

AUGUST 2015



Baden Outlook



VOLUME 16, ISSUE 1



*Celebrating 15 years! ~ Keeping the Community Connected!
~ With 2900 Copies in Circulation*

A WONDERFUL DAY AT THE 3RD ANNUAL BADEN CORN FESTIVAL!

The day was another great success as you will see throughout the paper with review and photos to share on the celebration of the festival.



Surely you've seen these darling local girls on the cover of this year's Corn Fest Program. They are Kaylyn and Karlie McCallum, daughters of Joanne and Ryan, who were active in putting the festival together. Staged in a grassy field complete with bonnets, and naturally a cob of corn clearly defining Wilmot's heritage culture.



Where there was corn, there were really great smiles!!

The Kidzone was an active place with more smiles and giggles!



This paper is priceless - Please have one!

Talking with Ed

Wilmot Farming by the Numbers!



Several months ago, at a Wilmot Township council meeting, Jeff Shager from the Waterloo Federation of Agriculture gave a very informative presentation regarding farming in Wilmot and Waterloo region. Farming is a major industry in Wilmot, which employs many workers and uses vast amounts of land.

However, there has been a steady decrease in the number of farms in Wilmot Township. The census of agriculture reports that in 2001 there were 271 farms in Wilmot; in 2006 there were 247; and 2011 saw 234 farms.

Current farmers are acquiring more lands and amalgamating into larger farm operations. The average farm size in Waterloo Region increased from 155 acres to 159 acres between 2006 and 2011; however, local farms are much smaller than the provincial and national farm size of 243 and 778 acres respectively. Just less than 40 per cent of farms across the region fall between 70 and 130 acres, while less than 100 farms are larger than 400 acres.

In 2011, 70 per cent of all farms in the region were considered livestock farms, with beef and dairy farms accounting for 37 per cent of that number. The majority of all crop-oriented farms were considered as oilseed and grain (canola, soy bean, corn and wheat). The number of certified organic farms rose from 35 farms in 2006 to 40 farms in 2011.

I had envisioned Wilmot Township to be a leader in Waterloo Region in most farming categories but I was surprised to see that we were third in most categories. Here is some of the information about Waterloo Region farming:

- ⇒ **Total number of Farms (2011)**
Wellesley 502, Woolwich 492, Wilmot 234, and North Dumfries 124.
- ⇒ **Total area of Farms (2011)**
Woolwich 72,000, Wellesley 61,000, Wilmot 49,000, and North Dumfries 30,000 acres
- ⇒ **Gross farm receipts in millions (2011)**
Woolwich 149.5, Wellesley 128.9, Wilmot 110.5, and North Dumfries 66.7.
- ⇒ **Net income in millions (2011)**
Woolwich 37.5, Wellesley 20.1, Wilmot 16.2, and North Dumfries 7.2.

Included in the council presentation was a magazine, "The Real Dirt on Farming". This booklet was packed with farming information and can be viewed online at www.therealdirttonfarming.ca.

The magazine had interesting articles focusing on subjects such as farm animals, crops, economics of farming, and even cow tipping. Here is an interesting question – How much has the value of one acre of farmland gone up from 1941 to 2013? Answer—13,000%. I would highly recommend visiting the site!

In closing, we have to be thankful to our area farmers who provide us with high quality foods, work long hours, and care for their operations. It is something that I think we all take for granted.

Here is the link to the census data:

http://www.regionofwaterloo.ca/en/doingBusiness/resources/2011_Census_Bulletin_2_Agriculture.PDF

Until next month...Ed

EXTRA EXTRA!!

You'll find us around the 15th of each month at over 60 pick-up locations in Wilmot— while quantities last. Available in Baden at EJ's, Mars Variety, Mac's, Baden Feed, Levetto, Baden Dental, Wilmot Rec. Complex, Tim Hortons, Baden Library, and several outdoor magazine boxes located conveniently throughout town for Baden readers.



Also in St. Agatha at Fishers Esso, Angies Kitchen, Stop 2 Shop. In Petersburg at Blue Moon, and Foxboro. There are over 30 places in New Hamburg to pick it up— including: No Frills, Sobey's, Short Stop, NH Legion,

McDonalds, Kasemann's, Morningside, Stonecroft, Office Pro, NH Thrift Centre, Absolute Fitness, NH Dry Cleaners, NH Wellness, NH Library and various offices and retail locations throughout Wilmot Township.

*And as always, it's priceless ~
Please Have One!*



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Greetings from ~ Outlook Headquarters



It's true! — Time passes quickly when you're having fun! I sure enjoyed this last month away from the computer, my chair, and the house too! We relaxed at our trailer at the park, reading, sneaking afternoon naps, enjoying group bbqs with evening card games, and bonfires. We also took the trailer out for a road trip to camp at Balsam Lake. We took a trip to visit friends in MacTier and went fishing, touring the lake at sunset.

I had lots of snuggles with my wee grandson Simon, who is growing way too fast, and has found his voice and his toes and has the most darling personality! We had more wonderful family times as we hosted my brother Greg and his family from Alberta while we celebrated Mom's 80th birthday.

The weather has been wonderful and yay!—Still more summer fun to come! But for now it's back to work as we begin our 16th year publishing the paper.

We are celebrating The Baden Outlook's 15th anniversary, and where did that time go?! It's hard to believe we got here and are still going strong! We are so fortunate to have many regular articles with the committed writers giving their time each month and giving us plenty of interesting things to read...hats off to them—and also the proof-readers who polish it up!! This is an opportunity to say thanks to you, the readers, for your support and encouragement! It is also the time we ponder what we could do differently; should we change or add something? We know the jokes and trivia are popular, as that feedback is pretty consistent... so more funnies comin' at ya! Your opinion is important to us and we welcome any suggestions or ideas.

We had the privilege of being interviewed by Marshall Ward of the Waterloo Chronicle who did a lovely feature story about us (July 29th issue) and the little paper that grew. Naturally at this time, Barry and I have been reminiscing about the paper's journey and have shared some special times with you (seen on page 38-39).

I have come across these words of wisdom from George Carlin frequently. I read it once, then saw it again and re-read it and felt urged to share this. We are all guilty, we all know better, but still we continue on with unhealthy ways. Said with such eloquence—may this sink in and make our lives better! Thank you George Carlin for sharing your life experiences with our readers. Till next month....

The paradox of our time in history is that we have taller buildings but shorter tempers, wider freeways, but narrower viewpoints. We spend more, but have less; we buy more, but enjoy less.

We have bigger houses and smaller families, more conveniences, but less time. We have more degrees but less sense, more knowledge, but less judgment, more experts, yet more problems, more medicine, but less wellness.

We drink too much, smoke too much, spend too recklessly, laugh too little, drive too fast, get too angry, stay up too late, get up too tired, read too little, watch TV too much, and pray too seldom. We have multiplied our possessions, but reduced our values. We talk too much, love too seldom, and hate too often. We've learned how to make a living, but not a life. We've added years to life not life to years. We've been all the way to the moon and back, but have trouble crossing the street to meet a new neighbour. We

conquered outer space but not inner space. We've done larger things, but not better things. We've cleaned up the air, but polluted the soul. We've conquered the atom, but not our prejudice.

We write more, but learn less. We plan more, but accomplish less. We've learned to rush, but not to wait. We build more computers to hold more information, to produce more copies than ever, but we communicate less and less.

These are the times of fast foods and slow digestion, big men and small character, steep profits and shallow relationships. These are the days of two incomes but more divorce, fancier houses, but broken homes.

These are days of quick trips, throwaway morality, one night stands, overweight bodies, and pills that do everything from cheer, to quiet, to kill. It is a time when there is much in the showroom window and nothing in the stockroom. A time when technology can bring this letter to you, and a time when you can choose either to share this

insight, or to just hit delete.

Remember, spend some time with your loved ones, because they are not going to be around forever.

Remember, say a kind word to someone who looks up to you in awe, because that little person soon will grow up and leave your side.

Remember, to give a warm hug to the one next to you, because that is the only pleasure you can give with your heart and it doesn't cost a cent.

Remember, to say, "I love you" to your partner and your loved ones, but most of all mean it. A kiss and an embrace will mend hurt when it comes from deep inside of you.

Remember, to hold hands and cherish the moment for someday that person will not be there again. Give time to love, give time to speak, and give time to share the precious thoughts in your mind.

Life is not measured by the number of breaths we take, but by the moments that take our breath away.



Baden ~ Our Town



We're getting there!! Thank You!!

The response for the "Buy a Plank" program has been overwhelming and we are almost at our goal! Donors have come from many communities across Ontario including - Wellesley, St. Agatha, Port Stanley, New Hamburg, Kitchener, Woodstock, Waterloo, Lions Head, Toronto, and MacTier (thanks Cliff and Pam). Many of the donors just believe in the project while others had firm roots in Baden. This is the case with James Kline of Toronto whose parents Dorothy (Weiler) and Fred Kline grew up and were married in Baden. Thank you James for your generosity!

Like all good things, this too must come to an end. The "Buy a Plank" program will be coming to an end on September 1st. If you would like to make a donation to the bridge, parkette, trail program, then please drop into Baden Eyecare with your donation.

The bridge will be sandblasted on August 17th by ABR Sandblasting and will be primed and painted later that week. The bridge will be placed back into position by the end of August and the reconstruction will begin thanks to the help of Ken Young Construction. A dedication will be planned for later this fall.

Once again, the third annual Baden Corn Festival was a great success and we salute the volunteers for their hard work in making Baden an exciting place to be each August! The BCA booth sold T-shirts, cold bottled water... and you guessed it—Kettle Corn! You will find great pics of the day throughout the paper.



The BCA will be trying to resurrect the popular Baden Fishing Derby which was sadly missed this year. Local anglers could be seen for several months after the derby and it was a hit with the youth—giving them a healthy summer past-time.

The Baden Community Association meets the last Wednesday of each month in the basement of the township hall at 7 o'clock. If you are interested in contributing to your community then please call 519-634-8916 for more information.

- ◆ BCA - \$4000
- ◆ Region of Waterloo - \$3000
- ◆ Schout Corporation - \$2,500
- ◆ Baden Outlook - \$500
- ◆ PW Concrete - \$2000
- ◆ Optimist Club of Baden - \$500
- ◆ Baden & District Chamber of Commerce - \$5000
- ◆ TLC Pet Food - \$2,500
- ◆ Rotary of Wilmot Township - \$150

Buy A Plank Donors

1. George & Elaine Schertzer
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3. Scott & Crystal Alischer
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7. John Haberstroh
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What A Great Day ... 2015 was the Best Corn Festival Yet!

Wow -- what a great day, indeed! The third annual Baden Corn Festival took place on Saturday August 8th, to the delight of thousands of people from Baden, Wilmot, and far beyond. From the firefighters' breakfast to start the day, to the Silent Auction wrapping up the fun, there was never a dull moment ... what was your favourite part?

Was it the Kid Zone with inflatables, the Wilmot Agricultural Society's petting zoo, and games from the Baden Optimists and Wilmot Rotary? Or was it Hands-On Exotics (sponsored by TLC Pet Food) who brought their exotic animals for everyone to see and touch? There were plenty of animals to enjoy, but everyone was delighted by the kangaroo!



We can't miss mentioning the live music: Erick Traplin and Funtastical Studios drew a great crowd in the Kid Zone, while the Greenwood Hills Bluegrass Band and Michael Fisher opened the day on the Main Stage. Cowboy Up, Strings & Traps, and Baden musician Vanyah rocked Beck Street throughout the afternoon and evening!

But let's not forget our fascinating local history too, including Castle Kilbride, Baden Mill tours, Livingston Presbyterian Church, Baden Masonic Lodge, and Heritage Arts -- and of course the car show. There was lots to see all day, from farm equipment to antiques, from tai chi demonstrations to fire trucks at the Wilmot Heritage Fire Brigades ... it was hard to fit it all in!

This year, there were new attractions and contests to enjoy too: the free horse and wagon rides were busy all day, while the

human foosball had people screaming with laughter! And congratulations to our scavenger hunt winners The 3 Must-Get-Beers and Her-ricane Huskers -- thanks to all the teams who played, and thanks to the Baden Veterinary Hospital for making it even more fun!

And of course, cheers and applause for all the children who entered our first colouring contest: it was a tough decision for our judge Diana from Sight and Sound Studios, but the first place prizes for our three age categories go to Daisy Varteniuk, Chloe Duggan, and Ian Chamberlain. Well done, everyone!

Of course, we all have a special place in our hearts (and stomachs!) for the food. And what food: there was BCA kettle corn and popcorn from Snyder's Family Farm, the awesome firefighters' breakfast, Kennedy's beer garden, all the vendors, and of course our sold-out corn roast supper, including treats from Confectionery Cousins.

Of course, all of this was possible because of the people. To the Corn Festival Committee and the Baden Community Association -- plus dozens of volunteers from the community, our many generous sponsors and advertisers, Township Council and staff, and everyone who donated to the silent auction -- we say, thank you!

As always, proceeds from the Corn Festival go to our community. Whether it's free activities and snacks on Family Day, kettle corn at the Santa Claus parade, or road clean-up, the Baden Community Association is here to "bring people together and beautify the community." Over the next few months, watch our current project develop: the new parkette beside the Baden Fire Station is already drawing nature-lovers!

No matter what your favourite part was, we hope you had a great day. And soon it will be time for our committee to ask: what will next year bring? Stay tuned ... until August 2016, have a great summer, fall, winter, and spring -- and don't forget to Get Your Cob On!

Hey Baden!
Help us build and beautify your **NEW Foundry Street Parkette!**

BUY A PLANK ...

- Part of the Wilmot Trail System
- Park Benches
- Perennial Gardens
- Native plants and trees

Another community project by The Baden Community Association

BUILD A BRIDGE!

Donations accepted (cash or cheque) at the **Baden Eyecare Centre** in the Village Plaza next to Tim Hortons.



All smiles as friends gathered to enjoy the day!

Article and photos submitted by Teresa Brown

SUMMER VACATION WITH YOUR PETS

For those of you exploring the great outdoors this summer, you may decide to bring along your furry friends. Depending on where you are, there may or may not be quick access to veterinary care in the case of an emergency. A pet first aid kit would be a good thing to put together and pack for your excursions. Here is a list of things that would be helpful:



- Phone numbers of your veterinarian and the veterinary office closest to where you are staying, as well as the number for poison control
- Tweezers and scissors
- Disposable gloves
- Antiseptic soap and wipes
- Bandage roll and gauze squares
- First aid tape and self adhering bandage wrap
- Lubricant and a thermometer
- Flashlight
- Large blanket – can help keep your pet warm and also act as a stretcher if you need to carefully move your pet
- Allergy medication - please ask your veterinarian for dosing and appropriate medications when putting the kit together
- Hydrogen peroxide – for wound healing and inducing vomiting if necessary
- Product for clotting the bleeding of a torn nail
- Large syringe for administering medications or flushing wounds
- Extra leash and collar

Hopefully you will never have to use this kit, but if you do encounter a situation, being prepared can only help!
Enjoy the rest of your summer!

Dr. Rebecca Ricker



You Must Be Joking!!

A man tried to sell his neighbour his dog. "This is a talking dog," he said. "He's amazing and you can have him for five dollars."



The neighbour said, "Who do you think you're kidding with this talking dog stuff? There is no such animal."

Suddenly the dog looked up with tears in his eyes. "Please buy me, Sir," he pleaded. "This man is cruel. He never buys me a meal, never bathes me, never takes me for a walk. And I used to be the richest trick dog in the world. I performed before kings. I was in the army and was decorated ten times."

"Hey!" said the neighbour. "He can talk. Why do you want to sell him for just five dollars?"

"Because," said the seller, "I'm getting tired of all his lies."

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You Must Be Joking!!

Upon entering the little country store, the stranger noticed a sign saying DANGER! BEWARE OF DOG! posted on the glass door. Inside he noticed a harmless old hound dog asleep on the floor beside the cash register.



He asked the store manager, "Is THAT the dog folks are supposed to beware of?"

"Yep, that's him," he replied.

The stranger couldn't help but be amused.

"That certainly doesn't look like a dangerous dog to me. Why in the world would you post that sign?"

"Because", the owner replied, "before I posted that sign, people kept tripping over him."



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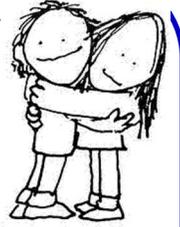
Capture the delights of Summer!

Throughout the paper you will find hidden pictures of summer things we enjoy but may take for granted. They'll be gone before you know it, so pay attention to what summer gives us right now!

- ◆ Hummingbird
- ◆ Ladybug
- ◆ Butterfly
- ◆ Caterpillar
- ◆ Grasshopper
- ◆ Sunflower
- ◆ Morning Glories
- ◆ Cob of corn
- ◆ Book in the sunshine
- ◆ Bumblebee
- ◆ Beach
- ◆ Bird
- ◆ Fishing
- ◆ Sunshine
- ◆ Frog
- ◆ Baseball
- ◆ Blowing Bubbles
- ◆ Flying a Kite
- ◆ Climbing a Tree
- ◆ Hot Dog
- ◆ Tent
- ◆ Sunflower
- ◆ Turtle



Hugs! Don't wait for Valentine's Day or other special occasions! They are great everyday and good for your health too!



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- ⇒ easy to care for, they don't require batteries, tune-ups, or x-rays...
- ⇒ non-taxable, fully returnable and energy efficient...
- ⇒ safe in all kinds of weather... in fact, especially good for cold and rainy days and exceptionally effective in treating problems like bad dreams or Monday blues...
- ⇒ Never wait until tomorrow to hug someone you could hug today, because when you give one, you get one right back your way!

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One of the high-lights at the Baden Corn Festival was the 'Hands on Exotic' exhibit, sponsored by TLC Pet Food, which was a real hit for kids of all ages!



Photo by Teresa Brown

You Must Be Joking!!



Baked Beans -

One day I met a sweet gentleman and fell in love. When it became apparent that we would marry, I made the supreme sacrifice and gave up beans.

Some months later, on my birthday, my car broke down on the way home from work. Since I lived in the countryside I called my husband and told him that I would be late because I had to walk home.

On my way, I passed by a small diner and the odor of baked beans was more than I could stand. With miles to walk, I figured that I would walk off any ill effects by the time I reached home, so I stopped at the diner and before I knew it, I had consumed three large orders of baked beans. All the way home, I made sure that I released all the gas.

Upon my arrival, my husband seemed excited to see me and exclaimed delightedly: "Darling I have a surprise for dinner tonight."

He then blindfolded me and led me to my chair at the dinner table. I took a seat and just as he was about to remove my blindfold, the telephone rang. He made me promise not to touch the blindfold until he returned and went to answer the call.

The baked beans I had consumed were still affecting me and the pressure was becoming most unbearable, so while my husband was out of the room I seized the opportunity, shifted my weight to one leg and let one go. It was not only loud, but it smelled like a fertilizer truck running over a skunk in front of a pulpwood mill.

I took my napkin from my lap and fanned the air around me vigorously. Then, shifting to the other cheek, I ripped off three more. The stink was worse than cooked cabbage. Keeping my ears carefully tuned to the conversation in the other room, I went on like this for another few minutes. The pleasure was indescribable.

When eventually the telephone farewells signaled the end of my freedom, I quickly fanned the air a few more times with my napkin, placed it on my lap and folded my hands back on it feeling very relieved and pleased with myself. My face must have been the picture of innocence when my husband returned, apologizing for taking so long. He asked me if I had peeked through the blindfold, and I assured him I had not.

At this point, he removed the blindfold, and twelve dinner guests seated around the table chorused: "Happy Birthday!"

I fainted!!!!

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'100 Women Who Care' Chapter Starting up in Wilmot

"100 Women = \$10,000 for local charities!" A group of local women is making this happen.

Small towns and big cities alike, across both Canada and the U.S., love the 100 Women Who Care concept. 2006 saw the first chapter formed by Karen Dunigan in Jackson, Michigan. At that initial meeting of 120 women, over \$12,000 was raised for Jackson's Centre for Family Health. The money allowed the Centre to buy 300 cribs for needy area families.

Canada's first 100 Women Who Care chapter was formed in Toronto in 2012. The movement quickly spread across both countries.

The most common refrain heard from women becoming aware of the 100 Women Who Care concept is: "Why hasn't someone thought of this before?"

Wednesday, August 26, at 7:00 pm will see the launch of the Wilmot chapter of 100 Women Who Care at the Wilmot Recreation Complex. Women from Wellesley, Baden, New Hamburg, Mannheim, New Dundee, Petersburg, Phillipsburg, and St. Agatha will come together to support local charities near and dear to their hearts.

Founder Nancy Silcox of New Hamburg expects membership to have reached 100 by their first meeting. "100 is the magic number we are striving for," says Silcox. "But some groups are much larger—London's being over 300 women and K-W's almost 200." Numbers mean a lot adds Silcox. "The larger the membership the more money is passed on to our local charities."

Wilmot's fledgling 100 Women who Care is proud to have 8 Junior members join them as well. These future leaders will see first-hand how they can make a difference in their community.

Here's how 100 Women Who Care works:

- * Each member commits to \$100 for each of the only **4 meetings** per year. Junior members commit to \$10 each of the 4 meetings.
- * Shared memberships between 2 or more women are also offered.
- * Each member has the opportunity to nominate 2 local, registered charities for their financial support.
- * Before each meeting, members of the 100 Women Steering Committee will draw randomly from a hat the names of 3 local charities.
- * Either the 100 Women nominator or a representative from the charity makes a 5 minute "pitch" to members at the next meeting. The "pitch" informs members about the charity and how a donation will be used.
- * Each 100 Women Who Care member (juniors too) votes on which of the 3 charities they'd like to support with their donation.
- * Votes are counted, and the top vote getter is announced.
- * Each member writes a cheque for \$100 (\$10) to the group chosen.
- * They'll receive an income tax donation for this.
- * Charities that aren't chosen this time out will go back into the hat for another chance.

For more information go to the 100 Women Who Care website: www.100womenwilmot.ca

Please contact for more information Nancy Silcox silcox@cwisp.ca or Joyce Stankiewicz joyce@rogers.com

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WILMOT RECEIVES \$150,000 IN FUNDING TOWARD TRAIL DEVELOPMENT THROUGH THE CANADA 150 COMMUNITY INFRASTRUCTURE PROGRAM

On July 30th, at the Wilmot Recreation Complex (WRC), Harold Albrecht, Member of Parliament for Kitchener-Conestoga announced that the Township of Wilmot will receive funding through the Canada 150 Community Infrastructure Program.

The \$150,000 in approved funding will be allocated towards a \$450,000 expansion of the Wilmot Trails Network. The project will include an expansion of the primary trail spine, and a connecting loop through the woodlot adjacent to the WRC. These trails will expand accessibility for all ages to Wilmot's hub of recreation and leisure activity.

This project was made possible through the donation of lands from the Harold and Enid Schmidt Estate. In the absence of this generous donation the capacity for this trail expansion, in this location, would not have been available for 20-40 years. The commitment of the Schmidt Family to recreation and leisure will now be continued with the provision of space for this trail system, thereby allowing their legacy to carry-on.

The trail extension provides a vital connecting link between Nafziger Rd/Gingerich Rd at the WRC. Currently accessibility to the complex is limited to automobile or on-road bicycling. Proposed works will expand existing snowmobile trail to include multi-purpose biking/hiking (summer), and shared use snowmobile/cross-country ski (winter). This will encourage an active lifestyle, and reduce vehicle traffic to a site that hosts children at an accessible playground and SplashPad.

Expanding trails in this woodlot is a symbolic celebration of Canada's 150th. This project will bring the Wilmot community closer together in a natural location; a fitting legacy for Canada's Sesquicentennial.

"We are extremely pleased that this program gives us an opportunity to celebrate the anniversary of this country, by being able to add to the nationwide efforts of establishing trail systems. These trails connect communities, and we want to thank the federal government for the funding to do so." Mayor Les Armstrong



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Checking Out the Baden Library



It's been a very busy summer at the library with almost 300 excited children taking part in the 2015 TD Summer Reading Club. This is the highest number of kids that have ever registered in one summer! Well done, Baden readers! Local kids read books, spun the prize wheel, participated in the weekly challenge, tried many guessing games, and participated in many programs, including Let's Talk Science, Movie, and Craft Days. Thank you to Sergeant Mike who told us about his job and read some funny stories on Meet a Local Police Officer Day. Plus, there was a full house for the Creature Quest animal show where we learned about (and touched) some unique animals!

Thank you to the following groups and individuals for their prize and/or money donations to the TD Summer Reading Program at the Baden Branch Library:

Baden Optimists, Baden Community Association, Baden Outlook, Herrle's Country Farm Market, Dr. Sonya Frank of the Baden Eyecare Centre, Baden Optical, Township of Wilmot, and a few anonymous donors. Your contributions provide great incentives to our reading programs and are very appreciated by the library and local children.

One Book, One Community (OBOC)

Have you read *Station Eleven* by *Emily St. John - the 2015 One Book, One Community* title? To learn more about *Station Eleven*, and past OBOC titles, visit www.oboc.ca. The OBOC website also has details about the FREE Meet-the-Author events that will take place throughout Waterloo Region from September 22 to 24. Contact Library Headquarters at 519-575-4590 for more information.

FALL STORYTIME PROGRAMS

Programs (unless otherwise noted) begin the week of October 5 and run for eight weeks. Children are welcome to register for programs at any library branch. Library programs are free and require advanced registration (unless otherwise indicated). Space is limited.

Online registration is available for all programs. The library will no longer accept email registrations. Contact any library branch for help.

Program registration information will be available on the library website at www.rwlibrary.ca, and in branch, by late August.

Registration Dates:

September 15: Registration for children new to a program begins. Register by phone or in-person at the library.

September 16: Registration for returning children begins. Register online, by phone or in-person.

Baby & Me

(Babies, 0 to 11 months with caregiver) Build early literacy skills with movement, stories, and songs. Featuring Baby Connections, an early literacy initiative.

Thursdays, Oct. 8 to Nov. 26: 11 - 11:30 a.m.

Wonderful Ones

(Toddlers, 1-year-olds with caregiver) A fun program for little ones and adults that builds early literacy skills through stories, songs, and movement. Thursdays, Oct. 8 – Nov. 26: 10:15 - 10:45 a.m.

Toddler Tales

(Toddlers, 2-year-olds with caregiver)

A fun program for little ones and adults that builds early literacy skills through stories, songs, and movement.

Tuesdays, Oct. 6 to Nov. 24: 10:15 - 10:45 a.m.

Storytime

(Kids, 3 to 5 years) Build early literacy skills by exploring fun activities like stories, rhymes, and crafts.

Tuesdays, Oct. 6 to Nov. 24: 9:15 – 10 a.m.

OR Thursdays, Oct. 8 to Nov. 26: 9:15 - 10 a.m.

KIDS' BOOK CLUBS

It's fun to share the same book with friends your own age. From October to May, we meet each month for fun activities, great discussion and more! Registration is required.

The Baden Book Worms

(Kids, 7 to 9 years): meetings are the first Tuesday of the month beginning Oct. 6 from 6:45 - 7:30 p.m.

The Awesome Book Club (ABC) (Tweens, 10 to 12 years): meetings are the *second Tuesday of the month beginning Oct. 13 from 6:45 - 7:30 p.m. (*Note the new meeting date for this group)

NEW! The Teen Book Club (Teens, 13 years and up): meetings are the first Wednesday of the month beginning Oct. 7.

Due to space limitations, registration is required for all programs.

Questions? For more information, contact the library at: 519-634-8933, badenlib@regionofwaterloo.ca. Up-to-date information is also available in our online Events Calendar at www.rwlibrary.ca.

*Chris Baechler, Assistant Supervisor
Baden Branch Region of Waterloo Library*



If you missed the Corn Fest, this is what anticipation looks like! And they weren't disappointed in the amazing meal!



Photo by Teresa Brown

BADEN OUTLOOK DECODER QUIZ

Here is a brain teaser for you. You must first solve the letter substitution code. Using the letters in the first given word ..."BADEN OUTLOOK" use the known letters as a guide to decode the Baden related words listed below.

X T E I L C Q K N C C Y

M S G I F T N N

B S G T E T O X I U Y

I D B K T P I G L

O S N N J C L E

U T B K N I Y S N X G S E I

D T O I B N S P S L W B K C L

U C G L M I B K

Answers on page 19 Submitted by Katie Fisher

Wilmot's First Window Cleaning Service

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them yourself!
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for prices and service details

Ask Armand ~



Paul from Baden asks:

Did Baden ever have a town band?

It was so nice seeing the bands playing on the street at Cornfest and I heard there once was a band shelter in that same place on Beck Street.

Armand says – Yes Paul, it sure was nice having music playing in Baden all day. And yes, Noel Zoeller, a member of the Waterloo band, organized a band in Baden around 1880. Practices were held on the third floor of the Baden Hotel. This organization was disbanded in 1923. In 1966 funds still remaining in the treasury were donated to the Baden Public Library, by the surviving band members for the purchase of books.



The band shelter was a busy place in the summers in the early 1990s.



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Dr. Sonya Frank, Optometrist

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Baden Real Estate Corner

Are You Ready to Enter the Real Estate Market?

Real estate can be a great investment. As house prices in the K -W area have been steadily increasing over the last few years, it is all the more important for first-time buyers to get their feet on the first rung of the property ladder. The average sale price of a home in 1995 was \$132,939; today it is \$345,502. Here are some tips to help you navigate the real estate market as a first-time home buyer.

Know What You Can Afford

Just because a lender will approve you for a large mortgage doesn't mean that you can actually afford it. Don't forget to factor in regular expenses, retirement savings, lifestyle costs, etc. when you consider how much you can realistically afford to put towards your mortgage payment each month. Don't forget that you will likely be expected to pay some or all of the following fees during the purchase of a home: home inspection fee, legal fees, property transfer tax, appraisal fee, land transfer tax, title insurance, interest adjustment, as well as property and fire insurance. These closing costs can range anywhere from 1.5-3.5% of the total cost of your home. You may also want to have money available to help with the moving costs or to furnish your new home.

Even though your dream might be to purchase a model home in an established neighborhood, you might only be working with a budget for a condo. The best decision for you might be to have smaller payments on a starter home, knowing that you can choose to move up later on.

Think with Your Head, Not Your Heart

Create two lists: one list of features in a home that you need and one list of features on which you are willing to compromise. This will help you narrow down your search to view properties that really fit your needs. Think logically and realistically; remember, a home purchase will likely be the biggest purchase of your life. If you let your emotions take over, you may end up paying more for your home (either at the point of sale or in the long run) and you might not be able to recuperate your losses.

Take Advantage of Financial Incentives

The Home Buyers' Program (HBP) and a tax refund can boost the funds you have available for your purchase. The HBP lets first-time homebuyers withdraw up to \$25,000 (each) tax free from their RRSPs. This strategy can make a substantial difference in the affordability of home ownership. There are also first-time homebuyer rebates for the Ontario/Toronto Land Transfer Tax. If you meet certain criteria you can receive up to \$2,000 off your Ontario Land Transfer Tax. Buying your first home is an exciting adventure. Following these tips will get you well on your way!



Check back next month for more
Baden Real Estate News.

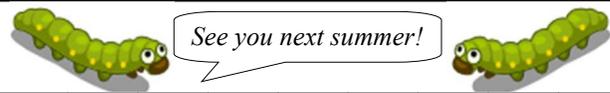
**Have any real estate related questions?
Contact me at jonlambert@remax.net**

Baden Outlook Baseball Pool Stats

Place	Name	PTS	Place	Name	PTS
1	Calub Heinbuch	259	31	Sean East	239
2	Rebekah East	256	32	Tyler Naumann	238
3	Brad Wilson	255	33	Payton Egli	238
4	Hannah Litwiller	255	34	Logan Kleine	238
5	Sam Gingerich	254	35	Echoe Lambertz	238
6	Wendy Held	254	36	Gord Mills	236
7	Kenneth J. Schmidt	253	37	Jahveda Faulkner	236
8	Dallas Diebold	251	38	Shannon Zister-Kasper	236
9	Denise Routhier	251	39	Lois Kinney	236
10	Vicki Hardman	250	40	Greg Zehr	235
11	Steve Cameron	249	41	Isaiah Ruby	235
12	Greg Stoyko	246	42	Jake Livingston	235
13	Heather Dubrick	246	43	Marissa Schmitt	235
14	Michelle Naumann	245	44	Paul Morrison	235
15	Ernie Faulhafer	245	45	Tim Wenn	235
16	Evin Henderson	245	46	Ashley Ferguson	235
17	Brandon Gingerich	244	47	Mike Pajot	234
18	Bob Brydon	244	48	Al Junker	234
19	Nate Roth	243	49	Aiden Kooy	234
20	Adam Kaspar	243	50	Claire Gingerich	233
21	Peter Woolfrey	242	51	Stephen Wenn	233
22	Tom Bennett	241	52	Norma Weiler	233
23	John Westlake	241	53	Paul Koenig	233
24	Jack Papa	240	54	Bruce Litwiller	232
25	Nicholas Pokorny	240	55	Susan Mills	232
26	Brenda Grebinski	240	56	Matt Vickers	232
27	Dick Dean	240	57	Harry Wilde	231
28	Susan Nickolas	240	58	Brad Ziegler	231
29	Madiysn Wilde	239	59	Rob Litwiller	231
30	Amy Papa	239	60	Conor Burke	230



Congratulations to Calub Heinbuch for taking the Leader Prize for this month's Baseball Pool and to Brad Wilson for taking the lead in the July pool—both winning a gift certificate from EJ's Baden Hotel
The lucky random draw winner is Ayden Ziegler winning a Baden Outlook hoodie.





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Hello sports fans—thanks for playing baseball with us! We had 289 pool entries and you can start following your stats which are updated daily on the site. The Outlook draws the stats on the 7th of each month to determine the winners.

To follow the stats, log on to our website at www.badenoutlook.com click on sports pool and select "baseball". Once in the site select login your pool—Quick Access. The pool ID is outlookhomerun with a password of guest. Have Fun and Good Luck!



LARGE SET OF KEYS FOUND

FOUND IN BADEN:
A ring with a large amount of keys was found in front of Baden Automotive on Snyder's Road. If you have lost your keys they have been handed in at the New Hamburg Post Office. You may go there to identify them.

You Must Be Joking!!



Flawless Male Logic
Critical Thinking At Its Best!

Woman: Do you drink beer?

Man: Yes.

Woman: How many beers a day?

Man: Usually about 3.

Woman: How much do you pay per beer?

Man: \$5.00 which includes a tip.

(This is where it gets scary !)

Woman: And how long have you been drinking?

Man: About 20 years, I suppose.

Woman: So a beer costs \$5 and you have 3 beers a day which puts your spending each month at \$450. In one year, it would be approximately \$5400 ...correct?

Man: Correct.

Woman: If in 1 year you spend \$5400, not accounting for inflation, the past 20 years puts your spending at \$108,000, correct?

Man: Correct.

Woman: Do you know that if you didn't drink so much beer, that money could have been put in a step-up interest savings account and after accounting for compound interest for the past 20 years, you could have now bought a new Ferrari?

Man: Do you drink beer?

Woman: No I do not.

Man: Where's your Ferrari?

Submitted by Bruce Bousher

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Baden Birding ~ *Hidden in Our Midst*

By Ken Quanz

The Killdeer nested again on the parking lot at Wilmot Mennonite Church. Although Killdeer are very common in Ontario, and we have had them nest on our parking lot before, the finding of a new nest always seems special.



two clutches of very large eggs which contain the nutrients required to feed the embryo until it hatches. The eggs are laid at the rate of one a day. Then an incubation period of 24 to 28 days begins with the eggs being set by both parents.

Killdeer are members of the Plover family, a family usually associated with the shores of lakes and marshes. While Killdeer will inhabit such locations, they will also nest far from water. The nest is quite inconspicuous: a slight scrape in the gravel or dried earth of a wasteland. It is not usually decorated with vegetation, but you may notice a few small stones have been moved to make a better site. Finding a nest is, however, fairly easy as the adult Killdeer will try to lead you away from the site by feigning a broken wing while staggering across the landscape away from the nest, always remaining a few steps ahead of you as you follow. Finally, when you are far from the nest site, the bird miraculously is healed and flies away with the familiar "Killdeer, Killdeer" call. If you stay in the area to watch for the adults to return to their nest they tend not to return for quite a while, leaving you standing and wondering if there actually is a nest to find. Move away from the site and quietly watch to be rewarded with the adults' return. Even when you determine the location and approach cautiously, you may have a hard time spotting the 3-4 pear shaped eggs against the mottled background because they are well camouflaged.

Killdeer nest between April and July, often raising

This is a very long incubation period because Killdeer are "precocial": the young hatch feathered and with eyes open, and although a bit wobbly at first are ready to run but not fly. Immediately, they start feeding on insects like their parents. The adults continue their protective broken wing dance until the young are able to fly. While being protected by the adults the young flatten themselves and freeze in position to escape detection.

Next year when you hear the familiar "Killdeer, Killdeer" call, take some time to stop and observe. You may be rewarded with one of life's small wondrous moments. If you are eager to see the broken wing display, simply search for "Killdeer" and randomly choose several websites and you should be able to find video footage, or click on "Images" to be rewarded with some remarkable photography. This is my favourite!



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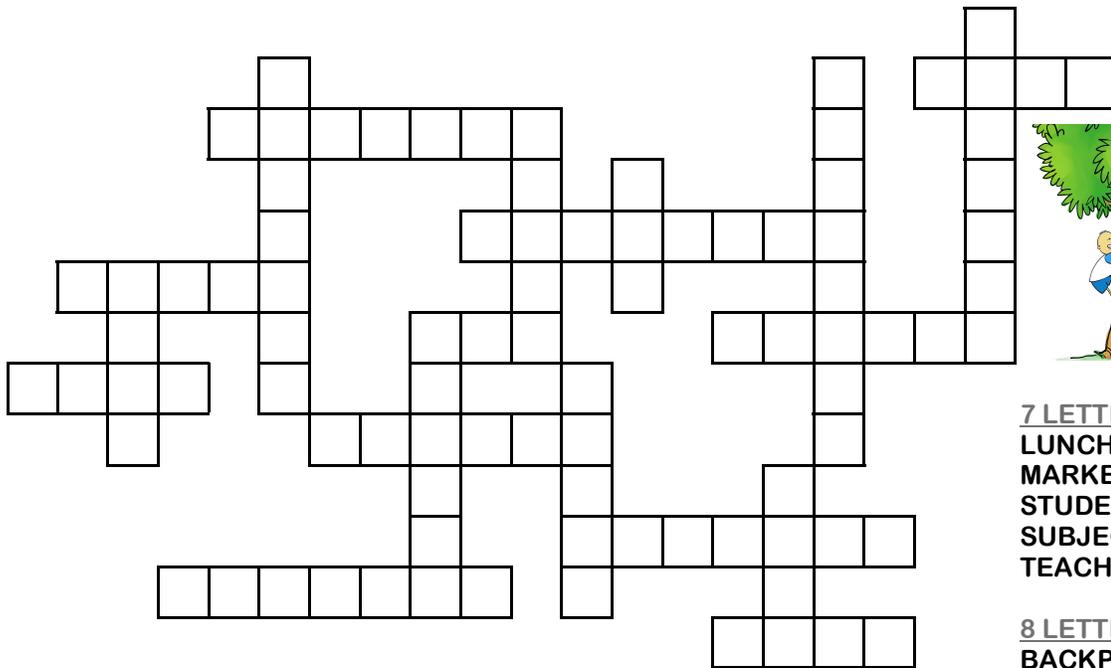
Back to School Fill-In Quiz. Time to sharpen your pencils and your mind!! ...Ready?
Find the list of words hidden in the grill below. Answers on page 29

3 LETTER
BUS
PEN

4 LETTER
BELL
BOOK
DESK
GLUE
ROOM

5 LETTER
CLASS
GRADE
SHOES

6 LETTER
BINDER
ERASER
PENCIL



7 LETTER
LUNCHES
MARKERS
STUDENT
SUBJECT
TEACHER

8 LETTER
BACKPACK
HOMEWORK

Submitted by Katie Fisher



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Improving the Health of our Community

~ What is Depression? Part 2

By Melodie O'Connell MSW RSW



As discussed in last month's issue, journaling can be beneficial for our mental health. It allows us to process some of our hurts, feelings, or difficult situations. It enables us to gain greater clarity on a problem or relationship, and we can reflect on how to best handle it. If we take journaling one step further, we can reap the benefits of gratitude journaling.

What is gratitude journaling?

Gratitude journaling is simply journaling with the purpose of looking for the positives that occur in our lives. Naturally, we have a tendency to focus on things that are problematic, negative, or things that we want to change. However, gratitude journaling allows us to shift our focus away from the problems, to a place in which we can become more aware of those things, whether big or small, that make us happy. It allows us to embrace the successes, and be content with what we have, and prevents us from striving for more. It may also allow us to gain a greater sense of purpose, or to look beyond ourselves.

The health benefits of gratitude journaling have been well documented. Gratitude is strongly associated with greater happiness. It helps us to feel more positive, enjoy experiences, improve our physical and emotional health, build stronger relationships, and improve our ability to deal with adversity.

When we utilize gratitude journaling as a regular practice, we will notice the positive impact that it may have on our quality of sleep. Typically, whatever we may be thinking about near bedtime will be on our minds as we try to fall asleep. If we are worried about the kids, or have anxiety about the next day at work, the level of stress in our body increases, preventing us from falling asleep. If we reflect on the things that we are grateful for, our stress hormones are reduced, and our relaxation response is increased. This makes for better quality of sleep. In essence, it should take less time to fall asleep, and you may sleep for a longer duration, and feel much more rested and prepared for the next day.

When we focus on the things that we are grateful for, the things that are truly important to us will become more apparent. We may find ourselves grateful for a difficult discussion that we had with our teen, because it provided us with an opportunity for a teaching moment. We may find ourselves grateful for a quicker commute, because it allowed us to have more time with our family. We may find ourselves grateful for a hockey game that was lost, because it provided an opportunity to spend time with our friends. We may find ourselves grateful after a difficult visit to the doctor, because an illness was detected early during a routine exam and we can begin treatment. When we become more aware of the positives, it can have a tremendous impact in various aspects of our lives.

Gratitude journaling is most beneficial if we make it a regular practice. It is recommended that we do this 3-4 times a week. On the evenings that we are not writing our thoughts, it can be helpful to just think about or reflect on the things that we are grateful for that occurred throughout the day or week. Gratitude journaling will take some discipline and time to develop into a healthy practice, but the benefits of it are well worth it!

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Six Little One Sentence Stories

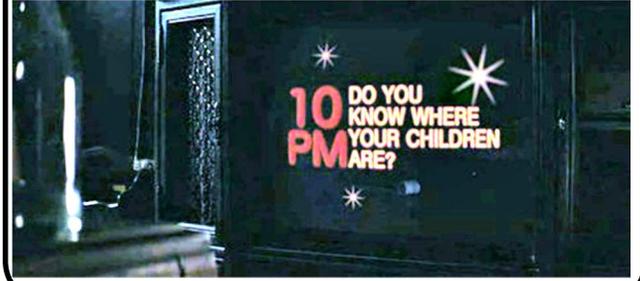
- 1) Once all villagers decided to pray for rain; on the day of prayer all the people gathered, but only one boy came with an umbrella.
~ That's FAITH
- 2) When you throw a baby in the air, she laughs because she knows you will catch her.
~ That's TRUST
- 3) Every night we go to bed, without any assurance of being alive the next morning but still we set the alarms to wake up.
~ That's HOPE
- 4) We plan big things for tomorrow in spite of zero knowledge of the future.
~ That's CONFIDENCE
- 5) We see the world suffering, but still we get married and have children.
~ That's LOVE
- 6) On an old man's shirt was written a sentence: 'I am not 81 years old... I am sweet 16 with 65 years' experience'
~ That's ATTITUDE

Have a happy day, live your life like the six stories!

Submitted by Jean Shantz



Summer nights, summer fun...
summer safety! Parents—do you know where your children are!?



ANSWERS TO OUTLOOK DECODER QUIZ FROM PAGE 12

- ✓ BADEN OUTLOOK
- ✓ FIRE HALL
- ✓ SIR ADAM BECK
- ✓ EJS TAVERN
- ✓ MILLPOND
- ✓ CASTLE KILBRIDE
- ✓ JAMES LIVINGSTON
- ✓ CORN FEST



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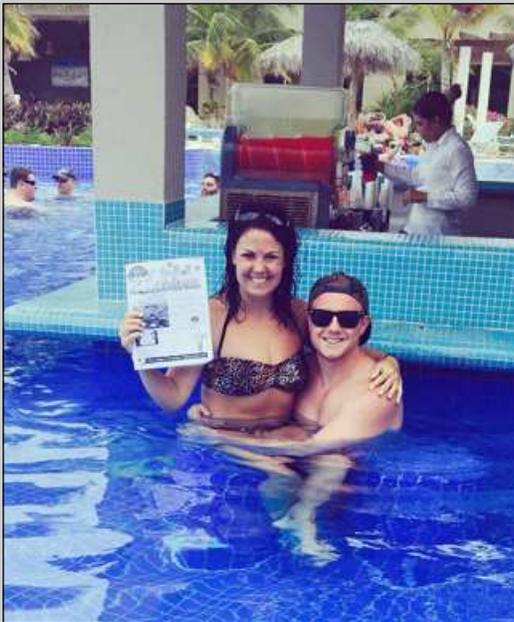
Wow! More exciting destinations as *The Baden Outlook* continues to travel ...



Eunice Wolfe, Jackie Grimes, and Barbara Grimes brought the Baden Outlook to Torbay cottages while visiting in North Bay.



New Hamburg residents, Jan Carwardine and Martha Cameron, took the Outlook with them to Peterhof, St Petersburg, Russia. The golden fountains of Peterhof were a highlight of their Baltic cruise .



Amanda and Scott Gingrich took their Baden Outlook along with them to Cuba.



Thanks for taking us along for the fun on your holiday!



Anka and Panta Mihailov took their Baden Outlook along on a glorious cruise to celebrate their 25th anniversary!

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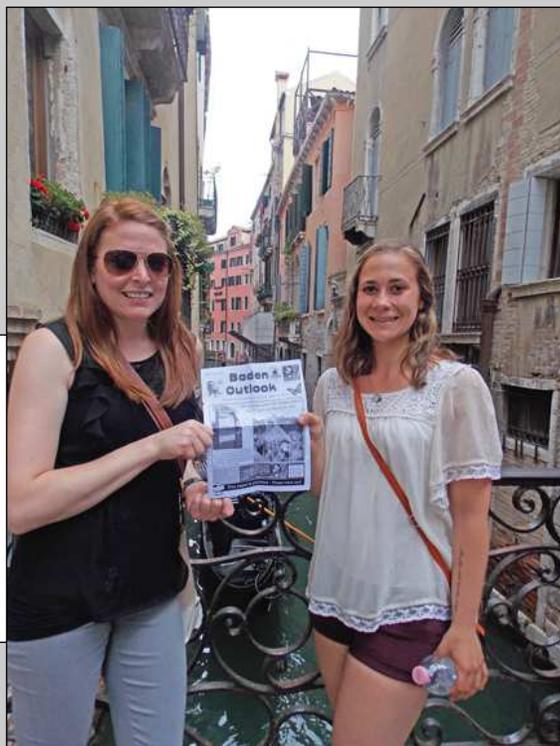
...To North Bay, Cuba, Vermont, New York, Russia, a Caribbean Cruise, and across Europe!



Colton, Ava, and Lauryn Porchak traveled to Malone, New York and Stowe, Vermont this summer with their mom and dad and their issue of the Baden Outlook!



Koshia Roth and Hailey O'Neill took their Baden Outlook along on their trip to Europe, as seen here in Venice, Italy and the coliseum in Rome. The Outlook also ventured along to Switzerland and France.



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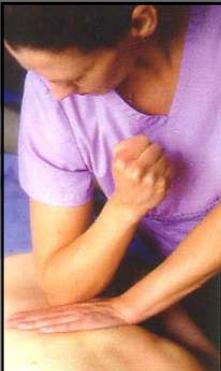
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Organization Tools – Part 2

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1. Garbage can and donation box – as you come across things in your daily schedule that you don't use anymore – put them in garbage can or donation box. When either of them is full – trash goes to the garage and donation box goes to the car for the thrift store drop off.
2. Label maker – label everything . . . everyone knows where everything goes in your house.
3. Bill paying system – sit down and figure out a system for paying bills. How do you know if they are paid or not? Be consistent!
4. Filing cabinet – should be set up for hanging file folders and each file folder should be labelled with a plastic tab.
5. Commitment – be committed to using these tools and to not falling back into your old ways.

We know you can do it.

If you missed out on our "Organizational Tools Part 1" – please contact us at www.heartofthematter.ca for a complete list. Or call toll free: 866-214-6004

In order to live a life of purpose

You Must Be Joking!!

A while ago a new supermarket opened in our city. It has an automatic water mister to keep the produce fresh. Just before it goes on, you hear the sound of distant thunder and the smell of fresh rain. When you pass the milk cases, you hear cows mooing and there is the scent of freshly mowed hay. In the meat

department there is the aroma of charcoal grilled steaks with onions. When you approach the egg case, you hear hens clucking and cackling, and the air is filled with the pleasing aroma of bacon and eggs frying. The bread department features the tantalizing smell of fresh baked bread and cookies. I don't buy toilet paper there anymore!



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*For the First Time Ever...
The New Hamburg Fall Fair is Holding a
Talent Competition for Local Youth*

The 'Burg's Got Talent!

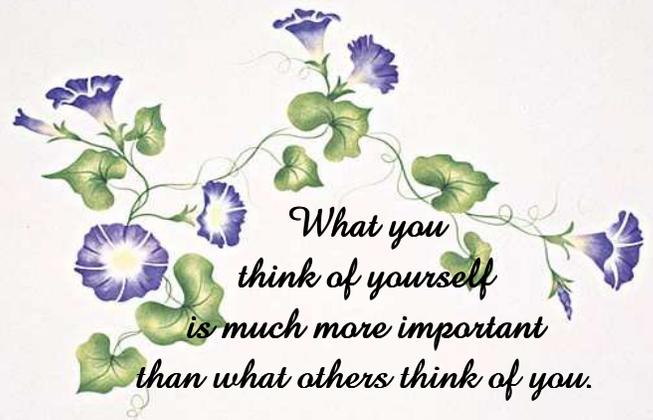
First, Second, and Third place prizes will be awarded in each age division of each category.

**Anyone aged 4-19 may register
as of September 18, 2015.**

**Finalists will perform during the intermission at
Sunday's Demolition Derby where a
Grand Prize Winner will be crowned.**

Winners will be decided by a panel of local judges.

**For more information or to register visit
www.nhna.ca or www.newhamburgfallfair.ca**



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You Must Be Joking!!



Two nuns were shopping at a needs store. As they passed by the beer cooler, one nun said to the other, "Wouldn't a nice cool beer or two taste wonderful on a hot summer evening?"

The second nun answered, "indeed it would, sister, but I would not feel comfortable buying beer, since I am certain it would cause a scene at the checkout stand."

"I can handle that without a problem;" the other nun replied, and she picked up a six-pack and headed for the check-out.

The cashier had a surprised look on his face when the two nuns arrived with the six-pack of beer.

"We use beer for washing our hair," the nun said, "back at our nunnery, we call it catholic shampoo."

Without blinking an eye, the cashier reached under the counter, pulled out a package of pretzel sticks, and placed them in the bag with the beer. He then looked the nun straight in the eye, smiled, and said:

"The curlers are on the house."

Submitted by Robert Price

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We recently received a shipment of Big and Tall shorts, shirts, coats and more up to size 6X

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A lot more clothing arriving weekly.
New shipment of Parkhurst Winter sweaters and coats coming soon.

*Store Hours: Closed Monday & Tuesday
Wed. & Thurs. 10 a.m. - 4 p.m. Fri. 10 a.m. - 6 p.m.,
Sat. 9 a.m. - 5 p.m., Sunday 12 p.m. - 4 pm*

Foxboro Green Women deliver 100th Huggy Pillow

On July 15, 2015 a group of women from Foxboro Green made another delivery of 30 "Huggy Pillows" to Owen Roszell, coordinator of volunteer resources at Grand River Hospital's Regional Cancer Centre. This brings the total delivered to date to more than 100. "There are more to come," says Foxboro Green resident and project initiator Pauline Harris. "We've had overwhelming response to the pillows."

Huggy Pillows are soft, comfortable (and comforting) pillows designed for cancer and cardiac patients. Stuffed with Fibre Fill and covered in polar fleece fabric, they are appreciated by patients as lap pillows, for neck support during chemo treatments, and in the case of breast cancer surgery patients, for soothing underarm support.

"I picked up the concept while wintering in Florida," says Pauline. "I thought it would be a great project to bring back to Foxboro Green." When Pauline contacted Owen at the Cancer Centre with the idea, he welcomed it with open arms. As a result, 10 to 12 women meet in the Foxboro Green Recreation Centre's



Foxboro Green crafters with completed pillows, and many more awaiting assembly.

craft room on a regular basis to make the Huggy Pillows. "It's a real win-win," says Pauline. "Our residents enjoy the social aspect of working together to craft these unique, no-sewing-required elongated heart shaped pillows, and the opportunity to contribute to the general community beyond our village."

"It's only after we began to get recipient feedback on the pillows that we realized just how much they mean to the patients. A volunteer from the Cancer Centre told us, 'they are so lovely and both men and women patients love them.'" One gentleman who gave a pillow to his sister in the chemo lab said, "She was asleep on the pillow when I left."

The group at Foxboro Green anticipates making many more pillows to support the demand. The cost of the pillows is being covered by donations from residents, and much appreciated help from Fabricland in Stratford.

Foxboro Green is an active, caring community, located at 2975 Erb's Road. For further information about the project, including how to get your group involved, contact Pauline Harris at pharris105@gmail.com



Huggy Pillows ready for delivery to the Grand River Hospital Regional Cancer Centre

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Although Bob passed away, his presence is there with his girls ~ and they do him proud!

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Saturday 9-4:30 / Sunday - Closed

You Must Be Joking!!



POLICE REPORT:

A police officer called the station on his radio.

"I have an interesting case here. An old lady shot her husband for stepping on the floor she just mopped."

"Have you arrested the woman?"

"Not yet. The floor's still wet."

Submitted by Bruce Bousher



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Calling All Girls Ages 8-12

Girls' Club~ Please join us for our first meeting on Tuesday, September 15th at Wilmot Mennonite Church. It will be a Weiner Roast from 7:00 pm to 8:30 p.m.



Meetings are held every 3rd Tuesday of the month from September to May. Contact Marcia 519-634-5960 for more information. Hosted by Wilmot Mennonite Church.

THE AVERAGE PERSON SENDS 50 EMAILS A DAY. IF 50 PEOPLE GAVE BLOOD, 1 CAR CRASH VICTIM COULD BE SAVED.

Steinmann Mennonite Church

1316 Snyder's Road West, In the Fellowship Hall

**Monday, August 31
1:30 p.m. to 8 p.m.**

Book an appointment or walk in

Book your appointment to save a life on blood.ca



New in the Neighbourhood?

If you are new in the neighbourhood, call us to receive your gifts and learn about your community.

Local Representative: Marlene Brenneman
Welcome Wagon Representative
519-591-5963 marlene.brenneman@gmail.com



T.O.P.S (Take Off Pounds Sensibly)

We are a support group for weight loss
Meetings are held on Tuesday evenings
St. James Lutheran Church, 66 Mill Street, Baden
Weigh-ins at 6:30 pm followed by a short meeting
For more information call 519-634-5226
Everyone Welcome

Another Cool Move

*This space is generously donated by Erb
Transport to support community events*

Wilmot Family Resource Centre is excited to offer the *Strengthening Families for Parents and Youth* program to the Townships of Wilmot and Wellesley by partnering with SHOW (Supportive Housing of Waterloo). SFPY is an evidence-based program, adapted from Dr. Karol Kumpfer's Strengthening Families Program 12-16 model.



Strengthening Families is a 9 week family skills training program for youth 12-16 years and their parents and/or caregivers. SFPY focuses on prevention and building family resiliency. It was adapted to help families with diverse risk factors such as family conflict, family isolation, economic stress, and living in vulnerable communities.

The program can accommodate families with single or multiple parents and caregivers, and those with single or multiple children in the 12-16 year age range. Primary caregiver(s) can include foster parents and their partners, step parents, adoptive parents, grandparents, or other forms of kinship.

The curriculum includes discussions and activities about communication, praise, anger and stress, and other issues that affect family relationships. The weekly sessions are broken down into three separate parts:

- Eating a healthy family meal with all program participants
- Parents and Teens go into different rooms to talk separately
- Youth and adults come back together for joint activities

The workshop will run September 30 – November 25, 2015. Please RSVP to Marietta at 519-662-2731 – pre-registration required.

Community CARNIVAL & BBQ

September 12th, 3-6 p.m.

Steinmann Mennonite Church
1316 Snyder's Rd. West, Baden

3-5 pm – Activities for children and adults: bouncy castle, several carnival games, face painting, popcorn, Jell-O eating contest, and more!!



5-6 pm—BBQ Supper includes sausage, salads and sweets.

Music provided during dinner.

Everyone Welcome
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3RD ANNUAL GOLF TOURNAMENT

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WILMOT TERRY FOX RUN WALK CYCLE

Sunday, September 20 at 1pm
Scott Park, New Hamburg

No entry fee. No minimum pledge.
Non-competitive, family-friendly event. All abilities welcome.
3.5km or 8.5km. Do as much or as little as you want.

Sign up online to start collecting pledges, or donate at WilmotTerryFox.ca
Contact Nigel or Cheryl at WilmotTerryFoxRun@gmail.com.

Baden Outlook

An OPEN LETTER OF "THANKS" to the Firefighters' Associations of Baden, and New Hamburg, Ontario

We wish to thank you from the bottom of our hearts for saving our home and "lives" (personal and official papers, effects, memorabilia, etc.) under the direction of **Fire Captain James Ingold**, at Stonecroft Way, New Hamburg, Ontario, on Monday, June 8, 2015, when our neighbour's house burned to the ground.

It was around 1:00 a.m. when a white lightning thunderbolt and explosion woke us up. We thought our bedroom TV had exploded - but no - the little green light was still on; so were our alarm clocks, night lights, and other house lights. We looked out the back and front windows - waited a while, but all was quiet and serene.

So back to bed - then some instinct woke us up about half an hour later - and my wife said, what is that orange light in our kitchen? We don't have an orange lamp! She rolled up the blinds - and was greeted by a roaring wall of fire from the neighbouring roof, gnashing at our roof and windows! We called 911; grabbed our wallets, keys and computer, a shirt and pants, opened the garage door, and got out.

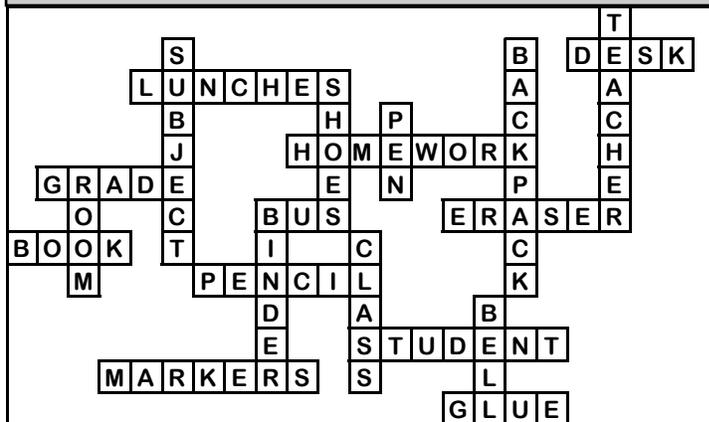
From afar we watched you - brave, volunteer firefighters, men and at least one woman - run, connect, direct, hoist, aim, control, carry, climb that ladder high, high into the sky, high above that raging inferno, and pour water onto the houses for at least three hours. At 5:00 a.m. we were allowed to go back into our house - and found, miraculously, only minor interior damages, which are now confirmed by further, detailed insurance inspections. How thankful we are!

And now, seeing the charred, burned out, scorched skeleton next door, makes us so very, very appreciative of YOU, the courageous, dedicated, wonderful fire fighters who saved our home!

If any reader knows any one of them, please give them a big hug and another big 'thank you'! Hopefully you'll never need them, but just in case - know that **they are the best!**

Most gratefully, Dieter & Heather Euler
57 Stonecroft Way, New Hamburg, ON

Answers to Back-to-School Fill-in Puzzle from page 17



Facebook Perennial Garden Contest

Our Perennial Sale happens every year during the month of May. Thanks to your generosity, through sharing plants, shopping, or volunteering during the sale, we were able to raise \$38,000 this year to support the work of MCC.

During the month of August we are offering a contest. We want to see what our customers have done with the plants they have purchased from us with a chance to win a \$50.00 gift card to use at any of the MCC Thrift Store Network (New Hamburg, Kitchener, Elmira, Milverton, and St. Catharines) locations.

Guidelines:

- ◆ You need to submit a picture of your garden by email to emman@mccthrift.on.ca with your complete contact information (name, phone number, address) and a brief overview of your garden and the plants you purchased from us.
- ◆ Pictures will be posted on our Facebook page daily in the order they are received. We will accept photos until Monday, Aug 31.
- ◆ Tell your family and friends about our contest! The garden picture with more "Likes" on Facebook by Friday, Sept 5th will win a \$50.00 Gift Card.
- ◆ The winner will be announced on our Website and Facebook page Tuesday, September 8.

In other news, the garden project at the New Hamburg Thrift Centre has really taken off with this warm weather. We are now offering fresh lettuce, swiss chard, beets, carrots, peas, and zucchini. We look forward to a wide variety of vegetables yet to come! Check our website and Facebook page for updates.

Vegetable donations from the community have also started to come in as people share their excess produce to raise funds for MCC. We thank all our donors for their support.



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Sat	9:00 am - 4:00 pm

All proceeds benefit the work of Mennonite Central Committee

THE BEST SERMONS ARE LIVED, NOT PREACHED

Today, I interviewed my grandmother for part of a research paper I'm working on for my Psychology class. When I asked her to define success in her own words, she said, "Success is when you look back at your life and the memories make you smile."

Today, I asked my mentor - a very successful business man in his 70s- what his top 3 tips are for success. He smiled and said, "Read something no one else is reading, think something no one else is thinking, and do something no one else is doing."

Today at 7AM, I woke up feeling ill, but decided I needed the money, so I went into work. At 3PM I got laid off. On my drive home I got a flat tire. When I went into the trunk for the spare, it was flat too. A man in a BMW pulled over, gave me a ride, we chatted, and then he offered me a job. I start tomorrow.

Today, as my father, three brothers, and two sisters stood around my mother's hospital bed, my mother uttered her last coherent words before she died. She simply said, "I feel so loved right now. We should have gotten together like this more often."

Submitted by Jean Shantz



Local Churches Invite You to Join Them

Please visit www.badenoutlook.com for a directory of local churches.



WILMOT MENNONITE CHURCH

2995 Bleams Road, New Hamburg, ON

Worship Service 9:30 a.m. ~ Christian Formation: 11:00 a.m.

Pastor Dave Roglasky

519-634-5030 www.wilmotmennonite.ca

ST. JAMES LUTHERAN CHURCH

66 Mill Street, Baden ON

519-634-5191 joanna.e.miller@gmail.com

Pastor Joanna Miller

Sunday Worship 9 am / Sunday School

Wilmot Centre Missionary Church

2463 Bleams Road—corner of Bleams & Sandhills Road

Services at 9 & 11 am, Children's Worship 11:15 am

Rev. Wayne Domm, Dr. Rob Gulliver, Youth Director Jason Erb

519-634-8687 www.wilmotcentremc.ca

West Hills Fellowship

Sharing space at St. James Church, 66 Mill Street, Baden ON

Pastor Sean East / pastor.westhills@gmail.com

519-634-4993 office.westhills@gmail.com

Sunday School 9 am, Fellowship 10 am, Worship 10:40

SHANTZ MENNONITE CHURCH

2473 Erb's Road, Baden, Ont N3A 3M3

Phone: 519-634-8712 / Email: office@shantzmc.ca

Pastor: Don Penner

Worship Service - 9:30 am Christian Education - 11:00 am

Livingston Presbyterian Church

44 Beck Street, Baden / 519-662-4949

Hymn Sing 9:45 am ~ Worship to follow at 10 am

Rev. John Deyarmond—519-747-9902

Steinman Mennonite Church

1316 Snyder's Rd. W. (at Nafziger Rd), Baden

Sunday Worship 9:45, Sunday School 11:00 am

Phone: 519-634-8311 / www.smchurch.ca

Emmanuel Lutheran Church

1716 Snyder's Road East, Petersburg, ON

519-634-5511 www.petersburgchurch.org

Worship Service 9:30 am / Sunday School

You Must Be Joking!!



A preacher was making his rounds on a bicycle, when he came upon a little boy trying to sell a lawn mower. "How much do you want for the mower?" asked the preacher.

"I just want enough money to go out and buy me a bicycle," said the little boy.

After a moment of consideration, the preacher asked, "Will you take my bike in trade for it?"

The little boy asked if he could try it out first, and, after riding the bike around a little while, said, "Mister, you've got yourself a deal."

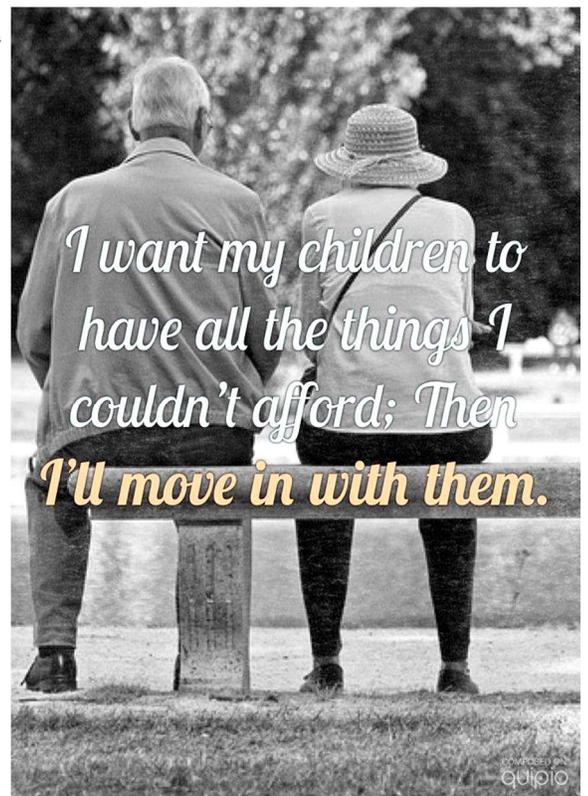
The preacher took the mower and began to crank it. He pulled on the rope a few times with no response from the mower. The preacher called the little boy over and said, "I can't get this mower to start."

The little boy said, "That's because you have to cuss at it to get it started."

The preacher said, "I can't cuss. It's been so long since I became a Christian that I don't even remember how to cuss."

The little boy looked at him happily and said, "You just keep pulling on that rope. It'll come back to ya."

Submitted by Bruce Bousher



I want my children to have all the things I couldn't afford; Then I'll move in with them.

©2007 by J. G. Gulpio



I highly recommend the DVD entitled *Food Inc.* (see <http://www.foodincmovie.com/>). I've long been inspired and challenged by the information presented in this film. This is a movie that "lifts the veil on the food industry" and exposes how our food is really produced, consumed and distributed.

Michael Pollan, investigative researcher and author of "*The Omnivore's Dilemma*," is quoted as saying:

- the way we eat has changed more in the last 50 years than the way we ate in the previous 10,000 years
- modern supermarkets contain, on average, 47,000 products on their shelves, but comprise little nutritional variety
- the average food product travels about 1,500 miles to get to your grocery store and transporting your food accounts for 30,800 tons of greenhouse gas emissions every year

I must admit that my "hero" of the film is farmer Joel Salatin (www.youtube.com/watch?v=BlbXU5iR2P4). This highly intelligent, dynamic farmer is frustrated with the food industry's main goals of producing food "faster, fatter, bigger, cheaper." He says, "We've become a culture of technicians. We're all into the 'how to' of it and nobody is stepping back and saying, 'But why?' A culture that just views a pig as a pile of protoplasmic, inanimate structure to be manipulated by whatever creative design the human can foist on that critter, will probably view individuals within its community and other cultures in the community of nations with the same type of disdain and disrespect and controlling-type mentality." He later states, "Imagine if there was as a national policy to produce such nutritionally dense food that people actually felt better, had more energy and weren't as sick - now that's a noble goal!" We need more farmers with the courage and integrity of Salatin.

Food Inc. challenges the viewer on many levels. Most importantly, it leaves us with the powerfully positive message that your choices matter. With every dollar you spend, and with every food purchase you make, you are *voting*. Your votes send a persuasive, influential message to all food producers.

I recommend several proactive choices you can make:

- ✓ Watch *Food Inc.* with your family – most libraries own a copy
- ✓ Research via the *Food Inc.* website – How many pesticides are you consuming?
- ✓ Source out food from local farmers who produce drug-free, grass-fed meats and locally grown organic grains, fruits and vegetables
- ✓ Request more naturally-grown/organic options at your local grocery store
- ✓ When possible, grow your own food, and taste and feel the difference!
- ✓ Try preserving and/or freezing healthy food for the long, Canadian winter months – nothing beats fresh-from-the-tree peaches in the middle of January
- ✓ Start voting wisely with your dollars

It's easy to observe that our food has changed dramatically in the last 50 years. It's also easy to conclude that our food has very much influenced our health – or lack thereof. Is it possible that healthy, whole food can help reverse some of this suffering? I most definitely believe so.

Be Well! Christine Gingerich www.optimalYOU.ca

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Carrying a poorly designed or overloaded backpack can place excessive weight on a child's growing spinal column. This type of daily physical stress can lead to irritation and injury of the spine, joints, and muscles, which can potentially result in postural changes, back pain, and headaches.

Parents and children can avoid injury by following these simple rules with respect to choosing, packing, and carrying a backpack.

- ◆ **Pick the correct size:** Choose a backpack that is proportionate to body size and not larger than needed. The top of the backpack should not extend higher than the top of the shoulder, and the bottom should not fall below the top of the hipbone.
- ◆ **Choose lightweight material:** Select a backpack made of light material. For example, nylon, vinyl or canvas instead of leather.
- ◆ **Strap it up:** The shoulder straps should be at least two inches wide, adjustable, and padded. Ensure that they do not cut into or fit too snugly around and under the arms. A hip strap or waist belt helps to effectively redistribute as much as 50 to 70 percent of the weight off the shoulders and spine onto the pelvis, balancing the backpack weight more evenly.
- ◆ **Padding goes a long way:** A backpack should have a padded back for added protection and comfort. Pack odd-shaped items on the outside so they do not dig into the back.
- ◆ **Pack it right:** Contents should be evenly distributed, with the heaviest items packed closest to the body. This reduces the strain, as the weight is closer to the body's centre of gravity.

- ◆ **More pockets are better:** Choose a backpack that has several individual pockets instead of one large compartment. This will help to distribute the weight evenly and keep contents from shifting.
- ◆ **Wheels and handles:** Explore other backpack options such as a backpack with wheels and a pull handle for easy rolling.
- ◆ **Weight is everything:** Backpacks should never exceed 15 percent of a secondary school child's body weight or 10 percent of an elementary school child's body weight.
- ◆ **Handle with care:** Children should learn to squat or kneel to pick up their backpacks, and use their legs by bending at the knees and not twisting the back when lifting. Backpacks can be placed on a counter, chair or table before they are put on. Slings backpacks on one side of the body may place excessive stress on the joints and muscles of the mid and lower back.



Parents should ask their kids to report any pain or other problems resulting from carrying a backpack. If the pain is severe or persistent, seek care from a qualified health professional. For more information, visit www.nhwc.ca. The author credits the Ontario Chiropractic Association (OCA) in the preparation of this educational information for use by its members and the public.

This article is a basic summary for educational purposes only. It is not intended, and should not be considered, as a replacement for consultation, diagnosis or treatment by a duly licensed health practitioner.



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You Must Be Joking!!

A woman and a man are cuddling up in bed when her phone rings. She picks up, the man looks over at her and listens. She is speaking in a cheery voice.

"Hi, I'm so glad you called... Oh Really? That's wonderful..... I'm so happy for you..... That sounds terrific..... Great!..... Thanks..... Okay..... Byeeeeeeee".

She hangs up, and the man asks, "Who was that?".

"Oh," she replies, "that was my husband telling me about the great time he's having on his golf trip with you." !!!

Submitted by Bruce Bousher




Baseball



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*was there for
watermelon night
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us", where 250
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handed out,
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wonderful
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You Must Be Joking!!

My neighbour was working in his yard when he was startled by a late model car that came crashing through his hedge and ended up in his front lawn.

He rushed to help an elderly lady driver out of the car and sat her down on a lawn chair.

He said with excitement, "You appear quite elderly to be driving."

"Well, yes, I am," she replied proudly. "I'll be 97 next month, and I am now old

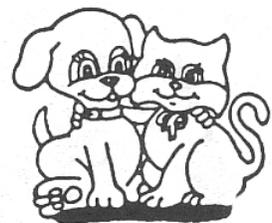
enough that I don't even need a driver's license anymore."

"You don't need a driver's license anymore!?"

"That's right! The last time I went to my doctor, he examined me and asked if I had a driver's license. I told him 'yes' and handed it to him. He took scissors out of the drawer, cut the license into pieces, and threw them in the waste basket, saying, 'You won't need this anymore'. So I thanked him and left!"



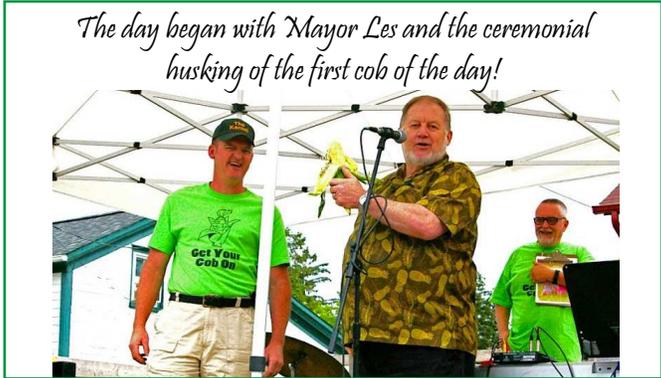
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Photos by Teresa Brown

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The views expressed in this newsletter are not necessarily those of The Baden Outlook.



Where there's food there are people and there was much to offer starting with the Firefighter's breakfast, and awesome food vendors, ending with the famous corn supper prepared by the NH Lions Club— Staged in front of live music all day long!

Photo by Michelle Lang



Another sold out dinner, with over 600 people enjoying their cobs!



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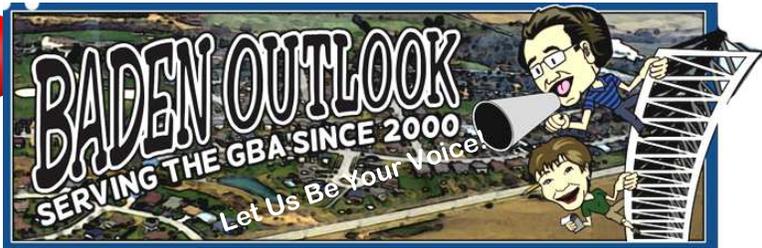
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**Down Memory Lane as
The Baden Outlook Celebrates 15 years!**



For those of you who don't know our story — It was in August 2000 when the population of Baden was 1700, that we delivered 625 copies of our first publication of 14 pages door-to-door. It was when Tiger-Lease, Hans Egli, Dave Herner and Len Schwartzentruber said, "Yes, we'll support you" that encouraged us to give it a go! It was when Baden was having a major growth spurt with developments happening at all edges of town. It was when empty nest at our house was looming and we needed to get busy! It was also the 150th Anniversary of Wilmot Township that made us say, "Let's do this to celebrate Wilmot," and give Baden a voice! With many new folks moving to town it was a way to make them feel welcome and to connect them to our community. It is meant to be a feel good publication keeping locals up-to-date with what's going on. It was never intended to be a newspaper (we didn't keep up with current news, being a monthly publication) but perhaps a newsletter. We're now unsure what it really is; perhaps a magazine lacking the glossy pages, but call it what you like!

Our motto is "Keeping the Community Connected" and our logo shows us atop of the Baden tower looking over the town with the megaphone intention to say "Let us be your Voice". Our graphics were designed by Mitch Wienecke, (a young lad we once babysat and close friend of our son) who now has his own company "Crash Creative", and who also manages our web-site.

Having no experience in journalism, publication, or even with computers, we dove in. With errors glaring and revealing our personal selves; we tried to hide behind our caricatures and alias name of 'Ed' (for editor). Being in a small community it surely wasn't long until we were known.

We were shocked and delighted to receive positive feedback from the locals which motivated us to keep trucking along and learning as we went. We kept the advertising rates low to encourage small local business to partake, and to this day have only allowed advertising from within Wilmot Township to be part of our paper. It has served us well and we get positive feedback from them that their ads are successful, which makes us really happy! The enthusiastic and generous support we get from local advertisers has allowed our paper to flourish. So please... continue to support our advertisers. We couldn't have done it without them! Ads are due on the first of each month and by the 3rd-4th the paper is full. Always trying to keep a reasonable balance of content and advertising is a challenge, but a welcome challenge to have!

As the paper continued to grow and demanded more time, Pat chose to quit her job in 2009 and dive in full-time which allowed it to really blossom! "It really is so much fun, hardly feeling like work. It's like a giant jigsaw puzzle with all the pieces needing the



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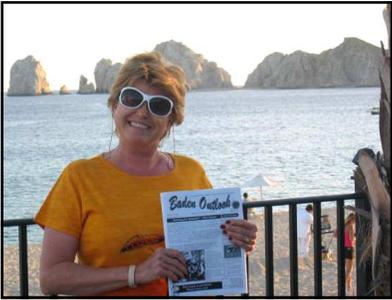
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proper place.” At first it was a struggle coming up with interesting content but now it takes care of itself with submissions of stories and jokes coming in at a fast pace. The paper is for the readers so the input is most welcome; sharing and being your voice is what we do!

It was in 2009 when Sylvia Forbes, an acquaintance from town, took her Outlook along on vacation and shared her photo and story with us, and our travel section was born. It wasn't long before folks started sending us their holiday photos too, making this a regular feature each month. It was shortly after that Sylvia got ill and died, making this section of the paper a tribute to her... bless her heart!



We've had so many wonderful experiences with the paper and have met many amazing people. Barry developed a keen interest in the history of Baden and was determined to visit and learn from those who knew it best.

It was very important to him that we document historical facts from those who lived it. He scurried about each month visiting seniors such as: Norm Haufshield (sharing his story of his role as the first Roads Superintendent in Wilmot); Grace Kuhn (owning the local hardware store and Electric Fence Company); Harley Herner had much to share with multiple stories of his life in Baden, along with many more wonderful folks and their stories. He has much regretted that he missed out on a visit with Harold Schmidt. Another great source of local history comes from Mike and Norma Weiler who open their home and attic to us; we've learned much about the past as Mike's mom had a great archive of newspapers and notes from her day. This is how our history feature "Notes from the Attic" came to be. Currently we feature a small history article each month called "Ask Armand" (tribute to Mike Weiler) as we are always picking his sharp memory for more details.

It was an exciting time for us when we purchased our own printers and took matters into our own hands, making it very convenient, as it prints, folds and staples each copy. The downside is when we receive our



skids of paper (40 cases) and Barry has to carry each 70lb box through the house and down the stairs to store in our printing room! Or delivering 2900 copies in miserable winter weather. We were happy to stop mailing the papers through the postal service and purchased 6 outdoor Outlook paper boxes. Currently, we have over 60 pick-up locations throughout Wilmot Township. In 7-10 days all 2900 copies are gone!



Some Highlights and Proud Moments to Share

- * A personal voice-interview with Ted Leonis of AOL and the Washington Capitals.
- * Hosted two Music In The Park events featuring local musicians
- * Citizen of the Year Award in 2002
- * Developing our Web-site 2007
- * Wilmot Heritage Award in 2009
- * Three fly-overs taking area aerial photos
- * 5 years publishing Outlook calendars
- * Purchasing our own printers
- * Guest speakers at many local events
- * Having a personal visit with John Honderich (whose roots are from Baden) from the Toronto Star (twice!)



We've had great fun with our sports pools; starting in 2001 with only 26 entries in the hockey pool, growing over time to over 500 enthusiastic entries per pool.

We've been gifted with many talented writers over the years—giving of their time each month to share their knowledge and creating interesting reading content.

And last but not least—we salute our patient and faithful proof readers who support us each month, polishing the paper and making us look good!



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