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Inside this issue:

Talking with Ed	2
Great Ride 'N' Stride	6
Outlook Hockey Stats	11
News from Thrift Centre	16
Digging up Wilmot	20
Notes from the Attic	22
The Bounty of Wheat	27

St. James Lutheran Church Celebrates 150 Years

On June 1, 2008 St. James Church will be celebrating its 150th anniversary. The church's humble beginnings, in 1856, was at the old Baden Town Hall, which is now an exhibit at Black Creek Pioneer Village. The first formal service was held in 1858, at their current location, with 28 people attending.

Many people are unaware of the significance that Jacob Beck, founder of Baden, had on the church. The enterprising Beck arrived in Wilmot Township in 1854, bought up 200 acres of land and built a farm, sawmill, foundry, and gristmill. He severed the land, sold lots and with the helpful, co-operative new Badenites, established one of the most prosperous communities of that time.

(Continued on page 4)

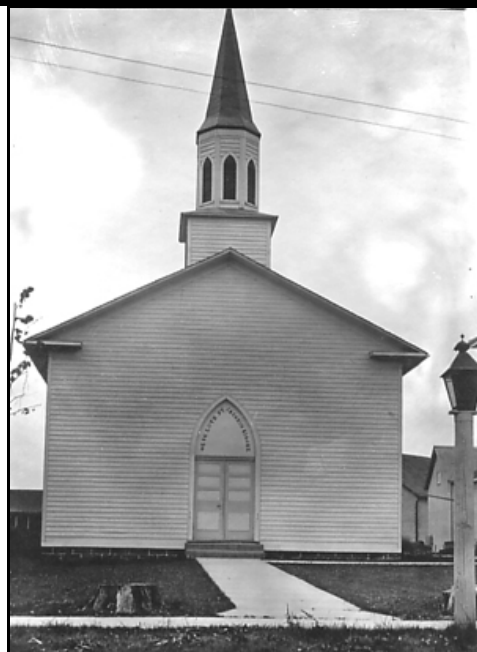


Photo compliments of Marlene Miller

Egli's Anniversary Cookbooks Support the Wilmot Recreation Centre



Harold Albrecht and Ralph Shantz (center) receive a donation from Egli's - Michelle, Bruno, Hans and Dagmar

Egli's Meat Market sold cookbooks to celebrate their 40th year in business in Wilmot Township. They raised \$4000 which was donated to the new Wilmot Recreation Centre.

They sold 500 books and have 200 more on order due to their popularity.

Special points of interest:

- Baden Softball already at first base!
- CC offers more fun & creative opportunities.
- What's new with Wilmot Heritage Fire Brigades?
- Test your flower IQ with the "Spring Flower" word search
- TCP is getting ready for yet another terrific show!

This paper is priceless - Please have one!

Talking With Ed – *Think Pink ... Who, Me?*



It's painting time again at the Fisher household – this time it's the bathroom. During our last round of decorative face-lifting, I visited a paint web-site that gave me the opportunity to download a digital photograph and apply my favourite colour to it. I went to it in hopes of learning more about choosing colours, but what I found was more than I bargained for.

While visiting the site I came across a paint colour test. "What do your favourite colours reveal about your personality?" - This was the question posed for serious paint pickers. Okay, I'm game. Let's see what is revealed by selecting my favourite colours from a given palette.

Eight different coloured balls appeared at the bottom of the screen with eight blank spaces at the top. They asked me to place my favourite colour at the left and continue to the right toward my least favourite colour. The colours they provided were violet, orange, blue, black, grey, brown, yellow and green. I was familiar with most of them.

I envisioned the results – fine, outstanding gentleman, easy-going and witty, a smattering of professionalism, curious and creative, and quite a hit with the women. Begin! - I hit the start button.

I gazed at the results in total dismay! The analysis certainly didn't seem to reflect my finer points. Okay, I may be a little 'sensitive', a 'push over' and slightly 'anal' but the part about being 'indecisive' is completely off.

I decided to research colours and their effects on human emotions. It is somewhat profound - that over 80 per cent of visual information is related to colour. What colours and combinations of colours stimulate people to be interested in different things? What colours make us feel pleasure or disapproval, hot or cold, attracted or repelled, our appetite stimulated or suppressed?

Individual colours can stimulate feelings or draw on connections in the culture, such as: white at weddings; black at funerals; pink for baby girls, blue for boys. It is not only single colours that create a physical reaction, but sometimes the mixture of two can create non verbal communication– such as orange and black for Halloween,

or black and blue - well, you know.

So what is a person to do when selecting a colour for a smaller room such as a bathroom? Do we want to keep our guests calm and focused while in there? Should we be encouraging them to vacate as quickly as possible? Should it be a stimulating, cheery and fun experience to promote double flushing and compulsive hand washing? Or, should it be quiet and subdued, so as not to distract from appropriate use of the exhaust fan. Can a guest sue for psychological damage caused by overly intense colour in a small space?

Okay, I'm over-thinking the entire issue. - Is this even a manly thing to think about? Check out the list of colours and their meanings below, to help you determine your colour personality.

Until next month...Ed



- Red: urgency, passion, heat, love, blood, excitement, strength, sex, passion, speed danger
- Yellow: warmth, cheer, sunshine, happiness, cowardice, brightness
- Blue: truth, belonging, power, coolness, melancholy, heaviness, trust, reliability, dignity
- Orange: playfulness, warmth, vibrant
- Green: nature, health, cheerful, money, fresh, cool, abundance
- Purple: wealth, royalty, sophistication, intelligence, spirituality, dignity
- Pink: soft, sweet, nurture, security
- Black: elegant, seductive, mystery, death, rebellion, strength, evil, sophistication
- White: purity, mild, virginal, cleanliness, youthful
- Gold: prestige, expensive
- Silver: cold, scientific, prestige



Kristen Hahn

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(Continued from page 1)

One of the lots purchased from Jacob Beck would be the new home for what has been described as a tiny wooden church. The building, was 30 x 50 feet in size, built at a cost of \$1,000 and was able to seat 300 people (see photo front page).

Jacob and his wife Charlotte played an integral part in the church's early development. The Beck family attended St. James for 20 years, with all the family members, including son, Sir Adam Beck, being baptized and confirmed at the church. In December of 1911, Adam Beck came back to Baden for a huge celebration in his honour as he switched on the hydro in the little village. The streets were jammed as hundreds of people tried to get into the tiny church to see Beck. He had donated elaborate light fixtures along with a Bible in memory of his mother.

The church changed from strictly German services to English services on alternate Sundays until after the First World War when all services were held in English. In the year 2000, with the expansion of the narthex, the original inscription over the main entrance was discovered and preserved: "EVG. LUTH.ST.JACOBUS KIRGHE". The original name of the church was St. Jacobus and was changed to St. James in 1934.

Many structural changes have taken place over the years including a renovation in the 40's which included taking down the rooster steeple and replacing it with a cross, and the expansion of the narthex in 2000. The house to the north was at one time the parsonage.

Cheri Tease, who is chairperson of the committee, is expecting a large turnout for the celebrations beginning on Saturday, May 31. Previous minister Everett Mossman (Rev. Ev.) will bring his musical band to the church starting at 7 pm. There will be historical displays throughout and refreshments will be provided. Sunday, June 1, there will be a celebratory service with many past ministers contributing to the service. Everyone is welcome to attend both days' festivities.

Featuring Weddings of the Past 150 Years
Please contact Colleen Herner at 634-8225 if you have any pictures to share of your wedding, your parents or grandparents at St. James Lutheran Church.



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Great Ride 'n' Stride is Ready to Roll Again

Submitted By Gail Jordan

The Canadian Cancer Society Great Ride 'n' Stride started out as a women's ride for cancer. After thirty years in Waterloo Region, it is still going strong and has raised almost two million locally (\$145,000 last year alone) to fund cancer research and support services of the Canadian Cancer Society.

The Wilmot Township event will be celebrating its twentieth anniversary this year and with some special highlights. There will be refreshments including a twentieth anniversary cake for all to share. Singer/songwriter, cancer survivor Glen Reid will be performing during the registration. Country Music News said, "Reid is a country traditionalist at heart, with a lot of his songs taking on a folk theme, but he also injects a 'today' flair to the music, which gives it just enough of a contemporary slant to make a lot of it radio friendly ...There are some really strong songs here."

In Wilmot there will be 18 km, 8 km, and 3km routes for participants to choose from. All the routes are supervised with washroom and water stops. There will be a participation challenge for the classes from the local public schools (last year Baden Public School and Forest Glen participated) with a prize of a pizza lunch for the winning class.

The event will begin at the Magnussen Business Centre in New Hamburg on Sunday, April 27 starting at 12 noon. Last year Wilmot Township raised \$26,737 for cancer research.

There will be numerous prizes for participants including two bikes, two pairs of running shoes, a framed print and a set of Monroe struts. So if you are looking to get out

there, get some exercise and help a worthy cause at the same time then go to www.cancer.ca/waterloo to register online or call 519-886-8888 for more information.

APHORISM: A SHORT, POINTED SENTENCE EXPRESSING A WISE OR CLEVER OBSERVATION OR A GENERAL TRUTH

1. The nicest thing about the future is that it always starts tomorrow.
2. Money will buy a fine dog, but only kindness will make him wag his tail.
3. If you don't have a sense of humour, you probably don't have any sense at all.
4. Seat belts are not as confining as wheelchairs.
5. A good time to keep your mouth shut is when you're in deep water.
6. How is it that it takes so little time for a child who is afraid of the dark to become a teenager who wants to stay out all night?
7. Business conventions are important because they demonstrate how many people a company can operate without.
8. Why is it that at class reunions you feel younger than everyone else looks?
9. Scratch a cat and you will have a permanent job.
10. No one has more driving ambition than the boy who wants to buy a car.
11. There are no new sins; the old ones just get more publicity.
12. There are worse things than getting a call for a wrong number at 4 AM. Like this: It could be a right number.
13. No one ever says, "It's only a game." when their team is winning.
14. I've reached the age when the Happy Hour is a nap.
15. The trouble with buckets seats is that not everyone has the same sized bucket.



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What's New at Baden Public School

Submitted by Kristen Fangrad



This and last month's theme at Baden P.S. was 'respect for the environment'. Students have been encouraged to reduce, reuse, and recycle. On March 28th, we had an assembly that encouraged us to do so, as well participate in Earth Hour on the 29th from 8-9 pm by turning all of our power off. There will be a prize presented on Earth Day to the class with the most participation, so there were a great number of people involved.

On March 26th, grades six to eight from Forest Glen, Grandview, New Dundee, Wellesley, and of course Baden, congregated in our gym to hear Samantha Wilson speak about internet safety. The gym was so packed full that some students even had to stand. That evening, parents were invited to attend a similar presentation geared to them.

Students only had 11 days of school in March, instead of the originally scheduled 13 because of two more snow days. On the last day before March Break, everyone dressed in their beachwear to protest winter. Just kidding, it was for Beach Day. There was an assembly and it ended

with a limbo contest. A representative from each class went to the stage to "battle" other people in their division. Everyone who participated was amazing.

There have been a lot of field trips and extra presentations this month. The grade ones visited the Municipal Office at Castle Kilbride and had a police officer visit the school to speak with them. 2FI and 3FI went to a Greg LeRock concert. The grade fives went to Camp Heidelberg and the Life Skills class went to Michaels to make Easter crafts. They also had a bingo tournament. Finally, the grade seven and eights had their rescheduled Valentines Day dance on March 28th.

Even though the school theme of being earth friendly concludes at the end of April, based on the important learning we have been doing about the environment, our school, staff, and students will continue to respect the earth to the best of our abilities for the rest of our lives.

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WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
April 16 Sweet & Sour Pork Chops	April 17 Cabbage Rolls	April 18 Chicken Stirfry	April 19 Roast Beef
April 23 Ham & Scalloped Potatoes	April 24 Baked Chicken	April 25 Fish & Chips	April 26 Ribs
April 30 Sausage & Sauerkraut	May 1 Spagetti & Meat Balls	May 2 Roast Beef & Mashed Potatoes	May 3 Stuffed Feta & Spinach Chicken
May 7 Cabbage Rolls	May 8 Cheese & Onion Chicken	May 9 Burrito	May 10 Rolled Ribs

Here's a history question for our readers:
How old is Wilmot Township?

Many of you might answer "about 170 years old," and in some ways you're right. Settlers first appeared in our area in the 1820s. It's a long time for people to live, build communities, and raise several generations, and, indeed, the rich history of our Township can be found in many local publications. Antiques and artifacts from Wilmot can be seen firsthand in several local museums.

What many people don't know, however, is that the history of our Township's settlement area stretches back much, much further -- and this year you can see just *how* far at a very special exhibit, now open at our own museum, Castle Kilbride.

"Digging Up Wilmot" is an exhibit showcasing an impressive selection of artifacts primarily from Wilmot and dating back an incredible 395 million years. Explains Sherri Gropp, Assistant Curator at Castle Kilbride explains "That's the Devonian Period, at which time our area was covered by a shallow, warm sea." Sherri has created a fascinating display of fossils, including mollusks, trilobites, and more, that are typical of what might be found in Wilmot. The fossils normally reside in the Royal Ontario Museum in Toronto, and were generously loaned to the Castle for the exhibit.

It's incredible to think that such ancient artifacts represent ones that may have been found here in our Township. Sherri describes another remarkable chapter in Wilmot's archaeological story: "When Highway 7 & 8 was extended through

Wilmot, excavations uncovered the earliest dated pre-European-contact artifacts in Ontario - that's around 6,000 years old!"

The story of Wilmot's history continues to surprise, as we move along on our tour. The exhibit

Axe Head: This property just outside of Baden has been home to the Wagler family (or relative) since settlement. The house was constructed in 1857. As with many family farms treasures can be found in a number of different areas around the property. Axe c.1860 found on the fence line and was missing the handle. Who knows how long it had been there....(Ralph & Caroline Wagler)

includes projectile points (formally known as "arrow heads"), tools, baskets, jewellery, and many other artifacts dating from the rich history of First Nations Peoples who populated our area. Sherri tells me that the Coleman Site (on the property of Pat and Dennis Mighton), near New Dundee, was excavated in 1986 to reveal an Iroquois village, including the largest Iroquoian longhouse in Ontario. Photographs of the site, which was in a New Dundee cornfield, highlight the importance of people keeping their eyes open. Many of the artifacts in the exhibit were discovered by farmers working their fields, or by homeowners renovating.

Pioneer and Victorian artifacts also figure prominently in the display: the exhibit includes square nails and an 1882 coin found by Reta Bender of Baden on her property; and a still vibrantly glazed Flow Bluedish discovered by former mayor Ralph Shantz under his front porch. There's the head of a delicate china doll, tools, jewellery, pottery, and much more. Even seemingly meaningless

items become significant when you know their history: Mary-Eileen McClear, owner of the lot where a Baden church burned down years ago, still finds shards of window glass in her garden. Castle curator Tracy Loch points out that "it's these simple discoveries that remind us of -- and connect us to -- the past."

Some of the items are on loan from the ROM, Parks Canada, the Ministry of Culture, and Doon Heritage Crossroads, but many are the found treasures of Wilmot's ordinary citizens. Tracy and Sherri invited the community to share their archaeological finds by loaning them to the exhibit,

(Continued on page 9)

Blue plate: Found on the property of Ralph & Dorothy Shantz of Baden in 1988 while they were conducting renovations to their home. A formal excavation was conducted and what they found was a large find of items. The excavators noted that it was probably from a "spring cleaning" about 1929. The manufacturer of the plate is New Wharf Pottery of New Street in Burslem (England) which was in operation from 1890 to 1894. The pattern is called Cambridge. On loan from The Regional Municipality of Waterloo, Doon Heritage Crossroads Kitchener, Ontario.

Coleman Site: Nestled comfortably within the borders of Wilmot Township is one of the most important archaeological sites in Southern Ontario. The potential of the Coleman site, located on what is now R.R.1 in New Dundee, was clear in 1902 when it first sparked the interest of well-known Iroquoian expert and archaeologist William Wintemberg. Despite this early discovery, the site would not be professionally investigated until 1983 when the first season of excavations began. After finishing the second field season in 1984, excavators found themselves analyzing the remains of a Late Prehistoric Iroquoian village that likely boasted a population of around 800 people within its 2 hectare range.

Today, the importance of the site rests on the remains of a very special longhouse. Identified by excavators as House

1, this longhouse has the greatest length of any on record in Southern Ontario. When first built it claimed an already impressive 63 metres long, however, after three additions of 20 metres each it reached its maximum length of 123.75 by 8 metres, housing between 130 and 165 people. In addition to House 1, the remains of two more longhouses were uncovered, an array of artifacts, as well as the outline of two sweat baths which both possessed flat bottoms encircled by a ring of post moulds. Taken as a whole, the findings of this site have truly broken new ground for scholars of Ontario archaeology and Iroquoian culture.


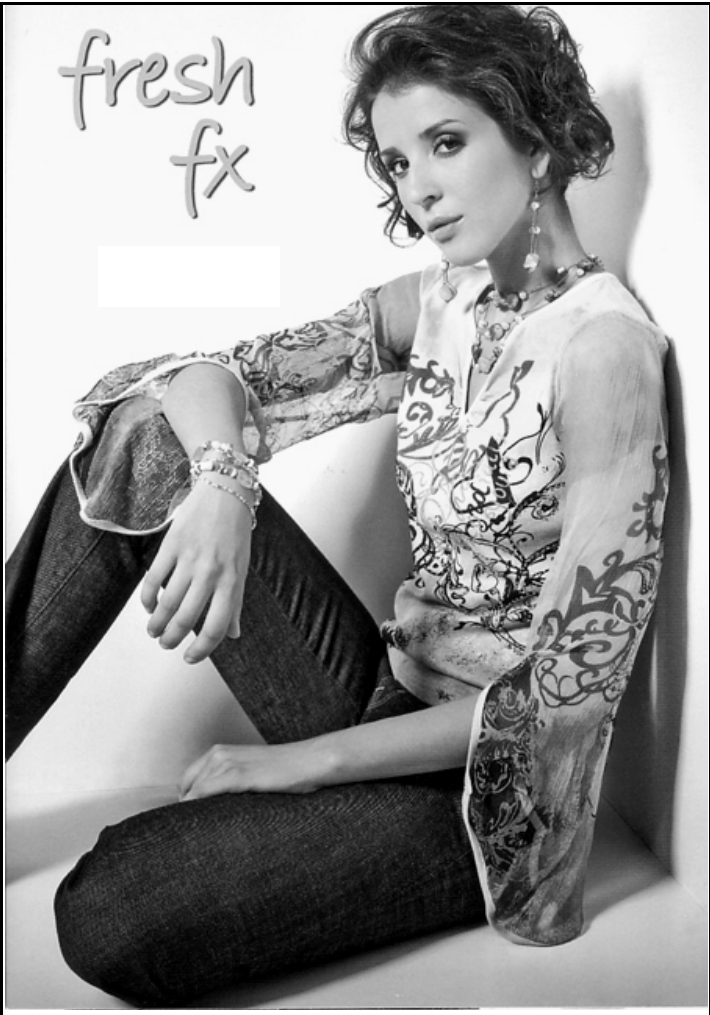
Source: MacDonald, Robert Ian, *The Coleman Site (AiHd-7): A Late Prehistoric Iroquoian Village in the Waterloo Region, 1986.*

and “the response was fantastic.” In keeping with this focus on connecting people with their past, the exhibit includes interactive displays where visitors can “excavate” vials of sand to discover a cufflink that may have belonged to J. P. Livingston, or perhaps one of Laura Louise’s marbles. Clues that help visitors connect objects to their historic owners not only teach us about archaeology, but add to the exhibit’s fun.

“Digging Up Wilmot” runs until the end of December as part of the regular museum tour, available Tuesdays to Sundays from 1:00 - 4:00. School groups are welcome to contact Sherri to inquire about the curriculum program.

So be sure to bring your family to see this fascinating exhibit, and I’m sure you will be as amazed as I was by how much you’ll learn about Wilmot’s history -- and even more amazed at how very, very far back that history goes. Tracy and Sherri smile as they offer their parting message: “When you go for a walk, whether it’s across a field or in your own back yard, keep your eyes open -- because anybody can find the most surprising things!”

Coin: This coin was found while gardening at a Baden residence (Reta Bender). It’s a “One Cent” coin that dates to 1882. On the obverse there is a portrait of Queen Victoria with the wording, “Victoria Dei Gratia Regina, Canada”.

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Baden Branch Library News



The Library always has a current list available of recent and forthcoming books for adults by popular authors. As well, we have other best seller lists to look at which include new releases, Canadian fiction and non-fiction titles. Check out the on-line catalogue at www.rwl.library.on.ca to view other best seller lists from the Globe and Mail, New York Times and many, many more publications.

Also on the on-line catalogue you will find lots of recommended reading lists for both adults and children.

Another great place to look for great reads is the "Read @ Your Library" binder we have in the Baden Library. Take a look at what others in your community have read and enjoyed or take some time to write a few words about a book you would recommend to others.

So the next time you don't know what to read, there are lots of places to take a look!

Have You Read? New Releases!

- *The Choice* by Nicholas Sparks
- *The 5th Horseman* by James Patterson
- *Marley and Me: Life and Love with the World's Worst Dog* by John Grogan (soon to be a movie!)
- *Change of Heart* by Jodi Picoult

Have You Read? Canadian Fiction!

- *King Leary* by Paul Quarrington
- *Late Nights on Air* by Elizabeth Hay
- *The Birth House* by Ami McKay
- *Lullabies for Little Criminals* by Heather O'Neill

Watch for the announcement of the 2008 One Book, One Community selection on April 19!

Call the library at 519-634-8933 for more information.

Submitted by Chris Baechler,
Assistant Supervisor, Baden Branch Library



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Baden Outlook HomeRun Pool To follow along through the season, ...



...log on to our website at www.badenoutlook.com - Click on sports pool, choose "Quick Access" the pool I.D. is [outlookhomerun](#) and the password is quest. Click on "Ranking" (left side of page) to view the full list of names.

Outlook Hockey Pool Stats

Place	Name	PTS	Place	Name	PTS
1st	Dave Schnarr	959	31st	Quentin Martin	872
2nd	Doug Hopeniavuori	932	32nd	Chris Baechler	871
3rd	Betty Ann Mohr	921	32nd	Mike Thomson	871
4th	Jody Pfaff	915	34th	Colin Jantzi	869
5th	Chris Funston	909	34th	Kody Travers	869
6th	Tyler Randerson	908	36th	Charlotte M	867
7th	Kevin Erb	905	37th	C Steinmann	866
8th	Chris Murray	903	38th	Tate Brenner	865
9th	Marg Leppington	902	39th	Gerald Martin	863
10th	Nathan Boronka	898	39th	Graham Moore	863
11th	Jeff Miller	894	39th	Kyle Erb	863
12th	Bob Leppington	893	42nd	Greg Naumann	862
12th	Peter Walker	893	42nd	Haylea Kuehl	862
14th	Charlie Watson	892	42nd	Joshua Dewaele	862
14th	Eric Horst	892	45th	Tyler Soehner	861
16th	Jake O'krafka	891	46th	Craig Bell	858
17th	Jeff Chartrand	890	46th	Roy Blake	858
17th	Scott Gingerich	890	48th	Jamie Roth	857
17th	Tyler Naumann	890	48th	Justin Johnston	857
20th	Russ Soehner	889	50th	Gord Mills	855
21st	Matt Cecile	888	50th	Nick Burke	855
21st	Rick Cressman	888	52nd	J Fitzgerald	853
21st	Ron Roth	888	52nd	Jeff Witzel	853
24th	Adam Jantzi	886	52nd	Josh Williams	853
25th	Bonnie Dietrich	885	55th	Colton Holba	852
26th	Brian Cherewka	884	56th	Brad Flood	851
27th	Greg Meyer	883	56th	Mike Horlings	851
28th	Mitchell Roth	877	56th	Mike Steinmann	851
29th	Ray Miller	875	56th	Robert Earle	851
30th	Scott Metcalfe	874	56th	Su Simpson	851

Congratulations to Dave Schnarr for winning the year-end grand prize for this season hockey pool!



Congratulations to Betty Ann Mohr for taking the leader prize in this month's Hockey Pool, winning a gift certificate from EJ's of Baden.

(Remember Dave, Doug - you can only winner the leader prize once!)



The lucky random draw winners are Nancy Livingston, winning a gift certificate from Egli's Meat Market, and Steve Kinch, winning a breakfast from Teddy's Bakery.



Thanks for playing ball with us! There are 245 entrants in this year's Home Run Pool. Be sure to follow your stats which are updated daily on the site. The Outlook draws the stats on the 7th of month. Next month we will begin posting the home run stats. Have Fun and Good Luck!



Mothers Day - May 11

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11:30 am

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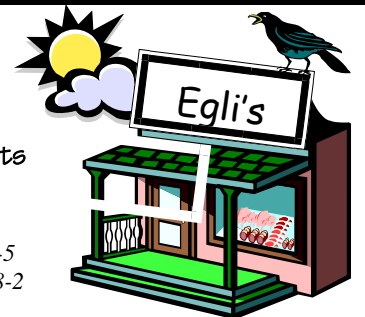
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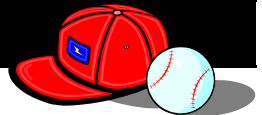
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Baden Minor Softball Almost Doubles in Size



Baden Minor Softball's registration has been so successful that they have increased the number of teams from nine to a whopping 14. T-Ball teams have increased from two to three (36 children) this year and the executive plans to have a league within a league. Baden Softball president, Bob Bontaine, advices that St. Agatha will be the T-Ball home park for this year; two teams will play against each other while the other team practices. The playing times have changed from Monday night to Saturday morning.

There will be two Squirt boys' teams instead of the one last year. Peewee boys have added one team (now two) and having grown from 11 players to 22. Last year there were two girls teams, while this year there are three including Atom, Squirt and Peewee.

For the first time in quite some time, Baden will be fielding Bantam and Midget teams. Baden will have Squirt, Peewee and Bantam boys' teams in the South Oxford League There will also be a Squirt, Peewee and Midget team competing in the North Waterloo League, which is more competitive. Some of the players for these teams have been recruited from New Hamburg, New Dundee and Plattsville.

Some area businesses have stepped up to the plate to sponsor some newly formed teams. Musselman Excavating

will be sponsoring the Midget boys team.

All in all this has been the largest registration in the region and the most successful turnout for Baden Minor Softball in many years. To date there is almost 200 children registered to play ball, compared to 117 last year. Baden Minor Softball would like to thank the local community for their support. If you are interested in coaching or umpiring for the league please contact league president Bob Bontaine at 634-8437.



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Creative Clusters

OF BADEN

**"A creative community is a healthy community."
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CC is a network designed to bring people of the community together to share their creative skills, to learn from each other, and to be inspired to explore other creative activities.

CC will evolve as the people of Baden and area join together, one cluster at a time, to create additional exciting opportunities to learn and grow.

Here are some ways to get creative and meet your neighbours.

Stampin' in Spring

If you would like to explore the art of creating handstamped cards, gifts, gift packaging and scrapbook pages, give Kim a call. You can try out her tools, learn stamping techniques, and make and take home some great projects. Kim puts on Open Houses and Workshops for you to drop by or join a group. She even has a Stamper's Club.

Scrapbooking,

Stamping and Snacks-Bring your own project.
Friday, April 25, 7pm and/or Tuesday May 13, 7pm Fee:\$8

Tart and Tangy Cards in a Box-Class project, making 8 cards and a matching box. - Tuesday, May 9, 7pm. Fee: \$15

Stamper's Club-Join a group or bring a group. Call Kim ahead to find out how this works. Sunday, May 25, 2pm

Call Kim for details and to find out about other upcoming opportunities. 634- 9557.

Join these groups/gatherings at any time.

Knitting Group-Learn and work on projects together. Call Irene, 634-8562

Storytelling Circle-Hear great stories from a variety of tellers. Call Mary-Eileen, 634-8973

Scrabble-Join others to play. Several times to choose from. Call Dorothy, 634-8779

Do you have a Creative Activity Event or Group you would like to let others know about?

Do you have the urge to do something Creative and are you looking for others interested in the same thing?

Give Dorothy a call with your information or ideas, 634-8779.

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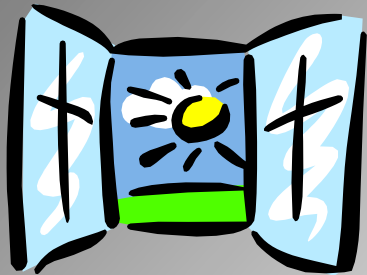
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*Submissions are due on the
 1st of each month.*

Happy Mothers Day!

JUST A MOM?

Submitted by Pam Valeriote

A woman, renewing her driver's license at the County Clerk's office, was asked by the woman recorder to state her occupation. She hesitated, uncertain how to classify herself.

"What I mean is," explained the recorder, "Do you have a job or are you just a ..?" "Of course I have a job," snapped the woman. "I'm a Mom."

"We don't list 'Mom' as an occupation, 'housewife' covers it," said the recorder emphatically.

I forgot all about her story until I found myself in the same situation, this time at our own Town Hall. The Clerk was obviously a career woman, poised, efficient, and possessed of a high sounding title like, "Official Interrogator" or "Town Registrar." "What is your occupation?" she probed. What made me say it? I do not know. The words simply popped out. "I'm a Research Associate in the field of Child Development and Human Relations."

The clerk paused, ball-point pen frozen in midair and looked up as though she had not heard right. I repeated the title slowly emphasizing the most significant words. Then I stared with wonder as my pronouncement was written, in bold, black ink on the official questionnaire.

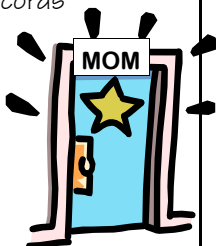
Said the clerk with new interest, "Might I ask just what you do in your field?"

Coolly, unflustered I heard myself reply, "I have a continuing program of research, (what mother doesn't) in the laboratory and in the field, (normally I would have said indoors and out). I'm working for my Masters, (first the Lord and then the whole family) and already have four credits (all daughters). Of course, the job is one of the most demanding in the humanities, (any mother care to disagree?) and I often work 14 hours a day, (24 is more like it). But the job is more challenging than most run-of-the-mill careers and the rewards are more of job satisfaction rather than money."

There was an increasing note of respect in the clerk's voice as she completed the form, stood up, and personally ushered me to the door.

As I drove into our driveway, buoyed up by my glamorous new career, I was greeted by my lab assistants -- ages 13, 7, and 3. Upstairs I could hear our new experimental model, (a 6 month old baby) in the child development program, testing out a new vocal pattern. I felt I had scored a beat on bureaucracy! And I had gone on the official records as someone more distinguished and indispensable to mankind than "just another Mom."

Motherhood! What a glorious career!
Especially when there's a title on the door.



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REGULAR HOURS

Mon-Thurs 9:00 am - 5:00 pm
 Fri 9:00 am - 8:00 pm
 Sat 9:00 am - 4:00 pm

A Seed of an Idea That Grew!

Annual Perennial Sale to benefit the work of Mennonite Central Committee will be celebrating its 20th Anniversary this year!

While sitting through a conference in 1988, perennial sale founder Marg Weber allowed her mind to wander to her garden and of all the outdoor work she wanted to do on such a beautiful day. The conference topic earlier focused on recycling and Marg began to think about recycling her perennials!

What started as a tiny recycling project in 1988 has generated over \$97,000 to date. The small project has also grown into a team of 100 plus volunteers maintaining a garden centre supplying perennial flowers, shrubs and trees. A supply of donated fertilizer, garden tools, and planter pots is also available. The sale will be held at the **New Hamburg Thrift Centre** from **May 5 – June 4**.

Plant enthusiasts are encouraged to share their perennials by donating plants (in six to eight inch pots) after they are divided in the spring. Identifying donations with the plant name and colour is helpful. Donations of garden tools are also accepted.

Sale hours (from May 5th – June 4th) are Monday to Thursday 9 am - 5 pm, Fridays 9 am-8 pm and Saturdays 9 am-4 pm (closed Sunday.)

All proceeds benefit the work of Mennonite Central Committee, a relief, community development and peace organization with some 1,000 workers serving in 35 countries. (www.mcc.org)
 For more information, please contact Christa Gerber at christag@mccthrift.on.ca or (519) 662-2867. The New Hamburg Thrift Centre is located at 41 Heritage Drive, New Hamburg.

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THE COMMUNITY PLAYERS OF NEW HAMBURG
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Rodgers & Hammerstein's Carousel

With the tulips, daffodils and crocuses we recognize one additional sign of the arrival of spring -The Community Players of New Hamburg annual production. This year it's Rodgers' and Hammerstein's *Carousel*. Following their sold-out run of *Titanic: The Musical*, T.C.P. has returned to more 'traditional' ground with this year's production. According to the authors themselves, it's their favorite of their collaborative works.

Tradition is very much a cornerstone of the Community Players and while they employ tremendously innovative ways of telling a story and bringing top quality entertainment to Wilmot Township – they remain faithful to their principle of 'giving back' to the community that so generously supports them. Each year T.C.P. donates a portion of its show proceeds to groups within the area. 2008 donation recipients include Aldaview Services, Interfaith Family Counselling Centre, Baden Public School 'Branching Out' Program and the Wilmot Township Multi-Use Recreational Facility.

The value of tradition runs deeply with many of the performers within the Community Players. Former Baden resident, Danielle Guistini, (playing Julie Jordan in *Carousel*) isn't shy when she describes T.C.P. as a wonderful organization that improves yearly in the quality of its productions and in its ability to build into the 'T.C.P. experience' a great sense of community and fun while working hard to ensure that everyone involved feels at home. While her day job makes living in Kitchener more convenient – Baden feels like home to Danielle. November of 1999, Danielle moved to Baden with

her parents, Jon and Marianne, and her siblings – David, Lauren and Joanna. Since 2000 her parents, Jon and Marianne, (now both retired from teaching) have operated *Hilldrop House Bed & Breakfast*. While Danielle's musical path has seen her perform with the popular group 'Second Thought'; portray Shania Twain and Patsy Cline in a successful tribute show; and as one of the driving forces behind four 'With A Song' concerts (proceeds of three shows donated to the Canadian Cancer Society), in many ways it is T.C.P.'s core values that bring her back – year after year.

If T.C.P. feels like home – it's no surprise. During Danielle's involvement she has frequently shared the stage with her talented mother Marianne, and sisters Joanna and Lauren. Danielle credits her father Jon with being a tremendous source of support in her endeavours and describes him as a "constructive listener".

When speaking specifically about *Carousel*, Danielle remembers being swept away by the music from *Carousel* as a young girl. Now, as an adult particularly in T.C.P.'s interpretation of *Carousel* – she has a much deeper sense of the many levels of this show both in terms of storytelling and character development. Also, she has a much deeper appreciation of the thoughtfulness of Rodgers' and Hammerstein's writing, describing the score as 'haunting'. "This music literally gets under your skin. It's timeless," she enthuses.

Danielle hopes one day to move back to the Baden area to be closer to her family. Happily, for all of us, that family includes The Community Players.



Submitted by Celia Jones



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Waterloo-Oxford DSS is hosting a Relay for Life event for the Canadian Cancer Society on May 23-24, 2008. To help raise awareness of this event in the community and more funds for the cause, the Relay for Life Committee is excited to be hosting renowned entertainer Jerry Enns at W-O on Tuesday April 15, 2008 starting at 7 pm.

Enns is a well-travelled and highly accomplished entertainer with local roots who is excited to be bringing his unique comedy-hypnosis show to Waterloo-Oxford. "We're thrilled to have someone of Mr. Enns' status in his field at our school and we know he is hoping for a large turnout to help the event raise money for this most worthy cause and also to encourage community members to sign up for the event," says W-O Relay for Life Chair Josh Proksch. Enns not only takes his stage show to prominent venues throughout North America, from Las Vegas resorts to local venues like Guelph's River Run Centre, but he is a sought after corporate speaker and personal success trainer.

W-O's first Relay for Life in 2006 featured 43 teams, raised \$51,000 and was the largest fundraising event in the history of the school. That event featured many teams from the community, made up of Crusader alumni, families

and friends of cancer survivors, and teams from local businesses and/or service clubs. This year's Relay for Life event has a goal of 60 teams of 10 people each to participate and a fundraising goal of \$75,000.

"We want to make sure the community knows that while Relay for Life is a school-sponsored event it really is for the whole community," says registration Co-Chair Erika Paling. "And this event will give us a chance to explain better what Relay is all about and how community teams can get registered." Relay for Life is a 12-hour celebration of life and hope, featuring tent city, live entertainment, food, fun, games, survivor's lap, luminary ceremony and more. This year's event begins at 7 pm Friday May 23 and concludes at 7 am Saturday May 24.

Tickets for the Jerry Enns Awareness and Fundraising Show on Tuesday April 15 are \$10 for adults and \$5 for students. They are available at the school, in Baden at Teddy's Bakery and in New Hamburg at Riverside Flowers. Anyone wishing more information about the event or signing up a team for W-O's Relay for Life are encouraged to call W-O at 519-634-5441 and ask for Student Activity Director Jeff Gerber.

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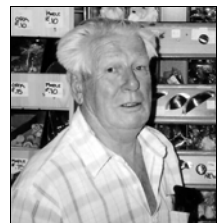


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What's Happening with the Wilmot Heritage Fire Brigades: April and May

Spring is on its way -- and with spring comes a new and exciting season of events for the Wilmot Heritage Fire Brigades!

The WHFB is open every Wednesday evening throughout the year at our museum behind the Baden fire hall. All are welcome -- drop in and see our seven antique fire trucks (dating all the way back to 1935!), not to mention our vast collection of firefighting items from the past. You might just get to watch our members as they work on an 1830s horse-drawn pumper -- and admission is free! **The first Wednesday of every month** is a social evening for all. We might be sharing firefighting stories, watching a film, or taking the trucks out for a spin around town -- it's always a surprise, and newcomers are always welcome. We're all looking forward to the **16th Annual Emergency Services Muster, Games and Parade**, taking place at Doon



The Wilmot Heritage Fire Brigade's 1935 Bickle pumper has been a favourite at the Doon Heritage Crossroads Emergency Services Muster, Games, and Parade

Heritage Crossroads from 10:00 a.m. - 4:30 p.m. on Saturday May 24. There are fire trucks, police cars, ambulances, fire safety demonstrations, and fire game competitions between area fire departments. Admission is by donation, with all proceeds going to emergency service related charities. It's a fun-filled day for all ages; contact Doon Heritage Crossroads for details.

As the warm weather heads our way, watch the Baden Outlook for news of many more events, including WHFB appearances in area parades and events, and an **Historic**

Fire Photo Day, when all are invited to enjoy displays of our collection of photos -- and to hear about Wilmot's firefighting history from retired volunteers who were there!

For more information about the Wilmot Heritage Fire Brigades and our upcoming events, call Blain at 519- 634-8153 or Teresa at 519-634-8580, or see our web page at www.whfb.ca

Written by Teresa Brown

Spring Sale



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Spring Word Search

Submitted by John Westlake

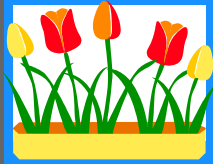
Have fun in Johns's Garden

Answers on page 23

T	R	A	E	H	G	N	I	D	E	E	L	B	A	M
R	V	S	M	E	G	R	U	P	S	Y	U	E	G	U
I	E	V	O	L	G	X	O	F	C	G	A	L	A	R
L	R	M	N	I	D	I	X	H	L	M	A	L	V	A
L	B	U	K	A	A	R	N	O	K	U	A	F	E	R
I	E	I	S	N	I	I	S	A	I	I	F	L	S	O
U	N	N	H	T	S	S	E	T	D	N	L	O	O	S
M	A	A	O	H	Y	U	D	S	A	I	A	W	L	E
L	Y	R	O	U	Q	F	U	O	Y	H	X	E	I	E
A	P	E	D	S	R	A	M	H	L	P	O	R	D	B
B	P	G	G	S	I	R	E	B	I	L	L	E	A	L
E	O	I	E	R	O	B	E	L	L	E	H	T	G	I
E	P	I	N	T	A	C	C	U	Y	D	P	S	O	T
B	E	G	O	N	I	A	M	S	O	N	I	A	G	S
A	E	C	A	N	I	H	C	E	A	M	U	E	G	A

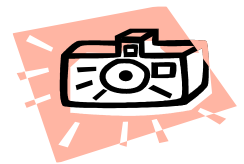
Ahh! Spring is finally upon us. Thoughts turn to gardening and gardening means flowers. Personally, I like perennials. In my 15 by 15 garden (to the left), I have planted many different perennials in rows that run forward, backward, up, down and diagonally. See if you can find all 38 varieties. Some are common names; others are not the usual nomenclature. For the astute among you, you will notice that there are 39 names in my list. The remaining single flower can be found "sprinkled" throughout my garden. When you finish, there should be no letters left over!

- | | | |
|---------------|------------|-----------|
| AGAVES | DAYLILLY | MALVA |
| ALOE | DELPHINIUM | MONKSHOOD |
| AMSONIA | ECHINACEA | PHLOX |
| ARUM | FLAX | PIGSQUEAK |
| ASTER | FOXGLOVE | POPPY |
| ASTILBE | GERANIUM | ROSE |
| BEEBALM | GEUM | SAXIFRAGA |
| BEGONIA | HELLEBORE | SEDUM |
| BELFLOWER | HOSTA | SOLIDAGO |
| BLEEDINGHEART | IBERIS | SPURGE |
| BUGLOSS | IRIS | TRILLIUM |
| CATNIP | LIANTHUS | VERBENA |
| DAISY | LYCHNIS | YUCCA |



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All proceeds from this sale go to support Interfaith Community Counselling Centre in New Hamburg – serving the counselling needs of Wilmot, Wellesley, Perth East, Blandford-Blenheim and East Zorra Townships.**

On Sunday evening May 4th at 7:00 p.m. the Schneider Male Chorus will hold a concert at **St. James Lutheran Church** (66 Mill St.)
We will be selling tickets at \$10. each and they will be available by contacting Marlene Miller at 519-634-8041 or at the door.

Invite your family and friends to come and enjoy a wonderful evening of fellowship and song.



BADEN COMMUNITY YARD SALE

When: Saturday May 31 Time: When you're ready.
Where: Your house and your neighbours'.

It's the time of year again to dig around in the attic or garage and decide what you need to repair, clean, or pass along. What may look like garbage to you could be useful or a treasure to someone else. So get busy now and plan to be outdoors visiting with your fellow Badenites.



How productive - you've cleaned your house and even made a few bucks!

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NOTES FROM THE ATTIC -Continuing: BADEN BUSINESS IN THE 30'S AND 40'S

Baden in the 30's and the 40's was a thriving community with many businesses. During a recent visit to our neighbours, Mike and Norma Weiler, we were told about these along with some information on each company. We will share with you what we have learned:

As mentioned in last month's *Baden Outlook*, the centre block, known for many years as the Hadland Block, in Baden – the eastern side of Foundry Street, was built in 1884. Upstairs was the Opera House which was the centre of social activities for many years. The opera hall, complete with stage, curtains and dressing rooms, hosted many touring companies for performances. As well, the community used the hall for school plays, dances, political rallies and box socials. The hall, with its eighteen-foot ceilings, suffered major damage in 1949 and since then has been used as a residence now owned by Mel Lee since December 1969.

Simon Bast Harness Repair Shop – was located at 11-A Foundry Street, which was previously a butcher shop and is currently the home of Pizza Express. Other businesses that have operated there include a tack shop and K-Cuts.

H.C. Schumm Drug Store And Post Office – This store was run by Harry Schumm in the 30's and early 40's. After Schumm's death, about the end of the Second World War, Albert Everts a war veteran, took over as Post Master. In 1957 the Post Office relocated to the present site of West Hills Centre on Snyder's Road. The store has had many businesses such as: Movies and Mohr, West Side Clothing but primarily Mel Lee Antiques. Today it is Wilmot Jujitsu.

The southern unit which was added on later, was home to *The Village Item* newspaper, and Arnold's Welding Shop. The businesses to follow include: Conestoga Chain, Gummy's Restaurant, Button's and Bows, Uptown Video, Baden Computers and currently Naisus Computers.

Baden Telephone Office – The first telephone lines through Baden where strung in 1911. That telephone company was a privately owned company, until 1922, when it was sold to the township. The exchange was later moved to 25 Foundry Street. Calls at that time could only be made between 8 am and 10 pm through weekdays and 2 to 4 pm. on Sundays. The

exchange purchased the house, and in 1948, a separate phone exchange was built onto the side of the building. On March 15, 1964 a new building located at Foundry Street, equipped to handle the new dial system was built, which eliminated the need for the older crank system.

Baden Doctor's Office – located at 49 Foundry Street. Doctor William Harvey, who received his medical degree from University of Toronto, began his practice in the latter part of 1922. He stayed in Baden until 1938, when he moved his practice to Kitchener. Doctor John Ross moved to Baden in 1937 and took over the practice at that location. He remained there until 1949, when he was forced to retire due to ill health.

Doctor Robert Barton arrived in Baden in 1949 and practiced at that location for 12 years. The house had two front doors, with the northerly door being the entrance to the residence and the southerly one being the entrance to the doctor's office. The office consisted of three rooms: a waiting room, a combination consultation/examination room and a dispensary. Doctor Barton's patients were mostly Baden residents but included patients from New Dundee to the south, Kitchener to the west, Wellesley to the north and New Hamburg/ Shakespeare to the east. After 12 years Doctor Barton moved to 26 Forler Street where he carried on his practice until retirement in 2002. The house has remained a private residence since then.

Bank of Commerce - Located to the south of J.C. Miller Antiques was a post office (see photo) and possibly a drug store. It was home to the Bank of Commerce and was changed to the Toronto Dominion Bank. The TD Bank relocated to the Stop2Shop location in the late 70's. Since then the original property has been a residence.

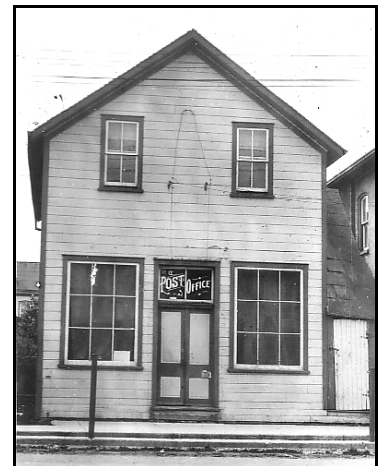


Photo courtesy of Jim & Marlene Miller

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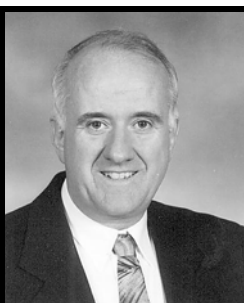
Tues-Fri. 9-8, Sat 8-3

S.C. Kuhn Hardware Store – John Lorrenz built this hardware store in the 1880’s at 8 Foundry Street. The hardware store changed hands many times over the years. Earlier owners included Allan Bechtel, Lloyd Appell and Herman Wilhelm. Stuart Kuhn, who owned the store in the 30’s, started the Electric Fence Company in the back of the building. In the late 30’s the business was sold to Ken Gingerich, who in turn sold the business to Bert Kriesel. Upon the death of Kriesel, the building became the property of J.P. Livingston and his son-in-law Harris Veitch. Harris sold the business to Jim Miller and it is now J.C. Miller Antiques.

Shirk and Snider Flour Mill – Jacob Beck opened an iron foundry at 178 Foundry Street in the mid-1880’s (see photo, building on bottom left). The cost of the building and machinery was \$10,000 and the foundry employed 12 men. An eight horsepower steam engine produced ample power to operate the machinery.

Beck, a mechanical genius, also built a gristmill on the same site (photo, front building), which operated from 1854 to 1879. The gristmill was powered by a river chase run. The mill was sold to Shirk and Snider of Bridgeport in 1889. In the early 40’s there was a disastrous fire which destroyed the mill and subsequently the property was sold to Waterloo County Co-op. It was used mainly for storage for many years. In mid 2000 Waterloo County Co-op opened a retail location and petroleum outlet. This closed several years later and the property was sold to Musselman Excavating. Currently Jutzi Fuels, One Way Water and Affordable Doors operate there.

Photo courtesy of Jim & Marlene Miller



DOUG WAGNER, CFP
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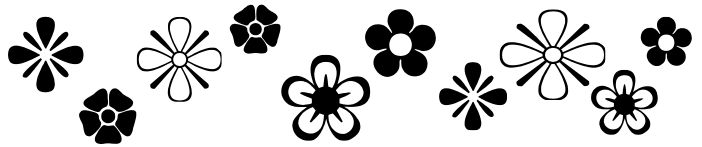
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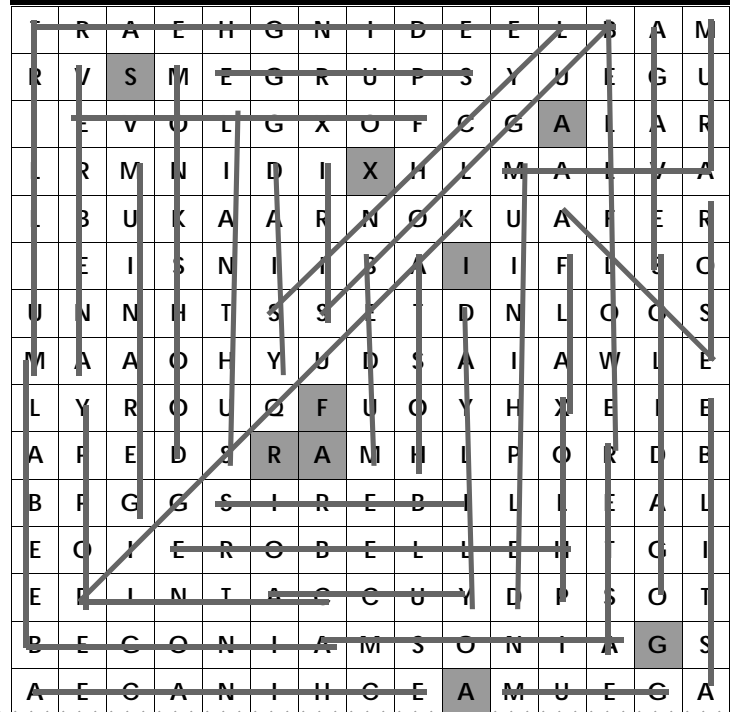
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ANSWERS TO SPRING WORD SEARCH - from pg 20
 The remaining letters reveals the mystery ... SAXIFRAGA

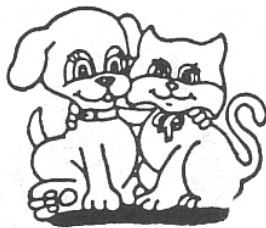


LOST & FOUND

A cell phone was found on the floor at the Baden Library. To claim it, the owner may come in and describe it to Chris Baechler at the Library.



Nith Valley Animal Hospital

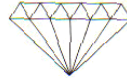


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There was some action on Monday, April 7th, as the fire fighters used the old Baden School to practise fire fighting techniques, courtesy of Mike Schout, Citadel Homes.

Photo courtesy of Teresa Brown.



Canada Trivia

Q: Where was the worst rainstorm in Canada?



A: According to Environment Canada, the most intense rainstorm in this country took place in Buffalo Gap, Saskatchewan, on May 30, 1961. Approximately 250 millimetres of rain fell in less than an hour. The rain and high winds washed out roads, eroded fields, and stripped bark from several trees.

By the way, the two cities that share the honour of being the thunderstorm capital of Canada are London and Windsor, Ontario, which average 34 thunderstorm days per year.

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- Believe - That we don't have to change friends if we understand that friends change.
- Believe - That no matter how good a friend is, they're going to hurt you every once in a while and you must forgive them for that.
- Believe - That true friendship continues to grow, even over the longest distance. Same goes for true love.
- Believe - That you can do something in an instant that will give you heartache for life.
- Believe - That it takes a long time to become the person you want to be.
- Believe - That you should always leave loved ones with loving words. It may be the last time you see them.
- Believe - That you can keep going long after you think you can't.
- Believe - That we are responsible for what we do, no matter how we feel.
- Believe - That either you control your attitude or it controls you.
- Believe - That heroes are the people who do what has to be done when it needs to be done, regardless of the consequences.
- Believe - That money is a lousy way of keeping score.
- Believe - That sometimes the people you expect to kick you when you're down, will be the ones to help you get back up.
- Believe - That sometimes when you're angry and have the right to be angry, doesn't give you the right to be cruel.
- Believe - That maturity has more to do with what types of experiences you've had and what you've learned from them and less to do with how many birthdays you've celebrated.
- Believe - That it isn't always enough to be forgiven by others. Sometimes you have to learn to forgive yourself.
- Believe - That no matter how badly your heart is broken, the world doesn't stop for your grief.
- Believe - Two people can look at the exact same thing and see something totally different.
- Believe - That even when you think you have no more to give, when a friend cries out to you - you will find the strength to help.
- Believe - That credentials on the wall do not make you a decent human being.
- Believe - That the people you care about most in life are taken from you too soon.

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EARTH DAY IS APRIL 22

There are many local events happening in Kitchener -Waterloo and Stratford on Saturday April 19. These events are planned to bring awareness to Earth Day and help our environment.



What can you do to make a difference in our community? Earth Day Canada has many ideas and incentives on how we can help contribute. Check it out at www.earthdaycanada.ca today. Our future generations are counting on us!

You are invited to join us at Wilmot Mennonite Church on June 15th at 9:30 for a Ken Whiteley concert.



Ken is a renown recording artist who will be sharing his gift of gospel/blues folk music with us.



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the Health & Wellness Page

The Bounty of Whole Wheat

Submitted By Michael Fisher, R.N.C.P

Whole wheat is a remarkable food known in the traditional medicines of China and India to strengthen the body and nurture the mind and heart. Whole wheat has the ability to calm and focus the mind, strengthen the body and muscles, replenish our adrenals, soothe palpitations, insomnia and irritability, and is also an astringent.

Whole wheat is a term many people are familiar with - but they may not understand what it means. The part of the cereal grass plant that we eat is the unrefined seed, known as *whole wheat*. This wheat seed - or berry, is then ground up to create *whole wheat flour*. Whole wheat is high in nutrition and very healthy for us, but the nutrient quality begins declining with age once it is ground into flour.

White flour is produced by refining away the outer bran and germ so that only the starchy, carbohydrate rich centre remains, and then it is further refined into a powder and bleached to create *white flour*. Flour is not only the most common ingredient in the North American diet, but it is usually the main ingredient in popular foods such as crackers, breads, pastas, and so on. This refining is typically done to lengthen the shelf life, to make recipes very reproducible and predictable, and to prevent pathogens from growing on it. However, white flour lacks all of the important minerals, vitamins, oils and fiber that the whole grain contains. White flour also makes the preferred fluffy, light consistency and sweet taste that whole-wheat flour cannot; whole wheat flour is usually heavier, denser and more bitter. Whole wheat flours found in "grocery store whole wheat" breads are still refined and processed, often missing vital nutrients, whereas flours made by grinding your own fresh, unrefined whole wheat, as purchased from health food or bulk food stores, are far different in texture and superior in nutritional value.

Wheat sometimes provokes allergic reactions, particularly when flours are improperly stored and they become rancid from oxidation. Whole-wheat flour should ideally be used right after grinding, or stored airtight in a cool space and used within two weeks. Refined oxidized flour is usually the cause of a 'wheat allergy', not the wheat itself. However, if eating whole wheat causes bloating, gas, stomach pain, indigestion, excessive mucus or an

increased pulse rate, it may be best avoided.

The Benefits of Magnesium

One of the most abundant minerals found in whole wheat is magnesium, which is milled away when refining the grain. It is estimated that 70% of North Americans are magnesium deficient, but it is a deficiency that can be easily remedied by eating whole grains, like wheat. The benefits of magnesium are essential to health:

- Calms nerve functions and migraine headaches
- Harmonizes mental and emotional imbalances (including irritability, depression, bipolar disorder, sleep disorders and PMS)
- Soothes muscles, cramps and spasms
- Relieves constipation and improves digestion
- Overcomes the blood sugar imbalances in hypoglycemia, diabetes and alcoholism
- Counteracts conditions such as chronic fatigue, fibromyalgia, arthritis and osteoporosis

Magnesium checks and balances excess calcium by 'pushing' it out of soft tissues, and driving it into our bones. Too much excess calcium in the soft tissue is damaging, calcifying arteries and, of course, remaining out of our bones, and weakening them. Those who eat and take ample calcium, may still have weaker bones than those who ingest only a little calcium along with sufficient magnesium rich foods such as whole grains.

Soaking a whole grain or fresh flour in water for several hours germinates the seed and initiates the growth process which maximizes the bio-availability of magnesium and other nutrients, to levels far greater than found in standard store-bought whole wheat bread. Try using a coffee grinder to grind your flour and then leave it sit overnight in water. Use it the next morning for warm cereal, baking or pancakes, and your bodies will thank you for a delicious, and extremely healthy homemade meal!

Submitted by **Michael Fisher, RNCP**

The information in this article is for educational purposes only and is not intended to replace a one-on-one relationship with a qualified health care professional and is not intended as medical advice.

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