

JANUARY 2021

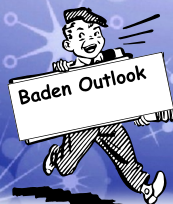
VOLUME 21, ISSUE 6

Baden Outlook

~ Your Community Newsletter ~
Keeping the Community Connected since 2000



*Happy
New Year!*



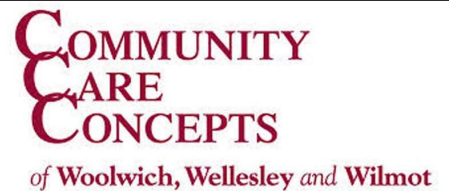
This paper is priceless -
Please have one!



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 www.badenoutlook.com
 Barry, Pat, & Katie Fisher

Check out what's happening in the paper this month:

- Barry is excited about his new set of wheels
- Learn about Wilmot's artistic photographer
- Check out the many positives that came from the library through 2020
- Be careful with your back this winter - learn tips with Dr. John
- ICC helps create new intentions for 2021
- Clever Winter Hacks from Chris Ehrat
- Learn how seeds travel with the birds
- Try your hand at our snowy blowy crossword
- Enjoy the featured history story of Baden's Rumpel Slipper Factory
- 2020 Wilmot Statistics

The Baden Outlook is a grassroots family business serving the community of Baden and Wilmot Township.

The views expressed in this newsletter are not necessarily those of The Baden Outlook.

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Greetings from Headquarters ~



Happy New Year! We have arrived into 2021 with great hopes of a better year ahead. It will take some time to turn this around so until then we have to keep our best foot forward—perspective is key right now. There's no denying the comfort of your cozy pants but be sure to zip up or tuck in or whatever it takes to keep your self respect. As we enter the new year in lockdown we can continue to enjoy the typical months of hibernation and all that goes with winter. We've been lucky to have mild temperatures thus far so try to get out for exercise, and stay in touch with your loved ones. It doesn't matter how far away you are, a voice conversation feels so good. We can come out on the other side of this strong and healthy if we keep ourselves positive. Enjoy the simple things of each day, and let's not let the pandemic define us.

Katie enjoyed a drive through Baden and was on the hunt for snowmen. She was happy to find them and they are featured on the front page and inside back page... Thank you to those who made them!



Earlier in the fall, I was feeling unhappy about my social media presence and the amount of time I spent on it. I decided to slash my friends list in half and only keep those with whom I chatted more regularly. I felt happy with all my friendships, but just felt the need to keep my circle a little smaller for awhile.

At the beginning of December, I was still feeling uneasy about Facebook, being the massive corporation it is, and how so many people rely on it to keep social, myself included. I know we are in the middle of a pandemic and it's very healthy to be social, but remember life before these social apps? I deleted these apps off my phone and felt such a relief! It's not there for me to mindlessly scroll through the lives of others. The first day felt weird. I used 'Facebook Messenger' as my primary source of communication. I decided to keep 'WhatsApp' for my texting of friends and 'Snapchat' as my fun go-to picture sharing app for now. But what a difference my life has seen. My aunt had a birthday—first of all, I remembered all on my own and didn't need Facebook to "remind me". Secondly, I picked up the phone and called her! We chatted and I asked about her day. Instead of just a "happy birthday Aunt Cathy" on her wall, I actually reached out and had a real conversation. With this off my plate, I am finding I am getting so much more checked off my daily to-do list. I ordered 215 photographs to fill baby books. I vacuumed under the couch. I put a wall anchor in that pesky curtain rod that likes to droop down. I feel more efficient and more in control of my life! Also, social media is not a deep social connection.

Sure, I have days I miss the newsfeeds when I'm bored, but I certainly don't miss the comment threads of those who reek negativity. I occasionally check 'Facebook Messenger' on the computer to see if I've missed any important conversations, but I definitely don't feel the need to seek it out. Simon certainly loves having more of my brain. I'm more plugged in... we play, we laugh, we cuddle. How can Facebook top that?



My challenge to you is to identify something in your life that you may lean on too much that is not necessary, or is unhealthy. Engage with friends on a deeper level than social media. Call them and hear their voice, snail mail them. It feels amazing! New Year, new you! Katie

Talking with Ed

~ Pedal Power



I have always wanted to buy a scooter or E-Bike (an electrically assisted bicycle as they are technically called) but with already owning two cars it seemed like a bit of a luxury. I also had a fear of not looking cool riding one. Since I am retired, the thought of owning two vehicles seemed unnecessary, so Pat and I sold both our cars and bought one newer vehicle. That opened the door for me to start watching the Kijiji ads for an E-Bike.

I think the draw for me to purchase an E-Bike was the fact that most of the trips we take in our car are into the New Hamburg business area. Using an E-Bike is so much better for the environment and once you figure in the price of gas, license, and insurance (E-Bikes that are 500 watt or less do not require insurance or a special license) it creates value on its own.



About two months ago I stumbled onto what I thought was a bargain. An elderly gentleman was moving from his home to an apartment and couldn't bring his bike with him. Pat was busy, so I called Katie and asked if she would join me for the inspection and after him giving us a demonstration, I bought it. The next challenge was getting it home from Waterloo. "When I bought it, I put it in the back of my SUV," claimed the owner. The three of us loaded it in the new car, breaking a mirror in the process...oops! Once home we managed to break the other mirror taking it out of the vehicle...dang it!

Pat, Katie, and I looked at the new purchase with trepidation, so I donned one of the two helmets that came with the bike and off I went down the road. It was a lot of fun and upon my return I said to Pat, "It's your turn." She took the challenge narrowly missing a hydro pole, but made it back to the house – she too thought it was fun. I decided to try a run to New Hamburg except on the way back it started losing power, so I decided to give it a charge.

The next day I said to Pat, "Let's go to Sobeys with the bike." Off we went and once again on the way back it lost power, which meant only one thing, it needed new batteries (not to mention we had to walk it home). I phoned Electric Cycle in Waterloo and asked them if they carried these particular batteries and they told me 'yes' and they cost \$109. I thought, "that's not too bad" until I found out I needed four of them. The batteries cost more than the bike! A little bit of research and I found some for \$39 each which gave me a sigh of relief.

The company shipped them to me, and I will have to admit that I am technically challenged with wiring new batteries, so I called on my buddies to help with the task. Despite their brilliance we concluded that the batteries were dead, so I then contacted the company and luckily, they sent new ones. The new batteries showed up and after some extensive

research I thought I would try to install it by myself – which didn't end well. Hence, my pals added their expertise and we finally got the bike up and running. The bike only has 2500 kilometres on it and it will reach speeds of 40 kilometres an hour. Now I have to wait for better weather before using it again. And nice that Pat got me some tattoo sleeves for Christmas so I will indeed look cool!



Why don't I have any tattoos?
For the same reason you don't put a bumper sticker on a Ferrari.

E-Bikes have gained popularity worldwide. COVID has made many people think of using alternative choices other than public transit in the cities. Both Covid and climate change are making us consider other ways to do things and I am guessing that E-Bikes might be one of those changes.

Until next month...Ed



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Balance Sheet of Life



- The greatest asset..... Faith
- The greatest joy..... Giving
- The greatest loss..... Loss of self-respect
- The most satisfying work..... Helping others
- The ugliest personality trait..... Selfishness
- The greatest "shot in the arm"... Encouragement
- The greatest problem to overcome..... Fear
- The most effective sleeping pill..... Peace of mind
- The most crippling failure disease..... Excuses
- The most powerful force in life..... Love
- The most dangerous act..... Gossip
- The world's most incredible computer..... The brain
- The worst thing to be without.... Hope
- The deadliest weapon..... The tongue
- The two most power-filled words.... "I can"
- The most worthless emotion..... Self-pity
- The most beautiful attire..... A smile!
- The most prized possession.... Integrity
- The most contagious spirit... Enthusiasm
- The most destructive habit.... Worry

Life ends, when you stop dreaming.

Hope ends, when you stop believing.

Love ends, when you stop caring.

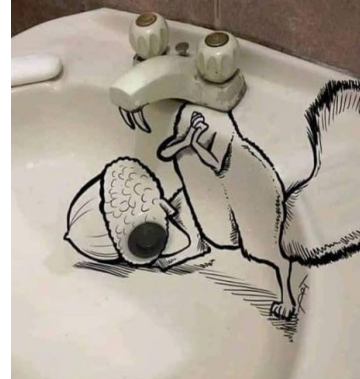
You Must Be Joking!

My daughter asked me for a pet spider for her birthday, so I went to the local pet shop and they were \$70 each.

Forget it, I thought, I bet I can get one cheaper off the web.



Another creative day in lockdown



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The Baden Community Association would like to thank the Lambert Group for their generous donation of \$1,000.00. The Lambert Group has been a long time supporter of the BCA, not only monetarily, but also in physical support for the many events that they host. The BCA plans to use the monies in correlation with their motto *"Bringing people together and beautifying our community"*.

The Lambert Group and TLC Pet Food have been major supporters of the BCA and we thank them both for their continued support.

Watch for announcements by the BCA of upcoming projects as the effects of the COVID-19 virus subside!



TOWNSHIP OF WILMOT

2020 Citizen of the Year

Every year, the Township of Wilmot recognizes community members for the countless ways that they contribute to the community. Typically this public celebration coincides with the New Hamburg Fall Fair; however, due to COVID-19, it looked very different. The 2020 Citizen of Year award in the category of Community Builder was presented to Mr. Mike Schout, raised in Baden, whose dedication to the Township of Wilmot is immeasurable. Some of the contributions he has made to community include:

Business Projects: Stonecroft, Baden East, Baden West, Bier Crescent, Forest Park Place, portion of Catherine Street and Forrest Ave, Pinnacle Plaza (Victoria/Neville), and many other initiatives.

Charitable Projects: Major donor to WRC, Member of Fundraising Team for Castle Kilbride, Sponsor of Trails construction and Wetlands projects, Behind the scenes sponsor and supporter of many events including Optimists and other groups.

The Township is truly blessed to have such an amazing community builder. On behalf of all of Council, residents and staff, we thank you.

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You Must Be Joking!!

You know you're a coffee freak when...

- your life's goal is to amount to a hill of beans.
- when someone says how are you? you say "good to the last drop."
- you think being called a "drip" is a compliment.
- you don't sweat, you percolate.
- your blood type is coffee
- your think your workout is lifting you coffee to your mouth every day!

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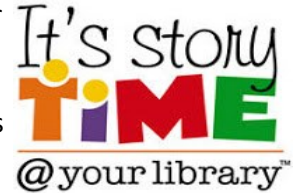
Try something new this year! Join us virtually for our upcoming book club on January 28 at 6:30 p.m. We'll be chatting about "The Walk" by Richard Paul Evans. Register online to receive your link to attend. If you're interested in borrowing a print, digital or audio copy, please visit our catalogue at rwlibrary.ca, or contact Librarian Jen Cyr at jcyr@regionofwaterloo.ca and the book will be delivered to your inbox or home branch for pick up!

Ten positive things @ the Library since COVID-19

- Curbside pickup was created
- People who were hesitant to try online resources including ebooks are now hooked
- Overdue fines are temporarily being waived
- Participate in virtual programs from the comfort of your home
- Book drop is open 24/7
- Themed book bundles for families who are choosing to home school or have their children do school online
- Still offering free services to everyone
- Join an online adult book club and connect with other readers
- It's been nice to see so many people who haven't been to the library in a long time come back again
- Library Takeout continues to keep us open to you! Book your library pick up at rwlibrary.ca/librarytakeout.



Start the year with online programs for all ages! Depending on the time of day, families with preschoolers can join Rise and Shine Storytime or Pajama Storytime. We offer Maker Space for school age kids. Adults are invited to participate in craft nights, a book discussion, and a January 22 performance by banjo folk duo Onion Honey. Want to learn to create an avatar for your online profile, or how to download free magazines at home? We have library programs for that!



Save time to celebrate Family Literacy Week at the end of January, including a special Maker Club, a January 24 Facebook performance by Erick Traplin and Land of Stories trivia. Visit us at rwlibrary.ca/virtualprograms for the latest on our online events.

Questions? For more information, please contact the Baden Branch at 519-634-8933, badenlib@regionofwaterloo.ca or visit rwlibrary.ca.

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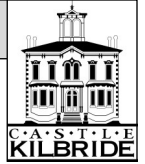
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This past year has been challenging. Everyone of us has felt the effects of the pandemic on various levels. For us curators at Castle Kilbride, we like to look for the positive in difficult and trying times, which gives us hope and something positive to share with all of you!

During the pandemic, we knew tourism was going to look very different for us. With the COVID-19 protocols that museums had to follow, there were several moments when we wondered if Castle Kilbride would even open in 2020. We curators love a good challenge and we managed to reopen the museum in late summer, exceeding all the guidelines that were set forth for us. Tickets were booked in advance online and controlled tours were provided every 30 minutes by our dedicated students. We received wonderful feedback from our visitors when we were able to decorate the home for Christmas, which is something we all looked forward to. Since we had to limit the number of visitors inside, that meant that we also had to cancel all our special events which made us incredibly sad. On the positive side, during this time we were able to tackle many “rainy day” projects along with the support of our students. We felt lucky to have some time to comb through our artifact collections and archival material to re-examine the treasures that we hold and cherish on behalf of Wilmot Township. We researched pieces further, scanned documents, photographed artifacts, interviewed people, featured interesting articles and created videos to share--bringing the museum to you. All of this is featured on our Castle Kilbride Facebook page which is fascinating to read if you haven't seen it already.

While reorganizing the collections, did we find anything exciting relating to the town Baden? We sure did! We have great postcards, memorabilia from businesses of long ago, even accessories worn by local



Oscar Rumpel Slipper Factory, Baden exterior c.1915. Roth Collection

residents and photographs of many people. We also received a large donation this summer from Arlene Roth that features many Wilmot Township connections and we thought it might be nice to share the best Baden pieces with you first.

Oscar Rumpel was the son of George Rumpel, the proprietor of the Berlin Felt Boot Company. In 1903, George along with his two sons Walter and Oscar returned to his homeland of Germany to study felt making. After learning the trade for the Berlin Felt Boot Co., George established The Oscar Rumpel Slipper Factory for his son in Baden. It was located on Snyder's Road and was formerly Hebel's Blacksmith Shop. This photo of the exterior of the

factory shows a sign seeking female employees. The manager at the time was Ersillio Migliarini. The slipper factory was in operation until 1926 when the Township purchased the building for the Baden Fire Department headquarters. According to Blain Bechtold of the Wilmot Heritage Fire Brigades Museum, the Baden Fire Department used this building until 1974 when they moved to Foundry Street. Shortly after that, the building was demolished and is now a vacant lot. Luella Heldman (mother of the donor) was an employee of the slipper factory and can be seen in both the exterior and interior

photos (Interior photo she is the woman in the right forefront; in the exterior photo she is seated on stairs directly under the word “Baden”).

We hope you enjoyed a sneak peek of an amazing collection we are so grateful to have, and we look forward to sharing more as we continue to catalogue.

Stay connected and follow us at @CastleKilbride or visit www.castlekilbride.ca to see our latest videos!



Oscar Rumpel Slipper Factory, Baden interior c.1915. Roth Collection



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Check our website to see our menu online.
We appreciate your continued support... stay safe!

Approximate Township Population Information

	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
Baden	4,402	4,553	4,653	4,742	4,935	4,996	5,005	5,013	5,030	5,114	5,125
Foxboro Green	430	430	430	430	430	430	430	430	430	430	430
Haysville	129	129	129	129	129	129	129	129	129	129	129
Lisbon	61	61	61	61	61	61	61	64	64	64	64
Luxemburg	27	27	27	27	27	27	27	27	27	27	27
Mannheim	1,071	1,067	1,067	1,071	1,071	1,071	1,071	1,071	1,071	1,071	1,071
New Dundee	1,214	1,217	1,220	1,223	1,223	1,229	1,226	1,226	1,235	1,235	1,238
New Hamburg	7,664	7,930	8,084	8,241	8,332	8,421	8,583	8,844	9,014	9,116	9,176
Petersburg	406	406	406	406	409	409	409	409	409	409	409
Philipsburg	80	80	80	80	80	80	80	83	83	83	83
Shingletown	113	113	113	113	113	113	113	113	113	113	113
St. Agatha	624	624	624	624	624	627	627	627	627	627	627
Sunfish Lake	13	13	13	13	13	13	13	13	13	13	13
Wilmot Centre	55	55	55	55	55	59	59	62	62	62	62
Non-Settlement	3,333	3,330	3,324	3,327	3,327	3,318	3,318	3,318	3,336	3,357	3,390
Township	19,151	19,621	20,035	20,286	20,541	20,828	20,982	21,151	21,429	21,850	21,957

December 31, 2020: Township of Wilmot Development Services

BABY BOOMER TRIVIA (ANSWERS ON PAGE 28)

1. What piece of winter sporting goods equipment was invented by Jake Burton in the 1970s?
2. What diet soda was introduced by Coca-Cola in 1963?
3. What instant breakfast drink was advertised as being used by astronauts?
4. Who were the hosts of television's "Hee Haw" from 1969 to 1986?
5. The Salk vaccine was the first to be developed for vaccination against what disease?
6. What company introduced the Barbie Doll in 1959?
7. What company introduced the first frozen TV dinners in 1954?
8. What 1977 blockbuster was directed by George Lucas?
9. What villain did Burgess Meredith play on the television series "Batman"?
10. What song was a Top 10 hit for Marie Osmond in 1973?
11. What goalie played eight seasons for the Montreal Canadiens, beginning in the early 1970s?
12. Who was the first black man to win an Academy Award for his role in *Lilies of the Field* in 1963?



**HERE'S HOPING 2021 CHOOSES
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Fun Facts about Dogs



For you dog lovers, here are some facts that you really need to know:

- Most dogs have pink tongues except for two—the Chow-chow and the Shar-pei. Both have black tongues.
- The only barkless dog in the world is the Basenji, an African wolf dog.
- Dalmatian puppies are pure white when they are born and develop their spots as they mature.
- Saint Bernards were originally trained to rescue lost travelers in the Swiss Alps.
- Dachshunds were bred to fight badgers in their dens.
- The original reason behind the Poodle's "haircut" was to improve their swimming abilities as a retriever. The pom-poms were left to keep their joints warm.
- A Greyhound can reach speeds up to 45 miles per hour for short periods of time.
- Large quantities of chocolate can be fatal to a dog, especially the type used in baking.
- Dogs curl up with their tail covering their nose to keep it warm in the winter.
- Two dogs survived the sinking of the Titanic.—a Pomeranian belonging to Miss Margaret Hays (in lifeboat 7) and a Pekingese belonging to Henry Sleeper Harper (in lifeboat 3).
- A dewlap is the pendulous fold of skin on the neck, like you would see on a Bloodhound.
- A dog's temperature is between 100.2-102.8 degrees Fahrenheit.
- Dogs breathe 10-30 breaths per minute.
- Dogs and humans are the only animals with prostates.
- The name of the dog on the Cracker Jack box is Bingo.
- More than 40% of pet owners talk to their pets on the phone or through an answering machine.

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New Clients Welcome!



- Dogs have 42 teeth, cats about 30.
- The maximum speed of a Whippet is 35 miles per hour.
- Lassie was the first animal named to the Animal Hall of Fame in 1969
- The Taco Bell dog is a female. Her name is Gidget.
- The name of Superman's dog is Krypto.
- Three dogs -- an American Foxhound, a St. Bernard, and a Great Dane -- have each given birth to a litter of 23 puppies.

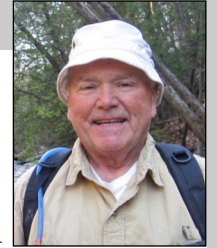
Submitted by Wolfgang Wurzbacher

The holidays are over and did you over-indulge?
Do you see yourself here?



Baden Birding - How Seeds Travel

By Wayne Buck



Seeds are like viruses. They have no arms or legs; no fins or wings to move themselves. Yet, like viruses such as Covid19, they manage to travel as we have learned to our chagrin. Viruses depend on the humans they have infected to move them about and pass them on to new, albeit unsuspecting new hosts. Plants, like viruses, need to move to populate new areas or they will simply grow in the same area and eventually become less viable. Like viruses, plants have devices to help them disperse. Milkweeds and dandelions use fluff or parachutes to catch the wind to be carried to new locations that may be far removed from the parent plant. Others, like burdock, catch onto passing animals to be carried to new locations. Still others, such as Giant Hogweed or Great Angelica, float and are carried by moving water to be deposited farther downstream where they can proceed to germinate and grow, aided by a fresh deposit of silt that may be carried at the same time.



Other plants, wild cherries and raspberries have developed fruits or berries that are attractive to animals such as birds. The fruits or berries contain seeds and when the birds consume the fruits, they also consume the seeds. Very few birds take the time to remove the seeds before consuming the fruit. As the seeds pass through their digestive systems the juice and pulp is removed but the seeds travel on, often undigested, to be deposited in the feces or droppings. Depending on where they land, the seeds may or may not be able to germinate and grow. The seeds have the added benefit of having the feces provide a shot of fertilizer or nutrients to give the plant an added boost when it starts to grow. What a perfect system! Gardeners can attest to how well this

system works as evidenced by the number of wild raspberry plants or wild grapes they have to pull out of their garden spaces every year.

Plants such as hawthorns have developed extremely tough seed coats that are meant to withstand the powerful digestive tracts of birds. Many of the seed-eating birds have an organ called a gizzard that contains small sharp stones that the birds ingest. The seeds must travel through the gizzard to be ground up before being acted upon by powerful digestive juices such as sulphuric acid. I know just how tough these hawthorn seed coats are after trying to germinate and grow hawthorns when we operated a native plant nursery. I would first scarify, then soak the seeds in sulphuric acid for hours to try to open the seed coat. But I was never successful.

Birds eat a wide variety of seeds in the course of their lives. The late Henry Kock, who was an interpretative horticulturalist at the Arboretum at the University of Guelph, in his Book, *Growing Trees from Seed*, wrote about an experiment he conducted. One year a Northern Mockingbird overwintered in his yard and frequently perched on the same branch in a sunny location. Henry collected the birds' droppings over the period of about a month, and, in the spring spread the seeds out in flats to germinate. (What bird lovers won't do to discover more about their favourite subjects!). He was able to identify the following: roses, juniper, bittersweet, hawthorns, crab apples, and nightshade. Maybe we should've raised a flock of chickens and fed them some hawthorn seeds and planted the ensuing dung. Food for thought!

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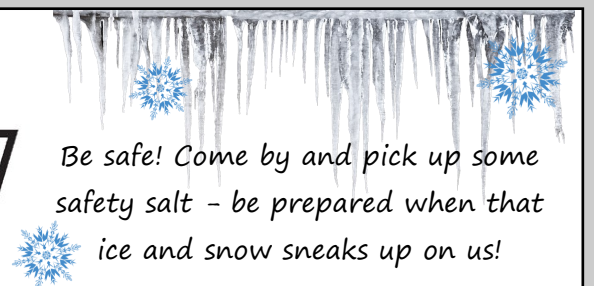


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It was brought to our attention that it is not safe to put anything with strings or wires into nature in any form. If anyone made a decorative garland of popcorn and cranberries to treat the birds, it is best to remove the string from your tree before a bird or squirrel gets tangled up with it. Our intentions may have been kind but it really is too dangerous... and we sure love our birds!



It was a nice thought!



AFTER CHRISTMAS

Twas two days after Christmas,
And all through the house,
Every creature was hurtin', yes even the mouse.
The toys were all broken, their batteries dead;
Santa passed out, with some ice on his head.

Wrappings and ribbons just covered the floor,
While upstairs the family, continued to snore.
And I in my T-shirt, new Nikes, and jeans,
Went into the kitchen and started to clean.

When out on the lawn there arose such a clatter,
I sprang from the sink to see what was the matter.
Away to the window, I flew like a flash,
Tore open the curtains, and threw up the sash.

When what to my wondering eyes should appear,
But a little white truck, with an oversized mirror.
The driver was smiling so lively and grand,
The patch on his jacket said "CANADA POSTMAN."

With a handful of bills, he grinned like a fox,
Then quickly he stuffed them into our mailbox.
Bill, after bill, after bill, they still came,
Whistling and shouting, he called them by name.

"Now Wal-Mart, now Old Navy and Sears
Here's Visa, and MasterCard, Home Sense and Pier's.
To the tip of your limit, every store, every mall,
Now charge away, charge away, charge away all."

He whooped and he whistled as he finished his work;
Filled up the box, and turned with a jerk.
He sprang to his truck, and he drove down the road,
Driving much faster now, with just half a load.

Then I heard him exclaim, with great holiday cheer,
"Enjoy what you got... You'll be paying all year!"



... Happy 2021!

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Creating Abundance and Intention this New Year

By Amy Krug MSW RSW, Counselor at Interfaith Counselling Centre



There is much written and researched on the value of being grateful, and no time brings this more to light than closing the door on 2020, the year that brought us the pandemic and opening to the new year ahead. As we welcome the beginning of a new year, we are invited to honour our own resilience and courage as we create intentions for this new year; choosing abundance, grace, and wisdom to carry us forward.

For each of us this will be different. In what ways does gratitude and thankfulness show up for you in your life? How do you honour the blessings you have, even in a time of great fear, stress, and uncertainty as we are living now in the pandemic? Looking at all that we have learned and had to do without this year has been a good reminder for us all to appreciate our loved ones, what is simple, and the values we hold dear in our lives.

Now more than ever the peace we seek, and our inner contentment is intimately connected with what we are most thankful for in our lives. Whether it is our family, loved ones, friends, health, good food, shelter, or nature, we gather strength and happiness from celebrating and appreciating these things and people in our lives. What values do you intend to bring life to this year?

There are so many simple blessings to take note of in our daily lives, and despite the fear, the sadness, and the unknown, remember the gifts which warm your heart and make your spirit soar as they are one of your greatest treasures.

For me it is found in the warm aroma of my first sip of freshly ground coffee, a warm hug from my husband, and my dog Bayley's beautiful smile and cuddles after a long day. There are big joys and small joys that make up our days and creating an intention for the things you most hope for and cherish this year will help you move towards creating this abundance in your life.

Gratitude is the child of attention. Notice what draws your attention today, this week, this month. Here lie the simple gifts of our lives: the moments, and things we pay attention to, allowing us to cultivate joy and savour what is good.

It is the simple pleasures which matter most.
"Sometimes I need only to stand wherever I am to be blessed" Mary Oliver

Wishing us all a happy new year full of abundance, grace, and new beginnings.



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More Wise Words to Live By

- ⇒ The surest way to knock the chip off a fellow's shoulder is by patting him on the back.
- ⇒ You never get a second chance to make a first impression.
- ⇒ The trouble with being a good sport is that you have to lose to prove it.
- ⇒ A lot of people boast but only a few have the right to brag, and they are the people who never do.
- ⇒ When you really want the last word in an argument, try saying "I guess you're right".
- ⇒ Proofread carefully to see if you any words out.



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You Must Be Joking!!



A man is dining in a fancy restaurant and there is a gorgeous redhead sitting at the next table. He has been checking her out since he sat down, but lacks the nerve to start a conversation. Suddenly she sneezes, and her glass eye comes flying out of its socket towards the man. He reflexively reaches out, grabs it out of the air, and hands it back.

"Oh my, I am so sorry," the woman says as she pops her eye back in place. "Let me buy your dinner to make it up to you," she says.

They enjoy a wonderful dinner together, and afterwards they go to the theatre followed by drinks. They talk, they laugh, she shares her deepest dreams and he shares his. She listens. After paying for everything, she asks him if he would like to come to her place for a nightcap and stay for breakfast. They have a wonderful, wonderful time.

The next morning, she cooks a gourmet meal with all the trimmings. The guy is amazed!! Everything has been SO incredible!!!!



"You know," he said, "you are the perfect woman. Are you this nice to every guy you meet?"

"No," she replies, "You just happened to catch my eye."



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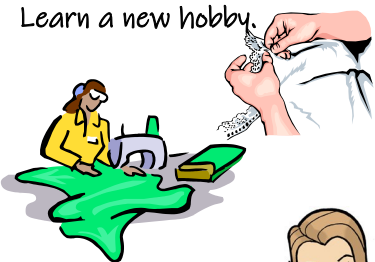
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ALL THINGS SCRAMBLED

Within each category the words are jumbled up. Can you unscramble them? Answers on page 28

A First Date

- TACH _ _ _ _ _
VOLE _ _ _ _ _
NIDRK _ _ _ _ _
TRILF _ _ _ _ _
IMOVE _ _ _ _ _
TASKE _ _ _ _ _
RENIND _ _ _ _ _
CICIPN _ _ _ _ _
LRLHTI _ _ _ _ _
MANCORE _ _ _ _ _

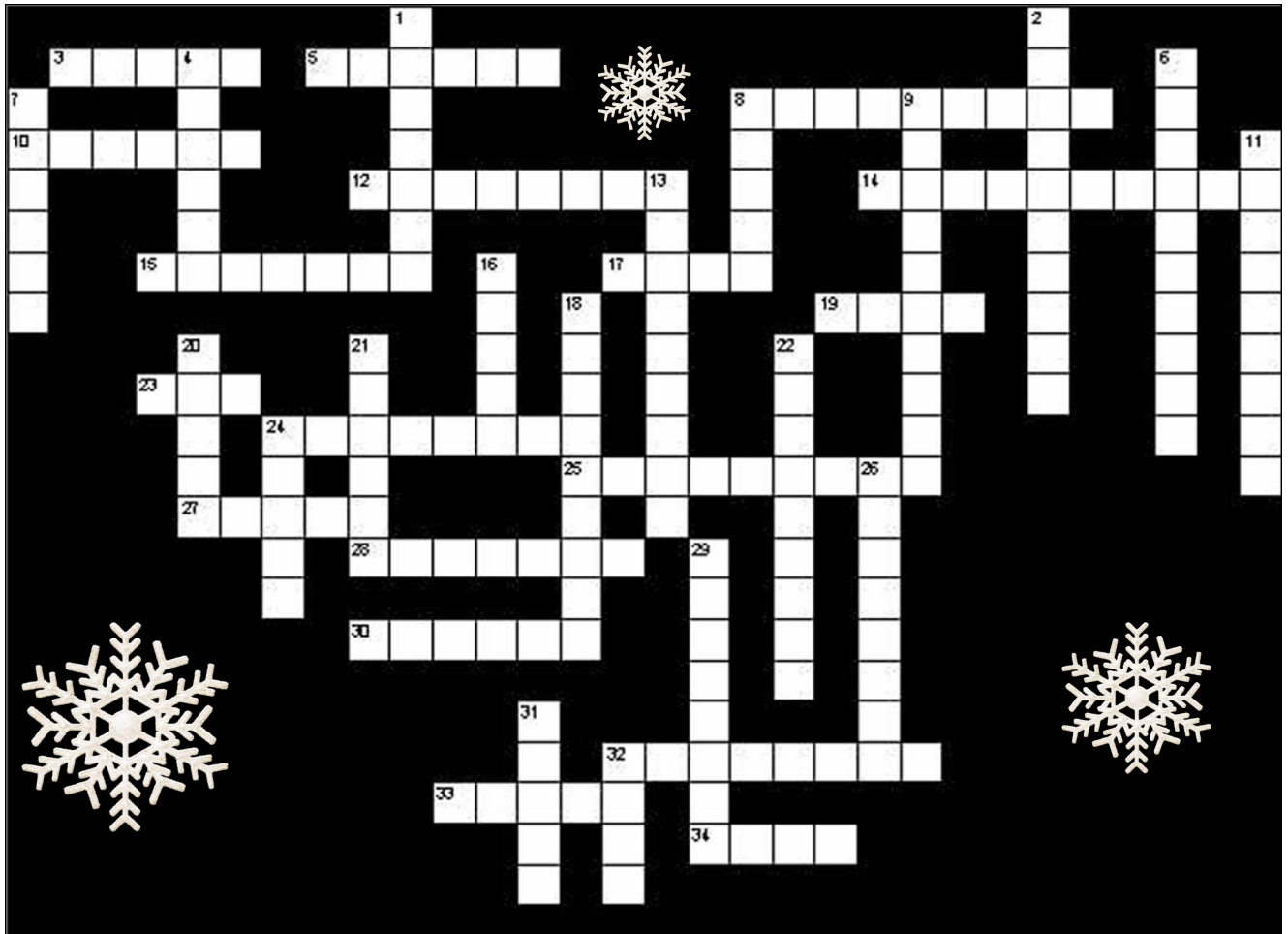
Birthday Party

- ACEK _ _ _ _ _
AREY _ _ _ _ _
LOWCN _ _ _ _ _
PAPYH _ _ _ _ _
CIIGN _ _ _ _ _
LANDEC _ _ _ _ _
TINVIE _ _ _ _ _
BOLOALN _ _ _ _ _
RENDISF _ _ _ _ _
TRENPE\$ _ _ _ _ _



Keeping the Community Connected

Snowy Blowy Crossword



ACROSS

3. Jack
5. Sticks and skates
8. Blizzard
10. Popular morning beverage
12. Sports event with 5 rings
14. Blocked head
15. Short and stout, pour me out (plural)
17. Fast sled on tube track
19. Shovels roads
23. Clearly frozen
24. Webbed winter footwear
25. Fancy figure skating move
27. Snow particle
28. Frosty creation
30. Water change to ice
32. This bank has no cash
33. Hooded winter coat
34. Melt

DOWN

1. Frozen water sticks
2. Winter skate jump sport
4. "bless you"
6. Fluid for your rad
7. An early morning ritual
8. Ski turf
9. Sled with an engine
11. Blizzak for one
13. Ice carving
16. Wet snow
18. Hearth
20. Neck wrap
21. Fingered mittens
22. Winter rest
24. Glide on ice
26. Long sled
29. Poor visibility
31. Cold bug
32. Sodium

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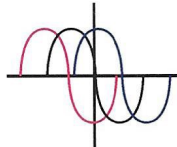
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Are you interested in climate change and other global environmental issues? Help us make a difference in our community by getting involved and taking action on one or more local environmental concerns. Our next monthly meeting will be held at 7:00PM on Wednesday, January 27th. Please contact us via e-mail (nvecoboosters@gmail.com) or call 519-662-9372 if you would like to participate in this "Zoom" meeting and we will provide you with more details. Want to know more about the Nith Valley EcoBoosters? Check out our website at: nvecoboosters.com

It's Snow Rhyme Time

Answers on page 28

Find two words that sound the same and match the description that is given. The rhyming words are related to snow. Good luck, now start shovelling.

1. Artificial snow particles would be a ____
2. A snow storm in October might be a ____
3. A pair of snow houses is called ____
4. A person that knows about a bad snowstorm is a ____
5. When it's hard to see in a snowstorm it's a ____

Example: Snowy season sliver is a "Winter Splinter"



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The winter season is upon us and extra precaution must be taken as snow removal and icy walking surfaces can contribute to an increased risk of back injuries.

Included below are some useful tips that can be followed to help keep your back healthy and injury-free this winter season.

1. Warm up: Prepare your body for physical activity by stimulating the joints and muscles, and increasing blood circulation. Climbing stairs, marching on the spot, or going for a quick walk around the block can serve as excellent warm-up activities in five to ten minutes. Follow this with some gentle stretches and exercises for the back.
2. Push, don't lift: Push the snow to one side and avoid lifting. If you must lift, keep the shovel close to your body and avoid twisting and turning by positioning yourself to lift and throw straight at the snow pile. Be sure to lift slowly and smoothly and do not jerk with your lifts.
3. Hinge the hips, bend the knees, keep the back straight and brace: Use your hips, knees, legs and arm muscles to do the pushing and lifting while keeping your back straight. Maintaining the natural and neutral curves of your back is important, as this is its strongest and most

secure position. Contracting and bracing your abdominal muscles during lifting improves spinal stability and decreases the chance of injury.

4. Use the right shovel: Use a lightweight, non-stick, push-style shovel. Separate your hands as much as possible on the shovel handle for better leverage against the weight of the snow.
5. Dress for the job: Wear warm clothing to protect yourself against the elements. Shoes and boots with solid treads and soles can help minimize the risk of awkward twisting, slips, and falls.
6. Don't let the snow pile up: Removing small amounts of snow on a frequent basis is less strenuous in the long run.
7. Watch the ice: Caution should be exercised around icy walkways and slippery surfaces. Intermittent thaws and subsequent freezing can give way to ice build-up under foot increasing the risk of back twisting, slips, and falls. Coarse sand or ice salt can help give your walkways and driveways more traction.
8. Take a break: Know your physical limits. If you feel tired or short of breath, stop and take a rest. Make a habit to rest for a moment every 10 or 15 minutes during shoveling. This is especially important if the snow is wet and heavy. Stop shoveling immediately if you feel chest or back pain.



In the event that you suffer a back injury that does not subside, you should contact a licensed health professional who deals in the diagnosis and treatment of back pain.

For more information, visit www.nhwc.ca.

This article is a basic summary for educational purposes only. It is not intended, and should not be considered, as a replacement for consultation, diagnosis or treatment by a duly licensed health practitioner.



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Philipsburg History Centre *By Chris Ehrat*

There is a small town located in Wilmot Township, and I bet you have driven through it. Philipsburg is the place, and its longitude and latitude are 43.4208° N, 80.7201° W (for cartographers reading this).

Philip Lienhardt arrived in Canada in 1818. He lent his name to the tiny burg, and it has been known as Philipsburg since 1851.

On the corner of Nafziger and Erbs Road, Conrad L. Forler built his home. On his property was a shop where he and his son Clarence would plane lumber for use. Mr. Forler was a contractor and built many dwellings and churches nearby. Zion Lutheran Church on Erbs Road West is one example of Mr. Forler's buildings. His home, which stands in the centre of Philipsburg, was built in 1900.

I recently found an article stating that when the new schoolhouse in Philipsburg was erected in 1917, the school children commenced classes in Conrad's shop during the month of June.

I will mention that my Dad, Ron Ehrat and his sister, Sheila McLaughlin grew up in the house that Grandpa Forler built. My Grandma Eva Ehrat was one of Conrad's daughters and she and John (her husband) moved to Waterloo. Then Almeda's (Eva's sister) son, Fred Leu moved his family into the house.



Today the house is still standing and has a large addition built on. The shops still stand and are another reminder of times gone by. The cider mill was not in operation when Ron was living there, but his Grandpa made hard cider which had quite a kick to it.

Philipsburg is still a quiet little joint with a lot of history that I will share with all of you next time.

Yay!! 2021
HAPPY NEW YEAR

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It turns out that Elton John knew what he was talking about: Several studies have found that many people do choose to listen to sad music when they're feeling down—and the desire to listen to sad music (as opposed to music with a different expressive character) is strongest directly after the onset of a negative mood.

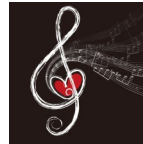
Researchers, Annemieke Van den Tol and Jane Edwards, were curious about why this would be so—what do people hope to achieve by listening to sad music when they're already feeling down? They found that we choose sad music for one of four reasons:

Connection. Listeners identify with the emotions expressed by the music or the meaning of the lyrics. They seek this kind of identification when they want to re-experience those same emotions. Some listeners in Van den Tol and Edwards' studies found that identifying with their feelings in this way seemed to help sort them out. In other words, they sought the “cognitive reappraisal” of their emotions.

Message. Another way listeners achieve the goal of cognitive reappraisal is through seeking out music with a message they wanted to relate to. Remember the 1978 hit “I Will Survive?” I would venture that some of its popularity was due to its strongly positive first-person message.

High aesthetic value. Before sad listeners can reassess their situation, they use music as a distraction. In this scenario, the music of high aesthetic value—music believed to be particularly good or beautiful—is the most sought out. Van den Tol and Edwards hypothesize that the more beautiful the music, the easier it is for listeners to concentrate on it, thereby achieving the goal of being distracted from their present situation. But while music can be an effective distraction, the researchers warn that (as with nearly everything) there can be too much of a good thing. Excessive use of sad music in this way can be a sign of avoidance, and even an indication of poor psychological adjustment.

Memory trigger. Finally, listeners used sad music as a memory trigger, when it had an association with past events or people, and they wanted to retrieve those memories. Interestingly, when listeners chose music for this purpose, it seemed not to enhance their moods, as music did in other situations.



And what happens when the fog lifts and a bad mood passes? Once our initial feelings of sadness have abated, we are more likely to shift to uplifting music.

<https://www.psychologytoday.com/ca/blog/why-music-moves-us/201409/4-reasons-we-listen-sad-music-when-were-sad>



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Making History ~ Day in day out we go about our lives not realizing we are making history. We have never experienced in our lifetime the events of today. We will share and reminisce about these days in the coming weeks, months, years and decades. How fascinating is that!?



We're busy making history

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Community Corner ~ Check Out What's Going On!

Wilmot Family Resource Centre

FAMILY VIOLENCE PREVENTION PROGRAM

There are many ways a person can abuse. Abuse is about intimidation and control and comes in many forms.

- ◆ PHYSICAL ABUSE
- ◆ SEXUAL ABUSE
- ◆ VERBAL ABUSE
- ◆ EMOTIONAL ABUSE
- ◆ FINANCIAL ABUSE



If you are experiencing any form of abuse and would like help, contact Kelly at Wilmot Family Resource Centre Family Violence Prevention Program

kelly@wilmotfamilyresourcecentre.ca / 519 662-2731

T.O.P.S (Take Off Pounds Sensibly)

We are a support group for weight loss. Weekly meetings are held on Wednesdays in Baden. For more information call 519-634-9690. Everyone is Welcome.



Blood Donor Clinic

Monday, January 21 and February 8
2 pm - 8 pm
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This space is generously donated by Expressway Ford supporting non-profit community events



NEW HAMBURG FIREBIRDS "BEER FOR THE NEW YEAR" DRAW THURSDAY, DECEMBER 31, 2020

The New Hamburg Firebirds says a big thank you to all those who participated in the "Beer for the New Year" draw that took place December 31, 2020. These are the lucky winners and their prizes.

1. Scott Leis - 52 Beer Store gift cards
2. Billie Jo Mark - \$400 Home Hardware gift card
3. Jenifer Barber - \$400 Home Hardware gift card
4. Lorraine Spencer - \$300 Sobeys gift card
5. Claudia Berwick - \$200 No Frills gift card
6. Aron Griffith - \$250 gift package courtesy of Cowbell
7. Gary Hickey - \$100 McDonalds gift card
8. J. Colacrai - Autographed hockey stick and picture of Tanner Pearson

Provincial Junior Hockey League Delays Return To Play

Provincial Lockdown Measures Forcing the PJHL to Delay Its Plans

The Provincial Junior Hockey League had set February 1, 2021 as its target date for a return to game action, subject to the approvals of government, local health officials, and our governing bodies including the OHA, OHF, and Hockey Canada. The current lockdown measures have forced us to put a hold on those plans.

Our number one concern is for the safety of our players, coaches, staff and fans. All of us want to be able to have a safe return to hockey. As the COVID 19 situation continues to evolve we will be monitoring and preparing ourselves to be ready to return to the game.

As the largest Junior Hockey League in the world, the PJHL takes its responsibility very seriously to ensure the safety of all participants and we will continue to work with our governing bodies, local health units, and facilities to provide the safest environment possible.

Thank you to everyone involved with the PJHL, players, staff, officials, volunteers, and fans, for your continued support.

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COFFEE HOUSE TALKS

Join us for some post-holiday distanced discussion!

Good Times
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Questions? Email coffeehousetalks2020@gmail.com or call 519-662-2731.
Supported by Wilmot Family Resource Centre. 
Currently funded by the Government of Canada, New Horizons for Seniors program.

LEARN SHARE CREATE 

HAPPY NEW YEAR

"Keeping the Community Connected"



New Hamburg Legion
Branch #532—Boullee Street, New Hamburg

Happy New Year!

Pork Dinner has been postponed until Friday, January 29th. Pick-up between 5-6

Tickets \$20 and are available at New Hamburg Cleaners Tuesday -Friday 9-4



The Royal Canadian Legion
New Hamburg, (Ont. No. 532) Branch
65 Boullee Street, New Hamburg, Ontario N3A 1E1

On behalf of the Executive of Branch 532 New Hamburg, we would like to say "thank you" to everyone for their generosity and support during our 2020 Poppy Campaign, which remembered and honoured our Veterans, both past and present.

The Poppy Campaign is our largest Branch fundraiser. It allows us all to remember and give back to Veterans and their families for the sacrifices they made.

The Covid-19 pandemic has affected everyone and we at Branch 532 were unsure how and even if we would have a Poppy Campaign this year. However, thanks to many volunteers and generous donations we are able to report that the 2020 Poppy Campaign was very successful and we were able to donate \$34,000.00 to numerous organizations that serve our Veterans and their families.

The recipients this year, approved by Branch 532 and Ontario Command are: Grand River Hospital (\$3000.00), St Mary's General Hospital (\$3000.00), Stratford General Hospital (\$3000.00), The Military Family Resource Center (\$3000.00), Charitable Foundation (\$2500.00), Homeless Veterans (\$12,500.00), Camp Maple Leaf (\$2000.00), Operation Service Dogs for Veterans (\$3500.00), and Command Bursary Fund (\$1500.00).

The Poppy Fund also provides funding for our Youth Education Poster and Literary contest for local schools as well as gift cards for our Veterans' spouses.

Branch 532 New Hamburg is quite a busy place, under normal conditions. The pandemic has put us in a scaled-back position, however. When we are back to normal (soon, we hope!), we will once again hold events and dinners and all the good things your Branch, its members, and the general public are accustomed to.

Thanks again, everyone!

Executive of Branch 532 New Hamburg

The New Hamburg Legion Spreads Gifts of Food and Joy during the COVID Christmas!



On Friday and Saturday December 11th and 12th, the New Hamburg Legion, led by Comrade Gail McMullen and her band of elves dished out 300 take-out Christmas dinners and delivery was done by drive through only. There were elves in the kitchen, elves at the door, elves handing out meals, and one lone but jolly elf on the street directing traffic around the Legion to the correct door for pick up.

Thanks to all the volunteers and to all the folks that supported our Branch 532, New Hamburg.



A Safety Message from the Wilmot Fire Department



Keep fire safety in mind as temperatures drop!

What's the risk in January?

- * 9% of annual loss fires occur in January
- * Average of 46 injuries
- * Average of 8 fire fatalities
- * Top ignition sources:
 - Heating equipment
 - Cooking equipment
 - Electrical distribution equipment

*2009-2018 Ontario avg. fire losses, Office of the Fire Marshal and Emergency Management (injuries and fatalities above are for civilians only)

Wilmot Fire Department is urging everyone to keep fire safety in mind as the temperatures turn colder.

"We often see more home fires during the winter months due to heating equipment and appliances," said Andrew Mechalko (Fire Prevention Officer). "People need to pay close attention to potential fire hazards such as fireplaces, furnaces, chimneys and vents, and space heaters."

There are some simple things people can do to stay fire safe during the colder months:

Have all fuel-burning appliances inspected annually by a registered fuel contractor. Go to COSafety.ca to find a contractor near you.

- Keep chimneys and intake/exhaust vents for furnaces and heating appliances free of debris, ice and snow accumulations to reduce the risk of carbon monoxide (CO) build-up from inefficient combustion.
- Burn dry, well-seasoned wood in fireplaces and woodstoves to reduce the risk of excessive creosote build-up in chimneys.
- Allow ashes from your fireplace or woodstove to cool before emptying them into a metal container with a tight-fitting lid. Keep the container outside.
- Keep space heaters at least one metre (3 feet) away from anything that can burn, including curtains, upholstery and clothing.
- Replace worn or damaged electrical wires and

connections on vehicles and extension cords and use the proper gauge extension cord for vehicle block heaters.

- Consider using approved timers for vehicle block heaters rather than leaving heaters on all night.
- Ensure that vehicles are not left running inside any garage or building.
- Ensure there is a working smoke alarm on every storey and outside all sleeping areas of your home.
- Install CO alarms to alert you to the presence of this deadly gas.

Make sure your alarms have not expired. If they have not been replaced in 10 years, they are expired. In some cases, it could be less - see manufacturer's instructions for details.

Wilmot Fire Department reminds everyone that the Ontario Fire Code requires smoke alarms to be installed on every storey of your home and outside all sleeping areas. Carbon monoxide alarms are required outside all sleeping areas if the home has a fuel-burning appliance, a fireplace or an attached garage. For more information about smoke and carbon monoxide alarms, or fire safety, contact the **Wilmot Fire Department**.



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Ice Safety Message from Wilmot Fire Department

Background: On December 8, 2020, a concerned citizen called 911 to report that two male youths were walking on the ice on the pond across from the Baden Fire Station. Crews asked the boys to get off the ice then proceeded to explain how dangerous their actions were and what could have happened. The ice this time of year is very thin, and thankfully they did not fall through the ice.

Message to children:

“Take our advice, stay off the ice”

“No ice is safe ice. Keep your distance from ponds, streams, and rivers”

Underwater currents and other variables can make ice thickness vary. The Red Cross recommends that ice be at least 15 cm thick before walking on it and, if you don't know, stay clear. Parents should remind children to stay far away from the banks of all streams, ponds and rivers.



Grand River Conservation Authority Guidance:

- Stay off unmonitored frozen water bodies. It may appear safe, but the ice may not be thick enough to support your weight due to the current flowing underneath.
- Be careful near riverbanks in the winter and spring, as they will be icy and slippery. As well, the banks can form a dangerous, thin 'ledge' of unstable ice.

For those who remember this guy who was best known for his national radio and television shows between 1937 and 1971, this will remind you of his humour.



RED SKELTON'S RECIPE FOR A PERFECT MARRIAGE

- * Two times a week we go to a nice restaurant, have a little beverage, good food, and companionship. She goes on Tuesdays, I go on Fridays.
- * I take my wife everywhere, but she keeps finding her way back.
- * We always hold hands. If I let go, she shops.
- * She got a mud pack and looked great for two days. Then the mud fell off.
- * She ran after the garbage truck, yelling, "Am I too late for the garbage?" The driver said, "No, jump in!".
- * Remember: Marriage is the number one cause of divorce.
- * I married Miss Right. I just didn't know her first name was 'Always'.
- * I haven't spoken to my wife in 18 months. I don't like to interrupt her.

Can't you just hear him say all of these? And he always ended his programs with the words, "And May God Bless" with a big goofy smile on his face.



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Pearls of Wisdom



We would love for you to send us your favourite uplifting quotes. We may not be able to print all thoughts sent, but printing positivity is our goal. If you have a favourite quote, email us at badenoutlook@hotmail.com.

“Tact is the ability to describe others as they see themselves.” -Abraham Lincoln
Submitted by Lee Fitzpatrick

“Partners who trust, share, and unconditionally accept health and age related decline, embody the true meaning of love.”
Submitted by Fred Veenhof

“Don't let your friends be lonely. Disturb them, call, text, email, send a snail mail card, make or buy them something simple and drop it off... and then you won't be lonely too.”
Submitted by Cheryl Good

“Never regret anything that made you smile.”
- Mark Twain
Submitted by Pat Fisher

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66 Mill Street, Baden, ON
519-634-5191 www.st.jamesinbaden.org
Sunday Worship 9 am / Sunday School

Pastors: Bonnie Schelter-Brown & Pastor Barry Boeckner

Wilmot Mennonite Church

2995 Bleams Road, New Hamburg, ON

Worship Service 10:00 a.m. ~ Christian Formation 11:00 a.m.

Pastor Susan Allison-Jones
519-634-5030 www.wilmotmennonite.ca

Livingston Presbyterian Church

44 Beck Street, Baden / 519-662-4949

Hymn Sing 9:45 am ~ Worship to follow at 10 am
Moderator: Linda Ashfield, 519-886-4150

SHANTZ MENNONITE CHURCH

2473 Erb's Road, Baden, Ont N3A 3M3

Phone: 519-634-8712 / www.shantzmc.ca

Pastor: Don Penner

Worship Service - 9:30 am Christian Education - 11:00 am

Emmanuel Lutheran Church

1716 Snyder's Road East, Petersburg, ON

519-634-5511 www.persburgchurch.org

* Wheel Chair Accessible *

Worship Service 9:30 am / Sunday School

ZION PHILIPSBURG LUTHERAN CHURCH

3357 Erbs Road, just west of Philipsburg

Pastor Leanne Darlington, Sunday worship: 10:30 a.m.

Home of Project R.E.D., a blanket-making outreach effort

519-214-0055, www.philipsburglutheranchurch.ca

Steinmann Mennonite Church

1316 Snyder's Rd. W. (at Nafziger Rd), Baden

Sunday Worship 9:45, Sunday School 11:00 am

Phone: 519-634-8311 / www.smchurch.ca

Drop One For Fun

Write the five-letter answer to clue #1 in the first box. Drop one letter and rearrange the remaining letters to answer clue #2. Put the dropped letter into column A. Drop another letter and rearrange the remaining letters to answer clue three. Put the dropped letter into column B. Follow the pattern for each row into the diagram. When completed, the letters in column A and column B, reading down, will spell related words or a phrase.

Answers on page 28

- | | |
|-----------------------|--------------------|
| 1. A shelter of vines | 9. Green vegetable |
| 2. A lion's sound | 10. To stop |
| 3. A paddle | 11. Tree covering |
| 4. A smell | 12. Exclude |
| 5. To wander | 13. Night noise |
| 6. Dodge truck | 14. Muscle ache |
| 7. Relative speed | 15. Fish eggs |
| 8. Batman wears one | |

A

B

1		2		3
4		5		6
7		8		9
10		11		12
13		14		15

OOOH COVID!!

We must laugh at you
so we don't cry!!



This is it!
The day
your dogs
have been
waiting for...
To have you



home with them 24/7!

They are rejoicing...

... but the cats are hiding
under the bed wondering why
you don't leave them alone!



Nobody claim 2021 as
"your year". We're all going
to walk in real slow.

Be good.

Be quiet.

Don't. Touch.

Anything.



PUNOGRAPHY! Let's Have a Little Pun!

- ◆ I tried to catch some fog. I mist.
- ◆ When chemists die, they barium.
- ◆ I know a guy who is addicted to brake fluid. He says he can stop anytime.
- ◆ I stayed up all night to see where the sun went. Then it dawned on me.
- ◆ This girl said she recognized me from the vegetarian club but I'd never met herbivore.
- ◆ I'm reading a book about anti-gravity. I can't put it down.
- ◆ I did a theatrical performance about puns. It was a play on words.
- ◆ They told me I had type A blood. It was a type O.
- ◆ Class trip to Coca-Cola Factory. I hope there is no pop quiz.
- ◆ Energizer Bunny arrested. Charged with battery.
- ◆ I didn't like my beard at first. Then it grew on me.
- ◆ What do you call a dinosaur with an extensive vocabulary. A thesaurus.
- ◆ What does a clock do when it's hungry? It goes back four seconds.
- ◆ I wondered why the baseball was getting bigger. Then it hit me!
- ◆ Broken pencils are pointless.



Submitted by Bob Smith

How long is this
social distancing
supposed to last? My
wife keeps trying to
come in the house.

WHEN YOU SAID
LIFE WOULD GET
BACK TO NORMAL
BY JUNE...
JULYED.

Cook's Corner



Perhaps you feel extra bulky after indulging in the feast of turkey and all the fixings followed by the endless amounts of cookies and chocolate. Not to mention the movies and lounging with your books leaving you feeling sluggish and lazy. Well, there is hope to move you along as we up our fibre intake while we continue to enjoy the warm comfort food we crave in the winter. Yes.. it's beans! There are so many great beans to choose and boundless recipes in which to enjoy them.

Check out this different and delicious chili recipe courtesy of Janet and Greta Podleski.

Did you know beans are tops on the list of super foods? They are packed with folate which cuts the risk of heart disease, and potassium and magnesium that help stabilize high blood pressure and have disease-fighting antioxidants.

But what they are most noted for is their mega dose of fibre that gives us good reason to *toot* and *holler!* The soluble fibre in beans acts like a Swiffer mop, picking up toxic goop that lingers in your darkest regions and contributes to cancer, high cholesterol, and diabetes. But most exciting is that they are a lethal weight-loss weapon!

You're darn tootin' that they are also a dynamic duo of both fibre and protein that keeps your blood-sugar levels even, and you will feel full longer so you're less likely to overeat... so jump on the bean wagon and toot away!

The Yellow Bows of Texas Chili

- 1 lb ground turkey (or ground beef)
- 1 cup chopped onions
- 1 clove minced garlic
- 1 cup each chopped green bell pepper and diced carrots
- 1½ cups tomato sauce
- 1½ cups salsa
- 1 can (19 oz.) black beans, drained and rinsed
- 1½ tsp chili powder
- 1 tsp ground cumin
- ½ tsp dried oregano
- 12 oz bow-tie pasta (about 7 cups dry)
- ½ cup sour-cream
- ½ cup shredded sharp cheddar cheese

In a non-stick skillet add ground turkey and cook until no longer pink, breaking up large chunks. Add onions, garlic, green pepper, and carrots and cook 4-5 minutes until soft. Stir in tomato sauce, salsa, beans, chili powder, cumin, and oregano. Bring to boil, then lower heat and simmer for 10 minutes, stirring occasionally. Meanwhile cook pasta and drain well. Divide into serving bowls and ladle chili over the pasta. Place a dollop of sour cream in the centre then sprinkle with shredded cheese.

Beans beans the magical fruit—the more you eat the more you toot. The more you toot, the better you feel, so eat more beans at every meal!

Snowy Blowy Crossword (page 16)

All Things Scrambled (page 15)

<u>A First Date</u>	<u>Birthday Party</u>
Chat	Cake
Love	Year
Drink	Clown
Flirt	Happy
Movie	Icing
Skate	Candle
Dinner	Invite
Picnic	Balloon
Thrill	Friends
Romance	Present

Baby Boomer Trivia (page 9)

1. The snowboard
2. Tab
3. Tang
4. Roy Clark & Buck Owens
5. Polio
6. Mattel Toys
7. Swanson
8. Star Wars
9. The Penguin
10. Paper Roses
11. Ken Dryden
12. Sidney Poitier

Rhyme Time (page 17)

- 1- Fake Flake
- 2- Fall Squall
- 3- Two Igloo
- 4- Blizzard Wizard
- 5- Blurry Flurry



Drop One For Fun (page 27)

1. Arbor	B	2. Roar	R	3. Oar
4. Aroma	A	5. Roam	O	6. Ram
7. Paced	D	8. Cape	C	9. Pea
10. Brake	E	11. Bark	K	12. Bar
13. Snore	N	14. Sore	S	15. Roe

You never know how strong you are until being strong is the only choice you have. — Bob Marley



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J. LAUTENSCHLAGER PHOTOGRAPHER

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Ad in Union Directory Waterloo County 1906

John Lautenschlager - Wilmot's "Artistic Photographer"



Lautenschlager with Camera
Township of Wilmot Archives

Daniel Block on East and West Street, now Huron Street. Lautenschlager advertised his services in the New Hamburg Independent which on Dec. 3, 1897 referred to him as "our artistic photographer." After Lautenschlager purchased the building in 1903, it became known as the Lautenschlager Block. Most recently this block was home to Nith Valley Upholstery.

In 1908, the publication Enterprising Hamburg and Her Industries described Lautenschlager's studio as "well lighted

Recently, I was searching through some of my "attic treasures" which belonged to my grandparents, John and Elizabeth Junker and Donald Mein. Once again, it became apparent that without the "stuff" saved by our parents and grandparents, we would know little about who we are or from where we came. Photographs are an amazing tool because they show us what our ancestors looked like, the fashions they wore, and the places where they lived, worked, played and worshipped. Today we take photos for granted as most of us carry a camera in our pocket disguised as a phone. We can easily delete the pictures and forget about them. How often, if ever, do we print them? One hundred years ago, few people owned a camera and family photos were taken by professional photographers. You went to their studio or you used an itinerant photographer who travelled from place to place. Photos were much more valued then than they are today.

and excellent" and "equipped with the latest cameras and other photographic appliances." Enlargements were a specialty. He could make prints up to 14x17 inches. He was also noted for his colour and outdoor work and had a "large trade in bromides." Lautenschlager had "an extensive patronage throughout the Townships of Wilmot, Wellesley, North Easthope, Zorra and the villages round about." In 1909, he moved his studio upstairs in his building. In addition to the thousands of portraits he took, many of Lautenschlager's outdoor shots were made into postcards of New Hamburg, especially in the period from 1900-1914. Lautenschlager was forced to retire in 1928 following a stroke. He was married to Elizabeth Rau of New Hamburg

There were several photographers based in Wilmot, primarily in New Hamburg. One of the early ones was W.I. Becker, who was in New Hamburg from 1883-1886. Becker is most noted for a series of photos he took during New Hamburg's most devastating flood in August 1883. Six of these photos appear in Ernie Ritz's book New Hamburg As It Really Was.

John Lautenschlager was without a doubt New Hamburg's most noted photographer. Many families from Wilmot are likely to find a Lautenschlager portrait among their attic treasures. John was born in Petersburg in 1867. He learned his trade from H.A. Huber, who was a photographer in Berlin. In 1892, he opened a studio in one half of what was known as the

and they had eight children. Lautenschlager was involved in his community, playing a number of sports, football and lawn bowling in particular, and was an active member of Trinity Lutheran Church.

Without a doubt, John Lautenschlager played a prominent role in our community, photographing our parents, grandparents and great-grandparents as well as chronicling events and buildings. Take a look and see what treasures you can find in your attic!



Lautenschlager at his studio
Ernie Ritz, New Hamburg as it really was

“We have to raise the bar on our landscapes,” said Mr. Tallamy, a professor and chairman of the department of entomology and wildlife ecology at the University of Delaware. “In the past, we have asked one thing of our gardens: that they be pretty. Now they have to support life, sequester carbon, feed pollinators and manage water.



What a year 2020 was! We encountered many challenges and feared for our health and economic wellbeing, but there were also many innovations, and we learned that our community is very resilient. More people started gardening! That is great news.

How is your garden looking right now? Winter gardens have their own quiet beauty, with shapes of both evergreen and deciduous trees and shrubs, structural elements such as trellis and even the grasses and flowers still standing. After a snowfall, the garden can be a wondrous sight. Wander around and see what looks interesting during the winter both in people’s yards and in the forest. Red is one colour that can really pop out in the winter. It is the dogwood shrub (*Cornus seicea* and *Cornus alba*) that has brilliant red bark, and there is also one with yellow bark (*C. Bud’s Yellow*). Many of these are large shrubs but if you have a small space, there are some new cultivars that may fit. Check with your local nursery. In the summer, the leaves are green or variegated and have white berries the birds enjoy. Some shrubs have very interesting bark. Ninebark (*Physocarpus opulifolius*), once mature, has lovely peeling bark. The true native has green leaves, small white flowers and interesting seed pods hanging in the fall and into winter. There are natives with all different foliage colours and sizes.

Other shrubs have attractive winter fruit, for example, roses with rosehips such as Wood’s rose (*Rosa woodsii*), Winterberry (*Ilex vertillata*), red chokecherry (*Arona arbutifolia*), and black chokecherry (*Arona melanocarpa*). There are others that have seedpods such as ninebark and

oakleaf hydrangea (*Hydrangea quercifolia*) which also has a rough bark. This hydrangea has lovely cone-shaped white to pinkish blooms and brilliant red foliage in the fall.

All above shrubs are natives and natives, so not only will they be beautiful and provide habitats for native bugs, birds, and pollinators, but they will also be very hardy in the garden.



Keep active! Walking is an excellent activity to keep in shape for gardening season. Wilmot Rec Center has a great walking/running track if the outdoors is not appealing. (Closed during the COVID LOCKDOWN). I find the country road shoulders much less slippery during icy times than sidewalks in town. Go to the Wilmot Township website to

Parks and Facilities and there is a listing of trails and maps. For slippery walks, you can get ‘icers’ for your boots/shoes available through many outlets.



Wilmot Horticultural Society

For updates and great gardening information, news and to share all things gardening.

www.facebook.com/groups/3133495739996313

Website: gardenontario.org/view/society-layout/entry/852

email: wilmothortsociety@gmail.com

Let’s Tree Wilmot email: letstreewilmot@gmail.com (info for donations to Let’s Tree Wilmot)

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Tuesday - Friday 11am-7pm ~ Saturday 10am-2pm

Mother Nature, c'mon. Make up your mind! Snow would be nice for the season, and then it can go away again. The weather is all mixed up! One day freezing rain, then sun, then snow! Here are some helpful hints to make this winter a little bit easier.



Have you ever had to try and open a frozen lock? Maybe it is your community mailbox? Most cars have automatic openers now, but sometimes a key is necessary. All you need is some hand sanitizer. Just rub the sanitizer on the key and insert it into the lock! Voila, it should turn quickly now. Another hack is to heat your key over an open flame.

Want to have a fire? Yes, but who likes cleaning up? Line the bottom of the fireplace with extra heavy tin foil for easy cleanup! All you do is fold up the mess and toss!

Car windows and mirrors iced up? Some people place blankets over their windshield and back windows and when they are ready to leave in their vehicle, remove the coverings, and it is clear sailing. Mirrors covered with plastic grocery bags secured with a clothespin work well. Another alternative is to take large size Ziplock bags, close the bags as best you can. Easy to remove, and away you go.

Now I have salt on my boots! Did you know that white vinegar is perfect for removing those marks? Just dampen a cloth with it and wipe away all marks.



Why do the windows fog up so much? Here is a time saver, apply shaving cream to the inside of your windshield and wipe dry. Shaving cream has similar ingredients as anti-fog solutions. It is a bit cheaper too! Another remedy is to pour cat litter in an old sock and place it near your windshield. It absorbs moisture and helps to prevent fogging up.

If you have any knee socks lying around, they are perfect for covering your windshield wipers in case of freezing rain.

Oh no! Now my hair has static because of my Canadian toque. Bounce sheets quickly wiped over your hair will control all that electricity.

Winter can cause dry, cracked skin around your fingers. Grab your lip balm and apply it to cuts or hangnails.



Does this happen? Clogged snowblowers can be problematic at times, especially when the snow is heavy! Before hitting those snowdrifts, spray the clean, dry auger with Pam cooking spray!

The power went out! The fridge, the food, the drinks! But do not worry, look outside! Grab your coolers and place your food outside on the porch. It does need to be at least minus 1 degree Celsius for this to be effective.

De-icing your walkway or driveway is relatively easy. Grab a bucket and add: 1 cup rubbing alcohol, two tablespoons of dishwashing liquid, to ½ gallon of hot water. Splash this mixture on your drive or walkway to prevent accidental falls.

Happy New Year and Happy Hacking!



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Paraprosdokians are figures of speech in which the latter part of a sentence or phrase is surprising or unexpected and is frequently humorous. Winston Churchill loved them.



- * Where there's a will, I want to be in it.
- * Since light travels faster than sound, some people appear bright until you hear them speak.
- * If I agreed with you, we'd both be wrong.
- * We never really grow up -- we only learn how to act in public.
- * War does not determine who is right, only who is left.
- * To steal ideas from one person is plagiarism. To steal from many is research.
- * I didn't say it was your fault, I said I was blaming you.
- * In filling out an application, where it says, "In case of emergency, notify..." I answered "a doctor."
- * You do not need a parachute to skydive. You only need a parachute to skydive twice.
- * I used to be indecisive, but now I'm not so sure.
- * To be sure of hitting the target, shoot first and call whatever you hit the target.
- * Going to church doesn't make you a Christian, any more than standing in a garage makes you a car.

BADEN OUTLOOK

"Keeping the Community Connected"

You Must Be Joking!!



- * You know that tingly little feeling you get when you really like someone? That's common sense leaving your body.
- * When I was a child I thought "Nap Time" was a punishment. Now, as a grownup, it feels like a small vacation.
- * If God wanted me to touch my toes, He would've put them on my knees.
- * Last year I joined a support group for procrastinators. We haven't met yet.
- * Of course I talk to myself; sometimes I need expert advice.



Amy Williams Sales Representative Jon Lambert Broker Kerilynn Mathers Sales Representative

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TOYS! TOYS! TOYS! Lambert Group Christmas Toy Drive a Complete Success!



2020 marked our first year coordinating a Christmas Toy Drive in collaboration with the Kitchener Waterloo Association of Realtors and the local Salvation Army. More than 2,500 families applied for support this past holiday season and The Lambert Group's incredible clients did not disappoint when it came to making contributions! Huge shout out to Robbie Brooks and his family of Baden who made a substantial contribution. We are so thankful to live and work in a community full of such caring and compassionate people!

Keep an eye on our website – lambertgroup.ca to see what we have planned next!

I had an amazing experience with Jon and his staff during the sale of our house and after. They went above and beyond our expectations and the sale went quick and smooth. It was a pleasure working with them!

-Christina F. Wilmot Township



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About Grandparents?

(taken from papers written by a class of 8-year-olds)

- Grandparents are a lady and a man who have no little children of their own. They like other people's kids.
- A grandfather is a man grandmother.
- Grandparents don't have to do anything except be there when we come to see them. They are so old they shouldn't play hard or run. It is good if they drive us to the store and have lots of quarters for us.
- When they take us for walks, they slow down past things like pretty leaves and caterpillars.
- They show us and talk to us about the colour of the flowers and also why we shouldn't step on cracks.
- They don't say "Hurry up!"
- They wear glasses and funny underwear.
- They can take their teeth and gums out.
- When they read to us, they don't skip. They don't mind if we ask for the same story over again.
- They know we should have snack-time before bedtime and they say prayers with us every time, and kiss us even when we acted bad.

A six-year-old was asked where his grandma lived. "Oh," he said, "She lives at the airport, and when we want her we just go get her. Then when we're done having her visit, we take her back to the airport"



Giving Thanks is Gratifying...

It's time to send out some thank you notes. Although we didn't get to celebrate Christmas like we usually do I'm certain you still received gifts from your loved ones with loving thoughts of you. To all the kids who got gifts from your grandma, your aunt, neighbour or friend, did you say thank you? Was it sincere, or were you in a hurry ripping off the wrapping paper to see what you got? Even if you did say thanks, it is such a wonderful thing to take the time to send a card or thank you note and it's never too late! It can be fun to make a home made card and decorate with bows, glitter or colourful markers. It not only makes a creative experience, it makes you think of and feel gratitude towards the person for whom you are making the card. It also shows your appreciation, respect for your relationship, courtesy, and kindness all wrapped up with a lot of love!

But then...when Grandma receives your card she will be excited, feel special, and loved. She'll display it for months and show it to her friends. That's a whole lot of magic in one little thank you card and it is a gift you are giving back to her. I'll bet when your grandma was a child she did it because it was the courteous thing to do.



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Happy New Year from Baden!



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KITCHENER WATERLOO HOUSING MARKET OUTLOOK (2021)

The Kitchener Waterloo housing market is expected to remain in seller's market territory in 2021, characterized by a continued lack of housing supply that impacted the market in 2020.

We're simply dealing with straight-up demand for our community as an attractive place to put down roots, and the current COVID-19 pandemic is only further fuelling the already hot market and elevating Waterloo region as a desirable place to own a home.

Given the continued increase in average home prices over the course of 2020, it is expected that fewer buyers in 2021 will be able to afford and purchase at the same rate they did in 2020.

SELLER'S MARKET

Some people might think all you have to do is stick a sign in the yard and let the market take care of the rest. It might be easier to sell in a seller's market, but it takes a lot more to sell a home than hanging a sign out front - it requires strategy. Contact me today and I will be there to help you every step of the way.

BUYER COMPETITION IS HEATING UP IN WATERLOO REGION

Looking strong in a seller's market requires you to consider each and every aspect of your offer very carefully. You need to shape it to the desires and concerns of the seller. You need to be prepared to put your best foot forward on the initial offer; otherwise, you may not get another chance. When a seller receives 15 offers, they're not going to go back-and-forth with every one of them. If you're not in the top 2 or 3 from the very start, don't expect anything other than a brief email or phone call stating you weren't selected but they wish you all the best in your continued search. If you need some help flexing your buyer-muscles, LET'S TALK!

I'm so grateful to have a career that I truly love! Thank you to my amazing clients, friends and family for all the support and wishing you ALL an amazing 2021!

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