

JANUARY 2022  
VOLUME 22, ISSUE 6

~ Your Favourite Good-News-Letter ~  
Keeping the Community Connected

# Baden Outlook

This paper  
is priceless-  
Please have  
one!

*Thanks to Michelle Egli-Shantz for  
sharing this beautiful wintry sunrise.*

# wilmot

# feb. 26, 2022

## wilmot family resource centre

The **Coldest Night of the Year** is a winterrific family-friendly walk to raise money for local charities serving people experiencing hurt, hunger, and homelessness. Team up, walk, and fundraise! It's cold out there... but there's no place like home.

walk / donate / volunteer / #cnoy22 / [cnoy.org](http://cnoy.org)

Wishing you  
and your family a  
**HAPPY  
NEW YEAR!**

**Mike HARRIS**  
MPP KITCHENER-CONESTOGA

**Constituency Office**  
519-669-2090  
[mike.harrisco@pc.ola.org](mailto:mike.harrisco@pc.ola.org)  
[mikeharrismpp.ca](http://mikeharrismpp.ca)

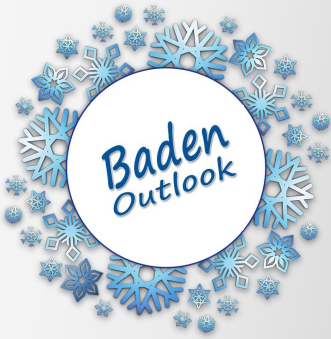
*Happy New Year!*  
from Heritage Pet & Garden

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# Greetings from Headquarters ~



Baden Outlook  
P.O. Box 5154  
Baden, ON N3A 4J3  
Phone: 519-634-8916  
badenoutlook@hotmail.com  
www.badenoutlook.com

Barry, Pat, & Katie Fisher

*Check out what's happening in the paper this month:*

- Barry is rockin' in the New Year with the Beatles
- Check out the many programs offered by the Region of Waterloo Library
- Amy from ICC teaches the difference between setting goals and intentions
- *Let it snow, let it snow, let it snow...and go play!*
- Check out the new bird finding in Baden Birding
- Grape Results say thank you and goodbye
- Meet our local hidden gem—Doug Miller!
- Looking for low back pain relief? Get tips from Carrie from Springhill Yoga
- Want to see a cleaner environment? Check out EcoBoosters for helpful tips

The Baden Outlook is a grassroots family business serving the community of Baden and Wilmot Township.

The views expressed in this newsletter are not necessarily those of The Baden Outlook.

Welcome to 2022! With a new year upon us, we often think of the changes we can make in our lives. It seems that resolutions are the thing to do, but most are broken, leaving us feeling defeated. There is a certain energy that the new year brings. I, personally, plan to put that energy into my home. Purge the things I may have too much of. Declutter the space that drives me nuts. Organize a cupboard that just doesn't make sense. It's a good project to work at while indoors during the dark colder days of winter. I hope it will bring me peace, pride, and a sense of accomplishment. Winter can be super fun at the beginning but sometimes that novelty wears off. The lack of sunshine often leaves me lazy and lethargic, but when I rearrange a room, it helps inspire me and keep me upbeat. Maybe resolutions just need to be tailored more specifically to each of us. Resolutions are often made for physical health (quit smoking, lose weight, eat better...) But it's important to throw in a few mental health gains in there too. It may be a tough winter after these crazy past few years.

Considering "new year, new you" thinking, I've been thinking of how to upgrade and improve the Baden Outlook presence online. In 2021, I created the Baden Outlook Facebook page, and I am still getting used to posting new and interesting content. (If you haven't followed our page yet, go find us on Facebook - Baden Outlook!) But what really has been on my mind is our terribly outdated website. My parents make no bones about the weak attempt at managing their very old website so I'm going to dig in and learn more about that. Their idea of media was the paper, and they did that! I have a little giggle when I go onto our page as I remember how websites looked 20+ years ago; blocky, doesn't fit the page, broken links, and odd-looking fonts. It's been like a throwback to my youth! Time to update the old and bring forth the new. Mom and Dad are very pleased with the idea as it has been bugging all of us for some time. Even with our page under construction, you will still be able to access the most current Outlook. So, stay tuned for some new exciting content!

Happy New Year to you and your family. Stay safe!



Happy New Year fellow readers... and good bye 2021, don't let the door hit you on the way out! So, let's get excited about 2022—all that positive energy sent into the universe surely has to turn it into a new and improved year. We will march onward!

We are happy to welcome a new business to town. Check out AboNauh Pastries on Snyder's Road East—pop in and say hello and treat yourself to something yummy—now that's the way to start a new year! I especially enjoyed their Namoura Cake!!



There are many wonderful folks in our community, those who do good deeds without an ulterior motive and with no platform to boast of the good doings that are done. They simply are kind and generous people who do good things. They are quietly among us until we see the goodness that has come from what they do. Although they don't look for that shout out, to be noticed we think they deserve to be acknowledged and thanked. So meet Doug Miller on page 28 and be sure to tip your hat to him next time you see him around. Just one of the many fine folks who do good things!

# Talking with Ed

~ The Beatles ... Music Icons



My brother-in-law, Greg Cook, suggested on his recent visit that we watch *Yesterday* which is currently streaming on Netflix. For those of you who have never seen it, it is about a struggling musician who suddenly realizes he's the only person on Earth who can remember The Beatles after waking up in an alternate timeline where the band never existed. He begins to recreate their songs and becomes famous. It was a little far-fetched but still enjoyable, listening to all the old Beatles songs again.

Fast forward a month later, and our son Michael asked if we could switch cars for the holidays, as he needed a bigger car to go up to Algonquin Park to visit with his in-laws for Christmas. In exchange, we got the use of his Chevy Volt. It came with Sirius XM Radio, which we have never experienced. We realised that there was a Beatles channel and tuned in. We really enjoyed listening to the music again and the discussion about the history of them and also hearing songs I hadn't heard before. It piqued my interest and I wanted to learn more about this famous group who inspired many upcoming bands with their talents and became a legend.



I guess I didn't realize just how incredibly talented they were. They have the most number one hits (20) of all musical acts in the world. They had 34 top ten singles and no artist has sold more albums than the Beatles (see a list of their albums below). All of this happened in seven short years – pretty incredible.

I was 8-15 years old during their existence of 1963 to 1970 and I don't recall a whole lot about them. I do remember my older cousin Carolyn had lots of buttons, posters, and albums. I also remember watching them on the Ed Sullivan show, along with 73 million other people. When I saw them play on February 4, 1964, they were wearing suits and the crowd went wild. Their number one song at the time was "I Want to Hold your Hand". The girls reacted in a frenzy!

The Beatles were the first band to play in a stadium. They played twice at Shea Stadium – the first time being August 15, 1965, to 56,000 wild fans. They then performed at Candlestick Park in 1969 which was their last concert. It wasn't long after that they decided they would never play concerts again. Also, around the time of the album *Revolver*, the group started experimenting with heavy drugs which would explain the different sounds of "Magical Mystery Tour" and "Sgt. Peppers Lonely Hearts Club Band."



The Beatles changed their music as we know it by experimenting with different types of genres of music and musical instruments. I personally remember the sitar in "Magical Mystery Tour" and the introduction of full orchestras in their music. They rarely played

other people's music as they had so much content of their own. They also went on to make their own record label, Apple Music, where they signed many other groups.

The Beatles also had their share of controversy. John Lennon making the statement that the group was more popular than Jesus, members of the group being charged multiple times for drug-related issues, and *Bed -In for Peace* — a way for Lennon and Ono to do a passive protest – one of them in Montreal.

"Rolling Stone Magazine" had many of the Beatle's songs on their top 500 songs of all time. Hey Jude (8), Yesterday (13), I Want to Hold your Hand (16), Let it Be (20), In my Life (23), A Day in the Life (28), Help (29), She Loves You (64), Strawberry Fields Forever (76), and Norwegian Wood (83) just in the top 100. To me, it is mind boggling that they did all of that in seven years.

John Lennon went on to make 10 solo albums before his death in 1980, Paul McCartney made 22 albums, George Harrison had 12 solo albums (including the *Travelling Wilburys*) before his death in 2001, and Ringo Starr made 20 solo albums. I guess that makes them the Wayne Gretzky of music (and yes, that's coming from a hockey fan!).

We included a fun trivia quiz on page six for your entertainment. *Until next month...Ed*

## Beatles Core Albums - 13

|                               |                    |
|-------------------------------|--------------------|
| Please Please Me              | March 22, 1963     |
| With The Beatles              | November 22, 1963  |
| A Hard Day's Night            | June 26, 1964      |
| Beatles For Sale              | December 4, 1964   |
| Help                          | August 6, 1965     |
| Rubber Soul                   | December 3, 1965   |
| Revolver                      | August 5, 1966     |
| Sgt. Peppers Lonely Hearts B. | May 26, 1967       |
| Magical Mystery Tour          | November 27, 1967  |
| The Beatles (White Album)     | November 22, 1968  |
| Yellow Submarine              | January 13, 1969   |
| Abbey Road                    | September 26, 1969 |
| Let It Be                     | May 8, 1970        |

## Other Beatles Studio Albums

|                             |                   |
|-----------------------------|-------------------|
| Introducing The Beatles     | January 10, 1964  |
| Meet The Beatles            | January 10, 1964  |
| Twist and Shout             | February 3, 1964  |
| The Beatles Second Album    | April 10, 1964    |
| The Beatles Long Tall Sally | May 11, 1964      |
| Something New               | July 20, 1964     |
| Beatles 65                  | December 15, 1964 |
| Beatles VI                  | June 14, 1965     |
| Yesterday and Today         | June 20, 1966     |

# Do You Need Help?



205 Peel Street, New Hamburg. N3A1E7  
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## ALL THINGS SCRAMBLED

Within each category the words are jumbled up.  
 Can you unscramble them? Answers on page 32

### Spices

- VOLEC      \_ \_ \_ \_ \_
- INSEA      \_ \_ \_ \_ \_
- NIMUC      \_ \_ \_ \_ \_
- PREPEP    \_ \_ \_ \_ \_
- CRAILG    \_ \_ \_ \_ \_
- LENNEF    \_ \_ \_ \_ \_
- RINGEG    \_ \_ \_ \_ \_
- MENTGU    \_ \_ \_ \_ \_
- RIPAPAK   \_ \_ \_ \_ \_
- NECANEY   \_ \_ \_ \_ \_

### Disney Characters

- FOGOY      \_ \_ \_ \_ \_
- POUTL      \_ \_ \_ \_ \_
- LELEB      \_ \_ \_ \_ \_
- RAILE       \_ \_ \_ \_ \_
- KEYCIM     \_ \_ \_ \_ \_
- GLOWIM     \_ \_ \_ \_ \_
- GRITEG     \_ \_ \_ \_ \_
- OLDAND     \_ \_ \_ \_ \_
- SHABLUF    \_ \_ \_ \_ \_
- SAMEINJ    \_ \_ \_ \_ \_

"Keeping the Community Connected"



### Wilmot Rallies to Support Family in Crisis

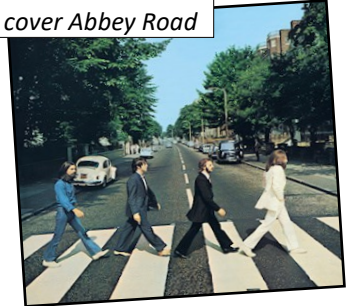
On Christmas Day, a fellow Badenite had the unthinkable happen, as their home on Brewery Street caught fire. Julie Smith got out of her home safely. Luckily our local Baden Fire Department responded quickly and was able to save their furry felines and deal with the fire.

A GoFundMe page has been created to help Julie and her boys get back on their feet. Because Wilmot is indeed awesome, the many donations came in quickly. But as this is life-altering, your continued support is appreciated. If you would like to help, check out GoFundMe and search "Support Julie Smith after Christmas fire" to learn more how you can support them.

### Beatles Quiz ~ Answers on page 32

1. The Beatles had the most number one hits of all time.... How many?
2. How did the Beatles come by their name?
3. Who was John Lennon's Hero?
4. Which famous musician got the Beatles into smoking pot?
5. What does Strawberry Fields refer to?
6. What was the original name of the Beatles?
7. How many recorded versions of Paul McCartney's "Yesterday" are there?
8. Who plays lead guitar on "While my Guitar Gently Weeps"?
9. How many days did it take to record their debut album?
10. What is Ringo Starr's real name?

The famous album cover Abbey Road



The Township of Wilmot is seeking **Part-Time Crossing Guards** for various school locations at these times:

New Dundee:  
8:45-9:20 am & 3:35-4:05 pm

Baden/New Hamburg:  
7:40-9:20 am & 2:40-4:25 pm

For more information or to apply, please call Erin Merritt, Manager of Municipal Law Enforcement at 519-634-8444 x9257



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- Special Orders
- Mail and Receiving Parcels
- Processing Postal Transactions

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- Medication Sync
- Compliance Packaging
- Injection Administration
- Specialty Compounding



It's easy to transfer your prescriptions here!



## The Baden Outlook

Your Monthly Newsletter  
"Keeping the Community Connected"

You'll find us around the 15th of each month in over 80 places within Wilmot Township.

Katie, Barry and Pat Fisher  
P.O. Box 5154  
Baden, ON N3A 4J3  
519-634-8916  
badenoutlook@hotmail.com  
badenoutlook.com

We only accept advertising from within Wilmot Township due to space restrictions and a loyalty to local business.

# Checking out the Baden Library



## Fine Free at RWLibrary!

We're ringing in the new year Fine Free! It's true, and we're thrilled to share this exciting news with you. Need a library membership? Start 2022 off on the right foot with a free library card at [rwlibrary.ca/newlibrarycards](http://rwlibrary.ca/newlibrarycards).

## Introducing our New (and improved) Online Catalogue

Have you had a chance to check out the new online catalogue? Searching for what you want is easier than ever. You can search for materials, place holds, and check your account. The old catalogue is no longer available, so please take the time to update your online bookmarks to [rwlibrary.bibliocommons.com](http://rwlibrary.bibliocommons.com). Be prepared to create an account when you visit the catalogue for the first time. If you need help or have a question, please reach out to our Ask a Librarian line at 226-748-8030. We're happy to help!

Join RWL for our virtual programs winter session. Please visit [rwlibrary.ca/virtualprograms](http://rwlibrary.ca/virtualprograms) for the latest on our online offerings. Here's a peek at what's in store this season:



## Fairy Tale Adventures

Mondays, January 10 to February 28, at 4 p.m.  
See fairy tales in a new light as we explore STEAM elements in our favourite stories.

## Makerspace

Tuesdays, January 11 to March 1 at 4 p.m.  
Join us to build phenomenal creations through weekly challenges and activities based in STEAM: Science, Tech, Engineering, Arts, and Math.

## Let's Get Quizzical

Tuesdays, January 11, February 8 & March 8 at 7p.m.  
Test your knowledge with our monthly trivia nights. Visit our website for themes.

## Discovery Time

Wednesdays, January 12 to March 2 at 9:30 a.m.  
Join us for stories, songs, and more!

## Read to a Dog

Wednesdays, January 12 to March 2 at 4 p.m.  
What's more fun than reading? It's reading to a friendly, well-trained dog! Register for one 15-minute time slot.

## Baby Connections at Home

Thursdays, January 27 to March 3 at 11:30 a.m.  
A fun, interactive virtual program with strategies and resources that support baby's brain and language development, building a strong foundation for literacy development and success in school and beyond.

## Tween Space

Thursdays, January 13 to March 3 at 4:45 p.m.  
Meet, hack, create, design, and chat in this virtual space designed for tweens. Try projects, trivia, crafts, and more!

## Sing Along with Erick Traplin

Saturday, January 22 at 11 a.m.  
Let's celebrate Family Literacy Day with a special concert from Erick Traplin. Join us live on Kitchener Public Library's Facebook Page and get ready to sing, dance, and bounce along!



## Understanding Your Child's Development

Wednesday, January 26 at 7 p.m.  
In this event presented by the Child Online Research Activities Lab (CORAL) at the University of Waterloo, families will learn about their children's language, cognitive, and social development. Participants will also learn more detailed information about CORAL's research, and how to get involved.

## Family Literacy Day Virtual Discovery Time

Wednesday, January 27 at 10:30 a.m.  
Join us for some stories, songs, and more to celebrate Family Literacy Day!

## Adult Craft Night: String Art

Thursday, January 27 at 7 p.m.  
Join a small group on Zoom to pound some nails and wind some string to make some fabulous string art. Register at least 72 hours in advance to reserve your kit. For more details and to register, visit [rwlibrary.ca/virtualprograms](http://rwlibrary.ca/virtualprograms)

Questions? Please contact the Baden Branch at 519-634-8933, [badenlib@regionofwaterloo.ca](mailto:badenlib@regionofwaterloo.ca) or visit [rwlibrary.ca](http://rwlibrary.ca).

*Thank you for your ongoing support! We look forward to seeing you. Very best to you and yours in the year ahead!*

**IT'S GOING TO BE A LONG COLD WINTER—GET COMFORTABLE AND CURL UP WITH A BOOK!**

# THE OUTLOOK'S WINTERY WORDSEARCH

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
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| S | R | O | A | L | I | B | S | H | O | G | H | E | U | Y | D | N | K | S | L | N | A |
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| L | A | S | E | X | E | O | G | P | Z | M | W | K | A | R | C | T | I | C | S | B | A |
| A | Z | U | B | R | S | G | R | J | H | E | C | O | T | E | E | P | O | T | F | O | V |
| N | I | S | R | Q | C | I | V | T | O | B | E | M | P | O | A | R | O | W | Y | U | A |
| N | C | N | U | L | D | C | M | K | E | H | T | R | S | U | Q | L | H | I | C | N | U |
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- COLD
- SNOWFLAKE
- ICICLES
- POLAR VORTEX
- ARCTIC
- DEEP FREEZE
- SHIVER
- FROST
- ICE
- WINTERY
- CHILL
- FROZEN
- SUBZERO
- FROSTBITE
- JANUARY
- FEBRUARY
- BLIZZARD
- SNOWBOUND
- MITTENS
- TOQUE
- BALACLAVA
- LONGJOHNS
- SCARF
- PARKA
- MUKLUKS
- EARMUFFS
- CRAMPONS
- FLANNEL
- WOOL SOCKS



## Forced to Suspend Play

Provincial Lockdown Measures Forcing PJHL to Suspend Play



The Provincial Junior Hockey League will follow the provincial mandate and suspend play from January 5th through to the 27th. We are very hopeful that we will be able to resume play soon after the 27th. Plans and schedules are being reviewed and amended as required to ensure we are able to complete our season and compete for the Schmalz Cup.

Our number one concern is the mental and physical health of our players, coaches, staff, and fans. Please refer to <https://www.ementalhealth.ca/> for resources and support for mental health. All of us want to be able to have a safe return to hockey. As the COVID situation continues to evolve, we will be monitoring and preparing ourselves to be ready to return to the game.

As the largest Junior Hockey League in the world, the PJHL takes its responsibility very seriously to ensure the safety of all participants and we will continue to work with our governing bodies, local health units, and facilities to provide the safest environment possible.

Thank you to everyone involved with the PJHL, players, staff, officials, volunteers, and fans for your continued support.

Please direct questions to [commissioner@thepj.ca](mailto:commissioner@thepj.ca)  
Terry Whiteside, Commissioner  
For general information, please visit [www.thepjhl.ca](http://www.thepjhl.ca)

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## Diving into the Archives with Castle Kilbride

This photograph was taken by Alice Livingston c.1905. Alice was the second youngest child of James and Louisa Livingston, born at Castle Kilbride on January 9, 1883. Alice was an adventurous soul who went to Ladies' College in Toronto and eventually made her home in Colorado Springs, Colorado. If it wasn't for her adventurous and curious nature, Castle Kilbride would have very few photographs from that first generation in the archives. With her camera, she captured precious, candid snapshots of her family and friends. In total, there are over 250 of her images, to which the staff fondly refer as, "Alice's Albums."

*Baden Canada*



*South East Corner of Grounds From Tower Window*

This image was taken from the Belvedere at the Castle. Belvedere is an Italian word that essentially means "beautiful view." We like to believe that Alice took this photo to remember her childhood home. The best part is that she labelled the photograph, not knowing that future generations would benefit from it. The view is of the "South-East corner of grounds from tower windows," and she points out the hotel (Baden Hotel), the Kirk (meaning Livingston Presbyterian Church), Father's Linseed Oil mills, the station (train) and the store—owned by the Hilborn Bros. at the time.

You can get excited about the future.

The past won't mind.

*As we greet another new year, we see how quickly time passes.*

*Get your head around this... 1980 and 2022 are as far apart as 1980 and 1938!!!*



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*Happy New Year from your friends at EJ'S!*

*We are closed for dine-in. Takeout and delivery still available.  
Fish and chips for takeout and delivery on Friday.  
Thanks everyone for your continued support.*

*Tuesday-Saturday 3 p.m. - 9 p.m.  
Sunday 3 p.m. - 8 p.m.*



39 Snyder's Road W, Baden  
519-634-5711  
badenhotel.com

# Grape Results Winery

209 Arnold Street, New Hamburg

**Closing after 23 years.**

*Retiring due to health reasons*



*We thank you for your patronage.*



## Happy Retirement Rick !

*Thank you for sharing laughter and stories with your customers. The fun conversations about the "Leafs" and the Kitchener Rangers, Rving, and other travels. Your knowledgeable advice on different wines and being a good listener. Enjoy your retirement.*



## Some Really Cool Snowman Jokes

- \* Why didn't the snowman go to the party?  
~ He had snowone to go with!
- \* Why was the snowman digging through the bag of carrots?  
~ He was picking his nose!
- \* What do snowmen eat for breakfast?  
~ Ice Krispies!
- \* Where do snowmen keep their money?  
~ In snow banks!

*"No matter how hard the past, you can always begin again." No one says it better than Buddha*

## YOUR HOROSCOPE THIS WEEK

|   |  |
|---|--|
|  <b>ARIES</b><br>You'll be spending time in your home  |  <b>LIBRA</b><br>You'll be spending time in your home       |
|  <b>TAURUS</b><br>You'll be spending time in your home |  <b>SCORPIO</b><br>You'll be spending time in your home     |
|  <b>GEMINI</b><br>You'll be spending time in your home |  <b>SAGITTARIUS</b><br>You'll be spending time in your home |
|  <b>CANCER</b><br>You'll be spending time in your home |  <b>CAPRICORN</b><br>You'll be spending time in your home   |
|  <b>LEO</b><br>You'll be spending time in your home    |  <b>AQUARIUS</b><br>You'll be spending time in your home    |
|  <b>VIRGO</b><br>You'll be spending time in your home  |  <b>PISCES</b><br>You'll be spending time in your home      |

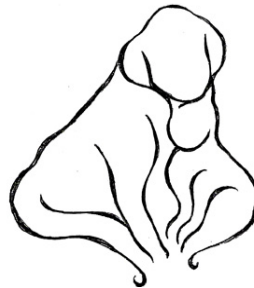


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## Baden Birding ~ A Rarity in the Area

By Fraser Gibson



Have you seen a Grooved-billed Ani in your yard? No wonder! The Grooved-billed Ani is a non-migratory bird that lives in southern Texas, Mexico, and Central America. But, on Sunday October 24, 2021, one was spotted at a rural property on Perth County Line 37, a few kilometers northwest of Shakespeare, Ontario. The ani is a black bird about the size of a Common Grackle with a heavy, grooved upper bill. Obviously, this bird was a long way from home! There are only 6 previous records of it being in Canada, the last in 1988. It is an extremely rare visitor to Canada.



A rarity of this stature is of immense interest to many birders and photographers. Reporting this sighting on social media would bring throngs of people from all over Ontario to witness this rarity. The landowner would be swamped with requests to enter the property and the roadside would be lined with cars, telescopes, and long-lensed cameras. To avoid any such problems the sighting had to be kept secret at least until the property owner could be consulted and until a plan could be developed to limit visitors.

Thankfully the property owner gave permission to access the property. The plan allowed limited viewing on Monday through a series of pre-booked one hour time slots. Eight parking spots were available on the property and registrants were allowed to bring along two or three other interested individuals. The address was made available only to those who pre-registered. Registrants agreed not to share the location with others and not to post their sighting or photographs on any form of social media until further notice. A volunteer supervisor watched over the parking area and the location of the ani.

The plan worked very well on Monday. Attendees were very respectful of the property and the ani. As a result, the owner allowed a second day of viewing on Tuesday. A Monday evening posting on a social media birding site informed those, who were previously unaware of the sighting, of an opportunity to make a reservation.

An early Tuesday morning inspection revealed the ani was still present and registrants arrived with high expectations. Upon my arrival at 1pm on Tuesday, the ani was resting on the lower branch of a

young spruce tree where it was impossible to see. Soon after it hopped down and began to forage in the long grass. I had many great views of this far-from-home bird searching for large insects (and small lizards), seemingly unaware of all the eyes watching through a fence.

Thorough searches of the property were made on Wednesday and Thursday following the visitations, but the Groove-billed Ani was not found. Hopefully it had begun its long journey south. The following Monday, all participants received a follow-up message. With no sighting of the bird in six days, there was no longer any concern of crowds hoping to see the ani. Participants were informed they could then post their photos and sightings to social media.

A donation jar had been placed on a fence post near the parking area and many attendees gladly made donations to an "End Polio" campaign spearheaded by a local Rotary Club. Over the two days, \$1350.00 was collected to be matched dollar for dollar. A considerable sum for a very worthwhile cause!

Approximately 150 people posted their sightings to a popular birding website. If you are interested in seeing the first photos taken by the person who discovered the ani visit: <https://ebird.org/checklist/S96977326>

It is difficult to know why this first year Groove-billed Ani showed up so far from home. Sometimes major storms or strong winds blow birds in from distant places. Sometimes their navigation systems may temporarily fail. We hope this Groove-billed Ani, possibly one of the most photographed individuals of its species, managed to find its way home before cold weather made finding food impossible.

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- \* Two colours for day and night.
- \* Four suits for the four seasons and 13 weeks per season.
- \* Twelve court cards representing the 12 months.
- \* If we add each of the cards of the game, we will get 364.
- \* The card game is an agricultural calendar that told us about the weeks and the seasons.
- \* With each new season, it was King's week, followed by Queen's week, Jack's and so on until Ace week changed seasons and we started over with a new colour.
- \* Jokers were used in leap years.



-Submitted by Joanne Premak

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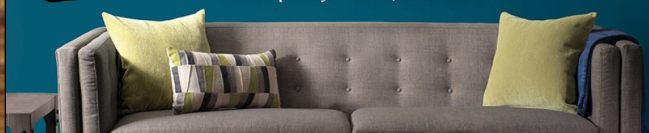


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## Setting Your New Year Intentions

Amy Krug, ICC Clinical Counsellor



Goals can be stifling; intentions set us free to be our best selves. A new year is a great opportunity to reflect on your growth of the previous year. It's a good time to review what you've learned and how you've grown through the inevitable challenges life presents. Growth can be painful—but it brings with it proof of our resilience.

The end of the year is a good time for us to truly explore the events of the past year, our lessons and, ultimately, our successes. We ask ourselves where we could've made better decisions; whether we're living from our hearts and true intentions. Though it's easy to forget, we do have a lot of control over our lives. The small decisions we make daily lead to different paths. Life is not a prix fixe menu. It's a mystery that unfolds every single day. We don't have control over what obstacles life throws in our path, but we can control our actions. By setting intentions and keeping them close, we can facilitate the path that we choose.

Setting intentions directs the mind and gives us purpose. Focusing on your heart and what's important to you creates clarity and self-discovery.

This is where transformation lives.

### How To Set an Intention

Connect with the elements of your life that are most significant to you and bring you the greatest joy, satisfaction, and energy. What gives you passion and fills you with a sense of purpose?

Make a list and share it with a close friend who is supportive and can hold you accountable to take action. Do something today to help you demonstrate your commitment to your intention.

Create a word or a short phrase that sums up your intentions. Last year, my words were compassion and healing. These words became my mantra and helped me to stay open and expand my vision.

Once you've integrated, let it go! You've planted the seeds into your awareness. Let it go so you don't attach and grip. Awareness is a spacious feeling and creates energy. Intention is much more powerful when it comes from a place of contentment rather than if it arises from a sense of lack or need.

### Write it Out

To get started, write a brief paragraph on what you can change in your day-to-day routine to make your life more fulfilling. Here are some questions to get you started:

What are you passionate about? What do you want to cultivate more of in your life?

What is going right in your life? What seems to be working well?

What is not going right and where can you make some positive changes?

Now make a list to help you create these changes that will lead you to greater fulfillment. Intentions are not goals.

### Remember:

Live with intention. Walk to the edge. Listen hard. Practise wellness. Play with abandon. Laugh.

Take adventures and the road less travelled.

Choose with no regret. Continue to learn.

Appreciate your friends. Do what you love and live as if each breath could be your last.

Happy New Year. May all beings be blessed with happiness, love, peace, and good intention!

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January may have some of us facing extra pounds we may have gained through the Christmas holidays and the previous year working from home... but remember how much fun it was!! Keep smiling!

Here's the activities guide to burning calories at work and the number of calories they consume per hour...

- Beating around the bush... 75
- Jumping to conclusions... 100
- Climbing the walls... 150
- Swallowing your pride... 50
- Passing the buck... 25
- Throwing your weight around... 50-300
- Dragging your heels... 100
- Pushing your luck... 250
- Making mountains out of molehills... 500
- Hitting the nail on the head... 50
- Wading through paperwork... 300
- Bending over backwards... 75
- Jumping on the bandwagon... 200
- Balancing the books... 25
- Running around in circles... 350
- Eating crow... 225
- Tooting your own horn... 25
- Climbing the ladder of success... 750
- Pulling out the stops... 75
- Adding fuel to the fire... 160
- Wrapping it up at the day's end... 12



To which you may want to add your own favourite activities, including:

- Opening a can of worms... 50
- Putting your foot in your mouth... 300
- Starting the ball rolling... 90
- Going over the edge... 25
- Picking up the pieces after... 350
- Counting eggs before they hatch... 6
- Calling it quits... 2





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*A grateful heart is a magnet for miracles.*

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*Good things come to those who hustle.*

**STAY HUMBLE**  
*Word hard in silence, let success make the noise.*

**BE KIND**  
*Kindness makes you the most beautiful.*

**KEEP SMILING**  
*Because of your smile, you make life more beautiful.*



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- A second EnerGuide home evaluation is required after you complete your home improvements.
- To sign up for the grant program, go to: <https://bit.ly/canadagreen>

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The Nith Valley Ecoboosters are pleased to announce our next educational event entitled Let's Talk – Plastics Unwrapped! To participate in this free event:

- 1) Watch the documentary film "The Story of Plastic" anytime between January 27th and February 3rd, 2022. The film uncovers the ugly truth behind the current global plastic pollution crisis.
  - 2) On February 3rd, 2022, from 7:00 to 9:00 p.m., please join our webinar and listen to a panel discussion about the film and things that give us hope that the problem of plastic pollution can be solved. A question & answer period will be part of this webinar.
- To register, please go to: [nvecoboosters.com](http://nvecoboosters.com)

Our next monthly meeting will be held at 7:00 p.m. on Wednesday, January 26<sup>th</sup>. Please contact us via e-mail ([nvecoboosters@gmail.com](mailto:nvecoboosters@gmail.com)) or call 519-662-9372 if you would like to participate in this "Zoom" meeting.

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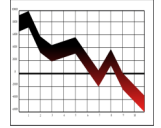
Awww more lockdowns! We must find humour in them or they will truly get us down.



The World Health Organization has announced that dogs cannot spread Covid-19. Dogs previously held in quarantine can now be released. To be clear, WHO let the dogs out.



## Stock Market Report



Helium was up, feathers were down.  
Paper was stationary.

Fluorescent tubing was dimmed in light trading.

Knives were up sharply.

Pencils lost a few points.

Hiking equipment was trailing.

Elevators rose, while escalators continued their slow decline.

Weights were up in heavy trading.

Mining equipment hit rock bottom.

Diapers remained unchanged.

The market for raisins dried up.

Balloon prices were inflated.

And toilet paper touched a new bottom.



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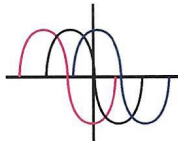
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*Wishing you all a safe and Happy New Year!*

## You Must Be Joking!!



- Why do some couples go to the gym?  
Because they want their relationship to work out.
- What's the most detail-oriented ocean? The Pacific.
- How can you tell it's a dogwood tree? By the bark.
- Why did the man fall down the well? Because he  
couldn't see that well.
- What kind of drink can be bitter and sweet?  
Reali-tea.
- I signed up for a marathon, but how will I  
know if it's the real deal or just a *run*  
*through*?
- What's Forrest Gump's password? 1forrest1
- I've been thinking about taking  
up meditation. I figure it's better than sitting  
around doing nothing.
- What's a crafty dancer's favorite hobby?  
Cutting a rug.



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## Looking for Relief from Low Back Pain? *By Carrie Bergen-Geisel, Certified Yoga Teacher*

Recently, my husband had acute pain in his lower back. He made a slight movement and suddenly he was in pain. Have you had this happen before? I thought I'd share the three moves I had him do for pain relief and mobility.

Before going into the moves, a bit of history leading up to his lower back pain. He was very frustrated that such a small movement created so much pain. He exercises by playing sports three times a week and has a sit/stand desk for work, so in his mind he shouldn't be having this problem. While these are both very good things, he has been working 60 to 70 hour weeks for the past six months with few to no movement breaks throughout the day. Those long hours in a stagnant position and the stress of his job are creating a lot of contraction and shortening of the muscles and fascia within his body.

Our bodies are meant to move. You've probably heard the term 'sitting is the new smoking'. I like that saying and it can be applied to standing too! Basically, lack of movement within the body is not conducive for mobility.

The following three dynamic stretches help to lubricate the joints and stretch the fascia to clear tension and

tightness, wake up the spine and bring vitality to the body. He did these for a few minutes in the morning, mid-day and evening, and is continuing to do them for prevention. Ideally, I'd like him to do the moves every hour; however, a few times a day certainly has helped.

### Torso Twist

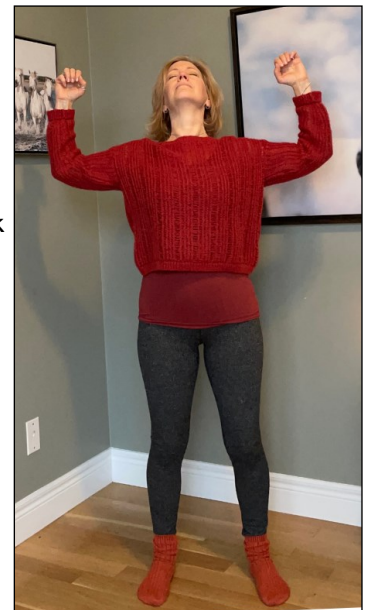
Stand with feet hip-distance apart and knees slightly bent. Twist your torso to the left while looking over your left shoulder and allow your arms to swing with your movement. Then rotate to the right and look over your right shoulder. Continue left to right in a fluid motion at a pace that feels comfortable. Try to keep your pelvis neutral.

### Tick Tock

Stand with feet hip-distance apart with your hands at your sides. Stay standing upright and reach your right hand toward the outer side of your right foot. You can also think about your right shoulder trying to come toward your right hip. As you do this, bend your left knee slightly. Then do the same on the left and go back and forth in a tick/tock motion. Once you get a fluid motion going, allow your head to join in the same motion (right ear to right shoulder) to get the entire spine moving.

### Spinal Cord Breathing

Stand with feet hip-distance apart and knees slightly bent. As you inhale, open up the chest by bringing the arms in a goalpost position and lift your chest towards the sky and look up slightly. As you exhale, bring your forearms together, round your back, and drop your head slightly. Allow your pelvis to naturally move with your movement so you're getting movement from your tailbone all the way up to your head. Continue in this way matching your breath with the movement.



### Video and Two Bonus Moves

If the explanation here isn't clear or you'd like to follow along and do the moves with me, I have created a video which includes these three moves and two bonus moves. You can access the video from my website here - [fortheloveofmovement.ca/articles/low-back-pain](http://fortheloveofmovement.ca/articles/low-back-pain).

*Note: This article is for educational purposes only, please consult your healthcare provider to see if these suggestions are right for your body.*

  
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## ONE PERCENTERS ~ It's great being part of the 1% Special Group!

**One percenters . . .** The 1% Age Group was born between 1930 & 1946 = 16 years. In 2021, the age range is between 75 & 91. Are you, or do you know, someone "still here?"

### **Interesting Facts For You . . . .**

You are the smallest group of children born since the early 1900s. You are the last generation, climbing out of the depression, who can remember the winds of war and the impact of a world at war which rattled the structure of our daily lives for years.

You are the last to remember ration books for everything from gas to sugar to shoes to stoves.

You saw cars up on blocks because tires weren't available.

You can remember milk being delivered to your house early in the morning and placed in the "milk box" on the porch.

You are the last to see the gold stars in the front windows of grieving neighbours whose sons died in the War.

You are the last generation who spent childhood without television; instead, you "imagined" what you heard on the radio. With no TV until the 1950s, you spent your childhood "playing outside." There was no Little League. There was no city playground for kids.

The lack of television in your early years meant that you had little real understanding of what the world was like. On Saturday mornings and afternoons, the movies gave you newsreels sandwiched in between westerns and cartoons.

You weren't neglected, but you weren't today's all-consuming family focus. Your parents were glad you played by yourselves until the street lights came on. They were busy discovering the postwar world.

Telephones were one to a house, often shared (party lines), and hung on the wall in the kitchen (no cares about privacy).

Computers were called calculators; they were hand cranked. Typewriters were driven by pounding fingers, throwing the carriage and changing the ribbon.

'INTERNET' and 'GOOGLE' were words which did not exist. Newspapers and magazines were written for adults and the news was broadcast on your radio in the evening.

The Government gave returning Veterans the means to get an education and spurred colleges to grow. The Veterans joined civic clubs and became active in politics.

Loans fanned a housing boom.

New highways would bring jobs and mobility.

The radio network expanded from 3 stations to thousands.

Polio was still a crippler.

You are the last generation to experience an interlude when there were no threats to our homeland.

The second world war was over and the cold war, terrorism, global warming, and perpetual economic insecurity had yet to haunt life with unease.

Only your generation can remember both a time of great war, and a time when our world was secure and full of bright promise and plenty.

You grew up at the best possible time, a time when the world was getting better... You are "The Last Ones." More than 99 % of you are either retired or deceased, and you feel privileged to have "lived in the best of times!"

*Submitted by Larry Hart*



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# Drop One For Fun

Answers on page 32

Write the five-letter answer to clue #1 in the first box. Drop one letter and rearrange the remaining letters to answer clue #2. Put the dropped letter into column A. Drop another letter and rearrange the remaining letters to answer clue three. Put the dropped letter into column B. Follow the pattern for each row into the diagram. When completed, the letters in column A and column B, reading down, will spell words or a phrase. Have fun!



1. Intercept and hold
2. Talk
3. A head covering
4. To change something
5. A measure or cost
6. A hot drink
7. Showing a lack of experience
8. High opinion of oneself
9. A type of motor vehicle
10. Adjoin
11. Part of a ticket
12. A bathing vessel
13. Wine ingredient
14. Leaf through a book
15. Length of time

|    |   |    |   |    |
|----|---|----|---|----|
|    | A |    | B |    |
| 1  |   | 2  |   | 3  |
| 4  |   | 5  |   | 6  |
| 7  |   | 8  |   | 9  |
| 10 |   | 11 |   | 12 |
| 13 |   | 14 |   | 15 |



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Community Corner ~ Check Out What's Going On!



# ZOOM FAMILY ARTS & CRAFTS


**WINTER 2022 PROGRAM FAMILIES WITH CHILDREN 0-18 YRS OF AGE**  
**MONDAYS 4:00-5:00**  
**THURSDAYS 3:30-4:30**  
**STARTING WEEK OF JANUARY 17TH**

**EARLY LIFE PROGRAM**  
**TUESDAYS 3:30-4:30**  
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 ART & SENSORY ACTIVITIES  
 FAMILIES WITH CHILDREN 0-6YRS (older siblings welcome)

**NEW**

ONCE YOU ARE REGISTERED, YOUR FAMILY WILL RECEIVE A PORCH DROP OFF AT THE BEGINNING OF THE MONTH WITH ALL THE SUPPLIES YOU WILL NEED FOR THE FOLLOWING MONTH'S ZOOM CALLS.

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[www.wilmotfamilyresourcecentre.ca](http://www.wilmotfamilyresourcecentre.ca)




**YOU HAVE THE POWER TO GIVE LIFE**  
Donate blood and join the movement today.


**Blood Donor Clinic**  
 Monday, February 14, 2 pm - 8 pm  
 Steinmann Mennonite Church  
 1316 Snyder's Road W., Baden

Looking to get rid of some empties?  
 Consider donating!

Wilmot Heritage Fire Brigades are hosting a bottle drive!




Baden Fire Department  
 Saturday January 29th



### Jigsaw Puzzle Alley

Are you a jigsaw puzzle fan? Susan Hammer is accepting your gently used puzzles as donation and reselling them to generate funds for local charities. If you would like to donate or buy some puzzles, check out Jigsaw Puzzle Alley on Facebook!



Happy New Year!



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**ICC**  
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**Rotary Wilmot**

**Calendar Fundraiser December Winners**

|   |  |
|---|--|
| <p><b>December 6, 2021</b><br/>                 Winner: Bob and Anne Thaler (Wellesley)<br/>                 Prize: \$50 Gift Certificate to Town Pantry</p> <p><b>December 13, 2021</b><br/>                 Winner: Amy Williams (Baden)<br/>                 Prize: \$50 Gift Certificate to Heritage Pet &amp; Garden</p> | <p><b>December 20, 2021</b><br/>                 Winner: Susan Hammer<br/>                 Prize: \$50 Gift Certificate to Is This Chair Taken?</p> <p><b>December 27, 2021</b><br/>                 Winner: Jody Bingeman (London)<br/>                 Prize: \$50 Gift Certificate to Jake &amp; Humphreys Bistro</p> |
|---|--|

*This space is generously donated by Expressway Ford supporting non-profit community events*




New Hamburg & Stratford

# WILMOT Shop Local

**Wilmot Shop Local Bingo** was a smashing success! Wilmot residents, let's continue to grow our small local businesses and give them the attention they deserve.

**BINGO WINNERS!**

- \$250 - Amber Clemins
- \$250 - Linda Walpole
- \$500 - Brenda Moore
- \$1000 - Katie Morrison

- 197 - Entries
- 727 - Visits to Businesses
- 22% had full cards
- 19% had one line
- 59% had two lines

Allan Beach of *Allan Beach Roofing* was a major sponsor and pulled one of the lucky winning tickets.



*Co-organizer Stephanie Goertz, Councillor Barry Fisher, Councillor Jen Pfenning, Councillor Cheryl Gordijk, co-organizer Lillianne Dunstall, and Mayor Les Armstrong met December 30th to draw the winning names of Wilmot Shop Local bingo.*



## "BEER for a YEAR" DRAW FRIDAY, FEBRUARY 11, 2022

Between 2nd and 3rd Period  
at the **Wilmot Recreation Complex**

- 1st Prize:** The Beer Store Gift Card \$1000.00
- 2nd Prize:** Sobeyes Gift Card \$400.00
- 3rd Prize:** Snap on Mini Fridge
- 4th Prize:** LCBO Gift Card \$200.00
- 5th Prize:** Tim Horton's Gift Card \$100.00
- 6th Prize:** McDonald's Gift Card \$100.00
- 7th Prize:** Taste of Wilmot Gift Basket



**Tickets \$5.00 each**

Lottery Permit # M701056

Tickets are now on sale for the New Hamburg Firebirds "Beer for a Year" annual raffle. Tickets can currently be purchased from any member of the Firebirds executive, staff and players and are also available to purchase at all Firebird home games. Further information regarding how to purchase tickets online will be posted on the New Hamburg Firebirds webpage and Facebook page. The Firebirds would like to thank our community members for their generous donations. Tickets are \$5.00 each and the draw will be made on Feb. 11th at the final regular home game of the season.

Upcoming Firebird home games will hopefully resume Fri. Jan. 28th, Sat. Jan 29th, Fri. Feb. 4th and 11th. Puck drop is 7:30pm for all home games. Come on out and cheer for your local junior hockey team.

### WILMOT LIONS/LIONESS 12 DAYS OF CHRISTMAS WINNERS



- Day 1- Henry Stubin - New Hamburg \$500
- Day 2- Mary Gingerich - Baden \$500
- Day 3- Justin Clark & Alicia McLean - Baden \$500
- Day 4- Marjorie Heimple - Philipsburg \$500
- Day 5- Brooke Oliver - Baden \$500
- Day 6- Danielle Cook - New Hamburg \$500
- Day 7- Jenny Coles - New Hamburg \$500
- Day 8- Mary Snider - New Hamburg \$500
- Day 9- Hilary Purvis - New Hamburg \$500
- Day 10- Ken & Judie Seltzer - New Hamburg \$500
- Day 11- Susan Tom - Markham \$1000
- Day 12- Joan MacDonald - Kitchener \$2000

"Thank you Wilmot and beyond for making our 2nd annual *12 Days of Christmas* draw such a success. We couldn't have done it without you! Wilmot truly is a supportive, caring community." – Susan Hammer

*Congratulations to the  
Hemmerich Christmas Draw Winners!!*

**Leonard Koch**

*Winner of two Oticon More 1 Hearing aids*

**Bruce Mcleod**

*Winner of Dana Short gift card*

## Reduce to Produce *Answers on page 32*

Eliminate words from the clues below. The remaining words will create the answer to this riddle.  
(Read remaining clues left to right, top to bottom)

How do you make a snowman's bed?

| A     | B      | C    | D       |
|-------|--------|------|---------|
| LEG   | FRESH  | THIN | SHEETS  |
| OF    | FROM   | THE  | ICE     |
| WHITE | AND    | A    | MICE    |
| THICK | KETTLE | BLUE | BLANKET |
| BIN   | OF     | HOW  | CHEEK   |
| BUNNY | THAN   | SNOW | STOVE   |

1. Remove all kitchen appliances
2. Remove all 3-lettered words in column C
3. Remove all words that rhyme with shin
4. Remove all animals
5. Remove all 4-lettered words in column B
6. Remove all words that are colours
7. Remove all body parts



Write leftover words here:

---



---



---

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## Flight 2022 Instructions



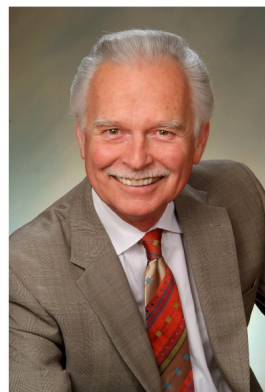
Good morning and welcome to Flight 2022.

We are prepared to take off into the New Year. Please make sure your positive attitude and gratitude are secured and locked in the upright position. All self-destruct devices: pity, anger, selfishness, pride, and resentment should be turned off at this time. All negativity, hurt, and discouragement should be put away. Should you lose your positive attitude under pressure during this flight, reach up and pull down a prayer. Prayers will automatically be activated by faith. Once your faith is activated, you can assist other passengers who are of little faith. There will be no baggage allowed on this flight. God, our Captain, has cleared us for take-off. Destination - greatness!

Wishing you a New Year filled with new hope, new joy, and new beginnings.



Stay blessed!  
And welcome in 2022.



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# Cook's Corner



## Katie's Soft and Buttery Dinner Rolls

During winter months, Canadians eat a lot of stews, chilis, and soups. Dinner rolls make a wonderful side for these warm dishes. These quick and easy buns are ready to eat in an hour. They make my kitchen smell so good and they make great buns for lunches the next day too! I've not been too experienced in making yeast products but had fun learning during these pandemic months, and having great success. *Mom and Kid approved!*



### Ingredients

- 1 cup water
- 2 tbsp melted butter
- 1/2 cup milk
- 2 tbsp honey
  
- 1 tbsp dry yeast
  
- 3-1/2 cups flour
- 1 tsp salt
  
- 1/2 cup more flour

### Directions

1. Heat water, butter, milk, and honey in microwave safe bowl for one minute. Stir. Microwave 15 seconds over and over until 110 degrees Fahrenheit is reached.
2. Add yeast. Fork to mix. Wet mixture will foam.
3. In another bowl, mix flour and salt. Add to wet mixture. Knead extra flour in until not sticky. Knead on floured surface for 5-7 minutes.
4. Let dough rise for 15 minutes with damp cloth over top.
5. Preheat oven to 400 degrees Fahrenheit. Grease two glass baking dishes with butter.
6. Punch dough then cut into 12-15 equals balls. Let rise in baking dishes for additional 15-20 minutes with damp cloth on top.
7. Remove damp cloth and bake uncovered for 15 minutes.
8. Take buns out and baste with butter. Put back in oven for a few more minutes.

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### Fun Ideas for Playing in the Snow

Typically snow play consists of creating snow figures/forts, tobogganing, making snow angels, or snowball fights. Here's a list of other snowy ideas you can try.

- \* Stamp your feet on freshly fallen snow and make a snow maze.
- \* Put food colouring and water in a spray bottle and colour the snow.
- \* Look for animals tracks and follow where they might lead.
- \* Blow bubbles and watch them freeze.
- \* Make bowling pins and a bowling ball with packed snow.
- \* Draw a target in freshly fallen snow and throw snowballs to see who can hit the target.
- \* Make a giant pyramid out of rolled snowballs.
- \* Play a game of snow golf. Bury tin cans just under the snow and hit your golf ball in.
- \* Measure your body with snow balls.
- \* Stamp your feet and create a large peace sign. Play tag where you can only stay within the stamped track. Works best on freshly fallen snow.
- \* Dig out a roadway in the snow and zoom some cars along the map you created.

### Maple Syrup Snow Taffy

1. Collect clean, fresh snow onto a cookie sheet. Leave outside until ready to use.
2. Place 1 cup of maple syrup into a pot. Bring maple syrup to a 235F boil on a cooking thermometer.
3. Remove pot from heat and carefully pour maple syrup into clean snow in strips. Using a stainless steel ladle with a pour spout is helpful!
4. Immediately press popsicle sticks into the maple syrup strips. Roll or shape the maple syrup around the sticks. The longer you leave the syrup in the snow, the harder and crunchier it will become.



*You're sure to find some gear at the NH Thrift store if needing skis or maybe even snow shoes!*

*The key to enjoying outside activities is to dress warm. Put on layers and a scarf, big hat, warm boots, and thick mittens. We live in Canada, let's keep it real—Put on your long underwear!*



A little winter humour...



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## Snow Kidding– Facts and Tidbits of all Things Snow



Many Canadians love winter, but some, not so much. These last two years of Covid have interrupted the many snowbirds who like to ‘winter’ in warmer climates. Winter is a time when birds migrate, insects and many other species hibernate, the temperatures drop, and the snow flies.

Snow seems like such a simple thing, but in fact it is quite intriguing. I am sure that many have heard that there are no two snowflakes that are the same. This discovery was made by Wilson A. Bentley, born in Jericho, Vermont in 1865, who took over 5,000 microphotographs of snowflakes and discovered that no two snowflakes are alike.

All snowflakes contain six sides or points! The molecules in ice crystals join to create a hexagon shape. This allows the water molecules, which contain one oxygen and two hydrogen atoms to form together in a most efficient way.

Snow scientist Charles Knight with the National Center for Atmospheric Research in Boulder, Colorado estimates each snow crystal contains around 10,000,000,000,000,000,000 water molecules. The number of ways these molecules can arrange themselves is nearly infinite. In 1988, Nancy Knight, a scientist at the National Center for Atmosphere Research in Colorado, found two identical snowflakes that came from a storm out of Wisconsin. Not sure what the odds of that happening are, but they must be pretty low!

Since frozen water (ice) is a natural-occurring solid, snow is categorized as a mineral. It is also not white – it only appears that way because visible light is white. Ice is translucent but the sunlight’s reflection gives it a white appearance.

Freshly fallen snow absorbs sound waves which gives us a quieter ambience, as witnessed in Schmidt Woods. As the temperature drops, snow and water freeze and the earth reflects sound waves making them louder and travelling further. Speaking of sound and to clarify a perception - yodelling does not cause avalanches. A sudden surge of snowfall, snow temperature, and wind speed can cause them.

Snow can be cruel. The most snow from a single snowstorm in North America was 189 inches. This was at the Mount Shasta Ski Bowl in Northern California. Snow can be lovely as seen on Christmas Eve or in the delightful first snowfall of the year, until our perception slowly changes back to the drudgery of it. Yes, the mess of it, the cold of it, and the treachery of road travel. Snow can be

fun as seen or experienced on any ski hill or snowmobile trail. Snowball fights, snow angels, and tobogganing are also family favourites. We, Canadians, are lucky to have these seasonal changes!

### Understanding the Many Types of Snow Events

**Blizzard** – This is a violent winter storm lasting at least 3 hours and combining sub-zero temperatures and high winds with general visibility of less than 400 metres.

**Snowsquall** – Is a brief but intense snowfall combined with strong winds.

**Blowing snow** – Is when winds elevate fallen snow that reduces visibility to 800 metres or less.

**Winter Storm** – Is when two or more severe and potentially winter weather conditions combine.

**Winter Storm Watch** – This is issued when conditions are favourable for potentially dangerous winter weather including a blizzard.

**Snow Flurry** - This is generally light snow that falls for short durations with varying intensity.

### Wintertime alerts

**Special weather statement** – Is the least urgent type of alert that lets you know that conditions are unusual and there could be cause for concern.

**Watches**- These are issued if there is a potential for a significant storm or severe weather.

**Warnings**- Are urgent messages informing you that severe weather is coming or occurring.



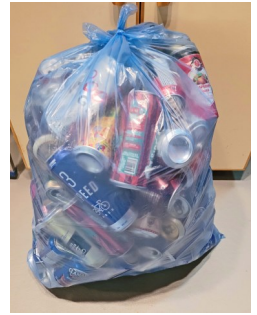
March 1923  
Castle Kilbride Photo Collection

## Unsung Heroes of Wilmot ~ Meet Doug Miller

New Hamburg resident Doug Miller clearly loves living in Wilmot Township. He has served his community in many ways over the years. Doug is an active member of the New Hamburg Optimists—22 of his 27 years he was acting treasurer. He also served several years as equipment manager for the New Hamburg Firebirds. It is hard to keep a community-minded person like Doug, without a community-minded project. In September of 2019, Morningside resident Gail McMullen asked if there was anyone was willing to take over her role of running the beer can redemption program - Doug stepped up to fill her shoes.

Gail and her crew did an amazing job of collecting recyclables. Their deposit returns were donated to the Wilmot Family Resource Centre Christmas Hamper Program. Doug had some ideas to enhance the program such as adding pop cans that are accepted Triple M Metal in Kitchener. He also approached the New Hamburg Legion and Riverside Lanes about donating to the cause. As well, he encouraged many New Hamburg residents to contribute to his program.

Doug puts 100 cans in clear bags which is very helpful for The Beer Store staff to see and sort. One hundred uncrushed beer cans are worth \$10 and Doug also receives a number of wine and spirit bottles. All of the deposit refunds get donated to his cause. Recently Doug was fortunate to have Morningside ladies, Irene Jutzi and Patty Bauman, affectionally known as the “Can Can Girls” dedicate themselves to walking the village every Tuesday morning collecting cans. They love the exercise and fresh air and happy to support “Can Crusher Doug”.



From September 2019 to August 2020, he managed to process \$1200 worth of recycling materials. From September 2021 to the end of December 2021 he raised \$921.35. This money, as well as Morningside programs such as bake sales, produce sales, and other events enabled the Wilmot Family Resource Centre to buy 15 Christmas baskets valued at roughly \$300 to give to families in need in our community.

Doug has a goal he is hoping to reach. He would like to donate \$2000 by the end of August 2022.

Doug, we salute you for your efforts! These endeavours are just one of the things that makes Wilmot Township a special place to live. We tip our hat to you!



*Close to print time, we heard from his wife, Mim, that Doug had taken a fall on the ice and broke his leg, which required surgery. His can collection program will resume when he is back in motion. We wish him a speedy recovery!*



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## Approximate Township Population Information

|                 | 2011          | 2012          | 2013          | 2014          | 2015          | 2016          | 2017          | 2018          | 2019          | 2020          | 2021          |
|-----------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| Baden           | 4,553         | 4,653         | 4,742         | 4,935         | 4,996         | 5,005         | 5,013         | 5,030         | 5,114         | 5,125         | 5,161         |
| Foxboro Green   | 430           | 430           | 430           | 430           | 430           | 430           | 430           | 430           | 430           | 430           | 430           |
| Haysville       | 129           | 129           | 129           | 129           | 129           | 129           | 129           | 129           | 129           | 129           | 129           |
| Lisbon          | 61            | 61            | 61            | 61            | 61            | 61            | 64            | 64            | 64            | 64            | 64            |
| Luxemburg       | 27            | 27            | 27            | 27            | 27            | 27            | 27            | 27            | 27            | 27            | 27            |
| Mannheim        | 1,067         | 1,067         | 1,071         | 1,071         | 1,071         | 1,071         | 1,071         | 1,071         | 1,071         | 1,071         | 1,074         |
| New Dundee      | 1,217         | 1,220         | 1,223         | 1,223         | 1,229         | 1,226         | 1,226         | 1,235         | 1,235         | 1,238         | 1,238         |
| New Hamburg     | 7,930         | 8,084         | 8,241         | 8,332         | 8,421         | 8,583         | 8,844         | 9,014         | 9,116         | 9,176         | 9,176         |
| Petersburg      | 406           | 406           | 406           | 409           | 409           | 409           | 409           | 409           | 409           | 409           | 409           |
| Philipsburg     | 80            | 80            | 80            | 80            | 80            | 80            | 83            | 83            | 83            | 83            | 83            |
| Shingletown     | 113           | 113           | 113           | 113           | 113           | 113           | 113           | 113           | 113           | 113           | 113           |
| St. Agatha      | 624           | 624           | 624           | 624           | 627           | 627           | 627           | 627           | 627           | 627           | 627           |
| Sunfish Lake    | 13            | 13            | 13            | 13            | 13            | 13            | 13            | 13            | 13            | 13            | 13            |
| Wilmot Centre   | 55            | 55            | 55            | 55            | 59            | 59            | 62            | 62            | 62            | 62            | 62            |
| Non-Settlement  | 3,330         | 3,324         | 3,327         | 3,327         | 3,318         | 3,318         | 3,318         | 3,336         | 3,357         | 3,390         | 3,435         |
| <b>Township</b> | <b>20,035</b> | <b>20,286</b> | <b>20,541</b> | <b>20,828</b> | <b>20,982</b> | <b>21,151</b> | <b>21,429</b> | <b>21,643</b> | <b>21,850</b> | <b>21,957</b> | <b>22,041</b> |

December 31, 2021: Township of Wilmot Development Services

## *2022 Lincoln Corsair*



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Welcome the New Year. Gardens Canada has proclaimed this is the **Year of the Garden 2022**, a Centennial Celebration of our horticulture sector, to commemorate Canada's rich garden heritage, celebrate today's vibrant garden culture, and create important legacies for a sustainable future. <https://gardenscanada.ca/year-of-the-garden>. Last year was Plant for Hope, with yellow being the themed colour. This year it is red.

Thinking of a road trip this spring, summer or fall? 'Be inspired by garden experiences found in public gardens across Canada. View landscapes that represent different regions, climate zones, and purposes, for fun, and to help you plan your own backyard garden sanctuary'. Check the above site for Canada's Garden Route. Many gardens are listed from coast to coast. We have many local gardens in Southern Ontario such as the Royal Botanical Gardens, Whistling Gardens, Edwards Gardens, Allan Gardens, Toronto Botanical Gardens, and Toronto Music Gardens. Rockway Gardens in Kitchener is worth a visit. For natural landscapes, we have our own trails through Schmidt Woods, Baden Hills, and Laschinger Forest.

If you are concerned about climate change, look at things you can do in your own yard. Learn how planting native shade trees, rain gardens, green roofs, and food gardens can make a sustainable difference. This supports wildlife and creates wildlife corridors when using native plants. WHS and Let's Tree Wilmot FB pages are sites to learn of relevant webinars and links to information.

Get children involved in gardening whether it is for food or to attract birds, butterflies, and bees. A great resource is the Halton Master Gardeners' website. Click on *Growing Gardeners*. For big kids, check out the *Learn* section at [www.haltonmastergardeners.com](http://www.haltonmastergardeners.com). WHS donates books yearly to our local libraries. Search the catalog for ideas or talk to the staff. There is also a Seed Library. Do you season your food with black pepper? Where and how does it grow? Piper nigrum, or peppercorn plant, is a tropical vine grown in hot countries such as India, Indonesia, and Brazil. It is often grown up other shrubs or trees like coffee and palm trees. Black peppercorns are the cooked and dried unripe fruit. Green peppercorns are dried unripe fruit and white pepper is the ripe fruit seeds.



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**Winter To Do List (or Should or Might Get To List)**

- ◆ **Keep active! Walking is an excellent activity and the Wilmot Rec Center has a great track to use during the winter! Or you can use our local trails or country roads.**
- ◆ Watch for pests (white flies, spider mites, and aphids) and diseases on houseplants.
- ◆ Pot up paper whites and amaryllis bulbs for winter bloom.
- ◆ Read – “100 Easy to Grow Native Plants for Canadian Gardens” by Lorraine Johnson at our library and for more ideas, see suggestions above.
- ◆ Most houseplants will not need any fertilizer as they are not actively growing. Orchids can be fed, “weakly, weekly”, using a dilute organic fertilizer. Dilute by ¼ or more.



**For more information & great gardening information.**

[www.facebook.com/groups/3133495739996313](http://www.facebook.com/groups/3133495739996313)  
Email: [wilmothortsociety@gmail.com](mailto:wilmothortsociety@gmail.com)



Let's Tree Wilmot  
Email: [letstreewilmot@gmail.com](mailto:letstreewilmot@gmail.com)  
FB: [facebook.com/letstreewilmot](https://www.facebook.com/letstreewilmot) for tree info and webinars! Website: [letstreewilmot.ca](http://letstreewilmot.ca)

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## SAVE WITH A BUNDLE

|  |  |
|--|--|
| <p><b>Family Bundle</b><br/><b>\$150</b></p> <p>5lb Ground Beef<br/>5lb Pork Sausage<br/>4lb Chicken Breast<br/>3lb Pork Chops<br/>3lb Bacon<br/>1 Summer Sausage<br/>12 Large Wieners</p> | <p><b>Pork Bundle</b><br/><b>\$100</b></p> <p>4lb Pork Sausage<br/>4lb Country Style/<br/>Centre Ribs<br/>4lb Butt Roast<br/>3lb Pork Chops<br/>3lb Pork Schnitzel<br/>2lb Bacon</p>         |
| <p><b>Breakfast Bundle</b><br/><b>\$30</b></p> <p>2 Dozen Eggs<br/>12 Breakfast Sausages<br/>1lb Bacon<br/>1lb Peameal Bacon<br/>or Back Bacon</p>   | <p><b>Winter Bundle</b><br/><b>\$100</b></p> <p>6 Rolled London Broil<br/>12 Garlic Meatballs<br/>1 (4.5lb) Stuffed Turkey<br/>Thigh Roll<br/>5lb Fresh Pork Sausage<br/>5lb Ground Beef</p> |

# Kids' Corner

By: Karrienne Berberich  
[www.beereadyresources.com](http://www.beereadyresources.com)



Fill in the blanks...

The Chinese New Year for 2022 will be celebrated on February \_\_\_\_\_.

The celebrations last for \_\_\_\_\_ days.

It will be the Year of the \_\_\_\_\_.

### Crazy days in January...



**8th** - Bubble Bath Day

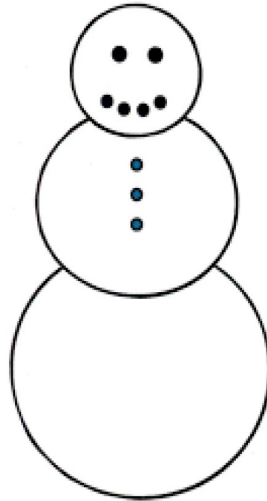
**11th** - Step In a Puddle and Splash Your Friend's Day

**14th** - Dress Up Your Pet Day

**21st** - National Hugging Day

**23rd** - Measure Your Feet Day

Look at a calendar and count the days for January.  
 How many are there?



Can you finish building the snowman?

### Winter Word Jumble

Unscramble the letters to spell some winter words.

1. HESLVO \_\_\_\_\_
2. NWSO \_\_\_\_\_
3. THA \_\_\_\_\_
4. NITWRE \_\_\_\_\_
5. ELDS \_\_\_\_\_
6. LCDO \_\_\_\_\_



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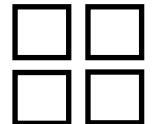
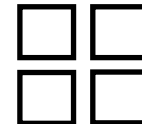
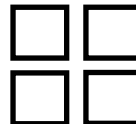
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Hey kids! Go through the January Baden Outlook from front to back and see if you can find four of each of these items! Check the boxes when you find them!



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# HAPPY NEW YEAR BADEN!

The start of a new year always feels like kind of a big deal, doesn't it? And while we're sure January 1st, 2022 will feel just as special, how we usher in the new year might not look exactly like years past. Regardless of how we all celebrate, we think it's important to pause, reflect on 2021, and appreciate everyone that helped us through the year.



We're lucky to have such a strong supporting cast at the Lambert Group - not just our families (who are rock stars for dealing with us and our work family), but also the Baden community - made up of the amazing people we've come to know here over the years. We go to work every day excited to help this community achieve their goals, and can't wait for another year of successful clients, community outreach, and welcoming new friends to Wilmot Township!

“

*The Lambert Group have been terrific to work with. They have a very comprehensive approach that helped sell my house quickly. They are a group that is responsive, thinks of all the many small details and genuinely cares about the outcomes for their clients. I would not hesitate to recommend working with them.*

-Janice B.

## Beatles Quiz

20. Mariah Carey is second with 19.
- From Buddy Holly and the Crickets.
- Elvis Presley, but John was disappointed when he met him.
- Bob Dylan in 1964.
- A Salvation Army orphanage close to where John lived in Liverpool.
- The Quarryman. Also known as The Blackjacks.
- 3000.
- Eric Clapton
1. (12 hours).
- Richard Starkey.

## Reduce to Produce

Fresh sheets of ice and a thick blanket of snow

## ANSWERS from Outlook Fun

## Drop One For Fun

- |           |          |         |
|-----------|----------|---------|
| 1. Catch  | 2. Chat  | 3. Hat  |
| 4. Alter  | 5. Rate  | 6. Tea  |
| 7. Naive  | 8. Vain  | 9. Van  |
| 10. Abuts | 11. Stub | 12. Tub |
| 13. Grape | 14. Page | 15. Age |

Creating special words Clear and Crisp

## All Things Scrambled

| <u>Spices</u> | <u>Disney Characters</u> |
|---------------|--------------------------|
| Clove         | Goofy                    |
| Anise         | Pluto                    |
| Cumin         | Belle                    |
| Pepper        | Ariel                    |
| Garlic        | Mickey                   |
| Fennel        | Mowgli                   |
| Ginger        | Tigger                   |
| Nutmeg        | Donald                   |
| Paprika       | Bashful                  |
| Cayenne       | Jasmine                  |

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As we welcome in 2022, I want to ask you: what is your New Year's resolution? We all know that some New Year's resolutions are short-lived and some are life-changing! If you're looking for a New Year's resolution that will be life-changing, I urge you to consider getting involved in your community. New Hamburg Thrift Store is a great place to meet new people and put some of your talents to work serving your community. Whether you are recently retired or a student needing community service hours for your diploma, volunteering can be fun for everyone!

For those of you who don't head South for warmer weather, January and February can be months you feel like hibernating. However, we are not bears so we don't get that privilege! As Canadians, we still need to brave the cold, no matter how bad it gets. That doesn't mean you can't enjoy it and embrace the opportunities all around you. Feeling cluttered or in need of more space? Spend those cold days cleaning out those little treasures you no longer use, including housewares, clothing, and gently-used furniture.

We currently have a number of volunteering openings to get you out of the cold and gathering with friends. Social distancing is of course in place! Whether you want to learn a new skill or contribute your life-learned skills to a good cause, we have a position for you! Bring a friend and make it a social



event to look forward to every week!

So, I challenge you to make your New Year's resolution a life-changing one that you can feel good about for years to come! Donate, volunteer, and support your local MCC Thrift Store.

Please reach out to [newhamburgthrift.com](http://newhamburgthrift.com) and fill out a volunteer application, or you can email Jennifer at [jenniferwoolner@mcco.ca](mailto:jenniferwoolner@mcco.ca).

Current Volunteer Needs

- Backdoor Receivers – Greeting donors and sorting donations as received
- Housewares – Sorting donated housewares, dishes, and home décor
- Cashier
- Floor Support
- Clothing Sorter & Tagging

Happy New Year to all and Blessings for 2022.

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[www.smchurch.ca](http://www.smchurch.ca)

**Zion Philipsburg Lutheran Church**

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[www.philipsburglutheranchurch.ca](http://www.philipsburglutheranchurch.ca)

**Emmanuel Lutheran Church**

Sunday Worship 9:30 a.m.  
[www.petersburgchurch.org](http://www.petersburgchurch.org)

**Shantz Mennonite Church**

Sunday Worship 9:30 a.m.  
[www.shantzmc.ca](http://www.shantzmc.ca)

**St. James Lutheran Church**

Sunday Worship 9:00 a.m.  
[www.stjamesinbaden.org](http://www.stjamesinbaden.org)

**Wilmot Mennonite Church**

Sunday Worship 10 a.m.

**St. Agatha Mennonite Church**

Sunday Worship 10 a.m.  
All are welcome. 519-634-8212



# LET'S TALK!



**THE REAL STORY - AND HOPE FOR THE FUTURE!**  
DOCUMENTARY SCREENING & WEBINAR PANEL DISCUSSION AND Q&A

## EVENT DETAILS:

**Step 1:** Watch "The Story of Plastic" documentary on your own anytime between **January 27th** and **February 3rd, 2022.**

**Step 2:** Join the webinar panel discussion and Q&A about the film from **7-9pm** on **February 3rd.**

## OUR PANEL:

**Gabriel Saunders** - Co-founder of biotech start-up company "Decomp."

**Jon Jukes** - President of "Plastics Redeemed" waste recycling company.

**Karen Wirsig** - Plastics Program Manager, Environmental Defence Canada.

**Kayli Dayle** - CEO of reusable packaging company "Friendlier."

Free event but registration is required.

[nvecoboosters.com](http://nvecoboosters.com)



The Baden Outlook is eager to get out and about in the new year.



Recently the paper went to Cuba. Please submit your photo and share the fun!

[badenoutlook@hotmail.com](mailto:badenoutlook@hotmail.com)



Deb Vinski and the best chamber maids, Fani and Tahimy, enjoyed the Baden Outlook in Varadero, Cuba

LEAVE ALL THE PLANNING TO US! JOIN ONE OF OUR GROUP TOURS IN 2022.



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