

Baden Outlook

Serving the GBA since August 2000 with 2300 copies in circulation.

Volume 8, Issue 7

"Keeping the community connected"

Community Pride Lives On in Baden Housing Development

Many generations of Badenites remember attending Baden Public School when it was located on Snyder's Road East. The long, low building was the educational home base for hundreds of children until recently when it was replaced by the new school on Livingston Boulevard. Now closed, the relatively small, simple structure - and the fondly-remembered playground and ball diamonds behind it - appears to be abandoned. But in fact, there is exciting change ahead ... and small-town community pride continues to grow in every aspect of the old school's future.

Mike Schout, a lifelong Wilmot resident and president of Schout Communities, has purchased the old school property and will soon break ground on a new housing development that proposes to include 34 affordable homes and a beautiful, people-friendly neighbourhood. And "community" is what will define the project from the start. Rather than a subdivision where multiple companies build and sell homes, the property will be entirely developed by Mike's company, Citadel Homes.

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Special points of interest:

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- *Community Pride lives on in new Baden Development*
- *CC offers Scrabble Club*
- *Don't miss Wilmot Heritage Day - February 23*
- *What's new at Baden Library?*

We're on the Web!
www.badenoutlook.com



**This paper is priceless -
Please have one!**

Talking With Ed - Forty Frustrating Minutes of my Life



I received a shirt from my daughter for Christmas, which was too small. Instead of returning it right away, I thought it would be prudent to wait a week or two – to avoid the huge return line-ups (we are not typically boxing day bargain shoppers). Upon walking into the large department store and spotting the returns service counter, I could not believe my eyes at the size of the line-up. The greeter saw me and pointed to that line-up which had at least 30 people in it. Aargh!

Pat scooted off to find the replacement shirt for me while I kept my space in line. With intended humour, the greeter chanted “*The line-up is right over here and it should only take three hours, ten minutes and forty seconds,*” to another customer with bags in hand. I chuckled to myself – that greeter guy is funny! Pat came back with the shirt to be exchanged and went off to a different store to do another return in hopes we’d meet sooner with our errands done. (We think we’ve learned about time management). Ten minutes later the ‘returns’ line up had barely moved at all! Grrrr.... Didn’t anyone keep their receipt!?!

“*The line-up is right over here, sir, and it should only take three hours, ten minutes and forty seconds,*” said the greeter to the growing line-up. “This guy needs a new line,” I thought, starting to feel frustrated. I wondered, “*What is my time really worth?* Oh well it won’t be much longer” I thought. *Ya, I’m a cool guy; there’s no crisis here.*

“*The line-up is right over here, Young Fella, and it should only take three hours, ten minutes and forty seconds,*” said the greeter. Okay, this guy is starting to really get on my nerves. I was probably fifteenth in line at that point and twenty minutes had passed.



My mind started drifting as I contemplated the many recent situations when I had to wait to be served. Immediately the professional services came to mind where I sat in the waiting room for over 20 minutes. As a patient it’s important to schedule an appointment, and to be courteous, respectful and prompt... yet I would be charged if I missed my appointment or was late. But still, I am the customer – the one who is always right, right? Does the value of the service change the rules of waiting? Who’s time is more valuable?

“*The line-up is right over here Ma’am, and it should only take three hours, ten minutes and forty seconds.*” Okay – that’s it. Hold me back, I am going to slug this guy! Amazingly enough, the line-up was growing, probably to forty at this point. Those people made me feel somewhat better; they too looked fidgety and impatient. There was a break in the line to allow paying customers out the door and I was the next patron to cross from “long distance” into the local area code. Unexpectedly a senior citizen with a walker cut in the line ahead of me. That’s okay, I understood her discomfort while standing and waiting, but I could feel the daggers of the line-up behind me. A little more discomfort.

As I made it closer to the **Customer Service Desk**, I realized that there were **only two service clerks** on duty. One customer had an entire shopping cart to be processed. The person in front of me had no receipt and there was a conflict over whether he had purchased the product at that store - not my problem, or was it? Agonizing.

My mind slipped away again to the time that I was trapped twenty minutes in a coffee shop drive-through line-up. By the time I had made it to the service window I had lost my cool and told her how disappointed I was with the service and the tank of gas used while waiting for a \$1.25 cup of coffee. I am disappointed that I forgot the environment, as well!

“*May I help you, sir*”, brought me out of my stupor. I had been in line a full forty minutes and had every right to be ticked off. But the way she spoke to me and the convincingly genuine concern that she felt, being in line that long, deflated my growing anger.

Bottom line – even in today’s lower and slower service environment – people still make a difference.

And in case you are wondering, those who know me would say that I am a patient and understanding person. Also, in case you are wondering, I really like my new shirt.

Until next month... Ed

When is waiting okay?

Whose time is more valuable? What is the problem?

- ☺ Are we becoming too impatient a society?
- ☺ Are our schedules too tight?
- ☺ Are retail clerks trained to be courteous, diligent and efficient?
- ☺ Do service industries require more staff in order to focus on customer service properly?
- ☺ Are there different “waiting rules” when paying for professional services? (doctors, dentists, lawyers etc.)
- ☺ Is it unreasonable to expect ‘service humility’? -with an apology or even an explanation as to why waiting had to happen?

EXTRA!! EXTRA!!



There are extra copies of The Baden Outlook available at Teddy’s Bakery, Stop 2 Shop, Old Fashioned Variety (Petersburg), Stop 2 Shop (St. Agatha), N.H. Foodland & Sobey’s, the New Hamburg and Baden Libraries and various businesses throughout Wilmot Township.

"Keeping the Community Connected"

Barry and Pat Fisher
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HISTORY OF STREET NAMES

Featuring *McFadyen Street*

Henry L. McFadyen, while teaching in a local school, enlisted in the 111th Battalion. He went overseas with the 18th Battalion, Canadian Infantry (Western Ontario Regiment). After a raid on enemy lines, several wounded men had to be left behind in a shell hole close to enemy lines. McFadyen was a stretcher bearer who remained with them for two days and a night. He used his clothing to bind their wounds and make them more comfortable and eventually brought all the wounded men back to safety.

Henry L. McFadyen died on November 10, 1917 at age 23 and was buried at Tyne Cot Cemetery, Grave Site 1 C 33 in Belgium. He was the son of Ronald and Margaret Jameson and was awarded a Distinguished Conduct Medal for splendid devotion to duty while acting as a stretcher bearer.



OK, Show of hands...
Who's tired of snow?



Well, some still enjoy the snow!



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Play & Win - Charlie's Coffee Trivia...

How many hand picked coffee beans are
required to make one pound of coffee?
(the answer closest to the right amount wins!)

Your answer.....

Name.....

Phone Number.....

(Continued from page 1)

"We can make a whole community of it that way," explains Mike. "And when people buy into our community and our ideas, they do it because they share our vision."

It's a vision driven by "community thinking" at every step. Initially, Mike had hoped to save the old school building, but that hope was dashed by an architect's assessment. "This was a school I attended," explains Mike. "It means a lot to many people ... but I was told that, unfortunately, it's not a building that can be saved." Nonetheless, community spirit continues to surround the school, even as it awaits demolition: Mike has made the building available to the Waterloo Regional Police tactical units. It's providing a unique opportunity for emergency response teams to train in an institutional setting.

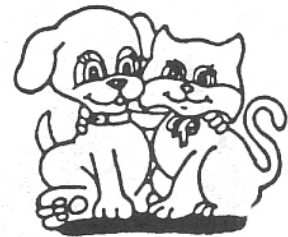
Once the police have finished their training, Mike plans to offer the school to the Wilmot Fire Department, again a rare opportunity to learn about fire suppression and rescue in a realistic setting. Once both groups have exhausted the building's usefulness, the structure's components will be offered to Habitat for Humanity, -- everything from bricks to light fixtures can be put to good use. "I want as much of the building to be recycled as possible," says Mike, a goal that is already well underway.

Once the old school is physically gone, it will be time for new growth to begin. Mike is proposing to Wilmot council a modest neighbourhood of 34 semi-detached homes, with garages, and not only affordable but very attractive. Clearly, much thought has been put not only into the design of the homes but also the entire neighbourhood. There is, a children's play area, and a gazebo amidst wide lots and staggered home fronts. "I believe people should walk outside with a cup of coffee and have a place to sit and visit with their neighbours," smiles Mike.

"Our homes are not just bricks and mortar, they're the community that lives there," says Mike. It's a philosophy that guides him in every house and every neighbourhood he helps create: "I want to say I'm proud of what I build." And so, even as his old school comes to the end of its life, it's clear that the lessons Mike Schout learned there, and while growing up in Baden -- lessons about caring for your community and pride in your work -- will continue to inspire the type of homes he builds.



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ARE YOU IN THE MOOD FOR A VALENTINE'S DAY WORD SEARCH?

Answers on page 21

Get in the mood for some fun with this 'love'ly puzzle. You know the rules... find the words in the grid -across, diagonally, horizontally, vertically and backwards. Good luck!

- BE MINE
- BIRTHDAY
- CANDY
- CARD
- CHOCOLATE
- CUPID
- DINNER
- FEBRUARY
- FLOWERS
- FOURTEEN
- HEART
- HUGS
- LOVE
- RED
- ROSES
- SWEETS
- TEDDY TREATS
- VALENTINE
- WHITE

T	M	X	L	V	F	F	Y	H	S	N	A	G	I	D
I	E	T	A	L	O	C	O	H	C	D	F	V	I	O
F	K	D	F	J	S	N	K	V	I	A	M	N	M	D
V	L	J	D	G	A	G	R	P	C	X	N	Y	X	J
M	X	O	N	Y	R	A	U	R	B	E	F	D	I	F
J	F	W	W	P	S	C	B	H	R	N	R	F	Y	Z
J	V	A	L	E	N	T	I	N	E	I	S	Y	J	S
X	Y	L	O	C	R	E	R	E	D	M	W	R	W	Y
O	Y	C	V	A	A	S	T	E	J	E	E	E	J	S
O	I	S	E	S	O	R	H	I	A	B	E	M	H	Z
N	I	H	G	S	U	Q	D	R	H	T	T	I	G	K
F	V	R	C	O	G	W	A	D	S	W	S	H	C	M
T	T	Y	F	F	J	L	Y	N	J	Z	F	P	B	F

You may wonder why the word 'birthday' belongs in this puzzle - well, someone special has her birthday on Valentines Day!!



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** 1 coupon per visit **

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Do you enjoy meeting new people and giving back to the community?

We are always looking for new volunteers to join our local mission. If you have a half day, full day or Saturday that you are available, we would like to hear from you!

Students welcome!



All proceeds benefit the work of Mennonite Central Committee

REGULAR HOURS

Mon-Thurs 9:00 am - 5:00 pm
Fri 9:00 am - 8:00 pm
Sat 9:00 am - 4:00 pm

Where every purchase is a gift to the world ...

While dropping off a donation, or more importantly, making a purchase at the New Hamburg Thrift Centre, have you ever wondered where the proceeds go? The next time you are in, just take look at the beautiful photography posted around the perimeter of the shop. It tells a powerful story.

Thrift shops are the second highest contributor of revenue to Mennonite Central Committee (Ontario), second only to general donations. Last fiscal year, thrift shops in Ontario contributed over \$1.4 million dollars to the mission of MCC. But what exactly does MCC do?

MCC works among people suffering from poverty, conflict, oppression and natural disaster. MCC serves as a channel for interchange by building mutually transformative relationships. MCC strives for peace, justice and the dignity of all people by sharing experiences and resources and faith in Jesus Christ.

On a global scale, MCC sends people, food and material goods to communities recovering from war and natural disasters. MCC also encourages and supports local churches and community groups in their efforts to provide food, health care, education, employment and social services.

MCC works actively here in Ontario. Programs include *People in Poverty, Restorative Justice, Creation Care* (environmental), *Refugee Assistance, Aboriginal Neighbours*, and *Countering Militarism* to mention a few.

The New Hamburg **Mennonite Relief Sale** and Quilt Auction is another way our local community raises money for MCC. This year's sale will be held **May 30 – 31** at Norm Hill Park (fairgrounds.)

Did you know your purchase of a \$3.50 item at an MCC Thrift Shop could provide a home nursing care visit for one HIV/AIDS patient in Indonesia? An \$8 coat can provide enough food for one family for a month in Colombia. A \$15 set of dishes can provide the equivalent of 10 chickens for a family in Croatia.

Take some time to explore this unique shop in person! Or learn more about Mennonite Central Committee at www.mcc.org or Ontario programs at www.mcc.org/ontario. It could be a life changing experience!



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You Must Be Joking!!



An elderly gentlemen had serious hearing problems for a number of years. He went to the doctor and the doctor was able to have him fitted for a set of hearing aids that allowed the gentleman to hear 100%.

The elderly gentleman went back in a month to the doctor and the doctor said, "Your hearing perfectly. Your family must be really pleased that you can hear again."

The gentleman replied, "Oh, I haven't told my family yet. I just sit around and listen to the conversations. I've changed my will three times!"





Wilmot Horticultural Society
Monday, March 10, 2008
Haysville Community Centre - 7:30 pm

Speaker: Tim Lott, Tim's Tree Care
Topic: Planting & Maintaining Trees
Everyone Welcome!



New Hamburg Skating Club

presents...

"It's a Jungle Out There!"

Carnival 2008

Saturday, Feb. 23 - 1:30 p.m. & 7p.m.

Wilmot Recreation Complex.

Tickets are \$10 for adults

\$5 for ages 3-12; under 3 free.

Call 519-662-3479.



Interfaith Community Counselling Centre

23B Church Street, New Hamburg, ON N3A 1J1
 519-662-3092 / interfaith@golden.net

25TH ANNIVERSARY CELEBRATION

and Annual General Meeting

Mon., Feb. 18, 6:30 pm, Steinmann Mennonite Church
 Buffet Dinner - Catered by the Waterlot

Featuring "Five on the Floor"
 (Bluegrass Gospel and Folk)

\$40

SUPPORT GROUP FOR PARENTS

Parents linked with our Community to assist in the need for Support, Awareness and Empowerment against narcotics.

Meeting Monday Evenings at 8 pm
 Trinity Lutheran Church
 23 Church Street, New Hamburg
 Martin Luther Room (upstairs)



Beat the Blues Concert with Erick Traplin
 Sunday February 17, 2008

2-3:30 PM at Centennial Hall in Baden
FREE ADMISSION

Sponsored by Wilmot Family Resource Centre
 Call 519.662.2731 for more information.

Baden Scouting would like to thank the Baden Community for your continued support of our Pancake supper.

Special thanks to:

- ☺ Egli's Meat Market for the delicious sausage.
- ☺ Teddy's Bakery for the use of their large barbecue and warming trays
- ☺ Our Scouting parents for their lovely desserts
- ☺ To all parents/youth who assisted with set up, clean up and serving. It was greatly appreciated.

1st Baden Scouts Group Committee

*Are you interested in playing Bridge?
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Baden Minor Softball 2008 Registration

Saturday, February 23, 2008 - 10 am – 1 pm at
 Beck Hall, Beck Street, Baden.

Thursday, February 28, 2008 - 6 pm – 8 pm at
 Castle Kilbride (lower level)

Players are welcome between the ages of 4 and 19.
 All ability levels are encouraged to sign up.

Experienced coaches will teach the aspects of softball according to the developmental needs of the players.

Coaches needed as well as parent volunteers.

For further information please come to the registration or call
 Bob Bontaine at 519-634-8437 **Let's Play Ball!**

**TO ALL THE KIDS WHO SURVIVED THE
1930's, 40's, 50's, 60's and 70's!!**

Submitted by Dorothy Shantz

- ☺ We rode in the back of a pick up truck on a warm day-no seatbelts!
- ☺ We drank water from the garden hose and not from a bottle.
- ☺ We would leave home in the morning and play all day, as long as we were back when the streetlights came on. No one was able to reach us all day. And, we were O.K.
- ☺ We would spend hours building our go-carts out of scraps and then ride down the hill, only to find out we forgot the brakes. After running into the bushes a few times we learned to solve the problem.
- ☺ We did not have Playstations, Nintendo's and X-boxes. There were no video games, no 150 channels on cable, no video movies or DVD's, no surround-sound or CD's, no cell phones, no personal computers, no Internet and no chat rooms. WE HAD FRIENDS and we went outside and found them!
- ☺ We fell out of trees, got cut, broke bones and teeth and there were no lawsuits from these accidents.
- ☺ We rode bikes or walked to a friend's house and knocked on the door or rang the bell, or just walked in and talked to them.
- ☺ Little League had tryouts and not everyone made the team. Those who didn't had to learn to deal with disappointment.
- ☺ The idea of a parent bailing us out if we broke the law was unheard of. They actually sided with the law!

These generations have produced some of the best risk-takers problem solvers and inventors ever. The past 50 years have been an explosion of innovative new ideas. They had freedom, failure, success and responsibility, and they learned to deal with it all.

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Baden Branch Library News - Upcoming Library Programs and Events:



We will be celebrating **Family Literacy Day** with a region-wide **family reading challenge** which will run January 26 to February 29 at each Region of Waterloo library branch. Families are invited to read a book together, fill out a ballot, and enter a draw to win a fabulous family literacy prize pack. Families may fill out a ballot for every book that they read together (picture book, chapter book, etc.). There will be one winner selected at each branch.

The **Forest of Reading** books and book lists are here! Blue Spruce, Silver Birch, Red Maple and White Pine books are available for you to borrow. Use the library catalogue to place a hold on the book you need; or, ask library staff for assistance.

Do you like hockey? Drop by and have a look at the hockey display in the showcase featuring memorabilia from the **Kitchener Rangers**, who will be hosting the 2008 MasterCard Memorial Cup Tournament in May. And while you're here, check out our collection of hockey books.

Our **March Break** program this year will be held on Tuesday, March 11 at 3 p.m. **"Tickle Trunk Tunes"** is a presentation of music, magic and laughter! A brother-sister duo engage children and the young-at-heart with their silly antics, sing-a-long fun, dance moves and quirky magic tricks which inspire audience participation. This show is recommended for all ages. Ticket prices are \$3 each or two for \$5. **EVERYONE** who attends must have a ticket (this includes small children and adults). The New Hamburg

Branch (519-662-1112) will be having a **Reptilia** reptile show on Thursday, March 13 with two shows planned at 10:30 a.m. and 1 p.m. This show is recommended for children ages 5 and up. Get your tickets early – space is limited for all programs.

Computers for Adults at the library will be offering a spring session beginning in March. Two classes will be offered – the Confidence Builder Beginner Course and the Intermediate Course (pre-requisite: Beginner Course or equivalent). Cost is \$125 for an eight-week session. Classes fill up quickly so don't delay – come and learn something new today!

Registration for the **Storytime** spring session begins March 4. This free program is designed for children ages 3 to 5 years old to develop an appreciation of literacy in the early years. Each of the eight weekly sessions is planned around a special theme using stories, songs, games and crafts! There are two days to choose from: Tuesday afternoons from 1:45 to 2:30 p.m. or Wednesday mornings from 9:15 to 10 a.m. Storytime will begin the week of April 1.

Due to space limitations, registration is limited for ALL library programs. Call 519-634-8933 to register, or for more information.

*By Chris Baechler,
Assistant Supervisor, Baden Branch Library*

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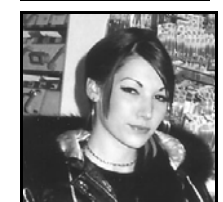
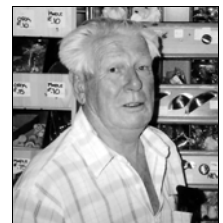
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Sunday - Closed



Baden Outlook Hockey Pool

To follow along through the season, ...



...log on to our website at www.badenoutlook.com - the pool I.D. is outlookhockey and the password is quest. Stats are updated daily on the site.

The Outlook draws the stats on the 7th of each month. To view the full list of names click at the bottom of the page.

Outlook Hockey Pool Stats

Place	Name	PTS	Place	Name	PTS
1st	Dave Schnarr	661	31st	Tyler Soehner	588
2nd	Doug Hopenavuri	651	32nd	Bob Leppington	586
3rd	Jody Pfaff	629	32nd	J Fitzgerald	586
4th	Kevin Erb	624	32nd	Jeff Chartrand	586
5th	Rick Cressman	620	35th	Caleb Ashley	584
5th	Tyler Naumann	620	35th	Gill Hall	584
7th	Chris Funston	618	35th	Isaac Roth	584
8th	Adam Jantzi	615	38th	Chris Harris	583
9th	Nathan Boronka	614	38th	Colton Holba	583
10th	Craig Bell	613	38th	Ivan Papa	583
10th	Peter Walker	613	41st	Jamie Gutzeit	582
12th	Scott Gingerich	608	41st	Quentin Martin	582
13th	Travis Gowland	607	43rd	Cheryl Erb	581
13th	Tyler Randerson	607	43rd	Graham Moore	581
15th	Marg Leppington	603	43rd	Greg Meyer	581
15th	Twiggy Cook	603	46th	Charlotte M	580
17th	Chris Murray	602	46th	Heather Dubrick	580
17th	Jake O'krafka	602	46th	Roy Blake	580
19th	Brian Cherewka	598	46th	Sharon Koenig	580
20th	Betty Ann Mohr	597	46th	Steve Kinch	580
20th	Russ Soehner	597	51st	Kyle Erb	579
20th	Samantha Simpson	597	51st	Matt Cecile	579
20th	Tate Brenner	597	51st	Paul Hammer	579
24th	Laura Flood	596	51st	Travis Bondy	579
25th	Charlie Watson	595	55th	Donna Mitchell	578
25th	Jeff Miller	595	55th	Mike Horlings	578
27th	Austin Benko	594	55th	Paul Morrison	578
28th	Bob Graham	592	58th	Chris Baechler	577
28th	Brett Fraser	592	59th	Adam Lyon	576
30th	Ron Roth	591	59th	Bonnie Dietrich	576

Congratulations to Jody Pfaff for taking the leader prize in the Hockey Pool, winning a gift certificate from EJ's of Baden.



The lucky random draw winners are **Mike Horlings**, winning a gift certificate from Egli's Meat Market, and **Tyler Soehner**, winning a breakfast from Teddy's Bakery.

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Family Day - February 18th

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Hope to see you there!



Leeanna Pendergast, MPP
Kitchener-Conestoga

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1. Give people more than they expect and do it cheerfully.
2. Marry someone you love to talk to. As you get older, their conversational skills will be as important as any other.
3. Don't believe all you hear, spend all you have or sleep all you want.
4. When you say, 'I'm sorry,' look the person in the eye.
5. Never laugh at anyone's dreams. People who don't have dreams don't have much.
6. Love deeply and passionately. You might get hurt but it's the only way to live life completely.
7. In disagreements, fight fairly. No name calling.
8. Don't judge people by their relatives.
9. When someone asks you a question you don't want to answer, smile and ask, 'Why do you want to know?'
10. Remember that great love and great achievements involve great risk.
11. Say 'bless you' when you hear someone sneeze.
12. When you lose, don't lose the lesson.
13. Remember the three R's: Respect for self; Respect for others; and Responsibility for all your actions.
14. Don't let a little dispute injure a great friendship.
15. When you realize you've made a mistake, take immediate steps to correct it.
16. Smile when picking up the phone. The caller will hear it in your voice.
17. Spend some time alone.



Submitted by E-mail

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Outlook Word Match Game

Listed below are groups of four seemingly unrelated words. Find a word that either proceeds or follows the words in each group. (Answers on page 15)
Example - depot stop ticket school
(Answer: 'bus' is the matching word.)

note	money	wall	news	_____
post	sitter	snow	rail	_____
mine	slide	farm	ho	_____
limb	maple	house	frog	_____



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Notes from the Attic - More Baden Business of the 30's

Baden in the 30's and the 40's was a thriving community with many businesses. During a recent visit to our neighbours, Mike and Norma Weiler, we were informed about these as well as some information on each company. We will share with you what we have learned.

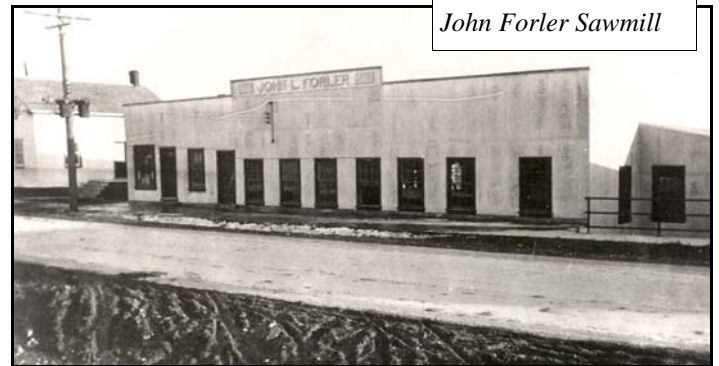
Businesses on Snyder's Road south side of the road

Sprucedale Dairy – Located at 391 Snyder's Road East (the corner of Schneller and Snyder's Road). This dairy farm was under ownership of the Schneller family from 1909 to 1943. They delivered milk door-to-door in Baden for years, first under the *Baden Dairy* name, then later as *Sprucedale Dairy*. Schneller and Baden resident, Stuart Kuhn, formed a business together called the *Baden Electric Fence Company* in 1939, which revolutionized farming practices. Schneller Drive and Court were named after the family, who owned 179 acres of property at that end of town.

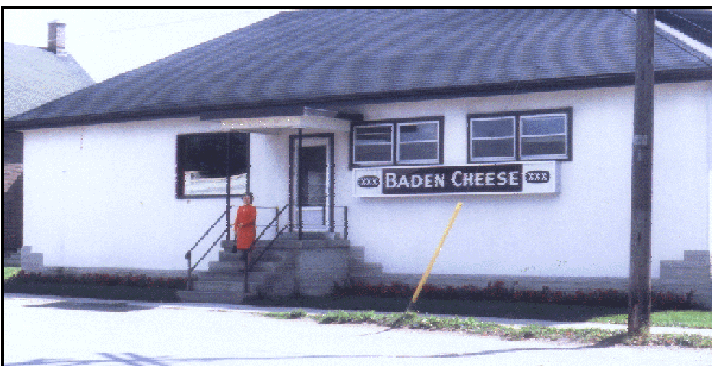
Baden Cheese Factory – Located at the Coachman's Lane complex. The building was originally the *Queen's Hotel*, which burned to the ground in the early 1900's. Noah Liebler purchased the property and built a cheese factory on the original foundation. He sold the business to Peter Gingerich in 1920 and his son Raymond Gingerich took over in January 1957. In Baden Cheese's heyday they outsold all other cheese companies including Black Diamond, Kraft and Schneider's cheese products. The Business was sold to Greg David, who was Grocery

Product Planning Manager at J.M. Schneider for 15 years, in 1975 and in turn sold to Gay Lea in the late 80's. Gay Lea used the property until the late 1990's. Baden Cheese was known for high quality cheese products, especially their XXX Limburger. Coachman's Lane was built up in early 2000 by Schout Communities.

John Forler Sawmill – Located at 125 Snyder's Road East. It was originally the *Weiler Cigar Box Factory* which burned to the ground in the late 20's. Forler ran his sawmill until the early 50's when it changed hands and became *Robb Lumber*. It was sold in the 60's and sat empty for a number of years, then to be used as storage for



John Forler Sawmill



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the *Baden Cheese Factory*. Currently, Electric Tractor operates from this building.

John Hahn Carriage Shop – Located at 115 Snyder’s Road East . John worked in carriage shops in New Dundee and Floradale before opening his business in Baden in 1896. *John Hahn’s Carriage Shop* was also a blacksmith shop which ran until and early 50’s. It was the district’s oldest carriage maker at the time. It was then used as the *Public Utilities* building (Baden Hydro) until there was an amalgamation with *Kitchener Hydro* in 1972. Half of the space was used as a garage for storing the ladder truck and the other half was used as an office. It is the current home of the Baden Public Library who built in 1985.

Kuntz General Store – Located at the corner of Brewery and Snyder’s Road (Central House). This building housed the first post office in Baden (1864) and was home to the *Masonic Lodge* (1877-1878). In the late 1800’s Henry Kuntz and his brother-in-law, William Pfeffer, became partners in the store and also opened a tailor shop. The only other store in town was the *Hunsburger Store* (Teddy’s Bakery). The Kuntz store sold a huge variety of items on two floors including paint, wallpaper, canned goods, shoes and even ducks and geese at Christmas time. Pfeffer later left and Kuntz became its sole owner. He sold it to his son, Harry, in 1933 who ran the business until his death in 1949. His wife Delilah ran the store until 1961

when it was sold. Then it became home to Meyer’s General Store, followed by Bob’s Variety (owned by Bob and Sharon Blair). It sat empty for seven years and then became The Central House Antiques and Tea Room, for three years. Today it is a residence.

Fred Sehl Tin Shop – Located at 57 Snyder’s Road – Fred Sehl (Senior), who died in 1936, opened the original tin shop in 1883. Fred Junior began working in the store in 1909 and continued the business until 1971. The business began as a tinsmith shop with hardware as a secondary line. They created such items as milk cans, wash boilers, sap containers and wash tubs. Fred lived in a home beside the Tin Shop until selling the business and house to Steinman Furniture in 1971. The building was sold to the Baden Emporium in November 1995, which closed in February 2006. During the ownership of the Emporium it had been rented to Pfenning’s Organic Store (now in St. Agatha), Pfeiffer Gallery (now in Wellesley), and currently it is home to The Olde Tin Shoppe. The upstairs was also home to the Baden Model Railway Club over the last ten years.

Walter Bechthold Motors – Walter Bechthold started working at Conrad Berg’s Chevrolet dealership which was the east side of the Baden Emporium Building in 1929. Berg, in 1931, wanted to open a dealership in New Hamburg so he sold the business to Bechthold, who was 26 years old. It was a simple service centre capable of holding two vehicles. In the late 30’s he changed from a Chevrolet to a Pontiac Dealership and he continued to sell White Rose gasoline. In 1964 they changed to an American Motors dealership and (since Shell purchased White Rose) they changed to Shell gasoline. At that time Bechthold Motors could squeeze up to 12 vehicles into the building. The business closed in 1977, then became part of Steinman’s Furniture, and on November 17,1995 it became the Baden Emporium until closing in February 2006.



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The garage in early 40s is jacked up on logs and ready to move.

Watch for the next series of Baden Businesses in the 30’s and 40’s in your next Baden Outlook.

BEWARE OF THE TAXMAN



Several schemes have been promoted in the past few years as tax saving strategies but, due to their nature, have not gone unnoticed by The Canada Revenue Agency. Let's take a look at two of them.

BUY LOW, DONATE HIGH

Buy low, sell high is good advice when dealing in stocks or real estate. It does not hold true for making charitable donations. The first version of this scheme was the notorious "art flip" in which the taxpayer purchased artworks and donated them to charities. The charities issued donation receipts for three or four times the donor's cost, so the tax refunds exceeded the costs to the donors. In the several cases that the Canada Revenue Agency took to court, the Federal Court of Appeal held that the value of the donations was limited to the amount of cash that the taxpayers paid for the artworks.

Many versions of this scheme have been promoted since. Although they may claim to have a tax shelter number, be aware that this is for identification purposes only and does not mean that The Canada Revenue Agency has approved it. In fact, participating in such a scheme guarantees an audit by the Canada Revenue Agency and will most likely lead to a reassessment, plus interest and possibly penalties. Generally, The Canada Revenue Agency reduces the amount of the gift to no more than the cash paid by the taxpayer, and in many cases it is reduced to less than that. In some cases it is reduced to nil, when the donation is not a true gift.

The fact that investors in some of these tax shelter gifting arrangements have not been reassessed should not be interpreted as The Canada Revenue Agency's acceptance of the arrangement. The Canada Revenue Agency generally has three years from the date of assessment to reassess taxpayers and these audits can take over a year to complete. So far, The Canada Revenue Agency has audited over 26,000 individuals who have participated in these tax shelters and as a result, about \$1.4 billion in claimed donations have been denied. Audits of another 70,000 taxpayers are ongoing.

There are legitimate ways of boosting your charitable giving and saving tax in the process. Stick with these and the taxman won't be on your doorstep.

TAX-FREE WITHDRAWALS FROM RRSPs AND RRIFs

There has been an increasing number of promoters offering schemes to withdraw money from your registered savings plans tax free. Promoters often promise to return part of the taxpayers investment by offshore debit or credit cards, offshore bank accounts, or loan-back arrangements. They also often offer unrealistic returns on investments. Avoid these schemes for two reasons. The full amount of any withdrawal or ineligible investment will be included in your income in the year the investment was made or the withdrawal occurred. Also, these arrangements can put your retirement savings at risk. In some cases the promoter walks away with all the funds and cannot be found. Many Canadians have lost their entire retirement savings to unscrupulous promoters by participating in such arrangements. To add insult to injury, The Canada Revenue Agency will assess your tax on the money that was withdrawn, even though you don't have it.

The old adage still applies: "If it sounds too good to be true, don't fall for it." If you are thinking of participating in one of these arrangements, get independent professional advice.

Doug Wagner, Certified Financial Planner, Dundee Private Investors Inc., New Hamburg

This article was prepared by Doug Wagner who is a Financial Advisor with Dundee Private Investors Inc., a DundeeWealth Inc. Company. This is not an official publication of DundeeWealth Inc. and the views (including any recommendations) expressed in this article are those of the author alone, and they have not been approved by, and are not necessary those of DundeeWealth Inc.

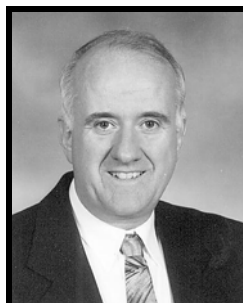
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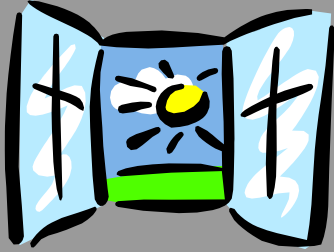
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Contact Person: Wendy von Farra - 662-3002

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Answers from Outlook
Word Match - page 11

- | | |
|----------|---------|
| 1. paper | 3. land |
| 2. fence | 4. tree |

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February and Valentine's Day are synonymous. As Valentine's Day approaches, flower shops attempt to entice the male population to their doors and to encourage a feeling of guilt in those who do not capitulate. Since ancient times flowers and romance have been linked. It was in the 17th century that the first dictionary of *The Language Of Flowers* was published. In the Victorian era, "flower language" was hugely popular. Coded love letters were sent using the symbolism given in the floral dictionary. A century ago, a poor chap would have been confronted by a profusion of confusion; the language of flowers was not easy to navigate. Florists, today have simplified the "art" of buying flowers.

Roses have always been associated with an expression of Love on Valentine's Day. But choose the wrong flower or colour, and the message conveyed would not be as intended. According to the dictionary of *The Language Of Flowers*, one might end up with a red face upon presenting the wrong flower to the female recipient.

True love was expressed with a single Rose in full bloom, which stated, "I love you" or "I still love you". A yellow rose infers jealousy. A pink rose says, "Please believe me". A dark crimson Rose says "I'm In Mourning".

But, there are other flowers that express a specific message of love. If you present your love with a

Spiderflower, it says, "Elope With Me". The red Tulip is also an expression of love, however, a yellow Tulip denotes Hopeless Love. Anemone is an expression of Unfading Love. Aster signifies Love and Daintiness.

Flowers can also convey other emotions. According to the dictionary, Aloe means grief. Amaryllis is Pride; and whom amongst us is not proud when its flower opens and displays a spectacular beauty? Chamomile represents Patience - a name aptly given since it readily reseeds by the hundreds so that years of patience are required to eradicate it. Never offer the Fig Marigold (Livingston Daisy) to another person since this indicates an Argument! Foxglove means Insincerity. On the other hand, Heliotrope with its strong perfume means Devotion or Faithfulness. Use caution before bringing Holly into the house - unless you are comfortable with the tedium of Domestic Happiness. Love-in-a-mist (Nigella) denotes Perplexity. Marigold 'Comforts the Heart'. Narcissus is the symbol of Egotism while the Orange Blossom represents Wisdom. Peony indicates Shame and Petunia - Resentment. The Sunflower is Haughty and the Sweet Pea says 'Goodbye'.

Now, armed with "The Language of Flowers" I'm off to the Florist to carefully choose a meaningful representation of my intended expression of Love.



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Nowadays there is much talk about climate change. No matter what your views on the topic, most people agree that traditional sources of energy such as oil are not only harmful to our environment, but are quickly becoming more and more scarce. Here in our cold climate, we Canadians are high-energy consumers; luckily, however, we also have vast land resources, ideal for exploring innovative energy sources such as wind.

And here in Wilmot, we are even luckier to have a group called Local Initiative for Future Energy, or L.I.F.E. (Waterloo-Wellington), a cooperative whose goal is to put wind to work -- and not just for the environment, but also for financial prosperity.

L.I.F.E. was established only a few years ago, and has already done much work toward its goals. Their web site (check it out at www.lifecoop.ca) explains that establishing a wind farm is only part of their vision, which is to "foster community investment in sustainable resources to reduce our environmental footprint." Their interests are not only to explore alternative energy sources but to find ways that these earth-friendly energies are fiscally attractive, making them much more realistic and sustainable as valid energy alternatives.

Part of their efforts include working to create a "wind park area," a section of land within which wind turbines would be effective energy producers and also profitable for their owners. Yvonne Zyma, one of L.I.F.E.'s board members, explains that they're "looking at a model where interested land owners join forces with the co-op for knowledge-sharing, planning and harmonizing the construction." For example, a few wind turbines could be erected by individual farmers, but the development costs would be shared, as would the cost of the turbine. Because L.I.F.E. is a co-op, it's the collective investment of many that will make their projects work.

The co-op model is already proving to be a successful one for L.I.F.E. Linda Laepple, another L.I.F.E. board member, explains that anyone may become a lifetime member with a small investment of \$175. "After that," she explains, "the member is expected to invest a minimum of \$250 once the offering statements are approved. At that point, members can buy shares." Currently, various business models for the co-op are being explored, but no matter what the details may be, one thing is firmly established: "In a co-op, each member gets one vote, regardless of their investment," explains Linda. "It's very transparent, and profit is shared by all."

In the meantime, the LIFE Co-op has already completed data collection at 30 and 40 metre-high towers in locations throughout the area. The next step is to conduct more testing at a greater height. A building permit has been obtained for an 80-metre tower, the tower itself has been ordered, and the site is ready for its construction. Wind data will be collected from the new 80-metre tower for a full year in order to further establish the validity of turbine construction in our area. It's a long research period, but the data already

Local Initiative for Future Energy
Co-operative Inc. (LIFE)
P.O. Box 5158, Baden ON
N3A 4J3 www.lifecoop.ca

collected from the lower towers is very encouraging.

The 55-member L.I.F.E. Co-op continues its work in many other aspects of this project. Environmental assessments, grid assessments, bird studies, and archaeological studies are only a few of the many preparations to be completed for a wind park area. But the Co-op is well-prepared to achieve success: "We have a broad range of expertise in our members," says Yvonne. "We're very fortunate."

Indeed, Wilmot Township is fortunate to have such a proactive and forward-looking group in our midst. Not only are we in the middle of innovative technology and thoughtful environmental responsibility, but also fresh investment potential. As Yvonne adds, "They say that any community-based investment like this ultimately recycles the money through the community seven times." And that's an opportunity for Wilmot's citizens -- and for the Earth -- full of promise for the future.

BIO-GAS INSTALLATIONS

Local Initiative for Future Energy Co-operative Inc. (L.I.F.E.), a renewable energy Cooperative with a growing membership based in Wilmot Township, has been allocated \$40,000 from Ag-CDI (Agricultural Co-operative Development Initiative) to study the feasibility of establishing a cluster of local bio-gas installations on farms in the Waterloo Region.

Bio-gas, also known as "green methane" or "renewable natural gas" is created through the fermentation of organic feedstock -- including manure, food processing waste or various plant life and has become big business for farmers all across Europe.

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Heritage Day 2008

Each year Wilmot Township celebrates its rich history. Heritage Wilmot is gearing up for its annual Heritage Day set to take place on February 23, 2008 at the new Wilmot Recreation Complex. The location is fitting, as the theme is *Sports, Recreation and Leisure* in Wilmot Township.

What sports were played in Wilmot? What were the favourite recreation or leisure activities from long ago? Are any continuing on today?

For more information you may contact:
Donna Hartzler 662-3978
or dhartzler@rogers.com
Tracy Loch 634-8444 or
tracy.loch@wilmot.ca

Theme: Sports, Recreation & Leisure
Date: February 23, 2008
Where: Wilmot Recreation Complex

Baden Ball Team - 1950



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Physical injury to your muscles and joints can occur with workplace, household, sporting, and recreational activities. Common mechanisms of injury include slip and fall or collision-impact type accidents, overstretching a body part, changing direction or slowing down abruptly, twisting awkwardly, or performing repetitive movements or activities. This can cause pain, stiffness, and swelling around a joint or muscle, leading to injuries known as *sprains*, *strains*, and *contusions*. Fortunately, there are steps that can be taken to minimize the effects of such injuries and help speed recovery.

A discussion regarding basic first aid for muscle and joint injuries would not be complete without first defining the difference between *sprain*, *strain*, and *contusion* injuries.

A *sprain* refers to a stretching or tearing of a ligament. Ligaments are tough bands of fibrous tissue that connect one bone to another. They help stabilize joints, preventing excessive movement. One or more ligaments can be injured at the same time. Common locations for *sprains* are the ankles, wrists, and knees.

A *strain* refers to a stretching or tearing of a muscle. This type of injury occurs when muscles suddenly and powerfully contract, or when a muscle is overstretched. This is called an acute strain. Overuse of certain muscles over time can lead to a chronic repetitive strain. *Strains* are commonly referred to as “pulled muscles”. The shoulders, forearms, low back, and leg regions are common locations for strains to occur.

Contusions are commonly called “bruises”. Skin, muscles, and bones can all sustain a bruising injury. Sprain, strain, and contusion injuries can exist on their own or in combination with each other.

Initial conservative management and first aid of such injuries should follow the **P.R.I.C.E.** principle (**P**rotection, **R**est, **I**ce, **C**ompression, **E**levation) outlined below.

PROTECTION: Immobilize the injured area to protect from further injury. This can be accomplished with the use of an elastic wrap, brace, splint or sling. Walking aids such as crutches or a cane can be useful to help you get around.

REST: To ensure proper healing, rest the injured area and avoid activities that cause pain. Do not restrict all activities completely. Other regions of your body can still be used. This will help prevent physical de-conditioning. An attempt

should be made to return to regular or modified activities as soon as possible provided it does not put you at risk of further injury.



ICE: Crushed ice, ice cubes, or snow should be molded or applied to an injury site immediately. Icing will help to reduce pain, swelling, and inflammation in the injured tissues. Ice application should not exceed 15 to 30 minutes at a time. Allow for skin temperature to return to normal before ice is reapplied. This cycle can be repeated as often as necessary within the first 48 to 72 hours. Ice should not be applied directly to the skin. Instead, a damp towel should be used to serve as a barrier between the ice and skin and act as a conductor of cold. Do not apply ice to blisters, open cuts or sores. Individuals hypersensitive to cold and those who have a circulation problem should avoid ice.

COMPRESSION: Compress the injured area with an elastic tensor bandage. This will help decrease swelling. Do not wrap the bandage too tightly as to cut off circulation. You should not feel an increase in pain with compression.

ELEVATION: Elevate the injured area (whenever possible) above the level of the heart, especially at night. Gravity helps reduce swelling by draining excess fluid.

Continue to use **P.R.I.C.E.** treatment for as long it helps you recover. With a mild injury you should experience progressive improvement within 2 to 3 days. You should gradually begin using the injured area after this time. Mild injuries usually heal completely without any residual consequence in one to four weeks. Moderate injuries usually require four to twelve weeks to heal and may require basic rehabilitative treatment and exercises. Severe injuries will take longer to heal. You should seek additional medical care under the following circumstances: obvious evidence or suspicion of a broken bone, fracture or joint dislocation; injury accompanied shortly afterwards by redness or red streaks, heat, and high fever; or a popping sound heard during the injury accompanied by a feeling of joint instability or inability to weight bear.

Physical injury to your muscles and joints can occur with workplace, household, sporting, and recreational activities. By using the **P.R.I.C.E.** principle after an injury, you can significantly reduce swelling, tissue damage, inflammation, muscle spasms, pain, and recovery time. You should contact a licensed health professional who deals in the diagnosis and treatment of muscle and joint pain if symptoms do not subside. A qualified health professional can determine the cause of your pain and prescribe appropriate therapy, exercises, and rehabilitation strategies specifically for your circumstance. For more information, visit www.nhwc.ca.

This article is a basic summary for educational purposes only. It is not intended, and should not be considered, as a replacement for consultation, diagnosis or treatment by a duly licensed health practitioner.



**New Hamburg
Wellness Centre**

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CC is a network designed to bring people of the community together to share their creative skills, to learn from each other, and to be inspired to explore other creative activities.

CC will evolve as the people of Baden and area join together, one cluster at a time, to create additional exciting opportunities to learn and grow.

HEALTHY HEARTS, HEALTHY LIVING

February is Heart month.

And Naturopathic Doctor, Stephanie Schmidt-a Baden resident who practices in St. Agatha -is here to help you promote your heart health.

Come to a very interesting session in which Stephanie will present information about heart concerns, and also will share some self-help practices to care for your heart. Whether you or a family member already are dealing with heart issues, or you are looking to prevent heart disease or stroke, you will benefit from these simple, creative home-care tips to keep yourself healthy.

Choose one of these times:
Wed., Feb. 27, 2-3 pm OR Thurs., Feb 28, 7-8 pm.
West Hills Community Centre on Snyder’s Road E.
(beside the library)

Call Stephanie to register. 519-404-3701
Everyone Welcome! Bring a neighbour. Bring a friend.

** Scrabble Club - Thursdays, 2:30 - Baden Library **
Watch the Baden Outlook for more events next month!

**CC welcomes any ideas or suggestions.
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**Anything less
is second best!**

Answers for Valentine Word Search page 5

We hope you caught our blooper - the word "sweet" is in the puzzle twice!!



T	M	X	L	V	F	F	Y	H	S	N	A	G	I	D
I	E	T	A	L	O	C	O	H	C	D	F	V	I	O
F	K	D	F	J	S	N	K	V	I	A	M	M	M	D
V	L	J	D	G	A	G	R	P	C	X	N	Y	X	J
M	X	O	N	Y	R	A	R	B	E	F	D	I	F	
J	F	W	W	P	S	C	B	H	R	N	R	F	Y	Z
J	V	A	L	E	N	T	E	N	E	I	S	Y	J	S
X	Y	L	O	C	K	E	K	E	D	M	W	R	W	Y
O	Y	C	V	A	A	S	E	J	E	E	E	J	S	
O	I	S	S	O	P	H	I	A	B	E	M	H	Z	
N	I	H	G	S	U	Q	A	R	H	T	I	G	K	
F	V	R	C	O	G	W	A	D	S	W	S	H	C	M
T	T	Y	F	F	J	L	Y	N	J	Z	F	P	B	F



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the Health & Wellness Page

The Sugar Blues

Submitted By Michael Fisher, R.N.C.P

Connecting Diabetes, Irritability, ADD, Fatigue and Hypoglycemia

One in three U.S. children born in 2000 will become diabetic. Also, ADD (Attention Deficit Disorder) and behaviour disorders are on the rise, drastically increasing with each new generation, and thus, affecting children of all ages. Many adults complain of fatigue, the "two o'clock brick wall," general irritability or depression. What we don't realize is that all of these are greatly affected by sugar, white flours, refined and artificial sweeteners.

Whole grains contain many vitamins and minerals. These vitamins and minerals are required in the metabolism of the grain, so that the food nourishes and allows the body to decide where and how to use the nourishment. White or refined grains or refined sugar are lacking in their natural vitamins and minerals. When the body metabolizes white refined flour or sugar, it is required to give up stores of vitamins and minerals, - such as B vitamins, calcium, iron, phosphorus, - from cells and bones. This means that white flour and sugar are actually "anti-nutrients", as they deplete our body of vital nutrients.

How Refined Sugar and Refined Flour Causes Deterioration of the Body

As these minerals are depleted, the body becomes acidic - oxidizing and aging our body. The body realizes this and begins craving grains and sweet foods - that, in their whole form, are naturally abundant in B vitamins and minerals, - because the body is deficient. However, when we respond to these cravings by consuming refined sugar, or refined flours (grains) we enter a destructive cycle as the body goes further into nutrient deficit, - further depleting our bones' mineral stores, potentially leading to osteoporosis, arteriosclerosis (heart disease), and high blood pressure.

How Sugar and Flour Causes Hormonal and Mental Disorders (Diabetes, ADD, etc)

Because refined grains and sugar contain few nutrients to help control their metabolism, we absorb them very quickly giving the body a high calorie, intense surge of energy. This energy must be countered with our body's hormonal system to protect itself from damage (as increased blood sugar is damaging to the body). The greater the rush of blood sugar created by refined foods, the greater the hormones required to counter it. We quickly switch from high blood sugar to low blood sugar, which gives us a feeling of exhaustion, poor mental focus, depression and irritability. Children often eat refined grains and sugar at every meal (including so-called "whole grain" breakfast cereals, "whole grain" breads and other packaged foods which are overly processed, refined and metabolize similarly to white flour products) creating this cycle three times each day. If a refined food is eaten at breakfast and lunch, for instance, then poor concentration and behaviour issues may be likely in mid-morning and mid-afternoon, between meals.

If hormones are over-stimulated for a long period of time, they begin to function poorly, which can cause further problems such as ADD, diabetes, chronic fatigue and also contribute to other hormonal difficulties such as PMS, extreme menopause symptoms, thyroid disorders, erratic testosterone levels and can make puberty an emotionally difficult time for children.

Summary

The more refined our food is, the more our body has to compensate by drawing the missing nutrients from other sources, such as our bones. Choose grains and sweeteners that are whole and relatively unadulterated, are high in vitamins (especially B vitamins) and minerals that our body naturally desires and which will help replenish the body with essential nutrients. Choosing whole foods may help regulate our hormones and energy, aiding those with focus, behaviour, irritability or depression issues, as well as diabetes. So as always, eat whole and fresh foods!

The information in this article is for educational purposes only. It is not intended to replace diagnosis or treatment by a qualified health care practitioner.

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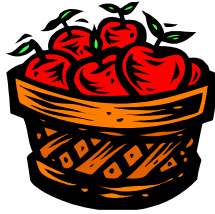
Call for reflexology appt. or training session dates



Cook's Corner

Apple Crisp

- 4-6 apples, sliced
- 1 lemon, juiced
- 1/4 cup apple juice
- 1/2 teaspoon cinnamon
- 1/2 cup oatmeal
- 1/2 cup whole-wheat flour
- 1/4 cup sesame seeds
- 1/4 cup ground nuts
- 2 tablespoons apple juice
- 2 tablespoons water
- 1/3 teaspoon sea salt



Preheat oven to 350 F. Combine oatmeal, flour, sesame seeds, nuts, cinnamon, water, lemon juice, 2 tablespoons apple juice, and salt to make a crumbly crust. Arrange half the apples in an oiled casserole dish and pour apple juice over them. Sprinkle half the crust over the apples. Make a second layer of apples and cover with remaining crust. Bake 40 minutes. Serves 6.

Adapted from Healing with Whole Foods by Paul Pitchford.



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