AUGUST 2013
VOLUME 14, ISSUE 1

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Baden Outlook



Baden is Having a Wonderful Summer!

From the Fishing Derby, to the Corn Festival, to the BBQ in the Park!

Baden knows how to have fun! Check out the news and fun photos from the Baden Corn Festival, Castle Kilbride Concert Series, Baden Minor Softball, the new playground, weekly Car Shows...to the upcoming Annual Chamber Barbecue in Beck Park!

Summer is not over yet ~ Keep the picture alive!

the picture alive!

Volunteers Sheri Musclow and Lil Quanz greeted festival

The fun keeps on coming!



Festival Sponsors, Pfenning's Organic, had a lovely selection of fresh organic food.



Who doesn't love corn on the cob?!





Thursday August 29th at Beck Park

Baden & District Chamber of Commerce Annual BBQ

Supported by the Baden Community Association & The Baden Optimist Club

See you at Beck Park ~ Serving will start at 5:30 pm

Adults \$10 in advance / \$12 at the door / Kids \$5 - Kids 5 and under are free Door Prizes and Bouncy Castle

You'll enjoy good food & time out with your friends, family and neighbours!

For more information contact Elaine at 519-634-5205





This paper is priceless - Please have one!

Entertained with Google Searching

Occasionally, I will run a random Google search on a specific topic to see if I can learn anything new about the subject. I would presume that everyone has searched his or her own name in hope that a doctor, world leader, or famous person would magically appear on the screen. My "Barry Fisher" search led me to a well-known criminal lawyer based out of Vancouver (I am not kidding here).

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Several weeks ago I typed in "Baden Ontario" as I wanted to avoid the German Baden – Baden. The Wilmot Township website was the first on the list and happily enough The Baden Outlook was third, but I was surprised at the second listing on the Google search. It was the Fraser Institute – which I can honestly say I have never heard of. I decided that I had to find out more! So...

The Fraser Institute has had a tremendous impact since their beginnings in 1974. In many ways they are a think tank, where they research specific problems, encourage solutions to those problems, and facilitate interaction among researchers, scientists, economists, and academics in pursuit of these goals.

Their mission's vision is a free and prosperous world where individuals benefit from greater choice, competitive markets, and personal responsibility. Their mission is to measure, study, and communicate the impact of competitive markets and government interventions on the welfare of individuals. One of the ways of doing this was to introduce the elementary school report card in 2003. The secondary report card was introduced in 2007.

This report card uses grade three and grade six EQAO test results to calculate each school's overall rating out of ten. Secondary schools use grade nine and ten EQAO test results. Results are given to the Fraser Institute by the Ministry of Education in each province across Canada.

The report cards that are created include categories such as their rank out of all elementary or secondary schools in their particular province (Ontario has 2,714 elementary, and 725 secondary schools), percentage of ESL and Special Needs students, and their parents' average income. It also breaks down the academic performances in reading, writing, and math in grades three and six for elementary and grade nine for secondary schools.

There were quite a few schools that achieved a ranking of ten out of ten for the 2011 - 2012 year, most of them in Toronto. In the six area schools, Grandview in New Hamburg received the highest score with a 7.1, followed by New Dundee 5.7, Baden Public School 5.4, Sir Adam Beck 5.3, and Forest Glen with a 5.2 (Waterloo Oxford had a 7.0 score).

Rankings out of the 2,714 schools province wide were Grandview 723, New Dundee 1,584, Baden Public 1,760, Sir Adam Beck 1,809, and Forest Glen 1,857 (Waterloo Oxford was 214 out of 725 secondary schools).

With the beginning of another school year, we hope to support our local schools to raise their numbers and make Wilmot Township and Waterloo region proud. More information can be found at www.frazerinstitute.org

Until next month...Ed



Barry and Pat Fisher 178 Snyder's Road E. Baden, ON N3A 2V6 Phone: 519-634-8916

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EXTRA EXTRA!!!

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Baden Library, EJ's, and several outdoor magazine boxes located
conveniently throughout town for Baden readers.



Also at St. Agatha Stop 2 Shop, Old Fashioned Variety (Petersburg) and Foxboro. Over 30 places in New Hamburg to pick it up—including: Sobey's, Short Stop, Cooks Pharmacy,

No Frills, Kasemann's, Morningside, Absolute Fitness, NH Dry Cleaners, NH Wellness, NH Library and various offices and retail locations throughout Wilmot Township.

~ And as always, It's Priceless ... Please Have One!

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What do we talk about if it isn't the weather? It seems the weather this summer sounds like some version of the fairytale Goldilocks—It's too bot it's too cold. winds:

season — how dare we complain?!

In July we visited my brother Greg in Canmore, Alberta where the air was so dry my nose

bled, yet the destruction left behind from that June flood in Canmore was evidence of some unpredictable weather right across the country. Regardless, we get what we get and perhaps this wet summer raised the water table somewhat from previous years' droughts. I hope the farmers are having good crops and thriving gardens. My wee garden is looking lame, but it does require tending to—so I'm guilty of neglect.

I can't believe a year has passed since I last announced that we were celebrating an anniversary. And yes, once again —this issue begins our 14th volume of The Baden Outlook! As our heads have been immersed in the Corn Festival, we are lucky that the paper just seems to pull itself together when time requires—so thanks to those who have their submissions in on time—it sure helps! This is also an opportunity to say thanks again to our proofreaders who help make us look good! — to Lil Quanz and Kendra Folkard who stand by to respond to our monthly schedule, and also to Gail Corning who pulls it together in a pinch when we are stuck!! We value your talent, advice, and patience. We couldn't do it without you!



Musicians Laura Rose, with brothers Dave and Emile were the high-light for me at Corn Fest! They are dear to my heart



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Baden Car Show - Cruisin' at the Pond

Cruisin' on the Pond organizers Rockin' Ronnie and Marlene Weber had some special guests visit the weekly car show, along with the 325 cars that spilled out next to the pond on Wednesday July 24th making this weekly car show the biggest in the region.

The first guest was CKCO weather personality Lyndsay Morrison, who broadcasted live from the Baden car show.

Lydia Herrle was also there and faced the crowd to share her story and gratitude to the community who prayed for her through her tremendous journey to recovery. Monies were collected at last year's car shows

Page 4

which were given to Lydia and her family for extra tutoring. She was happy to show off her "Cruizin on the Pond" tee shirt and went into the crowd to thank many personally.



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THE CORPORATION OF THE TOWNSHIP OF WILMOT HIRES NEW FIRE CHIEF

Michael Raine has been selected as the Fire Chief of The Township of Wilmot's Fire Department. Mr. Raine will assume his new post August 12, 2013. This announcement follows an extensive search led by the Township's Hiring Committee to fill the position previously held by Fire Chief John Ritz, who has retired. The position is currently held by interim Acting Fire Chief Ron Taves. Mr. Raine has 30 years experience of fire services in Ontario and Newfoundland and brings forward successful, strong leadership skills.

"I have great confidence in this appointment and I am pleased that Michael will be joining our organization. He brings tremendous experience and extensive management skills to the table. On behalf of Council, we look forward to him playing a key role in helping Wilmot achieve its goals as identified within the Fire Master Plan."

Les Armstrong, Mayor

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Baden ~ Our Town

The Baden Community Association is delighted with the recent Corn Festival, serving our mission, – "Bringing People Together", as the town was surely abuzz with energy and fun! More good news is that funds from the festival enable us to make a donation to the upcoming Splash Pad. We hope you enjoy the flowers that are blooming at Livingston Boulevard, focused on our mission statement, "To Beautify our Community"! Special thanks to eager BCA gardeners Maureen Edwards and Amy Banwell who got their hands dirty and continue to water and weed.

Next on our agenda is the green space on Foundry Street next to the fire hall, which has recently been cleaned up and mowed by our local friend Gord Burgess, who accepted a handshake as payment for his time and services – "Thanks Gord, we appreciate that!" Our vision over time, and with funds generated from the Corn Festival is to beautify that space (pending approval) into a parkette – next year we'll focus more energy there. And it's never too late for you to find a project that interests you to join in the fun.

Badenites, get ready for the upcoming Baden Chamber of Commerce Annual BBQ at Beck Park where you will see the BCA, and Baden Optimists team up to support the Baden Chamber. So plan to meet with your friends once again for good food and fun on Thursday, August 29.

Again, we meet the last Wednesday of each month at the Township Hall where anyone is welcome. You can also follow us on Facebook to see what we are up to. We're here for you!



The envisioned green-space on Foundry Street before and after the clean up. Dare to Dream!







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Dr. Sonya Frank, Optometrist

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A BUNCH OF BOLOGNA



It seems that the Corn Festival Program made an appearance at the 25th Yale Bologna Festival with locals Rene and Sandy Eby and Sue Wagler, seen here with the Bologna King and Queen. They enjoyed the day on August 2, but they were most excited to spend the day eating corn, instead of Bologna.

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Blue Sky and Sunshine on Corn Festival Day!





Kenton Frey receives his well deserved "Kernal" cap



The Baden Firefighters served 360 breakfasts! Good Job Boys!



Food, and plenty of it ~ sure made these gals smile!

MPP Michael Harris and Mayor Armstrong posed with Corny and volunteer Cassy Lang.



The New Hamburg Lions had their hands full (of corn) as they served up 550 hungry folks with a sold out delicious dinner!

Be sure to
check out
Baden Cornfest on
Facebook to see a
great collection of
pics of the day...
and see all the
friends that
Corny made.







Vanyah captured the crowd at Castle Kilbride.

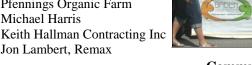


THE BADEN CORN FESTIVAL COMMITTEE and the BADEN COMMUNITY ASSOCIATION THANK:

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New Hamburg Optimists
Herrle's Country Farm Market
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Baden Feed & Supply
Baden Coffee Company
Pfennings Organic Farm
Michael Harris



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Corn Stalk:

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Root

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Kenton Frey greets the crowd and says thanks to all, with the unveiling of the Corn Festival banner!

Community:

Ward Councillor Barry Fisher

Mayor Les Armstrong

Graham Bissitt and Ryan McCallum Elmira Maple Syrup Festival committee

Wilmot Agricultural Society (Fall Fair committee)

Mennonite Relief sale committee

Marion Roes

Baden Firefighters Association

New Hamburg Lions Baden Optimists

Steinmann Mennonite Church

Janice Rose

Rogers - Daytime (Susan Cook-Scheerer)

Baden Public School Petersburg Optimists TCP New Hamburg Shantzholm Farms Baden Outlook

New Hamburg Independent

Ritz Printing

Baden Eyecare Center

KooL-FM Summer Cruiser with Sylvie Harper

Steve Gray @ Flite Craft Model Company

Tim & Roger Scheerer Mike Roth of Enviromasters Richard Good Coleman Equipment Chris McIntyre Cowboy Up

Al Strong

Doug Taylor

Sir Adam Beck Public School

Keith Hallman

Waterloo Region DSB Box 690 Fire Canteen Heritage Design

Sam Henison and Charlene Bowman

Innovative Dance group

Mike Fisher and Brad Canning Kelvis and the Burning Love Band

Tropical Steel Band Taoist Tai Chi "Charles" Frank Just by Chance Games

Grand River Marine Modellers

Golden Triangle Marine Modellers

Robert Miller Roy Berfelz Vernon Erb Bruce Schumm Carl Ruby Castle Kilbride





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The Baden Corn Festival: "Community" Makes a Fantastic Day!

By Teresa Brown

We did it! After over a year of planning, many hours of hard work, and incredible community support, the Baden Corn Festival -- the very first one -- was a huge success! How do we know? Just listen to some of the comments our committee heard throughout the day:



"Amazing event with such wonderful people and job well done!"

"The remote-controlled boat races were cool, really fun!"

"Astonishing day, well-organized for first time event ... superb meal! Good job."

"Fiddlestix was mind-blowingly talented ... high energy and full of fun!"

"It's a great day to be a Badenite!

Thanks, everyone, for your feedback -- there sure was a lot going on! From children's musician Erick Traplin in the Baden Optimist's hugely popular Kid Zone, to guitarist Vanyah at elegant Castle Kilbride, to the antique tractor and farm equipment displays and the wet-and-wacky dunk tank, the Corn



Mayor Armstrong did the official husking of the first cob of the day with a ceremonial shouting of "Get Your Cob On"



Committee member Maureen Edwards took time to have some fun too and got a henna tattoo!

Festival had something for everyone ... and it seemed like "everyone" was there! Corn Fest committee chair Kenton Frey ("The Kernel" to his friends!) estimates that at least 4,000 people came to Baden to enjoy the festivities -- and of course, to eat!

Barbecue, popcorn, apple fritters, corn on the cob, and so much more: the food vendors were busy all day, offering delicious food

for every taste. The Baden Firefighers pancake breakfast was packed, and close to 600 people enjoyed the corn roast supper, a fantastic and generous meal of foods from St. Agatha Meat Market, Herrle's Market, Pfenning's Organic Farm, and Laepple Organics, expertly prepared by the New Hamburg Lions. We heard that some people couldn't believe how much food was on their plates ... but we sure believe how quickly it disappeared!

Innovative Dance was awesome, and the Tropical Steel Band and Kelvis were perfect summer-day music! Then, as the sun went down over our town, Beck Street came alive with the sounds of three fantastic bands, as Laura Rose, Cowboy Up, and



Master of Ceremonies, Al Strong, chummed with Corny through the day.

Fiddlestix rocked the evening. Many thanks to EJ's Tavern (especially owners Matt and Jackie and their amazing staff) for providing refreshments at the dance -- and many thanks also to the Beck Street residents, who didn't seem to mind the music, laughter, and cheers!

On that note, there are "thank-yous!" due to Township staff and council, dozens of businesses and organizations, and hundreds of individuals, of course: check out our thank-you page in this month's Outlook to see how many people helped to make the day a success. But the biggest thanks has to go to all you friendly, welcoming, and fun Badenites yourselves ... it's you who make Baden a wonderful place to live, and a fantastic place to visit!

A fantastic place, indeed ... and it will become even better! The Corn Festival is, of course, a fundraiser run by the Baden Community Association, and proceeds will be given to three excellent projects: continuing beautification of Baden (like the cleanup of the land just north of the fire hall), the Wilmot Splash Pad, and the most exciting one of all: beginning the work of building a community centre right here in Baden! Watch the Baden Outlook for news of how much was raised by our first Corn Fest success.

But now, it's time for the Baden Corn Festival committee to take a break for a while ... at least, until the planning begins for next year! Be sure to watch the Outlook in coming months for news of the next meeting, because you're invited to join us: let's make the second annual Baden Corn Festival another community triumph -- and another fun- and food-filled day where everyone can "get your cob on"!

You Must Be Joking!!

The Goldberg Brothers ~ The Tale of the Automobile Air Conditioner

Here's a little story for automotive buffs or just to dazzle your friends.

The four Goldberg brothers, Lowell, Norman, Hiram, and Max, invented and developed the first automobile air-conditioner. On a hot summer day in 1946, the temperature in Detroit was 97 degrees.

The four brothers walked into old man Henry Ford's office and sweet-talked his secretary into telling him that four gentlemen were there with the most exciting innovation in the auto industry since the electric starter.

Henry was curious and invited them into his office. They refused and instead asked that he come out to the parking lot to their car.

They persuaded him to get into the car, which was about 130 degrees, turned on the air conditioner, and cooled the car off immediately.

The old man got very excited and invited them back to the office, where he offered them \$3 million for the patent.

The brothers refused, saying they would settle for \$2 million, but they wanted the recognition by having a label, 'The Goldberg Air-Conditioner,' on the dashboard of each car in which it was installed.

Now old man Ford was more than just a little anti-Semitic, and there was no way he was going to put the Goldberg's name on two million Fords.

They haggled back and forth for about two hours and finally agreed on \$4 million and that just their first names would be shown.

And so to this day, all Ford air conditioners show — Lo, Norm, Hi, and Max — on the controls.

Control yourself!!! — Yes, it's just a cute story... but the automobile air-conditioning was really debuted by the Packard automobile company in 1939.

Email submitted by Robert Price

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The Meeting Place

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Call before August 28th and receive your first meeting FREE!

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For more information and availability, contact: Sheila or Garry Ruttan 519-634-5708, 519-589-1542, 519-572-7923

Email: garry@splus.ca

Email: smehanno@uwaterloo.ca



WILMOT FAMILY RESOURCE CENTRE **PROGRAMS—FALL 2013**

KIDS IN MOTION: This drop-in program is a great opportunity for children to have fun while developing gross motor skills. Every Monday, 9:30-10:30 am in the upstairs program room at Wilmot Recreation Complex. STARTING SEPTEMBER 9TH

COOKING WITH KIDS: While children 3-6 yrs. old make a tasty creation in the kitchen, parents with tots under 3 can enjoy time playing and socializing in the drop- in area. Monday afternoons, 1:00 pm – 2:30 pm.

Pre-registration required.

10 week session for \$10 FALL SESSION BEGINS SEPTEMBER 30TH

PARENT & CHILD DROP IN: Come out and enjoy time playing with your children and socializing with other parents/ caregivers in your community—Baden, New Hamburg and Wellesley locations. Check our website for start dates for each location.

For more information about our programs and services Call 519-662-2731 or visit our website www.wilmotfamilyresourcecentre.ca

Water Warning!

Bottled water left in your car is very dangerous!

People have become very sick after drinking water left in a car overnight. Women specifically should not drink bottled water that has been left in a car. The heat reacts with the chemicals in the plastic of the bottle which releases dioxin into the water. Dioxin is a toxin increasingly found in breast cancer tissue. So please be careful to not drink bottled water that has been left in a car.

Email submission.



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Wilmot Jujitsu is pleased to offer Ninpo Bugei (Traditional Ninjutsu) to the program. Classes will be held from 7:15 - 8:15 p.m. on Tuesdays and Thursdays and is open to ages 14 and up. Please see the following website for more

information. www.genbukan.ca

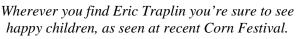
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LookOut Kids' Korner



The Baden Optimists hosted the Kids Zone at Corn Fest where there was lots of food, music, and fun!



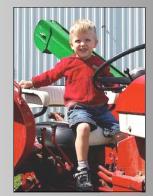




Murphy, son of Michael Harris sure loves his corn on the cob!









Innovative Dance Studio gave a talented demonstration along with some inter-active dance lessons.

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You Must Be Joking!

I was visiting my granddaughter last night when I asked if I could borrow a newspaper.

"This is the 21st century," she said.

"I don't waste money on newspapers. Here, use my iPad." I can tell you this. That fly never knew what hit him.



See the paper in colour! at www.badenoutlook.com





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Checking Out the Baden Library

Over 250 eager local children, ages three and up, enjoyed the 2013 TD Summer Reading Club. All summer long, kids joined in on the events including the Weekly Challenge, Photo Trek Guessing Game, Chris' Special Prizes and choosing a prize from the Traveling Treat Trunk! Congratulations to all our summer readers! And a special thank you to the parents for bringing your children to the library!

A thank you as well to the Baden Optimists, Pizza Express, Dr. Sonya Frank of the Baden Eyecare Centre and Herrle's Country Farm Market for their prize donations to the Summer Reading Club Program at the Baden Branch. We appreciate your contributions very much!

OBOC

To learn about the 2013 One Book, One Community (OBOC) selection, *Ragged Company*, by Richard Wagamese please visit **www.oboc.ca**. A FREE Meet-the-Author event is taking place Sept. 16 to 18 throughout Waterloo Region. Check out the OBOC website for locations and times of events. You can also contact Region of Waterloo Library Headquarters at 519-575-4590 for more information.

COMING SOON....NEW HOURS!

Beginning October 1, the Baden Branch hours will be: Tuesdays 10 a.m. - 1 p.m. & 2 - 8 p.m. Wednesdays 2 - 8 p.m. Thursdays 10 a.m. - 1 p.m. & 2 - 8 p.m. Saturdays 10 a.m. - 1 p.m.

STORYTIME PROGRAMS – New dates and times!

Registration for fall Storytime programs begins Tuesday, Sept. 10 for new families and Wednesday, Sept. 11 for returning families. (A returning child refers to a child who was in the same registered program in the immediate previous session. A new child refers to a child who is either registering for a program for the first time, or was not registered in a program in the immediate previous session at this branch.)

*NEW NAME! Baby & Me – a storytime program for parents and babies 0 to 11 months.

Thursday mornings: Oct. 3 to Nov. 21 from 11 - 11:30 a.m.

*NEW! Wonderful Ones – a storytime program for parents and one year-old 12 – 23 months. Thursday mornings: Oct. 3 – Nov. 21 from 10:15 – 10:45 a.m.

<u>Toddler Tales</u> – a storytime program for parents and toddlers

Please support the advertisers of this paper. We couldn't do it without them!!

Submissions are due on the 1st of each month.

24 to 35 months.

Tuesday mornings: Oct. 1 to Nov. 19 from 10:15 - 10:45 a.m.



Storytime for Children three to five years-old.

Choose either Tuesday mornings: Oct. 1 to Nov. 19 from 9:15 – 10 a.m. **OR**

Thursday mornings: Oct. 3 to Nov. 21 from 9:15 - 10 a.m.

Storytime programs include stories, songs, and rhymes, as well as games and crafts for older children. Have some fun with literacy!

KIDS' BOOK CLUBS

Children all take home the same book to read each month. Fun activities, great discussion and more! Registration is required and begins Tuesday, Sept. 10.

The Baden Book Worms for ages seven to nine: meetings are the first Tuesday of the month beginning Oct. 1 from 6:45 - 7:30 p.m.

The Awesome Book Club (ABC) for ages 10 - 12: meetings are the first Wednesday of the month beginning Oct. 2 from 6:45 - 7:30 p.m.

Teens! Would you like to start a book club? Let's talk about it! Contact Chris at the library.

Due to space limitations, registration is required for ALL Baden Branch programs.

Questions? Contact the library at: 519-634-8933, badenlib@regionofwaterloo.ca for more information. Up-to-date information is also available in our Events Calendar on our website at www.rwlibrary.ca.

Chris Baechler, Assistant Supervisor Baden Branch - Region of Waterloo Library



Corny got comfortable among the books and the children.

Baden Outlook Baseball Pool Stats					
Place Name		PTS	Place Name		PTS
1	Mitchell Mueller	258	31	Rhonda Egerdee	230
2	Jeff Schmidt	253	32	Michelle Ruston	230
3	Bryce O'Farrell	251	33	Chloe Duggan	229
4	Elias Bizony	247	34	Greg Zehr	229
5	Alex Wagler	241	35	Nancy Livingston	229
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Congratulations to Mitch Mueller who took the lead in July and to Jeff Schmidt who took the leader prize for the August

Baseball Pool (remember Mitchell, you can only win the leader prize once), so congrats for winning a gift certificate from EJ's of Baden.

The lucky random draw winner is Brad Gohl winning a Baden Outlook shirt.





Matt & Jackie Rolleman 39 Snyder's Road W, Baden 519-634-5711

Thanks to those who attended the Baden Corn Festival!

We'll look forward to seeing you again soon ~ Drop by for drinks and dinner.

GOLF CLUB SIGN

- 1. BACK STRAIGHT, KNEES BENT, FEET SHOULDER WIDTH APART.
- 2. FORM A LOOSE GRIP.
- 3. KEEP YOUR HEAD DOWN!
- 4. AVOID A QUICK BACK SWING.
- 5. STAY OUT OF THE WATER.
- 6. TRY NOT TO HIT ANYONE.
- 7. IF YOU ARE TAKING TOO LONG, LET OTHERS GO AHEAD OF YOU
- 8. DON'T STAND DIRECTLY IN FRONT OF OTHERS.
- 9. QUIET PLEASE...WHILE OTHERS ARE PREPARING.
- 10. WELL DONE... NOW, FLUSH THE URINAL, GO OUTSIDE, AND TEE OFF.

Email Submitted by Robert Price



Be sure to follow your stats which are updated daily on the site. The Outlook draws the stats on the 7th of the month. To follow the stats, log on to our website at www.badenoutlook.com - Click on sports pool—choose "Baseball Pool" then click on "Baseball Pool Manager" - then "Quick Access". The pool I.D. is outlookhomerun and the password is guest. Click "Ranking" on the left side. The top 30 entries will be listed per page—to view more, click on "next page" below listing. ~ 292 Entries —Have Fun and Good Luck!

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New Clients Welcome!



Baden Minor Ball July Update

Happy Summer to all of our Baden Ball families!

Good news: The 2013 season has proven to be one of our best yet! Our T-Ball and Coach Pitch leagues finished up on Saturday, July 20th with timbits and medals, and a tournament and trophies, respectively. Both our Tyke teams finished the same day in the A division of their final tournament, both starting the day with 5-2 wins! Our Atoms played well enough to finish the season in second place in their division. Our Squirt and PeeWee boys, as well as our PeeWee Girls, improve with every game in league play; the Squirt boys' strong play has led them through to their second ORSA round! Our Bantam boys are currently in second place in league play and will represent Baden in Cobourg for the OASA Provincial Final Tournament!

Not-so-good news: Our BMSA Executive is losing the valued contributions of some key members next year, including the positions of Booth Coordinator and Convener.

It can't be said any other way ...

... we cannot run an organization the size of BMSA without your help!

Grab a couple of friends and help us to continue to offer the opportunity to play ball in our own town! Please keep Baden Ball alive and thriving!

Something to think about: BMSA Executive is exploring the possibility of offering the option to play in a House League that travels no more than 20 minutes. What do you think?

What can you do? You are invited to share your thoughts and opinions at BMSA's

Annual General Meeting on Wednesday, August 28th at WRC. *We need your input!*

Tropical Steel Band brought the sounds of summer to the Corn Festival!





Harmless Red Dye May Be Visible in the Nith River

On one day between mid-August and early September, 2013, the Region of Waterloo's Water Services Division will place a safe, environmentally-friendly, "fluorescing" reddish dye into the Nith River near the New Hamburg Wastewater Treatment Plant, downstream of New Hamburg, near Holland Mills Road. The dye will temporarily give the river a red colour.

This activity is known as a "dye tracer test". It is a common procedure to study the mixing of treated wastewater and river water where a Wastewater Treatment Plant discharges to the environment. The test will provide information needed to ensure Treatment Plant improvements are built to comply with Province of Ontario water quality policies.

The test will involve the release of dye into the river for several hours while measurements and visual observations are made at a number of locations in the river. The river will temporarily appear red for some distance downstream of New Hamburg towards Plattsville and Ayr. The dye will dilute quickly as it moves downstream, eventually becoming invisible.

The dye is harmless to aquatic life and to individuals who may rely on the Nith River for their water supply or recreational uses.

The dye tracer test is a component of the Class Environmental Assessment and Preliminary Design for the Expansion of the New Hamburg Wastewater Treatment Plant. The plant expansion is required to service projected community growth in the New Hamburg and Baden area.

For more information please contact:

Dave Arsenault, M.Sc., P.Eng. Senior Project Engineer, Water Services Division Transportation & Environmental Services Department Region of Waterloo

Phone: 519-575-4757 x 3682

Fax: 519-575-4452

E-mail: darsenault@regionofwaterloo.ca

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Eat Well ~ With Heather McKague-Bandl, ROHP, RNCP Registered Nutritionist Consultant Practitioner

Why Whole Foods are Better than Processed

I always advocate eating whole foods like vegetables, meat, fruit and whole grains and limiting the amount of processed foods that comes in a box, bag, can, or frozen form. There may be some times when you need to grab a quick snack on the run and the only choice available is some form of processed food. If that happens, there are a number of ingredients/additives that you will want to watch out for, especially when traveling through the US. We here in Canada are protected by some of the bans that exist on certain additives, but not all. Below is a list of the 5 most common additives that you want to avoid and why. Always read food ingredient labels and if you find any of these 5 additives, put the item back where you found it and walk on. Here's to your health!

1. Artificial Food Dye: Makes your food pretty.

Found in: Practically everything we eat: cake mixes, sports drinks, cheese, candy, and even MACARONI AND CHEESE.

Why it's dangerous: Artificial dyes are made from chemicals derived from PETROLEUM, which is also used to make gasoline, diesel fuel, asphalt, and tar! Artificial dyes have been linked to brain cancer, nerve-cell deterioration, and hyperactivity, just to name a

Where it's banned: Norway, Finland, Austria, France, and the United Kingdom.

2. Brominated Vegetable Oil: Makes food dye stick to liquid.

Found in: Sports drinks and citrus-flavored sodas.

Why it's dangerous: Bromine is a chemical used to stop CARPETS FROM CATCHING ON FIRE, so you can see why drinking it may not be the best idea. BVO is linked to major organ system damage, birth defects, growth problems, schizophrenia, and hearing loss. Where it's banned: In over 100 countries including Europe and Japan, but not banned in Canada.

3. Azodicarbonamide: Bleaches flour and plastic.

Found in: Breads, frozen dinners, boxed pasta mixes, and packaged baked goods.

Why it's dangerous: Used to bleach both flour and FOAMED

PLASTIC (yoga mats and the soles of sneakers), azodicarbonamide has been known to induce asthma.

Where it's banned: Australia, the U.K., and most European countries.

4. BHA & BHT:

Waxy preservatives.

Found in: Cereal, nut mixes, gum, butter, meat, dehydrated

Why it's dangerous: Used to keep food from becoming rancid, butylated hydroxyanisole (BHA) and butylated hydroxytoluene (BHT) are known to cause cancer in rats. Where it's banned: The U.K., Japan, and many other

European countries.

5. Arsenic:

Found in: Poultry.

Why it's dangerous: Used in chicken feed to make meat appear pinker and fresher, arsenic is POISON, which can kill you if you ingest enough.

Where it's banned: The European Union.

Source: From the book 'Rich Food, Poor Food' by Dr. Jayson Calton and Mira Calton

For more information about eating whole foods or to book a private consultation, contact Heather at:

http://www.HeatherMB.ca

Eat Healthy to Be Healthy.

Disclaimer: Individual articles are based upon the opinions of this author, who retains copyright. This information is not intended to replace a one-on-one relationship with a qualified health care professional and is not intended as medical advice. It is intended as a sharing of knowledge and information from the research and experience of Heather McKague-Bandl, ROHP, RNCP.

Heather McKague-Bandl

ROHP, RNCP, Orthomolecular Nutritionist

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"Get It Together"

...with Donna & Rhonda

Next time you are at the thrift store, keep your eyes peeled for wash baskets! Holding laundry is not the only use for your standard wash basket. We recommend that you keep some wash baskets in the trunk of your vehicle. This is a great way to keep things from sliding around in your trunk. You can set up "zones" in your trunk.



- You could have a sports bin that would house the skates and helmets for skating, the soccer ball for play at the park, the ball gloves and balls for practice, etc.
- You could have a wash basket as your first aid bin/road side emergency kit - which could include blankets, candles, flares, first aid kit, extra gloves, compact shovel, etc.
- Another wash basket could be your grocery bag bin, etc. This could be a place to keep all your cloth bags for the grocery store. Also when you get your groceries you can put your bags in the wash baskets and it makes it easier to unload. Just grab the basket and take it into the house. Don't forget to put the basket and bags back in a vehicle when you are finished!

When you aren't using the wash baskets, they can be piled neatly into the corner of your trunk! This is an economical way to keep your vehicle organized!

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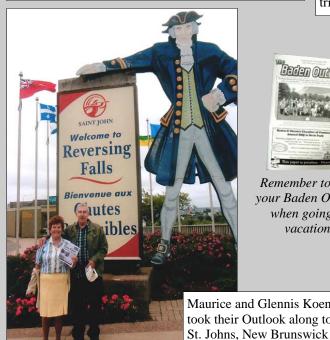
Wow! More exciting destinations as The Baden Outlook continues to travel ...



Bob and Rick French took The Outlook to a (very hot, temperature wise!) Washington D.C. Photo is taken just after tea with Barack and Michelle.



Thirty-one Morningsiders took the Baden Outlook along on a bus tour to Pennsylvania. They enjoyed the Corning Glass Museum, Hershey's Chocolate World, Andrew Lloyd Webber's Cats performance, an Amish Experience, and the Sight and Sound Theatre production of *Noah*. The trip was organized by Margaret Bennett and Cherrey Bus Lines.





Remember to pack your Baden Outlook when going on vacation!

Maurice and Glennis Koenig took their Outlook along to



Sisters, Joan and Dorothy Pikor enjoyed a fabulous Mediterranean cruise which included a stop with the Baden Outlook in the ancient ruins of Ephesus, Turkey.



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.. to Ireland, Calgary, China, Pennsylvania, Washington D.C.,





Doug and Judie Bowlby, along with their good friends Gloria and John Richardson/Ilett celebrated their anniversaries with a trip to Ireland and England. Celebrating 50 years for the Bowlbys, and 7 years for the Iletts. They took their Baden Outlook with them to the Guinness Factory in Dublin, Ireland.



The Girl Guides of Canada - New Dundee and New Hamburg Guiding Units, travelled to Montreal to share the Baden Outlook with the Girl Guides from Pincourt, Montreal, Quebec. It was seen around town at the Notre Dame Basilica and the ISCI Centre.



Morningside residents in New Hamburg celebrated Canada Day with a parade and barbecue. They took their Outlook along for the ride in the parade!



Le hai his sal Ou ho du flo

Lee Pettigrew was happy when he and his pals were able to salvage his Baden Outlook when his home was destroyed during the Calgary flood this past June.



Karen St.Denis and Keith Lyon took their Baden Outlook along when they visited the Terra Cotta warriors in Xian, China.

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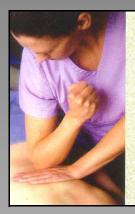
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UNDERSTANDING TENNIS AND GOLFER'S ELBOW

By Dr. John A. Papa, DC, FCCPOR(C)

The elbow is a complex joint that allows movements of flexion, extension, and rotation. Most daily activities require a combination of these actions to produce motion in the arm, forearm, wrist, and hand. Two common elbow injuries include *Tennis Elbow* (TE) and *Golfer's Elbow* (GE). Both of these elbow conditions can cause pain and weakness which result in functional limitations with gripping, pushing, pulling, and lifting activities of the affected arm.

Tennis Elbow (TE) is medically known as lateral epicondylitis and causes the outer part of the elbow to become sore and tender. This typically affects the muscles and tendons that extend the fingers and wrist, and roll the forearm outwards.

Golfer's Elbow (GE) is medically known as medial epicondylitis and causes the inner part of the elbow to become sore and tender. This typically affects the muscles and tendons that flex the fingers and wrist, and roll the forearm inwards.

TE and GE can affect anyone involved in activities that require rapid and/or repetitive motion of muscles and joints in the forearm, wrist, and hand. It is more likely to happen if these movements are combined with awkward posture(s), excessive force, poor technique, and using the wrong equipment or tool. Occasionally, a direct blow to the elbow may be a causative factor. Physical deconditioning can also make individuals susceptible to these conditions.

TE and GE can affect a broad variety of people including: trade workers such as electricians, painters, and carpenters; recreational athletes such as tennis players and golfers; and labourers such as cleaners and assembly line workers. Computer use, and even hobbies like gardening and knitting can be associated with TE and GE.

It is important to establish an accurate diagnosis of TE or GE. This can be accomplished by performing a proper medical history, along with a physical examination. Other causes of elbow pain may include: fractures, bursitis, arthritis, sprains, nerve irritation, or referred pain from the neck and/or shoulder region. Any elbow injury with obvious evidence or suspicion of fracture or joint dislocation necessitates the need for emergency medical care.

Chiropractors are healthcare professionals skilled in diagnosing and treating muscle and joint conditions such as TE and GE. Initially, relative rest and altering or eliminating the conditions that contributed to





the injury is important. This may include making changes to a work station, using the correct tools/ equipment, and taking breaks to relax overworked muscles and joints. Treatment options include electrotherapy, acupuncture, ultrasound, taping, bracing, specialized soft tissue therapy, and manual joint mobilization. In addition, a comprehensive rehabilitation program should also

include stretching and strengthening exercises that target the muscles of the forearm, upper arm, shoulder and upper back.

If elbow pain is keeping you away from your favourite activities, consider chiropractic care. A chiropractor will assess your symptoms, diagnose your condition, and recommend a treatment plan to put you on the road to recovery. For more information, visit **www.nhwc.ca**.

This article is a basic summary for educational purposes only. It is not intended, and should not be considered, as a replacement for consultation, diagnosis or treatment by a duly licensed health practitioner.



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Special Thanks to the Neighbours Who Endured the Crowds and Music during the Corn Festival!



Thanks to sound technician Mike Fisher who also opened up the day with fellow musician Brad Canning.







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Although Bob has passed away, his presence is there with his girls ~ and they do him proud!



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How to Deal With Invasive Plants in Your Yard

By Diana Dart

We all know the story—we work hard to plant our garden and tend the lawn, only to have that landscape taken over by invasive plants. Most often unattractive and hard to beat with the tools available to us, these noxious weeds degrade our property and decrease outdoor enjoyment. Learn how to recognize invasive plants and deal with them in a safe, effective manner.

Basics of Invasive Plants

As defined by industry experts, an invasive plant is a species introduced into the area, which then spreads and overtakes native species. This type of plant negatively affects the biodiversity of our homes, neighbourhoods, and towns, creating unhealthy conditions and throwing off the natural balance.

On a simpler note, some invasive species are merely annoying. They spread beyond boundaries, rob other plants of soil nutrients and generally detract from the beauty of our gardens. Invasive species make a mess. They grow where they aren't supposed to and take over space without permission.

Typical Invasive Plants Found in Southern Ontario

Do you have any of these plants in your yard or along the road?



Ragweed – This common plant is an allergen to many and can invade your garden, ditches, and surrounding farmland. To remove ragweed you must prevent the plant from going to seed. Pull or dig out shorter growths and mow down larger plants before it flowers. Repeated mowing often degrades the roots and forces the plant to die out.

Wild Carrot – Have you spotted this plant in your veggie garden or around the yard? Appearing much like a standard carrot, this invasive plant must be dug out or chopped down at ground level to prevent it from going to seed. For persistent cases, contact your local landscaper for an application of herbicide.

Milkweed – Although some people grow this plant on purpose to attract butterflies, it does have a history of invasive behaviour and is listed with other harmful, non-native plants. If you spot the distinct shape of milkweed, cut the stem at ground level or mow it down completely. This reduces root health and helps to stop the spread of this invasive plant. Your landscaper may also be able to help with herbicide application.

Common and/or Japanese Barberry – Both types of this plant



grow well in your garden, but excessive seed and prolific germination push this plant into the invasive category. Mowing down the plant works well, and smaller growth may be dug out. Plant alternative species, such as Chokeberry or Shrubby Cinquefoil, in its place to reduce the risk of re-growth.

Russian Olive - This fast-growing shrub presents tiny needles, and spreads rapidly across your garden and throughout the grass. It must be pulled out or chopped down for removal, and replacing it with Witch Hazel or Ninebark helps to avoid a resurgence.

Periwinkle – Thanks to a shallow root system, this dense groundcover spreads across your property, choking out other plants and invading any space available. Rip it out and keep a close eye on the area for re-growth. Alternatively, install a root barrier to keep this plant in line, but be prepared to continue watching periwinkle is stubborn and somewhat sneaky. Plant alternative groundcover in its place, such as wild strawberry or wild ginger.

You'll find many other invasive plants in your yard (I'm talking to you, Cow Parsley), but the main goal is to stop the spread. Cut down the plant before it goes to seed and establish an impenetrable root barrier for those plants you wish to keep well contained. Your garden is worth the effort. Remember that battling invasive plants helps biodiversity as a whole, although the war often takes patience, diligence, and a bit of creativity.

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Every morning and evening I love to listen to the soft cooing of our resident Mourning Doves. In many ways it emotes a sense of peace and well-being. It seems we can always count on the Mourning Dove to greet us in the morning and wish us a good night's rest in the evening.

It was not always so. According to the Breeding Bird atlas, Mourning Doves have only become common in southern Ontario since the early 20th century: "However, the size and range of wintering populations have increased rapidly and in linear fashion since the early 1950's." (Cadman et al). This intrusion into southern (and central) Ontario may be attributed to the demise of the Passenger Pigeon which was a close relative. It could also be aided by changes in climate. Severe winters often cause frostbite on the fleshy feet of Mourning Doves, and in many cases contribute to early death as foraging for visible food and small stones to grind the seeds in their crops is more difficult.

Mourning Doves are one of the most common birds found in continental United States, with estimates placing their population in the range of half a billion birds! This is partially due to the vast areas of farmland devoted to grain crops (99% of a Mourning Dove's diet is seeds), and the fact that these birds will raise up to 6 broods of young per year. Usually a brood of two eggs is raised by both parents. Fortunately for us, most doves in southern Ontario raise only two or three broods per year!



A Mourning Dove's nest is a marvel of poor engineering! Often placed in a fairly low tree or shrub branches, it looks like a loosely woven pad of twigs that could be dislodged by a heavy breeze – but it seems to work. For the past several years, we have had doves nesting in our hanging geranium baskets. These nests

seem to be much safer as there is no chance of the nest falling apart, and the basket is protected from the rain by the eaves of the porch. However, the parent dove which is sitting on the nest does get upset when we water the plant.



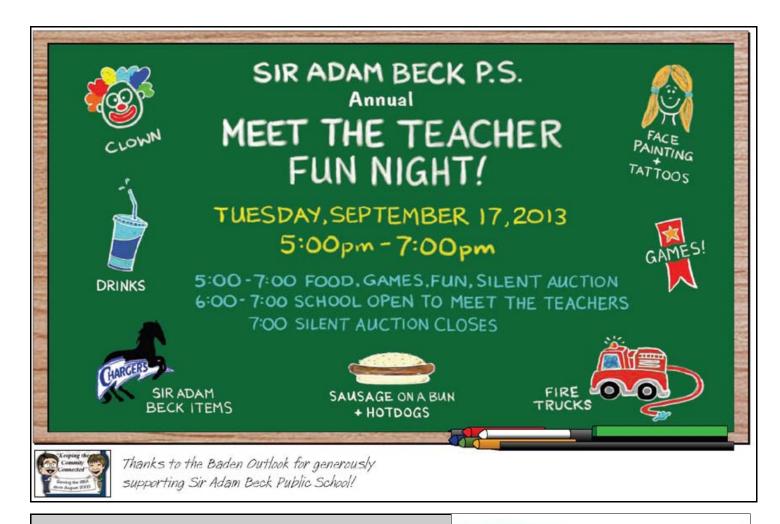
Doves are a favourite food of Cooper's Hawks as well as other

hawks and falcons. As the Mourning Dove averages about 117 grams in mass (1/4 pound) it makes a very satisfying lunch or dinner for a hungry bird of prey. It also makes the Mourning Dove a target for sport hunters who shoot 20-70 million of these birds every year in the USA. Mourning Doves are not listed as a huntable species in Ontario.

I like to have Mourning Doves around my bird feeders. They never bother the feeders as they have no place to perch (I don't use platform feeders). Instead, they patrol the ground under and around the feeders looking for any visible seeds that have fallen from above. They are so thorough in their job we never have any problem with sunflowers growing under the feeders!



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Accessible Playground Now Open

The Wilmot Recreation Centre has become Wilmot Township's one stop entertainment centre. Two great ice pads, a state of the art swim complex, a walking track, meeting rooms, and soccer fields all make it a great place to visit. One more feature has been added – a varying inclusive playground.

This playground idea, which originated from township staff, has been in the works for some time. The cost of the playground was just over \$150,000. There was a tremendous amount of planning that went into the

playground - handicapped parking is right in front of the playground, washrooms are very close by and a special ramp was constructed by Waldor Industries of New Hamburg. Township staff had brought the idea through their Accessibility Committee for comment and they also hired a consultant, Ms. Janet Elliot from Open Space Solutions to assist in the designing and building of the project.

New World Park Solutions was the project manager for the playground. They have been project managers for countless projects across Ontario. The new inclusive playground at WRC is compliant with CAN/CSA –Z614-07 Standard -Children's play spaces and equipment including Annex H of the Integrated Accessibility Standards (Design of Public Spaces regulations) effective

January 1, 2017. Children's playgrounds will be required to meet certain criteria for the provision of ground level accessibility play components and special ramps for elevated components. Director of parks and Recreation Scott Nancekivell stated, "The playground has been extremely busy since its opening in June and it made sense that our first varying ability playground be at a facility such as the WRC." Many children have been using the facility while siblings play. soccer but many of the visitors come up to use the new facility on its own.

A portion of the facility contains a rubberized surface for safer play. There is a good mix of activities for all children of all ages and abilities. Come out and check it out!







Girl Greatness Starts Here! 1st Baden Sparks & 1st Baden Brownies



Information and Registration Session
Wednesday, September 4th, 7 p.m. – 8:30 p.m.
at the Fall Leisure Opportunities Fair,
Wilmot Recreation Complex
or register online, at www.girlguides.ca/join-us

Regular meetings: Wednesday evenings, 6:30 p.m. at St. James Lutheran Church, Baden from Mid September 2013 – May 2014

Fun crafts, songs, activities, and camp-outs for girls aged 5&6 (Sparks) and 7&8 (Brownies)

For more information about Sparks contact Tammy (519)888-0356 or for Brownies contact Becky (519)634-9377

New Baden Book Club Forming ~ Please Join Us!

Ahh summer! A good book, warm sunshine, a quiet restful place --- all makes for an amazing day for those of us who love to get lost in a great fiction book or we who comb the pages of books in search of more knowledge and deeper insight. Whether your best book of the summer was fiction or non fiction consider coming to the Baden Book Club Meeting the evening of Thursday, September 26, at 7 p.m. to share your find.

A book club with a twist — our desire is not to read and discuss one common book but to share "good reads" with each other. It will also be a great chance to meet other Badenites who love to read.

To learn more about the book club please call Dorothy at 634-8779 or Susan at 519-214-0249

Another Col Move

BOOK CLUB

Calling All Girls Ages 8-12

Gírís' Club: Please join us for our first meeting on Tuesday, September 17th at Wilmot Mennonite Church. It will be a Weiner Roast from 7:00 pm to 8:30 p.m.

Meetings are held every 3rd Tuesday of the month from September to May Contact Marcia 519-634-5960 for more information. Hosted by Wilmot Mennonite Church.

Beavers, Cubs, Scouts, Registration and B.B.Q.

Wed, Sept. 4th at 6:00 till 7:30 at the picnic shelter at the New Hamburg fair grounds, Jacob Street, N.H.

Beavers and Cubs meet Thursday evenings, Scouts meet Monday evening

Please contact Garry at 519-6621502 for questions about our program.

New Hamburg & Area Coop Preschool



Spaces still available for registration.

Ages 2 years and up.

Please visit our website for

more information.

www.newhamburgpreschool.com

A fun and interactive place to learn!!



Every minute of every day, someone in Canada needs blood and in most cases, blood from more than just one generous blood donor.

We need New Hamburg and Baden communities to rally together on August 26th because it takes many donors to help save a hospital patient. Did you know it can take up to...

- 50 donors a week to help someone in a car accident
- · 8 donors a week to help someone with leukemia

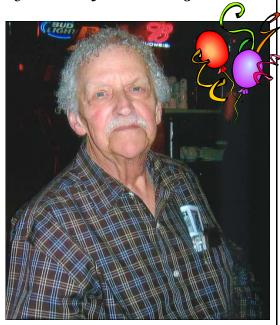
New Hamburg/Baden Blood Donor Clinic Monday, August 26 - 2 pm – 8 pm Waterloo Oxford District S.S

Call 1 888 2 DONATE (1888 236-6283) or book on-line at blood.ca. Walk-ins & new donors welcome!

This space is generously donated by Erb Transport to support community events

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Glen Lichty is 80 ~ August 10th!



Happy 80th Birthday With love from your family!

Thank you!

On behalf of Shantz Mennonite, Steinmann's Mennonite, West Hills Fellowship, and Wilmot Mennonite, we would like to thank everyone who came out to see us at the 8th annual Baden Family Fun Day on June 15th at Beck Park. The weather was beautiful and it was great to see the park full of families enjoying some fun activities and some time together as a community. We look forward to holding the event for the 9th year running in 2014.

We are always seeking to make improvements to this event to provide more enjoyment for the community, so please feel free to send an email with any suggestions, feedback, or a desire to participate next year to office_westhills@rogers.com and we will review all your comments.

We would also like to thank the following local businesses for their support through their door prize donations: Bubbles & Biscuits Dog Grooming and Pet Boutique; Tim Hortons (Baden location); Baden Veterinary Hospital; Wilmot Senior Woodworking Centre; Hairworx; Baden Eyecare Centre; Digs Music; Subway (Baden Location); Pizza Express; Baden Dental Clinic; Baden Automotive; Maple Leaf Sports & Entertainment; the Toronto Blue Jays; Rogers Sportsnet; Baden Feed & Supply; Baden Optical; and LiveWell Health & Wellness (Pierre Plante, Anne Timberley, Calvin Smith).

Special thanks also go to Pillers Fine Foods in Waterloo, No Frills in New Hamburg, and the Wellesley Apple Mill for donating food items for the Fun Day.

Hope to see you again next year! Baden Family Fun Day Organizing Committee

APARTMENT & OFFICE FOR RENT:

One bedroom apartment with office/den space in downtown New Hamburg. \$690 a month plus hydro.

Please Call Debbi at 519-662-2640.

HELP WANTED: Looking for 2 reliable, efficient, hardworking full time mechanics or apprentices for full time days. Shop is open Tues - Sat. We specialize in custom work as well as regular maintenance and repairs to trucks and trailers. Successful candidates will have a minimum of 3rd year apprenticeship completed, own transportation and tools, be able to read and legibly fill in service reports and repair logs, some welding and fabricating, and have a working knowledge of wiring. No internal engine work. Shop is located in Baden please send resume to Corey via email jfyr1@hotmail.com



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Dr. Rob Gulliver Rev. Wayne Domm Pastor Greg Mills









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1316 Snyder's Rd. W. (at Nafziger Rd.), Baden

LOGOS - Gr. 1-12, Wed. 5:25 p.m. Youth Group - Friday 7:30 pm Young Adult and Adult groups Worship: Sunday, 9:45 a.m. Sunday School: Preschool - Adult, 11:00 a.m.



519.634.8311 www.smchurch.ca.

ST. JAMES LUTHERAN CHURCH

66 Mill Street, Baden ON 519-634-5191 www.stjamesinbaden.org Pastor Olavi Hepomaki

Sunday Worship 10 am / Sunday School. Nursery care provided.



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Visit www.badenoutlook.com

Please visit The Baden Outlook web site for a directory of local churches with names, numbers, addresses and web sites. If your church is missing from this list please contact us to be included.

"BECAUSE I'M A GIRL BRACELETS" ~

Help Girls in Third World Countries Go To School ~ You can make a difference in their world!

All donations are matched 3 to 1 by the Government through Plan Canada. Each bracelet costs \$10, of which \$5 goes to help girls go to school.

Please help them.

Check out their website at: http://becauseiamagirl.ca



... FOR SALE!

For more information contact Anne Koebel at 519-662-2192 or Jen Sutherland 519-662-6958

You are welcome to join in the upcoming Beading Classes to help make these bracelets on Saturday, August 24th from 9 am - noon at Wilmot Centre Missionary Church, 2463 Bleams Road West, Baden.

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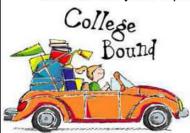
New Hamburg Thrift Centre

41 Heritage Drive New Hamburg tel: 519-662-2867 www.newhamburgthrift.com



Heading to college or university?

We have what you need to furnish or decorated your apartment or dorm!



- Furniture
- Housewares
- Linens
- Books
- And more!



All proceeds benefit the work of Mennonite Central Committee

REGULAR HOURS

Mon-Thurs 9:00 am - 5:00 pm Fri 9:00 am - 8:00 pm Sat 9:00 am - 4:00 pm

We all need a TREE.

I hired a plumber to help me restore an old farmhouse, and he had just finished a rough first day on the job: a flat tire made him lose an hour of work, his electric drill quit and his ancient one ton truck couldn't get him back home.

While I drove him home, he sat in stony silence. On arriving, he invited me in to meet his family. As we walked toward the front door, he paused briefly at a small tree, touching the tips of the branches with both hands.

When opening the door he underwent an amazing transformation. His face was wreathed in smiles and he hugged his two small children and gave his wife a kiss.

Afterward he walked me to the car. We passed the tree and my curiosity got the better of me. I asked him about what I had seen him do earlier.

"Oh, that's my trouble tree," he replied. "I know I can't help having troubles on the job, but one thing's for sure, those troubles don't belong in the house with my wife and the children. So I just hang them up on the tree every night when I come home, and ask God to take care of them. Then in the morning I pick them up again."

"Funny thing is," he smiled, "when I come out in the morning to pick 'em up, there aren't nearly as many as I remember hanging up the night before."

We all Need a Tree!

Back To School Thrift Shopping

Going to college or university is a growing experience in life that requires a lot of preparation for parents and students alike. Parents help with money to pay for tuition, books, the move, as well as items for the student's dorm or apartment. Future college /university students have the fun and excitement of organizing and decorating their new surroundings, some far away from their family home. Students have the responsibility of balancing between saving money and purchasing items to fit their specific style. Here are some ideas that can help you during this transition:

- First make a list: "Have" for the items already included in the room or space; "Can't Have" for forbidden items as designated by the school; "Need" for items that are going to make the student's life easier such as a desk, lamp, under-bed storage, comforter; and "Want" for fun items like posters, pillows, chairs, TV, etc.
- Then visit the room so you can evaluate your space. Take some pictures and take some measurements for the bed and any other furniture you want. It will give you an idea of how much storage space you have.
- Have an idea of how you would like to decorate, and share your ideas with your roommate. If you can't agree on a theme, then try at least to focus on a colour scheme that you can both enjoy.
- Finally, be creative, open-minded, recycle, reuse and buy thrift. This is a great way to go green as you would be upcycling goods destined for certain death in a landfill.

As a thrift store with a large and unique inventory and affordable prices, we are the perfect place for you to shop. You might end up finding some groovy, vintage or retro furniture not found elsewhere, or unique colours and patterns of dishes, lamps, linens, rugs, pictures and so much more.

Buying in the New Hamburg Thrift Centre is not only fun, affordable, and environmentally friendly, but also with your purchase you will be supporting the Mennonite Central Committee "where every purchase is a gift to the world".

Ask Armand ~

???

Evan from Baden asks "Armand do you know any information about when Baden had their sewers installed?"

Armand says – Good question Evan!

There was a special council meeting held in 1963 where it was decided that sewers would be installed. The original cost of the project was estimated to be \$275,000, but the decision was made to run the line to Waterloo Oxford High School which added \$95,000 to the project. This brought the total cost up to \$371,000. Citizens had two options for payment of the project – they could pay \$85 a year for 30 years or their bill could be cut almost in half by paying a onetime fee of about \$1,300. It wasn't until 1974 that the actual work was complete.

Interesting People: Meet Local Author—Lynn Albrecht

Baden resident Lynn C. Albrecht will be launching her new murder-mystery book (with a touch of comedy) *Dying For Sex* on August 19th from 7 to 9 p.m. at the Rain Tree Café in Waterloo. She is very excited about the book and would like to invite everyone to the launch.

Lynn has worked for a number of media outlets over her career including as a news anchor in western Canada, producing radio broadcasts, and editing shows and tapes. She has also spent a number of years as a social worker. All of this was an asset in creating her novel.

It was a fulfilling life but when her youngest child left home, Lynn suddenly was dealing with a severe bout of Empty Nest Syndrome. "While we are struggling to work, raise our family, and be a viable member of society, we often forget about the other important parts of who we are," says Albrecht. "I had to go back to my childhood and remember what activities made me happy."

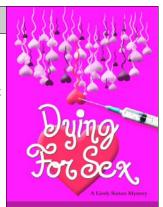
She recalled that as a young girl, she enjoyed writing funny stories and loved to pretend she was a detective; this spawned the idea to write a mystery novel. It was Easter weekend, three years ago, that she pulled out some index cards and scribbled out the entire plot of her novel. The book took several twists and turns and finally evolved into what it is today, a very funny mystery that will

keep you guessing till the very end.

"Don't let the name of the book fool you" Lynn explains. "It does touch on wife swapping -- nothing graphic in nature, but it is the not main part of the plot." Lynn researched wife swapping (*internet only*) and was surprised how much of it is out there; and yes, locally too! The book is first and foremost a mystery novel with a dash of comedy.

The book is focused in Kitchener-Waterloo, which gives it a local feeling. Many of the characters in the book are based very loosely on various people she met over the years. The cover was designed by Kitchener native Tina Geisel. The publisher, Sun Dragon Press, is stationed in Guelph. Lynn felt that having a publisher accept a person's book is important as it validates the quality of the book. They take care of press releases and promotions. Lynn is disappointed that two other books with the same name "Dying For Sex" have surfaced since her naming of the book – one of them focusing on erotica.

The book is available online at Kindle, Amazon, and can be purchased at Barnes and Noble, and Tower Books. It is also available at her own website http://lynncalbrecht.com. She is currently working on a follow-up book in the Lindy Sutton Series.



LYNN C. ALBRECHT

Lindy Sutton has her hands full. In between having her clown act clobbered by pintsized critics, keeping a group of sex-crazed octogenarians from starting brawls in the raciest bar in town, and trying to keep her crazy Aunt Pip from being tossed out of Laughing Pines retirement home, she still has to contend with her son's garish band bus parked in her driveway. Could things get any worse? Yup! Check it out to see what's next for Lindv!!



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- * Root canal treatment
- * Bleaching/whitening
- Headache/migraine control (related to TMJ)

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HOW TO CALL THE POLICE WHEN YOU'RE OLD AND DON'T MOVE FAST ANYMORE.

George, an elderly man, was going up to bed when his wife told him that he'd left the light on in the garden shed, which she could see from the bedroom window. George opened the back door to turn off the light, but saw that there were people in the shed stealing things.

He phoned the police, who asked "Is someone in your house?" He said "No, but some people are breaking into my garden shed and stealing from me". Then the police dispatcher said "All patrols are busy. You should lock your doors and an officer will be along when one is available." George said, "Okay." He hung up the phone and counted to 30. Then he phoned the police again.

"Hello, I just called you a few seconds ago because there were people stealing things from my shed. Well you don't have to worry about them now because I just shot them." And he hung up.

Within five minutes, six police cars, a SWAT team, a helicopter, two fire trucks, a paramedic, and an ambulance showed up at George's residence, and caught the burglars redhanded. One of the policemen said to George, "I thought you said that you'd shot them!"

George said, "I thought you said there was nobody available!"

Don't mess with old people!!

Submitted by R. Price



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QUOTES OF WISDOM ON LIVING LIFE

It is the difficult situations in life that either makes us bitter or better. We allow them to make us victims or students. ~Millie L. Graham

A successful man is one who can lay a firm foundation with the bricks others have thrown at him.

~David Brinkley

He who angers you conquers you.

~Elizabeth Kenny

You know it's a fool who plays it cool by making his world a little colder.

~Paul McCartney



You Must Be Joking!

Gynecological Visit ~

A middle-aged woman seemed sheepish as she visited her gynaecologist.

"Come now," coaxed the doctor, "you've been seeing me for years. There's nothing you can't tell me."

"This one's kind of strange," the woman said.
"Let me be the judge of that," the doctor replied.

"Well," she said, "yesterday I went to the bathroom in the morning and heard a plink-plink-plink in the toilet. When I looked down, the water was full of pennies."
"I see," commented the doctor calmly.

"That afternoon, I went to the bathroom again and, plink-plink-plink, there were nickels in the bowl," the woman continued. "That night," she went on, "I went again, and plink-plink-plink, there were dimes. This morning, there were quarters! You've got to tell me what's wrong with me!" she implored. "I'm scared out of my wits!"

The gynaecologist put a comforting hand on her shoulder. "There, there, it's nothing to be scared about," he said. "You're simply going through the change!"

26 Foundry Street, Unit 1, Baden BADEN DENTAL CLINIC

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We welcome new patients.

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More Changes in the Neighbourhood



The recent demolition of Baden Sheet Metal on Brewery Street makes way for more development possibly.

IT IS TIME FOR A LESSON ON APHORISMS.

AN APHORISM IS: A SHORT, POINTED SENTENCE THAT EXPRESSES A WISE OR CLEVER OBSERVATION OR A GENERAL TRUTH

- The nicest thing about the future is ...that it always starts tomorrow.
- Money will buy a fine dog ...but only kindness will make him waq his tail.
- If you don't have a sense of humour ...you probably don't have any sense at all.
- Seat belts are not as confining ...as wheelchairs.
- ◆ A good time to keep your mouth shut is ...when you're in deep water.
- Why is it that at class reunions ...you feel younger than everyone else looks?
- Scratch a cat (or dog) ...and you will have a permanent job.
- There are no new sins...the old ones just get more publicity.
- There are worse things than getting a call for a wrong number at 4 a.m. ...like, it could be the right number
- No one ever says, "It's only a game" ...when their team is winning.
- I've reached the age where...'happy hour' is a nap.
- The trouble with bucket seats is that...not everybody has the same size bucket.
- Do you realize that, in about 40 years...we'll have thousands of old ladies running around with tattoos?

(And rap music will be the Golden Oldies!)

Always be yourself because the people that matter don't mind ...and the ones that mind don't matter.

Submitted by our friendly senior... Robert Price

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Thank you for all the support !!!! WE DID IT!!

Since Canada Day in New Hamburg our committee has tirelessly campaigned to raise awareness about the Bring a Splash Pad to Wilmot Kraft Celebration Tour voting opportunity.

The passion and outpouring of support from individuals, schools, businesses and service clubs, as well as sports clubs and other non-profits took the VOTE WILMOT campaign to another level.

Not only did the ties that bind our local community in The Township of Wilmot grow, our campaign was embraced by the entire Region of Waterloo and beyond. This level of passion and sense of community surpassed even our greatest expectations. Overwhelming doesn't even begin to describe the pride we feel about where we live, shop, go to school, work, and play!

Throughout this process, we have had so much fun and met so many incredible people, in person and through social media that inspired us well beyond the Kraft Celebration Tour.

We must give thanks to Kraft Canada and TSN SPORTSCENTRE for presenting this opportunity for communities to come together right across this country

we all dearly love so much: Canada.

We will receive our \$25,000 cheque to put towards creating the Township of Wilmot Splash Pad on August 24th. This is when Wilmot will host a special edition of SPORTSCENTRE featuring anchors Rod Smith and Kate Beirness as they broadcast live from the Township of Wilmot on Saturday, Aug. 24 at 6 p.m. ET on TSN.

I hope to see you there to celebrate our passion for our Country and our community together!

With tears of joy! Angie Hallman - chair

https://www.facebook.com/ BringASplashPadToWilmot http://splashpad.wix.com/ splashpadtowilmot https://twitter.com/ SplashPadWilmot www.kraftcelebrationtour.ca ahallmanrmt@cwips.ca





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shelter foundation











- Home Sweet Home -

Mix furniture shapes to create interest. Pair an angular couch with a round side table, or place an oval rug underneath a rectangular coffee table. Want more tips? Sign up for my quarterly newsletter.

Contact me today for all your Real Estate Needs – Buying, Selling and Investing. Over 8 years of local experience. Residing in the Township for 20 years.

Melodie Mensch, Sales Representative
Direct: 519-591-4450 <u>mmensch@rogers.com</u>
www.OnTheMoveInKW.com







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This is the time... the cream of the crop is ready. Peaches, tomatoes, and melons of all sizes!! For those who still like to do canning they must be in heaven with the fresh

choices to stock their cupboard! The fresh peach salsa and the versatile Greek style tomato salad —you're sure to enjoy!

Don't forget yummy corn on the cob — If you haven't had your fill of corn then you must try this corn chowder recipe.

Tomato Feta Salad

Whisk olive oil and red wine vinegar together, add a bit of sugar and salt and pepper together.

Toss in either chopped tomatoes or halved cherry tomatoes.

Chop in some cucumber, sweet onion or chives, shredded fresh basil leaves and crumbled feta cheese.

Simply fresh and delicious. If company is coming toss in red pepper and some lettuce greens to bulk up your salad.

Cathy's Peach Salsa

4 ripe peaches, peeled and finely chopped half a red pepper or jalapeno, deseeded and finely chopped Juice of 1 lime 2 tbsp parsley 2 green onions Pinch of sea salt

Great served over fish, chicken or with nachos.

Easy Corn Chowder

1/2 cup diced bacon

4 medium potatoes, peeled and chopped

1 medium onion, chopped

2 cups water

3 cups cream-style corn

2 teaspoons salt

ground black pepper to taste

2 cups half-and-half

Directions

Place the bacon in a large pot over medium-high heat, and cook until crisp. Drain and crumble, reserving about 2 tablespoons drippings in the pot.

Mix potatoes and onion into the pot with the crumbled bacon and reserved drippings. Cook and stir 5 minutes. Pour in the water, and stir in corn. Season with salt and pepper. Bring to a boil, reduce heat to low, and cover pot. Simmer 20 minutes, stirring frequently, until potatoes are tender.

Warm the half-and-half in a small saucepan until it bubbles. Remove from heat before it boils, and mix into the chowder just before serving.



SUMMER CLEARANCE SALE!



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CLOSED SUNDAYS & MONDAYS

Hours: Tuesday & Wednesday 9-6 Thursday & Friday 9-8 Saturday 9-5

Cruise Nite ~ Wednesday August 21st



Expressway Ford's Cruise Nite is back! Free, Music, Prizes, Charity BBQ 5:30 pm to Dusk





www.expresswayford.com

Volunteer Enthusiastic about Time Spent at Baden Corn Festival

By Cheryl Weber Good

I admit I was skeptical. Could a little town pull off transformation happened. a Baden Corn Fest from nothing? Every little town has their event. Would anyone come?

Eventually I couldn't resist being drawn in, and signed up to be in the information booth for 4 hours. I was amazed at what I heard from YOU and those hours transformed me into Baden Corn Fest enthusiast.

I walked around the entire area before my shift so that I had a sense of where everything was happening. In the booth, I offered you a program and invited you to sign in, but I wanted to hear from you, where you were from and how you found out about the Fest. That is where my



Son and mom, Nathan and Jen Lambert had also had fun greeting the visitors and briefing them on the days' events.

I was pleased with how many Badenites actually came. Presence matters. Some towns can't get their own people to show up for things that the volunteers work countless hours to put together. But more than just coming yourself, you had confidence that Baden would come through to make an amazing event and many of you invited friends and family from a distance! I was surprised by the number of people who came from K-W, Toronto, Oakville etc, enticed by the online advertising.

As I welcomed you, I became excited to tell you that this is not just another flea market with the usual vendors. We have our own unique local fair. I proudly mentioned that you can taste cheese that was produced just 2 roads south of here; to my knowledge, the first in Ontario that makes on-farm unpastuerized cheese. And next to it you could have a generous free sample of pies from Shakespeare. Between mouthfuls of just popped kettle corn I told you about the numerous local people who were inspired because of the Fest to create items for sale, from wood crafts, hand crafts to produce. The tractors are "so Baden", as we see them making their way for their regular coffee meetings. And where else can you get corn cooked with steamer technology? And relax by the remote boats at the pond? How about the musicians who have ties to Baden, and the popular children's area? This is worth coming for!

As you were leaving, your excited comments were energizing. Just before I was finished my shift at the info booth, someone eagerly exclaimed to me, "This is great! I want to volunteer next year"!

Me too. Or perhaps I will be inspired to make something and have a vending table. Baden, you really did pull it off!

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