

## Baden's Fishing Derby is Back with Great Enthusiasm!

On June 4th, it was great to see the sun shining for the return of the Fishing Derby. These eager kids camped overnight to be the first to set their lines in the pond on the morning of the derby. Seen to the right is Dean Koch, who caught the first tagged fish, Ethan Van Dyke,

winning the second; and third, the youngest, 5 year old Holly Huffman (seen with Maureen Edwards) —each winning \$50. (More derby details on page 4.) There are still plenty of fish in the pond, so that may be a great

place to spend time with your kids on Father's Day.









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WE DO NOT PUBLISH A PAPER IN JULY



This paper is priceless - Please have one!

With Co ~ Random Thoughts

Special etc.

Special etc. **Lost and Forgotten** - Most people have a special storage spot in their home where keepsakes are packed away and forgotten—for us, it is a cupboard unit in the back basement. I decided it was time to open it up and see what kind of special treasures I had forgotten about. One of the boxes had a collection of weekly magazines entitled "History Of The 20th Century", from

1969 to 1970, collected by my brother (who died when I was 16 which makes this box a treasure in itself). The cost of each magazine was 75 cents and it was printed for 96 weeks. I randomly selected issue number 32; it dealt with 1919 and the end of World War One, including the Treaty of Versailles and the formation of the League of Nations. One particular page also dealt with the influenza pandemic, which happened one year after the war ended and caused the death of 27 million people worldwide. It must have been a horrible time to endure, with the war, the flu, and the great depression. I don't think we have any idea how great we have it, living in a safe and magnificent country in a time such as ours.

**Great Response** – I have heard the question countless times: "What do you want to be when you grow up?" When a cashier at our Zehrs store asked this to a customer, I was surprised to hear the answer: "Older." I don't think I have heard that answer before, but it is a good one!

Hello Statue - Baden's Sir John A. McDonald statue will be in place for a ceremonial unveiling on Thursday, June 30<sup>th,</sup> just before the weekly concert beside Castle Kilbride. This will be the first of many statues going into the township office grounds, celebrating our heritage! Please attend the unveiling!

**Every Four Years** - I recall the last summer Olympics. My brother-in-law (Greg Cook) and his family were visiting from Alberta. I was scheduled to work for the week, while Pat and Greg's family planned to visit their sister Cathy in Ajax for three days. I had stepped barefoot on a bee a day before but had no ill -effects until I wore shoes to work Monday morning; my toe blistered up and swelled to twice its size. The doctor said it was trouble, and to keep the shoe off with my foot elevated for five days. So I sat alone and watched the Olympics the whole time. I totally enjoyed the Olympics, and had time to visit with the family at the end of the week. Looking

forward to this year's Olympics, but without the worry of a bee sting and another swollen toe.

Sign of the Times - Nice to see the new Wilmot Township sign erected at the St. Agatha Community Centre. This is the fourth sign built by the township (Baden, New Hamburg, New Dundee, and St. Agatha), keeping citizens aware of local happenings. Hats off to the township for promoting local events through their signs.

**Summer Looks Good** - Looking ahead through August, nearly all of Canada will see above average temperatures. That's the word from Environment Canada senior Climatologist David Phillips. Enjoy the summer, have fun and be safe.

Until August...Ed

#### A Message from Wilmot Township:

Reports have been received that numerous residents in the Township of Wilmot have been receiving phone calls claiming they have overdue taxes and that immediate action is required. These calls are not from the Township of Wilmot, nor would the Township call residents in this manner. Please broadcast this message to your listeners/ readers and advise them not to provide any financial information to these people or to remit any funds to them.

The Director of Finance for the Township of Wilmot, Rosita Tse, has confirmed that these calls are not being made on behalf of the Township and that residents should disregard the message and contact the police if they continue.

## **EXTRA EXTRA!!**



We deliver to over 80 places within Wilmot Township—You'll find us around the 15th of each month, while quantities last. Available in Baden at Mars Variety, Mac's, Baden Feed, One Way Water, Baden Dental, Wilmot Rec. Complex, Tim Hortons, Baden Library, EJ's, and several outdoor magazine boxes located conveniently throughout town for Baden readers.

Also in St. Agatha at Fishers Esso, Angies Kitchen, Stop 2 Shop. In Petersburg at Blue Moon, and Foxboro. There are over 30 places in New Hamburg to pick it up—including: No Frills, Sobey's, Short Stop, NH Legion, McDonalds, Kasemann's, Morningside, Stonecroft, Office Pro, NH Thrift Centre, Absolute Fitness, NH Dry Cleaners, NH Wellness, NH Library and various offices and retail locations throughout Wilmot Township.

And as always, it's priceless ~ Please Have One!

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# Greetings from -Outlook Headquarters

It's true, summer is really here, and the weather has been glorious! It was hard to stay in my chair and focus on the paper while the warm breeze was blowing through the window and the sunshine was peeking in at me...but our summer vacation is soon here—remember, we don't publish a paper in July. I plan to stay away from the computer, but I will do my best to continue to respond to your phone calls and emails.



I hope you got around to the many garage sales on Saturday, May 28. It sure was busy with lots of traffic, with horses and buggies too. We found some fun treasures for our grandson Simon, who just turned one year old. He loves anything with wheels—whether pushing, riding or standing on

them! Interesting how we simply posted a mention in the paper in 2002 suggesting a Baden garage sale on the last Saturday in May, and it has become an annual event every year. Why can't all events be that simple? Anyway, I hope you made some cash while you cleaned out your clutter and enjoyed a day outdoors visiting with your neighbours.

As you will see, this paper has a bee theme—they are in jeopardy and we want to be their voice too! We enjoyed our visit to the Nith Valley Apiaries open house and learned more about bees. You will also find all kinds of summer activities, including the car shows back at the pond and the concerts at the Castle. The Splash Pad is open, the ball park is busy, and there are still more fish in the pond! Also be sure to get to New Hamburg on Canada Day for activities all day long!



Happy Father's Day, gentlemen! You will find most of the jokes are for you this month! Even if you are the ideal husband and father, make sure you use your funny bone—nothing personal intended, just pure silliness!!



We had the privilege to be invited to the Grand Opening of J.C.Miller Antiques on Foundry Street, as Justin and Ethan Miller re-opened the business of their late father who owned the store since the 1970s. Ethan gave a heart-felt speech on the value of old treasures and the stories they hold. It was a great time and we wish them success—pop in and say hello, and be sure to ask about the phonograph shown in the photo.

Matt and Jackie Rolleman have sold EJ's after 15 years of great success, and will now focus their energy at their Pita Pit in New Hamburg.

Watch for something new and exciting coming on Snyder's Road ... something yummy and Greek popping up in July—with full details in our August issue! (Just had to throw you a bone!)

Till August... Have a great summer!



We personally want to say goodbye to Matt and Jackie Rolleman as they retire from EJ's. It's been a pleasure working with you and we will all miss you in town. We've enjoyed watching your family grow. You have created a friendly place where family and friends gather. We wish you well!!



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Baden Outlook

### Baden ~ Our Town

This has been quite a summer for the Baden Community Association! We had great success with our first annual Fishing Derby where over 225 anglers came out to compete for the 10 tagged fish worth \$50 each.

On Monday, May 30<sup>th</sup>, Blenheim Springs Fish Farm dropped off 600 Rainbow

Trout between 12 to 14 inches long. They were given six days to become accustomed to the environment. Everyone was excited for the return of the event and it was great to see all ages enjoy the day! And you will see fishing enthusiasts still fishing at the pond throughout the summer. We have much thanks to give: thanks to Food Basics of Laurelwood Waterloo, for their donation of Hot Dogs,

Thanks to the Donations of \$100 from:

- \* Alpine Plant Food Corp.
- \* Automotive Truck and Tire
- \* Baden Feed
- \* Baden Dental
- \* JR Automotive
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- \* Boshart Electric
- \* Keith Hallman
- \* Bowdens Plumbing / Blue Orchid
- \* Budget Plumbing
- \* Michael Harris, Provincial MPP office

snacks, water, and a tent along with volunteers who gave their time to make this a special event!! Thank you to our sponsors, listed to the left, and special thanks to the Township of Wilmot for the \$2000 grant. We appreciate the donations to provide a fun prize table, listed on the right.

The bridge and ramps at the Foundry Street Parkette are near completion and will soon be officially opened to the public. It has been a long project, especially after it was learned that the ramps for the bridge cost about \$12,000 so that they

could be

Prize Table—Supplied by: \$50 I Tunes Card, BCA \$50 Landmark Gift Card, BCA \$40 Toys in a Basket, BCA \$50 Sports basket, BCA \$30 Baden Coffee gift basket \$50 x 2 Levetto Gift Card \$20 Macs Gift Card \$20 Macs Gift Card \$40 Gift basket, Town Pantry \$35 Nerf Gun, BCA \$50 Fishing pole set, Canadian Tire \$25 Serving Tray, Wilmot Sr Wood. \$20 Mugs and Herbal Tea, BCA

wheelchair accessible. The BCA is still looking for financial support, since a loan was taken out to complete this project this summer. Special thanks go to Ken Young Construction for all the help and guidance, the Township of Wilmot, and all who have donated to this worthy cause.

The 4<sup>th</sup> annual Baden Corn Festival is right around the corner! There are many new activities and lots of music, entertainment, and corn...as seen on page 5.

It's never too late to get on board with all the fun! Feel free to give us a call or join in at a meeting, which is held the last Wednesday of each month at 7 p.m. in the basement at the township hall.



## **BADEN EYECARE CENTRE**

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#### The Baden Corn Festival: Year Four - So Much More!

Year Four -- it's hard to believe! This August 6th will mark the

annual Baden Corn Festival, and already the day has become Baden's pride and joy. With so many local food producers and businesses helping to make the day fantastic for everyone, Corn Fest is now a must-do summer event!

We all have our favourite parts of Corn Fest, such as live music,

historic tours, and of course the very popular Corn Roast Supper, all of which is possible thanks to our community's support. This year, that support means another wonderful lineup of things to do, watch, hear, and of course, eat! Let's take a look at some old favourites and new excitement ...

The Ultimate Baden Scavenger Hunt is back, again sponsored by the amazing fun-loving folks at Baden Veterinary Hospital. Don't miss this awesome team game, where finding odd treasures throughout our town might just win you some prizes ... like dinner for four, generously donated by Levetto! What does Sumo Wrestling have to do with buying a

house? Well, Jon Lambert of Re/Max and Sunny Houmphavong of Mortgage Intelligence are terrific Corn Fest supporters --

and this year, Jon and Sunny bring us Sumo Wrestling, free for anyone who wants to suit up and smack down an opponent!

New this year is the Corny Olympics, sponsored by Pfennings Organic Farm -- be sure to fuel up with their delicious corn before accepting the Corny Olympics decathlon challenge! With ten wacky farm-themed tasks, this will be a riot ... and a chance to win more awesome prizes! Don't forget your camera ...

Did your kids enjoy the Corny Colouring Contest last year? Local favourite Viewfinder Art Studio presents this year's colouring challenge, with fun prizes for different age categories. Watch www.badencornfest.ca for details and for the downloadable picture (hard copies will also be available).

Of course, we wouldn't forget to bring back some favourite attractions, like free Horse and Wagon rides, generously sponsored by TLC Whole Life Pet Foods. Windy Acres Wagon and Sleigh Rides will carry you from Kid Zone to Castle Kilbride (where new surprises await, and of course a tour of the Castle itself)!

And finally, speaking of Kid **Zone**, this popular Corn Fest feature is once again sponsored by the Optimist Club of Baden and West **Hills Mennonite** Fellowship. Bouncy castles, Erick Traplin, a live animal

display by the Wilmot

Agricultural Society, and more -- you won't want to miss it!

Year Four really does mean so much more ... and it also means that our five-year anniversary is just around the corner, with special events and attractions already being planned to mark the occasion. But until then, we'll see you on Saturday August 6th -when all of Baden will Get Your Cob On!





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#### Itchy Ears? What's Going On?

Now that we are into the full swing of summer, I feel obliged to write about something that we see very frequently during these warmer months—ear infections.



There are many factors that may contribute to your dog's developing an infection. Genetics play a role. Certain breeds are more prone to infection. Cocker Spaniels, Labrador and Golden Retrievers tend towards infection. Their floppy ears tend to hold heat and moisture, making an ideal environment for yeast to overgrow. The shape and size of the ear canal can also contribute to getting an infection. Narrow canals make it harder for the normal ear debris to work its way out, giving bacteria and yeast an opportunity to grow. Introducing water into the ear by swimming or bathing may allow more moisture into the ear, making it an ideal place for an infection to take hold. Allergies, food, or environment, are a very common reason for ear infections to appear. They can certainly contribute to repeated ear infections in our furry friends.

In order to know if there is a problem, it is important to know what your pets' ears normally look like. Normal healthy ears are odour free, pink, and free of excessive wax and debris. Normal healthy ears simply require routine checking and periodic ear cleaning to remove the wax and debris that may collect in the outer creases of the ear. This can be easily done with the help of an alcohol free ear cleaner. If you have any questions about how to maintain your pets' ears, just ask your veterinary healthcare team. They can easily demonstrate for you how to clean your pets' ears properly and effectively.

Signs that the ear is not healthy or an infection is brewing are: scratching at the ears, head shaking, foul odour coming from the ears, excessive wax, redness and swelling, dry scabby surface to the inner ear, and sensitivity to touch. Just one or all of these signs may be present. If any of these signs is noticed in your pets, it's best to bring them to your veterinarian to have their ears checked.

The most important thing to remember when it comes to ear infections is to treat early. The longer the infection has been there, the longer and harder it will be to clear it up.

Have a great summer! Rebecca Ricker - Baden Veterinary Hospital



## Baden Veterinary Hospital



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#### Is it Normal for Dogs to Eat Grass? ...

Yes, it is common, and it seems there are many reasons why. Some experts say that even boredom could get your pooch nibbling the greens in your yard. Another reason could be a lack of fibre in their diet. Some dogs eat it to aid digestion or relieve gas, and when they feel sick they eat it to vomit. If you see your dog is gulping the grass and throwing it up repeatedly, it may indicate a more serious intestinal issue and may need a visit with your vet.

### You Must Be Joking!!



WIFE VS HUSBAND

A couple drove down a country road for several miles, not saying a word. An earlier discussion had led to an argument and neither of them wanted to concede their position.

As they passed a barnyard of mules, goats, and pigs, the husband asked sarcastically, "Relatives of yours?" "Yep," the wife replied, "in-laws."

Submitted by Bruce Bousher



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## Check out the Baden Branch Library



The 'wild' things are at the library this summer! The Region of Waterloo Library continues to partner with and promote the TD Summer Reading Club and offers its own lineup of summer programs, activities, and events.

#### **TD Summer Reading Club**

The TD Summer Reading Club encourages participants to read, or be read to, during the summer months. Children will be able to maintain and or improve their reading skills while school is out for the summer.

New this year! Join us on Wednesday, July 6 for the TD Summer Reading Club Kick-off Party. Sign up for the summer reading club, register for special programs, participate in fun activities and meet Captain Underpants! No registration required; just drop in.

Every child registered for the TD Summer Reading Club will receive a free bag, activity book, stickers and bookmark as a part of their reading kit (while quantities last). Last summer, 300 children registered out of the Baden branch! To learn more about the TD Summer Reading program visit tdsummerreadingclub.ca.

#### **Your Support**

The library is able to provide prize incentives to participants of the TD Summer Reading Club due to generous donations and support from the community. The Library wishes to thank the service clubs and businesses who have already donated prizes. There is always a need for prizes, so please consider donating. For more information on how to donate, please contact Chris at 519-634-8933 or <a href="mailto:badenlib@regionofwaterloo.ca">badenlib@regionofwaterloo.ca</a>.

#### The Wilmot Wild Visits

The Wilmot Wild Lacrosse Team will visit the Baden and New Hamburg branches on Wednesday, June 22 from 6:30-7:30 p.m. The team will be divided between the two branches to read and play literacy games with families as well as answer questions about lacrosse.

Registration for this special event begins Tuesday, May 24.

#### At the Library this Summer

The following programs are taking place at the Baden branch. Programs and events are free; however, space is limited and in some cases registration is required.

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Wild Academy, Read | Move | Create: For children ages 6 and up, Tuesdays from 1:30 to 2:30 p.m. beginning July 5 for seven weeks. Take a trip on the wild side with a fun new theme each week. Stories, games, crafts, and more! Register for each week individually.

Storytime: For children ages 2 to 5, Tuesdays from 1:45 to 2:15 p.m. or Thursdays from 10:30 to 11 a.m. beginning the week of July 7 for seven weeks. This interactive program includes stories, songs, rhymes, and crafts. Two-year-olds must attend the program with their parent/caregiver.

The Wild About Magic Show with Owen Anderson: Thursday, July 21 from 3 to 3:45 p.m. Magic tricks, fun and more! Come and be amazed!

There are also movie days, special drop in and play days, board game days, and craft days!

#### **Attention Teens!**

Join our TGIR Teen Book Club. The next meeting is Wednesday, August 3 from 6:45 to 7:30 p.m.

#### **Adult Readers**

This summer, read the One Book, One Community 2016 selection, *A House in the Sky* by Amanda Lindhout. Visit oboc.ca for more information about the book, author, and upcoming events.

#### **Benefits of Membership**

Summer is a great time of year to get a library card for yourself or family members. Library memberships are free! You can check out books, magazines, DVDs, music CDs, books on CD and more. Download books, music and magazines—all for free!

Visit <u>rwlibrary.ca</u> for a full list of programs and events being offered this summer. Children 9 and under must have a parent or caregiver (aged 12 or older) remain in the library for the duration of any program.

**Questions?** Contact the Baden branch at: 519-634-8933, <u>badenlib@regionofwaterloo.ca</u> or visit <u>rwlibrary.ca</u>.

Chris Baechler, Assistant Supervisor, Baden Branch—Region of Waterloo Library

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## You Must Be Joking!!

#### THOUGHT FOR THE DAY...

Women are like phones:

They like to be held, talked to and touched often. But push the wrong button and you're disconnected.

#### Difference Between Complete & Finish...

People say there is no difference between COMPLETE & FINISHED.

But there is... When you marry the right one, you are COMPLETE.

And when you marry the wrong one, you are FINISHED. And when the right one catches you with the wrong one, you are ... COMPLETELY FINISHED!

#### There are 3 kinds of men in the world:

Some remain single & make wonders happen, Some have girlfriends & see wonders happen, The rest get married & wonder what happened!?

#### The A B C's of Romance.

After being married for thirty years a wife asked her husband to describe her. He looked at her slowly...then said,

"You're A, B, C, D, E, F, G, H.... I, J, K."

She asks..... "What does that mean?"

He said, "Adorable, Beautiful, Cute, Delightful, Elegant, Fancy, Gorgeous, Honey.

She smiled happily and said.... "Oh, that's so lovely.... What about I, J, K?"

He said, "I'm Just Kidding!"

His eye is still swollen....but it will get better.

#### At a Cocktail Party

One man said to another, "Aren't you wearing your wedding ring on the wrong finger?"

The other replied, "Yes, I am, I married the wrong woman."

#### Every Wife is a "Mistress" for her Husband.

"Miss" for one hour & "Stress" for the remaining 23 hours

This silliness was submitted by Bruce Bousher



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## THE 10<sup>TH</sup> ANNUAL BADEN FIREFIGHTERS HOSE MONKEY BALL TOURNAMENT

FRI. JUNE SAT. JUNE **24** & **25** 

AT THE BADEN, NEW HAMBURG AND PETERSBURG DIAMONDS

EACH TEAM WILL BE GUARANTEED 3 GAMES, TOP TEAMS IN EACH DIVISION WILL MOVE ON TO PLAYOFFS.

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RAFFLE PRIZE



**4 JAYS TICKETS** 

The Foxboro Green Choir sang at Sir Adam Beck School during Art Week. The children really enjoyed the presentation, as did the choir. Some of them joined into the program and the whole audience also sang along with us to 'Yellow Submarine' and "Kumbaya/Peace Like a River." It was a wonderful experience for us "older" people.



The children are so beautiful and full of energy.

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#### Oh Canada... Did you know?

#### Canadian Trivia

- Canada became a country on July 1, 1867, when the British North America Act was passed by the British Parliament.
- While ice hockey is Canada's most prevalent sport, lacrosse is the country's official sport. The modern game of ice hockey was developed in Canada, based on games that have been played since the tenth century.
- A black bear cub from Canada named Winnipeg (or "Winnie," for short) was one of the most popular attractions at the London Zoo after it was donated to the zoo in 1915. Winnie became a favorite of Christopher Robin Milne and inspired the stories written by his father, A.A. Milne, about Winnie-the -Pooh.
- Canada has the longest coastline of any country in the world at 151,600 miles.
- The border between Canada and the United States is officially known as the International Boundary. At 5,525 miles, including 1,538 miles between Canada and Alaska, it is the world's longest border between two nations.
- The Mounted Police were formed in 1873, with nine officers. In 1920, the Mounted Police merged with the Dominion Police to become the famous Royal Canadian Mounted Police, an organization that now has more than 28,000 members.

#### Prime Minister Quiz

- 1. What title is given to the Prime Minister of Canada?
- 2. The Prime Minister's residence is located at 24 \_ Drive, in Ottawa.
- 3. The Prime Minister's residence is known as Rideau Hall...true or false?
- 4. What is the minimum age for a candidate for Prime Minister?
- 5. Has there ever been a female Prime Minister in Canada?
- 6. Who has been Canada's longest serving Prime Minister?
- 7. Do you recognize these faces?

Answers are seen below









- 6. William Lylon Mackenzie King, who served for over 21 years. 7. Joe Clark, Pierre Trudeau, Jean Cretien, Sir John A. McDonald
- November 4, 1993.
- 5. Yes, When Brian Mulroney retired from office in 1993, Kim Campbell took his place. She served from June 25, 1993 –
  - от 'ь
- False—Rideau Hall is the residence of the Governor General.
  - xəssuz .2
  - 1. The Right Honourable



### Baden Birding Sponsored by:



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76 Mill Street, Baden

June is clear-out clearance month here at the mill. Take an additional 25% off already reduced items.

### Baden Birding ~ Bobolink- A follow-up

By Wayne Buck

Some months ago I wrote an article about the Bobolink, an Ontario grassland bird that is listed as threatened. Our neighbours, Ernie and Jean Faulhafer, share our love of birds and gave us an article that I think came from The Ayr News. I thought I'd share with you some of the information I learned as a follow -up to my earlier article.



A corporation named Bronte Green opted to develop 8.5 ha (21 acres) that was formerly a driving range, part of a golf course. When the driving range closed, the grass grew taller and the Bobolinks moved into what for them was the perfect habitat. Since Bobolinks are a threatened species, if Bronte Green wanted to proceed with developing this land, they had to provide alternative habitat in the same ecoregion.

With the assistance of the Grand River Conservation Authority, they located The Morton Property beside Pinehurst Lake, which is between Cambridge and Paris. The Morton property consists of 13.3 ha (33 acres) which was purchased by the GRCA in 2009. Bronte Green is contributing \$65,000 to improve the grassland so that it will support Bobolinks and other grassland species. This contribution will cover the full cost of the project for five years and will involve prescribed burns, the control of invasive species, and the planting of native grasses: that is, the grasses that were present in this area for tens of thousands of years before settlers introduced cool season grasses from Europe such as Timothy, Smooth Brome, and Twitch Grass. Native grasses would include Big Bluestem, Little Bluestem, and Indian Grass. Annual vegetation and bird surveys will be undertaken so the progress of the introduction can be documented.

One of the reasons for the decline of grassland birds such as Bobolinks is loss of habitat. Less than one-tenth of one percent of the grasslands that were here prior to settlement remain. Grassland birds such as Bobolinks and Meadowlarks, which used to nest in native grassy meadows, have resorted to nesting in hayfields which have replaced the native grasslands that used to dominate much of the

Cambridge-Brantford area before being destroyed by agriculture. Now, the only grassy areas are hayfields which are harvested long before young birds have a chance to leave the nest; hence the dwindling populations. But we can't expect farmers to absorb the whole financial burden of leaving hayfields longer, decreasing their yield.

I am a member of the Waterloo Stewardship Council, which has been working for many years to restore some of the native grasslands (actually prairies), in several areas near Cambridge. These include The Waynco Prairie and The Branchton Prairie. Both are remnants of the tallgrass prairies that once dominated this part of Ontario. As is the plan for the Morton Property, we have attempted to eliminate a number of invasive species that were introduced through agriculture, such as Manitoba Maple and Buckthorn. A number of prescribed burns have been conducted at Waynco and several sowings of native grasses and wildflowers have also been successful. Thousands of native grassland plants have been planted by volunteers in an effort to restore the prairie vegetation that was once dominant. Maybe Bobolinks and other grassland birds will also return to these areas in the near future.





#### Business Profile: Nith Valley Apiaries ~ The Buzz on Honey Bees

On June 4<sup>th,</sup> Nith Valley Apiaries held a honey tasting event. The Baden Outlook sat down with owner Mike Roth to learn about the business and bees.

Ith Valley Apiaries has been in the same location at 1041 Christner Road in Luxemburg since 1918 and was started by Harvey Gamp. The business has had several owners over the years. Mike started working part time in 2010 at age 16, purchased the business four years ago, and two years ago he bought the property.

The business is surely abuzz, with close to 400 hives scattered throughout Waterloo and Perth Counties, starting at his property and going to near Sebringville. Through the winter, Mike normally loses 15% of the bees, but he was happy for this last mild winter as he only lost 4%. Each hive has one queen that typically lives 2 to 3 years. The other bees are the drones and worker bees. Each hive has up to four boxes stacked on each other – the lowest box being a brood box. A queen excluder screen separates the brood box from the upper boxes, allowing them to be used exclusively for honey production. Each of the upper boxes contains nine frames where the approximately 80,000 honeybees store their honey. The boxes are replaced about every four weeks and brought back to the shop where the frames are uncapped and loaded into a circular drum which spins rapidly until the honey is thrown off the frames. The cappings wax from the frames is used to make candles. The honey is graded into three categories: white, golden, and buckwheat -- all of which is dependent on the local environment. Mike's favourite is the golden honey from the Ellice Swamp area near Stratford.

Mike explained that he has come to understand the moods of his bees. During sunny days the bees are nice to work with as they are happily doing their business, but on cloudy damp days they can be grumpy. Warm, sunny weather makes the bees more active, and a hot, dry summer usually produces a larger crop of lighter honey.

There are many threats to the honeybees. One of the biggest is the Varroa Mite, which is a parasite. Neonicotinoids (neonics) are also a factor; they have been in the news a lot recently posing great concern. The combination of varroa mites, habitat loss, and neonics can have a devastating effect on a hive when it is unable to recover from one or more of

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these factors. Check out the notes section of the Nith Valley Apiaries facebook page to learn about planting a bee friendly garden!

Mike is not alone with his business; he is happy to have his sister Jodi and his fiancée Erika Pfenning on his team. Jodi has

embraced the marketing aspect of the business and has taken

it to a new level. Nith Valley Honey is bottled at the Christner Road location, which is also home to their retail store. Nith Valley honey is also available at roughly thirty locations between Kitchener, Stratford, Paris, and Milverton, You are welcome to bring your empty jars to be re-filled when you pop by for a visit!





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#### **LOST: DIAMOND RINGS**

Please help me find my rings!! One, 3 piece with diamonds across the top, and soldered together. Also one single band with diamonds across the top. They were lost on June 1st somewhere between the green space at the "Cruisin' on the Pond" card show, to Louisa and Brewery Streets to Village Green Way and Country Creek Drive. OFFERING REWARD IF FOUND!!

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#### Interesting Trivia ~ Did you know ...?

- Glass takes one million years to decompose, which means it never wears out and can be recycled an infinite amount of times!
- Gold is the only metal that doesn't rust, even if it's buried in the ground for thousands of years.
- Your tongue is the only muscle in your body that is attached at only one end.
- If you stop getting thirsty, you need to drink more water. When a human body is dehydrated, its thirst mechanism shuts off.
- Zero is the only number that cannot be represented by Roman numerals.
- The song Auld Lang Syne is sung at the stroke of midnight in almost every English-speaking country in the world to bring in the new year.
- Drinking water after eating reduces the acid in your mouth by 61 percent.
- Peanut oil is used for cooking in submarines because it doesn't smoke unless it's heated above 450F.
- The roar that we hear when we place a seashell next to our ear is not the ocean, but rather the sound of blood surging through the veins in the ear.
- Intelligent people have more zinc and copper in their hair.
- A comet's tail always points away from the sun.
- The Swine Flu vaccine in 1976 caused more death and illness than the disease it was intended to prevent.
- Caffeine increases the power of aspirin and other painkillers, which is why it is found in some medicines.
- When a person dies, hearing is the last sense to go. The first sense lost is sight.
- In ancient times, strangers shook hands to show that they were unarmed.
- Strawberries are the only fruits whose seeds grow on the outside.

Submitted by Bruce Bousher



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Baden Outlook Baseball Pool Stats					
Place Name P		PTS	Place Name		PTS
1	Paul Koenig	193	31	Bruce Litwiller	179
2	Tristan Wilhelm	192	32	Tara Jokic	178
3	Doreen Dean	191	33	Len Mueller	178
4	Bill Grebinski	190	34	Joel Grebinski	178
5	Hudson Bradshaw	189	35	Todd Miller	178
6	Sheldon Martin	189	36	Jonathan Grebin	ski 178
7	Alf Crabbe	188	37	Jeff Snyder	178
8	Michael Bisch	187	38	Brad Wilson	178
9	Rachel de Martines	187	39	Greg Morrison	177
10	Ken Alischer	187	40	Rick Grebinski	177
11	Rod Lichti	186	41	Sam Gingerich	177
12	Arlene Naumann	185	42	Ryland Carney	177
13	Bonnie	185	43	Gabby Hallman	177
14	Matt Bowen	183	44	Kyle Struth	177
15	Maggie Litwiller	183	45	Mike Taves	177
16	Len Rempel	183	46	Shayne Grebinsk	i 177
17	Sheila Snyder	182	47	Bob Good	177
18	Patrick Henderson	182	48	Greg Rempel	177
19	Ronnie Skowron	181	49	Jamie Hartman	176
20	Gerry Eichler	181	50	Kristina Ziegler	176
21	Gord Mills	181	51	Margo Schimus	176
22	Sue Dougherty	180	52	Richard Roth	176
23	Emma East	180	53	Craig Tallman	176
24	Steamer	180	54	Zach McGrath	176
25	Emily Danard	180	55	Wayne Leis	176
26	Taylor Naumann	179	56	Laura Grebinski	176
27	Tyler Randerson	179	57	Paul Morrison	176
28	Cooper Honderich	179	58	Amanda Podann	176
29	Nicholas Heipel	179	59	Brett Gardner	176
30	Beth Martin	179	60	Justin Johnston	175

Congratulations to
Paul Koenig for taking
the Leader Prize for this
month's Baseball Pool,
winning a gift certificate
from EJ's Baden Hotel

The lucky random draw winner is Gabby Hallman winning a Baden Outlook coat.



## RIVERSIDE LANES



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Hello sports fans! Thanks for playing baseball with us! There are 352 eager players entered in this year's Outlook Baseball Pool. You can follow your stats which are updated daily on the site. The Outlook draws the stats on the 7th of the month. To follow your stats, log on to our website at <a href="https://www.badenoutlook.com">www.badenoutlook.com</a> click on sports pool and choose "baseball", then choose "Quick access," and Pool name is <a href="https://outlookbaseball">outlookbaseball</a> and the password is <a href="https://outlookbaseball">guest</a>. On left bar, click on "ranking" to view your stats. Have Fun and Good Luck!

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Rockin' Ronnie & Marlene Weber are back for their 7th year with their popular car shows.

#### Cruizin' at the Pond is back!

From June to September Wednesday Evenings 5:30-8:30 p.m. At the pond at Foundry and Charles Streets

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Mark your calendars for June 19th, 8 am-1 pm, for their Father's Day Brunch in Petersburg Park.

Proceeds from the Breakfast in the park support many local youth programs in our community as well as JDRF, Childhood Cancer charities, and others.

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## You Must Be Joking!!

#### THE PERFECT HUSBAND

Several men are in the locker room of a golf club. A cellular phone on a bench rings and a man engages the hands-free speaker function and begins to talk. Everyone else in the room stops to listen.

MAN: "Hello"

WOMAN: "Hi Honey, it's me. Are you at the club?"

**MAN:** "Yes."

WOMAN: "I'm at the shops now and found this beautiful leather coat. It's only \$2,000; is it OK if I buy it?"
MAN: "Sure, go ahead if you like it that much."

WOMAN: "I also stopped by the Lexus dealership and saw

the new models. I saw one I really liked."

*MAN:* "How much?" *WOMAN:* "\$90,000."

MAN: "OK, but for that price I want it with all the options."
WOMAN: "Great! Oh, and one more thing... I was just
talking to Janie and found out that the house I wanted last
year is back on the market. They're asking \$980,000 for it."
MAN: "Well, then go ahead and make an offer of
\$900,000. They'll probably take it. If not, we can go the
extra eighty-thousand if it's what you really want."
WOMAN: "OK. I'll see you later! I love you so much!"
MAN: "Bye! I love you, too."

The man hangs up. The other men in the locker room are staring at him in astonishment, mouths wide open. He turns and asks, "Anyone know whose phone this is?"

Submitted by Robert Price







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#### You Must Be Joking!! About Being a Husband

A bookseller conducting a market survey asked a woman – "Which book has helped you most in your life?"

The woman replied – "My husband's cheque book!!"

A prospective husband in a book store: "Do you have a book called, 'Husband – the Master of the House'?

Sales Girl: "Sir, Fiction and Comics are on the 1st floor!"

Someone asked an old man, "Even after 70 years, you still call your wife – darling, honey, lovie. What's the secret?" Old man: "I forgot her name and I'm scared to ask her."

Wife: "I wish I was a newspaper. So I'd be in your hands all day." Husband: "I too wish that you were a newspaper. So I could have a new one every day!"

Husband to wife: "Today is a fine day. " Next day he says: "Today is a fine day. "

Again next day, he says same thing — "Today is a fine day." Finally, after a week, the wife can't take it and asks her husband "Since last week, you have been saying "Today is a fine day". I am fed up. What's the matter?"

Husband: Last week when we had an argument, you said, "I will leave you one fine day." I was just trying to remind you!"

Submitted by Bruce Bousher



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Baden Outlook Page 17



#### Castle Lecture Series

#### Re-defining of Heritage in the Modern World

Thursday June 23rd at 7pm. Tickets are \$10 per person.

Join Sasha Knight as he discusses the heritage conservation field. Can functionality and beauty be balanced in historic conservation? Do all old buildings need to be saved? These are just some of the questions he will explore.

Sasha is a graduate of Willowbank School of Restoration Arts and a resident of Wilmot Township.

Pre-registration is required. Space is limited. Tickets may be purchased at 634-8444 or by emailing castle.kilbride@wilmot.ca

## You Must Be Joking!!



- Golf balls are like eggs: they're white, they're sold by the dozen, and a week later you have to buy
- A pro-shop gets its name from the fact that you have to have the income of a professional golfer to buy anything
- It's amazing how a golfer who never helps out around the house will replace his divots, repair his ball marks, and rake his sand traps.
- Golf is by far the ultimate love / hate relationship. Sometimes it seems as though your cup runneth and moveth over.



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#### See you onboard!

Cash fare \$3, GRT tickets are available at the Sugarplum Castle, 90 Peel St., New Hamburg and Little Short Stop, 112 Peel St., New Hamburg.



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#### Waterloo- Oxford D.S. School in Action

Thanks to Ms. Renkema's Horticulture Classes at Waterloo-Oxford District Secondary School for planting Canna Lillies at Castle Kilbride during the last week of May. The students started the bulbs in our greenhouse, then planted them at Castle Kilbride where they will bloom throughout the summer.

On May 31, 2016, Waterloo-Oxford District Secondary School Grade 11 Environmental Science students and Grade 10 Science students travelled to the Waterloo-Wellington Groundwater Festival at the Waterloo Region Museum. They ran stations/ exhibits related to water conservation, climate change, and waste management for over 1000 elementary students from Waterloo and Wellington regions. Our students represented WO with pride and helped younger students learn in a fun and engaging way.

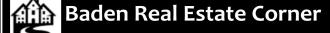
Thanks and congratulations to Waterloo-Oxford District Secondary School for raising over \$3000.00 towards Relay for Life and the fight against cancer. A special shout out to 12 W-O staff for volunteering to shave their heads for this worthy cause:







Ms. Cosgriffe, Mr. Cvetich, Mr. Domm, Ms Finney, Mr. Kolodziej, Mr. McCammon, Ms. Parker, Ms. Repei, Mr. Schleich, Mr. Shantz, Mr. Szimanski and Mr. Wilson. Also thank you to Nathaniel Aszmies for volunteering to give up his hair. WODSS Relay for Life was held on Friday, June 3 from 7p.m. to 7 a.m. at the school. We raised over \$90,000 for the Canadian Cancer Society!



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# WE HAVE A WINNER!

Congratulations to Joanne & Stephen on Winning the Blue Jays Tickets Contest for Baden Outlook Readers!



Thank you to everyone who participated!

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Wow! More exciting destinations as The Baden Outlook continues to travel ...



Deb Vinski took the Baden Outlook to "Cafeteria Esquina Cuba" in Varadero in May as she celebrated her birthday. Deb is seen with her amigos Sergio, Yessina (holding the Outlook), Alvanado, and Fermin.



The Baden Outlook went along with the Peewee AE Huskies to The Bell Centre in Montreal, Quebec.



Don't forget to pack your Baden Outlook when going on vacation. Simply email us your photo to badenoutlook@hotmail.com See your photo in colour on our website at www.badenoutlook.com



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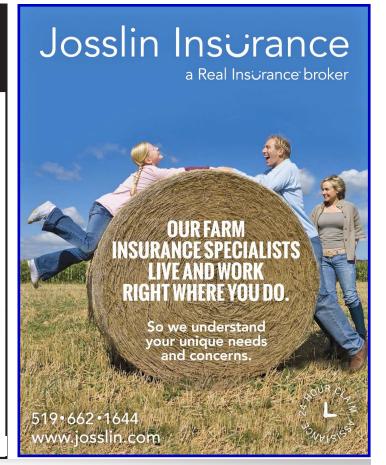
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## ...To Holland, Quebec, Cuba and Ireland.



The Baden Outlook had a fabulous time with Natalee Ridgeway, Marlene Miller, David, Laura, and Colleen Herner in Ireland. They are seen standing in front of Temple Bar in Dublin celebrating Dave and Colleen's 45th wedding anniversary.



Bruce and Wendy Richardson and two of their daughters, Laurie Musselman and Shauna Johnston, went to Holland to visit the land of their heritage. Laurie and Shauna are resting with the Outlook in a Dutch shoe.



We can't believe that this June marks one full year of Viewfinder!

Thank you to everyone for the continued support and for being a part of the Viewfinder family! We are looking forward to our first session of SUMMER CAMPS and workshops this season!

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#### Improving the Health of our Community ~ Giving to Others

By Melodie O'Connell MSW RSW

I recently had the honour and privilege of attending a musical and acrobatic performance by the Mully Children's Family Choir from Kenya. It was a highly entertaining production filled with energy, talent, and passion. There were soloists and group music performances, a drumming, and amazing acrobatic choreography, as well as a karate demonstration.

However, what was more amazing were the stories of the individuals performing in the choir. All of the performers had overcome incredible adversity to get to where they are. The Mully Children's Family is a place that many abused and abandoned children call home. The members of the choir shared stories of physical and sexual abuse, extreme poverty, starvation, and alcoholism within the family. The conditions in which these youth were raised are very difficult for us to even imagine.

Charles Mulli, founder of the Mully Children's Family, had also experienced extreme poverty as a child. He was able to work very hard during his youth and was able to get out of this lifestyle. However, he continued to have a passion and heart for the vulnerable children of Kenya. As a result, he created the Mully Children's Family. This is a place where he and his wife Esther take in impoverished, abused, and abandoned youth. It has been home to more than 10,000 children, and currently provides food, shelter, education, and a loving environment for 2,000 children who call it home.

At the end of the presentation, there was an opportunity for people to learn more about this amazing family, and an opportunity to further support this initiative.

We live in a society in which we are constantly being

asked to support charities with our resources, whether it's our time or money. What we don't often realize is the benefit it provides to us as the giver. When we can give to a cause that we are passionate about, the transformation within our own hearts is amazing.



- ♦ The act of helping others can shift our focus away from the some of the challenges we face, and may allow us to be more appreciative of the circumstances that we are in.
- It can provide a greater sense of purpose for us. Time and money are two of the most valuable resources that people will identify. When we are able to give that freely, it is a reflection of our values.
- It helps us to become more aware and educated about the social injustices within our world. We increase our understanding, and possibly develop an alternative opinion regarding some of the issues that we face globally.
- ♦ Selfless giving is a key component within many spiritual belief systems. Offering our resources to others can bring a sense of inner peace.
- ♦ Volunteering our time can increase our social support network by developing connections with others who have similar values, or believe in the same causes as we do. It may also allow us to use our skills in a very meaningful way that can have a positive impact on others.

When given the opportunity to support either a local or global charity, do so joyfully. You will be amazed!!



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#### Be Well ~ Be Inspired!

#### By Christine Gingerich

This month I'm presenting bite-sized pieces of interesting health tips and truths for you to read while soaking up some healthy summer vitamin D. It's a random but interesting list, and one that should inspire you with help and motivation!

- Remember: "Early to bed and early to rise!" The Journal
  of Clinical Endocrinology and Metabolism recently
  announced that one bad sleep results in the body's
  inability to effectively process carbohydrates the
  following day. Sleep reduction also offers a triple threat
  of unhealthy hormones:
  - \* Ghrelin = increases cravings of bad fats and sugars
  - \* Leptin = negatively interrupts food consumption and quantities
  - \* Cortisol = tells the body to hold onto visceral fat deposits (around the abdomen)
- The Hostess Twinkie now has a 45 day shelf-life... 26 days longer than its original counterpart. Hostess won't say what changes were made to the recipe to extend its lifespan. Be an informed consumer!
- Leukocystosis (white blood cell count above normal range) is one indicator of an inflammatory response, and a symptom of increased disease. In the 1930s, Dr. Paul Kouchakoff (MD) discovered that a lack of living enzymes from consuming too much cooked food contributed to leukocytosis. Based on his work, many health researchers suggest eating a diet of 50% raw, uncooked fruit, vegetables, nuts and seeds.
- Eat the rainbow! Every beautiful colour in whole food indicates another unique phytonutrient that helps to nourish, heal, and satisfy.
- It's not just what you eat, but how you eat! The following healthy eating habits have been shown to support good health:
  - \* Eat with others whenever possible. You eat slower, eat less, and feel emotionally nourished.
  - \* Chewing your food 20-50 chews per mouthful increases the surface area of food, filling you more quickly, decreasing work for the stomach, and

- improving digestion and nutrient absorption.
- \* Ask: Am I truly hungry or just dehydrated? Drink prior to meals to verify this. And don't drink with meals. This encourages sufficient chewing and prevents the dilution of digestive enzymes.
- \* Eat breakfast every day and enjoy healthy snacks in between meals. Fuel your metabolism and provide nourishment for the body and brain!
- \* Avoid eating at night. The body needs to rest, repair, and restore not digest!
- Niacin, or Vitamin B3, is highly effective for depression.
   Two daily handfuls of raw cashews offer a natural therapeutic dose of natural antidepressants. (Food Matters = 6442) (Note: I've had friends and family notice significant changes after just two months of consuming raw cashews daily.)
- Physical inactivity is the fourth leading risk factor for global mortality. For optimal health, accumulate at least 60 minutes of daily exercise... but remember: 10 minutes is still better than 0 minutes!
- 10 lbs of muscle gained results in a weight loss of 50-70 lbs of body fat annually!
- If you are 25 lbs overweight, you have nearly 5,000 extra miles of blood vessels through which your heart must work to pump blood.

Remember: Good health makes a lot of sense, but it doesn't make a lot of dollars! (Food Matters ¤ 6442)

#### ~BE INSPIRED!

Wishing you a safe, happy, healthy summer 2016!

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#### SUMMER SEASON SAFETY TIPS FOR YOUR BODY

By Dr. John A. Papa, DC, FCCPOR(C)

The summer season is upon us, which for many individuals means spending time outdoors and becoming more physically active. Whether you're an aspiring athlete, a serious nature lover, or someone who enjoys fun in the sun, there are special precautions that need to be taken to protect your body during the summer season.

- 1. Prepare your body for activity and exercise: There are many activities made more enjoyable during the summer season such as gardening, walking, running, swimming, canoeing, bicycling, and golfing to name a few. Prepare your body for physical activity by stimulating the joints and muscles, and increasing blood circulation with a proper warm-up. If you have been inactive for a period of time, gradually ease into activity and take it slow.
- **Drink plenty of water:** The body's water supply is responsible for many important functions such as digestion, controlling body temperature, and protecting our joints by providing lubrication and cushioning. In warmer temperatures, we lose more water from the body through increased perspiration. The consequences of inadequate water intake/dehydration may include: headaches, fatigue, digestive problems, joint pain, muscle pain and cramping. Therefore, special care should be taken to replenish fluids lost during the summer season. Limit diuretics such as caffeinated and alcoholic beverages which actually drain the body of water.
- 3. Get just enough sun: Appropriate sun exposure can provide many health benefits associated with the natural production of Vitamin D. Avoid sunburn which is a result of overexposure to the sun's UV radiation and can contribute to certain skin cancers, along with premature aging and wrinkling of the skin. To protect yourself, apply sunscreen regularly, wear a wide-brim hat and light-colored clothing that covers your exposed skin. Your eyes should also be protected with UV blocking sunglasses. Outdoor activities and sports should be limited to the early morning or late afternoon when UV rays are not as strong. Be cautious on cloudy days, as your skin is still susceptible to burn under
- 4. Think safety first: Water sports and other outdoor activities should always be performed with safety in mind. This means wearing a life jacket in deeper water or if you are not a strong swimmer. Parents should always keep a watchful eye on young children around water. Diving into shallow or unknown waters should never be performed to eliminate the

these conditions.

Summer Salety

chance of serious spinal injury. Running on pool decks may result in serious slip and fall injuries. When bicycling, in-line skating, or skateboarding/ longboarding, be sure to wear bright reflective clothing and protective headgear. In addition, wearing appropriate footwear for the activities you are performing will give you balance, support, and protection.

Following the above rules and safety tips can go a long way in protecting your body during the summer season. From all of us at the New Hamburg Wellness Centre, have a safe and enjoyable summer!

This article is a basic summary for educational purposes only. It is not intended, and should not be considered, as a replacement for consultation, diagnosis or treatment by a duly licensed health practitioner.

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#### THE SENILITY PRAYER

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Submitted by Robert Price

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## Revealing the Treasures from the Wilmot Heritage Fire Brigades

There have been many "Man Down Alarm Systems" used over the years and the Wilmot Heritage Fire Brigades have several of them. The purpose of the alarms is to alert other fire fighters of a man down during a fire.

If a fire fighter in a building hasn't moved in 18 seconds, a loud beep starts emitting through the system to alert other fire fighters and send help on the way.



There are two versions at the museum – the first being the

PAL-5 which was used in the late 80s and early 90s, and the Dragon Fly which was a newer version purchased by the township.

We're on the Web! Visit www.badenoutlook.com

## Heritage Pet & Garden

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#### **Attention Ladies!**

If you're suffering from hot flashes, insomnia, mood swings, weight gain, irregular or heavier periods, you won't want to miss this FREE workshop with Dr. Erica Thomson, ND!

## A Natural Approach to Menopause: What Every Woman Should Know

- The truth about estrogen
- How to achieve hormonal balance with key nutrients and important nutritional guidelines
- Sail smoothly through perimenopause with 5 simple steps

Save the date and bring a friend!

Tuesday, June 21st 7:00pm-7:45pm Affinity Health Clinic 3 Waterloo St, New Hamburg



For more information:
Dr. Erica Thomson ND on Facebook
www.EricaThomsonND.com
Call\_519 662-2123 to reserve your seat!

### You Must Be Joking!!



#### WOMAN'S PERFECT BREAKFAST

She's sitting at the table with her gourmet coffee. Her son is on the cover of the Wheaties box. Her daughter is on the cover of Business Week. Her boyfriend is on the cover of Playgirl. And her husband is on the back of the milk carton.





"Additional Location in Stratford"





Annual Strawberry Social at Nithview Community 200 Boullee St, New Hamburg on Saturday, June 18 from 2-4 pm and 6:30 - 8 p.m.

#### New in the Neighbourhood?

If you are new in the neighbourhood, call us to receive your gifts and learn about your community.

Local Representative: Marlene Brenneman Welcome Wagon Representative 519-591-5963 marlene.brenneman@gmail.com



## YOU HAVE THE POWER TO GIVE LIFE Blood Donor Clinics

Monday, June 27—2 p.m. to 8 p.m. Steinmann Mennonite Church, 1316 Snyder's Road West



Monday, July 18th, 5-8 p.m. New Hamburg Legion

#### It's Strawberry Time Again!



Join us at Livingston Presbyterian Church for the

#### Annual Strawberry Social

Wednesday, June 29, from 5:30-7:30 p.m.

Cake, strawberries, ice cream, and beverage Take out available

#### WEDNESDAY, JUNE 22, 7:00PM

The Nith Valley ECOBOOSTERS are a volunteer group committed to supporting a long-term healthy environment in Wilmot and Wellesley Townships through education, action, and collaboration. Join us at 7 pm on the 4<sup>th</sup> Wednesday of every month at Zion United Church, 215 Peel Street, New Hamburg. For more information, contact <a href="mailto:nvecoboosters@gmail.com">nvecoboosters@gmail.com</a> or call 519-662-9372.

#### T.O.P.S. ~ (Take Off Pounds Sensibly)

We are a support group for weight loss Meetings are held on Tuesday evenings St. James Lutheran Church, 66 Mill Street, Baden Weigh-ins at 6:30 pm followed by a short meeting For more information call 519-634-5226 Everyone Welcome

This space is generously donated by Erb Transport to support community events

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#### **OUTDOOR ADVENTURES ~ SUMMER DAY CAMP 2016**

Our Summer Day Camp recognizes the importance of play, fresh air, new experiences, and the opportunity to make friends. WFRC has over 20 years experience providing day camp in our community. The curriculum is designed around each week's theme with a focus on outdoor

play and experiences. It is organized and implemented by responsible leaders who are certified in first aid and, have submitted a successful vulnerable sector police records check. Our camper to leader ratio is 10:1. The camps are designed for children entering senior kindergarten to grade 6 this September (2016). Regular camp hrs. are 9 am to 4pm, with an extended care option from 8am to 5pm. Extended care is available free of charge but you must pre-register.

Campers will need to bring a nut & candy free lunch, morning & afternoon snack provided.

COST: \$180.00 per week per camper. To register, drop by Wilmot Family Resource Centre or any of our off-site programming.

Forms and cash or cheque payment options available. 519-662-2731 x210 or cr4wfrc@bellnet.ca

#### ART IN THE PARK

Get ready to get messy and use your imagination! Join us for a fun-filled week of exploring and discovering your "artistic" side. Create music, draw, paint, make crafts, and act... all in a fun, relaxed outdoor setting.

We will also welcome a guest artist from the community to share their talents and inspire us.

July 4 to 8: New Hamburg Community Centre August 15 to 19: New Dundee Community Centre

#### **BACKYARD CREATURES**

Enjoy songs, stories, games and crafts while learning about some of the furry... feathery... scaly... and sometimes slimy creatures who live in our own backyard.

Decorate a bird house, create a squirrel feeder, challenge your friends to an insect scavenger hunt, and learn how we can all share our "backyards" with our wildlife neighbours in a way which is safe both for them and us.

July 11 to 15: New Hamburg Community Centre July 18 to 22: Beck Park –Baden

#### WET N' WILD ADVENTURES

There is no better way to have fun and keep cool than a week filled with Wet' n Wild Adventures!

Get ready to get wet! Water balloon baseball, slip and slide, sponge wars, and a wet newspaper fashion show are just a few of the ways you will keep cool and have a blast during this wet and wild week!

August 2 to 5: New Hamburg Community Centre August 29 to Sept 2: Beck Park-Baden

#### **SPORTS**

Do you enjoy fun and active sports challenges? Then this is the week for you!

This is a chance to learn a new game or improve your skills while playing baseball, soccer, basketball, and badminton. You will also get a chance to try some non-traditional games like beach ball, volleyball, noodle hockey, human bowling, capture the flag, and a whole lot more.

July 25 to 29: New Dundee Community Centre August 8 to 12: New Hamburg Community Centre August 22 to 26: Wellesley Community Centre

## Community Events on this Page are Brought to You by Expressway Ford



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Women's Crisis Services of Waterloo Region operates two emergency shelters for abused women with or without children; Anselma House and Haven house.

Our Outreach Program is a free, confidential service available to abused women who; are leaving the shelter and are transitioning to independence, or to women still in abusive situations who are seeking assistance but are not living in our shelter.

We serve women from all cities and townships in Waterloo Region.

Contact our Crisis Line for support: Toll Free 1-800-410-4482

Or visit our website at www.wcswr.org to learn more about how we can support safety for women and children in your community.

Hey! Kids, ages 4-10



Tuesdays, 6:30-8:00 pm Baden Public School

Spontaneous play, fun group games, and a short Bible story in the gym.

Everyone is welcome!

contact Sean at pastor.westhills@gmail.com or 519-634-4993

Provided by West Hills Fellowship of Baden and Community Volunteers

#### Local Churches Invite You to Join Them

Tight !

Please visit www.badenoutlook.com for a directory of local churches.

#### West Hills Fellowship

Sharing space at St. James Church, 66 Mill Street, Baden ON

Pastor Sean East / pastor.westhills@gmail.com 519-634-4993 office.westhills@gmailcom

Sunday School 9 am, Fellowship 10 am, Worship 10:40

#### **Emmanuel Lutheran Church**

1716 Snyder's Road East, Petersburg, ON

519-634-5511 www.persburgchurch.org \* Wheel Chair Accessible \*

Worship Service 9:30 am / Sunday School

#### ST. JAMES LUTHERAN CHURCH

66 Mill Street, Baden ON

519-634-5191 joanna.e.miller@gmail.com Pastor Joanna Miller

Sunday Worship 9 am / Sunday School

### Livingston Presbyterian Church

44 Beck Street, Baden / 519-662-4949

Hymn Sing 9:45 am ~ Worship to follow at 10 am Moderator: Linda Ashfield, 519-886-4150

#### Wilmot Mennonite Church

2995 Bleams Road, New Hamburg, ON

Worship Service 9:30 a.m. ~ Christian Formation: 11:00 a.m.

Pastor Dave Roglasky

519-634-5030 www.wilmotmennonite.ca

#### Wilmot Centre Missionary Church

2463 Bleams Road—corner of Bleams & Sandhills Road

Services at 9 & 11 am, Children's Worship 11:15 am Rev. Wayne Domm, Dr. Rob Gulliver, Youth Director Jason Erb

519-634-8687 www.wilmotcentremc.ca

#### SHANTZ MENNONITE CHURCH

2473 Erb's Road, Baden, Ont N3A 3M3

Phone: 519-634-8712 / Email: office@shantzmc.ca

Pastor: Don Penner

Worship Service - 9:30 am Christian Education - 11:00 am

#### Steinman Mennonite Church

1316 Snyder's Rd. W. (at Nafziger Rd), Baden

Sunday Worship 9:45, Sunday School 11:00 am

Phone: 519-634-8311 / www.smchurch.ca



#### **Vacation Bible School**

Shantz Mennonite Church 2473 Erb's Rd., Baden, Ontario July 18 to 22, from 9:00 a.m. to 11:45 a.m. Completed JK to Grade 8

There is no cost.

This year's program is "Deep Sea Discovery- God is with me wherever I go!" Each day children will hear a Bible Story, take part in singing, crafts, outdoor games and have snack time. We are waiting for some deep sea divers to join in and have some fun with with us! Registration can be completed on the first day or in advance. Call Shantz Church at 519-634-8712 for registration forms or if you have any questions. Information will also be posted on our website.

## You Must Be Joking!!

#### WHO DOES WHAT

A man and his wife were having an argument about who should brew the coffee each morning.

The wife said, "You should do it because you get up first, and then we don't have to wait as long to get our coffee."

The husband said, "You are in charge of cooking around here and you should do it, because that is your job, and I can just wait for my coffee."

Wife replies, "No, you should do it, and besides, it is in the Bible that the man should do the coffee."

Husband replies, "I can't believe that, show me."

So she fetched the Bible, and opened the New Testament and showed him at the top of several pages, that it indeed says, "HEBREWS".

God may have created man before woman, but there is always a rough draft before the masterpiece!!

Submitted by Robert Price

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## Setting up a cottage? We have everything you need!

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#### **REGULAR HOURS**

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Fri 9:00 am - **Open late 8 pm** 

Sat 9:00 am - 4:00 pm

All proceeds benefit the work of Mennonite Central Committee



DAD ~ A son's first Hero, a daughter's first Love.

Happy Father's Day!

"Gratitude can transform common days into thanksgiving, turn routine jobs into joy, and change ordinary opportunities into blessings." William Arthur Ward

Have you heard about a gratitude list? We took a minute to list some of the amazing things which happen around the store every day that we are grateful for and wanted to share it with you.

- \* We are thankful for the weather in April and May, as it created perfect conditions for our Perennial Sale fundraiser.
- We are thankful for over 60 Perennial Sale volunteers who worked hard all month potting, planting, and pricing plants and garden merchandise. Plus all the volunteers who worked in our flower beds to make us look so good.
- \* We are thankful for our generous home gardeners who shared their plants with us.
- \* We are thankful for the support of our Perennial Sale customers who helped us raise over \$40,000!
- \* We are thankful for the support of our community by attending the New Hamburg Mennonite Relief Sale.
- \* We are thankful for over 40 very hard-working volunteers who meet you at our receiving area to accept donations in the heat or cold weather, who sort through donations, lift heavy items, and are on their feet for long periods of time. These folks volunteer even on the weekends.
- \* We are very thankful for our 60+ volunteer cashiers and floor support volunteers who serve our customers with a smile and make shopping at the New Hamburg Thrift Centre a great experience.
- \* We are thankful for hundreds more volunteers who work hard to clean, sort, price, sew, cut, test, fix, weave, measure, steam clean, quilt, knot comforters, recycle, organize, display, and price over a thousand articles daily.
- \* We are thankful for churches that provide us with volunteers to drive the truck and cut wipes.
- \* We are thankful for all of the groups from schools, universities and different communities that want to know more about the work we do and who book a tour of our store and volunteer as a group. Whether you shop, donate or volunteer, we are very thankful for you! Together we are making a difference in the world.



"Keeping the Community Connected"



New Hamburg Royal Canadian Legion

65 Boullee Street New Hamburg

#### **Hall Rentals**

Call Terri Taylor 662-3834 Or Legion 662-3770

### It Takes a Village ...

Submitted by Betty-Anne Field

If you were headed to Timmy's one morning and spotted our own Castle Kilbride defaced with graffiti and tagging, I am sure you would be *inflamed*, *disgusted and up in arms*! You can relax, somewhat! It is not the Castle, but James Livingston's historic Flax Mill that is being defaced, increasingly, on a daily basis. The tagging has reached such severity that it has been reported and the expense of cameras incurred. For the uninformed, it is more than just a few 'innocent' drawings of ice cream cones and "I love you" written on the silos. An independent business owner has had his transport truck cab spray painted. The Mill has been sprayed. Young people are on film climbing the silos. If you are thinking it is "boys", know that there are some very active and artistic girls involved as well.

Why the Mill now? Recent online conversations started discussions between parents and their offspring. It was revealed that the gathering spot at the end of the lane is common knowledge and a watchful eye is on it. Unfortunately, this only caused a "change of venue". The party [and fire pit] have moved to a new location far around the back of the old mill in a remote and semi-enclosed area that is harder to find.

This is where I see "it takes a village" come into play. Our "village" is being called on to support and help, not just the parents, but the Community itself. We must work together, look out for each other's children, and have the difficult

conversations. Climbing the silos can have very tragic and scary consequences. So obviously, before a young life is lost climbing up and into the silos, before the Mill is accidentally set on fire, before some promising lives are tragically affected by mug shots or more, some action is needed!

Baden is an old community with a quiet but rich history of people who made and continue to make a difference. In recent years, this small farm town has faced a boom of growth. Young families have settled here, not just because Real Estate is somewhat less expensive than in the surrounding larger cities, but because we, together, offer "small town" friendliness and values that they hope will instill a rich goodness in their children. When it comes right down to it ... who would not be warmed and comforted knowing their offspring are counted as "good" people?

With this strength and infusion of youth, I think it important that we all support and give back in ways that help make our community stronger and keep everyone safe. Some serious discussion needs to be had with regard to options available for the youth of our community. Individually, they are all most likely pretty good kids, but the crowd mentality is instigating some mayhem.

Together we can raise our young people to be good citizens. Together for the good of our Community, we can keep Baden a clean and welcome town.



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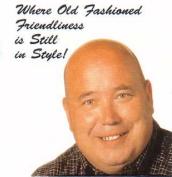


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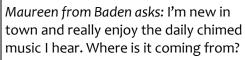
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## Ask Armand ~





Armand says: So glad you like the music Maureen. It comes from St. James Lutheran Church. It's prerecorded from the church and the speakers are in the belfry. We've heard that many have enjoyed the daily music played at 9 a.m., 3 p.m. and 6 p.m. since the early 70s. The sound equipment was purchased through the memorial fund at the church from accumulated donations over time.

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Monday to Friday 9 am - 5:30 pm Saturday 9-4:30 / Sunday - Closed

## You Must Be Joking!! Men are Just Happier People!



#### NICKNAMES

If Laura, Kate and Sarah go out for lunch, they will call each other Laura, Kate and Sarah.

If Mike, Dave and John go out, they will affectionately refer to each other as Fat Boy, Bubba, and Wildman.

#### **EATING OUT**

When the bill arrives, Mike, Dave and John will each throw in \$20, even though it's only for \$32.50. None of them will have anything smaller and none will actually admit they want change back. When the girls get their bill, out come the pocket calculators.

#### MONEY

A man will pay \$2 for a \$1 item he needs. A woman will pay \$1 for a \$2 item that she doesn't need but is on sale.

#### **BATHROOMS**

A man has six items in his bathroom: toothbrush and toothpaste, shaving cream, razor, a bar of soap, and a towel. The average number of items in the typical woman's bathroom is 337. A man would not be able to identify more than 20 of these items.

#### <u>ARGUMENTS</u>

A woman has the last word in any argument. Anything a man says after that is the beginning of a new argument.

#### **FUTURE**

A woman worries about the future until she gets a husband. A man never worries about the future until he gets a wife.

#### **MARRIAGE**

A woman marries a man expecting he will change, but he doesn't. A man marries a woman expecting that she won't change, but she does.

#### NATURAL

Men wake up as good-looking as they went to bed. Women somehow deteriorate during the night.

#### <u>Offspring</u>

Ah, children. A woman knows all about her children. She knows about dentist appointments and romances, best friends, favourite foods, secret fears and hopes and dreams. A man is vaguely aware of some short

people living in the house.

#### THOUGHT FOR THE DAY

A married man should forget his mistakes. There's no use in two people remembering the same thing!

Submitted by Bruce Bousher



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Monday 9:30-8:00 Tuesday 9:00-6:00 Wednesday Closed Thursday 9:30-8:00 Friday 9:00-5:30 Closed Saturdays

## Neat Bee Trivia



The bee is the only insect that produces food eaten by humankind.

There are over 20,000 species of bees in the world!

If a worker bee uses her stinger, she will die.

Bees carry pollen on their hind legs, called a pollen basket.

### Save the bees ~ Why do Bees Matter?

What's the buzz about? What's happening to the bee? One out of every three bites of food that we eat is made possible by pollinators like honey bees. As the growers of most of our food, Canadian farmers know how much we all rely on these pollinators. Statistics Canada data shows the number of beekeepers and honey bee hives in our country is on the rise, but there are still a number of factors contributing to honey bee health issues. (from beesmatter.ca)

Thanks to pesticides called neonics, bees around the world are dying at a shocking rate. We must act to save the bees before they all disappear—along with our food security and biodiversity. Unless we stop using neonics, bees will continue to die. Last year, 58 per cent of all the hives in Ontario were lost (compared to the average winter loss of 15 per cent.) Because of this, beekeepers are also having to replace their Queens which is costly.

The Honey Nut Cheerios Save the Bees Campaign encourages us to plant wild flowers, giving our bees what they need—pollen. Bees have good colour vision. They especially like blue, purple, violet, white and yellow.





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#### Bringing People and Gardening Together Since 1968 ~By Marlene Knezevich, Director, WHS

Gardening is how I relax. It's another form of creating and playing with colors." Oscar de la Renta

Spring is my favourite season. I love watching everything wake up. The colours, the fragrances, and the fresh greens of the season really appeal to me. I imagine most of you have your gardens planted, but gardening has just begun. Bees keep busy



gathering pollen. To support bees, consider what is flowering in your garden each season. The bees start very early in spring searching for pollen and nectar. One of my neighbours saw a bumblebee out in the snow in the crazy April weather we had. Flowers in plant, shrub, or tree form will add colour to your garden and also provide food for our pollinators.

The following are seasonal suggestions and just a very short list:

**Spring bloomers**: dutchman's breeches, may apple, crocus, columbine, chives, primrose, pussy willow, and spring flowering shrubs such as chokecherry, ninebark, serviceberry, fruit trees, redbud, crabapple, dogwood.

**Summer bloomers**: beebalm, coneflowers, swamp milkweed, roses (not tight, multi-petalled as bees and other pollinators have a challenge getting to the pollen), larkspur, sunflowers, pye weed, Canada goldenrod, raspberry, dahlia, cat mint, lambs ears, lavender, pumpkin and squash, sedums, strawberries, coreopsis (tickseed).

Fall bloomers: asters, black-eyed susan (rudbeckia), cosmos, golden rod, sunflowers, catnip, sedums.

Trees and shrubs are important for bees and other pollinators. The native ones are best. Avoid Norway Maples and instead plant native maples, hackberry, or service berry. Non-native trees only get about 25-50% of pollinators and insects. For more information see: <a href="http://www.pollinationguelph.ca/#!native-plants-for-pollinators/c1868">http://www.pollinationguelph.ca/#!native-plants-for-pollinators/c1868</a>

http://guelph.ca/living/house-and-home/yard-and-garden/healthy-landscapes/landscape-planning/plant/native-drought-tolerant-plants/

http://pollinator.org/guides.htm (at the bottom of the Home page is the Canadian guide; look at the Lake Erie Lowlands guide, and on page 16, the list begins for pollinator vegetation).

#### Shoulda, Coulda or Might-Get-To- List

- Early in the month, finish setting out transplants of vegetables and flowers.
- Sow more lettuce so you can keep harvesting leaves, even after the first crop goes to seed.
- Stake or cage tomatoes and other veggies and flowers that tend to sprawl.
- Plant asters and pansies for fall bloom.
- Mulch beds with leaves or composting mulch as soon as the soil warms up.
- Stake dahlias and gladiolas when you plant them to keep from damaging their roots later in the season.
- Pinch back foliage ends of mums, a 1/2 inch every 2 weeks.
- Fertilize roses now.
- Harvest daily from asparagus plants in patches at least 3 years old.
- For autumn harvest, plant bush beans, Brussels sprouts, and late cabbage.

The Ontario Horticulture Society annual convention is in Kitchener this year. Lots of speakers and activities.

Check it out!!! <a href="http://www.gardenontario.org/sho/spe.php">http://www.gardenontario.org/sho/spe.php</a>

Keep your fingernails and knees dirty!

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### Thanks to our many GENEROUS SUPPORTERS who helped make the 2016 event on May 19th a huge success!

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Submitted by Robert Price

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Answer from Brain Teaser on page 28

There are six F's—the brain cannot process "OF".





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Why did the bee get married?

- Because he found his honey!

Who protects the Queen Bee?

– Her Hub-bee.



What do you get if you cross a bee with a door bell?

- A hum dinger!

Why did the bee go to the barbershop?

- To get a buzz-cut.







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#### Interesting People ~ Meet Bill Corning

ill Corning was born in Ithaca, New York, and at age three he began creating cartoons and drawings with pencils. His mother noticed his talent and purchased him a coloured pencil set, and his love of art blossomed.

Bill would have loved to have made a career of art but he thought it wasn't a lucrative choice. He did have an interest in biology, so his guidance counselor encouraged him to pursue that path. Most of his education was completed in Rochester (public and high schools), although he took a graduate course in Ohio, and then finished his Ph.D in Rochester. His biological interests eventually led him to research the neurochemistry of learning, neural system properties, and eventually (a big and complicated leap) to the application of computer-based electrophysiological brain data and images in clinical diagnostics.



This piece, *The Pubescent* took 1st prize in 2006 at a Western N.Y. art show.

Bill gave a lecture at a conference in the States, and a week or so later he got a call from the University of Waterloo asking if he would like a job. Bill accepted and in 1969, he, his wife, Gail, and son Jesse moved to St. Agatha, where their

second son, Seth was born In 1975, they moved to Baden at 95 Snyder's Road and have been there ever since.

Bill eventually began working with Ted Ross on

Ellen Street in Waterloo, helping people with brain injuries and depression. In the year 2000 he retired, which gave him more time to focus on his painting, although he did paint quite a bit while working.

Over the years, Bill has painted over 40 originals, some of them selling for over \$1,800. He enjoys working on canvas with oil or acrylics and has painted a number of landscapes, but his true love is focusing on people, especially with social and political issues in mind. Quite often he will take a photograph of a subject and then find a line to work with, creating his own perception of the subject. His favorite subject remains human behavior and situations, an interest that probably derives from travels, work encounters, clinical experiences, and frequent bar visitations.

Bill has had many shows and won many awards, including featured artist, DeLynn Gallery, Franklinville, New York in 2004; 1st prize at the Western New York Art Group show in 2006; and his solo show, Faces in My Mind, Waterloo in 2011. His goal is to get the viewer more cognitively involved, not to produce paintings that don't offend anyone, or appeal because they match wall colours, fit a general

décor, or look good hanging over a couch.

One of Bill's favourite paintings is Niagara Fisherman. He went down to the base of the Niagara River to capture this picture of a spear fisherman at work. Check out Bill's website at corningworksart.weebly.com; his gallery is also open many weekends throughout the summer at 95 Snyder's Road West. Stop by when you see his "open" sign.





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