

~ Your Community Newsletter ~  
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# Baden Outlook



These Baden girls, friends since kindergarten, took the Baden Outlook all the way to The Nook Coffeehouse in downtown Baden. Pictured are: Marcia (Roth) Kastner, Ruth (Barton) Ross, Angela (Wagler) Shantz, Liz Hadland, Miriam (Ramer) Wettlaufer, Susan (Honderich) Mills.



**This paper is priceless - Please have one!**



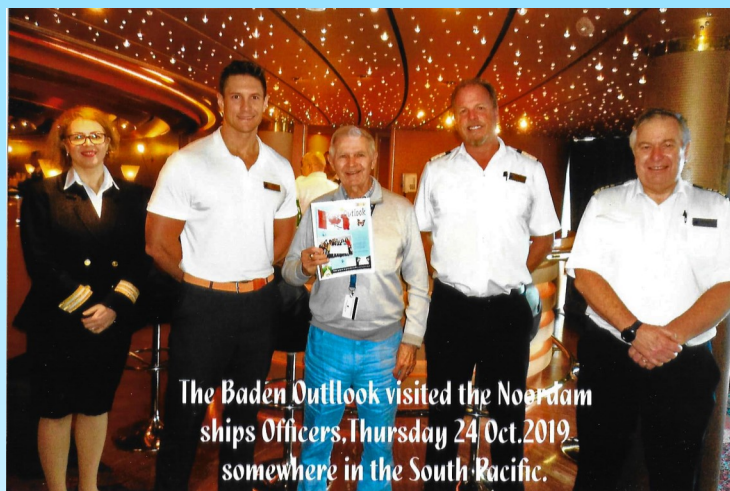
*More exciting destinations as The Baden Outlook continues to travel to ...  
Dominican Republic, Cuba, Hawaii and a South Pacific Cruise ~ see more travel pics on page 35*



Betty Mandler and Elaine Tweedle took their Baden Outlook to enjoy the sun at Hotel Faralolon Del Caribe in Cuba.



Sheryl and Alf Crabbe took their Outlook along to Honolulu, Hawaii at the Pearl Harbour Memorial site.



The Baden Outlook visited the Noordam ships Officers, Thursday 24 Oct. 2019, somewhere in the South Pacific.



Taking a few minutes away from their post on the recent Festival City Rotary Medical Mission to the Dominican Republic. L to R- Roopè Tsutsunen (Rotary exchange student from Finland), Mary Lou Ross, and Linda Reid, with their Outlook, check out what is happening at the fluoride dental station. Thanks to Baden Dental Clinic for supplying some toothpaste, toothbrushes and hygiene kits used in this treatment, administered under a shady tree in Ginebra DR, for children ages 5 to 14.



I am excited and thrilled to announce that I have moved my business and partnered with **RE/MAX Twin City Realty Inc.**, I'll be working out of the Waterloo office at 83 Erb Street West.

**RE/MAX Twin City** has served the community since 1981 and is the market dominator and the strongest brand in Waterloo Region. It's a brokerage that prides itself on their reputation for integrity, the responsibility to give-back to our community and the supreme customer service provided to the clients. These are all things that I value deeply and I'm looking forward to continuing to provide excellent service for all of you.

What does this mean for you? You will get the same dedicated, honest, reliable and effective service I've provided for 13 years now, all backed by a reputable company. So really, nothing much changes except for my office location. My mobile number and email address remain the same. I'm really looking forward to working for you, your friends and family in 2020.



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Sales Representative

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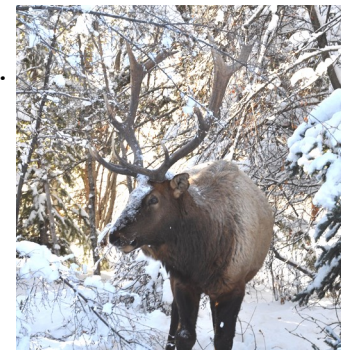
# Greetings from Headquarters ~



2020! Here we go—I hope you all have a great vision of your new year ahead! We had a wonderful Christmas, stepping out of our comfort zone, leaving my mom and our kids for the first time. Not short of a lovely family experience, we had the privilege of visiting Alberta where both of my brothers, Ron and Greg Cook, live. We spent the front end of the holiday at Ron's in Calgary and the back end at Greg's in Canmore. It was the most magical Christmas I can recall since being a child, when 40 cm of fresh snow fell just days before Christmas. Greg's backyard



faces the Three Sisters mountains and it was just spectacular. I sat by his backyard window watching the snowbank grow on their bird feeder as seen in this photo. On Boxing Day, we awoke to a bull elk that had bedded down for the night in the backyard and he too had a snowbank on his head. We watched for hours waiting for him to rise and when he did we stood in awe before we all ran for our cameras. That afternoon as the sun shone we went for a walk and just two blocks away we came upon a herd of elk that looked like the reindeer that were resting after the long night with Santa and the



slough. It was a whole week of 'wow' moments for me, not to mention the love and hospitality we soaked up with my family out west. Also, most interesting, since Barry's December article where he spoke of lost Christmas traditions, we had the pleasure of homemade Christmas fruitcake and bread pudding. Also while in Canmore, we were delighted to find Christmas carollers at the door, and when we arrived home there was a message on our answering machine saying that we missed out on local carollers in our neighbourhood.

Now that my feet are back on the green grass of home, I will jump right into the first issue of our 20th year! We have so much to be thankful for and so much to look forward to. This issue is filled with lots of inspiration and things to help you along as we begin this journey into a new decade. Kate, my yoga instructor, recently said, "Let's not begin the year with serious resolutions on changing all the things we do badly but embrace all the great things we do and all we can be." I hope you let that message sink in with you, as well as the article on page 25 from Rosemary at Interfaith who ponders how to find our soul and how to explore our spirituality.

I am not a fan of the winter season and have told myself to get a grip and deal with it—after all, it does come every year. On page 33, I've compiled a list of 10 things that may help me to relax, snuggle in and embrace these months instead of shivering and dreaming of the sunny south. I hope they help you too... let's not get SAD this year!

You are sure to enjoy Al's interesting article on the history of dairy in Wilmot. It may be a memory lane read for some and enlightening for those who weren't around in the day of door-to-door delivery. I remember when they delivered to my Grandma Seyler's house on Brewery Street.

Barry and Pat Fisher  
P.O. Box 5154  
Baden, ON N3A 4J3  
Phone: 519-634-8916  
Email: badenoutlook@hotmail.com  
Web: www.badenoutlook.com

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We got an email from William Timlow who is excited to say that the second annual Wilmot Key Quest is in motion; he has enlightened us on his upcoming adventure. Be sure to check it out on page 7 to follow along and get engaged in the fun; you just may win the hidden cash prize!

I love every travel photo we get but my favourite this month is featured on the front page, sent from some local gals who gathered in festive fashion with the Baden Outlook to celebrate Christmas and their friendship. Thank you for including us in your special gathering.

I've dotted the paper with some inspirational quotes from some wise folks and hope they may stir your soul. Have fun with the usual quizzes, jokes, and trivia, and stay cozy till next month... Pat



Hey fellow sports fans--I wonder if you are missing the hockey pool as much as I am. If so, this one's for you. Let's talk hockey. In late November, the Columbus Blue Jackets played the Pittsburgh Penguins. Upon seeing the score, I pondered, how in the world did they get their names? The Blue Jackets had what appeared to be a bumblebee as their logo and Pittsburgh are about as far away from Antarctica as you can get – off we go to my good friend Google.



On June 25, 1997, the NHL awarded Columbus an NHL franchise, along with Nashville, Atlanta, and St. Paul, Minnesota. The new team held a “name the team” contest and 14,000 entries were received. Majority owner John H. McConnell was asked to fill out a questionnaire for the National Hockey League to help the league get a better idea of what Columbus stands for and the history of the city. Ohio sent the largest amount of troops to fight in the civil war, and their jackets were manufactured in Ohio, so the league and ownership group narrowed the choices down to two - the Blue Jackets (civil war uniforms) and Justice. The bumblebee is the Blue Jackets mascot “Stinger”.

Pittsburgh's name originated from Penguins owner Jack McGregor's wife Carol. She asked her husband what was the name of their domed stadium, and he replied “The Big Igloo”. They were looking for a name that started with “P” and Penguins live on the ice, so the name was born.

Below is a brief history of how each NHL team developed their name. Some are no-brainers and others have some interesting history.

Anaheim Mighty Ducks – The NHL awarded a franchise to Disney in 1993; the Disney hockey movie *Mighty Ducks* came out the year before in 1992. When Disney sold the team in 2005, the team name was changed to *Anaheim Ducks*.



Arizona Coyotes- The team was formed in 1996 and once again a contest was held. The other name considered was the *Scorpions*.

Boston Bruins – Grocery store tycoon Charles Adams brought a franchise to Boston in 1924; his store colours were black and yellow. He wanted a name to reflect an untamed animal displaying speed, agility, and cunning, so *Bruins* was selected.

Buffalo Sabres – They are celebrating their 50<sup>th</sup> anniversary this season. They had a contest for their name and they chose *sabre*, a weapon carried by a leader that was swift and strong on defense and offence.

Calgary Flames - The *Flames* played in Atlanta from 1972 until 1980 and their nickname was a reference to the city being burned to the ground during the Civil War. They relocated to Calgary and they kept the same name.

Carolina Hurricanes – The Hartford *Whalers* moved to Carolina in March 1997. There wasn't time for a contest so the owner Peter Karmonos Jr. named the team himself, referencing the frequent storm systems that hit the area.

Chicago Blackhawks - Owner Frederic McLaughlin named the team in 1926 after the 86th Infantry Division he served in during World War I, the “*Black Hawk* division”.

Colorado Avalanche – In 1995, the Quebec *Nordiques* moved to Denver. *Avalanche* won out over *Black Bears*, *Storm*, *Wranglers*, *Renegades*, *Rapids*, and *Cougars*. They were the first NHL team to win a Stanley Cup during the year of relocation.

Dallas Stars – The team relocated to Dallas from Minnesota in 1993. They dropped the name “*North*” from

the Minnesota team name; Texas is also known as the lone star state.

Detroit Red Wings - James Norris purchased the Detroit *Falcons* in 1932 and renamed the team after an amateur hockey team he once played for, “*Montreal Winged Wheelers*”. It seemed appropriate, as Detroit is known as the “*Motor City*”.

Edmonton Oilers - In the 50s and 60s, Edmonton's original owner of the WHL team, Bill Hunter, owned a junior club called the “*Oil Kings*”. When they switched to the NHL in 1979 he kept the name.



Florida Panthers - Blockbuster Video owner, Wayne Huizenga, wanted to bring attention to the panther which was an endangered species in 1993 when the team was formed.

Los Angeles Kings - On June 5, 1967, owner Jack Kent Cooke was awarded a franchise. He wanted a name that would take on an air of royalty.

Minnesota Wild - In 1998, the name *Wild* was chosen to represent the state's wildlife. Runners-up were *Blue Ox*, *Northern Lights*, *Voyageurs*, *White Bears*, and *Freeze*.

Montreal Canadiens – In 1909, John Ambrose created the *Club De Hockey Canadien* which, translated simply, means *Canadian Hockey Club*. The *Canadiens* are the only team name that predates the NHL's founding in 1917.

Nashville Predators - In 1971, a nine-inch fang of a saber-toothed tiger was found at a construction site in Nashville. When it was time to name the team in 1997, it came down to three names – *Ice Tigers*, *Fury*, and *Attack*. Craig Leipold added his own name to the mix, *Predators*, which was chosen.

New Jersey Devils – The Colorado *Rockies* were relocated to New Jersey in 1982. The *Devils* were chosen in a newspaper contest, based on a legend of a creature that lived in the New Jersey forests called the *Jersey Devil*. Runners-up were *Americans*, *Blades*, *Coastals*, *Colonials*, *Gulls*, *Jaguars*, *Meadowlanders*, and *Meadowlarks*.

New York Islanders - In 1972, the New York *Islanders* were formed. The name was created by their ownership group and it was widely believed that the name would be the *Long Island Ducks*, after an Eastern Hockey franchise.

New York Rangers – In 1925, Madison Square Garden president G.I. “*Tex*” Rickard decided he wanted his own hockey team. Locals started referring to the team as *Tex's Rangers*, so when the team started playing in 1926, they officially became the *Rangers*.

Continued... →

# Do You Need Help?

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*Continued from page 4*

Ottawa Senators - Ottawa was awarded a franchise in 1991. The original Ottawa Senators were formed in 1883, winning 11 Stanley Cups. The team kept that name.

Philadelphia Flyers - The team was formed in 1966. There was another contest and thousands of ballots were submitted. More than 100 were Flyers.

San Jose Sharks - The team was awarded a franchise in 1990. A contest was held for naming the team and the most amount of ballots were the Blades. There were reservations about the name due to gang implications, so Sharks was selected as the second choice.



St. Louis Blues - The Blues were given a franchise in 1967. The name was chosen after a W.C. Handy song. Runners-up were Apollo and Mercury, as the space capsules with those names were built in St. Louis.

Tampa Bay Lightning - Team president Phil Esposito named the team as he witnessed a lightning storm in the bay. The team was formed in 1990.

Toronto Maple Leafs - The franchise began in 1917 as the Arenas. In 1919 they changed their name to the St. Patrick's. Conn Smythe purchased the team in 1927 and changed the name to the Maple Leafs. The reason is unknown.

Vancouver Canucks - The team was granted a franchise in 1969. The name has a reference to Johnny Canuck, a comic book action hero portrayed in World War 2 who fought against Hitler.

Washington Capitals - Owner Abe Pollin decided on the obvious name after a contest. The team was formed in 1974.

Winnipeg Jets - When the Atlanta Thrashers relocated to Winnipeg in 2011, they took on the name "Jets," after the NHL team that played in Winnipeg from 1979-96. The original Winnipeg Jets moved to Arizona in 1996 and became the Coyotes.



Vegas Golden Knights - Team owner Bill Foley chose the name "Golden Knights" in 2016. He's a graduate of the U.S. Military Academy at West Point, New York, where the athletic teams are known as the "Black Knights".

Well, that is the extensive list of teams that are currently playing in the NHL. There will be a new team from Seattle, Washington that will begin playing in the 2021 – 2022 season. Their name will be announced at this year's All Star Game. There are plenty of rumours floating around of the potential name, such as Totems, Sea Lions, Seals, Evergreens, Whales, Cougars, Eagles, and Firebirds. Time will tell.

*Nice talking hockey with you - Until next month...Ed*

# Baden ~ Our Town



We will see lots of changes to come to Baden in 2020! There is a new store that just opened on Foundry Street. Check out the Baden Boutique—pop by and wish them well, you may even find something for yourself.

Construction on the Beckdale Trail has begun! This trail, which has been financially supported and constructed by Mike Schout, begins at Brenneman Drive and follows along the tracks where a portion diverts up to the Waterloo Oxford High School, while the other branch carries on to Nafziger Road. Residents will be able to use the trail to get to the Wilmot Recreation Complex, and eventually be able to go all the way to New Hamburg. This is such an exciting time for us all as the Wilmot Trails continue to develop!

Baden Dental Clinic are expanding their practice to the entire building on Beck Street. The dentist office currently has six examination chairs, and they will be expanding to seven (11 operator chairs), plus they will double their room for sterilizing their equipment. As of January 20th, they will have a new associate Dr. Nadheer Al-Salami. Congratulations to Dr. Rick and Nancy Pereira on their successful practice that continues to grow!

The Lambert Real Estate Group have relocated their offices from 138 Brewery Street to 49 Foundry Street as of the new year. It is good to see businesses stay in our town and support local charities too. Way to go, Lambert Group!

The Baden Community Association and EJ's Tavern held their sold out New Year's Kid party again with many happy faces. This is the fourth year that the event has been held and each year it has been a sell out!



The BCA is hosting their annual Family Day event at the Wilmot Recreation Complex. There will be a free skate (11am to 1:45 pm) and swim (1-4 pm) and the BCA will be handing out treats and refreshments at the community hall up stairs from 1-4 pm.

If you would like to get involved with the BCA, they meet at the basement of the township hall, the last Wednesday of each month at 7:00 p.m.

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It's been a couple hundred days since the mysterious Wilmot Key Quest had us scratching our heads as it made a splash in our Township. The three week long hunt for hidden treasure was captivating and frustrating. Fun and infuriating. Weird and whimsical. Getting your daily clues... theorizing about them with friends... discovering and exploring new places in your community. One moment you felt like a genius explorer on the verge of finding the key. The next moment you felt utterly lost and confused. That's the Key Quest. It drove you crazy, and you loved it.



Evidently, organizers loved driving you crazy as well, because they are currently working to bring the Wilmot Key Quest back for 2020!

For the uninitiated, the Wilmot Key Quest is a three week long, real life treasure hunt, taking place in Wilmot Township. A key is hidden outside somewhere on public land and new clues are released each weekday which lead to the key's secret location. The one who finds the key wins the prize! The 2019 grand prize of \$5,000 was awarded to Justin Kozak and family, who found the Key on Tuesday May 14th in a stump at the Petersburg Crown Lands.

So what do you need to know about this year's quest?

1. The **2020 Wilmot Key Quest** is slated to run from **April 27 - May 15**
2. The winner(s) will receive a **\$5,000 cash prize**
3. You, your friends, and your family can participate - whether you live in Wilmot Township or not, and there is **no cost to participate**

4. **facebook.com/WilmotKeyQuest** is a great place to go for up to date information related to the Key Quest, so like and follow the page
5. Craftiness, gumption, intuition, and a keen eye will be among your greatest allies

Followers of last year's quest will remember that new clues were available each day at sponsors' locations, and also in the Waterloo Region Record. Although the full list of 2020 sponsors is not yet available, word is that this year we can **expect something similar**. Stay tuned to the Baden Outlook, and the Key Quest Facebook page in the coming months for a complete list of sponsors, information on how to get your daily clues, and answers to all your Key Quest-ions.

*In the meantime...*

Get a pot of coffee going, and dust off all your maps. Brush up on local knowledge, and don your thinking caps. The Quest, it won't be easy - this test will be severe! But riches and glory await the ones who to the path adhere. Pull out last year's files - study all those clues. Suss out where you went wrong, so this year you'll improve. Talk to friends and family, teaming up is half the fun! This spring you'll find that minds combined are how the Quest is won!



Make sure to **pick up a copy of the Baden Outlook each and every month** from now until the Quest is complete! You'll be hearing the backstory of the Wilmot Key Quest, as well as getting all the important details on exactly how to participate this spring. You won't want to miss out!

*Good luck, stay tuned, and happy hunting.*

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## Dairy Industry in Wilmot Township

For many, milk has always been an important part of their daily diet. It has been consumed locally since the earliest period of settlement. Initially, people obtained milk from their own cow or cows. As villages began to grow, people had to obtain milk from farmers. Villagers would travel to the farm of a relative or friend with a container to get raw milk. Eventually farmers were selling enough milk, so they created what became known as farm dairies to sell bottled milk. Some of them delivered door to door to peddle their milk in town. Farm dairies slowly began to be bought out as commercial dairies started up in towns and villages. The fact that the pasteurization of milk became mandatory in Ontario in 1938 hastened the end of the farm dairy.

Wilmot Township was the home of several dairies and creameries. These dairies had door to door delivery. Customers would purchase coupons from the dairy which they would place with their empty bottles at their door to be exchanged for fresh milk. One of Wilmot's dairies was established in 1909 by William Schneller on his farm located at the east end of Baden in the area of Schneller Drive. It was known as the Baden Dairy and the milk was delivered door to door. The farm was taken over by William's son Wilfred in 1927. Wilfred established a herd of Ayrshire cows that provided the milk for his dairy, which was renamed Spruce Grove Dairy. When pasteurization became mandatory in 1938, the milk was picked up by Maple Lane Dairy who pasteurized and bottled the milk and returned it to the farm to be delivered. The dairy operated at Spruce Grove farm until 1943. Wilfred Schneller was inducted into the Ontario Agricultural Hall of Fame in 2019.<sup>1</sup>



New Hamburg was the home of several farm dairies. Two of these were purchased by Walter R. Hostetler. In 1938, he purchased the Lautenschlager Block at 91 Huron St; most recently, the home of Nith Valley Upholstery. He renovated the building, adding a pasteurizing and bottling line. His dairy was known as Hostetler's Dairy. Later, a dairy and ice cream bar was added at the front of the dairy. The business continued until Hostetler's sudden death in 1950. Walter R. Hostetler also served as Reeve of New Hamburg from 1934 until his death.



The executors of Hostetler's estate sold the dairy to Ward and Margaret Cockerton in 1951. They renamed the business Cockerton's Dairy. Margaret ran the dairy bar and Ward delivered door to door. Later, he was assisted by his son Jim. In 1971, the Cockertons sold their business to Maple Lane Dairies of Kitchener.



The New Hamburg Creamery was started in 1921 by Clifford Wallace in the former stable of the Queen's Hotel at Seyler and Peel Streets. In 1927, the property was purchased by Louis Junker who established a partnership with Theodore (Ted) Stock. They operated the New Hamburg Creamery together. They manufactured their well-known New Hamburg Creamery butter, ran an egg grading station, and delivered milk door to door. In 1946, Junker sold his half interest to Stock. Ted's son Hollice joined the company in 1951. In 1964, they moved to a new larger location at the rear of 253 Huron St., today the location of Dolman Eyecare Centre. Their former building was demolished in 1967 and replaced by the current Home



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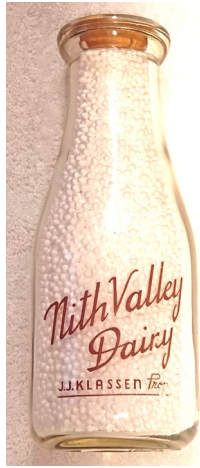
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519-634-5711





Hardware Store. The New Hamburg Creamery ceased operations in 1967. Ted also served as Reeve of New Hamburg from 1950-1957.

The Nith Valley Dairy was operated by Jacob J. Klassen from a small farm on Burns Street. In 1945, Klassen purchased 173 Peel Street. Renovations were undertaken and a pasteurizing unit and a bottling line was installed. Milk was delivered door to door by horse and wagon. In 1946, a dairy bar was opened at the front of the business. In 1955, Klassen sold his dairy assets to Hollice Stock, part owner of the dairy. Currently the building houses Wheels on Peel.



By the 1970s, all of Wilmot's local dairies that sold milk had either been purchased by larger dairies or closed altogether. Rather than milk being processed and bottled locally, it was picked up and trucked to larger plants to be processed and sold through grocery and convenience stores. Door to door delivery disappeared.

<sup>1</sup> Brad Schneller, *Waterloo Historical Society Volume 81 -1983 / All artifacts are from the author's collection*

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**GEOGRAPHY QUIZ:** There are 12 countries in South America that are listed. Are you able to mark them in the appropriate place on the given map? See the answer map on page 15



- Argentina
- Bolivia
- Brazil
- Chile
- Colombia
- Ecuador
- Guyana
- Paraguay
- Peru
- Suriname
- Uruguay
- Venezuela
- French Guiana  
(which is a dependent territory)

Going Away? Take Precautions if Pets are Going to the Kennel or Doggie Daycare

With the cold days of winter coming, many people are thinking about heading south to escape. Some of our pets will go to Grandma's or a friend's or have a pet sitter come stay at the house. Some of them head to the kennel. Just like daycare for kids, the kennel can be a really fun place, but it can expose them to various viruses. One of these is kennel cough or Bordetella.



kennel cough (Bordetella bronchiseptica) but just like our flu shot, it cannot ensure complete immunity from every strain. However, vaccination allows your dog to mount a stronger immune response when exposed to kennel cough, therefore decreasing the severity of symptoms experienced. A vaccinated dog with kennel cough exposure may develop a dry, honking cough that can sound at times like a gagging noise. Occasionally, coughing can be severe enough that your dog brings up some clear or white foam. As long as your dog remains bright and happily eating and drinking with normal energy levels, no medical assistance is needed. If your dog begins to show signs of lethargy or loss of appetite, they should be seen by a veterinarian.

Kennel cough is a highly contagious upper respiratory infection that can be caused by a variety of different bacteria and viruses that results in a dry, "goose honking" cough. We tend to see more cases of kennel cough when there is increased dog-to-dog contact, i.e. visiting dog parks, dog beaches, boarding facilities, grooming facilities and so forth.

If you plan on having your dog stay at a kennel or boarding facility, make sure to have your dog vaccinated for kennel cough before they go. Talk to your veterinarian about the best time to do this to get the maximum protection for your dog.

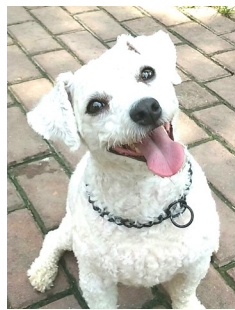
Exposure can come from nose to nose contact, shared toys, or even communal water dishes. Typically, symptoms are seen up to 2 weeks following exposure, and can last 7-10 days. The kennel cough vaccine protects against one of the most common sources of

Submitted By Dr. Rebecca Ricker

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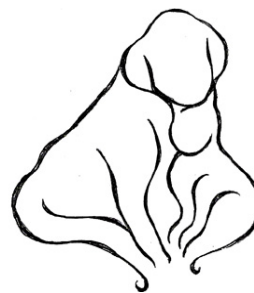


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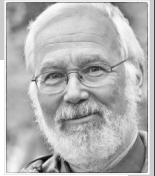
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## Baden Birding ~ Eastern Screech-Owl

By Ken Quanz



December 15, 2019 was not particularly cold at 5:00 a.m, but the wind was fairly strong. As usual, we started the Cambridge Christmas bird count at Barrie's Bush on Cedar Creek Road (old highway 97) by quietly standing beside the road while listening for owls. After several minutes, we started to intermittently call for Eastern Screech-Owls: no answer. Since I started participating in the Audubon Christmas bird count in 1990 we had never missed getting at least one owl to reply at this location, but this year we did not hear the characteristic whinny - a series of descending, trembling whistles followed by a long, single pitch quaver, a call which is reminiscent of a winter wind finding its way through an almost closed window during a winter storm.



We then tried to call for Great Horned Owls with soft, hollow sounding hoots. Sometimes this serves several purposes. It may attract this local predator of small to medium sized mammals which hunt during the dusk and pre-dawn hours, or the sound may summon territorial Eastern Screech-Owls trying to defend their claimed territory. However, we received no answers.

After 15 minutes, we moved along to another stretch of bush to try our luck. We try to space our survey spots so that we are not calling from different parts of the same territory, and therefore do not count the same owls twice. We also look for a bush that has both deciduous and conifer species. But most importantly, we look for spots with access to open water in the form of a spring or a small swift stream, which provide water for both predator and prey.

By our fourth location, we usually have counted between

three and five owls in total, but we were still shut out. After going through the listening stage, then the calling stage with no success, we started to get in the car. Then, just nicely into the bush, we heard a soft whinny - just once! But we all heard it. We were "on the board" with three stops left.

We always stop at the same locations, year after year. We always spend the same amount of time at each location. The purpose of this is to give us a more accurate picture of what is happening to the population of each species. The main variable is weather: temperature, cloud cover, precipitation, wind speed and direction. This year we think we were hampered by the wind, which was quite constant and strong. Last year, in better wind conditions, we counted 7 Screech-Owls and several Great Horned Owls. If we have perfect weather next year and we get a dismal result, we will start to think in a different way. While this is not an exact science, we do notice significant trends over the years.

As for the final three stops -no luck this year. As the sun was rising, we shifted gears, stopped for a quick warming coffee, and started on the rest of the day's count for the species seen and heard in daylight.

I have heard the Screech-Owls calling from the tree outside our bedroom window during the March breeding season. The call is easy to dismiss as a cold winter wind, but if you fight the temptation to snuggle down further under the covers, you may be in a good place to listen for one of winter's "pop-up" concerts, sung by Eastern Screech-Owls.

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## You Must Be Joking!!



### WINTER BOOTS

He asked for help and she could see why. Even with her pulling, and him pushing, the little boots still didn't want to go on. By the time they got the second boot on, she had worked up a sweat. She almost cried when the little boy said, "Teacher, they're on the wrong feet."

She looked, and sure enough, they were. Unfortunately, it wasn't any easier pulling the boots off than it was putting them on. She managed to keep her cool as, together, they worked to get the boots back on, this time on the correct feet.

He then announced, "These aren't my boots." She bit her tongue, rather than get right in his face and scream, "Why didn't you say so?" like she wanted to.

Once again, she struggled to help him pull the ill-fitting boots off his little feet. No sooner had they got the boots off when he said, "They're my brother's boots. But my Mom made me wear 'em today."



Now she didn't know if she should laugh or cry. But she mustered up what grace and courage she had left to wrestle the boots BACK onto his feet again. Helping him into his coat, she asked, "Now, where are your mittens?" He said, "I stuffed 'em in the toes of my boots..."

She'll be eligible for parole in three years.

Submitted by Bob Smith



*You are never too old to reinvent yourself.*

~ Steve Harvey

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Their work is often in 'vein'.
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ANSWERS ON PAGE 29



Vaping has been the latest trend, but it really has been around for a long time... But in our day we wore it.

*What a wonderful thought it is that some of the best days of our lives haven't even happened yet.*

*~ Anne Frank*



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## You Must Be Joking!!



A Bank Transaction ~Don't mess with a senior.

The old lady handed her bank card to a bank teller and said, "I would like to withdraw \$500."

The teller told her, "For withdrawals less than \$5,000, please use the ATM."

The old lady then asked, "Why?"

The teller irritably told her, "These are rules. Please leave if there is no other matter. There is a line-up behind you." She then returned the card to the old lady. The old lady remained silent...But then she returned the card to the teller and said, "Please help me withdraw all the money I have."

The teller was astonished when she checked the account balance. She nodded her head, leaned down and said to the old lady, "My apologies Granny, you have \$3.5 million in your account and our bank does not have that much cash currently. Could you make an appointment and come again tomorrow?"

The old lady then asked, "How much am I able to withdraw now?"

The teller told her, "Any amount up to \$300,000." The old lady then told the teller that she wanted to withdraw \$300,000 from her account. The teller did so quickly and handed it to the old lady respectfully.

The old lady kept \$500 in her bag and asked the teller to deposit the balance of \$299,500 back into her account.

Submitted by Robert Price

"Keeping the Community Connected"



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PLACE THE FACE QUIZ - See how many of these famous Canadian faces you recognize.

Answers on page 31



Baden Outlook

Answer map from Quiz on page 9



## MIND BENDERS

One of the four words does not belong with the other three. Which word does not belong? What is it that the others have in common?

- Green, yellow, red, blue
- April, December, November, June
- Cirrus, calculus, cumulus, stratus
- Carrots, radishes, potatoes, cabbages
- Fork, comb, rake, shovel

### ANSWERS BELOW...

- Green. Yellow, red and blue are primary colors, green is not.
- December. The other months have only 30 days.
- Calculus. The others are cloud types.
- Cabbage. The others are vegetables that grow underground.
- Shovel. The others have prongs.



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# Checking out the Baden Library



## NEW! Seed Library

The Baden Branch is delighted to offer a seed library. This is an opportunity to trade heirloom seeds while connecting with fellow gardeners. No seeds? No problem! Donate to or borrow from our seed library. The Seed Library is a free service for patrons of the Region of Waterloo Library, which hopes to foster wellbeing through gardening and sharing the diversity of our community resources. Borrow seeds from the library and plant them at your home. At the end of the growing season, collect seeds from a few plants and return them to the library. Then next season, pick up more seeds to grow!

The RWL Seed Library includes heirloom vegetables, herbs, and flowers to offer a selection to our gardening patrons. A library card is not required to borrow seeds. Visit our Ayr, Bloomingdale, Elmira, New Hamburg, St. Clements and Wellesley branches to browse the other seed libraries and discover available seeds.

## Free 1:1 Technology Coaching

Do you have questions about your computer, tablet or smartphone? The library offers free, one-on-one computer training sessions. Reserve your spot by registering online or calling the Baden branch at 519-634-8933. Appointments are available Tuesday, Jan. 21 from 10 a.m. to noon and Tuesday Feb. 11, 10 a.m. to 3 p.m.

## Third Tuesday Adult Book Club at EJ's

Join Jen Cyr, Co-ordinator of Library Collections, the third Tuesday of each month from 6:30 to 7:30 p.m. at EJ's Tavern and Restaurant in the Baden Hotel for this book club. The next meeting is Jan. 21 to discuss the book **Three Day Road** by Joseph Boyden. Treat yourself to a beverage or food item and contribute to the conversation regarding the selected book. Registration is on-going throughout the year and copies of the book are available at the Baden branch.



*Don't wait for things to get better. Life will always be complicated. Learn to be happy right now, otherwise you'll run out of time.*

## Family Literacy Day Party – Saturday Jan. 25, 10:30 a.m. to noon

Drop in to the library and celebrate Family Literacy Day with stories, games and activities!

## Region of Waterloo Family Literacy Day – Sunday, Jan. 26, 10 a.m. to 4 p.m.

Celebrate Family Literacy Day with this Region-wide event at Conestoga Mall in Waterloo. Featuring English and French storytimes, music by Erick Traplin, a performance by the French Choir and games and activities designed for families to have fun learning together. Join us – it's free!

## Magazine Sale

There is still time to check out the annual library magazine sale. Previously enjoyed magazines are 25 cents each or 5 for \$1. Sale ends January 31.

Check out the calendar at [rwlibrary.ca](http://rwlibrary.ca) for more information or contact the branch at 519-634-8933 or [badenlib@regionofwaterloo.ca](mailto:badenlib@regionofwaterloo.ca).

*Chris Baechler, Assistant Supervisor— Baden Branch  
Region of Waterloo Library*

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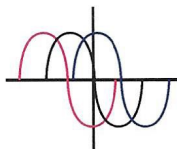


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## EcoNugget

The climate crisis can affect physical health,  
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### “Eco-Anxiety” How can we cope???

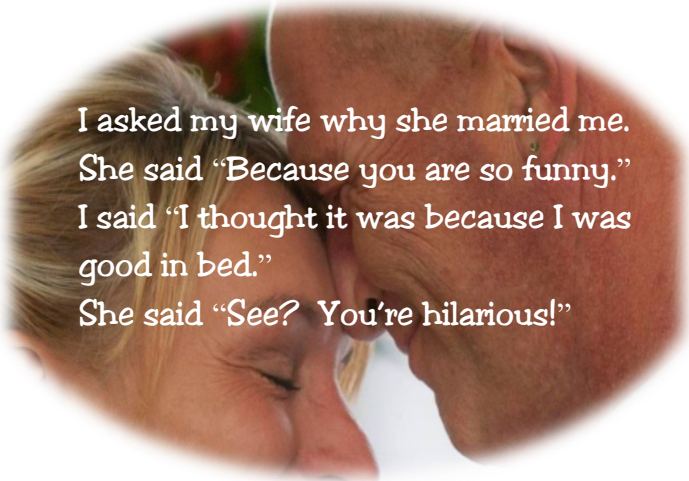
- ◆ Harness the energy of **Eco-Anxiety** and redirect it toward individual and collective actions, (taking small steps i.e. join a community clean-up day, harvest rainwater, stop using single use plastics).
- ◆ Create and preserve green space, connect with nature.
- ◆ Share good news stories to foster resilience.
- ◆ Nurture loving relationships. “We don’t hurt what we love.”
- ◆ Engage in climate preparedness planning. i.e. adaptation and mitigation to build climate resistance.

Thanks to lecturer Dr. Pamela McCarroll PhD  
(Theology) for the suggestions above.

For more ideas on reducing Eco-Anxiety:

<https://tinyurl.com/ecoanxiety>

Are you interested in climate change and other global environmental issues? **Help us make a difference in our community by getting involved and taking action on one or more local environmental concerns.** Our next monthly meeting will be held at 7:00PM on **Wednesday, January 22<sup>nd</sup>**. For meeting location or more information, contact [nvecoboosters@gmail.com](mailto:nvecoboosters@gmail.com) or call 519-662-9372. Want to know more about the Nith Valley EcoBoosters? Check out our website at: [nvecoboosters.com](http://nvecoboosters.com)



I asked my wife why she married me.  
She said “Because you are so funny.”  
I said “I thought it was because I was good in bed.”  
She said “See? You’re hilarious!”

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## How to Enjoy Winter -- And not just cope with the less than popular season.



It happens every year and it's time we stop whining about it and hunker down and appreciate all the seasons as they come! If you research the folks who live in colder climates than ours you will see how they endure and enjoy the colder, darker months. We know it's ok to nap or snooze away the days but it's still very important for you to get up and go outdoors to move, get fresh air, and absorb the sunlight when you can. The secret is to dress accordingly.

- \* Get over yourself and bundle up! Start with the basics and grab your bulky coat, a scarf, a cozy hat, and big thick mittens along with warm boots. If going a greater distance, be sure to dress in layers and put on thermal underclothes: undershirts, long johns or leotards.
- \* Winter sports: although not for everyone, there are lots of things to do or see. Whether it's playing hockey or watching your local team, visit the arena and go skating or curling. Consider skiing, down-hill or cross country, snowmobiling, or bush hiking. Make a snow man or snow angels!
- \* Indoor sports: if you need to move but the temps are too darn cold, you can go swimming or even walk the mall or the indoor track at the rec complex. Indoor Pickle Ball has become popular and shuffle board is offered locally too.
- \* Drink something warm. Nothing feels more comforting than sipping warm fluids, whether it be your favourite tea, coffee, hot chocolate, soup broths or even chunky chowders.
- \* Embrace your winter hobby. If you don't have one, get one. Even if it's as simple as jigsaw puzzles, crosswords, or word search puzzles. Or learn a new one that is your go-to in the winter.
- \* Entertain or visit people. Friendly faces, chatter and shared meals are your social fix if you are feeling isolated. Visit seniors in nursing homes or

- the elderly who can't get out and about in the snowy road conditions. Join a group that becomes part of your winter routine and meet new friends.
- \* Get in the kitchen! What a better time to warm your kitchen than with home baking, soup, just diving into new recipes. If you worry about eating too much of the good stuff then invite someone over to share the goodness, or visit others and take along a plate of cookies, muffins, or other sweet treats to offer. Going to a potluck? Dig out your crock pot or share a casserole.
- \* Read! It doesn't matter what you read... a good novel, the newspaper, magazine or travel books, DIY guides, or a history journal keeps your mind alive. If you are unsure what to sink your teeth into, skip over to the local library and snoop around. There's no way you will come out empty handed (plus it got you out of the house and socializing with others).
- \* Television: Get into a series or curl up with your blanket, popcorn, and watch a movie. There have never been so many tv options, whether you have cable, Netflix, or streaming on your tablet. Check out the news, sports, game shows, history or learning channels; there is so much to watch.
- \* Games: you can play alone, with a partner or a house full of friends or family. Cards, board games, trivia or interactive -- get creative! Having fun and socializing keeps you smiling through the dark days. On-line offers much entertainment as well but not more satisfying than with people interaction experiences.

Best wishes to you all as you dive (or perhaps crawl slowly) into this wonderful season of hibernation—to rest and rejuvenate and come out on the other side when the warm sunshine embraces you once again.



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- \* A Cocktail of Friendship
- \* A Supreme appetizer of Health
- \* A Gratin side dish of Prosperity
- \* A Bowl of Excellent News
- \* A Salad of Success
- \* A Cake of Happiness



All accompanied by bursts of laughter, good cheer, and good fortune. Wishing you and your family an enjoyable trip on board Flight 2020.

But before you put 2019 completely to bed, be sure to thank all the good people who made 2019 beautiful for you.

*Submitted by Robert Price*

We will open the book. Its pages are blank. We are going to put words on them ourselves.

The book is called *Opportunity* and its first chapter is New Year's Day.

~ Edith Lovejoy Pierce

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Thurs-Fri: 9:00 am-7:00 pm  
Sat: 9:00 am-5:00 pm  
Closed Sunday & Holidays

## You Must Be Joking!!



To those who enjoy browsing old cemeteries where you are bound to see some fascinating things on old tombstones — check these out!

Harry Edsel Smith of Albany, New York:  
Born 1903--Died 1942.  
Looked up the elevator shaft to see if the car was on the way down. It was.  
=====

On the grave of Ezekial Aikle in Nova Scotia:  
Here lies Ezekial Aikle, Age 102.  
Only the good die young.  
=====

In a London, England cemetery:  
Here lies Ann Mann, who lived an old maid but died an old Mann. Dec. 8, 1767  
=====

In a Ruidoso, New Mexico, cemetery:  
Here lies Johnny Yeast.  
Pardon him for not rising.  
=====

In a Uniontown, Pennsylvania, cemetery:  
Here lies the body of Jonathan Blake,  
Stepped on the gas instead of the brake.

Submitted by Bruce Bousher

## MIND BENDERS

**Riddle:** There is a barrel with no lid and some wine in it. "This barrel of wine is more than half full," said the Madam. "No it's not," says the man. "It's less than half full." Without any measuring implements and without removing any wine from the barrel, how can they easily determine who is correct?

**Answer:** Tilt the barrel until the wine barely touches the lip of the barrel. If the bottom of the barrel is visible then it is less than half full. If the barrel bottom is still completely covered by the wine, then it is more than half full.

**Riddle:** If you were to put a coin into an empty bottle and then insert a cork into the neck, how could you remove the coin without taking out the cork or breaking the bottle?

**Answer:** Push the cork into the bottle and shake the coin out!



### A FRESH APPROACH TO FINANCIAL PLANNING

**Recently Graduated? Starting your first job?  
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- ▲ ESG INVESTING (ENVIRONMENTAL, SOCIAL, CORPORATE GOVERNANCE)

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f in

# Community Corner ~ Check Out What's Going On!

## T.O.P.S (Take Off Pounds Sensibly)

We are a support group for weight loss. Weekly meetings are held on Wednesday mornings at St. James Lutheran Church, 66 Mill Street, Baden. Weigh-ins at 10:30 am followed by a short meeting. Annual open house the fourth Wednesday in September. For more information call 519-634-9690. Everyone is Welcome.

## Wilmot Family Resource Centre

### FAMILY VIOLENCE PREVENTION PROGRAM

There are many ways a person can abuse. Abuse is about intimidation and control and comes in many forms.

- ◆ PHYSICAL ABUSE
- ◆ SEXUAL ABUSE
- ◆ VERBAL ABUSE
- ◆ EMOTIONAL ABUSE
- ◆ FINANCIAL ABUSE



If you are experiencing any form of abuse and would like help, contact Kelly at Wilmot Family Resource Centre Family Violence Prevention Program

kelly@wilmotfamilyresourcecentre.ca / 519 662-2731



YOU HAVE THE POWER TO GIVE LIFE  
Donate blood and join the movement today.



Canadian Blood Services

### Blood Donor Clinic

Monday, January 20, & February 10, 5 pm - 8 pm  
Steinmann Mennonite Church  
1316 Snyder's Road W., Baden

## New in the Neighbourhood?

If you are new in the neighbourhood, call us to receive your gifts and learn about your community.

Local Representative: Marlene Brenneman  
Welcome Wagon Representative  
519-591-5963 [marlene.brenneman@gmail.com](mailto:marlene.brenneman@gmail.com)



Tea, coffee and conversation for seniors

Join in the Conversation for Seniors

At Wilmot Mennonite Church,  
2995 Bleams Road, New Hamburg

Topic: Staying Safe from Scammers with Tim Campbell

Tues. January 28 12:00-2:00  
A light lunch will be served at noon.  
Suggested donation of \$10 accepted.



JOIN US FOR **F.R.O.G.**

ON THE FOLLOWING DATES:  
October 15, 29, November 12, 26,  
December 10, January 7, 21, February 4, 18, March 3, 31, April 14 & 28  
6:30pm - 7:30pm

📍 **BADEN PUBLIC SCHOOL**

Come enjoy floor hockey, free play, craft table & a bible story

No cost to attend | Supported by volunteers from West Hills Fellowship | For kids JK-Grade 5

## Mindful Movement



Mondays on January -27<sup>th</sup>  
February - 10<sup>th</sup> & 24<sup>th</sup>  
March - 9<sup>th</sup> & 23<sup>rd</sup>  
April - 6<sup>th</sup> & 20<sup>th</sup>  
6:30-7:00 pm Tea and conversation

7-8 pm Mindful Movement (Yoga)  
At Wilmot Mennonite Church,  
2995 Bleams Road,  
New Hamburg

Cost: \$5-\$10 Pay what you can. Please wear comfortable clothing. Bring a yoga mat if you have one.

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Royal Canadian Legion**



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The New Hamburg Lioness  
and Lions Clubs wish to thank  
our community for their  
support with our 36th  
Tree of Light Campaign.



Our thanks to MPP Tim Louis and Mayor Les Armstrong who welcomed our guests and to Ed who pushed the button to light our tree and Rob for reciting *The Night Before Christmas*. The Waterloo Oxford Appassionata Choir sang beautifully and the New Hamburg Concert Band played Christmas songs for our sing-a-long. Also, thank you to Boshart Electric for help with hanging the light, Rob Esposito for his sound system, Erb Transport for providing the windbreak for the stage provided by McFarlane Trailer Sales and the New Hamburg Fire Department for bringing their ladder truck which lights up the children's faces. A big thank you to Sobey's for donating the hot dogs, buns and apple cider, No Frills for the potato chips and condiments and Home Hardware for the use of their BBQ. Congratulations to our winners of the colouring contest.

A big thank you to all the local businesses and the support of our community who donated to our campaign and our guests who joined us for helping to light the Tree of Light. Our best wishes for a prosperous New Year.

New Hamburg Lioness Co-Chairs -  
Marjorie Heimpel & Reta Klaassen



**Family Day  
Open House**

10:00am - 3:30pm  
February 17

Bring your family for a day  
of indoor & outdoor fun!

Crafts, pretzel making, games,  
sledding, campfire & more!

Bring a bag lunch or  
purchase hot lunch for \$3

PLEASE RSVP:  
(519) 625-8602  
info@hiddenacres.ca  
www.hiddenacres.ca



Event is free. Donations toward helping  
children attend summer camp are welcome.



**New Hamburg Legion**  
Branch #532—Boullee Street, New Hamburg

Invites you to join us for ...

Entertainment with  
Cracker Jack PALACE  
Saturday, January 18<sup>th</sup>, 2-6  
\$5 at the door

Roast Beef Dinner, Friday, January 31  
\$15 advance



**New Hamburg Fall Fair  
Annual Meeting**

To be held at the Royal Canadian Legion  
65 Boullee Street, New Hamburg  
Monday, January 20, 2020

Cocktails 6:00 p.m., Dinner 6:30 p.m.

You are welcome to join us for our annual meeting and  
dinner. A time to thank our sponsors, hear from our  
new Ambassador and elect new members to the board.

For more information please call 519-501-7242

# ALL THINGS SCRAMBLED.

Within each category the words are jumbled up..  
Can you unscramble them?

The answers are on page 31

## ALL ABOUT MONEY

- DAW \_ \_ \_ \_
- LIBL \_ \_ \_ \_
- NICO \_ \_ \_ \_
- HASC \_ \_ \_ \_
- HOGUD \_ \_ \_ \_
- NEPYN \_ \_ \_ \_
- ARBED \_ \_ \_ \_
- LONEIO \_ \_ \_ \_
- CIFENAN \_ \_ \_ \_



## WHAT'S IN YOUR POCKET?

- NEP \_ \_ \_ \_
- DARC \_ \_ \_ \_
- YESK \_ \_ \_ \_
- TINL \_ \_ \_ \_
- BOMC \_ \_ \_ \_
- NEMOY \_ \_ \_ \_
- PEONH \_ \_ \_ \_
- TALELW \_ \_ \_ \_
- CASIKHPTC \_ \_ \_ \_



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We thank you for your patronage.

Award Winning Wine for  
20 years in New Hamburg



craft  
winemaking



Happy 2020! Did you come into the new year with style!?

I TOLD MYSELF THAT  
— I SHOULD STOP —  
**DRINKING**

But I'm Not About To Listen To  
A DRUNK That Talks To Himself.

dear WINE,

we had a deal.

you were to make  
me funnier, sexier,  
smarter and a  
better dancer.

i saw the video.

we need to talk.

Hmmm... I may  
have a problem. My husband  
asked me to toast some bread  
for him. I raised my glass  
and said "Cheers -  
Here's to bread!"



I stayed home for New Years ...  
Comfy in my  
pajamas with no  
last call.

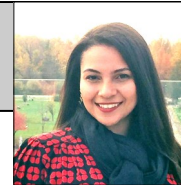


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## How Do You Feed Your Soul?

By Rosemary Victor, Student Intern



If while having a coffee with a friend, they asked you, “What are you made of?” what would your response be? You might say, “A body (flesh and blood), and a mind.” “Excellent,” says your friend, “and what keeps you going?” You might respond, “family and friends; my job, my career; and my pets.” “Wonderful,” replies your friend, “but are you forgetting something?” Your friend might be challenging you to dig even deeper and you could respond by saying, “My spirituality.” They would have a valid point in challenging you to acknowledge that you have a soul or a spirituality that also plays a role in keeping you going.

Mental health professionals often speak of the biopsychosocial model, which alludes to human beings being comprised of biological, psychological, and social features that define them in all dimensions. However, another wave of scientific thought is recognizing that there is a fourth dimension that is often forgotten, spirituality. Studies are now showing that spirituality plays an important role in coping with stresses in life. So, what is spirituality? Spirituality is the path through which people experience purpose and

meaning in their lives. It feeds a sense of connectedness to an entity bigger than ourselves. Spirituality is personal and unique to each person. It is sacred, and envelops humans with love, honesty, compassion, faith, belonging and hope.

Spirituality can give us meaning. It can also fortify our acceptance of what we cannot change, our courage to change what we can change, and our wisdom to know the difference. Spirituality connects us, through a melodious relationship, with ourselves and with others. So, how do you practice your spirituality and feed your soul? Do you sing songs of praise and worship on Sunday mornings? Do you lift up your heart to God in a silent prayer? Do you meditate? Take long walks in nature? Be in awe of a picturesque sunset? Keep a gratitude journal? Your spirituality is yours to discover, just don't forget to feed your soul. I end with a quote by Dwight L. Moody:

“A little faith will bring your soul to heaven, but a lot of faith will bring heaven to your soul.”

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## Stitches of Hope and Warmth ~ MCC Celebrates a Great Winter Warm-up

When Cyclone Idai struck in early 2019, Emily and her children were terrified. As flood waters rose, she held her children close and watched as roads were washed out, roads and crops destroyed. Though her family had very few possessions, all was lost in the cyclone.

Then Emily received thick handmade comforters, along with food and basic hygiene items from MCC. She knew her children would stay warm and comfortable throughout the cold season. "God bless MCC," says Emily. "Allow them to help others in the world as well." With your help, we plan to do just that.

The Great Winter Warm-up is a special way to help families like Emily's. In celebration of our 100th anniversary, Mennonite Central Committee (MCC) is attempting to collect a record-breaking 6,500 comforters in just one day.

Volunteers will make the comforters by carefully stitching squares of fabric together along with quilt batting and a sturdy backing material to ensure it provides warmth for years.

"Comforters are an excellent metaphor for the nature of our work around the world at MCC," says Rick Cober Bauman, Executive Director of MCC Canada. "One square of fabric alone cannot keep the cold away, but many pieces connected together produce warmth against the cold. When our volunteers and supporters come together to create comforters for The Great

Winter Warm-up, they will make a difference in the lives of people affected by conflict and disaster."

You can join us by making a comforter yourself, sponsoring a comforter, or coming by our office at 50 Kent Ave in Kitchener on January 18 to knot a comforter and see the warehouse where comforters are packaged and sent to communities around the world. Several churches and community locations will also hold Great Winter Warm-up events across Waterloo Region. For more information visit [www.greatwinterwarmup.ca](http://www.greatwinterwarmup.ca).

Part of MCC's work includes bringing peace and humanitarian relief to more than 50 countries by providing food, school supplies, hygiene kits and these colourful hand-stitched comforters to people affected by disaster and conflict.



We invite you to be part of The Great Winter Warm-up and come together to help those in need. Join us for one day, across multiple locations and thousands of stitches of hope and warmth.

*Emily is grateful to have comforters to keep her children warm. Help MCC collect 6,500 comforters during The Great Winter Warm-up!*

Local Churches Invite You to Join Them ~ Visit [www.badenoutlook.com](http://www.badenoutlook.com) for a directory of local churches

### Wilmot Mennonite Church

2995 Bleams Road, New Hamburg, ON

Worship Service 9:45 a.m. ~ Christian Formation 11:00 a.m.

Pastor Susan Allison-Jones

519-634-5030 [www.wilmotmennonite.ca](http://www.wilmotmennonite.ca)



### Emmanuel Lutheran Church

1716 Snyder's Road East, Petersburg, ON

519-634-5511

\* Wheel Chair Accessible \*

Worship Service 9:30 am / Sunday School

### ST. JAMES LUTHERAN CHURCH

66 Mill Street, Baden, ON



519-634-5191 [www.st.jamesinbaden.org](http://www.st.jamesinbaden.org)

Sunday Worship 9 am / Sunday School

Pastors: Bonnie Schelter-Brown & Pastor Barry Boeckner

### Wilmot Centre Missionary Church

2463 Bleams Road—corner of Bleams & Sandhills Road

Church Service and Children's Church 10:00 am

Rev. Wayne Domm

519-634-8687 [www.wcmc.ca](http://www.wcmc.ca)

### SHANTZ MENNONITE CHURCH

2473 Erb's Road, Baden, Ont N3A 3M3

Phone: 519-634-8712 / [www.shantzmc.ca](http://www.shantzmc.ca)

Pastor: Don Penner

Worship Service - 9:30 am Christian Education - 11:00 am

### ZION PHILIPSBURG LUTHERAN CHURCH

3357 Erbs Road, just west of Philipsburg

Worship time: 10:30 a.m.

Interim Pastor Bonnie Schelter-Brown

519-214-0055, [www.philipsburglutheranchurch.ca](http://www.philipsburglutheranchurch.ca)

or Zion Philipsburg Lutheran Church on Facebook

### Livingston Presbyterian Church

44 Beck Street, Baden / 519-662-4949

Hymn Sing 9:45 am ~ Worship to follow at 10 am

Moderator: Linda Ashfield, 519-886-4150

### Steinmann Mennonite Church

1316 Snyder's Rd. W. (at Nafziger Rd), Baden

Sunday Worship 9:45, Sunday School 11:00 am

Phone: 519-634-8311 / [www.smchurch.ca](http://www.smchurch.ca)

## Greetings from New Hamburg Thrift Centre

Stop! It's January, which means it's time to hibernate!

Well, it might, if you were a bear. But we're Canadians, which means that we've still got to brave the cold, no matter how bad it gets. That doesn't mean that you can't enjoy it though! Despite how it might feel, there are definitely upsides to winter, and the New Hamburg Thrift Centre can help you to realize those.

We have winter gear to help the cold months pass by quickly and with a bit of a bang. Be sure to check out our ski and snow equipment, cold-weather clothing, and houseware items for when you just really need a warm mug of hot chocolate.

While you consider stopping by our store, keep in mind our Indigenous partners in the northern regions of Ontario that the Mennonite Central Committee (New Hamburg Thrift's parent organization) is working toward supporting while clean water is not always accessible. As MCC works to support clean water access and food sovereignty for our fellow Canadians, remember how your support of the MCC thrift stores will help to provide these services.

To read more about these programs, check out the MCC website: <https://mcccanada.ca/learn/what/categories/indigenous-neighbours>.

JOIN OUR COMFORTER-MAKING EVENT  
**JANUARY 18, 2020**

## THE GREAT WINTER WARM-UP

**Saturday January 18, 2020 10 am - 4 pm**

Soup Luncheon at 12:00 p.m

**Hillcrest Mennonite Church, New Hamburg**

For Information Contact Ferne Bender 519-662-2297

GREATWINTERWARMUP.ORG

100 YEARS MCC



### Worship in the Beauty of God's Creation

\* January 19, 1:30 p.m. at 3171 Bleams Rd,

New Hamburg

\* February 16, 1:30 p.m.

More information at [wilmotforestchurch@gmail.com](mailto:wilmotforestchurch@gmail.com)

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\* Rate effective January 1, 2020 and subject to change without notice at any time.



**NEW HAMBURG THRIFT CENTRE**

41 Heritage Drive, New Hamburg

Tel: 519-662-2867 | Web: [www.newhamburgthrift.com](http://www.newhamburgthrift.com)

Find us on Facebook and Instagram (@nhthriftcentre)



**DON'T FEAR THE COLD!**

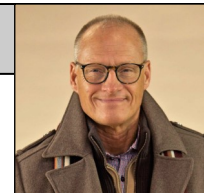
Come Check Out Our Winter Gear!

All proceeds benefit  
the work of  
Mennonite Central  
Committee

HOURS

MON-THURS  
FRIDAY  
SATURDAY  
SUNDAY

9:00 am - 5:00 pm  
9:00 am - Open Late 8 pm  
9:00 am - 4:00 pm  
CLOSED



If your New Year's resolution is to up your fashion game in 2020, this can be a fun time of the year. Start planning out what your new look will be. Think about things that are coming up on your calendar. Weddings? Business trips? Valentine's getaways? Trips down south?

I always tell my clients, don't wait to the last minute. One of the reasons many men hate clothes shopping is the time pressure they put themselves under. It already adds to the anxiety of what it will cost, how it will look and how long it will last. Give yourself time and think.

Building a wardrobe is just the same as improving your home. Start with a foundation and slowly add on from there. Having said that, this would be my starting foundation for a winter wardrobe:

A nice pair of jeans in dark blue. This is a critical part of your base so take your time and visit a few stores. Try on different styles, designers and sizes. Once you've done this once, it gets easier. If everything looks good but the length, you can take those to a local tailor to shorten them. Take your favourite shoes when you do this. Your jeans should break slightly at the top of your shoes. Well-fitting and well-tailored jeans make all the difference in the world.

Two dress shirts. A solid blue and a wide checked pattern would be my first choice. Make sure you're comfortable with the fit. Generally, looser fitting shirts are called Regular, Classic, Casual. Tight fitting shirts are called anything from slim fit, skinny, modern, or tapered. Just try them on. If you have a stomach, I find that a slim fitting shirt under a sweater does a lot to reduce that appearance.

Two Sweaters. One should be a ¼ zip in either black or dark blue. The other could be crew neck pullover

in either tan or purple.

Two belts. Good choices are dark blue and tan. Make sure they are one size larger than the waist of your pants.

Shoes. You should have a tan dress pair of either Oxford (lace up) or Double Monk (two buckles on the side). Another good choice is dark blue casual. I have several of these. These can be in either suede or leather and would go well with most jeans or pants. They're more stylish than straight black.



A coat. See if you can find a grey hound's tooth. They go with anything!



The great thing now is that you can add pieces over time and build on this foundation. Give it a try! You don't have to exactly follow my suggestions, but this might give you food for thought. Your style is fashion filtered through your personality!

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**A FRESH APPROACH TO FINANCIAL PLANNING**

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 Recently retired?  
 Enjoying life in Wilmot?**

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- ▲ TAX STRATEGIES
- ▲ INVESTMENT MANAGEMENT

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## Wilmot Minor Lacrosse is Wild about 2020!

The Wilmot Minor Lacrosse Association has received approval from the provincial governing body, the Ontario Lacrosse Association, to begin play for the 2020 season. The association will take on the nickname of their Jr C big brother and will be known as the Wild.

We couldn't be more excited to bring organized lacrosse to Wilmot Township and surrounding areas as we feel the growth of Canada's National Summer Sport in the area is long overdue.

What does this mean?

In 2020 the Wild hope to draw enough players to have at least one Paperweight (2014-2015), Tyke (2012-2013), and Novice (2010-2011) house league teams to enter into the Zone 8 Lacrosse house league. We will also welcome players from Pee wee (2008-2009) and Bantam (2006-2007) in hopes of putting together a full or partial team to join with nearby centres.

We will look at opening up registration early in the New Year and will pass along information about registration costs as soon as we finalize our 2020 budget. What we can tell you that every registered family will receive a Family Season Pass to the Wilmot Wild Jr C team for the 2020 regular season.

We will also be launching our sponsorship campaign by mid-January and will be reaching out to the community for support in getting this venture off to a good and stable beginning.

For now, we will use the same social media as the Wilmot Wild Jr Club, so please like our page, follow us on Instagram at @wildlax00, share our info and tell your friends and neighbours about us. LACROSSE IS COMING!!! #letsgetwild

For more info contact us at [info@wilmotwild.ca](mailto:info@wilmotwild.ca) ~ Wayne Paddick - President

## The Baden Outlook



Baden's Monthly Newsletter  
"Keeping the Community Connected"

### Answers from Having Pun page 13

1. Laryngitis
2. Ambulance
3. Thermometer
4. Surgeon
5. Pharmacist

*You do not find  
the happy life.  
You make it.*

Camilla Eyring Kimball



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insurance**

**DR MANNING CHIANG**

**DR MIYEN KWEK**

**DR RUTH MACCARA**



*In winter, Mother Nature dims the lights, sleeps late, hides from the world, and regenerates. Winter is the hangover of seasons. ~ Terri Guillemets*



Another year flies by and we see the closure of a decade as we welcome 2020. What are you celebrating from the past decade? For my husband and I, it was retirement and moving to this area into a new home. For gardening, it was a huge challenge with compacted, construction clay and very little top soil. I have always had sandy soil, so this presented a whole new world. After hundreds of hours of sweat equity, yards of soil, compost and many plantings, our yard is taking shape. I have found that the rabbits here eat different things than in the last area we lived, and we have a lot of voles! I have never experienced so many. I have a vole city!

So, for 2020, what are you up to? I have 20 suggestions:

1. Learn about new indoor plants, such as air plants, succulents or old standards like peace lilies.
2. Attend a gardening event with speakers and lunch, such as our Garden Explosion or others offered in the area.
3. Consider container gardening indoor &/or outdoors or getting a plot at a community garden if you have no garden.
4. Visit a local nursery with greenhouses during the winter to get a fix of greenery and earthy fragrance.
5. Visit new garden locations this season. Love peonies? Whistling Gardens has hundreds!
6. Join a local Horticultural group such as Wilmot, Wellesley, Waterloo, Kitchener, Ayr or Cambridge.
7. Volunteer to maintain a township garden and help beautify your community.
8. Learn more about pollinator gardening to encourage our native bees and birds to thrive.
9. Attend a seed swap. Our Regional library has a seed library and Kitchener hosts a large event.
10. Check out offerings from various seed companies and try something new. [www.smallfarmcanada.ca](http://www.smallfarmcanada.ca)
11. Growing veggies this year? Try new varieties and recipes.
12. Involve children in the garden by having their own plot and learning about the critters that live there.
13. Change things up if the garden becomes a chore. There are many ways to keep a garden and decrease the effort.
14. Mix things up in the garden. Grow herbs and veggies in your perennial beds.
15. Explore growing fruiting, native shrubs and trees such as pawpaw and service berry (Saskatoon).
16. Learn about rain gardens to make your yard more resilient to prevent flooding and drainage issues.
17. Stay fit for gardening by walking, swimming, and many other options offered in our community.
18. Join local Facebook groups such as Grand Gardeners and Waterloo Region Plant Zone learn and share.
19. Love floral arrangements? Join the Waterloo Garden Club and learn how to make arrangements and compete if desired.
20. Plan how to get your fingernails and knees dirtier this spring! There are so many ways.



**WHS's upcoming meeting** is at 7:30 pm, February 10, **Growing Nut Trees** with Elisabeth Burrow of Jewels Under the Kilt Nut Farm. Learn about nut trees you can grow that are adapted to our climate. **Wilmot Recreation Complex, upstairs in Meeting Room A.** All welcome, 50/50 draw (bring a loonie or toonie), door prizes and refreshments. Please lug-a-mug.

Website: [gardenontario.org/view/society-layout/entry/852](http://gardenontario.org/view/society-layout/entry/852)

email: [wilmothortsociety@gmail.com](mailto:wilmothortsociety@gmail.com)

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# Cook's Corner

***Baby it's Cold Outside... So let's heat up the kitchen and warm your bones with soup.***



No matter what's in your pantry or refrigerator there is always something that can go into a pot to make soup. It can be brothy, creamy or chunky, basic and simple or you can have fun and get creative too. Recipes are abundant whether you dig out your favourite cook book or on-line, you will have no problem finding all kinds of soup recipes.

**Indian Mulligatawny Soup** ~ *Get curried away with this scrumptious version of mulligatawny soup! Chicken, quinoa, veggies, warm spices and coconut milk make this hearty soup super-nutritious and super-flavourful.*

- 1 tbsp butter or olive oil
- 1 cup each chopped celery, onions and carrots
- 1 tsp minced garlic
- 1 lb (454 g) boneless, skinless chicken breast, cubed
- 1 tbsp grated ginger root
- 2 tsp curry powder
- 1 tsp chili powder
- ½ tsp ground cumin
- 3 whole cloves
- 4 cups reduced-sodium chicken broth
- 1 can (19 oz/540 mL) no-salt-added diced tomatoes, drained
- ½ cup uncooked quinoa or brown rice (not instant)
- ½ tsp each salt and freshly ground black pepper
- 1 large apple, peeled and diced
- ¾ cup light or regular coconut milk
- 3 tbsp chopped fresh cilantro

Melt butter in a large soup pot over medium heat. Add celery, onions, carrots and garlic. Cook and stir for 3 to 4 minutes, until vegetables begin to soften.

Add chicken. Cook until chicken is no longer pink. Add ginger root, curry powder, chili powder, cumin and cloves. Cook and stir for 1 more minute. Add broth, tomatoes, quinoa, salt and pepper. Bring to a boil. Reduce heat to medium-low. Cover and simmer for 15 minutes.

Add apples. Simmer for 5 more minutes, or until apples are tender but not mushy. Stir in coconut milk and cilantro. Heat for 1 more minute. Serve hot.

Makes 6 servings / Per serving: 229 calories, 6.5 g total fat (2.2 g saturated fat), 21 g protein, 22 g carbohydrate, 4 g fiber, 47 mg cholesterol, 356 mg sodium

*We'd like to thank sisters Janet and Greta Podleski of the Loony Spoons Cookbook for allowing us to share this recipe .*

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### Answers to All Things Scrambled from page 24

IN YOUR POCKET ANSWERS	Money Answers
PEN	WAD
CARD	BILL
KEYS	COIN
LINT	CASH
COMB	DOUGH
MONEY	PENNY
PHONE	BREAD
WALLET	LOONIE
CHAPSTICK	FINANCE

Answers to Place the Canadian Face quiz from page 15.

Top row l-r: Actor Mike Myers, Former Prime Minister Pierre Trudeau, Stratford born pop singer Justin Bieber

Middle row l-r: Singer Anne Murray, Marathon Runner Terry Fox, Actor Jim Carrey

Bottom row l-r: Hockey Legend Tim Horton, Kitchener born CTV News Anchor Lisa Laflamme, Wilmot Mayor Les Armstrong

What the new year brings to you will depend a great deal on what you bring to the new year.

- Vern McLellan

We hope that everyone enjoyed the holidays and is excited for what the New Year has to bring!

We loved our Feel Good Fridays and have decided to continue on with good deeds in 2020.

To finish off 2019, in December, we reached out and asked what Charities were near and dear to your hearts. The top 3 were the Women's Crisis Services of Waterloo Region, the KW Humane Society and the Wilmot Family Resource Centre. We made a donation to all three charities and thank you for suggesting these charities.

Every month going forward, we will take one Friday a month to bring awareness to a Charity or Organization that we are passionate about. Even better, if there are charities that you are passionate about please share with us!



*Wishing everyone a Happy New Year!*



### GO LEAFS GO!

Peter Brenner of New Hamburg came to visit and was excited to share this photo of his pal and NHL hockey legend, Howie Meeker. In the picture he is shown with the Stanley Cup, one of the four that the Toronto Maple Leafs won during his time in 1947, 1948, 1949, and 1951. He became one of 44 players to score 5 goals or more in one game and was inducted into the Hockey Hall of Fame in 1998 as a broadcaster.

Howie was born and lived his early days in New Hamburg and neighbours to Peter on Wilmot Street. Peter and his wife visited Mr. Meeker and his wife in Parksville, B.C. He sends best wishes to the Leaf fans and hope the current team can win another cup!



*We are happy to be your voice! Keeping the community connected since 2000.*

*If you don't like something, change it.  
If you can't change it, change your attitude.* ~Maya Angelou



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*Cheers to a new year and another chance for us to get it right.*  
- Oprah Winfrey



## FEELING SPONTANEOUS?

While walking in the sunshine in knee deep fluffy snow I couldn't help but throw myself down and make a snow angel. As I was walking with friends and their dog, the dog enjoyed my spontaneity and jumped on me with its tail wagging! How splendid that moment felt for me...and the dog!

It reminded me of my younger self who was naturally spontaneous and it made me ponder why we lose that as we age. I checked the definition to get a clearer vision of this great word and it was stated that:

*Adjective: performed or occurring as a result of a sudden inner impulse or inclination and without premeditation or external stimulus.*

*Acting with spontaneity might mean bursting into song on the street, or throwing down your rake and jumping in a pile of leaves — in other words, doing something without thinking it through beforehand.*

Looking for inspiring quotes to back up my exuberance I came across this:

*"We can't jump off bridges anymore because our iPhones will get ruined. We can't take skinny dips in the ocean because there's no service on the beach and adventures aren't real unless they're on Instagram. Technology has doomed the spontaneity of adventure and we're helping destroy it every time we Google, check-in, and hashtag." — Jeremy Glass*

Well, that tidbit of truth was a kick in the pants! It's never too late to change the way we let technology change us. Let's be in charge of ourselves as we once were!

*So 2020, bring on spontaneous!  
Let's do this!*



# WILMOT SOFTBALL

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The Executive group for Wilmot Softball would like to thank everyone that came out to support our association last year. We couldn't have done it without all of the wonderful companies and people that donated prizes and time to make the first Thunder Ball a success!

*We look forward to an even better outcome this year!!*

*Celebrate what you want to see more of.*

- Tom Peters -

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## You Must Be Joking!!

THESE ARE ACTUAL COMPLAINTS RECEIVED BY A TRAVEL AGENCY FROM DISSATISFIED CUSTOMERS:



- \* "On my holiday to Goa in India, I was disgusted to find that almost every restaurant served curry. I don't like spicy food."
- \* "They should not allow topless sunbathing on the beach. It was very distracting for my husband who just wanted to relax."
- \* "We went on holiday to Spain and had a problem with the taxi drivers as they were all Spanish and there were too many foreigners."
- \* "We booked an excursion to a water park but no one told us we had to bring our own swimsuits and towels. We assumed it would be included in the price."
- \* "The beach was too sandy. We had to clean everything when we returned to our room."
- \* "It's lazy of the local shopkeepers in Puerto Vallarta to close in the afternoons. I often needed to buy things during 'siesta' time -- this should be banned."
- \* "The roads were uneven and bumpy, so we could not read the local guide book during the bus ride to the resort. Because of this, we were unaware of many things that would have made our holiday more fun."
- \* "I compared the size of our one-bedroom suite to our friends' three-bedroom and ours was significantly smaller."
- \* "The brochure stated: 'No hairdressers at the resort.' We're trainee hairdressers and we think they knew and made us wait longer for service."
- \* "We had to line up outside to catch the boat and there was no air-conditioning."
- \* "I was bitten by a mosquito. The brochure did not mention mosquitoes."

Submitted by Bruce Bousher



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*We spend January 1st walking through our lives, room by room, drawing up a list of work to be done, cracks to be patched. Maybe this year, to balance the list, we ought to walk through the rooms of our lives ... not looking for flaws but for potential. ~Ellen Goodman*

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....The Outlook continues to travel to Iceland, New Zealand, and Costa Rica

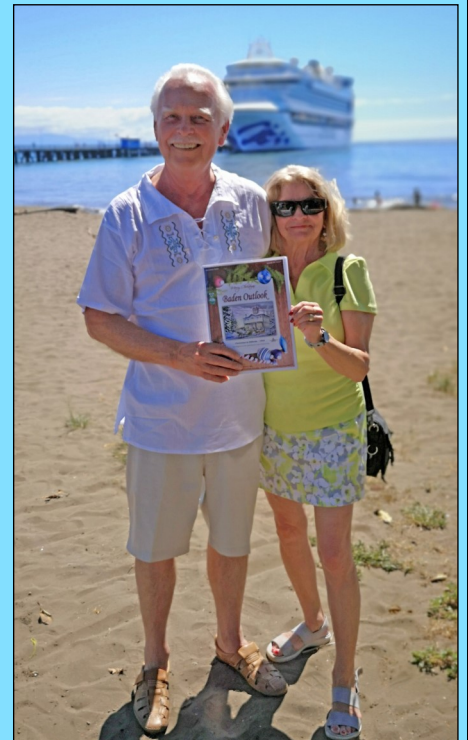


Brian and Irene Allison took the Baden Outlook along with them to Mount Maunganui, in the Bay of Plenty, Tauranga, New Zealand where they spent a beautiful Boxing Day in this spectacular area.

Keith and Karen Lyon from Foxboro Green took their Baden Outlook and visited Fridheimar Greenhouse near Reykjavik, Iceland where 80% of the country's tomatoes are grown. Some green tomato jam came back to Canada.



*Don't forget to pack your Baden Outlook when going on vacation!*



Gary and Anne White took their Outlook along on a Panama Christmas and New Years cruise. They spent Christmas in Puntarenas, Costa Rica.



Karen Weber  
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