

Baden Outlook

June ~ July 2010



Serving the GBA since August 2000 with 2,700 copies in circulation.



Keeping the Community Connected

Volume 10, Issue 11

Inside this issue:

Talking With Ed - About Baden	2
Learning the Sport of Archery	6
Baden Birding with Dave & Ken	13
Castle Kilbride: A summer of fun activities	16-17
Adventures in Gardening- with Diana Dart	18
Outlook Baseball Pool Stats	23
Meet Elliot Fung- Candidate for Wilmot Mayor	28
Health & Wellness with Mike Fisher - It's in the	31

©2010 The Baden Outlook

Barry & Pat Fisher
178 Snyder's Road East
Baden, ON N3A 2V6
Phone: 519-634-8916
Email: badenoutlook@hotmail.com
www.badenoutlook.com



BADEN FISHING DERBY GREAT SUCCESS



The fishing derby was successful with great weather and a super crowd. Many were eager to catch that one tagged fish worth \$500, but it's still out there!



Many thanks to the Nith River Wild Turkey Conservation Association who brought this event back to town! This 12 member local group brought a lot of energy and gave their time to provide for the community. They stocked the pond with 500 fish to get our annual fishing derby off the ground, supplied the food and provided an enthusiastic spirit too.

This paper is priceless - Please have one!

Talking With Ed ~



Just Talkin' Baden ~

Farewell to our Feathered Friends - Locals may have noticed that the swans have been removed from the Mill Pond. Although they could be a grumpy bird, as they protected their space, they certainly added a majestic view to the pond. They were spoiled and loved in town and will be missed. The SPCA removed the swans on Monday, May 17, due to health concerns and they were relocated to a safer and more controlled environment.



A Confused Goose – Speaking of waterfowl on the pond... A goose has made a nest on the creek behind the Baden Farmer's Market. We are not sure who the father is but the swans were captured in a photo behind the nest. Could there be adultery happening or simply fowl play?



Say Good-Bye - We say good bye to Wendy at 'My Pet My Home' as they close the doors at the end of the month. Watch for her closing sale —*Jack will miss you!* "For those who were our customers - We thank you for your business and will miss seeing you and your dogs" -Wendy

What a Day – It was a carnival-like atmosphere during the Baden Annual Garage Sale on Saturday, May 29. The weather was beautiful and it was great to see so many participants conversing with friends and neighbours, and enjoying the day. The event caught the attention of the Mennonites with their horse and buggies on transit to the Mennonite Relief Sale. We picked up some super deals – not sure if we needed them but it was still great – can't have too many treasures!

Here we go again – This is the third consecutive year that Baden has to cope with slow traffic due to repaving, which is taking place on various heavily travelled streets. I guess it leads to that saying; 'there are two seasons in Canada – winter and paving'.

W-O's Relay for Life - The third annual Relay for Life had students loping off hair, camping in rainy conditions and enduring the walk, all in efforts to raise funds to support cancer. They were thrilled with the response and were able to raise \$110,000 for the Canadian Cancer Society.

What an amazing month of events! Yes, we are a happening community. *Until August, have a great summer... Ed*

New Sweaters for Baden Pirates

Baden Pirates have introduced their new sweaters, which were worn for the first time by the Midget Boys' team on Monday, May 31. The sweaters will be phased into all the other teams over time.



Say bye-bye! - I guess it's no surprise to see the last phone booth in town to go. Its home is at the Baden Library and will be departing soon. Yes, cell phones are making these small structures a thing of the past.

Market Fun Day - The vendors at the Baden Market hosted a Baden Family Day to increase community awareness of the many things our town as to offer. Neil Calhoun had his kids demonstrate the art of Jujitsu.



Yes, summer is here and we want to be outside to garden, camp, play, visit, and rest – to simply stay away from the computer for one month.



The Baden Outlook will not be publishing a paper this July. Till August.. Pat and Barry

EXTRA!! EXTRA!!

There are extra copies of The Baden Outlook available at Teddy's Bakery, Stop 2 Shop (Baden & St. Agatha), Old Fashioned Variety (Petersburg), N.H. No Frills & Sobey's, Short Stop, New Hamburg and Baden Libraries and various businesses throughout Wilmot Township.



The Baden Outlook is a completely independent publication, not affiliated with any other printer, organization, individual or commercial enterprise.



Wow! More exciting destinations as *The Baden Outlook* continues to travel ...



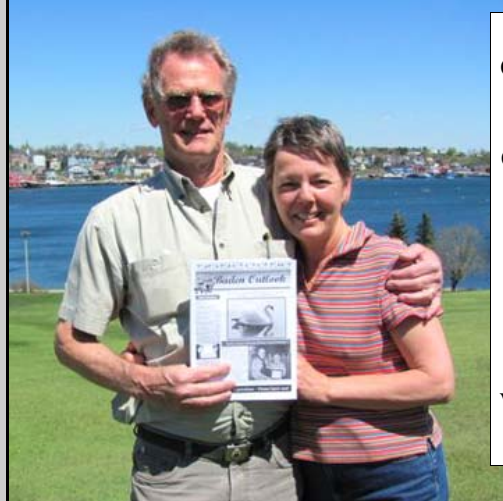
Doug and Julie Mueller travelled to Cayo de Santa Maria (one of the Keys), Cuba with their daughters Mallory and Becky. It was their first family trip to the island and the girls just loved it. Here are the girls on the beach behind a "sign" that Becky made out of sand and seaweed. It became a photo backdrop for lots of other tourists that day too!



Great friends including the Bastos, Harringtons, Kumpfs, Smiths, Marks, and Holmes from Baden and New Hamburg enjoyed a week full of laughs, good times, and wonderful memories at the Dreams Riviera Cancun Hotel, Mexico in April!



Mitchell and Meghan Mueller took Nana and Poppa Pletz to the Gulf Coast in Florida in May. Mitchell and Meghan's parents, Len & Sheri were happy to tag along too!



Larry Hart & Ardythe Campbell of St Agatha standing on the Lunenburg Golf Course with the World Heritage town of Lunenburg's Harbour and waterfront in the background. In the foreground is "The Baden Outlook" of April 2010. We wouldn't ever want to miss it.



Bob & Beth Foote of New Hamburg visited Luxembourg in April and took along the Baden Outlook. This picture was taken in Kusel, Germany at Herschweiler-Pettersheim.



Oliver Pet Care

Sitting Service For Cats

Care for your pets, plants and home while you are away

- ✓ Passionate about Animals
- ✓ Professional & Knowledgeable about Pet Nutrition
- ✓ Insured & Vet Recommended

- Serving the Baden, New Hamburg & Petersburg Area -

Mirela • 519.634.9231 • svigmire@hotmail.com

Baden Minor SoftBall Provides Batting Cages

Baden Minor Softball had their grand opening of the new batting cages on Monday, May 31. The Board of Directors felt it was time to construct the batting cage, which enables the kids to improve their batting abilities. It is located between the two diamonds at Sir Adam Beck Park. Baden resident, Sean Montgomery played a major part in spearheading the project, approaching sponsors and construction crews as well as doing some of the work himself.



Bob Bontaine loads pitching machine.

The organization will be using a pitching machine that was owned by The Baden Pirates from years ago. The pitching machine was revamped and is capable of throwing balls up to 100 miles per hour. They also have a second portable pitching machine that will be used on either of the two diamonds. With fencing left over from the project they built two backstops for pitchers behind each diamond.

Two years ago the organization purchased magnetic bases, always striving to improve the systems for future players.

Baden Minor Softball now has their own website which can be seen at www.badenminorball.com which lists all their schedules and contacts. They would also like to invite everyone to come to the park to cheer on our home teams.



Alyssa Hild, (age 9 - Squirt) in new batting cage having fun with the pitching machine.

Special Thanks to the Sponsors and Contributors

Traugott Building Contractors	Sean Montgomery
Yirka Contracting Ltd.	Jason Montgomery
Regional Sewer and WaterMain Ltd.	Kevin Winhold
Network Site Services	Ivan Jurchuk
Tarracon Underground Ltd.	Dan Finn
J. Weber Contracting	Scott Simpson
Tri City Concrete	Bob Bontaine
Tri City Aggregates	
JR Auto Services	



Call Kathy for an appointment at 634-5772

Shop-Hours
 Mon., Tues. 9:00-6:00
 Wednesday Closed
 Thursday 9:30-8:00
 Friday 9:00-6:00
 Saturday By Appt.

75 Snyder's Rd. W., Baden



AFFORDABLE

GARAGE DOORS & ELECTRIC OPENERS

Residential Sales, Service & Installation

David Falconer ... Call 519-634-9509

INSULATED PANELS & ENCLOSURES
Great for... shelves, exterior siding, sheds, compounds, interior walls, awnings, under heated floors.

REDUCE, REUSE, RECYCLE

**250 DOORS IN STOCK
 VARIOUS SIZES, COLOURS
 AND STYLES WITH
 SPECIAL DISCOUNTS BECAUSE
 OF VOLUME PURCHASES**

Ask about the 1/2 & 3/4 hp openers in stock



cell 519 591-7191
 bus. 519 662-4900
 fax 519 662-4911
 troyhoerle@rogers.com



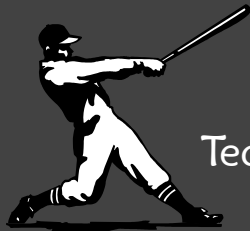
Troy Hoerle
 Sales Representative
www.peakrealestate.com
PEAK
 REALTY LTD., BROKERAGE
 90 Peel St. Unit C, New Hamburg, ON, N3A 1E3

Baden Fire Fighters Annual Ball Tournament & Pig Roast

June 25-26 ~ Beck Park

Come cheer the teams on!!

Dance and BBQ Pig Roast on the 26th
Live Local Band "Otis" Saturday at 6 pm



Tickets are \$10 and
available at
Teddy's Bakery or from
any fire fighter

Thanks for supporting our fundraiser

**New Hamburg
Thrift Centre**
41 Heritage Drive
New Hamburg
519-662-2867



Setting up a cottage? We have everything you need!

Check out our large
selection of:

Furniture
Housewares
Bedding & Linens
Camp Clothes
Puzzles & Games
and more!



All proceeds benefit
the work of
Mennonite Central
Committee

REGULAR HOURS

Mon-Thurs 9:00 am - 5:00 pm
Fri 9:00 am - 8:00 pm
Sat 9:00 am - 4:00 pm

The Waterloo Historical Society Annual Volume: On Sale Now

Are you interested in local history? Then the 2009 Annual Volume of the Waterloo Historical Society is for you!

The WHS has been documenting and researching the history of Waterloo Region since 1912, and has published its award-winning Annual Volume every year since 1913. This remarkable legacy includes a partnership with the Grace Schmidt Room of Local History, an archival collection of documents held at the Kitchener Public Library, and of course the WHS also boasts a number of other publications on local history.

But it's the Annual Volume that members and nonmembers alike look forward to each year. This spring, the volume is of particular interest to residents of Wilmot ... because the 2009 publication (each year's volume is released in the spring, and contains articles written the previous year) features three articles about locations and people of our township's past.

Part Two of Sharalynn Krahn's article about the St. Agatha Orphanage ("Notre Dame of St. Agatha Children's Centre: Part Two") is a significant and detailed study of that important institution. Did you know that the orphanage was founded in 1858? Or that the Sisters raised their own cows to have milk for the children? The article includes a number of fascinating photographs. (Part One of Sharalynn's study, printed in the 2008 WHS Volume, is still available).

Many of you may already know of Marie Voisin's wonderful book *William Scott and His Extended Family*, published last year. Marie began what she calls her "love affair" with William Scott, a founder of New Hamburg, when she and her husband Greg purchased Scott's beautiful stone house on Bleams Road. In her article "William James Scott: Pieces of the Puzzle," Marie explores some interesting details about her research that were not included in her book.

Finally, Teresa Brown's article "The Baden Hotel: A Continuous Landmark Through 135 Years of Change" is an account of the history of The Baden Hotel, now known as E.J.'s Restaurant in Baden. The article outlines the many important roles (in addition to operating continuously as a restaurant and public house) the hotel has played in the community over its 135-year history, and includes a look at the unique painted tiles still on the restaurant's ceiling.

There are many more articles in this year's publication, of course, but if you've never had the pleasure of reading an issue of the WHS Annual Volume, then this is the year that no citizen of Wilmot can miss. The Volume is available at Upper Case Books in New Hamburg; check out the WHS web site at www.whs.ca for more information about the organization.

TEDDY'S BAKERY

Ryan & Stacy Waters
55 Snyder's Road W.,
Baden, 519-634-5225

Restaurant & Catering - Open 7 days a week
ICE CREAM & SLUSHIES * FRESH HOME MADE BAKING!
Check out our seasonal strawberry pies, tarts, tortes



Father's Day—June 20
Big Breakfast Special & free gift



Hours: Mon-Sat 7 am - 10 pm, Sunday 8 am - 10 pm



Reserve now for Father's Day ~ June Feature- Surf & Turf Special
 Soup or salad, 5 oz flat iron steak, 5 oz lobster tail and dessert

Hours of Operation

Lunch -11:30 am to 2 pm Tuesday through Saturday
 Dinner Reservations - 5 pm to 8:30 pm Tuesday through Sunday
 Sunday Brunch -11:30 am to 2 pm, Dinner 5 pm-8:30 pm



17 Huron Street, New Hamburg, ON N3A 1K1
 (519) 662-2020 or waterlot@waterlot.com

Archery Day with N.R.W.T.C. A.

The Nith River Wild Turkey Conservation Association (NRWTCA) hosted an archery session with over 25 youths in attendance at the home of Jim Boshart on Christner Road. The kids were split up into two groups: the first group being trained to build their own arrows by Baden resident Bob Bontaine (*which were generously donated by Bob*) and the second group had target practice supervised by Chuck Bender, Bruce Boshart and Jim Boshart. After a lunch break the two groups switched.

The target practice segment had three stations. The first had a screen set up with targets in front, the second had jugs hanging from ropes and the third was a wild boar run which had a 200 foot cable on an incline with a sack tied to it.



The organization's focus is to teach these youth the skills of archery as well as proper handling and safety of the equipment. The courses are completely paid by the NRWTCA as there is no charge for membership. The International Federation gave the local group \$1,500 to start up - \$3,000 was spent on bows alone with all other costs covered by the local chapter. The local group hosts their own fundraising events – their largest being a dinner at the New Hamburg arena in May.

During the summer months the group will meet every second Sunday from 6:30 p.m. to 8:30 p.m. and in the fall they will meet every Friday night in the old New Hamburg Arena.



**affordable in-home
 computer service**

PC and Mac repairs, virus cleanup,
 networks, consulting and more!

Office: 519-342-3480
 eMail: service@micrologics.ca
 Web: www.micrologics.ca

Petersburg, Ontario



HAIRWORKS



Summertime ~ Are you ready?

*Waxing, Tanning, Ear Piercing
 or a Fun New Hair-do*

36 Snyder's Road E, Baden 634-5140

The summer season is upon us, which for many individuals, means spending time outdoors and becoming more physically active. Whether you're an aspiring athlete, a serious nature lover, or someone who enjoys fun in the sun, there are special precautions that need to be taken to protect your body during the summer season.

1. Drink plenty of water: The body's water supply is responsible for many important functions such as digestion, controlling body temperature, and protecting our joints by providing lubrication and cushioning. In warmer temperatures, we lose more water from the body through increased perspiration. The consequences of inadequate water intake/dehydration may include: headaches, fatigue, digestive problems, joint pain, muscle pain and cramping. Therefore, special care should be taken to replenish fluids lost during the summer season. Limit diuretics such as caffeinated and alcoholic beverages which actually drain the body of water.

2. Get just enough sun: Appropriate sun exposure can provide many health benefits associated with the natural production of Vitamin D. Avoid sunburn which is a result of overexposure to the sun's UV radiation and can contribute to certain skin cancers, and a premature aging and wrinkling of the skin. To protect yourself, apply sunscreen regularly, wear a wide-brim hat and light-colored clothing that covers your exposed skin. Your eyes should also be protected with UV blocking sunglasses. Outdoor activities and sports should be limited to the early morning or late afternoon when UV rays are not as strong. Be cautious on cloudy days, as your skin is

still susceptible to burn under these conditions.

3. Think safety first: Water sports and other outdoor activities should always be performed with safety in mind. This means wearing a life jacket in deeper water or if you are not a strong swimmer. Parents should always keep a watchful eye on young children around water. Diving into shallow or unknown waters should never be performed in order to eliminate the chance of serious spinal injury. Running on pool decks may result in serious slip and fall injuries. When bicycling or in-line skating, be sure to wear bright reflective clothing and protective headgear. Wearing appropriate footwear for the activities you are performing will give you balance, support, and protection.

4. Prepare your body for activity and exercise: There are many activities made more enjoyable during the summer season such as gardening, walking, running, swimming, canoeing, bicycling, and golfing to name a few. Prepare your body for physical activity by stimulating the joints and muscles, and increasing blood circulation with a proper warm-up. If you have been inactive for a period of time, gradually ease into activity and take it slow.

Following the above rules and safety tips can go a long way in protecting your body during the summer season. From all of us at the New Hamburg Wellness Centre, have a safe and enjoyable summer!

This article is a basic summary for educational purposes only. It is not intended, and should not be considered, as a replacement for consultation, diagnosis or treatment by a duly licensed health practitioner.

Baden Feed & Supply Ltd.

76 Mill St, Baden Ontario N3A 2N6
519-634-5474 / 1-800-265-2365

We are hosting a
Horse Consignment Yard Sale
Saturday June 26th
8 am to 2 pm.

YEAR END SALE
JUNE 21 TO 26 -- 25% OFF
SELECTED STORE ITEMS

*We now have a person on the road once a week. Please call 519-634-5474 or email counter@badenfeed.com to arrange a meeting, for anything horse related.

Hours: Mon.-Fri. 8-5:30, Saturday 8-12



Sharilou Zister-Schagena
Sales Representative
"Bringing Home Results"




What is your home worth???

For a FREE no obligation Market Evaluation phone me Direct at 519-635-1276
OR
Go to my website www.sharilou.ca
Click on "Sellers Resources—Contact us about selling a property"

Keller Williams
Golden Triangle Realty Inc
Brokerage
Independently Owned and Operated
9-871 Victoria St N. Kitchener

Buying a new home? Refinancing?
Call **Mark** for all your mortgage needs. Direct 519-589-5026

Office: 519-570-4447
Direct: 519-635-1276
Email: sharilouz@gmail.com




All Flowers & Charm
Flower Shop



Melissa Rabbets
(519) 662-2062 1-888-291-2221
www.allflowersandcharm.ca
129B Peel Street, New Hamburg, ON N3A 1E7
Keeping New Hamburg Blooming

THE SUN SHONE FOR THE ANNUAL MENNONITE RELIEF SALE

The New Hamburg Mennonite Relief Sale which took place in the beautiful sunshine on the fairgrounds, and in the historic arena and grandstand on May 28-29, was indeed fun for the whole family. Hundreds enjoyed one of Canada's largest handmade quilt auctions where seat sales were up by 25% from 2009. Quilt #205, "In the Stars His Handiwork I See", made by the Soul Stitchers of Kitchener and quilted by Irene Freeman of Elmira, brought the highest bid of \$6400.00. There was scrumptious food of many Mennonite traditions: fleisch piroshki, verenki, teaballs, apple fritters, pupusas, spring rolls, pork-on-a-bun, homemade ice-cream and fruit pies.



The famous strawberry pies raised over \$15,000.00 and other pies including shoofly pie, brought in an additional \$20,000.00. Heritage plants and flowers raised over \$10,000.00. Children enjoyed the inflatable bouncing castles, mini auction and entertainment such as Paul Behnke and Hooper the Clown. The third annual Run for Relief (5 km) was a huge success. A busload of people from England arrived early on Saturday morning about the same time as a busload from Oakville and from Aylmer. All merchandise and services were donated, as always. An estimated 2000 volunteers donated time, expertise and resources. A crowd of over 15,000 people was in attendance. All proceeds, over \$330,000.00, was forwarded to Mennonite Central Committee. Since 1967 over \$14 million has been raised by Ontario Mennonite Relief Sale Inc. Visit our website at www.nhmrs.com

STOP2SHOP

~ Baden's Uptown Variety ~

More great deals! - Always happy to see you!!

118 SNYDER'S ROAD EAST,
BADEN / 519-634-5269

Postal Service Hours:
Monday - Friday 9 am-6 pm
and Saturdays 9 am -2 pm.



Wonder Hotdog &
Hamburger Buns

\$1.49 Limit 2 per coupon until July 31

Propane Exchange

\$19.99



Limit 2 per coupon until July 31

Pop - 8 pk cans

\$2.99



Limit 2 per coupon until July 31

Parlour IceCream

\$3.99



Limit 2 per coupon until July 31

Baden

5th
Annual

Family Fun

Day

Dunk
Tank • Games •
Draws
Clowns • Magic •
Puppet Shows •
High Striker •
Ponies •
Prizes • More!

**Food !
Fun !
Family !
Free !**

Fantastic !

**June 19
12:00-3:00**

Beck Park

Sponsored by:
Westhills Fellowship
Wilmot Mennonite Church
St. James Lutheran
Steinmann Mennonite
Supported by The Baden Outlook



AC Tire Sales & Service

24 Hour Mobile Service

1413 Gingerich Road,
Baden, ON. N3A 3J7

(519) 662-4990 • Fax (519) 634-5576

St. Agatha 9th Annual Strawberry Fest

Saturday June 19th, 8 a.m. - 4 p.m.
St. Agatha Community Centre



What's the best way to promote our local farmers, help our local business owners, fund community projects, and have a great time?!

Kick off summer with locally grown strawberries & great community friends! Enjoy the live music, eat up the pancake breakfast or barbecue lunch. Devour some freshly baked local strawberry pies or cool off with a refreshing strawberry milkshake! Don't forget to pick up some locally made strawberry jam on your way home from this splendid Strawberry day...

Bring out the whole family! There's something for everyone!

EVENTS: Live Music ~ Talent Show
Strawberry Dessert Baking Contest
Silent Auction and Raffle ~ All-day Unique Wheels Show
Construction Equipment Skills Contest
... And of course, a beverage area to relax and socialize!
BBQ lunch will be available from 12 - 2 p.m.

TONS OF FUN FOR THE KIDS TOO!
Games, Face painting, Petting zoo, pony rides and more!
Contact: strawberryfeststagatha@gmail.com
www.stagathastrawberryfest.com (519) 699-6063

Wilmot Jujitsu

Professional Self Defense
13 Foundry Street, Baden
(519) 590-4946 - www.wilmotjujitsu.com



JUJITSU - Gentle, Effective, Balanced
Offering: - Escapes, Joint Locks, Controls,
Pressure points and weapons.



A practical Self Defense Art

Instructor: Neil Calhoun

Training for Children and Adults!
Friendly, Disciplined Atmosphere, Serious Training,
Physical, Mental and Social Development.

Wilmot Jujitsu is pleased to offer **Ninpo Bugei**
(Traditional Ninjutsu) to the program.
Classes will be held from 7:15 - 8:15 p.m.
on Tuesdays and Thursdays and is
open to ages 14 and up.
Please see the following website for more
information. www.genbukan.ca



Pick up/drop off at Teddy's Bakery - Tues & Fri.



Coin Laundry -
7 days a week,
7 am - 10 pm

157 Peel Street, New Hamburg (519) 662-1221
Dry Cleaning - Laundry Services - Alterations

Formal Wear - Casual Wear - Outer Wear - Shirts - Linens - Bedding - Drapery - Suede and Leather



Hours of Operation:
Monday to Wednesday
10 am to 5pm
Thursday 10am to 6pm
Friday 1am to 7pm
Saturday 9:30am to 3pm

Phone: 519-662-6720
Fax: 519-662-6719
E-mail: service@focuscomputers.ca

WE CAN HELP!

JUST CALL FOCUS COMPUTERS

Our computer technicians will
come to your house or bring it to
the shop for service or repairs

We sell new and used systems,
accessories, laptops, monitors,
printers. Come check us out!

FOCUS COMPUTERS IS NOW A REGISTERED ADP VENDOR!



73 Peel Street, New Hamburg, ON, N3A 1E7
CELEBRATING 15 YEARS IN BUSINESS

A Message From Waterloo Regional Police

Sergeant Don Scott of the New Hamburg Detachment of the Waterloo Regional Police would like to remind everyone to lock their cars all the time. During the Victoria Day Weekend the local police were called out to twenty-auto theft calls in Wilmot Township.

These types of thefts are called "Crimes Of Opportunity". Thieves will walk up and down driveways and cars that are unlocked or have valuables left in them will be a target. Each break-in consumes one hour of a policeman's time plus a lot of grief for the owner. In two of the break-ins spray paint was sprayed in the vehicle.

We all like to think that these types of crimes happen in cities, but it does happen in Wilmot Township. These crimes, for the most part, are totally avoidable. Lock your cars and don't leave valuables in them.

It was also reported that on Sunday May 23rd, 2010 in the evening, someone stole two lawn gnomes from a front yard, one was a personal valuable gift. You know who you are, so please quietly return them and it would undo the wrong you committed.

A Caring Community: Respecting Elder Rights

Aging with Honour, Dignity and Respect

You are invited to attend a FREE
Community Workshop

Wednesday, June 23, 2010
1:30-3:30 p.m.

Nithview Community Auditorium
200 Boulee Street, New Hamburg
Refreshments Provided

Parking available in lot directly across
from Nithview or along Boulee Street



Featuring: Harmony Interactive Theatre Troupe
Waterloo Region Elder Abuse Response Team

Through interactive drama and dialogue, the audience will consider elder rights within our community and prevention strategies for personal well-being. The community is pivotal to preventing and resolving elder abuse and respecting elder rights.

Hosted by the
Wilmot-Wellesley Family Violence Prevention Program
With funding provided by the Ministry of Community and Social Services
via Wilmot Family Resource Centre

To Register, Contact Karen at 519-662-2731 ext 201 fvpp4wfrc@bellnet.ca



Mountainview Homes – Now in Baden!
3 Models to view – Visit us at 4 Michael Myers Rd
Tuesdays 4 – 7 pm, Sat & Sun 1-5pm or by appointment

Wilmot Township Resident for
over 15 years.
Professional and knowledgeable
Real Estate Services for Buyers and Sellers.



Melodie Mensch

Sales Representative

Office: (519)662-4900

Cell: (519)591-4450

mmensch@rogers.com



Not intended to solicit those already under contract

"Get It Together" ...with Donna & Rhonda



This month we continue our 5 part "HEART" series. These five steps, when completed in order, are what we consider to be the backbone of organizing.

These are the steps in the process that we have learned so far:

Step one is **H - Handle & Sort** (See April issue of the Outlook for more details)

Step two is **E - Evaluate** (See May issue of the Outlook for more details)

This month we will learn about **A - Assign a Home**. You have heard us share the phrase "everything needs a home" . . . well, this is the step in which we assign a home for all the items we have decided to keep. One of the most important things to consider is accessibility. As each item is assigned a home, it should be easy to retrieve and easy to put away. We also need to avoid stacking. We might have a neat stack of containers but what happens if we need to get into that bottom bin to put something away? It will end up sitting on top of the top bin or on the floor beside the stack because we can't be bothered to unstack everything to get in the bottom bin. Our suggestion would be to invest in some good shelving to avoid stacking. Labelling is another important step in assigning a home. Ideally, we would love for you to label the bin/container AND the shelf it sits on, so once again it is easy to return when you are all finished. Labelling promotes independence and we have a realistic expectation for EVERYONE in the family to know where the home is and then return it when they are finished with it! Remember . . . everything needs a home!"

In order . . . to live a life of purpose

Visit www.heartofthematter.ca for more tips.

Dr. William Slinger
Dental Office 519-662-3510

Family & Cosmetic Dentistry
"Good Things Start with a Smile"

New Patients Welcome

Serving your community since 1977

Let US Help Take Care of YOU!

Live Well
Massage Therapy
LiveWellMassageTherapy.ca

Sarah Scott, RMT 26 Foundry St. Unit 1, Baden ON
By Appointment **519 634 9819**

Mariko Ogasawara

Registered Reflexologist **519-634-8935**



Reflexology: Relieves tension
Improves circulation
Promotes natural healing

Reflexology Association of Canada
Reflexology Registration Council of Ontario



White Orchid
Skin Care & Nails

Over 14 Years of Experience
Call Carrie
519-634-8436

*The summer is
here and time
to show off
those toes!*



HERBALIFE
Independent Distributor

Lynn Moore
Independent Distributor

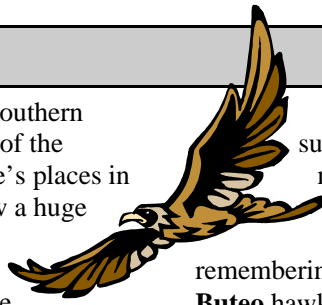
TEL 519-505-2469
FAX 519-634-5557

moore2000@rogers.com
www.herbalife.com

Protect Your Skin This Summer
With SPF15 & Vitamin Nutrient
10% Discount on First Order

BADEN BIRDING

By Dave Rogalsky and Ken Quanz



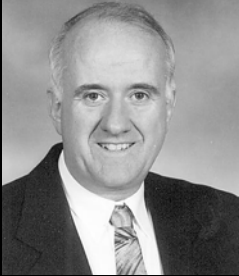
In the middle 1980s I was living in southern Manitoba. As the Associate Pastor of the congregation I got to drive out to various people's places in the country. I still remember the day when I saw a huge hawk in a field belonging to a congregational member. I mentioned it to him on Sunday. His answer caught me by surprise: "I don't think we realize how close we came to doing away with all of them." In further conversation he mentioned the banning of DDT and the subsequent slow return of birds and animals to the prairie.

Rachel Carson wrote the book *Silent Spring* in 1962 but it took a few more years before people believed her premise – we were poisoning the birds to the point that some spring there would be no robins or meadow larks singing in our trees or fields. In Andy Bezener's *Birds of Ontario* he notes "now that the use of DDT has been banned throughout North America, Cooper's Hawks are slowly recolonizing former habitats in southern Ontario" (p. 93). Bezener was writing in 2000, 38 years after Carson wrote and 31 years after the 1969 Canadian ban on DDT.

The problem with chemicals is that they concentrate in animals which are higher in the food chain. Rodents will ingest some but store it in their system. Hawks will eat the rodents and get higher doses. It has taken them much longer to rebound. My son studies at the University of Waterloo. He noted that when he got there in 2001 there were many slow moving, fat squirrels on campus, and no hawks. By 2009 there were fewer, skinny and fast moving squirrels, and the hawks were back.


So when you watch the hawks circling on a hot summer day, or skimming across the fields at break-neck speeds, remember how inter-related they and we are.

When identifying hawks it is always worth remembering two key points: location and general body shape. **Buteo** hawks are broad-winged, high-soaring hawks, usually seen perched or flying in open areas where they hunt their prey. During the spring nesting period you will often see them being harassed by small birds which are protecting their nest sites. The most common local Buteo is the Red-tailed Hawk. **Accipiter** hawks are low-flying, woodland hawks with short wings and long tails which help them increase their speed and agility. Look for these hawks in forested lands, along forest edges, and near your bird feeder as they hunt for small rodents and song birds. All three species, Sharp-shinned Hawk, Cooper's Hawk, and Northern Goshawk are well represented in Wilmot Township. Osprey, a fish eating hawk, is almost always seen nesting and hunting along rivers. These birds are slowly recovering in numbers in our area. The most common member of the **Falcon** family in Wilmot is the American Kestrel, often seen perched on hydro and telephone wires along roads where the grassy areas support higher populations of small rodents and insects. These small hawks have long wings which are bent back like a fighter jet with which they share the ability for great speed. Other members of this family include the Merlin and the Peregrine Falcon, both rarely spotted in Wilmot.

	GIC Rates as of June 11, 2010			TERMS AVAILABLE FROM 30 DAYS AND UP
	1 YR	3 YR	5 YR	
	1.7%	3.25%	3.9%	

All companies are C.D.I.C. members.

The best choice is here®



DOUG WAGNER, CFP
FINANCIAL ADVISOR
662-4001



**NEW HAMBURG
LICENCE OFFICE**

100 Mill Street, Unit B,
New Hamburg, Ontario N3A 1R1

Deb or Les Armstrong **Ph: (519) 662-3420**
Fax: (519) 662-4788



**RIVERSIDE
LANES** 

182 Union Street, New Hamburg

REASON #5 TO GO BOWLING

There are hundreds of reasons to go bowling - like parties. It's easy on your wallet, and fun for everyone!
So throw a party you'll all love!

Just another reason to GO BOWLING!

Public bowling available on weekends -
Cosmic or Regular - call for times.

Call now to book your lane at
519-662-1938

Summer's here! And at the WHFB, we're excited about the many events ahead ... and a very special milestone that takes us back.

First, the events:

Summer is the time for community events and parades, and this year is no exception. By the time you read this, our trucks will already have appeared at the Baden Market's Community Day on May 15th, the New Dundee Victoria Day Parade on May 24, the Baden Public School's Community Barbecue on May 27, and the Waterloo Region Muster at Doon Heritage Crossroads, May 29th.

Quite a busy start to the season! But if you missed any of those opportunities to see our antique trucks, don't despair! Check out these upcoming events for your next chance:

- St. Agatha Strawberry Festival: June 19**
- Canada Day in New Hamburg: July 1**
- Moparfest in New Hamburg: August 21 and 22**

And of course, don't forget that our summer hours are now in effect. That means, in addition to dropping in **any Wednesday evening (6:30 - 8:30 p.m.)** to see our firefighting museum, you can also enjoy our trucks, uniforms, sirens, photographs, and more on **Saturdays from 9:00 a.m. - 1:00 p.m.** The museum is behind the Baden Fire Station and admission is always free.

Finally, a very important milestone. In April of 2010, WHFB member **Ray Cook of New Hamburg** marked 70 years of driving the **1935 Bickle**, a New Hamburg Fire Department pumper that is still in the WHFB collection today.

When 18-year-old Ray Cook joined the New Hamburg Fire Department in 1940, the beautiful Bickle Pumper was only five years old. One of Ray's first responsibilities was driving the truck, and he continued to do so during his thirty-four years with the department. Ray became Chief Engineer, and then Captain. In 1972 he received the Ontario Long Service Medal from Ontario's Attorney General.

Today, the 1935 Bickle is a favourite amongst the WHFB museum's visitors and is always a hit at local parades and community events. And Ray is a hit too, as he continues to drive the truck. By sharing his memories and by his willingness to teach others about the fire service (and of course about his beloved Bickle), Ray Cook is a proud ambassador of the Wilmot Fire Department's history.


Congratulations Ray, from all of us at the WHFB museum -- and from generations of Wilmot citizens who thank you for your tireless service.




(Questions about the WHFB? Contact Kenton Frey at 519-634-8580, or visit our web page at www.whfb.ca)

BADEN

DENTAL CLINIC



Dr. Rick Pereira
BSc, BA, DMD







For an appointment, please call
519-634-1112
26 Foundry Street, Baden

Nancy & Dr. Rick Pereira

- ❖ Emergency patients always welcome
- ❖ Evening appointments available
- ❖ Complete family dental care

Conveniently located close to home

We welcome new patients

J.R. Auto Service

SERVICE & REPAIR TO ALL MAKES & MODELS
HIGH PERFORMANCE MODIFICATIONS

JIM ROTH

1439 Gingerich Rd., Unit B-1,
Baden, ON N3A 3J7

PH (519) 634-5986 FAX (519) 634-8667

Elwood Painting | Artisan

Is now a Sears Painting Service Licensee
519-897-5838

- * Interior / Exterior
- * Call for free estimate
- * Fully Insured
- * All major credit cards accepted
- * Inquire about our finance program



How Well Do You Know Canada?

Email Submission by B & J Price



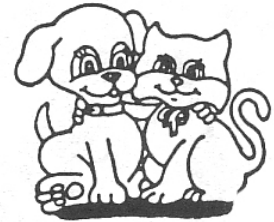
Happy
Birthday
Canada!



1. What is the name of Canada's spoof political party?
2. A Calgary red-eye is...
3. Some words for school supplies that are unique to Canada?
4. Which is not a level of amateur sports?
5. A slang name for a piece of land promoted as having mining potential that is in fact worthless...
6. A slang name for a beer belly is...
7. The revenge of the cradle is...
8. Newfoundland cake made from rice, pork and molasses is...
9. How many Provinces and Territories are in Canada?
10. What is Canada's latest Territory?
11. If you visit Atlantic Canada but are not from there, you're a?
12. A New Brunswicker is a Herring _____?
13. Who was Canada's only female Prime Minister?
14. Where is Canada's highest waterfall located?
15. What Alberta city is divided between 2 provinces?
16. Where in Manitoba is Canada's only seaport on Hudson Bay?
17. When did Canada adopt the Maple Leaf for its Canadian National flag?
18. Mile 0 of the Trans-Canada Highway is situated in which Canadian city?
19. Where did the greatest one-day snowfall in Canada occur?
20. Where did Canada's oil industry start?

Answers on page 27

Nith Valley Animal Hospital



FULL VETERINARY SERVICES
FOR YOUR PET

78 Huron Street, New Hamburg
Phone: 519-662-2749

24 Hour Answering for our clients.

HAVE YOU HEARD? Currently funeral related expenses are subject to the 5% GST
On July 1st, 2010 ALL funeral related expenses will become subject to the 13% HST

HOW CAN THIS TAX BE AVOIDED?

Government legislation is allowing 5% Tax only on Funerals pre-paid BEFORE July 1, 2010

This means that Funerals can be pre-paid at today's prices and will only be subject to the 5% Tax no matter when the death occurs, effectively saving 8% Tax on funeral related expenses at the time of need.

WHY ARE WE TELLING YOU THIS? 1. This IS a way to significantly SAVE on funeral related expenses.
2. We know that people will NOT be happy when the 13% TAX takes effect. We are making an effort to warn people of this change and how it can be avoided. The choice is up to each family to decide.

WHAT SHOULD I DO? We have pre-arrangement information available and can sit down with you to discuss information and options either at the funeral home or in your own home.

Independent. Family-Owned. Compassionate. Flexible. Service with Integrity and Dignity.
"Our Family serving Your Family"

Ellen, Trevor, Mark & Karen Jutzi, Amanda Donaldson and Andrew Koch, Funeral Directors

Mark Jutzi Funeral Home New Hamburg

291 Huron St., New Hamburg N3A 1K2 519-662-1661 www.markjutzifuneralhomes.ca

SUMMER MUSIC AT CASTLE KILBRIDE

By Teresa Brown

Imagine a beautiful summer evening, sitting outdoors with friends and neighbours under the trees. Imagine the warm sun slowly setting and birds peeping softly as they settle in for the night.

Now imagine that lovely setting with the addition of outdoor music, played by live performers on the front lawn of our Township's most beautiful landmark.

This summer you can enjoy such a perfect evening on select Thursdays in July and August, as Castle Kilbride presents their Castle Concert Series, featuring four different acts and a wonderful variety of music, from Caribbean and folk, to Classic Rock and Canadian East Coast!

The summer line-up is not to be missed and includes much local talent:

~ On **July 15** hear the **Traces Steel Band** featuring Joe Lowell. Anyone who has heard Caribbean-style steel drum music will know how much fun this lively musical style can be; and for the Castle Concert, Joe just might invite some audience participation! Visit the Traces Steel Band at www.traces.com/tsb_about.htm

~ On **July 29** enjoy the alternative folk-rock sound of **Vanyah**, a musician from Baden (his full name is Vanyah Venhuizen). Vanyah has played many venues in Waterloo Region and beyond, and is looking forward to playing a gig in his adopted town. Learn more about Vanyah and hear his music at www.myspace.com/vanyah

~ On **August 5** get ready to tap your toes to **The Shananigans** as they wake up the town with their Irish/

Scottish/East Coast tunes. The band was led by Chris Whelan until he passed away; now his son Chris Junior has picked up his dad's accordion and started things rolling again! Check them out at <http://www.shananigans-band.webs.com/>

~ And finally on **August 19 Aphrodite's Bodice**, a local Classic Rock and Blues band, will rock the summer night for listeners. This popular group has played at the Kitchener Blues Festival, "Rocktoberfest 2008" and the Harry Potter Festival. Visit these talented lads at <http://www.aphroditessbodice.com/homepage.htm>

But even before the Thursday night series begins, don't miss the **New Hamburg Concert Band** on **Tuesday June 22**. This well-loved band will take you back to the days when community bands played at town squares and bandstands: a great opportunity to re-live those days -- or enjoy them for the first time!

All concerts take place on the front lawn of Castle Kilbride from 6:30 - 8:00 p.m. and admission is by donation. Castle curator Tracy Loch says, "We wanted to bring the community together in a traditional way and the Castle is the perfect central location." She reminds everyone to bring lawn chairs to the evenings and, of course, to bring all your friends: because live music is for everyone, especially when it's played in your own backyard!

Visit Castle Kilbride's website at www.castlekilbride.ca, or call Castle Kilbride at 519-634-8444 for news of this year's exciting array of events and exhibits.





Annuals
Perennials
Hanging Baskets
Planters
Vegetables
Flowering Shrubs
Fall Mums
Poinsettias

COLOUR PARADISE

GREENHOUSES & GARDEN CENTRE



TO NEW HAMBURG HWY 788
BLEAMS RD. OTTAWA ST.
1209 BLEAMS RD MANNHEIM CP
TRUSLER RD. FISCHER-HALLMAN

*For quality flowers, shrubs and vegetable plants
grown by your neighbourhood greenhouse.*

**Join our
newest group!**



**Find us on:
facebook.**

June Hours: Mon. - Fri. 8-8; Sat. 8-5; Closed Every Sunday
Summer hours are posted on our website.

COLOUR PARADISE GREENHOUSES AND GARDEN CENTRE
1209 Bleams Road, Mannheim T 519.745.0200 www.colourparadise.com

SUMMER CAMP AT CASTLE KILBRIDE

Two weeks to choose from: **July 5-9 OR July 19-23**
A different theme each day!

Cost: \$30 per day or \$140 per week

Time: 9 a.m. - 4 p.m. / Ages: 5-11

Pre-registration is required

Themes: Treasured toys, Me in 3D, Exposing the Flax, Once Upon a Castle and Detective Day.

Wonderful Wednesdays in August

Come for just one Wednesday, or sign up for all four!

August 4, 11, 18, 25

Time: 9 a.m. - 4 p.m.

Cost: \$30 per day / Ages: 5-11

Pre-registration is required

Join us every Wednesday in August for frolic and fun. Each week has a different theme.

August 4- Bubble Trouble. Sometimes bubbles can make trouble, but our lives would STINK without it. Make soap, bubble painting and bubble blowers.

August 11- Old Time Picnic. A step back into easier times, fun games and ice cream.

August 18- Eww, that's Gross

August 25- The Pride of Kilbride. Kids will be indulged in being the King or Queen for a day



TIMELESS TOYS EXHIBIT

April 3 – December 30, 2010

Teddy bears, trains and trucks- oh my! Feel like a kid again by visiting this exhibit that will feature treasured and timeless toys from the late 1870s to the 1990s.

IMPRESSIVE ILLUSTRATIONS:

(The CANSCAIP Travelling Collection) Exhibit

May 4 – August 29, 2010

Leaping from the pages of your favourite Canadian storybooks!

The CANSCAIP Collection (Canadian Society of Children's Authors Illustrators and Performers) is a travelling art exhibit of illustrations created for Canadian children's books. The Collection consists of 35 pieces of original art by 35 illustrators. All of the artists are members of CANSCAIP and work professionally in the area of children's culture. All of the artwork has been published in children's books and, whenever possible, a copy of the relevant book is provided for display. The CANSCAIP Collection offers the public an opportunity to enjoy the richness of the original artwork, and to appreciate the wide variety of media and techniques used by the artists. The viewer also has an opportunity to gain some valuable insights into the process of putting together an illustrated children's book

"ON A SILVER PLATTER..." TEA & TOUR

Offered to groups or individuals pre-registration is required.

Dates offered: June 21 – 25, 2010

Time: 10 a.m. – 11:30 a.m.

Capacity: 25 people

Cost: \$15 per person

Guests will be treated to an in-depth tour of the Castle. Then guests will be indulged while the maids of Kilbride serve you tea and goodies brought to you on a silver tray.

SAMPLER SUNDAY

Time: 1 p.m. – 3 p.m. / Cost: with regular admission

July 4 – Timeless Toys Exhibit

July 25 – All the Facts about Flax

August 1 – Maid to be of Service

August 15- Bricks & Belvedere (Architectural tour)


FAIRIES & FROGS:

FAMILY KNIGHT AT CASTLE KILBRIDE

July 16, 2010 / Time: 7 p.m. – 9:30 p.m.

Cost: \$7 per person or \$25 per family of 5

Do you love fairytales? We do too! We are calling all Princes and Princesses for fun and frolic on the front lawn of Castle Kilbride. Come dressed as your favourite storybook character and meet some of ours! Tour the Castle, come face to face with bearded dragons and more! Cost is \$7 per person or \$25 per family.



Hopper Passes

Hopper passes give you the *flexibility* to choose **WHEN, WHERE, and HOW** you want to workout!

◆ Boot Camps ◆ U.F.C. ◆ Running programs ◆ TRX training ◆

LYDIA'S BOOKKEEPING & INCOME TAX SERVICE

20 Years + Experience (Open Year Round)
Monday to Friday 9-4 or by appointment

Affordable & Professional Services with Reasonable Prices
Free Pick - Up and Delivery

(519) 662-1857 Fax (519) 662-2166

90 Wilmot Street, (attached to the Waterlot) New Hamburg



Creative Beginnings
Childcare Centre

Summer Camp

Parents: ever hear the words "I'm Bored" from your child?? Well not if you bring them to join SUMMER DAYCAMP. We have planned fun-filled days, which include Special Days, Day Trips, Special lunches and much, much more.

AGES 6 - 12 Years ~ JUNE 30 - September 3
MON-FRI 7:00 a.m.- 6:00 p.m.

Cost \$23.05 Per Day Plus a one time registration fee of \$25
Sponsored by:
Creative Beginnings Childcare Centre New Hamburg (519) 662-3854
Creative Beginnings Childcare Centre Baden (519) 634-5223

Livingston Presbyterian Church
Mill & Beck St., Baden hosts their
Annual Strawberry Social
Wednesday June 30th at 5:30 p.m.
The cost is \$6.00 per person



Come enjoy Cake, strawberries,
ice cream and beverage.
Take out orders are available upon request.

SUPPORT GROUP FOR PARENTS

Parents linked with our Community
to assist in the need for Support, Awareness
and Empowerment against narcotics.

Trinity Lutheran Church
23 Church Street, New Hamburg
Martin Luther Room (upstairs)
1st & 3rd Monday of the month at 8 p.m.
Please call 519-662-9555



New Hamburg Skating Club

Summer Registrations now being accepted
Preschool, CanSkate, Junior and Senior sessions offered.
Session runs from June 29 to August 6, 2010.



For more information, please e-mail
newhamburgskating@yahoo.ca,
visit www.newhamburgskating.ca,
or call Karen at 519-634-9337.

New Hamburg Summer Power Skating

1st session - July 19 - 30, 8:00 a.m. - 8:50 a.m.
2nd session - August 16 - 27, 8:00 a.m. - 8:50 a.m.

Cost is \$171.00 per session or \$315.00 for both.
To register or for more information, please contact
Kevin Winter at 519-275-2379.

The Wilmot Family Resource Centre

is seeking silent auction and food donations for the
Annual Summer Carnival Wednesday August 11th,
5 to 8 p.m. Constitution Park on Hincks Street in
New Hamburg

All proceeds raised go to support
our summer programs.

Now seeking event and committee volunteers!
Call 519-662-2731 for more information."



Baden Summer Bible Camp!

Bible Lessons ~ Recreation
Crafts ~ Snacks

Grades JK-6 July 5-9, 2010 9:00-11:30 a.m.

At Steinmann Mennonite Church
1316 Snyder's Road West, Baden



Cost: \$10 per child / \$25 per family
Sponsored by St. James Lutheran, Wilmot Mennonite,
West Hills Mennonite, and Steinmann Mennonite Churches
To register or for questions go to
<http://steinmann.on.ca.mennonite.net> or call 519-634-8311
For program details visit: <http://ebcollege.on.ca/vbs>

Presenting ~ The New Hamburg Concert Band



Sunday, June 13, 2:00 pm
Kirkpatrick Park, New Hamburg

Tuesday, June 22, 7:00 p.m.
Castle Kilbride, Baden

Outside Events - bring your lawn chair

Party Tent Rental

20' x 30' with or without window sides.

New Hamburg Optimist Club
Call Optimist Gary 519-662-2803



*This space is generously donated by Erb
Transport to support community events*

Another Cool Move



Some of us garden for practicality. You know - food on the table and all, vegetables stacked, and canned preserves the whole winter through. Others prepare a garden for curb appeal, to add value to their home with trees, attractive greenery and beautiful blooms. Still others garden for the mood they can capture while immersed there. Maybe it's a stress release after a long day. Digging in the dirt to produce a space that's calming, healthy and serene (not to mention quiet) is soothing to the spirit. Strolling through or lounging near a well-tended, thriving garden is the perfect way to wind down. But what turns your garden into that perfect spot for you?

Why do you feel certain emotions in certain gardens? What makes your green thumb tingle? Or stress level fall? The mood your garden creates is personal and an important factor to keep in mind when designing and planting your landscape.

Intentionally creating a mood in your garden will enhance the joy you feel in that space and keep you motivated to work at it.

What types of moods can a garden generate?

Calming ~

Serenity and peacefulness are two atmospheres for which a gardener can strive. Traditional Japanese gardens are centred around this thinking.

There are certain elements to remember when designing an Eastern garden. Balance is important (things such as scale, placement and symmetry come into play) as is the idea of echoing nature.

Maybe that's what makes these gardens so peaceful. Even when built in the smallest of spaces, they mimic nature - with certain areas representing larger schemes and landscapes. A raked gravel patch, for instance, might be laid out to evoke the ocean or a rolling hill in the yard centred out to seem like a mountain.

Water is an important feature for mood. In Japanese style gardens, there is often a water fall or a stream (a dry rock stream also counts) and you won't see any fountains or "unnatural" aquatic features. Coy ponds are also popular Eastern style garden features.

Beloved Collection ~

On the other end of the spectrum, many gardeners design their space to be overflowing and a feast for the eye. They cluster plants together, have a pot on every available surface, and plant a vast variety of specimens with no apparent order.

Some cannot enjoy this chaos; others rest in it. Leaves spilling over the fence to create a living wall. Flowers stumbling down stairs, almost seeming to be in constant movement. Gardens full to the brim with collector's series and exotics. This type of garden is actually brimming over with passion and gives you a sense of being engulfed by nature.

History Come Alive ~

British cottage style gardens create a distinct mood. Using stone statues, traditional or heirloom plants, and permanent features like flagstone patios and barns as backdrops, this style creates the feeling of romance.

Meadows bursting with wildflowers and fruit tree orchards are typical examples of this style and many gardeners try to duplicate them in their backyard. It may take time to mature, but the feeling this garden will awaken is distinct and a wonderful way to lose yourself for a while.

Walk Through and Feel the Mood ~

What type of mood do you want for your garden? You may have a personalized style or want to create different areas for various moods.

A great way to sample styles and get a feel for what you like is by strolling through other people's gardens. Take part in the Wilmot Horticultural Society's Annual Garden Tour on Sunday, June 27th. Baden is the town in focus this year and you'll have the chance to view some amazing local gardens, getting a sampling of different moods and styles you can create.

Contact Theresa at 519-634-5079 for more information about the Garden Tour. And look forward to getting moody in your garden this season.



RAMER WELDING & TRAILER REPAIR INC.

Any size - big or small! We do lights, wiring, brakes, trailer hitches ~ utility or camper

Call 519-662-3977 or 519-741-4604
154B Arnold Street, New Hamburg

MUSHROOM COMPOST

25 yards delivered for \$300

1 yard picked up for \$20

at Einwechter Elevator &
Groves Greenhouse

Call 519-662-1088

Wilmot Family Resource Centre brings you... Summer Fun !!

Fun Programs for children grades 5K to 6
Monday to Thursday 9 a.m. to noon at the New Hamburg Community Centre.

COST: EACH WEEK OF CAMP IS \$45 PER CHILD...IF YOU REGISTER BEFORE JUNE 1, YOU WILL SAVE \$5 FOR EACH CHILD.
Please note weeks with bus trips there will be an additional \$5 charge to help cover transportation costs.

1. WILMOT'S NEXT GREAT CHEF, JULY 5- 8
Back by popular demand! Mix, measure, stir, work together and enjoy the food you create. We will welcome a special guest chef from the community as well as take a walking trip to New Orleans pizza!

2. FURRY, FEATHERY, SCALY - AMAZING ANIMALS! JULY 12 -15
Could you survive as a bear in the forest, a deer in the woods or a salmon swimming upstream? Become an animal, make some tracks, find food, and learn how to survive in the wild.

3. BLAST FROM THE PAST JULY 19 -22
Experience a morning of fun in the

wild west, the roaring 20s, flash back to the 70s and more.
4. GET READY, GET SET..GO GREEN! JULY 26 TO 29 -
Everyday is EARTHDAY! Have fun learning and discovering new ways to reduce, reuse, recycle!

5. GAME SHOW MANIA AUGUST 3 - 6
If you just like to have good old fashioned fun - game show mania is for you. Catch the excitement!

6. KaBOOM KerSPLAT AUGUST 9 - 12
Be an artist, scientist or an "artscitologist ?" Explore, build, splash and create..a week full of creative discovery and FUN!

7. OCEAN ADVENTURE AUGUST 16 -19
Calling all underwater explorers! Uncover the mysteries of ocean animals, make friends, play games and enjoy marine themed crafts and water fun! Please note we are planning a bus trip to Lions Lagoon @ Waterloo Park, this week there is an additional \$5 charge.

8. HOLIDAY HULLABALU, AUGUST 23 -26
Let's celebrate a different holiday each day! Halloween in August?! .. Why not!

For more information or to have registration forms emailed to you contact Wilmot Family Resource Centre at 519-662-2731 or email: cr4wfrc@bellnet.ca

For more information about these programs or other programs and services offered at W.F.R.C. you can visit our website at wilmotfamilyresorcecentre.com

Teen Fun Zone

Youth Drop-In/Skateboard Park
Helmets are required to skateboard.

Open 3 days per week for July & August
Wednesday, Thursday & Friday,
From 1 p.m. to 10 p.m.
(closed from 6 p.m. to 7 p.m. for supper hour)

For youth from grade 5 to 12
Skateboarding, foosball, air hockey, playstation, Tuck shop and more...

Where? The old New Hamburg Arena, 251 Jacob Street, New Hamburg
Cost? \$30 for the summer or \$2 a day

Please support the advertisers of this paper. We couldn't do it without them!!

Submissions are due on the 1st of each month.



The Baden and District Chamber of Commerce will host the

Annual *BBQ in the Park*

Thursday, Aug 26, 5:30 p.m.

Advanced ticket prices: \$10 for adults
\$5 for kids 12 and under.

Tickets will be available at local merchants.
A limited number of tickets will be available at the gate.

Come and dine with your neighbours - enjoy great food and entertainment

Volunteers are needed the day of the barbecue to help set up.
For more information call Eva 634-8736.



SKOWRON
Decorating Centre
www.skowrondecorating.com

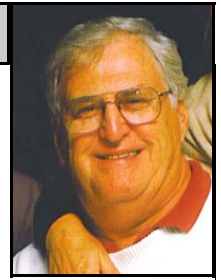


• Custom Window Treatments • Benjamin Moore Paint • Wall Coverings

Reynold & Kathy Skowron

85A Huron Street, New Hamburg, Ontario N3A 1K1
Phone: (519) 662-1142 • Fax: (519) 662-9067

Meet Gregg Murtagh – Candidate for Ward 4 Councillor



Stonecroft resident, Gregg Murtagh has been nominated as a candidate for Ward 4 (New Hamburg) as of May 31. Thus far, there are two candidates representing New Hamburg in this fall's municipal election.

Gregg and his wife Joanne moved here from Ottawa, via Romania, over six years ago. The pair, originally from the Ottawa Valley and Saskatchewan, was living in Bucharest, Romania for over two years; and, after much research on the Internet found their future in Wilmot. Gregg and Joanne had been setting up a college level training system in Romania and upon its completion returned to Canada. They were looking for a smaller, dynamic community in southwestern Ontario that was close to larger urban centres but without 'big city' hassles.

Gregg loves being involved with the community. "I enjoy walking through downtown New Hamburg and have someone call out my name from across the street," Gregg stated. Meeting and greeting is what makes Gregg smile.

In the short time here he has initiated or supported many worthwhile projects. He has initiated the Stonecroft Shopping Guide building strong linkages into local businesses as well as the Stonecroft Charity Golf Tournament that donates \$5,000 annually to the Wilmot Family Resource Centre. He also became involved in a project that sees Stonecroft residents watering the hanging baskets of flowers in the New Hamburg downtown area. He recently became a member of the New Hamburg Lions Club where he has helped out at the Interfaith Silent Auction as well as the 2010 Lioness' Tour of Homes.

Gregg believes that citizens of Wilmot Township pay a

lot of money to various levels of government and we deserve good stewardship for that money. He believes that the previous local government has left Wilmot in excellent shape, but sees new challenges to be faced in the upcoming years. If we manage the challenges and opportunities well, we can make our town even better than it is now. As New Hamburg and Baden grow closer together, careful planning and development need to be in place to ensure that both communities continue to enjoy a wonderful lifestyle.

He would like to continue upgrading the infrastructure in the area, enhance the downtown core of New Hamburg and support local festivals and attractions. But at this point – realizing that he is a new face, he is determined to listen to people and learn from the community.

Gregg is an avid golfer, enthusiastic but not terribly proficient, loves reading (especially history, leadership, government, and political science) and the Blue Jays. Gregg has a background in political science, history, adult education and has completed certificates in conflict resolution and organizational development. He simply enjoys people, is a good listener, and is a compassionate man. He has worked in education, the federal government, the private sector, and is a quick learner. Gregg is worldly and has plenty of life experiences.

Gregg will add enthusiasm and energy to a newly formed Wilmot Council this fall and prides himself on being a team player.



**YAHN CUSTOM
PLUMBING INC.**
"Your Residential Plumbing Specialist"

Serving The Community Since 1989

Showroom Hours

Tuesday & Thursday: 8 to 6, Saturday: 10 to 3
Closed Sundays, Holidays, & Long Weekends
Other Days By Appointment



Join Us For Our

Giant Showroom Renovation Clearance Sale

Old And Discontinued Stock Must Be Moved To Make Way For New Products

Saturday June 19, 2010 - 10 AM to 3 PM

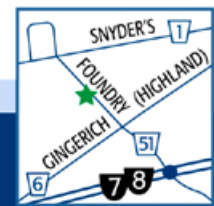
Toilets, faucets, sinks, shower heads, central vacs, water filters, and more!

All clearance items at discounted prices - make an offer!
Come early for best selection!
(no reasonable offer will be refused)

SOFTENERS • FILTERS • ROs • UVs • RENTALS • SOFTENER SALT
BOTTLED WATER • PLUMBING & CENTRAL VAC SHOWROOM

FOR YOUR HOME OR OFFICE

519.634.8538
178 Foundry St., Baden



Call today for your FREE on-site NO OBLIGATION water analysis and recommendation



NEWhamburg
DENTAL GROUP

519-662-2632

25 Byron Street
New Hamburg, ON N3A 1P1



Wellesley
DENTAL GROUP

519-656-3355

1215 Queen's Bush Rd., Unit 2
Wellesley, ON N0B 2T0

**We Welcome New Patients
We're Here to Support Emergencies**

Dr. Miyen Kwek
Dr. Manning Chiang
Dr. Ruth MacCara
Dr. Kamil Gibrayel

*Proudly serving Wilmot Township
for over 30 years.*

WE OFFER THE FOLLOWING SERVICES:

- * General and cosmetic dentistry
- * Preventive dental care
- * Emergency dental care (seen the same day)
- * Braces and orthodontics for children and adults
- * Oral surgery (including wisdom teeth)
- * Crowns and bridges
- * Implants and dentures (to replace missing teeth)
- * Root canal treatment
- * Bleaching/whitening
- * Headache/migraine control (related to TMJ)

TREATING STRESS LIKE A GLASS OF WATER

Email submission by B & J Price

While explaining stress management to a group of attorneys the psychologist raised a glass of water and asked, 'How heavy is this glass of water?' Answers called out ranged from 20g to 500g. The psychologist replied, "The absolute weight doesn't matter."

It depends on how long you try to hold it. If I hold it for a minute, that's not a problem. If I hold it for an hour, I'll have an ache in my right arm. If I hold it for a day, you'll have to call an ambulance.

"In each case, it's the same weight, but the longer I hold it, the heavier it becomes," he continued. "That's the way it is with stress management. If we carry our burdens all the time, sooner or later, as the burden becomes increasingly heavy, we won't be able to carry on. As with the glass of water, you have to put it down for a while and rest before holding it again. When we're refreshed, we can carry on with the burden."

"So, before you return home tonight, put the burden of work down. Don't carry it home. Rest - You can pick it up tomorrow."

Here are some great ways of dealing with the burdens of life:

- * Accept that some days you're the pigeon, and some days you're the statue.
- * Always keep your words soft and sweet, just in case you have to eat them.
- * Drive carefully. It's not only cars that can be recalled by their maker.
- * If you can't be kind, at least have the decency to be vague.
- * If you lend someone \$20 and never see that person again, it was probably worth it.
- * It may be that your sole purpose in life is simply to be kind to others.
- * Never put both feet in your mouth at the same time, Because then you won't have a leg to stand on.
- * Nobody cares if you can't dance well. Just get up and dance.
- * The second mouse gets the cheese.
- * When everything's coming your way, you're in the wrong lane.
- * Birthdays are good for you. The more you have, the longer you live.
- * Some mistakes are too much fun to only make once.
- * We could learn a lot from crayons... Some are sharp, some are pretty and some are dull. Some have weird names, and all are different colors, but they all have to live in the same box.
- * A truly happy person is one who can enjoy the scenery on a detour.



Baden Outlook Baseball Pool Stats

Place	Name	PTS	Place	Name	PTS
1	Larry Gascho	122	31	Brittney Snyder	113
2	Homer Zaplenty	121	32	Imma Duffus	113
3	Jim Brodie	121	33	Garth Linton	113
4	Bob Brydon	120	34	Trevor Ross	113
5	Patricia Miller	120	35	P. Sisco	113
6	Landon Roth	119	36	Paige Lawrence	112
7	Bob Brackenbury	119	37	Owen Roth	112
8	Stuart Mitchell	118	38	Caleb Hunter	112
9	Colt Holba	118	39	Bryn Fournier	112
10	Cooper Honderich	117	40	Maria Azevedo	112
11	Melissa Smith	115	41	Tanner Heinbuch	111
12	Greg Naumann	115	42	Henry Brattan	111
13	Lucas McKee	115	43	Kim Mitchell	111
14	Kyle Struth	115	44	Dianne Brackenbury	111
15	Chris Leu	115	45	Craig Pestell	111
16	Cody Dietrich	115	46	Sarah Martin	111
17	Pete Usher	115	47	Mary Hohl	110
18	Ed Tschirhart	114	48	Ryan Boronka	110
19	Jim Miller	114	49	Ruth Schnarr	110
20	Sara Roth	114	50	Rita Vitello	110
21	Michelle Ruston	114	51	Laura Martin	110
22	Bryce Snyder	114	52	Lee Fitzpatrick	110
23	Gregory Rempel	114	53	Kyle Lambertz	109
24	Aiden Heinbuch	114	54	Patrick Henderson	109
25	Marg Leppington	113	55	Bradley Vitello	109
26	Logan Snyder	113	56	Heather Leu	109
27	Landon Martin	113	57	Susan Mills	109
28	Kathryn Herold	113	58	Pauline Tschirhart	109
29	Doris Blake	113	59	Shane Witt	109
30	Gerald Martin	113	60	Loni Powell	108

Congratulations to Jim Brodie for taking the leader prize in this month's baseball pool, winning a gift certificate from EJ's of Baden.



(Congrats to you too Larry! But remember, you're only able to win the leader prize once!)

The lucky random draw winners are Logan Snyder, winning a gift certificate from Egli's Meat Market, and Austin Dale, winning Gift Certificates from the Children's Museum and a Baden Outlook shirt.



I may not watch hockey or play ball, but I sure love fishin!!
And right here in Baden!

Kids Prizes supported by...



Matt & Jackie Rolleman
39 Snyder's Road W, Baden
519-634-5711

Monday Night is Burger Night!!



Stay close to home - meet your friends and have great food & a good time!

Come rain or shine, the patio umbrella has got you covered.

EGLI'S MEAT MARKET

162 Snyder's Rd E., Baden 634-5320

It's BBQ Season - Put Egli's Quality Meats on your grill!

*Bus. Hours:
Tues. & Wed. 8-5,
Thurs. 8-5:30, Fri. 8-6, Sat. 8-2
Closed Sunday & Monday*



Baseball Pool



Be sure to follow your stats which are updated daily on the site. The Outlook draws the stats on the 7th of the month. To follow the stats, log on to our website at www.badenoutlook.com - Click on sports pool—choose "Baseball Pool" then click on "Baseball Pool Manager" - then "Quick Access" —the pool I.D. is outlookhomerun and the password is quest. Click "Ranking" on the right side. The top 30 entries will be listed - to view more click on "next page" below listing. ~ Have Fun and Good Luck!



Summer Reading Fun at the Baden Branch Library



Welcome to the jungle! Children ages 3 and up are invited to join the 2010 TD Summer Reading Club, *Destination Jungle*, and explore the jungles of the world. Read stories from exotic locations, enjoy exciting programs, and take home wild prizes. There will be lots of fun and adventure for everyone!

The summer reading program encourages children ages 3 and up to read, or be read to, for pleasure during the summer months. Research has shown that kids who read during the summer months maintain or improve their reading skills. Comic books, graphic novels, magazines, and online stories are all a part of developing literacy skills too!

Pre-registration begins Tuesday, June 22 and continues throughout the summer. The TD Summer Reading Club officially begins Wednesday, June 30. Sign up before June 30 to enter your name for a chance to win an early bird prize. We can always use more reading incentives! Please consider donating something fun to the summer reading club! Talk to Chris for more information.

*Experience any of these
FREE DESTINATION JUNGLE programs*

For Kids Ages 6 and up – Tuesdays from 1:45 to 2:45 p.m. at the Baden Branch, beginning July 6 for 6 weeks. A different theme every week with our summer student, Janine! Due to space restrictions, pre-registration is required for this program. Call or drop into the library to sign up beginning June 22.

Chris' Summer Safari Storytime Drop-In - kids ages three to five - Tuesdays beginning July 6 from 1:45 to 2:15 p.m. Listen to some of Chris' favourite jungle tales and take home a colouring page.

Come Read With Me Family Storytime - parents/caregivers and children 0 to five years old - Drop in to the Baden Branch on Tuesday, July 13 or Tuesday, August 10 from 1:45 to 2:30 p.m. for family storytime. This interactive program will include stories, songs, rhymes, crafts and ideas for having fun with literacy at home. No registration is required, just drop in!

Kids Summer Book Club will be returning!
Check at the library for more details.

Adults: read the One Book, One Community 2010 book, *The Best Laid Plans* by Terry Fallis, and enter your name in the draw to win a prize!



Due to space limitations, registration is limited for ALL library programs. Contact the library at 519-634-8933 or by email at badenlib@regionofwaterloo.ca for more information. Up-to-date information is also available on our website at www.rwl.library.on.ca

*Chris Baechler, Assistant Supervisor,
Baden Branch, Region of Waterloo Library
<http://www.rwl.library.on.ca>*

W & W Liquidators

Handles / Hinges / Knobs / Spindles / Cabinet Hardware

118 Victoria Street S., Kitchener, ON N2G 2B4 Phone or Fax: (519) 744-1080



Bob & Jean Wood

**** Residing in Baden for 45 years ** In business for over 20 years.**

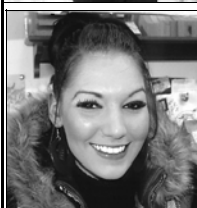


*“ We have more knobs than
you can handle!! ”*

Over 5000 handles and knobs!



Monday to Friday 9 am - 6 pm, Saturday 9-4:30 Sunday - Closed





Ice Cream & Frozen Treats

Unit 4 - 385 Waterloo
New Hamburg
Turn in at New Orleans
Pizza

8 flavours of quality hard ice cream
8 more flavours in our signature
Flavor Burst soft serve
Icy cold Slushies, Slushies with ice
cream, Frozen Java and Swirl Lattes,
Sundaes, Banana Splits, Cookie
Swirlies, warm chocolate Brownie
Delights, Milk Shakes, Razzles and
much more.

Don't forget about our yummy
ice cream cakes - Great for any
special occasion or
- Just Because -

June 20 is Fathers Day

Wilmot Horticultural Society presents The Gardens of Baden Sunday, June 27, 2010, 12:30 - 5 p.m.

Tickets are \$10 each and are available prior to the tour day at
Teddy's Bakery (Baden), Upper Case Books (New Hamburg),
Colour Paradise (Mannheim), and Meadow Acres Garden
Centre. On Sunday June 27, starting at 12:30 pm, tickets can
be purchased at Castle Kilbride or any of the participating
gardens, which will be identified by a "Garden Tour" sign.
This year we are very pleased to present 8 residences as well as
Castle Kilbride for your garden touring pleasure.
Your ticket provides a brief description of each garden, a map,
and a complimentary beverage at Castle Kilbride.

This event is rain or shine.
Mark your calendars, get your camera ready, and
join us for a wonderful tour!

Any questions, please call
Pat Luckhart 519-634-8823



ARE YOU LOOKING FOR CHILDCARE THIS FALL?

I am a loving and compassionate mother
of two who is offering after school and
part-time childcare starting this September.

I have a background in recreational
planning and am certified in First Aid and
CPR. I also enjoy activities in our backyard,
dancing, playing hide'n-seek and making nutritious snacks
with my sons. Feel free to contact me at 519.634.5985 or
jennifersicoli@gmail.com



Baden Classifieds

Parents Together (Baden's Moms
and preschoolers group) need a
qualified Child Care Provider for
2 ½ hours on Wednesday
mornings starting in September.
Call 519 634 5929

For Rent In Baden :

- 1 Bedroom Apartment Available
- Retail Space Available
Call 519-778-0595

"Keeping the Community Connected"



NEW HAMBURG'S MOST ESTABLISHED FITNESS FACILITY

ONLY 5KM WEST OF BADEN

Exercise of the Month Split Lunge on the Ball



Start by standing tall and then putting one leg back on a
ball. You may need support so have your spotter close by.
Now while never letting your knee over your front toes
lower your body until it is as shown and then return to the
starting position. Someone with bad knees or poor
balance should not attempt this exercise.

We are **Absolutely** sure we can help
you...

- Reach your goals
- **Boost** your energy
- Exercise safely and effectively

With...

- Certified Personal Trainers
- **Energizing** Group Exercise Programs
including Zumba, Spin, Kettlebells & Yoga
- Open Term Memberships

Our goal is to help you reach yours!

66 Hincks St., Unit #2, New Hamburg, Ontario N3A 2A3

CALL US TODAY at 519-662-9066 or VISIT US at www.absolutedfit.ca



EST. 1999

Local Churches Welcome You



ST. JAMES LUTHERAN CHURCH

66 Mill Street, Baden ON
519-634-5191 Email: arly2518@rogers.com

MINISTER - Pastor Karen Kuhnert
Sunday Worship 10 am
Nursery care provided.



"We are a family of Christians
committed to the Gospel of Christ."



EMMANUEL LUTHERAN CHURCH

(Member of Lutheran Church-Canada)

1716 Snyder's Road East
Petersburg, Ontario
519-634-5511

www.petersburgchurch.org



Worship Service: 9:30 AM

Sunday School, Bible Study, Youth Group, Women's Group,
Stained Glass, Quilting, Choir

"Spreading the Word of our Lord, Jesus Christ since 1851"

2995 Bleams Road, New Hamburg, ON
519- 634-5030

Come Worship
with us 9:30 a.m.

Sunday School 10:45

Pastor Dave Rogalsky

WILMOT MENNONITE CHURCH

www.wilmotmennonite.ca



Steinmann Mennonite Church

1316 Snyder's Rd. W. (at Nafziger Rd.), Baden

LOGOS - Gr. 1-12, Wed. 5:25 p.m.

Youth Group - Friday 7:30 pm

Young Adult and Adult groups

Worship: Sunday, 9:45 a.m.

Sunday School: Preschool - Adult, 11:00 a.m.



634.8311 www.steinmann.on.ca.mennonite.net

SHANTZ MENNONITE CHURCH
2473 ERB'S ROAD, BADEN, ONT. N3A 3M3



Everyone Welcome!

Intergenerational Worship Service - 9:30 am
Christian Education - 11:00 am

Community Bible Study, Various Worship Styles,
Kid's Club, Junior & Senior Youth Groups,
Vacation Bible School, Other programs for all ages
Activities for all Ages



SUPPORTING IN FAITH ... EXTENDING IN PEACE

Phone: 519-634-8712 Email: admin@cwisp.ca Pastor: ellie witzke-huebner



2463 Bleams Road, corner of Bleams & Sandhills Road

Rev. Wayne Domm
Rev. Andrew Mills
Pastor Greg Mills

SERVICE TIMES
9 & 11 AM

SUNDAY SCHOOL
9:15 AM

CHILDRENS
WORSHIP
11:15AM

Wilmot Centre
MISSIONARY CHURCH

MID-WEEK
CHILDREN'S AND
YOUTH PROGRAMS



www.wilmotcentremc.ca
office@wilmotcentremc.ca Ph. 519-634-8687



Life Groups
Throughout
the week.

The Baden Believers are at it again!

The Baden Believers are at it again! We're starting early this year!! The CIBC Run for the Cure takes place October 3rd across Canada. The Baden Believers are hoping to raise \$5,000 this year! If you would like to join this fun team, please contact Angela Desjardins, Team Captain, at sparky1@primus.ca for further details. Our team has doubled in size this year. Let's keep the team growing!! If you would like to donate to the team, please visit <http://www.runfortheure.com> and search for the team "Baden Believers"

Thanks so much!

On behalf of the Baden Believers, ~ THINK PINK!!



We're on the Web!
Visit www.badenoutlook.com



Sisters

PAINTING AND DECORATING

INTERIOR/EXTERIOR * FAUX FINISH

Call for Free Estimate

Quality Work - 20 Years Experience

Call Debbie (519) 662-6210

**A Country Setting for your
Counselling Needs**

*Personal growth involves
finding new ways to
understand and cope
with past and present pain*

*When people heal, they
become able to interact
with and contribute to
the world in increasingly
healthy and productive ways*

Southern Ontario
Counselling Centre now
offers **Massage Therapy,
Naturopathic Care and
Spiritual Direction**
(see our website for a full
list of all of our accredited
professionals)

**We provide prompt and
confidential responses to
all inquiries**



1760 Erb's Rd., St. Agatha,
N0B 2L0 (519) 746-2323.

Visit our website at
www.socounselling.com

Southern Ontario Counselling
Centre is located in the quiet
village of St. Agatha. Our
Centre offers a pleasant and
private setting.

All of our therapists are
experienced and accredited
professionals with graduate
level training.

We provide service to children,
teens, and adults. Individual,
relationship, family and group
counselling are offered to
address a full range of issues.

Answers from Canada Trivia Quiz, from page 15

- | | |
|--|--|
| 1. Rhinoceros Party | 10. Nunavut |
| 2. A drink of beer and tomato juice. | 11. Come-from-away |
| 3. pencil crayon, Duo-Tang & scribbler... | 12. Choker |
| 4. Blackfly | 13. Kim Campbell |
| 5. Moose pasture | 14. Della Falls, B.C. has the highest at 440 meters high |
| 6. Molson muscle | 15. Lloydminster - divided between Alberta & Saskatchewan |
| 7. An extremely high birthrate amongst French Canadians in the 19th Century | 16. Churchill |
| 8. Bangbelly | 17. In 1965 after decades of debate |
| 9. 13: 10 Provinces (Ontario, Quebec, Nova Scotia, New Brunswick, Manitoba, B.C., P.E.I., Alberta, Saskatchewan, Newfoundland) & 3 Territories (N.W.T., Yukon & Nunavut) | 18. Victoria, B.C. OR St. John's, Newfoundland at the other end of Canada... |
| | 19. Tahtsa Lake West, B.C. - 145 centimetres on Feb. 11, 1999 |
| | 20. Oil Springs, Ontario |



***Please support the advertisers of
this paper. We couldn't do it
without them!!***

***Submissions are due on the 1st
of each month.***



Baden Veterinary Hospital

50 Foundry Street, Baden

Services Offered...

- 🐾 In house laboratory
- 🐾 Surgery
- 🐾 Dentistry
- 🐾 X-rays
- 🐾 Preventive Medicine
- 🐾 Grooming
- 🐾 Prescription Diets

New Clients Welcome!

*The hospital would like to welcome
Liana and Michelle to our team.
Both are veterinary technicians with
years of experience. We are also happy
to have Dr. Porter stay with us after
doing a great job while covering
Dr. Ricker's maternity leave.*

*We all look forward to helping
in the care of your
furry family members.*



Call 519-634-8880
Dr. Rebecca Ricker and Associates

ELLIOT FUNG ~ A CANDIDATE FOR WILMOT MAYORAL POST (3RD OF ELECTION SERIES)



Join me in taking the next big step with Wilmot on October 25, 2010 – our Municipal election day. Over the past 7 years I have been an active member of your Township Council, helping to create and maintain financial stability, enhancing municipal programs and advocating for investments in infrastructure projects across the entire Township. The next Mayor and Council will be one of the most important junctures in our township's history.

I've helped to ensure that our finances are in order, municipal reserves are properly stocked and capital programming is responsibly forecasted for future years. Building on the strong foundation that I helped to create, our next Mayor and Council have the opportunity to take Wilmot to the next level through additional services, infrastructure, and programming. As Mayor I will continue to show fiscal responsibility and provide clear direction through my vision of a Wilmot Township which is to be known as a leading Municipality within the Region of Waterloo and the entire Province.

I will immediately work to build strong relationships with upper tiers of government and agencies including the Region, Province, Feds, GRCA and Hydro. As Mayor I would like to lead a number of key initiatives with the new council – investing in local programming in our community centres as I see community centres as a place for regular programming and activities for youth, families and seniors. I wish to continue my efforts in building increased accountability and transparency for

our Councillors; I will continue to advocate for increased public participation in all our processes, most importantly the budget and capital planning processes. I'd also like to see the new council build on the work we've accomplished in establishing new and better metrics to improve our rural road infrastructure; we can do better.

I grew up on my family's dairy and hog farm and attended Waterloo-Oxford DSS in Baden and then went on to study Political Science at Wilfrid Laurier University. Since 2003 I have served two terms as a Wilmot Councillor. My community involvement includes past Chairperson of the Wilmot Family Resource Centre Board of Directors, Chairperson of the Heritage Wilmot Advisory Committee, and an active volunteer through the Optimist Club of New Dundee.

I am employed by Research In Motion and live in New Dundee with my wife Amy and our sons Spencer (4), and Grayson (2).

I bring to the candidacy a new and different perspective; I have a young family and share daily challenges with so many other residents of Wilmot. I feel the best way I can make a difference is as Mayor; I'm doing it for my kids.

Please visit my Facebook group or my Township blog (wilmotward1.blogspot.com), email me at elliottfung4mayor@yahoo.ca or call me at 519-696-3749 to learn more or help in my campaign. Join me in taking that next big step for Wilmot!



Don's Upholstery

**RESIDENTIAL * COMMERCIAL
REUPHOLSTERING * REBUILDING * RESTYLING
CUSTOM BUILT FURNITURE**

Celebrating Our 1st Anniversary!



*We are also at the Baden Market ~
Come by and say hello*

***We custom make patio furniture cushions, weather proof
covers for any furniture. FREE ESTIMATES***

148 PEEL STREET, UNIT 1, NEW HAMBURG

519-662-6998

donsupholstery@gmail.com

OVER 20 YEARS EXPERIENCE

*We are a dealer of
Cast Classics, a superb line
of Outdoor Furniture.
Drop by and browse
through our catalogue .*



Please Take My Card!



JEFF / BRAD KNIPFEL

Property Maintenance Specialists

519.634.8752 • 519.662.4598



PAVESTONE & RETAINING WALLS
INSTALLATIONS & REPAIRS

Sidewalks, Patios, Driveways, Steps, Retaining Walls, Planters
CALL FOR A FREE ESTIMATE / DESIGN

Mark Soehner

47 Schneller Drive
Baden, Ontario
N3A 2L5

Phone/Fax: 519-634-9792
Cell: 897-7587
Email: msinterlock@rogers.com



2951 SANDHILLS ROAD
BADEN

519-634-9529

WWW.HERITAGEDESIGN.CA

DECKS
FENCES
SHEDS

FULL PT LUMBER YARD
TO DO IT YOURSELF

FREE LOCAL DELIVERY
FREE ESTIMATES



SILVER SPRINGS
contracting

Decks & Fences
Concrete Driveways, Sidewalks & Patios
General Contracting

Tyler Hoffman

Tel: 519-465-5211

Email: thoffman@silverspringscontracting.ca
www.silverspringscontracting.ca

- PASSPORT & ID PHOTOGRAPHS
- FAMILY PORTRAITURE
- SPECIAL OCCASIONS & EVENTS
- BUSINESS PORTRAITS



Kenneth BROWN PHOTOGRAPHY

147 Arnold St. New Hamburg ON

519-662-2167

WWW.KENNETHBROWNPHOTO.COM



"Your photographs mean as much to us, as they do to you!"

THE WASH LINE

~ Email Submission

A young couple moves into a new neighbourhood. The next morning while they are eating breakfast, the young woman sees her neighbour hanging the wash outside.

"That laundry is not very clean," she said.

"She doesn't know how to wash correctly.

Perhaps she needs better laundry soap."

Her husband looked on, but remained silent.

Every time her neighbour would hang her wash to dry, the young woman would make the same comments.

About one month later, the woman was surprised to see a nice clean wash on the line and said to her husband:

"Look, she has learned how to wash correctly.

I wonder who taught her this."

The husband said, "I got up early this morning and cleaned our windows."

And so it is with life.

What we see when watching others depends on the purity of the window through which we look.



Riverside Flowers & gift studio
55 Huron St New Hamburg, Ontario
N3A1K1
519-662-1411
www.riversideflowers.ca

Happy Flower Hour
fridays 4-6
half price on selected flowers

What started out as a hobby has become a full time job for mother and daughter team Tineke and Karla Hogendoorn (full time for Karla, Tineke helps a few hours a day).

Tineke owned horses in Holland when she was younger and Karla began riding at the age of four. The Hogendoorns moved to Baden in 1995 and their equestrian breeding program, located at 2161 Erb's Road, began in 1997. Initially, they shipped over six Dutch Warmblood sport horses, and the year after, they imported six Dutch Warmblood broodmares, a prestigious breed well known in Europe for their fantastic jumping ability. From these, many successful Canadian bred Warmbloods were born, including one of the top ten Canadian bred horses Ulano H, owned by Canadian rider Karen Cudmore.

In order to find the best Warmbloods, Karla flies to Holland to the VDL Stud and tries out the horses, bringing back only the ones she believes will sell. Since 1997 they have imported and sold over 130 horses. They've even sold 20 horses to the Police in Trinidad who escort the President!

In the early years, importing Warmbloods was a hobby for Karla, but after showing her horses and receiving



Karla jumping her horse, Sybolt, who was imported from Holland. She has been competing with him for several years.

comments and questions about how nice they were and if they were for sale, she and her mother decided to give breeding a try. Today, breeding, training and selling are their primary focus.

Training under saddle begins when the horses reach three years of age and are sent away to be broke, a process where the horses learn to walk, trot and canter.

"We skip the rodeo part," said Tineke. "I've done it for years but now I slow down a little too much when I get bucked off. Now they come home and the bucks are out of them," said Karla.

Once broke Karla trains the animals individually, spending about up to an hour with each horse. The training facilities at

Hogendoorn include a barn with thirteen stalls for horses in training, a large indoor arena for the winter months and bad weather, and a smaller outdoor arena where Karla helps the horses get accustomed to jumping and working with distractions. She even uses colourful jumps that can sometimes 'spook' or frighten a horse to desensitize them and make them more relaxed when they face the same type of fence at a show.

"The scarier, the better!" said Karla. Tineke and Karla make sure the horses 'click' with potential buyers before they are sold, but two of the horses have been unsuitable for riders. Fortunately, these horses have become Karla's own

show horses and she says she has a bond with them.

"I do click with them. It took a while to get them to work for me, but now they only seem to want me on their backs. So, they do a lot for me but don't take a lot of other people on their backs," said Karla.

For more information on the Sport Horses of Hogendoorn visit www.hogendoorn.ca.

We wish Karla the best of luck in the 2010 Show Season!



BARN BOARD BABY

Clothing, bedding and furniture for children

- Natural fibre new, locally hand-made, vintage and consignment clothing
 - Organic cotton and wool bedding and linens
- Refurbished furniture, with natural clay-based zero-VOC finishes
 - Litter-less lunch products

Located indoors at the Baden Farmers Market
Saturdays 8-3, Sundays 11-3

Telephone: (519) 635-0040 or Email: barnboardbaby@gmail.com

Mention this ad for a 10% discount on all merchandise

Have a Safe and Happy Canada Day!

**Take time for family and friends.
Enjoy the activities in New Hamburg.**

**Call me if you're thinking of
buying or selling a house**

I've been a Baden resident for 17 years and can help with local and regional knowledge



Carolyn Coakley, Sales Representative
Office: 519-742-5800 Ext. 2175
Email: carolyn-coakley@coldwellbanker.ca
Coldwell Banker Peter Benninger Realty, Brokerage



Not intended to cause or induce a breach of an existing Representation Agreement.

the Health & Wellness Page

The Medicine in your Garden

By Michael Fisher, Registered Nutritionist



Garlic is just amazing!! It's an antibiotic, antimicrobial, antifungal, antiparasitic, .. need I go on? It just drives stuff out of the body, typical of all pungent foods. Ever notice that when you eat a pungent food (like garlic, or onions) that the energy in your body seems to burn, decongest and go outwards? This is the nature of pungent foods - and is useful for driving unwanted pathogens out of the body, such as a cold. Regular, moderate use of garlic and onions can help keep the digestive, respiratory, circulatory, and intestinal tracts free of harmful microbes and pathogens, such as candida or viruses. Because garlic and onions are some of the strongest pungent foods on earth, it is best to accompany them with cooling foods such as in a salad or a bean dish.

Pungent foods are also stimulating to the liver. They help us 'get up and go' when we feel stuck, and help move our blood when we feel stiff and tired. Sometimes, the liver's response to this is stinky and foul gas, in which case, fewer, or milder pungent foods are better choices. Examples of some other pungent foods that are moderately strong, or mild, are: chives, leeks, radishes, cabbage, herbs and spices such as mustard, cumin, black pepper, mint, basil and so on. Any time a food slightly clears the nostrils, you are experiencing the benefits of the pungent flavour. They are especially useful with a sweet or salty diet that can be congesting and worse for infections and harmful microbes. Milk and wheat are especially the case, and are best eaten with pungents. If cheese and dairy products create phlegm or sinus congestion, try eating them with some onion or mustard and you'll notice the difference. Or, just eat fewer dairy and wheat products. Sometimes, just a cup of strong thyme tea is enough to clear nagging congestion in the sinuses.

Pungent vegetables and herbs and spices were once widely used in cooking and food preparations, but with the decreased cooking effort in today's average household, they have sadly taken a back seat. Try restocking your herb and spice supply and incorporating them more into your foods. Watch for the sugary and salty condiments and spices though, such as commercial mustard and pre-salted or sweetened spice mixes, as they are no help for congestion!

Michael invites you to his new course 'FoodDharma'.

Visit mike@michaelfisher.ca / www.michaelfisher.ca

www.wholefoodies.org / 519-273-1140



Dolman

Eyecare Centre

251 B (Back) Huron Street, New Hamburg

Evening appointments—New Patients Welcome

519-662-3340

Contact Lenses & Laser Consultations

www.eyecareforlife.optometry.net

Progressive care that can enhance your quality of life.



Kristen Hahn

81 Peel St. New Hamburg, ON N3A 1E7
Ph. 519-662-3535 Fax. 519-662-1110
info@uppercasebooks.ca www.uppercasebooks.ca



FoodDharma

a course in finding your way to enlightened eating

The Way of Eating

Combine the knowledge of food and nutrition with self-awareness to help realize what lies beneath our taste buds and at the heart of who we are. Topics on health, basic nutrients, and emotional connections are woven into this course to initiate a foundation for personal renewal.

4-week Course \$175

Trinity Lutheran Church, New Hamburg

June 23, 30, July 7, 14; 7-9pm

sign up by visiting fooddharma.ca



New Hamburg Wellness Centre

**Dr. John A. Papa, DC
Sheila Reinhart, RMT Sayde Burgers, RMT**

Why Come To The New Hamburg Wellness Centre?

Our centre specializes in conservative treatment of muscle and joint injuries including low back pain, neck pain, pinched nerves, along with upper and lower extremity complaints. In addition, we provide prompt, effective treatment for pain, prevention, and performance, along with wellness care for all ages.



Services Offered:

- Chiropractic Care for all ages
- Medical Acupuncture
- Custom Orthotic Therapy
- Graston Soft Tissue Therapy
- Active Release Therapy (ART)
- Work (WSIB) and Sports Injury Treatment
- Motor Vehicle Accident (MVA) Rehabilitation
- Rehabilitative Exercise and Physical Therapy
- Registered Massage Therapy on site
- Convenient location and hours
- New patients welcome, no referral needed



If you or someone you know could benefit from our services, please contact our office.

www.nhwc.ca

**148 Peel Street, Unit 10, New Hamburg
519-662-4441**