



Baden Outlook



*Baden's Monthly Newsletter
Keeping the Community Connected ~
Since August 2000 with 3000 Copies in Circulation.*

April is BeADonor Month



WALDA (Wilmot Area Life Donation Awareness) had a flag raising ceremony at Ontario Drive & Gear on March 29th to acknowledge the nationwide campaign to encourage people to consider donating tissue and organs to save lives. See inside page 24 for more...

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This paper is priceless - Please have one!

Talking with Ed

~ Fearfully Speaking



Recently I was reading an article on fears and phobias, which led me to reflect on my own collections of fears. Below, I've listed the top ten reported phobias worldwide and for the sake of showing the intensity of my own personal fears, I will rate how I personally feel about them (3 being extreme and mild being 1).

- * **Arachnophobia** – Fear of spiders - Ed rating 1. This is a quite common phobia affecting one in three women and one in four men worldwide. Small spiders really don't bother me; however, growing up in MacTier (cottage country) I came face to face with many dock spiders – enough said.
- * **Ophidiophobia** – Fear of snakes - Ed rating 2. Back to MacTier again: just about every year, we had at least three rattlesnakes in our yard. I also remember getting in a boat with my cousins, Jim and Bill Miller, and having a three-foot water snake slither out from under the bench seat. The three of us just about ended up in the water, but the snake made it there first.
- * **Acrophobia** – Fear of heights – Ed rating 3+. This is the big one for me! Looking back, I find it quite amusing that it took me so long to say to myself that I have this fear. My first bad experience was at age ten, climbing a massive oak tree right to the top and having the wind move the tree back and forth. This was followed by a ride on the Wild Mouse at the CNE, followed by a ride on a glassed-in helicopter at Wasaga Beach (with my cousin Jim again, with me sitting up against the glass), followed by a Ferris wheel ride with Pat. That one pretty much finished it off for me. I guess I don't feel too bad about this one, as it affects an estimated 35 million people worldwide. Oddly enough, ladders don't bother me.
- * **Aerophobia** – Fear of flying – Ed rating 1 to 2. I feel very comfortable in a larger airplane, but don't ask me to get into a four seater Cessna. Three different times I sent the family up in a light plane, taking pictures for the Outlook, while I stood on the tarmac waving them off. Geez, I didn't think I had many fears, but as I am writing this they are piling up.
- * **Cynophobia** – Fear of dogs – Ed rating 0. Not much to say unless they're charging at me baring scary teeth.
- * **Astraphobia** – Fear of thunder and lightning – Ed rating 0. I can't say I have ever had an experience that gave me any fear here. During really big storms, Pat and I like to sit out under the back patio and watch the show!
- * **Trypanophobia** - Fear of injections – Ed rating 0. Back in my 20s, I used to get allergy shots at the clinic, so getting a needle to me is child's play.
- * **Social Phobia** – Fear of Social Settings – Ed rating 0. Nope, I can't really say that I have had an issue with the social scene. At times I can be an introvert, but there is no fear there.
- * **Agoraphobia** – The Fear of being alone in a place or situation where escape may be difficult - Ed rating 0. Not even close on this one!
- * **Mysophobia** - The Fear of Germs – Ed rating 0.

That is the list of the top ten phobias and fears with my personal commentary included. Another particularly scary experience I had was when I was in my teens and I was invited by the guys to go watch an uncut version of "The Exorcist" in Toronto. Afterwards, I was dropped off at my apartment, where my roommate (Jim Miller, gee, that guy is involved with a lot of my fears) was out for the evening. I spent the night by myself and I was terrified. It took me several weeks for me to get over that show.

Until next month...Ed

EXTRA EXTRA!!

You'll find us around the 15th of each month, available at over 80 places within Wilmot Township, while quantities last.



You'll find us In Baden at Mars Variety, Circle K, Baden Feed, Baden Dental, Wilmot Rec. Centre, Tim Hortons, Baden Library, EJ's, and several outdoor magazine boxes located conveniently throughout town for Baden readers.

You can pick it up in New Hamburg at No Frills, Sobey's, Short Stop, NH Legion, McDonalds, Morningside, Stonecroft, Office Pro, NH Thrift Centre, Personally Fit Gym, Pharmasave, NH Dry Cleaners, NH Wellness, all libraries and various offices and retail locations throughout Wilmot Township.

It can also be found at Foxboro, in St. Agatha at Fishers Esso, Angie's Kitchen, and Pfenning's.

The best things in life are free - like the chirp of spring robins, and this paper ~ Please Have One!



Greetings from ~ Outlook Headquarters

Wow... the fresh spring energy is finally emerging and Baden is coming out of hibernation! You'll see from all the things going on this month that we are ready for action! It was a bit of a joke on April 1st as some saw snow flurries. The warm temperatures are slower to arrive this year, and lots of us are restless to get outside. I'm ready to dump the bulky coats and put away the gloves floating around at the front door and in my car.



Thanks to Dr. Pierre for sharing wisdom and encouragement to get active outdoors on page 25. Also in this issue you will find: this month is Donor Awareness Month and former recipient Ryan Morrison has given us lots to think about from his experience on page 24. The annual Interfaith Silent Auction is coming up, as well as the *Living Well Festival* as seen on page 4 with their schedule of events—you'll be sure to enjoy the local talent at the Coffee House in St. Agatha at Angie's Kitchen on April 26th. Earth Day is April 22, and the Baden Community Association is having their annual town clean-up event on Saturday, April 28th - help clean up your neighbourhood. You'll also see that the BCA is busy planning the annual Corn Festival and are calling out for vendors.

It's been said that a good laugh and a long sleep are the two best cures for anything.

We should all be in good shape then, as we laughed our way through the snow on April 1st and we've had a really long hibernation this winter.

When out and about, check out the action on Snyder's Road East where construction is underway at the old Hener Woods property, with 20 townhouses being built in that new development. There are also two new businesses on Foundry Street next to Pizza Express, a driving school and Annie's General Store. So, as we friendly Badians do—pop by and say hello.

The registration forms for the baseball pool are in with 300 entries, and the stats will begin in the May issue. Thanks for playing with us! Also in the May issue will be the final hockey pool stats, announcing the season's grand winners. Check out page 14 to see where you ranked this month.

And guess who's been back in town? Anne - yes, that's "*Anne with an e*". Northwood Productions quietly wheeled into town on Sunday, March 18th and spent a day at Castle Kilbride filming for the second series of our beloved *Anne of Green Gables* tale. It was a privilege for me to be there in the shadows taking notes while all the hustle and bustle of filming was in motion. It was nice chatting up the crew and meeting Amy, who plays Anne, and her friends who were featured in this portion of the movie stationed at the castle. I was glad to have the chance to welcome them to our town. They have brought their own twist to the original story and you can read all about it on page 18.

We were shaken when our daughter Katie was rear-ended on the 401 during rush-hour traffic recently. We are most thankful that despite her car being totaled, she walked away with minor aches and pains. It is traumatic being in a car crash and she can still see that black SUV speeding up behind her in the rear-view mirror and knowing that he was going to ram into her. Her trunk ended up in the back seat; the police officer was relieved to find out there was no child in the baby car seat. She doesn't recall much after the impact but she managed to get her car safely off the highway and onto the shoulder. The traffic was moving smoothly that day, so we have no understanding of why this happened, unless of

course someone wasn't paying attention! The man who hit her was charged and Kate spent the following weeks dealing with insurance, looking for a new car, going to doctor appointments, and missing work while trying to heal a very sore body. Distracted driving has become epidemic, so please be mindful when on the road!



**PLEASE PAY
ATTENTION!**

*Every 8 seconds
someone is hurt in
a car crash.*

*Over 100 people
die everyday in
car crashes.*



2018 Living Well Festival Shows Healthy Signs of Growth



This year, the popular Living Well Festival is showing healthy signs of growth. For the first time, the festival is spread over three consecutive days at the end of April, instead of the usual two.

The theme for the 11th annual event - hosted by the Wilmot Healthy Communities Coalition - is "Home-Grown Goodness", a celebration of health and wellness in the township.

On Thursday, April 26, from 7pm to 10pm, John Wiebe will be hosting a Coffee House featuring live performances by local talent at Angie's Kitchen in St. Agatha. Admission and coffee is free. There will be a cash bar, and Angie's late night menu will also be available.



On Friday, April 27, from 6:30pm to 8:30pm, the always popular free roller-skating will return to the Wilmot Recreation Complex, sponsored by Physiotherapy Alliance. Skate rental is free.

Saturday, April 28 will be a busy day at the Rec Complex when the Living Well Festival coincides with Interfaith Counselling Centre's annual silent auction. The festival will feature the usual Community Corner and Market, as well as a free Community BBQ Lunch, which is sponsored and served by Wilmot Township Council. New this year is the Local Food Producer Food Prep Demo at 10:30am. Scran & Dram's Chef Dave Hutchison will be showing how to prepare a nutritious meal with ingredients sourced from Wilmot's Nith Valley Apiary, 5 Chicks & a Farmer, Mountainoak Cheese, and Pfenning's Organic Farm. Admission to the demo is a \$3 donation to the Wilmot Family Resource Centre's food bank. Seating is limited, so those who are interested should come early to register at the Living Well Festival's welcome table.

Up-to-date news about this year's events can be found at www.healthywilmot.ca, as well as the Wilmot Healthy Communities Coalition's Facebook and Twitter pages.

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Hello... It's Nice to Meet You. Anal Glands—Your Dog's Calling Card



With the fresh smells of spring in the air, I'm going to talk about something a little on the smellier side – anal glands. Anal glands, or anal sacs, are two small pouches located on either side of the anus at approximately the four o'clock and eight o'clock positions. The walls of the glands are made up of many specialized glands that produce a foul-smelling secretion (many of you know what I'm talking about – yuck!). Each sac is connected to the outside by a small duct that opens just inside the anus.

The secretion produced by these glands acts as a territorial marker - a dog's 'calling card'. The sacs are present in both male and female dogs and some of the secretion is squeezed out onto the feces by muscular contractions when the dog defecates. This is the reason dogs are so interested in smelling one another's feces.

Anal sac disease is very common in dogs. The sacs frequently become full or impacted, usually due to inflammation of the ducts. The secretion within the impacted sacs will thicken and the sacs will become swollen and distended. It is then painful for your dog to pass feces. The retained material within the anal sacs

can cause an abscess to form. The abscess will appear as a painful, red, hot swelling on one or both sides of the anus.

If the abscess bursts, it will release a quantity of greenish yellow or bloody pus. If left untreated, the infection can quickly spread and cause severe damage to the anus and rectum.

The first sign of anal sac disease is often scooting or dragging the rear along the ground. There may be excessive licking or biting, often at the root of the tail rather than the anal area. Anal sac disease is very painful. Even normally gentle dogs may snap or growl if you touch the tail or anus when they have anal sac disease. If the anal sac ruptures, you may see blood or pus draining from the rectum. In some cases, the dog may have had an episode of diarrhea or digestive upset a week or two before the clinical signs of anal sac disease became evident.

Treatment for impaction involves expressing or emptying the sacs. If the impaction is severe or if there is an infection, it may be necessary to flush out the affected sac to remove the solidified material. Since these conditions are painful, many pets will require a sedative or an anesthetic for this treatment. Antibiotics are often prescribed and sometimes may need to be instilled into the sacs over a period of several days. Many dogs will require pain relief medications for several days until the swelling and inflammation have subsided. Follow up anal gland expressions may be necessary to help get the anal sacs back to proper function.

If you are concerned that your pet may have an anal sac problem, you should contact your veterinarian and have your pet examined to minimize the potential damage to the gland.

By Dr. Rebecca Ricker

Baden Veterinary Hospital

Dr. Rebecca Ricker & Associates

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Baden ~ Our Town

Mark your calendars! The BCA is looking for you to help with the annual Baden Cleanup Day on Saturday, April 28th from 11-1 o'clock. Last year about 100 Baden citizens joined in to help beautify our town. This will be the fifth year hosting this event and we've been happy with the great response...way to go, Baden!

Mark your calendars again as The BCA is hosting their Fishing Derby at the Baden Mill Pond on Saturday, June 2nd from dawn to 1:30 p.m. Last year there were 263 registered entries to the free tournament who had a chance to catch one of ten tagged fish worth \$50. There will be door prizes and a barbeque provided by the BCA. It is great family time with lots of fresh air provided (no charge for the fresh air) — please bring the sunshine with you.

The energy is growing around the annual Baden Corn Festival as committees are gathering and making plans! We are happy to share the great news that EJ's of Baden will be hosting the corn supper this year. There are three bands booked thus far with a possibility of two more. This will be held at EJ's which will spread out the days' events from the green space to Castle Kilbride. More details will follow in upcoming editions.

It's never too late to get involved—you are welcome to join us the last Wednesday of each month in the basement at the township hall at 7 pm. Or call us about getting involved with the CornFest—we'd love the help! Watch us on facebook to see what's going on.



You cannot hang out with negative people and expect to have a positive life.

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One Liner Jokes for Kids

Q: How do you make seven an even number?

A: Take the "s" out.

Q: What did the blanket say to the bed?

A: Don't worry—I've got you covered.

Q: Where do sheep go to get their haircut?

A: At the baaa-baaa shop.

Q: How did the little boy drown in bed?

A: The pillow slipped, the bed spread and he fell in the spring.



Rhyme Time Riddles

The answers to the riddles are a pair of words that rhyme with each other—have fun!

1. Mortgage howl _____
2. Paddle shop _____
3. Nude rabbit _____
4. Natural remedy _____
5. Great poster _____
6. Pasta pastry _____
7. Orca story _____
8. Pale man in armor _____
9. No more fiber _____
10. Not as good as poem _____

Answers on page 15



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Volunteers do not prepare complex returns for:
Self-employment income; business or rental income and expenses; capital gains or losses; employment expenses; file for bankruptcy; or deceased in the year.

Bring all your information slips to the office; there are a few forms for you to fill out; you will receive a phone call when the return has been completed. Any questions about eligibility or how it works, please contact Marietta at 519-662-2731.

Wilmot Family Resource Centre
1-175 Waterloo St.
New Hamburg, ON N3A 1S3



You Must Be Joking!!



Man's Humour~

- ♦ I decided to start dating a weather girl, thought it would be a nice change to date a woman that wasn't right all the time!

- ♦ I think I'm pretty clever, I made up a new word after I startled myself with a loud fart—I was fartled!

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Checking out the Baden Library



Thank You, Volunteers

National Volunteer Week in Canada is April 15 – 21 which gives us the opportunity to thank and celebrate the volunteers who give their time to the Baden branch.



Jenna leads the Baden Book Worms Kids Book Club. This club is for children ages 7 to 9 and meets monthly from October to May. They have enjoyed reading a variety of book selections including graphic novels and chapter books. They enjoy participating in fun activities and games relating to the selected book.

Robert leads the Awesome Book Club (ABC). This club is for children ages 10 to 12 and also meets monthly from October to May. This group has read many interesting books this year including *Theodore Boone: Kid Lawyer* by John Grisham, *Mr. Lemoncello's Library Olympics* by Chris Grabenstein and *Tales From Outer Suburbia* by Shaun Tan.

Ashten helps with shelving books, craft preparation for children's programs and any other task we have for her.

For more information about volunteering and getting an

application form, visit <http://www.rwlibrary.ca/en/aboutus/Volunteers.asp>

Adult Programs:

Book Club at EJ's

In anticipation for this year's One Book One Community selection on Tuesday, April 17, 6:30-7:30 p.m. the Book Club will discuss last year's featured book **Emancipation Day** by Wayne Grady. **Emancipation Day** spans pre- and post-war to the sounds of Jazz in a story of one man's journey to come to terms with his identity and an unsettled past. New members are welcome to this drop-in book club!

1:1 Computer Coaching

The Region of Waterloo Library continues to offer free, one-on-one computer training sessions at the Baden branch on Tuesdays. Get help with your computer, tablet or eReader. Register for ½ hour sessions online or by telephone.

Coffee with a Constable

Drop in and chat with Waterloo Regional Police Service's Officer Paul at the Baden branch on Thursday, May 3, 10 a.m.-noon. He is available to answer any questions you may have regarding police service, community engagement, trending topics, and more.

Contact North

Drop in at the New Hamburg branch, Thursdays: May 3 & 10, 11 a.m.-1 p.m.

Learn how Contact North can help you get your degree, diploma or certificate, or upgrade your skills online. This is a non-profit organization funded by the Ministry of Advanced Education and Skills Development.

Children's Programs:

May the Fourth – Tuesday, May 1 – Saturday, May 5 Super Paper Mania – Star Wars Edition (All ages)

May 4th is Star Wars Day and we are celebrating all week. Drop in and try some Star Wars paper crafts to take home.

Tails for Tales in April and May

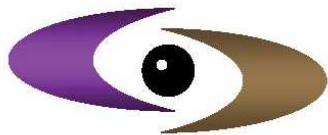
Read with a dog! Each week you will be able to read to a furry friend. Four 15 minute time slots are available each week; register for a 4-week period. Recommended for children ages 4 to 8.



Need a Region of Waterloo Library card? Visit any branch and get one for free with proper identification.

Up-to-date program and event information is available from the calendar at rwlibrary.ca or contact the branch at 519-634-8933 or badenlib@regionofwaterloo.ca.


Chris Baechler, Assistant Supervisor
Baden Branch-Region of Waterloo Library



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Dr. Sonya Frank, Optometrist

DID YOU KNOW?

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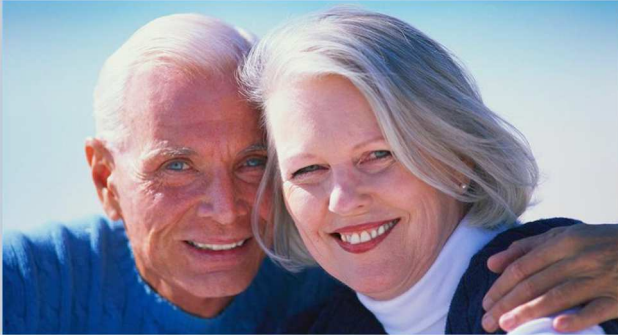


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Registration: 8:30 am

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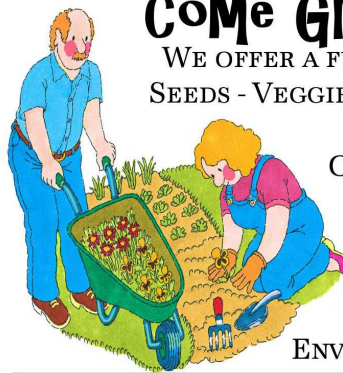
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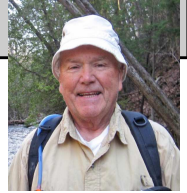
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Baden Birding ~ The Cedar Waxwing

By Wayne Buck



I usually write about a bird that I see on our property or encounter on a walk. But this time I thought I'd write about a bird that I greatly admire but see only occasionally, and have never seen on our property, the Cedar Waxwing.

According to Cornell University's All About Birds website, "the Cedar Waxwing is a silky, shiny collection of brown, gray, and lemon-yellow, accented with a subdued crest, rakish black mask, and brilliant-red wax droplets on the wing feathers" from which its name is derived. The Bohemian Waxwing is a close relative of the Cedar Waxwing and is a larger bird with more grey overall, an entirely grey breast, and no yellow. Bohemians are more northerly residents, so the only time you have a chance to see them is in the winter when they migrate to Southern Canada and Northern U.S.A. I have seen Bohemians only twice in my lifetime, the first time being when we lived on Manitoulin Island.

Waxwings are robin-sized (medium) birds with a sleek profile, with a crest like the Cardinal and Bluejay. The Cornell Lab describes their coloration as: "Cedar Waxwings are pale brown on the head and chest fading to soft gray on the wings. The belly is pale yellow, and the tail is gray with a bright yellow tip. The face has a narrow black mask neatly outlined in white. The red waxy tips to the wing feathers are not always easy to see."



Cedar Waxwings eat small fruits, such as dogwood, serviceberry, cedar, juniper, hawthorn, and winterberry, which is part of the reason they migrate south for the winter. You are not likely to see one at your feeder in winter unless you plant NATIVE trees and shrubs such as the aforementioned Serviceberry, Dogwood and Choke Cherry. Be sure to plant NATIVE trees and shrubs, for these birds have fed on these native fruits for countless thousands of years and have developed a close relationship with them that they do not have with plants that originated in Europe or Asia.

Waxwings are social birds and are non-territorial, similar to robins and swallows. You often see them in small flocks, which you may be able to hear as they make their high-pitched calls. Another feature I like about waxwings is their cooperative behavior. According to Wikipedia: "When the end of a twig holds a supply of berries that only one bird at a time can reach, members of a flock may line up along the twig and pass berries beak to beak down the line so that each bird gets a chance to eat. Sometimes, cedar waxwings will eat fruit that is overripe and has begun to ferment, intoxicating the birds."



MPP Michael Harris congratulating Alfred Kuntz for his dedication to our community.

April 15-21 is National Volunteer Week.

*Thank you to those who help make
our community great!*

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Interesting People ~ Meet our New Town Clerk, Dawn Mittelholtz

Dawn Mittelholtz began her role as Deputy Clerk for the Township of Wilmot in March 2006. "It was an election year," Dawn recalls, and Barbara McLeod had just replaced Jane Stellar as Township Clerk. Fortunately, Dawn had gained some experience during her time at the Township of Perth East from 2002 to 2006. Her role there was mainly in the Finance Department, and she also helped with technological support for municipal software. This February, Barbara McLeod retired after 28 years of dedicated service, the township is looking for a new Deputy Clerk, and it is another election year.

Dawn spent the first three years of her life in New Hamburg and then moved to Wellesley. Her father was her first introduction to the municipal field. He was an officer with Waterloo Regional Police for 30 years, then a by-law officer in Wellesley for 15 years. She attended Waterloo-Oxford High School and developed many friendships locally.

She took a Business Administration course at Conestoga College with a focus on marketing. During her time at Conestoga College, she was active with the student council association and was president one year. One of the more troubling situations during this time was sitting in on a tribunal as a student representative for a person who phoned in a bomb threat. Trying to decide what type and level of discipline was needed for a good person who had a momentary lapse of judgement was difficult.

Dawn has taken many courses to improve her career, including Municipal Tax Administration, Municipal Administration Program, Parliamentary Procedures Certificate, Basic Emergency Management, Creating Web Pages, and Fundamentals of Supervision and Management from 2003 to present day.

The four years that she worked at the Township of Perth East involved tax collecting, which she found was a good step into municipal government. She also

realized at Perth East that being a township clerk is a role better suited for her. Her role at Perth East was to help residents comply with set tax rules and try to avoid going down the road to more serious actions. Her role as Township Clerk at Wilmot is somewhat similar, as she will be overseeing the bylaw department. Once again, this is a role where it is important to work with residents to achieve a resolution that is good for all parties.

The clerk's office, which is one of six departments in the township, is one that works closely with all other departments. Just like the finance department, it is an external and internal service provider for the township. Internal work includes such things as generating agendas and taking minutes for council meetings, processing resolutions for other agencies, creating numerous documents, and so much more.

Dawn has learned a lot from working with Barbara McLeod over the last 12 years and feels Barbara has left her chair in a good place for Dawn to resume her role and continue to grow her achievements with a team approach. Dawn currently lives in the city, but is a small town local girl at heart and loves our Wilmot feel.

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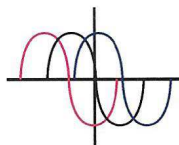
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Animal Quiz

Answers on page 34

1. I am a living fossil, dating back 200 million years! Who am I?
2. There are only a thousand like me left in the wild and only 60 in zoos around the world... Who am I?
3. I am a skilled swimmer and climber... Who am I?
4. I am the fastest land animal in the world, capable of reaching speeds up to 70 miles per hours. Who am I?
5. Some in my family have one horn while others have two... Who am I?
6. I am not a cow but because males of my species produce cow-like mooing... Who am I?
7. I am the only bird known to fly backwards? Who am I?
8. What kind of creature is a Portuguese man o' war?
9. What type of animal is a Flemish giant?
10. I'm known as cabbage white and can be found in your garden but I am not produce... Who am I?



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As thunderstorm season is upon us, our furry friends can be affected. Some dogs will become extremely stressed, even before a storm appears, due to changes in barometric pressure and humidity levels. Signs of anxiety many include panting, pacing, hiding, whining, attention seeking, and even urinating inappropriately. If outside they may even want to run away.

Before jumping for sedation check out your own reactions first, dogs sense your anxiety or even your fears for them. Stay upbeat and playful without overly fussing. Try to stay with him, but if you can't, some dogs feel comforted by wearing a snug fitting shirt or sweater which provides pressure to their torso—creating a calming effect, like swaddling a baby. Create a comfortable space for your pet to use during a storm with his favourite toy or blanket.



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Baden Outlook Hockey Pool Stats

Adults			Kids		
Place	Name	PTS	Place	Name	PTS
1	Devon Grozn	924	1	Taylor Naumann	924
2	Kristen Struth	922	T2	Ryan Boronka	887
3	Maggie Litwiller	919	T2	Cameron Langer	887
4	Papa Bud Miller	906	4	Sofia	876
5	Josh Durrer	900	5	Vance Hallman	874
T6	Bonnie Jokic	895	6	Sabrina Hallman	872
T6	Adam Roth	895	7	Kate Papa	866
T8	Lynn Moore	893	8	Evan Bizony	860
T8	Bradley Sousa	893	9	Mitchell Young	859
T10	Ruth Davidson	892	10	Braedyn	855
T10	Jacob Ertel	892	11	Kohen Patten	854
12	Sadie Acton	889	12	Ayden Ziegler	851
13	Cooper Honderich	887	13	Logan Moore	839
14	Jody Pfaff	884	14	Joey Durrer	838
T15	Nick Snape	880	T15	Scott Snook	832
T15	Chris Murray	880	T15	Kailey Patten	832
17	Murray Deckert	877	17	Chloe Duggan	831
T18	Ryan Heinbuch	875	18	Lydia Jokic	828
T18	Todd Girodat	875	T19	Zach Schwartzen.	824
20	Al Heafey	873	T19	Carys Girodat	824
21	Mike Taves	872	21	Eric	822
T22	Christian Goudreau	868	T22	Jack Papa	821
T22	Tom Foulon	868	T22	Jordan Snyder	821
24	Ty Brenner	867	24	Dana Kropf	820
25	Lindsay Soctemans	865	T25	Kaidan Peoples	818
T26	David Murray	864	T25	Hailey Jokic	818
T26	Denise Acton	864	T27	Katie MacLaurin	817
28	Wayne Erb	862	T27	Jake Durrer	817
29	Tara Jokic	861	29	Elias Bizony	814
30	Frank Palumbo	859	T30	Jared Shantz	812



**Congratulations to
 Papa Bud Miller for taking
 the Adult Leader Prize for this
 month's Hockey Pool, winning a
 gift certificate from Ej's of Baden.**

*(Sorry Devon, Kristen, Maggie, Taylor, Ryan and Cameron—
 but you can only win the monthly leader prize once).*

**Congratulations to Sofia who took
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Hello sports fans! Thanks for playing hockey with us! The entry forms are in with 436 eager players —357 adults and 79 kids to duke it out. You can follow your stats which are updated daily on the site. Simply visit www.badenoutlook.com — select "sports pools".

For adult pool, type in pool ID: outlookhockey and for kids type in outlookkids .

The passwords are: *guest*. Have Fun and Good Luck!



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- ◆ He is not a 'BAD DANCER' - He is 'OVERLY CAUCASIAN.'
- ◆ He does not 'GET LOST ALL THE TIME' - He 'INVESTIGATES ALTERNATIVE DESTINATIONS.'
- ◆ He is not 'BALDING' - He is in 'FOLLICLE REGRESSION.'
- ◆ He does not act like a 'TOTAL ASS' - He develops a case of RECTAL-CRANIAL INVERSION.'
- ◆ It's not his 'CRACK' you see hanging out of his pants - It's 'TROUSER CLEAVAGE.'

ANSWERS TO RHYME TIME PUZZLE ON PAGE 7

1. Loan moan
2. Oar store
3. Bare hare
4. Pure cure
5. Fine sign
6. Noodle strudel
7. Whale tale
8. White knight
9. Bran ban
10. Worse verse

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You Must Be Joking!! ~ Don't Mess with the Seniors



A married couple is travelling by car from Victoria to Prince George. Being seniors, after almost eleven hours on the road, they were too tired to continue, and decided to take a room. But they only planned to sleep for four hours and then get back on the road.

When they checked out four hours later, the desk clerk handed them a bill for \$350.00

The man explodes and demands to know why the charge was so high. He told the clerk although it's a nice hotel, the rooms certainly aren't worth \$350.00 for four hours. Then the clerk tells him that \$350.00 is the 'standard rate'. He insisted on speaking to the Manager.

The Manager appears, listens to him, and then explains that the hotel has an Olympic-sized pool and a huge conference centre that were available for use.

"But we didn't use them," the husband said.

"Well, they are here, and you could have," explained the Manager. Then he went on to explain that the couple could also have taken in one of the shows for which the hotel is famous. "We have the best entertainers from New York, Hollywood, and Las Vegas perform here," the Manager says.

"But we didn't go to any of those shows," the husband said.

"Well, we have them, and you could have," the Manager replied.

No matter what amenity the Manager mentioned, the husband replied, "But we didn't use it!"

The Manager was unmoved, and eventually the husband gave up and agreed to pay. Since he didn't have the cheque book he asked his wife to write the cheque. She did and gave it to the Manager who is surprised when he looks at the cheque. "But ma'am, this is only made out for \$50."

"That's correct. I charged you \$300 for sleeping with me," she replied.

"But I didn't!" exclaims the Manager.

"Well, too bad, I was here, and you could have."

Don't mess with senior citizens. They didn't get there by being stupid!



Submitted by Robert Price

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Ask Armand ~



Jenn from Baden asks – I noticed the big cemetery at the top of the hill by the Highway 7 & 8 interchange when coming into town. Could you give me more information regarding the cemetery?

Armand says – Yes, Jenn, that is Fairmount Cemetery which is located at 1062 Brewery Street. Christopher Kraus (aged 59) and Anna Marie Niergarth (aged 93) were both buried there in the year 1880. In 1891, St. James Lutheran Church officially established Fairmount Cemetery. There have been many significant Baden citizens buried at Fairmount, including: James and J.P. Livingston and other family members; long time entrepreneurs Harley and Ruth Herner and Edna Stiefelmeyer; and Doctor Barton and his wife Nora. If you are a Badian, you would recognize the local and familiar names of those buried there. The website find-agrave.com has 471 memorial entries for Fairmount Cemetery listed on their site.

There are eight Pioneer Cemeteries located in Wilmot Township. The Baptist Cemetery is located at 2510 Nafziger Road, Berletts at 4514 Sandhills Road, Christner at 1376 Christner Road, Pinehill at 2661 Huron Road, Sheard Monument at 1918 Huron Road, Staffer at 1005 Bean Road, Old Baden Cemetery at 363 Snyder's Road, and Wilhelm at the corner of Sandhills and Erbs Road.



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Lights, Camera, Action!

On Sunday morning, March 18th, a fleet of trucks came to town and lined Livingston and Wagler streets. Northwood Entertainment were back in town and filming season two of Anne (they were here also on January 24, 2017 filming for the first season). All home owners and businesses were notified of their arrival ahead of time.

The neighbours commented on how quiet and courteous they came and went. Everyone was co-operative and accommodating of each other. We were glad they felt welcome in our town.

When Northwood Anne was seeking an historic Victorian home for its setting, it was a privilege that Castle Kilbride was chosen. Curators Tracy Loch and Sherri Gropp walked through the day with the crew, overseeing the safety of the castle and assisting the crew where they could. They also spent the day packing up artifacts and paintings into storage to protect the castle's collections. The production company brought in their own props to set the stage of that era.

ACTION! — On Monday, production was in motion! Red soil from Prince Edward Island was brought in by the truckloads and placed in the front yard of Castle Kilbride, setting the stage for the continued series of the east coast Anne of Green Gables story. Planks were laid to form a wooden path across the west lawn to access the trailers and township office so the yard wasn't disturbed. Trees were brought in and stationed to cover the view of street lights and Tim Hortons. The place was abuzz, with approximately 130 people involved with the film making that day.

The series is set in Prince Edward Island; however, only a few of the landscape scenes were shot there. The rest of the filming took place in Pickering, Tottenham, Caledon, Oshawa, St. Catharines, and Baden. The filming for this 10-episode production will take four months to complete, with the show airing this fall on CBC and Netflix. The second season will be an extension of the original story... an exquisite adaptation creating an element of realism.

Amybeth McNulty, who plays Anne Shirley is a remarkably resilient girl with a unique spirit, fierce intellect, and brilliant imagination. Amy is from Ireland and continued with her schooling during shooting. This episode staged in Baden brings Anne and her peers for a visit. Be sure to watch the award winning series and catch a glimpse of our castle-gone-Hollywood!



Anne wins Best Drama Series at the 2018 Canadian Screen Awards

Anne, our little red-headed orphan, came up on top to take home the coveted statuette for Best Drama Series. Executive producers and co-creators of the original creators Moira Walley-Becket and Miranda de Pencier accepted the award singing praises to the crew and especially to Amybeth McNulty who helped bring Anne to life in the CBC/Netflix produced series.

—taken from the CBC Blog

Creator and executive producer/showrunner, Moira Walley-Beckett (Breaking Bad, Flesh and Bone) is excited about this ground-breaking season, stating, "Exploring modern topical issues in the world of this beloved character is a thrilling endeavor, and I hope this season ignites, unites, and inspires young people around the world." "We're super excited about the storylines for season two - conjured up by Moira and the all-female writing room and further expanding the world of ANNE (WITH AN E) in surprising, unique, and emotional ways," says executive producer and President of Northwood Entertainment, Miranda de Pencier (Beginners, Thanks for Sharing).

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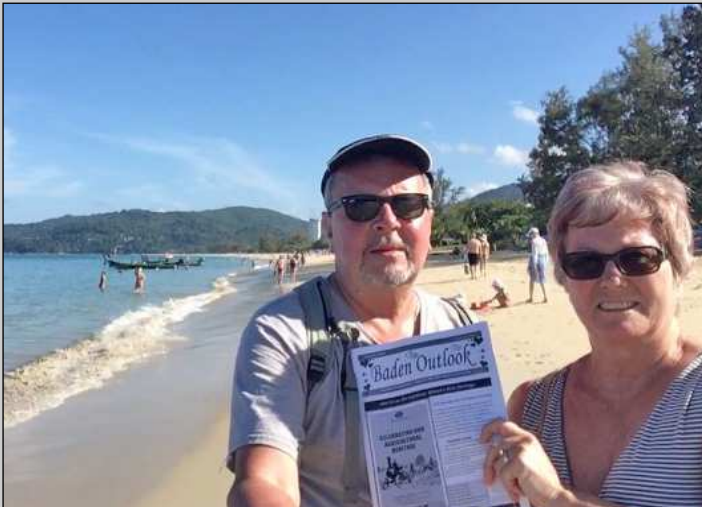
Wow! More exciting destinations as *The Baden Outlook* continues to travel ...



Jalyssa and Ryan continue to travel the world with the Baden Outlook. Their recent destination was in Cairn, Australia at the Great Barrier Reef to snorkel...as the jelly fish were plentiful they had to wear lycra suits. How lucky for them to connect with their aunt and uncle—Bruce and Barb Schumm from Baden.



Rick and Laura Hazelwood from Grape Results took their Baden Outlook along on a warm vacation in southern Florida.



Gary and Maureen Pasichnyk took the Baden Outlook along for 3 weeks of travelling around Thailand. In the photo they are seen at KARON Beach in the province of Phuket, Thailand.



Kevin and Angela Shantz were vacationing in Hawaii with The Baden Outlook. The picture was taken at Papakolea Beach, an amazing green sand beach on the Big Island of Hawaii. They celebrated their 25th wedding anniversary with Kevin's brother and his wife, Larry and Sharon.

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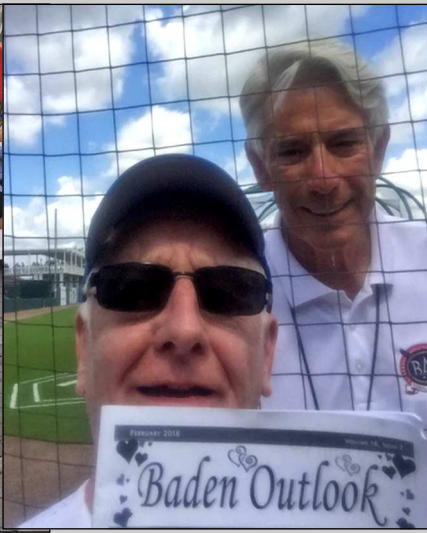
....To Australia, Florida, Guatemala, Thailand and Hawaii



Ryan Brander and fellow workers from Chervin Woodworks, Hawkesville, took the Baden Outlook to Guatemala where they travelled to Jungle Breeze Mission. This mission was in support of building a community clinic.



Mike and Amy Williams and their children Brayden and Ciara took their Baden Outlook along to Orlando for March break .



Brothers Brian and Tom Pfaff enjoyed a two week trip to Florida with their Baden Outlook along for the fun. The rascals are seen in the big chair outside the Tampa arena before the game with Leafs and the Lightning.

Brian took a selfie with the Blue Jays TV announcer Buck Martinez during the Blue Jays batting practice before a game. He was very 'approachable' and happy to pose with Brian with the Baden Outlook .

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Step up to Spring

By Dr. Pierre Plante



Spring is in the air...I think?!? With the days getting longer, some of us are itching to get back to spending a little more time participating in outdoor activities. Outdoor activities have countless physical, mental, and social health benefits. Some of these benefits include:

1. Vitamin D levels rise as we participate in more outdoor activity. Studies suggest that the benefits of vitamin D include decreased risk of osteoporosis, heart attacks, and depression.
2. You're more active when you are outdoors. If you are outside doing whatever you love—gardening, running, fishing—chances are you're spending less time being sedentary, in front of the TV or computer, and more time helping your body by moving often!
3. Your mood improves. Exposure to natural sunlight has been proven to improve mood. Sunlight combined with physical activity means more smiles!
4. Mental acuity and concentration improvements appear to be strongly correlated with being outdoors. Studies have shown that children with ADHD seem to be able to concentrate better after being outdoors.
5. You may recover faster from illness and injury. Studies have shown that patients recovering from surgery

experienced less pain when exposed to natural light.

With any change to activity, it's always important to pay close attention to your feet. Here are three tips to ensure that you are well-equipped for return to outdoor activity!

- ⇒ Check your footwear. How long has it been since you replaced your shoes or orthotics? If you don't know, chances are they are due for replacement.
- ⇒ Take it slow. This is especially important if you are returning to activity after a period of inactivity, or are trying a new activity. Start slow and increase duration and intensity of activity gradually
- ⇒ Protect yourself and stay hydrated. It's easy to forget about sunscreen and hydration in the spring. Temperatures are mild, and we do not feel the sun's rays in the same way as we do in the summer. Stay well hydrated; make sure you consume enough water before, during, and after activity.

Looking for somewhere to take in the spring weather? Check out Christner Trail, Morningside Trail, and Schmidt Woods. We are fortunate to live in such a beautiful country. We often forget this after spending more time indoors trying to stay warm over the winter.

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April is BeADonor Month



April has arrived. BeADonor month is a nationwide campaign to encourage people to consider organ and

tissue donation. Are you and your family members already registered organ & tissue donors?

One donor can possibly save 8 lives and enhance 75 others. There are 8 organs that can be donated: liver, lungs (x2), heart, kidneys (x2), pancreas, and small intestine. All of those organs do make a difference in someone's life.

I am one of those folks whose life has been changed by organ donation. I am Ryan Morrison, a very grateful recipient. On July 31, 2015, I underwent a lifesaving heart transplant surgery. Without my donor, I would not be here today to encourage others to consider being organ and tissue donors.

In addition to organs, the tissues that can be donated are: skin, corneas, tendons, cartilage, heart valves, and blood vessels. Long bones and joints can also be utilized.

Some of those tissues have enhanced up to 8 people's lives. After the passing of Cecily & Rick Kowalik's daughter Kyla in 2006, her soft tissues changed many lives. Two men regained their vision, two young women regained

their mobility, and four others benefited from bone and connective tissue transplants. In 2017, seven hundred and nineteen organ donors gave the gift of life to 1269 people. Currently in Ontario, there are over 1,500 people on the waiting list for an organ transplant. The average registration rate for Ontario is 32%. Wilmot Township, registered as New Hamburg, stands at 50%, ranked 20 out of 170 communities.

Let's get Wilmot Township to be a bigger part of DONOR Nation, surpassing the current registration leaders North Bay & Parry Sound at 55%. Wilmot residents can show their support of organ & tissue donation by visiting www.beadonor.ca/campaign/wilmot-be-a-donor-drive to register today. All it takes is 2 minutes with your health card, click on "register now," and follow the prompts. Please note you must be 16 years old to register as a donor. Just a reminder, talk to your family about your wishes.



Thank you from the bottom of my heart, Ryan Morrison, WALDA

Note: Statistics noted above came from Trillium Gift of Life Network (www.giftoflife.on.ca) and BeADonor (www.BeADonor.ca) web sites.

K.R. ABBOTT

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A Quiz ~ The History of Cell Phones

- 1 The beginning of cell phones can be traced to the innovation in cabs, police cars, and other service vehicles where "these" communicated with a home base. ..What are these?



A) hand signals B) flags C) two way radios

2. He invented a portable hand-held phone that didn't need to be powered through a car in 1973. He was also the first person to make a mobile phone call. Who was he? A. Dr. Martin Cooper B. Les Armstrong C. Sir Mark Murray

3. What year did the cell phone go public?
A) 1974 B) 1983 C) 1992

4. Sanyo made the first camera phone. What year was it?
A) 1990 B) 1999 C) 2002



5. In 2007, this company made the first touch screen phone. Who was it?
A) Samsung B) Apple C) Blackberry

ANSWERS ON PAGE 35

Tickets Over 90% Sold!!! Don't Miss Out!

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presents**

Oliver!



More info at **www.thecommunityplayers.com**

Community Corner ~ Check Out What's Going On!



The New Hamburg Lioness will be hosting a Bake Sale Saturday, April 28th at the Wilmot Rec Complex during Interfaith's Silent Auction. All proceeds go to Interfaith Counselling Centre.



YOU HAVE THE POWER TO GIVE LIFE
Donate blood and join the movement today.



Blood Donor Clinic
Monday, April 23 & May 21, 5 pm - 8 pm
Steinmann Mennonite Church
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Wilmot Family Resource Centre

FAMILY VIOLENCE PREVENTION PROGRAM

There are many ways a person can abuse. Abuse is about intimidation and control and comes in many forms.

- ◆ PHYSICAL ABUSE
- ◆ SEXUAL ABUSE
- ◆ VERBAL ABUSE
- ◆ EMOTIONAL ABUSE
- ◆ FINANCIAL ABUSE



If you are experiencing any form of abuse and would like help, contact Teresa at Wilmot Family Resource Centre Family Violence Prevention Program

fvpp4wfrc@bellnet.ca 519 662-2731

The Grand River Voices are thrilled to be presenting 'Serenade to Music' this coming spring. This concert series will highlight our 70+ voices through the classical work of Vaughan Williams and the jazz melodies of George and Ira Gershwin.

This will be an interactive music experience involving the audience as well. It is going to be an incredible musical adventure!



Tickets are available online at; grandrivervoices.ca for \$20, or at the door for \$25. Concert dates are Thursday, May 3, 2018 at 7:30 pm at Wilmot Centre Missionary Church, Bleams Road, Petersburg

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NITH VALLEY ECOBOOSTERS

Are you concerned about the **environment** and the potential effects of **climate change**? Join us as we continue to discuss what first steps we could take in our community to address the current climate situation. Our next monthly meeting will be held at **7:00PM on Wednesday, April 25th** at Zion United Church, 215 Peel Street, New Hamburg. For more information, contact nvecoboosters@gmail.com or call **519-662-9372**.

T.O.P.S.

(Take Off Pounds Sensibly)
We are a support group for weight loss. Meetings are held on Tuesday evenings St. James Lutheran Church, 66 Mill Street, Baden Weigh-ins at 6:30 pm followed by a short meeting For more information call 519-634-5542 Everyone Welcome.

Mark your calendars for May 26th!!
Time to get busy cleaning out those bulging drawers, dusty cupboards, and overloaded garages for the upcoming **Baden Community Garage Sale**.

A perfect time to lighten your load and make some extra cash, while visiting with your neighbours!

This space is generously donated by Expressway Ford supporting non-profit community events



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Theatre Wellesley's Spring Production

Theatre Wellesley presents Norm Foster's "Old Love" on Friday April 27, Saturday April 28, Sunday April 29, and on Friday May 4, Saturday May 5, and Sunday May 6 at the Wellesley Public Library. Show times are 8:00 pm on Friday and Saturday evenings. Matinee performances at 2:00 pm on Saturday and Sunday.

Are you ever too old to fall in love? "Old Love" is the touching story of Bud and Molly as they try to find love in the middle years of their lives after living through unhappy marriages. Bud and Molly tell the story of their emerging love as their present days selves and through a series of "vignettes" involving their younger selves.

Tickets are available at Pym's Village Market, by email at contact@theatrewellesley.com and by phone 519-656-9247.

For more information about Theatre Wellesley's production of Norm Foster's Old Love, contact Allan Strong at 226-749-2161.

Summer Respite Program

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mhartman@tcmhomes.com

Register by May 1



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The Kitchen Table



A place for Seniors to find support & encouragement
with afternoon tea & coffee

Topic: Keeping Yourself Safe: Fraud Prevention

April 24 (last Tues of the month) 1:30 -3:00

At Wilmot Mennonite Church

2995 Bleams Road 519-634-5030

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EcoNugget

*Spring Clean your Community
with family and friends on
Earth Day, April 22*

Here are some safety tips:

- * Wear protective clothing (e.g. gloves & boots).
- * Watch for vehicles near roads.
- * Avoid slippery ground near waterways.
- * Keep hazardous waste such as batteries separate from litter and recyclables.
- * Report location of dangerous items to local authorities. (For syringes/needles call the Region of Waterloo at 519-575-4400; for other items call your township, Wilmot at 519-634-8444 or Wellesley at 519-699-3948.)

For further information contact:
nvecoboosters@gmail.com

You Must Be Joking!!



Seniors ~Following Doctors Orders:

I went to my nearby pharmacy, straight to the back, where the pharmacists' high counter is located. I took out my little brown bottle, along with a teaspoon, and set them up on the counter. The pharmacist came over, smiled, and asked if he could help me.

I said, "Yes! Could you please taste this for me?" Seeing as I was a senior citizen, the pharmacist went along.

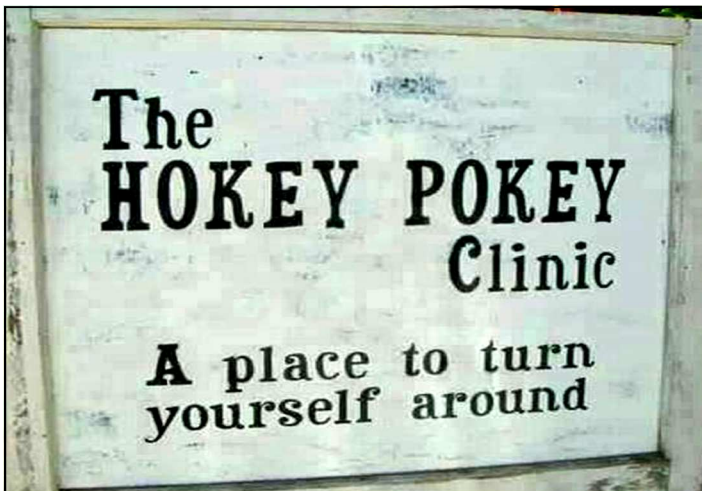
He took the spoon, put a tiny bit of the liquid on it, put it on his tongue and swilled it around. Then, with a stomach-churning look on his face, he spat it out on the floor and began coughing. When he finally was finished, I looked him right in the eye and asked, "Now, does that taste sweet to you?"

The pharmacist, shaking his head back and forth with a venomous look in his eyes yelled, "HECK NO!!!"

I said, "Oh, thank goodness! That's such a relief! My doctor told me to have a pharmacist test my urine for sugar!"

I can never go back to that pharmacy, but I really don't care, because they aren't very friendly there anymore, anyway!

Submitted by Bruce Bousher



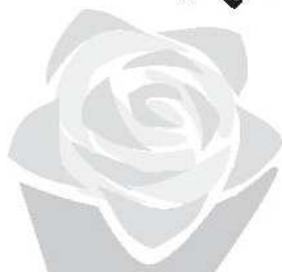
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Wilmot Terry Fox Run sets a new record in 2017

We've just received the official fundraising total for the 2017 Wilmot Terry Fox Run. And we're absolutely stunned.

Your support and generosity last year - through fundraisers held between February and September - helped raise an astounding \$26,300 for cancer research. That beats our previous record by nearly \$12,000! **The 2017 total is one-third of all the money raised since the first local Terry Fox Run in 1996.**

Of course, there's still plenty of work to be done to end cancer. We have a lot of exciting events coming in the months ahead, including Chairs of Hope, Message of Hope, Marathon of Shows, and our annual silent auction.

Thank you, Wilmot, for your support and belief in Terry's dream of a world without cancer. We hope we can count on you again this year.

Thanks to the Township of Wilmot for awarding us a municipal grant, which will cover third-party costs for our fundraisers.

The picture shows us with Jamie Vincent (financial services) and Mayor Les Armstrong.

Submitted by Cheryl & Nigel Gordijk



The 2018 official Terry Fox Run shirt was designed right here in Wilmot! Run co-organizer Nigel Gordijk donated the graphics for the new shirt, which will go on sale in June.



All fees from pet nail trims at New Hamburg Veterinary Clinic during April will be donated to the Wilmot Terry Fox Run. Call 519-662-1525 now to book your pet-icure!

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Living by The Golden Rule

The "Golden Rule" was given by Jesus of Nazareth, from his teachings — "Do to others what you want them to do to you," and, "This is the meaning of the law of Moses and the teaching of the prophets" (Matthew 7:12)

People universally demand respect, love, and appreciation, whether they deserve it or not. Jesus understood this desire and used it to promote godly behavior. Do you want to be shown respect? Then respect others. Do you crave a kind word? Then speak words of kindness to others. "It is more blessed to give than to receive."

And simply put...is it not the way we should all live everyday? Regardless of your religion or beliefs would the world be a better place if we could commit to this message.



Poshin Jobanputra, RPh. CDE

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for a directory of local churches.



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519-634-8687 www.wilmotcentremc.ca

Emmanuel Lutheran Church

1716 Snyder's Road East, Petersburg, ON
519-634-5511 www.persburgchurch.org
* Wheel Chair Accessible *
Worship Service 9:30 am / Sunday School

Wilmot Mennonite Church

2995 Bleams Road, New Hamburg, ON
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Pastor Susan Allison-Jones
519-634-5030 www.wilmotmennonite.ca

Happy Anniversary

The Annual Perennial Sale to benefit the work of Mennonite Central Committee will be celebrating its **30th Anniversary** this year!

What started 30 years ago as a seed of an idea has blossomed into a lucrative venture for a local charity. While sitting through a conference in 1988, perennial sale founder Marg Weber allowed her mind to wander to her garden thinking of all the outdoor work she wanted to do on such a beautiful day. The conference topic earlier focused on recycling and Marg began to think about recycling her perennials!

What started as a tiny recycling project in 1988 now generates over \$50,000.00 in one month. The small project has grown into a team of 100+ volunteers maintaining a garden centre which supplies perennial flowers, shrubs and trees. A supply of donated fertilizer, garden tools, planter pots, and decorative items are also available. The **30th Anniversary Sale** will be held at the **New Hamburg Thrift Centre from May 1st – May 31st.**

Plant enthusiasts are encouraged to share their perennials by donating plants (in 6"- 8" pots if possible) after they are divided in the spring. Identifying donations with the plant name and colour is helpful. Donations of garden tools, decorative pots and garden accessories are also accepted. All donations are accepted during our sale hours.

Sale hours (from May 1 – May 31) are Monday to Thursday 9 a.m. - 5 p.m., Fridays 9 a.m. – 8 p.m. and Saturdays 9 a.m. – 4 p.m (closed Sundays).

Not a plant person? We have lots of ways you can join the fun! Volunteers are needed for watering plants, potting plants, helping customers etc. If you want to learn more about plants and meet new people, this volunteer opportunity is for you!

All proceeds benefit the work of Mennonite Central Committee, a relief, community development and peace organization with some 1,000 workers serving in 35 countries.
(www.mcc.org)

For more information, please contact Mark Patfield, markpatfield@mccthrift.on.ca or call 519-662-2867. The New Hamburg Thrift Centre is located at 41 Heritage Drive, New Hamburg. www.newhamburgthrift.com

**New Hamburg
Thrift Centre
41 Heritage Drive
New Hamburg
519-662-2867**



Accepting Perennial Donations starting April 23rd!



All proceeds benefit
the work of
Mennonite Central
Committee

REGULAR HOURS

Mon-Thurs 9:00 am - 5:00 pm
Fri 9:00 am - 8:00 pm
Sat 9:00 am - 4:00 pm

You Must Be Joking!!



A Catholic Joke for All Faiths

An elderly nun who was living in a convent next to a construction site noticed the coarse language of the workers and decided to spend some time with them to correct their ways. She decided she would take her lunch and sit with them, so she put her sandwich in a brown bag and walked over to the spot where the men were eating.

Sporting a big smile, she walked up to the group and asked: "Any of you men know Jesus Christ?"

They shook their heads and looked at each other, very confused. Then one of the workers looked up into the steelworks and yelled out, "Anybody up there know Jesus Christ?"

One of the steelworkers yelled back down, "Why?"

The worker yelled back, "Cause his mum's here with his lunch."

Submitted by Robert Price



Ned was reading the newspaper on April Fool's Day: "says here half of North American adults cannot identify the elements that make up air..."
MaryLou mumbled....

"Oxy-Morons"

After hours of sifting through the filthy garbage bin, the crime scene detective finally found it!
The 9 mm Beretta clip that matched the murder weapon!
However, he slipped it into a brown paper bag so that his colleagues would not catch him with a trashy magazine.

Ned rushed into the kitchen shaking the newspaper:
"Hey! Remember I was going to write to the editor about that jerk who cut me off and then chased me down the highway? Well that imbecile stole my idea and actually wrote in about ME!!!

MaryLou smirked: "Road Ragarism"

You Must Be Joking!!



Needing some clothes cleaned in a hurry, Ned searched the city where he was visiting to find a dry cleaners with fast service. He came across a store front with a sign that read "Cleaning and Pressing, 24 Hour Service."

After explaining his needs, Ned said, "I'll be back to pick up my suit tomorrow."

"No sir, won't be ready until Saturday," replied the proprietor.

"But I though you had 24-hour service," he protested.

"Yes sir, that's right—but we only work eight hours a day. Today is Thursday and we'll work eight hours, tomorrow is Friday and we'll work eight hours so come by late Saturday... and that's 24-hour service.



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- * A man's home is his castle, in a manor of speaking.
- * Dijon vu - the same mustard as before.
- * Shotgun wedding - A case of wife or death.
- * A man needs a mistress just to break the monogamy.
- * A hangover is the wrath of grapes.
- * Does the name Pavlov ring a bell?
- * Reading while sunbathing makes you well red.
- * When two egotists meet, it's an I for an I.
- * A bicycle can't stand on its own because it is two tired.
- * What's the definition of a will? (It's a dead give away.)
- * Time flies like an arrow. Fruit flies like a banana.
- * A chicken crossing the road is poultry in motion.
- * If you don't pay your exorcist, you get repossessed
- * With her marriage, she got a new name and a dress.
- * You feel stuck with your debt if you can't budge it.
- * A lot of money is tainted - Taint yours and taint mine.
- * A boiled egg in the morning is hard to beat.
- * He had a photographic memory that was never developed.
- * Once you've seen one shopping centre, you've seen a mall.
- * Bakers trade bread recipes on a knead-to-know basis.
- * Acupuncture is a jab well done.

Submitted by Bob Smith

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Although Bob passed away, his presence is there with his girls ~ and they do him proud!



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Saturday 9-4:30 / Sunday - Closed

WE ARE PROBABLY THE LAST GENERATION THAT WILL REMEMBER WHAT A CLOTHESLINE WAS . . . And in lots of places they are illegal.

THE BASIC RULES FOR CLOTHESLINES:

1. You had to hang the socks by the toes, not the top.
2. You hung pants by the BOTTOM/cuffs, not the waistbands.
3. You had to WASH the clothesline(s) before hanging any clothes. Walk the entire length of each line with a damp cloth around the lines.
4. Wash day on a Monday! NEVER hang clothes on the weekend, or on Sunday, for Heaven's sake!
5. You NEVER hung a shirt by the shoulders - always by the tail! What would the neighbors think?
6. Hang the sheets and towels on the OUTSIDE lines so you could hide your "unmentionables" in the middle (perverts & busybodies, y'know!)
7. It didn't matter if it was sub-zero weather ... Clothes would "freeze-dry."
8. ALWAYS gather the clothes pins when taking down dry clothes! Pins left on the lines were "tacky"!
9. If you were efficient, you would line the clothes up so that each item did not need two clothes pins, but shared one of the clothes pins with the next washed item.
10. Clothes off of the line before dinner time, neatly folded in the clothes basket, and ready to be ironed. IRONED??!! Well, that's a whole OTHER subject!



Submitted by Robert Price

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Are We Being Watched?



I wanted to tell you a quick story about a situation I found myself in a little while ago. One day I took buyers out to look at a house. As we started walking through the house, we discussed what things they liked and didn't like, and they shared their opinions about the layout, the room sizes, etc. We also discussed the listing price, whether they thought it was too high or too low and how much my clients would be willing to pay. As we looked around the living room we noticed that there was a small video camera on the ceiling that had a little red light on it. We didn't think too much of it and continued on with our tour. When we arrived in the kitchen we noticed another video camera. At this point in the tour, I could sense that my clients were starting to feel very uncomfortable. It was a weird feeling to not know if you are being watched or listened to. It also made them hesitate to talk about their opinions as they felt that the sellers could use that information to their advantage if they ended up negotiating a sale.

I know that there is a flip side to this too. Sellers do have the right to record inside their homes. After all, they are entitled to do what they feel is necessary to keep their home safe. Perhaps this gives them a feeling of security when they know that potential buyers will be in and out of their home. Homes are becoming more and more "smart" and this is just one of the ways we see technology implemented in homes. I imagine we will see more and more of this in the future.

I would love to hear from you about this controversial issue. Do you think that when people are buying or selling a home having a camera in the house crosses a line? Or do you think that this is something that is not an issue at all? Email me at jonlambert@remax.net to let me know your thoughts. -Jon Lambert

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Answers from Animal Quiz on page 13

- | | |
|-----------------------|----------------|
| 1. American Alligator | 6. Bullfrog |
| 2. Panda | 7. Hummingbird |
| 3. Jaguar | 8. Jellyfish |
| 4. Cheetah | 9. Rabbit |
| 5. Rhinoceros | 10. Butterfly |



- Starting out
- Young Family
- Single
- Established Family
- Retiree

Starting a family can be both a wonderful and overwhelming experience. Financial planning can seem like just another task you have to juggle. However, now is the best time to buy life insurance because the younger you are the lower the price. Find out other ways young families can plan for the future.

Joe Figliomeni CPA, CFA

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20 years later and all of these things fit in your pocket.



Answers from Cell/Mobile Phone Trivia Quiz page 25

1. C) Two-way radios
2. A) Dr. Martin Cooper
3. B) 1983. It took ten years for the technology that Dr. Cooper invented to become available to the public. The first public cell phones were put out by Motorola.
4. C) 2002 Sanyo made a phone that could snap pictures. Later the user could download the pictures to a computer to be printed.
5. Apple released its first iPhone and it changed the cellular industry. It featured a touch screen and allowed users to do almost anything they could do from a home computer, which basically changed the way people lived.

Dr. Martin Cooper



You Must Be Joking!!



Grandpa, what is couple sex?

Make sure that you understand the question first.... All you Grandpas and Grandmas, this was too funny not to share. We are all reaching that stage where we need to keep the wax out of our ears and keep the hearing aids tuned up.

An 8-year-old girl went to her grandfather, who was working in the yard and asked him, "Grampa, what is a couple sex?" The grandfather was surprised that she would ask such a question, but decided that if she's old enough to know to ask the question then she's old enough to get a straight answer.

Steeling himself to leave nothing out, he proceeded to tell her all about human reproduction and the joys and responsibilities that go along with it. When he finished explaining, the little girl was looking at him with her mouth hanging open, eyes wide in amazement. Seeing the look on her face, the grandfather asked her, "Why did you ask this question, honey?" The little girl replied, "Well, Grandma says to tell you that dinner will be ready in just a couple secs."

Submitted by Bruce Bousher



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Sharing News to Be Proud of!

Congratulations to WODSS students Adam Arthurs and Mac Ross on their performance in the regional WRDSB Landscape

Construction Skills Competition held on March 7 at Premier Equipment in Elmira. Our students placed 2nd against teams from around the region, including, KCI, GPSS and EDSS. Way to go W-O!



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Trees, how lovely you are!

Plant trees and save the planet, your health and your spirit! Does this sound like a stretch? The more that trees are studied, the more revelations we see of the important roles trees play in our lives. Here are some tree facts:

With 81% of people living in cities, it can be difficult for many people to be around trees. The Japanese practise **shinrin yoku**, or forest bathing, which was developed in Japan during the 1980s and has become a cornerstone of preventive healthcare and healing in Japanese medicine. Being in the forest offers numerous health benefits, with the main focus on stress management (<http://www.shinrin-yoku.org/shinrin-yoku.html>).

A study completed in Toronto is also looking at the role of trees in our lives. Dr. Marc. G. Berman and his colleagues believe that going for a walk in the park gives your mind a chance to wander aimlessly and be engaged – involuntarily but gently – by your surroundings. "In a lot of natural areas, you're away from loud noises and distractions," Dr. Berman explains. "It tends to be less crowded so you don't have to worry about bumping into people, and it also has interesting stimulation to look at, which captures your attention automatically." (www.scientificamerican.com/article/does-being-around-trees-help-people-feel-good)



Trees provide:

- ✦ Habitat for birds, insects and mammals (especially native trees).
- ✦ Sources of medicines and food.
- ✦ Clean air and carbon removal.
- ✦ Roots which prevent erosion, water pollution, and water retention.
- ✦ Increased groundwater recharge.
- ✦ Shade which cools our homes and streets, the forest floor (retains water), and provides habitat for shade loving fish and other plant and animal life.
- ✦ Employment in the forestry, tourism, and nursery industries.
- ✦ A buffer to wind to decrease water loss, erosion, and moderate temperatures.
- ✦ Noise reduction and aesthetics.
- ✦ Increased property value. (<https://treecanada.ca/resources/benefits-of-trees/>)
- ✦ Community tree planting improves community health and social well-being. (<https://treecanada.ca/blog/green-spaces-help-with-teambuilding-cultural-strengthening-community-ties/>)



WHS's upcoming meeting is at **7:00 pm, Mon. May 7th Gardeners' Show and Share & WHS Youth Competition**. Bring the whole family for the **Seed and Plant Swap**, and **Silent Auction**: local horticulture related businesses will be there. For the **Show and Share**, bring a favourite houseplant, photo, cut flowers or greens, an arrangement, favourite gadget, outdoor plant or a work of art.



Speakers: Learn about Bugs in the Yard. Our own Lisa Clifford (RVT) will speak on what lurks in your yard that affects you and your pets, and Thelma Kessel of Colour Paradise will speak about "It's a Bug eat Bug World", what is bugging your plants.



Come and enjoy an evening with other gardeners or dream-to-be gardeners. **Wilmot Recreation Complex, upstairs in Meeting Room A**. Free meeting, 50/50 draw (bring a loonie or toonie), Penny Auction (Silent Auction for Youth Program so bring money!), and social with tea/coffee/pie/snacks.

Get your fingernails and knees dirty!

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Recently, members of Interfaith Counselling Centre attended a seminar that talked about raising resilient children. The speaker, Dr. C. Sturdy, is a father, teacher and author who provided insight and information about parenting and engaging children. He explains resilience as the capacity to cope with stress and feel competent. Resilient children can deal more effectively with stress and adversity, and are able to bounce back from disappointments. In addition, resilient children are able to develop clear and realistic goals, solve problems, relate to others, and treat themselves and others with respect.

Dr. C. Sturdy explains that there are several things that determine a child's resiliency, the first being the individual characteristics that each child has. Children are born with a particular temperament, which influences their resiliency. However, children treated with warmth, care and sensitivity are more likely to develop resiliency and be well adapted. Their individual learning strengths are a combination of their natural intelligence and the knowledge and skills they develop as they grow. Exposing children to a variety of learning environments helps them to develop imagination, awareness, and decision-making skills.

A child's feelings and emotions can be a factor in developing resilience as well. While children will naturally have their own way of expressing their emotions, families who share their emotions by talking about how they feel can help young people to learn to identify their own feelings and teach them how to effectively communicate their emotions with others. Children who feel accepted and appreciated for who they are will be more likely to develop resiliency. Social skills are also an important factor, as positive relationships with peers and family members in childhood are one of the best predictors of good mental health in adulthood.

Family factors can also influence a child's resiliency. Children develop resiliency when they feel that they are consistently being supported and nurtured. Healthy parental partnerships that are supportive and stable with open displays of affection, communication and warmth between parents can also help to foster resilience. In addition, parents who are warm towards their children, who have appropriate expectations, who use reason and persuasion, who praise children for their efforts and provide firm, clearly defined rules can all be resilience-promoting parenting traits. Young people need a strong, positive emotional attachment to a loving adult throughout childhood and adolescence; this could be a parent, grandparent, or even a family friend. In fact, supportive family networks and resources outside of the family are essential for young people's healthy development and resilience.

Environmental factors, such as feeling included and feeling as though they belong and are respected are important when looking to raise a resilient child. Social supports, a safe neighbourhood, and easy access to health services and education all go a long way in making children feel secure and increasing resiliency. In addition, being involved in their environment through meaningful participation in the home with chores or in planning activities, and participation in school and community events all increase children's sense of connection while decreasing their sense of isolation.

Top 10 Ways to Influence Kids:

- Be flexible
- Reassure
- Relate our experiences
- Be honest and concise
- Acceptance without blaming, even when they make poor choices
- Active listening
- Use humour regularly - laugh at yourself too!
- Be compassionate
- Encourage, encourage, encourage
- Be positive and optimistic

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