



# Baden Outlook



*The best things in life are free...  
Like the eyes of a child when he  
meets Santa Claus.. and this paper  
~ Please have one!*

Barry and Pat Fisher  
178 Snyder's Road E.  
Baden, ON N3A 2V6  
Phone: 519-634-8916  
Email: badenoutlook@hotmail.com  
Web: www.badenoutlook.com





Wow! More exciting destinations as *The Baden Outlook* continues to travel ... to Nepal, Michigan, Costa Rica.... And more on page 35



The New Hamburg Major Atom A team travelled to Detroit, Michigan for the Nations Cup (which Canada won) and took the Baden Outlook along with them when they went on a private tour of the Little Caesar's Arena.



While Greg and Janet Jaensch, from Australia, were on vacation in Europe in 2017 they met up with New Hamburg folks Steve and Tammy Funk who had taken a travel photo and shared it with the Baden Outlook. The Funks then mailed Greg and Janet a copy of that issue with their photo in it and then Greg and Janet took it along with them on their recent vacation to Nepal where they can be seen at Thapla, above Ghorepani, at an elevation of 3165 metres.



Santa & Mrs. Claus (Bruce and Laurie Storer) took their Baden Outlook along on the St. Jacob's Santa Train going from St. Jacob's to the North Pole. *HoHoHo ... Merry Christmas Everyone!*



Barry and Pat Fisher (centre) connected with long time Badian friend Denise Hazel (left) and met Lucy Cole from England (right) as they shared their Baden Outlook while the sun set on Tamarindo Beach in Costa Rica.



“So, what did you do this weekend?” I asked Ellen, a colleague from work. She responded by telling me that she was at a retreat. “Wow, that sounds interesting,” I responded, “What kind of retreat did you attend?” She told me how she travelled to Ancaster, where she spent four days meditating, taking a vow of silence for the full four days. My immediate thought was that it is certainly not my type of weekend - I personally would find that a very difficult thing to



do. I admit I am hooked on my tablet, cell phone, TV, etc. But Ellen is such an awesome person and she seemed so enthusiastic, I needed to know more.

She stated that as she was leaving the facility she was warned about the surge of stimuli - whether it be music on the radio, television, traffic on the way home, whatever, it all may seem overwhelming. She did say that yes indeed, it was quite overpowering! I can't imagine what it would be like to be a monk who spends much of his life in a state of meditation!

I also discussed with another colleague, Tom, about his decision to abstain from watching television for Lent – for 40 days! Okay, now that seems tough and he admitted it was difficult! What about my ball games, Netflix movies, hockey games; gee I guess Ellen Degeneres would be out of the line up as well – outrage!

Come to think of it, I can't think of anything that I restrict myself with – kind of freewheeling, I guess you might say. But things certainly do control my life. First thing in the morning I make a thermos of coffee, scroll through my tablet on various news, sports, financial, and social media sites, shower, shave, eat, converse with Pat, and off to work. I justify this as I need that time to wake up slowly, to reconnect with the day; but is that wrong or is this something to eliminate from my life? Perhaps replace it with a jog or walk? At night I check the internet again and play some games of Yahtzee. Television can be mixed in there depending on what's on, and other activities depending on the day and time of year. Once again, electronics do rule my life.

According to Cira, who track domain industry data and Canadian trends, their 2016 data shows 92% of Canadians use email. This is followed by 68% who use online banking, 59% who use social media, 55% who check online news, general browsing 49%, and online shopping 46% - the last number is a big transformation in my mind. The times are changing my friends, and it is very hard not to be part of the norm. I can recall simpler times when my parents got their first television and together we watched The Beatles on Ed Sullivan Show and on Sundays, we watched Walt Disney. We played outside all of the time including the dead of the winter. We don't see much of that anymore, but looking back it was such a healthy thing to do!



It is strange how we all fall into our own engineered habits. As we get older, I find that there is a craving for normalcy, something that makes life simpler, doing the things that are comfortable for one's own unique personality. But who knows - retirement is around the corner for me and that may set off an entirely different set of habits and routines.

*Till 2019—have a very Merry Christmas.... Ed.*

## EXTRA EXTRA!!

You'll find us around the 15th of each month, available at over 80 places within Wilmot Township, while quantities last.



*The best things in life are free -  
like the beauty of  
Christmas lights  
twinkling on a snowy  
night...and this paper ~  
Please Have One!*



The Baden Outlook is a completely independent publication, not affiliated with any other printer, organization, individual or commercial enterprise.

The views expressed in this newsletter are not necessarily those of The Baden Outlook.



It has arrived! The last month of 2018, the season to be jolly, the cold and snow, and yet there is still so much to do as we wrap up this year. The shopping, decorating, gift wrapping, baking, and party planning for the big day — Christmas is the way to wrap up the year with a big bow! As always, setting up the paper is the first step for me to get in



the festive mood. Once again, we printed our December Christmas issue with a colour cover and are happy to feature the travel photos in colour as well.

As Barry loves to Google and research, he gets excited with the crazy flight deals he sees on website *YYZDeals.com*. Last month, he came across a sell-off flight to Costa Rica, so we packed our carry-ons and did a spontaneous trip! We had no idea where we were going to stay, so we asked around to our experienced travelling friends and were directed to the beach town of Tamarindo where we found a lovely little piece of paradise only minutes from the beach. As they say, it is a small world; we found an old friend there who owns and operates Xplore Costa Rica, a tour company in town, and she sure gave us the grand treatment. Thanks so much, Denise, for your time, experience, and companionship. We enjoyed our tours and sunset happy hours on the beach. Just what we needed before we dive into the busy season ahead. So, let's get on with it.



In this issue you will see pictures of the Santa Claus Parade and seen below are this year's parade winners. The parade was fun and festive despite the drizzle and lack of snow, and Santa still did his ho-ho-ho!

As the township has had plenty of graffiti vandalism in the past few months; locals took it upon themselves to go clean up, as seen on page 9. You will be reminded by Dr. Ricker to be very careful with your pets as you decorate your tree and home. You will also find a healthy way to stay calm with meditation by ICC on page 25, and learn about the health benefits of Pilates on page 21. And most intriguing is the article on page 13 which will send us off on a treasure hunt over the next few months. Follow along as the story unfolds! In true Christmas spirit, the castle has much to offer, and this is a great thing to do if you have out-of-town guests...treat them to a visit to this amazing Victorian Christmas wonderland!

### *Baden Santa Claus Parade Winners*

#### **Commercial**

- 1<sup>st</sup> Place:** KW Honda
- 2<sup>nd</sup> Place:** New Hamburg Veterinary Clinic
- 3<sup>rd</sup> Place:** Findaway Equestrian Services

#### **Family**

- 1<sup>st</sup> Place:** Tiffany Co Hair Studio
- 2<sup>nd</sup> Place:** New Hamburg Concert Band
- 3<sup>rd</sup> Place:** Wilmot Ag Society

#### **Children**

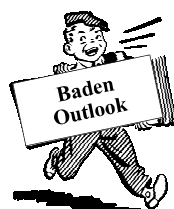
- 1<sup>st</sup> Place:** Wilmot Girls Club
- 2<sup>nd</sup> Place:** Baden Girl Guides
- 3<sup>rd</sup> Place:** Baden Public School



The **Optimist Club of Baden** would like to thank all the entries and spectators for supporting the parade. Without you we would not have been able to collect 803.65 pounds of food and \$273.70 for the Wilmot Family Resource Centre.

*A special thank you to the Baden & District Chamber of Commerce for sponsoring the parade this year.*

Sending you best wishes for a wonderful Christmas filled with family, food, and festivity! I hope you all had and did what you dreamed of when 2018 arrived. I can already see the upcoming year will be exciting, filled with change and new opportunities. I'll keep you posted, until next year... Pat



**YES...**

**We're on the Web!**

Read the paper in colour at  
[www.badenoutlook.com](http://www.badenoutlook.com)

# Checking out the Baden Library



## Holiday Hours

All Region of Waterloo Library branches will be closed on Tuesday, Dec. 25, Wednesday, Dec. 26 and Tuesday Jan. 1. Regular library hours will remain Thursday, Dec. 27 through Saturday, Dec. 29.

## Popcorn Movie Theatre

**Thursday, Jan. 3, 2:30-4 p.m. – Captain Underpants: the first epic movie**

Looking for something fun to do over the holidays? Come see a movie! It's free and popcorn is included! Children under 5 years old must be accompanied by an adult. Children 9 and under must have a caregiver (12 years or older) remain in the library during the movie. Space is limited - please register online, by phone or in person.

## Games Collection

When the weather outside is frightful, borrow a game that is delightful! Are you looking for a new game to play? Check out the Region of Waterloo Library's collection of social, board, and card games to borrow using your library card. A maximum of five games can be borrowed for a loan period of three weeks. Check our catalogue for a list of available games including some new additions such as Betrayal at House on the Hill, Spy Alley and Survive: Escape from Atlantis!

## Baden Book Club at EJ's

Adults are invited to join Jen Cyr, Coordinator of Library Collections, the third Tuesday of each month from 6:30 to 7:30 p.m. at EJ's Tavern and Restaurant in the Baden Hotel. The next meeting is Dec. 18 and we will be discussing **They Left Us Everything** by Plum Johnson. Treat yourself to a beverage or food item and contribute to the conversation regarding the selected book. Registration is on-going throughout the year and copies of the book are available at the Baden branch.

## Magazine Sale 2019

Our annual sale will run from Jan. 2 – 31, 2019. Purchase previously enjoyed magazines for 25 cents each or 5 for \$1.

## Let's Read Program

Let's Read is a family literacy initiative in Waterloo Region that encourages families to read the same book. This year's selection is **Even Superheroes Have Bad Days** by Canadian author Shelly Becker. Drop by any RWL branch to read the book or visit [www.letsread.ca](http://www.letsread.ca) for information about free community activities based on the book.

## Winter Programs

Registration for winter programs starts Dec. 11. Programs include Baby Connections, Li'l STEAM, Family Storytime, Ready Set Go! Kindergarten, Maker Club, and Youth Book Clubs. They begin the week of Jan. 15, 2019 and run for eight consecutive weeks. Library programs are free and some require advanced registration unless otherwise indicated. Space is limited. Register online, by phone or in person. Check [rwlibrary.ca](http://rwlibrary.ca) for more information on each program.

## 1:1 Computer Coaching

Did you need help with a new computer, tablet or smartphone? We offer free, one-on-one computer training sessions. Register online or call the Baden branch at 519-634-8933. Appointments are available on the following Tuesdays from 10 a.m. – 3 p.m., January 15, January 29, February 19 and March 5, 2019.

The Baden Branch staff - Chris, Jennifer, Hannah C., Leanne, Ally and Ashten, wish you a very happy holiday and all the best for 2019!

Chris Baechler, Assistant Supervisor—Baden Branch

Shirley's Sewing  
Alterations and Repairs

We've moved....

28 Webster Street,  
New Hamburg, ON

519-214-1115  
lscudney@eastlink.ca

Shirley Cudney  
Seamstress

Merry Christmas

**NITH VALLEY**  
Since 1918  
**APIARIES**

STORE HOURS  
Wednesday – Friday: 9am – 5:30pm  
Saturday: 9am – noon

Honey • Beeswax Candles • Gift Items

1041 Christner Road, New Hamburg, ON N3A 3K7  
519-662-3165 nithvalleyapiaries@gmail.com

# Baden ~ Our Town

The Baden Community Association handed out over 900 bags of popcorn to children along the parade route of the Baden Santa Claus parade. The group gathered the night before to bag all the popcorn. The streets were lined up with enthusiastic folks showing how much we all love the Santa Claus Parade. Special thanks to the Baden Chamber of Commerce and the Optimist Club of Baden for putting the event together once again this year and to all the floats that joined in the fun.

Next up for the BCA is the third annual Kids New Year's Eve Party which will be held at EJ's again this year from 4:30 - 7:00 pm. Families will be offered a meal consisting of pasta, chicken, salad, drinks, and desserts. Erick Traplin will be on hand to entertain the kids, and there will be plenty of other activities including door prizes, party favours, a photo booth, and what would New Year's Eve be without a count down! Tickets sell out fast and are available at EJ's.



The group will meet in January to plan for the annual Family Day events held at the WRC. You are always welcome to join in the fun!



**Save the Date** for the 

**New Year's Family Party!**

at 

 **The Baden Hotel**

**Ticket includes:**  
 Dinner + Cupcake Door Prizes  
 Early "New Year's Eve" Countdown  
 20% off Coupon - January at The Baden Hotel  
 and a performance by

**Monday December 31st**  
 4:30 - 7 pm  
 Dinner served 5 - 6 pm

**Erick Traplin!**




For more information see the Baden Community Association Facebook Page or contact Amanda at [asalisbury2009@gmail.com](mailto:asalisbury2009@gmail.com)

Watch the BCA Facebook Page for news and info about where to get tickets!

**Children \$12  
 Adults \$15  
 2 and under free!**

26 Foundry Street  
 Baden, ON N3A 2P6

**BADEN DENTAL CLINIC**



For an appointment call  
**519-634-1112**

- ❖ Complete family dental care
- ❖ Evening appointments available
- ❖ Emergency patients always welcome



Dr. Rick and Nancy Pereira

*We welcome new patients.  
 Conveniently located close to home.*



Visit our website at [www.badendentalclinic.com](http://www.badendentalclinic.com)

My favourite time of year is coming!! I love the decorations and the feeling of this festive time of year. The holidays are a time for celebration, spending time with family and friends, and reflecting on the good things that happened during the year. We all love to include our furry companions in this time as well, buying them gifts, dressing them in holiday attire, and treating them with special goodies. We must also keep in mind there are some precautions you should take.



Many dogs and cats have been known to chew on these cords. An innocent chew can turn into a severe injury! These injuries can range from burns to the tongue and lips to death. Some suggestions to help avoid a problem is to hide the cords in hard PVC plastic pipes where possible and where not possible, paint the cords with a bitter tasting substance to dissuade chewing.

Decorations should be hung out of reach so they are not chewed and ingested by a curious creature. Tinsel can be a dangerous decoration as it can actually saw through the intestine when ingested. It can be difficult to diagnose, especially if you did not witness your pet eating the tinsel strand. Cats are at increased risk because they enjoy eating stringy things. Symptoms can be vague, but usually include vomiting, lethargy, poor to no appetite. The best thing is to avoid the use of tinsel altogether.

Another common hazard comes with usually good intentions. Friends and relatives visiting may not understand that feeding your dog (or cat) that juicy piece of fat or pouring gravy on their food could have severe consequences. They are simply trying to give your pet a "treat". Unfortunately, that "treat" may cause pancreatitis. Pancreatitis is inflammation of the pancreas and can be caused by eating fatty foods. The symptoms can be mild to severe. The symptoms commonly include vomiting and diarrhea, painful abdomen, lethargy, and a loss of appetite. The treatment often includes hospitalization with IV fluids.

With the increased number of twinkling lights comes an increase in the number of power cords. Special care should be taken to keep these less accessible to your pet.

A little bit of caution can go a long way in making sure everyone has a safe and happy holiday season. Enjoy!

## Baden Veterinary Hospital

**Dr. Rebecca Ricker & Associates**

50 Foundry Street  
Baden ON N3A 2P6  
519-634-8880



- *In House Laboratory*
- *Surgery*
- *Preventive Medicine*
- *Prescription Diets*
- *X-rays*
- *Dentistry*
- *Grooming*



*New Clients Welcome!*



90 Peel St., New Hamburg

Alina Telescu  
Sales Representative, Peak Realty Ltd.  
519-504-2588  
www.alinatelescu.ca



**Previous Wilmot Councillors Recognition**



Seen above are former councillors: Peter Roe, serving 12 years on council and Al Junker serving 8 years, and Mark Murray (not present for photo) serving 8 years. They are seen with Mayor Armstrong as they are awarded for their service.

**Meet Your New Wilmot Council**



Monday, December 3 was the inauguration of the new term of Wilmot Township Council. Back left to right are Cheryl Gordijk-Ward 2, Angie Hallman –Ward 1, Jeff Gerber and Jennifer Pfenning – Ward 4, Barry Fisher – Ward 3. Front left to right is CEO Grant Whittington, Mayor Les Armstrong, Dawn Mittelholtz—Director of Clerk Services.

**FREE ESTIMATES**

- Shingles
- Steel
- Cedar Shakes
- Flat Roofing
- Soffit and Fascia



**QUALITY FIRST ROOFING**

PO Box 6203, New Hamburg, ON N3A 2K6

**QUALITY WORKMANSHIP YOU CAN TRUST**

qualityfirstroofing@rogers.com  
www.qualityfirstroofing.info

**DONNA CAMPBELL**  
519-574-7617

**Please Take My Card!**



PAVESTONE & RETAINING WALLS  
INSTALLATIONS & REPAIRS

Sidewalks, Patios, Driveways, Steps, Retaining Walls, Planters  
CALL FOR A FREE ESTIMATE / DESIGN

**Mark Soehner**

47 Schneller Drive  
Baden, Ontario  
N3A 2L5

Phone/Fax: 519-634-9792  
Cell: 897-7587  
Email: msinterlock@rogers.com



**SILVER SPRINGS**  
c o n t r a c t i n g

- Decks & Fences
- Concrete Driveways, Sidewalks & Patios
- General Contracting

Tyler Hoffman

Tel: 519-465-5211

Email: thoffman@silverspringscontracting.ca  
www.silverspringscontracting.ca

**J.R. Auto Service**

SERVICE & REPAIR TO ALL MAKES & MODELS  
HIGH PERFORMANCE MODIFICATIONS

**JIM ROTH**

1439 Gingerich Rd., Unit B-1,  
Baden, ON N3A 3J7  
PH (519) 634-5986 FAX (519) 634-8667



519-634-9567  
272 Snyders Rd. E• Baden, Ont• N3A2V6

**FULL SERVICE MAINTENANCE AND REPAIRS  
TO ALL MAKES AND MODELS**

Manager  
**Matt Musselman**  
matt@badenauto.ca

Service Manager  
**Danny Shantz**  
dannyschantz@badenauto.ca



## Wilmot Graffiti Clean Up Blitz!

The accumulating graffiti in and around Wilmot has made our awesome community look dirty and we don't like it! What's the message behind these scribbles is indeed a mystery, but it had to go! Thanks to Josh Halbert for his Facebook post calling out for support to gather and clean up the graffiti. It was a spontaneous event and it

was a remarkable turn-out of volunteers who took to the task. Seen below are Mayor Armstrong and local councillors who joined in and scattered throughout New Hamburg and Baden removing the vandalism from both public and private properties. The authorities are on the look-out for future vandalism.



Thanks to those who pitched in to help wipe out graffiti! Go Team Wilmot!

Photo courtesy of Nigel Gordijk.



#TagBackWilmot

*Vandalism is an offense that occurs when a person destroys or defaces someone else's property without permission. The results of graffiti is vandalism and may be found on billboards, street signs, and building structures, as well as near bus stops, tunnels, cemeteries, and many other public spaces. While vandalism may be considered "art" by some, it is nonetheless a crime against property that is punishable by jail time, monetary fines, or both.*

# ZEHR

INSURANCE BROKERS LTD.

*Merry Christmas from your friends at Zehr Insurance... We're here for you!*



59 Huron St, New Hamburg, ON  
[www.zehrinsurance.com](http://www.zehrinsurance.com)  
 -519-662-1710



*"Protecting What Matters to You"*



**Please support the advertisers of this paper. We couldn't do it without them!!**

Submissions are due on the 1st of each month.



### You Must Be Joking!!

How do sheep in Mexico say Merry Christmas?

~ Fleece Navidad!

How would you fire Santa?

~ Give him the sack...

If athletes get athletes' foot, what do astronauts get?

~ Missile toe!

What did Jack Frost say to Frosty the Snowman?

~ Have an ice day!

What did one angel say to the other angel?

~ Halo there!

What do aliens say when they land in the North Pole?

~ Take me to your heater.



**New Hamburg  
 Royal Canadian Legion**



65 Boullee Street  
 New Hamburg

**Hall Rentals**

Call Terri Taylor 662-3834



Everyone knows what a loonie is. We usually have one or more in our pocket or purse. We say that a silly idea is "loonie" and used to refer to children's cartoons as "Looney Tunes". All of these ideas seem to be based on the haunting "ululating" call of the common loon, Ontario's Provincial Bird.

But what do we know about the common loon, other than that it is associated with northern lakes and most films about Canadian nature, as well as a significant symbol in Canadian literature.

Don't start looking for loons now. The vast majority of common loons have already left our northern lakes, either singly or in very small groups, to travel to the coastal waters of North America where they will winter. Sometimes, during the migration period, you may see a group gathered on a lake for rest and feeding, but they do not travel in flocks. Often the pre-adults are the first to leave for the winter territories. Sometimes a very late migrating loon will be spotted during a Christmas bird count, but some people think that these birds are either ill, often from lead poisoning from ingesting fishing weights, or perhaps have been shot and cannot fly great distances.

This begs the question, "Why do they leave so early?" Loons are carnivores and specialize in diving to chase small fish such as sunfish or perch which they catch in their bills. They also feed on underwater insects, leeches, and crustaceans. They then return to the surface before swallowing their prey head first. Loons have been described as "torpedoes" in their underwater pursuit of prey. Their very

strong legs are located extremely close to the back of their abdomen so that they can kick their feet behind rather than under their body. Large webbed feet propel them very quickly, but also can be used independently of each other, one foot sticking out at a right angle while the other kicks straight behind to execute 180 degree turns in a split second! However, this leg placement creates a problem in taking flight from a lake! Instead of using their legs to "jump" from the water surface, loons must take a long run across the surface to become airborne. Therefore, loons require a lake of some size for their residence. Their lifestyle also does not allow them to live on lakes that freeze over, so they must leave for their wintering ocean coastal areas quite early in the fall.

Loon populations in the north are remaining stable in spite of their low reproduction rate. Usually an adult pair, which is mated for life, will raise a brood of 1-2 young each year. Eggs are incubated for 26-29 days and the young leave the nest after only two days. You may see young swimming on the surface or riding on a parent's back when tired. Parents feed them, but the young soon learn to hunt by looking under the surface to find prey, then quietly slipping under water to pursue their quarry. Not all of the loon's bones are hollow like many other birds; therefore they swim lower in the water and can quietly disappear under the surface as they choose.

Next time you are visiting our great northern lakes think what it would be like without the "laugh of the deeply insane" tremolos, yodels, and wails of the Common Loon.



Baden Birding Sponsored by:



Hours: Monday—Friday 8-5:30,  
Saturday 8-noon

**Baden**  
**FEED & SUPPLY LTD.**  
519-834-5474 • 1-800-265-2365  
76 Mill Street, Baden

'Tis the season for gift giving and we are here for you! Come in and check out pet gifts and supplies. We also have a good selection of bird feeders! And stock up on bird seed while you are here!



Wishing you a very Merry Christmas!

Barry and Pat Fisher  
178 Snyder's Road E.  
Baden, ON N3A 2V6  
Phone: 519-634-8916  
Email: badenoutlook@hotmail.com  
Web: www.badenoutlook.com

The Baden Outlook is a completely independent publication, not affiliated with any other organization, individual or commercial enterprise.

The views expressed in this newsletter are not necessarily those of The Baden Outlook.



"Keeping the Community Connected"

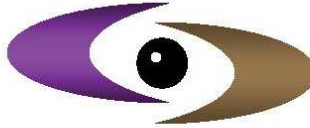
# Christmas Word Search by Dale Weber

Find the words on the right in this puzzle - You may use the letters more than once, and they can be found horizontally, vertically or diagonally.

T	R	H	C	R	E	B	M	E	C	E	D	R	C
A	D	S	T	A	B	L	E	A	T	S	P	B	S
S	R	Y	L	I	M	A	F	R	S	W	O	S	T
P	E	A	C	E	N	N	Y	L	L	O	H	E	N
W	H	R	S	S	U	S	E	J	E	B	L	J	E
S	P	R	A	T	S	E	E	L	G	N	I	J	S
U	E	O	R	A	T	S	R	L	N	N	G	M	E
S	H	C	H	R	I	S	T	M	A	S	R	A	R
C	S	L	L	E	B	C	E	A	E	P	E	N	P
L	L	L	T	G	N	I	S	S	E	R	D	G	O
E	M	O	E	Y	E	K	R	U	T	A	N	E	S
G	B	H	E	D	O	S	Y	K	U	T	O	R	P
N	T	E	S	N	H	S	E	H	P	S	W	N	D

- TREE
- DECEMBER
- TURKEY
- MANGER
- SHEPHERD
- CHRISTMAS
- TINSEL
- WONDER
- JINGLE
- ANGELS
- PRESENTS
- JESUS
- DRESSING
- BELL
- PEACE
- BOWS
- FAMILY
- STABLE
- STAR
- HOLLY






## BADEN EYECARE CENTRE


Dr. Sonya Frank, Optometrist

**Happy holidays from all of us  
at Baden Eyecare Centre!**

Hope to 'see' you in the new year!



**21 Snyder's East**  
**(519) 214-2020**  
[www.badeneyecare.ca](http://www.badeneyecare.ca)




**New patients welcome**

After hours eye emergency services

Tues, Wed, Fri 9 - 5 | Thurs 12 - 8 | Sat 9 - 1  
Closed Sundays & Mondays

*Eye exams - Glasses - Contact Lenses - Lasik Co-Management*

### The Baden Outlook



*Baden's Monthly Newsletter*  
"Keeping the Community Connected"

### Sisters

PAINTING AND DECORATING

Clean, Reliable  
Quality Work

Reasonable Rates

Over 25 Years Experience

Call Debbie  
519-662-6210



## K.R. ABBOTT

**MOVED (To Serve you Better)**

205 Peel Street, New Hamburg, N3A1E7  
Phone: 519-662-1857  
Fax: 519-662-2166  
E: Mail: [lydiastax@bellnet.ca](mailto:lydiastax@bellnet.ca)

**TAX & ACCOUNTING SOLUTIONS**

We do Personal, Business, Farm & Corporation Taxes  
We also offer Complete Bookkeeping services  
Including Payroll, HST & WSIB Reports

Hours: 9am-4pm Monday to Friday or by Appointment

Make memories, live through experiences.



**Deanna Carney**  
Travel Specialist  
226-338-3628



Packed2Go  
packedtogotravel@gmail.com

Based in Baden - Serving Wilmot Township and beyond.



## EcoNugget

### Green Bin Tips

**Paper plates and napkins, Kitty's litter too**  
**Fruits and veggies, meat's OK**  
**Your green bin's there for you!**

- \* Download the [My Waste App](#) for schedules and reminders and the helpful Waste Whiz search tool;
- \* Only compostable plastic liners are acceptable;
- \* Items won't be collected if they are frozen to the container: use vegetable oil to grease the inside;
- \* When it snows, place your bin at street level on a flat area close to the curb (not on a snow bank);
- \* Make your own newspaper liner! (instructions on the Region's website);
- \* NO coffee pods or paper coffee cups;
- \* Pet waste must be wrapped in paper – paper lunch bags are perfect for kitty litter;

<https://www.regionofwaterloo.ca/en/living-here/green-bin.aspx>

**For further information contact:**  
[nvecoboosters@gmail.com](mailto:nvecoboosters@gmail.com)



## PROVIDING SERVICE YOU DESERVE FROM THE PEOPLE YOU TRUST!



Best holiday wishes for a solid, happy home, that can stand up to Santa coming down the chimney and reindeer pawing at the roof.

Merry Christmas

& Happy New Year

**PEAK**  
Independently owned & operated  
**REALTY LTD., BROKERAGE**  
900 Peel St. New Hamburg, ON. N3A 1E3  
[www.peakrealestate.com](http://www.peakrealestate.com)

<i>Troy</i> <b>Hoerle</b> Sales Representative 519-591-7191 <a href="mailto:troyhoerle@rogers.com">troyhoerle@rogers.com</a>	<i>Blanka</i> <b>Michale</b> Sales Representative 519-500-3316 <a href="mailto:realestate@blankamichale.com">realestate@blankamichale.com</a>	<i>Steve</i> <b>Murray</b> Sales Representative 519-502-1962 <a href="mailto:srmurray@megawire.ca">srmurray@megawire.ca</a>	<i>Alison</i> <b>Willsey</b> Broker 519-275-4900 <a href="mailto:willseyalison@gmail.com">willseyalison@gmail.com</a>
--	---	---	---

Serving Wilmot Township and Surrounding Communities

Don't let your dreams just be dreams!  
We are here to help make them a reality.

We always appreciate and make time for your referrals!!



**Entry #1 - The Announcement**



Have you heard the whisperings around town? Something about secret clues and hidden keys? Treasure, riches, and mysteries? Read on, my friend, to be intrigued.

Yes... it seems that as fate would have it, Wilmot Township will soon be the site of a real life treasure hunt! We aren't able to share all the details quite yet, but one thing's for sure: riches and adventure are afoot! Many of the details are still shrouded in mystery... but here's what we can tell you conclusively so far:

1. There will be a **real life treasure hunt** spanning several weeks in Wilmot Township **this coming spring**
2. The winner(s) will receive a **sizeable cash prize**
3. You, your friends, and your family can participate - whether you live in Wilmot Township or not
4. There is no cost to participate
5. Craftiness, gumption, intuition, and a keen eye will be among your greatest allies

Very interesting! A treasure hunt in Wilmot Township? What kind of treasure are we looking for? How do I get the clues? Who is behind this? How much money does the winner get?

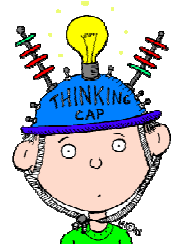
Don't worry - more details will be continuing to pour in over the next several months, and everything will become more clear. **Just be sure to pick up each month's copy of the Baden Outlook for up to date information** - you will not want to miss out on this!

Our anonymous informant (let's call him 'K') has assured us that he will be feeding us more information in the days and weeks leading up to the hunt. As we hear it, we will print it.

'K' has said that next month you can look forward to hearing some of the mysterious back story surrounding this spring's quest.

In the meantime...

Get a pot of coffee going, and dust off all your maps. Brush up on local knowledge, and don your thinking caps. The quest, it won't be easy - this test will be severe! But riches and glory await the ones, who to the path adhere. Be sure to tell a neighbour, or share thoughts with a friend. For minds combined, can clues unwind, much faster in the end.



Also, This Facebook page has popped up recently: [www.facebook.com/WilmotKeyQuest](http://www.facebook.com/WilmotKeyQuest) -Visit, like, and follow the page to keep track of all current information pertaining to the Wilmot Key Quest!

*Good luck, stay tuned, and happy hunting.*



**auto service**

*Full Mechanical Services*

Alignments	Oil Changes
Suspension	Brakes

Licensed Vehicle Inspection Station

*Tires for all Vehicles*

Passenger & Light Truck	Heavy Truck
Farm Tires	Lawn & Garden

*Campers, RV's, ATV's & more*

**1413 Gingerich Road, Baden**

**519-662-4990 OKTIRE.COM**



*Family Hair Care*

Call Kathy at  
**634-5772**

**Shop Hours**

Monday	9:30-8:00
Tuesday	9:00-6:00
Wednesday	Closed
Thursday	9:30-8:00
Friday	9:00-5:30
Closed Saturdays	

75 Snyder's Rd. W., Baden

*New Hair Colour!! Bio-Friendly  
No Ammonia ~ Healthier Choice*

## Baden Outlook Hockey Stats

Adults Pool			Kids Pool		
Place	Name	PTS	Place	Name	PTS
1	Shane Rooney	385	1	Cooper Hill	358
2	Jesse Heibein	383	2	Xavier Kasper	357
3	Janet Knechtel	381	3	Ryan Boronka	347
4	Mitchell Dietrich	376	4	Zak Kasper	346
T5	Paul Koenig	375	5	Aidan Miles	345
T5	Charlie Baumbach	375	6	Ryan Cutting	337
T7	Lois Kinney	372	T7	Ronan Bastias	334
T7	C J Eagleson	372	T7	Trent Deckert	334
9	Rick Hazelwood	370	T9	Aiden Kooy	333
10	Tanner Money	368	T9	Dallas Egli	333
T11	Larry Williams	364	T9	Benjamin Linthorne	333
T11	Derek Heimpel	364	12	Jayse Londry	332
13	Timmy Gowland	363	T13	Waylon Herlick	331
T14	Steve Roth	360	T13	Lauryn Porchak	331
T14	Greg Morrison	360	15	Hayden Jack	330
T16	Ben Johnson	358	T16	Keaton Herlick	329
T16	Yvonne Van Every	358	T16	Joel Miller	329
T18	Devo Weatherby	357	T18	Calvin Linthorne	328
T18	Norm Ullman	357	T18	Tyson Ruston	328
T18	Michael Hallman	357	20	Nathan Smith	327
21	Brian Williams	356	T21	Brooklin Hill	326
T22	Frank Cleary	355	T21	Easton Waechter	326
T22	Joyce Leis	355	T21	Colby Ryan	326
24	Wm. Albrecht	354	T24	Malcolm Duggan	324
T25	Lisa Holba	352	T24	Simon Marr	324
T25	Amanda Travers	352	T26	Keira	322
T27	Nathan Boronka	351	T26	Lucas Fortin	322
T27	Stew Jutzi	351	T26	Reese Faulhafer	322
T29	Ryan Hadley	349	29	Dez Kaspar	321
T29	Tim Milton	349	30	Isaac Roth	319

**Congratulations to  
 Shane Rooney for taking  
 the Adult Leader Prize for  
 this month's Hockey Pool,  
 winning a gift certificate from  
 the Baden Hotel**



**Congratulations to Cooper Hill who  
 took the leader prize for the Kids  
 Hockey Pool winning a gift  
 certificate to New Hamburg Lanes**



Hello sports fans! Thanks for  
 playing hockey with us! There are  
 358 adults and 72 kids competing  
 in this season's hockey pool.

The stats are pulled on the 7th of each  
 month. To view your stats simply visit our  
 website at [www.badenoutlook.com](http://www.badenoutlook.com) and  
 select "sports pools". For the adult pool  
 type in pool ID: outlookhockey and for the  
 kids pool type in outlookkids .

The passwords are : *guest*.  
 Have Fun and Good Luck!



*Please support the  
 advertisers in this paper  
 and keep our community  
 alive and thriving!*

## CHRISTMAS IS COMING TO EJ'S

### WHAT'S GOING ON?



DECEMBER 15  
**UGLY CHRISTMAS  
 SWEATER PARTY**

DECEMBER 22  
**ROCK & ROLL  
 CHRISTMAS**

DECEMBER 31  
**NEW YEAR'S  
 FAMILY PARTY**



**HOURS**  
 MON TO SAT 11 AM TO 12PM  
 SUN 11AM TO 8PM  
 519 634 5711

**DRESS CODE XMAS \* COME TO EJS OR FIND US ON SOCIAL MEDIA FOR MORE INFO ON ANY EVENTS**

# Blessed CHRISTMAS — GREETINGS



**HAROLD** 

**ALBRECHT MP**

KITCHENER—CONESTOGA

1187 FISCHER-HALLMAN ROAD, UNIT 624, KITCHENER, ON N2E 4H9  
 HAROLD.ALBRECHT@PARL.GC.CA • HAROLDALBRECHTMP.CA • 519-578-3777  
 HAROLD.ALBRECHT.MP ALBRECHT4KITCON HAROLDALBRECHTMP

## New Hamburg Lanes

182 Union Street New Hamburg



**BIRTHDAY BOWLING PARTIES**  
**ONE HOUR COSMIC BOWLING**  
**ONE HOUR IN THE PARTY-ROOM**  
**PIZZA AND BEVERAGES**  
**CALL FOR MORE DETAILS**



**WE ALSO OFFER:**  
 ⇒ TEAM SPORTS PARTIES  
 ⇒ ANNIVERSARIES  
 ⇒ FAMILY REUNIONS  
 ⇒ CORPORATE PARTIES

• FAMILY BOWLING SPECIAL

**519-662-1938**

EMAIL:  
 info@newhamburglanes.ca

## Christmas Limericks

There was a young reindeer named Nate  
 Who at Christmas would procrastinate,  
 "I'll buy presents tomorrow," he'd say, to his sorrow,  
 for Christmas by Easter's too late.

There once was a woman named Bess  
 For whom holiday cooking meant stress.  
 Five puddings, ten turkeys and a thousand beef jerkys -  
 Bess did tend to cook to excess.

There once was a lawyer named Ray  
 Who filed new lawsuits each day.  
 When Christmas came round,  
 In his stocking Ray found some coal, and an old canapé.

Now Rudolph was eating his hay  
 When Santa said, "Up, up away!"  
 So Rudy packed a hay snack in a reindeer backpack  
 For a tasty in-transit soufflé.

There once was a lass named Priscilla  
 Who spent Christmastime with her gorilla.  
 They'd wear red bandannas and roast their bananas  
 with cinnamon, grubs and vanilla.

There once was an old Eskimo  
 who hated the cold and the snow.  
 When Christmastime came, "I'm too cold!" she'd exclaim  
 So she flew her igloo to Acapulco.

There once was an elf named Fred  
 Whose house was of gingerbread.  
 Though tasty, these walls dissolved in snowfalls  
 And also made crumbs in Fred's bed.

One Christmas we made a great fire  
 And built it up higher and higher.  
 So when Santa came down the chimney, he'd frown  
 And complain, "You've made me perspire!"

There once was a greedy boy Paul  
 Who got every toy he could haul.  
 So much he'd consume, his house ran out of room  
 so Paul moved into Fairview Mall.

At Christmas, the big ape King Kong  
 Sang carols clad in a sarong.  
 But all of his neighbors would brandish their sabers  
 for he got all the choruses wrong.



**We're on the Web!**  
**Read the paper on-line,**  
**in colour at**  
**[www.badenoutlook.com](http://www.badenoutlook.com)**

*Let us take you away...*



3 Monthly Prizes:  
1st Prize: Trip for 2  
2nd Prize: \$200  
3rd Prize: \$100

## 2019-20 TRIP-A-MONTH LOTTERY

Monthly Draws to be held at ICC on the first Thursday of every month for 12 months. First Draw on April 4, 2019  
For full contest rules visit: [www.iccrotarylottery.com](http://www.iccrotarylottery.com)

# Tickets \$100 Each

Available online at [www.iccrotarylottery.com](http://www.iccrotarylottery.com)  
Or call 519-662-3092 or email [iccrotary@gmail.com](mailto:iccrotary@gmail.com)

\* Last day for ticket sales is April 3rd, 2019

**A COMMUNITY FUNDRAISER IN SUPPORT OF**



**Rotary  
Wilmot**



**LOTTERY LICENCE # M700981**



*New Hamburg ~  
Is Happy to Serve YOU!*



**E&L**

**CSN - E&L**

111 Arnold St.  
New Hamburg, Ont.  
N3A 2C6

www.likeneu.ca

**Murray Erb**  
Manager

T: 519-662-1892  
F: 519-662-1895  
Toll Free: 1-877-894-9773  
E: merb@likeneu.ca

**24-Hour Towing Assistance 1-877-700-4CSN (4276)**



**SYLVAN SKI-DOO ARGO EVINRUDE EZ-GO TRAILERS GO KARTS LAWN & GARDEN**

**PARTS SALES SERVICE**

114 Arnold St. New Hamburg Ph. 519 662-1461 1-877-740-2628  
On N3A 2C7 Fax 519 662-1101  
E-mail [info@blueskymarine.ca](mailto:info@blueskymarine.ca) Web [www.blueskymarine.ca](http://www.blueskymarine.ca)



519-662-2821  
147 Arnold Street  
New Hamburg, Ontario

**Car & Truck Accessories**

**Tires and Wheels  
Car Care Products**

*Tonneau Covers  
Hood Shields  
Rain Guards*



[www.rudyheld.com](http://www.rudyheld.com)

*Liquid Glass  
K&N Filters  
Programmable*

**SKOWRON**  
Decorating Centre

[www.skowrondecorating.com](http://www.skowrondecorating.com)



• Custom Window Treatments • Benjamin Moore Paint • Wall Coverings

**Reynold & Kathy Skowron**

85A Huron Street, New Hamburg, Ontario N3A 1K1  
Phone: (519) 662-1142 • Fax: (519) 662-9067

*Ask Armand ~*



*Gord from Baden asks* – Waterloo County is rich with German heritage. When did German immigration begin?

*Armand says* - A historical plaque near Baden, at the corner of Nafziger and Snyder's Road, honours Christian Nafziger, an Amish Mennonite from Munich, Germany who arrived in 1822 with about 70 families. With assistance from local Mennonites, he was able to obtain the "German Block" (now Wilmot Township) from the Government. Many other Amish from Europe also settled here.

Jacob Beck, born on May 10, 1816 came from Weiler, Baden, Germany, and named our town after Baden-Baden Germany. Looking around towns in Wilmot Township, it is easy to see the influence that Germans brought to our area. Mannheim, New Hamburg, Philipsburg, Petersburg, etc. are towns influenced by the influx of Germans to our area.

While German-speaking settlers from Pennsylvania were the most numerous until about 1840, a few Germans from Europe began arriving in as early as 1819, including Fredrick Gaukel, a hotel keeper. He would build what later became the Walper House in Berlin. Two streets in present-day Kitchener, Frederick and Gaukel streets, are named after him. Other German-speaking immigrants from Europe arrived in Waterloo County during the 1830s to 1850s, bringing with them their language, religion, and cultural traditions. Waterloo County soon became recognized throughout Canada for its Germanic heritage.

Some sources estimate that roughly 50,000 Germans settled in a large area of Southern Ontario, in and around Waterloo County, between the 1830s and 1850s. By 1871, nearly 55 percent of the population had German origins, including both those of Pennsylvania Mennonite and European Germans. This group greatly outnumbered the Scots (18 %), the English (12.6 %) and the Irish (8 %).

**FOCUS**  
computers inc.

**73 Peel St,  
New Hamburg,  
519-662-6720**

- **ONSITE AND IN-STORE SERVICE**
- **COMPETITIVE PRICING ON NEW & USED COMPUTERS**
- **AFTER SALE SERVICE THAT CAN'T BE BEAT!**
- **VIRUS REMOVAL, UPGRADES & MORE!**



YOUR ONE-STOP SHOP FOR ALL YOUR DIY FURNITURE REFINISHING NEEDS  
COMMERCIAL & TRADE ACCOUNTS WORKSHOPS

# Gratefully RESTORED

**FUSION™ MINERAL PAINT**  
*Paint it beautiful.*  
Authorized Retailer

BOUTIQUE HOURS: TUES TO FRI 9 TO 6, SAT 10 TO 3

**FUSION™ MINERAL PAINT**  
*Paint it beautiful.*

**CERTIFIED FUSIONista**  
© 2019 Fusion Mineral Paint, Inc. (www.fusionmineralpaint.com)

178 FOUNDRY STREET, BADEN, ON (519) 634-8533  
WWW.GRATEFULLYRESTORED.CA

**Expressway**  
Since 1983 Motors Ltd.

**"Where Service Builds Sales"**  
1554 Haysville Road, HWY 7 & 8 at Peel St.  
New Hamburg, Ontario N3A 1A3  
(519) 662-3900  
www.expresswayford.com

• SALES • SERVICE • LEASING • PARTS  
• AUTO CLEANING

**GENUINE PARTS & SERVICE**

**30 YEARS**

**"Additional Location in Stratford"**

Everybody loves the  
Santa Claus Parade!




**PREMIER**  
RUST CONTROL  
& Car and Truck Cleaning

Wishing you a Merry Christmas!  
Gift Certificates Available—Great Gift Idea!

**NO-DRIP OIL SPRAY**  
Don't be disappointed, call now!

- ◆ Environmentally Friendly
- ◆ Professional Application
- ◆ Specializing in Exterior & Interior Auto Cleaning & Detailing

Phone 519-662-3333

154-B Arnold Street, New Hamburg, ON



"Doctor, doctor, I keep thinking I'm a Christmas bell."  
"Take these pills and if they don't work, give me a ring."

**Jake & Humphreys'**  
BISTRO

www.jakeandhumphreys.com  
Open lunch & dinner Tue-Sat  
Licensed under AGCO

196 Peel Street  
New Hamburg, ON N3A 1E3  
519 662 1143

Let us Help Take care of YOU!



**New Hamburg  
Wellness Centre**

[www.nhwc.ca](http://www.nhwc.ca)

- Chiropractic Care
  - Registered Massage Therapy
  - Laser Therapy & Shockwave
  - Medical Acupuncture
  - Custom Orthotics
  - Naturopathic Medicine
- NOW OFFERING:**
- Nursing Foot Care
  - Social Work & Counselling
- NEW PATIENTS WELCOME!**

338 Waterloo Street, New Hamburg 519.662.4441

**Baden  
Nail  
Salon & Spa**  
Walk in Welcome  
*The Finest Place for Your Nail*

- SHELLAC
- ACRYLICS
- BIO GEL
- MANICURE
- PEDICURE
- WAXING
- UV GEL
- SOLAR GEL
- DIPPING POWDER

18 SNYDER'S RD WEST UNIT 4,  
BADEN ONTARIO N3A 0A7  
(519) 214 0264  
Gift Certificates

**Mariko Ogasawara RRPr.**

Registered Reflexologist 519-634-8935



Reflexology: Relieves tension  
Improves circulation  
Promotes natural healing

Reflexology Registration Council of Ontario  
Grand River Reflexology Associate



**YOGA CLASSES**

held right in Baden

CLASSES FOR ALL  
EXPERIENCE LEVELS

Shelley Cullen-Heipel  
Registered Yoga Instructor

WINTER SESSIONS BOOKING NOW  
book on our website [www.springhillyoga.ca](http://www.springhillyoga.ca)  
or call or text 519-634-5073



**Baden Integrative Health**

- ◆ CHIROPRACTIC ◆
- ◆ ACUPUNCTURE ◆
- ◆ CUSTOM ORTHOTICS ◆
- ◆ ACTIVE RELEASE ◆
- ◆ MASSAGE THERAPY ◆

SATURDAY  
& SUNDAY  
MASSAGE  
THERAPY  
AVAILABLE

Visit us today at  
36 Snyder's Rd E (Unit 1)  
Baden, ON. N3A2V5

ONLINE BOOKING AVAILABLE  
& WALK-INS WELCOME

5192791083 badenhealth@gmail.com www.BadenIntegrativeHealth.com



**Stephanie Matthews**  
Registered Massage Therapist

Deep Tissue Therapy  
Manual Lymph Drainage

1806 Erb's Road  
St. Agatha ON N0B 2L0

519-635-9240  
[stephaniermt@gmail.com](mailto:stephaniermt@gmail.com)

*Linda Langenegger*

ADVANCED SKIN CARE  
Medical Aesthetician & Qi Beauty Practitioner

Tel: 519-741-4662  
Email: [lindalangenegger@gmail.com](mailto:lindalangenegger@gmail.com)  
[www.LuvYourSkin.ca](http://www.LuvYourSkin.ca)

Gift Certificates Available



1760 Erb St Unit A  
St. Agatha, Ontario  
519-725-4282

Tues - Thurs 9 - 6  
Friday - 8  
Saturday 8 - 5

**Organic Food Box**

Organic Produce & Food Delivered to Your Door  
Order Online, Call Us or **Shop In Store**

- Local / Imported Certified Organic Fruits & Vegetables
- Organic & Natural Food
- Organic Meat & Dairy
- Vitamins
- Bodycare
- ERB OUTLET

[www.pfenningorganic.ca](http://www.pfenningorganic.ca)



When most of us hear the term “Pilates”, we more than likely think of a gym, exercise mats, group fitness classes, instructors, simple movements, home DVDs, or something similar. And while none of those things are wrong, Pilates and its precise movements are much more than an exercise.

In this article, we'll discuss what Pilates is, why it's used as a rehabilitation practice and the benefits of Pilates in physical therapy.

**What is Pilates?**

Pilates is a conditioning method that encompasses hundreds of exercises for the mat and various pieces of specialized equipment. It requires body awareness and mental focus.

Pilates exercises focus on postural symmetry, core control to facilitate optimal movement of the spine, hips and shoulders, muscular flexibility, joint mobility, and strengthening through the complete range of motion in all the joints.

With Pilates the whole body is trained, integrating the upper and lower extremities with the trunk (aka: the core).

**Why is Pilates used in Rehabilitation?**

The majority of reoccurring injuries are caused by repeated “strategies” our bodies create to get through everyday life. This can be as simple as lifting things the wrong way or even sitting in an office chair improperly. This is where Pilates comes in. Unlike other therapy practices that focus on treating the affected area, Pilates is a comprehensive process designed to address, educate, and prevent injuries. Starting with the treatment of an injury, Pilates uses precise movements to help patients rid their body of soreness and stiffness and regain proper flexibility and mobility. The next step is education. This applies to both a patient and their muscles. By using precise exercises, Pilates not only treats soreness and stiffness, but it also trains the body and patient to move correctly and in a controlled manner. And by educating the body and patient on proper movement techniques, we also assist with the prevention of future injuries.

**Benefits of Pilates Therapy**

There are many benefits to using Pilates as a therapy treatment. Let's focus on the three most important:

Promotes Healthy Joints

By strengthening and stretching your muscles and joints, Pilates puts patients at less of a risk of developing weak or stiff joints.

Improves Posture

Pilates has the ability to improve a patient's posture. You know that backache you've been treating on a regular basis with pain medication or possibly chiropractic appointments? There's a chance that it could be prevented or significantly lessened if Pilates becomes part of your exercise program.

Treats the Entire Body

Pilates focuses on the whole body as one working unit and works from the inside out. Unlike other therapy treatments that focus on a single area of the body at a time, every time a patient practices Pilates their entire body gets a workout to ensure balance and strength are addressed and worked on.



health & wellness

- Pilates
- Osteopathy
- Physiotherapy
- Acupuncture
- Chiropractic Care
- Pelvic Health Physiotherapy
- Registered Massage Therapy
- Hot Stone Massage Therapy
- Cupping Massage Therapy

**New Patients Welcome!**



**Now Offering PILATES!**

- Private sessions
- Wednesdays & Fridays
- Posture, Joint Mobility, Flexibility, Long & Lean Muscles, Core Strength

Book now with Amy Waters!

18 Snyder's Rd W, Unit 5, Baden  
519-634-9819  
Book online @ [www.livewellhealthandphysiotherapy.com](http://www.livewellhealthandphysiotherapy.com)



*Please support the advertisers in this paper and keep our community alive and thriving!*



# EXPERIENCE THE SOUNDS OF HAPPINESS THIS HOLIDAY SEASON.



TAKE ADVANTAGE OF OUR



**BATTERY BONANZA**

**BUY 6 PACKAGES OF BATTERIES AND  
GET 4 PACKAGES FREE\***

\*Limit 1 Per Customer. See Clinic For Details.  
Offer Expires: December 31<sup>st</sup>, 2018

90-DAY RISK FREE TRIAL PERIOD FOR GUARANTEED SATISFACTION  
CALL TODAY FOR A FREE HEARING TEST!



128 ERB STREET WEST, WATERLOO  
**519.745.5888**

10 WATERLOO ST., NEW HAMBURG  
**519.662.6884**

# 10 things you need to know about Canada's new vertical \$10 bill

As you may have heard, a new \$10 note will soon be making its way into your wallet. Its vertical orientation and portrait of social justice defender Viola Desmond likely caught your attention.

Here's an easy list of the top 10 things to know about Canada's new \$10 bill as it gradually enters circulation:

**1. It's the first time a Canadian woman appears on a regular bank note**

Portrait subject Viola Desmond, a successful Black Nova Scotia businesswoman who fought against racial discrimination, is the first Canadian woman to appear on a regular bank note. She was chosen for her courageous stand for equality and social justice.

**2. It features an icon of human rights and freedoms**

In November 1946, she defiantly refused to leave a whites-only area of a movie theatre and was subsequently jailed, convicted, and fined. Her court case was one of the first known legal challenges against racial segregation brought forth by a Black woman in Canada.

**3. It's vertical** This is the first vertical note issued by the Bank of Canada. In keeping with the Bank's innovative approach to design, this sets it apart from current polymer notes and allows for a more prominent image of the portrait subject.

**4. It's the first time Canadians decided who should be featured on a bank note**

Viola Desmond was selected after the Bank launched an extensive public consultation to nominate an iconic woman for a new bank note. She is the first portrait subject nominated by Canadians.

**5. It was a successful consultation**



We received A LOT of nominations. Canadians definitely wanted to have their say on who should appear on the next bank note. The six-week consultation produced more than 26,000 nominations and 461 eligible nominees. These choices were then whittled down by an independent advisory council to a short list of five Canadian women. The Finance Minister ultimately made the final decision.

**6. It has a theme: human rights and social justice**

The back of the new \$10 note features the Canadian Museum for Human Rights in Winnipeg, Manitoba—the first museum in the world dedicated solely to human rights. The note also includes a depiction of an eagle feather, a symbol of truth, power, and freedom for many First Nations peoples in Canada. It's intended to represent the

ongoing journey toward recognizing rights and freedoms for Indigenous peoples in Canada.

**7. It has some bold new security features**

As with all Bank of Canada notes, security is paramount, and the vertical \$10 includes several enhanced security features. These include transparent areas, raised ink on the front of the note, detailed metallic images and symbols, and the colour-shifting eagle feather. The bold features on this note are easy to check and difficult to counterfeit.

**8. Yes, it's a polymer note**

The vertical \$10 is printed on a polymer substrate, as all Canadian bank notes have been since 2011. Polymer notes are more secure, last longer (about 3.5 times) and they're even recyclable!

**9. It doesn't mean you need a vertical wallet**

This may be the first vertical bank note in Canada, but you won't have to handle it differently. It's the same size as other bank notes and you can use it in the same way.

**10. It's going to be around for a while**

This is the new regular \$10 note you'll see in circulation for years to come. The Bank issues new notes to stay ahead of counterfeiting threats and keep pace with advances in technology.

Follow the Bank on Twitter ([@bankofcanada](https://twitter.com/bankofcanada)) for the latest news about Canadian bank notes.



**Elaine Bechthold**  
Financial Coach  
1826 Snyder's Rd. E.  
Petersburg, ON N0B 2H0  
Toll Free: 877-788-0480  
Phone & Fax: 519-634-8021  
info@moneymeasuresinc.com  
[www.moneymeasuresinc.com](http://www.moneymeasuresinc.com)

Increasing financial security, saving money and eliminating debt through personal financial forecasting  
Financial forecasting for small business startups

*Community Corner ~ Check Out What's Going On!*



**YOU HAVE THE POWER TO GIVE LIFE**  
Donate blood and join the movement today.



**Blood Donor Clinic**

Monday, December 24, 11:30am-2:30pm  
 Waterloo Oxford District Secondary School Cafeteria

Monday, January 21, 5-8pm  
 Steinmann Mennonite Church  
 1316 Snyder's Road W., Baden

**Wilmot Family Resource Centre**

**FAMILY VIOLENCE PREVENTION PROGRAM**

There are many ways a person can abuse. Abuse is about intimidation and control and comes in many forms.

- ◆ PHYSICAL ABUSE
- ◆ SEXUAL ABUSE
- ◆ VERBAL ABUSE
- ◆ EMOTIONAL ABUSE
- ◆ FINANCIAL ABUSE



*If you are experiencing any form of abuse and would like help, contact Kelly at Wilmot Family Resource Centre Family Violence Prevention Program*

kelly@wilmotfamilyresourcecentre.ca / 519 662-2731

**New in the Neighbourhood?**

If you are new in the neighbourhood, call us to receive your gifts and learn about your community.

Local Representative: Marlene Brenneman  
 Welcome Wagon Representative  
 519-591-5963 [marlene.brenneman@gmail.com](mailto:marlene.brenneman@gmail.com)



**Tea, coffee and conversation for seniors**

**Christmas Stories and Songs**

Tues. December 18, 12:00-2:00  
 At Wilmot Mennonite Church  
 2995 Bleams Rd.  
 519-634-5030

A light lunch will be served at noon.  
 Suggested donation of \$10 accepted.

**T.O.P.S. (Take Off Pounds Sensibly)**

We are a support group for weight loss.  
 Meetings are held on Tuesday evenings  
 St. James Lutheran Church, 66 Mill Street, Baden  
 Weigh-ins at 6:30 pm followed by a short meeting  
 For more information call 519-634-9690  
 Everyone Welcome.

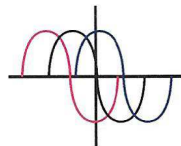
**100%** FUNDED BY COMMUNITY SPONSORS & DONATIONS  
**WATERLOO REGIONAL CRIME STOPPERS**  
 1-800-222-TIPS (8477)  
[www.waterloocrimestoppers.com](http://www.waterloocrimestoppers.com)  
 Like us on Facebook | Follow us on Twitter @waterloocrime  
3 ways to leave a tip: Phone: 1-800-222-TIPS (8477), Web: waterloocrimestoppers.com, Text to CRIMES and start your tip with TP152



**JOIN US FOR F.R.O.G.**  
**ON THE FOLLOWING DATES:**  
 October 2, 16, 30, November 13, 27,  
 December 11, January 8, 22, February 5, 19, March 5, 19, April 2 & 16  
 6:30pm - 8:00pm  
**BADEN PUBLIC SCHOOL**  
 Come enjoy floor hockey, free play, craft table & a bible story  
 No cost to attend | Supported by volunteers from West Hills Fellowship | For kids JK-Grade 5



*This space is generously donated by Expressway Ford supporting non-profit community events*



**ELECTRICAL CONTRACTING/DESIGN BUILD**

**Theodore W. (Ted) Couch**

Phone: 519-634-9634 Cell: 519-465-6791  
 Fax: 519-634-8055 Email: [couchco@sympatico.ca](mailto:couchco@sympatico.ca)  
 Web: [couchcoelectric.com](http://couchcoelectric.com)

**RESIDENTIAL • COMMERCIAL • INDUSTRIAL**



**New Hamburg Legion**

Branch #532—Boullee Street, New Hamburg

Invites you to join us for ...

Express Lunch January 4th, 12-1

Entertainment with **CRACKER JACK PALACE**  
 January 19th, 2-6, \$5 @door

*Wishing everyone a safe & happy holiday season*



THANK YOU FOR YOUR GENEROUS SUPPORT OF



Rotary  
Wilmot



Visit for full details:  
[www.iccrotarylottery.com](http://www.iccrotarylottery.com)

Tickets \$100 Each



Dominican Republic / Cuba / Casino Bus Tour / Italy / New York / Florida /  
Montreal / Mystery Tour / Quebec City / Scotland / Las Vegas / Costa Rica

LOTTERY  
LICENCE  
# M700949

### *And the December winners are:*

Trip for 2 Costa Rica Ticket #403- David Oliver (New Hamburg)

\$200- Ticket # 0297- Ron and Phyllis Montgomery (New Dundee), \$100-Ticket # 0179- Carol Locke (New Hamburg)

## The Benefits of Inviting Meditation into Your Life

Many people have this idea that meditation involves sitting down and doing nothing. But this is a misconception. Meditation is an active process, an exercise for the brain. The aim of the exercise is to become consciously aware of your thoughts and feelings without judging them. Meditation is not about trying to turn off your thoughts and feelings, but instead allowing them to come and go without resistance. Meditation is a skill; similar to any skill, it takes practice to get comfortable with. Over time and with consistent practice, meditation can bring extraordinary benefits to your daily life.

Improvements in attention and concentration are some of the central benefits of meditation. These benefits give rise to increased cognitive functioning, which allows you to be more productive and focused during the day.

Meditation has also been shown to improve overall psychological wellbeing by relieving stress, anxiety, and depression. Scientific research studies have suggested that meditation can be just as effective as antidepressants at reducing symptoms of depression. Due to its stress-reducing effects, meditation also has the potential to improve our quality of sleep. Sleep is vital for our health and daytime performance, and meditation can help you overcome insomnia and achieve a good night's rest.

Meditation has also been shown to facilitate recovery from various types of addictions. A study comparing the success of meditation training to an American Lung Association's Freedom From Smoking program found that people who learned meditation were many times more likely to quit smoking than people who completed the conventional program.

One of the most powerful benefits of meditation is its ability to increase self-awareness. Self-awareness involves looking inward at oneself without judgement. Self-awareness can be achieved by connecting to the present moment with an objective perspective that allows us to experience each moment without reacting impulsively to them. Self-awareness is a vital ingredient to achieving success in all areas of our lives.

All of these amazing benefits occur through measurable changes that meditation makes to our most important organ, the brain. Studies have revealed that people that practice meditation regularly have a shrunken amygdala, the brain region that governs the fear and anxiety response. This structural change in the brain corresponds with the decreased self-reported stress and anxiety levels of these individuals. Additionally, meditation reduces activity in the default mode network (DMN), the brain network responsible for mind-wandering or "scatter brain." Quieting the DMN gives rise to the increased focus and concentration benefits of meditation.

Is meditation worth it? It's certainly worth a shot. If you're not sure where to start, guided meditation apps such as Headspace, Calm, and 10% Happier make incorporating meditation into your daily routine easy and convenient. Next time you have a few minutes in the morning or evening, try following a guided meditation to quieten your mind. Notice the difference in how you feel after using these minutes to meditate versus using them to scroll through social media. Chances are you and your brain will be much calmer and clearer.

*By Audrey Kao, B.S.W. Intern*



## A Victorian Christmas at Castle Kilbride

“Marley was dead: to begin with. There is no doubt whatever about that ... This must be distinctly understood, or nothing wonderful can come of the story I am going to relate.”

This, of course, is the beginning of *A Christmas Carol* by Charles Dickens. Published in December of 1843, this endearing tale is still loved today for its message of giving, redemption, and of course for its portrayal of a spectacular, sparkling, and joyful Victorian Christmas.

That spectacle, sparkle, and especially that joy can be found for the next few weeks at Castle Kilbride. Until January 6th, every room in James Livingston’s 1877 mansion is adorned with every vibrant colour in the rich Victorian palette. Traditionally-decorated Christmas trees, heritage decorations, and festive garlands all evoke the magic and revelry of a Victorian Christmas. Visitors feel as if they’ve stepped into the pages of *A Christmas Carol* ...



“The walls and ceiling were so hung with living green, that it looked a perfect grove; from every part of which, bright gleaming berries glistened. The crisp leaves of holly, mistletoe, and ivy reflected back the light, as if so many little mirrors had been scattered there ...”

The Victorians were also famous for their bountiful Christmas feasts. In the dining room at Castle Kilbride, you can almost smell the hot baked potatoes, the towering centrepiece of oranges and lemons, and of the course the perfectly-roasted turkey -- incredible imitations all so realistically laid on the Livingston’s original table.

The sight reminds us of a scene that the Ghost of Christmas Present showed Scrooge:

“Heaped up ... were turkeys, geese ... mince-pies, plum-puddings, barrels of oysters, red-hot chestnuts, cherry-cheeked apples, juicy oranges ... and seething bowls of

punch, that made the chamber dim with their delicious steam.”

Along with an abundance of holiday foods, the Victorians were well-known for their games and revelries, and of course for their children’s enchanting toys. These, too, can be found throughout the history of Castle Kilbride; today, visitors can’t help but imagine Scrooge’s family singing and laughing throughout the Castle’s painted halls -- “for it is good to be children sometimes, and never better than at Christmas.”



And it is in the Castle’s attic where the world of Charles Dickens can be seen in all its magic, because here the Herner’s Victorian Village is now on display. Over 130 miniature Christmas-themed buildings, famous London landmarks, and scenes from Dickens’ novels stretch across the gallery. The collection is the decades-long passion of Baden resident Dave Herner, who, along

**Christmas at the Castle**

Castle Kilbride Is Fully Decorated  
November 20th to January 6th.

The table is set, the trees are trimmed, and the warmth and charm will kindle your holiday spirit. Visiting Wilmot Township’s National Historic site is truly a magical time. When we celebrate Christmas with family and friends, we have the Victorians to thank for many of the holiday’s joyful festivities and delightful customs. Step back in time and visit historic Castle Kilbride.

**Open:** Tuesday through Sunday from 11:30 a.m. to 4:00 p.m.  
**During Holidays Open:** December 27 – 30, January 2 – 6  
from 11:30 a.m. to 4:00 p.m.  
[www.castlekilbride.ca](http://www.castlekilbride.ca)

**Castle Kilbride**

**CHEF ADAM BRENNER**  
Local Catering | Local Grower

**THE GARDEN STAND**

- Prepared Foods
- Take Home Meals
- Catering • Preserves
- Gift Certificates & Baskets
- Dips, Sauces, Desserts & more!

HOURS: Mon: 10am - 6pm,  
Tues - Fri: 10am - 8pm,  
Sat: 10am - 6pm, Sun: 10am - 4pm

[chefbrenner.ca](http://chefbrenner.ca)

90 Wilmot St., Unit B New Hamburg | 519.390.0808

with his family, has re-created the village at Castle Kilbride for all to enjoy.

Look closely ... see if you can find a wee Tiny Tim and Bob Cratchitt, shown at A Christmas Carol's heartwarming end. As for Ebenezer Scrooge, he's here in the village, too ... you'll find him in his office, where he is looking at something spooky.

Of Scrooge, that dear old enlightened grump, at the end of the story Dickens writes: "He became as good a friend, as good a master, and as good a man, as the good old city knew ... his own heart laughed; and that was quite enough for him." From all of us at this good old house, to all of you in our good Wilmot home: Merry Christmas! And may your own hearts laugh with joy.

Castle Kilbride's touring hours are Tuesday through Sunday from 11:30 am to 4:00 pm. During the holidays, the Castle is open December 27th - 30th, and January 2nd - 6th from 11:30 am to 4:00 pm. Visit us at [www.castlekilbride.ca](http://www.castlekilbride.ca) (Please note that the Herner's Dickens Village is only accessible by stairs.)

By Teresa Brown, Chairperson, Castle Kilbride Advisory Committee

**THE WHINING TREE**  
Wine-Making, Kits & Supplies

*Where Good Friends  
Make Great Wine!*

Locally owned & operated retailer for VineCo Wine Expert

73 HINCKS ST UNIT 6 519-662-4111 NEW HAMBURG  
Tuesday - Friday 11am-7pm ~ Saturday 10am-2pm

### The Empty Chair

*This year when Christmas boughs are draped  
And cards around the doorway taped  
And cookies baked, and green wreaths hung  
And carols in the crisp night sung  
This Christmas cannot be as fair  
In homes where there's an empty chair.*

*Dear God in Heaven, bless with peace  
Those whose Christmas joy has ceased  
For those who grieve and cannot bear  
The stillness of that empty chair.*



*Instill in them a second sight  
To see in death a lasting light  
Which reassures that those who've died  
Now kneel before the manger side  
To celebrate the blessed birth  
More grandly than we can on earth.*



*And may those visions of your care  
Bring hope enough to fill that chair  
So Christmas carols may be sung  
And Christmas bells may still be rung  
And Christmas peace replace all fears  
And Christmas joy be felt through tears.*

**Herne's Victorian Village**

Inspired by real-life locations from the stories of Charles Dickens, the enchanting miniature village features over 130 Christmas-themed buildings and figurines. Created by Dave Herne & Family, this captivating exhibit returns for a second year with a breathtaking array of tiny homes, shops, outdoor scenes, and famous British landmarks that will delight visitors with its detail. This must-see display will take you back in time, where you'll feel like you're wandering the streets of Victorian England at Christmastime ... the perfect way to capture the best of the season.

On Display in the Belvedere Gallery until January 6th, 2019  
[www.castlekilbride.ca](http://www.castlekilbride.ca) 519-634-8444  
(\*please note this display is only accessible by stairs)

**Castle Kilbride**

**Cook's PHARMACY**  
A&J PHARMACIES INC.

**Poshin Jobanputra, RPh. CDE**

75 HURON STREET  
NEW HAMBURG, ON  
N3A 1K1  
PHONE: (519) 662-2640

1201 QUEENS BUSH RD.  
WELLESLEY, ON  
NOB 2T0  
PHONE: (519) 656-2240

Wishing you the  
*joy, love, and peace*  
of the Christmas season.

From your friends at



Connecting values and faith  
with finances can impact the  
world in *amazing ways!*

Join Kindred today and  
experience  
**#BANKINGWITHPURPOSE.**

info@kindredcu.com  
519.662.3550  
www.kindredcu.com  
100 Mill Street, Unit M  
New Hamburg



*Local Churches Invite  
You to Join Them*

*Please visit  
www.badenoutlook.com for a  
directory of local churches.*

**Steinman Mennonite Church**

1316 Snyder's Rd. W. (at Nafziger Rd), Baden

*Sunday Worship 9:45, Sunday School 11:00 am*

Phone: 519-634-8311 / www.smchurch.ca

**Livingston Presbyterian Church**

44 Beck Street, Baden / 519-662-4949

Hymn Sing 9:45 am ~ Worship to follow at 10 am  
Moderator: Linda Ashfield, 519-886-4150

**SHANTZ MENNONITE CHURCH**

2473 Erb's Road, Baden, Ont N3A 3M3

Phone: 519-634-8712 / Email: office@shantzm.ca

Pastor: Don Penner

Worship Service - 9:30 am Christian Education - 11:00 am

**ST. JAMES LUTHERAN CHURCH**

66 Mill Street, Baden, ON

519-634-5191 www.st.jamesinbaden.org

Interim Pastor: Bonnie Schelter-Brown

Sunday Worship 9 am / Sunday School



*Wilmot Centre Missionary Church*

2463 Bleams Road—corner of Bleams & Sandhills Road

Church Service and Children's Worship 10:00 am

Rev. Wayne Domm, Dr. Rob Gulliver, Rev. Don Boyd

519-634-8687 www.wilmotcentremc.ca

**Emmanuel Lutheran Church**

1716 Snyder's Road East, Petersburg, ON

519-634-5511 www.persburgchurch.org

\* Wheel Chair Accessible \*

Worship Service 9:30 am / Sunday School

**Wilmot Mennonite Church**

2995 Bleams Road, New Hamburg, ON

*Worship Service 9:45a.m. ~ Christian Formation 11:00 a.m.*

Pastor Susan Allison-Jones

519-634-5030 www.wilmotmennonite.ca

**New Hamburg Thrift Centre**  
 41 Heritage Drive  
 New Hamburg  
 519-662-2867



**Christmas hours**



Monday	Dec 24	Closed
Tuesday	Dec 25	Closed
Wednesday	Dec 26	Closed
Thursday	Dec 27	9 to 5 pm
Friday	Dec 28	9 to 5 pm
Saturday	Dec 29	9 to 4 pm
Monday	Dec 31	9 to 3 pm
Tuesday	Jan 01	Closed

(Regular hours all other days.)

**Christmas Clearance**  
 Dec 27, 28 & 29

Stuff A Bag \$2.00, Wreaths \$2.00, Christmas tress \$2.00

**Wishing you and your family a very Merry Christmas!**



All proceeds benefit the work of Mennonite Central Committee

**REGULAR HOURS**

Mon-Thurs 9:00 am - 5:00 pm  
 Fri 9:00 am - 8:00 pm  
 Sat 9:00 am - 4:00 pm

“Feeling gratitude and not expressing it is like wrapping a present and not giving it”

~ William Arthur Ward

The beginning of a new year for many of us is a time to reflect on the year we just finished and to plan for the year ahead. We are reminded to call forward the many things in our lives for which we are grateful. Here at the New Hamburg Thrift Centre we are deeply grateful for all the blessings that are bestowed upon us. We too look to the many blessings that affect our everyday lives.

Our gratitude includes all our many dedicated, loyal, and hard-working **volunteers** who are committed to supporting the ministry of Mennonite Central Committee.

We are thankful for the overwhelming amount of **donations** that keep coming to our receiving dock, for these donations keep our store plentiful and bountiful.

We are thankful for our **customers** for their financial support through their purchases.

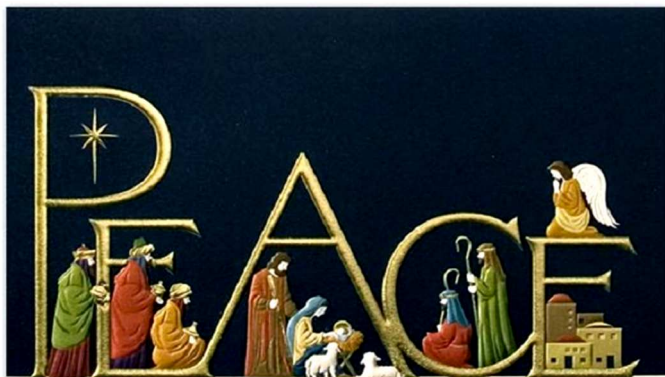
We are thankful for the **time we share together**, for the **friendship, and smiles** that surround us on a daily basis, by customers, volunteers, and donors.

We are thankful for the **groups** of students, churches and others that love coming to the Thrift Centre to learn about our mission and donate their time.

We are thankful for New Hamburg, Baden, Stratford and surrounding **communities** who give us continual and positive support.

We are thankful for the warm, safe and pleasant surroundings of the New Hamburg Thrift Centre, for the joy it brings and for the people we know we are helping in all areas of the world. And so, for the new year of 2019 we wish you the happiness of good friends, the joy of a happy family, and may the year to come be filled with warm and cherished moments.

*Thank you so much for your support and we wish you a bountiful Christmas and new year!*



*St James Wilmot Anglican Church, on old Huron Road just south of New Hamburg, celebrated the 100 year anniversary since the end of WWI on Nov. 11, 2018 by ringing our 3000 lb. bell 100 times. A group of just over 20 gathered at 5:00pm. Children young and old each took their turn. It was such a memorable occasion.*

**You Must Be Joking!!**



What did Adam say on the day before Christmas?  
 ~ It's Christmas, Eve!

What's a hairdresser's favourite Christmas song?  
 ~ Oh Comb All Ye Faithfull



Humpty Dumpty' s sister was asked what Humpty had been up to lately. She said he'd been successful in cleaning up the leaves and preparing the property for winter. She also relayed that he had won several prizes at the local fair.

" I think it is safe to say..." she summarized, "Humpty Dumpty had a great fall!"

~ Written by Cousin Mark Stevens J

Doug Ford always wished he was taller. He accepted a request to be Santa's Helper at the mall, but only on the condition that the big man in red remained seated at all times... thus invoking the 'notwithstanding Claus'.

Ned wasn't crazy about their daughter's boyfriend, "... and apparently the cheeky little so-and-so thinks he's bringing HIS sound system to OUR family Christmas party!!!"

MaryLou liked the boy, "... Oh, a couple of guest speakers will do us no harm."

### Signs of Christmas Everywhere

Toy Store: "Ho, ho, ho spoken here."

Bridal boutique: "Marry Christmas."

Outside a church: "The original Christmas Club."

At a department store: "Big pre-Christmas sale. Come in and mangle with the crowd."

A Texas jewelry store: "Diamond tiaras -- \$70,000.

Three for \$200,000."

A reducing salon: "24 Shaping Days until Christmas."

In a stationery store: "For the man who has everything... a calendar to remind him when payments are due."

The 3 stages of man:

1. He believes in Santa Claus.
2. He doesn't believe in Santa Claus.
3. He is Santa Claus.



Our offices utilize current dental technology and techniques to provide the care and treatment you need in the comfort you deserve.

- 3D Imaging for enhanced surgical diagnosis
- Invisalign™ and traditional teeth alignment
- Relaxing sedation options
- Treatment done in office/limited referrals

Family friendly care for you and your loved ones.

Your beautiful, healthy smile is our priority!



visit us @ [communitydentalgroups.com](http://communitydentalgroups.com)

# The Snow Pros

## Snow Clearing / Ice Control



**NOW HIRING: Full-time or part-time positions now available for snow removal crew.**

**Call 519-580-6255  
Or 519-662-6198**



The New Hamburg Lions and Lioness Clubs wish to thank our community for their support with our 35th Tree of Light campaign.



Our thanks to Mayor Les Armstrong who welcomed our guests and Kristin who pushed the button to light our tree. The Waterloo Oxford Apassionata Choir sang beautifully and the New Hamburg Concert Band played Christmas songs for our sing-a-long. Also, thank you to Boshart Electric for help with hanging the lights, Rob Esposito for his sound system, tables from The New Hamburg Legion, Erb Transport for providing the windbreak for the stage which was provided by McFarlane Trailer Sales and the New Hamburg Fire Department for bringing their ladder truck which lights up the children's faces. A big thank you to Sobey's for donating the hot dogs, buns and apple cider, No Frills for the condiments and Home Hardware for use of the BBQ.

A big thank you to all the businesses and people who donated to our campaign and our guests who joined us for helping to light the Tree of Light and support our community.

Our best wishes for a prosperous New Year.  
New Hamburg Lioness Co-Chairs  
Marjorie Heimpel & Reta Klaassen



## Grape Results Winery

209 Arnold Street, New Hamburg

Wishing you a Merry Christmas!



We thank you for your patronage.

Award Winning Wine for  
20 years in New Hamburg



## You Must Be Joking!!



Two young boys were spending the night at their grandparents'. At bedtime, the two boys knelt beside their beds to say their prayers when the youngest one began praying at the top of his lungs.

"I PRAY FOR A NEW BICYCLE...  
I PRAY FOR A PUPPY...  
I PRAY FOR A NEW XBOX..."



His older brother leaned over and nudged the younger brother and said, "Why are you shouting your prayers? God isn't deaf." To which the little brother replied, "No, but Grandma is!"

## massel's marine

38 Milton Street New Hamburg  
(519) 662-1650 (866) 627-7357  
[www.masselmarine.com](http://www.masselmarine.com)

Factory Trained Technicians ~ Accessories ~ Service to all Makes  
Shrink Wrap & Winter Storage ~ In House Financing  
Snowmobile Parts & Service





**Wilmot Horticultural Society**



"If you want to be happy for a lifetime, plant a garden." – Chinese proverb



Tis the season to be jolly, but sometimes finding 'the perfect gift' for a gardener can be challenging. Consider giving an experiential gift this season. Create your own gift certificate for a day at a botanical garden with the gardener(s). There are many gardens nearby such as **Dundurn Castle** (Hamilton), **Royal Botanical Gardens (RBC)** (Burlington), **Whistling Gardens** (south of Brantford) and the **Festival Gardens** (Stratford). Make a day of touring gardens and having lunch. If the gardener has a love for particular flowers, **RBC** has revitalized their large rose garden. Love peonies? **Whistling Gardens** has over 1000 peony varieties, so late May to early June is a great time to go. Nearby is **Bonnieheath Estate Lavender & Winery** that also has hard cider and a native garden area. Just Google gardens in an area of interest. Some locales have a number of gardens available for tours such as <https://discover.leedsgrenville.com/en/see-do/garden-trail.aspxdens.ca>

In our area, there are garden clubs and horticultural societies from which you can gift a membership. These groups also offer activities, tours, workshops, and speakers throughout the year. If the gardener is not in our Wilmot Hort. area, go to find one in their area at: [www.gardenontario.org/soc/index.php](http://www.gardenontario.org/soc/index.php) [www.gardenclubsofontario.ca/index.html](http://www.gardenclubsofontario.ca/index.html) [www.gardenclubsofontario.ca/kitchener-waterloo.html](http://www.gardenclubsofontario.ca/kitchener-waterloo.html)



There are several all-day events with lunch and speakers during the winter that are fun to attend. They are:

**Galt:** [www.eventbrite.ca/e/28th-annual-dream-garden-conference-tickets-51890610212](http://www.eventbrite.ca/e/28th-annual-dream-garden-conference-tickets-51890610212)

**Drumbo:** [www.drumbofair.com/jdas3/](http://www.drumbofair.com/jdas3/)

**Cambridge:** <http://www.gardenontario.org/site.php/cambridge/news/online/4414>

Attend our own **Garden Explosion** on Saturday, March 16<sup>th</sup> at Steinmann Mennonite Church, Baden, with speakers Ben Cullen, Lorraine Johnson, Robert Pavlis, and a fashion show. Email us for more details as our website is temporarily down for renovations. email: [wilmothortsociety@gmail.com](mailto:wilmothortsociety@gmail.com)



**Winter To Do List (or Should or Might Get To List)**

- ❄️ **Keep active! Walking is an excellent activity; the Wilmot Rec Complex has a great walking/running track if the outdoors is not appealing.**
- ❄️ Order seed catalogues or look online at their websites (<http://smallfarmcanada.ca> has a listing of most seed companies).
- ❄️ Watch for pests (white flies, spider mites, and aphids) and diseases on houseplants.
- ❄️ Repot tropicals? If the roots are growing into the surface of the soil and through the drainage holes in the bottom of the pot, it is time to up-size one pot size. Also, often plants die of 'too much love' by overwatering, so be conservative.



**WHS's upcoming meeting** is **Monday, January 14, 2019** at 7:30 pm, after a brief AGM, **Gardening for Butter flies: a visual journey by Thelma Beaubien**, with beautiful photography, will demonstrate how you can create a butterfly haven in your yard. **Wilmot Recreation Complex, upstairs in Meeting Room A.** **Free meeting**, 50/50 draw (bring a loonie or toonie), door prizes and social with tea/coffee with snacks. **Lug-a-mug.**

[www.gardenontario.org/site.php/wilmot](http://www.gardenontario.org/site.php/wilmot)

email: [wilmothortsociety@gmail.com](mailto:wilmothortsociety@gmail.com)



WHS wishes for peace and joy at Christmas and throughout the New Year.



**Riverside Flowers & gift studio**

FRESH FLOWERS · PLANTS  
GIFTWARE · CANDLES

55 Huron Street · New Hamburg  
Ontario · N3A 1K1  
519-662-1411

*All Flowers & Charm*  
Flower Shop

Melissa Rabbets  
**(519) 662-2062**  
333 Waterloo Street,  
New Hamburg, ON N3A 1S6  
[www.allflowersandcharm.net](http://www.allflowersandcharm.net)





# NEW HAMBURG OFFICE Pro

GOOD PEOPLE, WHO KNOW

251A Huron Street

www.newhamburgoofficepro.ca

- ✓ Office Supplies
- ✓ Ink & Toner Supplies
- ✓ Colour & B/W Photocopying
- ✓ Fax Service
- ✓ Custom Made Stamps
- ✓ Furniture

## 519-662-3710



## Dental Care that Will Make You Smile!

### For All Your Oral Health Needs

Zimmer Dentistry provides total dental care with friendly, small town service. You will find our team attentive to your needs and committed to making your visit comfortable, productive and effective. Your dental health is important to us.

- Preventive (cleanings)
- Digital radiography
- iTero™ digital impression scanning
- Fillings
- Invisalign® orthodontics
- Crowns, bridges, veneers
- Zoom!™ tooth whitening



- Complete or partial dentures
- Implant restoration
- Extractions
- Root canals
- TMJ (nightguards)
- Sedation (oral and nitrous)
- Botox (therapeutic)



## ZimmerDENTISTRY

Unit 3 – 10 Waterloo Street, New Hamburg, ON N3A 1V5

FOR AN APPOINTMENT: (519) 662-3510 | VISIT US ONLINE: [zimmerdentistry.ca](http://zimmerdentistry.ca)

## I'm Tired of Being Good Before Christmas

I'm tired of being good before Christmas.  
I'm tired of eating spinach and corn.  
But Mother says Santa is watching,  
Right up until next Christmas morn.



I hate being nice to my sister,  
And sharing my very best toys.  
I'd rather be ugly and selfish,  
And run around making loud noise.

It's boring to help make the dinner.  
It's boring to put away clothes.  
It's boring to wash and dry dishes,  
And always keep wiping my nose.

And why do I have to say "Thank you,"  
and "May I" and "Yes, Ma'am" and "Please"?  
I'd rather be known as a tough guy,  
With an image just like Mr. T.'s

And then there's the issue of homework---  
I've done it without one complaint.  
My teacher's amazed at my effort.  
My parents are ready to faint.

I want to rebel and be lazy,  
And dye my hair purple and green.  
But then I'd get nothing for Christmas,  
And be grounded until I'm sixteen.



I'm trying my best to be pleasant.  
I'm trying to do what I should.  
But if Christmas doesn't hurry and get here,  
I'll freak out from being so good!



## Dolman Eyecare Centre

251 B (Back) Huron Street, New Hamburg

Evening appointments—New Patients Welcome

519-662-3340

Contact Lenses & Laser Consultations

[www.dolmaneyecare.com](http://www.dolmaneyecare.com)

Progressive care that can enhance your quality of life.

## A Very Special Home for a Very Special Client



This past November, the Lambert Group had a unique opportunity to help one of our clients. Not only did we find our client a new home but we took on the task of helping our client find her beloved dog, Trixie, a new home too.

You see, Trixie had only ever known a life on the farm. Our client needed to downsize and knew that Trixie wouldn't do well living in town, not having the fields to roam in anymore. With our client's permission, we set upon trying to find a sanctuary that would be willing to take Trixie in. **We hit the jackpot! Carroll Organics and Sanctuary** in Hanover came and assessed Trixie and they lovingly have taken her in. We can tell you that Trixie is living her best life by all the positive updates we receive. Her first night there, we received a picture showing Trixie curled up beside the fireplace with one of her new dog friends. She is surrounded by lots of other animals and is lovingly taken care of by the folks at Carroll Organics. Not only does this organization offer a home to senior animals of all kinds, they provide adoption opportunities for the animals they take in. They provide rehabilitation as well in a loving and caring environment.

Each and every client is special to us. We consider you family. We consider ourselves so fortunate to assist you in all the little things that come up when making the decision to move. Any way in which we can make the transition a little easier, we welcome the opportunity. Partnering with Carroll Organics and Sanctuary certainly made this story have a happy ending! Check them out online. [www.carrollorganics.com](http://www.carrollorganics.com)



**Jon Lambert and Kerilynn Mathers – Sales Representatives RE/MAX Twin City Realty Inc.**

**Jon 519-897-1507 [jonlambert@lambertgroup.ca](mailto:jonlambert@lambertgroup.ca)**

**Kerilynn 519-897-1786 [kerilynn@lambertgroup.ca](mailto:kerilynn@lambertgroup.ca)**



### Interesting!

- ◆ If you replace "W" with "T" in "What, Where and When", you get the answer to each of them.
- ◆ If you rip a hole in a net, there are actually fewer holes in it than there were before.
- ◆ The word "swims" upside-down is still "swims"

### DC Home Services



*We have time when you don't*

**DC Home Services  
Fully Insured  
And licensed**

- |                                     |                            |
|-------------------------------------|----------------------------|
| ◆ Services include:                 | ◆ Meal preparation         |
| ◆ Residential/Small office cleaning | ◆ Pet walking and clean up |
| ◆ Yard/Garden Maintenance           | ◆ Groceries                |
| ◆ Laundry                           | ◆ Errands                  |
|                                     | ◆ Organization             |

~ Serving Wilmot Township ~  
Call Dawn at 226-749-4972

Or email [dchomeservices76@gmail.com](mailto:dchomeservices76@gmail.com) or

Find us on Facebook

<https://www.facebook.com/dchomeservices76/>



### Starting Out?

**If you're in your 20s, you might think that financial planning is just for old people. The reality is, you need to start planning today!**



*Joe Figliomeni.com, cpa*

CERTIFIED FINANCIAL PLANNER®

T 1.519.662.4001  

[knowliketrust.ca](mailto:knowliketrust.ca) • [joef@knowliketrust.ca](mailto:joef@knowliketrust.ca)

1-B 148 Peel St, New Hamburg, Ontario

Multiple financial and/or approved investment products are offered through Investia Financial Services Inc. Insurance products are provided through multiple insurance carriers.





# The Baden Outlook travelled to Switzerland, Mexico, Costa Rica and Nunavut.



Allen and Annie Legge of Washington, Ontario took their Baden Outlook to Neuchatel, Switzerland. They enjoyed hiking, train travel, vineyards, 300 year old chalets and of course the wonderful Swiss cheese and chocolate all while visiting their grandson Austin who is attending Neuchatel Junior College. *NJC is a unique Canadian College situated in the French quarter of Switzerland.*

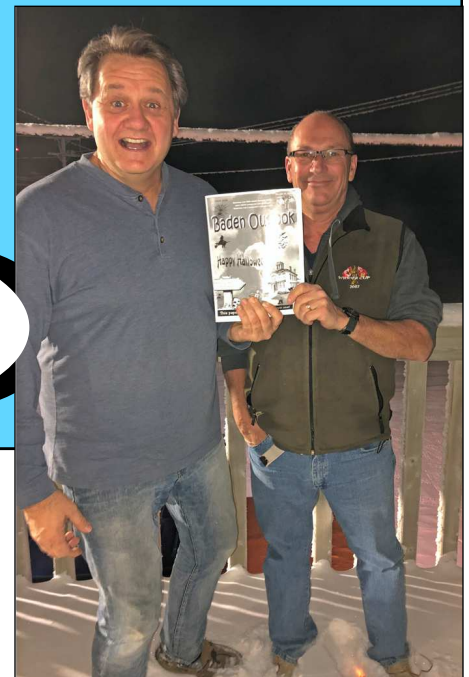


Brothers Christian and Asher Pocsai competed at the Junior World Racquetball Championships in San Luis Potosi, Mexico, during the week of November 3-10. Christian competed in both the U14 Boys Singles and Doubles, and Asher competed in the U10 Boys Singles and won a GOLD MEDAL in his division. Team Canada earned 4th place overall.



Calgary girls Jillian McDonald, Janice Linehan and Liz Metcalf found a Baden Outlook by the pool in Costa Rica.

**We're on the Web!**  
See the paper in colour at [www.badenoutlook.com](http://www.badenoutlook.com)



Tim Zehr and Randy Bender, with the Baden Outlook in Cambridge Bay NU. Employment led these two former New Hamburg lads to this hamlet located on Victoria Island in the Kitikmeot Region of Nunavut, Canada. This picture was taken outside (-14 ° to -32 ° C) facing the tundra. Unfortunately it's really dark because Cambridge Bay NU has only 2 hours of daylight at this time of year.



**Karen Weber**  
Owner/Consultant



**Traci Jutzi**  
Consultant



**Kristina Ziegler**  
Consultant



Where your journey begins...  
Let our experience guide you.

**(519) 662-3150**

Hours: Mon. to Fri.  
9AM to 5PM

*From our family to yours,*



# *Merry Christmas*

Josslin Insurance  
a Real Insurance<sup>SM</sup> broker

**519•662•1644**  
[www.josslin.com](http://www.josslin.com)