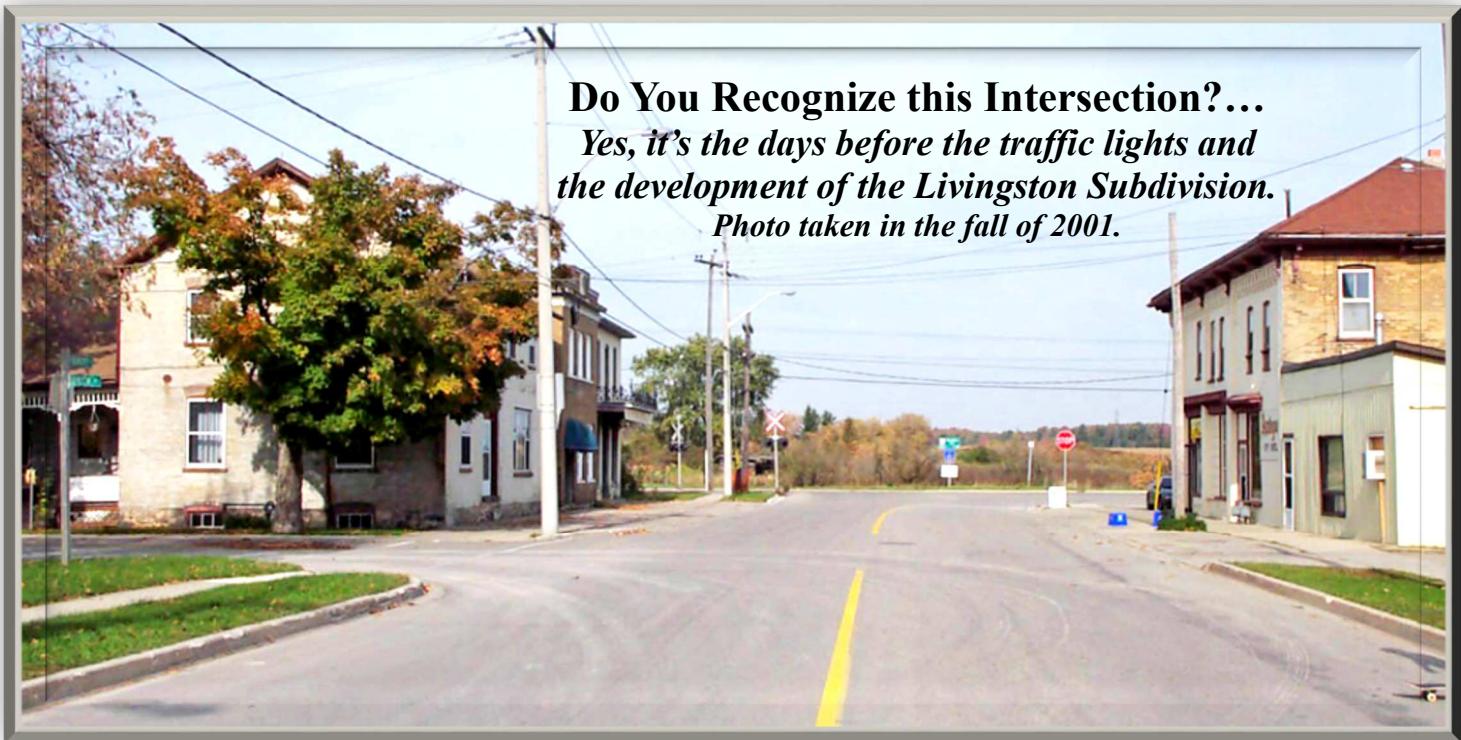


November  
2015

VOLUME 16, ISSUE 4

# Baden Outlook

*"Keeping the Community Connected"  
With 3000 Copies in Circulation*



**Do You Recognize this Intersection?...**

*Yes, it's the days before the traffic lights and  
the development of the Livingston Subdivision.*

*Photo taken in the fall of 2001.*



Barry and Pat Fisher  
178 Snyder's Road E.  
Baden, ON N3A 2V6  
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*Nothing stays the same... watch on Snyder's Road  
as more change in the landscape is on the way!*

**This paper is priceless - Please have one!**

# Talking with Ed

## ~ On Writing

In the recent theme of Halloween, it seems fitting to talk about one of the greatest horror writers of all time. Several months ago, Marshall Ward of the Waterloo Chronicle interviewed us. After the interview he told Pat and me that one book he found helpful in his writing career was "On Writing" by Stephen King. I think you would be hard pressed to find anyone who hasn't read a book by Stephen King or seen a movie based on his work. I was intrigued, so I picked up the book at the library—heck, maybe I'll even learn something about writing.

The book is broken down into three parts. Part one is about his childhood and how he gained interest in writing. He started out writing a weekly column at the University of Maine and submitted many short stories to magazines. King made his first professional short story sale ("The Glass Floor") to *Startling Mystery Stories* in 1967. Throughout the early years of his marriage, he continued to sell stories to men's magazines while he taught English at a local school. Many of these were later gathered into the *Night Shift* collection or appeared in other anthologies.

In the spring of 1973, Doubleday & Co. accepted the novel *Carrie* for publication. Around 1978-79, after a family intervention, King realized he had a drinking problem (a case of 24 beers a night) and from 1978 to 1986 he was hooked on cocaine. Throughout that time he continued to produce quality novels, some dark and twisted. He has been clean and sober since 1986, and still happily married through all those tough times.

The second part of the book referred to tips on good writing skills and his thoughts on what it takes to produce quality short stories and novels. He is brutally honest during this part of the book—not mincing words! I found this section very informative and interesting. He claims that you shouldn't have an ending in sight, that the book should evolve as you write. This brings the readers closer to the storyteller. He also says that overly wordy sentences indicate an unconfident writer, hmmmm.

The third part of the book refers to the car accident, in which he was involved. He was walking on the shoulder of the road on route 5 in Lovell, Maine (on June 19, 1999) when a distracted driver hit King and sent him 14 feet into a ditch. His injuries—a collapsed right lung, multiple fractures of his right leg, scalp laceration and a broken hip—kept him at the hospital until July 9. His leg bones were so shattered that doctors initially considered amputating his leg, but instead stabilized the bones with an external fixator. Oddly enough, he was writing the book "On Writing" at the time. He had five operations in ten days. After being released from the hospital, sitting for more than 40 minutes meant unbearable pain.

### *A simple quiz for you—have some fun...*

Follow the directions below removing appropriate words.

The remaining words will create a sentence!

A	B	C	D
Rain	You	Second	Can't
Judge	Better	Table	The
Putt	Bent	A	Wind
Month	Book	Snow	For
By	Vent	Spice	Blue
Red	Butterfly	Its	Yet
Lent	Year	Right	Cover

1. Remove weather terms
2. Remove three letter words in column D
3. Remove words with "tt"
4. Remove five letter words in column C
5. Remove words that deal with time
6. Remove colour words
7. Remove words that rhyme with "sent"

Stephen King has written 54 books that have sold over 350 million copies; many have been adapted to movies or TV shows. He has written nearly 200 short stories, which he says are about 4,000 words each—a novel is 40,000 plus words. He has won over 75 awards worldwide for his works and has been nominated for hundreds more.

I find it incredible that one person has the writing skills and imagination to produce that many pieces of work (also considering his state of mind at times). In his book he claims that proper grammar and punctuation is a must, but I would think creativity and imagination play an integral part.

Until next month...Ed

We're on the Web!  
See the paper in colour ~ visit  
[www.badenoutlook.com](http://www.badenoutlook.com)



DARE  
TO  
WRITE  
IT:

### Top Ten Stephen King Books

According to topten.com

- > It
- > The Shining
- > The Stand
- > The Green Mile
- > Misery
- > Salem's Lot
- > Pet Sematary
- > Carrie
- > 11/22/63
- > Cujo

# Greetings from ~ Outlook Headquarters

It's hard to believe that I'm writing my November article with sunny skies and 19 degrees outside! If this is any indication of what's ahead, I do believe we may be facing a mild winter... and that's ok with me! Despite this balmy weather, you will find all kinds of wintry information and pre-Christmas events in this issue—check out page

38 in the Erb's Community space to see all that is happening. I appreciate all the incoming emails featuring these events and am only sorry I don't have more room to give them the proper space they deserve. That goes the same for the many travel photos we have received this month. I only wish that our readers could all see the large, uncropped pictures along with the interesting stories of travel experiences that I do. We are so privileged to be included in these journeys and can only imagine the time and energy spent setting up the photos...thank you so much!!

You will also see some tips from fellow Badenite, Mike Trotter, who shares his wisdom with us on how to prepare for the cold weather that no doubt will come.

I couldn't resist including this photo of our dog Jack who insists on coming along on paper delivery days despite the lack of room in the back seat. As the buckets get empty I stack them up giving him more room but he still chooses to sit in them.

November is Waterloo Region's Women's Crisis Awareness month and you will find some information that they have to share.

The hockey pool is up and running with our first winners posted on page 14. It was fun to get an entry form from the New Hamburg Sparks and Brownie group, and also from Mr. Hallman's class from New Dundee School. Not sure how they'll share a hoody if they win, but we'll sure figure out something to award the group! Good luck to you all!

It was fifteen years ago that the people of Baden had to swallow the reality of a new subdivision housing 656 new homes, more than doubling the current population of 1700 people. The excess traffic, schooling, light pollution, water, and sewer supplies were just a few of the many concerns that came forward on how to manage this growth. Having no bank, gas station or grocery store, we all pondered why people would want to move to Baden...and who would they be? Well, the final home in the Livingston subdivision is sold, making the project complete. There were other subdivisions also building at the same time—Baden West (by the water tower) at 156 units and Baden East (Forler, Erbach, Schneller extension, Steifelmeyer, George Schmitt, Samuel Foster) at 326 units. *And what do you know?...We endured the traffic light, built new schools, embraced Tim Hortons, built a recreation complex, a gas station along with a new restaurant, and other businesses in the Baden Village Square. The people are wonderful and our town blossomed yet remains quaint—so*

*Baden keeps bringing on more love! Yes, it is difficult to accept change, to imagine how it will be, but change is with us forever—nothing stays the same.*

*It was also at that time the Baden Outlook came to be. It was our hope to connect the new homeowners with the rooted Baden community—we are now one.*

Till next month...



*Today this is the site of Baden Village Square - photo was taken from north of Snyder's Road looking into the intersection in July 2002.*



## EXTRA EXTRA!!



You'll find us around the 15th of each month, while quantities last. Available in Baden at Mac's, Mars Variety, Baden Feed, One Way Water, Baden Dental, Wilmot Rec. Complex, Tim Hortons, Baden Library, EJ's, and several outdoor magazine boxes located conveniently throughout town for Baden readers.



Also in St. Agatha at Fishers Esso, Angies Kitchen, Stop 2 Shop.  
In Petersburg at Blue Moon, Old Fashioned Variety and Foxboro.

There are over 30 places in New Hamburg to pick it up—including: No Frills, Sobey's, Short Stop, NH Legion, McDonalds, Kasemann's, Morningside, Stonecroft, Office Pro, NH Thrift Centre, Absolute Fitness, NH Dry Cleaners, NH Wellness, NH Library and various offices and retail locations throughout Wilmot Township.

*And as always, it's priceless ~ Please Have One!*

## Baden ~ Our Town

The BCA Parkette on Foundry Street must wait for spring and funding to complete the ramps. They have used up most of the trust fund and had budgeted \$2,000 to \$3,000 for the ramps. Unfortunately, due to the height of the southern end of the bridge, the ramps will cost over \$10,000. There is a drop of 56 inches and building codes require one foot of ramp for every one inch of a drop plus a resting station.

The BCA applied for a grant through the Trillium Roots Community Fund and have received confirmation that a donation of \$2,000 will be granted towards the ramps. OK Tire of Baden has also stepped up with a donation of \$500 that will go towards the ramps. The BCA would like to thank the two organizations for their generosity! The BCA will continue to take donations at the township office for the ramps and a tax donation receipt will be given for each donation. The BCA will hold some fund raising events and hopes to have the ramps complete for next summer. As well, the spring bulbs have been planted so the park will continue to blossom next season!

Look for the Community Association at the Baden Santa Claus Parade where BCA will be handing out its signature kettle corn. The BCA meets the last Wednesday of each month in the basement at the Township Hall. For more information call 519-634-8916. Watch us on Facebook to see what we're up to, and please join in the fun!



## BADEN EYECARE CENTRE

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## Kids Point of View



### NUDITY

A little boy got lost at the YMCA and found himself in the women's locker room. When he was spotted, the room burst into shrieks, with ladies grabbing towels and running for cover. The little boy watched in amazement and then asked, 'What's the matter, haven't you ever seen a little boy before?'

### DRESS-UP

A little girl was watching her parents dress for a party. When she saw her dad donning his tuxedo, she warned, 'Daddy, you shouldn't wear that suit.' 'And why not, Darling?' She replied, 'You know that it always gives you a headache the next morning.'

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## SANTA CLAUS WANTS YOUR FLOAT TO JOIN HIM IN THE PARADE!

Register your float and get busy decorating  
for the upcoming Santa Claus Parade!

HEY KIDS! Saturday, December 5th at 1:30 pm, bring your "Letters to Santa" to the parade where Canada Post employees will be collecting your wish list. SANTA will be at the Seniors' Woodworking Shop on Beck Street after the parade. Judges will be along the parade route to evaluate the floats and cash prizes will be awarded to the winning entries.

FOOD DONATIONS will be collected along the parade route for the Wilmot Family Resource Centre Food Bank. The Baden and District Chamber of Commerce and the Optimist Club of Baden invite you to participate during the Annual Christmas parade. Float Entry Forms are available on the Optimist Club of Baden website.

To reserve your spot or for more information call Sue at 519-214-2202 or Penny 519-634-9292.

**Optimist Club of Baden**  
*"Friend of Youth"*



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CHAMBER OF COMMERCE**  
ESTABLISHED 1958

The parade will start at Snyder's Road East (at Sandhills Road) and finish along Charlotta Street (at Mill Street)



I've been in school for over a month and I'm just wasting my time. I can't read, I can't write, and they won't let me talk!



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### You Must Be Joking!!



Who doesn't like a good one liner?.. and these have puns aplenty. Some of them are so bad, they are hilarious - but they're guaranteed to give you some laughs!

- ◆ I recently got crushed by a pile of books, but I suppose I've only got my shelf to blame.
- ◆ A man knocked on my door and asked for a small donation for a local swimming pool. So I gave him a glass of water.
- ◆ I went to a really emotional wedding the other day. Even the cake was in tiers.
- ◆ I had to quit my job at the shoe recycling factory. It was just sole destroying.
- ◆ I was getting in to my car the other day and a man said 'can you give me a lift?' I said 'sure, you look great, chase your dreams, go for it!'
- ◆ I've decided to sell my vacuum. Well, it was just gathering dust!
- ◆ What's the best time to go to the dentist? Tooth-hurtie!
- ◆ Never date a tennis player. Love means nothing to them.
- ◆ My wife and I have been happy for 20 years...but then we met.
- ◆ I was overcharged for velcro last week. What a rip off!
- ◆ How do prisoners call each other? On their cell phones!
- ◆ I've been reading a book about anti-gravity. It's impossible to put down.



## PET SAFETY DURING THE FESTIVE SEASON

My favourite time of year is coming!! I love the decorations and the feeling of this festive holiday season. The holidays are a time for celebration, spending time with family and friends, and reflecting on the good things that happened during the year. We all love to include our furry companions in this time as well, whether it's buying them gifts, dressing them in holiday attire, or treating them with special goodies. We must keep in mind though that there are some precautions we should take.

Decorations should be hung out of reach so they are not chewed and ingested by a curious creature. Tinsel can be a dangerous decoration as it can actually saw through the intestine when ingested. It can be difficult to diagnose, especially if you did not witness your pet eating the tinsel strand. Cats are at increased risk because they enjoy eating stringy things. Symptoms can be vague, but usually include vomiting, lethargy, and poor to no appetite. The best thing to do is to avoid the use of tinsel altogether.

With the increased number of twinkling lights comes an increase in the number of power cords. Special care should be taken to keep these less accessible to your pet. Many dogs and cats have been known to chew on these cords. An innocent chew can turn into a severe injury! These injuries can range from burns to the tongue and lips, to death. Some suggestions to help avoid a problem is to hide the cords in hard PVC plastic pipes where possible, and where not possible, paint the cords with a bitter tasting substance to dissuade chewing.

Another common hazard comes with usually good intentions. Visiting friends and relatives may not understand that feeding your dog (or cat) that juicy piece of fat or pouring gravy on their food could have severe consequences. They are simply trying to give your pet a "treat." Unfortunately, that "treat" may cause pancreatitis. Pancreatitis is inflammation of the pancreas and can be caused by eating fatty foods. The symptoms can be mild to severe. The symptoms commonly include vomiting and diarrhea, painful abdomen, lethargy, and a loss of appetite. The treatment often includes hospitalization with IV fluids.

A little bit of caution can go a long ways in making sure everyone has a safe and happy holiday season. Enjoy!

By Dr. Rebecca Ricker



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New Clients Welcome!



### You Must Be Joking!

What do you get if you cross a sheepdog with a rose?



— A collie-flower!

Why did the poor dog chase his own tail?

— He was trying to make both ends meet!

What happens when it rains cats and dogs?

— You can step in a poodle!

What happened to the dog that ate nothing but garlic?

— His bark was much worse than his bite!

What did the hungry Dalmatian say when he had a meal?

— That hit the spots!

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# Checking Out the Baden Library

## Hockey Week

Hockey Week is coming! Check out the FREE events we have planned to celebrate hockey in our community and enter the draw to win a hockey book!

### PS3 Game Day - NHL 15 - Tuesday, Nov. 24, 3 - 7:30 p.m.

Drop in and play any time between 3 & 7:30 p.m.

Recommended for ages 5 and up.

### Read With the Firebirds - Wednesday, Nov. 25, 6:30 - 7:30 p.m.

Players from the New Hamburg Firebirds Junior C Hockey Team will be reading to children at both the Baden and New Hamburg branches. Come out and meet the Firebirds! Register online, in person, or by phone.

### Movie Day: The Mighty Ducks (PG) - Saturday, Nov. 28, 10:30 a.m. - 12:10 p.m.

Movie Day is free, but registration is required as space is limited! Popcorn included!

## Winter Storytime Programs

Registration for Winter Storytime programs begins on Dec. 9 for everyone.

**All programs begin the week of Jan. 12, 2016. Due to space, registration is limited. Please register online, in person, or by phone.** Choose from the following programs:

**Baby & Me** – a storytime program for parents and babies 0 to 11 months. Thursday mornings: Jan. 14 to March 3 from 11 - 11:30 a.m. **OR** 11:45 a.m. - 12:15 p.m.

**Wonderful Ones** – a storytime program for parents and one-year-olds. Thursday mornings: Jan. 14 to March 3 from 9:30 - 10 a.m. **OR** 10:15 - 10:45 a.m.

**Toddler Tales** – a storytime program for parents and two-year-olds.

Tuesday mornings: Jan. 12 to March 1 from 10:15 - 10:45 a.m. **OR** 11 - 11:30 a.m.

### Storytime for Children 3 to 5 years old.

Tuesday mornings: Jan. 12 to March 1 from 9:15 - 10 a.m.

Storytime programs include stories, songs, and rhymes, as well as games and crafts for older children. Have fun with literacy!

### 1:1 Computer Coaching - Fall Dates Still Available

Free, one-on-one computer training sessions are available from the Region of Waterloo Library. These sessions are designed for people with little or no computer knowledge, or who want to build their confidence using a computer, tablet, or ereader.

Spots are still available on Tuesday, Nov. 24, and Tuesday, Dec. 8. Specific times can be found on our website or at the library. Register online or by calling the library.

## Welcome...

Please join us in welcoming Diana Robertson to the Baden Branch staff! Diana was born and raised in Kitchener-Waterloo with short stints in Toronto and Wausau, WI. She has been a librarian for over 25 years with most of her experience in special, legal, or medical libraries. She is looking forward to working in public librarianship and learning how best to serve Baden patrons. In her spare time she enjoys golf, photography, and travel.

Contact us at 519-634-8933 or [badenlib@regionofwaterloo.ca](mailto:badenlib@regionofwaterloo.ca) for more information. Up-to-date information is also available in RWL's Events Calendar at [www.rwlibrary.ca](http://www.rwlibrary.ca).

Chris Baechler, Assistant Supervisor  
Baden Branch—Region of Waterloo Library

26 Foundry Street  
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## You Must Be Joking!!



A couple in their nineties are both having problems remembering things. During a check-up, the doctor tells them that they're physically okay, but they might want to start writing things down to help them remember. Later that night, while watching TV, the old man gets up from his chair.

"Want anything while I'm in the kitchen?" he asks.

"Will you get me a bowl of ice cream?"

"Sure."

"Don't you think you should write it down so you can remember it?" she asks.



"No, I can remember it."

"Well, I'd like some strawberries on top, too. Maybe you should write it down, so as not to forget it?"

He says, "I can remember that. You want a bowl of ice cream with strawberries."

"I'd also like whipped cream. I'm certain you'll forget that. Write it down." she says.

Irritated, he says, "I don't need to write it down. I can remember it! Ice cream with strawberries and whipped cream - I got it, for goodness sake!"

Then he toddles into the kitchen. After about 20 minutes, the old man returns from the kitchen and hands his wife a plate of bacon and eggs. She stares at the plate for a moment.

"Where's my toast?"

Hospital regulations require a wheel chair for patients being discharged. However, while working as a student nurse, I found one elderly gentleman already dressed and sitting on the bed with a suitcase at his feet. He insisted he didn't need my help to leave the hospital.

After a chat about rules being rules, he reluctantly let me wheel him to the elevator.

On the way down I asked him if his wife was meeting him.

"I don't know," he said. "She's still upstairs in the bathroom changing out of her hospital gown."

A man was telling his neighbour, "I just bought a new hearing aid. It cost me four thousand dollars, but it's state of the art. It's perfect."

"Really," answered the neighbour.

"What kind is it?"

"Twelve thirty."



Submitted by Robert Price

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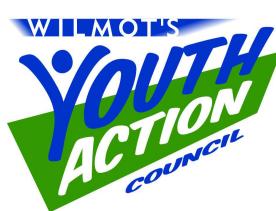
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My name is Craig Humphrey and I am this year's Chair of Wilmot's Youth Action Council. We are excited to be working together and planning events in our community! We've hosted two events so far this year: an Airbands competition at the New Hamburg Fall Fair and a

Halloween Haunt Hall on October 31<sup>st</sup>. We as a council are very proud of our events; however, we are having problems getting information out to you—the community members. Please help us with our communication by liking our Facebook Page and following us on Twitter @wilmots\_YAC.

A youth movie night is coming up on November 28<sup>th</sup> in the Youth Centre at WRC, starting at 7pm. We will show "High School Musical"—admission is \$2. Bring your friends, a pillow, blankets, heck we can make room for an air mattress too! All of our events are supervised by our Youth Council Facilitator, so don't worry!

We'd also like to thank the New Hamburg Optimist Club whose Charity Golf Tournament on September 2<sup>nd</sup> raised \$6,000 for YAC! We cannot thank them and everyone who participated in the event enough! Be sure to stop by the Youth Centre to see where the funds are going, with new games and supplies to ensure the space is focused on our youth needs!

If you have any questions or want more information, be sure to contact us at [wilmotsyouthactioncouncil@gmail.com](mailto:wilmotsyouthactioncouncil@gmail.com)

Craig Humphrey, Chair—Wilmot's Youth Action Council

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as well as Saturday mornings.**

## Let us entertain you!

Change one letter per row starting with SWAT (do not change the order of the letters) – use that answer and go on to the next until the end where your final word should be WERE. Good luck, have fun! Answers on page 34

S W A T

- \_\_\_\_\_ = to sit is to take a “\_\_\_\_\_”
- \_\_\_\_\_ = in recipes, you often “\_\_\_\_\_” the eggs
- \_\_\_\_\_ = to keep falling pants up, put on a “\_\_\_\_\_”
- \_\_\_\_\_ = instead of knocking, you can ring the “\_\_\_\_\_”
- \_\_\_\_\_ = he tripped on his shoelace and “\_\_\_\_\_”
- \_\_\_\_\_ = go to the drugstore to “\_\_\_\_\_” a prescription
- \_\_\_\_\_ = paperwork in a folder is called a “\_\_\_\_\_”
- \_\_\_\_\_ = bathroom floors are often laid in “\_\_\_\_\_”
- \_\_\_\_\_ = wheel on a car is known as a “\_\_\_\_\_”
- \_\_\_\_\_ = don’t climb a barb “\_\_\_\_\_” fence!

W E R E



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We serve women from all cities and townships in Waterloo Region.

Contact our Crisis Line for support: Toll Free 1-800-410-4482

Or visit our website at [www.wcswr.org](http://www.wcswr.org) to learn more about how we can support safety for women and children in your community.

## Revealing the Treasures from the Wilmot Heritage Fire Brigades

### Baden's Fire Bell

This fire bell was on top of Baden's first two fire halls. The first hall was located on Beck Street, at the current location of the Wilmot Seniors' Workshop. The second fire hall was stationed at the current location of the Baden Library on Snyder's Road.



In 1973 the new fire hall was built on Foundry Street and the bell was taken down and stored (from 1973 to 1995) in the Wilmot Municipal Telephone sheds, which are the current home of the Wilmot Fire Brigades.

In the early 1900s, before there was an organized fire department in Baden, the bell would be rung by any citizen who noticed a house fire. The citizen would pull the rope – which rang the bell – signalling the people of Baden to gather to help extinguish the fire. The only firefighting equipment was a hand draw pumper with a hose reel and of course everyone had their own pails – hence the term bucket brigade.

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## You Must Be Joking!!

The flu... How to avoid it.



Eat right! Make sure you get your daily dose of fruit and veggies. Take your vitamins and bump up your vitamin C.



Get plenty of exercise because it builds your immune system. Walk for at least an hour a day, go for a swim, take the stairs instead of the elevator.

Wash your hands often. If you can't, keep a bottle of antibacterial stuff around. Get lots of fresh air. Open doors and windows whenever possible.

Try to eliminate as much stress from your life as you can.



Get plenty of rest.

OR — Take the doctor's approach.

Think about it... When you go for a flu jab, what do they do first? They clean your arm with alcohol....

Why? Because Alcohol KILLS GERMS. So...



I walk to the pub. (exercise)

I put lime in my vodka...(fruit)

Celery in my Bloody Mary (veggies)

Drink outdoors on the patio...(fresh air)

Tell jokes and laugh....(eliminate stress)

Then I pass out. (rest)

The way it seems... If you keep your alcohol levels up, flu germs can't get you!

Submitted by Robert Price



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## Ahhh, My Hair is Falling Out!

When looking out our windows at the trees in the parks and the trees which line the streets, we can notice dramatically that the seasons are changing and autumn is well and truly here. We will see plants going dormant and dead leaves strewn along the road side. There is a parallel between what is happening outside and what is happening to us inside as well. For many of us autumn not only brings about the shedding of leaves from trees, but also it brings about a large increase of shedding of hair from our scalps.

We can notice this in many ways; after brushing our hair, our combs might have a larger than usual amount of residual hair left in it. After taking a shower and drying our hair, we might notice that there is more hair than usual left in the tub or on the bathroom floor. We may also notice that there is more hair left on our pillows as we wake in the morning.

This may lead many of us—who may already be in fear of losing hair—to worry that we may be losing hair even more rapidly than we thought. But we should not despair: this shedding of hair during the autumn season is as natural for us as it is for the trees around us.

At any time, 90 % of our hair is growing and the rest is in a resting state for about 2 to 6 months before it falls out. After it has fallen out, our hair follicles rest for roughly three months before the whole process is repeated. It's been found that women had the highest amount of resting hairs in July, therefore at the start of autumn after the hair has rested it begins to shed throughout the autumn months.

After the autumn months of hair shedding, the follicles will rest for a while before they begin to grow new hairs. This cyclical nature of hair shedding and renewal is evolutionary and is perfectly natural.



## You Must Be Joking!!



### 11 PEOPLE ... ON A ROPE

Eleven people were hanging on a rope, under a helicopter.

10 men and 1 woman.

The rope was not strong enough to carry them all, so they decided that one had to leave because otherwise they were all going to fall. They weren't able to choose that person, until the woman gave a very touching speech.

She said that she would voluntarily let go of the rope, because, as a woman, she was used to giving up everything for her husband and kids or for men in general, and was used to always making sacrifices with little in return.

As soon as she finished her speech, all the men started clapping . . . !!



Submitted by Bruce Bousher

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**You Must Be Joking!**

**HOW TO START A FIGHT:**



One year, I decided to buy my mother-in-law a cemetery plot as a Christmas gift. The next year, I didn't buy her a gift. When she asked me why, I replied, "Well, you still haven't used the gift I bought you last year!" And that's how the fight started.....

My wife and I were watching *Who Wants to Be a Millionaire* while we were in bed. I turned to her and said, 'Do you want to have sex?' 'No,' she answered. I then said, 'Is that your final answer?' She didn't even look at me this time, simply saying, 'Yes.' So I said, 'Then I'd like to phone a friend.' And that's when the fight started...

My wife sat down next to me as I was flipping channels. She asked, "What's on TV?" I said, "Dust." And then the fight started...

Submitted by Robert Price

## Baden Outlook Hockey Stats

ADULTS			KIDS		
Place	Name	PTS	Place	Name	PTS
1	Arlene Naumann	156	T1	Meghan Hopkins	147
2	Dave Flood	152	T1	Justin Nelson	147
3	Scott Gibbons	149	3	Jake Ertel	144
T4	Donna Pearson	148	4	Ayden Ziegler	143
T4	Tim Gowland	148	5	Erin Rooney	141
T6	Emily Danard	145	6	Sawyer Johnson	139
T6	Amy Papa	145	T7	N H Girl Guide Unit	138
8	Michelle Ruston	144	T7	Victoria Lowry	138
T9	Scott Agnello	142	9	Nate Roth	137
T9	Lisa Holba	142	10	Aiden Kropf	136
T11	Rob Leu	141	T11	Bon Habel	135
T11	Charlie Rowland	141	T11	Benjamin Goodyear	135
T11	Josh Martin	141	T13	Ashlynn Jack	134
T11	Melba Honderich	141	T13	Adam Hoerle	134
T15	Marg Litwiller	140	15	Blake Aubree Schwartz	133
T15	Jeff Miller	140	T16	Olivia Dietrich	132
T15	Geordy Fournier	140	T16	Jordan Snyder	132
T15	Ralph Dahl	140	T18	Isaac Roth	131
T15	Melissa Arnold	140	T18	Brandon Abbott	131
T20	Bill Pearson	139	T18	Trent Agnello	131
T20	Donald Dahl	139	T18	Dominik Struth	131
T20	Tammy Wagler	139	T18	Jordan Hopkins	131
T20	Sue Struth	139	T23	Owen Moore	130
T20	Brenda Carney	139	T23	Mitchell Young	130
T20	Brittany Schmidt	139	T23	Lashaedyn Faulkner	130
T20	Kelsey Morrison	139	T23	Madelyn Ruston	130
T20	Ralph Schmidt	139	T27	Nash Ferguson	129
T28	Charlie Watson	138	T27	Jacob Durrer	129
T28	Greg Schwartzenuber	138	T27	Elias Bizony	129
T28	Steve Roth	138	T27	Evan Hopkins	129

Congratulations to Arlene Naumann for taking the Adult Leader Prize for this month's Hockey Pool, winning a gift certificate from EJ's Baden Hotel

Tied for first place in the Kids Hockey Pool is Meghan Hopkins and Justin Nelson, winning gift certificates from Riverside Lanes.



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Hello sports fans—thanks for playing hockey with us! We had 512 hockey pool entries and you can start following your stats which are updated daily on the site. The Outlook draws the stats on the 7th of each month to determine the winners. To follow the stats, log on to our website at [www.badenoutlook.com](http://www.badenoutlook.com), click on sports pool and select "hockey." Once in the site select login your pool (adult pool is outlookhockey and kids pool is outlookkids); both pools have the password "guest." Have Fun and Good Luck!



# Sports Talk with the Doc



Involved in athletics from an early age, Dr. Plante was fortunate to participate in both varsity football and lacrosse at the University level. These experiences have provided him with a strong base to work with active individuals at any age or level.

**"Athletes are a different breed; it truly takes one to understand one!"**

Dr. Pierre's athletic and educational background makes him a valuable asset to help you to participate in the activities you enjoy; whether that is starting an exercise regime or recovering from an injury. The understanding of body movements are a key component to knowing what demands are placed on your body, and how your body responds to them. These are magnified in sport.

Many athletic or activity based conditions are easily treatable. The first step is an initial assessment and getting a better understanding of who you are as a person. The nature of the condition will dictate what the course of action should be. Simply put, different conditions get better different ways.

In general the therapy he provides can include any of the following; *hands on therapy, acupuncture, stretching exercises, and rehabilitation exercises to keep you moving!*

Chiropractic involves much more than treating the spine in current practice. Dr. Plante has additional training in all areas of the body and has a strong interest in working with feet / ankles as well as including orthotic prescription if indicated.



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## You Must Be Joking!!



### Redneck Computer Terms:

- ◆ "hard drive" - trying to climb a steep, muddy hill with 3 flat tires pulling a load of manure
- ◆ "keyboard" - place to hang your truck keys
- ◆ "modem" - how you got rid of your dandelions
- ◆ "reboot" - what you do when the first pair gets covered with barnyard stuff
- ◆ "mouse" - fuzzy soft critter you stuff in a beer bottle to get a free case
- ◆ "cursor" - what some guys do when they are mad at their girlfriend
- ◆ "ROM" - delicious when you mix it with coca cola
- ◆ "digit control" - what your fingers do on the TV remote

## BADEN OUTLOOK

Celebrating 15 Years  
Keeping the Community Connected

## Baden Birding ~ *The Turkey Vulture*

By Wayne Buck

Nature's Recyclers, Undertakers, and Garbage Workers

I like many different birds for various reasons. I think they are like your children in that you don't have a favourite; you like each one for a different reason. For instance, I love the bravery and activity of the Black-capped Chickadee, and the Eastern Bluebird for its striking blue colour and cheery song.

The Turkey Vulture (TUVU) is one of my favourites for several reasons. They eat dead animals. They are nature's undertakers and recyclers, removing the carcasses of dead animals while reducing the spread of diseases such as anthrax, botulism, cholera, and salmonella, not to mention the sight and odor of fetid corpses along roadsides and in fields. In some Asian cultures, dead people are carried up high into the mountains by enterprising people who make a living by performing this service (undertakers?), where the bodies are hacked apart and scattered to be consumed (recycled) by vultures; albeit a different species of vulture. No gasses from a crematorium. No chemical infusion being buried in the ground. Talk about green!

TUVU are of course not related to turkeys. Their heads are devoid of feathers which gives them the turkey part of their name. Although it won't help them to win any beauty contests, the naked head allows them to reach inside the bodies of the dead animals without getting their feathers all coated with soft decaying tissue, which would be a health hazard.

It used to be thought that TUVU found their carcasses by sight. We now know that they use an extremely keen sense of smell, one that can detect scents in the parts per trillion, allowing them to find carcasses hidden by the trees in the forest.

TUVU are superb flyers, or more precisely, gliders or soarers. Their broad wings (which span of 1.8 m) are held at a slight V-shape, called a dihedral, while they teeter back and forth, scarcely moving a muscle as they seek out their next meal. I love to watch a kettle (the name for a group of circling vultures) as they circle endlessly, exploiting the rising warm air thermals to hold them aloft. I consider them to be the masters of the skies. During migration, kettles can number in the thousands.

TUVU were rare in Ontario until the late 1800s. Since then their numbers have increased rapidly so that today they are found in every province from Ontario to British Columbia, and from the James Bay Lowlands to the tip of Argentina. They prefer to live in areas where there is a mixture of agriculture and forests. Nests are constructed on the ledges of cliffs, on talus slopes, among rocks, and in woodlands in hollow trees, stumps, or old buildings. During the research for the last Ontario bird atlas I heard of a TUVU nest found in an abandoned sugar shack. Two eggs are laid, often on bare rock or board.

When we hike the Bruce Trail in the morning we frequently see TUVU perched in trees along the sheer cliffs of the Niagara Escarpment, often with their wings spread wide, waiting for the sun to heat the air for another day of riding the rising thermals as they perform the sanitation and recycling services so vital to our healthy environment.



Photos From Wikipedia



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**Baden Real Estate Corner**

It was great to hear from the residents in Baden, a fantastic town! In last month's Baden Real Estate Corner article we asked Baden residents to share their thoughts on why they loved living in Baden for a chance to win Kitchener Ranger tickets. Here is what some of our Baden Article readers had to say!

"No matter where you are in Baden, you will always see a familiar friendly face!" - Natalie W.



**Congratulations Winners!!!  
Aiden and Shannon**

Each winner receives 2 tickets to see the Kitchener Rangers play!  
Thank you to everyone who participated!

"I like living in Baden because I like playing baseball on the Baden Pirates with all my friends. I also like that we have a school across the street from us and I get to use the field and playground." -Aiden

"It feels like a real community where everyone cares about one another. I walk down the street and everyone says hi. I find it amazing how the community comes together in times of need and how quick people are to support one another." -Shannon

~ Jon Lambert

### You Must Be Joking!!



A woman came home to find her retired husband waving a rolled up newspaper around his head.  
The wife said: 'What are you doing dear?'  
The husband replied: 'Swatting flies ... so far I've got 3 males and 2 females'  
The wife responded: 'How on earth do you know which gender they were?'  
Husband: 'Easy - 3 were on the beer, and the other 2 were on the phone.'



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# Improving the Health of our Community

## Where does Depression Come from?

By Melodie O'Connell MSW RSW



Depression is a mental illness that will impact everyone's life in some capacity. Because 20% of Canadians will experience a depressive episode in their lifetime, it may strike someone in your family, school, or workplace, or you may experience it personally. Depression is not a drop in mood, or feeling bad about yourself. It is a medical condition that causes a chemical change in the brain that impacts people's behaviours, thoughts and emotions. People's experience of depression will vary greatly from one individual to another. Some people will experience one depressive episode in their lifetime, while others may experience numerous depressive episodes, or struggle through the symptoms of longstanding depression.

One of the big questions that is always asked, is "Where did my depression come from?" There is no simple answer to this question. There are many contributing factors that will cause someone to experience depression or a depressive episode.

We do know that there is a genetic pre-disposition for depression, and other mental health issues. If there is a family history of depression, there is an increased risk for other family members to experience it as well. In addition, if there is a family history of alcoholism or addiction, this history can also be a contributing factor to depression. For many people, addictions and alcoholism are ways to self-medicate. They may not even be aware that they too struggle with depression.

Individuals who have experienced abuse, trauma, or loss during childhood may also be at an increased risk of depression. However, childhood experiences may go unnoticed. For example, the loss of a grandparent, best friend moving away, separation or divorce, a bully at school, or even changing schools can have a much greater impact on a child than is recognized. At the time, the child may appear to be coping well; however, such loss or trauma can also be a contributing factor to a depressive episode that isn't acknowledged until later in life.

There may be a current life situation or circumstance that

triggers the onset of a depressive episode. This may include financial or workplace stressors, difficulty in a marriage, stress, the death of a parent or friend.

Because depression is a change in the brain chemistry, it is important to acknowledge other potential contributing factors, which include the use of marijuana and other drugs, as well as brain injury and certain medications.

We do know that there is no way to predict depression in anyone. For the majority of individuals who experience depression, it is the result of a 'perfect storm' of contributing factors. It is important for individuals struggling with symptoms of depression to seek help. The longer individuals go without seeking help, the darker the depressive episode may become, and therefore, more difficult to manage.

*\*\*\* If you or someone you know is experiencing depression, I encourage you to seek the help that you need to manage the symptoms and have greater insight into your own story. Speak to a counselor or family doctor in order to develop a plan to guide you through treatment. You will be glad that you did!. If you have any questions, please feel free to contact me at melodieoconnell@hotmail.com.*

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### You Must Be Joking!!

#### How to Stop Church Gossip.

Mildred, the church gossip and self-appointed monitor of the town's morals, kept sticking her nose into other people's business. Several members did not approve of this, but feared her enough to maintain their silence.

She made a mistake, however, when she accused Frank, a new member, of being an alcoholic after she saw his old pickup parked in front of the town's only bar.

She emphatically told Frank (and several others) that "anyone seeing it there would know what he was doing!"

Frank, a man of few words, stared at her for a moment and just turned and walked away. He didn't explain, defend, or deny. He said nothing.

Later that evening, Frank parked his pickup in front of Mildred's house and walked home. He left it there all night.

Submitted by Bruce Bousher



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*Wow! More exciting destinations as The Baden Outlook continues to travel ...*



Some of the Bender siblings, Joyce and Wayne Jantzi, Elva Poole, Ron and Cindy Bender, and Shirley Dunford enjoyed a trip to Western Canada this fall. They took the Baden Outlook to the top of Whistler Mountain before boarding the Rocky Mountaineer to travel from Vancouver to Jasper.



Kim & Lynda Eby along with Kris Eby & Stephanie Holmes toured the California coast with the Baden Outlook, stopping in San Francisco to take this picture at the Golden Gate Bridge.

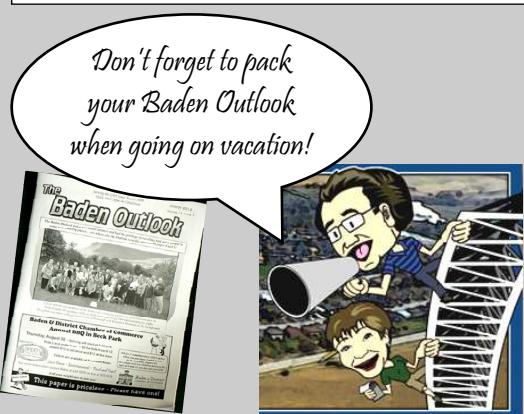


The Baden Outlook was recently photographed in front of the Library of Celsus, Ephesus, Turkey. Ken and Mary Beth McCabe, along with Gregg and JoAnne Murtagh travelled together throughout Western and Central Turkey.



28.09.2015 03:4

With the Baden Outlook, Cecil and Reta Wagler along with Doris and Amsey Brubacher await their flight home from Rome after touring in the footsteps of St. Paul across Turkey, Greece, and Italy.



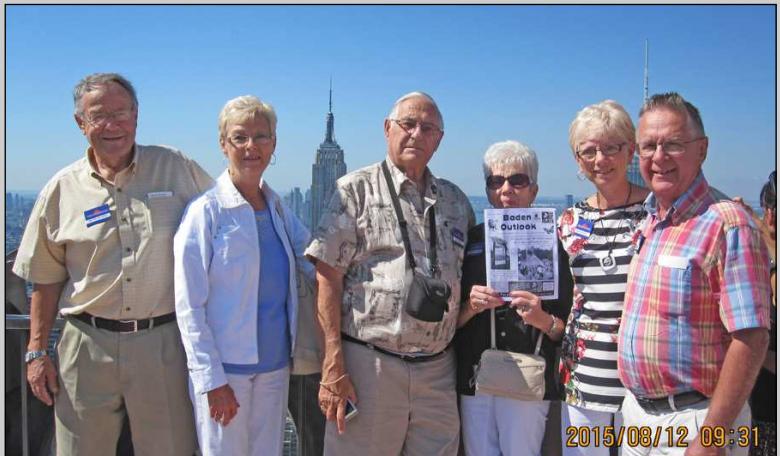
Ed and Bev Leonard took their Outlook along to High River, Alberta to meet their new great-grandson Austin James, seen with grandmother Sue.





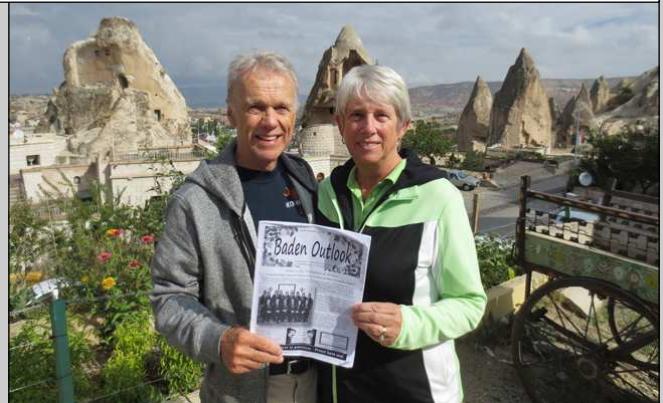
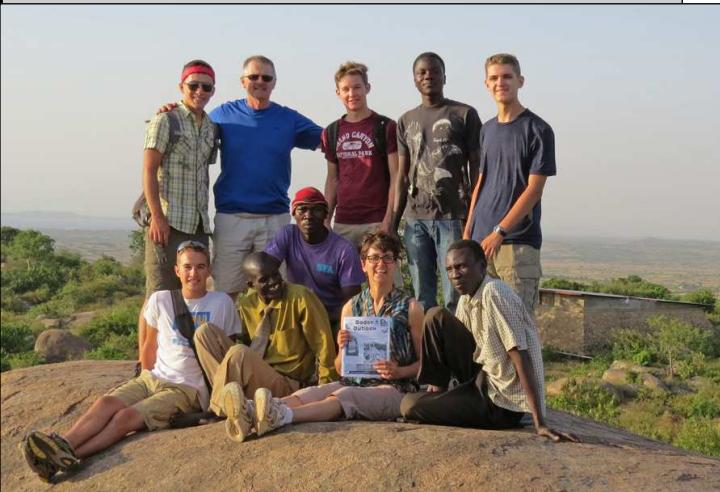
....To Alberta, Turkey, New York, San Francisco, Tanzania, Italy and Europe abroad!

Nigel Gordijk recently celebrated his 50th birthday with a family trip to Italy. This selfie - next to the Leaning Tower of Pisa - was taken by his granddaughter, Madisyn Garrity, and also features daughter Kristen Coady, along with Nigel and his wife Cheryl Gordijk.



Residents of Morningside Village travelled to New York City this summer. Seen here at Top of the Rock are Wally & Jean Grygaski, Alvin & Audrey Sararas and Sharon & Bob Dietrich.

Dave Connolly and Sharon Brennan of Stonecroft New Hamburg visited Turkey and, of course, took long their Baden Outlook. Here we see them in Cappadocia standing amongst the many beautiful fairy chimneys and caves which have housed families for centuries and are still used as homes and hotels today.



The Baden Outlook went along with a group from Shantz Mennonite Church who were on a service project with Canada Africa Community Health Alliance in Shirati, Tanzania.

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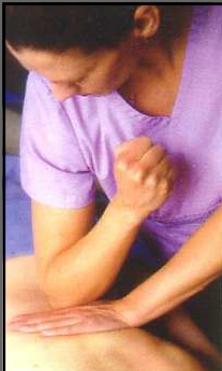
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## "Get It Together"

...with Donna & Rhonda

**Do you have a friend or family member who needs an "organizing boost"?**

This can be a touchy subject.....how do you bring it up without sounding judgmental? When we care about someone, it is natural for us to want what is best for them. Here are some things to consider if you want to enter into discussion with someone:

- 1) Does the person acknowledge to you that there is a problem or that they want to make a change in their surroundings?
- 2) Due to embarrassment, it is often difficult for someone to even consider allowing people into their disorganized space. Sometimes, the option of a neutral third party might be appealing. Rarely is any of us embarrassed to call our hair dresser, our lawyer, our real estate agent, or any other professional. It is "ok" to need help with organization. If organizing isn't your gift, that means you are GREAT at something else.
- 3) Acknowledging the emotional side of the issue can be helpful. It will keep you away from judgmental thinking. Lots of individuals are bogged down in confusion though organization is the foundation for life. Try to walk a mile in their shoes.
- 4) An advantage to working with someone to get organized is that not all of the responsibility and decision-making falls on their shoulders alone. It is good to share the burden and partner with someone.
- 5) It is helpful to have an objective third party, not a family member nor a friend who has a "history" with them.

If you are interested in purchasing a gift certificate for those hard to buy for persons, please feel free to contact us at:

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# Let's Talk Mental Health Workshop Series

The 3<sup>rd</sup> Tuesday of Every Month from 6:30 to 8 pm



A safe and supportive environment for individuals supporting those with mental or emotional health challenges to receive information, support and strategies to help their loved one on their journey towards emotional wellness.



## Workshop Themes

October 20, 2015: **Substance Abuse**

November 17, 2015: **Anxiety**

December 15, 2015: **Surviving the holidays**

January 19, 2016: **Depression**

February 16, 2016: **Supporting our Seniors**

March 15, 2016: **Self Injury**

April 19, 2016: **Separation/Divorce**

**Location:** Interfaith Counselling Centre  
Meeting Room  
23B Church St., New Hamburg

Interested participants are welcome to a single workshop or to participate monthly.

**For more information or to register,  
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## MUSCLE AND JOINT INJURY FIRST AID

By Dr. John A. Papa, DC, FCCPOR(C)

Physical injury to your muscles and joints can occur with workplace, household, sporting, and recreational activities. This can cause pain, stiffness, and swelling in a joint or muscle, leading to injuries known as *sprains, strains, and contusions*. Initial conservative management and first aid of such injuries should follow the **P.R.I.C.E.** principle (**P**rotection, **R**est, **I**c<sup>e</sup>, **C**ompression, **E**levation) outlined below.



directly over the skin for a prolonged period of time as this can damage the skin. A wet towel can safely be used as a barrier between the ice and skin and acts as an excellent conductor of cold. Do not apply ice to blisters, open cuts, or sores. Individuals hypersensitive to cold and those who have circulation problems should avoid ice.



**PROTECTION:** Immobilize the injured area to protect from further injury. This can be accomplished with the use of an elastic wrap, brace, splint or sling. Walking aids such as crutches or a cane can be useful to help you get around.

**REST:** To ensure proper healing, rest the injured area and avoid activities that cause pain. Do not restrict all activities completely. Other regions of your body can still be used. This will help prevent physical de-conditioning. An attempt should be made to return to regular or modified activities as soon as possible provided it does not put you at risk for further injury.

**ICE:** Ice cubes, bags of frozen vegetables, or commercial ice/gel packs are examples of cold sources that can be molded or applied to an injury site immediately. Icing will help to reduce pain, swelling, and inflammation in the injured tissues. Ice application should not exceed 10 to 20 minutes at a time. Allow for skin temperature to return to normal before ice is reapplied. This cycle can be repeated as often as necessary within the first 24 to 72 hours. Ice should never be applied

**COMPRESSION:** Compress the injured area with an elastic tensor bandage. This will help decrease swelling. Do not wrap the bandage too tightly as to cut off circulation. You should not feel an increase in pain with compression.

**ELEVATION:** Elevate the injured area (whenever possible) above the level of the heart, especially at night. Gravity helps reduce swelling by draining excess fluid.

You should seek immediate medical care under the following circumstances: a popping sound heard during the injury accompanied by a feeling of joint instability or inability to weight bear; obvious evidence or suspicion of a broken bone, fracture or joint dislocation; or injuries at risk for infection.

By using the **P.R.I.C.E.** principle after an injury, you can significantly reduce swelling, tissue damage, inflammation, muscle spasms, pain, and recovery time. In the event that you suffer from ongoing muscle and joint pain following an injury, you should contact a licensed health professional who can diagnose your condition and prescribe appropriate therapy, exercises, and rehabilitation strategies specifically for your circumstance. For more information, visit [www.nhwc.ca](http://www.nhwc.ca).

*This article is a basic summary for educational purposes only. It is not intended, and should not be considered, as a replacement for consultation, diagnosis or treatment by a duly licensed health practitioner.*



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**TOWNSHIP  
OF WILMOT**

## **WILMOT RECEIVES \$60,000 GRANT FROM THE KITCHENER AND WATERLOO COMMUNITY FOUNDATION (The KWCF) VITAL GRANTS PROGRAM**

*Wilmot is set to implement a multi-year funding program directed at community groups and community initiatives that foster a greater sense of belonging for the community.*

Vital Grants support multi-year projects that move the needle on the single most pressing issue as identified in Waterloo Region's Vital Signs®, which is currently belonging.

Wilmot intends to utilize the funding to promote a culture of belonging within the municipality. This will be accomplished through municipal support of community initiatives and projects that promote belonging for all citizens.

A portion of the funds will be allocated towards an expansion of the existing Municipal Grants Program at the Township. This new stream of funding will be allocated, through a separate application-based program, to eligible community groups and voluntary organizations that foster community engagement and belonging.

The remaining funds will be used to establish the *Discover Wilmot: A Community of Caring Communities Program*. The goal of this program will be to support community-run projects and events that bring together all citizens into one common place to build and develop a culture of belonging.

*"Vital Grants focuses on our collective community's strengths. We are a community of communities, and each city and township The KWCF serves was challenged to design a program to impact belonging in a way that is meaningful and appropriate for the unique challenges they face."*

Rosemary Smith, CEO—The Kitchener and Waterloo Community Foundation

This new program from The KWCF directly aligns with the Township's Strategic Plan by supporting community events and celebrations that create a better quality of life in Wilmot. In addition, the involvement of volunteers and integration of community groups will help the Township meet the goal of being a more engaged and inclusive community.

*"Council and I are proud to have joined with The KWCF in creating a greater sense of belonging within our wonderful community. We look forward to the growth in community and volunteer initiatives this Vital Grant will bring to Wilmot."*

Les Armstrong, Mayor of Wilmot Township

For additional information, please contact:

Patrick Kelly, CPA, CMA —Manager of Accounting, Township of Wilmot, patrick.kelly@wilmot.ca



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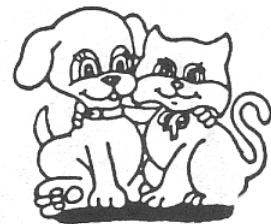
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# Cook's Corner

The days are getting colder and comfort food is on the way! It's time to turn on the oven, warming up the kitchen, to enjoy the savoury aromas. Cabbage is aplenty and is a healthy, economical vegetable.

I have tried many different varieties of lazy cabbage roll recipes and they are all easy and very hearty. Give these recipes a try!

## Cathy's Beef Stew

1-1 1/2 lbs beef of choice (I love with bison)

2 tbsp flour

Salt and pepper

2 tbsp oil of choice

1/2 onion

1 clove garlic, minced

2 cups beef broth

1/2 cup red wine

2 bay leaves

1 cup sliced mushrooms

2 or 3 carrots diced

3 or 4 potatoes, diced

2 tbsp cornstarch

1/4 cup water

Cut beef into bite size pieces and toss in flour, salt and pepper. Heat oil in oven proof roast pan and saute beef until starting to brown. Add onions and garlic and cook for 5 minutes then add broth, wine, bay leaves, and mushrooms. Cook at 325 for 1 hour. Add carrots and potatoes for additional hour. Remove from oven and return to stove, bring to a boil. Add cornstarch to water and mix well. Add to pan to thicken.

## Lazy Cabbage Rolls

1 Medium Sized Cabbage Chopped

2 lbs Ground Beef

1 Large Onion Chopped

2 Cans Tomato Sauce

2 Cans Diced Tomatoes

3 Cups Converted Rice (or long grain white rice)

2 Cloves Garlic Crushed

1 Cup of Water

Salt & Pepper to taste

1/2 Cup Sour Cream (optional)

Preheat oven at 400F. Cook ground beef and onions in a skillet or frying pan until the beef is no longer pink. Add ground beef/onion mixture, tomato sauce, diced tomatoes, cabbage, rice, garlic, water salt & pepper to a roasting pan or casserole dish. Stir well. Cover with tight fitting lid or tinfoil. Bake at 400F and cook for 45mins-1hour (when rice is done). Remove from oven, let cool about 10 minutes. Put on plates or in bowls and top with desired amount of sour cream.

- See more at: <http://www.canadianfreestuff.com/easy-unstuffed-cabbage-rolls-recipe-2/#sthash.Gkc3WcZv.dpuf>



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## Get Ready for the Cold Weather

By Mike Trotter

It's getting cold out there, so we have some basic winter preparation advice for you.



Outside taps: To winterize outside faucets, there are 3 steps. #1- Close the valve inside the house that controls the outside hose faucet. #2- Remove the hose from the faucet, drain it, and store it away. #3- Open the outside faucet and leave it open all winter. If there is any water in the pipe it will drip out and cannot freeze. Easy, but important. To be safe, don't turn outside faucets back on until late April.



Furnace Preparation: Forced air gas furnace is the most common form of heat in homes now in our area. Most gas furnaces are high efficiency, to be the most economical to operate. They can be easily identified by the exhaust venting—it's usually plastic. Older furnace models are called "mids," meaning mid efficiency. They have steel exhaust venting usually connected to an existing chimney. They are no longer manufactured but parts are still available. The most common problem with all furnaces is a plugged air filter. Clogged filters will slow down the air flow through the furnace and can lead to the furnace overheating and shutting down. Also, the air quality will suffer, as poor circulation can lead to a dusty home. Filters are all different and can range from relatively low cost to quite pricey. Try to replace your filter every 2 months during the winter. When you start your furnace be sure to listen to it operate. They all make some noise, but screeching or bad vibrations are warning signs of trouble. If that's the case, turn off the power switch and call for a technician to check it. Better to have trouble now than in January. Don't forget to ask questions when the technician is there.

If there is a lot of snow outside and your furnace won't work - - go outside and clear the snow away from the exhaust and intake pipes. If the pipes are buried the furnace will stop. Reset the appliance by turning off the power switch, wait a minute, then power back on and see if it starts.

Finally, make sure you have working carbon monoxide and smoke detectors in your home. If they are 10 to 15 years old it's time for new ones. Stay warm this winter!



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## You Must Be Joking!!

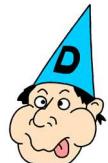


Last year I replaced all the windows in my house with those expensive, double-pane, energy-efficient kind.

Today, I got a call from Home Depot who installed them. The caller complained that the work had been completed a year ago and I still hadn't paid for them. Hellooooo,..... just because I'm a Senior Citizen doesn't mean that I am automatically mentally challenged.

So, I told him just what his fast-talking sales guy told me **last year** that these windows would pay for themselves in a year... Hellooooo? It's been a year, so they're paid for, I told him. There was only silence at the other end of the line, so I finally hung up.

He never called back. I bet he felt like an idiot.



Submitted by Bruce Bousher



We're on the Web!  
Read the paper on-line,  
in colour at  
[www.badenoutlook.com](http://www.badenoutlook.com)

## Alternative Christmas Giving

You can tell Christmas is on its way when you start to notice the subtle marketing messages that start in early autumn with print advertisements, television ads, and caroling on the radio.

This season we want to help you to find the perfect gift for everyone:

- **For the bargain Hunter:** If you have a person on your list that is hard to buy for, perhaps an MCC gift card from the New Hamburg Thrift Centre is the answer! Your gift supports the work of Mennonite Central Committee, and you can only imagine what your bargain hunter will find! Gift Cards can be loaded with any amount, perfect for slipping in to a Christmas card, which you can buy at the store for only \$ 0.25!

- **For the person who appreciates handmade:** We carry a large selection of gifts hand-made by volunteers, such as woven recycled mats, knotted comforters, velour quilts, baby quilts, knitted blankets, slippers, hats, scarfs, and more. Or you can make your own gift, as we carry a great selection of yarn, fabric, and craft supplies.

- **For the person who has everything:** If they have decided to forgo the consumerism of the Christmas season, Mennonite Central Committee (MCC) provides an alternative solution. The **MCC Christmas Giving Catalogue** is a collection of worthy causes that need financial help all over the world. The basis of the program is that you use the amount of money that you would normally use to purchase a present for a family member or a friend, and instead use those funds to give the gift of food, shelter, clean water, or education for a child. The catalogue outlines various MCC projects and how your gift will be used. Each gift you give will be accompanied by a card, mailing envelope, and a colourful photo insert describing the project supported. Each card is printed with the phrase, "A gift has been given in your name to the work of Mennonite Central Committee."

- **For those generous givers:** Make a donation to Syria, and the Canadian government will provide matching funds until December 31, 2015.

These unique gifts are available at the **New Hamburg Thrift Centre**, so stop by the store! You will be surprised with the treasures you will find!

### **Volunteers are....**

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- > Like the Panama Canal—they make the going great.
- > Like Kodak – they Share moments. Share life.
- > Like Red Cross – they know the greatest tragedy is indifference.
- > Like Dial Soap—they care more; don't you wish everyone did?
- > Like Hallmark Cards—they care enough to give their very best.
- > Like VO5 hair spray—their goodness holds in all kinds of weather.
- > Like IBM—they help with solutions for a smart planet.
- > Like Energizer Batteries—they keep going and going and going.
- > Like Holiday Inn – they are pleasing people the world over.

*But most of all... they are like Frosted Flakes—they're GRRREAT!  
Be a volunteer today!*

## **New Hamburg Thrift Centre**

**41 Heritage Drive**

**New Hamburg**

**tel: 519-662-2867**

**www.newhamburgthrift.com**



**Christmas items now on display!**



All proceeds benefit  
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Fri 9:00 am - 8:00 pm  
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- Board Membership
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- Office Support
- Silent Auction Committee
- Ladies Night Out Committee

*Share our vision of Expanding Hope in  
our community and improving the  
emotional wellness of Wilmot Township!*

Contact 519-662-3092 or  
[interfaith@golden.net](mailto:interfaith@golden.net)

## Local Churches Invite You to Join Them

Please visit [www.badenoutlook.com](http://www.badenoutlook.com) for a directory of local churches.



### WILMOT MENNONITE CHURCH

2995 Bleams Road, New Hamburg, ON

Worship Service 9:30 a.m. ~ Christian Formation: 11:00 a.m.

Pastor Dave Rogalsky

519-634-5030 [www.wilmotmennonite.ca](http://www.wilmotmennonite.ca)

### ST. JAMES LUTHERAN CHURCH

66 Mill Street, Baden ON

519-634-5191 [joanna.e.miller@gmail.com](mailto:joanna.e.miller@gmail.com)

Pastor Joanna Miller

Sunday Worship 9 am / Sunday School

### Wilmot Centre Missionary Church

2463 Bleams Road—corner of Bleams & Sandhills Road

Services at 9 & 11 am, Children's Worship 11:15 am

Rev. Wayne Domm, Dr. Rob Gulliver, Youth Director Jason Erb

519-634-8687 [www.wilmotcentremc.ca](http://www.wilmotcentremc.ca)

### West Hills Fellowship

Sharing space at St. James Church, 66 Mill Street, Baden ON

Pastor Sean East / [pastor.westhills@gmail.com](mailto:pastor.westhills@gmail.com)

519-634-4993 [office.westhills@gmail.com](mailto:office.westhills@gmail.com)

Sunday School 9 am, Fellowship 10 am, Worship 10:40

### SHANTZ MENNONITE CHURCH

2473 Erb's Road, Baden, Ont N3A 3M3

Phone: 519-634-8712 / Email: [office@shantzmc.ca](mailto:office@shantzmc.ca)

Pastor: Don Penner

Worship Service - 9:30 am Christian Education - 11:00 am

### Steinman Mennonite Church

1316 Snyder's Rd. W. (at Nafziger Rd), Baden

Sunday Worship 9:45, Sunday School 11:00 am

Phone: 519-634-8311 / [www.smchurch.ca](http://www.smchurch.ca)

### Livingston Presbyterian Church

44 Beck Street, Baden / 519-662-4949

Hymn Sing 9:45 am ~ Worship to follow at 10 am

Rev. John Deyarmond—519-747-9902

### Emmanuel Lutheran Church

1716 Snyder's Road East, Petersburg, ON

519-634-5511 [www.persburgchurch.org](http://www.persburgchurch.org)

\* Wheel Chair Accessible \*

Worship Service 9:30 am / Sunday School

## You Must Be Joking!!



A Sunday school teacher was discussing the Ten Commandments with her five and six year olds. After explaining the commandment to "Honour thy father and thy mother," she asked, "Is there a commandment that teaches us how to treat our brothers and sisters?" Without missing a beat, one little boy answered, "Thou shall not kill."

~~~~~

At Sunday School they were teaching how God created everything, including human beings. Little Johnny seemed especially intent when they told him how Eve was created out of one of Adam's ribs.

Later in the week his mother noticed him lying down as though he were ill, and she said, "Johnny, what is the matter?"

Little Johnny responded, "I have pain in my side. I think I'm going to have a wife."

Three boys are in the school yard bragging about their fathers.

The first boy says, "My Dad scribbles a few words on a piece of paper, he calls it a poem, they give him \$50."

The second boy says, "That's nothing. My Dad scribbles a few words on piece of paper, he calls it a song, they give him \$100."

The third boy says, "I got you both beat. My Dad scribbles a few words on a piece of paper, he calls it a sermon, and it takes eight people to collect all the money!"

Submitted by Robert Price

## Saturday Night at the Movies

Wilmot Mennonite Church,  
2995 Bleams Road

November 21<sup>st</sup> at 7:00 p. m.  
Feature - "Travelogue – Slide Presentation"

Dave and Annemarie Rogalsky travelled seventeen hours by bus from Lima to Abancay Peru. On the way they crested the Peruvian Andes at 4800 metres – three miles high! Come and hear what they learned and experienced on their sabbatical travels.

Everyone Welcome—Free admission.

Nursery available but not staffed.

Beverages provided, bring your own snacks.

For further information call (519) 584-7089  
or (519) 634-8963

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## WWCFDC ~ About the WWCDFC

The Wellington-Waterloo Community Futures Development Corporation (WWCFDC) is a not-for-profit, federally supported organization governed by volunteers in partnership with Industry Canada.

Promoting economic growth in the County of Wellington and the Region of Waterloo, we offer two types of services including financing (for start-ups, small business expansion, and community projects), and an award-winning business training program.

If you have a business idea you are working to set in motion, you can meet with our knowledgeable staff about the local market place and the possible challenges involved. We can assist you in planning, direct you to available federal, provincial and local expertise, and help translate your research into reality. We can help with the development and execution of your business plan.

Let us help you with a feasibility analysis. By reviewing your core business model we can help you decide if your business idea can make any real money. Unlike your local banks which require solid security and a strong financial history to finance your business, we support local entrepreneurs with great ideas. We provide small business loans based on the strength of your business plan. We provide our preliminary counselling assistance at no cost. Our consultation service will enable you to proceed with your own business planning, or move forward in acquiring further coaching with our Business Excellence Training Program.

If you choose to advance your understanding of business, and develop or expand your idea into a profitable enterprise, we can offer one of the best, most economically feasible training programs around. Our Business Excellence Training Program is subsidised to bring you full service education and coaching at minimal cost.

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Feel free to contact us to bounce around your business ideas, to get full in-depth training, or to apply for a business loan. We are here to support and develop strong businesses, and enhance the economic stability and growth of our rural communities. Contact us today, we are here to help! [www.wwcfdc.com](http://www.wwcfdc.com) 519-846-9839 [admin@wwcfdc.com](mailto:admin@wwcfdc.com) To discuss business training opportunities contact Tina Heathers [tina@wwcfdc.com](mailto:tina@wwcfdc.com) Cell 519-846-9839 ext 222

Or contact Bill Weichel, our board of director's representative for Wilmot Township



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## Be Well ~ The Dangers of Plastic

By Christine Gingerich

Have you ever stopped to wonder where we would be without plastic—this polymer-wonder? From running shoes and car parts, to spaceships and toothbrushes, plastic is everywhere and it's significantly changed our lives. Not all of these changes, however, have been for the better.

The chemicals used to create plastic contain *endocrine disruptors*, man-made synthetic chemicals that negatively impact the endocrine systems of humans and animals by mimicking, blocking and/or interfering with the instructions that were originally designed to go from hormones to cells.

The endocrine system is made up of glands, hormones, and receptors found in numerous places in the body, including the thyroid, adrenal glands, ovaries, testes, pancreas, and several regions of the brain. It's an important link between the nervous system and reproduction, immunity, metabolism, and behaviour.

Chemicals that are released from plastic into our air and water supply through manufacturing, and into food and water via plastic storage, subtly but powerfully change this influential system...leading to significant health consequences. My concern is that we are seeing the *accumulative* effects of this in several post-plastic generations.

It is my belief that we should reduce plastic purchases and eliminate plastic usage wherever possible. The health risks associated with plastic are both numerous and hazardous.

### Top 12 Tips to Reducing Your Plastic Exposure:

1. Store all food and beverage in glass containers.
2. Avoid storing "fat-containing foods" (think commercially prepared salad dressings, yogurt, sour cream, peanut butter, cooking oils, etc.) in plastic. Fats have a unique affinity to chemicals leached from plastics.
3. Avoid consuming canned foods and drinks lined with plastic.
4. Use only glass baby bottles and ceramic/porcelain dishes for your children.
5. Avoid all plastic toys and soothers; replace with natural materials.
6. Do not ever microwave food in a plastic container!
7. Avoid contact of plastic wrap and food. Don't ever use it in a microwave.
8. Replace all plastic dishes and cups with glass or good quality ceramic.
9. Do not put plastic items in the dishwasher or wash them with

harsh detergents. This accelerates the breakdown of plastic, causing more chemicals to leach into your food.

10. Avoid purchasing bottled water. Filter your own. Ask for tap water at restaurants.

11. Eliminate all old plastic containers, or those that have been scratched or warped.

12. Ensure all dental sealants are BPA free.

REMEMBER: There's no such thing as "safe plastic!"



### Christmas Gift-Giving Idea!

*Optimal YOU* is a 200 page, full-colour healthy living cookbook that is bursting with incredible health-promoting information to help you achieve optimal health. It also contains more than 130 recipes to help you reduce internal inflammation in your body.

Dr Joe Mikhael, MD, MED, FRCPC, FACP Consultant Hematologist, of the Mayo Clinic, AZ says, "*Optimal YOU* provides practical and valuable advice about foods, health and overall well-being. It is well written, touching and deeply insightful, with outstanding recipes for everyone."

Support our local retailers and look for this great gift-giving idea at the following local retail locations:

- \*New Hamburg Home Hardware
- \*Town Pantry Health Food Store
- \*Organic Oasis
- \*Schmidtsville Restaurant & Gift Store
- \*Herrle's Farm Market
- \*Yantzi Timber Mart
- \*Oak Manor Farms
- \*Chapters/Indigo (KW locations)
- \*All Fiddlehead's Health Locations
- \*Words Worth Book Store
- \*Gospel Lighthouse
- \*Vincenzo's
- \*Household China

**All Flowers & Charm**  
Flower Shop

Melissa Rabbets  
**(519) 662-2062**

333 Waterloo Street,  
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[www.allflowersandcharm.net](http://www.allflowersandcharm.net)



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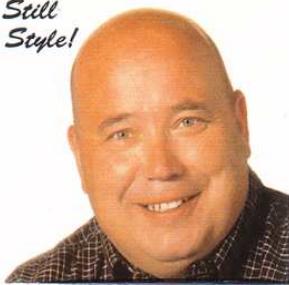
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Answer from Swap-a-Letter puzzle on page 10

S W A T

SEAT = to sit is to take a "\_\_\_"

BEAT = in recipes, you often "\_\_\_" the eggs

BELT = to keep falling pants up, put on a "\_\_\_"

BELL = instead of knocking, you can ring the "\_\_\_"

FELL = he tripped on his shoelace and "\_\_\_"

FILL = go to the drugstore to "\_\_\_" a prescription

FILE = paperwork in a folder is called a "\_\_\_"

TILE = bathroom floors are often laid in "\_\_\_"

TIRE = wheel on a car is known as a "\_\_\_"

WIRE \_\_\_\_\_ = don't climb a barb "\_\_\_" fence!

W E R E

*Ask Armand ~*



*Ed from Wilmot Centre asks: Can you give me some history on the Vesper Springs retirement home in Baden?*

*Armand says:* Sure Ed—Vesper Springs Manor, (134 Snyder's Road East in Baden) consists of 25 apartments that were added to an older home in 1982. The lift was added in 2004 for the residents.

The plan to build Vesper's Manor was organized by one representative of each church in the area plus one representative from the Baden Chamber of Commerce and the Baden Optimist Club. They formed the original Board of Directors, which was comprised of Edwin J. Fergusson (President), Lorne Shantz (Vice President), Reginald C. Carter (Secretary), Beatrice M. Snyder (Treasurer), Alvin D. Steinman (Consultant), Francis M. Wagler, and Cranson S. Good.



Where does the time go!!?? Soon winter officially begins, with the weatherman saying that the Super El Nino will bring a milder winter. Yahoo! I am a passionate gardener who gardens until the snow flies and the ground freezes. I'm dividing perennials, adding compost, and creating garden beds. I mulch the perennials, placing the leaves and clippings around the plants so I don't smother them. In spring, I will leave the mulch for the earthworms to complete composting and the plant growth will hide the mulch. My soil is fed and the weeds are suppressed.



### Alien Invasion!!

We consider them the work horses of the soil, but our beloved earthworm is not native to North America! I was stunned when I learned how Europeans have altered the N. American landscape. Ontario has 19 species of earthworms – 17 of which are exotic, coming from Europe and Asia starting in the 1700s. They arrived in the rock and soil that were ballasts for ships, as well as hitching a ride with the fruit trees and potted plants. Fishermen have also helped spread the earthworm. Much loved by gardeners, earthworms are having a negative impact on our forests. Originally the forest floors had thick blankets of fallen leaves and debris which slowly decomposed. Earthworms accelerate decomposition so our native plants such as trillium suffer and the invasive garlic mustard thrives! The link to the following article gives much more information: [www.invasivespecies.com/invasive/forest/invasive-earthworms/](http://www.invasivespecies.com/invasive/forest/invasive-earthworms/)

### **Shoulda, Coulda or Might-Get-To List for Nov/Dec.**

- With all the gloomy and rainy weather, we still have received below normal rainfall. Give your evergreens and young trees a good soak before the ground freezes, as the trees still breathe in winter and can lose more moisture.
- To prevent rabbit damage, use a product called SKOOT on shrubs, or use burlap, white plastic, or crepe wrap for trees' trunks. You can also surround the trees or shrubs with chicken wire or something similar.
- To prevent vertical splits in tree trunks created by sun scald, use white plastic, or the crepe wrap on the trunks of young trees. Use white to reflect heat and keep the trunks cool. Sun scald occurs when you have really sunny days in late winter and early spring. The sun warms up the tree and the tree thinks it is spring time so the sap starts, then it freezes at night or when we get a cold snap. It can take a tree up to five years to recover from the split or it may die. (<http://www.gov.mb.ca/agriculture/crops/plant-diseases/print,winter-sunscald-frost-cracking.html>)
- Wrap burlap around smaller, high-value (landscape) conifers or set up a burlap sun/wind shield to help minimize the chances of winter burn. When wrapping your evergreens, keep the burlap off the shrub.
- Throughout winter, use caution when applying ice melt products near trees and shrubs since you may harm your garden and environment.

The Wilmot Horticultural Society's meetings resume in 2016, at 7:30 pm, on January 11<sup>th</sup>. After a short AGM, we have Roger Suffling, an ecologist, environmental planner, and adjunct professor at U of W., presenting "Australian Flowers." What a great way to brighten up a winter's evening and to start the 2016 WHS season. I have been to Australia and that country has all kinds of amazing flowers. **Join us and mark your calendar. Wilmot Recreation Centre, upstairs in Meeting Room A (free).** The meeting concludes with a 50/50 draw, door prizes, and a social with tea/coffee with snacks.



Keep your fingernails and knees dirty!

[www.gardenontario.org/site.php/wilmot](http://www.gardenontario.org/site.php/wilmot)

email: wilmothortsociety@gmail.com

*And what is a weed? A plant whose virtues have not yet been discovered - Ralph Waldo Emerson*



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## Interesting People ~ Meet The Hoffman Family

The Hoffmans - Todd, Debb, and their sons Tyler and Mike moved from Kitchener to Baden three years ago. Debb was born and raised in St. Agatha and attended Waterloo Oxford High School, so when Todd and Debb had a desire to move to a smaller town they chose Baden. Both Debb and Todd carried careers at Manulife Financial in Waterloo. Debb since has retired and is enjoying life in the small town of Baden by volunteering in different programs.

Hockey plays a huge part in the Hoffmans' lives. Todd's parents Bill and Shirley Hoffman of Mannheim loved hockey, so Todd played at an early age. He played through the triple "A" system in Kitchener and in the early 80s played with the Guelph Platers. He moved on and played at Wilfrid Laurier University where Todd was part of the National Team program. During that time he was looking to make the team which was going off to represent Canada at the Calgary Olympics. He was not selected as part of the 23 main roster heading to Calgary.

Todd has been coaching hockey for the last twenty years starting with the pre-novice program and through the triple "A" system in Kitchener. He accepted the position of Assistant Coach of the Listowel Cyclones Junior B hockey team in 2006, and moved on to coach the Kitchener Dutchmen from 2008 to 2014. This year he is coaching the Waterloo Siskins.

Todd's hockey skills have been passed on to his son, Mike, who has had an interesting hockey life even at a young age. He started playing hockey at age five and moved up through the Kitchener triple "A" system, but was cut from the Minor Midget team. His size was one of the reasons that he was cut as he was five foot eight and 140 pounds.

Over the next year or so he grew, and so did his confidence. At age 17 (2006-2007), he signed and OHL agreement with the Kitchener Rangers Junior A team. At the beginning of the next season with the Rangers hosting the Memorial Cup and wanted a more mature hockey club they wanted to send Mike down to there affiliate team to keep close by. Mike and Todd wanted a trade as he was ready to play at the next level. He was then sent to Gatineau of the Quebec Junior Hockey League and then moved to Drummondville to play for the Volitiguers.

The coach at that time was Guy Boucher, who later moved on to coach the Tampa Bay Lightning. He had a positive effect on Mike, who played two years with them, losing out to Windsor in the Semi Finals of the Memorial Cup in Rimouski. In 2009 Mike was traded to the Saint John Sea Dogs in New Brunswick where he blossomed. In 56 games he scored 46 goals and had 39 assists. He was the MVP for the entire Quebec League, and was in the running with Jordan Eberle and Tyler Seguin for MVP for the entire country. That was also the year that he was drafted 130<sup>th</sup> overall by the Ottawa Senators.

After Junior Hockey, Mike was allocated to the Binghamton Senators of the AHL. At first Mike had a hard time adjusting to the rough but very talented style of hockey in the AHL. His first year was a learning curve but he never gave up! "We did a lot of travelling in those days," commented Debb. The

final year (2013-2014), Mike regained his flair and scored 30 goals and 37 assists in 51 games. The Ottawa Senators noticed his improved play; in the 2014-2015 season, he was promoted to Ottawa where he scored 27 goals and 21 assists in 79 games. He signed a one-year contact with Senators for this year. He has also bought a house in Waterloo.

Debb and Todd's youngest son Tyler also has all the skills and talent, and currently plays hockey with the New Hamburg Firebirds. He is taking a course at Conestoga College and lives with them in Baden.

Over the last 20 years Todd has run a hockey conditioning camp in Kitchener. Edge Hockey provides high intensity on-ice training sessions that focus on skill, as well as technical and tactical development. The sessions are run through the spring and summer; many NHL players have used his program, including Tanner Pearson, Mark Scheifele, Drew Doughty, Kyle Clifford, Ryan Ellis, and Mike Latta. More information can be found at [www.edgehockeycamps.com](http://www.edgehockeycamps.com).

"There isn't a day that we aren't in the rink," proclaimed Todd. Hockey has been a way of life for the Hoffmans. They have influenced many people and made many friends over the years!



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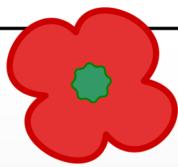


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Lest We Forget.

The New Hamburg Lioness Club is hosting a Christmas Party For clients of Aldaview & members of the community with a development disability. At New Hamburg Community Centre, Jacob Street on Wednesday, December 9th, 6 – 8p.m.



*Sounds  
of The  
Season*

Join us for a Christmas Carol sing song and a special guest from the North Pole. RSVP: Shirley 519 390-0165

**Conestoga College Hosts Fundraiser for United Way Kitchener**  
**New Hamburg Community Centre, Boullee Street**  
**November 28th from 9:00am-1:00pm**

Many activities including: Nerf target game, silent auction, face painting, take home craft, photo booth and lots of other fun games with prizes for the kids. The menu will include pancakes, breakfast sausage, baked goodies, coffee and juice.

Ticket admission is Adults - \$8, Children 3-12 years -\$6  
Children 2 &under -Free, Family rate (2 adult/3 children) - \$30

### ***St. George's Anglican Christmas Bazaar***

Sponsored by the ACW (of St. George's in New Hamburg)

We feature Baking, Lots of Puzzles, Knitting, Gift baskets, assorted sizes for that special occasion, and a delicious lunch with home made pie.



Sat. Nov 28, 11:00-2:00

St. George's Church Hall on Waterloo St., New Hamburg

For more information: Contact Margaret Bennett 519-662-9310

### ***Christmas Bazaar & Bake Sale***

**Get all of your Christmas shopping done at once!**  
**Items to be raffled!**

#### **Light lunch sold by our Church Youth Group**

Home-baked goods, Hand-crafted Jewellery, Rustic Pallet Treasures, Pampered Chef, Origami Owl, Snap Jewellery, Art by Valerie, Scentsy, Thirty One, Handmade Cards, Jams & Jellies, Paper Flowers just to name a few.  
More vendors welcome (deadline Nov. 10)

Sat. Nov. 28, 10:00am - 2:00pm

St. James Lutheran, 1177 Queen St. New Dundee

Help us raise money for our **Youth Group CLAY trip**

Contact: Rita Ferber 519-696-3482

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## **CRAFT SALE**

**December 5th, 10 am - 3 pm**

CHILDREN'S TABLE/CHAIRS, STOOLS, CHILDREN'S TOYS, BIRD FEEDERS, MAIL BOXES, CLOTHES DRYERS, POTATO BOXES, SMALL TABLES, PENS, WOODEN BOWLS, & CHRISTMAS ORNAMENTS, SCHLOKEY BOARD GAME, PLUS MANY SMALL ITEMS, AND REDUCED ITEMS!

*Also includes a BAKE SALE...  
Enjoy many of Grandma's Favourite Recipes*

### **Keep the Miracles Flowing**

#### **DONATE IN NEW HAMBURG**

Royal Canadian Legion Branch 532

65 Boullee St., New Hamburg

Monday, November 16, 5– 8 p.m.



**Canadian Blood Services**  
it's in you to give

**New donors needed.**  
*Rally your friends and family to donate blood.*

**Annual Nithview Community Silent Auction, Bake Sale and more!**

Saturday November 21<sup>st</sup> from 2-4 pm,  
200 Boullee St, New Hamburg



**Grandview and Forest Glen Public Schools & Holy Family Catholic School Parent Involvement Committee(s)**

**Present speaker Dr. Kerris del Rosario on Supporting your child's stress management.**

**November 19 at 7:00pm at Grandview PS- 341 Huron Pl. NH. (Doors open 6:30pm). This is a free event**

### ***St. James Lutheran Church Annual Christmas Bazaar***

66 Mill St. Baden

**Saturday November 28<sup>th</sup>, 10 a.m -1:00 p.m**

Christmas Cookies, Bake Table, Santa Table, Vendors Chili and a Bun for Lunch - Take out available  
*Hope to see you there!*



**Holy Family CWL Christmas Bazaar**  
329 Huron St. New Hamburg



**Come and Join us !**

**Saturday, November 21, 11:00 am to 2:00 pm**

Home Baking, Craft tables, Christmas Craft table, Penny Table, raffle tickets with our top prize —a handmade quilt Tea Room where lunch is available.  
An enjoyable day for all.

## LOST AND FOUND

A SET OF KEYS WERE FOUND AT THE INTERSECTION OF SNYDER'S ROAD AND LIVINGSTON BLVD. PLEASE CALL BRENDA AT 519-634-8432 TO CLAIM THEM.



## COME ONE AND ALL!

To the New Hamburg Lions and Lioness  
32<sup>nd</sup> Annual Tree of Light Ceremony  
Friday, December 4<sup>th</sup> – 6:30 p.m.

Hot dogs are being served followed by Tree Lighting



Join Holy Family School Choir and the New Hamburg Concert Band in singing Christmas Carols at Centennial Fountain by the Post Office.

We invite everyone to join in the Tree Lighting caroling, hot dogs and hot/cold apple cider.

A \$5 donation lights a bulb on our tree!

For further info please contact New Hamburg Lioness  
Reta Klaassen - 519 662-1641

Students at New Dundee P.S. have been inspired to create social change after attending *We Day*. These students have taken a stand to empower families around the world. They learned that thousands of children die each year due to zinc deficiencies and to change this they are collecting used batteries. The zinc from 1 used AA battery can save the lives of 6 children.

They need your help to create change. Please donate your used batteries to New Dundee P.S. so that greater change can be made! There is a bin located in the front foyer of the school.



## Winter Rainbow Open House

Nov 21, 2015 1-4pm,

31 Alice Cres, Petersburg

Lots of vendors to check out ~  
including Elanne & Ivy Jewellery &  
Usborne Books and much more!!



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## New Hamburg Legion

Branch #532—Boulee Street, New Hamburg

Invites you to join us for ...

Turkey Dinner- Friday, Nov. 27th 6pm  
\$15 advance, \$17 Friday sales

Entertainment with Dianne & Cavaliers  
Saturday Nov 28<sup>th</sup>, 3-7

Express Lunch Friday, Dec 4th 12-1  
Lasagna - \$8 advance, \$10 Friday

Entertainment - Crippled Ducks, Saturday Dec 5th 3-7

## The Spirit of Christmas VARIETY SHOW

with KEVIN PAULS & FRIENDS

Tuesday, December 1, 2015 - 7:00 pm  
Centre in the Square, Kitchener  
Tickets \$39 17&under \$19

Audiences loved the Spirit of Christmas Variety Show for the last four years – the feedback from last year's shows was overwhelming! We think you'll love this year's show with a great lineup of artists, including Grammy-award winning artists and, powerhouse vocalists, a great house band, and more. Founded and hosted by fellow "Badenite" Kevin Pauls.

[www.thespiritofchristmas.ca](http://www.thespiritofchristmas.ca)  
Use promo code: BADEN10 to save 10%

# The Game's on Us! Here Is Your Free Firebirds Game Pass

The New Hamburg Firebirds are off to a great start with 13 wins and 4 losses so far this season. The Baden Outlook is sponsoring the game on November 20th and we are inviting you to come out and support your local team. Please cut out the coupon below and enjoy the game on us!

| TEAM        | GP | W  | L  | T | PTS | PCT  | GF | GA | PIM | HOME  | AWAY  |
|-------------|----|----|----|---|-----|------|----|----|-----|-------|-------|
| New Hamburg | 17 | 13 | 4  | 0 | 26  | .765 | 81 | 50 | 348 | 8-2-0 | 5-2-0 |
| Ayr         | 16 | 12 | 4  | 0 | 24  | .750 | 85 | 46 | 403 | 8-1-0 | 4-3-0 |
| Paris       | 17 | 12 | 5  | 0 | 24  | .706 | 81 | 56 | 365 | 5-1-0 | 7-4-0 |
| Tavistock   | 15 | 9  | 6  | 0 | 18  | .600 | 50 | 47 | 486 | 4-4-0 | 5-2-0 |
| Woodstock   | 12 | 5  | 6  | 1 | 11  | .458 | 32 | 30 | 224 | 3-2-1 | 2-4-0 |
| Wellesley   | 13 | 5  | 8  | 0 | 10  | .385 | 43 | 55 | 329 | 1-3-0 | 4-5-0 |
| Burford     | 16 | 4  | 12 | 0 | 8   | .250 | 51 | 78 | 320 | 3-5-0 | 1-7-0 |
| Norwich     | 16 | 3  | 11 | 2 | 8   | .250 | 43 | 64 | 381 | 1-6-1 | 2-5-1 |
| Delhi       | 14 | 3  | 10 | 1 | 7   | .250 | 40 | 80 | 176 | 3-6-0 | 0-4-1 |



To get you up to speed on the New Hamburg Firebirds: Seen above is the stats thus far in the Mid Western Junior C League. To the right are the league top ten scores. (NHF are the New Hamburg Firebirds).

| RK | PLAYER           | TEAM | Pos. | GP | G  | A  | PTS |
|----|------------------|------|------|----|----|----|-----|
| 1  | Ennett, Jerry    | NHF  | F    | 17 | 10 | 19 | 29  |
| 2  | Wheelans, Brady  | PAR  | F    | 16 | 13 | 12 | 25  |
| 3  | Randerson, Tyler | NHF  | F    | 14 | 13 | 11 | 24  |
| 4  | Harrison, Tyler  | AYR  | F    | 16 | 9  | 14 | 23  |
|    | Klie, Mitch      | AYR  | F    | 16 | 5  | 18 | 23  |
| 6  | Seraphim, Cash   | AYR  | F    | 15 | 14 | 7  | 21  |
| 7  | Davison, Walker  | NHF  | F    | 14 | 8  | 12 | 20  |
|    | Diamond, Quinn   | AYR  | F    | 15 | 7  | 13 | 20  |
| 9  | Pickering, Shaun | TAV  | F    | 15 | 12 | 7  | 19  |
|    | Morrison, Zack   | NOR  | F    | 16 | 10 | 9  | 19  |

This coupon entitles YOU and YOUR FAMILY entry to a Firebirds hockey game at the Wilmot Recreation Complex - **Friday, November 20th - 7:30 pm.**

## **NEW HAMBURG FIREBIRDS VS NORWICH MERCHANTS**

**This game is sponsored by The Baden Outlook - please present this coupon at the door.**