

DECEMBER 2022

VOLUME 23, ISSUE 5

Baden Outlook

Your Favourite Feel Good Newsletter

~ Keeping the Community Connected since 2000 ~



This paper is priceless - Please have one!



From our family to yours,

*Merry
Christmas!*

and a healthy New Year.



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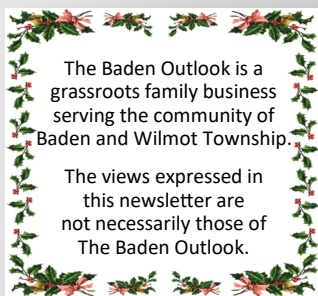
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Katie, Barry, & Pat Fisher

Check out what's happening in the paper this month:

- Barry, the linguist, pokes fun at language
- Looking back at Baden 100, 75, and 50 years ago
- All ages can have fun in the Kids' Corner
- Wayne Buck shares his knowledge of the Fox Sparrow
- Interfaith Chair is soon stepping down... learn about her position
- Sick of Christmas carols? Try carol bingo
- Miriam Schneider from Tri County Mennonite Homes shares her Christmas memories and traditions
- Gary White lends wisdom on traveling abroad with the right insurance
- Try out the Christmas Carol Emoji Code!



The Baden Outlook is a grassroots family business serving the community of Baden and Wilmot Township.

The views expressed in this newsletter are not necessarily those of The Baden Outlook.

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Greetings from Headquarters ~



With the holidays quickly approaching, life can get overwhelming. The list of to-dos feels long and we often do not have enough time to fit everything into our already hectic schedules. But does it have to be this way? Do we have to have our house FULLY decorated from top to bottom? Do we have to go all out with presents or is togetherness maybe just enough? Perhaps a simple Christmas is better for our mental and emotional health.

I was thinking about the entertainment industry and how much it has evolved over the decades. How endless options can create an overstimulated mindset. When you think back to the early 1900s, your options to watch a show would have been plays put on by touring companies when they were in town at the Baden Opera House. Eventually, there was a movie theatre downtown New Hamburg on Wilmot Street but it only had one screen in the building, so the options were quite limited.

Eventually cable television arrived but the watch options were still minimal. When I talked to my dad about this topic, his hometown, MacTier only received one TV station. He said he was quite happy still to be able to watch things on TV. Mom said in New Hamburg during her early childhood, she was able to get about ten TV stations to choose from.

Nowadays, there are too many options. I do not have cable but with Netflix, Prime Video, and Disney+; the possibilities are endless. I find when searching for a show, I spend over 40 minutes looking for the perfect option just to turn off the TV and go to bed instead. Overstimulation can make us tired, overwhelmed, and not feeling grounded. Less is sometimes best, not only around Christmas time but also with our entertainment.



Over the years it seems that I cannot get my home or my head into the spirit of Christmas until I get my nose into the December issue. How can I not get in the mood with all the festive activities and spirited advertisements and fun Christmas graphics?! And yes, my house is now decorated, although with a smaller tree and less décor.

I think the holiday season has changed over the recent years and gatherings have been smaller and fewer. I also see that some are keeping things simpler too and with the cost of all things going up in price, it's wise to stay in check with your own financial situation. The cost of food, gas, and gift giving can really stretch the budget and the January bills will surely put a damper on all that ho-ho-ho that was of December. Simply put, it is a math equation: how much money you have and how much you spend. Are we judged on the size of the gift or the amount spent on it? If you are gift giving to people dear to you, I doubt very much they will love you more or less based on the extravagance of your gift.

However, we here at the Outlook are affected by the paper shortage and the cost of supply and demand that goes with it, making our printing and production costs on the rise this past year. (It seems the chemical required to produce paper comes from Ukraine.) We are very appreciative of the advertising support we've had that enables us to continue our publication. Please shop locally and support our friends and family that work in this community.



This issue is filled with interesting reading, festive fun, and I hope it stirs your spirit. I wish you all a wonderful holiday and hope that you appreciate the simpleness of the music, festive foods, and family relationships. As you gather around the table, be sure to sit a bit longer and really enjoy one another.



...What's that? Speak Up!



It seems our vocabulary continually evolves. As research indicates, Pig Latin, which had its heyday in the 20s and 30s, was still around in the 60s, 70s, and 80s. Most of our younger readers will be thinking “so what the heck is Pig Latin” and what brings this up for conversation?! For those who are unfamiliar with the Pig Latin language, allow me to explain. Pig Latin has nothing to do with Latin. The premise is to remove the first one or two consonants and add it to the end of the word followed by “ay”. As an example, “Sorry” would be “orry-say” or “Baden” would be “Aden-Bay”.

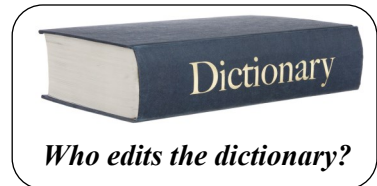
There are two semi-popular words that are still used somewhat today – Ix-Nay and Amscray (Nix and Scram). I do recall playing with this silly chatter as a kid.

Of course, we have elevated from those early times. Snoop Dogg had developed his own form of language which caught on with youth in the 90s. The language originated from the California rapper *E-40*, who is often credited with the “izzle” suffix. Snoop Dogg popularized the term with his dialect. Replace the last syllable of any word with the suffix “-izzle” in order to use the well-known Snoop speak - “fo shizzle”. Of course, this means “for sure”. Yup, more craziness!



Futurama was a popular TV show which created its own language entitled “Alieneise”. This was a series of symbols that fans felt was a real coded message-and it was! The producers realized this potential marketing tool and made the language more difficult to break. It started as a basic one character = one letter in our alphabet. Klingon was introduced through *Star Trek* and further popularized by the *Simpsons* and *The Big Bang Theory*. There is a Klingon Dictionary and a Klingon Institute. I never watched a lot of *Star Trek*, so I am not familiar with that form of parlance. I have no examples of Klingon, but it would make a great commercial for Static Free.

There are many other varieties of dialect. One example is Jive, which was popular in the 40s, but stayed popular in areas such as Harlem. Even Elmer Fudd created his own dialect on the morning cartoons and Redneck, which is another regional dialect, is more popular in the southern states, although there are pockets here in Canada.



I loaded the following statement on the Dialectizer website platform “**I am so happy to live in Wilmot Township and look forward to seeing what our new council can accomplish in the next four years**” and here are the conversions that were created.

Jive - “I's gots'ta be so's happy t'live in Wilmot Township and look fo'ward t'seein' whut our new council kin accomplish in de next foe years”.

Elmer Fudd - I am so happy to wiv in Wiwmot Township and wook fowward to seeing what ouw new counciw can accompwish in the next foww yeaws. Oh, dat scwewy wabbit!

Redneck - I's gots'ta be so's happy t'live in Wilmot Township and look fo'ward t'seein' whut our new council kin accomplish in de next foe years.



Now onto modern language and I am not talking verbal language—LOL. To make any sense of the following new-age chatter, see the text conversions in the side bar, relating to the conversation below.



FYI, I am talking about texting dialog. IMO this is the start of the decimation of the English language, similar to cursive writing, and this is HIFW I think of the short form language. JK, but habits are hard to break when we get used to using these short forms TBH or it could be NBD. I guess I am a little old fashioned so my POV ATM is NP. YNK this style of writing might catch on. TTFN.

Text-speak conversion chart in order of usage. LOL (laugh out loud), FYI (for your information), IMO (in my opinion), HIFW (how I feel when), JK (just kidding), TBH (to be honest), NBD (no big deal), POV (Point of View), ATM (at the moment), NP(no problem), YNK (you never know), TTFN (tata for now).



Ho-Ho-Ho! Have a very merry Christmas! Until next year, Ed

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Mon - Wed 9:00 am - 5:00 pm
 Thu - Fri* 9:00 am - 6:00 pm
 Saturdays 10:00 am - 1:00 pm



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ALL THINGS SCRAMBLED

Within each category the words are jumbled up.
 Can you unscramble them? Answers on page 32

Popular TV Shows Past and Present

- DEWSE _ _ _ _ _
- RAZOK _ _ _ _ _
- SUSIT _ _ _ _ _
- SHOEU _ _ _ _ _
- FOFIEC _ _ _ _ _
- RENDSIF _ _ _ _ _
- FLEDSINE _ _ _ _ _
- RATSTERK _ _ _ _ _
- MISPONSS _ _ _ _ _
- PROSSANO _ _ _ _ _

Famous NHL Players

- ROR _ _ _
- WHOE _ _ _ _ _
- LULH _ _ _ _ _
- SIKCA _ _ _ _ _
- BROSYC _ _ _ _ _
- FEYFOC _ _ _ _ _
- RULEFAL _ _ _ _ _
- REGZKYT _ _ _ _ _
- MILEXEU _ _ _ _ _
- DARHCIR _ _ _ _ _

Keeping the Community Connected!

Baden Community Association New Year's Eve Children's Party

E.J.'S THE BADEN HOTEL
DECEMBER 31, 2022
4 PM - 7 PM

TICKETS ON SALE NOW
CHILDREN - \$20
ADULT (12+) - \$25
EMAIL: NEWYEARS@BADEN.CA

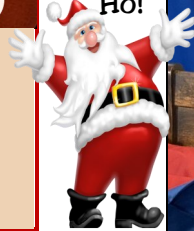
Your kids will love this event with the great party decorations, kid friendly meal and loads of fun, music and dancing with Erick Traplin!



The Baden Community Association and the Lambert Group hosted a wonderful Christmas experience on Saturday, December 4th. Thank you to all who contributed to the food and toy drive!



Ho!
Ho!
Ho!



2022 Year in Review

2022 was a great year for Baden and Wilmot Township. We love giving back to this amazing community, and we were thrilled to be able to sponsor community events to connect with you in person this year.

The New Hamburg Fall Fair returned this year after a 2 year hiatus. This year's edition set new attendance records, and brought an energy to the community that has been sorely missed. A huge thank you is in order for the organizers, sponsors, and community for supporting the event. We are already looking forward to sponsoring the event next year!



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To celebrate the end of school in June, and the start of school in September, we teamed up with the Tastes Moreish food truck for ice cream and other sweet snacks. We are always blown away by this event's turnout, so thank you Baden!

We also held our annual Meet Santa event in December, this year in collaboration with the Baden Community Association! Our friends at New Transitions Wellness & Psychotherapy joined in to sponsor the hot chocolate and coffee bar. This event keeps growing, so be on the lookout for what next year's edition will have in store!

Most importantly, we were able to help 16 families move in the town of Baden, which is 4 times more than any other Realtor. Thank you for a successful year, we can't wait to see you all again in 2023. Have a great holiday season, and a happy New Year!

“

Amazing... Awesome... Available!!!

Jon and the entire Lambert team are fantastic! We were always well informed and advised of information in the short time that our home was on the market. Much appreciated their efforts, guidance, and we HIGHLY recommend this incredible team!

-Doug and Cathy B.

Checking out the Baden Library



We are so glad to be welcoming you back to the Baden Library. As of press time, we do not have an exact re-opening date but we promise it will be very soon! Please continue to check our website at rwlibrary.ca for updates regarding re-opening of the library. Holds for Baden patrons are currently available for pick-up at the New Hamburg Library. Alternatively, you may contact our Ask a Librarian service at 226-478-8030 or by email at askrwl@regionofwaterloo.ca to suspend your holds until Baden re-opens.

To show our appreciation for your patience through the road construction and our extended closure, and to welcome everyone back and say "THANKS" - we are having exciting draws for baskets filled with a variety of items (including from local businesses). With each visit to the branch, you will receive one ballot to be entered into the draw of your choice. The draws will take place in the new year.

Library Hours

Monday	10 a.m. – 5 p.m.
Tuesday	1 p.m. – 8 p.m.
Wednesday	1 p.m. - 8 p.m.
Thursday	10 a.m. – 8 p.m.
Friday	Closed
Saturday	10 a.m. – 2 p.m.
Sunday	Closed



Holiday Hours

All Region of Waterloo Library branches will be closed on Monday, December 26 and Tuesday, December 27. Regular library hours will remain on Saturday, December 24 and Wednesday, December 28 through Saturday December 31.

Magazine Sale 2023

Our annual sale will run from January 2 - 31. Purchase previously enjoyed magazines for 25 cents each or five for \$1.

FREE in-person AND virtual programs with Region of Waterloo Libraries:

January Events

- **Popcorn Theatre Movie Day @ Baden Branch** - Thursday, January 5 @ 10:30 a.m.

Enjoy a movie over the holidays. Popcorn included. An adult must accompany children under 5 years old. Children 9 and under must have a caregiver (12 years or older) remain in the library during the movie. Pre-registration is required due to space.

- **Ready Set Go Kindergarten @ the Baden Branch** - Tuesdays, January 10, 17, 24 & 31 from 10:30 - 11:30 a.m.

A special program for 3-to-4-year-olds entering Kindergarten in the fall of 2023. Help your child build literacy, math, and social skills. Caregivers join us during the last part of the program to explore hands on learning centres with the children. Pre-registration is required due to space.

Watch for **Winter 2023 programs registration** starting **Friday, December 9th**!



Scan to see our full Events Calendar, and to register for our programs.



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\$100,000 OTF Grant Helps Hidden Acres Keep Its Doors Open During the Pandemic



On Friday, December 2, members of the Hidden Acres Mennonite Camp and Retreat Centre met with MPP Matthew Rae and spoke about the impact that their \$100,000 Community Building Fund grant from the Government of Ontario and the Ontario

Trillium Foundation (OTF) has had. The grant was awarded a year ago and has been instrumental in helping the camp navigate the challenges brought on by the pandemic and helped keep its doors open.

"It was great to see an organization like Hidden Acres receive this funding," said Matthew Rae, MPP for Perth-Wellington. "It allowed them to keep their doors open and continue serving our children at a crucial time. I congratulate Hidden Acres on receiving this funding and thank them for the important work they do."

This Community Building Fund grant was designed to help non-profits with key operational costs. It has helped Hidden Acres cover overhead costs like hydro and other utilities. It was able to purchase PPE and other equipment used to keep its facilities clean and safe as well as making upgrades to its septic system and purchase office equipment.

"The support of the Ontario Trillium Foundation through the Community Building Fund grant cannot be underestimated," said Chris Pot, Executive Director of the camp. "This grant has allowed us to keep our doors open and ready to welcome back campers and guest groups as well as keep our facilities operating smoothly."

To learn more about Hidden Acres Mennonite Camp and Retreat Centre, please visit the website at: www.hiddenacres.ca



Left to right, are Matthew Rae (MPP for Perth-Wellington), Chris Pot (Executive Director at Hidden Acres Mennonite Camp), Sandy Poole (President of the Board of Directors for Hidden Acres Mennonite Camp).

Hanukkah Facts

- * Hanukkah is a Jewish celebration also known as the Festival of Lights during the darkest time of year. The lighting of the menorah is probably the most well-known tradition.
- * A menorah has nine tall candles. Four candles can be seen on either side and one in the middle which sits higher to light all the others. One additional candle gets lit each day of Hanukkah.
- * This holiday is a celebration of the Maccabees, an army of Jewish rebels, who revolted against the Syrian-Greek army and reclaimed their temple.
- * Hanukkah lasts for eight nights in ode to the oil that miraculously burned for eight days during the rededication of the Second Temple in Jerusalem.
- * Hanukkah can be spelled in numerous ways. Since there is no direct translation to create the Hebrew sounds to English, it can be seen as Hanukkah, Hannuka, or Chanukah.
- * The dreidel game is a fun tradition often played during the celebration. Each player has equal number of game pieces (which can be any object like pennies, raisins, chocolate coins, etc.). The dreidel has one Hebrew letter printed on each four sides that gives direction on whether a player is to add or take pieces from the pot. If a player is out of pieces, they are out of the game.
- * Fried foods are often enjoyed during the celebration representing the oil that burned for 8 days. Latkes, apple fritters, and jelly donuts are popular treats at Hanukkah.



Teenage me:

Mom stop calling me. I am busy. Leave me alone.



Adult me:

Hi mom. Stop ignoring my calls. I know we Face Timed 15 minutes ago but I'm calling to let you know that it's raining here and that I just drank an iced coffee... ok I'll call you back in 7 minutes!

We're on the Web!

Read the paper in colour on-line, at www.badenoutlook.com

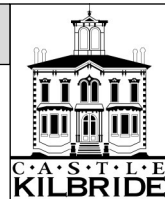


Photo: David and Claire Doering enjoying a sleigh ride in Wilmot Township c.1900 from the Township of Wilmot Archives

100 YEARS AGO

December 1922

The “new” bridge on the road leading to Baden and New Hamburg is nearing completion. It is expected to be open to traffic by New Years.

December 12, 1922 - A blizzard hits Baden and surrounding area, with the temperature hovering around 0°. The weather improves throughout the week and one individual comment that “a little more snow would make excellent sleighing!”



Photo: Harley Herner of Baden driving the Dominion Linseed Oil Truck early 1940s. The main office building pictured here was on Charles Street in Baden.

75 YEARS AGO

December 1947

The Dominion Linseed Oil Co. Mill halts operations temporarily as the company awaits the equipment required to complete the new addition to the plant. Harry P. Livingston, general manager of the company, states that the plant can be expected to resume operation around mid-January. In the meantime, almost 80 employees have been laid off, with only 10-12 maintenance staff remaining. Several of the employees are able to obtain employment at the Hahn Brass Co. in New Hamburg, but many remain temporarily unemployed. This has a significant impact on the community, as the Dominion Linseed Oil Co. is a primary industry in Baden and employs approximately 100 local men.

December 19, 1947 - The Girl Guides of Baden held a well-rehearsed Christmas program at the Livingston Presbyterian Church.

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presents		
YE OLE DRAMA FESTIVAL		
Dec. 8th and 9th at 8:00 p.m.		
Adults	Students	Children
\$1.50	\$1.00	\$.50

50 YEARS AGO

December 1972

Waterloo-Oxford Secondary School presented “Ye Ole Drama Festival” on December 8th & 9th, 1972. Cost was \$1.50 for adults, \$1.00 for students and .50 cents for children.



Happy Holidays!

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Holiday Hours: Christmas Eve - open until 4 p.m.
Closed Christmas Day, Boxing Day, and New Year's Day
New Year's Eve - Private kids party ticketed event with BCA
Have a safe and happy holiday ~ from the EJ's team!





HERITAGE WILMOT

Our community is rich with history. Here are just a few of the cool facts found on Wilmot Township website brought to you by the Wilmot Heritage Committee!
For more info, visit www.wilmot.ca/en/things-to-do/heritage-wilmot.aspx

The names of Wilmot communities provide great insight into the pioneers who settled them. We can connect with where they were from, whom they were, and in at least one instance, the industries therein established.

Heritage settlement signage can be found throughout Wilmot Township in Holland Mills, Josephsburg, New Prussia, Pinehill, Punkeydoodle's Corner, Rosebank, Victoriaburg, and Waldau. These brown and gold signs acknowledge our pioneer settlement areas.

Heritage Wilmot will be featuring an Indigenous Landscapes talk at their Heritage Day Wed. Feb. 22 at the Wilmot Rec Complex

Baden

The village of Baden founded and established in 1855, was originally named Weissenburg after an old bachelor living in the area. Jacob Beck, born in the Grand Duchy of Baden-Baden, Germany, settled in the village and later renamed Baden in 1854. Baden was also the birthplace of Sir Adam Beck, founder of Ontario's public hydro-electric system.

St. Agatha

Originally settled by Amish Mennonites and then by Roman Catholics and Lutherans from Alsace-Lorraine. It is believed the village of St. Agatha was first referred to as "Wilmot." Later, the village appears to have taken its name from the church. This village is the historic centre of Catholicism in Waterloo Region.

Shingletown

Shingletown, a small crossroads settlement, was originally known as Victoriaburg, likely named for Queen Victoria. Because of the village's popular shingle industry (1852-1882), it was commonly named "Schindlesteddle" or "Shingletown."

New Hamburg

In 1830, this town was established by William Scott. The earliest settlement of the village almost floundered when an epidemic of Asiatic cholera struck the area about 1834. In the late 1830s, German settlers presumably changed the name of the village of Cassel to Hamburg. The name was later changed to New Hamburg. Today, the downtown core of New Hamburg boasts a designated Heritage Conservation District.

From our
Homes to
yours, we hope
you have a
happy holiday
season and a
prosperous
New Year!



Happy Holidays!

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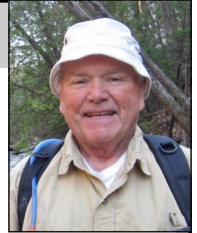
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Baden Birding ~ The Fox Sparrow

By Wayne Buck



Around the middle of November 2022, our weather turned colder, and we received a large dump of snow; the most so far this season. The snow brought a great influx of birds to our feeder: Northern Juncos, Chickadees, Tree Sparrows, Goldfinches. One day we noticed a bird on the feeder that looked and acted differently. It was noticeably larger than the Juncos and Goldfinches, and as it turned toward me, I could see that instead of the almost clear breast like a Tree Sparrow, it had a heavily striped breast. Then, I noticed its tail which was slightly longer. And instead of the brown or grey tail of a Tree Sparrow, its tail was reddish brown. Instead of hopping or running like a Tree Sparrow, it scratched in the leaf litter with its feet, rather like a chicken, throwing the leaves and other debris backwards behind it, then searching for any interesting food items it had uncovered. This was clearly NOT a Tree Sparrow, being about three times the size. A check of our *Peterson Bird Field Guide* revealed that it was a FOX SPARROW; a species I had seen only a few times previously. We saw it again the next day so I started putting some mixed seed on the ground under the feeder where the FOSP liked to forage. A couple of days later we saw not one but four FOSP scratching away happily. At this writing on the 23rd of November, we still have a couple of FOSP.

This is not a bird that you would expect to find nesting in Baden or Wilmot. The range map in the Peterson guide revealed that it occasionally winters in the Great Lakes region but more often migrates to the southern

U.S.A. Their breeding grounds are spread within the northern forested areas from coast to coast across Canada around the latitude of Hudson and James Bay and south in the mountains in Alberta and British Columbia. It is usually found on the ground under dense thickets, scratching busily with both feet in the leaf-litter. On its breeding grounds, it gives a beautifully clear whistled song. The bird's name refers to the bright foxy-red color of the most eastern and northern populations.

The nest site is often on ground under dense cover of low shrubs. Sometimes they nest up in shrubs or low trees, rarely more than 8' above ground. Nests (probably built by the female) are an open cup made of grass, weeds and moss, lined with fine dry grass. Nests built above ground are usually larger and bulkier, with more twigs used in outer walls. Their food consists mostly of seeds and insects, but during the breeding season they consume many more insects, including beetles, flies, true bugs, and others, also spiders and millipedes; these being higher in protein for the growth of their new feathers and the fledgling young. The majority of their diet in other seasons consists of seeds, mainly of weeds, berries, and grasses.

We're hoping they stay around all winter but only time will tell.



Baden Birding Sponsored by:



Hours: Monday—Friday 8-5,
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I can honestly say that the most meaningful volunteer position I've held is as Chair of the Board of Directors at Interfaith Counselling Centre (ICC). My own struggles with mental health have made me passionate about increasing awareness and ensuring Wilmot Township and surrounding areas have accessible, affordable, professional counselling services. I'm proud to be involved with ICC, knowing our services help people build resilience, resolve conflict, strengthen relationships, loosen addictions, defeat depression, and ultimately empower them to triumph over life's challenges.

ICC is a member of the Waterloo Regional Counselling Collaborative and Family Services Ontario, which helps our rural agency stay current in therapy techniques, and ensures our clients have access to specialized services across the region. Within the Collaborative, we connect with other rural agencies to ensure our unique needs are voiced and considered at a regional level. The last few years have seen an increased wait time in many counselling offices, but ICC takes pride in maintaining the goal of seeing clients within two to three weeks. Where urgent need arises, we can and have responded within days. We also continue to provide subsidized counselling, as we believe financial restrictions should not be a barrier to getting the help that is needed.

We have very close ties in our community and have been supporting local businesses through our employee assistance program. A recently developed congregational assistance program will be offered to churches in our service area. I personally find it very gratifying that ICC is able to support high school students, as the emerging challenges of social media and cultural trends impose additional stress on young people.

It's been heartwarming to see our local businesses, churches, and families consistently and generously donate to ICC. As a non-for-profit organization that is very susceptible to the Ontario Government funding fluctuations for mental health, we rely on local funding.

We take comfort in knowing our community understands the importance of the work we do as they continue to support our mission. Community support helped ICC provide over 4000 hours of counselling in 2021, serving 1,223 individuals and 40% of the counselling hours were partially or fully subsidized.

With a recently refreshed strategic plan, ICC's focus is on revitalizing its service offerings and creating a sustainability plan to ensure we are here to support future generations. Our fundraising committee partnered with the Rotary Club to develop our calendars, and we continue to raise funds through our silent auction in the spring. This fall we're launching a new "Give the Gift of Mental Health" campaign.

As I near the end of my term on the Board, we are seeking a passionate individual in our community to lead the Board in directing and protecting the vital services we provide. If you would be interested in the position or to learn more about this opportunity, please contact Valerie Troy, Human Resources Committee Lead at vtroy2005@gmail.com.



Sincerely, Debb Hoffman

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The Spirit of Hockey Still Alive in Wilmot as They Celebrate Seventy Years

Junior hockey in New Hamburg has a long and storied past and will be celebrated on Saturday January 7th. The Firebirds Junior "C" hockey team has invited all former players, coaching staff, and executives to join in with the festivities which include a time for a meet and greet and a Firebirds game against the Paris Mounties.

The original New Hamburg arena, which was located at the current arena site on Jacob Street was built in 1905, then burned to the ground in 1947. Citizens approached the township council in hopes of them offering to build a new arena. The funds were not available so a group of citizens purchased material originally from an aircraft hanger from Jarvis, Ontario, and spent many weekends taking it apart, which was transported to New Hamburg, by C L Roth Trucking. Volunteers helped build the arena, and the building was ready to go in January 1950 and so was minor hockey.

The first New Hamburg Junior "D" hockey team was formed in the 1952-53 season and they were sponsored by the New Hamburg Legion - hence their name the "New Hamburg Juniors". The Legion was team sponsor until 1956. Intermediate hockey, with teams such as the Philipsburg Chevs, were the only option for senior hockey in Wilmot at that time. The new junior team had a terrible start of the season but managed to capture the Western Ontario Junior title over a team from Mount Forest and were also all Ontario finalists. One notable mention about that time was that in 1956 the Montreal Canadiens took over as sponsor and sent many of their imported players to create a stacked team.

In 1957 the sponsorship changed hands as CL Roth trucking, whose primary focus was hauling livestock, assumed sponsorship and the team changed their name to the New Hamburg CL Roth's. The team went on to win a championship in the 1960-61 season over a team from Southampton and also All Ontario Champs. CL Roth remained as the team sponsor from 1957 to 1960.

At the beginning of the 1960 season the name changed again to the New Hamburg Hahns, as Hahn Brass became their main sponsor. That name stayed with the team until 1983. The New Hamburg Hahns won

three straight Western Championship titles from 1967 - 69, and also 1975. Some of their more memorable years were 1962-63 All Ontario Champs defeating Napenee, and in 1963-64 they were All Ontario Champs defeating Parry Sound. In total they won 6 Championships. From 1978 to 1982 the Hahns moved up to the Junior "B" level, but later returned back to Junior "C".

In 1983 the team was shifting back to Junior "C" and they felt it was time for a name change, so a contest was held. Two names were selected "Spirit" and "83", so the official name became Spirit 83—they won the Niagara District 1989-90 and 90-91. That name stayed until 1997, when Hanson Chev/Olds stepped up as a sponsor. The new name became the Firebirds which remains today. The Firebirds won their district three times—2010-11, 2011-12 and 2021- 22.

The New Hamburg Hahns teams were the "hey days" of New Hamburg Junior hockey sometimes drawing 2500 people to watch the playoff games in the old arena. The Firebirds still attract a lot of fans with the close proximity of their competitors such as Tavistock, Wellesley, and Woodstock and their recent playoff run- it has rekindled interest in Junior Hockey!



Sat. Jan. 7 2023

Sat. Jan. 7 2023

Hospitality Room
Open 4:00pm - 10:00pm

- Food
- Cash Bar
- Memorabilia

Opening Ceremony
7:10
Firebirds Game
vs Paris Mounties
7:30

Celebrating 70 years of Junior Hockey.

The Firebirds are planning on holding a special event on Saturday January 7, 2023 to commemorate 70 continuous years of junior hockey in New Hamburg.

Former alumni, staff, executives and fans are all invited to join the festivities to reminisce and share their junior hockey memories.

For more Information Please contact
Bryan.pfaff@rogers.com or 519-662-4444

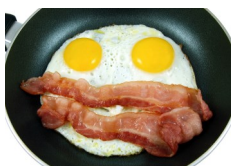


You Must Be Joking!!



A transport truck driver stopped at the Truck Stop Café and placed his order. He said, "I want three flat tires, a pair of headlights, and a pair of running boards." The brand new server did not want to appear stupid, went to the kitchen and said to the cook, "This guy out there just ordered three flat tires, a pair of headlights, and a pair of running boards... what does he think this place is, an auto parts store?"

"No," said the cook. "Three flat tires mean three pancakes; a pair of headlights is two eggs sunny side up; and a pair of running boards are two slices of crisp bacon!"



"Oh... okay!" said the server. She thought about it for a moment and then spooned up a bowl of baked beans and gave it to the customer.

The trucker asked, "What are the beans for?" She replied, "I thought while you were waiting for the flat tires, headlights, and running boards... you might as well fill up on gas!"



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United States of America Quiz ~ How well do you know your American states? Listed below are the first letter of each American state (not including territories). Let's see if you can name them all. Good luck!

A _____
 A _____
 A _____
 A _____
 C _____
 C _____
 C _____
 D _____
 F _____
 G _____
 H _____
 I _____
 I _____
 I _____
 I _____
 K _____
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 P _____
 R _____
 S _____
 S _____
 T _____
 T _____
 U _____
 V _____
 V _____
 W _____
 W _____
 W _____
 W _____

Answers on page 32



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From time to time, I hear someone tell me they purchased travel insurance without a Stability of Health clause. In other words, no pre-existing conditions limitation. Usually, they will tell me they have several medical conditions and feel pretty smart that they were able to get travel insurance with no pre-ex to worry about.

A no pre-ex policy may sound great but it comes with a word of caution. At the time of purchase, you MUST declare ALL your medical history no matter how insignificant you might feel some of that history actually is. Should you have an out of country medical emergency claim, the insurance company is going to pull your OHIP records and go back five years to see if you forgot to declare something. If they find that you were remis in declaring something, your claim may be denied even if your claim had nothing to do with that old medical history you had forgot about.

So, how do you safe-guard against that happening? Ask your family physician for a copy of your medical file for the past five years. Likely, there will be a fee for this; however, it's the one sure way of not having your out of country claim denied because you didn't declare everything properly.

Moving on, Top-Up Travel Insurance is another topic worth talking about because it, too, has its pitfalls.

Some winter travelers will have group insurance, retiree plans, credit card travel insurance or individual health plans that may have 15, 30 or 60 days out of country coverage included. If you are going to be on vacation for a period longer than what your policy allows, it seems logical to simply purchase Top-Up insurance for the remaining days of your trip. So, what is the problem with this you might ask?

Well, let's suppose you have an out of country medical emergency claim while insured under your first policy and let's suppose further that this same medical emergency reoccurs while insured under your Top-Up travel insurance policy. The insurance company representing the Top-Up insurance will deny your claim based on the fact that this would be considered a pre-existing condition under their policy.

You may find that purchasing Top-Up travel insurance turns out to be slightly more expensive than simply taking a single trip policy. The bigger concern though may be the risk you are taking in possibly having a recurring claim that could be denied under a Top-Up policy. So, once again, buyer beware!

Next month, I will share with you some tips to a smoother Trip Cancellation / Interruption Claim.





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The Baden Outlook Continues to Travel - Safe Travels in 2023!

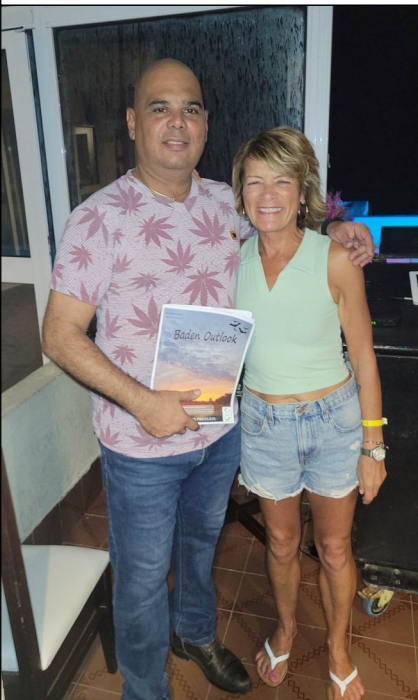


Farewell.
See you
next time.

Kimberly Keller took her copy of the Baden Outlook to New Zealand and Brisbane, Australia. She visited her sister, Kathy Burgess, and waited for the arrival of her great nephew! She made some new friends on her travels who enjoyed how far the Outlook travels!



Deb Vinski returns to her favourite place at Los Delfines in Varadero, Cuba where she shares her Baden Outlook with disc jockey and animation tech DJ Machi.



Have Dreams Will Travel



Dorothy and Andy Wilson along with Janet and Don Worthington took their Baden Outlook on vacation —overlooking the Bagaduce River, Maine.

Don't forget to take your copy of the Baden Outlook on vacation with you! Email us with your name, where you have travelled, and a photograph! badenoutlook@hotmail.com

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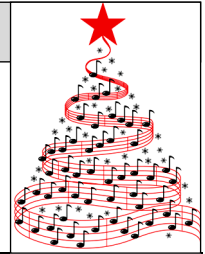
MERRY CHRISTMAS

AND A HAPPY NEW YEAR



— We look forward to helping you book your dream vacation for 2023

CHRISTMAS CAROL BINGO



It's a wonderful time of year for Christmas carols, but as the shopping season begins so early many feel that the carols and holiday songs are often overplayed. To help relish these repetitive joyful songs, we hope our Christmas Carol Bingo will boost the fun during your holidays. Share these bingo cards, then simply cross off a song as you hear it! First person to fill in three lines, wins!

All I Want For Christmas	We Three Kings	Little Drummer Boy	Silent Night	Last Christmas
O Christmas Tree	Jingle Bell Rock	Mary's Boy Child	Do They Know it's Christmas?	The First Noel
Do You Hear What I Hear	Santa Baby	FREE	Frosty the Snowman	12 Days of Christmas
O Come, All Ye Faithful	Rudolph the Red-Nosed Reindeer	Feliz Navidad	Let it Snow, Let it Snow, Let it Snow	Jingle Bells
Deck the Halls	The Chipmunk Song	I Saw Three Ships	O Holy Night	Joy to the World

White Christmas	Silent Night	Sleigh Ride	Mary, Did You Know?	Frosty the Snowman
Little Drummer Boy	Frosty the Snowman	Happy Xmas (War is Over)	Last Christmas	You're a Mean One Mr. Grinch
Deck the Halls	Have Yourself a Merry Little Christmas	FREE	Feliz Navidad	Blue Christmas
Driving Home For Christmas	All I Want For Christmas	Jingle Bells	Santa Baby	Mary's Boy Child
Rockin' Around the Christmas Tree	Santa Claus is Coming to Town	O Christmas Tree	Mary's Boy Child	Let it Snow, Let it Snow, Let it Snow

You Must Be Joking!!



These Wise Guys are Quick on Their Feet

Wise Guy #1

At mealtime during an airline flight, the flight attendant asked John, "Would you like dinner?" "What are my choices?" John asked. "Yes or no," she replied.

Wise Guy #2

A lady was picking through the frozen turkeys at the grocery store, but she couldn't find one big enough for her family. She asked a stock boy, "Do these turkeys get any bigger?" The stock boy replied, "No ma'am, they're dead."

Wise Guy #3

The police officer got out of his car as the kid who was stopped for speeding rolled down his window. "I've been waiting for you all day," the officer said. The kid replied, "Yeah, well I got here as fast as I could." When the cop finally stopped laughing, he sent the kid on his way without a ticket.



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Make an Emergency Plan that includes:

- Safe exits from your home and neighbourhood.
- Meeting places to reunite with family or friends.
- Designated person to pick up children should you be unavailable.
- Contact persons close-by and out-of-town.
- Health and insurance information.
- Places for your pet to stay.
- Location of your fire extinguisher, water valve, electrical panel, gas valve, and floor drain.
- A ready to go emergency kit. It is important to be self-reliant for at least 3 days immediately after or during an emergency.

To make your personal emergency plan go to <https://www.getprepared.gc.ca/cnt/plns/mk-pln-en.aspx>

Local youth are joining the Nith Valley EcoBoosters as a way to make an impact in their community. The new NVEB Youth Advocates group gives local youth the opportunity to help support schools in Wilmot and Wellesley Townships to take action in response to climate change. You can help local schools and the community to become climate change leaders and get volunteer hours at the same time! Go to <https://nvecoboosters.com/Youth-Advocates/> for more information.

Our next NVEB general monthly meeting will be held at 7:00PM on Wednesday, January 25th, 2023 (no meeting in December 2022). Please contact us via email: nvecoboosters@gmail.com or call 519-662-9372 if you would like to participate in this "Zoom" meeting. Don't wait. Help our communities. Help our environment.

NUGGETS OF WISDOM

- * Forgiveness is liberating.
- * Everything in moderation.
- * Success gives confidence.
- * Tell yourself the truth.
- * Be careful what you give your live to. Inanimate things cannot return love.
- * Learn early in life to give a genuine apology. It is a skill you will often find useful.
- * Sometimes by speaking less we can say more.
- * Never laugh at the misfortune or calamity of another person.
- * Try following the advice you give to others.
- * In everything a good attitude makes a difference.

.... Submitted by TSQP



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Community Corner ~ Check Out What's Going On!

Calendar Fundraiser November Winners



Congratulations Winners!

Erin Moreau \$50 Gift Certificate to Oak Grove Cheese
 Bonnie Long \$50 Gift Certificate to NH Home Hardware
 Maggie McElligott \$50 Gift Certificate to Kathie Jordan Designs
 Ray Straus \$50 Gift Certificate to EJ's of Baden

Welcome to Puzzle Season!



Are you a jigsaw puzzle fan? Susan Hammer, of New Hamburg, is accepting your gently used puzzles as donation and reselling them to generate funds for local charities. If you would like to donate or buy some puzzles, check out Jigsaw Puzzle Alley on Facebook.

Give the Gift of Mental Health

The number of people in need of counselling support continues to grow. **INTERFAITH COUNSELLING CENTRE** believes that financial resources should not limit emotional assistance. Your assistance will help change a life in our community

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The Empty Chair

*This year when Christmas boughs are draped
And cards around the doorway taped
And cookies baked, and green wreaths hung
And carols in the crisp night sung
This Christmas cannot be as fair
In homes where there's an empty chair.*

*Dear God in Heaven, bless with peace
Those whose Christmas joy has ceased
For those who grieve and cannot bear
The stillness of that empty chair.*



*Instill in them a second sight
To see in death a lasting light
Which reassures that those who've died
Now kneel before the manger side
To celebrate the blessed birth
More grandly than we can on earth.*



*And may those visions of your care
Bring hope enough to fill that chair
So Christmas carols may be sung
And Christmas bells may still be rung
And Christmas peace replace all fears
And Christmas joy be felt through tears.*

Christmas Quiz

Test your knowledge of Christmas facts.
Answers on page 32.

1. In which country did eggnog originate?
2. How many of Rudolph's fellow reindeers' names start with 'D'?
3. If you're born on Christmas day, what's your star sign? What colour are mistletoe berries?
4. In the movie *Home Alone 2*, who does Kevin run into in the hotel lobby?
5. According to Buddy the Elf, what are the four food groups elves can eat?
6. What is the Grinch's dog called?
7. In the song 'The Twelve Days of Christmas' what was the gift given on the seventh day?
8. In the movie *Elf*, what's the first rule in the Code of The Elves?
9. According to tradition, when should you have your Christmas decorations down by?
10. What is the name of the ballet that takes place at Christmas?



"Keeping the Community Connected"

Christmas Eve Service

Steinmann Mennonite Church
1316 Snyder's Rd W., Baden

6:30 p.m.

In-person & Livestream
<https://smchurch.ca/livestream-recordings/>

Welcome!

COFFEE HOUSE TALKS

Learn, Create, Share

Coffee House Talks is a group for adults over 55 years old. It provides an opportunity in our community for us to learn new things, share information and create new relationships. Individuals can come together in various ways and have some fun!

➤ Past event have included healthy living, craft activities, gardening, and internet safety.

➤ Please join us at our next event! Visit our website for upcoming events or contact us for more information.

Our Contact:

- ☎ WFRC- 519-662-2731
- ✉ coffeehousetalks2020@gmail.com
- ✉ info@wilmotfamilyresourcecentre.ca
- 🌐 <https://sites.google.com/view/coffeehousetalks/home>



This project is funded in part by the Government of Canada's New Horizons for Seniors Program



New Hamburg Legion

Branch #532—Boulee Street, New Hamburg

December 17th
Entertainment with Michael Kelly
Silent auction from 2-5 p.m.
Enjoy an afternoon while supporting our Legion.

Legion open house on January 22, 2023
Come see what we do!

You Must Be Joking!!



Old Age — It's a Riot!

Every morning when I'm leaving for work, my wife always reminds me of something that I have forgotten. Sometimes the house keys, other times office keys, often times my cellphone. She throws taunts at me like, "you're starting to get old and lose your memory".

In order to put an end to her sarcasm and no longer give her the opportunity to laugh at me, I now write down everything I usually forget on a sheet of paper before leaving the house.

Can you believe what happened today? I got ready to leave; I took my sheet of paper and started ticking off everything I needed to take. I smile, already savouring my little victory...

Once I entered my car, my wife called me. I answered her with confidence and defiance: "Don't even try! I haven't forgotten anything today."

She started laughing out much louder than usual and shouted at me, "Come back, today is Sunday!"

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The Constancy of Change

Chip Bender, Registered Psychotherapist (qualifying)



At the beginning of November, the temperature was unseasonably warm reaching up to the low 20s. In mid-November it had dropped to unseasonably cold temperatures dropping into the minus teens with wind chill. Now that we have hit the last week of November, the temperature has returned to its seasonal average somewhere between those two extremes, at least for now. Yesterday was raining, today it's overcast, and sunshine is forecast for tomorrow. When referring to weather in this part of Ontario, I have heard someone say, "If you don't like the weather, wait ten minutes, it will change."

One thing our four distinct seasons, and even our day-to-day weather, should have taught me by now is the only constant in life is change. And yet I will somehow mistakenly believe whatever situation I find myself in or whatever feelings I am currently experiencing will remain the same, indefinitely. But my memory is short, which, when it comes to the seasons, can be a good thing because I am astounded every year by the miracle of flowers blooming and trees budding and every year,

I am awestruck by the beauty of glorious fall colours. However, when it comes to the situations and feelings I encounter, my short memory works against me.

During a troublesome experience or while dealing with difficult emotions, I can wrongly conclude I have now entered an unchangeable state during which I must spend the rest of my days in unspeakable suffering. Somehow the trouble always finds a way to some resolution and my difficult emotions are processed and pass to the next set of emotions. The lesson of the constancy of change is reinforced and remembered, at least until the next time it is forgotten.

Unfortunately, the situations and emotions I have encountered do not always change as quickly as the weather changed in November, but they do change, eventually. As I reflected on these times in my life, I have come to two conclusions: 1) things will change, even though the desired change may not happen (e.g. sickness does not always lead to restored health, sometimes it leads to death), and 2) it is important to discover ways to cope until things change.

If you find yourself in an uncomfortable situation or experiencing difficult emotions, be assured, things will change. If the change is within your control, you can find ways to precipitate the change. However, if it is beyond your control you may need to simply wait for the change to occur. While you wait there are things within your control such as: 1) whether you accept reality as it is or vehemently deny it, and 2) finding and using strategies to cope with your own feelings.

As you traverse the hard terrain, I encourage you to do these three things: 1) rely on your supports to get you through, 2) seek out professional help if you need strategies to help you cope, 3) remember, this too shall pass.

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The TCMH Corner: Resident Perspectives

As we round out the year at Tri-County Mennonite Homes (TCMH), we are making our lists and checking them twice – Christmas is right around the corner! With holiday festivities and preparations well underway, we caught up with Miriam Schneider to ask her about her Christmas memories and traditions that ring in the New Year.

Miriam lives in the Assisted Living units at Nithview (often called Retirement), and she has been living with us nearly 3 years to the day. Miriam grew up on a farm near Tavistock with her six sisters and one brother. Being the third youngest of 8 children, Miriam has many enjoyable childhood memories about Christmas. She remembers the Community Hall in Tavistock would play Christmas music and hand out goody bags to the kids. She remembers the family Christmas tree being set up overnight by her parents and older sisters, so Miriam and her younger siblings would wake up to the splendour and surprise of a freshly trimmed tree in their home. She remembers family time and games, in particular “pillipy” a game they continue to play around the holidays even today.

But who can think of Christmas without thinking of gifts – both those given and those received. Miriam remembers one of her favourite gifts that she ever received was a snowsuit from her parents when she was six. The snowsuit was a nice medium brown with green trim and an applique of a leaping deer and spruce trees. Two of her other sisters also received a snowsuit from her parents, but you could see in Miriam’s eyes, the true gift was the memory of her father dressing the girls in their new snowsuits then running around the house shouting Ho! Ho! Ho! He was pretending to be Santa Claus, and Miriam remembers fondly how much he enjoyed his time with his family. It reminded this writer that not all gifts are material.

Some gifts come in the form of food and others come as tradition. Miriam always enjoyed the food around Christmas. Her family’s Christmas food traditions included oranges, nuts, and candy in the afternoon. The main dinner was capon rooster complete with dressing, mashed potatoes with gravy, salads, and desserts of Christmas cakes and cookies. The holiday meal was shared with her extended family and Miriam remembers many cousins having lots of fun running around and playing together.

Once Christmas passes, the New Year is right around the corner, a time to reflect on the past and make plans

anew. For Miriam, making New Year resolutions is not part of her tradition. She finds keeping the resolution is hard and thinks it is better to keep a positive attitude throughout the year instead. And rather than letting old acquaintances be forgot, Miriam tries to keep an open relationship with her family and friends because they are who she leans on when life’s journey gets hard. So, no matter your tradition at Christmas or New Year, we hope you will take a bit of Miriam’s advice to have a safe and enjoyable Christmas so that you can ring in the New Year with your family and friends. For Miriam, she will celebrate the arrival of 2023 from the comfort of her home with her husband at her side. She will be thinking of her family who live far and wide, wishing them all God’s blessing for the holidays and the year to come.



*From all of us at TCMH, Merry
Christmas, and
Happy New Year!*



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A photograph of an elderly woman with short white hair, wearing a red top. She is smiling and painting a Christmas scene on a canvas. The painting features a green background with red and white floral patterns. She is holding a paintbrush and a palette.

Drop One For Fun

Answers on page 32

Write the five-letter answer to clue #1 in the first box. Drop one letter and rearrange the remaining letters to answer clue #2. Put the dropped letter into column A. Drop another letter and rearrange the remaining letters to answer clue three. Put the dropped letter into column B. Follow the pattern for each row into the diagram. When completed, the letters in column A and column B, reading down, will spell words or a phrase. Have fun!

1. Droopy Cheeks
2. Unhurried
3. A Night Hooter
4. Think the world of
5. Take the Risk
6. Scarlet Colour
7. To Combine
8. To Twist or Flex
9. A Resting Place
10. Behave as though attracted to
11. Crack or Breach
12. Pine is One
13. Every Day
14. Put Down
15. Top or Covering

	↓ A ↓		↓ B ↓	
1		2		3
4		5		6
7		8		9
10		11		12
13		14		15



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Holly or Ilex family is associated with Christmas. It is used in bouquets, garlands, and sometimes as a fresh small plant. Ilex aquifolium is the species typically associated with Christmas and it is of European origin. It is evergreen and bears red berries, when you have a female and male plant. The berries are slightly toxic for people when eaten causing diarrhea and vomiting but enjoyed by birds.

Christians consider holly symbolic of Jesus Christ in two ways. The red berries represent the blood that Jesus shed on the cross on the day he was crucified. The holly's pointed leaves symbolize the crown of thorns placed on Jesus' head before he died on the cross.

Hollies need moist but well-drained, humusy soil of moderate fertility in full sun (especially for variegated plants) or partial shade. A protected area is best in our zone 5. I found the best site was a east facing garden against the house. It is best to plant or move hollies in early spring. Prune in late winter or early spring if necessary. I always pruned mine in December when creating arrangements. The greenery looks great with other berry branches and when used in outdoor arrangements. It will stay fresh-looking all winter.



Ilex verticillata (zone 3-9) or winterberry is our native holly which has a very different look from the European version. At the local nurseries, winterberry branches are available too

for Christmas decor. Our native is not an evergreen but has yellow fall foliage and branches loaded with red berries. There is a cultivar with yellow berries. This is a lovely native shrub. Winterberry is easy to grow in moist soils and you need a male and female plant to get berries. One male plant will be enough to pollinate 6-10 female plants which bear the berries. Flowers appear on new growth. Prune to shape in early spring just before new growth appears.



Should or Might Get To List:

- **Keep active! Walking is an excellent activity and the Wilmot Rec Center has a great walking/running track if the outdoors is not appealing.**
- Order seed catalogues or look online at their websites (listings are at <https://seeds.ca/diversity/seed-catalogue-index>)
- Watch for pests (white flies, spider mites, and aphids) and diseases on houseplants.
- Repot tropical plants? If the roots are growing into the surface of the soil and through the drainage holes in the bottom of the pot, it is time to up-size one pot size. Often plants die of 'too much love' by overwatering so be conservative.
- Check your shrubs, young trees and blackberries for rabbit damage and protect with tree wrap or wire mesh.



Wilmot Horticultural Society wishes everyone a joyous Christmas with family, friends and community. Health and prosperity in 2023!



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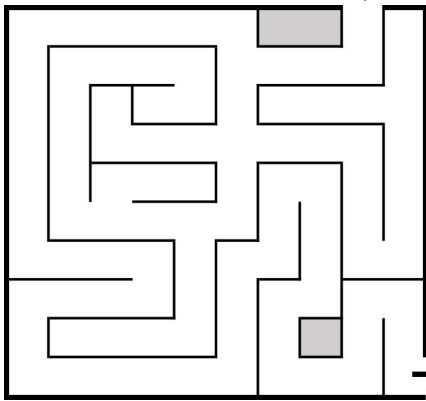
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Kids' Corner



Take the present to Grandma!



Fill in the missing words from the Christmas carol "Jingle Bells"

Jingle bells, jingle bells, jingle _____ the way.

Oh, what _____ it is to _____

In a one _____ open sleigh, hey!

In this Outlook, you will find 4 of each of these exact items. Check the boxes when you find.



<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>



<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>



<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>



On this Christmas tree, how many of these do you see??

Stars _____

Ornaments _____

Candy Canes _____

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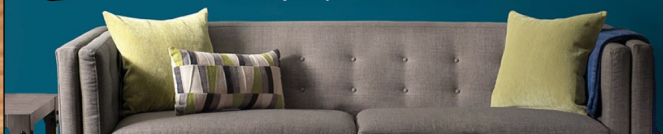
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You Must Be Joking!!



- * What do you call a kid who doesn't believe in Santa?
A rebel without a Claus.
- * What do you get if Santa goes down the chimney when the fire is lit?
Krisp Kringle
- * How does Good King Wenceslas like his pizzas?
One that's deep pan, crisp, and even.
- * Why did Frosty's wife ask for a divorce?
He was a total flake.
- * Why does Santa have three gardens?
So he can ho ho ho.
- * Why did the Grinch go to the liquor store?
He was searching for some holiday spirit.
- * What do you call a bankrupt Santa?
Saint Nickel-less.
- * What do you call a snowman with a six-pack?
An abdominal snowman.



When they saw the star they were filled with joy.

Matthew 2:10 CEB

Wishing you the *joy, love,* and *peace* of the Christmas season!

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13 Daily	14 Laid	15 Lid

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<u>Famous NHL</u>	<u>Popular TV</u>
<u>Players</u>	<u>Shows</u>
Orr	Weeds
Howe	Ozark
Hull	Suits
Sakic	House
Crosby	*Office
Coffey	Friends
Lafleur	Seinfeld
Gretzky	Star Trek
Lemieux	*Simpsons
Richard	*Sopranos

Christmas Quiz

1. Britain
2. Three - Dasher, Dancer, Donner
3. Capricorn
4. Donald Trump
5. Candy, candy canes, candy corns, and syrup
6. Max
7. Seven swans a swimming
8. Treat every day like Christmas
9. January 5th
10. The Nutcracker

Outlook Answers

Emoji Code

Have yourself a merry little Christmas.
Let your heart be light.



American States Quiz

- Alabama
- Alaska
- Arizona
- Arkansas
- California
- Colorado
- Connecticut
- Delaware
- Florida
- Georgia
- Hawaii
- Idaho
- Illinois
- Indiana
- Iowa
- Kansas
- Kentucky
- Louisiana
- Maine
- Maryland
- Massachusetts
- Michigan
- Minnesota
- Mississippi
- Missouri
- Montana
- Nebraska
- Nevada
- New Hampshire
- New Jersey
- New Mexico
- New York
- North Carolina
- North Dakota
- Ohio
- Oklahoma
- Oregon
- Pennsylvania
- Rhode Island
- South Carolina
- South Dakota
- Tennessee
- Texas
- Utah
- Vermont
- Virginia
- Washington
- West Virginia
- Wisconsin
- Wyoming

As the Christmas holidays get closer and closer, I hope you are finding time to relax and enjoy this beautiful time of year! Christmas is a wonderful time to reflect on the year past and look forward to the new year ahead. Most of us take the time to slow down and embrace the many blessings in our lives such as family and close friends. I have always been close with my family, and I certainly do not take that for granted. Over the past year I have also been blessed with the opportunity to meet many new people and have found a family-like atmosphere in my work at The New Hamburg Thrift Centre

When I count my Christmas blessings, I definitely count the 16 staff members I get to work with who make New Hamburg Thrift an amazing place to work. Volunteers are also a blessing to have; they make our days endlessly enjoyable and rewarding!! MCC Counts on Volunteers in many different tasks throughout our store and we are often astounded by the commitment of time, energy, and generosity these people bring to us weekly, expecting nothing in return.

When speaking to a MCC Staff member, ask them what makes New Hamburg Thrift such a great place to be and they will probably answer with "Our Volunteers!" It doesn't matter what they do or how often they are here, when it comes to ALL our Volunteers each and every one of them is valued and important to the smooth running of New Hamburg thrift shop and we are forever grateful!

If you are a current Volunteer with us or you have been a Volunteer with us in the past, this holiday season the Staff at MCC would like to say a very Special Thank you!

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Emmanuel Lutheran Church

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www.petersburgchurch.org

Shantz Mennonite Church

Sunday Worship 9:30 a.m.
www.shantzmc.ca

St. James Lutheran Church

Sunday Worship 9:00 a.m.
www.stjamesinbaden.org



Wilmot Mennonite Church

Sunday Worship 10 a.m.

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Sunday Worship 10 a.m.
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Your continued dedication, loyalty and hard work has not gone unnoticed. Without you, MCC would not be able to carry out their programs in Disaster relief, Sustainable Community development, and Justice and peace-building work. Your commitment of your time and talents pays off in the lives of many locally and around the world through MCC's many ongoing Programs.

So from all of us here at New Hamburg Thrift we would like to extend our Wishes of Hope, Peace, Love, and Joy this holiday season to all of our Volunteers and your families. Whether you are a past volunteer, a current Volunteer or a Future Volunteer, we thank you all and wish you a very Merry Christmas!



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Holidays are a time to slow down, breathe in joy, give with an open heart, and make memories. Living fit and fabulous is a conscious choice. It's not hard to eat healthy every day, even when tempted in this cinnamon kissed, candy cane loving holiday season. Focus on serving guests a sensational stunning nutrient dense fibre filled menu and there won't be room to overindulge. Healthy food fare is a priceless gift for family and friends. In today's landscape, it's hard to design a one size fits all menu. Food sensitivities and allergies are commonplace plus plant-based is becoming more than a Meatless Monday mindset. Many are making the move to minimizing meat and dairy. The dish I developed is eye-catching for the holidays but also gluten-free and plant-based. The ingredients help maintain blood sugar, promote fullness, support healthy digestion, and fuel every cell with an array of antioxidants.

and the power of potassium. Its yellow flesh is essential to eye-health and the vitamin C content rivals fruit. Quinoa is a protein packed super seed containing all the amino acids. Pomegranates are more than pretty. Under the ravishing ruby-red thick skin hides approximately 600 edible seeds fighting free-radicals in the body. Pomegranate seeds combat colds and fight the flu with vast amounts of vitamin C. Studies also suggest a link to heart health. Pistachios are one of the lowest calorie nuts but boast boatloads of vitamin B6. Pumpkin seeds are stocked full of immune boosting zinc, protein, and outrageously high in omega-fats. Garlic and onions purify blood; crunchy celery is a dreamy diuretic and maple syrup is nature's candy. Apples are pectin perfection and cranberries are top-notch for the urinary tract. The combination of super plant-based based foods in this soon to be family favourite is synergistic.

Acorn squash is a warming winter comfort food, high in fibre as well as supporting blood pressure thanks to mega-magnesium



A rainbow of health benefits awaits you in this acorn squash recipe!

Mercedes Kay Gold is a Certified Holistic Nutritionist, Certified Personal Trainer and a published writer who loves helping others live their best life when not spending time with her children and grandson Theodore.



Smashing Seasonal Squash

Plant-based and gluten-free option

INGREDIENTS:

- 2 acorn squashes
- ½ cup raw quinoa
- ½ flat leaf parsley chopped
- 1 small red onion finely diced
- 4 cloves garlic crushed
- ½ cup chopped celery
- ½ cup pumpkin seeds
- ½ cup chopped pistachios
- 1 large Macintosh or ambrosia apple chopped
- 1 cup frozen or fresh cranberries
- ¼ tsp black pepper
- ½ tsp Himalayan Sea salt
- ½ tsp cinnamon
- 2 tbsp maple syrup
- ½ cup pomegranate seeds

1. Preheat oven to 350 degrees Fahrenheit.
2. Spread the pistachios and pumpkin seeds on a baking sheet and place in the oven 3 to 4 minutes, remove and shake the pan. Return to the oven for 3 more minutes.
3. Preheat the oven to 400 degrees Fahrenheit. Bake the squashes on a baking sheet for approximately 40-45 minutes or until its easy to pierce through the narrow ridge.
4. Cut cooled squashes in half lengthwise, scooping out the seeds. Discard seeds.
5. Cook the quinoa according to the package directions. Set aside.
6. Scoop out the flesh from the squash, being mindful to leave about a ½ inch thick firm shell.
7. In a large frying pan, heat olive oil and sauté the onion, celery, and apples until softened.
8. Add garlic, cranberries, cinnamon, salt, and pepper. Sauté until tender.
9. Remove from heat, adding the quinoa and squash to the other ingredients. Mix thoroughly.
10. Re-stuff the shells with the mixture and place back in the oven 10-15 minutes.
11. Remove and top with pomegranate seeds, toasted pumpkin seeds, pistachios, and drizzle maple syrup over each acorn.
12. SERVE!

Have a holly jolly Christmas!



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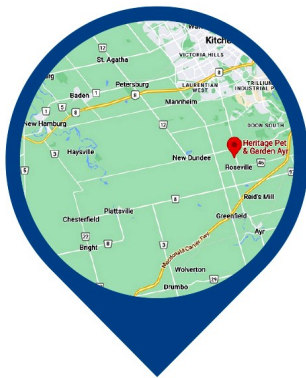
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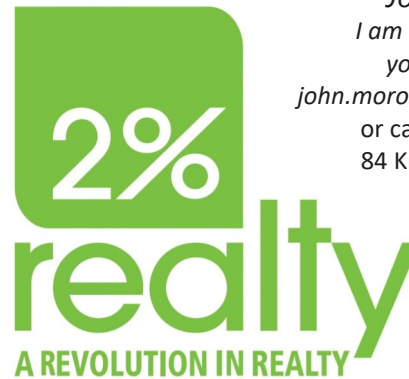


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Message from the owner:

"I am so thrilled to be serving the community of New Hamburg, Baden and Wilmot township as the owner of Lemonade Hearing. Aside from my passion for hearing health care, I love to bake. I thought I would share a recipe with you to try out this holiday! Warm wishes & hope to see you soon!"
– Selina Mauro

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Lemonade Lemon Bars Recipe

These delicious lemon bars were first made for me by a friend, Siiri Fortey and she shared the recipe with me. They are a real crowd pleaser at any holiday function!

For the crust combine:

2 cups flour
1/2 cup icing sugar
1/2 tsp salt
Cream in 1 cup butter
Press into 9 x 13 pan

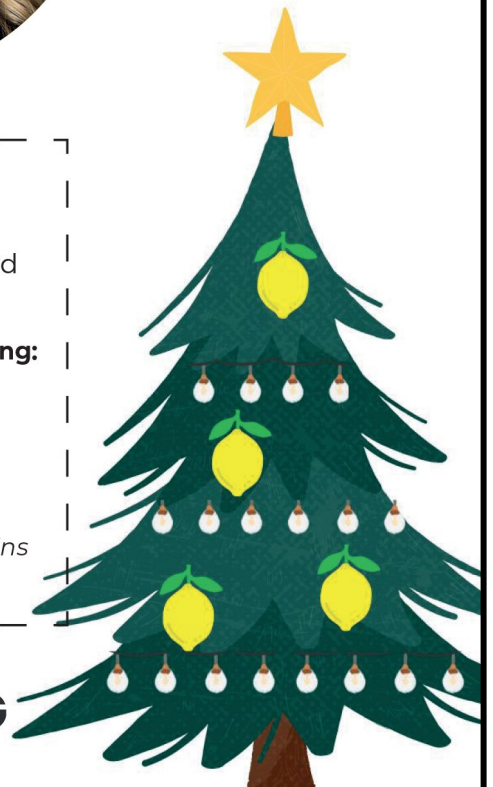
Bake crust at 350 for 15 mins

While the crust is cooling make the filling:

4 large eggs
2 cup sugar
1/3 cup fresh squeeze lemon juice
1/4 cup flour
1/2 tsp baking powder

Pour on top and bake at 350 for 20-25 mins

When cooled I like to dust the tops with icing sugar.



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