

"Keeping the Community Connected"

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WHAT'S UP THIS MONTH?

- Wilmot Census ~ 2011 Stats
- It's time-RRSP & RESP's
- Meet Fire Fighter Nick
 Lariviere
- 2011 Brings Police Changes to Wilmot Township
- Make a Bed for Haiti
- Outlook Sports Pools Stats
- Tips for Travelling in Comfort
- Break Through Destructive
 Cycles
- Baden Ball Registration Form

Baden Outlook

Winter Wonderland 2011

An amazing winter scene ~ white snow, hockey sticks on outdoor rink created by the neighbours of Country Creek Drive.



This paper is priceless - Please have one!

I read an interesting article in the Toronto Star (Saturday January 25, 2011) about food waste.

The article claimed that we throw away 40 per cent of our food each year, an estimated 27 billion dollars worth of perfectly good meat and vegetables. This includes food that rots in our fridge, kitchen scraps, and unwanted leftovers.

We at the Fisher household have been composting year round for many years, but when the *Green Bins* were introduced last fall, I was dubious of their usefulness. I have been observing each recycling day to see how the public perceives them, and it seems that they are being accepted by the majority of the community.

I decided to drop into the region's landfill site to gain more information on the green bin program. Dave Johnstone is the supervisor of customer care at the regional office and shared some of what the region has experienced so far.

The final green bin roll-out to single family homes was just completed in November, and included service in many towns in the four townships. Over 128,000 homes now have access to the program. Participation is currently at about half that of the blue box program and over 15,000 tonnes have been diverted from the landfill.

The Green bin program was introduced in schools in September 2010 with 26 schools in the region now participating in the program. Audits indicate that over 60 per cent of school waste is organic so there was a terrific opportunity to divert waste and create good environmental habits at a young age. The green bins are also being tested in apartment buildings where they may not have been used as much as in residential homes.

Due to the nature of the green bin material, it is sent to a specialized facility for processing. Presently our Region's green bin material is sent to a processing plant in Hamilton. However, when the city of Guelph completes their composting facility in early 2012 they will be handling the region's material.

1 am Green with the Bin

The green bin is not designed to eliminate the back yard composting program which has been very effective over the years. Organic waste can make up about 50 per cent of your home's garbage. The region recommends that you use the backyard composter for items that the green bins won't take.

There were a number of items that I was surprised that were on the list of **acceptable materials** such as meat and bones, fur, pet waste, paper plates, shell fish, butcher paper, and grease and lard. Here is a list of **not acceptable products**: batteries, paints, and other hazardous waste, chewing gum, cigarette butts, corks, cutlery, diapers, plastic of any kind, sanitary products, styrofoam, textiles, waxed paper, wood and yard waste. For a complete list visit <u>www.region.</u> <u>waterloo.on.ca/waste</u> or call 519-883-5100.

The region has set a goal through the blue box and green bin program—which is to have only half a bag of garbage sent to the curb each week. Dave does stress that the green bin program is free of all plastics including biodegradable plastic. By only allowing paper bags or wrapping material in newspaper, as shown in their promotional material, all of the collected material can be composted.

It is hard to break our habits, but for something as important as our environment, I think it is time for our households to change our habits and get with the program. Until next month...Ed.

We are happy to hear from those who found our WordSearch blooper. You are correct, there is no 'BREWERY' in the word grid-but we are delighted to know how many of you really do the puzzles. Anyway, sorry about the error and hope too many didn't pull their hair out!

There are still 2011 Baden Outlook Calendars available at Egli's Meats - Now only \$2

RANDOM ACTS OF KINDNESS: We want to thank our special paper distributors who collect and deliver papers for their own group of readers. THANK YOU to: Steve Bechthold who supplies his church in Petersburg; Gregg Murtagh who delivers over 150 papers to others in New Hamburg; Joan Krueger who delivers to her friends at church, and to the many others we are not aware of who help share the Baden Outlook— "Helping us Keep the Community Connected."

EXTRA !! EXTRA !!



There are extra copies of The Baden Outlook available at Mars Variety
 Stop 2 Shop (St. Agatha), Old Fashioned Variety (Petersburg),
 N.H. No Frills, Sobey's, & Short Stop, the New Hamburg and
 Baden Libraries and various businesses throughout Wilmot Township.

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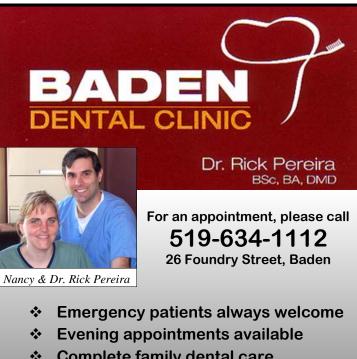
Page 2

The Stats are In: 2011 Wilmot Development and Census

Approximate Township Population Information											
	PPH*	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010
Baden	2.79	1,810	2,042	2,371	2,753	3,314	3,576	3,808	4,003	4,223	4,402
Foxboro Green	2.00	430	430	430	430	430	430	430	430	430	430
Haysville	3.00	123	126	129	129	129	129	129	129	129	129
Lisbon	3.21	61	61	61	61	61	61	61	61	61	61
Luxemburg	2.45	27	27	27	27	27	27	27	27	27	27
Mannheim	3.40	809	853	914	992	1,043	1,064	1,071	1,071	1,071	1,071
New Dundee	2.95	1,158	1,158	1,167	1,185	1,199	1,214	1,214	1,214	1,214	1,214
New Hamburg	2.61	5,973	6,192	6,351	6,489	6,578	6,779	7,006	7,176	7,387	7,664
Petersburg	3.05	373	373	394	391	394	400	403	406	406	406
Philipsburg	2.95	71	74	77	77	80	80	80	80	80	80
Shingletown	3.23	103	103	103	110	110	110	113	113	113	113
St. Agatha	3.09	621	621	621	621	621	624	624	624	624	624
Sunfish Lake	1.83	13	13	13	13	13	13	13	13	13	13
Wilmot Centre	3.25	52	52	52	55	55	55	55	55	55	55
Non-Settlement	3.00	3,243	3,261	3,264	3,270	3,279	3,288	3,288	3,312	3,318	3,333
Township**		14,866	15,385	15,974	16,603	17,333	17,850	18,321	18,713	19,151	19,621

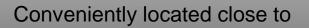
Calculated from 1991 Assessment Estimates

* 2001 entire Township population taken from 2001 Census data December 31, 2010: Township of Wilmot Development Services



VISA

* Complete family dental care



home

/olume 11, Issue 7	
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Recent and Forecasted Populations						
	Wilmot	Region				
1976*	10,557	289,129				
1981*	10,925	305,496				
1986*	11,145	329,404				
1991*	13,107	377,762				
1996*	13,835	405,435				
2001**	15,820	440,700				
2006**	18,100	478,700				
2011**	20,100	511,100				
2016**	22,300	543,700				

Source: *Statistics Canada Census

* Planning and Culture Dept. ROPP

Baden Fire Hall Stats for 2010

Submitted by Baden Fire Chief Ron Taves

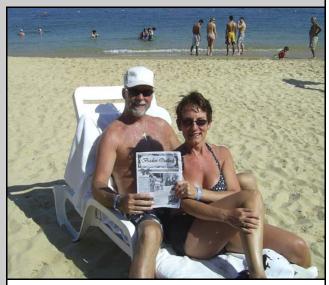
Total calls 231-down 30 from 2009 which was 261.

- Medical 100 »
- Alarm Ringing 40 »
- Carbon Monoxide 26 »
- Motor Vehicle Collisions 24 »
- **»** *Fire related- 28*
- Other (hazardous materials, incident not found type » calls - 20)

Wow! More exciting destinations as The Baden Outlook continues to travel ...



The Elwoods visited Argentina. Fred was at Iguazu Falls which borders three countries. Fred won't leave home without his Baden Outlook!



Mike and Cathy Bossenberry took their Outlook to Huatulco, Mexico in January.



This Magellan Penguin, native to Puerto Madryn, Argentina, was interested in hearing about the news from the Baden Outlook and Dorothy Elwood was there to spread the word.



Hilary Fitch & Kyle Thomson are standing in the hills of Puriscal, Costa Rica, with the Pacific Mountains in the background. They were visiting family who retired there.

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Page 4

Baden Outlook

Whew, It's been a great winter travelling south! Thanks for a Great Holiday!!



Ryan and Haley Spaetzel took their Baden Outlook with them on vacation to Cayo Coco, Cuba.

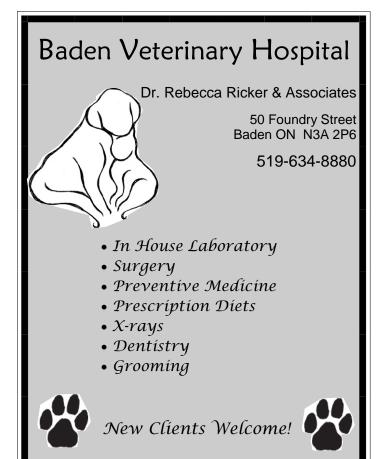


Charlotte and Ethan Robarts took their Baden Outlook throughout the Caribbean on the "Jewel of the Seas." They loved seeing the Panama Canal, zip lining in Costa Rica, seeing the walled city of Cartagena, swimming with Dolphins in Grand Cayman, and lying on the beaches of Aruba.

Kevin and Kelly Williams, Pat and Barry Fisher and Kees and Tineka Hogendoorn read their Outlooks with Don Julio on the beach on the Mayan Riveria, in Mexico.







Wilmot Community Pool

What's new at the pool?

Wilmot Community Pool is offering an Aquafit Class for Children. It is a 40-45 minute aquafit with a 15-20 minute sport module. Aquafun is Thursday evenings from 6:30-7:30 p.m. This is a pay as you go program for children 6-12 years of age. The cost is \$6.63/lesson or \$41.08 for a 10 visit pass.

FAMILY DAY AT YOUR COMMUNITY POOL – Monday February 21, 2011

Looking for something to do on Family Day? Wilmot Community Pool has a length swim from 11:15-12:40 and a FREE Open Swim from 1-3 pm.

For any questions or future inquiries please contact us at 519-662-2461.

We look forward to seeing you at the pool! Thanks, WCP Staff!

It's winter in Canada And the gentle breezes blow Seventy miles an hour At thirty-five below.



Oh, how I love Canada ^{Who's the} When the snow's up to your butt You take a breath of winter And your nose gets frozen shut.

Yes, the weather here is wonderful So I guess I'll hang around I could never leave Canada ... Cause I'm frozen to the ground!

It was so Cold That...



- » We had to chop up the piano for firewood but we only got two chords.
- » Grandpa's teeth were chattering in the glass!
- » When we milked the cows, we got ice cream

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Long Time Baden Resident Passes at Age 106

The first time we interviewed Grace May Kuhn (nee Boettger) was for our July 2001 issue. She was 96 years old at the time and her memory was sharp as a whip. We met her at Pinehaven Nursing Home and she gave us two hours of her time recalling memories of Baden. We visited her again just after she celebrated her 100th birthday. She told us she spent her birthday at the Blue Jays game, had her picture on the Jumbotron, and visited the booth with Tom Cheek and Gerry Howarth. She was excited as she spoke, recalling that day and what a wonderful gift it was.

Grace Kuhn was born on October 11, 1905 in Bridgeport. She was predeceased by her husband Stuart Kuhn, who passed away in 1974. Stuart and Grace moved to Baden in 1932 and purchased the hardware store from Lloyd Appel (stock and rights only for \$3,000). The building was owned by J.P. Livingston and is the current location of JC Miller Antiques.

The pair were approached in 1938 by Wilfred Schneller to develop the Baden Electric Fence Company which was revolutionary at the time. They set up shop at the long white building located to the west of Simply Scrumptious. Later they built a home and shop on Brewery Street (currently Baden Sheet Metal at the "T" intersection at Village Greenway). In the early 50's they joined forces with Bill Robb to create the company RDK Aluminum, which designed and created aluminum doors.

Grace was active in the community as the organist at Livingston Presbyterian Church, and she helped to create the 100th anniversary book for the church. She was a charter member of the Nith Valley Chapter #285 Order of the Eastern Star.

Grace passed away peacefully on January 22, 2011 and the celebration of her life was held on January 26, 2011.

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more oxygen to your lungs, boosts your immunity so you don't get sick. Your tummy and liver get a massage, your facial muscles stretch and exercise, and you can even unkink a bad back, as laughing will loosen every muscle! If you laugh hard enough your eyes and nose even get a good washing, as tears clean your ducts. And really, who doesn't smile back or join you when you have a good laugh? Telling a joke can ease a bad mood, and help heal a sick person. It just seems the right thing to do— so go on and giggle!!

Amazing ... See how many smiles you get back when you say nothing - and simply smile!

© Everyone smiles in the same language.

☺ A smile confuses an approaching frown.

③ A smile is a curve that sets everything straight. ~Phyllis Diller

© Smile. Have you ever noticed how easily puppies make human

③ A smile is the light in the window of your face that tells people

© Today, give a stranger one of your smiles. It might be the only

friends? Yet all they do is wag their tails and fall over.

© The world always looks brighter from behind a smile.

Share a Smile Joday! Ha!

Two hats were hanging on a hat rack in the hallway. One hat said to the other: 'You stay here; 9'll go on a head.'





Closed for Winter Hibernation February 28 - March 31

Hours of Operation Lunch -11:30 am to 2 pm Tuesday through Saturday Dinner Reservations - 5 pm to 8:30 pm Tuesday through Sunday Sunday Brunch -11:30 am to 2 pm, Dinner 5 pm-8:30 pm



17 Huron Street, New Hamburg, ON N3A 1K1 (519) 662-2020 or waterlot@waterlot.com

Baden Outlook

Page 8

How great to see so many outdoor ice rinks this winter. Canadian singer Stompin' Tom Connors would be proud of these dads and kids enjoying our favourite winter sport—the good old hockey game! Seen to the right are the lyrics of this old tune, in tribute to these Baden boys!



Hello out there we're on the air, it's hockey night tonight *Tension grows the whistle blows-and the puck goes down the ice.* The goalie jumps and the players bump and the fans all go insane. Someone roars "Bobby scores!" at the good ole hockey game

Chorus:

Oh the good ole hockey game is the best game you can name And the best game you can name is the good ole hockey game

2nd period:

Where players dash with skates aflash the home team trails behind But they grab the puck and go bursting up and they're down across the line.

They storm the crease like bumble bees they travel like a burning flame We see them slide the puck inside—It's a "1-1" hockey game!

Chorus:

3rd period: Last game in the playoffs, too...

Oh take me where the hockey players face off down the rink-And the Stanley Cup is all filled up for the chaps who win the drink-Now the final flick of the hockey stick and a one gigantic scream-The puck is in! The home team wins! The good ole hockey game!

Chorus: Repeat—3 times - He shoots he scores!



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Checking Out the Baden Library

Make the Baden Library your next stop for Forest of Reading books, fun March Break programs, and interactive storytimes! Check us out in person or online for many great services and programs.



Forest of Reading books are now available at all Region of Waterloo libraries. This includes the Blue Spruce, Silver Birch, Red Maple, and White Pine. Use the library catalogue to place holds on books you need or ask library staff for more assistance.

Our March Break program will be held on Thursday, March 17 at 3 p.m. and features Larry the Magician. This comedy and magic show is recommended for all ages and encourages audience participation. Ticket prices are \$3 each or two for \$5. EVERYONE who attends must have a ticket (this includes small children and adults). The New Hamburg Branch (519-662-1112) will also be hosting Music Fun with Sandy McDonald on Tuesday, March 15 at 10:30 a.m. This sing-a-long show is recommended for all ages. Get your tickets early - space is limited at all programs.

Come Read With Me evening family storytime continues until February 24. This program, recommended for parents and/or caregivers and children 3 to 7 years old, is held Thursday evenings from 6:45 to 7:30 p.m. Read, play games, and learn about literacy in fun ways! Drop in (no registration is required); it's free!

Registration for the spring session of all children's storytime programs will begin on Tuesday, March 1. Programs are designed to develop an appreciation of literacy in the early years.

Storytime is for children ages 3 to 5 years old and is offered on Tuesday afternoons from 1:45 to 2:30 p.m. and Wednesday mornings from 9:15 to 10 a.m. This program includes stories, songs, games, and crafts!

Toddler Tales is for parents and/or caregivers and 2 year old toddlers. It is held Wednesday mornings from 10:15 to 10:45 a.m. and includes stories, songs, rhymes, and crafts!

The Just for You Baby program is for babies and their parents and/or caregivers on Wednesday mornings from 11 to 11:30 a.m. Look forward to lots of songs, rhymes, and sensory activities!

All programs begin the week of March 29, 2011. Programs are free and registration is limited.

Contact the library at 519-634-8933 or badenlib@regionofwaterloo.ca for more information, or visit our website at www.rwl.library.on.ca.

Chris Baechler, Assistant Supervisor - Baden Branch Region of Waterloo Library



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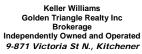
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You Must Be Joking -Oh Ma, Who's Smart Now !?



Four sophomores at University were taking a

chemistry class. All had an "A" average in the class going into finals. These four friends were so confident that they would ace the class, they decided to attend an out of town football game and party with some friends the weekend before the final exam.

They had a great time but, after all the hearty partying, they slept all day Sunday and didn't make it back to school until early Monday morning.

Rather than take the final on Monday, they decided to explain to the professor why they missed the final and ask if they could take the test later.

They told the professor that they went out of town for a football game and on the way back had a flat tire. As a result, they missed the final. The professor agreed that they could make up the final the next day.

The guys were excited and relieved. They studied that night for the exam.

The next day the professor placed them in separate rooms and gave them a test booklet.

They quickly answered the first problem worth 5 points. Cool, they thought!

Each one in separate rooms, thinking this was going to be easy.... they turned the page. On the second page was written... ... For 95 points: Which tire?_



Learn More about RRSP's and RESP's

If you have followed the suggestions from my previous article and found \$100 per month in your budget, good for you. If you found more than \$100 savings, great for you!!! What is your next step? You have a few options. The right option will depend on your own personal circumstances.

One option can be to contribute to a Retirement Savings Plan. It is the basic concept of paying yourself first. Over a year, you would have contributed \$1,200 to the RRSP. Depending upon your tax situation, you could get 30% of your contribution back as a tax refund. Check with your tax preparer as they can easily run the calculations. The \$1,200 invested for your retirement will give you \$360 in your pocket today (after you file your tax return of course). That \$360 can be used to reduce the principal of your mortgage. Over five years, that's a reduction of \$1,800 on your mortgage plus savings of the interest. Are these numbers not exciting enough? Try finding \$200 per month in your budget and see the numbers double. An alternative would be to pay down any credit card debt and the savings of interest will be greater.

Another option would be to place only \$180 per year on the mortgage giving you \$900 savings on the mortgage plus interest. The other \$180 can be invested in a Registered Education Savings Plan for kids (remember them?) . This is for their University/College or any approved educational institution. The government will help you by giving you a grant of 20% of your contribution. Yes – an actual grant!!! Over 5 years, that's \$1,080 tucked away for your child.

You may think that the above numbers are insignificant. But take a look at your current situation. What are you doing for yourself? With the New Year, make a fresh start.

Joe Figliomeni, CGA, CFP® Financial Advisor, Dundee Private Investors Inc. 148 Peel Street Unit 1B, New Hamburg, ON

This article was prepared by Joseph Figliomeni who is a Financial Advisor with Dundee Private Investors Inc., a DundeeWealth Inc. Company. The views (including any recommendations) expressed in this article are those of the author alone, and they have not been approved by, and are not necessarily those of, Dundee Private Investors Inc.



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Joe Figliomeni, CGA, CFP® Financial Advisor Dundee Private Investors Inc.

Volume 11, Issue 7

Meet Nich Lariviere, Baden's Newest Firefighter

Nich Lariviere, one of Baden's newest firefighters, comes to the Baden Station with plenty of training and enthusiasm: a 2007 graduate of Conestoga College's pre-fire program, Nich has wanted to be a firefighter since he was a teenager.

"One day, someone asked me what I wanted to do," he explains. "I didn't know. But then when I heard

about an acquaintance becoming a firefighter, it was just like someone hit me in the head -- of course that's what I wanted to be!"

Since then, Nich has worked hard toward his goal. He spent eight years in the Army Reserves, having joined in high school because he heard it would help him become a firefighter; as a youth, part-time jobs were undertaken in order to pay his tuition. And now, as a member of the Wilmot Fire Department, Nich feels he is "one step closer to his goal."

Currently a security supervisor at Sun Life Financial, Nich is now married and, with wife Elizabeth, has two children, Grace and Liam. He still hopes to become a full-time firefighter some day, but for now, Nich is happy to serve in Wilmot. "Of course it's the more exciting stuff in firefighting, like extrications, that's interesting -- but I really like the community service aspect, too, especially fundraising," he says.

On that note, no doubt you'll see him around town, as he makes firefighting -- and community service -- an ever-increasing part of his life.



You Must Be Joking!! What is Old?

Email submitted Aimee

"OLD" IS WHEN....

...Your sweetie says, "Let's go upstairs and make love," and you answer, "Choose one, I can't do both!"

...Your friends compliment you on your new alligator shoes and you're barefoot.

...A sexy babe catches your eye and your pacemaker opens the garage door.

...Going bra-less pulls all the wrinkles out of your face.

...You don't care where your spouse goes, just as long as you don't have to go along. ... You are cautioned to slow down by the doctor instead of by the police.

ATTENTION READERS:

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We continue to get calls asking to have the paper delivered to your door.

The paper is put into all Baden residential mailboxes, UNLESS YOU HAVE A JUNK MAIL BLOCK. Please call your postal station to have it removed or simply pick it up at the many drop off locations.

This year we will experience four unusual dates:

1/1/11

1/11/11

11/1/11

11/11/11

Page 12

NOW go figure this out.... Take the last two digits of the year you were born plus the age you will be this year and it WILL EQUAL 111!

THIS IS SO STRANGE! NO MATTER HOW YOU DO IT -IT'S 111 !

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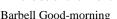
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Exercise of the Month





Position barbell on back of shoulders and grasp bar to sides. Keeping back straight, bend hips to lower torso forward until parallel to floor Raise torso until hips are extended. Repeat.

Begin with very light weight and add additional weight gradually to allow adequate adaptation. Throughout lift keep back and knees straight. Do not lower weight beyond mild stretch through hamstrings. Full range of motion will vary from person to person depending on flexibility.

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- No commitment Memberships



Baden Outlook

2011 Brings Changes to Police in Wilmot Township

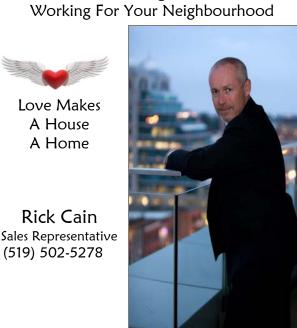
Waterloo Regional Police have made some major changes in their personnel. In an effort to get more officers on the street where they are needed, fifty more police officers have been moved from the special operations units to regular patrol duty. They have also rezoned and renamed all areas in Waterloo Region.

The new divisions will be renamed as follows: "Waterloo, formerly Division 3, will be known as the North Division; Kitchener, formerly Division 1, will be Central; Cambridge will be known as the South Division." The New Hamburg branch, which was formerly 1A, will now be known as Rural South.

There is also a shift in the territories. New Hamburg will now patrol all of Wilmot Township and a majority of North Dumfries Township including Ayr and Branchton, but not recognizing the lower half of Wellesley Township. This will eliminate dual coverage with other divisions.

Before the realignment, two separate divisions patrolled Baden, St. Clements, and Heidelberg. "We look after everything from Gerber Road to Brant County Line," Sergeant Scott stated. "We've been policing with the same number of officers out here since I came on board in 1982," said Scott

New Hamburg will be gaining five new officers and two new vehicles to patrol the area. Earlier this year they added a new Expedition, which will help them on those stormy nights, plus they still have their two-snowmobile units for patrolling the trails.



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Volume 11, Issue 7

" We have more knobs than you can handle!!"

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BADEN SCOUTING LOSES A BELOVED LEADER

Baden Scouting has lost one of its Scout Leaders. Christian Steinmann passed away of a heart attack on December 23rd and left the Scouts and Leaders of the Baden Scout Group in shock. They all have fond memories of Chris, from his soft spoken teachings to his outdoor skills. One Scout pointed out that Chris was special to him because he never lost his temper or yelled at them. Another Scout remembers going to camp at Everton and going swimming. The troop is looking forward to attending a camp at Everton to plant a tree in honour of their Beloved Leader a



camp at Everton to plant a tree in honour of their Beloved Leader as well as making one of Chris' favourite camp foods, "Stubbie Stew."

Chris was an all round outdoor man with many skills to teach the Scouts. He enjoyed fishing and hunting and was a member of the Wilmot Rod & Gun Club as well as Ontario Federation of Anglers and Hunters, and the Nith River Wild Turkey Association.

Chris held a Wood Badge with Scouting as well as the Centennial Medal for his seven plus years of Scouting. He definitely will be missed by the Baden Scout Group.

We now find ourselves short of leadership so if you would be interested in working with this worthwhile organization we would welcome you.

Submitted by Sheila Baynes Pictures by Peter Miller - taken at the Baden Santa Claus Parade.



You Must Be Joking!!

The Government has issued a travel warning due to the cold and snowy weather.



They suggest that anyone travelling in the current icy conditions should make sure they have the following:

- * Shovel
- * Blankets or sleeping bag
- Extra clothing including hat and gloves
- * 24 hours worth of food



- * De-Icer* Rock salt
- * Flashlight with spare batteries
- * Road Flares or Reflective Triangles
- * Extra full gas can
- * First Aid Kit
- Booster cables
- * Tire chains

I felt like an idiot getting on the bus with all that lot this morning.

Ah well, I guess they mean well -George Carter



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- Dr. Jonathon van Beek

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- *Root canal treatment Bleaching/whitening*
- * Headache/migraine control (related to TMJ)

Fun Word Facts

Email Submitted by Anne Honderich

- Stewardesses is the longest word » typed with only the left hand.
- "Lollipop" is the longest word typed » with your right hand.
- The words "racecar," "kayak" and "level" are the same » whether they are read left to right or right to left (palindromes).
- There are two words in the English language that have » all five vowels in order: "abstemious" and "facetious."
- TYPEWRITER is the longest word that can be made » using the letters on only one row of the keyboard.
- No word in the English language rhymes with » month, orange, silver, or purple.
- "Dreamt" is the only English word that ends in the **»** letters "mt".
- There are only four words in the English language **»** which end in "dous": tremendous, horrendous, stupendous, and hazardous

Interesting ... But for those who go digging into the dictionary to defy the facts, let us know if you find something to the contrary.



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BADEN SCOUTING ASSOCIATION PANCAKE DINNER CANCELLED

It is with deep regret that Baden Scouting finds it necessary to cancel our Annual Pancake Dinner due to a lack of Adult Volunteers to run this event. We apologize to the General Public who have supported us for years and thank you for your past patronage.



Interfaith Community Counselling Centre Presents: GIRL POWER ~ Ages 11 to 13

Please join us at 66 Mill Street, Baden Monday evenings 6-7:30 ~ January 10 - February 28

Girls will learn to resist the glamorous images in the media that link self-worth to beauty. They will learn to cope with stress, anxiety, bullying and make healthy life-style choices. Through education and group support they will develop self confidence and a positive self-image. For more information please call (519) 662-3092

Wilmot Horticultural Society

Monday, March 14, 2011 - 7:30 p.m. Wilmot Recreation Complex -1291 Nafziger Rd., Baden, - Mtg. Room A



Speaker - Sabrina Kennema Greenway Blooming Centre Topic - "Butterfly Gardening" Everyone is welcome to attend.



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WILMOT FAMILY RESOURCE CENTRE Presents

BADEN PARENT & CHILD DROP-IN

Come and enjoy some time playing with your children, and meeting other parents and caregivers in your community. Crafts, circle -time and more!

Tuesday Mornings, 9:30-11:30 am Wilmot Community Room, Township Admin. Bldg. (behind Castle Kilbride)

For more information call 519-662-2731 or visit our website www.wilmotfamilyresourcecentre.ca



Baden Minor Softball Registration

Registration is Saturday, Feb. 19, 10 am - 1 pm, and Thurs. March 3, 6 pm - 8 pm at Wilmot Rec Centre, March 8th, 7 pm - 8 pm at the New Hamburg **Registration Fair at NH Arena**

> For information call Lisa Montgomery, Secretary BMSA, 519-634-9494

4th Annual Inter-Generational **Ball Hockey Tournament**

Wilmot Recreation Complex April 29th, 6-10 pm

4-6 teams of 16 players, boys and girls, men and women, Ages 7-70 Register now... Submission deadline is April 1st

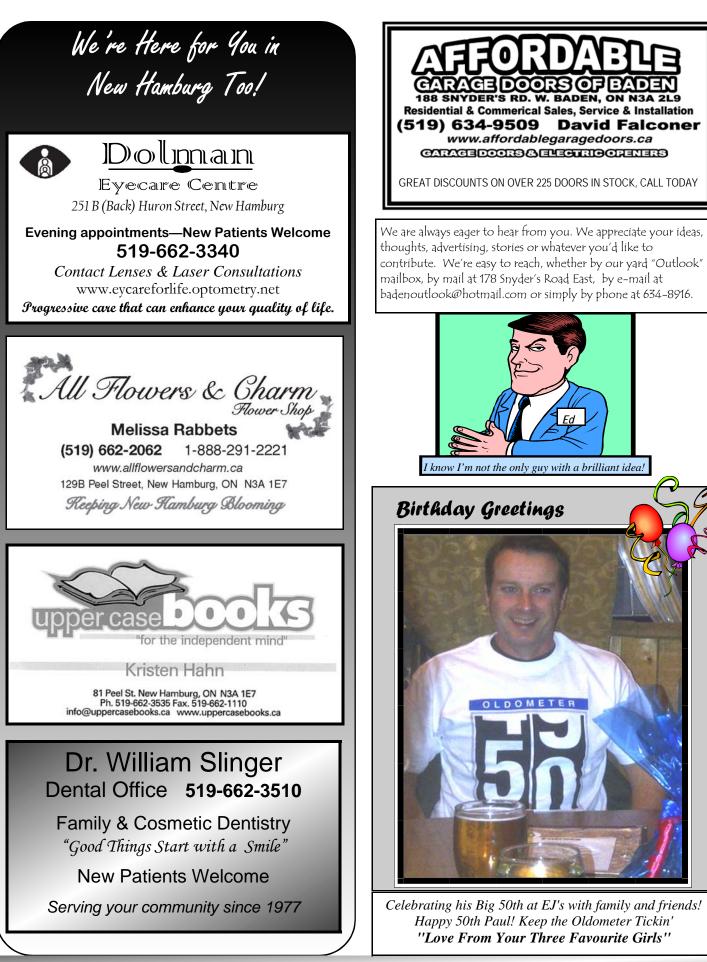
Submit: name, age, gender, phone number and email address to whccbhockeytourney@hotmail.com

This space is generously donated by Erb Transport to support community events

Not So Punny

- What do prisoners use to call each other? Cell phones
- What did the fish say when he hit a concrete wall? "Dam!"
- What do you call a boomerang that doesn't work? A stick

Page 16



Volume 11, Issue 7

We Say Farewell to Stop2Shop & Welcome Mars Convenience Store

On January 31, 2011 Harshad Patel and Suresh Patel have officially purchased the Stop2Shop on Snyder's Road in Baden. They have changed the name to Mars Convenience and Pizza, but will be sure to continue offering the same quality service that we have been accustomed to at Stop2Shop with previous owner Goran, and his manager Angie.

Suresh was a partner at a Subway location in K-W before purchasing the store with Harshad and they are now excited to serve Baden and Wilmot Township.

Services available at the store continue to include a full service postal outlet, pizza, movies, lottery, groceries, produce, ATM, bakery and Deli. The hours remain the same, and so will their great specials!

Be sure to drop by and say hello to show them Baden's warm nature. We also wish Goran the best as he continues retail in Guelph and thank him and Angie for their kind and pleasant presence in our community.



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Baden Outlook

MORE NOTES FROM THE ATTIC ~ Remember When? With Teresa Brown

"I Remember Baden Before" Before what? Welcome to The Outlook's newest feature, where each month we ask a longtime Baden resident what they remember from days gone by. It might be a building or business that's no longer there, or an event that used to take place in the park—it can be whatever was here and happening "before" today!

We begin with an overview of what Baden was like around 1937, remembered by Marcella (Boshart) Gerber, who moved to Baden from New Hamburg around that time. "I was in grade three at school," recalls Marcella, "but I remember many, many businesses—far more than there are today!"

Let's take a look at the list of shops, factories, and other businesses Marcella remembers: not just one, but two each of banks, garages, grocery stores, hardware stores, hotels, and butcher shops. As well, Marcella tells us that Baden also had a service station, a bakery, a shoe store, a barbershop, dairy, blacksmith, cheese factory, drug store, lumberyard, and a mortician (who also operated a furniture store).

Services included three churches (serving four congregations, as the Lutherans shared the Presbyterian Church), a doctor, telephone office, hydro building, post office (run out of the drug store and delivered by train), a public school, and of course the train station, which also transported goods and passengers in and out of our busy town.

Whew! Marcella admits that the list is not complete, as many people also ran businesses out of their homes ... and there were large-scale employers, too, like the turnip plant, the fertilizer plant, a chick hatchery, the feed mill and flaxseed processing plant ... it's an impressive list!

As you can see, there's a treasure trove of memories out there, and The Outlook will strive to present one each month, told by someone who's lived in Baden since the "good old days" —and we'll often share photos so that

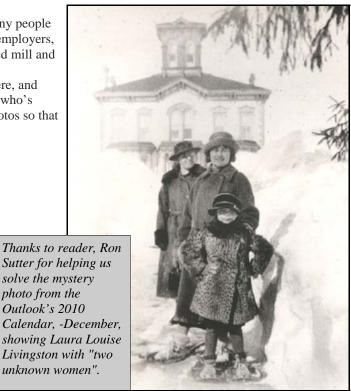


"new Badenites" can have a peek at the Baden-That-Is-No-More.

So if you've lived in Baden for quite a while, and you remember a house, event, person, or just about anything that might be interesting to today's readers, please contact Teresa Brown at 519-634-8580 (or e-mail her at Teresa.and.

Kenton@rogers.com). Almost anything goes, as long as you remember it and are willing to share!

In the meantime, thanks Marcella for getting the ball rolling ... by remembering "Baden Before!" And a special thanks also to Tracy Loch of Castle Kilbride, for providing this fun photo from the mid-1920s of Laura Louise Livingston (she's the little girl, with two unidentified women), when the snow drifts made those of 2011 look like molehills. Keep this in mind next time you're out there shoveling ...



As per an email from Ron Sutter who believes that he knows who these two ladies are.

The one on the left (and back) is my mother and the other lady is Mae Robertson (her married name) who is my Godmother. My mother and Mae were very good friends. As a young woman, my mother worked as a nanny/maid at Castle Kilbride, taking care of Laura Louise.

My mother was Louise C. Weiler. Until she married my father she lived in the Weiler home now occupied by Virgina Weiler in Baden. My Father, Edwin Sutter, lived in the Sutter home on George Street.

It's Not Too Late to Help in Haiti

Time has passed since the devastating storm in Haiti. We'd like to think we've done plenty to help and that recovery is well on its way, but not yet or anytime soon. Although every effort given has been helpful, there are still more ways to show support and make a difference.

As cholera and other illnesses have become epidemic, these people need beds—for both the sick and the homeless. Sleeping on dirt, brush, grass, and leaves have also created both bug and mold problems, thus creating more illness. Their hospitals are full and need beds too.

The folks at Wilmot Missionary Church are making mats/beds to help. They are made simply from our used milk bags (the big bag that holds the 3-litre bags). These bags are treated to resist mildew and are anti-bug, comfortable, and clean. If you'd like to contribute, please follow these simple instructions.

Open end of bag



Prepare: With the milk bag in its original form, cut into one inch strips, starting at the top, (opened end), cutting across the bag, which forms loops. When you have the loops, pull one through the other forming a chain, creating a continuous strip that can be rolled into a ball.

To make: Using a large crochet hook, make a chain, using these plastic strips, as long as your body is wide.

Proceed to single crochet back and forth until the mat is as long as you. When it is the appropriate length, single crochet twice around the whole piece. To make a child's bed, just crochet less rows and not as wide. Most any size will be useful.



Seen is Ann Koebel displaying her milkbag mat. You too can help!

For more information or if you need bags, please call Darren Michael at 662-9902 or email him at darrenmichael.88@yahoo.ca. You may deliver your completed mats to Darren at 79 Hostetler Road, New Hamburg.



Baden Outlook Hockey Pool Stats						
Adult Pool Stats Kids Pool Stats						
Plac	e Name	PTS	Plac	ce Name	PTS	
1	W.A.N.T.S	594	1	Nathan Gibbons	574	
2	Steve Campbell	584	2	Daniel Jutzi	562	
3	Beth Gilbey	578	3	Nathan Metcalfe	559	
4	Karen Sisko	574	4	Daniel Kreller	554	
5	Lisa Egli	572	5	Ryland Carney	552	
6	Andy Veenstra	568	6	Aiden Heinbuch	546	
7	Wayne Weicker	567	T7	Mitchell Wilhelm	545	
8	Justin Kendrick	563	T7	Tyler Kleine	545	
9	Bill Grebinski	561	9	Lukas Kaufman	544	
10	Bev Campbell	557	10	Willow Voisin	543	
11	Sharon Forde	556	11	Austin Dale	542	
T12	Michael Quinn	554	T12	Dominik Struth	541	
T12	Wally Morrison	554	T12	Jakob Windl	541	
T14	Derek Nelson	553	1	Paige Naumann	541	
T14	Paul Morrison	553	1	Meghan Mueller	540	
T14	Rob Waechter	553	1	Owen Krupf	540	
T17	Evan Grebinski	552	17	Hannah Litwiller	539	
T17	Su Simpson	552		Evelyn Cobean	538	
T19	Brad Habel	551	1	Jaimie-Marie Usher	538	
T19	Susan Chipman	551				
T19	Trevor Baetz	551	i -	Cooper Honderich	537	
T22	Don Becker	550		Garret Taves	537	
T22	John Windl	550	1	Brayden VanDeWyn.	535	
T22	Sharon Williams	550	1	Joel Heise	535	
T25	Karolyn Fournier	549	24	Connor Crouse	533	
T25	Laura Martin	549	25	James Hoerle	531	
T27	Allen Denison	547	T26	Caleb Hunter	530	
T27	Jacob Kaufman	547	T26	Carter Schwartzntrbr	530	
29	Michelle Pajot	546	28	Wyatt Stone	529	
T30	Maggie Litwiller	545	29	Zachary Luloff	528	
T30	Matthew Jackowetz	545	30	Evan Bizony	526	

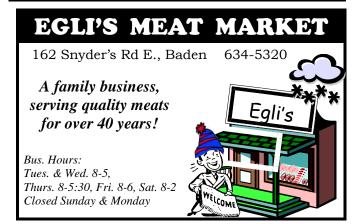
Congratulations to Beth Gilbey for winning the leader prize in this month's Hockey Pool - winning a gift certificate from EJ's of Baden.

Sorry to the WANTS-team Gibbons who took the leader price in January, and also to Steve Campbell who took the prize in December. You can't take the leader prize twice, neither can you Nathan..

You know the rules; Congrats to you all though!

Congratulations to Daniel Jutzi for taking the lead in the Kids Hockey Pool winning a fun pack from Riverside Lanes

The lucky random draw winners are Joe Rector, winning a gift certificate from Egli's Meat Market, and Trent Agnello, winning a Baden Outlook shirt.





Matt & Jackie Rolleman 39 Snyder's Road W, Baden 519-634-5711

Join us Thursday March 17th

St. Patricks Day Party Lots of Fun , Green Beer, Live Band and SWAG



WOW! Sports fans...Thanks for playing hockey with us! There are 475 entrants in this year's Outlook Hockey Pool. Be sure to follow your stats which are updated daily on the site. The Outlook draws the stats on the 7th of the month. To follow the stats, log on to our website at <u>www.badenoutlook.com</u>. Click on sports pool choose "hockey " The pool I.D. is <u>outlookhockey (or outlookkids)</u> and the password is <u>guest</u>. The top 50 entries will be listed to view all teams click on page number on bottom of page.



Volume 11, Issue 7



Please visit The Baden Outlook web site for a directory of local churches with names, numbers, addresses and web sites.

If your church is missing from this list please contact us to be included.

. We're on the Web! Visit www.badenoutlook.com



Baden Outlook

"Get It Together"

...with Donna & Rhonda

Planning ahead for Christmas

Some of you are just nicely getting over the shock of your credit card bill from this past Christmas and you wouldn't even entertain the thought of thinking ahead to the next Christmas . . but I am going to challenge you to "THINK AHEAD!"



I have a friend Lynn, who implemented a new system this past year in which she reaped big rewards for thinking and planning ahead. She was tired of being financially strapped every year at Christmas. As far as I know, Christmas is supposed to be a time of cheerful giving, isn't it?

In January, she and her husband sat down and made a list of everyone they needed to buy gifts for at Christmas. They also determined a budget figure for each person. Then they wrote each name and budget figure on the outside of a corresponding envelope. They committed to weekly setting aside \$25 in one of the envelopes and designating it toward one or more recipients. Once they had enough money to cover someone's gift, they were able to go out and purchase their gift. The envelope could either hold the cash for the gift to be purchased or the receipt once the gift had been bought.

Another idea was to jot down "gift ideas" for each person on the outside of their envelope. This system allowed them to have the money set aside well before Christmas. Technically all the Christmas shopping, if you choose, could be done by November! This was the first year they didn't feel the financial pinch in December and January. Planning ahead makes a difference . . . or as Winnie the Pooh would say "Organizing is what you do before you do something, so that when you do it, it is not all mixed up!"

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General Registration Monday March 7, 6:30 pm-8:30 pm At the preschool - 3433 Huron Rd (beside the Haysville Community Center) Ages 2 yrs & up 519-662-4655

SWAG: How has this word evolved? What does it mean?

Allegedly an abbreviation for "Stolen Without A Gun." Stolen property heisted from trucks or vendors

Acronym of "stupid wild-ass guess." Contrast with the less-precise "wag" (wildassed guess). "He didn't really know, so he just took a swag at it"; an approximation or educated guess.

In the "promotional material" sense, "swag" is allegedly an acronym for "stuff we all get." Buy swag mugs, Tshirts and magnets.

The way in which you carry yourself. Swag is made up of your overall confidence, style, and demeanor. Swag can also be expanded to be the reputation of your overall swagger. Swag is a subtle thing that many strive to gain but few actually attain. It is reserved for the most swagalicious of people.

ALTERNATE DEFINITIONS:

- » sag: droop, sink, or settle from or as if from pressure or loss of tautness
 » valuable goods
- » stagger: walk as if unable to control one's movements; "The drunken man staggered into the room"
- » window covering; curtain section
- » sway heavily or unsteadily
- » a bundle containing the personal belongings of a swagman





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Volume 11, Issue 7

NEWS FROM THE NEW HAMBURG THRIFT CENTRE

The following is a release from Mennonite Central Committee outlining its response one year following the Haiti earthquake. Since many of you gave very generously at that time through the Thrift Centre, we thought an official update would be helpful.

Haiti Earthquake—MCC's Response One Year Later

KITCHENER, ON – "In the midst of enormous challenges, the lives of countless vulnerable Haitian people affected by the earthquake have been touched by Mennonite Central Committee and its partner organizations in the country," comments Rick Cober Bauman, Executive Director of MCC Ontario.

Immediately following the January 12, 2010 earthquake, donations totaling \$14.1 million began to pour in for MCC's disaster response. In addition, within the next months, MCC distributed material resources, such as relief kits, comforters and canned meat valued to \$3.1 million.

To date, approximately a third of the \$14.1 donated to MCC for its Haiti Earthquake appeal has been allocated for projects already underway, or for projects that will be underway shortly, says Cober Bauman. He goes on to explain that MCC has developed a five-year plan for the remaining \$9.5 million that will include projects such as building and repairing homes, small-business support, agricultural development, education, trauma healing, and water and sanitation projects.

Over the past years, Haitian people have been forced to leave their rural communities and settle in Port au Prince, the only centre for education, employment and economic stability. The rural flight to the capital heavily over taxed the city's infrastructure and has been seen as a major contributor to the high vulnerability of hundreds of thousands of its residents when the earthquake struck.

Immediately after the quake, many survivors fled the rubble and returned to their rural roots and communities that were not affected. MCC's commitment to strengthen community capacity is reflected in its decision to focus much of its long term relief and development efforts in these rural areas so that people are not drawn back to the capital city.

MCC has also applied for \$2.8 million in matching funds from the Canadian International Development Agency (CIDA). Approved projects will be announced by CIDA in February, 2011.

MCC has worked in Haiti for more than 50 years and does most of its work through and in collaboration with trusted Haitian partner organizations.

"Our disaster response builds on the relationships we already have and meets both the urgent and the longer term needs of the communities in which our partner organizations work," said Cober Bauman.

New Hamburg Thrift Centre

41 Heritage Drive New Hamburg tel: 519-662-2867 www.newhamburgthrift.com



Please note we are closed Monday, Feb 21 for Family Day.

Stock up on board games, puzzles and craft supplies to plan some activities together!



All proceeds benefit the work of Mennonite Central Committee

REGULAR HOURS

Mon-Thurs 9:00 am - 5:00 pm Fri 9:00 am - 8:00 pm Sat 9:00 am - 4:00 pm

It Was a Cold, Dark, Stormy Night

They were together in the house, just the two of them. It was a cold, dark, stormy night. The storm had come quickly and each time the thunder



boomed he watched her jump. She looked across the room and admired his strong appearance...and wished that he would take her in his arms, comfort her and protect her from the storm.

Suddenly, with a pop, the power went out.... She screamed... He raced to the sofa where she was cowering. He didn't hesitate to pull her into his arms. He knew this was a forbidden union and expected her to pull back. He was surprised when she didn't resist but instead clung to him.

The storm raged on... They knew it was wrong... Their families would never understand. So consumed were they in their FEAR that they heard no opening of doors...just the faint click of a camera.....



Baden resident, Alina Telescu is presented with the President's Gold Award for 2010, at RoyallePage Wolle Realty, for professionalism and excellence in Real Estate. Also pictured is Mark Wolle, in behalf of Dieter Wolle, owner and broker of the mentioned company.



For either selling or buying, call Alina, for good advice and great results.

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Office : 519-578-7300 Cell : 519-504-2588 www.alinatelescu.com

Proud recipient of President's Gold Award for 2010

Ask Armand ~



Ron from Baden wonders: Armand, Who are the eldest people that have never moved away from Baden?

Armand says: Well Ron, the oldest life long residences are Viola Nauman (living on Beck Street), Shirley (Naumann) Koenig of Tannery Street and Michael Weiler of Snyder's Road East, (the baby of the bunch at a very healthy 83 years young.)



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Volume 11, Issue 7

AIR TRAVEL COMFORT TIPS

Comfort is not usually the first word that comes to mind when someone mentions flying. Sitting cramped in a small space for a long plane ride can

also lead to muscle and joint pain. Here are some helpful tips for a more enjoyable voyage.

Choose the Correct Seat - Some airlines fill the plane from front to back, so ask for a seat in the back row to increase your chances of having an empty seat next to you. If the arm rests lift up, you might even be able to lie down. Aisle and emergency exit seats maximize leg room and are less claustrophobic. If you are susceptible to motion sickness, request a seat over the wings and try to schedule flights on larger airplanes.

Keep Moving - Moving around is good for your circulation and helps to prevent swollen feet and ankles. Wear loose clothing and walk about the cabin periodically every 60 to 90 minutes. Wear shoes you can slip off easily. Every so often, draw circles with your toes and contract your calves to help prevent blood from pooling in your legs. Tapping your feet can also help increase circulation and reduce the chance of muscle cramping.

Stretch it out - Try not to place anything under the seat in front of you so you can stretch your legs out. Quick and easy stretches also include standing up and raising your arms above your head, rotating your shoulders back and forth, and moving your head side to side.

Keep Good Posture While Seated - Position your lower back against the back of the chair to obtain the greatest amount of support for your spine. A rolled sweater or blanket can also be used for added support. Make sure that your weight is evenly distributed on your seat, your shoulders are not rounding forward, and you are not slouching. Support your neck and head with a pillow if necessary and avoid awkward positions if trying to rest or sleep. Try not to stay in one position for a long period of time.



By Dr. John A. Papa, DC

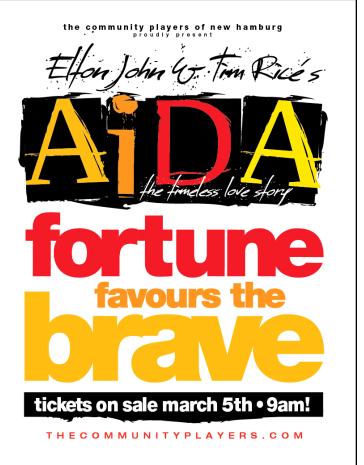
Additional Tips

Eat Right - Eat a light, non-fatty meal just before you leave for the airport. Avoid caffeinated beverages and fried food. This can make handling turbulence

- a little easier.
 Handling Pressure Chewing gum, yawning or sucking on hard candies can help to relieve the pressure that builds up in your ears as the airplane ascends and descends. This is not recommended for toddlers. For young children, sipping a drink may help.
- **Prevent Dehydration** The air in most airplanes can dry out your skin and cause eye and nasal dryness. Take a moisturizer with you for your skin and wear glasses instead of contact lenses to prevent eye dryness. Drink enough water and steer clear of caffeine and alcohol as they further dehydrate you. Alcohol can also interfere with your ability to sleep.

In the event that you suffer from ongoing muscle and joint pain following your trip, you should contact a licensed health professional. For more information, visit **www.nhwc.ca**. The author credits the CCA in the preparation of this educational information for use by its members and the public.

This article is a basic summary for educational purposes only. It is not intended, and should not be considered, as a replacement for consultation, diagnosis or treatment by a duly licensed health practitioner.



Page 26

Baden Outlook

the Health & Wellness Page

Exiting Destructive Cycles... and Entering the Unknown Submitted By Michael Fisher, R.N.

There is an innate quality to this time of year that speaks to re-genesis, but isn't greeted without our own selfcreated obstacles. In essence, change is inevitable, but it is our own barriers that obstruct this. The idea of "who" we are keeps us from being the person we wish to be. Once we have successfully dissolved our rigid patterns of identity, we can allow transformation and personal renewal. It is during this challenging process of letting go that most people seem to face difficulties, resulting in a transition that becomes stagnant and frustrating.

Memory is a great tool for us, but if we are not aware, we can easily become a product of it, repeatedly recreating our memories/experiences and "stories" about who we are. This results in the same obstacles, frustrations, relationships, etc., without ever exiting the cyclical nature of these lessons. This type of behaviour is best modelled by rodents, who seem to endlessly run in their wheels hoping to get somewhere, but actually stay in the same location. So long as we are attached to our memories, habits and familiarities, we too are running nowhere in a cyclical wheel of life. A Chinese Zen verse speaks to us about the nature of "everything":

Everything's a test, to see what you will do; Mistaking what's before our eyes, you have to start anew!

This message guides us to see everything clearly as it is right before our eyes—and apply this to "everything" in our life; otherwise we must repeat the same tests until we are prepared to do things a different way.

The first step is simply the awareness that we are repeating ourselves, and that we are doing so because of familiarity. It is uncomfortable to the mind to do something that is unfamiliar, feeling like it doesn't make sense, or doesn't "feel right". However, when caught in the "hamster wheel" of our attachments, doing anything that is different



from what we are doing is an improvement. Building awareness enables us to see our actions, allowing us to exit our cycles and open up to new ways.

As we release the attachment to our cycles, we may experience sadness or regret. Saying good-bye to poor eating habits, a sedentary lifestyle, or negative selfimage can result in great upheaval if we aren't prepared to grieve them. This can result in a lot of pain and disharmony as we hold the space for two opposing places. Saying good-bye can be so incredibly difficult for some people that they choose to keep the excess weight, or bad habits, or unhealthy relationships so as to not deal with the discomfort of letting go and the unfamiliarity that surrounds it. The key for successful release is to be aware of this process, detach, accept whatever state "as is" and trust the unfamiliar. This way, we remain open to letting go of what was, and open ourselves to new ways of being.

Wilmot Jujitsu Professional Self Defense



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Wilmot Jujitsu is pleased to offer **Ninpo Bugei** (Traditional Ninjutsu) to the program. Classes will be held from 7:15 - 8:15 p.m. on Tuesdays and Thursdays and is open to ages 14 and up. Please see the following website for more information. www.genbukan.ca





Baden Minor Softball Association 2011 Registration

Parents: B.M.S.A. needs your assistance! Can you help? □Umpiring □ Coaching □ Parent Rep. □ Fundraising

Name:			_Date of Birth: /		100 million	_M 🗖 F 🗆			
Full Address:									
Parent(s):	-	Hom	e#:		Cell #:				
EMAIL ADDR	ESS:			2					
TEAM	AGE	BIRTH YEAR	FEE		27				
T-Ball	5+6	2005-2006	\$40						
Coach Pitch*	6 + 7	2004-2005	\$60		*New this year!!!				
Tyke	8	2003	\$85						
Atom	9 + 10	2001-2002	\$115		Family Disc	ount			
Squirt	11 + 12	1999-2000	\$115		\$5/child for	3 or			
Pee Wee	13 + 14	1997-1998	\$115		more in a far	nily			
Bantam	15 + 16	1995-1996	\$125						
Midget	17, 18 + 19	1992/93/94	\$125						

If you have financial concerns regarding registration fees, please phone to discuss alternative payment options.

REGISTRATION	Saturday, Feb. 19th - Wilmot Recreation Centre	10 am– 1 pm
DATES	Thursday, Mar. 3rd - Wilmot Recreation Centre	6 pm – 8 pm
	Tuesday, Mar. 8 th – NEW HAMBURG ARENA	7 pm – 8:30 pm

Unable to attend registration? Please call Lisa @ 634-9494 or mail this form + cheque to: BMSA c/o Lisa Montgomery 173 Schneller Drive, Baden ON N3A 2K9

REGISTRATION DEADLINE: MARCH 20th, 2011

I hereby permit my son /daughter to participate in softball under the supervision of the Baden Minor Softball Association. I also release and discharge the Baden Minor Softball Association and its members from any suits and/or debts which may occur as a result of said person engaging in playing softball for said association. I will be responsible for the care and return of his/her uniform and/or equipment.

I agree to provide my son/daughter with a *personal baseball helmet*, understanding that any player Without a personal helmet will not be permitted to participate in the game.

I have read the B.M.S.A. Code of Conduct and will abide by its principles.

Parent's Signature: X

Support your child - attend practices and games! It's a ball!

Payment received: Cheque 🗖 Cash 🗖 Amount \$_____ Receipt 🗖 Exec. _____

NOTE: Cheques will not be cashed until after April 1#