

JUNE 2023

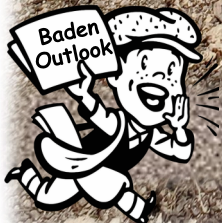
VOLUME 23, ISSUE 11

Baden Outlook

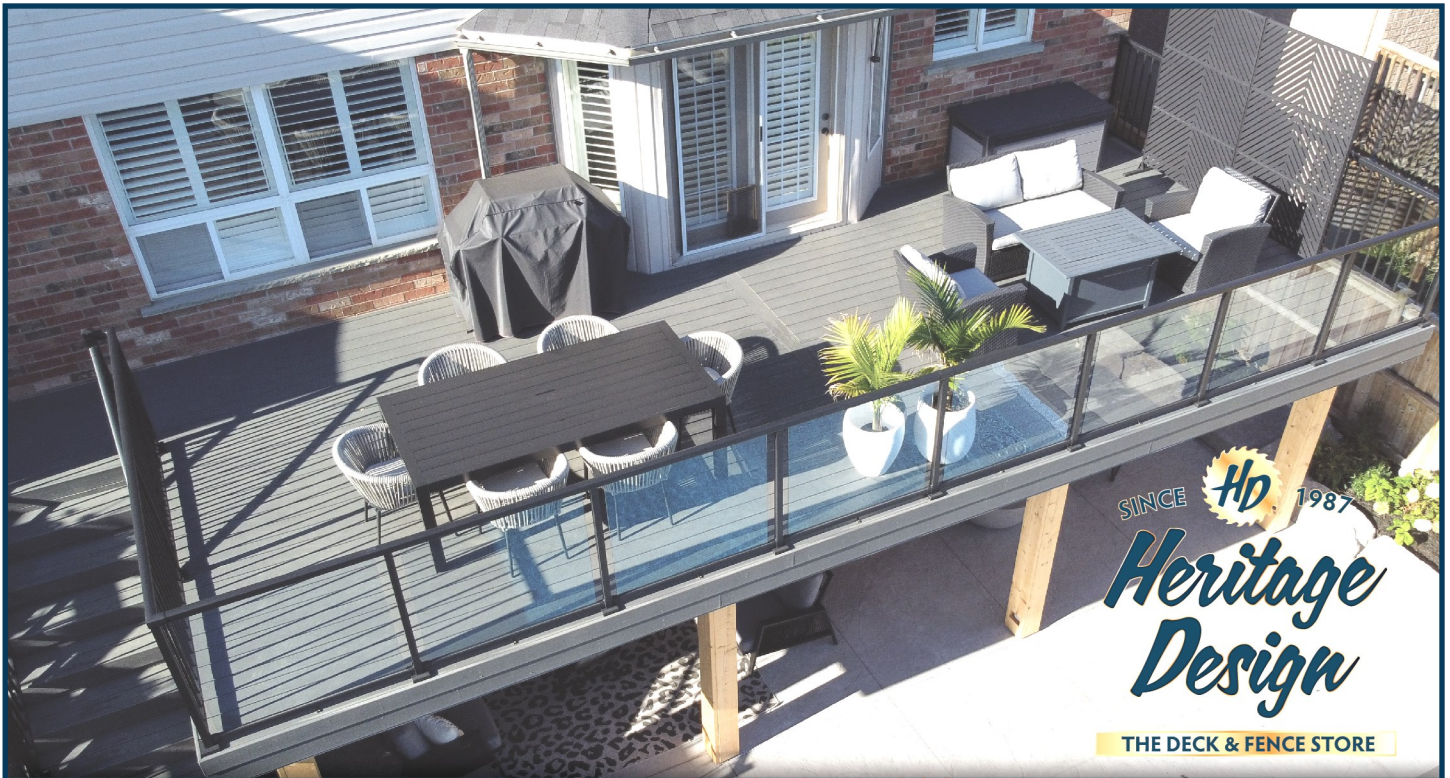
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Barry, Pat, & Katie Fisher

Check out what's happening in the paper this month:

- Check out the summer programs and much more at the Baden Library
- Castle Kilbride staff give us a blast from the Baden past. Follow the Castle Concert Series
- Mercedes Kay Gold gives tips on how to eat healthy this summer
- Chip from ICC writes about how it is normal to not feel normal sometimes
- Emma explains how shopping at New Hamburg Thrift Centre helps MCC.
- This month in Global Outlook, we dive deep into worldly waterfalls
- Learn how to keep your plants hydrated throughout this summer's drought with Wilmot Horticultural Society
- If you enjoy our games, we have plenty in this month's issue of the Baden Outlook... Have fun!

The Baden Outlook is a grassroots family business serving the community of Baden and Wilmot Township.

The views expressed in this newsletter are not necessarily those of The Baden Outlook.

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Greetings from Headquarters ~

Welcome to summer! To me, summer is the season of social. We see more of our neighbours, visit parks and events, and host some backyard barbeques. My family enjoys spending time by the mighty Nith River. Between canoeing, kayaking, and fishing... It feels peaceful to enjoy our local water and all the wildlife by the shoreline.

There is so much to do in the summer in Wilmot. Consider heading to a local park to watch a soccer or baseball game. Try a round of tennis at Beck Park or take the kids to the Wilmot Rec Centre splashpad. Cruisin' on the Pond car shows happen every Wednesday night if you are interested in checking out old cars while listening to fun old time tunes. There are lots of local places to shop for your gardening needs. So much to do, so much nice weather to enjoy!

I want to wish all the dads out there a very Happy Father's Day. My dad has been such a wonderful role model for both me and my children. He is patient, wise, and is a social butterfly just like me. Happy Pappy Day dad!

As we don't create a paper in July, we will keep you up to date with summer local happenings through our Facebook page.



Hello Outlook Readers! As Katie has mentioned—June brings people outdoors in all places. Try to share your best smile, throw out a wave or take the time stop to chat. I am guilty of always being in a hurry to get to where I'm going, or to tackle the task at hand in swift time. Whether I'm at the grocery store or out for a walk I will be mindful to be more open and slow down, and take a moment to greet and smile.

We've had our camper out for a short trip and found that even a few days away with our feet up, and with our books in the shade was rejuvenating. We came back well-rested and eager to get back into the garden and get engaged in our busy summer life. We will be off for more excursions throughout the summer.

The Baden Fishing Derby was a great success on June 3rd, with many enthusiastic people gathered around the pond on an awesome sunny day. The BCA stocked the pond with 400 trout to prepare for the derby and you'll be sure to see anglers lounging around the pond all summer long knowing there are many more fish to be caught.



If you read Barry's article this month you can see why he needs a month off—his cranium has been working overtime to share his brilliance with you. I think he would have liked to live in a world with the Jetson's. All kidding aside, he truly does look around and sees how very wonderful our community is. I hope you get out and about to enjoy all the amazing things Wilmot has to offer. Happy Summer everyone!



*A dad is a person
Who is loving and kind,
And often he knows
What you have on your mind.
He's someone who listens,
Suggests, and defends.
A dad can be one
Of your very best friends;
He's proud of your triumphs,
But when things go wrong,
A dad can be patient
And helpful and strong.
In all that you do,
A dad's love plays a part
There's always a place for him
Deep in your heart.
And each year that passes,
You're even more glad,
More grateful and proud
Just to call him your dad!
Thank you Dad
For listening and caring,
For giving and sharing,
But especially, for just being you.*

Author unknown

Talking with Ed

~ Random Thoughts



Two Seasons – Many people have stated that in Ontario there are two seasons: winter and construction season. Well, I am happy to report that the latter will be ending this year for Baden residents. The Region of Waterloo estimates that Snyder’s Road East, from the tracks to Gingerich Road, will be completed this August. The Snyder’s Road West part of the road construction will begin next year. Baden needs a little bit of normalcy, so it will be welcomed.

Shop Local – I drove past the construction site on Bleams Road where TLC Pet Food is building a new warehouse and was so impressed to see all the local businesses that they’ve hired for this big project. You will see Nith Valley Construction, Musselman Construction, and M & G Portables —all Wilmot businesses! Thank you Erik and Sandra for once again supporting local!

Looking to the Future – There has been a lot of talk about the benefits of having electric vehicles, as an option to fight climate change. I wondered if there was any discussion about creating cars that would hover above the ground similar to a hovercraft. Think of the benefits that this would bring particularly in residential areas; less rubber being created for tires, less brake and suspension repair, less road reconstruction, elimination of some snow removal and salt use, and so on. According to Green Biz there are about 200 companies involved in the development of Electric Vertical Take Off and Landing Vehicles. Companies such as Airbus, Stellantis, Uber, Toyota, and Hyundai are all paving the way (no pun intended) for this new technology. It will be a long road to development (no pun intended) and I have to wonder if they will be made to follow traditional roads and how will they handle intersections and roundabouts.



Looking to the Past – Years ago the way to sell some of your unwanted items would be posting an ad on a wall at a local post office or buying an ad in a local newspaper. You would then have to wait until the paper came out and use the rotary dial phone to close a deal. That all changed in 1995, when Pierre Omidyar formed the company E-Bay. In 2005 Kijiji was formed as a start-up by a small group of entrepreneurial E-Bay employees. Kijiji was the place to go to sell items and I used it many times. However, lately I have had little luck selling items on Kijiji. I have displayed many items on both Kijiji and Facebook Marketplace, which was formed in 2016, and Marketplace is hands down the place to go. Of course, there are many buy and sell local groups around that are also very effective. Life is ever-evolving!

Looking to the Past and Future – What did we do in the past without the New Hamburg Thrift Centre? I marvel at the amount of people going to drop off items and the amount of people finding quality and sometimes unique objects at fair prices. Apparently garage sales became popular in the 50s and 60s, but I do not recall seeing them as a kid. I can’t imagine all of that stuff that ended up in the landfill! We are blessed to have such an operation in our area to reuse and recycle so many things. Thanks to all the volunteers and staff that make it work. Another blessing in our community.

Looking at the Present – It is pretty safe to say that most people have seen that excavation has begun on the Wilmot Township Employment Lands. This will allow people to work, live, and play in Wilmot. Demand is high for potential businesses to move into this development and it will be interesting to see how this land progresses.

Looking at the Present Part Two – One of the most amazing developments that Wilmot has seen for quite some time is the Mike Schout Wetlands Project which had its official grand opening on June 10th. This boardwalk is such a unique idea and was made possible with the foresight and financial backing of Mike Schout and the expertise and guidance of Ducks Unlimited representative Phil Holst. There is nothing like it in our area and it will be another notable attraction for people far and wide to visit Wilmot. It will also give flora and fauna an area to blossom. There are also flood mitigation aspects in this project too. Thank you Mike, Phil, and Township staff for bringing us a project that has countless benefits for Wilmot!



Whew— Until August...Ed



Yes, summer is here and we want to be outside to garden, camp, play, visit, and rest - to simply stay away from the computer for one month.

The Baden Outlook will not be publishing a paper this July. We will look forward to connecting again in August. Thank you for understanding.

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ALL THINGS SCRAMBLED

Within each category the words are jumbled up.
Can you unscramble them? Answers on page 30

Fun in the Pool

VIDE _____
MIWS _____
FART _____
VAWE _____
TRAWE _____
LOAFT _____
SHLAPS _____
ORTKES _____
SRUNKT _____
LOREKNS _____

Summer Attire

PAC _____
TRIKS _____
REDSS _____
TRISTH _____
SORTHS _____
INKIBI _____
PARCIS _____
DASHES _____
SLANDAS _____
SPOLFPILF _____

"Keeping the Community
Connected"



Baden ~ Our Town ... The Fishing Derby was a Great Day!

The Baden Community Association was delighted by the perfect weather and the amazing turnout for their annual Fishing Derby. Even more delighted were these children who were thrilled to catch fish and take home \$50 prizes!

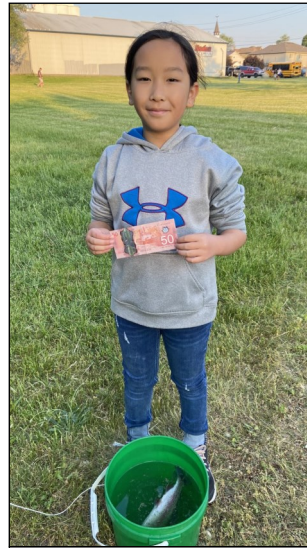
There were many people gathered around the Baden Millpond by the start of the event at 6 am and 205 people registered throughout the day. There was a barbecue and many random prizes were won, with great thanks to our amazing sponsors as seen below, who helped make this event a success.

WITH THANKS TO OUR SPONSORS

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- * NH Optimists
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- * OK Tire
- * Lambert Group
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- * Sarah Scott RMT
- * EJ's
- * Josslin Insurance
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- * NH Vet
- * JR Auto
- * Clover Leaf Foods
- * Old Country



Owen and Finn each won \$50 for catching the shortest and longest fish.



Hurray for Hope and Kaden who tied for the first fish caught of the day, winning \$50!



Nickolas won \$50 for the first child under 10 years old who caught a fish.



Theo was the lucky winner of the 10:00 random draw.

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For all the light you bring into the lives of others, take time out to enjoy and celebrate.

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"Additional Location in Stratford"

Checking out the Baden Library



Check out a Hobby Kit

Summer is a great time to try out a new hobby - long days are made for hikes and birdwatching; quiet afternoons at the cottage give way to learning a new instrument or fishing; mornings on the deck trying out wood carving or practising yoga, and the clear nights are perfect for stargazing.

Often, a costly investment is needed to try out something new - but not if you have a Region of Waterloo Library membership! You can search our Hobby Kit collection online at <https://www.rwlibrary.ca/en/collections/hobby-kits.aspx>. Holds can be placed on any kit, and once available - it's yours to try for 3 weeks!

Summer Reading Club

Visit your local RWLibrary Branch to sign up for Summer Reading Club **starting Monday, June 19**. Track your reading starting Saturday, July 1 through to Saturday, August 26.

Summer Programs

Registration for summer programs is on now!

For kids

- Summer Storytime – Tuesday, July 4 at 10:15 a.m. – Baden Branch
- Ready, Set, Go Kindergarten! – Tuesdays – July 11-25, August 1 at 10:30 a.m. – Baden Branch
- Youth Under the Rainbow in partnership with Spectrum – Wednesdays, July 5 – August 9 at 2:00 p.m. – New Hamburg Branch

School-aged programs:

- Mondays – July 10-31, August 14 at 10 a.m. – Baden Branch
- Wednesdays, July 5 & 19, August 2 & 16 at 11 a.m. – New Dundee Branch
- Spy School! Thursday, July 20 at 10:30 a.m. – New Dundee Branch
- Spy School! Thursday, July 27 at 10:30 a.m. – New Hamburg Branch
- BINGO is my THINGO – Thursday, July 27 at 1:15 p.m. – Baden Branch
- Summer Storytime – Tuesday, August 8 at 10:30 a.m. – Baden Branch
- BINGO is my THINGO – Thursday, August 10 at 1:15 p.m. – Baden Branch

For tweens/teens

- Escape the Library: Insect Invasion! – Tuesday, July 4 at 10 a.m. – New Hamburg Branch
- Crafternoons – Monday, July 17 at 2 p.m. – New Hamburg Branch
- Crafternoons: Yarn Painting – Tuesday, July 25 at 2 p.m. – Baden Branch

For adults

- Adult Summer Reading Challenge – Tuesday, July 4 – Thursday, August 31. Pick a BINGO card up at your local RWL Branch!
- Adult Craft Night: Painted Coasters – Tuesday, July 25 at 6 p.m. – New Hamburg Branch

For families

- Chalk the Walk! Wednesday, July 12 at 10:30 a.m. – New Dundee Branch
- Rose Princess visits the Library in partnership with Storybook Events – Thursday, July 13 at 11 a.m. – Baden Branch
- Popcorn Theatre Movie Day presents “Lyle, Lyle Crocodile” – Thursday, July 20 at 10:30 a.m. – Baden Branch
- Nature’s Ninjas with Little Ray’s – Tuesday, July 25 at 6:30 p.m. – New Dundee Branch
- Scales and Tales with Scienstational Sssnakes! – Friday, July 28 at 1 p.m. – New Hamburg Branch
- Nature’s Ninjas with Little Ray’s – Friday, August 11 at 1 p.m. – New Hamburg Branch
- Popcorn Theatre Movie Day presents “Minions, the Rise of Gru” – Tuesday, August 15 at 1:30 p.m. – Baden Branch

“CHECK IT OUT” PROGRAMS FOR FAMILIES ON FRIDAY MORNINGS

10-11:30 A.M.

- New Hamburg Fire Station – Friday, July 7
- Backyard Honey Company in Wellesley – Friday, July 7
- Castle Kilbride in Baden – Friday, July 14
- Waste Management – Friday, July 14
- Emergency Services – Friday, July 28



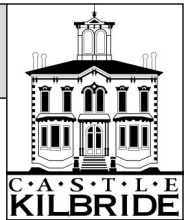
Scan to see our full Events Calendar, and to register for our programs.

Call 226-748-8030 or email rwlprograms@regionofwaterloo.ca if you have questions about upcoming programs



Looking Back at Baden 100, 75, and 50 Years Ago

By: Sherri Gropp, Curator and Taylor Hynes, Museum Assistant



100 Years Ago

“The bazaar held under the auspices of the Ladies’ Aid St. Jacob’s Lutheran Church last Monday evening in the town hall certainly was a treat for those who came early, and we must say that Baden needs a larger hall to hold the crowds that attend. Thanks are due to the many people of Baden and neighbouring towns and cities who took part in the entertainment. Special mention must be made to those who kept the crowd entertained during the evening: Mr. J.T. Uttley of Baden, song, assisted by Mrs. Uttley, piano. Miss Alma Richards, Stratford, song, assisted by Mrs. Richards. Master Clarence Heipel and Miss Cora Heipel, piano duet. Prize drawing quilt was won by Mrs. Wm. Schneider and the cushion by Miss Ethel Hunsberger. Everything that goes with a bazaar was there. Auction of sewing and cakes, fishpond etc. which

Photo: Spire from the Lutheran Church with the Town Hall just beyond.



caused a great deal of amusement. Last but not least our popular Baden Band enlivened the evening also with their stirring music in their usual good style.” Weather permitting the local Baden Band will commence their weekly open air concerts Thursday evening, May 31st.



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	<p>July 6 Dana K & the Remedy (Rock/Soul/Contemporary)</p> <p>July 13 Rescue Junction (Gospel/Bluegrass)</p> <p>July 20 Unleashed (Classic Rock)</p> <p>July 27 Onion Honey (Old-time Folk)</p> <p>Aug. 3 Folklore Junction (Country/Folk)</p> <p>Aug. 10 Kitchener Musical Society (Classical)</p> <p>Aug. 17 York Street Thought Process (Indie/Folk)</p> <p>Aug. 24 Festival City Big Band (Jazz/Swing)</p> <p>Aug. 31 Smile'n'Wave (80s New Wave)</p>
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75 Years Ago—June 4, 1948

New Hamburg 3- Baden 3

Losing a 3-0 lead which they held from the third inning, New Hamburg ended up in a 3-all draw in a game at Baden on Monday night. Held to five hits by Alan Hohl up to the eighth. Baden put on a story-book finish to tie up the game in the last two innings, but it took a bad throw to first with two out to allow them a tie to count. In Baden's half of the eighth Glenn Honderich tripled to centre and Weiler fled to third. Koenig tripled when Ritz misjudged the drive but was out at home trying to score on the hit.

Line-ups:

New Hamburg- O. Boehler-1f, Roth-1b, Nauman-short stop, Ritz-cf, Doerr-3b, E. Boehler-2b, R. Honderich-rf, Arnold-rf, Windsor-c, Hohl-p, Peason-p.



The line up for Baden was G. Honderich-3b, A. Weiler short stop, L. Miller-1b, B. Miller- pitcher, Beemer-c., Koenig- rf, Hauck-1f, Glasser-2b, Schmidt-cf.

Curator's Note: In a recent interview with Elmer Koenig a member of the 1948 Baden Pirates team shared the following memories. Elmer said "The most important thing is that we had fun together. It was a group effort, and we all enjoyed our time playing baseball as a team." He went on to explain how the players were transported from town to town. "D.M. Schneider would typically deliver milk but on game days, we borrowed two benches from the Town Hall and put them in the back of the truck. We all travelled this way as a team to places as far away as Owen Sound, Clinton, and Centralia. The last two places we played, the teams were made up of Airforce members." Home games on the other hand were played to the west of Castle Kilbride on the Livingston's property. "The only trouble about playing on the baseball team is that we had to take time off from work as all games were played in the afternoon as we had no lights to play at night."

Thank you for sharing your memories with us, Elmer!

50 Years Ago —1973

In June 1973 Norman S. Hill retired after a distinguished teaching career. In total he taught for 41 years all in Waterloo County. In Wilmot he taught at S.S.#8 Rosebank, Grandview Public School where he was Principal for 22 years, and Waterloo-Oxford District Secondary School where he taught mathematics, later acting as Vice Principal. In his spare time he was a sports enthusiast, especially for baseball. Not only was he a player, but was instrumental in establishing local minor sports associations for both baseball and hockey. Today a park is named after him in New Hamburg.



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“ Jon and Jen as well as the rest of the team were absolutely amazing to deal with in the sale of my condo! I can't say enough about the professionalism and the constant communication keeping me in the loop throughout the entire process. ”

-Tyler K.

Canadian Trivia

1. Canadians are renowned for adding what to the ends of sentences?
2. What is the most important mineral associated with Sudbury?
3. What is another name for Canada Day?
4. In which province is Dinosaur Provincial Park?
5. Where in Canada would one attend the famous Shakespearean Festival?
6. What is Canada's national animal?
7. What do Canadians commonly call February 2?
8. How long is a Canadian football field?
9. What trophy is awarded annually to Canada's outstanding athlete?
10. Which Canadian creature has its own monument near Wawa, Ontario?



Answers to Canadian Trivia

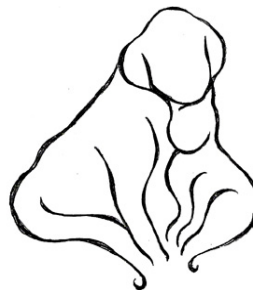
- | | |
|-----------------------|---------------------|
| 1. Eh? | 6. Beaver |
| 2. Nickel | 7. Groundhog Day |
| 3. Dominion Day | 8. 110 yards |
| 4. Alberta | 9. Lou Marsh Trophy |
| 5. Stratford, Ontario | 10. Canada Goose |

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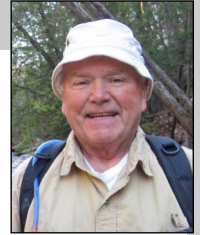


New Clients Welcome!



Baden Birding ~ It's A Family Affair

By Wayne Buck



One day this past July we had a family gathering here at our rural property. Some family members were walking around looking at the various plants and things when they came across a flock of wild turkeys consisting of 3 adult hens and 19 poults, (young turkeys). The poults were about the size of domestic chickens, standing 0.3-0.4 m tall; feathered much like young chickens. The adult females had the large, long, barred, beautifully bronzed feathers of an adult.



We were never sure where they spent the night but our grandchildren loved finding the large feathers that were shed as the poults developed their adult plumage, scattered in many areas on the property. Some of their tail feathers are quite large and beautiful. Some of their primary wing feathers are barred and over 0.3 m long.

Wild Turkeys have lived in North America for tens of thousands of years. Early settlers to North America hunted these large

The following morning when I got up just after 6:00 a.m., I looked out across our yard towards the old colony house when I again saw the flock; the poults making their way slowly across the grass, stopping frequently to peck at something. The adult females were herding them along, keeping a sharp eye out for any danger that might present itself. I counted them and there were the same numbers as before: 3 adults and 19 poults. The females were wary. If I made a loud noise, they would stop and look in the direction of the house to see what caused the noise (our windows were open, being July).

This happened on an almost daily basis for the month of August. They didn't always use the same route. Sometimes they would come from the opposite direction, sometimes from the north. Frequently we would see them in the afternoon in other locations on our property. One day in August, Lynda and I were working in our garage cleaning the garlic when the flock crossed our laneway heading from our wet meadow into the spruce forest on the other side. We counted 19 poults and 3 adults; none had been lost to predators. On another afternoon we saw them rolling in the dry dust (we did have a dry summer) near our parking pad. Occasionally we saw them in late afternoon or early evening in the area behind the house bordering a heavily-treed area near the creek.

delicious fowl (Think of the first Thanksgiving in 1620) in such large numbers that, along with the loss of suitable habitat, brought about their extirpation in Ontario in the late 18th century. They were reintroduced to Ontario in 1984 when Ontario received 274 wild turkeys from various U.S. states in exchange for river otters, partridge, geese, and moose. To say turkeys have done well is an understatement. We often see flocks of 40-60 feeding in open fields. Hunting is allowed in spring when hunters use decoys and turkey calls to draw interested Toms in close enough for a shot: a very difficult task.

Once mated, hens lay 10-14 eggs in a nest which is a shallow depression in the dirt surrounded by vegetation. Eggs are incubated solely by the female for 28 days. When the poults hatch, they are able to follow the hen to find food, etc. within 24 hr. Their favourite food is acorns but they also eat seeds, berries, insects, reptiles, and amphibians. They have been known to frequent backyard bird feeders.

Turkeys have many predators including coyotes, wolves in their range, bobcats, and cougars. Poults are hunted by foxes, coyotes, domestic and feral cats, raccoons, opossums, great-horned owls, and golden eagles. Unfortunately we never discovered if many of the 19 poults managed to make it through their first year.

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It's June... Let's Meet the Bug!

June beetle, (genus *Phyllophaga*), also called **May beetle** or **June bug**, genus of nearly 300 species of beetles belonging to the widely distributed plant-eating subfamily Melolonthinae (family Scarabaeidae, order Coleoptera). These red-brown beetles commonly appear in the Northern Hemisphere during warm spring evenings and are attracted to lights.



The heavy-bodied June beetles vary from 12 to 25 mm (0.5 to 1 inch) and have shiny wing covers (elytra). They feed on foliage and flowers at night, sometimes causing considerable damage. June beetle larvae, called white grubs, are about 25 mm (1 inch) long and live in the soil. They can destroy crops (e.g., corn [maize], small grains, potatoes, and strawberries), and they can kill lawns and pastures by severing grasses from their roots.


Each female buries between 50 and 200 small pearl-like eggs in the soil. After three years of feeding on plant roots, the larvae pupate, emerge as adults in late summer, and then bury themselves again for the winter. In the spring the adults emerge once more and feed on available foliage. Adults live less than one year.

A natural enemy of the June beetle is the waved light fly (*Pyrgota undata*). The female fly lays an egg under the beetle's elytra, where it hatches and feeds on the beetle, eventually killing it. Some small mammals, such as moles, are known to feed on the grubs, and June beetle larvae are considered excellent fish bait.

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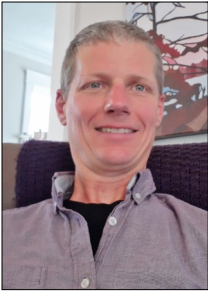


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It's Normal to Not Always Feel Normal

By Chip Bender, Registered Psychotherapist (Qualifying)



Today, the spring sunshine, which we have reveled in for over a week, has given way to clouds and drizzle. My house is currently quiet, and it feels like my body, mind, and spirit need time to recover from a week packed too full. It was packed mostly with good stuff, but with enough of my own stress and minor conflicts, in addition to the weight of witnessing the pain and suffering of clients. Some decent rest this weekend along with a couple of gatherings with friends should aid in my recovery.

Our mental health can ebb and flow like the weather around us or from season to season. This is normal. Unfortunately, it seems like we have come to believe that it is not normal to not feel normal. Perhaps this misperception is aided by seeing everyone's highlight reels on social media or the constant bombardment of marketers suggesting life can be perfect. The stark reality is that life is not always sunshine, highlight reels, or anything close to perfect. Sometimes life is stormy, difficult, and even terrible, which can put a strain on our mental health.

One thing we should have learned from the pandemic is sometimes our health is not optimal; sometimes we do get sick. The fortunate part is, our bodies are geared toward wholeness, which means we will recover from whatever has made us ill, most of the time. The same holds true for our mental health. Like our bodies, our minds are geared toward wholeness, though sometimes our mental health suffers when the difficulties in life exceed our ability to cope with them.

It is normal to encounter mental health challenges and not feel normal. Significant strides have been made to de-stigmatize mental health issues and normalize difficulties we encounter as humans. Unfortunately, it seems like people feel they will be judged as flawed if they admit to dealing with a mental health related problem.

The month of May is mental health month, which has spurred some workplace conversation regarding encountering clients out in public. On the one hand, we recognize the importance of client confidentiality, which entails not acknowledging any connection to them and in turn, them to a mental health organization. On the other hand, we hope the public would view relationships with a mental health practitioner as commonplace as a nurse, or barber, or mechanic. As humans, it is completely normal to need other professionals to help us function optimally. Hopefully, we will get to the point where we can be grateful for all the various supports in our community instead of being ashamed that we need a needle, a haircut, an oil change, or a counselling session.




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You Must Be Joking!!



A woman brought a very limp duck into a veterinary surgeon. As she laid her pet on the table, the vet pulled out his stethoscope and listened to the bird's chest.

After a moment or two, the vet shook his head and sadly said, "I'm sorry, your duck, Cuddles, has passed away." The distressed woman wailed, "Are you sure?" "Yes, I am sure. Your duck is dead," replied the vet.

"How can you be so sure?" she protested. "I mean you haven't done any testing on him or anything. He might just be in a coma or something."

The vet rolled his eyes, turned around, and left the room. He returned a few minutes later with a black Labrador Retriever. As the duck's owner looked on in amazement, the dog stood on his hind legs, put his front paws on the examination table, and sniffed the duck from top to bottom. He then looked up at the vet with sad eyes and shook his head.

The vet patted the dog on the head and took it out of the room. A few minutes later, he returned with a cat. The cat jumped up on the table and also delicately sniffed the bird from head to foot. The cat sat back on its haunches, shook its head, meowed softly, and strolled out of the room.

The vet looked at the woman and said, "I'm sorry, but as I said, this is most definitely, 100% certifiably, a dead duck."

The vet turned to his computer terminal, hit a few keys, and produced a bill, which he handed to the woman. The duck's owner, still in shock, took the bill. "\$150!" she cried, "\$150 dollars just to tell me my duck is dead!"

The vet shrugged, "I'm sorry. If you had just taken my word for it, the bill would have been \$20, but with the Lab Report and the Cat Scan, it's now \$150."



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Activa Set to Build Business Core (August 2008)

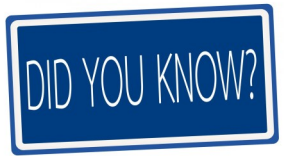
Activa Group has decided to move ahead with plans to build a business core in the heart of Baden. The plaza is proposed for the corner of Livingston Boulevard and Snyder's Road. It will hold up to eight units (total floor space of approximately 15,000 square feet) and will provide room for a number of businesses such as a florist, restaurant, health office or day care centre.

Activa's Valerie Schmidt told The Baden Outlook that Activa has to go through the site plan process with the Township before the development can be constructed. The last day of appeal for the zone change amendment was June 12 and there have not been any objections or written complaints. The township has yet to review and approve the site plan.

There have been numerous business enquiries about the project but there are no confirmed tenants yet. She said they hope to start building within the next couple of months, or, at the very latest, by the end of year.



Activa submitted this rendering of Baden's proposed business core which was presented at a public meeting on May 12th, 2008 to Township Council.



Did you ever wonder if there was any other previous name for our town before it was called Baden?

Yes.. in fact there was. The hamlet was once known in 1837 as "Weissenburg." Years later it was known as "Middle Road" and "Gas".

In 1854, Jacob Beck, a native of Baden Germany, named the town Baden.



Be a free spirit this summer!



Stop and smell the flowers, hug a tree, listen to the birds, and enjoy the gentle flutter of a butterfly. Be yourself in all your perfect glory!

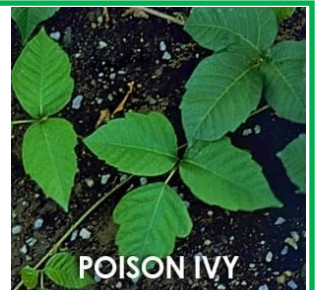


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The Nith Valley EcoBoosters (NVEB) is a not-for-profit, politically non-partisan group of volunteers aged 8 to 70 plus years that has been active in the community for 10 years. We are funded by donations, fundraising efforts, and grants (no membership fees to join). Our mandate is to achieve and support a long-term healthy environment in Wilmot and Wellesley Townships and we accomplish this through education, action, and collaboration. If you are interested in the climate crisis and other local and global environmental issues, take a look at our website to see what we do (nvecoboosters.com).

Our next NVEB general monthly meeting will be held at **7:00PM on Thursday, June 29th** and everyone is welcome to attend. Please contact us via e-mail: nvecoboosters@gmail.com or call **519-662-9372** if you would like to participate in this meeting or want more information.

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ED'S SYLLABLE SILLIES

Fill in the answers to the clues by using all the syllables in the sylla-box. The number of syllables used in each answer is in brackets. The number of dashes indicates the number of letters used for each answer. Each syllable may only be used once.

Here is an example: Spring flower (3) _ _ _ _ _ _ _ _ (answer: daff/o/dil)

1. A pirate (3) _ _ _ _ _ _ _ _
2. A town west of Baden (3) _ _ _ _ _ _ _ _
3. Before (2) _ _ _ _ _
4. Fate of a person or thing (3) _ _ _ _ _ _ _ _
5. A beach house (3) _ _ _ _ _ _ _ _
6. Wild emotionalism; frenzy (4) _ _ _ _ _ _ _ _
7. A type of banana (2) _ _ _ _ _ _ _ _
8. Still being young (2) _ _ _ _ _ _ _ _
9. To enthral, fascinate, charm (3) _ _ _ _ _ _ _ _
10. A tropical red wood tree (4) _ _ _ _ _ _ _ _
11. To rest, repose this summer (2) _ _ _ _ _ _ _ _
12. A fresh water crustacean (2) _ _ _ _ _ _ _ _
13. A flock of geese (2) _ _ _ _ _ _ _ _
14. A blue-green colour (2) _ _ _ _ _ _ _ _
15. Not trustworthy (3) _ _ _ _ _ _ _ _
16. A happening such as Whispers of Wilmot (2) _ _ _ _ _ _ _ _

ANSWERS ON PAGE 30

a a a ban buc burg ca ca
 cap cray des dis e em est
 fish ful gag gle hog hon
 hys lax lux ma neer neer ny
 ny or plan pri quoise re ri
 tain te ti ti tur vate vent
 youth



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You Must Be Joking!!



Joe: What does your father do for a living?

Jon: He's a magician. He performs tricks, like sawing people in half.

Joe: Do you have any brothers or sisters?

Jon: Yep, I have four half-sisters and a half-brother.

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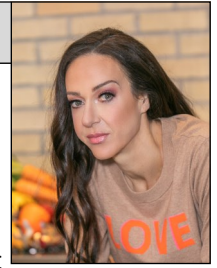
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Head Into Summer with Sunshine Spinach Salad

By Mercedes Kay Gold



Hello June and summertime salad love. Homegrown garden goodness is truly a backyard bounty but not everyone finds happiness digging in the dirt. Shopping local farmer's markets or purchasing produce labeled "Foodland Ontario" means a shorter distance from the farm to your table, helping ensure fabulous freshness. Eating a healthy, whole food plant-based diet is eye-pleasing, palate-teasing, and fuels the cells with everything required to help you thrive. Build your body on nature and serve up my in season sensational salad topped with a delightful dressing.

Spinach is 91% water, making it a fabulous hydrator on hot and humid days. As a holistic nutritionist, I love this lush and leafy low-carbohydrate and low-calorie veggie. Spinach is a stupendous support for maintaining or losing weight. It's also a boatload of beneficial insoluble fiber helping keep up dreamy digestion. Spinach's gorgeous green color is thanks to blood-building chlorophyll. Menu planning should include slews of steamed, raw or juiced spinach to obtain insane amounts of immune boosting vitamin C and key blood clotting vitamin K1. The calcium content is crazy and yes, plants do contain iron. Steamed spinach is a sensational source of non-heme iron, but don't forget a squeeze of citrus to help with absorption. Spinach is stocked with plant compounds like lutein and zeaxanthin, essential eye-health helpers plus quercetin, an all-star anti-inflammatory.

Mushrooms are magnificent. I'm crazy for the low-calorie and low-carb cremini, better known as the common mushroom. Thanks to beneficial bacteria, our gut microbiome reaps rewards. A top-notch tummy lays the foundation for optimal digestion and is linked to overall well-being. Mushrooms contain aromatase inhibitors and there appears to be a connection between fabulous fungus and warding off lung and breast cancer. Vitamin D supports bone health and immunity plus the trace mineral zinc aids in wound healing. Cremini mushrooms are so flavourful in culinary dishes that recipes will favor using less salt. Good news for those looking to lower their sodium intake.

The stunning sweet strawberry is synonymous with summer. This beautiful berry is fiber dense, low-calorie and a great go-to for anyone following a ketogenic diet. They are the perfect portable snack on humid days due to their 91% water content. Doctors regularly recommend strawberries for diabetics thanks to a glycemic index score of 40, relatively low sugar compared to other fruit. Strawberries have an abundance of vitamin C, an antioxidant linked to plump youthful skin and warding off sickness. Here's a fun fact. Eight medium strawberries contain more vitamin C than eating an orange. Manganese is marvelous for supporting knee issues and vitamin B9, better known as folate is a forever friend to cell function. Last but not least, strawberries are packed with potassium, one of the key

electrolytes required to support healthy blood pressure. The awesome antioxidant anthocyanin gives the berry color and the redder the berry, the more present. Like the strawberry, raspberries are linked to a stronger immune system, and are the perfect fruit to fight off catching a summer cold. Folate helps produce healthy red blood cells and loads of lutein and zeaxanthin filter out harmful blue light rays as well as helping offset age-related macular degeneration. These two beautiful berries are yummy in yogurt, grand on granola, and add ravishing red body-boosting benefits to banana breads and lemon loafs. Find a local patch and pick your own because this salad is soon to be a family favorite.

Basil is a herb in the mint family, complementing fruit fabulously. Basil contains a wide array of nutrients. Lutein and zeaxanthin, two essential eye health helpers plus beta-carotene, the precursor to vitamin A are noteworthy. Fresh torn leaves are a fantastic flavor enhancer in garden salads, sprinkled on pasta and pizza or combined with olive oil and fresh chopped garlic for a magnificent marinade. Herbal heaven can last all year long. Simply plant basil in your garden or a simple outdoor patio pot and transfer inside to a sunny window sill when the patio furniture goes away.

Sunshine Spinach Salad

Serves 2-4

Combine the following ingredients in a salad bowl.

5 oz or 142g box of fresh spinach leaves
Small chopped red onion
1 cup of sliced mushrooms fried in 1 tsp of olive oil
1 cup sliced and washed fresh strawberries
Handful of fresh rinsed basil leaves torn

Salad Dressing:

In a blender or bullet combine the following ingredients.

1 cup washed fresh raspberries
½ cup avocado or olive oil
1 Tbsp raw honey or maple syrup
½ tsp garlic powder
Pepper and Himalayan salt to taste
2 Tbsp balsamic vinegar
1 Tbsp fresh squeezed lime

For a complete meal, protein is key. Protein promotes fullness, weight-management and helps to maintain and build muscle. Top the salad with nutrient-dense add-ons. Choose one or more of the following: ¼ cup raw pumpkin seeds, ¼ cup raw chopped walnuts or pecans, 2 chopped hardboiled eggs or 4 Tbsp (60 grams) crumbled goat cheese. Pour dressing over the salad and gently combine. Top with fresh torn basil leaves. Refrigerate leftover dressing for up to 5 days.

June is my favourite month (not because it is my birthday month). It is just a month full of flowers, sunshine and warmer weather. What is not to like? If you look around, there are so many things to be thankful for.

Here at the New Hamburg Thrift Centre, we are very thankful for wonderful weather. More importantly, we offer a big thank you to all who supported our Perennial Sale in May – both by donating and by volunteering to help! This year marked the highest total for the sale – and this money goes directly to support the work of Mennonite Central Committee. We cannot thank our donors and our volunteers enough for their dedication to this special project.

This month we are also very thankful for the many programs that MCC has around the world. I want to share with you the MCC refugee resettlement program.

Refugee resettlement provides a new start for families and individuals who have had to flee their homes due to conflict or disaster. Each of the 13,000 refugees who have been resettled in Canada through MCC over the last 42 years has been offered a new opportunity. But when we reduce refugee sponsorship to only that, we miss a much bigger truth—that newcomers enrich our lives too.

Each and every person who has the chance to start their life in Canada brings with them a unique personality and experience that only adds to our country. During the pandemic, a number of newcomers stepped up to the front

lines and served their neighbours in whatever capacity they could.

As a newcomer myself, I know how important it is to find a community and support when you are new in the country and have left the life you know behind. So, I am very thankful for this welcoming community!

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Drop One For Fun

Answers on page 30

Write the five-letter answer to clue #1 in the first box. Drop one letter and rearrange the remaining letters to answer clue #2. Put the dropped letter into column A. Drop another letter and rearrange the remaining letters to answer clue three. Put the dropped letter into column B. Follow the pattern for each row into the diagram. When completed, the letters in column A and column B, reading down, will spell words or a phrase. Have fun!

	A		B	
1		2		3
4		5		6
7		8		9
10		11		12
13		14		15

1. Harsh grating noises
2. Make the motions of boxing
3. What golfers want
4. This is ghostly
5. A female relative
6. A colony dweller
7. Lack of wisdom or judgement
8. Grape hangout
9. Complete eagerly
10. Movement to music
11. A senior's helper
12. High card
13. To make late
14. Tramp's friend
15. Young boy

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June is National Indigenous History Month in Canada, a time to recognize the rich history, heritage, resilience, and diversity of First Nations, Inuit, and Métis.

Let's take a moment to
 celebrate Indigenous
 People's Day
 on June 21, 2023



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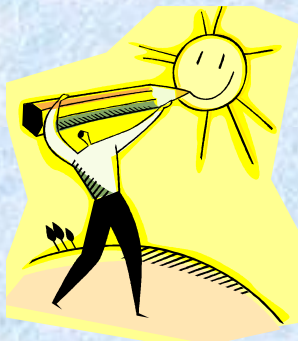
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New Hamburg Legion Poppy Committee
Margret Nodwell and Branch 532 President
Ross Eichler presented a cheque for \$2800
from this past year Poppy Campaign to
Stratford General Hospital Foundation. Thanks
to residents of Wilmot and area for supporting
the New Hamburg Legions Poppy Campaign
helping to support our Veterans.

Reduce to Produce Answers on page 30

Eliminate words from the clues below. The remaining words will create the answer to this riddle.
(Read remaining clues left to right, top to bottom)

The person who stole my private journal
has just passed.....

A	B	C	D
HE	STUFFY	MY	TWO
TEN	HOUR	SWEATER	FLUFF
THOUGHTS	CHEERFUL	TEAL	ARE
IS	WITH	JOLLY	MINUTE
CONTENT	BETTER	HIS	YELLOW
BE	FAMILY	ONE	LETTER

1. Remove all 2-lettered words in column A
2. Remove all words that rhyme with "wetter"
3. Remove all numbers
4. Remove all words containing letters "FF"
5. Remove all measurements of time
6. Remove all words that are colours
7. Remove all synonyms of the word "happy"

Write leftover words here:



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Ever Wonder?

- * Why the sun lightens our hair but darkens our skin?
- * Why women can't put on mascara with their mouth closed?
- * Why don't you ever see the headline "Psychic Wins Lottery"?
- * Why is "Abbreviated" such a long word?
- * Why is it that doctors call what they do "practice"?
- * Why is lemon juice made with artificial flavor and dishwashing liquid made with real lemons?
- * Why is the man who invests all your money called a 'broker'?
- * Why isn't there mouse-flavoured cat food?
- * When dog food is advertised as 'New and Improved Tasting', who tests it?
- * Why do they sterilize the needle for lethal injections?
- * You know that indestructible black box that is used on airplanes? Why don't they make the whole plane out of that stuff?
- * Why are they called apartments when they are all stuck together?
- * If 'con' is opposite of 'pro', is Congress the opposite of progress?
- * If flying is so safe, why do they call the airport 'the terminal'?



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Global Outlook - Check out the Waterfalls of the World

Niagara Falls is one of the most iconic waterfall in the world, but is it the tallest, widest, or have the most volume of water flowing over it? After some extensive research we found some interesting facts about these amazing landmarks.

Tallest –The tallest falls in the world are the Angel Falls located in Canaima National Park, Bolívar, Venezuela. They are named after the American explorer, James Angel, who discovered them in 1930. They have a height of 3,212 feet and width of 500 feet. The second tallest waterfalls, the Tugela Falls, are located in Royal Natal National Park, KwaZulu-Natal, South Africa. They have a drop of 3,110 feet and width of 50 feet. There are seven other waterfalls in the world that range from a height of 2,999 feet to 2,760 feet with one of them being in Canada –James Bruce Falls in British Columbia. However, the tallest waterfalls in the world are actually located underwater in the Denmark Strait. The waterfall starts at a depth of 2000 feet and plunges to 10,000 feet. The waterfall is created by warmer surface waters that flow northward and cold dense water that flows southward, creating a waterfall.

Widest – The widest waterfall in the world can be found on the Mekong River in Laos. The 35,376-foot wide Khone Phapheng Falls in Ban Hang Khone is actually a combination of the Khone and Pha Pheng Falls. This waterfall has double the volume of water of Niagara Falls. The second widest waterfalls are the Para Falls located in Venezuela which are 18,399 feet wide. After that there is a large drop off (no pun intended).

Most Beautiful – According to the website Planet Ware, here are the five most beautiful waterfalls in the world.

Iguazu Falls are located on the border of Argentina and Brazil. Iguazu Falls are actually a chain of hundreds of individual waterfalls stretched out over almost three kilometers to create the world's largest waterfall. They are surrounded by rainforest, which adds to the glory.

Victoria Falls is located between Zimbabwe and Zambia and is a UNESCO world heritage site. Water plunges over a precipice that drops more than 100 metres. The waterfall has a flow of 500 million liters of water every minute.

Havasu Falls is located in Arizona, falls over a bright orange cliff into a bright turquoise pool which is situated in the Grand Canyon. The downside is to see these falls requires a ten-mile hike into the Havasupai Reservation.

Angel Falls as noted above are located in Canaima National Park, Bolívar, Venezuela. They are the tallest in the world.

Niagara Falls are a short two hour away from us and definitely a popular tourist attraction.



Most Volume – The top three waterfalls per volume are all located on the Congo River. Inga Falls which are located in the Congo have a flow rate of 25,768 cubic metres per second. Livingstone Falls has a flow rate of 25,060, and Wagonia has a flow rate of 16,990. As an example, Niagara Falls is ranked number 11 in the world and has a flow rate of 2,407 cubic metres per second.

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The Affordable Housing Crisis: it's personal for these three women

Evelyn's story

In the Fall of 2011, at the age of 53, Evelyn found herself on the verge of being homeless. Remembering this time in her life still evokes raw emotion. "I'd never been in that position. I'm an 'in control' person. It was a horrible place to be in. It's hard to think about."

Evelyn had practised for years as a professional counsellor. But, in the ten years that led up to that moment, she had suffered debilitating pain. As her condition worsened, she had to give up her full-time position. She struggled to work even a day or two a week. By the end, she could not walk, sit, or stand without intense pain.

In those ten years, she used up her all savings and her pension. She found herself in a modest Kitchener apartment with no money left for the next month's rent. Evelyn remembers walking into the Waterloo Region offices to ask if they could expedite her application for Ontario Disability (ODSP). She felt desperate. Miraculously, her first ODSP cheque came two weeks later. She paid her rent, gave her notice, and went to live with a friend while she looked for affordable housing. After moving from place to place, she found geared-to-income housing in a rural area near Kitchener.

Beth's story

Beth is a warm, welcoming person with a hearty laugh. She has cultivated deep relationships with family and friends over the years. She grew up on a farm outside of New Hamburg and is used to hard work and sunshine.

When she was 21, Beth was diagnosed with a degenerative eye disease. She was told that she would eventually lose her eyesight. While this was shocking news, she continued working and raising her son. She worked hard for many years, first in the food industry, and later in healthcare services.

Beth' eyesight worsened until she could no longer function properly at work. Because she had a pension and a long-term, incurable disease, she was eligible for monthly CPP payments. She moved with her son to a modest apartment

in New Hamburg. However, her rent increased over the years until it was almost equal to her monthly income from CPP.

A few months ago, her son had turned eighteen. She lost her CPP supplement for dependents and the child tax credit. Now, after paying her rent, she had no money left over for groceries and other expenses. While her son contributed to the household budget, they were still not making ends meet. They were out of options. In this moment of crisis, a childhood friend called her on the phone. Hearing about her dire situation, her friend welcomed Beth and her son into her home in Stratford.

Where from here?

Beth would dearly love to return to New Hamburg where she has a network of friends and family. But there are few affordable housing options in New Hamburg. She has been on Waterloo Region's waiting list for affordable housing for four years. She was told that she could wait up to twelve years before something becomes available. She also applied to the Bruce County housing program where the wait time is only three to four years.

Remembering the trauma but moving forward

Evelyn emphasizes the trauma she experienced losing her health and her financial independence. "I lost my dreams.... My life went from looking like I could do anything to being under a very low ceiling. I had to learn to live with very limited expectations. That was a grief for me. There were so many griefs, and it took time to sort it all out."

Evelyn is in a better place right now. After a twenty-year-long battle with painful illness, her health has improved. "Before, I was feeling like I had succumbed to the pain. I felt defined by it. I'm not defined by it today because of the healing process I've been through."

Retired now, Evelyn is receiving Old Age Security. She has part-time employment helping seniors in their homes. She also volunteers in her rural community.

Local Churches Invite You to Join Them

Steinmann Mennonite Church

Sunday Worship 9:45 a.m.

www.smchurch.ca

Zion Philipsburg Lutheran Church

Sunday Worship 10:30 a.m.

www.philipsburglutheranchurch.ca

Emmanuel Lutheran Church

Sunday Worship 9:30 a.m.

www.petersburgchurch.org



Shantz Mennonite Church

Sunday Worship 9:30 a.m.

www.shantzmc.ca

St. James Lutheran Church

Sunday Worship 9:00 a.m.

www.stjamesinbaden.org

Wilmot Mennonite Church

Sunday Worship 10 a.m.

St Agatha Mennonite Church

Sunday Worship 10 a.m.

All are welcome. 519-634-8212

Affordable housing, continued....

Sarah from New Hamburg

Sarah lives in geared-to-income housing in New Hamburg. Her oldest son has grown up and moved out. She no longer receives government assistance for him. She is looking for a smaller, more affordable place in New Hamburg for herself and her younger son. There is nothing available.

Sarah grew up in New Hamburg. She is thankful that her children have been able to grow up there too. She would like to remain in New Hamburg so that her younger son can continue in the local school. But right now, there are few if any options in New Hamburg for geared-to-income housing.

Sarah remembers that it used to be different. When she first came back to New Hamburg, there were several options for geared-to-income housing provided by the region. And it was possible to find an affordable apartment even without government assistance. Twenty years ago, she remembers, you could get a two-bedroom apartment for seven hundred dollars per month. Now it seems you can't get one even for double that amount.

Requesting anonymity Sarah gave only her first name. And both Evelyn and Beth asked to remain anonymous. "I'm enjoying my life every day," says Evelyn. "And I don't talk about this stuff because people will define you by it. And I don't want to burden people."



"Bad situations can happen to anyone. People with ability, energy, and discipline can find themselves in a position where they need affordable housing. And I know that from personal experience." Beth agrees. She feels keenly the stigma of needing government assistance because of her loss of eyesight. "There is a misconception about people with disabilities," she notes. "People will say, 'Oh you're too lazy to work,' or 'We're sick of giving you guys money [as taxpayers]. We've got to pay for all this stuff.' There's got to be some kind of compassion. I guess if they don't have someone directly in their family, or nothing's ever happened to them, they can't put themselves in that position. Maybe they don't have the empathy to do that."

While Beth admits her frustration with how some people respond, she is understanding too. And she understands that many people want to help those who are in need. Sometimes they just don't know how. "Kindness can be in many forms," she muses. "Just think outside of the box and keep your chin up!"



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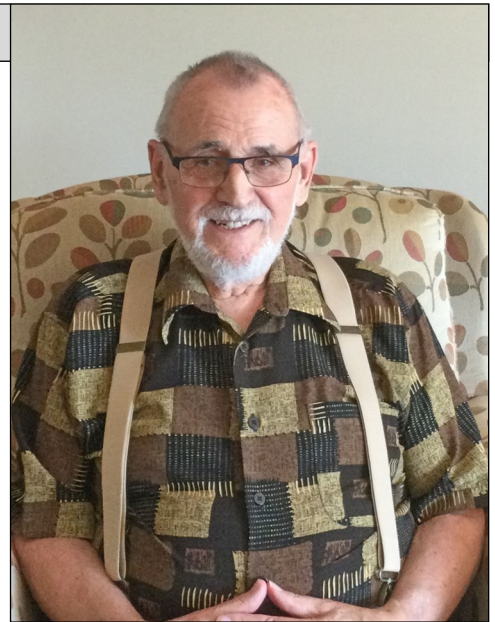
The TCMH Corner: Resident Perspectives ~ Meet Merv

Summer is right around the corner! Here at Tri-County Mennonite Homes (TCMH) we see the changing season everywhere we look. People are spending more time outdoors. The pavilions and walkways are regularly buzzing with people. We are all excited for summer BBQs, outdoor activities, and a little time to relax and enjoy the weather.

One of those people looking forward to summer is Merv (Mervin) Roth, 9-year resident of Nithview Community. Having grown up in Oxford County, near Bright, and who enjoyed youthful summers at the cottage near Chesley Lake, Merv has many fond memories of summer. He told us about warm summer nights in the backyard, with the house built near trails that lead through the bush on the back of the house. He recalled memories of time spent in the garden.

Merv enjoyed gardening because it meant time spent outside. And while pulling weeds wasn't necessarily the top of his list, Merv kept a large garden of his own and pulled as many weeds as was necessary. He liked to keep a vegetable garden, but he also appreciated a flower garden. His favourite outdoor flowers were tulips and sunflowers. His garden was a kind of summer hobby, but he had many other summer hobbies as well.

Hobbies like horseshoes, crokinole, and golf. Merv started playing horseshoes in 1962 when his friends encouraged him to join them and get involved. He's played horseshoes ever since! Lately though, Merv is playing crokinole. He learned to play in 2004. Since then, Merv looks forward to a bit of competition. He likes to play against experienced players, but will not turn down a game with anyone, regardless of experience. He's looking forward to going to the world tournament in Tavistock this summer and seeing the top crokinole players in each category. It could turn out to be one of the highlights of the summer.



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Every Day
Matter*



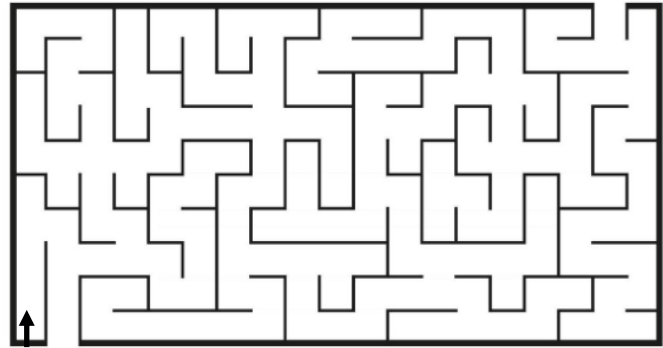
For this author, Canada Day is often a highlight because it is the first official long weekend of summer. Merv enjoys Canada Day as well. He remembers when his church used to arrange a brunch and he would help sell tickets and serve food during the event. He also remembers the New Hamburg Canada Day events like duck races and games. Canada Day isn't complete without a parade and some fireworks, both of which Merv remembers fondly. But the fondest memories are of visiting with family and friends.

Merv has plans to visit with his family this summer, as well as to enjoy some time in the pavilion at Nithview visiting with his neighbours and friends. When he visits with family, they often invite him over to enjoy a BBQ. What summer is complete without BBQ?! No matter whether Merv is barbequing with his friends in the pavilion, or devouring some BBQ grilled up by his family, he will be enjoying the fellowship of a meal shared with the important people in his life. Quality time spent with those people is really what Merv's looking for – this summer, and always.

From everyone at TCMH, Merv included, we hope you have an enjoyable summer filled with family, friends, and good food!

KIDS' CORNER

Hey Kids! Can you find the words below in this puzzle? Words can be up, down, left, right, or diagonal!



CAMP!

Make your way to summer camp!

E	L	C	Y	C	I	B	N	U	L	S
A	I	R	S	H	O	V	E	L	L	K
H	N	E	X	A	M	O	T	G	A	A
B	U	B	B	L	E	S	F	I	B	T
C	S	I	D	K	O	K	O	V	T	E
K	A	E	E	B	S	I	R	F	O	B
S	N	G	K	S	W	P	I	L	O	O
E	D	T	H	A	X	R	M	Z	F	A
Q	B	E	S	C	O	O	T	E	R	R
G	O	W	R	L	A	P	D	L	A	D
E	X	D	A	S	T	E	K	C	U	B

- | | |
|----------|------------|
| BICYCLE | SKATEBOARD |
| CHALK | FRISBEE |
| BUBBLES | SANDBOX |
| SKIPROPE | SHOVEL |
| SCOOTER | BUCKET |
| | FOOTBALL |

Can you name three things for each category that starts with the letter P? No repeating words in other categories!

Take to Beach Take Camping Yummy Treat

1			
2			
3			

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Lithium Ion Battery Safety for Consumers



Lithium ion batteries supply power to many kinds of devices including smart phones, laptops, scooters, e-cigarettes, smoke alarms, toys, and even cars. Take care when using them. In rare cases, they can cause a fire or explosion.

The problem

- These batteries store a large amount of energy in a small amount of space.
- Sometimes batteries are not used the right way; batteries not designed for a specific use can be dangerous.
- Like any product, a small number of these batteries are defective. They can overheat, catch fire, or explode.

Safety Tips

- Purchase and use devices that are listed by a qualified testing laboratory.
- Always follow the manufacturer's instructions.
- Only use the battery that is designed for the device.
- Put batteries in the device the right way.
- Only use the charging cord that came with the device.
- Do not charge a device under your pillow, on your bed or on a couch.
- Keep batteries at room temperature.
- Do not place batteries in direct sunlight or keep them in hot vehicles.
- Store batteries away from anything that can catch fire.

Signs of a Problem

Stop using the battery if you notice these problems: odor, change in color, too much heat, change in shape, leaking, odd noises. If it is safe to do so, move the device away from anything that can catch fire. Call 9-1-1.

Battery Disposal

- Do not put lithium ion batteries in the trash.
- Recycling is always the best option.
- Take them to a battery recycling location or contact your community for disposal instructions.
- Do not put discarded batteries in piles.

High-Tech Luggage

Some major airlines no longer accept 'smart' luggage with non-removable lithium ion batteries as checked or carry-on luggage. The powerful batteries can potentially overheat and pose a fire hazard during flight.

In some instances, smart bags with removable lithium ion batteries will be allowed on board if the battery can be removed on site and taken on board with the customer. Check with your airline for restrictions.

OUTLOOK ANSWERS

All Things Scrambled

<u>Fun in the Pool</u>	<u>Summer Attire</u>
Dive	Cap
Swim	Skirt
Raft	Dress
Wave	Tshirt
Water	Shorts
Float	Bikini
Splash	Capris
Stroke	Shades
Trunks	Sandals
Snorkel	Flipflops

Drop One For Fun

1 Rasps	2 Spar	3 Par
4 Haunt	5 Aunt	6 Ant
7 Naïve	8 Vine	9 Vie
10 Dance	11 Cane	12 Ace
13 Delay	14 Lady	15 Lad

Special Words Shade and Sunny

Ed's Syllable Sillies

1 buccaneer	9 captivate
2 Luxemburg	10 mahogany
3 prior	11 relax
4 destiny	12 crayfish
5 cabana	13 gaggles
6 hysteria	14 turquoise
7 plantain	15 dishonest
8 youthful	16 event

Reduce to Produce

My thoughts are with his family.



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So What do we Canadians Have to be Proud of?

Email submitted by Maureen Edwards

1. Smarties, Crispy Crunch, Coffee Crisp (not sold in the USA)
2. Baseball is Canadian – 1st game was held in Ingersoll, Ontario on June 4, 1838
3. Lacrosse is Canadian
4. Hockey is Canadian
5. Basketball is Canadian
6. Apple pie is Canadian
7. Canada has the largest French population that never surrendered to Germany .
8. Canadians invented ski-dooos, jet-skis, insulin, penicillin, and the telephone. Also short wave radios which save countless lives each year.



9. A Canadian invented Standard Time.
 10. The Hudsons Bay Company once owned over 10% of the earth's surface and is still around as the world's oldest company.
 11. We know what to do with the parts of a buffalo.
 12. We have ALL frozen our tongues to something metal and lived to tell about it.
 13. A Canadian invented Superman.
 14. We have coloured money.
 15. We are proud to have the beaver represent our country.
- BUT MOST IMPORTANT ! The handles on our beer cases are big enough to fit your hands in, with mitts on.



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Summer time is here with gardeners and farmers wondering, 'Will we get another droughty summer?' Chances are high so how do we make the best use of our resources?

When deciding on plant species, consider drought-tolerant species. We have many native species of trees, shrubs, and perennials that fit the bill. Red Oak, Hackberry, and Redbud are some examples. Cinquefoil and ninebark are excellent shrubs. For perennials, echinacea, butterfly bush milkweed, rudbeckia, and our native cactus! When planting, remember, they still need watering until they are established which is typically at least one growing season. Keep plants with like needs together. If you want to grow a water thirsty plant, consider using containers or planting near downspout.

Mulch is an important tool for water retention by decreasing watering needs up to 80%. Mulch's other benefits include weed suppression, reducing soil erosion, insulating against extreme heat and cold and increasing soil nutrients. If appearances were not an issue, the best choice for mulch would be a mix of organic matter, which might include leaves, straw, grass clippings, bark, wood chips, manure, compost, and more. Apply a 2- to 3-inch layer of organic mulch around plants when the soil is wet. Organic material such as wood chips or shredded leaves are best. I really like leaves.



Densely planted flowerbeds help shade soil, which slows moisture from evaporating in the sun's heat. The closely spaced plants also crowd out weeds, reducing the need for mulch.

The Region of Waterloo has water restrictions in place now. See what day is your watering day at www.regionofwaterloo.ca and also read the water conservation tips.

Reduce evaporation by watering early in the morning. Late evenings can work but often more fungal diseases thrive with the moisture on the leaves. To encourage roots to develop, soak the garden thoroughly rather than watering it lightly several times. It's always better to water deeply and less often; frequent, shallow watering leads to weak, shallow-rooted plants. Drip irrigation provides greater water savings than sprinklers. If you install a drip system, allow for different beds or separate parts of the garden to be on separate sets of commands. The water needs of plants differ widely, and a system that delivers one rate of water to your entire plot can be wasteful. Soaker hoses can be used too.

Collect rain with rain barrels and use for watering the garden.

Lawns are water guzzlers so consider having less lawn. When mowing, set the deck to the highest level to shade out weeds and shade grass roots and soil so less evaporation. Leave the clippings on the grass to return nutrients and water to the soil. WATER LESS and let the lawn go dormant in dry hot spells (turn brown).

Mow fewer times and in the cooler part of the day during drought. Cutting stresses the grass.



Keep your fingernails and knees dirty!

Meetings will return in September!

Email: wilmothortsociety@gmail.com

Website: wilmothortsociety.ca

FB: facebook.com/groups/wilmothorticulturalsociety

Let's Tree Wilmot

Email: letstreewilmot@gmail.com

FB: facebook.com/letstreewilmot

Website: letstreewilmot.ca



An easy and cheap way to get rid of stubborn weeds without using chemicals is with a cup of vinegar, half a cup of dish detergent, and 2/3 quart of water in a spray bottle.



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Summer Swimming Word Search

Submitted by: Theresa Billo

M	E	J	E	D	I	L	G	O	G	G	L	E	S
Z	E	K	C	I	K	P	I	H	W	Q	R	R	E
F	H	C	O	S	W	I	M	S	U	I	T	E	L
L	T	I	S	R	U	S	E	N	P	E	S	K	B
O	A	K	P	I	T	V	B	A	L	F	H	O	B
A	E	R	L	X	I	S	C	Y	V	W	A	R	U
T	R	E	A	D	W	A	T	E	R	A	L	T	B
I	B	T	S	D	E	S	C	S	D	D	L	S	F
N	S	T	H	N	E	M	L	P	A	R	O	K	I
G	P	U	A	E	N	I	V	X	P	E	W	C	Z
Y	A	L	R	P	D	B	C	H	O	H	R	A	M
Y	L	F	R	E	T	T	U	B	O	L	L	B	N
A	I	J	S	E	N	I	R	O	L	H	C	U	U
Y	G	K	L	D	O	G	P	A	D	D	L	E	K

Can you find all these swimming words in the word search to the left? Words can be found up, down, and diagonal left and right!



- | | |
|--------------|-------------|
| BACKSTROKE | FREESTYLE |
| BREASTSTROKE | GLIDE |
| BREATHE | GOGGLES |
| BUBBLES | LANE |
| BUTTERFLY | LAPS |
| CAP | POOL |
| CHLORINE | SHALLOW |
| DEEPEND | SLIDE |
| DIVE | SPLASH |
| DOG PADDLE | SWIMSUIT |
| FLOATING | TREAD WATER |
| FLUTTER KICK | WHIP KICK |

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The Baden Outlook has seen mountains, both west and south and the alligators in the swamp!



Ron Kauth and Jill Boyer took their Baden Outlook to Lake Louise, Alberta.



Don't forget to pack your Baden Outlook when going on vacation!

Email us details at badenoutlook@hotmail.com

Send your name, where you went and a clear photo!

**HAPPY
SUMMER
VACATION!**



Charlotte Horner is with her brother, Ed Matlock and sister-in-law, Deborah Matlock in Florida. They enjoyed their copy of the Outlook and the thrill of seeing the wild alligators on the airboat swamp tour.



Alyson Needham of New Hamburg and Denise Brown of Dundas took Mom (Gwen Clark Williamson of Morningside) and the Baden Outlook on a Bucket List trip out west including an exciting visit to Alaska.



Craig and Helene Gibson took the Baden Outlook with them while vacationing in Puerto Plata, Dominican Republic. While there, they rode the cable car to the top of Mount Isabel de Torres, the highest peak, at 2600 feet and had their photo taken with the city below.

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