Harley: he once owned Hillcrest Service until, as he explained to friends with a grin, his sisters running the snack bar "were eating me out of business!"

Clearly, what Harley and the Herner family takes from stories of hard work is not sadness, but laughter. Dave recalls hearing the story of how his father would sometimes leave on a five-day trucking run for J.P. Livingston, and Dave's mother, Ruth, would prepare her husband a week's worth of bologna sandwiches. The Livingstons paid for Harley's room and board, but Harley would sleep in the truck and eat these sandwiches to save the much-needed money. "I remember hearing how Dad always had his dog, Tippy, along on those runs," Dave says, laughing. "And as the week went on, he'd start to let the dog eat some of a bologna sandwich first, to see if it was still good. I guess if the dog wouldn't touch it, neither would dad!"

This extraordinary work ethic continued throughout Harley's career, motivating his high standards as he started to build houses from Baden to Chesley Lake, where many of Harley's cottages still stand today. But Harley had a deep affection more than just his work: his growing family and his circle of friends were a cherished part of life. "Dad would make us all kinds of wooden toys," Dave recalls. "We had a merry-go-round, a playhouse, all kinds of stuff. But it was to be shared with all the neighbourhood kids, and if we forgot to share, we'd lose the toy for a week. Or a month!"

Once Harley and Ruth opened Herner Wood Products, family continued to be essential to their lives, as would friends. Harley had once worked at Robb Lumber in Baden, with Chris Zehr (Kitchener Mayor Carl Zehr's father) as his boss. When Harley opened his own lumber yard, Chris came to work for him. Dave Herner grew up working at Herner Wood Products; after high school he worked at Uniroyal's RMS shop as a draughtsman while taking college civil engineering classes at night. But he soon returned to the family business, and to the hands-on work his father had taught him to love. "There were some days when it was hard to work for your dad," recalls Dave. "Then we'd be nose-to-nose in the yard, while the other guys would run and dive for cover!"

But it's the memories of fun times that overwhelm the difficult ones: Dave, his wife Colleen, and daughter Laura can tell story after hilarious story. "That's what I miss the most," says Dave. "The good times, and the jokes. We used to say we wouldn't mix paint for a man unless he had a note from his wife." Their were hundreds of stories, "like when a man came in to return shingles he'd bought from us, complaining that they slid right off his roof. "When I asked him to explain how he installed them, he said, 'I laid them on the roof -- next morning they were all slid off onto the ground!' I had to explain to him that 'self-sealing' didn't mean 'self-adhesive' - - and then I asked him if I could sell him a box of nails, Dave smiles."

On January 14, 2007, Harley and Ruth died in a tragic car accident. After a year of sometimes very difficult discussion, introspection, and thought, the family has decided to close the business. "It's been hard," says Colleen Herner, "but the people in the community have really helped, with the auction, and even for weeks before, just dropping in to the

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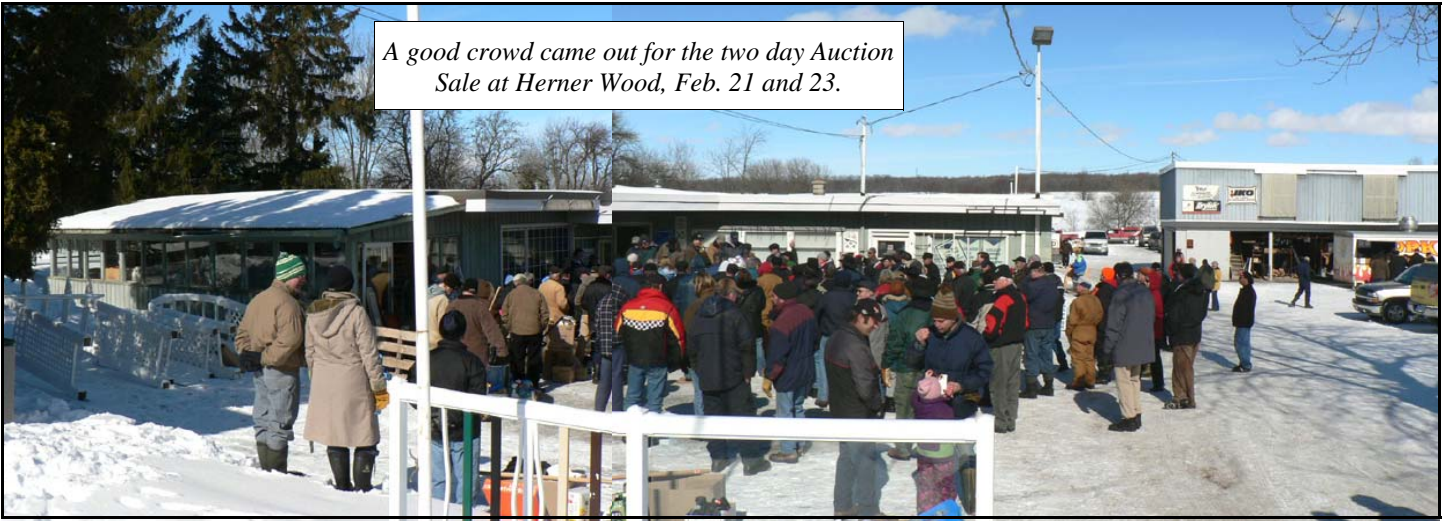
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Authorized by the official agent for Orlando Da Silva.

A good crowd came out for the two day Auction Sale at Herner Wood, Feb. 21 and 23.



store one last time.” Even throughout this poignant time, the HERNERS’ humour shines through: “One guy came in, looked around the empty store, and said, hey, what happened?” recounts Dave. “So I told him, We were robbed! His response was: ‘Man, they got everything!’”

There are many, many stories about Harley, Ruth, and the lumber store; stories that will be remembered, shared, and laughed over by the Herner family, and by their friends and former customers. The history of Herner Wood Products is not just about a store -- because a family business in a small town is never just business. The stories of such places are intertwined with the stories of the people who built them, the


people who stopped there, the people who themselves became part of the store and its past.

“It’s hard going down there now that’s it’s empty,” says Dave. But his daughter Laura points out an important part of the experience: “Our family grew because of selling the store and during the auction. People came from all over to help, and they became HERNERS.” And while the buzzing of saws and the pounding of hammers may now be silent, there won’t soon be an end to the sounds of people sharing their memories of Herner Wood Products -- and certainly no end to the laughter.



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Stop2Shop Variety Changes Hands

As of February 1st, Baden's Stop2Shop Variety Store has officially changed hands. Wendy Von Farra, who has operated the business since 2004, sold it to Goran Gligorovik of Kitchener. The store was closed for several days during the transition and reopened on February 4th.

Goran has spent the last eleven years in the variety store business – first with Mac's and eventually with the Stop2Shop chain. He sold his store at Victoria Hills Plaza (Hazelglen) before purchasing the Baden location.

He plans to run the store in the same fashion and introduce changes as needed. The hours will remain the same and he would like to work with suppliers to offer customers weekly specials. Goran is also considering working with an area farmer to set up a small fresh vegetable stand in his parking lot for the summer months.

We'll be glad to continue to see Wendy, as she will work there part time.



We're on the Web!
www.badenoutlook.com

LOST & FOUND: A pair of boy's ice skates were found on Brewery Street. Please call Aimee at 634-9757

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Creative Clusters

OF BADEN

“A creative community is a healthy community.”

Let's learn and grow together!

CC is a network designed to bring people of the community together to share their creative skills, to learn from each other, and to be inspired to explore other creative activities.

CC will evolve as the people of Baden and area join together, one cluster at a time, to create additional exciting opportunities to learn and grow.

Scrabble Groups

Anyone who enjoys playing SCRABBLE is invited to the BADEN LIBRARY to join others in this creative word game.

Two times to choose. Come to both if you like.

Thursday 2:30-5 pm - This group has been meeting for several weeks and invites others to join them. Just show up, bring along your board, and have some fun!

Saturday 10 am.-12:30 pm. - We would like to start a Saturday morning group, too, for those who prefer this time.

Call Dorothy
634-8779
ahead of
time if you
are planning
to come.



Knitting Group

This group continues to meet the first Wednesday evening of each month. Everyone is welcome, no matter your experience. Just a beginner at this craft and need some help? This is where you will find it. Call Irene 634-8562.

Open Groups

Do you belong to a group in the community that is open to inviting others to join them? Let Creative Clusters know so we can highlight your group in an upcoming issue of the Baden Outlook.

"Creative" is a broad term that covers many kinds of activities. "Clusters" means people getting together to enjoy each others company. So call 634-8779 and let Creative Clusters know what your group is up to. We'd like to pass on your group's invitation to the community!

Baden Softball Update

by Scott Gibbons

This year we are looking to field teams in all divisions, both boys' and girls'. On page 27 there is a registration form complete with a contact name, if your child is interested in playing softball in Baden this year.

Baden Minor Softball is going back to its roots by wearing the "Baden Pirates" logo on their hats. The Baden league will be hosting their annual softball tournament on Father's Day weekend which is one of their major fundraisers.

Attention, all young adults between the ages of 13 to 18 – Baden Minor Softball is looking for up and coming umpires. This is an excellent opportunity to have outdoor fun, and earn money at the same time. Baden Minor Softball is offering to pay half the cost of the course, when it is completed, and give you support throughout the year.

Attention, all adults that are 18 and over – Baden Minor Softball is also looking for interested people to attend a level one certification course that will allow you to umpire games. Coach courses are also available for current coaches or citizens who would like to become involved in coaching. Please direct all enquiries to Baden Minor Softball president – Bob Bontaine at 519-634-8437.

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Baden Outlook Hockey Pool

To follow along through the season, ...



...log on to our website at www.badenoutlook.com - the pool I.D. is outlookhockey and the password is quest. Stats are updated daily on the site.

The Outlook draws the stats on the 7th of each month. To view the full list of names click at the bottom of the page.

Outlook Hockey Pool Stats

Place	Name	PTS	Place	Name	PTS
1st	Dave Schnarr	804	31st	Brian Cherewka	727
2nd	Doug Hopenavouri	779	31st	Ray Miller	727
3rd	Jody Pfaff	774	33rd	Jamie Roth	726
4th	Chris Funston	765	34th	Travis Gowland	725
5th	Kevin Erb	763	34th	Tyler Soehner	725
6th	Tyler Randerson	756	36th	Charlotte M	724
7th	Betty Ann Mohr	755	37th	Colin Jantzi	721
8th	Rick Cressman	752	37th	Ivan Papa	721
9th	Marg Leppington	750	37th	Justin Johnston	721
10th	Adam Jantzi	748	37th	Kyle Erb	721
10th	Chris Murray	748	41st	J Fitzgerald	720
12th	Peter Walker	747	41st	Mike Thomson	720
13th	Tyler Naumann	744	43rd	Sharon Koenig	719
14th	Nathan Boronka	743	44th	Greg Meyer	718
15th	Quentin Martin	741	45th	Austin Benko	717
15th	Scott Gingerich	741	45th	Chris Baechler	717
17th	Jake O'krafka	740	45th	Gerald Martin	717
17th	Russ Soehner	740	45th	Kody Travers	717
19th	Charlie Watson	739	45th	Steve Lehman	717
20th	Craig Bell	736	50th	Isaac Roth	716
21st	Jeff Chartrand	735	50th	Paul Hammer	716
22nd	Bonnie Dietrich	734	50th	Robert Earle	716
22nd	Jeff Miller	734	53rd	R Westfall	715
22nd	Tate Brenner	734	53rd	Samantha Simpson	715
25th	Bob Leppington	733	55th	C Steinmann	714
25th	Gill Hall	733	55th	Ed Mopphet	714
27th	Eric Horst	732	55th	Scott Metcalfe	714
28th	Ron Roth	730	58th	Mitchell Roth	713
29th	Heather Dubrick	728	58th	Nick Burke	713
29th	Matt Cecile	728	60th	Laura Flood	712

Congratulations to **Chris Funston** for taking the leader prize in the Hockey Pool, winning a gift certificate from **EJ's of Baden.**

(Remember Dave, Doug and Jody - you can only win the leader prize once!)



The lucky random draw winners are **Chuck Herold**, winning a gift certificate from **Egli's Meat Market**, and **Shawn Brenner**, winning a breakfast from **Teddy's Bakery.**

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An Englishman, a Scotsman and an Irishman each order a Guinness in a pub. Upon being served, each finds a fly in their beer. Repulsed, the Englishman sends his back. The Scotsman gently flicks the fly out of his mug and begins drinking. The Irishman, carefully lifts the fly up by its wings and screams, "Spit it out! Spit it out!"



Who wants to be a Badenaire!?

1. Q. Including the Baden Outlook, how many newspapers have existed in Baden?
A. a) 1, b) 2, c) 3, d) 4
2. Q. Mayor Wayne Roth replaced Lynn Meyer as Mayor in Wilmot Township. Who was mayor before Meyer?
A. a) Bruce Jantzi, b) Ralph Heipel, c) Ralph Shantz, d) Harold Schmidt
3. Q. What year did the Baden Scouting Group officially form?
A. a) 1922, b) 1942, c) 1952, d) 1962
4. Q. According to the Township of Wilmot the township's population is currently 18,321. What is the projected population for 2016?
A. a) 20,100, b) 22,300, c) 24,500, d) 25,800
5. Q. Who, in 1822, was one of the first settlers in Wilmot Township?
A. a) Bruce Weber, b) Eli Shantz, c) Jim Pearson, d) Christian Nafziger
6. Q. Who was the original owner of Castle Kilbride?
A. a) Barry Kilbride, b) James Livingston, c) Edward Wagler, d) Philip LePage



Answers on page 21



Sisters

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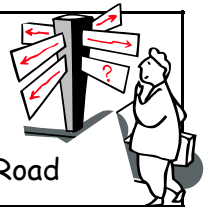
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Baden Trivia - Baden was officially named in 1855. Previous names for the growing village were:

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NOTES FROM THE ATTIC— *Baden Businesses in the 30's and 40's*

Let's continue with our feature on Baden businesses in the 1930's and 40's, as remembered by Mike and Norma Weiler (our neighbourhood historians. We left off last month at Bechthold Motors, which was the east side of the Baden Emporium.

Snyder's Road East - South Side Continued

N.M. Steinman Grocery Store – Steinman Furniture was located at 43 Snyder's Road East, currently the home of the closed *Baden Emporium*. Noah Steinman purchased the store, which sold groceries, Purina stock feed, lime, cement and even Maxwell cars, in 1904 from Christian Honderich.



Steinman also operated a funeral parlour in the same building, from 1904 to 1956 when he sold the good will of the funeral business to the K-W firm *Ratz-Bechtel* (owned in part by Gideon Bechtel, another Baden Resident). Around the same time Steinman closed the grocery store and opened Steinman Furniture. The store was known for high quality furniture, including *Roxton* maple furnishings. This business was sold to Noah's son, Delton, then sold to his son, Carl, and eventually closed in 1994. *The Baden Emporium*, a gift store and café, opened on November 17, 1995 and closed February of 2006. The Emporium buildings held many businesses including *Baden Creek Pottery* (2002 to 2005), *The Northern Barn Furniture* (1997 to 2002) and *Through Rose Coloured Glass* studio (1995 to 2006).

Ezra Koehler Bakery Shop – 21 Snyder's Road East was the home of the town bakery. In the 50's it was sold to Nyle Shantz, then the Doda family kept the bakery alive until 1985 when Ted Doda opened *Lazer Electronics*. After 22 years in business he relocated his business to Highway 97 and Highway 401. Several businesses rented the eastern side of the building over Doda's ownership including *Baden Computers* (August 2001 to September 2004), *Garden of Life*, (2005 -2006), *Higher, Faster, Stronger* and *Livewell Massage Therapy* (2007) - currently it is vacant.

Doctor Jerome Lawrence – His office was located at 19 Snyder's Road East. Dr. Lawrence was the town dentist and worked out of his home. For a short period of time he quit the dentistry and became manager at *Master Feed*. He eventually returned to his dentistry practise.

Electric Fence Company -. Wilfred Schneller and Stuart Kuhn formed the company in 1938. In 1939 they moved into their new home at 17 Snyder's Road East (the long white building between *Lazer Audio* and the



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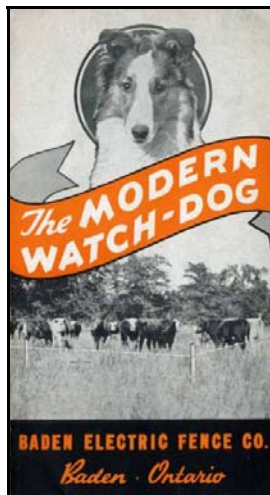
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tracks). In the 30's farmers had the tedious job of digging fence posts and stringing barbwire to contain their livestock. The Electric Fence Company devised a state-of-the-art system that only required one electrically charged wire which could be moved to accommodate different pastures. The business employed two or three and sold its product in Canada, United States and overseas. In 1951 they moved their business to the Kuhn's new home, which is now *Baden Sheet Metal* (198 Brewery) at the corner of Brewery and Village Green Way.



Herb Miller Confectionary Store and the Dominion Bank - This confectionary shop and bank were located at the corner of Foundry and Snyder's Road. Herb Miller eventually moved out of the building and ran a seasonal concession booth across from the westerly entrance of Livingston Boulevard. After the bank moved out, it was home to *Pasichnyk 5¢ to \$1 Store*. The building was built in 1884 and housed many businesses over the years. It became famous when Sir Adam Beck turned the lights on in Baden, in 1911 for the first time, from a balcony above the bank. It also held the Opera House above with its 18-foot ceilings. In 1949 a major fire destroyed the north half of the building and the opera house (photo below).



Opera House Fire 1949

Steifelmeyers Hotel – Christopher Kraus purchased the EJ's site from Jacob Beck, the village of Baden founder, in 1858. That year, Kraus built a small, frame hotel, which was moved next to Livingston Presbyterian Church on Beck Street in the early 1870's. The present brick hotel was completed on July 22nd, 1874. EJ's is now recognized as a Canadian Heritage Site mainly due to its unique architecture, the painted ceilings and its rich history. Steifelmeyer was the owner of the hotel from 1920 to 1946, then known for its meatloaf and pickled eggs. The Rolleman family purchased the business in 2001 and remain the owners today.

Clarence Leiskau General Store – Currently Teddy's Bakery/Castleview Variety at 55 Snyder's Road West. Built as a general store in 1854, it has been used as such for the last 150 years. The Hilborn Brothers, who sold coal lamps, clothing and other dry goods, sold the business to I.R Shantz about 1900. Abe Hunsberger purchased the business in 1908 from the Hilborns. Leiskau purchased the store in the 1937's and ran it until, 1949 when he sold it to Lloyd Mack. Many Baden citizens did their regular grocery shopping at this store. Subsequent owners were: Willard Witmer (1950 to 1966), Lloyd Hart (1966 to 1984), Pauline Pinder (1984 to 1990), Greg and Adrienne Shinnie (1990 to 2002), and currently Ryan and Stacy Waters .



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What do you get when you pour hot water down a rabbit hole? A hot cross bunny.

Why did a fellow rabbit say that the Easter Bunny was self-centered? Because he was eggo-centric!

Why did the Easter egg hide? He was a little chicken!



Thank you to the Baden Fire Fighters:

It was a rude awakening. The cats racing across our heads at three a.m. with wet paws, screeching as if possessed, was only the beginning. We grumpily step out of bed into five inches of water. Sewer water, you surmise after a deep breath, is indeed gushing up through our toilet and the floor drain in the next room. Hmm, that wasn't doing that when I went to bed four hours ago. The water is rising alarmingly fast.

We first unplug the computers and carry them to safety upstairs and create an assembly line of rescue from the bottom of the stairs to the top - clothes, books, cameras, anything still above the water line. But water keeps flowing in and rising. What do you do? In the panic of the moment, the incredible stress of

seeing our belongings gradually ruined by smelly water we decide its a 911 call.

If anyone has had a similar experience, be it fire or water, you will know how grateful we were to see fire fighters show up quickly to help. They had the necessary equipment and knew exactly what to do for us and our neighbours on **Charlotta Street** that stormy January night. They set up pumps and got the water under control. This was appreciated more than we can say. And we can't speak for the cats, but we sleep better knowing that help is so close by, so efficient, and so caring in this community.



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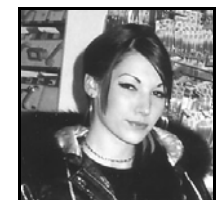
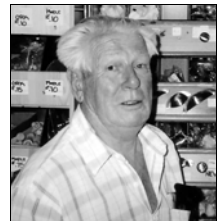
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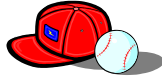


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You are invited to a Benefit Concert at Mannheim Mennonite
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The music entertainment for the evening is *Stringer Lake* and
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On August 29, 2005, Hurricane Katrina passed through the city of New Orleans, Louisiana. The damage from the winds and rain was severe: trees were uprooted, roofs torn from houses, and cars and small homes were tossed around like toys. The worst, however, was yet to come: a day later, the levee system throughout New Orleans suffered more than 50 breaches, and the waters of Lake Pontchartrain and the Mississippi River poured into the below-sea-level city.

In only a few hours, eighty per cent of this uniquely historic city was flooded: some areas like the famous French Quarter and Bourbon Street suffered relatively minor wind and water damage, but other areas were overcome with up to 15 feet of water. It seems incredible, but we all remember the horrible truth told by television and newspaper images: aerial views of a sunken city, and photographs of people waiting for rescue on rooftops while water lapped only inches away from their feet.

New Orleans, in August of 2005, was a city that many thought could never recover from the ocean of destruction that ruined so many businesses, homes, and lives. But New Orleans is also a city of incredible spirit: so much spirit that today, two and half years after Hurricane Katrina, there is not only reconstruction of buildings and roads, but reconstruction of hope as people from around the world help New Orleans residents rebuild their city -- and their futures.

In February 2008, my husband Kenton and I traveled to New Orleans, Louisiana (affectionately known as NOLA) for a two-part trip. We've always wanted to explore the famous Big Easy, including world-renowned Bourbon Street in the French Quarter, and we did indeed have a marvelous time enjoying the incredible food, music, and culture of this city. From the doughnut-like beignet and celebrated seafood, to the Mississippi River and bayou alligators, to the gorgeous Creole architecture and wonderful, warm people, New Orleans is a city that doesn't disappoint.

The tourist attractions were unforgettable, but there was another aspect to our journey that will also remain a treasured memory for us: working with Habitat for Humanity in some of New Orleans' most devastated areas, helping to build new homes for people who lost everything in Katrina's vicious attack.

Since 1976 Habitat for Humanity has worked with the help of community and volunteer support to build affordable homes for families in need. There are chapters worldwide, including one right here in Waterloo Region (see their website at www.habitatwaterlooregion.on.ca/). In New Orleans, for example, Habitat-NOLA offers families a \$75,000 interest-free mortgage; the only down payment required is 700 hours of "sweat equity," work done by the home recipients alongside volunteers to construct the houses. This system builds more than just homes and communities -- it builds a sense of pride and accomplishment for everyone involved.

Anyone can volunteer to help build Habitat houses; my husband and I have some renovation experience, but even someone with limited physical ability or no experience can help with painting, landscaping, office duties, or working at Restore, Habitat's construction material outlet. We specifically requested work in New Orleans, and were assigned work in February on the construction of floors for two new homes.

On our first day, we were stunned as we arrived at our work site: the street was in a poorer section of NOLA, and everywhere around us were houses destroyed by Katrina. Even now, after so much time has passed, there is still debris everywhere: homes with pieces of roof missing, leaning hydro poles pushed over by the storm, burned-out apartment blocks, houses marked with the messages of rescuers and searchers: "p/u dog," "NE" (no entry), "one dead in attic." Many of these homes are deserted by their owners, who evacuated the city when Katrina hit, perhaps never to return for lack of money or

opportunity. Street after street of closed schools, wrecked homes, and moldy furniture piled in streets -- Katrina's vast and remarkable mess -- surrounded the new houses of Habitat's work site.

But as we got to work on the two houses in our assignment, we were also stunned by something equally remarkable: the hard work and hope we saw in the people we met. Peter, a Habitat staff member, was our site supervisor, and his cheerfulness and patience with a pack of mostly-unqualified workers was astonishing. Haywood was one of three

retired Peace Corps members who, for a 40-year reunion, decided to volunteer a few days at Habitat. And there was Sherry, who, like most of the volunteers we worked with, was usually employed as a "pencil pusher" but happily swung a hammer and carried lumber like a seasoned construction worker.

Then there was Ruby. Ruby is a 61-year-old retired nurse; she grew up in New Orleans and lived in the Ninth Ward, one of the worst hit areas of the city. When Katrina struck, Ruby - like many, many people in NOLA -- didn't want to leave her home. "They had to drag me outta my house!" she told me in her smooth Southern drawl. "My children came and said, mom, get in the car, you're goin' -- so I went, but I didn't want to go." She then recalls that: "The next day, they showed me on the television what my street looked like, and they said, see, mom? You see what we tryin' to tell you? And I said, yeah, I see!"

Ruby's home was flooded with six feet of water; she lost



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everything, except for a washer and dryer her children pulled out of her house. "I was sent to Texas," she recalls. "They put me in a fancy apartment, and I had everything -- room service, restaurant -- but you know, I still wanted to go home." And so, Ruby applied for and was accepted to Habitat-NOLA's program, where for her "down payment" of 700 hours of sweat equity she would receive a new home, manageable monthly payments, and the opportunity to help not only herself but others.

Ruby, even with a limp caused by an old injury, was working on her sweat equity alongside of staff and volunteers. The home we were working on wasn't to be hers, but she was soon to begin working on her own. "Getting a Habitat house is a dream come true," she said. "I'm happy to work -- I think you're crazy if you don't take this deal!" And work she did: although no participant is asked to do anything they don't feel comfortable doing, Ruby worked as hard as anyone, hammering, carrying lumber, sanding, and any other job she could manage.

Over the next three days, Kenton and I worked alongside Peter, Sherry, Haywood, and many others, all coming together from diverse backgrounds and far-flung places to help rebuild this most beautiful of cities, and to help people like Ruby. Like many people we met, from cab drivers to firefighters, Ruby was more than willing to tell




her story, to share the experience that changed her life. "I missed home," she told me, "even though there wasn't anything left of it. But I still wanted to come back, 'cause home is about more than the things you have." Ruby taught us all that "home" is the people and spirit of where your heart lives - and a house is important to hold people and spirit together in one place.

Today, NOLA is coming back. On our days off from working with Habitat, we walked the French Quarter and admired gorgeous balconies, listened to vibrant and spontaneous music, and ate fantastic beignet, seafood, and jambalaya. New Orleans is a city of contrasts: side by side there is decadent wealth and abject poverty, luxurious elegance and colourful Cajun culture, too much heat and, from time to time, too much water. One thing, however, is the same everywhere: the undying love of life that we see in the people. As New Orleans rebuilds, it's that love

and powerful spirit of hope that will help people once again open schools and hospitals, raise houses and nurture homes, and dance to the unending music that holds its people determinedly there -- and keeps many such as we Canadians coming back as well, to rebuild, and to dance to the music with them.

Habitat-NOLA is the New Orleans chapter of Habitat for Humanity. See their website at <http://www.habitat-nola.org/index.php>



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Winter in Canada - You Must be Joking...



As a trucker stops for a red light, a lady catches up. She jumps out of her car, runs up to his truck, and knocks on the door. The trucker lowers the window, and she says, "Hi, my name is Heather. You're losing some of your load."

The trucker ignores her and proceeds down the street. When the truck stops for another red light, the woman catches up again. She jumps out of her car, runs up and knocks on the door. Again, the trucker lowers the window.

As if they've never spoken, the nice girl says brightly, "Hi my name is Heather. You are losing some of your load!"

Shaking his head the trucker ignores her again and continues down the street. At the third red light, the same thing happens. All out of breath, the woman gets out of her car, runs up, knocks on the truck door. The trucker lowers the window. Again she says, "Hi, my name is Heather. You are losing some of your load!"

When the light turns green the trucker revs up and races to the next light. When he stops this time, he hurriedly gets out of the truck and runs back to the woman in the car. He knocks on her window and as she lowers it, he says? "Hi, my name is Kevin. It's winter in Canada. I'm driving the SALT TRUCK!!!"

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Why does Easter come earlier this year?

The lunar cycle does affect the date of Easter. Easter falls on the first Sunday after the first full moon that occurs after the spring equinox. This year, the first day of spring occurs March 20, and the full moon occurs March 21.



A Tip of the Hat to the Snow Plow Drivers

Wow! What a winter - and the snow keeps on coming. The good news is that spring does come every year, although sometimes later than sooner.



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Baden Branch Library News



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St. Louis Adult Learning Centre continues to work with the Region of Waterloo Library to offer public computer courses. **Computers for Adults** will begin at the Baden library on Tuesdays from March 18 to May 6. Due to continued interest, two classes will be offered – the Confidence Builder Beginner Course will be held in the afternoons from 3:15 – 5:15 and the Intermediate Course (pre-requisite: Beginner Course or equivalent) will be held in the evenings from 6:15 – 8:15. Cost is \$125 for an eight-week session, which includes all handouts, lab fees and GST. Classes fill up quickly so don't delay – come and learn something new today!!

Do you like to play Scrabble? Drop by the library any Thursday afternoon beginning at 2:30 p.m. and play with others who enjoy the game too! No registration required.

Need a library card? New library memberships are free! Come and visit us soon. For more information, call us at 519-634-8933.

Submitted by Chris Baechler, Assistant Supervisor,
Baden Branch Library



Winter hours: Wednesdays : 6:30 - 9:00 pm

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Watch The Baden Outlook for announcements of this year's events and summer hours!

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CONTAINED GARDENING

By Verda Cook

During recent years, the popularity of container gardening has increased substantially. Container gardening allows owners of homes on small lots to use in limited space for gardening. Time restraints call for a style of gardening that allows more freedom while providing a splash of colour. It provides residents of apartments or condominiums with the pleasure of gardening, in compact style. Container gardening, however, is not the same as growing plants in a flower bed. Special considerations are required to be successful.

The first step is to decide the location of the container(s). Next consideration is the choice of a container. Will it be a hanging pot/window box/oblong deck planter/tub or a recycled old bucket? Size is important. A small pot on a large deck/patio will barely be noticed. A large pot on a small deck /patio will be overwhelming. When you have decided on the location and size of the container, its time to go shopping.

The best soil to use is a soil less mix. It is lightweight and when the mix is moist, the container is not too heavy to lift or move. If the soil less mix you choose contains a slow release fertilizer, you will not use any other fertilizer during the growing season.

Choose plants according to the size of the container. Small plants will be lost in a large container. Take into consideration the container itself. Showy plants are best showcased in simple pots. Simple plants, on the other hand, will compliment an ornate container.

When purchasing plants, take note of the size the plant will be at maturity. Also note if the plants require full sun or prefer shade or partial shade. All the plants in one container should require the same growing conditions. Plants that require shade will not grow well with plants that love the hot sun. As well, plants that prefer a hot dry location will require a lot of water. Not all plants enjoy a frequent drink.

It is best to purchase small plants, preferably with few blooms but a large number of buds. These plants will adjust very quickly. Large plants covered with blooms, while very attractive, may drop their flowers due to the shock experienced in transplanting. Larger plants take longer to recover.

Colour should be considered. Red, pink or orange flowers in a red terra cotta container will clash. Try contrasting colours or use one colour in varying shades.

Consider texture as well as colour. Thick fleshy foliage among tiny flower clusters will appear unbalanced. Fine-leaved foliage with small flowers, and large foliage with larger flowers would be a better choice. Green trailing plants spilling over the edge will make an attractive addition.



Tubs with one large plant will create a focal point. For example, a tub containing either Black Bamboo, Abutilon (Flowering Maple), Hibiscus or Brugmansia will attract immediate attention.

Because of the limited soil in containers, adequate water is vital, especially on hot windy days when soil dries out quickly. Daily watering is often required. On the other hand, good drainage is essential so that excess water will drain away. There is no rule of thumb on how often to water because it varies with the type of plant, potting mix, weather and type of container.

Plants need care and attention throughout the season. With limited root systems, these plants are growing under great stress, so insects and disease can be concerns. Check plants regularly for any indication of disease or insects. When treated early, control is much more successful.

With the right approach, the space and time-squeezed gardener will find that small can be beautiful.



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The school year is going by *so* fast, and we only have 13 days of school this month! The school board is beginning to get nervous about all of the class time we have missed due to snow days (and other holidays), but we don't mind. Most of us have taken advantage of the winter weather and have had a lot of fun skiing, snowboarding, skating, sledding, and building snow forts etc. (sometimes even in class time).

As part of Q.D.P.A. (quality daily physical activity), students were supposed to participate in a day of exercising, and why not have fun while doing it? All of the kindergarten to grade 7 classes went skating at the Auditorium, and the grade 8's went cross-country skiing at Laurel Creek Conservation Area. These were great times of fun, bonding, and exercise!

Many students have gotten the chance to get active on a regular basis by joining ski club, a basketball team, or intramurals. Grades 3 and 4 have Indiana basketball at second break on Tuesdays. Grade 6's have '5 on 5' intramurals and some were chosen to represent our school in a basketball tournament with Forest Glen, Grandview, and New Dundee. The tournament was hosted by our school on March 4th. The senior basketball teams did very well in their seasons, and many of the members were able to get a little more practice in '3 on 3' intramurals at breaks. Grade 7 and 8 students who joined ski club have been able to ski or snowboard almost every Monday at Chicopee. These students also had the opportunity to go to Talisman the week before March break. Gym classes are still full of exercise and fun, even though they are inside.

On February 15th, in the last two periods of the day, we had a winter carnival. Everyone went into house groups

(one student from each class from kindergarten to grade 8) and celebrated French and winter. Inside, students made a house snowman out of paper and decorated it with snowflakes, and ate crepes with whipped cream and chocolate sauce. Outside, the groups built snow sculptures, had toboggan races, and participated in a hockey accuracy shoot out. It was very cold and windy, but most of us didn't mind too much.

To celebrate Valentine's Day, students were able to buy chocolate hearts for 25¢ and mint smoothies for \$2 to send to friends. The money that was raised went to the Heart and Stroke Foundation. Grade 8's were also selling mint smoothies on their own to raise money for their trip to Montreal. There was to be a dance for the intermediate students on Valentine's Day, but it was postponed due to snow days. On Thursday, March 6th we had beach day where everyone dressed in summer clothes. There was also an assembly that day.

The end of the school year is coming fast and already we are starting to plan things for the celebration. Graduation photos have already taken place and the grade eights are planning their outfits for graduation night. In computer class, students in grade eight have been given the task of designing a yearbook cover for part of their art mark. Mrs. McDowell will pick her favourites and then the students will vote to decide which cover will be used.

With winter wrapping up and spring on its way, we are excited about all of the fun and learning the warm weather will bring!

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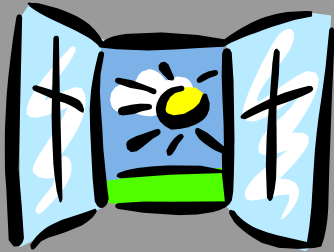
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 Teddy's Bakery, Stop 2 Shop, Old Fashioned Variety
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*Submissions are due on the
 1st of each month.*

Is recycling second nature yet?

Submitted by Karla Richards

We have been programmed over the last number of years to **reduce, reuse, recycle**. I think you would be hard pressed to find someone who is not familiar with this phrase. But are we recycling all that we can?

The New Hamburg Thrift Centre has taken recycling to new levels. Dedicated teams of volunteers work each week to make sure items do not make it into the landfill. Small household appliances, clothing, bed sheets, fine paper, etc., are reused to turn into revenue for Mennonite Central Committee (MCC.)

In 2007 a handful of energetic men dismantled hundreds of items to separate various grades of copper, stainless steel, brass, cast iron, aluminum, and insulated wire which in turn generated \$8,340, - all just because they took some time to properly separate and dispose of various components. With over 20 grades of metal to be sorted, these folks really know their stuff!

In the Recycling Room, many people are hard at work cutting up denim and cotton pants, chenille bedspreads, wool blankets and sheet sets to create beautiful hand woven floor mats and placemats. The process is long when steps require volunteers to trim out seams, pockets and buttons, cut material into strips, sew various colour strips together, trim extra material, weave into the mat and finally, hand tie the strings when

the mat has been cut off the loom! Buttons and pockets are kept for sale for craft projects.

Comforter patches are also cut from cotton and denim. The NH Thrift Centre produces these comforters in the store allowing customers to observe the process. Many are sent on to the MCC Ontario warehouse to be shipped overseas for relief.

Although the Thrift Centre recycles as much as it can, it is not a recycling centre. That is not its goal. We would encourage each person to examine their cast offs and take

responsibility for the disposal. Is the item in good working condition and saleable? If so, please feel welcome to donate it! If not, what other measures can you take to ensure it is utilized to its potential? Metal could be taken to Dundee Recycling or check out what options are available to you through the Regional of Waterloo website at www.region.waterloo.on.ca. (The Thrift Centre receives as much as it can handle through donations and is not able to accept un-saleable goods.)

Whether these talented volunteers are creating a new mat, comforter or quilt, providing quality items at affordable prices for purchase, or properly disposing of metals ... our planet is the one benefiting most from the good work done at the New Hamburg Thrift Centre.

New Hamburg Thrift Centre

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Answers from "Badenaire" - from page 9

The receipt shown is from 1897, from The Baden Standard Newspaper.

1. D - Four newspapers - Outlook, Standard, Star and Village Item
2. Ralph Shantz
3. A. - 1922
4. B - 22,300
5. D - Christian Nafziger
6. B.- James Livingston

Baden, Ont. July 3rd 1897

Mechanics Institute Baden

To Wm. J. Buggin Dr.

..... PUBLISHER OF

The Plattsville Echo, The Bright Enterprise and The Baden Standard.

The Bright Enterprise, Established July 1, 1888, is an eight-page, six column paper, which circulates largely in the Townships of Blenheim and Standard.

The Plattsville Echo, Established 1887, has 12 pages, and circulates among all classes of people in the town and country in the vicinity of the city.

The Baden Standard has a large and rapidly increasing circulation in the Township of Wilmot and adjoining Townships and is an exceptionally good advertising medium for merchants & manufacturers.

<p>1. 100 Labels #100, 100</p> <p>2. 100 Labels #100, 100</p>	<p>Rule Labels #100 \$2.00</p> <p>bags @ 36 pages 14.00</p> <p>in full \$16.00</p> <p>Wm. J. Buggin per E. R. Compa</p>
---	---

and The Baden Standard.

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Community Coffee Hour!

With spring just around the corner we have been seeing longer days, more sunshine and YES some bare spots where there is no snow.

The thought of spring lifts our spirits and gives us fresh incentive to get out of the house, go for a walk, get some exercise and join our friends and neighbours for some fun and fellowship, and a great cup of coffee.

Yes, we are starting our community coffee hour at 105 Snyders Rd at the West Hills Centre. Everyone is welcome. We've enjoyed taking a morning break to spend time with people from our community, from young babies right up to the most "mature" members of our community! Please watch for our sign out front and come in to join us Wednesday mornings from 10 - 11 a.m., starting on April 2.

See you there - Vern & June Schwartzentruber (Coffee time hosts)



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Email submission

In a zoo in California, a mother tiger gave birth to a rare set of triplet tiger cubs. Unfortunately, due to complications in the pregnancy, the cubs were born prematurely and due to their tiny size, they died shortly after birth.

The mother tiger, after recovering from the delivery, suddenly started to decline in health, although physically she was fine. The veterinarians felt that the loss of her litter had caused the tigress to fall into a depression. The doctors decided that if the tigress could surrogate another mother's cubs, perhaps she would improve.



After checking with many other zoos across the country, the unfortunate news was that there were no tiger cubs of the right age to introduce to the mourning mother. The veterinarians decided to try something that had never been tried in a zoo environment. Sometimes a mother of one species will take on the care of a different species. The only orphans that could be found quickly, were a litter of weanling pigs. The zoo keepers and vets wrapped the piglets in tiger skin and placed the babies around the mother tiger. Would they become cubs or pork chops? Take a look...you won't believe your eyes!!

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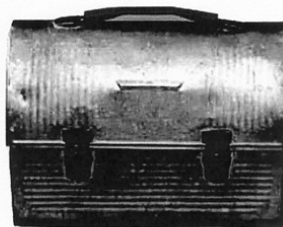
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New Hamburg Lioness Welcome Home Tour
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- a 2006 home designed for a young family
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- a quaint gothic style home

This is a self directed tour and will be held rain or shine. Not suitable for children under twelve. No food, smoking or cameras permitted in the homes. We regret the homes are not wheelchair accessible. All funds raised will go to two organizations the Lioness support each year and they will be our fund focus:

Wilmot Family Resource Centre, Waterloo Street, New Hamburg. Their program supports children from pre-school to the teen scene and on. They offer Food Bank, Speech and Language, Computer and Employment services. We are hoping to raise enough funds to assist them with a ramp which they need to make their premises wheelchair accessible and assist with the carrying of food into the food bank.

C.L.E.A.N. (Community Link Empowered Against Narcotics.) Their mission statement is "Parents linked in our community to assist in the need for support, awareness and empowerment again narcotics." C.L.E.A.N. has two main elements, support and education. Meetings are for parents or individuals who have had or currently are having drug use concerns with their loved one."

The \$20 tickets will be for sale on April 1st at the following locations: Murray's Clothing & Footwear, Upper Case Books, New Hamburg, Egli's Meat Market, Baden and House of Elegance Hair Salon in Waterloo.



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the Health & Wellness Page

Reading Your Own Body's Language

Submitted By Michael Fisher, R.N.C.P

We all have the ability to listen to our body, and it's amazing how chatty it can be. The body tells us all sorts of things, like what it wants and needs to be healthy. Most people are not acquainted with the subtle language of the body. As a nutritionist, I decipher for you what the body is trying to tell you, and then translate that into what the body wants. When the body gets what it wants, it becomes healthier. To start you off, here are some common body signals the body sends regarding food:

- Pimples, acne - "I am having too many fatty or mucus forming foods, especially dairy!"
- Cramps, stiffness - "I need more magnesium to counter my excess calcium intake!"
- Headaches - "I need quality minerals found in vegetables whole grains."
- Chronic Migraines - "I don't like something you are eating every day, pay attention!"
- Inflammation, arthritis - "I have eaten enough meat and cheese, how about some veggies?"
- Indigestion - "You eat too much... or too fast!"
- Belching - "Slow down, or eat fewer different ingredients in a meal."

- Flatulence - "I don't know how to digest this, or you just ate something that wasn't food."
- Constipation - "More water and whole foods (fiber) please."
- Loose stools - "More warming, cooked foods please."
- Chronic diarrhea, IBS - "Something you're eating is obviously not working! Please find out."
- Morning grogginess - "Get me to bed earlier, and please don't eat before bed!"
- Slow healing wounds - "I need protein."

Learning to understand our body's signals is the key to understanding our imbalances and the solution to our sickness. Sometimes the body talk is misinterpreted though, as in when it craves junk food due to its extreme qualities (ie. extremely high in sugar, fat, or salt). Because junk food is of poor quality and nutritionally void, the body is fooled and, once eaten, and the cravings worsen. Here are some typical cravings and the hidden message behind them:

- * Cravings for salty snacks - it wants more mineral rich foods like dark leafy greens
- * Cravings for sweet snacks - it wants more whole food carbohydrates to gain energy
- * Cravings for fatty foods - it wants quality fats, like avocado, nuts and seeds
- * Cravings for chocolate - it wants more magnesium, and bitter foods to clear and cool the body
- * Cravings for seasonings, flavours, as on crackers, chips, bars, drinks, sausages, etc - this is a dirty trick! It is actually craving the additive MSG and it's derivatives hidden in so many foods!

If you are getting a strange signal from your body and you are not sure what it's trying to tell you, email me and I'd be happy to decipher it for you (no charge): mike@michaelfisher.ca

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The Band Played Her Away

August 17, 1942 10:00 pm. The air raid sirens had broken the silence through the city of Londonderry. Some shuddered in fear as they sank to their basements, while others fled to the nearest bomb shelter. In spite of all the sirens and turbulence throughout the city, a seventeen year old girl named Tilley lay awake in her bed, indecisive over what shoes she would wear the next day. Her sisters, Iris and Dolly, tossed in their sleep at the sound of the sirens. Tilley creeps to her closet silently. She is tempted to turn on the light. She knows the rule in the city is that there are to be no lights on after dark. Lights alert enemy warplanes of where to drop bombs. Her keen sense of fashion overshadows her sense of duty and she flickers the light on, only for a moment. She can't help her overwhelming urge to pick out the perfect shoes. It seems that only a moment was too long. She could hear a loud pounding at the front door. Her mother, Sara, stumbles down the stairs in the darkness as fast as she can, worried that the knock might be news about her son, David, who was away fighting in the war. When she opens the door, she is met by an angry soldier who shouts at her over the light beaming from the upper story window. Tilley quickly turns out the light and jumps back into her bed as fast as she possibly can. Sara opens the door, looks at her three daughters, and wonders which one of them isn't sleeping.

The next morning at the breakfast table Tilley is quieter than usual as she slathers her toast in orange marmalade. Her mother, Sara, has a stern look upon her face. Her father David breaks the awkward silence by asking the dreaded question, "Which one of you girls had the light on last night?" he asks firmly.

Tilley slumps in her chair and fesses up, "I only had it on for a wee moment" she says nervously.

They are very disappointed in her when she tells them why she had the light on, and confine her to extra canteen duties. They also banned all of Tilley's social activities for an entire month. Tilley is disappointed, but reluctantly pulls her hair back into a ponytail and goes off to the community hall to serve the soldiers.

It was her fourth shift of voluntary canteen duty, when she spots a most handsome sailor. Tilley is absolutely smitten with him. She musters up enough courage to offer him a doughnut. His reply was "No thank you", but he gave her a smile and a wink. Tilley pretends to go and refill the napkins, and overhears the handsome sailor's conversation with his friend. As he gestures toward her, she hears him say, "That's the girl for



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me, if she'll have me."

Tilley is so flustered that she drops all the napkins and they scatter across the floor. The handsome soldier comes to her aid and helps her pick up the napkins. He asks her name and tells her that he is a Newfoundlander and that he is stationed in Londonderry. When he asks her to go to the show with him, she is even more flustered than when she dropped the napkins.


As she walks home that day her mind is racing. What shoes will I wear? How will I wear my hair? Most importantly, how will I convince my mother and father to let me out of the house? As she approaches her home on Kennedy Street she thinks of what her father had said to her many times before, "Tilley, someday you'll leave dear old Ireland and the band will play you away."

She wonders if the destiny of meeting this man is what would separate her from Ireland.

Three years later, Tilley was standing aboard the Queen Mary with her baby daughter, Doreen, in her arms. She was going to Canada to meet that handsome sailor that had become her husband. She wondered how she would ever fit in, in a country like Canada, but she wasn't worried because she would be with the man she loves. As the ship began to move, she remembered her father's words, and the band played her away.

This is a true story written by a 13 year-old Baden girl, Shannon O'Donnell, who enjoyed hearing this from her grandmother. We thank her for sharing this heart-warming story with our "Outlook" readers.






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Baden Minor Softball Association

2008 Registration

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Name: _____ Gender: M F

Street: _____ Town: _____

Postal Code: _____ Home#: _____ Work# _____

Doctor: _____ Phone Number: _____

Health Card No. _____ Date of Birth: _____

Parent(s): _____

TEAM	AGE	YEAR Born	FEE	CHECK
T-Ball	5&6	2002-2003	\$35	<input type="checkbox"/>
Tyke	7&8	2000-2001	\$60	<input type="checkbox"/>
Atom	9&10	1998-1999	\$85	<input type="checkbox"/>
Squirt	11&12	1996-1997	\$90	<input type="checkbox"/>
Pee Wee	13&14	1994-1995	\$95	<input type="checkbox"/>
Bantam	15&16	1992-1993	\$100	<input type="checkbox"/>
Midget	17,18&19	1989/90/91	\$125	<input type="checkbox"/>

Family Reduction (3 or more in a family) -\$5.00 per registration \$ _____

Total Amount \$ _____

If unable to attend registration dates please call **Lisa @ 634-9494** or mail this form and Cheque (*can be post dated for April 1st*) before **March 28th** to:

Lisa Montgomery – 173 Schneller Drive Baden N3A 2K9

I hereby permit my son /daughter to participate in softball under the supervision of the Baden Minor Softball Association. I also release and discharge the Baden Minor Softball Association and its members from any suits and/or debts which may occur as a result of said person engaging in playing softball for said association. I will be responsible for the care and return of his/her uniform and/or equipment. **I will also provide my son/daughter with a personal baseball helmet; understanding that a player who does not have a personal helmet will not be permitted to participate in the game.**

****I have received and read the Associations Code of Conduct and will abide by its principles ****

Parent's Signature: _____ Date: _____

Paid by: Cheque Cash

BMSA Representative: _____

The Baden Outlook Home-Run Pool

The Baden Outlook is eager for spring and excited to play baseball - *with you*, that is. Get your strategy caps on, grab a pencil and check out the list of players below. We have listed players with their home team and the home-run stats from last season. It's easy to play. Simply check one player from each box and we'll enter the data on the internet to create the stats. Each month (starting in May) we will show you the top leaders and announce the winners and their prizes. Last season there were 189 entries and we're anxiously waiting for your entry forms to roll in.

Drop off your entry form at The Baden Outlook in the yard mailbox (178 Snyder's Road E., Baden N3A 2V6) or put it in the mail before April 1st.

Rules:

- ⇒ Only one ballot per person.
- ⇒ Updates will be calculated on the 7th of each month, (starting in May).
- ⇒ Prizes are given for most accumulated home-run points, and we pull a random draw from the entry ballots each month. (You are only able to win the leader prize once, then it defaults to the 2nd, or 3rd place etc.)
- ⇒ No entry fee is required!
- ⇒ No trades or substitutions through the season.
- ⇒ Ties will be broken by the player whose points increased the most that month.



PRIZES TO BE WON EVERY MONTH!

To follow along during the season, log on to the pool website at www.badenoutlook.com - the pool I.D. is outlookhomerun and the password is quest.

- Dunn / CIN = 40
- Holliday / COL = 36
- Berkman / HOU = 34
- Soriano / CHC = 33
- Pujols / STL = 32

- Dye / CHW = 28
- Hunter / ANA = 28
- Ordonez / DET = 28
- Guerrero / ANA = 27
- Ramirez / BOS = 20

- Zimmerman / WAS = 24
- Hart / MIL = 24
- Delgado / NYM = 24
- Utley / PHI = 22
- D. Lee / CHC = 22

- Ortiz / BOS = 35
- Thome / CHW = 35
- Cabrera / DET = 34
- Morneau / MIN = 31
- Konerko / CHW = 31

- Beltre / SEA = 26
- Matsui / NYY = 25
- Martinez / CLE = 25
- Sheffield / DET = 25
- Hafner / CLE = 24

- Peralta / CLE = 21
- Lowell / BOS = 21
- Guillen / DET = 21
- Sexson / SEA = 21
- Stairs / TOR = 21

- Braun / MIL = 34
- Uggla / FLO = 31
- Gonzalez / SD = 30
- Teixeira / ATL = 30
- Rollins / PHI = 30

- C. Jones / ATL = 29
- Rowand / SF = 27
- A. Ramirez / CHC = 26
- A. Jones / LA = 26
- Tulowitzki / COL = 24

- Fields / CHW = 23
- Garko / CLE = 21
- Ibanez / SEA = 21
- Kinsler / TEX = 20
- Cano / NYY = 19

- Beltran / NYM = 33
- Lee / HOU = 32
- Wright / NYM = 30
- Burrell / PHI = 30
- Griffey / CIN = 30

- Cust / OAK = 26
- Upton / TB = 24
- Markakis / BAL = 23
- Granderson / DET = 23
- Swisher / CHW = 22

- Thomas / TOR = 26
- Rios / TOR = 24
- Glaus / STL = 20
- Wells / TOR = 16
- Rolen / TOR = 8

Name:

Address:

Phone Number:

LET'S PLAY BALL! TO GET IN THE GAME YOUR ENTRY FORM MUST BE IN BY APRIL 1ST.

Good luck to you all!

