



# Baden Outlook

~ Your Monthly Newsletter ~

Keeping the Community Connected with 3000 copies in circulation.

You're invited to peek...



Who are the two new Prime Minister statues to be unveiled?



In recognition of Canada's Sesquicentennial, please join us for another "Canadian Conversation" as Wilmot Township celebrates the addition of two new statues to The Prime Ministers Path.

Statues created by Morgan MacDonald of Logy Bay, Newfoundland and by Ruth Abernethy of Wilmot Township will be unveiled on Thursday, June 29, 2017 at 6 p.m. on the northeast lawn of the Township of Wilmot Municipal Office, 60 Snyder's Road West, Baden.

Following the unveiling, bring your lawn chair and enjoy the first of Castle Kilbride's Summer Concert Series with the Shanigans, a Canadian celebration of music!



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WE DON'T PUBLISH A PAPER IN JULY



**This paper is priceless - Please have one!**

# Talking with Ed

~ Just Dreaming!



Canada's 150<sup>th</sup> birthday is right around the corner and there are lots of exciting events planned in Wilmot Township. Starting on June 29<sup>th</sup> there will be the unveiling of two more statues at the fountain in Baden, as seen on the front page. On July 1<sup>st</sup> the Wilmot 150 Committee has a great day planned at Norm S. Hill Park in New Hamburg with many old and new events planned. It should be an exciting couple of days!

I am a bit of a dreamer; actually my wife Pat (and close friends too) has called me "Idea Guy!" I must say that I do come up with some goofy ideas, and this paper was one of them! Anyway, I had two interesting ideas that might be thoughts for Wilmot Township in the future.



**Wilmot Olympics** - Before you say, "What is wrong with old Ed," let me explain. For years, the folks at Morningside have been holding their own successful annual summer Olympics, and it has truly brought their community together. Several categories are decided upon, including card games, shuffleboard, and horseshoes. There are winners (gold, silver, and bronze), closing ceremonies, and even a golf cart parade. It is highly anticipated and has a great turn-out.

So how do you incorporate that good idea into Wilmot Township? First, it would have to be of interest to others to generate the momentum and to form committees (yah... I know, but all good things start with a committee-hence the word *commit*). Other Wilmot communities such as Petersburg, New Dundee, or St. Agatha could go in as standalone entries or they could join together to even up the playing field. In the real Olympics there are small countries such as Albania, and large countries such as team USA.

Next, categories can be drawn up which could incorporate all ages of Wilmot youth, seniors, intergenerational, male, or female. This idea would need the help of local organizations (schools, churches, etc.) who would be willing to look after events and stats. A date could be selected for a year end, which could be incorporated with another event such as Canada Day, Corn Fest, or the Fall Fair. It would create community spirit, encourage exercise, be a venue where people can mingle with old friends (or meet new friends), and also create pride in our township! And oh yes... have fun! Now, I've been pretty good at tossing out my brilliance over the years but I am getting a bit tired of executing the plan; no wonder Pat rolls her eyes at me, I've tired her out too! So feel free to get on my idea train, I won't be offended if you make it go.

**Adopt a Town** - We have it unbelievably good in Wilmot Township! Poverty is low, we have great schools, facilities, infrastructures, and we live in a typically safe, tranquil environment. Every day I look in the newspapers or see on the television the many hardships that people in other countries endure. There are a variety of agencies in place that try to help these societies. The Mennonite Central Committee does a great job in trying to help the unfortunate; there are hundreds of people who donate their time and effort into this great cause - I applaud all of them for their efforts, commitment, and successes.

Although there are very valuable services out there supporting the less fortunate, one of the problems with giving to large organizations is that it seems like a drop in a bucket (a very large bucket), but it is still something that needs to be done. I don't intend to undervalue this, but my thought is to support something closer to home. What if Wilmot Township would collectively join together and adopt a comparable size town that is in need of help? You would see firsthand where your support is going and the fulfilment of being active in this would be satisfying.

There are organizations in place that can help communities find a municipality in need and create a liaison between the two. Imagine school children having pen pals from a sister community, building friendships, and learning of each other's lives! Or grandmas knitting baby clothes, or tradesmen helping to keep their homes well maintained. How about our community raising money for a specific need such as a new well, a school building, and books for a library, an ambulance? The ideas are endless.

The best way to make this happen is to have many organizations, churches, schools, community groups, and businesses dedicate a certain amount of funds each year and work toward that goal. Anything is possible, it just starts with a great idea! Whew, brain cramp...till August, have a great summer!



We don't publish a paper in July.  
It's time for camping, travelling, gardening,  
and spending time with family and friends.  
Time to put our feet up and recharge—and  
think of another great idea!!





# Greetings from ~ Outlook Headquarters

As I prepare the paper each month I marvel at how amazing our community is and I always find something that stands out in my mind. This month I had a lady from a neighbouring town come by to pick up 35 papers that she shares with her neighbours and friends. She couldn't say enough kind things about the Outlook, how her town was envious of the enthusiasm that is shared and the sense of community here in the GBA.



The second thing that wowed me was from an advertiser, Advanced Compost, who sent a kind email thanking us for the great success they've had with their recent ads— thank you for that! And in return they generously donated compost to the BCA gardens at the Foundry Street Parkette—now that's community, giving and receiving!

And yet another wow moment this month was the amount of input we received, and with some great stuff that I wasn't even able to squeeze in. Thanks to the awesome advertisers and sorry to those we had to decline as the paper was full even before the deadline of June 1st. We are so happy to be your voice! Typically, my job setting up the paper feels like a 1000 piece jigsaw puzzle, making it fit as tightly and strategically as I can—but this month it felt like 2000 pieces and my table was too small to make sense of it all—*or perhaps I simply need a vacation!* I'm not complaining though; it is so satisfying when the puzzle is done and I see the papers floating around throughout the community.

Speaking of vacation...I am excited to get out of my office and away from the computer for awhile, and get busy fussing up the yard, spending time at the trailer, reading, and enjoying our 2 week road trip travelling with the trailer to the east coast with my sister Cathy and her boyfriend Marty in their RV. I must be sure to pack my Outlook along and stage a fun photo for the paper...and by the way, so should you—wherever the road takes you this summer be sure to keep your Baden Outlook handy for a photo opportunity. Have fun, safe travels —till August, have a great summer!

## EXTRA EXTRA!!

You'll find us around the 15th of each month, available at over 80 places within Wilmot Township while quantities last.

You'll find us In Baden at Mars Variety, Mac's, Baden Feed, One Way Water, Baden Dental, Wilmot Rec. Complex, Tim Hortons, Baden Library, EJ's, and several outdoor magazine boxes located conveniently throughout town for Baden readers.



You can pick it up in New Hamburg at No Frills, Sobey's, Short Stop, NH Legion, McDonalds, Kasemann's, Morningside, Stonecroft, Office Pro, NH Thrift Centre, Absolute Fitness, Pharmasave, NH Dry Cleaners, NH Wellness, NH Library and various offices and retail locations throughout Wilmot Township.

Also in St. Agatha at Fishers Esso, Angies Kitchen, and Stop 2 Shop. In Petersburg at the Blue Moon, and Foxboro.

*The best things in life are free -  
like the glory of a rainbow after a  
summer storm...and this paper  
~ Please Have One!*



*Good friends are the rare jewels of life...  
difficult to find and  
Impossible to replace.  
Enjoy your friends this summer!!*



*There are plenty more fish in Millpond...  
Kids, get your dads out there, and not  
just for a fun time—maybe even for a  
trout dinner for Father's Day!*



## Oh Canada! The True North Strong & Free

This year we celebrate the 150th birthday of our country. During the past year we featured all kinds of interesting quizzes and trivia to get you educated or refreshed in tribute to our country.



*Let's be sure to celebrate us... our Canada, the true,  
north, strong and free! Happy Canada Day!*

# Baden ~ Our Town



It was a beautiful day for the second annual Baden Community Association Fishing Derby. Two hundred and sixty three people registered to try their luck at catching some of the 600 trout that were released in the Baden Mill Pond. There were 10 tagged fish worth \$50 to be caught and 2 of them were caught for the day which netted the anglers \$50 each—congratulations Rebecca and Ross! Thank you to the local businesses who supported the event, as noted to the right. Also thanks to the Township of Wilmot “Discover Your Wilmot Fund” which helped to support the day! Anglers enjoyed the barbeque and prize table assembled by the BCA and sponsors. The great thing about this event is that this will keep people fishing at the pond months from now!



*BCA members Maureen Edwards and Amanda Salisbury are excited to give Rebecca McKinley the first \$50 bill for the first tagged fish caught at the fishing derby. Congratulations to Ross who snagged the second tagged fish, also winning \$50.*

The group has been busy gardening at Livingston Blvd. and also at the parkette on Foundry Street, preparing for the unveiling of the plaque to those who supported the project, and *Beautifying the Community*.

The Baden Corn Festival is right around the corner so be sure to mark your calendar for August 12th. There will be many of the old events returning such as the kids’ bouncy castles, wagon rides, beer garden, firemen’s breakfast, and a variety of vendors. Unfortunately the BCA have cancelled the outdoor dinner this year as it is a very small group of organizers and there are many other great events throughout the year. Check out the back page to see what’s happening at Cornfest and don’t forget to follow us on Facebook.



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**WITH THANKS TO BADEN FOR OUR AWESOME PARKETTE!**

The BCA had their plaque unveiling at the Foundry Street Parkette and publicly thanked all those who supported the project, financially and otherwise. It was well attended and the Pillars Grill Team was there and provided sausage on a bun. It was exciting to have a drone flying above, capturing this special event. How rewarding to see the parkette, bridge, and trail being used regularly by citizens of Baden. *Seen to the right is Mayor Armstrong as he reveals the plaque.*



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Cats are amazing creatures. They can provide so much love and life to our lives. But for all their great traits, they can be tricky at times. When cats aren't well, they often hide it. That means pet owners may not immediately



see signs that something is wrong. Regular preventive care with physical exams are the best tools for early disease detection and treatment. But as many cat owners know, getting your cat in a carrier and to the vet can be a challenge.

The following tips will hopefully help make the trip to the vet a little easier for you and your cat.

### 1. Choose the appropriate carrier:

There are basically 2 types of carriers, hard-sided carriers and soft-sided carriers. Hard-sided carriers are best for just starting out. Get one that opens from both the top and the front. Soft-sided carriers are lighter-weight, smaller and easier to handle. These open from both the top and the side. Regardless of which carrier you choose, make sure you get one that can be easily taken apart. This is important for cats that won't come out on their own, or for cats that are sick or in pain.

### 2. Get them used to the carrier:

Cats don't like to be exposed to uncomfortable or new environments. Introduce your cat to the carrier before you need to use it for transport. Make it a familiar, secure and pleasant place so your cat feels comfortable and safe being in and around the carrier. Some ways to do this are:

- Set the carrier in a favourite place for your cat (in the sun, or on a favourite sofa).
- Put a favourite blanket or soft, absorbent towel in the bottom.
- Place a few kibbles of your cat's food or a treat in the carrier.
- Use a pheromone spray or wipe (such as Feliway) to help calm your cat.
- Leave the door open and let your cat get comfortable going in and out.
- When your cat intentionally chooses the carrier as a preferred hiding place, you can close the door for small

periods of time – just a few seconds at first.

- Make the carrier a comfortable resting, feeding or play location. Keep the transport carrier out and accessible in the home, not just when you're taking your cat somewhere.

### 3. How to force the issue:

If your cat will not willingly go in, here are some tips to safely place your cat into the carrier:

- Place the carrier on its end so the open door is facing the ceiling.
- Put a towel in the bottom so if your cat urinates, the towel will absorb the wetness and keep it off your cat as much as possible.
- Pick your cat up under his front legs, with your other hand supporting his bottom.
- Lower your cat rear-end first into carrier - this way they will not feel like they're being forced into a situation where there is no way out.
- Close the door and secure the latch, then gently return the carrier to the correct position.
- Cover the carrier with a light towel or blanket.

Hopefully this helps make the experience a little easier for everyone!

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# Checking out the Baden Library



Celebrate Canada 150 at the library this summer! The Region of Waterloo Library continues to partner with and promote the TD Summer Reading Club to offer a variety of summer programs, activities and events.

## TD Summer Reading Club

The TD Summer Reading Club encourages participants to read, or be read to, during the summer months.

Children will maintain and/or improve their reading skills, while school is out for the summer.

Registration officially begins Tuesday, June 27.



## Save the Date - Kick-Off Party

Join us on Wednesday, July 5, anytime between 4:30 - 7:30 p.m. for the TD Summer Reading Club Kick-Off Party. Sign up for the Summer Reading Club, register for special programs, participate in fun activities, and there will be a few special surprises too! No registration required; just drop in.

Every child who registers for the Summer Reading Club will receive a free bag, activity book, stickers, and bookmark as a part of their reading kit (while quantities last). Last summer, over 260 children registered at the Baden Branch!

To learn more about the TD Summer Reading program visit [tdsummerreadingclub.ca](http://tdsummerreadingclub.ca).

## Your Support

The library is able to provide prize incentives to participants of the TD Summer Reading Club due to generous donations and support from the community. The Library wishes to thank the service clubs and businesses who have already donated prizes. There is always a need for prizes, so please consider donating. For more information on how to donate, please contact Chris at 519-634-8933 or [badenlib@regionofwaterloo.ca](mailto:badenlib@regionofwaterloo.ca).

## At the Library this Summer

The following programs are taking place at the Baden Branch. Programs and events are FREE; however, space is limited and in some cases registration is required. Registration for all programs begins Tuesday, June 27.

**School Age Programs:** For children ages 6 and up, Tuesdays from 1:30 to 2:30 p.m., beginning July 4 for seven weeks. A new adventure each week, including Twisted Fairy Tales, Beaver Fever, and Bubble Extravaganza to name just a few! Please register for each week individually.

**Family Storytime:** For children ages 1 to 5, Tuesdays from 1:45 to 2:15 p.m., beginning the week of July 4 for seven weeks. This interactive program includes stories, songs, rhymes, and crafts. Children must attend the program with their parent/caregiver.

**Ready, Set, Go! Kindergarten!:** Recommended for children entering Kindergarten this fall, Thursdays from 10:30 - 11:30 a.m., beginning July 6 for seven weeks. A fun and interactive

program that introduces children to skills they will build on at school. Parents/caregivers join children for the second half of the program each week to explore hands-on activities. Registration is required.

**Read With a Police Officer:** Tuesday, July 18 from 11:45 - 12:30 p.m. Learn more about the job of a police officer and tips on how to stay safe. He will also read some stories to us!

**That Magic Guy:** Thursday, July 20 from 2:30 to 3:30 p.m. Magic tricks, fun, and more! Come and be amazed!

There are also Movie Days, Lego Challenge Days, STEM Activity Days, Games Night, and more! Pick up a Wilmot Township handout at the library, or check out our website for information on programs at all ten RWL branches.

## Adult Readers

This summer, read the One Book, One Community 2017 selection, *Emancipation* by Wayne Grady. Visit [oboc.ca](http://oboc.ca) for more information about the book, author, and upcoming events.

## Benefits of Membership

Summer is a great time of year to get a library card for yourself or family members. Library memberships are free! You can check out books, magazines, DVDs, music CDs, books on CD, and more. Download books, movies, music, and magazines - all for free! Need help getting started? Just ask!

Visit [rwlibrary.ca](http://rwlibrary.ca) for a full list of programs and events being offered this summer. Children 9 and under must have a parent or caregiver (aged 12 or older) remain in the library for the duration of any program.

## Questions?

Contact the Baden branch at: 519-634-8933, [badenlib@regionofwaterloo.ca](mailto:badenlib@regionofwaterloo.ca) or visit [rwlibrary.ca](http://rwlibrary.ca).

*Chris Baechler, Assistant Supervisor,  
Baden Branch—Region of Waterloo Library*

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THOUGHT FOR THE DAY

A married man should forget his mistakes. There's no use in two people remembering the same thing!

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Stop and smell the flowers, hug a tree, listen to the birds and enjoy the gentle flutter of a butterfly.

Be yourself in all your perfect glory!



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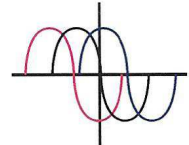
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## Canadian Trivia

1. Canadians are renowned for adding what to the ends of sentences?
2. What is the most important mineral associated with Sudbury?
3. What is another name for Canada Day?
4. In which province is Dinosaur Provincial Park?
5. Where in Canada would one attend the famous Shakespearean Festival?
6. What is Canada's national animal?
7. What do Canadians commonly call February 2?
8. How long is a Canadian football field?
9. What trophy is awarded annually to Canada's outstanding athlete?
10. Which Canadian creature has its own monument near Wawa, Ontario?



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### Answers to Canadian Trivia

1. Eh?
2. Nickel
3. Dominion Day
4. Alberta
5. Stratford, Ontario
6. Beaver
7. Groundhog Day
8. 110 yards
9. Lou Marsh Trophy
10. Canada Goose



*Please support the advertisers in this paper and keep our community alive and thriving!*

## Bonfire Fun ~ Make Your Own Colour-Changing Fireplace Pinecones

Here's a fun do-it-yourself project for the whole family. First have the kids gather up some dried pine cones, the beginning of your next bonfire extravaganza.

Next, choose your flame colorant, depending on the colour flame you prefer (*though most are common household chemicals, remember to keep out of the reach of children and pets*):

Yellow – Table Salt / Yellow-Green – Borax  
 White – Epsom Salts / Green, Multi colours– Boric Acid

**The Process:** Pour 1/2 gallon of hot water into the bucket. Add 1 cup of the colorant of your choice, and stir until dissolved. Add pinecones to the mix. Be sure to add only as many as can be completely covered by the solution. Soak for 8 hours or overnight.

Remove the pinecones and set on newspapers to dry completely – at least 3 days. Now your pinecones are ready to burn! Simply add them (one at a time) to your fireplace and watch the colours appear.



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WITH SINCERE THANKS TO OUR CARING



Cindy Eby is still in awe and revelling in joy because of the recent random act of kindness bestowed by two very special strangers, Jenn Zehr and her mother Kim Novsworthy. These lovely ladies organized a campaign to replace Cindy's adult tricycle that was recently stolen from her mothers' property.

Cindy and the whole Eby family extend their heartfelt and sincere gratitude to all the donors and to Ted Seyler and his team at Peel Cycle and Sports who retro fitted a tricycle to suit her needs and also a new helmet and lock.

How can we ever thank you enough for your generosity? What a great community to live in.

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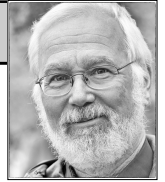
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## Baden Birding ~ Wilson's (Common) Snipe

By Ken Quanz



Recently, a friend of mine, Jim Burrell, joined his two sons in participating in the annual Bailey Birdathon. The object of this one-day adventure is to raise money for research projects aimed at understanding changing bird populations. In one day, the three birders worked together to find and identify 160 different species! How did they manage such an incredible feat? They visited every type of habitat they could find: lakeshores, old fields, urban areas, mature deciduous forests, pine forests, marshes, rivers, bogs . . . you get the picture.



Like Woodcock, Snipe have a very long, pliable bill which they use to seek food such as earthworms or invertebrates deep in the mud. When they sense their prey they open the end of the bill and grab the unfortunate organism with their tongue. Since this may take time to accomplish, and they need to breath, the nostrils are located very high up at the end of their bill.

I can usually find and identify 20 or so species near my backyard, but I have never seen marsh nesting birds like the Wilson's Snipe near our backyard, nor would I expect to see them.

While hiking near Walter's Falls this week I finally got my chance! Two male Snipe were flying their characteristic zigzagging courtship dance during the daylight, circling at speeds between 40 and 100 kph about 100 m above a marshy area, trying to attract interested females. As they flew, they spread their outer tail feathers (rectrices) which used the wind current to produce a "huhuhuhuhu" sound. Usually this flight happens at dusk or dawn, but we were lucky to witness it near high noon.

Considered a "game bird" like the American Woodcock, these birds were hunted for sport. Because an adult bird has an entire mass which is a little less than a quarter pound hamburger, hunting Snipe was rarely an important food source for Canadian settlers. However, over time their numbers have decreased, but this is probably more due to the shrinking amount of wet field habitat that they inhabit.

Also, if you can imagine having the bill stuck into the ground with the head almost touching the earth surface, you can understand the problem the bird would have in seeing predators. This problem has been solved for Snipe (and Woodcock) as their eyes are located near the back of the head giving them a panoramic view of the sky and all their surroundings.

Male Snipe are usually not involved in tending the nest during the 18-20 day incubation period, as they are usually actively looking for other females with which to mate. The males however, will help to tend young birds which are ready to leave the nest on the day they hatch, often taking the two oldest chicks as their charge.

The Breeding Bird Atlas of Ontario shows Snipe as breeding in all parts of Ontario, but with a lower concentration in the heavily urbanized and intensively farmed south. It is one of the few birds with a breeding range which includes every province, most of the territories, and all the northern states, so it is a very widespread species. It just requires some intense searching at the right time of day and in the correct habitat to find this very interesting neighbour.

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Canada has a wealth of unusual place names. Just in Ontario are *Punkydoodles Corner*, *Crotch Lake* and *Balls Falls*. Who had the power to name these places? In Newfoundland alone you can count them to your *Heart's Content* (or *Heart's Delight* or *Heart's Desire*). Some others that caught our eye include:

- ⇒ Sober Island, N.S. (Which has its own brewing company!)
- ⇒ Blow Me Down Provincial Park, N.L.
- ⇒ Big Beaver, Sask.
- ⇒ Bacon Ridge, Man.
- ⇒ Come by Chance, N.L.
- ⇒ Mushaboom, N.S.
- ⇒ Mayo, Yukon. (A remote town with one eatery.)
- ⇒ Goobies, N.L.
- ⇒ Dildo, N.L.
- ⇒ Head-Smashed-In Buffalo Jump, Alta.
- ⇒ Dead Man's Flats, Alta.
- ⇒ Pekwachnamaykoskwaskwaypinwanik Lake, Manitoba / the longest place name in Canada.



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*You Must Be Joking!!*

A police officer called into his station on his radio. "I have an interesting case here. An old lady shot her husband for stepping on the floor she just mopped."

"Have you arrested the woman?"

"Not yet. The floor is still wet."

Submitted by Bruce Bousher



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## Baden Outlook Baseball Pool Stats

Place	Name	PTS	Place	Name	PTS
1	Phil Schmitt	192	31	Aiden Kooy	159
2	Brandon Travers	186	32	Johnnie Reiner	158
3	Jody Pfaff	184	33	Steve Salese	158
4	Zack Gowland	182	34	Amy Papa	158
5	Bryan Pfaff	181	35	Cooper Honderich	157
6	Greg Rempel	179	36	Jack Papa	157
7	Emily Morrison	179	37	Reynold Skowron	157
8	Colton Porchak	179	38	Adam Roth	157
9	David Murray	177	39	Mark Burns	157
10	Susan Honderich	175	40	Len Mueller	156
11	Alex Dumais	174	41	Evan Hopkins	156
12	John Biesel	173	42	Mike Bisch	156
13	Tim Gowland	170	43	Lily Wenn	156
14	Peter Westlake	168	44	Malcolm McAuley	156
15	Pierre Plante	168	45	Peter Woolfrey	154
16	Kyle Struth	165	46	Tyler Randerson	154
17	Adam Schmitt	164	47	Bruce Litwiller	153
18	Marissa Schmitt	163	48	Jan Hallman	153
19	Ayden Ziegler	163	49	Sam Murray	153
20	Ryan Cleary	163	50	Wilson Cook	153
21	Anthony DiGiovanni	162	51	Kaden Eichler	153
22	Richard Knaut	162	52	Reese Faulhafer	152
23	Laurie Honderich	162	53	JD Sremec	152
24	Chris Murray	162	54	Dallas Diebold	152
25	Sydney Helmke	161	55	Rob McGrath	151
26	Patt Miller	161	56	Craig Pestell	150
27	James Schlegel	161	57	Brett Gardner	150
28	Gavin Koenig	160	58	Sara Roth	150
29	James Aoki	160	59	Olivia Faulhafer	149
30	Jason Peart	160	60	Matt Vickers	149

**Congratulations to  
 Phil Schmitt for taking the  
 Leader Prize for this month's  
 Baseball Pool, winning a  
 gift certificate from  
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**The lucky random draw winner is  
 Shelly Schenk winning a gift  
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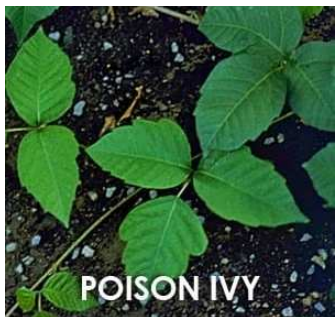


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~ Goofy Golf Humour

- Golf balls are like eggs ~ they're white, they're sold by the dozen... and a week later you have to buy more.
- A pro shop gets its name from the fact that you have to have the income of a professional golfer to buy anything in there.
- It's amazing how a golfer who never helps out around the house will replace his divots, repair his ball marks and rake his sand traps.
- When you stop to think about it, did you ever notice that it's a lot easier to get up at 6:00 a.m. to play golf than at 10:00 a.m. to mow the yard or go to church?
- Golf is by far the ultimate love / hate relationship. Sometimes it seems as though your cup runneth and moveth over.
- It takes longer to learn good golf than it does brain surgery. On the other hand, you seldom get to ride around on a cart, drink beer and eat hot dogs while performing brain surgery.
- Golf is the perfect thing to do on Sunday because you always end up praying a lot.
- A good golf partner is one who's always slightly worse than you.
- That rake by the sand trap is there for golfers who feel guilty about skipping out on lawn work.
- If there's a storm rolling in, you'll be having the game of your life.
- If your opponent has trouble remembering whether he shot a six or a seven, he probably shot an eight.
- You probably wouldn't look good in a Green Jacket anyway! A sweatshirt will do just fine!
- It's a simple matter to keep your ball in the fairway if you're not choosy about which fairway.
- If profanity had any influence on the flight of a ball, most everyone would play better.

Submitted by Robert Price



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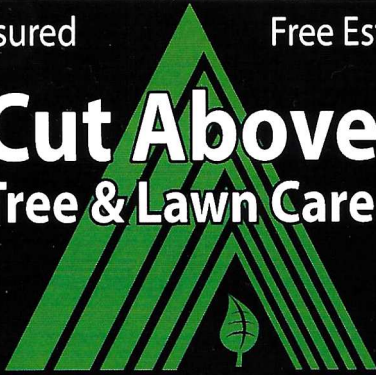


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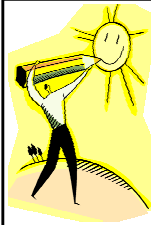
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The Baden Outlook will not be publishing a paper in July.

Summer is here and we are going outside to garden, camp, play, visit, and rest – to simply stay away from the computer for one month.

Have a great summer!  
Till August... Pat and Barry



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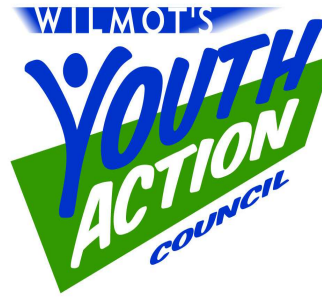
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On behalf of Wilmot's Youth Action Council, I would like to thank everyone who made the 2016-2017 year a success! As a facilitator for this tremendous group of youth, it still surprises me year after year how hard it is to see our term come to an end. The skills that these youth have

built, and the relationships that have been made stronger let me know that this program is something special.

Thank you to all our partnering organizations for our event supervision, donations, and the helping hands along the way from: Baden Optimist Club, Mannheim Optimist Club, New Hamburg Optimist Club, New Dundee Optimist Club, New Hamburg Lioness, Petersburg Optimist Club, and the Wilmot Optimist Club. We could not have accomplished our events without you! We also wanted to thank Pat and Barry for the freedom of space available here every month to aid in our goal of using multiple sources to get the word out.

To our members, Sarah Rath, Jackie Bender, Emily Loch, Kassi Fleiszig, Jessica Pereira, Tyler Pereira, William Kim, Josh Desjardins, Evan Denney, and Tatum Weicker: Your hard work, commitment, planning, impromptu karaoke, listening, teaching, and smiles made for an amazing year. Thank you to Addie Cober and Jacob Hutcinson for joining the crew as volunteers to provide leadership and experience to help bring new lenses to the table for planning and organizing events. Lastly, but certainly not least, to our co-facilitator Rachel Schieckoff, for bringing the well-being element to our meetings and helping YAC to grow into something bringer than a group of youth planning events. Rachel, we cannot do this without you!

Thank you, from the bottom of my heart to everyone who has made this year for YAC so amazing!

*We will see you all in September, Lacey Smith*



## HOOKED ON OUR HERITAGE ~ Celebrating *Canada 150*

Rug hooking is the quintessential North American vintage craft and art form. It came into its own about the same time as Canada's Confederation 150 years ago. Members of the Kitchener-Waterloo Rug Hooking Guild celebrate Canada's 150<sup>th</sup> anniversary through the display of thirty-five hooked pieces at the Castle Kilbride Museum in Baden, Ontario. The exhibit runs from May 30, 2017 to August 31, 2017. Each piece tells a story as to what makes the fibre artist proud to be Canadian, be it on a personal, regional, or national level.

Curator of the exhibit, Susan Sutherland, an accredited Ontario Hooking Craft teacher, was struck by the diversity of what the fibre artists chose for their take on the theme *Hooked on our Heritage*. "Pieces really reflect the diversity of Canada," she said. "Almost all regions of Canada are represented, from Mummies of Newfoundland, to the Doukhobors of British Columbia, and parts in between. Our northern heritage is also shown through interpretations of Northern Lights in two of the pieces."

One fibre artist, Tracy Fewster, displays five pieces that depict memories of her grandmother. Her goal is to make 92 pieces, one for every year her grandmother lived. So far she has designed and hooked twenty-five pieces; twenty of them are on tour around Alberta and Saskatchewan.

The exhibit also shows how our 150-year old craft has developed into a very contemporary art form. Check out Lorna Vogel's *Adventure*, an abstract in autumn colours, and Lil Quanz's modern day approach to rug hooking



NATIONAL HISTORIC SITE  
Castle Kilbride

### Hooked on our Heritage

Fibre artists from the Kitchener-Waterloo Rug Hooking Guild have captured their take on heritage in a very unique way. Each piece has been created with influences from what makes them proud to be Canadian whether it is on a personal, regional or national level. Twenty fibre artists have created thirty five pieces. On display in the Belvedere Gallery.

On Exhibit  
May 28 - August 27, 2017

Castle Kilbride National Historic Site  
60 Snyder's Road West, Baden, ON N3A 1A1  
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www.castlekilbride.ca



and the penny rug. These are but two examples in the display.

History is also depicted through Susan Dietrich's *Fur Trade* and through Cheryl Boyd's interpretation of the *Reconciliation Canada* theme. Both pieces not only have hooked loops but also have included must-see embellishments.

When visiting the exhibit, viewers will see a wide array of Canadian icons, including the maple leaf, the trillium, the inukshuk, the porcupine, even Superman, plus many more. There are also two pieces depicting artifacts from Castle Kilbride Museum.

Traditional rug hooking originated roughly at the same time in the Maritime Provinces and in the New England states. It was a useful way of using bits and pieces of rags

and strips of cloth from the remnants of hand-me-down clothing. These bits were fashioned into a new product. While quilts were made for warmth on beds, hooked mats were created to add warmth and beauty on floors.

Traditional rug hooking is not what you think it is. There is no plastic canvas, with short pieces of yarn used, and there is no latch hook. Instead, using an even weave backing, such as burlap, linen, or rug warp, a hoop or other rigid frame, a crochet type hook with a large handle attached, and strips of wool or other fabric, rug hookers "paint" with fibre to create art, either functional or aesthetic. Fabric can be hand cut but most rug hookers use a special machine that cuts the material into various widths. The size of the width of the fabric used depends on the type of design. The fabric strips are hooked as a continuous strip; there is no knotting.

The Kitchener-Waterloo Rug Hooking Guild and the Castle Kilbride Museum are a good fit. Rug hookers today use an open weave linen as backing for their projects. Castle Kilbride Museum is often depicted as "the house that flax built" because the original owner, James Livingston, was a flax baron. This is the second time that the two organizations have collaborated with an exhibit.

Today's rug hooker, still using the same 150-year old technique, creates a wide variety of fibre art from the contemporary to the traditional and all styles in between.

For more information on the Kitchener-Waterloo Rug Hooking Guild check out their website at <http://kwrughooking.com/>

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- June 29 Shananigans (Celtic Canadian celebration)
- July 6 Twas Now with Diana & Mike Erb (Traditional Country & Folk Standards)
- July 13 Royal City Big Band (1940s Swing)
- July 20 The Stetson Brothers (Classic Country)
- July 27 Corduroy Gordon (Bluegrass/Folk/Pop)
- August 3 Kitchener Musical Society (Classical)
- August 10 String Bone (Canadiana)
- August 17 "Elvis" with Mike Lorentz (Oldies)
- August 24 Onion Honey (Old-time Folk)
- August 31 Dana K & the Remedy (R&B, Funk & Soul)
- Sept. 7 Festival City Big Band (Swing/Jazz)

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**Anne Picnic**  
Sunday June 25, 2017  
Noon – 3 p.m.

*Inviting all kindred spirits to bring a picnic lunch and join us on the front lawn of Castle Kilbride for fun and music by Failte. Tour the Castle and see the rooms where "Anne the Series" was filmed!*


*Meet Melanie Fishbane, author of the young adult historical fiction novel, MAUD: A Novel Inspired by the Life of L.M. Montgomery.*

*In partnership with the Region of Waterloo Library.*

Summer Fun at the Castle!  
See what's going on, and don't forget to check out what's happening at Castle Camp in July –featuring Canada 150!

NATIONAL HISTORIC SITE  
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PRESENTS

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**On exhibit until January 7, 2018**

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\*Prime Ministers Statues unveiling at 6:00 pm - The Shananigans Concert at 7:00\*





Wow! More exciting destinations as *The Baden Outlook* continues to travel ...



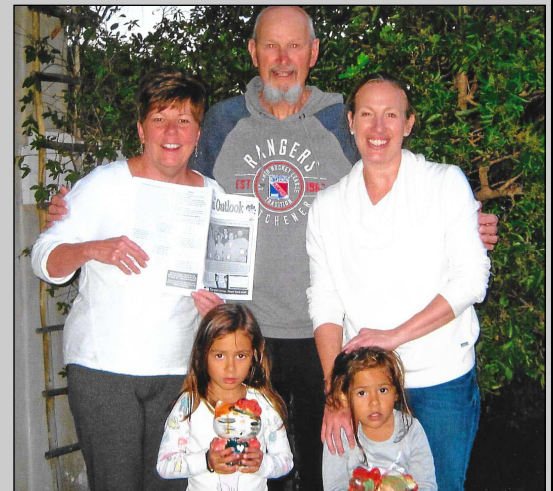
A great "Outlook" was enjoyed by Bruce & Marilyn Battler, Ted and Betty Jacobs, and Glen and Ruth Cressman on the Great Wall during their 20 day tour of China from Beijing to Hong Kong.



Marc and Stephanie Duggan went to Jamaica with their children, Malcolm and Chloe, and their Baden Outlook.



A group from Morningside went to Marple Bridge, Cheshire, England, had dinner and solved a murder, all in 4 hours! L- R: Donna Grigg, Wilma Kennedy, Gary Collins, Elaine Grierson, Marty Chambers, Joyce Bell, David Stewart, Ross Eichler, and Bob Grigg (Bobby Bobby).



The Baden Outlook recently travelled to Cape Town, South Africa with Cindy Orr, Don Myers, Jocelyn Myers-Adams, and granddaughters Rania and Adina.



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....To South Africa, Italy, Hong Kong, Jamaica, Morningside and Quebec!



Paula and Rob Schulz got married on May 27th in Las Vegas and stayed at Caesar's Palace with the Baden Outlook.



The Baden Outlook went along with Eva, Christian, and Asher Pocsai to the 2017 Canadian National Racquetball Championships. Seen with 11 time Men's Champion, Mike Green, and Women's Champion, Frederique Lambert. The athletic family ended a successful competitive season at the tournament in Brossard, Quebec, winning Silver and Bronze medals.



Tammy and Steve Funk took a trip to Europe, and took their Baden Outlook along to Florence, Italy (birthplace of the Renaissance, and home to many iconic art masterpieces, such as the famous Statue of David).



*Don't forget to pack your Baden Outlook when going on vacation!*



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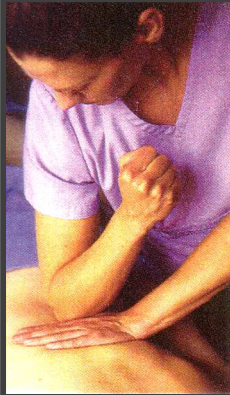
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*In order to change we must be sick and tired of being sick and tired.*





Do you think the difference between men and women is just about X and Y chromosomes and estrogen and testosterone levels? Well. Science is starting to shed even more light on the subject and it seems our gut bacteria are different too.



Current research is focusing on learning the connection between gut bacteria and various health conditions. The goal is to learn how to use the new understanding about different strains to develop strategies to help people recover from health conditions. Inflammatory conditions, including IBS, and colitis, as well as diabetes, heart disease, and depression are just a few conditions that can benefit from healthy gut flora.

One key area of focus is looking at diet to help manipulate the gut microbes to help these conditions. And here is where a monkey wrench has been thrown into the process. Apparently, the gut microbes of males and females react differently to the same food.

In a recent study published in Nature Communications, researchers found several key pieces of information:

- A. For too long, the influence of the diet has been assumed to be the same for men and women.
- B. Sex hormones may be influencing gut microbes and directing the preference for one strain over another.
- C. This new information means it is no longer as simple as telling people to eat more vegetables.
- D. Research is going to have to focus on genetics, environment, diet, and now hormones to see how they all interact. Normally research looks at each of these one at a time. This is no longer enough.
- E. And finally, in looking at mice studies, it was found

that diet does not vary gut microbes between sexes the way it does in other species such as humans. Since most research is done initially on mice, we must not take any results regarding diet as gospel and must wait for the human studies.

That being said, gut bacteria from males can make a difference when transplanted into females, according to mice. In a study, female mice with a 90 percent risk of developing Type I Diabetes (the autoimmune condition), were given gut bacteria from healthy adult male mice.

The females saw increased testosterone, yet their levels did not reach that of males. However, the increase in testosterone did deliver enough active testosterone signaling ability to prevent Type I Diabetes.

This makes the issues of what to eat more confusing. It certainly should make you think twice the next time you pick up a book that is trying to tell you what is right or wrong about food. And it definitely means we should reconsider a lot of the information we have received in the past.

We know we need nutrients for our body and for our microbe friends. However, we need to develop more of an intuition for listening to our body, and apparently, to our microbes, which are working hard to communicate with us about what we should eat.

References: Individual Diet Has Sex-Dependent Effects On Vertebrate Gut Microbiota, Daniel I. Bolnick, Lisa K. Snowberg, Philipp E. Hirsch, Christian L. Lauber, Elin Org, Brian Parks, Aldons J. Lusis, Rob Knight, J. Gregory Caporaso, Richard Svanbäck, Nature Communications, 2014; 5 Sex Differences in the Gut Microbiome Drive Hormone-Dependent Regulation of Autoimmunity, Janet G. M. Markle 1, Science 17, Jan 2013



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## Smart Thinking!



- ◆ Don't use chemicals to kill ants. Fill a spray bottle with water and 25% salt, shake well and spray! Say bye-bye ants!
- ◆ Take a picture of business cards people give you, because you know you're going to lose the card.
- ◆ If you peel a banana from the bottom you won't have to pick at those stringy things that stick to it.
- ◆ Yay for bonfires and roasting marshmallows! Not only are they yummy, marshmallow relieve toothache, arthritis, sore throat and asthma.
- ◆ If your teenager's room smells bad, put a bounce sheet in the register vent.
- ◆ Holding a banana peel on a bruise for 20 minutes will get rid of the darkening colour.
- ◆ An easy and cheap way to get rid of stubborn weeds without using chemicals is with a cup of vinegar, half a cup of dish detergent, and 2/3 quart of water in a spray bottle.
- ◆ Mosquito Spray—Keep a spray bottle filled with Listerine handy this summer to keep the mosquitoes from bugging you. Simply spray your deck floor or patio chairs.
- ◆ Pump up the volume by placing your iPhone / iPod in a bowl – the concave shape amplifies the music.

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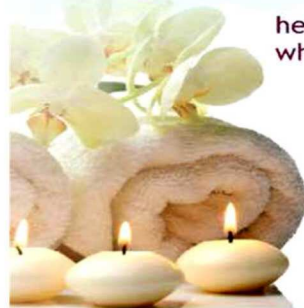


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The elbow is a complex joint that allows movements of flexion, extension, and rotation. Most daily activities require a combination of these actions to produce motion in the arm, forearm, wrist, and hand. Two common elbow injuries include **Tennis Elbow (TE)** and **Golfer's Elbow (GE)**. Both of these elbow conditions can cause pain and weakness which results in functional limitations with gripping, pushing, pulling, and lifting activities of the affected arm.



**Tennis Elbow (TE)** is medically known as *lateral epicondylitis* and causes the outer part of the elbow to become sore and tender. This typically affects the muscles and tendons that extend the fingers and wrist, and rolls the forearm outwards.

**Golfer's Elbow (GE)** is medically known as *medial epicondylitis* and causes the inner part of the elbow to become sore and tender. This typically affects the muscles and tendons that flex the fingers and wrist, and rolls the forearm inwards.

**TE and GE** can affect **anyone** involved in activities that require rapid and/or repetitive motion of muscles and joints in the forearm, wrist, and hand. It is more likely to happen if these movements are combined with awkward posture(s), excessive force, poor technique, and using the wrong equipment or tool. Occasionally, a direct blow to

the elbow may be a causative factor. Physical deconditioning can also make individuals susceptible to these conditions.

As a result, **TE** and **GE** can affect a broad variety of people including: trade workers such as electricians, painters, and carpenters; recreational athletes such as tennis players and golfers; and labourers such as cleaners and assembly line workers. Computer use, and even hobbies like gardening and knitting can be associated with **TE** and **GE**.

It is important to establish an accurate diagnosis of **TE** or **GE**. This can be accomplished by performing a proper medical history, along with a physical examination. Other causes of elbow pain may include: fractures, bursitis, arthritis, sprains, nerve irritation, or referred pain from the neck and/or shoulder region.

Chiropractors are healthcare professionals skilled in diagnosing and treating muscle and joint conditions such as **TE** and **GE**. Initially, relative rest and altering or eliminating the conditions that contributed to the injury are important. This may include making changes to a work station, using the correct tools/equipment, and taking breaks to relax overworked muscles and joints. Treatment options include laser therapy, acupuncture, electrotherapy, taping, bracing, specialized soft tissue therapy, and manual joint mobilization. In addition, a comprehensive rehabilitation program should also include stretching and strengthening exercises that target the muscles of the forearm, upper arm, shoulder and upper back.

If elbow pain is keeping you away from your favourite activities, consider chiropractic care. A chiropractor will assess your symptoms, diagnose your condition, and recommend a treatment plan to put you on the road to recovery. For more information, visit [www.nhwc.ca](http://www.nhwc.ca). From all of us at the New Hamburg Wellness Centre, have a safe and enjoyable summer!

*This article is a basic summary for educational purposes only. It is not intended, and should not be considered, as a replacement for consultation, diagnosis or treatment by a duly licensed health practitioner.*



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Community Corner ~ Check Out What's Going On!

The Annual New Hamburg Nithview Community Strawberry Social is being held on Saturday, June 24 from 2 - 4 p.m. and 6:30 - 8 p.m.



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**WEDNESDAY, JUNE 28, 7:00PM**

The Nith Valley ECOBOOSTERS is a volunteer group committed to achieving and supporting a long-term healthy environment in Wilmot and Wellesley Townships. We are currently promoting anti-idling in the community and are doing some preliminary planning for our 2018 projects (garbage cleanup day; community viewing of environmental films). Join us at 7:00PM on Wednesday, June 28 at Zion United Church, 215 Peel Street, New Hamburg. For more information, contact [nvecoboosters@gmail.com](mailto:nvecoboosters@gmail.com) or call 519-662-9372.

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## Ask Armand ~

*George from Baden asks* – I noticed that Baden was not officially a town, but was known as a “Police Village.” What does that mean?



*Armand says*—Very interesting question, George. Police Villages were established under county by-law which provided for the appointment of a Board of Police, for a specific area within the county, with limited powers to pass by-laws and regulations for public order and maintenance. They formed a part of the surrounding township for all other purposes. Police Villages had no elected council and no taxation powers. Baden as a Police Village was formed in 1854. In the 1911 census Baden was listed as the Police Village of Baden, while communities such as Haysville, St. Agatha, Phillipsburg, Petersburg, and New Dundee are listed as villages.

Townships, on the other hand, are incorporated to provide local municipal government for rural communities. Townships have a council consisting of an elected Reeve, Deputy Reeves, and councillors, the number of which depends on the population of the township. Townships have always formed a lower tier of government within the county. Wilmot Township was formed in 1850. New Hamburg was separate from Wilmot Township and was known as a town.

Regional Municipalities play the role of upper tier municipality for certain urban areas. Composition of the council may vary depending on the statute that created each Regional Municipality. The first Regional Municipality, Metropolitan Toronto, was created in 1954, while the other ones were created in the late 1960s and the 1970. The Region of Waterloo was formed in 1972 /1973.

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1. Johnny's mother had three children. The first child was named April. The second child was named May. ...**What was the third child's name?**
2. There is a clerk at the butcher shop, he is five feet ten inches tall and he wears size 13 sneakers....**What does he weigh?**
3. Before Mt. Everest was discovered, ...**what was the highest mountain in the world?**
4. How much dirt is there in a hole ...**that measures two feet by three feet by four feet?**
5. What word in the English language ...**is always spelled incorrectly?**
6. Billy was born on December 28th, yet his birthday is always in the summer. ....**How is this possible?**
7. In California, you cannot take a picture of a man with a wooden leg. ...**Why not?**
8. What was the President 's name...**in 1975?**
9. If you were running a race, ...**and you passed the person in 2nd place, what place would you be in now?**
10. If a farmer has 5 haystacks in one field and 4 haystacks in the other field, ....**how many haystacks would he have if he combined them all in another field?**

Submitted by Robert Price

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1. Johnny, of course.
2. Meat.
3. Mt. Everest; it just wasn't discovered yet.
4. There is no dirt in a hole.
5. Incorrectly
6. Billy lives in the Southern Hemisphere
7. You can't take pictures with a wooden leg. You need a camera to take pictures.
8. Donald Trump, just as it's always been.
9. You would be in 2nd. Well, you passed the person in second place, not first.
10. One. If he combines all of his haystacks, they all become one big one.

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Children entering SK- Gr 8 Welcome!



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### ST. JAMES LUTHERAN CHURCH

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519-634-5191 [joanna.e.miller@gmail.com](mailto:joanna.e.miller@gmail.com)

Pastor Joanna Miller

Sunday Worship 9 am / Sunday School

### Livingston Presbyterian Church

44 Beck Street, Baden / 519-662-4949

Hymn Sing 9:45 am ~ Worship to follow at 10 am  
Moderator: Linda Ashfield, 519-886-4150

### Emmanuel Lutheran Church

1716 Snyder's Road East, Petersburg, ON

519-634-5511 [www.petersburgchurch.org](http://www.petersburgchurch.org)

\* Wheel Chair Accessible \*

Worship Service 9:30 am / Sunday School

### SHANTZ MENNONITE CHURCH

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Phone: 519-634-8712 / Email: [office@shantzmcc.ca](mailto:office@shantzmcc.ca)

Pastor: Don Penner

Worship Service - 9:30 am Christian Education - 11:00 am

### Wilmot Mennonite Church

2995 Bleams Road, New Hamburg, ON

Worship Service 9:45 a.m. ~ Christian Formation 11:00 a.m.

Pastor Susan Allison-Jones

519-634-5030 [www.wilmotmennonite.ca](http://www.wilmotmennonite.ca)

### Wilmot Centre Missionary Church

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### *You Must Be Joking!! ~ Calling Heaven*



A photographer on vacation in Orlando was inside a church taking photographs when he noticed a golden telephone mounted on the wall with a sign that read "\$10,000 per call."

The American tourist, being intrigued, asked a priest who was strolling by what the telephone was used for. The priest replied that it was a direct line to heaven and that for \$10,000 you could talk to God. The American thanked the priest and went along his way.

Next stop was in Atlanta. There, at a very large cathedral, he saw the same golden telephone with the same sign under it. He wondered if this was the same kind of telephone he saw in Orlando and he asked a nearby nun what its purpose was. She told him that it was a direct line to heaven and that for \$10,000 he could talk to God.

"O.K., thank you," said the American.

He then travelled to Indianapolis, Washington DC, Philadelphia, Boston, and New York. In every church he saw the same golden telephone with the same "\$10,000 per call" sign under it. The American, upon leaving Vermont, decided to travel up to Canada to see if Canadians had the same phone.

He arrived in Canada, and again, in the first church he entered, there was the same golden telephone, but this time the sign under it read "40 cents per call." The American was surprised so he asked the priest about the sign. "Father, I've travelled all over America and I've seen this same golden telephone in many churches. I'm told that it is a direct line to Heaven, but in the US the price was \$10,000 per call. Why is it so cheap here?"

The priest smiled and answered, "You're in Canada now, son ... it's a local call."



*The greatest thing a FATHER can do to his children is to love their mother.*



*A FATHER is someone you look up to no matter how tall you grow.*

*Canadian Heroine is More than a Sweet Thing... Meet Laura Secord*

**Laura Secord** (née Ingersoll; born September 13, 1775, died on 17 October 1868, Chippewa, Ontario) was a Canadian heroine of the War of 1812. She is known for having walked 20 miles (32 km) out of American-occupied territory in 1813 to warn British forces of an impending American attack. Her contribution to the war was little known during her lifetime, but since her death she has been frequently honoured in Canada. Though Secord had no relation to it, most Canadians associate her with the Laura Secord Chocolates company, named after her on the centennial of her walk.

Laura Secord's father, Thomas Ingersoll, lived in Massachusetts and fought on the side of the Patriots during the Revolutionary War (1775–1783). In 1795 he moved his family to the Niagara region of Upper Canada after he had applied for and received a land grant. Shortly after, Laura married Loyalist James Secord, who was later seriously wounded at the Battle of Queenston Heights early in the War of 1812. While he was still recovering in 1813, the Americans invaded the Niagara Peninsula, including Queenston. During the occupation, Secord acquired information about a planned American attack, and stole away on the morning of

June 22 to inform Lieutenant James FitzGibbon in the territory still controlled by the British. The information helped the British and their Mohawk warrior allies repel the invading Americans at the Battle of Beaver Dams. Her effort was forgotten until 1860, when Edward, Prince of Wales awarded the impoverished widow £100 for her service on his visit to Canada.



The story of Laura Secord has taken on mythological overtones in Canada. Her tale has been the subject of books, plays, and poetry, often with many embellishments. Since her death, Canada has bestowed honours on her, including schools named after her, monuments, a museum, a memorial stamp and coin, and a statue at the Valiants Memorial in the Canadian capital.

Statue of Laura Secord at the Valiants Memorial in Ottawa.  
*Information and photos taken in part from Wikipedia.*



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## You Must Be Joking!!

Don't think it won't happen to you!



This is what all of you have to look forward to: This happened in an Aged Care Centre. The people who lived there have small apartments but they all eat at a central cafeteria.

One morning, one of the residents didn't show up for breakfast so my friend went upstairs and knocked on his door to see if everything was OK. She could hear him through the door. He said that he was running late, and would be down shortly, so she went back to the dining area.

An hour later, he still hadn't arrived; so she went back up towards his room and she found him on the stairs. He was coming down the stairs but was having a heck of a time. He had a death grip on the hand rail and seemed to have trouble getting his legs to work right. She told him she was going to call an ambulance but he told her no, he wasn't in any pain, and just wanted to have his breakfast.

So she helped him the rest of the way down the stairs and he had his breakfast. When he tried to return to his room he was completely unable to get up even the first step so they called an ambulance for him.

A couple hours later she called the hospital to see how he was doing. The receptionist there said he was fine; he just had both of his legs in one leg of his boxer shorts. Ooops!!

Submitted by Bruce Bousher



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“Ladies and gentlemen, this is your captain speaking. We are currently flying under a large flock of birds. For your comfort and safety we are diverting course to avoid turbulence.”

Ned’s rotund “beer and wings loving” friend had a rip down the rear of his pants. “Sure they’re a bit tight Ned, but I swear they tore when I fell and slid across that stamped concrete!”

Ned was inclined to think it was Ass-Fault.

*A real thinker:*

Eckert Tolle and Warren Buffett were on an island retreat contemplating their shared passion for the French Invasion of Russia during the Napoleonic Era. However, the resort library housed distractions such as children’s games and an exact working replica of James Bond’s Walther PPK pistol... which Eckert refused to share with the increasingly agitated Buffet.

Eventually their host intervened:

" That’s it! For the rest of the day, **Tolle’s-Toys, Warren’s-Piece.**"

## Growing up playing hockey in Wilmot

By Jon Lambert

Growing up, I wouldn't change a thing. Living in New Hamburg with my sister and two younger brothers, all the neighbourhood kids used to knock on our door for the weekly road hockey game ... after all, we had two nets and half a team! Unfortunately, road hockey was as close as my brothers got to playing hockey. At the time, like many larger families, we didn't have the resources to support all of us playing ice hockey in the local minor league. As the oldest, I was the fortunate one. I vaguely remember my grandmother giving my parents some money which was used to buy equipment and register me in hockey. And I loved every second of playing!



Throughout my time playing hockey, I made many friends, some of whom I am still very close to today. I also learned discipline and how to be a team player. But part of me always thought that my brothers would also have been very good at hockey, being taller than me, athletic, and loving the game.

I guess that's why I am so passionate about **The Lambert Group Hockey Sponsorship Program**. We are able to give back to the community and let the great success of our real estate team assist in supporting kids who can't otherwise afford to play hockey. I am already blown away with the heartfelt, positive comments of our local people here in Wilmot. I even had one Baden family bring in two full sets of equipment for us to use within the program! With the help and support of the Wilmot Family Resource Centre, we at The Lambert Group Team are extremely excited about this sponsorship program. We're looking forward to seeing a few more kids on the ice this year!

*Keep an eye on the Baden Outlook to see how we continue to support the program and how you can partner with us.*



**A**braham Gingerich, a retired farmer living near Baden, Ont., could, conceivably be considered the “father” of the present-day “do-it-yourself” trend.

The story goes back to 1912. Rural electrical services had not yet been brought to the district and it looked as if it would be some time before they would be available. Gingerich had seen Kitchener (then Berlin), Waterloo, Preston, Galt, and other urban municipalities “lighted up” by Ontario Hydro and the people there enjoying the benefits of Niagara power.

*Kitchener flipped the switch to Hydro on Oct 11, 1910. Petersburg, Baden, & New Hamburg got Hydro in 1911.*

He grew impatient and one day he took the train to Guelph where he purchased a 10-kilowatt generating set for \$185.

*This would have included a generator, motor, & water turbine unit which he installed on the farm. Stewart Gingerich, now 2011, owns this farm and is the grandson of Abraham Gingerich.*

It proved rather expensive to operate and its use was restricted to his workshop. However, he stuck with it until the construction of the Commission’s first Niagara development was well under way and crews were working at the building of the powerhouse at Queenston. Then he paid several visits to Niagara to get, as he says, a basic idea of how hydro-electric plants were built. He told Sir Adam Beck, who was born in Baden, that he was going to build a power plant of his own, and Hydro’s first Chairman, while interested, suggested that he abandon the idea because he would soon be getting plenty of power from the Commission. Gingerich, however, had been nursing the

scheme for a long time and he was not disposed to give it up.

**Alsatian Grandfather**—“My grandfather came out from Alsace in 1823,” he reminded the first Chairman of Ontario Hydro. “Like your own ancestors he was a good man to settle in a new country because he knew how to build houses, barns and waggons and was skillful in the use of tools. And now, Sir Adam,” he added, with a waggish sprightliness, “I’m going to tell you something that perhaps you’ve never heard before. My grandfather was a coach builder for the great Napoleon. He built the only vehicles that stood up during the invasion of Russia in 1812.” “But he didn’t build a power plant,” objected Sir Adam, when he had recovered from his surprise. “No, but I have inherited his skills, and I’m going to turn them to new account. You’ll see.”

**17-Foot Head**—Quite a large pond, fed by creeks, had been impounded on the Gingerich farm. Its outlet into a drainage ditch took the form of a miniature, gradually-descending waterfall. After checking on the work he had seen going on at Niagara, Gingerich decided upon a simpler construction plan. With some embanking, concreting and excavation, it would be possible to obtain a head of about 17 feet. The pond, itself, would be the forebay and a two-inch pipe could be used for a penstock. The powerhouse would fit like a box between the sides of the ditch and he would employ massive concrete slabs in the construction of the walls and “headworks.” All he would then have to do would be to build a suit-able waterwheel and connect it with the generator he already had on hand.

*In another article, Abraham was quoted as saying he used his own hydro from 1912 to 1927. The turbine that came in the original purchase was probably used until 1921, after which he built the “pitch-back.”*

**Home-Made Waterwheel**—All the ingenuity Abraham had inherited from his coach-building grandfather was exercised in the fabrication of the waterwheel. It was an undershot type—Gingerich himself describes it as a “pitch-back”—and was built much to the shape of huge steel cartwheel. The wide rim, set at a correct angle to receive the full impact of water from the penstock, was built of small wooden sections, with a marginal overlap like shingles fitted into a frame supported by steel spokes radiating from the axle hubs. The waterwheel was connected with the generator by a driving wheel and belt. *Reuben & Almeda helped to build this water wheel.*

The Gingerich “homemade” power plant appears to have operated well enough for the purposes its designer built it, but it was not as economical or reliable as Hydro-generated power, and after it had been used for about six years, it was given up in favor of Commission services. After the dismantling of the plant, uncontrolled natural forces did their work, resulting in the present ruins.

*\* Taken from original article from 1931 (notes in italics were added by Leighton Gingerich). Submitted by Wayne Buck.*

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## *You Must Be Joking!!*



A man and his wife walked into a dentist's office. The man said to the dentist, "Doc, I'm in one heck of a hurry. I have two buddies sitting out in my car waiting for us to go play golf, so forget about the anaesthetic. I don't have time for the gums to get numb. I just want you to pull the tooth, and be done with it! We have a 10:00 am tee time at the best golf course in town and it's 9:30 already. I don't have time to wait for the anaesthesia to work!"

The dentist thought to himself, "Well, well, at last a golfer with real guts!!" So the dentist asks him, "Which tooth is it sir?"\*



The man turned to his wife and said, "Open your mouth, honey, and show the dentist."

Submitted by Bruce Bousher

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"I look upon the pleasure we take in a garden as one of the most innocent delights in human life." ~ Cicero

Spring fever has passed, with plants bought, planted, and being admired. It has been damp but nature has brought us some sunshine on weekends for planting and basking.

This month's tree: Not a common tree in this area as it is at the northern edge of its Carolinian range, the **tulip tree or Yellow Poplar** (*Liriodendron tulipifera*) is of the Magnolia family. With heights up to 35 metres, this fast growing tree is located in the New Hamburg Arboretum and on a couple of streets.



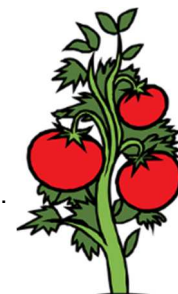
The tulip tree produces beautiful yellow-green flowers that are about 5 centimetres long. They have 6 petals, are shaped like tulip flowers, and bloom in the spring. Its leaves are 7 to 12 centimetres long and are straight across the top, with 4 lobes beneath. They are light green and turn yellow in the fall. The tulip tree's bark is smooth and dark green when the tree is young, then turns brown and ridged. Its life span is 150 to 300 years. The tulip tree grows on the south shore of Lake Huron, the north shore of Lake Erie, and in the Niagara Peninsula.



Canada has developed plants, but they don't seem to get much acclaim. Did you know that Preston Lilacs (Zone 2) were developed by Isabell Preston in the early 1900s at the Ottawa Research Centre? She also developed a number of roses, and up to 200 cultivars that can handle our cold climates. Her parent stock was used to create the centennial cultivar "Miss Canada" and the "Minuet" in 1972. We have several research centres in Canada: Morden R C in Manitoba (for 101 years), Ottawa, and Vineland. They have developed and continue to breed plants, shrubs, and trees to better suit our climate and be disease resistant. They develop stock for our gardens and our farmers.

### Shoulda, Coulda or Might-Get-To- List

- Sow more lettuce so you can keep harvesting leaves, even after the first crop goes to seed.
- Stake or cage tomatoes and other veggies and flowers that tend to sprawl.
- Plant asters and pansies for fall bloom.
- Mulch beds with leaves or composting mulch as soon as the soil warms up.
- Stake dahlias and gladiolas when you plant them to keep from damaging their roots later in the season.
- Pinch back foliage ends of mums, a 1/2 inch every 2 weeks.
- Fertilize roses now.
- Harvest daily from asparagus plants in patches at least 3 years old.
- For autumn harvest, plant bush beans, Brussels sprouts, and late cabbage.



If you are missing colour somewhere in your garden, visit your local nursery to see what works for your garden. Each season brings different flowering or coloured foliage to the garden. We often do the bulk of our purchases in the spring. Try to spread out your budget and buy seasonally so your yard has interest all year round!!



WHS's meetings continue in September.

Enjoy the summer and keep your fingernails and knees dirty!

[www.gardenontario.org/site.php/wilmot](http://www.gardenontario.org/site.php/wilmot)

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# Baden Corn Festival

## Saturday August 12

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