

Baden Outlook

Keeping the Community Connected with 3000 copies in Circulation.

Join Us as We Celebrate Wilmot's Rich Heritage



HERITAGE WILMOT

HERITAGE DAY 2018

CELEBRATING OUR AGRICULTURAL HERITAGE



Saturday February 24, 2018
 New Dundee Community Centre 10 a.m. to 3 p.m.
 For more information call (519) 634-8444
www.heritagewilmot.ca

FREE ADMISSION! 

2018 Heritage Day in Wilmot Township

For three decades, the Heritage Wilmot Advisory Committee has presented Heritage Day events in Wilmot Township. For 2018, the committee is proud to present the theme of *Celebrating our Agricultural Heritage*. Wilmot residents, organizations, business owners, and area heritage groups have an opportunity to showcase the unique heritage and culture on this day.

Highlights include:

- View exhibits and talk with exhibitors
- Meet and greet with the area heritage groups.
- Take part in an awards ceremony where residents and businesses that demonstrate significant contributions to heritage preservation in Wilmot Township are recognized.
- Join us at 1:30 p.m. to honour the Wilmot Agricultural Society and the Wilmot Horticultural Society. Food and refreshments provided by the New Dundee Women's Institute.

Barry and Pat Fisher
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 Baden, ON N3A 2V6
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 Web: www.badenoutlook.com

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This paper is priceless - Please have one!

Talking with Ed

~ Simply Magical



Pat and I just spent a wonderful week with Ron and Gwen Cook, Pat's brother and sister-in-law, at Samba Vallarta in Nuevo Vallarta, Mexico. We enjoy this area, as it is so easy to skip out and do side-trips to local spots. We did an outing to Puerto Vallarta and walked the malecon (boardwalk), and also made a trip 15 minutes north to Bucerias. Both excursions were enjoyable as we loved the food, culture, and markets. The vendors certainly have their sales pitches nailed down such as: "almost free", "cheaper than Walmart", "95% off", and "come in and see my crap". In many ways it was like running a gauntlet through these markets, but it was still lots of fun as they are very spirited people...and yes, we got some good deals.

Samba Vallarta is a very small resort with only 180 rooms, which means fewer line ups and a much more intimate stay. There was never a problem getting loungers, the pools were enjoyable, the food was good, and you didn't have to spend days getting to know the place.

After the second day, I started looking at the entertainment board, which showcased the evening's entertainment. The first night was a Mexican dance show, which we didn't attend... too tired after our travel day. The next night there was another dance show, focussing on historical dances; we didn't make it to that one either, we got tangled up playing cards. The third day I checked out the board and noticed a magic show was scheduled. I rushed back to the others rubbing my hands together to tell them the great news and that we must go! They agreed and were amused by my enthusiasm—it better be good, I thought.

I must admit I have had a real fascination with magic. The first show we ever saw was in Niagara Falls to see Greg Frewin, who has his own theatre and show. Pat and I interviewed him in the afternoon and watched the show at night. Greg spent many years in Las Vegas and on cruise ships, and he put on an unbelievable show. We also saw a magic show last year at a resort with our good friends, Tim and Kim.

I was a little dubious about how this show was going to be – a small resort in Mexico? - but I wasn't disappointed. The magician had no sleeves but cards were appearing out of his hands at a startling rate just materializing out of thin air. He opened his show by drawing a face on a whiteboard with a marker, then the face on the board came to life and started to talk to us with moving eyes and mouth, so full of character. He did some of the conventional tricks too, such as: change the colour of the feather duster; cut a rope into three and say some magical words that return it to one piece again; pulling coins out of a young volunteer's ears. He also did the levitating end table trick with another young volunteer. All in all, it was a really entertaining show, not to mention the amazing backdrop of the moon overhead and the palm trees looming - I was beaming.

To me, it seemed hardly worthwhile to check the entertainment board again - we had reached the pinnacle, I thought. The next morning, I did go and check it out and found the entertainment offered a circus. Okay, this one I had to see as well, so the four of us grabbed our after-dinner liqueurs and made our way to the outdoor theatre to check it out.

The show started with a weaker version of the previous night's magic show, followed by a woman who did a hula-hoop routine. She then returned doing a contortionist routine and was very good. The last act was a man who lay on a bench with his feet extended in the air where he began juggling various items with his feet then juggled with his hands at the same time, ending with tossing a table around with his feet. It was quite entertaining...I wasn't really expecting trapeze or circus animals.

The one thing we did miss out on was the beach party, which was happening the night of our departure day. That would have been a fun one as well, as there is nothing more glorious than the moon reflecting on the ocean with the palm trees swaying in the evening breeze. Now it is time to knuckle down and start saving for next year's winter break. Until next month...Ed

EXTRA EXTRA!!

You'll find us around the 15th of each month, available at over 80 places within Wilmot Township, while quantities last.



You'll find us In Baden at Mars Variety, CircleK, Baden Feed, Baden Dental, Wilmot Rec. Centre, Tim Hortons, Baden Library, EJ's and several outdoor magazine boxes located conveniently throughout town for Baden readers.

You can pick it up in New Hamburg at No Frills, Sobey's, Short Stop, NH Legion, McDonalds, Morningside, Stonecroft, Office Pro, NH Thrift Centre, Personally Fit Gym, Pharmasave, NH Dry Cleaners, NH Wellness, all libraries and various offices and retail locations throughout Wilmot Township.

It can also be found at Foxboro, in St. Agatha at Fishers Esso, Angie's Kitchen, and Pfenning's.

*The best things in life are free -
Like children playing in the snow,
and this paper ~ Please Have One!*



Greetings from ~ Outlook Headquarters

Brrrr... As I am writing my editorial it is -11 degrees outside, but the way the weather has been fluctuating it could be +11 degrees when you are reading this. We had a good snow fall after the rain, thaw, floods, and ice. As they say: "If you don't like the weather in Canada, just wait a minute."



According to our favourite weather groundhog, it was determined that more winter is on the way. It is nice to see the days are getting longer though, ensuring us that spring will indeed come.

We took off for our winter retreat to Mexico recently and surely enjoyed how the sunshine warmed us up inside and out. Sometimes it feels like the cold gets right into your bones—and the sunshine does that too—just wish we could bottle that and bring it home with us. Being so far from home and experiencing the many wonderful things in a different country, I was quite taken by the amazing plants. So when I first took in this huge pine tree hovering over the lovely palm trees I was reminded of home. But this Mexican pine tree does not have sharp needles; it has soft furry needles.

In this issue you will see many events coming with lots to offer at the Wilmot Rec. Centre for Family Day. Keep in mind that February is Heart Month so please give generously

when a volunteer knocks at your door. Also along with Heart Month is Valentine's Day so you will find more 'lovely' related things to enjoy and silly jokes to make you smile. My smile this month came from our granddaughter Lily, as her poem this month is about me—how sweet! As seen on the front page is Wilmot Heritage Day—get enlightened as we celebrate Agriculture in Wilmot. We were happy to get a response from the "What the Dickens" article from last month—thanks to Steve Kadlecik—check it out on page 26. Seen below is the population of Wilmot statistics from 2017 indicating that Wilmot is still growing. *Till March.. Keep warm.*

Grandma's Love

By Lily

*A Grandma's love is like a big warm hug
It wraps you up like a snuggly bug.*

*You squirm and wiggle in happiness and
pleasure, riches galore you just can't measure.*

*She gentle and kind and does not yell.
When I spill juice on the carpet and feel so
bad, she gives me a hug and is not even mad.*

Approximate Township Population Information

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
Baden	3,808	4,003	4,223	4,402	4,553	4,653	4,742	4,935	4,996	5,005	5,013
Foxboro Green	430	430	430	430	430	430	430	430	430	430	430
Haysville	129	129	129	129	129	129	129	129	129	129	129
Lisbon	61	61	61	61	61	61	61	61	61	61	64
Luxemburg	27	27	27	27	27	27	27	27	27	27	27
Mannheim	1,071	1,071	1,071	1,071	1,067	1,067	1,071	1,071	1,071	1,071	1,071
New Dundee	1,214	1,214	1,214	1,214	1,217	1,220	1,223	1,223	1,229	1,226	1,226
New Hamburg	7,006	7,176	7,387	7,664	7,930	8,084	8,241	8,332	8,421	8,583	8,844
Petersburg	403	406	406	406	406	406	406	409	409	409	409
Philipsburg	80	80	80	80	80	80	80	80	80	80	83
Shingletown	113	113	113	113	113	113	113	113	113	113	113
St. Agatha	624	624	624	624	624	624	624	624	627	627	627
Sunfish Lake	13	13	13	13	13	13	13	13	13	13	13
Wilmot Centre	55	55	55	55	55	55	55	55	59	59	62
Non-Settlement	3,288	3,312	3,318	3,333	3,330	3,324	3,327	3,327	3,318	3,318	3,318
Township	18,321	18,713	19,151	19,621	20,035	20,286	20,541	20,828	20,982	21,151	21,429

December 31, 2017: Township of Wilmot Development Services

Checking out the Baden Library



Baden Book Club at EJ's: Tuesday, Feb. 20, 6:30-7:30 p.m.

This month the adult book club is reading *Midnight in the Garden of Good and Evil* by John Berendt. Get your copy from the Baden branch and experience Berendt's non-fiction, thriller set in Savannah, Georgia. Join us at EJ's Tavern for a lively discussion!

March Break Fun at the Library

All core programs, movies, crafts, entertainers, and special events are free! Registration is required as space is limited. When registering, please remember to register all persons attending the event including adults and children of all ages.

Star Wars Invasion Storytime!

Tuesday, Mar. 13, 10:30 - 11:30 a.m.

(All ages welcome) Join Luke and Leia as they tell their adventures battling the empire and Darth Vader! Hear some stories and learn some Jedi tricks. May the force be with you!

Excellent Explosions:

Tuesday, Mar. 13, 2:30 - 3:30 p.m. (Kids 6 - 8)

Try some hands-on chemistry while learning about acids, bases and reactions, using common kitchen materials. Please come dressed to get messy!

Popcorn Theatre Movie Day: The Emoji Movie (G)

Wednesday, Mar. 14, 2:30 - 4 p.m.

Registration includes refreshments. Children under five years old must be accompanied by an adult. Children nine and under must have a parent/caregiver (12 years or older) remain in the branch during the movie.

Artist's Buffet: Thursday, Mar. 15, 2:30 - 3:30 p.m. (Kids 4 - 6)

Feed your creativity with our craft-packed art buffet! Pick your 'ingredients and tools' and create your own one-of-a-kind masterpiece to take home. Be sure to come dressed to get messy!



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Registration for March break programs begins Tuesday, Feb. 27. Register online, by phone or in person. Visit rwlibrary.ca for information about March break programs offered at all Region of Waterloo Library branches.

Coffee with a Constable

Drop in to enjoy a coffee and chat with Waterloo Region Police Service's Officer Paul at the Baden branch on Thursday, Mar. 8 from 10 a.m.-noon. He will be available to answer questions regarding police service, community engagement, trending topics, and more.

Free Computer Help

We offer free, one-on-one computer training sessions. Reserve your spot by registering online or calling the Baden branch at 519-634-8933. Appointments are available Tuesdays: Feb. 20 and Mar. 6.

Special Tech Programs at the New Hamburg Branch Windows 10 Workshop

On Thursday, Feb 22 at 10 a.m., come to work through the basics of Windows 10. Learn how to make your computer user-friendly, including helpful tips and tricks. Bring your own device, if desired.

Tablet Talk – Music, magazines, movies & more

On Thursday, Feb 22 at 1 p.m. learn how to download free music, magazines, movies, and more. Some are yours to keep and all are free to borrow!

Register for either of these tech programs online or by calling the New Hamburg branch at 519-662-1112.

Drop-in Tech Help - Feb. 13 - Mar. 13.

Can't get to the branch during the day? No problem. Drop in at the New Hamburg branch on Tuesday evenings, 5:30-7:30 p.m. to get assistance from our tech-savvy, Waterloo-Oxford DSS student volunteers. Bring your technology-related questions - no appointment necessary.

Up-to-date program and event information is available via the calendar at rwlibrary.ca or contact the branch at 519-634-8933 or badenlib@regionofwaterloo.ca.

*Chris Baechler, Assistant Supervisor
Baden Branch—Region of Waterloo Library*



Baby, it's cold outside! How true that is this winter....Brrrr! With the extreme temperatures we've had this season, you need to be aware of the threats that the cold can pose to your pets.

When the temperature drops below freezing, pets should not be left outside for extended periods. Cats, short-coated dogs, and puppies are particularly vulnerable in cold temperatures. Keep cats indoors and protect your dogs from frostbite or hypothermia by taking them outside only for short periods during cold weather. Consider slipping your short-coated dog or puppy into a comfortable dog sweater or coat as an extra layer of warmth. Never shave your dog down to the skin in winter, as a longer coat will provide more warmth. As well, when bathing your dog during winter months, ensure they are completely dry before taking them outside.

Arthritic and elderly pets may have more difficulty walking on snow and ice and may be more prone to slipping and falling. Long-haired or thick-coated dogs tend to be more cold-tolerant, but are still at risk in cold weather. Short-legged pets may become cold

faster because their bellies and bodies are more likely to come into contact with snow-covered ground.



Check your dog's paws frequently for signs of cold-weather injury or damage, such as cracked paw pads or bleeding. During a walk, a sudden lameness may be due to an injury or may be due to ice accumulation between their toes. You may be able to reduce the chance of ice ball accumulation by clipping the hair between your dog's toes.

During walks, your dog's feet, legs and belly may pick up de-icers, antifreeze, or other chemicals that could be toxic. When you get back inside, wipe down (or wash) your pet's feet, legs and belly to remove these chemicals and reduce the risk that your dog will ingest these toxins when they lick their feet or fur. Consider using pet-safe de-icers on your property to protect your pets and the others in your neighborhood.

If your pet is whining, shivering, seems anxious, slows down or stops moving, seems weak, or starts looking for warm places to burrow, get them back inside quickly because they are showing signs of hypothermia. Frostbite is harder to detect, and may not be fully recognized until a few days after the damage is done. If you suspect your pet has hypothermia or frostbite, consult your veterinarian immediately.

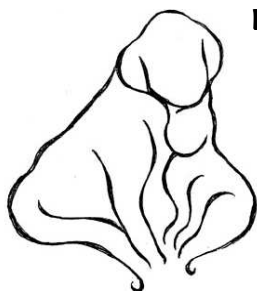
Keeping this in mind, everyone can get outside and enjoy the snow safely. Have fun! ... Or just take a nap, spring will be here soon.



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Baden ~ Our Town

Please join us on Family Day, February 19th for the Baden Community Association Family Day event at the Wilmot Recreation Complex. The Township of Wilmot, with the support of Michael Harris, will supply free swimming from 1-4 and free skating from 11a.m. to 1:45. Upstairs the BCA will provide free popcorn, cake, muffins, Timbits, coffee, juice boxes, and water to everyone from 1:30 to 4 p.m. A clown will be on hand this year to entertain with some face painting and balloon art. This is an opportunity for family, friends, and neighbours to get together and enjoy each other's company.

The BCA is working on plans for their Baden Town Cleanup. Details will be released in the next Baden Outlook and it is scheduled towards the end of April. As always, you are welcome to join in the fun or come to a meeting at the township hall the last Wednesday of each month at 7 pm.



26 Foundry Street
Baden, ON N3A 2P6

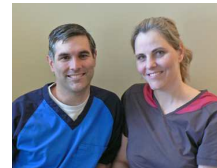
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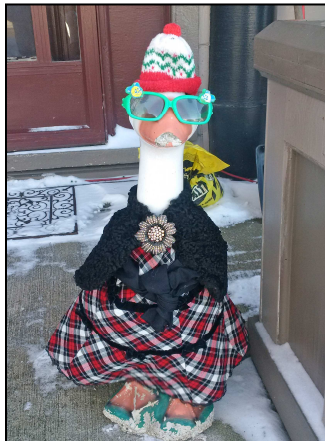


Dr. Rick and Nancy Pereira

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Here is MJ the goose, our street watcher, on January 13th enjoying the sunny day on the porch, taking in the sights of the day.

Always classy, MJ wore all black for the Golden Globe Awards party...and green for the Superbowl and she's sure to be in red for Valentine's Day.

Keep an eye on her...she's keeping an eye on you!



We can only blame ourselves for crime today because Superman has nowhere to change!



FREE FAMILY DAY SWIM HOSTED BY Michael HARRIS

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3:00pm - 4:00pm
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Ask Armand ~



Judy from Baden asks – I've lived in Baden all my life and there has always been a town library. When did it first arrive in town?

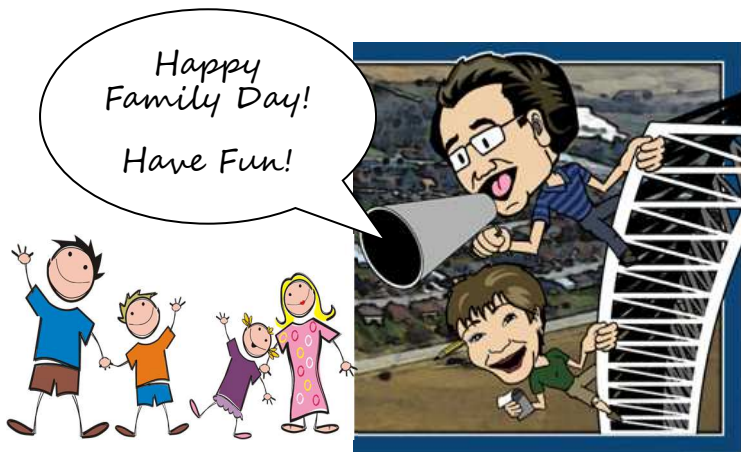
Armand says – Interesting question Judy, with lots of history! Actually the library was once called the Mechanics' Institutes, which were the forerunners of public libraries and adult education.

The origin of mechanics' institutes is attributed to Dr George Birkbeck, who in 1799 gave a series of free lectures for the working men of Glasgow. At the time, 'mechanic' meant artisan, tradesman, or working man. The definition became more specific over time, especially during the Industrial Revolution when workers became increasingly associated with machinery. Mechanics' Institutes were established throughout Britain and its colonies including Canada, New Zealand, America and Australia.

The green building to the east of the Baden Emporium was originally the site of Fred Sehl's Tin Shop, which was in operation from 1883 until 1972. The upper level of this building also housed the Baden Mechanics' Institute that was initiated by James Livingston and established in 1889.

The Mechanics' Institute closed its doors around the turn of the century. The books remained on the shelves gathering dust until 1957 when the Baden Public Library was reopened under the sponsorship of the Baden Community Group. The books were transferred to the old township hall on Beck Street to the part of the building that held the jury room, when the court was held in that hall (the building is now at Black Creek Pioneer Village).

In 1958 it became a member of the Waterloo County Library Co-operative and received 100 books exchanged four times a year. In 1966 it became necessary to relocate again to Foundry Street as Centennial Hall was being built. In 1983 the library moved again to its current location on Snyder's Road East.



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You Must Be Joking!!



Pizza Order

CALLER: Is this Gordon's Pizza?

GOOGLE: No sir, it's Google Pizza.

CALLER: I must have dialed a wrong number. Sorry.

GOOGLE: No sir, Google bought Gordon's Pizza last month.

CALLER: OK. I would like to order a pizza.

GOOGLE: Do you want your usual, sir?

CALLER: My usual? You know me?

GOOGLE: According to our caller ID data sheet, the last 12 times you called you ordered an extra-large pizza with three cheeses, sausage, pepperoni, mushrooms and meatballs on a thick crust.

CALLER: OK! That's what I want ...

GOOGLE: May I suggest that this time you order a pizza with ricotta, arugula, sun-dried tomatoes and olives on a whole wheat gluten free thin crust?

CALLER: What? I detest vegetables.

GOOGLE: Your cholesterol is not good, sir.

CALLER: How did you know?

GOOGLE: Well, we cross-referenced your home phone number with your medical records. We have the result of your blood tests for the last 7 years.

CALLER: Okay, but I do not want your rotten vegetable pizza! I already take medication for my cholesterol.

GOOGLE: Excuse me sir, but you have not taken your medication regularly. According to our database, you only purchased a box of 30 cholesterol tablets once, at Drug RX Network, 4 months ago.

CALLER: I bought more from another drugstore.

GOOGLE: That doesn't show on your credit card statement

CALLER: I paid in cash.

GOOGLE: But you did not withdraw enough cash according to your bank statement.

CALLER: I have other sources of cash.

GOOGLE: That doesn't show on your last tax return unless you bought them using an undeclared income source, which is against the law.

CALLER: WHAT????

GOOGLE: I'm sorry, sir, we use such information only with the sole intention of helping you.

CALLER: Enough already! I'm sick to death of Google, Facebook, Twitter, WhatsApp and all the others. I'm going to an island without internet, cable TV, where there is no cell phone service and no one to watch me or spy on me.

GOOGLE: I understand sir, but you need to renew your passport first. It expired 6 weeks ago...



Submitted by Bruce Bousher

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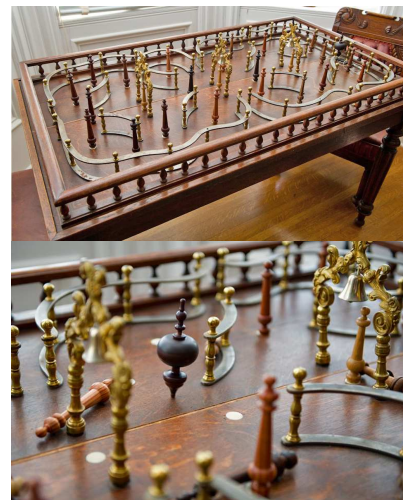
Eye exams – Glasses – Contact Lenses – Lasik Co-Management

Batteries Not Included

Submitted by: Tracy Loch, Curator/Director



Colourful glass marbles like tiny jewels; stereoscopes displaying lions, tigers, and scenes from far away lands; magic lanterns creating worlds to make children gasp with excitement. Gone were the days of simple wooden blocks and rag dolls as Victorian children were captivated by this wide variety of new toys, suddenly available to families like never before. During March Break, stop in at Castle Kilbride and see what kind of toys children played with over 140 years ago. Staff will have various toys on display, showcasing the evolution of Victorian toys and available for visitors to try. And imagine, no batteries were necessary!



A special attraction: staff will be demonstrating our most talked about Victorian game called *Skittles & Tops* during this week. As a special feature this year, kids will have a chance to try out their own version of this beloved game. Compared to games and toys today, our *Skittles & Tops* is no PS3 or Xbox ... but this fast-paced game with spinning tops and ringing bells most certainly brings out lots of smiles and cheering!

Special Touring Hours: March 13 - 18 from 1pm to 4pm.

Admission: Special rate: \$5 per child (with a paying adult) or \$20 for families.

The museum is wheelchair accessible.

For more information please visit our website at www.castlekilbride.ca



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Happy Valentine's Day. If you're feeling the love you'll be good at this word search puzzle. See if you can find the words below in the grid—they can be found diagonally, vertically, horizontally, or backwards. The answers are on page 22.



K	S	Q	S	J	I	V	R	T	D	S	R	Q	G	K
R	Q	Q	T	D	M	A	B	X	U	F	N	Q	J	J
K	G	D	A	S	N	L	Y	E	U	S	F	S	N	S
S	V	E	E	M	B	E	R	I	G	C	E	V	O	L
Q	W	Q	R	Q	Q	N	I	A	W	R	A	O	C	G
T	Z	E	T	G	R	T	Z	R	E	Y	I	N	Q	T
D	Q	I	E	E	O	I	K	Z	F	D	R	E	D	J
H	O	B	N	T	P	N	W	N	O	E	F	T	G	Y
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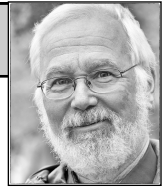
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Nevermore! At least, that is what people in south western Ontario thought about the possibility of sighting of the Common Raven around the Waterloo County area when I was growing up. Habitat destruction (the cutting of forests), the poisoning of unwanted wildlife such as coyotes, wolves, raccoons and rats which the scavenger Ravens feasted on, indiscriminate shooting of birds for various reasons such as protecting free run chickens, target practice, and fun – all of this reduced the population of Ravens to the point of extirpation in Ontario south of Lake Huron's north shore.



require an incubation period of 20-25 days. The young are hatched almost featherless and require a nesting period of one to two months before they are ready to take to the air and start to learn life skills from their parents.

Ravens seem to be very adept learners and communicators. They easily pass on information to other Ravens, and have been known to solve very complex, multi-stage problems. They

have also been documented to be able to tell individual people from each other in a crowd! Some researchers actually think that Ravens work with hunting wolves to find and identify likely prey, and therefore the Ravens get to share in the feast after a kill. Research on Isle Royale in Lake Superior has also attributed the size of an ideal wolf pack (4) to the need to feed both species involved in the hunt.

However, the slow recolonization of these magnificent birds is finally taking place. The 1987 *Atlas of the Breeding Birds of Ontario* showed a slow, but steady southerly progression of nesting Ravens through central Ontario and the Bruce Peninsula, with the most southerly confirmed nesting site near Kolapore, south of Thornbury. In the last ten years, sightings of Ravens in Waterloo, Wellington, and Perth have become much more common. Often young, unmated birds will be seen near landfill sites where these scavengers can pick up a free meal. The landfill, however, is not an easy site in which to operate. Crows, a sworn enemy of the Raven, tend to congregate here as do gulls of various species and Turkey Vultures. Competition is rough. This is not a good place for a mated pair to raise a family!

A quiet place in a high rise somewhere in the country would be better! Something like a very tall tree, a ledge on a cliff, power line towers and posts, or perhaps the upper steps on the side of a silo would be better. Courtship starts in early February, followed by nest building in March and early April. The nest is put together using fresh sticks up to a metre long and 2.5 cm thick. Only one brood is attempted each year as the 3-7 eggs

So, how do you tell a crow from a Raven? (I assume you will be keeping a watch out for them from now on.) Mature Ravens are about one and one half times the size of a crow. They are all black: legs, feathers, and eyes. They will often be seen beside the road eating road kill. Sometimes they will fly straight down the centre line of a road while looking for road kill. A crow's tail is rounded while a Raven's is wedge shaped. When a crow flies, it appears to be "swimming" through the air and it sometimes soars for short distances with its wings slightly raised, while a Raven flies with a less exaggerated flapping, and often soars for long periods of time. Crows "caw" while Ravens "croak" and imitate many sounds around them - some would make you believe that there is a fire truck in the area.

If you find a Raven, spend some time watching it; you will be amazed and ready to search online to find out more about this really interesting species which has been repatriated to our area.

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Register at rwlibrary.ca (Space is limited)

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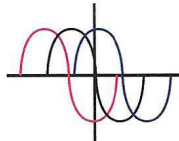
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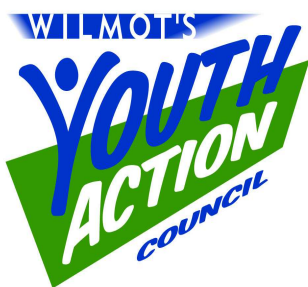
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Hello Baden—it's your friendly neighborhood YAC pack at it again with a new update for this month.

In February, The Youth Action Council will be hosting a Sweet Heart Dance for kids in grade 5-8. It will be an awesome night

full of dancing, music, and food. The dance will be held at the Community centre in the Wilmot Recreation Complex, 1291 Nafziger Road from 7-9pm. Admission is only \$5 and there will be a tuck shop where snacks can be purchased. So mark it on your calendars because this will be a dance you won't want to miss. Hope to see all you cool kids there.

Another event coming up that you should be aware of is our Van Gogh and Paint a Mural--part 2: The Painting Party. We are finally painting the wall in the Youth Centre and would love to see everyone there to help paint the mural. Painting will be held Saturday, March 24 from 1-3pm.

Stay tuned for more Youth Action Council activities down the road.



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MORE FUN WITH LEXOPHILES

Lexophile is a word used to describe those that have a love for words, such as "you can tune a piano, but you can't tuna fish", or "to write with a broken pencil is pointless." A competition to see who can come up with the best lexophiles is held every year in an undisclosed location. This year's winning submissions:

... When fish are in schools, they sometimes take debate.

... A thief who stole a calendar got twelve months.

... When the smog lifts in Los Angeles U.C.L.A.

... The batteries were given out free of charge.

... A dentist and a manicurist married. They fought tooth and nail.

... A will is a dead giveaway.

... With her marriage, she got a new name and a dress.

... A boiled egg is hard to beat.

... When you've seen one shopping centre you've seen a mall.

... Police were summoned to a daycare centre where a three-year-old was resisting a rest.

... Did you hear about the fellow whose entire left side was cut off? He's all right now.

... A bicycle can't stand alone; it's just two tired.

... When a clock is hungry it goes back four seconds.

... The guy who fell onto an upholstery machine is now fully recovered.

... He had a photographic memory which was never developed.

... When she saw her first strands of grey hair she thought she'd dye.

... Acupuncture is a jab well done. That's the point of it.

And finally: Those who get too big for their pants will be totally exposed in the end.

Submitted by Robert Price



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Friday	9:00-5:30
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Baden Outlook Hockey Pool Stats

Adults			Kids		
Place	Name	PTS	Place	Name	PTS
1	Lynn Moore	608	1	Taylor Naumann	580
2	Devon Grozn	602	2	Sabrina Hallman	576
3	Kristen Struth	599	3	Ryan Boronka	569
4	Brayden Gingerich	594	4	Sofia	568
5	Josh Durrer	582	T5	Vance Hallman	564
6	Maggie Litwiller	581	T5	Ayden Ziegler	564
T7	Cooper Honderich	580	T5	Kate Papa	564
T7	Bonnie Jokic	580	8	Scott Snook	563
T7	Adam Roth	580	9	Joel Miller	560
T10	Chris Murray	578	10	Kailey Patten	558
T10	Nathan Boronka	578	T11	Ben Linthorne	557
12	Lindsay Soctemans	572	T11	Cameron Langer	557
13	Jason Hambleton	571	13	Evan Bizony	556
14	Sadie Acton	570	14	Joey Durrer	555
T15	Bradley Sousa	569	15	Hailey Jokic	551
T15	Norm Poirier	569	16	Jordan Snyder	549
T17	Mike Taves	567	17	Mitchell Young	548
T17	Jody Pfaff	567	T18	Jake Durrer	546
19	Ty Brenner	565	T18	Braedyn	546
T20	Ryan Heinbuch	564	T20	Avery Shantz	544
T20	Al Heafey	564	T20	Elias Bizony	544
T20	Amber Porchak	564	T20	Mason Beaver	544
23	Grant Gingerich	563	23	Eric	542
T24	Ron Yoworski	561	24	Lucas Witteveen	537
T24	Bryn Fournier	561	T25	Dana Kropf	536
T26	Bob Miller	560	T25	Jared Shantz	536
T26	Nick Snape	560	27	Brett Fraser	535
T28	Tara Jokic	559	28	Alyson Acton	534
T28	Papa Bud Miller	559	29	Logan Moore	533
30	Scott Butchart	556	30	Kohen Patten	531

**Congratulations to
Lynn Moore for taking the
Adult Leader Prize for this
month's Hockey Pool, winning a
gift certificate from EJ's Baden**

**Congratulations to Sabrina Hallman
who took the leader prize for the
Kids Pool winning a gift certificate
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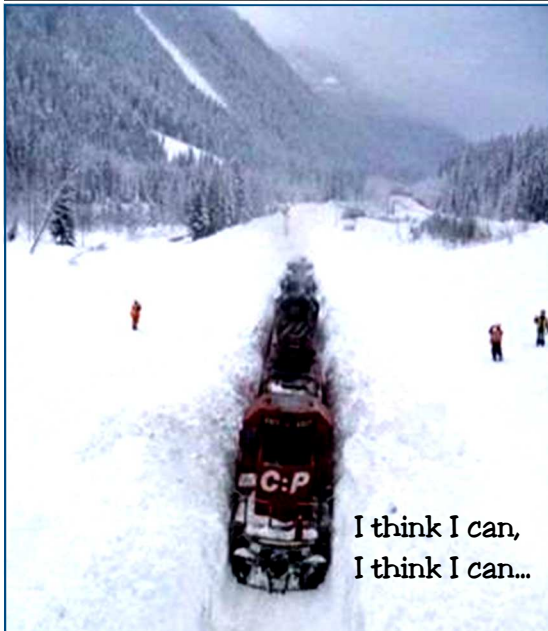
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Hello sports fans! Thanks for playing hockey with us! The entry forms are in with 436 eager players —357 adults and 79 kids to duke it out. You can follow your stats which are updated daily on the site. Simply visit www.badenoutlook.com — select "sports pools". For adult pool, type in pool ID: outlookhockey and for kids type in outlookkids .

The passwords are: *guest*. Have Fun and Good Luck!





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For a long period of time no one dared take up the challenge. Then suddenly a man jumped in and swam frantically for his life towards shore pursued by the crocs and luckily he made it unscathed. When he managed to recover his breath the man, who became an instant millionaire, shouted asking who pushed him into the pond and found it was his wife who did it!!!

And that is how the phrase... "Behind every successful man...there's a woman"...came about !!!

Submitted by Bob Smith



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You Must Be Joking!!



A fifteen-year-old teenager came home with a Porsche, and his parents began to yell and scream, "Where'd you get that car?"

He calmly told them, "I bought it today."

"With what money!?" demanded his parents. "We know what a Porsche costs."



"Well," said the boy, "this one cost me fifteen dollars."

The parents began to yell even louder. "Who would sell a car like that for \$15.00?" they asked.

"It was the lady up the street," said the boy, don't know her name -- they just moved in. She saw me ride past on my bike and asked me if I wanted to buy a Porsche for \$15.00."

"Oh my goodness!" moaned the mother, "she must be a child abuser. Who knows what she will do next? John, you go right up there and see what's going on."

So the boy's father walked up the street to the house where the lady lived and found her out in the yard calmly tending to the flowers. He introduced himself as the father of the boy to whom she had sold a Porsche for fifteen dollars and demanded to know why she did it.

"Well," she said, "this morning I got a phone call from my husband. I thought he was on a business trip, but I learned from a friend he has run off to Hawaii with his secretary. Then apparently she stole all his money and stranded him there! Well he called me, without a dollar to his name, and asked me to sell his Porsche and send him the money. So that's exactly what I did."

Submitted by Robert Price

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Wow! More exciting destinations as The Baden Outlook continues to travel ...



Some of the Taves Family took the Baden Outlook to Cancun, Mexico for a reunion and some fun in the sun.



Elaine Gross along with her daughter Rachel Weber and granddaughter Natasha Weber enjoyed their trip to Guatemala, seen here with the Baden Outlook and beautiful poinsettia flowers.



The Baden Outlook went along with Ron and Gwen Cook and Barry and Pat Fisher to the Malecon in Puerto Vallarta where the bronze statue suspended in air came to life.



John and Linda Wagner took the Baden Outlook along to California to enjoy the Tournament of Roses Parade in Pasadena on New Year's day.

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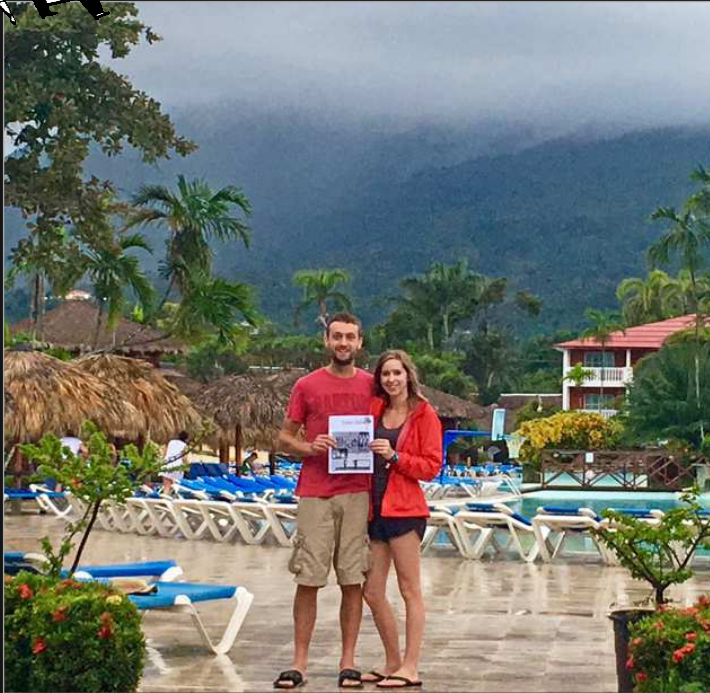
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Brittany Brown of St Clements and Scott Lingelbach of Wellesley recently took their Baden Outlook to Puerto Plata, Dominican Republic. In the background is Mount Isabel de Torres which they climbed during their stay.



The Carney family enjoyed the island of Curacao where they visited an Ostrich Farm with the Baden Outlook. Seen in the photo is Deanna, Braedyn & Ryland.



Jalyssa and Ryan Brink continue to travel the world with the Baden Outlook seeing all the sights. Recently in Singapore they are seen standing in the Super Tree Grove. They loved being there and would come down every night to watch the light show as well as walk along a skyway trail through the trees so they could see them up close!



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I hope everyone is happy and healthy! I'm exhilarated to have the pleasure of sharing that my wife and I have welcomed a third little person into our family. Colette was born on January 17th, 2018 at 7lbs 7oz. Mom and baby are doing great and my two boys are adjusting well. As having a newborn is top of my mind I'd like to share some information from the Ontario Chiropractic Association regarding life with newborns. Below you will find 5 strategies to decrease the demand placed on our bodies while caring for our little ones. Remember, it is hard to fill from an empty cup, so make sure you are taking good care of yourself so that you can take good care of your family.

Parents may be lifting a 7-10 pound baby around 50 times a day. By 12 months, your baby weighs approximately 17 pounds, and at 2 years that child has become a 25-30 pound toddler. The repetitive lifting of your child may put you at risk for back problems. This is just like any other repetitive job or task where ergonomics should be considered to lower the strain on your body.

Here are some simple tips that can help parents avoid some common aches and pains:

Lifting

- Stand with your feet at least shoulder-width apart.
- Keep your back in neutral position and bend your knees.

- Bring your baby as close to your chest as possible, and then lift using both arms.

Carrying

- When carrying your little one, pivot with your feet instead of twisting your back.
- This will ensure that you're turning with your hips, which will reduce your risk of back pain.
- Lower your child into the crib or onto the floor by bending at the knees, with a neutral back.

Holding

- Hold your child in an upright position, directly against your chest.
- Carrying a child on one hip creates postural imbalances that can lead to low back pain over time.



Feeding

- Always sit in a chair with back support and avoid leaning forward to reach your newborn's mouth.
- Instead, use pillows or blankets to support and position your baby closer to you.

Exercise

- Exercise can help increase muscle support for your aching back.
- While your baby is enjoying tummy time, join him/her on the floor and do some exercises to help strengthen your core.
- There is no time for back pain in parenthood. Talk to your chiropractor about specific exercises to stretch and strengthen your muscles so that you can stay on your toes and a step ahead of your little ones.

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- ♦ HEADACHES ♦ NECK PAIN ♦ LOWER BACK PAIN
- ♦ HIP PAIN ♦ STRAINS & SPRAINS ♦ TENNIS ELBOW ♦
- ♦ PLANTAR FASCIITIS ♦ SPORTS INJURIES ♦
- ♦ MOTOR VEHICLE ACCIDENT INJURIES ♦
- ♦ WHIPLASH ♦ SHOULDER PAIN ♦

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Answers to the Valentine Word Search from page 10

K	S	Q	S	J	I	V	R	T	D	S	R	Q	G	K
R	Q	Q	T	D	M	A	B	X	U	F	N	Q	J	J
K	G	D	A	S	N	L	Y	E	U	S	F	S	N	S
S	V	E	E	M	B	E	R	I	G	C	E	V	O	L
Q	W	Q	R	Q	Q	N	I	A	W	R	A	O	C	G
T	Z	E	T	G	R	T	Z	R	E	Y	I	N	Q	T
D	Q	I	E	E	O	I	K	Z	F	D	R	E	D	J
H	O	B	N	T	P	N	W	N	O	E	F	T	G	Y
X	U	T	H	C	H	E	H	V	X	E	A	L	A	T
N	A	G	B	P	R	E	E	Y	B	M	T	C	B	H
F	O	M	G	T	U	S	A	R	L	R	K	U	T	Q
I	M	T	M	Q	S	K	U	R	A	U	N	P	E	H
G	A	R	D	S	K	A	A	E	T	W	I	I	G	U
M	C	D	I	R	R	M	H	H	X	E	P	D	P	N
W	Q	K	L	Y	S	R	E	W	O	L	F	J	O	J

We're on the Web!
See the paper in colour ...
Visit www.badenoutlook.com

Is your green bin yucky from all the wet slop that goes in it? Here's a hint for you: Save your empty egg cartons—put one in the bottom of the bin and another in the bottom of the bag and it will keep the bottom of the bag from getting so wet and sticking to the bottom and freezing. The collection driver will appreciate it too, making his job a little easier.

Be sure to glance through your 2018 Waste Collection Calendar to see more hints and tips on waste management.



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AND MORE FOR THE KIDS!



I hope your new year is starting out to be a healthy one. At this time of year, we often feel we need to make a New Year's resolution to improve our health; then for some reason as the months go by, the motivation drops off. I have found that there could be many reasons this happens, such as making too many changes at once, or choosing a type of exercise that doesn't really fit YOU or your lifestyle, which can leave you feeling overwhelmed and stressed. These changes should be bringing health and peace, not stress. It's best to begin gradually so that the changes you make will become a true everyday habit. So, as I always say, *make the changes one step at a time!* The benefits will motivate you in and of themselves.

If you want to make a New Year's resolution, read the below list of ideas and begin with one that speaks to you the most. There is no specific order, except that I would say to increase water if you don't already get 10-12 cups a day. Increase by 1 cup every few days. Mark the start date and work towards a 3-4 week completed date. Keeping a mood/food journal will help you SEE the results.

Hydrate: Work up to 10-12 cups (8 oz ea.) each day; herbal tea is inclusive. This may decrease headaches, constipation, sore muscles, and dry skin, among other things.

Sleep: Get 7-9 hours of sleep each night. This supports your immune system, hormone balancing, productiveness, decreases stress, and anti-aging. Try to get to sleep by 10 or 11 PM for best results.

Manage stress: Do you have generalized fear or anxiety? This stress increases cortisol levels that can disrupt hormones, making it difficult to maintain a healthy weight. It also inhibits digestion and can cause ulcers.

Consume whole, live, natural foods: Choose seasonal products with a variety of colour for improved nutrient and gut health. Cooked vegetables should be slightly crunchy so they are not over cooked, losing their nutrients. A good rule to follow, because we like some easy meals, is 80% whole foods and 20% fast foods, while still choosing the best of fast foods. **Eat fresh food, mostly plants and lots of water.**

Consume grass fed beef: It actually contains omega 3 fat, no cholesterol. Also, free-range/organic fed poultry, wild caught fish (not farmed), organic pork are better choices for you. Humanely raised is another option, but what have they been fed? Too much meat in the diet, however, can cause the body to become too acidic which is the environment for disease to flourish.

Fermented Foods: These foods, such as naturally fermented sauerkraut (no vinegar used), kefir, miso, kombucha, and tempeh, nourish the good bacteria in the gut to support your immune system to fight disease and pathogens.

Exercise: Your body was made to move, so move it to increase insulin sensitivity of the muscles, circulation to the brain, and to relieve stress. Start gradually so you aren't so sore that you don't ever want to do it again. Walking is a great way to start or if you already walk, add some strength training 2 x a week after a 5-minute warm-up.

Regular cleansing: Cleanse with seasonal greens and vegetables in the spring and fall every year. You want to move estrogen out so it doesn't build up and cause cancer, regulate the content of the blood such as sugars, fats, proteins, and hormones which are messengers from other parts of the body, and balance mood.

Menu Planning: This can be done once a week or once a month, whatever fits into your schedule. You can even plan a day to cook some meals and freeze them for those days you have no time to cook. The benefits to meal planning are wonderful!

Eliminate anti-nutrients: Substituting for anti-nutrients such as sugar, caffeine, cow's milk, candy, and processed foods is easier and more successful than just elimination. Choose Teeccino for coffee and almond milk for dairy milk.

Please, contact me if you have any questions at all. Cheers to your success!

Helen Steinmann | www.pureandsimpleholistichealth.com

*You want success in a way that is doable with life and **one step at a time** ~ Here's to YOUR health in 2018!*

Community Corner ~ Check Out What's Going On!



**YOU HAVE THE POWER
TO GIVE LIFE**
Donate blood and join the movement today.

Canadian Blood Services
it's in you to give

Blood Donor Clinic

Monday, February 26, 5 pm - 8 pm
Steinmann Mennonite Church, Fellowship Hall
1316 Snyder's Road W., Baden

Hidden Acres Family Day Open House February 19, 2018 – 10:00am-3:30pm

Come enjoy lots of FREE indoor and outdoor activities including sledding, skating, pretzel-making, crafts, games, a campfire, bannock roasting, and much more (some activities are weather dependent)! Please bring your own outdoor equipment. Enjoy a hot lunch for \$3/person or bring a bagged lunch. RSVP required – info@hiddenacres.ca or 519-625-8602.
Hidden Acres Mennonite Camp, 1921 Line 37, New Hamburg

Bethel Evangelical Missionary Church in New Dundee is running a 2 Day March Break Camp for children JK-Gr 6 on March 13 & 14, 9:00-3:30.

"Shipwrecked - Rescued by Jesus"

The cost is \$10 per child, pre-registration is required.

The fun includes games, activities, snacks, music and more! Lunch is also included.

Are you concerned about the **environment** and the potential effects of **climate change**? Are you interested in learning more and working with others to make a difference? Join us on **Wednesday, February 28th, 7:00PM** on at Zion United Church, 215 Peel Street, New Hamburg. For more information, contact nvecoboosters@gmail.com or call 519-662-9372.

New in the Neighbourhood?

If you are new in the neighbourhood, call us to receive your gifts and learn about your community.

Local Representative: Marlene Brenneman
Welcome Wagon Representative
519-591-5963 marlene.brenneman@gmail.com



Ladies—Mark your calendar for the annual Women's Day event on April 7. The topic is Cardiac Disease — Register soon, deadline is March 30. More details to follow in the March issue. Presented by Women's Institute, New Dundee. For more information call Ruth at 519-578-9876.

T.O.P.S.

(Take Off Pounds Sensibly)

We are a support group for weight loss. Meetings are held on Tuesday evenings at St. James Lutheran Church, 66 Mill Street, Baden
Everyone Welcome.
Weigh-ins at 6:30 pm followed by a short meeting. For more information call 519-634-5542

Optimist Club of Wilmot Annual Family Fun Day

Sunday, March 4, 1-4 pm
Wilmot Recreation Complex
Community Room (second floor)

Games, Crafts, popcorn, and face painting; fun for all ages. There is no charge for this event but donations are always welcome.

Optimist Club of Wilmot

Spring Craft and Gift Sale

Saturday, March 17, 10 am to 3 pm
Wilmot Rec Complex, Baden ON

Come on out to find the perfect gifts for Easter, Mother's Day, and Father's Day

There will be a Silent and Bake Table
(proceeds to support youth activities in the township)



JOIN US FOR

F.R.O.G.

EVERY OTHER TUESDAY BEGINNING
JAN 9TH FROM 6:30-8pm
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FAMILY VIOLENCE PREVENTION PROGRAM

There are many ways a person can abuse. Abuse is about intimidation and control and comes in many forms.

- ♦ PHYSICAL ABUSE
- ♦ SEXUAL ABUSE
- ♦ VERBAL ABUSE
- ♦ EMOTIONAL ABUSE
- ♦ FINANCIAL ABUSE



*If you are experiencing any form of abuse and would like help, contact Teresa at
Wilmot Family Resource Centre
Family Violence Prevention Program*

fvpp4wfrc@bellnet.ca 519 662-2731

MARCH BREAK RESPITE PROGRAM



For individuals with a developmental disability Grade 9 and up. Activities include arts & crafts, music, games, social time, and much MORE!

Fees based on participants' needs and activity costs. Accessible by GRT

March 12 – 16, Monday to Friday from 8:30 – 3:00
Aldaview Services, 332 Hamilton Road, New Hamburg, Ontario



**Aldaview
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Making Every Day Matter

For registration contact:

Mary Hartman at

519-662-5172 Or email:

mhartman@tcmhomes.com



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Branch #532—Boullee Street, New Hamburg

Invites you to join us for ...

Southern BBQ Soul Food Night,

February 23rd, 5pm and 7pm sittings

Advance tickets: \$16 adult, \$10 child, Smoked back ribs, BBQ chicken, 5 sides and dessert

**Entertainment - Saturday, February 24th, 2 - 6pm
with Erik Traplin**

coldest *night OF THE YEAR

On February 24th, Wilmot Family Resource Centre is hosting the Coldest Night of the Year, a 2, 5, & 10 km winter walk in support of our work in Wilmot Township and Wellesley.

The Coldest Night of the Year is a super-fun, family-friendly fundraiser hosted in 125+ cities to raise money for the hungry, homeless, and hurting. You can help by walking, volunteering, and/or donating. Gather a team of family and friends. Challenge your neighbours.

For more information visit cnoy.org or contact us at 519-662-2731

Community Recreational Needs Survey

To better serve our Wilmot Community Interfaith Community Counselling, Wilmot Health Communities Coalition, and Wilmot Family Resource centre are partnering to do an



assessment of recreational and social needs of school aged children to identify needs and gaps in the current programming offered by community agencies within the township. This information will inform our future program planning, with the goal to offer requested programs in the Spring of 2018.

Once the information is compiled, it will be shared for public review and with local partners who are invested in the recreational and social needs of school aged children. Please take a few minutes to complete our anonymous survey online; your input is valuable as we aim to ensure the social and recreation needs of Wilmot families is a priority.

<https://www.surveymonkey.com/r/KWWFJ5N>

ICC
Interfaith Counselling Centre



Wilmot Family
Resource Centre

**WILMOT
HEALTHY
COMMUNITIES
COALITION**

What the Dickens?

In the January issue we featured these 2 items that were brought to our attention and asked whether our readers might know what they were. Well, thanks so much to Steve Kadlecik of Baden who sent in the following response:



The first item is what I believe to be part of a leather cutting device which was used a lot in the harness making industry. What is shown looks like the knife portion and the measuring part is missing.

The harness maker would set the width of strap required on the gauge and push the knife through the length of the hide following a previously made straight edge on the leather. The guide would follow much like a fence on a table saw. This would produce a parallel cut the length of the hide.



The second items are probably Luthier's clamps. A Luthier is a person who builds or repairs stringed instruments. Many of these clamps would be used around the profile of the instrument at once as the top and bottom are glued to the sides. You will notice there is not much length to the clamp as most guitars etc. are not much wider than four inches or so.

**** If you come across something that you need help identifying please send us an email with a photo and see if the Baden Outlook readers can help. ****

Keeping the Community Connected

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**This is a sloppy time of year, but
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- ⇒ *Protect and preserve your investment*
- ⇒ *Get the salt off—inside and out*



In his garden, every man may be his own artist without apology or explanation ~ Louise Beebe Wilder

Winter has been offering interesting variations this year, with major temperature swings. No matter! Some of you have already received your seed orders and some of you may be thinking of starting to look at catalogues. When buying seeds, some of the terminology can be confusing.

Seedy Language:

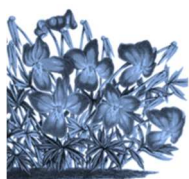


F1/Hybrid: a cross between two first-generation varieties. When you save seed, the resulting plantings will be an unpredictable mix.

GMO: Genetically modified or genetically engineered (GE) has genetic material from the same or different species (plant or animal) spliced together. Example: blue rose from Australia is result of delphinium spliced with the rose. In Canada, the **only** GMOs grown are corn, canola, soybeans, sugar beets, and the Arctic Apple.

Heirloom: or heritage variety is open-pollinated and sometimes defined as a variety older than 50 years. Seed of Diversity is an organization that searches out, preserves, perpetuates, studies, and encourages the cultivation of heirloom and endangered varieties of food crops. www.seeds.ca

OP: Open-pollinated. Plants self-pollinate or pollinate with the same variety of plant. Best for those who save seeds and follow procedures to get the same plants again.



Some Weedy Stuff!!

The common blue violet (*Viola sororia*) is most abundant in eastern Canada and United States. It has familiar small flowers that range in color from deep purple to creamy white, and heart-shaped leaves that form a graceful spiral when they first emerge. The genus has been invoked as a symbol of love and modesty. Still, as beloved as violets are, they are considered weeds by many people, especially those seeking perfect lawns. Like most 'weeds', they are very resilient and have multiple strategies for reproducing. They thrive in partial shade and enjoy lots of moisture, and they can be stubborn to eradicate. Their dense, fibrous root system allows them to bounce back after mowing, and they can reproduce vegetatively via underground stems, or rhizomes. In my previous home garden, I had a naturalized corner in my garden and did not find them invasive. They were planted with native ginger and others, and seemed to keep each other in check. They are lovely in rock gardens and can be used as a ground cover.

WHS's upcoming meeting is at 7:30 pm on March 12th, **Seed Saving and Gardening** with **Judy Newman of Seeds of Diversity**. Judy will discuss the importance of heirloom and endangered varieties of food crops and the need for preservation. **Wilmot Recreation Centre, upstairs in Meeting Room A**. Free meeting, 50/50 draw (bring a loonie or toonie), door prizes and social with tea/coffee with snacks.

Get your fingernails and knees dirtier this spring!

www.gardenontario.org/site.php/wilmot

email: wilmothortsociety@gmail.com

Graphics: Pixabay



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Now I lay me down to sleep...



Teach your children to say their prayers...to give thanks for the good things or to share their worries or fears. Let them know they are not alone—their voice matters.

Emmanuel Lutheran Church Ladies Aid Celebrate 70 Years of Service

On January 29, 1948, nine women from Emmanuel Lutheran church in Petersburg gathered to organize a Ladies Aid Society. Seventy years later they are still going strong with 17 active and 5 honorary ladies as members.

To celebrate this event they decided to make pillowcase dresses for girls in Haiti. After only a few days of work they were surprised to find they had completed 144 dresses.



The ladies also put together 15 “We Care” packages to be sent overseas for missions. Throughout the year they make knotted comforters for local agencies in Waterloo Region. The ladies also gather at the church on Tuesdays from fall to spring to make quilts for people who want a quilt hand sewn. It’s a day of fun and fellowship. There is some time open for this spring or next fall, if you are looking for a place to get your quilt hand sewn— call Joyce (519-745-7246) or Sharon (519-662-3014) for more information. The proceeds from the quilting help our mission projects throughout the year. (Wilmot Food Bank, Lutherwood, St. Paul’s Kitchen, Canadian Food for Children, House of Friendship, Christian Blind Mission, LAMP Canada and more).

Local Churches Invite You to Join Them

Please visit www.badenoutlook.com
for a directory of local churches.



ST. JAMES LUTHERAN CHURCH

66 Mill Street, Baden ON

519-634-5191 joanna.e.miller@gmail.com

Pastor Joanna Miller

Sunday Worship 9 am / Sunday School

Livingston Presbyterian Church

44 Beck Street, Baden / 519-662-4949

Hymn Sing 9:45 am ~ Worship to follow at 10 am
Moderator: Linda Ashfield, 519-886-4150

Emmanuel Lutheran Church

1716 Snyder’s Road East, Petersburg, ON

519-634-5511 www.petersburgchurch.org

* Wheel Chair Accessible *

Worship Service 9:30 am / Sunday School

SHANTZ MENNONITE CHURCH

2473 Erb’s Road, Baden, Ont N3A 3M3

Phone: 519-634-8712 / Email: office@shantzmcc.ca

Pastor: Don Penner

Worship Service - 9:30 am Christian Education - 11:00 am

Wilmot Mennonite Church

2995 Bleams Road, New Hamburg, ON

Worship Service 9:45 a.m. ~ Christian Formation 11:00 a.m.

Pastor Susan Allison-Jones

519-634-5030 www.wilmotmennonite.ca

Wilmot Centre Missionary Church

2463 Bleams Road—corner of Bleams & Sandhills Road

Church Service and Children’s Worship 10:00 am

Rev. Wayne Domm, Dr. Rob Gulliver, Youth Director Rev. Don Boyd

519-634-8687 www.wilmotcentremc.ca

Steinman Mennonite Church

1316 Snyder’s Rd. W. (at Nafziger Rd), Baden

Sunday Worship 9:45, Sunday School 11:00 am

Phone: 519-634-8311 / www.smchurch.ca

New Hamburg Thrift Centre
41 Heritage Drive
New Hamburg
tel: 519-662-2867
www.newhamburgthrift.com



Please note we are closed
Monday, Feb 19 for Family Day.

Stock up on books, board games, puzzles and craft supplies to plan some activities together!



All proceeds benefit
the work of
Mennonite Central
Committee

REGULAR HOURS

Mon-Thurs 9:00 am - 5:00 pm
Fri 9:00 am - 8:00 pm
Sat 9:00 am - 4:00 pm

The Kitchen Table



**A place for Seniors to find
support & encouragement**
with afternoon tea & coffee

topic:

It takes a Community & its Resources

Feb 27 (last Tues of the month) **1:30 - 3:00**

At Wilmot Mennonite Church

Wilmot Mennonite 2995 Bleams Rd. 519-634-5030

Many of us have a love-hate relationship with winter. You may be the one who loves the first snow fall when everything looks so peaceful and clean, or maybe you love the winter activities for the whole family. You may love walking and breathing in the fresh cold air that makes you feel so alive and enjoy the warmth that a hot drink gives on those cold days. On the other hand, you may not enjoy the freezing conditions that make our daily routines more challenging from getting out of bed, having a shower, to driving to work or school, and meeting friends. You may not be a fan of shorter and darker days that sometimes affect our mood and energy levels.

Whatever winter feels like to you, the New Hamburg Thrift Centre wants to help you to find affordable items for all your needs. If you are staying local, we have skates, winter wear, lots of books, comforters and housewares to make any room cozy. But, if you are planning an escape south to warmer, sunnier latitudes, visit our "Going South" display which includes bathing suits, hats, dresses, sandals and everything for fun under the sun!

Definitely, the best warmth you can feel is to know that your purchase supports many people around the world. Here are top MCC stories of 2017:

1. Hurricane Mathew; One Year Later – A little over a year ago, Hurricane Mathew struck Haiti. The category four hurricane devastated farms, gardens, and homes in already vulnerable communities. Within the first 48 hours MCC had responded with immediate aid, later partnering with communities to address the long-term side effects of the hurricane. One year later we continue to work side-by-side to rebuild, regrow, and find hope.

2. Serving & Learning Together – Your contribution to SALT supports young adults in Canada as they join with local churches and partners world-wide in a life-transforming, cross-cultural experience.

3. From Malnutrition to Strength in Burkina Faso – A gift of health supports community health initiatives, mental health outreaches, and care for people living with HIV. Around the world, MCC promotes water, sanitation, and hygiene projects that give people ways to take active roles in protecting their own health and preventing disease.

4. Coping with Life in A Refugee Camp – An MCC partner in Palestine arranges social activities for children living in Aida refugee camp. The activities help counsellors spot children who aren't coping well, so they can get them help.

5. Preventing the Flames of Violence – Working for peace in places torn by war and conflict. Supporting the work of peace clubs and a network of volunteers who respond to conflicts.

To read the full version of any of these stories and more visit <https://mcccanada.ca/stories/top-9-stories-2017>

*Shop, donate, volunteer at the New Hamburg Thrift Centre
"Where every purchase is a gift to the world"*



Ned was on his computer:
 “Hey! I just discovered that
 my great, great, great uncle
 may have married his first
 cousin... on Valentine’s Day
 no less!” MaryLou didn’t even
 look up: “Nice. What are you
 surfing.... incestry.com?”

Little Emma, Ned’s noisy and indiscreet neighbour, was
 telling him about her rather entitled aunt:
 “....SHE DIDN’T GET THE EXACT DIAMOND EARRINGS
 SHE WANTED FOR VALENTINE’S DAY SO SHE
 SMASHED A CANTALOUPE RIGHT THROUGH THE
 KITCHEN WINDOW!!!”

Ned couldn’t help giggling: “That’s a little melondramatic.”

In the spirit of Valentine’s Day, Margaret Atwood
 finds a frilly pink outfit and wants to make it look
 like a bunny. Although it was intricate work, the tailor
 was pleased to contribute..... **‘The Handmade Tail’**

You Must Be Joking!!



Men when will they learn?

A man goes to the Doctor, worried about his wife’s
 temper.

The Doctor asks: “What’s the problem?”

The man says: “Doctor, I don’t know what to do.
 Every day my wife seems to lose her temper for no
 reason. It scares me.”

The Doctor says: “I have a cure for that. When it
 seems that your wife is getting angry, just take a glass
 of water and start swishing it in your mouth. Just
 swish and swish but don’t swallow it until she either
 leaves the room or calms down.”

Two weeks later the man comes back to the doctor
 looking fresh and reborn.

The man says: “Doctor that was a brilliant idea! Every
 time my wife started losing it, I swished with water. I
 swished and swished, and she calmed right down!
 How does a glass of water do that?”

The Doctor says: “The water itself does nothing. It’s
 keeping your mouth shut that does the trick”.

He diagnosed the problem really well!

Submitted by Bob Smith



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You Must Be Joking!!

~ 1960 Hits Renamed



Some of the artists of the 60s are revising their hits with new lyrics to accommodate aging baby boomers who can remember doing the "Limbo" as if it were yesterday.

They include:

Bobby Darin – Splish, Splash, I Was Havin' A Flash
 Herman's Hermits – Mrs. Brown, You've Got a Lovely Walker
 Ringo Starr – I Get By With A Little Help From Depends
 The Bee Gees – How Can You Mend A Broken Hip?
 Roberta Flack – The First Time Ever I Forgot Your Face
 Johnny Nash – I Can't See Clearly Now
 Paul Simon – Fifty Ways To Lose Your Liver
 The Commodores – Once, Twice, Three Times To The Bathroom
 Leo Sayer – You Make Me Feel Like Napping
 Abba – Denture Queen
 Tony Orlando – Knock 3 Times On The Ceiling If You Hear Me Fall
 Helen Reddy – I Am Woman; Hear Me Snore
 Procol Harum – A Whiter Shade Of Hair
 The Temptations – Papa's Got A Kidney Stone
 Willie Nelson – On the Commode Again



Submitted by Bob Smith

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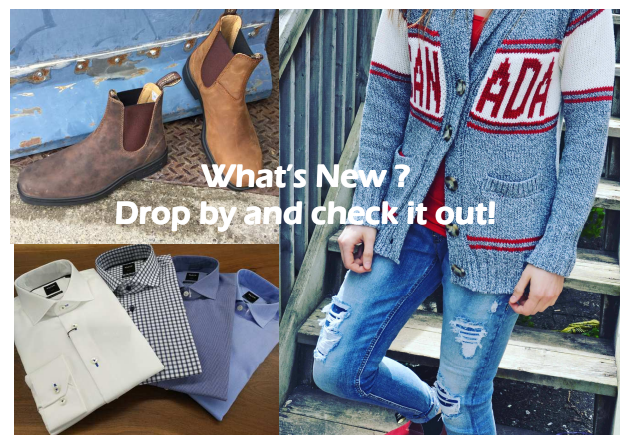


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You Must Be Joking!!



Q: What do you call two birds in love?

A: Tweethearts!

Q: What did the girl squirrel say to the boy squirrel on Valentine's Day?

A: I'm nuts about you!

Q: What did the pickle say to the other pickle?

A: You mean a great dill to me.

Q: What did the light bulb say to the other light bulb?

A: You turn me on... I love you a watt!

Q: Why is it a good time to have a party in February?

A: Because you can really party hearty!

Q: What did the Tom Cat say to the prissy cat?

A: You're purr-fect for me!

Q: What did the drum say to the other drum on Valentine's Day?

A: My heart beats for you!

Q: What did the boy bee say to the queen bee?

A: You are so bee-utiful!

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You Must Be Joking!!



ALZHEIMER'S QUIZ ...The following was developed as mental age assessment. Take your time and see if you can read each line aloud without a mistake. The average person over 60 years of age cannot do it. Good luck.

1. This is this cat.
2. This is is cat.
3. This is how cat.
4. This is to cat.
5. This is keep cat.
6. This is an cat.
7. This is old cat.
8. This is fart cat.
9. This is busy cat.
10. This is for cat.
11. This is forty cat.
12. This is seconds cat.

Now... go back and read the third word in each line from the top down.

Submitted by Bruce Bousher

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- Anthony Liccione

Family Day reminds us all to focus our thoughts, energies and time to those closest to us!! We wish you and your families a safe and Happy Family Day full of memorable moments!!

CHILDREN LEARN WHAT THEY LIVE

If children live with criticism, they learn to condemn.

If children live with hostility, they learn to fight.

If children live with ridicule, they learn to be shy.

If children live with shame, they learn to feel guilty.

If children live with tolerance, they learn to be patient.

If children live with encouragement, they learn to be confident.

If children live with praise, they learn to appreciate.

If children live with fairness, they learn justice.

If children live with security, they learn faith.

If children live with approval, they learn to like themselves.

If children live with acceptance and friendship, they learn to find love in the world.

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You Must Be Joking!!



God's Plan for Aging

Most seniors never get enough exercise. In His wisdom God decreed that seniors become forgetful so they would have to search for their glasses, keys and other things, thus doing more walking. And God looked down and saw that it was good.

Then God saw there was another need. In His wisdom, He made seniors lose co-ordination so they would drop things, requiring them to bend, reach, and stretch. And God looked down and saw that it was good.

Then God considered the function of bladders and decided seniors would have additional calls of nature, requiring more trips to the bathroom, thus providing more exercise. God looked down and saw that it was good.

So, if you find as you age, you are getting up and down more, remember it's God's will. It is all in your best interest even though you mutter under your breath.

Nine Important Facts to Remember as We Grow Older

#9 – Death is the number 1 killer in the world.

#8 – Life is sexually transmitted.

#7 – Good health is merely the slowest possible rate at which one can die.

#6 – Men have 2 motivations: hunger and hanky-panky, and they can't tell them apart. If you see a gleam in his eyes, make him a sandwich.

#5 – Give a person a fish and you feed them for a day. Teach a person to use the Internet and they won't bother you for weeks, months, maybe years.

#4 – Health nuts are going to feel stupid someday, lying in the hospital, dying of nothing.

#3 – All of us could take a lesson from the weather. It pays no attention to criticism.

#2 – In the 60s, people took LSD to make the world weird. Now the world is weird, and people take Prozac to make it normal.

#1 – Life is like a jar of jalapeno peppers. What you do today may be a burning issue tomorrow.

Submitted by Bob Smith



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You Must Be Joking!!



The Mechanic and the Surgeon

A Lexus mechanic was removing a cylinder head from the motor of a LS460 when he spotted a well-known heart surgeon in his shop.

The surgeon was there waiting for the service manager to come and take a look at his car when the mechanic shouted across the garage, "Hey Doc, want to take a look at this?"

The surgeon, a bit surprised, walked over to where the mechanic was working. The mechanic straightened up, wiped his hands on a rag and asked, "So Doc, look at this engine. I opened its heart, took the valves out, repaired or replaced anything damaged, and then put everything back in, and when I finished, it worked just like new.

So how is it that I make \$48,000 a year and you make \$1.7 million, when you and I are doing basically the same work?" The surgeon paused, leaned over, and then whispered to the mechanic..... *"Try doing it with the engine running."*

Submitted by Bob Smith



- Starting out
- Young Family
- Single
- Established Family
- Retiree

Starting a family can be both a wonderful and overwhelming experience. Financial planning can seem like just another task you have to juggle. However, now is the best time to buy life insurance because the younger you are the lower the price. Find out other ways young families can plan for the future.

Joe Figliomeni CPA, CQA

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