

#### WALKING DOWN MEMORY LANE ON SNYDER'S ROAD EAST - Baden Outlook Aerial Photo ~ 2008



#### Baden in the fast lane!

It's remarkable how much change has been happening in the geographic landscape. The aerial photo above was taken in 2008. Since then, even this small view of town has changed and will continue to change in the near future. Our beloved Egli's Meat sold in 2012 and then burned to the ground in 2016. Now there is a mighty cavity as the grounds are being prepared for a large housing unit. You will also see the home in the foreground (bottom right) is gone with a new four-plex in it's place. The road will be soon re-constructed with more new and updated features.

Recently we saw this cavity in the future space of the proposed housing development... still on the drawing board. Let's keep an eye on this spot!

In the last 20 years, we have seen the Baden Public School close

with a new subdivision, "Academy Gardens" in its place. Herner Wood Products property is now home to a housing complex called "Timber Lane."



The former property of the Baden Emporium on Snyder's Road is sold... let's watch this spot!



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Barry, Pat, & Katie Fisher

Check out what's happening in the paper this month:

- Dive into the archives and learn about the Livingstons
- Try your hand at Barry's "All Things Scrambled Deluxe"
- Check out the many activities offered at the Baden Library this summer
- Tips from ICC to help with overthinking
- Unsure when to prune?
   Learn more from Verda
- Ants in your way? Check out Ant Hacks with Chris
- EcoBoosters tell us how dirt mounds around trees hurt them
- Looking to donate to NH Thrift? Check out what is accepted and rejected
- Watch Baden in Motion... so much is happening
- Buzz Off! Get the facts on mosquitoes

The Baden Outlook is a grassroots family business serving the community of Baden and Wilmot Township.

The views expressed in this newsletter are not necessarily those of The Baden Outlook.

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## Greetings from Headquarters ~

It's June and we have arrived to many great things! We are excited for the summer months of warm weather, vacation time, and enjoying the great outdoors. We also hope we will see the beginning of the end of the pandemic which has been cramping everyone's lifestyle. From my chair here at Outlook Headquarters, we have



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This was me reporting from the top of the Baden Tower.

arrived at our dream in reaching the final month of our 20<sup>th</sup> year publishing the paper. When we began, Barry and I did not know how to manage a publication and wondered how this would play out. We once hoped to get to 10 years, then 15 and then...wow, we actually did it—20 years of publishing the Baden Outlook!

So, if we do the math, we are also 20 years older and realize it's time to sit in the backseat as our daughter Katie steps up to the driver's seat. She's been working with me over this past year and is eager to carry on. This issue will see the end of our many caricatures that we

once hid behind as we began with little confidence. Not to mention, they are very

dated! We once laughed at ourselves, wondering how we could pull this off and keep our dignity with our lack of training and experience.

Thank you to all who have embraced us, both the readers and the advertisers. When we began, Baden was just on

the cusp of great growth (the population was 1700) and our vision was to be a warm and positive voice to connect the newcomers to town. Much has changed over time, and Katie has her own vision of how to carry on. We will always be here behind the scenes in different roles, and to support her if need be.

Happy Father's Day to all the dads, grandpas, foster dads, stepdads, father figures, and dads-to-be! I hope you feel the love.



With the first year under my belt, I have learned so many new skills and have such huge respect for my mother as her role at the Outlook is quite extensive! Also, shoutout to our editors Lil, Charlotte, and Gail as they so often save my butt from bloopers! Thanks ladies!

Moving forward, I promise to continue with the same lightweight, good news feel of our paper. We sat down as a team (all 3 of us!) to revisit our business statement of who we are as a company and what our intentions

are for this publication. We take pride in keeping the community connected, being your voice, and supporting local businesses as they support us too. We love providing entertainment through laughter, tidbits of facts, some history of Baden, and new things happening within the community. When you pick up this paper, we want you to have a giggle, forget any worries for a moment, feel the sense of community and maybe say, "Wow, I didn't know that!" That continues to be our goal, our mission, and our basis for the paper. We see there is a lot of emotional grief and growth in town lately, and although it is not in our business statement to tackle such large

topics, we do believe that our community is heading to a beautiful place by doing this grueling work. Thank you to those who continue standing up to create a peaceful place for all of us to live. We appreciate you!

Happy Father's Day to my incredible dad. I am honoured to be your daughter and to help keep your Baden Outlook dream alive.

Random Thoughts

For the Birds – I find it amazing how robins locate their food through a grass-laden lawn. They seem to hop along, pause, cock their heads, and dive their beaks into

the ground, coming up with a nutritious worm or some form of insect food source. Upon investigation, I determined that their stalking skills boil down

to two senses – sound and vision, with vision being the main tool. How they can see a worm in a hole is mystifying!

<u>The End is Near</u> – I do hope that we can feel some sort of normalcy towards the end of this summer with the vaccine rollout. There are many people who have been devastated by COVID; their lives have been turned upside-down. There are

so many ways that it has affected people including job losses, working from home, changes to family dynamics due to at-home learning, fear of getting sick or actually getting sick, and pandemic and isolation fatigue and I'm sure more than I know. My heart goes out to the front-line workers who do their jobs so that we can be safe and to all those affected by this pandemic. I feel very fortunate that the only disruption, job-wise, for me has been council meetings – we haven't seen the inside of the council chambers since March 2020. Zoom meetings put another dynamic into the job, as up to 1000 people watch the bi-monthly meetings. I do miss certain aspects of our life such as going out to restaurants, shopping in stores, and visiting with friends. Hopefully things will improve soon.



This is my grandson Simon, on his first visit to council chambers at 2 years old. He liked the microphone!

The Feel of the Font - Think about your favorite book for a moment. How did it make you feel when you read it? Is that part of what made it such a compelling story? Interesting how types of fonts play a role in how you feel about what you read. As an example, fonts like Gigi. Kristen, and Comic Sans can bring about happy, fun thoughts, while Georgia, Impact, and Rockwell x Bold can be assertive. So, do authors prefer a certain font depending on the content of their books – humour vs. thriller? Fonts can be put into two categories Serif (Serif fonts are identifiable by the small lines on the edges of letters, called serifs, that make the font easier to read in print) and Sans Serif (Sans Serif font letters don't have a serif attached to them, so they display more clearly on websites). Suggestion of the day – never type out a joke using the "Impact" font! Pat enjoys playing with fonts in the paper. She was once told to use only one font in the paper and she said "Why—who made that a rule?! That's boring."

<u>Seeing Yellow</u> – Is it just me or has this been a banner year for pollen? I can wash the car one day and the next day it is covered in yellow pollen. Having a black car makes it especially noticeable. Same goes for our patio furniture. It might have something to do with the prolonged dry spell we had in the middle of May. I'm sure the sale of Kleenex must be up with the many allergy sufferers out there. ...Bless you!

<u>Into the Grass</u> - We had some lawn maintenance work to do at our house. Pat watched a show on television explaining that the best way to plant grass seed is to mix it with some fresh soil before spreading it. I am happy to report that this is absolutely true! I tried three different approaches – spreading seed on top of the soil, spreading the seed and a layer of soil on top of that, and then the soil/seed mixture. Number three is definitely the way to go!

We don't publish a paper in July. It's time for camping, gardening, and relaxing.



Time to put our feet up, recharge and think of another great idea!!

Catch you in August!



It's doubtful we will be able to travel too far as the pandemic winds itself out this summer. But, wherever you go to spend your summer vacation, don't forget to take your Baden

Outlook along for the fun.

Snap a fun photo and email it to us at badenoutlook@hotmail.com and we will share the fun in future issues with our readers!
Be safe—and relax.



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## Do You Need Help?



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#### Clothesline Poem

A clothesline was a news forecast To neighbours passing by There were no secrets you could keep When clothes were hung to dry.

It also was a friendly link
For neighbours always knew
If company had stopped on by
To spend a night or two.

For then you'd see the "fancy sheets"
And towels upon the line
You'd see the "company table cloths"
With intricate designs.

The line announced a baby's birth
From folks who lived inside
As brand new infant clothes were hung
So carefully with pride.

The ages of the children could
So readily be known
By watching how the sizes changed
You'd known how much they'd grown!

It also said, "On vacation now"
When lines hung limp and bare.
It told, "we're back!" when full lines sagged
With not an inch to spare!

But clothesline are often of the past For dryers make work much less Now what goes on inside a home Is anybody's guess!

If you answer the phone with "Hello, you're on the air!" most telemarketers will quickly hang up!



#### We're on the Web!

Read the paper in colour at www.badenoutlook.com

#### HAVE SOME FUN WITH THE BCA SCAVENGER HUNT

Take this list of questions with you for a walk through Baden. All the answers can be seen from public property - do not enter private property. You don't need to talk to anyone or touch anything. Clearly answer each question and submit to <a href="mailto:info@baden.ca">info@baden.ca</a> by July 5, 2021 for a chance to win a prize! Please include your name and email so we can contact you if you win.



١.	now many light standards are there on Diamond #2 at Beck Fark!
2.	What animal is on the wind vane at St. James Church?
3.	How many vacuums are at the Baden Auto Spa?
4.	What is the address of Sir Adam Beck Park?
5.	What is the address of the house that has the best dressed goose?
6.	What is the address where 8 gargoyles are at the entrance?
7.	What year was the Baden Community Association established?
8.	What tool is on Baden Automotive's logo?
9.	Where can you get your passport photo taken in Baden?
10.	When was the Township office built?
11.	Where is there a pharmaceutical symbol in Baden?
12.	What 3 colours are the benches at the Foundry Street Parkette?
13.	What is the closest building to the log on the hydro wire? (hint: Snyder's Rd)
14.	What is the date on St. James Church?
15.	There is a sticker of Elmo on the back of a sign (hint: Snyder's Rd), what is the number
	on that post?
16.	What year was The Baden Hotel built?
17.	How many GRCA buoys are there on the Mill Pond?
18.	What year was the Baden Optical building built?
19.	What year was the Foundry Street Parkette completed?
20.	What is the address of the house that has a huge gargoyle on the front lawn?
Na	ma:
IVA	me: Good luck!
Fm	good luch:

# FOOD TO GO

## Did you know?

Watch this summer for the food truck by the Baden Pond with foods to go...Saturday's between 3–8 p.m.

Portion of sales will support local organizations. Yum!

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### **Checking out the Baden Library**



As our library branches are currently closed to the public, we are still open for contactless curbside pick-up of materials. You can make an appointment using our new Click & Collect service. If you need library assistance, please feel free to reach out to us using our Ask a Librarian service at <a href="mailto:askrwl@regionofwaterloo.ca">askrwl@regionofwaterloo.ca</a> or by phone at 226-748-8030.

Your continued patience is appreciated as we continue to follow government guidelines to help stop the spread of COVID-19. As the status of restrictions continues to change, please check our website at **rwlibrary.ca** for the most up-to-date information on how to access library services. Please note Click & Collect service will continue to

Summer Reading Club Runs June 21 to August 31

to the public.

be available when we re-open

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prizes and games, and it's all free! Visit **rwlibrary.ca** to register starting June 21. Teachers, want to schedule a virtual class visit for your class to hear more about Summer Reading Club? Please contact your local branch for details.

#### Adult Online Book Club - Thursday, June 24

Our adult book club takes place on the last Thursday evening of each month. Join Librarian Jen, our Co-ordinator of Library Collections, for the June book discussion on the novel "Eleanor Oliphant is Completely Fine" by Gail Honeyman. If you're interested in borrowing a print, digital or audio copy, please contact Jen at <code>jcyr@regionofwaterloo.ca</code> and the book will be delivered to your inbox or home branch for pick up! Register in advance to receive your Zoom link to our book club meeting. For more details, ask your local library staff or visit <code>rwlibrary.ca</code>. The Book Club will take a break for the summer months and will return in September. Stay tuned for updates!

#### **NEW! Grand River (GRCA) Park Permits**

Here is a great opportunity to get outside and explore Grand River Parks. Day-use park permits are now available for one-week loans from your library. The Grand River Parks membership card allows day use entry to 10 parks and the Luther Marsh Wildlife Management Area, during their operating seasons, for up to six people in one vehicle, or walking/biking in as a group. The membership card is <u>not</u> valid at the Elora Quarry Conservation Area. Included with the pass, you'll find a suggested reading list, featuring books on Ontario flora and fauna, rocks, canoeing and outdoor activities. You can place a hold on one or more of these books prior to your trip, to enhance your outdoor exploring.

Questions? For more information, please contact the Baden Branch at 519-634-8933, badenlib@regionofwaterloo.ca or visit rwlibrary.ca.



#### Castle Kilbride – All Because Two People Fell in Love

BRICKER-LIVINGSTON WEDDING. - The sidence of James Livingston, M residence of James Livingston, P., of Baden, the popular member for South Waterloo, was the scene of a ver pretty wedding on the afternoon of Wed nesday, 28th inst. The principals were Mr. Chester E. Bricker, druggist of Port Huron, and Miss Barbara Helen, daugh ter of James Livingston, Esq. The bride was handsomely attired in a beauti ful gown of white corded silk, trimmed with chiffon and pearl trimmings, with veil and orange blossoms and carried a magnificent bouquet of cream roses. She was attended by her sister, Miss Caroline and her cousin, Miss L. Livingston, of Listowel, who were both charmingly dressed in cream and carried large bouquets of pink roses, while Mr. Bricker was ably supported by her brothers John and Harry. As the bride entered the drawing 100m on the arm of her father, the strains of a wedding march, perfectly rendered, pealed forth. ceremony was performed by the Rev. W. H. Johnson, B. A., of Chesterfield. After congratulations the guests sat down to a most sumptuous repast. The presents were both numerous and costly. Mrs. Bricker is a general favorite and will be greatly missed among her large circle of friends, especially in the Presbyterian church, where she ably per-formed her duties as organist. The happy couple left on the 4.45 train for New York and other points in the East amid showers of rice and the best wishes of their friends. Cet 30 1896

Wedding of Barbara Livingston to Chester Bricker in 1896. Castle Kilbride Collection.

On June 10, 1861, Louisa (Liersch) and James Livingston were united in marriage. How did the couple meet? James was a young Scottish lad that had immigrated to Canada in 1856 and eventually made his way to Baden. Louisa on the other hand was born in Wilmot and was the daughter of Henry Liersch, a prominent businessman and citizen. What is known is that Louisa soon caught the eye of young James and the two began to court. Where did the wedding take place? What did the bride wear? We may never know the answers to these questions, but we do know that it was a wonderful union.

During the first twenty-three years of their marriage, the couple welcomed twelve children. Louisa lovingly supported her husband in all his business and political aspirations throughout the years.

In 1877, when they built their glorious Castle Kilbride, James paid tribute to his wife by designing a front driveway in the shape of a heart – a symbol for all to see. Inspired by romance, the Castle became the setting for at least three weddings for the Livingston daughters; Louisa married James McColl in the summer of 1889, Barbara married Chester Bricker in October 1895, and Lizzie married Aulay Morrison in July 1900. Sadly, no photos exist of Barbara's wedding, but it was well documented in the local newspaper. The article paints a beautiful picture by relaying lines such as "the bride was handsomely attired in a beautiful gown of white corded silk, trimmed with chiffon and pearl trimmings, with veil and



Lizzie and Aulay Morrison's wedding portrait 1900. Castle Kilbride Collection.

James and Louisa spared no expense to encourage and support their children in their transition into marital life. They gifted newly constructed homes to every couple. Louisa and James received a beautiful Queen Anne-style home in Yale, Michigan. Barbara and Chester gratefully accepted a grand home in Port Huron, Michigan. Lizzie and Aulay were presented with a gorgeous mansion in New Westminster, British Columbia. The oldest surviving son, J.P., and wife Laura Livingston were bestowed beautiful Castle Kilbride. Harry and Blanche Livingston along with Edna and Joe Acheson

orange blossoms and carried a magnificent bouquet of cream roses."

McColl's wedding present is the house in the middle from right. It featured a turret and many stained-glass windows. In 1985, McColl House was listed on the National Register of Historic Places. Castle Kilbride Collection.

received stylish new homes in Toronto. We should not say this generosity was only for their married children—they also purchased a home for their daughter Alice in Colorado Springs, Colorado.

Sadly, matriarch Louisa passed away in 1904 and James lived the next 16 years at Castle Kilbride, never remarrying. James did not live alone however, his son J.P. married Laura Holwell in 1915 and they resided at the Castle alongside James until he passed in 1920. James and Louisa were buried side-by-side at Fairmount Cemetery in Baden along with many of their beloved children. One hundred and sixty years later, we raise a cheer to James and Louisa for their marriage and a life well-lived.

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### Drop One For Fun

Answers on page 32

Write the five-letter answer to clue #1 in the first box. Drop one letter and rearrange the remaining letters to answer clue #2. Put the dropped letter into column A. Drop another letter and rearrange the remaining letters to answer clue three. Put the dropped letter into column B. Follow the pattern for each row into the diagram. When completed, the letters in column A and column B, reading down, will spell words or a phrase. Have fun!

Α

В

1	2	3	
4	5	6	
7	8	9	
10	11	12	
13	14	15	

- 1. Physical strength
- 2. Inform impending danger
- Move fast
- 4. Same opinion
- 5. Uncontrollable anger
- 6. Unit of work or energy
- 7. Contaminate
- 8. Shade of colour
- 9. Silver/white metal
- 10. Activity or escapade
- 11. Yellowish/brown fruit
- 12. Face value
- 13. Slight touch
- 14. Massages
- 15. Under water craft



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#### ALL THINGS SCRAMBLED DELUXE

An oxymoron is a figure of speech usually one or two words, in which seemingly contradictory terms appear side by side. Try your hand at these "Awfully Good" word scrambles.

Answers on page 32

ICIVL	RAW
VEEN	SODD
DONFU	SISIMNG
LIL	THAELH
RONIM	CLAMIRE
GRINAILO	POCY
LASTPIC	LASSGES
MALLS	ROWDC
DESTUST	CHEATER
OGOD	FRIEG

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YOU ARE WITH FEEL PERFECTLY OKAY WITH
BEING EXACTLY WHO THEY ARE.

## A Good Lífe...

- ⇒ If you can start the day without caffeine,
- ⇒ If you can get going without pep pills,
- If you can always be cheerful, ignoring aches and pains,
- ⇒ If you can resist complaining and boring people with your troubles,
- ⇒ If you can eat the same food every day and be grateful for it,
- ⇒ If you can understand when your loved ones are too busy to give you any time,
- ⇒ If you can take criticism and blame without resentment,
- ⇒ If you can ignore a friend's limited education and never correct him,
- ⇒ If you can resist treating a rich friend better than a poor friend,
- ⇒ If you can conquer tension without medical help,
- ⇒ If you can relax without liquor,
- $\Rightarrow$  If you can sleep without the aid of drugs,

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### Baden Birding - School Days

By Fraser Gibson

When I was a kid growing up on a farm about an hour northwest of here, I was in today's terms a "reluctant reader". Our one-room school had a small library that I rarely used. One year we received a new coffee table book with big, colourful pictures of some eye-catching Canadian birds. I leafed through that book numerous times, likely only reading bird names or the short captions beneath the pictures.

The state of the s

I remember pictures of Scarlet Tanagers, Baltimore Orioles, Eastern Bluebirds, Indigo Buntings, Rosebreasted Grosbeaks, Northern Cardinals and Red-headed Woodpeckers. The book also included pictures of American Robins, Red-winged Blackbirds, Blue Jays, Bobolinks, and American Goldfinches. These latter birds, even though attractive, were not special to me because they were birds I saw frequently.

My parents recounted childhood memories of bluebirds nesting in old hollow fence posts and of their most beautiful sunlit blue colour. But alas, they no longer lived nearby. The only place I would see one was in the book!

One winter day, three of us were walking through a hawthorn-covered creek lowland. We were shocked to spot a pair of unusual birds—birds previously only seen in the book! A pair of Northern Cardinals was right there in front of us. I still remember my disbelief and awe at their sighting because I had seen one of the special birds from the book (which I assumed lived in faraway places).

When I grew more interested in birds and their habits, I became aware that many of the pretty birds in that book were seen in this region on a regular basis and/or during migration. Knowing where and when to look as well as learning bird songs were major contributors to seeing many of those splendid birds.

I saw my first Indigo Bunting in the 1980s while exploring the woodlot edges near Spongy Lake.

Red-headed Woodpeckers, sporting completely red heads and black wings with large white wing patches are a real treat to watch. I have seen these rare woodpeckers several times over the years on Sandhills Road and more recently on

Bean Road near large mature forests right here in Wilmot Township.

Rose-breasted Grosbeaks can often be seen in woodlots where their beautiful song is sure to draw attention as does their very attractive rosy bib contrasted against a white breast. Brilliant orange Baltimore Orioles sing a flute-like song and visit local feeders for oranges. Some may even build their bag-like nest in tall yard trees.

Scarlet Tanagers, as their name implies, are a brilliant red. They prefer large tracts of mature forest but I have seen them during spring migration in several of Kitchener's wooded parks and in forests near Williamsburg Cemetery, as well as at Waterloo Region Nature's F.H. Montgomery Wildlife Sanctuary on Bridge Street adjacent the Nith River. Their beautiful burry song informs listeners of their presence.

Northern Cardinals are no longer an unusual sight in the area and those with bird feeders are likely to have them as regular winter visitors. Eastern Bluebirds are now much more common than when I was a kid thanks to those who build and monitor bluebird boxes along roads in Wilmot Township.

Unfortunately, some birds are not as easy to find locally as they once were. Changing agricultural practices and habitat loss in wintering grounds have made it more difficult to see a Bobolink, with its rapid wing beats and bubbly flight call.

Even so, many of the birds I thought I would see only in a book, I have seen right here in Wilmot Township. Keep your eyes and ears open and you might be lucky to spot several of these feathered beauties, especially during spring migration.

Baden Birding Sponsored by:



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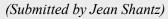


The Sounds of Summer in Baden ~ We will miss the music of the Castle Summer Concerts, Cruizin on the Pond Car shows and the Canada Day celebrations...

But we will enjoy the piped music from St. James Church and the fun musical sounds of the ice cream truck rolling through Baden Friday's after 4 pm!



~ It's about an amazing word in the English language that can be a noun, verb, adjective, adverb, and preposition.



This two-letter word in English has more meanings than any other two-letter word, and that word is 'UP.' It is listed in the dictionary as an [adv], [prep], [adj], [n] or [v].

- ⇒ It's easy to understand UP, meaning toward the sky or at the top of the list, but when we awaken in the morning, why do we wake UP?
- ⇒ At a meeting, why does a topic come UP? Why do we speak UP, and why are the officers UP for election and why is it UP to the secretary to write UP a report? We call UP our friends, brighten UP a room, polish UP the silver, warm UP the leftovers and clean UP the kitchen. We lock UP the house and fix UP the old car.

At other times, this little word has real special meaning.

- ⇒ People stir UP trouble, line UP for tickets, work UP an appetite, and think UP excuses.
- ⇒ To be dressed is one thing but to be dressed UP is special.
- ⇒ And this UP is confusing: A drain must be opened UP because it is stopped UP.
- ⇒ We open UP a store in the morning but we close it UP at night. We seem to be pretty mixed UP about UP!

To be knowledgeable about the proper uses of UP, look UP the word UP in the dictionary. In a desk-sized dictionary, it takes UP almost 1/4 of the page and can add UP to about thirty definitions.

- ⇒ If you are UP to it, you might try building UP a list of the many ways UP is used. It will take UP a lot of your time, but if you don't give UP, you may wind UP with a hundred or more.
- ⇒ When it threatens to rain, we say it is clouding UP. When the sun comes out, we say it is clearing UP. When it rains, it soaks UP the earth. When it does not rain for a while, things dry UP. One could go on and on, but I'll wrap it UP, for now...my time is UP!

Oh . . . one more thing: What is the first thing you do in the morning and the last thing you do at night?

U pi

Did that one crack you UP? Ok, enough of this —I'll shut UP!



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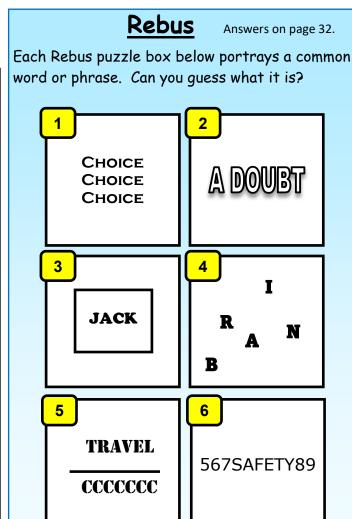
#### Interesting People—Meet Baden's Youth - Aislynn Gibbons!

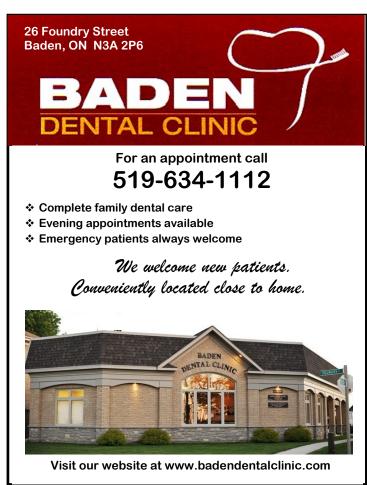
Aislynn Gibbons is a passionate individual who has devoted much of her adolescence to the Air Cadet program. She has grown with maturity and integrity, sharing her acquired knowledge as a Survival Instructor, Tenor drummer, and active volunteer in the community. She will be graduating from Waterloo-Oxford, where she is a quiet, dedicated, nose-in-book student. Many people don't know about her Air Cadet side (she has her hunting, boating, first aid, and Survival Instructor certifications through her Cadet experience).

Aislynn has served over 5 years as an Air Cadet and will be stepping down as Chief Warrant Officer 1st Class to hand the reins to the next qualified leader from 822 Tutor Squadron as she prepares for university. Chief Warrant Officer is the highest rank in Air Cadets, a rank few have obtained. Covid times have presented unique challenges that she has conquered by incorporating online learning with skill-building techniques when she leads the squadron. She has been an active participant with the in-house Search and Rescue Team. Aislynn has also been part of many parades and processions with the Cadets.

The Air Cadet motto is "To learn. To serve. To advance." Aislynn has won many awards as she persevered through many challenges along the way. Air Cadets has helped shape her into the dynamic person she is, and we wish her success in her future!







#### A DAY IN THE LIFE OF A COMPUTER TECHNICIAN

This may make you feel better about your computer skills! These exchanges by phone are supposedly all true!



- Tech support: Good day. How may I help you? Male customer: Hello... I can't print. Tech support: Would you click on "start" for me and...
  - Customer: Listen pal; don't start getting technical with me!
- Customer: Hi, good afternoon, this is Martha. I can't print. Every time I try, it says 'Can't find printer'. I've even lifted the printer and placed it in front of the monitor, but the computer still can't find it...
- Customer: I have a huge problem. A friend has placed a screen saver on my computer, but every time I move the mouse, it disappears.
- A customer calls the support line with a problem with her printer.

  Tech support: Are you running it under windows?
  - Customer: "No, my desk is next to the door, but that is a good point. The man sitting in the cubicle next to me is under a window, and his printer is working fine."
- Tech support: "Okay Colin, let's press the control and escape keys at the same time. That brings up a task list in the middle of the screen. Now type the letter "P" to bring up the Program Manager."

Customer: I don't have a P.

Tech support: On your keyboard, Colin.

Customer: What do you mean?

Tech support: "P".....on your keyboard, Colin. Customer: I'M NOT GOING TO DO THAT!!



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### Canada Quiz

Answers on page 32

- 1. Which four provinces used to drive on the left -hand side of the road?
- 2. There are six rivers in Canada that exceed 1,000 miles. Name them. One point for each correct answer.
- 3. What percentage of Canadians live within 200 miles of the US-Canada border? Plus, or minus 5%
- 4. Name two of the three most spoken Indigenous languages in Canada.
- 5. What are the four largest islands in Canada?
- 6. What are the two best known aspects of a Canadian Mountie's uniform?
- 7. At 507,451 square kilometres, what is the largest island in the Canadian Arctic?
- 8. Which French speaking province of Eastern Canada is also a communications code word?

### You Must Be Joking!!

Times are a changing, but we're still laughing! -

1966: Long hair

2021: Longing for hair

1966: KEG 2021: EKG

1966: Acid rock 2021: Acid reflux

1966: Seeds and stems 2021: Roughage

1966: Hoping for a BMW 2021: Hoping for a BM

1966: Going to a new, hip joint 2021: Receiving a new hip joint

1966: Rolling Stones 2021: Kidney Stones

1966: Screw the system 2021: Upgrade the system

1966: Passing the drivers' test 2021: Passing the vision test

1966: Disco 2021: Costco

1966: Parents begging you to get your hair cut 2021: Children begging you to get their heads

shaved

Submitted by Larry Hart





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- Avoid mulch volcanos as they will shorten the life of the tree. The moisture against the trunk increases disease and feeder roots develop that may eventually strangle the tree.

More Info: https://bygl.osu.edu/node/1494

Are you interested in climate change and other global environmental issues? Help us make a difference in our community by getting involved and taking action on one or more local environmental concerns. We are taking a break in June/July so our next monthly meeting will be held at 7:00PM on Wednesday, August 25th. Please contact us via e-mail

(nvecoboosters@gmail.com) or call **519-662-9372** if you would like to participate in this "Zoom" meeting and we will provide you with more details. Want to know more about the Nith Valley EcoBoosters? Check out our website at: **nvecoboosters.com** 



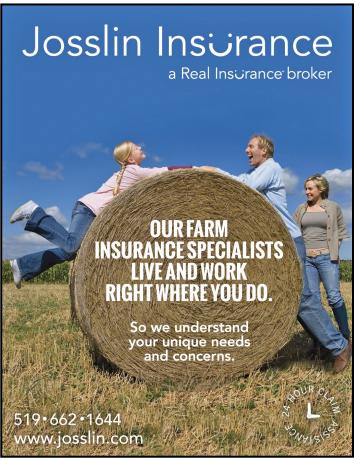
#### PAIRS OF LETTERS

Find multiple pairs of letters to fill in the blanks to create a common word. The pairs of letters will be different for each answer. Have fun!

Example- I\_ \_ K \_ \_ PER would be INNKEEPER

Answers on page 32

1.	GRA	HO		<b>ER</b>
	-		 	



## Feeling Unplugged?







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Light up the night! Fireflies have their own, built-in flashlights that light up the night! Catch and observe some of these amazing creatures.



As you may know, fireflies are also called lightning bugs. Those tiny, blinking lights add beauty and mystery to a summer night. But, for fireflies, they also serve a purpose. They're flashing a code to try to find a mate. In fact, different kinds of fireflies have different colours of lights and blink them at different speeds.

It's fun to catch and watch fireflies -- as long as you're gentle and you let them go after a few minutes. You're likely to find fireflies hovering over tall grass on summer evenings.

Hold up a big glass jar, and move toward the flashing lights. When you capture a firefly, put your hand over the top of the jar. Time the flashes to see how far apart they are. Then catch another firefly, and see if the flashes are timed the same -- or different.

What did one firefly say to the other? Sorry—I got to glow now!



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## Creative Ways to Prevent Overthinking

By Amy Krug, M.S.W., R.S.W. Clinical Counsellor





When an interaction or conversation doesn't go your way, you'll often walk away from the situation physically, but mentally, you continue to replay it. Holding onto those

anxious thoughts can make you feel like you are walking around with extra weight on your shoulders, and all of the overthinking you're doing can take a real toll on your mental health.

#### Practise "Thought Stopping":

I find that overthinking can make me anxious, and one way to begin to troubleshoot this form of anxiety is to engage in a technique called "thought stopping." When you realize your mind is about to



play into several catastrophic scenarios, close your eyes and visualize a stop sign. Then begin to think of something that brings you peace. The goal is to distract your mind from focusing on the negative pattern, thus reframing your thinking.

Home

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#### and Tap Into a Creative Hobby:

I find that what works best for me is tapping into my creativity, either through writing, listening to music, or simply talking to a friend. I usually write poems about life and about hope, which helps me take control of my thoughts. Music has a way of putting me in a very peaceful state, especially songs that reflect a beautiful memory.

When I find myself caught in the overthinking trap, I

multiple outdoor walking breaks throughout the day

When I get outside, I pay close attention and listen for

the sounds of birds happily chirping their way through

the day. I make the happy sound of birds the focus of

my walk and time outside. Before I know it, my mind

know it's time to get outside for fresh air. I take

to ease the inertia from working at home all day.

is no longer looping around worried thoughts.

#### Pause and Look Up:

Take a Mini Nature Break:

When I start overthinking things, I look up. There is a reason we look to the sky when we need to remember something, or when we need a little more time to think and respond. The simple act of looking up releases a chemical in our brain that helps us become more imaginative, more creative, and more open to possibilities. Most importantly, noticing something outside of ourselves gets us out of our heads and brings us back to the present moment.

#### Take a Moment to Ground Yourself:

Overthinking usually happens when I can't see the forest through the trees. Changing my state is key. First, I start with something to help ground me: deep breathing, meditating, brisk walking, or even showering. Next, I am kind to myself. I tell myself,

"you are smart enough, savvy enough, determined enough." Next, I'll remind myself of the outcome I am looking for and outline the steps that will get me there. Finally, and this is most important, I act immediately. Once I take action, I feel confident that I will overcome the moment.





**PHARMASAVE** 

POSTES

CANADA

It's easy to transfer your prescriptons here!



The New Hamburg Firebirds in partnership with the New Hamburg Legion have just wrapped up their Mother's Day 50/50 draw. Last minute ticket purchasers were out of luck as the draw with 5000 tickets was completely sold

out. The draw was done at the Legion on Sunday, May 9 by Bob Miller, President of the New Hamburg Legion and Gord Mills, President of the New Hamburg Firebirds. The winning ticket holder, Natalie Gingerich of Baden took home a whopping \$12,500.00, saying "Wow, what a great Mother's Day!" Mills would like to thank the community for their tremendous support of the fundraiser. "After a cancelled season, we look forward to the fall and hope for a return to hockey."



Winner: Natalie Gingerich of Baden shown with Gord Mills, President of the New Hamburg Firebirds.

A great partnership between the New Hamburg Legion and the New Hamburg Firebirds. Shown here: Bob Miller, President of the New Hamburg Legion (left) and Gord Mills, President of the New Hamburg Firebirds (right).

## **Retail Store Open!**



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#### Ant Hacks

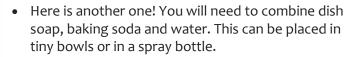
Written By: Chris Ehrat

They're back! Those busy little guys. I don't mind when they are busy outdoors, but I don't like them in my house.



If you don't like the idea of using insecticides, you may have something in your cupboard or pantry that will work. Here are some ideas:

- I like this remedy, one that we have used up at the cottage many times. Borax isn't for human consumption because of its toxicity. Ants will only consume Borax when mixed with syrup.
- Recipe: Mix ½ cup sugar, 1-½ tablespoons Borax and 1-1/2 cups warm water. Soak some cotton balls in this mixture. When they are soaked, place them near the colony (if you can find it) or leave where the ants are gathering.
- The sugar attracts them, they will take it to their nest, and the rest is history.
- Baking soda and powdered sugar! Ants love sweet things, and the baking soda will manage to eliminate these annoying pests.



- Did you know that ants cannot digest cornmeal? Here is another remedy to consider. You can sprinkle this around where the ants are congregating.
- Ants hate the smell of vinegar. If you have a spray bottle, fill it with vinegar and spray counters, baseboards or anywhere you see them infiltrating. The vinegar will remove their scent trails, and I'm sure they will march right out of your home.
- I have heard that chalk is also something that the ants despise. They will not cross a chalk line. Remember to keep refreshing your lines every so often.
- Cinnamon, mint, chili pepper, black pepper, cayenne pepper, cloves, and garlic also work. Just sprinkle where necessary! Then, treat your home's foundation in the same manner. Placing bay leaves in cabinets, drawers, and containers can also help to deter ants.
- Here I have been throwing out my coffee grounds! In the future, I will place them in my flowerbeds and around the foundation of the house. They won't like that! Also, potassium, phosphorus, and magnesium are great for your soil.





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Submissions are due on the 1st of each month.





## Community Corner ~ Check Out What's Going On!





#### May 3, 2021

Winner: Lindsay Reid (New Hamburg) Prize: \$50 Gift Certificate to Melina's Grill

#### May 10, 2021

Winner: Kyle Martin (New Hamburg) Prize: \$50 Gift Certificate to Meadow Acres

### Calendar Fundraiser **May Winners**

#### May 17, 2021

Winner: Rick Skimson (Tavistock)

Prize: \$50 Gift Certificate to Skowron Decorating

#### May 24, 2021

Winner: Harold O'Krafka (New Hamburg) Prize: \$50 Gift Certificate to Riverside Flowers

#### May 31, 2021

Winner: Tara Chan (Waterloo)

Prize: \$50 Gift Certificate to Cloverleaf Farms





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Monday July 19 and August 16 2 pm - 8 pm Steinmann Mennonite Church 1316 Snyder's Road W., Baden



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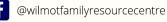
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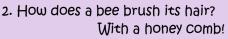
Expresswa New Hamburg & Stratford

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We are very pleased to announce that the Wilmot Summer Market began June 2nd on our regular Wednesday nights from 5 - 8pm. Location is the same as last year on the grass at Baden Feed (75 Charles Street). Bring your shopping bags and prepare to wait a little longer as we again adhere to social-distancing requirements. We love that our community will still have the opportunity to support local farms and businesses.

How do you hunt for bees?
 With a bee bee gun!



3. Why don't grasshoppers like football games? They prefer Cricket!



The team at Wellesley Idol (wellesleyidol.org) is excited to announce the start of another year of our talent program!



Launched in 2005, in

partnership with the Wellesley Apple Butter and Cheese Festival, Wellesley Idol began as a simple talent contest and has grown into a mentorship and scholarship program serving young singers in Wellesley and the surrounding townships of Woolwich, Wilmot, and Perth East.

Our mission is fourfold:

- To celebrate the joy of music among our community's youth
- To help young singers develop confidence, determination, and resilience
- To provide friendly, positive feedback from experienced music industry professionals
- To nurture the development of young singers with aspirations of building larger audiences, through scholarships and mentoring

Each spring, Wellesley Idol auditions a group of singers aged 10 to 18, who either live in or attend school in Wellesley, Woolwich, Wilmot, or Perth East. Mentors pick six to eight participants to be mentored in the summer, and present them to perform a semifinals round at the Wellesley Fall Fair and ultimately a finals round at the Wellesley Apple Butter Festival.

Cash scholarships, provided by the ABC Festival, are: \$500 - 1st place, \$300 - 2nd place, \$200 - 3rd place.

With festivals and fairs either cancelled or moving online in 2020 and 2021, Wellesley Idol is now presented online using pre-recorded auditions, but continues to work hand-in-hand with Fall Fair and ABC teams, and in sync with their online events.

#### Our 2021 dates:

Sunday June 27 Registration deadline Sunday July 11 Open auditions August 2021 Private mentoring

Tuesday Sept 14 Semi final competition (Fall Fair)
Saturday Sept 25 Final competition, streamed online

For more information, contact Allister Bradley at (519) 241-1603 or Allister@wellesleyidol.org

#### **New Hamburg Legion**

Branch #532—Boullee Street, New Hamburg

Thank you to all those who supported our drive-thru dinners.
They will resume again in September.

Watch for details on our patio reopening this summer!



#### GOLF POEM

IN MY HAND I HOLD A BALL, WHITE AND DIMPLED, AND RATHER SMALL. OH HOW BLAND IT DOES APPEAR, THIS HARMLESS LOOKING LITTLE SPHERE. BY ITS SIZE I COULD NOT GUESS, THE AWESOME STRENGTH IT DOES POSSESS. BUT SINCE I FELL BENEATH ITS SPELL, I'VE WANDERED THROUGH THE FIRES OF HELL. MY LIFE HAS NOT BEEN QUITE THE SAME, SINCE I CHOSE TO PLAY THIS STUPID GAME. IT RULES MY MIND FOR HOURS ON END. A FORTUNE IT HAS MADE ME SPEND. IT HAS MADE ME CURSE AND MADE ME CRY. AND HATE MYSELF AND WANT TO DIE. IT PROMISES ME A THING CALLED PAR, IF I HIT IT STRAIGHT AND FAR. TO MASTER SUCH A TINY BALL, SHOULD NOT BE VERY HARD AT ALL. BUT MY DESIRES THE BALL REFUSES, AND DOES EXACTLY AS IT CHOOSES. IT HOOKS AND SLICES, DRIBBLES AND DIES, AND DISAPPEARS BEFORE MY EYES. OFTEN IT WILL HAVE A WHIM. TO HIT A TREE OR TAKE A SWIM. WITH MILES OF GRASS ON WHICH TO LAND. IT FINDS A TINY PATCH OF SAND. THEN HAS ME OFFERING UP MY SOUL, IF ONLY IT WOULD FIND THE HOLE. IT'S MADE ME WHIMPER LIKE A PUP, AND SWEAR THAT I WILL GIVE IT UP. AND TAKE TO DRINK TO EASE MY SORROW, BUT THE BALL KNOWS... I'LL BE BACK TOMORROW.

Stand proud you noble swingers of clubs and losers of balls.... A recent study found the average golfer walks about 900 miles a year. Another study found golfers drink, on average, 22 gallons of alcohol a year. That means, on average, golfers get about 41 miles to the gallon. Kind of makes you proud.



Living and working in Baden



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#### **Buzz Off!!**

What's a Mosquito's Favorite Sport? Skin Diving!



Yes, it is that time of the year again. Black fly season has just ended and mosquitoes are in full swing. It is always better if we can understand a predator even if it is only 1/25,000 of an ounce.

Male mosquitoes (the smaller of the two) are the good guys in this case as

they prefer flower nectar, don't bite humans, and live for less than three days. The females on the other hand, enjoy flower nectar but need blood to provide protein to reproduce, and can live up to three months. The females actually don't bite victims; they suck the victims' blood.

Female mosquitoes hunt by detecting CO2 as it's breathed out. When they are closer they can also pick up on the infrared heat given off. Mosquitoes prefer children to adults due to the differing odours of humans. Repellants like DEET work by disorienting the mosquito as it gets close to its prey. There are many less effective ways of preventing the blood suckers which include citronella, catnip oil extract, nepetalactone, eucalyptus oil extract, soy bean oil, and lemon eucalyptus solution. Other recommended deterrents include light coloured clothing, long-sleeved shirt and pants, and a hat.

Mosquitoes have four distinct stages in their life: egg, larva, pupa, and adult. The eggs are laid in rafts on fresh or stagnant water (they can't live in flowing water). Most eggs hatch in 48 hours. During the larvae stage they will shed their skin four times growing larger each time. They will live in water for seven to fourteen days depending on the temperature of the water. The pupa stage lasts about two days during which they lie on top of the water. When they turn into an adult they will lie on the water long enough to dry out their wings and then fly away.

In Canada, the mosquito is turning from a pesky little critter to a transporter of the West Nile Virus. About one in five people who are infected develop a fever and other symptoms. One out of every 150 infected people will experience more serious or potentially fatal symptoms.

The mosquito has several natural predators. Dragonflies eat mosquitoes at all stages of their life while bats and purple martins will eat adults.

Finally, there is one last question to answer... Why are mosquitoes religious? Because they prey on you!

#### **STAY SAFE!**



#### Greetings From NH Thrift Centre

Recently we were sitting as a staff and talking about how the times during lockdown have really shown all of us just how much 'stuff' we have in our houses. I'm sure you are feeling the same way ... so much stuff - and let's face it we've all had a real lesson in what we need and want! The focus on what really matters shouldn't include hanging on to things that simply don't bring us joy anymore. It's the place that we all find ourselves at right now.

So, we'd like to offer you an outlet for your extra goods! How do we help? By taking your donations and turning them into a win for everyone. You win as a donor, the customer that buys them at great prices wins, and ultimately those folks that are helped by the Mennonite Central Committee charity. There is a direct line from your donations to helping others. It's something that should make you feel good. It's true that the items you no longer want can help others.

How do you donate? It's pretty simple, really – load donations into your vehicle, come to the New Hamburg Thrift Centre at 41 Heritage Drive when we're open, and drive around to the back receiving area. At that point you simply unload your vehicle onto the provided carts or bins and you're done. Quick, simple, and oh so helpful!

So, what can you donate? Just about everything around the house. Good condition clothes, furniture, housewares, and leisure items. Got extra hardware or tools? We can take those. Got books or media you've already consumed? We take those items too. That strange thing you got as a gift once, years ago? We'll be grateful to take that as well.

What can you not donate? There are a few items that we are not able to accept. We can't take construction materials, chemicals of any sort (that includes food/ perfumes/paints/cleaners etc.), many items of baby furniture, and helmets of any sort. If you are wondering, we'd encourage you to look at our website www.newhamburgthrift.com for a more complete list. Or, if you'd rather hear a friendly voice, call the shop at (519) 662-2867 and we can talk about it directly.

Thank you in advance for your donations – we are grateful

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#### Local Churches Invite You to Join Them Online

#### Steinmann Mennonite Church

Sunday Worship: 9:45 a.m. Worship livestreamed at www.smchurch.ca

Zion Philipsburg Lutheran Church Sunday Worship: 10:30 a.m. www.philipsburglutheranchurch.ca

#### **Emmanuel Lutheran Church**

Worship Service: 9:30 am www.petersburgchurch.org

**Shantz Mennonite Church** www.shantzmc.ca

St. James Lutheran Church Sunday Worship: 9 am www.stjamesinbaden.org



Page 26 Volume 21, Issue 11 Cooks

Summer months often pair well with barbeques and fresh produce. Here are some tasty recipes taken from the Egli's Meat Market recipe book! Tis the season to get back to your grill...Enjoy!



#### Asparagus Health Facts

- Asparagus is a low calorie vegetable that contains many minerals and vitamins including A, C, and K.
- Providing an abundance of fibre, 1/2 a cup of asparagus equals 1.8 grams of fibre!
- An excellent source of folate makes asparagus useful for pregnant women.
- Having a high concentration of potassium, it is said that asparagus helps reduce blood pressure.

Asparagus can be cooked in a variety of ways including boiling, grilling, steaming, roasting, and sauteing.

#### **Barbecue Sauce**

1 cup brown sugar

2 tsp salt

1 tsp paprika

1 tsp celery salt

1 tsp chili powder

1/2 cup vinegar

1 can tomato soup

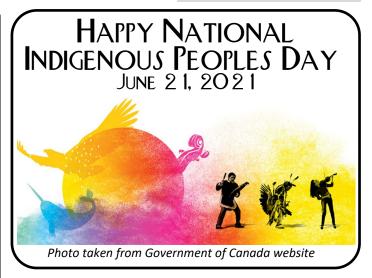
In a small saucepan, combine all ingredients and bring to a boil. Great for brushing on ribs or chicken legs or drumsticks when barbequing.

## Roasted Asparagus With Parmesan Cheese

2 1/2 lb fresh asparagus
2 Tbsp olive oil
1/2 tsp salt
1/4 tsp fresh ground black pepper
1/2 cup freshly grated parmesan cheese
2 lemons, cut in wedges, for serving

Preheat the oven to 400 degrees Farenheit. If the stalks of the asparagus are thick, peel the bottom half of each. Lay them in a single layer on a sheet pan and drizzle with olive oil. Sprinkle with salt and pepper. Roast for 15 to 20 minutes until tender. Sprinkle with parmesan and return to the oven for another minute. Serve with lemon wedges.







#### Reducing the Risk of Fire on the Farm

Barn fires in Ontario result in a significant loss of property, including livestock. The emotional and financial impact of a barn fire can be devastating to the owner, the community, and the emergency personnel who respond to the incident.



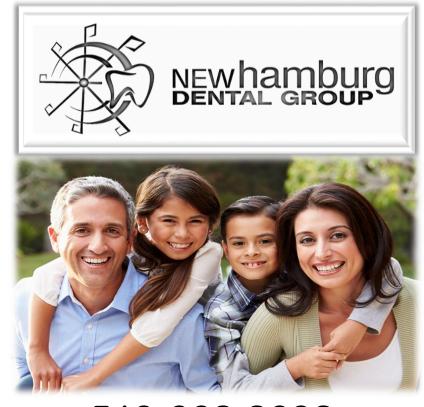
The fire department stresses that fire safety is the owner/operator's responsibility. "There are a number of things that property owners can do to help prevent fires and reduce the risk of fire spreading if one starts," says Fire Prevention Officer Mechalko.

The following proactive steps can easily be taken to help reduce the risk of fire on farm properties:

- prohibit smoking in and around farm buildings;
- ensure electrical installations and appliances are kept clean and in good working order: ensure all electrical work is performed by licensed contractors;
- discontinue the use of extension cords and unsafe wiring;
- perform welding and cutting operations only in areas that are free of combustible materials;
- store and handle hazardous products according to manufacturers' recommendations and applicable regulations: mix fertilizers and chemicals carefully in well-ventilated areas; and
- provide and maintain a clear unobstructed laneway or yard area to each building and access to water supplies that might be required for firefighting.

For additional details on how to mitigate the risk of fire on farm properties, a free publication entitled *Reducing the Risk of Fire on Your Farm* is available for download from the **Ontario Ministry of Agriculture, Food, and Rural Affairs website**. This document includes tips on fire prevention and preventative maintenance and provides a checklist to assess fire risks in farm buildings.

Owners and operators of farms and agricultural business properties with further concerns about fire safety should contact the **Wilmot Fire Department** to discuss options to identify and reduce the risk of fire.



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#### **Meet Our Local Firefighters!**

Thank you to all our local firefighters. Just like nurses and doctors, you see grief that we cannot comprehend. You are true heroes and deserve to be recognized!





**Meet Addison Cober -** Firefighter at the New Hamburg station with 2 years of service Full Time Job/Trade/Industry: Employed on uncle's family farm and City of Stratford

I joined the fire department because I was inspired by my grandparents, Annie, and Willie. They were involved in Wilmot in various capacities, and I wanted to follow their model of community involvement. I thoroughly enjoy the fire experience and value the friendships of the men and women at station 3.

**Meet Melissa Legere -** Recruit at the Baden station as of January 2021 Full Time Job/Trade/Industry: Dental Assistant at SKH Dentistry

To live up to the phrases we often tell our kids such as, "go after your dreams," "conquer the world," and "anything is possible," I decided to take my own advice and do just that!

After 20 years in dentistry, I decided I wanted to try something new; to be challenged and give of my skills in a new realm and atmosphere. I completed my Firefighting Certifications in Texas in the fall of 2020 and figured what a better way to give back to my community than to volunteer within the town that I live in and love. I couldn't be prouder to have the opportunity and privilege to help those whom I call my neighbours and friends when they are in need.





**Meet Dillon Dick**— Acting Captain at the New Dundee station with 10 years of service Full Time Job/Trade/Industry: Nachur's Alpine Solutions

I grew up in Plattsville, just next door to Wilmot. I got on the Fire Department there in 2011 and immediately loved it. My parents were both police officers, so I knew I wanted to serve my community, but maybe go a different route. I spent 5 years there serving that community and when I moved to New Dundee I immediately applied here. I have been on the Fire Department for 5 years here now as well. My favourite part about being a firefighter is the public education. I love going to schools to teach fire

safety and show kids our cool equipment. I know this hasn't been happening lately, but hopefully when things open up again, we can have more of an active role in attending local schools and showing them how to stay safe. When I'm not playing with fire hoses, I love to hang out with my 3 beautiful girls—Bryce, Peyton and Charlie. I also enjoy playing hockey with friends.

**Meet Chris Shaw**– Firefighter at New Hamburg station with 6 years of service Full Time Job/Trade/Industry: Automotive Service Technician

From a young age, my mother taught me the value of contributing to the community and serving others. While studying Pre-Service Firefighting at Conestoga College, I learned of an opportunity within the local department. Joining the Wilmot Fire Department has allowed me to give back to the community I call home. I have a wife and I am a proud father of two children, a three-year-old and a five-month-old. I enjoy music, having picked up my first guitar at age six. I have played, written, and produced music

throughout my life. I also enjoy building electric guitars. During hockey season, I enjoy friendly team rivalry with my wife, and in the summer, you will find me camping and canoeing with my family.





"Gardening is a lively art, a gentle science. The rhythmic physical work refreshes and strengthens the body and often calms the mind." ~ William Shakespeare



It's hot! Now it's cold! Cover the junctions) exposed. Mulch plants! It's hot again! Uncover the plants! Another typical spring in Ontario, but drier than

usual. Gardeners have been constantly watering their freshly-planted bedding plants to ensure survival. Rain barrels dried up long ago. As I'm writing this article, we are receiving much needed rain! Yippee!

Mulching your gardens really is a water saver. Uncovered soil dries out quickly while my mulched gardens still have damp soil so I'm only watering newly-planted material occasionally. Mulching can

save you 70 to 90% on watering. There are many materials that can be used depending on your situation and aesthetics. In my veggie garden, I use straw, leaves, and grass clippings. As my tree/shrub/perennial border is a cottage garden or natural look, I leave the leaves for mulch. Even my more formal front garden has a mulch of chopped leaves. The nursery trade offers many options. Typically, it is recommended to avoid the coloured mulches as the wood source may contain harmful chemicals as well as dyes.

Speaking of mulching, it looks pretty, but volcano mulching will shorten the lives of your trees. This is such a common sight. Trees are expensive and have a long lifespan if maintained properly. The trunks need to breathe, and when covered, respiration is restricted and the moisture can cause bark rot and disease. The trees will be stressed and that makes them susceptible to borer insects too. Also, new roots can start to grow and often they will encircle trees and strangle them over time. Keep all soil and mulch away from trunks and have the flares (trunk and root

should create donut bowls around the trees. Check out this link for more details: https://bygl.osu.edu/node/1494

What colours are featured in your gardens? The civic gardens of Wilmot maintained by the Wilmot Horticultural Society volunteers follow the theme of "Planting Yellow - For Renewed Hope", as part of the

initiative of the Communities in Bloom organization. Have a look out for yellow petunias, rudbeckia, prairie coneflower, daylilies (especially the Wilmot Summer Sunset daylily), and many yellow annuals and perennials. Yellow is a lovely, sunny bright colour! One of my summer favourites is the annual sunflower. I think of it as the happy flower! It is loved by so many pollinating insects and the goldfinches arrive when the seeds start to ripen. The air is filled with the sound of their

chatter. My neighbours love seeing the sunflowers from their back decks. It certainly brightens up the landscape.

Happy gardening everyone!



Keep those fingernails and knees dirty!





For updates and great gardening information, news and to share all things gardening.

www.facebook.com/groups/3133495739996313 Website: gardenontario.org/view/society-layout/entry/852 email: wilmothortsociety@gmail.com

Let's Tree Wilmot email: letstreewilmot@gmail.com (info for donations to Let's Tree Wilmot) FB: www.facebook.com/Lets-Tree-Wilmot-105102171388088

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#### Gardening With Verda ~ Tips on Pruning

Pruning is the deliberate act of removing a plant part in a way the will not disfigure the plant or interfere with the health of the plant. There are a number of reasons why homeowners should prune their shrubs/trees/vines. These are:

- 1. To remove or restrict unwanted growth
- 2. To remove dead or injured wood and to repair damage.
- 3. To alter the form as in creating 'standards'
- 4. To rejuvenate old shrubs
- 5. To promote blooms/fruit production and/or denser growth on hedges
- 6. To keep landscape shrubs within the desired size limits.

If one of these reasons isn't your objective, pruning is unnecessary. Pruning should always be done in the proper season.

Late flowering shrubs and vines (those which produce

blooms on the current season's growth), should be pruned in late winter/early spring before new growth begins. These include: Buddleia (Butterfly Bush); Pee Gee Hydrangea (only if needed); Annabelle Hydrangea; Spirea japonica varieties; Spirea bumalda varieties; Clematis that bloom from July to September; Trumpet Creeper Vine; Silver Fleece Vine.

Dead, diseased, and old wood should be removed. Any branches that cross over each other should be pruned out.

Shrubs/vines that bloom before July (produce blooms on last year's growth), should be pruned shortly after they have finished blooming. These include: Deutzia; Forsythia; Kolkwitzia (Beauty Bush);

Philadelphia (Mock Orange); Bridal

Wreath Spirea; Weigela; Lilacs; Clematis that bloom in May and June; Wisteria; Honeysuckle Vine and shrub.

Remove some of the old wood (branches which are more than two years old). Prune out some of the sucker growth to open the shrub and allow light to enter the interior as

> well as allowing for good air circulation. Any branches that cross over each other should be removed.

Maple trees should not be pruned in winter. This should be done in late July or early August. Pruning during its dormant stage creates an open wound from which the tree 'bleeds' excessively as the sap moves upward through the tree in late winter. This robs the tree of crucial strength needed for healthy growth through the summer.

There is one exception. Japanese Maples should be pruned in early spring before the leaves appear. Lighter pruning may be done in June when the new growth has hardened.

Hedges require an annual pruning. Sometimes more frequently in one season. Pruning should be tapered so that the hedge is narrower at the top than at the base. This will provide maximum light exposure for the lower branches.

Evergreens are generally pruned in spring when new growth appears. Pruning the terminal buds or 'candles' by one half on pine, spruce, and yew will produce more dense growth. Evergreen shrubs should also have the terminal buds pruned. If not pruned, then over time the centre may become bare and sprawling in shape. Cedar trees may be pruned at any time (except winter).

Most Roses should be pruned in spring rather than in autumn. To wait until spring is prudent because it is then that the amount of winter kill is evident. Winter kill can be pruned out without damaging the shrub.

Hybrid Teas, Grandiflora and Floribundas should have weak, dead, diseased branches removed. In the second and subsequent years of the plant, branches should be cut to half their length. As the main growth ages, harder pruning should be done to encourage strong new stems from the base. Early spring pruning encourages early flowering.

Shrub and species roses should be allowed to develop naturally. Remove older growth to encourage new growth.





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Baden Outlook Page 31

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At the Lambert Group, we love supporting the Baden community. This past month, we were honoured to host a Drive-Thru Food Drive for Wilmot Family Resource Centre in partnership with the Baden Community Association. We're always looking to make meaningful impact in the Wilmot community, as simple as bring food to the table of those who cannot. Making Wilmot a strong and healthy community is integral to maintaining the vitality and vibrance of Wilmot.

In celebration of the start of summer and bountiful agriculture in this region, enjoy this delicious recipe.

## Triple Berry Oatmeal Crumble Muffins

MUFFINS	
1 cup all-purpose	
flour	
1/4 cup whole wheat	
flour	
1 cup rolled oats	
1/4 cup brown sugar	

1/4 cup white sugar

1/2 tsp salt
1 Tbsp baking powder
1/4 tsp cinnamon
1 cup milk
1/4 cup cooking oil
2 large eggs
1 1/2 cup frozen

berries

OAT CRUMBLE der TOPPING 1/2 cup rolled oats

2 Tbsp butter, cold oil 2 Tbsp brown sugar 1/4 tsp cinnamon 1. Prepare the oat crumble topping first, so it's ready to go on the muffins as soon as they're mixed. In a small bowl, combine the oats, butter, brown sugar, and cinnamon. Use your hands to massage the oats, brown sugar, and cinnamon, into the butter until it's evenly combined and clumpy. Refrigerate the mixture until you're ready to top the muffins.

2. Preheat the oven to 500°F. In a large bowl, combine the all-purpose and whole wheat flours, oats, brown sugar, white sugar, salt, baking powder, and cinnamon. Stir well.

3. In a separate bowl, whisk together the milk, eggs, and oil.

4. Pour the whisked wet ingredients into the bowl with the dry ingredients. Stir just until they are combined, it doesn't need to be perfectly mixed. There may still be clumps and a few dry spots, but it's important to avoid over mixing.

5. Add the frozen berries to the mixture and gently fold in to avoid greying.

6. Line eight muffin tin cups with paper liners, then fill each one to the top with the muffin batter (use more cups if needed, just make sure to fill to the top). Sprinkle the prepared oat crumble topping onto each muffin.

7. Transfer the muffin tin to the oven and immediately turn the heat down to 400°F. Bake for 22-25 minutes, or until the muffins have risen into peaks, have cracked slightly, and are deep golden brown on top. Remove the muffins from the oven and the muffin tin (use a knife to loosen any parts that have spilled out over top) and allow them to cool.

\*Make this recipe allergen friendly by subsituting your favourite gluten free flour, using dairy free milk and butter, or using two flax eggs, alternatively!

Jon and his whole team at the Lambert Group were fantastic to work with. Not having been in the real estate market for 17 years, we really relied on their expertise & experience with selling our home. They patiently supported us through all the steps in this process, responded to all of our questions and concerns as they arose (reossuring us that any & all questions were fine), respected our decisions, while being agreeable to our requests for them to make certain decisions. Their media team's skills are most impressive.

Was a great decision to trust them with this very important process.

- Carol S. Wilmot Township

#### Answers from Baden Outlook Fun Puzzles



## <u>Drop One For Fun</u> (page 9)

 1. Brawn
 2. Warn
 3. Ran

 4. Agree
 5. Rage
 6. Erg

 7. Taint
 8. Tint
 9. Tin

 10. Caper
 11. Pear
 12. Par

 13. Brush
 14. Rubs
 15. Sub

Creating special words
BEACH WATER

#### Pairs of Letters (Page 16)

- 1. Grasshopper
- 2. Whippoorwill
- 3. Pussywillow
- 4. Daffodilly
- 5. Raccoon
- 6. Toolroom
- 7. Terracotta
- 8. Fuzzball
- 9. Occurring
- 10. Hiccupped

#### All Things Scrambled Deluxe (page 10)

Civil war
Even odds
Found missing
Ill health
Minor miracle
Original copy
Plastic Glasses
Small crowd
Student teacher
Good grief

#### Canada Quiz Answers (page 15)

- 1. British Columbia, New Brunswick, Nova Scotia, Prince Edward Island
- 2. Mackenzie, Yukon, Nelson, Columbia, Peace, Churchill
- 3. 75-80%
- 4. Cree, Inuktitut, Ojibway
- 5. Baffin, Victoria, Ellesmere, Newfoundland
- 6. Red jacket, broad rimmed hat
- 7. Baffin Island
- 8. Quebec



#### Rebus (page 13)

- 1. Multiple Choice
- 2. Shadow of a Doubt
- 3. lack in the Box
- 4. Scatterbrain
- 5. Travel Overseas
- 6. Safety in Numbers



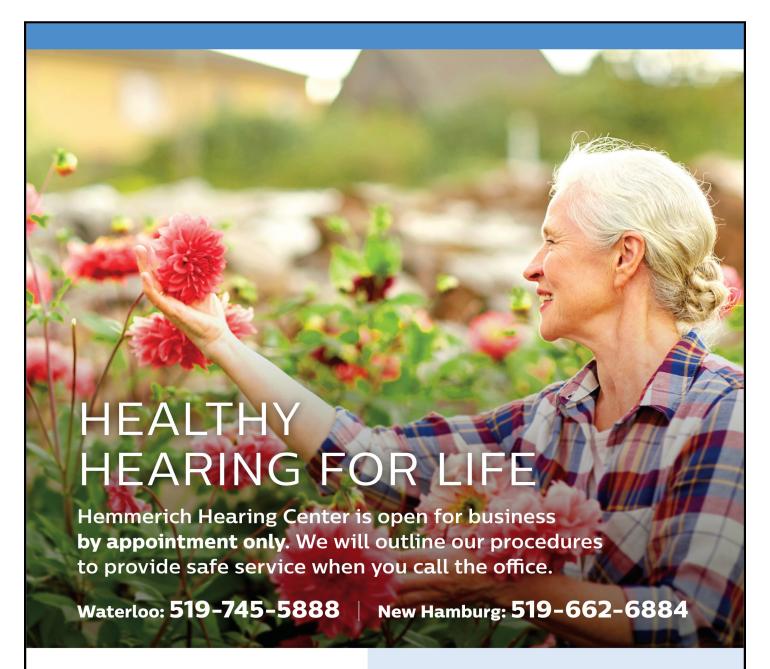


#### **HOURS OF OPERATION**

Mon - Wed Thu - Fri\* Ne Saturdays 9:00 am - 5:00 pm 9:00 am - 6:00 pm 10:00 am - 1:00 pm



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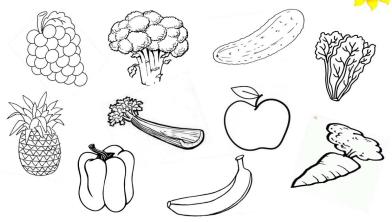
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Hope all the dad's out there have a Happy Father's Day! It's been a tough year to muscle through!

#### June 17th is "Eat Your Vegetables Day."

Can you find and circle all of the vegetables?



June 20th is cause for a double celebration...

Father's Day AND the first day of summer. Hooray!!!

## WORD SEARCH **BBQ FATHER** JUNE RESPECT **BRAVE FUNNY KISSES SPECIAL** CARING LAUGH **GIFT SPORTS** DAD LOVE HUG **STRONG**

#### Wilmot Kids Say the Funniest Things

We enjoyed receiving your Pearl's of Wisdom over the past year. We will still gladly receive positive quotes and post them throughout the paper, but now we want to hear from parents and grandparents who have spent a lot of time with their wee ones. Simply email us with your kid's name and age along with their funny quote. Please email your submission to **badenoutlook@hotmail.com** with the tag line "kids say the funniest things".

Here's an example from my boy.

\* Simon - age 6 - "I know what hydrated means mom. It means I'm all drinked."





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## BADEN IN MOTION...THE BCA IS HAPPY TO RAISE THE CANADIAN FLAG IN TIME TO CELEBRATE CANADA!

On June 5th, the Baden Community Association, with the generous support of the Lambert Group, hung 16 flags on the hydro poles in the

Baden core. Scott Pfaff from the Arcadian Group donated his time to install the flags. Pictured here are Kerrie Lynn, Amy, and Jon from the Lambert Group, along with and Merv Bowman, Joanne McCallum, and Maureen Edwards from the BCA. The group hope to expand the flags throughout Baden in the years to come.







A Baden Food Drive was held on Saturday, May 29th sponsored by the Lambert Group and the Baden Community Association.

Baden Feed allowed them the space for the drive-thru drop off. The groups were happy to fill the back of a pick up truck with 680 lb of food and \$150 in cash donations to support the Wilmot Food Bank. Thank you Baden!



We are so excited to see you!

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