

Baden Outlook

"Keeping the Community Connected."

Serving the GBA since 2000, with 3000 copies in circulation.



Welcome Sir Robert Borden, Canada's Eighth Prime Minister

The illustrious ranks of the Prime Ministers Way, the pathway beside Castle Kilbride, have grown yet again. With the Right Honourables Sir John A. Macdonald, William Lyon Mackenzie King, and Lester Pearson already in place, Wilmot welcomed yet another prime minister in an unveiling on November 6th: the Right Honourable Sir Robert Borden.

The statue, entitled "The Confident Patriot," was created by artist Nathan Scott of British Columbia. Nathan, best known for his sculpture of Terry Fox at mile zero of the TransCanada Highway in Victoria, worked from archival photographs of Borden to sculpt the head; he also referred to Canadian hundred-dollar bills, which he left throughout his studio for handy reference.

When it came to Borden's body, an incredible coincidence gave Nathan the perfect model. Nathan dropped in on his neighbours, the Bordens, to see if someone would be willing to pose: when Nathan did so, and happened to ask if they were related to the former Prime Minister, their response was, "He's our great-great-great uncle!" A family member happily posed for the artist, providing a delightful connection between past and present.

Like all of the statues, Borden's includes symbols of his life and leadership. One example is the newspaper that



Nathan Scott and Jim Rodger seen with Sir Robert Borden

Borden holds under his arm. Dated November 11, 1918, the headline reads "PEACE." Borden led our country through World War I; at that terrible conflict's end, he signed the Treaty of Versailles as Canada's Prime Minister, proudly distinguishing our country as independent from Britain on that historic document.

Continued on page 10



This paper is priceless - Please have one!

Talking with Ed

~ Random Thoughts



Slick Marketing - The Baden Brewery, was quite a mystery. They started making posts on Facebook on October 11th. As of October 30th they had 1,226 following and 1,183 likes. They offered a free Connor McDavid jersey as a draw prize for anyone sharing them. The shareholders (organizers) are Kyle Bechtel, David Schumm, Brian Lawson, and Nathan Russell. They don't have a location as of yet; however, it has a whole lot of interest.

The Eternal Optimist - We only have one more month before the days start getting longer again (December 21). That is the optimistic side of my thinking. The pessimistic side is that as of October 30th we still hadn't had a big frost, no snow, and there are still at least four or five months of winter ahead of us - can't wait until spring.

Stock Surge - I started following a stock on the TMX exchange called Patriot One Technologies (symbol is PAT, which of course is my wife's name, so it has to be a good one). The company is based out of Burlington, Ontario and they make concealed radar equipment that can detect revolvers, rifles, knives, and bombs through the iron ore content. Their focus is for airports, schools, places of worship, concerts, federal buildings sporting events, and casinos to name a few. I began purchasing it around one dollar and kept buying until the 75 cent mark. It eventually dropped down to the 60 cent level. One of the catalysts that they were waiting for was FCC approval from the American government. It happened practically the same day as the Las Vegas shooting. It would have been a great thing to have had a system in place to prevent such a horrible catastrophe. Over a month later the stock price is about \$1.75. The company has a great future in our very mixed up world.

The 7 & 8 Race Track - My normal drive to work consists of a leisurely drive down Erb's Road to Zehrs Beechwood. The most challenging part of my drive is from Costco to the store, which is hardly a challenge. The other day I had an appointment on Victoria Street at 8:00 in the morning. I was totally shocked at how everyone is in such a hurry. I was travelling at 100 kilometres an hour and people were flying by me like I was standing still. We also recently took a drive up north to my home town of MacTier to visit friends Cliff and Pam, and it was the same way on the 401 and 400. I guess I am leading a sheltered but safe life in our small town!

Clear The Track! - The Canadian Pacific Holiday Train will be making several stops in our area on November 29th. The train, which is lit up in holiday fashion, brings entertainment to the community. This year the entertainment is Jim Cuddy, his son Devin Cuddy, and Kelly Prescott. The marvellous decked out train makes stops at Galt (4:00 to 4:45), Ayr (5:20 to 6:00), and Woodstock (6:40 to 7:10). Sounds like a great, free family event. Most children are fascinated with trains and there is quality entertainment to boot.

Who Knew - I just read that on November 4th we experienced a Beaver Moon which is named after the beavers who build their winter dams at this time of year. It is the largest moon, next to the Super Moon (Cold Moon) which is in December. The Beaver Moon is only a mere 226,179 miles away from the Earth. I wasn't aware that every month has a named moon. Beginning with January there is the Wolf Moon, followed by Snow, Worm, Pink, Flower, Strawberry, Buck, Sturgeon, Harvest, Full Corn, Beaver, and Cold Moon. Once in a while, there are 13 moons in a year and that is called a Blue Moon.



Stop in the name of love - On or around November 9th, there will be an all way stop installed at the intersection of Snyder's Road and Sandhills Road. To me this is the most important all way stop as there are many accidents there and hopefully it slows people down on Snyder's Road. Good move Waterloo Region!

Greetings from ~ Outlook Headquarters

Another month has passed in a blur, with Thanksgiving and Halloween now behind us. When we first lived here 38 years ago, we had well over 100 trick-or-treaters at our door. That was when the Baden Public School was in our neighbourhood and before the many new sub-divisions were developed. I have a great stash of treats left over, as I prepared for 48 kids (we had 35 last year) and this year only 17 kids came to our door. I had the glowing pumpkin with other assorted Halloween items on the porch with the front light on, but still a quiet night. It was cold and drizzly but still ponder if we have less kids out there or are they all taking advantage of the sub-divisions with the convenience of many doors in a closer proximity.



I am delighted that the colder temps have put the spiders to bed, but now the squirrels and chipmunks are taking charge in the backyard. They don't seem too concerned if I'm in their path as they scurry by me with their cheeks full as they dart up the big pine trees—they have a plan and they know where they are going. As we pack up our things and winterize at the trailer we routinely lay out mice deterrents and traps. Last year we went with the Bounce sheets and the little brats quite enjoyed them....as that is where we found their dirt and ultimately where they got caught in the trap. Then we plugged in the Sonic Mouse Repellers which they didn't seem to mind either. This year we are trying peppermint oil along with our mouse traps and we already caught three of them. Now we are adding moth balls to the concoction and hope they head for the hills... and hopefully the trailer won't hold that odor when we open up in the spring. *(Couldn't resist the cartoon that brother Ron sent me).*



In this issue our featured *Interesting People* article is somewhat personal. These folks are indeed interesting and well-known in town, but are very dear to us as well. They have been very supportive and helpful with the paper all these years, and are close friends of ours. Check out who we are talking about on page 9. We have also come across some information about an old business from 1915, featured in *Notes from the Attic*, that was once a thriving company in town. It required lots of research, we had lots of help, and I hope you find it interesting...on page 30.

In our last issue we showed a small metal piece that was found in the walls of an older home in town that was under renovation, and we were asking readers for help to see what it was. Last week there was a knock on the door and Stan Miller (formerly of Baden) was there with the answer. Check out page 10 and see what it is.

Our granddaughters came to spend the weekend with us. Eleven year old Lily enjoys writing poems and she proudly reads them to me. I want to share her poem about time, as I agree that without our approval, time passes too quickly.

Time

by Lily



Sometimes, without your approval time goes very, very, fast. When you're having so much fun you feel like you're just about to blast.

Suddenly you realise that there's no time left at all, it's like you've just run smack into a very tall wall.

You sit there and it dawns on you that your day has been wasted, and you realise that life's but a dish that has yet to be tasted.

Sometimes, without your approval time goes very, very, fast but just because this day is done, does not mean that it's the last.

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Checking out the Baden Library



Thank You

The Baden branch would like to thank the Optimist Club of Baden for their donation to enhance our kids' book club programs. Thank you for your support!

Is your child interested in joining one of our kids' book clubs? Ask library staff or check our website for more information.

Read With the Firebirds - Wednesday, Nov. 29, 6:30 - 7:30 p.m.

Players from the New Hamburg Firebirds Junior C hockey team will be sharing stories and playing games with children at both the Baden and New Hamburg branches. Come out and meet the Firebirds. All ages welcome. Enter your name to win a prize! Register online, by phone or in person.

1:1 Computer Coaching - Fall Dates Still Available

Need help with your computer, tablet, or eReader? We can help! Free, one-on-one computer training sessions are available at the Baden branch on Tuesdays: Nov. 21, and Dec. 5. Specific times can be found on our website or at the branch. Register online, by phone or in person.

Buying An e-Reader

Special Program at the New Hamburg branch, Friday, Nov. 24, 1:30 - 3 p.m.

Before you purchase a device, join us for a special introduction to eReaders! Learn about the advantages, functionality and price options for both wired and wireless devices, and watch as we show how to download a library eBook.

Baden Book Club at EJ's

Adults are invited to join Jen Cyr, Coordinator Library Collections the third Tuesday of each month from 6:30-7:30 p.m. at EJ's Tavern in the Baden Hotel. The next meeting is November 21. Pick up a copy of the book at the Baden branch. Treat yourself to a beverage or food item and contribute to the conversation regarding the selected book. Note: there is no book club in December.

Winter Programs

Registration for winter programs begins on Tuesday, Dec. 12. Programs for children begin the week of January 16th and run for eight weeks.

Programs are free and require advanced registration unless otherwise indicated. Space is limited. Register online, by phone or in person. Feel free to ask library staff for assistance.

Baby Connections (Babies, 0 -11 months with caregiver)

Join us for wiggles, stories, songs, and more. Baby Connections is an early literacy initiative. Please note priority will be given to babies attending the program for the first time. Thursdays: Jan. 18-Mar. 8, 11-11:30 a.m. or 11:45 a.m.-12:15 p.m.

Wonderful Ones (1-year-olds with caregiver)

A fun program for little ones and their families, that builds early literacy skills through stories, songs, movement, and more. Tuesdays: Jan. 16-Mar. 6, 11:15-11:45 a.m.

Toddler Tales (2-year-olds with caregiver)

Join us for wiggles, stories, songs, and more.

Tuesdays: Jan. 16 - Mar. 6, 10:30 - 11 a.m.

Family Storytime - (All ages welcome - designed for kids, ages 1-5 with caregiver)

Join us for reading, rhyming, singing, playing, and more in this fun storytime for all.

Tuesdays: Jan. 16-Mar. 6, 9:15-10 a.m.

Ready, Set, Go! Kindergarten - (Kids 3-4 entering Kindergarten for the first time in fall 2018) A fun and interactive program that introduces children to important literacy, numeracy, and social skills that they will build on at school. Children attend part of the program on their own with caregivers joining them for the second half to explore hands-on activity centres.

Thursdays: Jan. 18-Mar. 8, 9-10 a.m.

Caregiver participation in the above listed early literacy programs will maximize the experience for the child and help build their early literacy skills.

Contact us at 519-634-8933 or badenlib@regionofwaterloo.ca for assistance or get more information at www.rwlibrary.ca.

Chris Baechler, Assistant Supervisor--Baden Branch

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Looking in the mouth of your furry friend reveals an assortment of dental treasures. Fangs for grabbing and puncturing, incisors for nibbling, premolars for tearing, and molars for crushing – all of which play an important part in eating, grooming, greeting, and defense.



Just like people, dogs have two sets of teeth during their lives. They have 28 baby teeth that start to erupt through the gums around three weeks of age. Puppies do not have molars which makes sense since they don't have to grind much of their food. Puppies begin losing their teeth at about four months of age. Their full set of adult teeth should be in by around 6 months of age. Most adult dogs have 42 teeth at the end of the teething process, with the molars coming last.

The teething period can be a frustrating stage! Puppies clamp their mouth on everything they can reach in an attempt to relieve the discomfort. Teething can be accompanied by drooling, irritability, and fluctuations in appetite.

Dogs have six incisors on the upper jaw and six on the lower. They use the incisors to nibble shreds of meat from bones and to groom themselves and other dogs. Canine teeth are the scary ones. Dogs use them to hold objects in their mouths and to defend themselves when necessary. Four premolars line each side of the upper and lower jaws behind the canines. Dogs use their premolars to chew on rawhides, bones, and other chewable toys. They hold the toy between their paws and grab it with these strong pointed teeth by tilting their jaws to the side. The top jaw has two molars on each side, and the bottom jaw has three. These are the crushing teeth used by dogs to finish off a large biscuit.

Like people, dogs can have tooth problems ranging from retained baby teeth and malocclusion to tooth decay. Since a healthy mouth depends on healthy teeth, pet owners should periodically check their pet's teeth and

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New Clients Welcome!



have them examined by their veterinarian annually. Good oral health is an important part of good general health for your pet.

Signs of oral and dental diseases in dogs and cats:

- Bad breath.
- Loose teeth or teeth that are discolored or covered in tartar.
- Your pet shies away from you when you touch the mouth area.
- Drooling or dropping food from the mouth.
- Bleeding from the mouth.
- Loss of appetite or loss of weight.

If you have any concerns in regards to your pet's mouth, contact your veterinarian and they can assist you in determining what may be going on and what can be done about it.

By Dr. Rebecca Ricker

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Baden ~ Our Town

The Baden Community Association, with the support of the Baden Hotel, Eaton Realty, and Baden Pharmasave will once again be hosting their Kids New Year's Party from 4:30 to 7 p.m. on New Year's Eve at the Baden Hotel. Last year was a sell out and the BCA expects the same this year. This year they have added Erick Traplin as their entertainment, who is a hit with children and adults alike.



The celebration will include a meal, dessert and a drink, door prizes, party favours, and gifts for the kids. Tickets will be available at the Baden Hotel starting right after the Santa Claus parade and they will sell out quickly. The hotel will be closed for this special event but the hotel staff will be on hand to serve adult beverages. It is a great way to celebrate New Year's with the family.

Watch for the BCA float at this year's Baden Santa Claus parade. They will once again be handing out their signature kettle corn to the parade watchers. Last year they handed out 725 bags and still ran out. They hope to up it to 800 bags this year!

The Baden Community Association meets on the last Wednesday of each month in the basement at the township hall at 7 p.m. Please join us and contribute to your community.



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for the upcoming Santa Claus Parade!*



Baden & District
CHAMBER OF COMMERCE

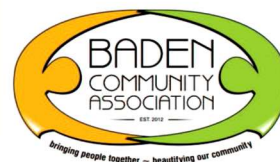
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HEY KIDS! Saturday, December 2nd at 1:30 pm, bring your "Letters to Santa" to the parade where Canada Post employees will be collecting your wish list. SANTA will be at the Seniors' Woodworking Shop on Beck Street after the parade. Judges will be along the parade route to evaluate the floats and cash prizes will be awarded to the winning entries.

*The parade will start at Snyder's
Road East (at Sandhills Road)
and finish along Charlotta
Street (at Mill Street)*

FOOD DONATIONS will be collected along the parade route for the Wilmut Family Resource Centre Food Bank. The Baden and District Chamber of Commerce and the Optimist Club of Baden invite you to participate during the Annual Christmas parade. To reserve your spot or for more information call Sue at 519-214-2202 or Penny 519-634-9292.

Save the Date for the



New Year's "Pre-Eve" Family Party!



at

The Baden Hotel

Ticket includes:

Dinner + Cupcake Door Prizes
Early "New Year's Eve" Countdown
20% off Coupon - January at The Baden Hotel

Erick Traplin
and more!

Sunday December 31st

4:30 - 7 pm
Dinner served 5 - 6 pm

Tickets to go on sale at
The Baden Hotel following
the Santa Claus Parade on
December 2nd.
(Price TBD)

See the December Baden Outlook
for more details, and watch the
Baden Community Association Facebook Page
or contact Amanda at asalisbury2009@gmail.com

Sponsored by the BCA, The Baden Hotel,
Eaton Realty, and Baden Village Pharmacy

You Must Be Joking!!



Dining in the 50s, but no joking here!

- * Pasta had not been invented. It was macaroni or spaghetti.
- * Curry was a surname.
- * Taco? Never saw one till I was 15.
- * Pizza? Sounds like a leaning tower somewhere.
- * Bananas and oranges only appeared at Christmas time.
- * Oil was for lubricating, fat was for cooking.
- * Tea was made in a teapot using tea leaves and was never green.
- * Chickens didn't have fingers in those days.
- * None of us had ever heard of yogurt.
- * Healthy food consisted of anything edible!
- * Cooking outside was called camping.
- * Seaweed was not a recognized food.
- * 'Kebab' was not even a word, never mind a food.
- * Sugar enjoyed a good press in those days, and was regarded as being white gold. Cubed sugar was regarded as posh.
- * Prunes were medicinal and stewed.
- * Surprisingly, Muesli was readily available. It was called cattle feed.
- * Pineapples came in chunks or were round with a hole in the middle, in a tin; we had only ever seen a picture of a real one.
- * Water came out of the tap. If someone had suggested bottling it and charging more than gasoline for it, they would have become a laughing stock.
- * There were three things that we never ever had on/at our table in the fifties - elbows, hats and cell phones!
- * And there were always two choices for each meal... "Take it" or "Leave it."



Submitted by Robert Price

Please Take My Card!



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Interesting People ~ Meet Mike and Norma Weiler

Mike was born and raised in Baden and is the oldest, long-time living resident. Mike and his wife Norma currently live in the house that Mike grew up in with his older brother Roger and his parents Joe and Betty. Mike and Norma have been married for 64 years and raised their children Mike Jr, Tim, and Tammy in Baden. They are proud grandparents of 8 grandchildren and 9 great grandchildren. Norma was born a Doering and spent her childhood on a farm in Philipsburg. Most of her adult life has been spent in Baden with Mike.

The couple are amazing people, both in their late 80s, who love life and do not show their age. They have a full life and stay very active with their family and friends. They enjoy their large garden and lovely flower beds, and continue to do preserving and canning. In the evenings they both enjoy watching hockey and baseball games on TV. They are faithful members of St. James Lutheran church where Norma was the organist for 47 years. Norma enjoys knitting and quilting for her grandchildren.

When the locals hear of Mike Weiler, they may think... Mr. Baden. His real name is Armand but because of his road-hockey goaltending skills as a boy, he was nicknamed Mike after a Chicago Blackhawks goalie, Mike Karakas (1935-40). He has been Mike to most since then.

Mike has always been community-minded and has been a Mason since 1955. He was a volunteer fire fighter for 48 years, starting in 1946 at age 16, and continuing to serve until 1994. He worked his way up to Baden's Fire Chief in 1959, and in 1973 became Wilmot Fire Chief. That became a full-time position in October 1990, which he held until 1994. Norma took interest in his role and to this day continues to be vigilant to their fire scanner which is next to their bed. In the early days when the siren rang out in the night Norma could keep track of her husband through the scanner.

Mike was an electrician and was employed by Sutherland Schultz for 42 years. He started as a journey man and worked his way up to a supervisor. Mike helped to install all the lights in Kitchener Auditorium. He also did electrical work in the Salt Mines in Goderich. Mike once crawled up to the top of the old Baden Tower to install the red light. He took great pride in his work. While

Mike was working at Sutherland Schultz, Norma worked at Baden Cheese Factory. Many will remember her smiling face as she served cheese at the front counter for many years. Mike retired in September 1990, but that only opened the door for so much more. Since then, he has driven and delivered plants for Westwood Nursery, and he and Norma also worked preparing plants for spring. Mike also drove the hearse and supported Jutzi Funeral Home in New Hamburg when required.



To this day Mike can be seen daily walking spryly to get the mail, but he has not been without health concerns. When he was 4 years old he was hit by a car while crossing Snyder's Road and suffered a broken leg and concussion. He was thrown upon impact, and his shoe was found up Brubacher Street. The doctor did not set the break as he wasn't expected to live. As a boy he suffered with scarlet fever twice and was put in quarantine. In 1995 he had some heart concerns and received a pace-maker which has been ticking away happily since.

Over the years when we were working on an article for the paper and would find ourselves needing more history or details about a particular local story, we would tap on their door and be welcomed in. Mike's mom was also raised in Baden and kept amazing notes and newspaper clippings of Baden history from her days. We would spend time poking around in their attic ogling at the artifacts. Their great memories marvel us as we have spent much time with them hearing many wonderful Baden stories. It was from this that we created a history feature in the paper called "Notes from the Attic." As we found ourselves running dry of stories we then introduced "Ask Armand" and continued to feature smaller history tid-bits written as spoken dialogue. Mike continues to help us fill in the missing pieces.

When we asked Mike and Norma the secret to their happy marriage and life, they smiled and said, "Keep the faith, work hard, be at peace with yourself, and be happy and content with a plain and simple life-style." They enjoy cards and we always relish an evening with them playing bid-euchre with great snacks and a shared bottle of wine. They are very sharp at cards, remembering every card played, and they always insist on just one more game when we finally say it's time for us to go home. Personally we have learned much from them and have found them our mentors for the upcoming retirement years. We are blessed to be their neighbours and friends, and Pat is a second cousin of Norma's through the Seylers, so actually they are family in every sense of the word.

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Ask Armand ~



Nancy from Baden says: I live near the park and have enjoyed watching the local baseball games. I wonder how long that concession booth has been there?

Armand says: The construction began in October 1975 and the concession stand has been used each season since then. The building was built by the Parks and Recreation Board which was taken over by the township in the early 2000s.



Correction to last month's Ask Armand. The train and truck collision happened at the crossing near 344 Snyder's Road East which is the lane way to get to Beckdale farms. The train stopped near the old Baden Public School which is now Old School House Lane. The Baden Outlook apologizes for any confusion that this might have created.



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(continued from page 1)

The unveiling was scheduled for early November to herald Remembrance Day in recognition of Borden's work in placing Canada on the world stage, particularly regarding its military. Special guest Ernie Ritz, World War II veteran and charter member of the New Hamburg Royal Canadian Legion (as well as former Township Mayor), was in attendance; the unveiling of course included the singing of "O Canada," performed by the Waterloo-Oxford Chamber Choir.

Createscape Waterloo Region will continue to add statues in the years to come until all 22 of Canada's Prime Ministers are represented. Watch for news in the spring about next year's installations; until then, for more information about each statue visit wilmot.ca, or drop in to Castle Kilbride for a brochure about our four (so far!) Prime Ministers.

Article by Teresa Brown, Photo by Tracy Loch

EXTRA EXTRA!



You'll find us around the 15th of each month, available at over 80 places within Wilmot Township while quantities last.

You'll find us In Baden at Mars Variety, Mac's, Baden Feed, One Way Water, Baden Dental, Wilmot Rec. Complex, Tim Hortons, Baden Library, EJ's, and several outdoor magazine boxes located conveniently throughout town for Baden readers.

You can pick it up in New Hamburg at No Frills, Sobey's, Short Stop, NH Legion, McDonalds, Morningside, Stonecroft, Office Pro, NH Thrift Centre, Absolute Fitness, Pharmasave, NH Dry Cleaners, NH Wellness, NH Library and various offices and retail locations throughout Wilmot Township.

Also in St. Agatha at Fishers Esso, Angies Kitchen, and Stop 2 Shop, and Foxboro.

*The best things in life are free -
like the full moon on a crisp
autumn night...and this paper
~ Please Have One!*



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Get Ahead of the Winter Freeze

By Brian Leverton, Wilmot Fire Prevention Officer

It's not too early to begin preparing for the heating season. Check these 10 tips off your list and get ahead of the winter freeze.

- Our furnace has been inspected and serviced by a qualified professional during the last 12 months. The furnace filter has been changed recently.
- Our chimneys and vents have been cleaned and inspected by a qualified professional (WETT certified). I have checked for creosote build up. Not cleaning your chimney is the leading cause of chimney fires from built up creosote. This service should be done at least once a year.
- The wood for our fireplace or wood stove is dry, seasoned wood.
- Our fireplace screen is metal or heat tempered glass, in good condition and secure in its position in front of the fireplace.
- We have a covered metal container ready to use to dispose cooled ashes. (The ash container should be kept at least 10 feet from any structure.)
- Our children know to stay at least 3 feet away from the fireplace, wood/pellet stove, oil stove or other space heaters.
- Our portable space heaters have a tip-over feature and automatic shut off.
- Our portable space heaters will be plugged directly into an outlet (not an extension cord) and placed 3 feet from any combustible.
- We have tested our smoke and carbon monoxide alarms and made sure they are working. We have changed the batteries at least once this year.
- Our smoke alarms are located on every storey and outside sleeping areas. If your house is new and built after January 1st 2015 additional smoke alarms are required in each sleeping area and all smoke alarms shall have a visual device connected to it. Carbon monoxide alarms are required outside sleeping areas.

Christmas light Quiz

Before you decorate your house, do you know the difference between Christmas lights that have a red or green ULC stickers on them?

A green ULC label means you can only use these inside, and a red ULC label means these lights can be used indoors and outdoors.

For more information on home heating or any other fire safety topics, please contact Wilmot Fire Prevention at 519 634 8444 ext 248.

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Let us Wake up your Brain

1. WHAT IS THE LONGEST WORD THAT CAN BE MADE USING THE LETTERS ONLY ON THE TOP ROW OF LETTERS ON THE KEYBOARD?

3. THERE ARE ONLY FOUR WORDS IN THE ENGLISH LANGUAGE WHICH END IN "DOUS": CAN YOU NAME THEM?

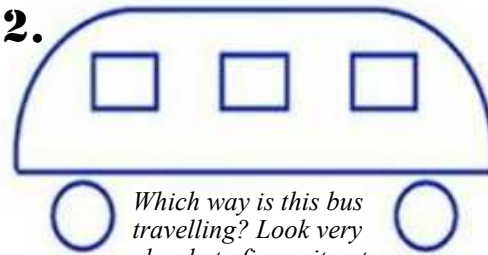
4. JANE'S UNCLE'S MOTHER COULD BE JANE'S:
A) aunt B) mother C) grandmother D) cousin

5. CATHY IS 42 YEARS OLD AND HER SON DAVID IS 18. HOW OLD WILL DAVID BE WHEN HIS MOTHER IS TWICE HIS AGE? A) 28 B) 21 C) 30 D) 24

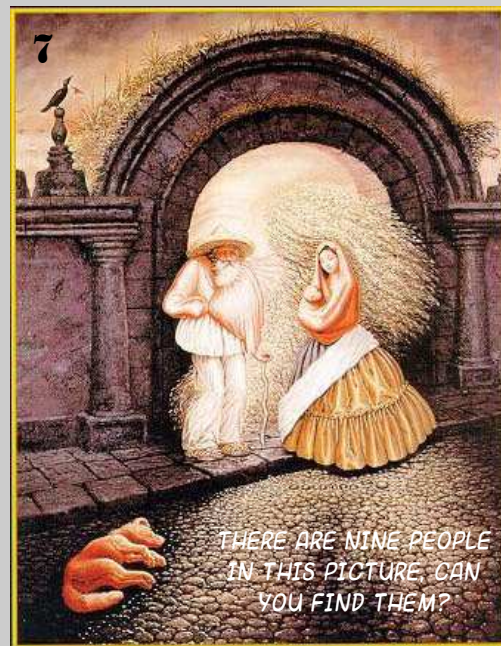
6. HOW MANY BREATHS DOES THE AVERAGE PERSON TAKE IN A DAY?
A) 10,500 B) 128,000 C) 50,000 D) 23,000

7. HOW MANY BONES ARE IN THE HUMAN BODY?
A) 177 B) 206 C) 240 D) 283

2.



Which way is this bus travelling? Look very closely to figure it out.



THERE ARE NINE PEOPLE IN THIS PICTURE. CAN YOU FIND THEM?

OPTICAL ILLUSIONS - WHAT DO YOU SEE FIRST, THE RABBIT OR THE DUCK?

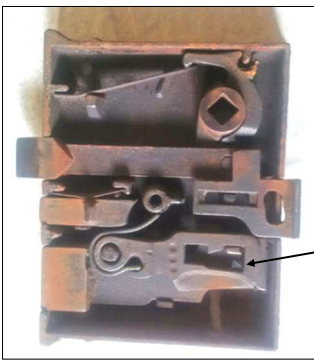


Do You Know What this is? →

In our last issue we showed this small metal piece (seen to the right) that was found in the walls of an older home in town that was under renovation, and we were asking readers for help to see what it was.



Front face of the door set



Inside back of door set

Last week there was a knock on the door and Stan Miller (formerly of Baden) was there with the answer. It seems it is part of the inside mechanism of an old door lock. Seen is the front and back (inside) of the door set and with this metal piece inside.

Now we all know this tid-bit of historical trivia!
Thanks for sharing this information with us Stan!

Baden Birding Sponsored by:



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Saturday 8-noon

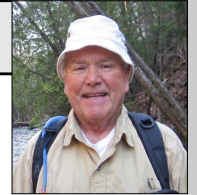
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New bird feeders have
just arrived along with
lots of great gifts
for Christmas!



Baden Birding ~ Meet the Timberdoodle

By Wayne Buck



Around the middle of August of this year, I was walking along a path on our property that borders a creek that flows towards the Nith River. This creek drains a large area of land to the west that includes both Perth and Waterloo Counties and runs year round. The path is bordered by a lot of vegetation, most of it native, planted by us in our desire to naturalize the property. I was startled by the sudden flight of a medium-sized bird (larger than a Robin) that took off just in front of me. If you've ever been startled by a flushing Ruffed Grouse, you know what I mean. Its wings made a whistling sound as it flew ahead of me. Its flight was rather irregular, somewhat floppy; not in a straight line, and not very fast, giving me a chance to see its rusty brown colour a little better.

Based on the size, colour, and location (the 5-S System) my first thought was a Mourning Dove. They are about that size, brownish in colour and are very prevalent on our property, especially on our bird feeders. But the flight of this bird was different. Doves fly VERY fast and usually in a straight line. And their wings make a different whistling sound.

Then it came to me. An American Woodcock. It had been years since I last saw one. And I had NEVER seen one on our property in the 37 years we have lived here. The size and colour were right. Its flight pattern was right. The whistling of the wings was right. And it was in the right habitat; damp, soft soil with brushy growth. With all the rain we had this summer and being a low area near the creek, the ground was soft and damp, just right for the long probing bill of the Woodcock.

Woodcock are members of the large family of shorebirds that includes Sandpipers, Killdeer, and Snipe to name only a few. Woodcock, however, shun the shoreline of lakes, ponds, etc, preferring edges of forests, wet meadows, and old overgrown fields. Like other shorebirds, they have a long beak that they use for probing the soft earth or mud for earthworms which they grasp with their specially adapted bill that is hinged at the tip allowing them to grasp their prey

without having to open their whole beak. Their eyes are large and dark and are placed nearer the top of their head so as to be able to survey their surroundings for predators while their heads are down probing the earth. According to the Cornell Lab of Ornithology: "They are well camouflaged in light brown, black, buff, and gray-brown tones. The face is buff, the crown blackish. They are light gray across the neck and back, with dark-and-light patterned shoulders and brown wings. The underparts are buff to almost orange."

Unlike most other members of the Shorebird family, Woodcock have short legs, giving them an awkward appearance when they walk. This, combined with their rather strange eye placement, makes them a rather comical little bird that are affectionately nicknamed "Timberdoodle." They are listed as game birds and are therefore legal to hunt during their migration in the fall. Hunters must possess a migratory bird permit to hunt them. The Cocker Spaniel was bred specifically for this purpose; hence the name Cocker Spaniel. Being short-legged allowed the dog to get under bushes and shrubs more easily than a taller dog such as a setter, ranging just ahead of the hunter and sitting on its haunches when it flushed a woodcock, marking its fall if the hunter was lucky enough to hit it.



An update on the Ospreys on Christner Rd.: I was talking to someone who observed a vehicle with a lift device parked close to the Ospreys' nest around the middle of May this past year. The bucket held some people with cameras and was elevated above the nest enabling the occupants to take photos of the nest below. The Ospreys were flying around frantically. It was shortly after this that the Ospreys abandoned the nest. Like all raptors, Ospreys and Eagles do not like humans coming too close to their nest and will frequently abandon it if people intrude too closely. We'll have to wait until next spring to see if the Ospreys attempt to use this nest again. It is against the law to disturb wildlife during their breeding season. If it happens again I will contact the MNR.

You Must Be Joking!!



Makes You Think, Doesn't It?

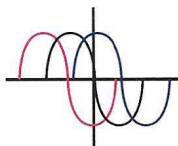
- * If you attempt to rob a bank, you won't have any trouble with rent/food bills for the next 10 years, whether or not you are successful.
- * Do twins ever realize that one of them is unplanned?
- * What if my dog only brings back my ball because he thinks I like throwing it?
- * If poison expires, is it more poisonous or is it no longer poisonous?
- * Which letter is silent in the word "Scent," the S or the C?
- * The letter W, in English, is called double U. Shouldn't it be called double V?
- * Every time you clean something, you just make something else dirty.
- * The word "swims" upside-down is still "swims".
- * Intentionally losing a game of *rock, paper, scissors* is just as hard as trying to win.
- * 100 years ago, everyone owned a horse and only the rich had cars. Today everyone has cars and only the rich own horses.
- * Your future self is watching you right now through memories.
- * The doctors that told Stephen Hawking he had two years to live in 1953 are probably dead.
- * If you replace "W" with "T" in "What, Where and When", you get the answer to each of them.
- * Many animals quite possibly need glasses, but nobody knows it.
- * If you rip a hole in a net, there are actually fewer holes in it than there were before.
- * If 2/2/22 falls on a Tuesday, we'll just call it "2's Day".

SWIMS

(Save this until 2022 – because it does fall on a Tuesday!!)

Submitted by Bruce Bousher

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Michael Landsberg



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For tickets:
www.eventbrite.com/e/mental-health-awareness-lunch-tickets-38441713199 or

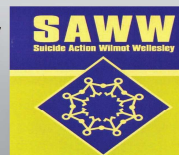
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Wilmot Senior's Workshop Still Inventing Itself

Local resident Leonard Bechtel started the Wilmot Senior's Workshop over twenty-five years ago. Since then, hundreds of seniors have enjoyed being creative and have made many new relationships with their colleagues.

The requirements to join the club are to be over 55 years of age, retired, and pay a yearly membership fee of \$90 for the first year and \$70 for each year following. To date, they have over 100 members from Wilmot Township, Wellesley, New Dundee, Kitchener -Waterloo, and the surrounding area. The club is always looking for new members. They are totally self-supported.

The club has a large shop with numerous amounts of machinery for patrons to use, along with a good supply of wood, screws etc. that are required for projects. A plethora of projects are made here including birdhouses and feeders, picnic tables, bowls, plates, and furniture of all types. They are known throughout the area for their ability to repair furniture and create custom furniture to anyone's specifications.


They also have worked on special projects, such as making 158 wooden flag stands, one for each Canadian soldier killed in Afghanistan, to help raise money for the

Portraits of Honour National Tour. They have also built jewellery display cases for Ten Thousand Villages in New Hamburg, and were contacted by local therapists to build astro boards for autistic children and their families in the Guelph area.


But wait – there is more! The workshop also offers stained glass classes where ten people or more can learn the intricate art. They also have twenty-five people registered for wood carving in the round classes, where they create lifelike creations such as birds.


The workshop has even worked with area schools to give kids a chance to work on projects. Just recently, they had grade 3 and 4 students from Lexington School come out and build owl-nesting boxes. John Sanderson was on hand to give a talk about owls and a quiz was taken at the end of the event with the winner taking home a book on birds. The workshop has also had visits from Holy Family School in New Hamburg and Baden Public School.

This year the Baden Santa Claus Parade will end at the Senior's Workshop where the members will be having an all day sale of their projects – just in time for Christmas! As past president John Gruhl says, "We are open for business and ready to serve the community". Just another great thing about Wilmot Township! If you would like more information about the workshop, call 519 634-5357.



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Baden Outlook Hockey Pool Stats

Adults			Kids		
Place	Name	PTS	Place	Name	PTS
1	Kristen Struth	186	1	Taylor Naumann	179
2	Ty Brenner	185	2	Vance Hallman	175
3	Brayden Gingerich	180	T3	Sofia	169
4	Chris Murray	179	T3	Scott Snook	169
T5	Ernie Faulhafer	177	T5	Evan Bizony	168
T5	Tara Jokic	177	T5	Joel Miller	168
T5	Bonnie Jokic	177	T5	Kate Papa	168
T8	Maggie Litwiller	176	T5	Lydia Jokic	168
T8	Greg Schwartzentruber	176	T9	Elias Bizony	167
T10	Norm Poirier	175	T9	Sabrina Hallman	167
T10	Devon Grozn	175	T11	Madisyn Wilde	165
T12	Brodee Harte	174	T11	Ryan Boronka	165
T12	Sadie Acton	174	T13	Dominik Struth	164
T14	Bob Miller	173	T13	Jahveda Faulkner	164
T14	Denise Acton	173	T15	Avery Shantz	163
T16	Sophia Heimpel	172	T15	Jack Papa	163
T16	Ron Yoworski	172	17	Joey Durrer	162
T16	Norma Weiler	172	18	Eric	161
T16	Sharon Horst	172	T19	Mason Beaver	160
T20	Adam Roth	171	T19	Nolan Snook	160
T20	Nathan Boronka	171	T21	Finn Hofford	159
T20	Eric Horst	171	T21	Kohen Patten	159
T20	Ashley Allan	171	T21	Carys Girodat	159
T20	Trevor Shantz	171	T24	Dana Kropf	158
T25	Lacey Lee Egli	169	T24	Cameron Langer	158
T25	Lindsay Soctemans	169	T24	Kailey Patten	158
T25	Bryn Fournier	169	T27	Kenzie Wilde	157
T25	Kristen Nyenhuis	169	T27	Braedyn	157
T29	Rod Connor	168	T27	Sykora Waechter	157
T29	Jean Cook	168	T27	Lucas Witteveen	157

Congratulations to
Kristen Struth for taking the
Adult Leader Prize for this
month's Hockey Pool, winning a
gift certificate from Mercato



Congratulations to Taylor Naumann
who took the leader prize for the
Kids Pool winning a gift certificate to
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The passwords are: guest. The NHL season doesn't start until October 4th, so prizes will not start until the November issue. Have Fun and Good Luck!





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Staying in Touch with the New Hamburg Firebirds



The New Hamburg Firebirds started off the season with a rough go, but they are now on the way to success. Each home game, the Firebirds pick a *Player of the Game*, which is sponsored by CVE Mortgage Group Inc. We'd like to showcase October's Players of the Game here. On October 6th, #6 Tyler Kleine received the award for scoring 2 goals and 1 assist, helping to beat the Burford Bulldogs 6-1. On October 7th, #22 Josh Farrugia received player of the game by getting 2 assists and helping to beat the Tavistock Braves in overtime 4-3. On October 13th, #4 Riley Baxter helped the Firebirds to keep their winning streak alive by making awesome defensive moves, helping to beat the Delhi Travelers 1-0. On October 20th, #35 Michael Black kept the Firebirds in the game; the Firebirds lost to the Ayr Centennials 4-2, but Ayr outshot the Birds 51-23 and without Michael in net the score could have been way worse! On October 27th, #11 Will Marcy received the player of the

game award after getting New Hamburg's first goal of the night. Unfortunately they fell a little too short that game, losing to the Paris Mounties 7-3.

The Firebirds would love to see you out at their upcoming games in November and the beginning of December. Come cheer on your hometown boys in their game on Friday, November 15th as we host the Woodstock Navy Vets; on Friday, November 24th when the Ayr Centennials come to town; on Friday, December 1st when we play the Burford Bulldogs; and on Friday, December 8th when the Tavistock Braves drive down the highway to play your Firebirds. At all home games for New Hamburg, the puck is dropped at 7:30 pm. We look forward to seeing our local fans in the seats.

The current standings as of Sunday October 29, 2017 below.

Team	GP	W	L	T	OTL	PTS
Ayr	16	14	2	0	0	28
Tavistock	12	10	0	0	2	22
Woodstock	13	10	2	0	1	21
Paris	15	10	4	0	1	21
Wellesley	13	7	6	0	0	14
Norwich	14	5	8	1	0	11
New Hamburg	14	4	7	1	2	11
Burford	13	1	12	0	0	2
Delhi	14	0	14	0	0	0

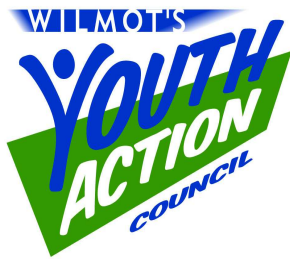


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*Call now to reserve your
table for our annual
American Thanksgiving
turkey dinner.*

Thursday, November 23rd.

Please bring a donation for the local food bank.



YAC and Jr. YAC are off to a great start this year! With weekly and bi-weekly meetings we have had some great planning sessions and are offering some BIG ideas this year to bring to our community. We had our first event, a Halloween Themed Monster Mash Dance which drew grade 5-8 students out from across

the Township! Our next FREE Event is a **GIANT GAMES NIGHT on Saturday November 25th**, stay tuned for details to follow.

We also hosted our First Mentorship Day in September which is for *all youth in the community*, and saw a few eager participants out. Our next **Mentorship Day** is being held on **Saturday January 27th 2018** from 9:00am-12:00 noon in the Optimist Youth Centre (1291 Nafziger Road, Wilmot Recreation Complex). Youth ages 12-19 welcome. Pre-registration will be required for this event; please email us to reserve your spot.

We are also looking to expand our current advertising opportunities and are looking for creative ways to get in touch with all of you. If you (or someone you know) would be interested in sharing our event information within a local group, club or organization please contact the youth council at wilmotsyouthactioncouncil@gmail.com.

Remember, Active Youth lead to Active Adults
Lacey Smith - YAC Facilitator

Heart Month Campaign

Help us create survivors!

February is Heart Month and we are looking for Captains, Door-to-Door Canvassers and Online Canvassers. The time commitment is minimal but the results are lifesaving. This volunteer opportunity is great for Students needing Community Hours. Please contact Kathy at 519-571-9600 or kathy.ziegler@heartandstroke.ca Thank you!



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- Store hoses and turn off outdoor water.
- Drain and turn off sprinkler system.
- Seal cracks around doors and windows.
- Clean your gutters.
- Inspect your roof.
- Direct drainage away from your house.
- Get your furnace serviced.
- Prune your plants.
- Look up chimney for blockages; check damper is working.

YARD WASTE COLLECTION IN WILMOT TOWNSHIP:

Did you know that Yard Waste Collection is the opposite week of the garbage collection?

YARD WASTE MUST:

- be at the curb by 7 a.m. on your collection day
- be in paper bags (no plastic) or in a garbage can with a bright ribbon on the handle or a yard waste sticker (call for a free sticker)
- not weigh over 23 kg (50 pounds)
- Branches must be bundled and tied, no larger than 7.5 cm (3 inches) diameter or 92 cm (3 feet) long

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LOCAL COLLISION REPAIR FACILITY CHANGES HANDS

*New Hamburg's beloved E&L Collision and Refinishing
is taking on some new and exciting changes.*

This August, E&L Collision and Refinishing, the local collision repair shop located at 111 Arnold Street in New Hamburg, underwent some changes by partnering with a group of locally run and family owned collision centres.

E&L Collision started 32 years ago and continues to be a thriving business in Wilmot Township. Murray Erb, E&L's founder and the original owner, is excited to continue managing the shop that he grew from the ground up. Erb looks forward to enhancing the business with the assistance of his new partners.

Rob Pavan currently runs 4 successful CSN (Collision Solution Network) collision shops located in Guelph, Cambridge, Kitchener, and Waterloo. Coming from a family run business started by his own father, Frank, in 1970, Rob understands the importance of E&L in the community. He runs his businesses with family values and community involvement; because of this he was attracted to E&L Collision. Rob intends for E&L to continue to be a supportive member of the New Hamburg community.

The shop is also gaining an addition to its name; "CSN E&L". CSN is a nationwide network of facilities that share a common vision to improve standards and strengthen the reputation surrounding the collision repair experience while providing a nationwide warranty.

Submitted by Lindsay Pavan



We're on the Web!

**Read the paper in colour at
www.badenoutlook.com**





Wow! More exciting destinations as The Baden Outlook continues to travel ...



Twenty-seven members of West Hills Church took the Baden Outlook along on a nature walk in Schmidt Woods over the Thanksgiving weekend.



Vivienne and Terry Evans from Foxboro Green took their Baden Outlook to Myanmar, Burma where they admired the all-white Hsinbyume Pagoda in Mingun near Mandalay.



Gloria Hankins and Chuck Richmond took their Baden Outlook along on a cruise on the Scenic Ship Jewel, down the Rhine River from Amsterdam to Basel, Switzerland.



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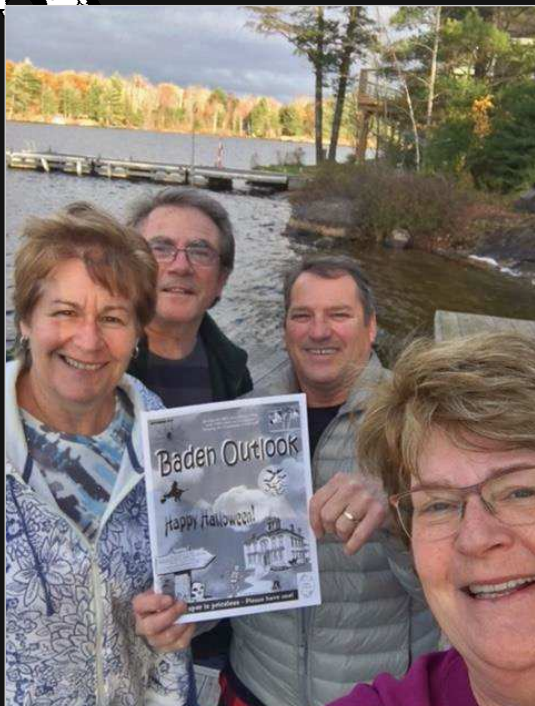


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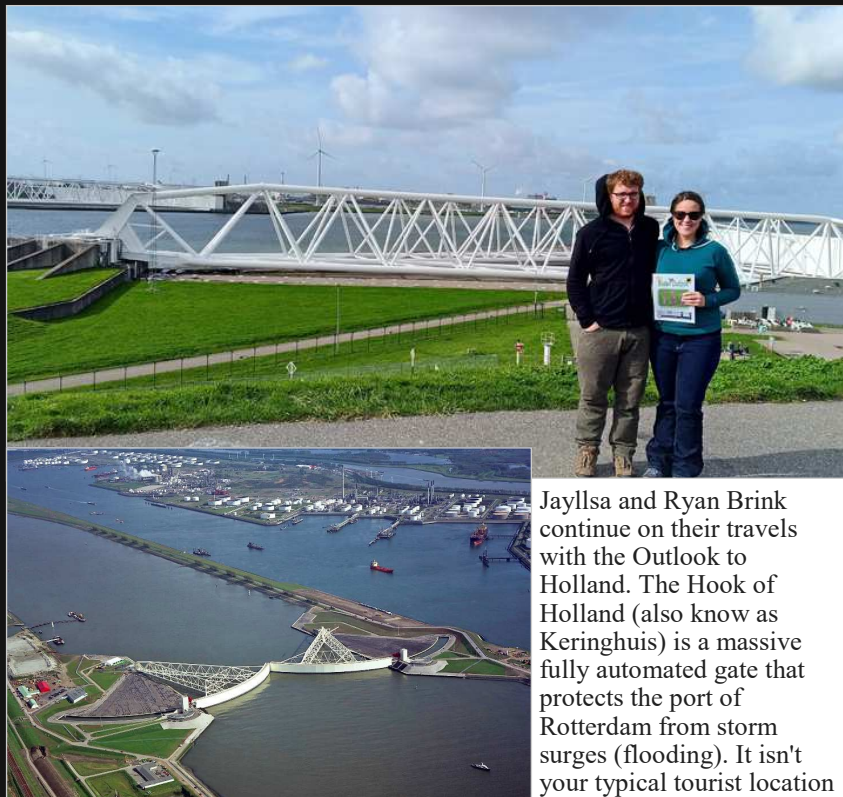
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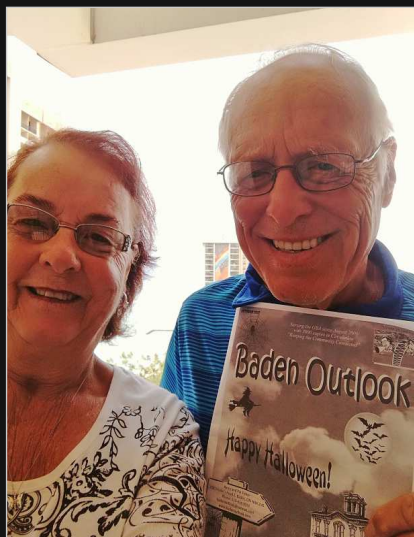
....To Holland, Chicago, Muskoka, Burma, Europe, Hawaii, and Schmidt Woods.



Barry and Pat Fisher shared their Outlook with their pals Cliff and Pam Jordan as they enjoyed the fall sunset at their cottage in Muskoka.



Jayllsa and Ryan Brink continue on their travels with the Outlook to Holland. The Hook of Holland (also known as Keringhuis) is a massive fully automated gate that protects the port of Rotterdam from storm surges (flooding). It isn't your typical tourist location so thought it most interesting. Holland is so unique with all of its canals, dykes, windmills, and other equipment for dealing with water changes, and the Hook of Holland is something they are extremely proud of.



Mae and Dave Hart took their Outlook along with them to Hawaii.



The Chess Recording Studio Museum and a number of Blues Bars including Buddy Guys Blues Legends Bar.

Bill and Joanne Seip, Kim and Lynda Eby and Kris Eby and Stephanie Holmes took their Outlook along to Chicago in October to visit

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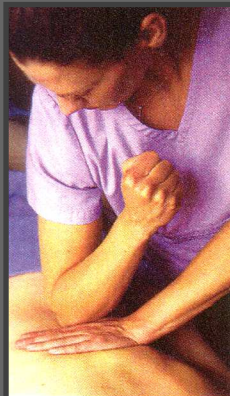
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Alfalfa for Humans?

By Helen Steinmann, Holistic Nutritionist



You might think it would only be useful for feeding cows. But research has proven that there are many benefits for humans to consume alfalfa as well as many other seeds, grains and beans.

When a seed sprouts, it is popping with dense nutrients. The protein content increases by approximately 15% to 30%. Fiber and chlorophyll also increase. Chlorophyll helps the body be more alkaline, therefore helping the body fight disease. Alfalfa sprouts also contain phytoestrogens. These compounds are helpful for balancing hormones, especially estrogen. Alfalfa sprouts are rich in the B vitamins, especially Niacin and Riboflavin. These B's are necessary for energy, healthy nervous system, skin, hair and eyes as well as liver. They can be found in other foods as well such as free-range eggs, broccoli, Brussels sprouts, spinach, organ meats, and whole grains. Because sprouted seeds are high in enzymes, they support digestion therefore helping to improve metabolism. When eating more nutrient rich foods with more fiber, you will find you will eat less carbohydrates and processed foods, helping your body's weight to normalize. Choosing many types of seeds for a balance of nutrients is a wonderful way to promote health and vitality.

- Begin soaking them first to "wake up" your seeds.
- Measure 1-2 tablespoons into a 1 Liter jar and fill jar to half full, and store on counter top. 2 Tbsp will fill the jar.
- Drain in the morning with a piece of cheese cloth and elastic over the mouth of the jar.
- Set inside a dark cupboard.
- Evening, rinse and drain. Set inside cupboard.
- Morning, rinse and drain. Set inside cupboard.
- Repeat till leaves appear. Set in the light.
- You can begin eating your fresh greens at this point

or let them grow a few days more for bigger sprouts while rinsing and draining. To stop their growth while keeping them fresh, refrigerate and consume in 2-3 days to prevent mold.

One cool thing is that you are growing your own food that is alive, raw and healthy, in your own kitchen and in the fall/winter months. This amazing food hasn't travelled from a distance at all to get to your table as do many other fresh foods, nor have they been sprayed with herbicides or insecticides. This is a great project for you to do with your children or grandchildren. Try other seeds, grains or beans. Health food stores will carry a variety of seeds specifically for sprouting.

Sprouted Alfalfa Salad

- 2 tbsp alfalfa seeds, sprouted – takes about 4 days, plan ahead.
- 2 tbsp mung bean sprouts chopped peppers or cucumber
- 2 shredded organic apples
- 2 stalks finely chopped celery
- ½ fennel bulb, finely chopped
- ½ bunch chopped fresh parsley or 1 tbsp dried
- 1 tsp apple cider vinegar
- 1 tbsp hemp oil
- ½ - 1 tsp dulse (seaweed) flakes or powder, optional but healthy!
- 1 tsp flaxseeds, ground
- ¼ cup chopped raw walnuts

Dulse flakes or powder is a seaweed containing many minerals such as iron, iodine and calcium. Dulse and other seaweeds are beneficial for radiation cleansing, thyroid support and blood building. It is salty to taste and can be used to sprinkle on salads or stirred into already cooked vegetables such as a stir-fry vegetable dish. It must not be cooked as it becomes slimy and difficult to chew.



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New Hamburg Businesses Re-locate

The former Waterlot Restaurant location has held two other businesses under their roof over the years. K.R.Abbott Tax Service (formerly Lydia's Tax) and Adam Brenner's Garden Stand. It's good to hear business is going well and expanding their work space is evident of that. Last month Bob and Kevin Abbott took their office to 205 Peel Street to give them more space and also to offer their clients more privacy during their visits.

That move left the tax office available on Wilmot Street and Adam Brenner was happy to re-locate and expand his food and catering business there. The Garden Stand mainly has prepared foods, preserves, and take-away meals. Adam will have a few tables for customers to sit and enjoy a coffee or cappuccino with some sweets in the weeks/months to come. Take-out is in the future as well some daily features like fish and chip Fridays and soup and sandwich Wednesdays. Gift certificates and Christmas baskets are available.

The grand opening is Saturday, November 25 8am-8pm. Pop by and check out his new space and say hello to Adam.

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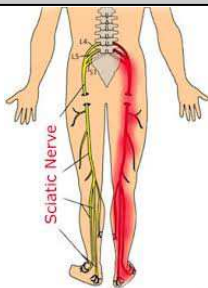
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UNDERSTANDING SCIATICA

By Dr. John A. Papa, DC, FCCP(C)



The sciatic nerve is the longest nerve in the human body. It is made up of five separate nerve roots originating from the low back region on each side, and runs from your pelvis through your buttock and hip area and into each leg. It controls many of the muscles in your legs and provides feeling to your thighs, lower legs, and feet.



"**Sciatica**" is a common term used to describe any type of pain/symptom that radiates into the leg. "**True sciatica**" occurs when there is a mechanical and/or inflammatory irritation directly affecting any component of the sciatic nerve. This differs from "**referred**" pain/symptoms which can arise from a bone, joint or muscle that can send pain/symptoms into the leg.

True sciatic symptoms may be felt almost anywhere along the nerve pathway. These symptoms can radiate from the low back region, into the hip or buttock, and down the leg, into the calf, and even the toes. The symptoms can vary widely and may include: a cramping or achy feeling, tightness, burning or a sharp electric shock sensation, numbness, tingling, and leg muscle weakness. The symptoms may start gradually and intensify over time. Activities such as bending forward or to the side, walking, prolonged sitting or standing, and even coughing or sneezing may aggravate sciatica.

Below is a brief summary of three common causes of true sciatica:

1. Spinal disc herniation/bulge – Spinal discs separate and

cushion lumbar vertebra. Repetitive and cumulative loads or a single heavy load has the potential to cause a disc bulge or herniation, thereby causing a mechanical and/or inflammatory irritation of the nerve root(s). This most commonly occurs in adults aged 20-50.

2. **Degeneration and Osteoarthritis** – The normal aging process causes lumbar disc degeneration, osteoarthritis of lumbar joints, and occasionally vertebral slippage. The consequence of these processes is that mechanical irritation from bony spurs and vertebrae, along with inflammation can cause symptoms of sciatica. This most commonly occurs in adults over 50.
3. **Lumbar spinal stenosis** – This condition causes sciatica due to narrowing of the spinal canal and/or nerve pathways. This puts pressure on the spinal cord or nerve roots and causes neurovascular irritation. This most commonly occurs in adults over 60. It is usually secondary to degeneration and osteoarthritis.

Other causes of "**true sciatica**" include: direct irritation of the sciatic nerve by the piriformis muscle; direct trauma or injury to the sciatic nerve or nerve roots; and postural and mechanical changes associated with pregnancy. Some common causes of sciatic-like symptoms or "**referred**" pain include: muscular trigger points and ligament sprains from the low back, hip, gluteal and pelvic regions; sacroiliac joint dysfunction; and arthritic low back, hip and knee joints.

Sciatica is a set of symptoms of a problem, rather than a diagnosis for what is irritating the nerve and causing the pain. This is an important point to consider because the treatment for sciatica will often be different depending on the underlying cause of the symptoms. Therefore, it is important to obtain an accurate diagnosis from a qualified health professional.

When sciatica strikes, there are conservative treatment options available. These may include: mechanical traction, spinal manipulation and mobilization, soft tissue techniques, laser therapy, acupuncture, ice/heat application, electrotherapy, and rehabilitative exercise. A qualified health professional can determine the cause of your sciatica and prescribe appropriate therapy, exercises, and rehabilitation strategies specifically for your circumstance. For more information, visit www.nhwc.ca.

This article is a basic summary for educational purposes only. It is not intended, and should not be considered, as a replacement for consultation, diagnosis or treatment by a duly licensed health practitioner.



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Community Corner ~ Check Out What's Going On!

The Morningside Retirement Village on Bleams Road in New Hamburg will be holding their annual Christmas Bazaar on Saturday, December 2nd from 10:30 a.m. until 1:00 p.m.

Come and see the Bake, Craft and White Elephant tables, try your luck with the Raffle and Silent Auction.

A \$5 lunch of soup, sandwich, tea or coffee will be available from 11:00 a.m.

ALL proceeds go to Christmas hampers for the needy
We look forward to seeing you there.

St. George's Anglican Christmas Bazaar

Sponsored by the ACW (of St. George's Church in New Hamburg)

We feature Baking, Puzzles, Knitting, Christmas decorations. Gift baskets assorted sizes for that special occasion, and a delicious lunch with homemade pie.

Sat. Nov 25, 11:00am - 2:00pm

St. George's Church, Waterloo St., New Hamburg
For more information: Contact Carol Massel- 519 662-1803

CHRISTMAS BAZAAR

St. James Lutheran Church, Mill Street, Baden
Sat. Nov. 25, 10 a.m. - 1 p.m.

Christmas cookies, baked goods and tea balls.

Crafts, Vendors and Nearly New Tables.

Chili and a bun for lunch. Something for everyone!

Portion of proceeds to WFRM Christmas Hamper program and Crunch Munch program.

Holy Family Church Christmas Bazaar Huron Street, New Hamburg

Saturday November 18, 11.00am -2pm

Come join us. Home baking table, craft table, penny table, raffles, Tea Room where lunch is available.

Fun time for all.

Nithview Christmas Bazaar

Saturday, November 18th, 2:00 to 4:00 p.m.
200 Bouleee St, New Hamburg.

Bake Sale, Silent Auction, Community Vendors, Tearoom

St. Agatha Santa Claus Parade Saturday, December 9th at 1 p.m.

Food donations will be collected during the parade route. (Notre Dame Dr to Erb Street to St. Agatha Community Centre). All families are invited to the St. Agatha Community Centre following the parade for face painting, pizza and pop to be purchased, free candy bags for children and a silent auction.



The Nith Valley ECOBOOSTERS is a volunteer group committed to achieving and supporting a long-term healthy environment in Wilmot and Wellesley Townships. We are currently planning our 2018 projects which include a community cleanup day and environmental film night. Join us on **Wednesday, November 22 at 7 pm** at Zion United Church, 215 Peel Street, New Hamburg. For more information, contact nvecoboosters@gmail.com or call 519-662-9372. *Note: This will be our last meeting for 2017 (no meeting in December).*

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Physical abuse:

- * Hitting, kicking, poking, pushing, biting, pulling hair, or any unwanted touch.
- * Threatening to harm you or your children. Once there has been a threat, the fear is present.

Sexual abuse:

- * Any unwanted touch or comment that is sexual in nature.

Verbal Abuse:

- * Name calling, insulting, ridiculing, humiliating, put downs.

Emotional abuse:

- * More subtle, but even more damaging.
- * Implied messages that you are not good enough, important, competent, intelligent, or lovable.
- * Suggestions that there is something wrong with you and that you have no value.

Financial abuse:

- * Control of another's money and economic resources.
- * Refusal to allow any input and control about how and where money is spent.
- * Refusal to give the other person the money they need for personal necessities.
- * Refusal to let the other person know about their finances.
- * Demands that the other hand over their pay cheque without explaining where money is going.

If you are experiencing any form of abuse and would like help, contact Teresa at
Wilmot Family Resource Centre
Family Violence Prevention Program

fvpp4wfrc@bellnet.ca

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COME ONE AND ALL!

To the New Hamburg Lions and Lioness
34th Annual Tree of Light Ceremony

Friday, December 1st – 6:30 p.m.

Hot dogs are being served followed by Tree Lighting.



Join Waterloo-Oxford Girls' Choir and the New Hamburg Concert Band in singing Christmas Carols at Centennial Fountain by the Post Office.

We invite everyone to join in the Tree Lighting, caroling, hot dogs and hot/cold apple cider.

A \$5 donation lights a bulb on our tree.

*For further info please contact New Hamburg
Lioness Marjorie Heimpel - 519 634-8527*



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Waterloo-Oxford DSS has Much to be Proud of!

WODSS Leadership teacher, Jeff Gerber, received a national award at the recent CSLC conference. Jeff was awarded the 2017 Leader of Distinction for his outstanding contributions to student leadership. Jeff has been a teacher at Waterloo Oxford High School for 27 years and he has been advising the student Activities Council the last 15 years.



The awards are announced each year at the student leadership conference which was held at Sir John A. Macdonald school in Waterloo. According to the award criteria a Leader of Distinction is an education professional who has "consistently demonstrated excellence in leadership and an extraordinary commitment to the development of student leadership in Canada." Jeff is a Ward 4 (New Hamburg) Councillor for Wilmot Township, a sports coach and a motivational speaker. Gerber also won the Ontario Student Leadership Advisor of the Year in 2013.

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You Must Be Joking!!



One day a little girl was sitting and watching her mother do the dishes at the kitchen sink. She suddenly noticed that her mother had several strands of white hair sticking out in contrast on her brunette head. She looked at her mother and inquisitively asked, "Why are some of your hairs white, Mum?" Her mother replied, "Well, every time that you do something wrong and make me cry or unhappy, one of my hairs turns white."

The little girl thought about this revelation for a while and then said, "Mummy, how come ALL of grandma's hairs are white?"



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You Must Be Joking!!

A SHORT LOVE STORY



A man and a woman who had never met before, but who were both married to other people, found themselves assigned to the same sleeping room on a Trans-continental train.



Though initially embarrassed and uneasy over sharing a room, they were both very tired and fell asleep quickly, he in the upper berth and she in the lower.

At 1:00 am, the man leaned down and gently woke the woman saying... "Ma'am, I'm sorry to bother you, but would you be willing to reach into the closet to get me a second blanket? I'm awfully cold."

"I have a better idea," she replied "'Just for tonight,...let's pretend that we're married."

"Wow!.... That's a great idea!" he exclaimed.

"Good," she replied. "Get your own darn blanket."

After a moment of silence, ...he passed gas. The End

Submitted by Bruce Bousher

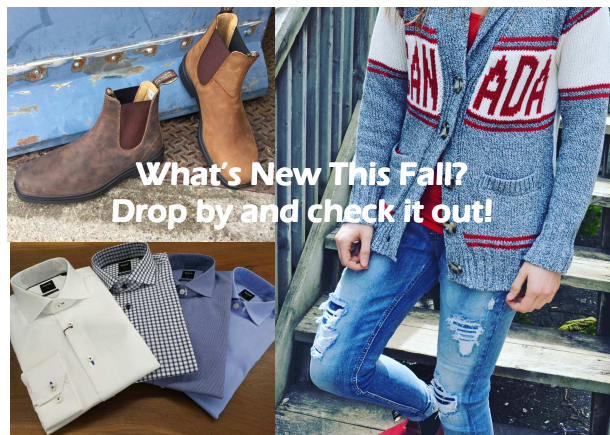
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- Thursday-Friday: 9:00am-8:00pm
- Saturday: 9:00am-5:00pm
- Sunday: Closed

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ANSWERS FROM QUIZ ON PAGE 12

1.



TYPEWRITER is the longest word.

- The bus is travelling to the left. Why, you ask? Because you can't see the door to get on the bus, it's on the other side.
- tremendous, horrendous, stupendous, and hazardous
- Grandmother
- David will be 24 years old
- 23,000
- We could only find 5... good luck!
- B) 206 bones are in the human body.

NOTES FROM THE ATTIC — THE RUMPEL FAMILY AND BUSINESS

George Rumpel was the son of Frederick Rumpel and Fredericka Rick; he was born in Saxony and apprenticed as a shoemaker. Rumpel worked in twelve different factories in Germany before coming to Canada in 1868, first settling in Hamilton, where he worked as a shoemaker for five years.

In 1872, he married Minna Hartman and in 1875, he came to Berlin, where he worked at the Berlin Felt Boot Company. Rumpel bought the company in 1879. In 1896 he served as Mayor of Berlin and as chair of the Water Works Commission. He was also a member of the Parks Board a member of the local Board of Trade.

In 1903, he returned to Germany with his two sons to study advanced felt-making techniques. By the time he sold the company in 1909, it was employing 300 workers. He continued on as president until 1912 when he formed the Rumpel Felt Company. The felt factory continued to operate under family ownership until 2007. The family also owned the Berlin Asbestos Mine in northern Quebec.

There are several connections with the Rumpel family and Baden. First of all, the George Rumpel family and the Jacob Beck family were long-time friends. On May 10, 1910 Berlin had their power turned on for the first time. On hand was Sir Adam Beck, Ontario Premier Sir James Whitney, and George Rumpel's 18 year-old daughter, Hilda, who wore a battery operated crown on her head that lit up as they turned the switch.

The other connection that Baden has with the Rumpel family is the fact that George's son, Oscar Ernest Rumpel, started the Rumpel Slipper Company, which made fancy bedroom slippers, and set up business on Snyder's Road. The location of the business was on the top floor of the old Baden Fire Hall which is now the current home of the Waterloo Region Public Library.

The fire hall building was home to Christopher Hebel Blacksmith Shop. Christopher was born on December 20, 1865 and died in 1931. He was married to Mary E. Lippert; they are both buried at Fairmount Cemetery in Baden. Both the 1901 and 1911 census show Christopher Hebel as a blacksmith. The photos shown on this page of the slipper company are dated from about 1915. The Baden Fire Department moved into the building in the 1920s, so it is not known how long the slipper factory was there. We showed the picture to our neighbours, Mike and Norma, and they recognized several people in the photographs.

Oscar Rumpel's son Oscar Headley "Tods" Rumpel was on the naval ship "Guysborough" on March 18, 1945 when it was torpedoed by the enemy. He was declared dead and lost at sea. There is a military plaque for him in Halifax.

Many thanks to Arlene Roth of New Hamburg for sharing the information and photo with us!



Photo circa 1915

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SH - H - H - H MEN AT WORK

Come with me. Tip toe to the open door and peep into the room. Five men are busily weaving mats. Their conversation is periodically interrupted with laughter. A portable CD player provides soft music in the background.

This room contains three tables, two with frames on which mats are woven. One table is a cutting table where the material is made into six inch strips. The "material?" Milk bags! That is correct. Colourful 4- litre milk bags are being recycled into a portable product that is used by people in Haiti where disasters have impacted lives. These mats are durable, anti-bacterial and can serve as surgical mats in a makeshift hospital. They are mildew and bug resistant, withstand the hot sun without deterioration and can be washed and hung up to dry. The tight weave gives the person sleeping on it a comfortable night, providing a barrier between them and damp ground.

This project at Wilmot Mennonite Church was initiated by Mervin Scheerer who, with occasional help from friends, wove mats which were distributed by The Gleaners in Cambridge. The project nearly ended with Mervin's death and the Gleaners terminating their involvement as distributors. Several men from the Wilmot group felt the project was worth reviving. With some investigation, they found that Christian Aid Ministries, located in Moorefield, Ontario is a distributor for such mats. Now, every Tuesday morning, five men gather at the church to produce "milk bag mats." Over **200 milk bags** are required to produce one mat. The interiors of bags must be dry before folding or stacking. Each mat is 3' x 6' in size.

Anyone or group of people wishing to support this project may bring donations of milk bags to Wilmot Mennonite Church, 2995 Bleams Rd. on Tuesday between 9:00 and 12:30 or Wednesday or Thursday afternoon from 1:00 to 5:00 using the Office Door on the west side of the building.





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As we pack away our spooky Halloween decorations for another year and the kids enjoy the last of their trick-or-treat booty, there is also another reason to commemorate October 31st this year – the 500th anniversary of the Reformation. What exactly was the Reformation? To answer that question, we need a brief history lesson about a key figure who is credited with predicating this event, Martin Luther (1483 - 1546).

The German monk Luther is frustrated by the Catholic Church's practice of selling indulgences, which allows people to buy spiritual salvation. He finds the practice fundamentally wrong in terms of theology. His Bible study has left him with the unshakeable realization that a sinful person who believes in an all-powerful and absolute God is made righteous in the eye's of God through this very same belief and God's mercy - and not through money and good works.

Luther is convinced that this is the core of the Christian message. Consequently, the faithful can turn to their creator directly through prayer. They need neither church nor priest as a middle man - a radical idea that breaks the power of the Catholic Church, starting with its religious doctrine.

Luther's "95 Theses" nailed to the door of a church in Wittenberg on October 31st, 1517 and his work in translating the Bible into German prompted an avalanche of discussion on freedom of conscience, freedom of religion, tolerance, and

God's proximity to the people. Luther triggered many debates without knowing what would happen afterwards but history shows us that his ideas and conviction predicated the reformation of the Catholic Church and the establishment of the Protestant Church.

The Nith Valley Ministry Area (NVMA) is a collection of 14 local Lutheran Congregations who are commemorating this 500th Anniversary of the Reformation with a weekend of special activities, November 18th & 19th, 2017. Everyone is welcome and all events will take place at the Shakespeare Community Centre:

- 1 Reformation Fair (Sat. 3pm-5pm) - a medieval style fair where participants will travel from booth to booth to learn about various aspects of the Reformation and the life and times of Martin Luther. Admission is free.
- 2 Medieval Feast (Sat. 6pm) - a medieval banquet where participants will enjoy entertainment and a catered chicken dinner using only their God given utensils (aka fingers). Admission is \$20 Adults, \$10 for Kids (up to 10 years old) by tickets purchased in advance from Bonnie (pbschelterbrown@gmail.com).
- 3 Reformation Anniversary Worship Service (Sun. 10am) - a joint worship service for the NVMA Lutheran Congregations and the community at large followed by a time of fellowship. Admission is free.

Local Churches Invite You to Join Them



Please visit www.badenoutlook.com
for a directory of local churches.

ST. JAMES LUTHERAN CHURCH

66 Mill Street, Baden ON

519-634-5191 joanna.e.miller@gmail.com

Pastor Joanna Miller

Sunday Worship 9 am / Sunday School

Livingston Presbyterian Church

44 Beck Street, Baden / 519-662-4949

Hymn Sing 9:45 am ~ Worship to follow at 10 am
Moderator: Linda Ashfield, 519-886-4150

Emmanuel Lutheran Church

1716 Snyder's Road East, Petersburg, ON

519-634-5511 www.petersburgchurch.org

* Wheel Chair Accessible *

Worship Service 9:30 am / Sunday School

SHANTZ MENNONITE CHURCH

2473 Erb's Road, Baden, Ont N3A 3M3

Phone: 519-634-8712 / Email: office@shantzmcc.ca

Pastor: Don Penner

Worship Service - 9:30 am Christian Education - 11:00 am

Wilmot Mennonite Church

2995 Bleams Road, New Hamburg, ON

Worship Service 9:45 a.m. ~ Christian Formation 11:00 a.m.

Pastor Susan Allison-Jones

519-634-5030 www.wilmotmennonite.ca

Wilmot Centre Missionary Church

2463 Bleams Road—corner of Bleams & Sandhills Road

Services at 9 & 11 am, Children's Worship 11:15 am

Rev. Wayne Domm, Dr. Rob Gulliver, Youth Director Jason Erb

519-634-8687 www.wilmotcentremc.ca

Steinman Mennonite Church

1316 Snyder's Rd. W. (at Nafziger Rd), Baden

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You Must Be Joking!!



A Kindergarten teacher was observing her classroom of children while they were drawing. She would occasionally walk around to see each child's work. As she got to one little girl who was working diligently, she asked what the drawing was. The girl replied, "I'm drawing God." The teacher paused and said, "But no one knows what God looks like." Without missing a beat, or looking up from her drawing, the girl replied, "They will in a minute."



Please support the advertisers of this paper. We couldn't do it without them!!

Submissions are due on the 1st of each month.



Christmas is on its Way!

You can tell Christmas is on its way here at The New Hamburg Thrift Centre! The front of the store is now beautifully adorned with trees and Christmas décor. With only two months to go our minds start thinking of all things Christmas. Décor, music, the perfect Christmas outfit, and that special gift. Have you thought about shopping for these things at the New Hamburg Thrift Centre?

Here are some ideas to consider:

- Agree to have a theme giving event where you insist gifts are only second-hand; either something you already own or something purchased from a thrift store with charitable connections. There are a lot of unique and fun items out there to consider! Interested in buying jewelry for someone special? Come and check out our fabulous JEWELRY EXTRAVAGANZA beginning November 18th. Come in and check out our unique jewelry items. Do you have someone to buy for who loves winter sports? How about shopping at our SKI SALE starting November 25?
 - Give an MCC Thrift Shop Gift Card (any amount available) which can be used at any MCC Thrift shop across Ontario.
 - Support someone you don't know by spending time with your family or friends putting together school kits, relief kits, and hygiene kits or making comforters. Have a kit-making party! More information at <https://mcccana.ca/get-involved/kits/relief>
 - Make your own gift! We have tons of crafts supplies for you to make into something unique, or buy one of our beautiful comforters, quilts, mats or hand-knit items made by our talented volunteers.
 - Or forego the giving of "things" completely by spending your Christmas dollars through donation to your favourite charity. MCC has a Christmas Giving Program where you can provide gifts of food, water and shelter for people locally and around the world. Catalogues are available at the store. A card is provided for the recipient to show how "their gift" has helped others. It also contains project information about how the funds are used.
- Drop by The New Hamburg Thrift Centre to find out more! We are committed to more than just providing a low cost shopping alternative. All purchases support the local economy, the environment, and Mennonite Central Committee, a relief agency working among people suffering from poverty, conflict, oppression, and natural disaster.

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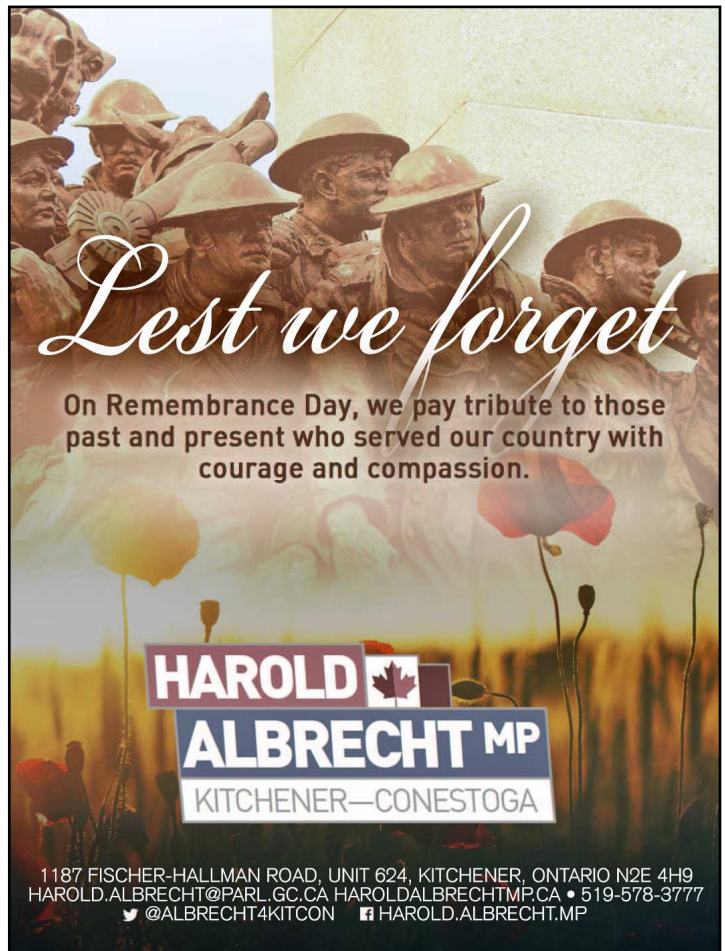
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Following his famous interaction with the IRS, Willie Nelson embarks on a new career as a superhero. Travelling by cab and armed with nothing but a Star Wars Light Saber... he seeks to protect humanity under the moniker: **Taxi-Vader.**

Ned's friend was irate about the Trumpian stance on Mexico. He generally kept to himself but if poked and prodded by the politically blindfolded, he was known to burst forth with strong but somewhat candy-coated views. Ned called him "Opiniotta"

With misguided envy, a body art enthusiast exclaimed to MaryLou, "I spent thousands to painfully decorate my skin, and that woman struts through the staff room with those incredible, natural blue squiggly lines in her legs!!!!"

MaryLou rolled her eyes:
"Living varicosely through your colleagues dear?"

You Must Be Joking!!



Believe it or not...
Men are Everywhere!

Woman has Man in it;
Mrs. has Mr. in it;
Female has Male in it;
She has He in it;
Madam has Adam in it;
No wonder men can get under their skin

Ever notice how all of women's problems start with MEN?

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Submitted by Bruce Bousher

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You Must Be Joking!!



- ⇒ Do you ever wake up, kiss the person sleeping beside you, and feel glad that you are alive? I just did and apparently will not be allowed on that airline again.
- ⇒ I thought the clothes dryer was shrinking my clothes, turns out it was the refrigerator!
- ⇒ I am going to retire and live off my savings—what I do the next day...I have no idea!



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The views expressed in this newsletter are not necessarily those of the Baden Outlook.



Time to Pile Fire Wood—How Creative are You?



Submitted by Bruce Bousher



*"We couldn't have asked for a better experience end to end.
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and for more money than we expected." Greg & Angela Dennis*

Fall is often a busy time in real estate and THIS year is no different. If you are thinking of buying or selling or are just curious about the value of your home in today's real estate market, here is some information that you're going to want to know!

- In this area, house prices continue to **RISE**. The average price of residential properties sold last month in this area increased by **12 per cent** compared to prices a year ago.
- There is a **strong DEMAND for properties**. Homebuyers are outnumbering sellers currently.
- Fall is a great time to list your home. It is one of the best times of the year for **curb appeal** with the leaves changing colour. Buyers are often motivated to get in before Christmas so may act more quickly so that they can be settled by the holidays.



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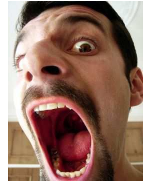


Some bosses are good! If you've ever worked for a boss who reacts before getting the facts and thinking things through, you may relate to this...

The Big City Steel Company, felt it was time for a shakeup and hired a new CEO. The new boss was determined to rid the company of all slackers. On a tour of the facilities, the CEO noticed a guy leaning against a wall. The room was full of workers and he wanted to let them know that he meant business. He asked the guy, "How much money do you make a week?"

A little surprised, the young man looked at him and said, "I make \$400 a week. Why?"

The CEO said, "Wait right here." He walked back to his office, came back in two minutes, and handed the guy \$1,600 in cash and said, "Here's four weeks pay. Now, **GET OUT** and don't come back!"



Feeling pretty good about himself, the CEO looked around the room and asked, "Does anyone want to tell me what that goof-ball did here?"

From across the room a voice said, "Pizza delivery guy."

Submitted by Robert Price

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TIS THE SEASON AT CASTLE KILBRIDE

By Teresa Brown

What's your favourite Christmas tradition? Is it decorating your home, baking cookies from your grandmother's recipes, or singing carols? Here at Castle Kilbride, we love everything about the season ... and we love sharing our traditions with you, our guests to the 1877 home of James Livingston. There's no better way to get into the spirit than to immerse yourself in a Victorian Christmas ... and no better place to do so than at Castle Kilbride.

A traditional Victorian Christmas required plenty of lush decorations, and very soon the Castle will be adorned with themed trees, garlands, shimmering golds and reds, and more: Wilmot's National Historic Site will be decorated in lavish Victorian holiday finery from November 21st - January 7th. Don't miss the gorgeous dining room table, laid out with a Christmas "feast" fit for kings and queens -- you'll wish you could join the Livingstons for dinner! A new addition to the display this year will be Dave Herner's Dickens Village, an enchanting miniature village that will take you back to Charles Dickens'



England. Take note of the captivating detail on every village house and building ... perhaps you'll see a miniature Marley's Ghost!

While the Castle will be decorated throughout the season, for one night only you can enjoy the decor in even more festive surroundings: Thursday, December 7th is our popular evening Christmas event, *A Merry Victorian Christmas*, with live music by *Celtic Crossing*. Enjoy the instrumental quartet's haunting airs and lively jigs, played on the hammered dulcimer, celtic harp, violin/violin, and guitar, while you sip on hot apple cider and bid on the unique items in our silent auction -- all while every room in the Italianate mansion sparkles and gleams with holiday magic. Cost is only \$5 per person, and the evening runs from 6:00 - 8:30 pm.

Castle Kilbride's winter hours begin on November 21: from then until January 7th, you can visit Tuesdays through Sundays from 11:30 am -

4:00 pm. From exploring cherished Victorian traditions to learning about our fascinating Canadian history, there are so many great reasons to visit ... have a wonderful autumn and holiday season, and we'll see you at the Castle!



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I have never had so many good ideas day after day as when I work in the garden. ~ John Erskine



What a fall! A number of days, we were considering air conditioning and then within 24 hours, thoughts of turning the heat on were considered. Some garden plants were confused with the cold snaps followed by the heat. Some spring flowers were blooming including some blooms on forsythia.

Shoulda, Coulda or Might-Get-To List for Nov/Dec.

- Give your evergreens and young trees a good soak before the ground freezes as the trees still breathe in winter and can lose more moisture.
- To prevent rabbit damage, use a product called SKOOT on shrubs or use burlap, white plastic or crepe wrap for trees' trunks. You can also surround the trees or shrubs with chicken wire or something similar.
- To prevent vertical splits in the trunk created by sun scald, use white plastic or the crepe wrap on trunks of young trees. Use white to reflect heat and keep the trunks cool. Sun scald occurs when you have really sunny days in late winter and early spring. The sun warms up the tree and the tree thinks it is spring time so the sap starts and then it freezes at night or when we get a cold snap and the trunk splits vertically. It can take a tree up to five years to recover from the split or it may die. (<http://www.gov.mb.ca/agriculture/crops/plant-diseases/print,winter-sunscald-frost-cracking.html>)
 - Wrap burlap around smaller, high-value (landscape) conifers or set up a burlap sun/wind shield to help minimize the chances of winter burn. When wrapping your evergreens, keep the burlap off the shrub.
 - Throughout winter, use caution when applying ice melt products near trees and shrubs since you may harm your garden and environment.



Trees are some of the oldest organisms in the world; Old Tjikko, a spruce (Sweden) roughly 9,550 years; Methuselah, a bristlecone pine tree (California), almost 5,000 years old; Llangernyw, a lush, 4,000-year-old yew tree in Britain. The oldest living maple in Ontario, and possibly Canada, is the 500+ year "Comfort Maple" – near Fenwick. (*Niagara Peninsula Conservation Authority*). There are very few 'old' maples in Ontario due to the clearing of the land. The oldest tree in Waterloo County was the "Merlau Maple" that grew from about 1610 to 1990.

The **Wilmot Horticultural Society's** meetings resume in 2018, at 7:30 pm, on January 8th. After a short AGM, **David Hobson**, the garden columnist of KW Record, will present '**Gardens as Art Spaces**'. **Mark your calendar and join us at Wilmot Recreation Centre, upstairs in Meeting Room A (free)**. The meeting concludes with a 50/50 draw, door prizes and a social with tea/coffee/snacks.

Keep your fingernails and knees dirty!

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