

AUGUST 2021
VOLUME 22, ISSUE 1

Your Favourite Good-News-letter
Keeping the Community Connected



Baden Outlook



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Wilmot Summer Market WEDNESDAY NIGHTS 5pm-8pm

We are very pleased to announce that the Wilmot Summer Market began June 2 on our regular Wednesday nights from 5 - 8 pm. Location is the same as last year on the grass at Baden Feed, 75 Charles Street. Bring your shopping bags and prepare to wait a little longer as we again adhere to social distancing requirements. We love that our community will still have the opportunity to support local farms and businesses.

15TH ANNUAL MOE NORMAN MEMORIAL CHARITY GOLF TOURNAMENT

COVID measures will be in place, see website for full details.

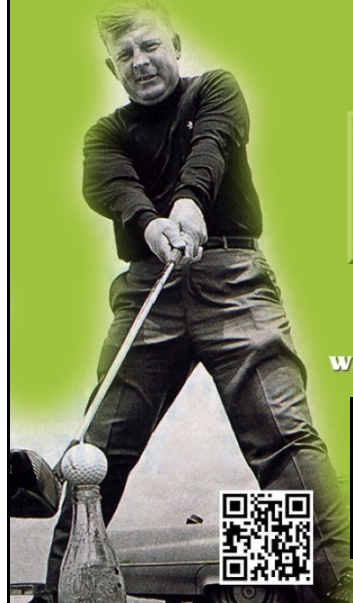


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Getting you there faster

Ontario is committed to a new 4 lane Highway 7 and replacing Woolwich's Glasgow St. Bridge and Wilmot's Bridge St. Bridge. GO Service has increased by over 100% on the Kitchener Line and more news on Two-Way, All-Day GO is coming soon.

A bright future for our kids

5 more schools are coming to Waterloo Region, including Breslau's new St. Boniface School. An improved apprenticeship system and support for skilled trades at Conestoga College will make training more accessible. Ontario is also increasing local university funding.

Keeping you healthy

A \$7M electrophysiology lab has opened at St. Mary's and another \$7M will expand local community paramedicine. Over 600 new and upgraded long-term care beds are being built in the region, including nearly 200 spaces at Nithview Community in New Hamburg and free dental care is now available to low-income seniors.

Live, work and play

Wellesley Township is getting a new recreation centre thanks to \$16M from Ontario. Upgrades are coming to the Woolwich Memorial Centre, Nithview Trail, West Montrose Bridge, and G26 Trail. An \$11M investment is bringing reliable broadband to 1,000 rural households and businesses.

Since 2018, Ontario has been moving forward our community's priorities. To learn more visit mikeharrismpp.ca

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Barry, Pat, & Katie Fisher

Check out what's happening in the paper this month:

- Barry's feeling homey
- Learn how to cope with fear with ICC
- Read tidbits about the power of cucumbers
- Try your hand at our game, Drop One For Fun
- Check out the summer library programs
- Castle Kilbride is open!
- Honouring and remembering Bob Schout
- Take a look at local grade three classes ideas for a new Baden sign
- An update is provided on Shantz Church's new build
- Thanks to the local Optimist clubs who made an amazing graduation experience happen! Check it out on page 20.

"Keeping the Community Connected"

The Baden Outlook is a grassroots family business serving the community of Baden and Wilmot Township.

The views expressed in this newsletter are not necessarily those of The Baden Outlook.

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Baden Outlook

Greetings from Headquarters ~



Although the pandemic has been difficult in many ways, I feel like much goodness has come from it as well. Not only have I spent more family time with my household gang, but the appreciation I have for hugs has been reaffirmed. New pastimes have emerged and new ways of managing the household have been established, which I plan to continue.

I have always enjoyed baking, but I find I have become more adventurous with what I choose to bake and have been expanding my dessert selections. Sometimes I bake just to drive around and drop off my baked goodies on friends' doorsteps. It feels good to connect with others through food.

I've also taken up gardening, which I'd expected to be boring. Seemed like a lot of waiting. But as I am exploring the gardening world, I am slowing down my thoughts and enjoying each new leaf that appears and every tiny green tomato that grows. It's not always about the product at the end but the journey along the way. I don't have a lot of garden space to work with, but big pots are working out well so far. Some of my seedlings didn't take. Probably due to not enough sun, or possibly overwatering, as I let my little boy help! My research into how much sunlight different vegetables need, and when to harvest them, has been exciting. There's so much to learn!



As for new ways of thinking, grocery shopping has been forever changed. Instead of going to the store numerous times a week, I am loving going less and feeling like our meals are more organized. Having a little pantry in the basement has been wonderful for storing extra items we may need. Trying new dinner recipes has also been a hit in my home. I like to wander through different types of cuisine. Little things like this can certainly improve the boring routine of staying at home.

As things open up more, I am interested to learn about what pastimes others have enjoyed and what new routines are sticking around in your families.



August is the month we celebrate the anniversary of the Baden Outlook. This month begins our 21st year publishing the paper, and I am happy to report that I am now officially in the backseat and Katie is in the driver's seat. She has worked hard to gain confidence, taking up where we left off, and has proven herself to be a great success this past year. I've never heard so many compliments about the colourful front pages as I have since she's been on deck. She has always loved the theme and context of what the paper reflects and will continue to carry on in those ways. I will continue to have my tasks behind the scenes.

It is such a relief to finally see the pandemic wind its way down, with less illness and fear. We've all been through a lot this past year and it's time to raise our heads, look our friends and neighbours in the eyes, and smile. Hard times bring out all kinds of things, both good and bad, and we must agree that both kindness and forgiveness go a long way to healing anything broken. People have been apart through the pandemic and people have disagreed on pretty much everything, but it can all be turned around. If there is nothing nice to say, don't say anything. If you need to process something, do it quietly, in a safe setting. It only takes one person and one day at a time to bring peace and harmony back to our tired and weary world. Simply be humble and kind and we will do it.



Talking with Ed

~ Feeling Homey at Home



Last year, Pat and I doubled the size of our back deck, complete with an attractive pergola. We are quite proud of our new structure which was built just before the massive price increase of building materials. Many weeks ago, while sitting on the deck, Pat questioned, “why we don’t sit out on the back deck very often?” Upon some reflection, I thought, she is right – why don’t we use it that much? It didn’t seem inviting and out of habit we’d planted ourselves elsewhere. It seemed she’d like some outdoor décor-- not my thing, but I get it.

Oddly, we found ourselves quite comfortable stationed in the garage with our game table and comfy chairs playing our favourite game called “Marbles”. In the spring we began our routine playing in the garage with the door open, with a good view of the street, and local activity with friendly faces. Not only is it cooler in temperature with a nice breeze too, but we have our old computer out there which has several hundred old albums on it for our listening pleasure. Also, through the many months of lockdown, we just wanted a change of scenery from our usual spots indoors.

Some discussion followed about her comments, and we narrowed it down to two different views – Pat’s and mine. Pat believes that it all boils down to ambiance (which is new thinking for me). If you don’t feel comfortable in a space then you probably won’t use it. First of all, we both found the deck “blast furnace hot” in the afternoons with the sun beating down on us. Also, all we had for furniture was a four-by-four table with six matching chairs, and one anti-gravity chair where we planned to read. Pat claims that after being indoors so much that the setting is important for every room in the house. You have to feel at home, at home.

My thinking was that old habits die hard and it was much easier to sit inside where it was comfortable...and yes, familiar and also predictable. I know that we are all creatures of habit, which can be good and bad, but the easiest thing is to feel comfortable. I know my morning routine is to wake up, with my usual 2 and a half cups of coffee, catch up with “Your Morning on CTV”, all the while checking my tablet for sports scores, news headlines, and of course Facebook. I am not sure why I couldn’t be doing that on the deck while getting some fresh air and being outside while we can. It’s cooler out there in the morning and private enough that I can still look like my pre-showered, handsome morning self!

So, to shake things up a bit I am happy to report that since our original conversation we have made some very nice changes. Pat has been having fun hanging plants, creating planter pots, and bringing colour to the deck. We bought four sheets of lattice and attached them to the top of the pergola, creating a bit more shade and keeping the space a bit cooler, yet still open and breezy. Next, we hung some outdoor art work, and mini lights adding some décor. Finally, we bought a very comfortable sectional patio set with a funky new coffee table which we both love! With an outdoor carpet defining our space and some colourful toss pillows we have officially moved to the back deck. Summer goes by quickly so we are going to be outside enjoying it.



I also note that due to COVID, the number of opportunities to have guests over has been grim, but with restrictions lifting we plan to see more friends and family join us out on the deck for dinner and visiting!

Until next month...Ed



Feeling hungry? We would be thrilled to see you on our patio!

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Check our website for hours and also to see our menu online.

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ALL THINGS SCRAMBLED

Within each category the words are jumbled up.
Can you unscramble them? Answers on page 34

Brands of Cars

DORF _ _ _ _ _
ANDOH _ _ _ _ _
SLATE _ _ _ _ _
GODED _ _ _ _ _
UBICK _ _ _ _ _
YATOOT _ _ _ _ _
SINSAN _ _ _ _ _
UBARUS _ _ _ _ _
DANYIUH _ _ _ _ _
CLINLON _ _ _ _ _

Footwear

SOTOB _ _ _ _ _
SCORC _ _ _ _ _
FASTL _ _ _ _ _
STAKES _ _ _ _ _
SLANDAS _ _ _ _ _
SAFEROL _ _ _ _ _
FOXDORS _ _ _ _ _
REAKNESS _ _ _ _ _
PLISSPER _ _ _ _ _
FLATPROMS _ _ _ _ _



"Keeping the
Community Connected"

Baden ~ Our Town



The Serial Griller is our own local food truck and they've been having other food truck friends join them all summer. We have been enjoying the sights and smells of Food Truck Saturdays

at the Baden Pond. As summer is winding down, there are only a few more dates. Here are the details:

- August 14th = Pablas Street Food of India, The Funnel Cloud, and The Serial Griller
- No event on August 21st
- August 28th= Food Trucks Finale = The Serial Griller, The Funnel Cloud, Lab Street Eats

Picnic at the Pond Finale will have activities for the kids with special appearances from some favorite Disney Princesses, live music, local market vendors, and of course some GREAT Food Trucks! Mark your calendars, bring your lawn chairs/blankets - you do not want to miss this one.

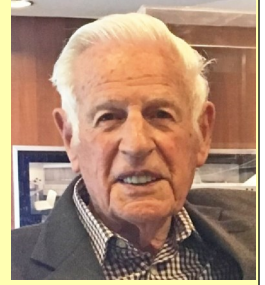
"Picnic at the Pond has been a great success due to a very supportive community, this is why we love Wilmot! Every week all trucks donate back to local organizations that have suffered during this pandemic, they have been unable to raise funds like they normally would have. 10% of all sales went back into our community! Wilmot Family Resource Centre, Wilmot Family Crises Centre, The Optimist Club of Baden & The KW Humane Society have all benefited from this."

-The Serial Griller-

Please remember, all social distancing rules still remain in place from the Region of Waterloo Public Health.



In Memoriam-



Abraham (Bob) Schout passed away peacefully on July 23rd in his 100th year at the Hospice of Waterloo Region with his wife Lien, of 71 years, at his side. He had a passion for travel, nearly visiting every country in the world. He will be greatly missed by his children and their spouses: Mike and Christine Schout, Ron and Nancy Schout, Susan and Ray Martin, and Lea and Michael Fewkes as well as his 10 grandchildren and 12 great-children.

He will be surely missed by our community. He has done so much for our township.



On the following page you will see an Outlook article from 2005, taken in part, about the journey of Bob and Lien Schout.

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Remembering the Journey of Abraham (Bob) Schout

Bob and Lien were born and raised in the Netherlands, near Antwerp, which was an important shipping port. The Germans had attacked and conquered the Netherlands in the early 1940s. Bob's home was located on a small island, which was only several kilometers from the ocean. Bob recalls the Germans occupying their house and the bunkers on the coastline, which housed the Germans' defensive guns. The allies continually bombed dikes to flood the island in hopes of flushing out the Germans. Due to his age and the fact that he lived on a farm, Bob avoided being shipped to Germany to work in a factory. By the end of the war in 1945 there was little food left to eat and wood for heating. Everyday items such as pencils and paper were unavailable.

After the war, Bob worked as an inspector for the government in the Building and Roads Department. He also completed his third year of a home course in hydraulic engineering. On May 21, 1952 with their homeland totally devastated, Bob, Lien (who was expecting their son Mike), and their two-year-old daughter Lea (Fewkes) sailed for Canada. After 10 days, the family landed at Pier 21 in Halifax with less than \$100 to their name, having no family or friends in Canada. Bob was 30 at the time.

Within two days, they arrived at Exeter, where a minister made arrangements for an apartment and a construction job digging out the basement of the new hospital. To help make ends meet he worked every night and on weekends at a farm cleaning incubators. After a short time, the supervisor acknowledged his construction talents and promoted Bob from labourer to carpenter, even though he spoke only Dutch and a little German. Unfortunately, the education he received in Holland was not recognized in Canada. Eventually he became a supervisor and some of the construction jobs brought him to Waterloo Region.

Some of the construction jobs that he supervised locally included the Canada Cement Company in Drumbo, the police building in Kitchener, and the domed Seagram barrel storage building in Waterloo. At one time, one of the projects he was working on required 200 employees. His next challenge, in 1958, was supervising an addition to the Waterloo-Oxford High School. Bob and his family decided to move to Baden for one year until the project was completed. They purchased a house on Hillview, where they still presently reside. Their children took an

immediate liking to Baden. In 1960, he was persuaded by a friend, Lloyd Long, to take a real estate sales job in Kitchener.

When Bob Schout entered real estate in 1960, there were about 180 real estate agents in the Kitchener-Waterloo area. The requirement for becoming an agent was a two-week course. To become a broker, you had to be an agent for a minimum of two years and take another extensive course. He worked for ten years out of the same office specializing in town and country properties. In 1963, he obtained his real estate broker's license but it wasn't until 1969 that he purchased a two-story office building at 106 Huron Street in New Hamburg. This was the first real estate office to open in New Hamburg and Wilmot Township. He named the business "A. Schout Real Estate Ltd" and he was the only employee. Soon he needed a secretary so Joan Clements was hired. Ron Ziegler was hired on as his first

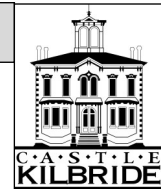
agent followed by Peter Gingerich. Marjorie McMaster was the secretary in 2005, and had 33 years with the company. Mike Schout, who is Bob and Lien's son, had worked as a salesperson at Steinmann Furniture in Baden. In 1973 he joined the firm as a salesperson. In 1975 Mike obtained his broker's license and worked together at the office with Bob. Four years later Mike Schout took



over **A. Schout Real Estate Ltd.** and changed the name to **Mike Schout Realty Inc.** Mike became more interested in commercial, industrial, and land development. This led to the development of Crescendo Development Corporation in 1982, a joint venture between Mike and Bob. They initially began purchasing and remodeling buildings. One of their first projects was the "Health Coach" building at the corner of Waterloo and Huron Streets in New Hamburg. Other early projects include the commercial building on Neville Street and the purchase and development of 25 acres of land on Hamilton Road. They purchased 20-plus acres of land in Baden between Foundry Street and Erb Transport on what is now called Gingerich Road and developed that for industry. Crescendo Development turned its focus toward developing local residential subdivisions. Baden subdivisions that were developed by Crescendo Development include Schneller Court, Village Greenway and Country Creek. Bob played a lesser role in the development company and in July of 2005, he retired. Bob was a Director of the Baden Chamber of Commerce for over 25 years. He was involved in the Vesper Village project and local church initiatives.

The Castle is Open!

By Ally Krueger-Kischak, Summer Student



On July 21st, after six months of closed doors due to COVID-19, Castle Kilbride reopened to the public. We are thrilled to welcome guests back to tour our nationally-designated historic home. In anticipation of the re-opening, Tracy Loch, Director/ Curator said, "We have been eagerly waiting for this day for many months now and we cannot wait to open our doors to the public." "We look forward to filling the hallways and rooms of this magnificent museum with the happy sounds of visitors once again," said Assistant Curator Sherri Gropp. Staff worked hard to prepare the museum by conducting a full cleanup of the Castle, replacing barriers, updating guiding plans, and making the house ready for guests to enter once again.



showcase the 1877 mansion along with their newest exhibit, *My Dearly Departed*, which has been carried over from 2020. This exhibit highlights Victorian funeral customs and traditions to commemorate the 100th anniversary of the death of Canada's Flax Mill King and owner of Castle Kilbride, James Livingston.

For families, Castle Kilbride is also offering an outdoor QR code scavenger hunt. This interactive activity will be available all summer and will take place around the exterior of the building. By scanning a QR code, families will be able to access virtual clues to solve different puzzles and riddles related to local heritage and the museum. More information is available on Facebook @CastleKilbride.

Castle Kilbride, a grand Victorian mansion featuring ornate wall and ceiling murals, will be open Wednesday through Sunday from 11am to 4pm. Guests are welcome to tour the Castle in small, guided groups. Visitors will be asked to follow the museum's safety protocols. These include hand sanitization, answering screening questions upon entry, and physical distancing between members of different households.

Tickets will continue to be booked online for groups of five or fewer people. During each 35-minute personal guided tour, Castle Kilbride's tour guides will proudly

To learn more and to reserve a tour ticket prior to your visit, go to: www.castlekilbride.ca.

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Checking out the Baden Library



Welcome back! We are so happy that Step Three allows the Library to be open again (with capacity limits) for browsing and computer use. We kindly ask that you keep your visits with us to a maximum of 30 minutes, provide contract tracing details to library staff, wear a face mask, and maintain a six-foot distance from other library users. Click & Collect pickup is still available for quick and easy service, either in branch or at the door.

Visit us online at rwlibrary.ca for the most up-to-date information, and access all our programs and services.

Summer Reading Club – On now to August 31
Keep young readers happily busy with our Summer Reading Club. Track reading time, complete fun missions, and have a chance to win great prizes! Register at rwlibrary.readsquared.com

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Reach out to our [Ask a Librarian](#) service by calling 226-748-8030 or emailing us at askrwl@regionofwaterloo.ca and a friendly librarian will answer your questions or help you find what you need.

Programs and Events

Have you tried one of our many virtual programs? There is something for all ages and they are free to attend. Please visit us online to check out our latest offerings:

Summer Reading Club is on now to August 31. Participate by tracking your reading, attending programs, completing missions/challenges, or a combination of all. You can track your achievements online or on paper. Visit rwlibrary.ca to register.

Parks Canada “The Rouge: Canada’s First Urban National Park”

Thursday August 19, 7 p.m.

Canada's first and only National Urban Park is located right in the Greater Toronto Area! Join the Parks Canada Learn-to-Camp team as we discuss what makes a National Urban Park unique, and how Rouge National Urban Park protects a rich assembly of natural, cultural, and agricultural heritage. To learn more, please visit rwlibrary.ca.



Seed Harvesting Series

Flowers: Tuesday August 17, 7 p.m.

Herbs: Tuesday September 7, 7 p.m.

Vegetables: Tuesday September 14, 7 p.m.

Join Bob Wildfong from the Region of Waterloo Museums for a three part series about seed harvesting. Bob will teach us how to harvest flower, herb, and vegetable seeds. This is a great opportunity for gardeners to learn new skills about how to return seeds to the Region of Waterloo Seed Library! To register please visit rwlibrary.ca!

Adult Book Club

September 16, 7:30 p.m. (on Zoom)

There is still time to read Extraordinary Canadians by Peter Mansbridge, the 2021 One Book, One Community selection and join our book club discussion with Jen Cyr, Coordinator of Library Collections. Register in advance to receive your Zoom link to the book club meeting. For more details, ask your local library staff or visit rwlibrary.ca.

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patience. We look forward to seeing you!

Wilmot Aquatic Center Gives Out Ben Grosso Award - Congrats Isla Romano!



In January 2018, The Township of Wilmot (Aquatic Staff) found out about the passing of their team member, co-worker, colleague, lifeguard, and friend. Ben Grosso was kind, caring, and a quiet leader. He didn't always feel like he belonged in his environment. He often felt like the pool was the only place (aside from home) that was comfortable, warm, welcoming, and accepting. The reason that he felt that way is because there were certain staff that went out of their way to be welcoming, friendly, and inclusive. Unfortunately for reasons that we do not know of or even understand, Ben hit a low in his life and could not see a happier tomorrow. Ben is missed dearly by his family, friends, and co-workers.

An award was created on Ben's behalf; last year Dana Hallman was the recipient. The award is given out to an Aquatic Staff member each year at summer staff training. This staff member is nominated by their peers. A staff member that could be nominated for this award poses these attributes:

* Inclusive * Team focused * Leader * Friendly * Kind *

On July 2, this year's Ben Grosso award was given to Isla Romano. Isla has been employed at the pool since June 2018. She is described by her co-workers as kind, outgoing, and compassionate. She always checks to see how everyone is doing. When she knows someone has had a bad day, she leaves them a little note in their mailbox at work to tell them she is there if they need to talk. Isla welcomes all new staff and tells them she is there if they need anything.

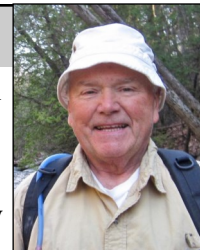
Isla has struggled with her own mental health. She has worked hard to be able to see herself in the future and has become a mental health advocate. She is a true example of what this award stands for. Congrats Isla!

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Someone recently asked me whether they should continue to feed birds in the summer. I'm also following up on Ken's column on feeder maintenance in the May 2021 issue of the Baden Outlook. What follows are my ideas. They are not scientifically researched.

Birds do not need us to feed them. They have survived here in Wilmot without feeders for millions of years. The greatest threat to birds comes either directly (loss of habitat, pollution, pesticides) or indirectly (climate change). But that's another column. We feed birds as a form of entertainment; like watching shows on television or listening to music. We like to look out our windows to see the colourful birds that are attracted to our feeders. It also gives us something to brag about to our friends when we tell them what exotic species WE saw at OUR feeders.

We feed about six 50-pound bags of black oil sunflower seeds in a year, not counting the bags of mixed seed, suet, etc. That's a considerable expense, but I consider it a cost just like going to a concert or movie. It's a form of entertainment. If we did not put feeders out, the birds would forage in the surrounding countryside as they have for millions of years, eating the seeds of plants found in fields and forests. Or, they'd dig insects out of their hiding places in goldenrod galls (chickadees), or under the bark of trees (woodpeckers). I love driving in the country on a wintry day and seeing a flock of snow buntings, that had been feeding on the weeds in a field before we drove past, wheeling in tight formation. I have never seen a flock of snow buntings at a feeder—they are birds of the open country. Birds are one of our natural controls of plants and insects. One very severe winter we had wild turkeys at our feeder.



Birds raise their young in the summer for several reasons, one being the temperature. A second is the availability of insects to feed their hungry broods. Many birds feed their offspring insects because insects contain more protein than seeds, which are mainly carbohydrates, and the young birds need protein to grow bones, feathers, etc. I recently read that it takes 6000 to 9000 caterpillars to raise a brood of chickadees. Just imagine the number of caterpillars that are consumed by ALL the birds in Wilmot! The feathers of birds are almost completely made of protein. We have noticed that in spring that some

adult birds stop coming to the feeder when they are raising their young on insects; although they sometimes return with the fledglings when they are older and able to fly. It's a real treat to see the young downy woodpeckers, identifiable by their smaller size, come to our feeder in late summer.

Birds are very important in the dissemination of seeds of plants. Without birds many seeds would fall directly under the parent tree, cherries being one example. Birds usually consume the fruit whole and after digesting the fruit, poop the seeds out, possibly in a location far removed from where the seed was consumed, thereby spreading the plant. Many gardeners can attest to having to remove wild grape or raspberry seedlings from their gardens that were likely deposited there by perching birds. Hawthorn seeds need to be scarified with grit in the crop of a bird and have their tough seed coats acted on by the acids in the bird's digestive system before they will germinate in the soil.

We stopped feeding this summer because the squirrels and chipmunks were consuming most of the seeds. And the chipmunks don't eat most of the seeds they consume—they bury them! We find little clumps of sunflower seeds coming up here and there around our property. The birds will not go on the feeder if it is occupied by squirrels. I don't know why it bothers me to feed squirrels and chipmunks, but it does!

So, there you have it. I'm not going to tell you whether or not it's a good idea to feed birds in the summer, or at any time. I just want you to know that birds do not need to be fed at feeders, and that we feed them as a form of entertainment; somewhat akin to bird watching. But we all need entertainment!

I hadn't seen the ospreys by the bridge over the Nith on Christner Road for several weeks, so I asked my friend who keeps a close eye on them if he had been seeing them. He reported he hasn't seen them for awhile, but he definitely saw a different bird on the nest. His hypothesis is that the older established pair that has occupied the nest for the past several years was displaced by a younger pair. Often a young female will lay eggs that don't hatch the first year. This is just conjecture. We may never know what actually happened.

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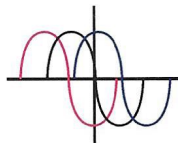
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Fear of the unknown is a big one for most of us humans. Whether it be concerning your future, your health, the pandemic, or job stability, fear has the capacity to disarm us and leave us feeling immobilized.

The good news is you can change your relationship with fear, so it no longer controls you.

Instability and the unknown can bring this four-letter word along with it. It is a very common reaction and response in an ever-changing world.

Fear of the unknown, fear of pain and suffering, fear of loss, and fear of change.

Most of us do not want to feel fear. We are taught that fear is bad, fear feels awful, and that we should avoid fear at all costs. Yet the more you resist it, the more it will persist, and the worse you are likely to feel.

I invite you to allow it, accept it, and embrace it, even.

Allowing your fear to surface, you may notice it as a heaviness in your core that radiates as spikes through your limbs and a blossoming fullness in your cheeks. Fear does not feel good, by any means, but by sitting with it you may come to realize that your fear, like all

emotions, is simply a feeling in your body, nothing more.

You can learn to recognize your fear, acknowledge it (say "Hi, fear, I see you") and sit with it until it passes, as all emotions do, both wonderful and difficult ones. Sometimes it may last longer than others, like on the days that you feel more unease and distress, but it will always pass. This is a secret everyone needs to know, especially when faced with anxiety and fear: face your feelings, feel your feelings, and the feelings will pass.

The more you practise this process, the easier it will be to experience all the emotions that arise on your journey and in your life. Being with fear can allow you the strength, vulnerability, and resilience to move forward in the way you most want to.

No one ever is expected to have all the answers or solutions to their problems. When you feel fear settling in, I encourage you to approach your emotional experience with compassion and curiosity. Allow and acknowledge all your emotions and move forward in your journey empowered. You cannot control what happens to you, but you can control how you experience and respond to it.

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You Must Be Joking!!



* The first sip of coffee is like the scene in the "Wizard of Oz" when it switches from black and white to colour.

* Please, has anyone figured out what we should be doing while people are singing Happy Birthday to us?



* There is nothing scarier than that split second when you lose your balance in the shower and you think, "THEY ARE GOING TO FIND ME NAKED!"

* One day, you will be able to tell your grandkids, "I survived the Great Toilet Paper Shortage of 2020."



* How upset do you think bees are that we put the product of their life's labour in a bottle shaped like a bear??

* They say "you snooze, you lose," which means I start every morning failing multiple times in 5 minute intervals.

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Drop One For Fun

Answers on page 34



Write the five-letter answer to clue #1 in the first box. Drop one letter and rearrange the remaining letters to answer clue #2. Put the dropped letter into column A. Drop another letter and rearrange the remaining letters to answer clue three. Put the dropped letter into column B. Follow the pattern for each row into the diagram. When completed, the letters in column A and column B, reading down, will spell words or a phrase. Have fun!

1. Explosion
2. Pierce
3. Baseball equipment
4. Respond to something
5. Shopping vehicle
6. Part of a circle
7. Southern U.S. marsh
8. Navigating float
9. Young male
10. Pilotless aircraft
11. Finished
12. Very long period of time
13. Agitated
14. Remain in place
15. Perch

A		B	
1		2	3
4		5	6
7		8	9
10		11	12
13		14	15

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My kid made the mistake of telling me I was being over-dramatic so I just changed the Wi-Fi password... Let's see who's over-dramatic in about 5 minutes!!

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Community Corner ~ Check Out What's Going On!



Calendar Fundraiser
June/July Winners

June 7, 2021

Winner: Laurie and Chris Laroche (Wellesley)
Prize: \$50 Gift Certificate to Tim Hortons

June 14, 2021

Winner: Cailyn Bowman (New Hamburg)
Prize: \$50 Gift Certificate to Massel's Marine

June 21, 2021

Winner: Eileen Walker (Bluevale)
Prize: \$50 Gift Certificate to Puddicombe House

June 28, 2021

Winner: Nancy Robinson (Mount Pleasant)
Prize: \$50 Gift Certificate to NH Cycle

July 5, 2021

Winner: Lindsay Weicker (Tavistock)
Prize: \$50 Gift Certificate to Baden Coffee Company

July 12, 2021

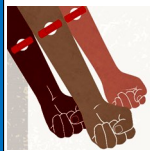
Winner: Heidi Guil (New Hamburg)
Prize: \$50 Gift Certificate to NH Thrift Centre

July 19, 2021

Winner: Klaus Ristanovic (New Hamburg)
Prize: \$50 Gift Certificate to Scrان & Dram

July 26, 2021

Winner: Matthew Watson (Kitchener)
Prize: \$50 Gift Certificate to Murray's Clothing



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What have you been doing this summer? Did you take your Baden Outlook along for the fun? Snap a photo, send your name and vacation details to badenoutlook@hotmail.com ~ These photos are a blast from the past!!



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ANNOUNCEMENT

We are very pleased to introduce the newest members of the client service team at Stonetown Travel Ltd.

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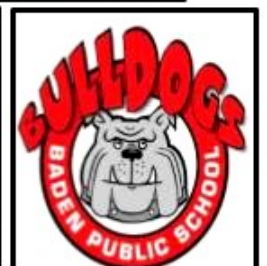
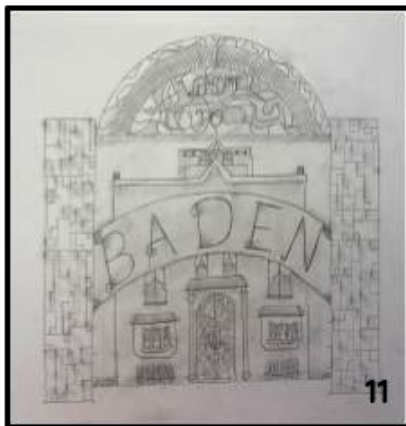
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Collectively, Traci and Kristina have over 50 years of extensive travel industry experience. Prior to joining the team at Stonetown Travel, they both worked for several years at Imagine Travel. Kristina and Traci look forward to re-engaging with past clients as well as helping new clients in making travel memories to last a lifetime. Welcome, Traci and Kristina!



Baden & District
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ESTABLISHED 1958

Ashleigh Schuett is a teacher at Baden Public School. Ashleigh gave her 2020-2021 class a special assignment. She asked students to reimagine a new “Welcome to Baden” sign.

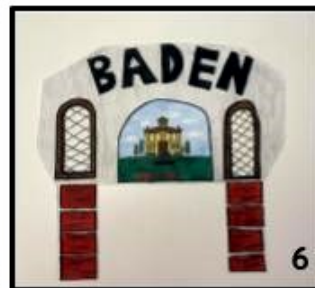


Artwork by: 1. Aubrey, 2. Drew, 3. Madison, 4. Nate, 5. Lucas, 6. Molly, 7. Lauren, 8. Sam, 9. Tyler, 10. Aidan, 11. Mawuko, 12. Natalia, 13. Brooke, 14. Kaden, 15. Riley & 16. Allie

We are proud of the students' submissions and are delighted to share their artwork. A big thank you to Ashleigh and the students at Baden Public School.



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Watch for more grade 3 artwork coming again next month!

Artwork by: 1. Maddie, 2. Reese, 3. Emily, 4. Isobel Abigail, 5. Isobel, 6. Coen, 7. Adina, 8. Katie, 9. Ali, 10. Abby, 11. Acelyn, 12. Isaac, 13. Evan, 14. Juliana, 15. Abigail & 16. Evan

Congrats Grads of 2020-2021!

What did it mean to be a Grade 8 & 12 Graduate this year?

It meant a year that happened, but really didn't happen, but did happen!! All the Optimist Clubs in Wilmot Township decided to collaborate to provide the opportunity for all grade 8 and 12 grads to get a swag bag filled with lots of great gifts to show them that we know it was a tough year to graduate. We had 2 graduating grade 12 students design the grad logo for the bag and then asked the community to help fill these bags. It was a huge success! We handed out over 470 bags and even had a special guest helping hand out a few bags too. We feel that these bags definitely let the grads know that their community is very proud to have such incredible graduates of 2021!!! Any leftovers went to the Wilmot Family Resource Centre for the Food bank and to help fill backpacks for school in the fall.

All the Optimist Clubs of Wilmot Township (New Dundee, Petersburg, Mannheim, New Hamburg, Wilmot, and Baden) want to thank the community businesses and families for their support and we wish all the graduates the very best in their next chapter of life.

Optimist Clubs of Wilmot Township

New Dundee Petersburg Mannheim New Hamburg Wilmot Baden



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Grad Logo designed by:
 Izabell Piattelli & Heidi DeMelo

Grad Bags were donated by: BECHTOLD HOME IMPROVEMENTS



*To The Optimist Clubs of Wilmot Township...
 I'd like to thank you all for pitching in on this bag, and for supplying all the goodies inside. They were really enjoyable, and I hope all of you who pitched in have a great summer!*



Meet Our Local Firefighters!



Thank you to all our local firefighters. Just like nurses and doctors, you see grief that we cannot comprehend. You are true heroes and deserve to be recognized!

Name: The Goods

Rank: Ryan Good (Captain), Elroy Good (Retired), Brandon Good (Firefighter)

Station: New Dundee

Years of Service: Decades

My name is Ryan Good and I represent the second of three generations of "Good boys" at Wilmot Township Fire Department Station #2 in New Dundee. I've officially been with the department for 29 years and have recently been promoted to the rank of captain. Growing up, I watched my dad (Elroy) on the department and I couldn't wait until I was old enough to join myself. When I was a kid, my dad would use the tanker to fill up people's pools and I would jump at the chance to ride in the truck and help. I remember the old "air raid" siren that would go off whenever there was a call. I'd see the trucks pull out with firefighters riding on the tailboards and I couldn't wait to do that myself. Unfortunately, by the time I was old enough to join the department the practice of riding on the back of a truck on the way to emergencies gave way to having to sit inside the trucks AND wear a seatbelt. Regardless, when I was 16, Wilmot Township started a junior firefighter pilot program for kids between 16 and 18 years old and I was in the first group to sign up. I got to spend the next 2 years training with the firefighters as well as responding to calls in a supporting role. As soon as I turned 18, I filled out my application and was hired on to the department. Since then, I've had the opportunity to participate in a number of specialized courses (high angle rescue, firefighter survival, ice and water rescue, fire instructor, fire officer, etc.) and I've had the pleasure of working with dozens of people dedicated to helping others in the community.



Ryan Good



Elroy Good



Brandon Good

One of my proudest moments on the department was receiving my 25-year long service medal from the Ontario Fire College the same night my dad got his 45-year medal. After more than 47 years on the department, at 75 years of age, my dad had a heart attack and was forced to retire due to health reasons. In 2019, my eldest son (Brandon) joined the department. Seeing him go through recruit training and now responding with me to calls is also a great source of pride. Being able to work side-by-side with my father at emergency scenes for more than 25 years and now with my son for the last two has been an amazing experience that I wouldn't trade for anything.

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CHOOSING THE RIGHT BACKPACK FOR YOUR CHILDREN

By Dr. John A. Papa, DC, FCCP(C)



Carrying a poorly designed or overloaded backpack can place excessive weight on a child's growing spinal column. This type of daily physical stress can lead to irritation and injury of the spine, joints, and muscles, which can potentially result in postural changes, back pain, and headaches.

Parents and children can avoid injury by following these simple rules with respect to choosing, packing, and carrying a backpack.

1. **Pick the correct size:** Choose a backpack that is proportionate to body size and not larger than needed. The top of the backpack should not extend higher than the top of the shoulder, and the bottom should not fall below the top of the hipbone.
2. **Choose lightweight material:** Select a backpack made of light material. For example, nylon, vinyl or canvas instead of leather.
3. **Strap it up:** The shoulder straps should be at least two inches wide, adjustable, and padded. Ensure that they do not cut into or fit too snugly around and under the arms. A hip strap or waist belt helps to effectively redistribute as much as 50 to 70 percent of the weight off the shoulders and spine onto the pelvis, balancing the backpack weight more evenly.



4. **Padding goes a long way:** A backpack should have a padded back for added protection and comfort. Pack odd-shaped items on the outside so they do not dig into the back.
5. **Pack it right:** Contents should be evenly distributed, with the heaviest items packed closest to the body. This reduces the strain, as the weight is closer to the body's centre of gravity.
6. **More pockets are better:** Choose a backpack that has several individual pockets instead of one large compartment. This will help to distribute the weight evenly and keep contents from shifting.
7. **Wheels and handles:** Explore other options such as a backpack with wheels and a pull handle for easy rolling.
8. **Weight is everything:** Backpacks should never exceed 15 percent of a secondary school child's body weight or 10 percent of an elementary school child's body weight.
9. **Handle with care:** Children should learn to squat or kneel to pick up their backpacks, and use their legs by bending at the knees and not twisting the back when lifting. Backpacks can be placed on a counter, chair or table before they are put on. Slung backpacks on one side of the body may place excessive stress on the joints and muscles of the mid and lower back.

Parents should ask their kids to report any pain or other problems resulting from carrying a backpack. If the pain is severe or persistent, seek care from a qualified health professional. The author credits the Ontario Chiropractic Association (OCA) in the preparation of this educational information for use by its members and the public.

This article is a basic summary for educational purposes only. It is not intended, and should not be considered, as a replacement for consultation, diagnosis or treatment by a duly licensed health practitioner.



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Be Mindful How You Judge

A young couple moved into a new house. The next morning while they were eating breakfast, the young woman saw her neighbour hanging the wash outside.

"That laundry is not very clean; she doesn't know how to wash correctly. Perhaps she needs better detergent."

Her husband looked on, remaining silent. Every time her neighbour hung her washing out to dry, the young woman made the same comments. A month later, the young woman was surprised to see nice clean wash on the line and said to her husband, "Look, she finally learned how to wash correctly. I wonder who taught her this?"

The husband replied, "I got up early this morning and cleaned our windows."

And so it is with life... What we see when watching others depends on the clarity of the window through which we look.

So don't be too quick to judge others, especially if your perspective of life is clouded by anger, jealousy, negativity, or unfulfilled desires.

"Judging a person does not define who they are. It defines who you are." -Jonathan Kestenbaum

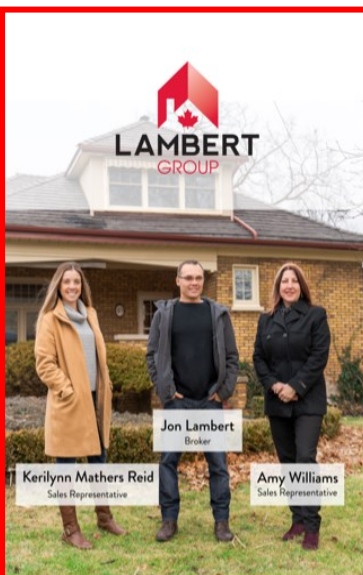


You Must Be Joking!!



Back to School Fun

- * Son comes home from his first day at school. Mother asks, "what did you learn today?" Boy replies, "not enough, they say I have to go back again tomorrow!"
- * Why was the teacher wearing sunglasses? — She had really bright students.
- * What's the King of school supplies? — The ruler.
- * If you add 13 apples, 12 grapes, 3 pineapples, and 3 strawberries, what would that make? — A delicious fruit salad.
- * What's the difference between a teacher and a train? — One of them says "spit that gum out" and the other says "chew, chew."
- * Why did the M&M go to school? — Because he really wanted to be a Smartie.
- * Why were the teacher's eyes crossed? — Because she couldn't control her pupils!!



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August is the perfect time to get outside and enjoy the last few weeks of summer, and there's no better time to EXPLORE LOCAL!

Here are a few of our FAVOURITE things to do in **Wilmot Township and area**:

Visit the iconic **St. Jacobs Farmers Market**. Best enjoyed on Tuesday's during the summer season, and the perfect place to pick up local produce!

Take a picnic to the **Wilmot Township Arboretum**. With your picnic basket of local goodies, head to the Arboretum to enjoy seventy species of native and exotic trees.

Take a hike, literally! Get outside and enjoy the summer weather and the changing seasons. Our favourite trails include the **Beckdale Trails, Baden Hills, and Schmidt Woods**. Keep an eye out for the **Mike Schout Wetlands Preserve** currently under restoration!

Share with us your favourite things to do in Wilmot Township by tagging us @thelambertgroup on Facebook or Instagram!



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- Kelly D.

Emoji Code

Answers on page 34



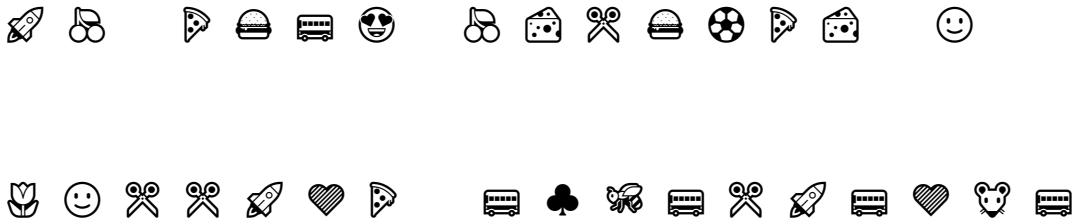
Decipher the answers to the riddles below through the code provided. Use the clues on the left and write the letter over the symbol on the right. There are two different riddles to figure out! Good luck!

- A= 😊 N= ❤️
- B= 🍌 O= 🍔
- C= 🐻 P= ✂️
- D= 🦉 Q= 🏈
- E= 🚆 R= ✂️
- F= 😬 S= 😊
- G= 🍕 T= 🍷
- H= 🏠 U= 🎱
- I= 🚀 V= 🐻
- J= 🌸 W= 🐾
- K= 🕒 X= ♣️
- L= 🛠️ Y= 🍏
- M= 🐻 Z= ✂️

What has ears but can't hear?

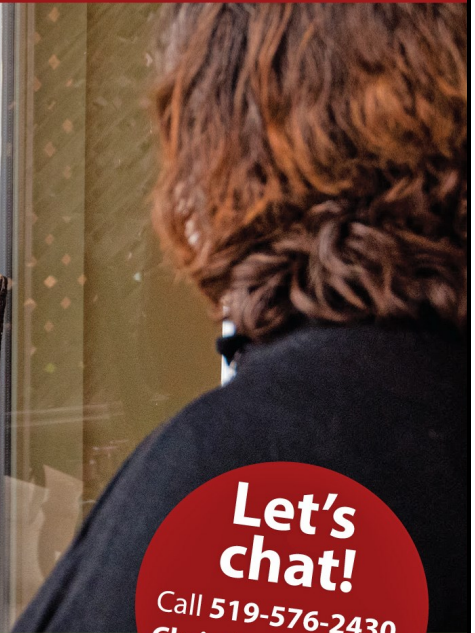


How does a cucumber become a pickle?



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Construction Continues on New Shantz Church

Shantz Mennonite Church's website reads: "Meet me at the crossroads; come as you are" and the congregation does its best to live up to that spirit.

"Being real means acknowledging our limitations and vulnerability, our brokenness, questions, and doubts," says Pastor Don Penner. "We want to create a space where we can slowly but surely find greater wholeness and authentic living with Jesus as our guide."

Members carefully discerned that a new physical space would help promote their mission to increase wellness, and hope for all. Taking advantage of the large parcel of land on which the current building stands, as well as a generous endowment from the estate of the late Enid & Harold Schmidt who were life-long members, the congregation thoughtfully designed the new building with their mission in mind. In addition to their own programs, the hope is that community groups who share the church's values and vision for promoting wellness will see an opportunity in this space.

"We know rental facilities for things like gyms, small conferences, and even meeting places throughout the week are not easy to come by in our area," says Penner. The new building will feature a gym suitable for basketball/volleyball/pickleball, a commercial kitchen, multiple conference rooms, and a 225-seat sanctuary that will be available to rent for community groups, small businesses, family events, and more.

Under non-pandemic circumstances, church members come from nearby Baden, New Hamburg, Wellesley, St. Agatha, Kitchener-Waterloo, and beyond to attend Sunday morning services as well as events for children, youth, and young adults throughout the week. Their website - www.shantzmc.ca - carries information on these activities, and will provide updates regarding the opening of the new building, now slated for late fall.

For now, worship services, prayer meetings, and faith formation classes happen virtually. The congregation works hard at staying connected through phone calls, emails, and themed slideshows with photos from members reminding each other of the joys and challenges that are a part of a nurturing community.



For Jane Schultz-Janzen, the friendly welcome, beautiful music, and vibrant youth group were all factors that led her to start attending Shantz Mennonite Church with her husband and 12-year-old son in 2011. "For us, it feels like Shantz Church is a place to be real with others who are interested in serving God and our community," reflects Schultz-Janzen.

Janice Beam and her family, coming from a non-Mennonite background, were also looking for a welcoming church. "We wanted a 'come-as-you-are' church with a variety of music styles and instruments, and never looked any further."

For over 175 years, Shantz Mennonite Church has been a fixture at the corner of Sandhills and Erbs Road. Through this new build, the congregation is looking forward to many more years serving their community, promoting healing and hope.



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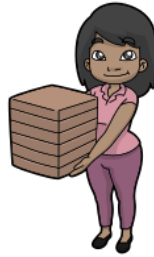


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Donations are the foundation of our business. We rely on the generosity of our supporters to bring us clean, seasonally-appropriate, sellable items to help us reach our goals. To help us even further, separate donations with similar items bagged together (e.g. all shoes together, all toys together, etc.).

Please note our back door receivers cannot accept items that are unclean or unsellable. Please be sure to dispose of any broken or soiled items at home and note we are unable to accept chemicals of any kind (e.g., cleaning products, paint, etc.). A complete list of items we accept and items we are not able to accept is on our website www.newhamburgthrift.com under the **Donate** tab. If you are in doubt, call the store and we will be happy to help you.



Also, if you are considering volunteering as part of your routine, there are a number of opportunities for you at the New Hamburg Thrift Centre! We provide a relaxed atmosphere to meet people from your community while working to benefit those in need. We offer volunteer positions for half days or full days with group breaks so we can all get to know each other. We even provide refreshments!

Volunteer Application Forms and a list of the volunteer positions are available on our website. If a position interests you, drop by or give us a call at 519-662-2867. We hope to see you soon!



Local Churches Invite You to Join Them

Visit www.badenoutlook.com for more information and a directory of local churches

Steinmann Mennonite Church

Sunday Worship 9:45 a.m.
www.smchurch.ca

Zion Philipsburg Lutheran Church

Sunday Worship: 10:30 a.m.
www.philipsburglutheranchurch.ca

Emmanuel Lutheran Church

Sunday Worship 9:30 a.m.
www.petersburgchurch.org

Shantz Mennonite Church

www.shantzmc.ca

St. James Lutheran Church

Sunday Worship 9:00 a.m.
www.stjamesinbaden.org



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You Must Be Joking!!



Cheeky Humour from a Senior

- ◆ I'm a multitasker. I can listen, ignore and forget all at the same time!
- ◆ Retirement to do list: Wake up. Nailed it!
- ◆ Retired: under new management. See spouse for details.
- ◆ I don't have grey hair. I have wisdom highlights.
- ◆ Sometimes it takes me all day to get nothing done...and that's a great day.
- ◆ One minute you're young and fun. The next, you're turning down the car stereo to see better.
- ◆ I came. I saw. I forgot what I was doing. Retraced my steps. Got lost on the way back. Now I have no idea what's going on.
- ◆ It's weird being the same age as old people.
- ◆ I see people about my age mountain climbing; I feel good getting my leg through my underwear without losing my balance.



Poshin Jobanputra, RPh. CDE

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Cook's Corner



Creamy Cucumber Salad

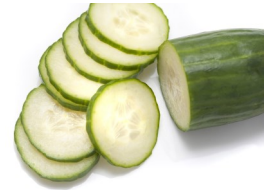
Ingredients:

- 2 long English cucumbers
- (optional- ½ cup sliced white onion)
- ½ cup sour cream or plain Greek yogurt
- 3 tablespoons mayonnaise
- ¼ cup fresh dill chopped
- 2 tablespoons white vinegar
- ½ teaspoon white sugar
- salt to taste

Directions:

1. If desired, peel cucumbers and remove seeds from field cucumbers.
2. Slice into ¼ inch pieces.
3. Mix together the remaining ingredients and stir gently in with the sliced cucumbers.

The Power of Cucumber!



1. Cucumbers contain most of the vitamins you need every day. Just one cucumber contains Vitamin B1, Vitamin B2, Vitamin B3, Vitamin B5, Vitamin B6, Folic Acid, Vitamin C, Calcium, Iron, Magnesium, Phosphorus, Potassium, and Zinc.
2. Feeling tired in the afternoon, put down the caffeinated soda and pick up a cucumber. Cucumbers are a good source of B vitamins and carbohydrates that can provide that quick pick-me-up that can last for hours.
3. Are grubs and slugs ruining your planting beds? Place a few slices in a small pie tin and your garden will be free of pests all season long. The chemicals in the cucumber react with the aluminum to give off a scent undetectable to humans but it drives garden pests crazy and makes them flee the area.
4. Looking to fight off that afternoon or evening snacking binge? Cucumbers have been used for centuries for quick meals to thwart off starvation.
5. Have an important meeting or job interview and you realize that you don't have enough time to polish your shoes? Rub a freshly cut cucumber over the shoes — its chemicals will provide a quick and durable shine that not only looks great but also repels water.
6. Just finish a business lunch and realize you don't have gum or mints? Take a slice of cucumber and press it to the roof of your mouth with your tongue for 30 seconds to eliminate bad breath - the phytochemicals will kill the bacteria in your mouth responsible for causing bad breath.
7. Looking for a "green" way to clean your taps, sinks, or stainless steel? Take a slice of cucumber and rub it on the surface you want to clean. Not only will it remove tarnish and bring back the shine, but it won't leave streaks or be hard on your fingers!

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Summer is waning. We are harvesting our garden bounty and enjoying the beauty of our yards. The forecasted hot and dry summer has been a hot, damp summer instead! Some plants loved it and others suffered mildew and other issues. That is the way of things in nature.



We have heard the word biodiversity frequently but do we really understand what it means, and its importance? Most of you love your cup of Java. Recent reports state that the rising temperatures due to climate change will mean an 88% decrease in coffee production. To add to coffee growers' woes, they are dealing

with a fungal disease that is wiping out crops. So how does biodiversity fit into this? In agriculture, once a variety of plant is favoured, it is grown all around the world. Other varieties are not grown and eventually disappear. The problem is, the vanishing species, may have genes that are resistant to the fungus or can handle higher growing temperatures. Recently in dense tropical forests in Sierra Leone, scientists have rediscovered a coffee species not seen in the wild in decades. This species 'may help in the "future-proofing" of a coffee industry that supports the economy of several tropical countries and provides livelihoods for more than 100 million farmers". <https://www.cbc.ca/news/science/coffee-stenophylla-1.5995940>. This story applies to all the food crops we



grow as well as our garden and green spaces. Some organizations have created seed banks and more native and heirloom seed nurseries have started, but more needs to be done. The destruction of forests and green species contributes to decreased diversity.



For updates and great gardening information, news and to share all things gardening.

www.facebook.com/groups/3133495739996313

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email: wilmothortsociety@gmail.com

Let's Tree Wilmot email: letstreewilmot@gmail.com

(info for donations to Let's Tree Wilmot)

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Biodiversity is all the different kinds of life you'll find in our area—the variety of animals, plants, fungi, and even microorganisms like bacteria that make up our natural world.



Each of these species and organisms work together in ecosystems, like an intricate web, to maintain balance and support life. Biodiversity supports everything in nature that we need to survive: food, clean water, medicine, and shelter. In our yards, consider how many species you have, especially native ones. A yard that contains a lawn, boxwood, and a couple of trees (often Norway Maple) is all non-native and has virtually no value to our native species. For example, an oak tree supports over 500 species and Norway Maple 1 or 2 and is now on Ontario's invasive species list. Making changes is not always easy, as nurseries make little effort to encourage growing native plants, shrubs and trees. We need to do the research. Wilmot Township will be looking at ensuring that developers plant a variety of native trees on boulevards to improve biodiversity. We all can do are part...one native plant at time!

Keep those fingernails and knees dirty!

"Yup, gardening and laughing are two of the best things in life you can do to promote good health and a sense of wellbeing." – David Hobson

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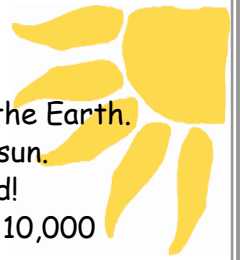
By: Karrienne Berberich



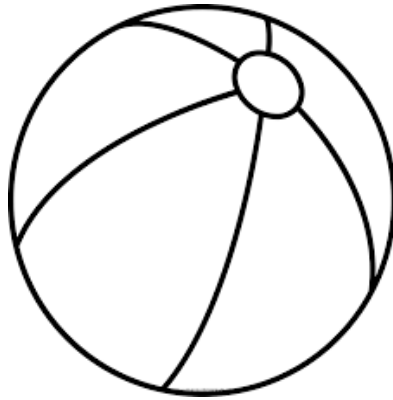
August 20th is World Mosquito Day. Not sure we want to celebrate that one... OUCH!

DID YOU KNOW...

1. The sun is a star.
2. The sun is WAY bigger than the Earth.
3. The Earth orbits around the sun.
4. The sun is 4.5 billion years old!
5. The sun is SUPER hot... up to 10,000 degrees Fahrenheit!



Circle all the fun things you have enjoyed so far this summer...



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- Many BEVs have rated **driving ranges >380 km** so 95% of charging can be done at home.
- **Instant response** allows you to accelerate quickly when you need to.
- The batteries in BEVs have **longer warranties**.
- Degraded BEV batteries can be **re-purposed for electricity storage**.
- Driving a BEV does not produce any **carbon dioxide**. Hurray for cleaner air!

Are you interested in climate change and other global environmental issues? **Help us make a difference in our community by getting involved and taking action on one or more local environmental concerns.** Our next monthly meeting will be held at **7:00PM on Wednesday, August 25th**. Please contact us via e-mail (nvecoboosters@gmail.com) or call **519-662-9372** if you would like to participate in this "Zoom" meeting and we will provide you with more details. Want to know more about the Nith Valley EcoBoosters? Check out our website at: nvecoboosters.com

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Why? Why? Why? ...



- ⇒ Why do you have to "put your two cents in"... but it's only a "penny for your thoughts"?
- Where's that extra penny going to?
- ⇒ Why is it that people say they "slept like a baby" when babies wake up every two hours?
- ⇒ Why do toasters have a setting that gives you the choice to burn the toast to a crisp, which no human being would want to eat?
- ⇒ Why does Goofy stand erect while Pluto remains on all four legs? - They're both dogs!
- ⇒ Why are round pizzas put in a square box?



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You Must Be Joking!!



- ◆ Just once, I want a username and password prompt to say: "Close enough."
- ◆ Being an adult is the dumbest thing I have ever done.
- ◆ I don't trip ; I do random gravity checks.
- ◆ Never laugh at your spouse's choices. You are one of them.
- ◆ We can all agree that in 2016 not a single person got the correct answer to, "Where do you see yourself 5 years from now?"
- ◆ So if a cow doesn't produce milk, is it a milk dud or an udder failure?
- ◆ Don't be worried about your smartphone or TV spying on you. Your vacuum cleaner has been collecting dirt on you for years.
- ◆ Coronacoaster *_noun_*: the ups and downs of a pandemic. One day you're loving your bubble, doing workouts, baking banana bread and going for long walks and the next you're crying, drinking scotch for breakfast and missing people you don't even like.



Foxboro Tourney Raises \$12,000 for HopeSpring

The annual Foxboro Green charity golf tournament has raised \$12,000 for HopeSpring Cancer Support Centre. The event, held August 5 at Foxwood Golf Club, attracted 64 golfers who played the scramble-format tournament in a spirit of fun and support for a very worth cause.

HopeSpring, headquartered in Waterloo, is a community-based, charitable organization committed to empowering those whose lives are impacted by cancer to improve their emotional, physical and spiritual wellbeing.

The tournament raises funds for the cause through admission fees, hole sponsorships, other donations and a silent auction with many auction items donated by local businesses. In the spirit of charity, no prizes are awarded (except for bragging rights, this year claimed by the team of Sheila Jones, George Hones, Olga Teply, and local golf icon Gus Maue, a Foxboro resident. However, event chair Jim Arbuckle noted that, "The real winner again this year was HopeSpring."

A team of volunteers leads the effort, headed by the organizing committee of Foxboro Green residents Jim Arbuckle, Clive Reade, Jim Brodie, Geoff Gray, Susan Decker, Geri Soloman and Peter Soloman.

The tournament has run annually for 27 years; 2021 marks the 12th year it has also served as a fundraising event for the HopeSpring charity.

Jim Arbuckle commented that, "It was again a fun day. HopeSpring has been very appreciative of our donations, and we are very grateful for the support of our Foxboro community and the local businesses, who make this such a successful charitable fundraiser." He also commended Bob Barnhart, the builder of Foxboro Green who started the tournament at the very outset of the development, before it became a charity tournament.

Submitted by Paul Knowles

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You Must Be Joking!!



What kind of school do you go to if you're...

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...a giant?	High School
...a surfer?	Boarding School
...King Arthur?	Knight School

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 Supported by Wilmot Family Resource Centre.
 Currently funded by the Government of Canada, New Horizons for Seniors program.

Answers to Puzzles

Drop One For Fun
 (page 15)

1. Blast	2. Stab	3. Bat
4. React	5. Cart	6. Arc
7. Bayou	8. Buoy	9. Boy
10. Drone	11. Done	12. Eon
13. Antsy	14. Stay	15. Sat


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All Things Scrambled
 (page 5)

<u>Brands of Cars</u>	<u>Footwear</u>
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Honda	Crocs
Tesla	Flats
Dodge	Skates
Buick	Sandals
Toyota	Loafers
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Emoji Code
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Riddle #1 - A CORNFIELD
 Riddle #2 - IT GOES THROUGH A JARRING EXPERIENCE



In June the BCA held a scavenger hunt and there was a 3-way tie!

Congratulations to Duggan Family, Hardman Family and Norah Taylor.

Thanks to all who joined in the fun!



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It's okay to fall apart sometimes...
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